

the australian longitudinal study on women's health

data book

for the baseline survey of the 1946-51 cohort 1996 (when they were aged 45-50 years)

Data book for the first survey of the 1946-1951 cohort (aged 45-50 years)

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Notes

During 1996, 13,715 valid surveys were returned by members of the ALSWH 1946-51 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have not been weighted.

For information on the derived variables refer to the ALSWH website (http://www.alwsh.org.au/). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

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Simple S	Item Description	Categories	Values	Number	%
Very good 2 4794 35.4	Q1 In general, would you say your health is:				
Cood 3 5343 39.5		Excellent	1	1828	13.5
Pair A 1320 9.8		Very good	2	4794	35.4
Poor 5 251 1.9		Good	3	5343	39.5
Q2 Compared to one year ago, how would you rate your health in general now Much better		Fair	4	1320	9.8
Much better 1 915 6.8		Poor	5	251	1.9
Much better 1 915 6.8		N Missing		160	
Somewhat better 2 1490 11.0	Q2 Compared to one year ago, how would you rate your health in general now				
About the same 3 9765 72.1 Somewhat worse 4 1272 9.4 Much worse 5 99 0.7 N Missing 157 Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports About the same 3 9765 72.1 Much worse 5 99 0.7 N Missing 157 Limited a lot 1 3361 25.3 Limited a little 2 5616 42.2 Not limited 3 14335 32.6 N Missing 396 About the same 4 1272 9.4 Much worse 5 99 0.7 N Missing 157 Limited a lot 1 361 42.2 Not limited a little 2 2 5616 42.2 Not limited a little 2 2 422 18.0 Not limited a little 2 2 242 18.0 Not limited a little 2 2 242 18.0 Not limited a lot 1 554 4.1 Limited a lot 1 1 1095 8.2		Much better	1	915	6.8
Somewhat worse		Somewhat better	2	1490	11.0
Much worse 5 99 0.7		About the same	3	9765	72.1
No bissing 157		Somewhat worse	4	1272	9.4
Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports Limited a little 2 5616 42.2 Not limited 3 4335 32.6 N Missing 396 Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf activitied a little 2 2422 18.0 Not limited a lot 1 653 4.9 Limited a lot 1 653 4.9 Limited a lot 1 653 4.9 Limited a lot 2 2422 18.0 Not limited 3 10348 77.1 N Missing 271 Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries Q3d The following questions are about activities you might do during a typical day. Not limited 1 554 4.1 Limited a lot 1 554 4.1 Limited a lot 2 2227 17.1 Not limited 3 10545 78.7 N Missing 3 10545 78.7 Road The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs 4 1 1095 8.2 Limited a lot 1 1095 8.2 Limited a lot 2 3745 28.0 Not limited 3 8516 63.8		Much worse	5	99	0.7
Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports Limited a little 2 5616 42.2 Not limited 3 4335 32.6 Not limited 3 4335 32.6 Not limited 4 little 2 5616 42.2 Not limited 5 Not limited 6 little 2 5616 42.2 Rot limited 6 little 1 653 4.9 Limited 7 Limited 8 little 1 653 4.9 Limited 8 lot 1 653 4.9 Limited 8 lot 1 653 4.9 Limited 8 lot 1 653 4.9 Limited 9 lot 1 654 4.1 Limited 9 lot 1 653 4.9 Limited 9 lot 1 654 4.1 Limited 9 lot 1 653 4.9 Limited 9 lot 1 654 6.1 Rot limited 9 lot 1 653 6.1 Rot limited 9 lot 1 654 6.1 Rot limited 9 lot 1 653 6.1 Rot limited 9 lot 1 654 6.1 Rot limited 9 lot		N Missing		157	
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Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf activitied a little 2 2422 18.0 Not limited a little 2 2422 18.0 Not limited 3 10348 77.1 Not limited 3 10348 77.1 Not limited a lot 1 554 4.1 Limited a lot 1 554 4.1 Limited a lot 1 554 4.1 Limited a little 2 2297 17.1 Not limited 3 10545 78.7 Limited a lot 1 1095 8.2 Not limited 3 10545 78.7 Not limited 3 105					
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Limited a little 2 2422 18.0 Not limited 3 10348 77.1 N Missing 271 Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries Limited a lot 1 554 4.1 Limited a little 2 2297 17.1 Not limited 3 10545 78.7 N Missing 305 Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs Limited a lot 1 1095 8.2 Limited a little 2 3745 28.0 Not limited 3 8516 63.8	Does your health now limit you in these activities? If so, how much? Moderate	Limited a lot	1	653	4.9
Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Carrying groceries Limited a lot Limited a little Not limited Not limited Not limited Imited a lot Limited a little Not limited Limited a lot Limited a little Not limited Limited a lot Not limited Limited a lot Not limited Not limited Not limited Not limited a lot Limited a lot Limited a lot Not limited Not limited a lot Not limited	στο του του του του του στο του του του του του του του του του τ	Limited a little	2	2422	18.0
Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Limited a lot Limited a little Limited a little Not limited Not limited a lot Not limited a lot Limited a little Limited a little Limited a little Not limited Limited a lot Not limited Limited a lot Limited a little Limited a lot Not limited Not limited a lot Not limited		Not limited	3	10348	77.1
Does your health now limit you in these activities? If so, how much? Limited a lot Limited a lot Limited a little Limited a little Not limited a little Not limited a lot Not limited a little Limited a little Limited a little Not limited a little Limited a lot Not limited Limited a lot Not limited a lot Limited a lot Not limited a lot Limited a lot Limited a lot Not limited a lot Limited a lot Not limited a little Not limited Not limited Not limited Not limited		N Missing		271	
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Not limited 3 10545 78.7 N Missing 305 Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs Limited a lot 1 1095 8.2 Limited a little 2 3745 28.0 Not limited 3 8516 63.8	carrying groceries				
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs Limited a lot 1 1095 8.2 Limited a little 2 3745 28.0 Not limited 3 8516 63.8					
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs Limited a lot 1 1095 8.2 Limited a little 2 3745 28.0 Not limited 3 8516 63.8			3		10.1
Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs Limited a lot 1 1095 8.2 Limited a little 2 3745 28.0 Not limited 3 8516 63.8	O2d The following questions are about activities you might do during a tunical day	N MISSING		303	
Limited a little 2 3745 28.0 Not limited 3 8516 63.8	Does your health now limit you in these activities? If so, how much? Climbing	Limited a lot	1	1095	8.2
	3	Limited a little	2	3745	28.0
N Missing 345		Not limited	3	8516	63.8
		N Missing		345	

Item Description	Categories	Values	Number	%
Q3e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one				
flight of stairs	Limited a lot	1	294	2.2
	Limited a little	2	1385	10.4
	Not limited	3	11682	87.4
	N Missing		343	
Q3f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending,				
kneeling or stooping	Limited a lot	1	795	5.9
	Limited a little	2	3344	25.0
	Not limited	3	9255	69.1
	N Missing		306	
Q3g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more				
than one kilometre	Limited a lot	1	763	5.7
	Limited a little	2	1978	14.8
	Not limited	3	10667	79.6
	N Missing		299	
Q3h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a				
kilometre	Limited a lot	1	489	3.7
	Limited a little	2	1022	7.6
	Not limited	3	11874	88.7
	N Missing		314	
Q3i The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100				
metres	Limited a lot	1	238	1.8
	Limited a little	2	646	4.8
	Not limited	3	12507	93.4
	N Missing		304	
Q3j The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or			400	
dressing yourself	Limited a lot	1	196	1.5
	Limited a little	2	486	3.6
	Not limited	3	12697	94.9
	N Missing		324	
Q4a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular	.,			
daily activities as a result of your physical health? Cut down on the amount of time	Yes	1	2188	16.2
you spent on work or other activities	No	2	11314	83.8
	N Missing		198	
Q4b During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular	Wa a	,	2222	00.5
daily activities as a result of your physical health? Accomplished less than you would like	Yes	1	3889	28.9
would like	No	2	9573	71.1
	N Missing		239	

Item Description	Categories	Values	Number	%
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or	Yes	1	2291	17.0
other cotivities	No	2	11169	83.0
1	N Missing		239	
Q4d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work	Yes	1	2567	19.1
or other activities (for example it took extra effort)	No	2	10904	80.9
1	N Missing		230	
Q5a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent	Yes	1	2496	18.5
and the second s	No	2	10978	81.5
1	N Missing		220	
Q5b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems	Yes	1	4014	29.8
(such as reeling depressed of anxious)? Accomplished less than you would like	No	2	9437	70.2
	N Missing	_	247	70.2
Q5c During the past four weeks, have you had any of the following problems with	14 Missing		211	
your work or other regular daily activities as a result of any emotional problems	Yes	1	2732	20.3
and full the second of	No	2	10722	79.7
1	N Missing		251	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	1	7750	57.2
	Slightly	2	3103	22.9
1	Moderately	3	1427	10.5
	Quite a bit	4	997	7.4
F	Extremely	5	262	1.9
1	N Missing		159	
Q7 How much bodily pain have you had during the past four weeks?				
1	No bodily pain	1	3105	22.9
,	Very mild	2	4063	30.0
1	Mild	3	2741	20.2
1	Moderate	4	2551	18.8
	Severe	5	913	6.7
,	Very severe	6	178	1.3
1	N Missing		148	

Item Description	Categories	Values	Number	%
Q8 During the past four weeks, how much did pain interfere with your normal work				
(including both work outside the home and housework)?	Not at all	1	7208	53.2
	A little bit	2	3773	27.8
	Moderately	3	1501	11.1
	Quite a bit	4	878	6.5
	Extremely	5	191	1.4
	N Missing		146	
Q9a For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	522	3.9
	Most of the time	2	4847	35.8
	Bit of the time	3	2901	21.4
	Some of time	4	3132	23.1
	Little of time	5	1422	10.5
	None of time	6	710	5.2
99b For each guestion, please give the one answer that comes closest to the way	N Missing		194	
Q9b For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person	All the time	1	244	1.8
	Most of the time	2	506	3.7
	Bit of the time	3	782	5.8
	Some of time	4	2056	15.2
	Little of time	5	4287	31.6
	None of time	6	5673	41.9
	N Missing		179	
Q9c For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up	All the time	1	146	1.1
	Most of the time	2	303	2.2
	Bit of the time	3	594	4.4
	Some of time	4	1630	12.0
	Little of time	5	3157	23.2
	None of time	6	7758	57.1
	N Missing		153	

Item Description	Categories	Values	Number	%
Q9d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have	All the time	1	628	4.6
you felt calm and peaceful	Most of the time	2	4616	34.1
	Bit of the time	3	2543	18.8
	Some of time	4	3257	24.1
	Little of time	5	1729	12.8
	None of time	6	748	5.5
	N Missing	Ü	208	0.0
Q9e For each question, please give the one answer that comes closest to the way	. v iviiooiiig		200	
you have been feeling. How much of the time during the past four weeks. Did you	All the time	1	465	3.4
have a lot of energy	Most of the time	2	4179	30.9
	Bit of the time	3	2916	21.6
	Some of time	4	3338	24.7
	Little of time	5	1719	12.7
	None of time	6	909	6.7
	N Missing		205	
Q9f For each question, please give the one answer that comes closest to the way	· ·			
you have been feeling. How much of the time during the past four weeks. Have you felt down	All the time	1	169	1.2
you lest down	Most of the time	2	460	3.4
	Bit of the time	3	983	7.3
	Some of time	4	3226	23.8
	Little of time	5	5674	41.9
	None of time	6	3032	22.4
	N Missing		196	
Q9g For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks. Did you feel worn out	All the time	1	376	2.8
	Most of the time	2	969	7.2
	Bit of the time	3	1700	12.5
	Some of time	4	3904	28.8
	Little of time	5	4896	36.1
	None of time	6	1711	12.6
	N Missing		184	

