1946-51 COHORT SNAPSHOT

In 1996, more than 13,000 women aged 45-50 joined the ALSWH. Since then you have completed 7 surveys. Here's a snapshot from the most recent survey in 2013...

WORK
- 15% work full-time
- 30% work part-time
- 53% fully retired

MARITAL STATUS
- 75% married
- 13% divorced
- 8% widowed

LIFESTYLE
- 60% overweight or obese
- 5% smokers
- 40% not physically active

MENOPAUSE
- 5% use HRT
- 60% post-menopausal

CHRONIC MEDICAL CONDITIONS diagnosed
- 50% hypertension / arthritis
- 25% asthma
- 8% breast cancer
- 13% diabetes / heart disease