Item Description	Categories	Values	Number	%
Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have				
you been a happy person	All the time	1	1351	9.9
	Most of the time	2	6769	49.8
	Bit of the time	3	2196	16.2
	Some of time	4	2314	17.0
	Little of time	5	716	5.3
	None of time	6	242	1.8
	N Missing		153	
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you				
feel tired	All the time	1	655	4.8
	Most of the time	2	1443	10.6
	Bit of the time	3	2171	16.0
	Some of time	4	4706	34.6
	Little of time	5	4171	30.7
	None of time	6	450	3.3
	N Missing		127	
Q10 During the past four weeks, how much of the time have your physical health or				
emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?	All the time	1	210	1.5
	Most of the time	2	707	5.2
	Some of the time	3	2173	15.9
	Little of time	4	2790	20.4
	None of time	5	7812	57.1
	N Missing		33	
Q11a How true or false is each of the following statements for you? I seem to get				
sick a little easier than other people	Definitely true	1	335	2.5
	Mostly true	2	706	5.3
	Don't know	3	1199	9.0
	Mostly false	4	2317	17.5
	Definitely false	5	8715	65.7
	N Missing		464	
Q11b How true or false is each of the following statements for you? I am as healthy				
as anybody I know	Definitely true	1	4383	32.9
	Mostly true	2	5566	41.7
	Don't know	3	1519	11.4
	Mostly false	4	1067	8.0
	Definitely false	5	807	6.0
	N Missing		380	

Item Description	Categories	Values	Number	%
Q11c How true or false is each of the following statements for you? I expect my				
health to get worse	Definitely true	1	569	4.3
	Mostly true	2	1475	11.2
	Don't know	3	4358	33.0
	Mostly false	4	2183	16.5
	Definitely false	5	4613	34.9
	N Missing		526	
Q11d How true or false is each of the following statements for you? My health is				
excellent	Definitely true	1	2839	21.3
	Mostly true	2	6969	52.3
	Don't know	3	889	6.7
	Mostly false	4	1373	10.3
	Definitely false	5	1242	9.3
	N Missing		413	
Q12a How many times have you consulted the following people for your own healtl	١			
in the last 12 months? Q79b Family doctor or another general practitioner	None	0	1130	8.3
	Once or twice	1	4802	35.2
	Three to four times	2	3660	26.8
	Five to six times	3	2016	14.8
	Seven or more	4	2034	14.9
	N Missing		72	
Q12b How many times have you consulted the following people for your own healtl	1			
in the last 12 months? Q79b A hospital doctor (e.g. in outpatients or casualty)	None	0	11323	84.7
	Once or twice	1	1480	11.1
	Three to four times	2	301	2.3
	Five to six times	3	92	0.7
	Seven or more	4	165	1.2
	N Missing		305	
Q12c How many times have you consulted the following people for your own health	1			
in the last 12 months? Q79b A specialist doctor	None	0	7602	56.4
	Once or twice	1	3719	27.6
	Three to four times	2	1209	9.0
	Five to six times	3	421	3.1
	Seven or more	4	531	3.9
	N Missing		250	

	Categories	values	Number	%
Q12d How many times have you consulted the following people for your own health				
in the last 12 months? Q79b An allied health professional (e.g. optician, dentist, physiotherapist, podiatrist, dietitian, counsellor etc)	None	0	3812	27.9
	Once or twice	1	6077	44.5
	Three to four times	2	1953	14.3
	Five to six times	3	764	5.6
	Seven or more	4	1037	7.6
	N Missing		76	
Q12e How many times have you consulted the following people for your own health				
in the last 12 months? Q79b An "alternative" health practitioner (e.g. chiropractor, naturopath, acupuncturist, herbalist etc)	None	0	10051	74.0
	Once or twice	1	1298	9.5
	Three to four times	2	785	5.8
	Five to six times	3	513	3.8
	Seven or more	4	944	6.9
	N Missing		125	
Q13a Here are some questions about your most recent visit to a general practitioner.				
How would you rate each of the following? The convenience of the location of the surgery	Excellent	1	5614	41.5
	Very good	2	3970	29.3
	Good	3	2812	20.8
	Fair	4	871	6.4
	Poor	5	277	2.0
	N Missing		163	
Q13b Here are some questions about your most recent visit to a general practitioner.				
How would you rate each of the following? The length of time you waited in the waiting room	Excellent	1	1763	13.0
	Very good	2	3614	26.6
	Good	3	3963	29.2
	Fair	4	3118	23.0
	Poor	5	1110	8.2
	N Missing		143	
Q13c Here are some questions about your most recent visit to a general practitioner.				
How would you rate each of the following? The personal manner (courtesy, respect, sensitivity, friendliness) of the doctor	Excellent	1	6780	49.9
•	Very good	2	3872	28.5
	Good	3	2145	15.8
	Fair	4	653	4.8
	Poor	5	139	1.0
			125	

Item Description	Categories	Values	Number	%
Q13d Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The doctor's explanation of your problem and treatment	Excellent	1	5518	40.6
	Very good	2	4280	31.5
	Good	3	2420	17.8
	Fair	4	1077	7.9
	Poor	5	284	2.1
	N Missing		145	
Q13e Here are some questions about your most recent visit to a general practitioner.				
How would you rate each of the following? The doctor's interest in how you felt about having the tests or treatment	Excellent	1	4987	36.9
	Very good	2	4163	30.8
	Good	3	2697	20.0
	Fair	4	1313	9.7
	Poor	5	353	2.6
	N Missing		214	
Q13f Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? Your opportunity to ask all the questions you wanted to	Excellent	1	5852	43.1
you wanted to	Very good	2	3991	29.4
	Good	3	2443	18.0
	Fair	4	993	7.3
	Poor	5	296	2.2
	N Missing		148	
Q13g Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The amount of time you spent with the	Excellent	1	4587	33.9
doctor	Very good	2	4287	31.7
	Good	3	3106	22.9
	Fair	4	1283	9.5
	Poor	5	282	2.1
	N Missing	3	173	2.1
Q13h Here are some questions about your most recent visit to a general practitioner.	N Missing		173	
How would you rate each of the following? The cost of your visit	Excellent	1	4065	30.2
	Very good	2	2699	20.1
	Good	3	3312	24.6
	Fair	4	2854	21.2
	Poor	5	526	3.9
	N Missing	3	265	0.0
	14 Missing		200	

Item Description	Categories	Values	Number	%
Q13i Here are some questions about your most recent visit to a general practiti	oner.			
How would you rate each of the following? The visit overall	Excellent	1	4433	32.8
	Very good	2	4632	34.2
	Good	3	3234	23.9
	Fair	4	1068	7.9
	Poor	5	168	1.2
	N Missing		179	
Q14 In general do you prefer to see a female doctor?				
	Always	1	2193	16.1
	Certain things	2	4080	30.0
	No	3	2234	16.4
	Don't care	4	5097	37.5
	N Missing		118	
Q15a Have you ever been told by a doctor that you have: Diabetes (high blood				
sugar)	Yes	1	403	2.9
	No	2	13255	97.1
	N Missing		65	
Q15b Have you ever been told by a doctor that you have: Heart disease				
	Yes	1	284	2.1
	No	2	13331	97.9
	N Missing		103	
Q15c Have you ever been told by a doctor that you have: Hypertension (high b	plood			
pressure)	Yes	1	2775	20.3
	No	2	10875	79.7
	N Missing		77	
Q15d Have you ever been told by a doctor that you have: Stroke				
	Yes	1	106	0.8
	No	2	13531	99.2
	N Missing		84	
Q15e Have you ever been told by a doctor that you have: Thrombosis (a blood	d clot)			
	Yes	1	607	4.5
	No	2	13021	95.5
	N Missing		95	
Q15f Have you ever been told by a doctor that you have: Low iron level				
	Yes	1	4496	32.9
	No	2	9154	67.1
	N Missing		80	

Item Description	Categories	Values	Number	%
Q15g Have you ever been told by a doctor that you have: Asthma				
	Yes	1	2140	15.7
	No	2	11497	84.3
	N Missing		84	
Q15h Have you ever been told by a doctor that you have: Bronchitis/emphysema				
	Yes	1	2588	19.0
	No	2	11044	81.0
	N Missing		86	
215i Have you ever been told by a doctor that you have: Osteoporosis				
	Yes	1	561	4.1
	No	2	13063	95.9
	N Missing		93	
Q15j Have you ever been told by a doctor that you have: Breast cancer				
	Yes	1	291	2.1
	No	2	13350	97.9
	N Missing		83	
215k Have you ever been told by a doctor that you have: Cervical cancer				
	Yes	1	438	3.2
	No	2	13195	96.8
	N Missing		85	
215I Have you ever been told by a doctor that you have: Lung cancer				
	Yes	1	17	0.1
	No	2	13622	99.9
	N Missing		79	
0.15m Have you ever been told by a doctor that you have: Bowel cancer				
	Yes	1	58	0.4
	No	2	13580	99.6
	N Missing		82	
Q15n Have you ever been told by a doctor that you have: Skin cancer	_			
	Yes	1	1464	10.7
	No	2	12176	89.3
	N Missing		84	
215o Have you ever been told by a doctor that you have: Other major illness	-			
Please specify on line)	Yes	1	2557	19.4
	No	2	10627	80.6
	N Missing		564	

Item Description	Categories	Values	Number	%
Q16a Have you ever had any of the following operations? Hysterectomy				
	Yes	1	2985	21.9
	No	2	10662	78.1
	N Missing		73	
Q16b Have you ever had any of the following operations? Both ovaries removed				
	Yes	1	838	6.2
	No	2	12773	93.8
	N Missing		123	
Q16c Have you ever had any of the following operations? Repair of prolapsed				
vagina, bladder or bowel	Yes	1	1123	8.3
	No	2	12490	91.7
	N Missing		106	
Q16d Have you ever had any of the following operations? Endometrial ablation				
	Yes	1	666	5.0
	No	2	12777	95.0
	N Missing		295	
Q16e Have you ever had any of the following operations? Mastectomy (removal of	of			
ne or both breasts)	Yes	1	142	1.0
	No	2	13486	99.0
	N Missing		98	
216f Have you ever had any of the following operations? Lumpectomy (removal	of			
ump from breast)	Yes	1	1321	9.7
	No	2	12303	90.3
	N Missing		104	
Q16g Have you ever had any of the following operations? Breast biopsy (taking a	a			
cample of breast tissue for sampling)	Yes	1	1693	12.4
	No	2	11923	87.6
	N Missing		108	
Q16h Have you ever had any of the following operations? Cholecystectomy (gall				
pladder removed)	Yes	1	1163	8.5
	No	2	12471	91.5
	N Missing		96	
Q16i Have you ever had any of the following operations? Any cosmetic surgery (e	-			
or face, breasts, fat removal etc)	Yes	1	951	7.0
	No	2	12625	93.0
	N Missing		143	

Item Description	Categories	Values	Number	%
Q16j Have you ever had any of the following operations? Other surgery or procedure (Please specify on line)				
procedure (Please specify of fille)	Yes	1	7371	58.0
	No	2	5341	42.0
	N Missing		996	
Q17a This question is about health care Have you been admitted to hospital in the				
ast 12 months?	Yes	1	2197	16.1
	No	2	11490	83.9
	N Missing		30	
Q17b This question is about health care Do you have private hospital insurance?				
	Yes	1	6899	50.5
	No	2	6755	49.5
	N Missing		59	
Q17c This question is about health care Do you have private health insurance for				
ancillary services (eg dental, physiotherapy etc)?	Yes	1	6833	50.0
	No	2	6820	50.0
	N Missing		62	
Q18a During the past four weeks, how many different types of medication (eg				
tablets/medicine) have you used which were: Prescribed by a doctor Q79b	None	0	6351	46.9
	One	1	3473	25.6
	Two	2	1940	14.3
	Three	3	850	6.3
	Four or more	4	929	6.9
	N Missing		169	
Q18b During the past four weeks, how many different types of medication (eg	-			
tablets/medicine) have you used which were: Bought without a prescription at the chemist, supermarket or health food shop Q79b	None	0	5305	39.2
Shemist, supermarket of fleath food shop Qrob	One	1	4646	34.3
	Two	2	2002	14.8
	Three	3	725	5.4
	Four or more	4	848	6.3
	N Missing		184	
Q19a During the past four weeks have you taken any medications: For your nerves				
(eg valium, serapax, ducene etc)	Yes	1	943	6.9
	No	2	12725	93.1
	N Missing	_	48	
Q19b During the past four weeks have you taken any medications: To help you			10	
sleep (eg normison, mogadon etc)	Yes	1	1006	7.4
	No	2	12648	92.6
	N Missing	2	67	52.0
1.4	in missing		O1	

Item Description	Categories	Values	Number	%
Q19c During the past four weeks have you taken any medications: For any chror	nic			
(long-term) illness	Yes	1	2627	19.3
	No	2	10991	80.7
	N Missing		104	
Q20 Are you currently taking the oral contraceptive pill for any reason?				
	Yes	1	903	6.6
	No	2	12774	93.4
	N Missing		37	
Q21 For how many years in total have you ever taken the oral contraceptive pill?)			
	Never used	1	1649	12.1
	<than one="" td="" year<=""><td>2</td><td>1719</td><td>12.6</td></than>	2	1719	12.6
	1 - 4 yrs	3	3735	27.3
	5 - 10 yrs	4	4077	29.8
	11 - 20 yrs	5	1920	14.0
	>than 20 yrs	6	587	4.3
	N Missing		37	
Q22 Are you currently on hormone replacement therapy (HRT)?				
	Yes	1	2526	18.5
	No	2	11148	81.5
	N Missing		34	
Q23 For how many years in total have you ever used hormone replacement				
therapy?	Never used	1	10062	73.7
	<than one="" td="" year<=""><td>2</td><td>1367</td><td>10.0</td></than>	2	1367	10.0
	1 - 4 yrs	3	1560	11.4
	5 - 10 yrs	4	504	3.7
	>than 10 yrs	5	164	1.2
	N Missing		56	
Q24 When did you have your last Pap test?				
	Never had test	1	375	2.8
	< = 2 yrs ago	2	9750	71.5
	>2, <5 yrs ago	3	1793	13.2
	> = 5 yrs ago	4	1458	10.7
	Not sure	5	259	1.9
	N Missing		92	

Item Description	Categories	Values	Number	%
Q25 Have you ever had an abnormal Pap test?				
	No	1	10275	75.5
	In last 5 yrs	2	1636	12.0
	>than 5 yrs ago	3	1319	9.7
	Never had test	4	380	2.8
	N Missing		103	
Q26 When did you last have a mammogram?				
	Never had test	1	4137	30.5
	< = 2 yrs ago	2	7167	52.9
	>2, <5 yrs ago	3	1595	11.8
	> = 5 yrs ago	4	626	4.6
	Not sure	5	29	0.2
	N Missing		182	
Q27 Have you ever had an abnormal mammogram?				
	No	1	7656	56.6
	In last 5 yrs	2	1425	10.5
	>than 5 yrs ago	3	299	2.2
	Never had test	4	4139	30.6
	N Missing		211	
Q28 Are you currently pregnant?				
	Yes	1	109	0.8
	No	2	13538	99.0
	Don't know	3	23	0.2
	N Missing		52	
Q29a How many times have you: Been pregnant				
	Never	0	943	7.0
	Once	1	975	7.3
	Twice	2	3963	29.6
	Three times	3	3516	26.2
	Four or more	4	4000	29.9
	N Missing		308	
Q29b How many times have you: Had a miscarriage				
	Never	0	7347	64.4
	Once	1	2716	23.8
	Twice	2	800	7.0
	Three times	3	297	2.6
	Four or more	4	254	2.2
	N Missing		2270	
16	•			

Item Description	Categories	Values	Number	%
Q29c How many times have you: Had a termination				
	Never	0	8825	80.3
	Once	1	1561	14.2
	Twice	2	432	3.9
	Three times	3	117	1.1
	Four or more	4	56	0.5
	N Missing		2838	
Q29d How many times have you: Given birth to a child				
	Never	0	1184	9.1
	Once	1	1293	10.0
	Twice	2	5179	39.9
	Three times	3	3442	26.5
	Four or more	4	1875	14.5
	N Missing		698	
Q30 What sort of contraception do you use now?				
	Don't need any	1	4853	35.6
	Choose not to	2	1007	7.4
	Pill	3	662	4.9
	Tubal ligation	4	3726	27.3
	Vasectomy	5	2289	16.8
	Condoms	6	595	4.4
	Other	7	514	3.8
	N Missing		76	
Q31a Have you had: A period or menstrual bleeding in the last 12 months				
	Yes	1	9620	71.2
	No	2	3898	28.8
	N Missing		200	
Q31b Have you had: A period or menstrual bleeding in the last 3 months				
	Yes	1	8680	66.0
	No	2	4475	34.0
	N Missing		577	
Q32 Compared with 12 months ago, are your periods: (Responses 5-8 not in mid	3)			
	Less frequent	1	1643	12.2
	About the same	2	5774	43.0
	More frequent	3	611	4.5
	Changeable	4	1506	11.2
	No periods	5	3899	29.0
	110 poriodo	_		

Item Description	Categories	Values	Number	%
Q33 Compared with 12 months ago, is your menstrual flow:				
	Lighter	1	1977	14.7
	About same	2	4626	34.5
	Heavier	3	1365	10.2
	Changeable	4	1540	11.5
	No periods	5	3899	29.1
	N Missing		323	
Q34Aa In the last 12 months have you had any of the following: Allergies, ha	yfever,			
sinusitis	Never	1	5429	39.9
	Rarely	2	2424	17.8
	Sometimes	3	3663	26.9
	Often	4	2082	15.3
	N Missing		112	
Q34Ab In the last 12 months, have you had any of the following: Breathing d	ifficulty			
	Never	1	9258	68.3
	Rarely	2	1945	14.3
	Sometimes	3	1857	13.7
	Often	4	494	3.6
	N Missing		160	
Q34Ac In the last 12 months, have you had any of the following:				
Indigestion/heartburn	Never	1	6462	47.6
	Rarely	2	3267	24.1
	Sometimes	3	2725	20.1
	Often	4	1121	8.3
	N Missing		141	
Q34Ad In the last 12 months, have you had any of the following: Chest pain				
	Never	1	9971	73.6
	Rarely	2	2073	15.3
	Sometimes	3	1306	9.6
	Often	4	204	1.5
	N Missing		172	
Q34Ae In the last 12 months, have you had any of the following:				
Headaches/migraines	Never	1	1641	12.0
	Rarely	2	4210	30.9
	Sometimes	3	5379	39.4
	Often	4	2412	17.7
	N Missing		80	

	Categories	Values	Number	%
Q34Af In the last 12 months, have you had any of the following: Constant tiredness				
	Never	1	2841	20.9
	Rarely	2	3456	25.4
	Sometimes	3	4741	34.8
	Often	4	2581	18.9
	N Missing		97	
Q34Ag In the last 12 months, have you had any of the following: Stiff or painful joints				
	Never	1	3504	25.7
	Rarely	2	2992	22.0
	Sometimes	3	4449	32.7
	Often	4	2669	19.6
	N Missing		105	
Q34Ah In the last 12 months, have you had any of the following: Back pain				
	Never	1	3152	23.1
	Rarely	2	3244	23.8
	Sometimes	3	4501	33.0
	Often	4	2750	20.1
	N Missing		71	
Q34Ai In the last 12 months, have you had any of the following: A broken bone				
(fracture)	Never	1	13025	95.8
	Rarely	2	409	3.0
	Sometimes	3	116	0.9
	Often	4	52	0.4
	N Missing		117	
Q34Aj In the last 12 months, have you had any of the following: Urine that burns or				
stings	Never	1	10428	76.4
	Rarely	2	2055	15.1
	Sometimes	3	1024	7.5
	Often	4	139	1.0
	N Missing		74	
Q34Ak In the last 12 months, have you had any of the following: Leaking urine				
	Never	1	8839	64.7
	Rarely	2	2033	14.9
	Sometimes	3	2042	15.0
	Often	4	737	5.4
	N Missing		70	

Item Description	Categories	Values	Number	%
Q34Al In the last 12 months, have you had any of the following: Constipation				
	Never	1	6279	46.0
	Rarely	2	3661	26.8
	Sometimes	3	2767	20.3
	Often	4	937	6.9
	N Missing		73	
Q34Am In the last 12 months, have you had any of the following: Haemorrhoid	s			
(piles)	Never	1	8905	65.3
	Rarely	2	2319	17.0
	Sometimes	3	1836	13.5
	Often	4	572	4.2
	N Missing		80	
Q34An In the last 12 months, have you had any of the following: Other bowel				
problems	Never	1	10955	80.5
	Rarely	2	1130	8.3
	Sometimes	3	1045	7.7
	Often	4	478	3.5
	N Missing		109	
Q34Ao In the last 12 months, have you had any of the following: Vaginal discharges in the last 12 months, have you had any of the following:	arge			
or irritation	Never	1	8546	62.7
	Rarely	2	2936	21.5
	Sometimes	3	1802	13.2
	Often	4	350	2.6
	N Missing		85	
Q34Ap In the last 12 months, have you had any of the following: Premenstrual				
tension	Never	1	5754	42.4
	Rarely	2	2239	16.5
	Sometimes	3	3687	27.2
	Often	4	1880	13.9
	N Missing		150	
Q34Aq In the last 12 months, have you had any of the following: Irregular mont	thly			
periods	Never	1	8257	61.0
	Rarely	2	1821	13.4
	Sometimes	3	2067	15.3
	Often	4	1401	10.3
	N Missing		171	

Item Description	Categories	Values	Number	%
Q34Ar In the last 12 months, have you had any of the following: Heavy periods				
	Never	1	7636	56.3
	Rarely	2	2072	15.3
	Sometimes	3	2410	17.8
	Often	4	1449	10.7
	N Missing		152	
Q34As In the last 12 months, have you had any of the following: Severe period pain				
	Never	1	8083	59.6
	Rarely	2	2468	18.2
	Sometimes	3	2099	15.5
	Often	4	912	6.7
	N Missing		166	
Q34At In the last 12 months, have you had any of the following: Hot flushes				
	Never	1	7050	51.7
	Rarely	2	2167	15.9
	Sometimes	3	3025	22.2
	Often	4	1385	10.2
	N Missing		91	
Q34Au In the last 12 months, have you had any of the following: Night sweats				
	Never	1	8332	61.2
	Rarely	2	1952	14.3
	Sometimes	3	2299	16.9
	Often	4	1039	7.6
	N Missing		101	
Q34Av In the last 12 months, have you had any of the following: Skin problems				
	Never	1	8242	60.5
	Rarely	2	2323	17.1
	Sometimes	3	2110	15.5
	Often	4	947	7.0
	N Missing		107	
Q34Aw In the last 12 months, have you had any of the following: Eyesight problems				
	Never	1	4796	35.3
	Rarely	2	2781	20.5
	Sometimes	3	4236	31.2
	Often	4	1765	13.0
	N Missing		155	

Item Description	Categories	Values	Number	%
Q34Ax In the last 12 months, have you had any of the following: Hearing problems				
	Never	1	9908	72.8
	Rarely	2	1695	12.5
	Sometimes	3	1434	10.5
	Often	4	573	4.2
	N Missing		118	
Q34Ay In the last 12 months, have you had any of the following: Difficulty sleeping				
	Never	1	4071	29.8
	Rarely	2	3077	22.6
	Sometimes	3	4253	31.2
	Often	4	2244	16.4
	N Missing		71	
Q34Ba If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Allergies, hayfever, sinusitis	Yes	1	4476	34.5
	No	2	672	5.2
	Not applicable	3	7826	60.3
	N Missing		773	
Q34Bb If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Breathing difficulty	Yes	1	2334	17.7
	No	2	303	2.3
	Not applicable	3	10527	80.0
	N Missing		565	
Q34Bc If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Indigestion/heartburn	Yes	1	2749	21.4
	No	2	317	2.5
	Not applicable	3	9790	76.1
	N Missing		896	
Q34Bd If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Chest pain	Yes	1	1593	12.1
	No	2	306	2.3
	Not applicable	3	11263	85.6
	N Missing		593	
Q34Be If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Headaches/migraines	Yes	1	4804	39.0
	No	2	811	6.6
	Not applicable	3	6718	54.5
	N Missing		1446	

Item Description	Categories	Values	Number	%
Q34Bf If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Constant tiredness				
services available to help you deal with this problem? Constant thedress	Yes	1	2844	23.1
	No	2	1354	11.0
	Not applicable	3	8093	65.8
	N Missing		1481	
Q34Bg If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Stiff or painful joints				
services available to help you deal with this problem? Still of painful joints	Yes	1	3747	30.1
	No	2	1126	9.0
	Not applicable	3	7583	60.9
	N Missing		1342	
Q34Bh If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Back pain	Yes	1	4351	34.9
	No	2	1074	8.6
	Not applicable	3	7043	56.5
	N Missing		1337	
Q34Bi If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? A broken bone (fracture)	Yes	1	363	2.7
	No	2	56	0.4
	Not applicable	3	13035	96.9
	N Missing		269	
Q34Bj If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Urine that burns or stings	Yes	1	1888	14.3
	No	2	178	1.3
	Not applicable	3	11120	84.3
	N Missing		517	
Q34Bk If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Leaking urine	Yes	1	1432	11.0
	No	2	506	3.9
	Not applicable	3	11114	85.2
	N Missing		692	
Q34Bl If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Constipation	Yes	1	2354	18.4
	No	2	332	2.6
	Not applicable	3	10075	78.9
	N Missing		984	

Item Description	Categories	Values	Number	%
Q34Bm If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Haemorrhoids (piles)	Yes	1	1827	14.0
	No	2	221	1.7
	Not applicable	3	11022	84.3
	N Missing		672	
Q34Bn If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Other bowel problems	Yes	1	1212	9.1
	No	2	309	2.3
	Not applicable	3	11752	88.5
	N Missing		444	
Q34Bo If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Vaginal discharge or irritation	Yes	1	2573	19.8
	No	2	355	2.7
	Not applicable	3	10078	77.5
	N Missing		692	
Q34Bp If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Premenstrual tension	Yes	1	2096	16.5
	No	2	795	6.3
	Not applicable	3	9787	77.2
	N Missing		1084	
Q34Bq If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Irregular monthly periods	Yes	1	1846	14.3
	No	2	430	3.3
	Not applicable	3	10616	82.3
	N Missing		847	
Q34Br If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Heavy periods	Yes	1	1908	14.9
	No	2	494	3.9
	Not applicable	3	10414	81.3
	N Missing		958	
Q34Bs If you have had any of these problems, were you satisfied with the health				
services available to help you deal with this problem? Severe period pain	Yes	1	1750	13.7
	No	2	460	3.6
	Not applicable	3	10610	82.8

Services available to help you deal with this problem? Hot flushes No 2 655 5.1 No 3 9533 74.5 No No 1 2646 20.6 No No 2 655 5.1 No No 1 2003 74.5 No 2 635 4.1 No 2 635 4.1 No 2 635 4.1 No 2 635 4.1 Not applicable 3 10456 80.5 No 2 635 4.1 Not applicable 3 10456 80.5 No 2 630 4.1 Not applicable 3 10456 80.5 No 2 630 4.1 Not applicable 3 10456 80.5 No 2 630 4.1 Not applicable 3 10085 77.5 No 2 630 4.1 Not applicable 3 10085 77.5 No 2 630 4.1 Not applicable 3 10085 77.5 No 2 630 4.1 Not applicable 3 10085 77.5 No 2 637 4.1 Not applicable 3 1085 77.5 No 2 637 4.1 Not applicable 3 1085 77.5 No 2 637 4.1 Not applicable 3 1085 77.5 No 2 637 4.1 Not applicable 3 1085 77.5 Not applicable 3 11622 88.6 Not applicable 4 53 1187 Not applicable 5 75 75 Not applicable 5 75 75 Not applicable 5 75 75 Not applicable 6 75 75 Not applicable 7 6 75 Not applicable 7 75 Not applicable	Item Description	Categories	Values	Number	%
Yes	Q34Bt If you have had any of these problems, were you satisfied with the health				
Not applicable 3 9533 74.5	services available to help you deal with this problem? Hot flushes	Yes	1	2646	20.6
Name		No	2	655	5.1
Again of the problems, were you satisfied with the health services available to help you deal with this problem? Night sweats Yes 1 2003 15.4 No 2 535 41. No applicable 3 10456 80.5 N Missing 755 And applicable 3 10456 80.5 No Missing 755 And applicable 3 10456 80.5 No mapplicable 5 1 2009 17.7 No 2 620 4.6 Not applicable 3 10085 77.5 No 4 papplicable 3 10085 77.5 No 4 papplicable 5 1 50.39 And applicable 6 1 50.39 And applicable 7 1 50.39 And applicable 7 1 50.39 And applicable 8 1 50.39 And applicable 1 50.39 And applicable 1 50.39 And applicable 1 50.39 And applicable 6 1 50.39 And applicable 7 1 50.39 And applicable 8 1 50.39 And applicable 9 1 50.39 And applicable		Not applicable	3	9533	74.3
1 2003 15,4		N Missing		945	
Ves 1 2003 15.2 No 2 535 4.1 No 2 2 535 4.1 Not applicable 3 10456 80.5 Not applicable 5 1 2009 17.5 Q34Bv If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Skin problems 7 7.8 No 2 620 4.8 Not applicable 3 10085 77.8 No 2 670 4.8 Not applicable 3 10085 77.8 No 1 5339 42.2 Not applicable 5 1 5339 42.2 Not applicable 6 1 5339 42.2 Not applicable 7 1 1182 9.0 Not applicable 6 1 1182 9.0 Not applicable 7 1 1182 9.0 Not applicable 8 1 1182 9.0 Not applicable 9 1 1182 9.0 Not applicable 1 1 1182 9.0 Not applicable 1 1 1182 9.0 Not applicable 1 1 1182 9.0 Not applicable 3 1182 88.6 Not applicable 3 1182 9.0 Not applicable 6 1 2762 2.0 Not applicable 7 2 20.0 Not applicable 8 1 2762 2.0 Not applicable 9 1 2762 2.0 Not applicable 1 2 20.0 Not applicable 3 88.8 Not applicable 1 2 20.0 Not applicable 3 88.8 Not applicable 1 5.21 3.8 Not applicable 1 5.	Q34Bu If you have had any of these problems, were you satisfied with the health				
Not applicable Not	services available to help you deal with this problem? Night sweats	Yes	1	2003	15.4
Name		No	2	535	4.1
Q34Bv If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Skin problems Yes		Not applicable	3	10456	80.5
Yes 1 2309 17.7		N Missing		755	
No	Q34Bv If you have had any of these problems, were you satisfied with the health				
Not applicable 3 10085 77.5	services available to help you deal with this problem? Skirl problems	Yes	1	2309	17.7
Q34Bw If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Eyesight problems Yes 1 5339 42.2 No 2 517 4.1 Not applicable 3 6792 53.7 No Q34Bx If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Hearing problems Yes 1 1182 9.0 No 2 312 2.4 Not applicable 3 11622 88.6 No 2 312 2.4 Not applicable 3 11622 88.6 No Q34By If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Difficulty sleeping Yes 1 2762 22.0 No 2 922 7.3 Not applicable 3 8888 70.7 Not applicable 3 8888 70.7 Not applicable 5 Not applicable 7 Not applicable 8 Not stressed 9 Not stressed 1 5 749 5.5 Not applicable 8 Not stressed 1 5 749 5.5 Not applicable 8 Not stressed 1 6 339 2.5		No	2	620	4.8
Q34Bw If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Eyesight problems Yes No 1 5339 42.2 No No applicable N Missing 1105 Q34Bx If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Hearing problems Yes 1 1182 9.0 No 2 312 2.4 Not applicable N Missing 642 Q34By If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Difficulty sleeping Yes 1 2762 22.0 No 2 922 7.3 Not applicable N Missing 1187 Q35a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health Not applicable Not stressed Somewhat stressed 3 4298 31.8 Moderately stressed 5 769 5.5 Very stressed 5 769 5.5 Extremely stressed 6 339 2.5		Not applicable	3	10085	77.5
Yes 1 5339 42.28 No 2 517 4.1 Not applicable 3 6792 53.7 N Missing 1105 Q34Bx If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Hearing problems Yes 1 1182 9.0 No 2 312 2.4 No Amissing 3 11622 88.6 No Amissing 642 Not applicable 3 11622 88.6 No Amissing 642 Not applicable 1 2762 22.0 No 2 922 7.3 Not applicable to help you deal with this problem? Difficulty sleeping Yes 1 2762 22.0 No 2 922 7.3 Not applicable 3 8888 70.7 Not applicable 1 521 3.8 Not applicable 1 521 3.8 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.6 Moderately stressed 5 749 5.5 Extremely stressed 6 339 2.5 Stremely stressed 7 7		N Missing		734	
No	Q34Bw If you have had any of these problems, were you satisfied with the health				
Not applicable 3 6792 53.7	services available to help you deal with this problem? Eyesight problems	Yes	1	5339	42.2
Q34Bx If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Hearing problems Yes 1 1182 9.0 No 2 312 2.4 Not applicable 3 11622 88.6 N Missing 642 Not applicable 3 11622 88.6 N Missing 642 Q34By If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Difficulty sleeping Yes 1 2762 22.0 No 2 922 7.3 Not applicable 3 8888 70.7 Not applicable 3 8888 70.7 Not applicable 3 8888 70.7 Not applicable 1 521 3.8 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.8 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.5 Extremely stressed 6 339 2.5		No	2	517	4.1
Q34Bx If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Hearing problems Yes No No 1 1182 9.0 No No 2 312 2.4 Not applicable 3 11622 88.6 N Missing 642 Q34By If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Difficulty sleeping Yes 1 2762 22.0 No 2 922 7.3 Not applicable 3 8888 70.7 Not applicable 3 8888 70.7 Not applicable 1 521 3.6 Not applicable 1 521 3.6 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.6 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.5 Extremely stressed 6 339 2.6		Not applicable	3	6792	53.7
Services available to help you deal with this problem? Hearing problems Yes No No 2 312 2.4 Not applicable 3 11622 88.6 N Missing 642 Q34By If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Difficulty sleeping Yes 1 2762 22.0 No 2 922 7.3 Not applicable 3 8888 70.7 Not applicable 3 8888 70.7 Not applicable 1 521 3.8 Not applicable 1 521 3.8 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.8 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.5 Extremely stressed 6 339 2.5		N Missing		1105	
No 2 312 2.4 No applicable 3 11622 88.6 N Missing 642 Q34By If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Difficulty sleeping Yes 1 2762 22.0 No 2 922 7.3 No applicable 3 8888 70.7 Not applicable 3 8888 70.7 Not applicable 1 521 3.6 Not applicable 1 521 3.6 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.6 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.6 Extremely stressed 6 339 2.6	Q34Bx If you have had any of these problems, were you satisfied with the health				
Not applicable 3 11622 88.6 Not applicable	services available to help you deal with this problem? Hearing problems	Yes	1	1182	9.0
Q34By If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Difficulty sleeping Yes 1 2762 22.0 No 2 922 7.3 Not applicable 3 8888 70.7 N Missing 1187 Q35a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health Not applicable 1 521 3.8 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.8 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.8 Extremely stressed 6 339 2.8		No	2	312	2.4
Q34By If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? Difficulty sleeping Yes 1 2762 22.0 No 2 922 7.3 Not applicable 3 8888 70.7 N Missing 1187 Q35a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health Not applicable 1 521 3.8 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.8 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.8 Extremely stressed 6 339 2.8		Not applicable	3	11622	88.6
Services available to help you deal with this problem? Difficulty sleeping Yes 1 2762 22.0 No 2 922 7.3 Not applicable 3 8888 70.7 N Missing 1187 Q35a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health Not applicable 1 521 3.8 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.8 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.8 Extremely stressed 6 339 2.8		N Missing		642	
No 2 922 7.3 Not applicable 3 8888 70.7 N Missing 1187 Q35a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health Not applicable 1 521 3.6 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.6 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.6 Extremely stressed 6 339 2.6	Q34By If you have had any of these problems, were you satisfied with the health				
Not applicable 3 8888 70.7 N Missing 1187 Q35a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health Not applicable 1 521 3.8 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.8 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.8 Extremely stressed 6 339 2.8	services available to help you deal with this problem? Difficulty sleeping	Yes	1	2762	22.0
N Missing 1187 Q35a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health Not applicable 1 521 3.8 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.8 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.8 Extremely stressed 6 339 2.8		No	2	922	7.3
Q35a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health Not applicable Not stressed Somewhat stressed Moderately stressed Very stressed Extremely stressed Somewhat stressed Extremely stressed Somewhat stressed Extremely stressed Somewhat stressed Somewhat stressed Extremely stressed Somewhat stressed Somew		Not applicable	3	8888	70.7
Not applicable 1 521 3.8 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.8 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.8 Extremely stressed 6 339 2.8		N Missing		1187	
Not applicable 1 521 3.8 Not stressed 2 5969 44.1 Somewhat stressed 3 4298 31.8 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.8 Extremely stressed 6 339 2.8		3			
Somewhat stressed 3 4298 31.8 Moderately stressed 4 1657 12.2 Very stressed 5 749 5.5 Extremely stressed 6 339 2.5	of your life: Own health	Not applicable	1	521	3.8
Moderately stressed 4 1657 12.2 Very stressed 5 749 5.5 Extremely stressed 6 339 2.5		Not stressed	2	5969	44.1
Very stressed 5 749 5.5 Extremely stressed 6 339 2.5		Somewhat stressed	3	4298	31.8
Extremely stressed 6 339 2.5		Moderately stressed	4	1657	12.2
·		Very stressed	5	749	5.5
N Missing 175		Extremely stressed	6	339	2.5
		N Missing		175	

Item Description	Categories	Values	Number	%
Q35b Over the last 12 months, how stressed have you felt about the following areas				
of your life: Health of other family members	Not applicable	1	535	4.0
	Not stressed	2	4354	32.3
	Somewhat stressed	3	4609	34.2
	Moderately stressed	4	2038	15.1
	Very stressed	5	1230	9.1
	Extremely stressed	6	729	5.4
	N Missing		216	
Q35c Over the last 12 months, how stressed have you felt about the following areas				
of your life: Work/Employment	Not applicable	1	2167	16.0
	Not stressed	2	3531	26.1
	Somewhat stressed	3	3709	27.4
	Moderately stressed	4	2053	15.2
	Very stressed	5	1357	10.0
	Extremely stressed	6	710	5.2
	N Missing		191	
Q35d Over the last 12 months, how stressed have you felt about the following areas				
of your life: Living arrangements	Not applicable	1	1322	9.8
	Not stressed	2	8267	61.0
	Somewhat stressed	3	2300	17.0
	Moderately stressed	4	859	6.3
	Very stressed	5	507	3.7
	Extremely stressed	6	287	2.1
	N Missing		177	
Q35e Over the last 12 months, how stressed have you felt about the following areas				
of your life: Study	Not applicable	1	8464	62.6
	Not stressed	2	3626	26.8
	Somewhat stressed	3	808	6.0
	Moderately stressed	4	355	2.6
	Very stressed	5	198	1.5
	Extremely stressed	6	77	0.6
	N Missing		192	

Item Description	Categories	Values	Number	%
Q35f Over the last 12 months, how stressed have you felt about the following areas	3			
of your life: Money	Not applicable	1	645	4.7
	Not stressed	2	4626	34.0
	Somewhat stressed	3	4446	32.7
	Moderately stressed	4	1939	14.3
	Very stressed	5	1041	7.7
	Extremely stressed	6	895	6.6
	N Missing		122	
Q35g Over the last 12 months, how stressed have you felt about the following area	S			
of your life: Relationship with parents	Not applicable	1	3623	26.7
	Not stressed	2	6770	49.9
	Somewhat stressed	3	1902	14.0
	Moderately stressed	4	635	4.7
	Very stressed	5	370	2.7
	Extremely stressed	6	259	1.9
	N Missing		160	
Q35h Over the last 12 months, how stressed have you felt about the following area	S			
of your life: Relationship with partner/spouse	Not applicable	1	1906	14.0
	Not stressed	2	6493	47.8
	Somewhat stressed	3	2990	22.0
	Moderately stressed	4	994	7.3
	Very stressed	5	625	4.6
	Extremely stressed	6	568	4.2
	N Missing		146	
Q35i Over the last 12 months, how stressed have you felt about the following areas	3			
of your life: Relationship with children	Not applicable	1	1440	10.6
	Not stressed	2	5644	41.5
	Somewhat stressed	3	4300	31.6
	Moderately stressed	4	1339	9.8
	Very stressed	5	560	4.1
	Extremely stressed	6	315	2.3
	N Missing		110	

Item Description	Categories	Values	Number	%
Q35j Over the last 12 months, how stressed have you felt about the following area	S			
of your life: Relationship with other family members	Not applicable	1	1489	11.0
	Not stressed	2	8082	59.6
	Somewhat stressed	3	2759	20.3
	Moderately stressed	4	742	5.5
	Very stressed	5	284	2.1
	Extremely stressed	6	205	1.5
	N Missing		157	
Q35k Over the last 12 months, how stressed have you felt about the following area	as			
of your life: Anything else (Please specify on line)	Not applicable	1	5582	70.0
	Not stressed	2	1341	16.8
	Somewhat stressed	3	247	3.1
	Moderately stressed	4	346	4.3
	Very stressed	5	191	2.4
	Extremely stressed	6	267	3.3
	N Missing		5735	
Q36a When you feel stressed, do you use any of the following methods to reduce				
stress? Walking, exercise or working out	None of the time	1	4130	30.7
	Little of time	2	3233	24.0
	Some of the time	3	3816	28.3
	Most of the time	4	1549	11.5
	All the time	5	733	5.4
	N Missing		263	
Q36b When you feel stressed, do you use any of the following methods to reduce				
stress? Music, reading, sleeping, meditation	None of the time	1	2213	16.4
	Little of time	2	2869	21.3
	Some of the time	3	4932	36.6
	Most of the time	4	2613	19.4
	All the time	5	850	6.3
	N Missing		246	
Q36c When you feel stressed, do you use any of the following methods to reduce				
stress? Talking to a good friend	None of the time	1	1981	14.7
	Little of time	2	3616	26.8
	Some of the time	3	4781	35.4
	Most of the time	4	2385	17.6
	All the time	5	750	5.5
	N Missing		217	

Item Description	Categories	Values	Number	%
Q36d When you feel stressed, do you use any of the following methods to reduce stress? Writing, drawing or creative activity				
stress? writing, drawing or creative activity	None of the time	1	8432	62.9
	Little of time	2	2210	16.5
	Some of the time	3	1854	13.8
	Most of the time	4	646	4.8
	All the time	5	259	1.9
	N Missing		316	
Q36e When you feel stressed, do you use any of the following methods to reduce				
stress? Wanting to be alone, watching TV	None of the time	1	3344	24.8
	Little of time	2	4268	31.7
	Some of the time	3	4161	30.9
	Most of the time	4	1381	10.2
	All the time	5	331	2.5
	N Missing		241	
Q36f When you feel stressed, do you use any of the following methods to reduce				
stress? (y1: Letting off steam, e.g.) Throwing things, slamming doors	None of the time	1	9998	74.3
	Little of time	2	2386	17.7
	Some of the time	3	887	6.6
	Most of the time	4	118	0.9
	All the time	5	68	0.5
	N Missing		272	
Q36g When you feel stressed, do you use any of the following methods to reduce				
stress? Smoking, using drugs or alcohol	None of the time	1	9550	70.7
	Little of time	2	1702	12.6
	Some of the time	3	1212	9.0
	Most of the time	4	598	4.4
	All the time	5	441	3.3
	N Missing		235	
Q36h When you feel stressed, do you use any of the following methods to reduce	· ·			
stress? Eating more or less	None of the time	1	4565	33.7
	Little of time	2	3969	29.3
	Some of the time	3	3371	24.9
	Most of the time	4	1175	8.7
	All the time	5	452	3.3
		•		5.5

Item Description	Categories	Values	Number	%
Q37a In the last 12 months, have you experienced any of the following events?				
Major personal illness	Yes	1	1413	10.4
	No	2	12233	89.6
	N Missing		94	
Q37b In the last 12 months, have you experienced any of the following events?				
Major personal injury	Yes	1	464	3.4
	No	2	13192	96.6
	N Missing		69	
Q37c In the last 12 months, have you experienced any of the following events?				
Major surgery (not including dental work)	Yes	1	934	6.8
	No	2	12729	93.2
	N Missing		59	
237d In the last 12 months, have you experienced any of the following events?				
Going through menopause	Yes	1	4674	34.6
	No	2	8834	65.4
	N Missing		220	
237e In the last 12 months, have you experienced any of the following events?				
Major decline in health of spouse or partner	Yes	1	1293	9.5
	No	2	12364	90.5
	N Missing		67	
Q37f In the last 12 months, have you experienced any of the following events?				
Major decline in health of other close family member or close friend	Yes	1	4902	35.9
	No	2	8765	64.1
	N Missing		54	
Q37g In the last 12 months, have you experienced any of the following events?				
Starting a new, close personal relationship	Yes	1	775	5.7
	No	2	12899	94.3
	N Missing		42	
Q37h In the last 12 months, have you experienced any of the following events?				
nfidelity of spouse or partner	Yes	1	481	3.5
	No	2	13150	96.5
	N Missing		96	
Q37i In the last 12 months, have you experienced any of the following events?				
Break-up of a close personal relationship	Yes	1	989	7.2
	No	2	12682	92.8
	N Missing		51	

Item Description	Categories	Values	Number	%
Q37j In the last 12 months, have you experienced any of the following events?				
Divorce	Yes	1	394	2.9
	No	2	13252	97.1
	N Missing		71	
Q37k In the last 12 months, have you experienced any of the following events?				
Major conflict with teenage or older children	Yes	1	2931	21.4
	No	2	10745	78.6
	N Missing		46	
Q37I In the last 12 months, have you experienced any of the following events?				
Child or family member leaving home (due to marriage, to attend college etc)	Yes	1	3326	24.3
	No	2	10353	75.7
	N Missing		43	
Q37m In the last 12 months, have you experienced any of the following events?				
Death of spouse or partner	Yes	1	190	1.4
	No	2	13493	98.6
	N Missing		41	
Q37n In the last 12 months, have you experienced any of the following events?				
Death of child	Yes	1	169	1.2
	No	2	13519	98.8
	N Missing		40	
Q37o In the last 12 months, have you experienced any of the following events?				
Death of other close family member	Yes	1	2124	15.5
	No	2	11559	84.5
	N Missing		43	
Q37p In the last 12 months, have you experienced any of the following events?				
Death of close friend	Yes	1	1504	11.0
	No	2	12181	89.0
	N Missing		39	
Q37q In the last 12 months, have you experienced any of the following events?				
Changing your type of work/hours/conditions/responsibilities at work	Yes	1	5082	37.2
	No	2	8593	62.8
	N Missing		51	
Q37r In the last 12 months, have you experienced any of the following events?				
Your spouse or partner ceasing work outside the home	Yes	1	1270	9.3
	No	2	12372	90.7
	N Missing		80	

Item Description	Categories	Values	Number	%
Q37s In the last 12 months, have you experienced any of the following events?				
Decreased income	Yes	1	3952	28.9
	No	2	9723	71.1
	N Missing		45	
Q37t In the last 12 months, have you experienced any of the following events?				
Moving house	Yes	1	1790	13.1
	No	2	11888	86.9
	N Missing		43	
Q37u In the last 12 months, have you experienced any of the following events?				
Natural disaster (fire, flood, drought, earthquake etc) or house fire	Yes	1	384	2.8
	No	2	13292	97.2
	N Missing		41	
Q37v In the last 12 months, have you experienced any of the following events?				
Major loss or damage to personal property	Yes	1	512	3.7
	No	2	13175	96.3
	N Missing		35	
Q37w In the last 12 months, have you experienced any of the following events?				
Being robbed	Yes	1	784	5.7
	No	2	12904	94.3
	N Missing		34	
Q37x In the last 12 months, have you experienced any of the following events?				
Involvement in a serious accident	Yes	1	219	1.6
	No	2	13469	98.4
	N Missing		32	
Q37y In the last 12 months, have you experienced any of the following events?				
Being pushed, grabbed, shoved, kicked or hit	Yes	1	538	3.9
	No	2	13149	96.1
	N Missing		33	
Q37z In the last 12 months, have you experienced any of the following events?				
Being forced to take part in unwanted sexual activity	Yes	1	235	1.7
	No	2	13449	98.3
	N Missing		38	
Q37aa In the last 12 months, have you experienced any of the following events?	-			
Legal troubles or involved in a court case	Yes	1	1301	9.5
	No	2	12386	90.5
	N Missing		33	

Item Description	Categories	Values	Number	%
Q37bb In the last 12 months, have you experienced any of the following events?				
family member/close friend being arrested/in gaol	Yes	1	506	3.7
	No	2	13174	96.3
	N Missing		44	
Q38 Which of the following best describes your smoking status now?				
	Never smoked	1	7067	53.2
	Used to smoke	2	3816	28.7
	Occasionally	3	434	3.3
	Regularly	4	1970	14.8
	N Missing		450	
Q39 If you used to smoke, how long ago did you give up smoking?				
	1-5 yrs ago	1	545	15.2
	6-10 yrs ago	6	687	19.1
	11-20 yrs ago	11	1337	37.2
	>20yrs ago	21	791	22.0
	Last 6 months	77	111	3.1
	6-12 months	88	121	3.4
	N Missing		10170	
Q40a If you now smoke, how many cigarettes do you usually smoke in a day?	G			
	Mean		19.90	
	Std Error		0.24	
	N		2383	
	N Missing		11331	
Q40b If you used to smoke, how many cigarettes did you usually smoke in a day?	·····g			
,,,,g	Mean		16.32	
	Std Error		0.21	
	N		3606	
	N Missing		10108	
Q41 At what age did you start smoking?	. v . v		10100	
and ago are journeling.	Mean		18.21	
	Std Error		0.06	
	N		6075	
	N Missing		7639	
Q42 Have you ever smoked daily for six months or more?	11 Missing		7 000	
2 12 Have you ever smoked daily for six months of more:	Yes	1	5281	39.8
	No	2	912	6.9
	Never smoked	3	7067	53.3
33	N Missing		482	

ALSWH Data book for the first survey of 1946-51 cohort

Item Description	Categories	Values	Number	%
Q43 How often do you usually drink alcohol?				
	Non drinker	1	2004	14.7
	Rarely drink	2	4155	30.5
	<than once="" td="" week<=""><td>3</td><td>1959</td><td>14.4</td></than>	3	1959	14.4
	1-2 days	4	2082	15.3
	3-4 days	5	1452	10.7
	5-6 days	6	976	7.2
	Every day	7	989	7.3
	N Missing		110	
Q44 On a day when you drink alcohol, how many drinks do you usually have?				
	Non drinker	0	2004	15.0
	1-2 drinks	1	8777	65.6
	3-4 drinks	2	2204	16.5
	5-8 drinks	3	338	2.5
	9+ drinks	4	66	0.5
	N Missing		340	
Q45 How often do you have five or more drinks of alcohol on one occasion?				
	Never	1	7087	52.4
	<than month<="" once="" td=""><td>2</td><td>2523</td><td>18.7</td></than>	2	2523	18.7
	About once month	3	1053	7.8
	About once week	4	631	4.7
	>than once week	5	218	1.6
	Non drinker	6	2004	14.8
	N Missing		209	
Q48 How much would you like to weigh?				
	Happy as I am	1	2675	20.1
	1 - 5kg more	2	329	2.5
	Over 5kg more	3	116	0.9
	1 - 5kg less	4	4540	34.1
	6 - 10kg less	5	2903	21.8
	Over 10kg less	6	2751	20.7
	N Missing		457	

ALSWH Data book for the first survey of 1946-51 cohort

Item Description	Categories	Values	Number	%
Q50 What was the reason for your highest weight?				
	Gained purposely	1	60	0.5
	Pregnancy	2	1690	12.7
	Eating/exercise	3	6372	47.9
	Illness	4	783	5.9
	Normal weight	5	759	5.7
	Just happened	6	3630	27.3
	N Missing		441	
Q52 What was the reason for your lowest weight?				
	Lost purposely	1	2897	21.5
	Illness/stress	2	3444	25.6
	Breast feeding	3	521	3.9
	Normal weight	4	5463	40.5
	Just happened	5	1151	8.5
	N Missing		246	
Q53 How often have you gone on a diet to lose weight during the last year?				
	Never	1	7742	56.6
	1 - 4 times	2	4360	31.9
	5 - 10 times	3	345	2.5
	>than 10 times	4	192	1.4
	Always on diet	5	1031	7.5
	N Missing		60	
Q54 When you were a child (say age 10) how would you describe your weight?				
	Very underweight	1	255	1.9
	Underweight	2	1059	7.7
	Slightly underweight	3	1875	13.7
	Average	4	7736	56.5
	Slightly overweight	5	1641	12.0
	Overweight	6	737	5.4
	Very overweight	7	95	0.7
	Don't know	8	290	2.1
	N Missing		31	

Item Description	Categories	Values	Number	%
Q55 How would you describe yourself now?				
	Very underweight	1	73	0.5
	Underweight	2	168	1.2
	Slightly underweight	3	548	4.0
	Average	4	3821	27.9
	Slightly overweight	5	4275	31.3
	Overweight	6	3421	25.0
	Very overweight	7	1326	9.7
	Don't know	8	46	0.3
	N Missing		38	
Q56 Are you trying to lose weight now?				
	Yes	1	6536	47.9
	No	2	7104	52.1
	N Missing		75	
Q57 In the last six months, have you:				
	Lost purposely	1	1952	14.4
	Unintentional	2	645	4.8
	Not lost 5kg	3	10928	80.8
	N Missing		198	
Q58 In the last six months, have you:				
	Gained purposely	1	163	1.2
	Unintentional	2	2915	21.6
	Not gained 5kg	3	10422	77.2
	N Missing		228	
Q59 How often do you eat takeaway food?				
	Never	1	777	5.7
	<than month<="" once="" td=""><td>2</td><td>3976</td><td>29.1</td></than>	2	3976	29.1
	Once a month	3	4119	30.1
	Once a week	4	4219	30.8
	>than once week	5	503	3.7
	Almost everyday	6	82	0.6
	N Missing		39	
Q60 Are you ever afraid to start eating because you think you won't be able to stop?				
	Yes	1	880	6.4
	No	2	12790	93.6
	N Missing		52	

Item Description	Categories	Values	Number	%
Q61a Do you use any of the following to lose weight? Laxatives				
	Yes	1	258	1.9
	No	2	13276	98.1
	N Missing		184	
Q61b Do you use any of the following to lose weight? Something to make you vomit				
	Yes	1	55	0.4
	No	2	13413	99.6
	N Missing		244	
Q61c Do you use any of the following to lose weight? Diuretics (water or fluid pills)				
	Yes	1	412	3.0
	No	2	13120	97.0
	N Missing		172	
Q62 How often do you vomit (throw up) on purpose after eating?				
	Never	1	13274	97.0
	Rarely	2	352	2.6
	<than half="" td="" time<=""><td>3</td><td>24</td><td>0.2</td></than>	3	24	0.2
	Half the time	4	9	0.1
	>than half time	5	8	0.1
	Most of the time	6	4	0.0
	Every time	7	7	0.1
	N Missing		40	
Q63 In a normal week, how many times do you engage in vigorous exercise lasting				
for 20 minutes or more? (exercise which makes you breathe harder or puff and pant, such as netball, squash, jogging, aerobics, vigorous swimming, etc.)	Never	1	8503	62.3
	Once a week	2	2204	16.1
	2,3 times week	3	1924	14.1
	4,5,6 times week	4	680	5.0
	Once every day	5	276	2.0
	>than once a day	6	63	0.5
	N Missing		64	
Q64 In a normal week, how many times do you engage in less vigorous exercise				
which lasts for 20 minutes or more? (exercise which does not make you breathe harder or puff and pant, like walking, gardening, swimming and lawn bowls)	Never	1	2098	15.4
Trained of particular particular manufacturing, gardonning, committing and farm borney	Once a week	2	3416	25.0
	2,3 times week	3	4435	32.5
	4,5,6 times week	4	1894	13.9
	Once every day	5	1288	9.4
	>than once a day	6	520	3.8
	N Missing		70	

ALSWH Data book for the first survey of 1946-51 cohort

Item Description	Categories	Values	Number	%
Q65 In the course of your work (paid or unpaid) how many times in a normal week would your work involve exertion for more than 20 minutes without stopping, that is,				
exertion which makes you breather harder and puff or pant?	Never	1	8432	62.0
	Once a week	2	2074	15.2
	2,3 times week	3	1634	12.0
	4,5,6 times week	4	499	3.7
	Once every day	5	468	3.4
	>than once a day	6	505	3.7
	N Missing		104	
Q66 Which of the following best describes your main current employment status?				
	Full-time paid	1	5090	37.5
	Part-time/casual	2	4282	31.6
	Without pay	3	745	5.5
	Home duties	4	2196	16.2
	Studying	5	135	1.0
	Unemployed	6	257	1.9
	Voluntary work	7	178	1.3
	Retired	8	93	0.7
	Sick/injured	9	370	2.7
	Other	10	217	1.6
	N Missing		173	
Q67 How many hours do you normally spend in all your paid jobs each week?				
	1 - 15 hrs	1	1289	9.6
	16 - 24 hrs	2	1452	10.8
	25 - 34 hrs	3	1664	12.4
	35 - 40 hrs	4	2925	21.8
	41 - 48 hrs	5	1391	10.4
	49 hrs or more	6	730	5.4
	Not in paid work	7	3974	29.6
	N Missing		315	
Q68 Do you normally do paid shift work?				
	Yes	1	1304	9.7
	No	2	8160	60.7
	Not in paid work	3	3974	29.6
	N Missing		307	
	-			

Q69 Do you normally do paid work at night? Yes 1 1279 9.6 No 2 8.05 6.0 No fin paid work 3 3794 20.0 Q70 Is your home your normal ('paid work') work-place? Yes 1 5 5 Q70 Is your home your normal ('paid work') work-place? Yes 1 0 5 2 Q70 Is your home your normal ('paid work') work-place? Yes 1 0 5 2 8740 65.1 2 8740 65.1 2 8740 65.1 2 8740 65.1 2 8740 65.1 2 8740 65.1 2 8740 65.1 2 2 8740 65.1 2 2 8740 65.1 40.7 60.0 2 2 8450 40.7 60.0 2 4 60.7 4 14.0 10.2 4 14.0 10.2 4 14.0 10.2 4 10.2 4 10.2 4 10.2 4	Item Description	Categories	Values	Number	%
No in paid work 3 397 29.8	Q69 Do you normally do paid work at night?				
Not in paid work 3 3974 29.8 Naissing 377 378 Naissing 378 378 Natin paid work 3 3974 29.8 Not in paid work 3 3974 29.8 Not in paid work 3 3974 29.8 Not in paid work 3 3974 29.8 Naissing 3 3974 29.8 Naissing 3 3974 29.8 Few times a week 2 5495 40.7 Once a week 2 5495 40.7 Once a month 4 1446 10.7 Never 5 1114 8.3 Naissing 248 Naissing 248 Naissing 3 398 29.8 Naissing 3 398 398 Naissing 3 3 398 Naissing 3 3 3 3 Naissing 3 3 3 Naissi		Yes	1	1279	9.6
A Missing 37 1 703 5.2 5.2 7		No	2	8095	60.6
Q70 Is your home your normal ('paid work') work-place? Yes 1 703 5.2 No 2 8740 65.1 Not in paid work 3 3970 29.6 Not in paid work 3 3971 29.6 Not in paid work 3 3970 29.0 Per times a work 2 5496 40.7 Pew times a week 2 5496 40.7 Once a week 3 2346 17.4 National 4 1446 10.7 Never 5 1111 83 About the same 2 4567 33.8 1 3531 25.8 25.8 1 1539 351 25.8 2 4567 33.8 25.8 3 351 25.8 25.8 4 1539 351 25.8 5 1111 3593 351 25.8 6 1540 154 25.8 25.8 25.8 25.8 25.8 25.8 25.8 25.8 25.8 </td <td></td> <td>Not in paid work</td> <td>3</td> <td>3974</td> <td>29.8</td>		Not in paid work	3	3974	29.8
Yes 1 703 5.2 No No 1 703 5.2 No No 1 704 5.5 No No No No No No No		N Missing		377	
No	Q70 Is your home your normal ("paid work") work-place?				
Not in paid work 3 3974 29.6		Yes	1	703	5.2
Name		No	2	8740	65.1
Q71 How often do you feel rushed/pressured/too busy? Everyday 1 3092 22.9 4 0nce a week 2 5495 40.7 6 0nce a week 3 2346 17.4 1 0nce a month 4 1446 10.7 Never 5 1114 8.3 N Missing 2 4567 31.8 About the same 2 4567 33.8 Less rushed 3 3551 26.3 N Missing 2 4567 33.8 1 0xith? 2 4567 33.8 2 0x3 2.5 5 4567 33.8 3 0x3 3.551 2.5 2.5 4 0xith? 5 4567 3.3 2.5 5 2xith 6 5 4.0 3.3 3.551 2.5 6 2xith 7 1 3.3 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5		Not in paid work	3	3974	29.6
Everyday 1 3092 22.9		N Missing		321	
Few times a week 2 5495 40.7 (and it is a week) 2 5495 40.7 (and it is a week) 3 2346 17.4 (b.f.) (and it is a week) 3 2346 17.4 (b.f.)	Q71 How often do you feel rushed/pressured/too busy?				
Once a week 3 2346 17.4 1466 10.7 1466 146		Everyday	1	3092	22.9
Note		Few times a week	2	5495	40.7
Never 1114 8.3		Once a week	3	2346	17.4
748 Q72 Compared to five years ago, do you now feel: More rushed 1 5393 39.9 About the same 2 4567 33.8 Less rushed 3 3551 26.3 N Missing 235 235 Everyday 1 332 2.5 Few times a week 2 1256 9.3 Once a week 3 1453 10.7 N Missing 2 125 9.3 N Missing 5 8654 64.0 N Missing 2 125 9.3 Applicable 4 1822 13.5 Happy as it is 1 5051 37.6 Happy as it is 1 5051 37.6 Like to do more 2 1425 10.6 Like to do less 3 3730 27.8 Like to do less 3 3730 27.8 Applicable 4 323 24.1		Once a month	4	1446	10.7
Q72 Compared to five years ago, do you now feel: More rushed 1 5393 39.9 About the same 2 4567 33.8 About the same 3 3551 26.3 N Missing 235 235 Previous often do you feel you have time on your hands that you don't know what to do with? Everyday 1 332 2.5 Few times a week 2 1256 9.3 Once a week 3 1453 10.7 Once a month 4 1822 13.5 Never 5 8654 64.0 Not your life? Time spent: In paid work Happy as it is 1 5051 37.6 Happy as it is 1 5051 37.6 Like to do more 2 1425 10.6 Like to do less 3 3730 27.8 Not applicable 4 3234 24.1		Never	5	1114	8.3
More rushed		N Missing		248	
About the same 2 4567 33.8 Less rushed 3 3551 26.3 N Missing 235 25. Q73 How often do you feel you have time on your hands that you don't know what to do with? Everyday 1 332 2.5 Few times a week 2 1256 9.3 Once a week 3 1453 10.7 Once a month 4 1822 13.5 Never 5 8654 64.0 N Missing 222 Q74a How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In paid work Happy as it is 1 5051 37.6 Like to do more 2 1425 10.6 Like to do less 3 3730 27.8 Not applicable 4 3234 24.1	Q72 Compared to five years ago, do you now feel:				
Less rushed 3 3551 26.3 N Missing 235 27.5 Q73 How often do you feel you have time on your hands that you don't know what to do with? Everyday 1 332 2.5 Few times a week 2 1256 9.3 Once a week 3 1453 10.7 Once a month 4 1822 13.5 Never 5 8654 64.0 N Missing 222 Q74a How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In paid work Happy as it is 1 5051 37.6 Like to do more 2 1425 10.6 Like to do less 3 3730 27.8 Not applicable 4 3234 24.1		More rushed	1	5393	39.9
A73 How often do you feel you have time on your hands that you don't know what to do with? Everyday Everyday Numeria week Nu		About the same	2	4567	33.8
Q73 How often do you feel you have time on your hands that you don't know what to do with? Everyday 1 332 2.5 Few times a week 2 1256 9.3 Once a week 3 1453 10.7 Once a month 4 1822 13.5 Never 5 8654 64.0 N Missing 222 222 Q74a How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In paid work Happy as it is 1 5051 37.6 Like to do more 2 1425 10.6 Like to do less 3 3730 27.8 Not applicable 4 3234 24.1		Less rushed	3	3551	26.3
do with? Everyday 1 332 2.5 Few times a week 2 1256 9.3 Once a week 3 1453 10.7 Once a month 4 1822 13.5 Never 5 8654 64.0 N Missing 222 222 Q74a How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In paid work 1 5051 37.6 Like to do more 2 1425 10.6 Like to do less 3 3730 27.8 Not applicable 4 3234 24.1		N Missing		235	
Everyday 1 332 2.5 Few times a week 2 1256 9.3 Once a week 3 1453 10.7 Once a month 4 1822 13.5 Never 5 8654 64.0 N Missing 222 Q74a How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In paid work Happy as it is 1 5051 37.6 Like to do more 2 1425 10.6 Like to do less 3 3730 27.8 Not applicable 4 3234 24.1					
Once a week 3 1453 10.7 Once a month 4 1822 13.5 Never 5 8654 64.0 N Missing 222 Q74a How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In paid work Happy as it is 1 5051 37.6 Like to do more 2 1425 10.6 Like to do less 3 3730 27.8 Not applicable 4 3234 24.1	do with?	Everyday	1	332	2.5
Once a month 4 1822 13.5 Never 5 8654 64.0 N Missing 222 Q74a How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In paid work Happy as it is 1 5051 37.6 Like to do more 2 1425 10.6 Like to do less 3 3730 27.8 Not applicable 4 3234 24.1		Few times a week	2	1256	9.3
Never 5 8654 64.0		Once a week	3	1453	10.7
Q74a How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In paid work N Missing 222 Happy as it is 1 5051 37.6 Like to do more 2 1425 10.6 Like to do less 3 3730 27.8 Not applicable 4 3234 24.1		Once a month	4	1822	13.5
Q74a How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In paid work Happy as it is Like to do more Like to do less 3 3730 27.8 Not applicable 4 3234 24.1		Never	5	8654	64.0
of your life? Time spent: In paid work Happy as it is Like to do more Like to do less Not applicable 1 5051 37.6 Like to do more 2 1425 10.6 Not applicable 4 3234 24.1		N Missing		222	
Like to do more 2 1425 10.6 Like to do less 3 3730 27.8 Not applicable 4 3234 24.1					
Like to do less 3 3730 27.8 Not applicable 4 3234 24.1	ot your lite? Fime spent: In paid work	Happy as it is	1	5051	37.6
Not applicable 4 3234 24.1		Like to do more	2	1425	10.6
		Like to do less	3	3730	27.8
N Missing 304		Not applicable	4	3234	24.1
		N Missing		304	

Item Description	Categories	Values	Number	%
Q74b How happy are you with the amount of time you spend in the following asp of your life? Time spent: In active leisure (eg sport, art, drama, music)	ects			
or your life? Time spent. In active leisure (eg sport, art, drama, music)	Happy as it is	1	3737	27.9
	Like to do more	2	7187	53.7
	Like to do less	3	45	0.3
	Not applicable	4	2419	18.1
	N Missing		338	
Q74c How happy are you with the amount of time you spend in the following aspect to the property of the proper	ects			
of your life? Time spent: In passive leisure (eg reading, TV, writing letters)	Happy as it is	1	6860	50.9
	Like to do more	2	6102	45.3
	Like to do less	3	262	1.9
	Not applicable	4	249	1.9
	N Missing		258	
Q74d How happy are you with the amount of time you spend in the following asp	ects			
of your life? Time spent: Studying	Happy as it is	1	2226	16.6
	Like to do more	2	2283	17.0
	Like to do less	3	274	2.0
	Not applicable	4	8611	64.3
	N Missing		345	
Q74e How happy are you with the amount of time you spend in the following asp	ects			
of your life? Time spent: Doing voluntary work	Happy as it is	1	3513	26.2
	Like to do more	2	2327	17.4
	Like to do less	3	247	1.8
	Not applicable	4	7317	54.6
	N Missing		322	
Q74f How happy are you with the amount of time you spend in the following aspe	ects			
of your life? Time spent: Religious activities	Happy as it is	1	3867	28.8
	Like to do more	2	1572	11.7
	Like to do less	3	29	0.2
	Not applicable	4	7961	59.3
	N Missing		318	
Q74g How happy are you with the amount of time you spend in the following asp	ects			
of your life? Time spent: Sleeping	Happy as it is	1	8236	61.1
	Like to do more	2	4715	35.0
	Like to do less	3	333	2.5
	Not applicable	4	190	1.4
	N Missing		254	

Item Description	Categories	Values	Number	%
Q74h How happy are you with the amount of time you spend in the following as	pects			
of your life? Time spent: Alone	Happy as it is	1	9000	66.9
	Like to do more	2	2401	17.9
	Like to do less	3	1287	9.6
	Not applicable	4	762	5.7
	N Missing		272	
Q75a Are you happy with your share of the following tasks and activities? Dome	estic			
work (shopping, cooking, cleaning etc)	Happy as it is	1	7600	55.8
	Others do more	2	5128	37.7
	Other arrangement	3	745	5.5
	Not applicable	4	147	1.1
	N Missing		106	
Q75b Are you happy with your share of the following tasks and activities? Child	care			
	Happy as it is	1	3634	27.1
	Others do more	2	438	3.3
	Other arrangement	3	144	1.1
	Not applicable	4	9206	68.6
	N Missing		298	
Q75c Are you happy with your share of the following tasks and activities? Caring	g for			
another adult (who is elderly/disabled/sick)	Happy as it is	1	1827	13.5
	Others do more	2	789	5.9
	Other arrangement	3	272	2.0
	Not applicable	4	10596	78.6
	N Missing		237	
Q75d Are you happy with your share of the following tasks and activities? Other				
nousehold work (gardening, home/car maintenance)	Happy as it is	1	7919	58.5
	Others do more	2	3880	28.7
	Other arrangement	3	884	6.5
	Not applicable	4	846	6.3
	N Missing		182	

Item Description	Categories	Values	Number	%
Q76a What is/was your main occupation and your partner/spouse's main				
occupation? Self	Manager	1	1822	13.9
	Professional	2	2138	16.3
	Paraprofessional	3	1200	9.2
	Trade	4	446	3.4
	Admin. Assist	5	3335	25.4
	Sales/service	6	1965	15.0
	Machine operator	7	403	3.1
	Manual worker	8	1428	10.9
	Never paid work	9	169	1.3
	Other	10	201	1.5
	N Missing		669	
Q76b What is/was your main occupation and your partner/spouse's main				
occupation? Partner/Spouse	No partner	0	1428	11.5
	Manager	1	3724	29.9
	Professional	2	1739	14.0
	Paraprofessional	3	784	6.3
	Trade	4	1750	14.0
	Admin. Assist	5	240	1.9
	Sales/service	6	472	3.8
	Machine operator	7	942	7.6
	Manual worker	8	1143	9.2
	Never paid work	9	26	0.2
	Other	10	212	1.7
	N Missing		1254	
Q77a Who lives with you? No-one, I live alone				
	Yes	1	1103	8.1
	No	2	12448	91.9
	N Missing		156	
Q77b Who lives with you? Partner/spouse				
	Yes	1	10603	80.1
	No	2	2632	19.9
	N Missing		412	
Q77c Who lives with you? Own children				
	Yes	1	8665	64.5
	No	2	4769	35.5
	N Missing		288	

Item Description	Categories	Values	Number	%
Q77d Who lives with you? Someone else's children				
	Yes	1	469	3.6
	No	2	12633	96.4
	N Missing		550	
Q77e Who lives with you? Parents				
	Yes	1	526	4.0
	No	2	12625	96.0
	N Missing		528	
Q77f Who lives with you? Other adult relatives				
	Yes	1	293	2.2
	No	2	12790	97.8
	N Missing		575	
Q77g Who lives with you? Other adults who are not family members				
	Yes	1	381	2.9
	No	2	12730	97.1
	N Missing		537	
Q78a If you have children living with you, how many are: Under 5 years				
	None	0	8585	64.4
	One	1	222	1.7
	Two	2	55	0.4
	Three	3	11	0.1
	Four or more	4	9	0.1
	Live alone	5	1099	8.2
	No children	6	3353	25.1
	N Missing		390	
Q78b If you have children living with you, how many are: 5 - 15 years				
	None	0	5109	38.3
	One	1	2473	18.6
	Two	2	1054	7.9
	Three	3	194	1.5
	Four or more	4	44	0.3
	Live alone	5	1099	8.2
	No children	6	3353	25.2
	N Missing		396	

ALSWH Data book for the first survey of 1946-51 cohort

Item Description	Categories	Values	Number	%
Q78c If you have children living with you, how many are: 16-18 years				
	None	0	5636	42.9
	One	1	2659	20.2
	Two	2	365	2.8
	Three	3	22	0.2
	Four or more	4	5	0.0
	Live alone	5	1099	8.4
	No children	6	3357	25.5
	N Missing		556	
Q78d If you have children living with you, how many are: Over 18 years				
	None	0	3361	25.5
	One	1	3415	26.0
	Two	2	1653	12.6
	Three	3	243	1.9
	Four or more	4	30	0.2
	Live alone	5	1099	8.4
	No children	6	3353	25.5
	N Missing		590	
Q79a Children under 5 years				
	Very satisfied	1	132	1.0
	Satisfied	2	116	0.9
	Dissatisfied	3	29	0.2
	Very Dissatisfied	4	10	0.1
	Not Applicable	5	8578	64.3
	Live alone	6	1099	8.2
	No children	7	3375	25.3
	N Missing		386	
Q79b Children 5 to 15 years				
	Very satisfied	1	961	7.2
	Satisfied	2	1132	8.5
	Dissatisfied	3	273	2.1
	Very Dissatisfied	4	106	0.8
	Not Applicable	5	6356	47.8
	Live alone	6	1099	8.3
	No children	7	3364	25.3
	N Missing		412	

Item Description	Categories	Values	Number	%
Q80 Do you regularly provide care or assistance (eg personal care, transport) to a	ny			
other person because of their long-term illness, disability or frailty?	Yes	1	2728	20.1
	No	2	10821	79.9
	N Missing		176	
Q81 Do you regularly need help with daily tasks because of long-term illness,				
disability or frailty (eg personal care, getting around, preparing meals etc)?	Yes	1	355	2.6
	No	2	13122	97.4
	N Missing		232	
Q82 How satisfied are you with the help you receive for your own personal care?				
	Very satisfied	1	131	1.0
	Satisfied	2	162	1.2
	Dissatisfied	3	47	0.3
	Very dissatisfied	4	18	0.1
	Do not need help	5	13122	97.3
	N Missing		231	
Q83a These questions are about getting on with other people: Has anyone close to	0			
you tried to hurt you or harm you recently?	Yes	1	818	6.0
	No	2	12762	94.0
	N Missing		129	
Q83b These questions are about getting on with other people: Are you sad or lone	ely			
often?	Yes	1	2442	18.0
	No	2	11145	82.0
	N Missing		124	
Q83c These questions are about getting on with other people: Do you feel that				
nobody wants you around?	Yes	1	743	5.5
	No	2	12839	94.5
	N Missing		135	
Q83d These questions are about getting on with other people: Does anyone in you	ır			
family drink a lot of alcohol?	Yes	1	2039	15.0
	No	2	11565	85.0
	N Missing		111	
Q83e These questions are about getting on with other people: Are you afraid of				
anyone in your family?	Yes	1	568	4.2
	No	2	13040	95.8
	N Missing		109	

Item Description	Categories	Values	Number	%
Q83f These questions are about getting on with other people: Do you have enough				
privacy at home?	Yes	1	11264	82.7
	No	2	2353	17.3
	N Missing		91	
Q83g These questions are about getting on with other people: Have you ever been				
in a violent relationship with a partner/spouse?	Yes	1	2108	15.5
	No	2	11503	84.5
	N Missing		106	
Q83h These questions are about getting on with other people: Has anyone close to you called you names or put you down or made you feel bad recently?	Yes	1	2891	21.3
		1		
	No	2	10702	78.7
	N Missing		118	
Q84 Other than members of your family how many persons in your local area do you feel you can depend on or feel very close to?			0.4.50	4= 0
	None	1	2159	15.8
	1-2 people	2	5229	38.3
	>than 2 people	3	6267	45.9
	N Missing		59	
Q85 Does it seem that your family and friends (ie people who are important to you) understand you?				
	Hardly ever	1	491	3.6
	Some of the time	2	3902	28.6
	Most of the time	3	9259	67.8
	N Missing		60	
Q86 Can you talk about your deepest problems with at least some of your family and friends?				
mondo.	Hardly ever	1	1558	11.4
	Some of the time	2	3880	28.4
	Most of the time	3	8213	60.2
	N Missing		59	
Q88 How old were you when you left school?				
	Still at school	1	32	0.2
	Never attended	2	22	0.2
	14 yrs or under	3	1483	10.9
	15-16 yrs	4	7246	53.1
	17-18 yrs	5	3830	28.1
	19 yrs or older	6	1028	7.5
	N Missing		65	

ALSWH Data book for the first survey of 1946-51 cohort

Item Description	Categories	Values	Number	%
Q89 Are you currently attending an educational institution?				
	No	1	12397	91.2
	Part-time	2	1057	7.8
	Full-time	3	135	1.0
	N Missing		116	
Q90 What is the highest qualification you have completed?				
	No formal	1	2294	16.9
	School Cert.	2	4003	29.5
	Higher school ct	3	2369	17.5
	Trade/Apprentice	4	464	3.4
	Certificate/Diploma	5	2207	16.3
	University degree	6	1376	10.1
	Higher degree	7	852	6.3
	N Missing		138	
Q91 Are you of Aboriginal or Torres Strait Islander origin?				
	No	1	13472	99.2
	Aboriginal	2	87	0.6
	Torres Strait Is	3	15	0.1
	N Missing		125	
Q93 If you were not born here, when did you first arrive in Australia with the intentic	on			
of living here for one year or more?	1955 or earlier	1	793	5.9
	1956-1965	2	728	5.4
	1966-1985	3	2037	15.0
	1986-1990	4	346	2.6
	1991 or later	5	148	1.1
	Australian born	6	9487	70.1
	N Missing		185	
Q95 How well do you speak English?				
	Very well	1	707	5.2
	Well	2	435	3.2
	Not well	3	197	1.5
	Not at all	4	25	0.2
	English speaking	5	12187	89.9
	N Missing		153	

Item Description	Categories	Values	Number	%
Q96 What is your present marital status?				
	Married	1	10254	75.2
	De Facto/opposite sex	2	695	5.1
	De Facto/same sex	3	72	0.5
	Separated	4	657	4.8
	Divorced	5	1148	8.4
	Widowed	6	287	2.1
	Single	7	522	3.8
	N Missing		68	
Q97 How do you manage on the income you have available?				
	Impossible	1	355	2.6
	Difficult always	2	1601	11.8
	Difficult sometimes	3	3759	27.6
	Not too bad	4	5711	42.0
	It is easy	5	2185	16.1
	N Missing		86	
Q98a Which of the following best describes your housing situation? Do you live	in:			
	House	1	11656	90.3
	Flat/unit/apartment	2	950	7.4
	Caravan/tent	3	99	0.8
	Other	4	204	1.6
	N Missing		828	
Q98b In whose name is the ownership/ purchasing agreement/ tenancy agreem	ent?			
	Self	1	2502	19.5
	Partner/spouse	2	2221	17.3
	Partner and self	3	7314	57.0
	Parents, family	4	213	1.7
	Self and others	5	112	0.9
	Not applicable	6	173	1.4
	Other	7	299	2.3
	N Missing		902	
Q100a In general, are you satisfied with what you have achieved in your life so t	far in			
he areas of: Work/career/study	Very satisfied	1	2801	20.8
	Satisfied	2	7735	57.5
	Dissatisfied	3	2478	18.4
	Very dissatisfied	4	446	3.3

Item Description	Categories	Values	Number	%
Q100b In general, are you satisfied with what you have achieved in your life so far i	n			
the areas of: Family relationships	Very satisfied	1	5455	40.2
	Satisfied	2	6739	49.6
	Dissatisfied	3	1196	8.8
	Very dissatisfied	4	187	1.4
	N Missing		137	
Q100c In general, are you satisfied with what you have achieved in your life so far i	n			
the areas of: Partner/closest personal relationship	Very satisfied	1	5816	43.2
	Satisfied	2	5055	37.5
	Dissatisfied	3	1879	13.9
	Very dissatisfied	4	721	5.4
	N Missing		235	
Q100d In general, are you satisfied with what you have achieved in your life so far i	n			
the areas of: Friendships	Very satisfied	1	4582	33.8
	Satisfied	2	7764	57.3
	Dissatisfied	3	1049	7.7
	Very dissatisfied	4	165	1.2
	N Missing		155	
Q100e In general, are you satisfied with what you have achieved in your life so far i	n			
the areas of: Social activities	Very satisfied	1	2436	18.0
	Satisfied	2	8397	62.1
	Dissatisfied	3	2307	17.1
	Very dissatisfied	4	380	2.8
	N Missing		186	
Labour Force Participation				
	not in labour force	0	3190	23.5
	labour force employed	1	10116	74.6
	labour force unemployed	2	257	1.9
	N Missing		173	
Payment for work				
	Employed, not paid	0	745	5.5
	Employed, paid	1	9372	69.1
	not in labour force/unemployed	2	3446	25.4
	N Missing		173	

ALSWH Data book for the first survey of 1946-51 cohort

Item Description	Categories	Values	Number	%
Hours worked				
	1-15	1	1263	9.9
	16-24	2	1438	11.3
	25-34	3	1643	12.9
	35-40	4	2902	22.7
	41-48	5	1372	10.7
	49+	6	708	5.5
	not labf/unemp	7	3446	27.0
	N Missing		1268	
Categories based on Hours worked (hrs)				
	Not in Lab Force/Unemployed	0	3446	27.0
	1-34, part time	1	4343	34.0
	35+, full time	2	4982	39.0
	N Missing		1268	
PCS_ABS - Physical health summary score - standardised against the entire				
Australian adult population	Mean		50.35	
	Std Error		0.08	
	N		12862	
	N Missing		852	
MCS_ABS - Mental health summary score - standardised against the entire				
Australian adult population	Mean		47.22	
	Std Error		0.10	
	N		12862	
	N Missing		852	
PCS_US - Physical health summary score - standardised against the entire US adul	t			
population	Mean		49.83	
	Std Error		0.08	
	N		12862	
	N Missing		852	
MCS_US - Mental health summary score - standardised against the entire US adult				
population	Mean		48.46	
	Std Error		0.10	
	N		12862	
	N Missing		852	
	<u> </u>			

Mean 1948.26 Std Error 0.01 N 13713 N Missing 1 1 13714 N Missing 1 1 13715 N Missing 1 1 13715 N Missing 1 1 1 1 1 1 1 1 1	Item Description	Categories	Values	Number	%
Stid Error 0.01 13713	What is your year of birth?				
N 13713 N Missing		Mean		1948.26	
Proportion of Life events 0 to 1 Mean 0.12 Std Error 0.00 N 13685 N Missing 29		Std Error		0.01	
Proportion of Life events 0 to 1 Mean		N		13713	
Mean 0.12 Std Error 0.00 N 13685 N Missing 29 Short listed categorisation of country of birth Australian born 1 9491 70.0 Other English 2 2108 15.6 Speaking Background Europe 3 1151 8.5 Asia 4 585 4.3 Other 5 216 1.6 N Missing 173 Short listed categorisation of language spoken at home		N Missing		1	
Std Error 0.00 N 13685 N Missing 29	Proportion of Life events 0 to 1				
N 13685 N Missing 29 Short listed categorisation of country of birth Australian born 1 9491 70.0 Other English Speaking Background Burope 3 1151 8.5 Asia 4 585 4.3 Other 5 216 1.6 N Missing 173 Short listed categorisation of language spoken at home English, Aust 1 9304 69.1 English, Other 2 2886 21.4 European 3 817 6.1 Asian 4 299 2.2 Other 5 151 1.1 N Missing 267 WHO BMI Groupings Short listed weight, BMI < 1 270 2.0 18.5 Acceptable weight, BMI < 1 270 2.0 18.5 Overweight, 25 <=		Mean		0.12	
N Missing 29		Std Error		0.00	
Short listed categorisation of country of birth Australian born 1 9491 70.0 Other English Speaking Background Europe 3 1151 8.5 Asia 4 585 4.3 Other 5 216 1.6 N Missing 173 Short listed categorisation of language spoken at home English, Aust 1 9304 69.1 English, Other 2 2886 21.4 European 3 817 6.1 Asian 4 299 2.2 Other 5 151 1.1 N Missing 267 WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 18.5 <= BMI < 25 Overweight, 25 <= BMI < 25 Overweight, 25 <= BMI < 2 30.2 17.4		N		13685	
Australian born 1 9491 70.0 Other English Speaking Background Europe 3 1151 8.5 Asia 4 585 4.3 Other 5 216 1.6 N Missing 173 Short listed categorisation of language spoken at home English, Aust 1 9304 69.1 English, Other 2 2886 21.4 European 3 817 6.1 Asian 4 299 2.2 Other 5 151 1.1 N Missing 267 WHO BMI Groupings WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 25 <= 8MI < 25 Overweight, 25 <= 8MI < 25 Overweight, 25 <= BMI < 30 Obese, 30 <= BMI 4 2302 17.4		N Missing		29	
Other English Speaking Background Europe 3 1151 8.5	Short listed categorisation of country of birth				
Speaking Background Europe 3 1151 8.5 Asia		Australian born	1	9491	70.0
Asia 4 585 4.3 Other 5 216 1.6 N Missing 173 Short listed categorisation of language spoken at home English, Aust 1 9304 69.1 English, Other 2 2886 21.4 European 3 817 6.1 Asian 4 299 2.2 Other 5 151 1.1 N Missing 267 WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 18.5 <= BMI < 25 Overweight, 25 <= BMI < 25 Overweight, 25 <= BMI < 30 Obese, 30 <= BMI 4 2302 17.4		Speaking	2	2108	15.6
Other 5 216 1.6 N Missing 173 Short listed categorisation of language spoken at home English, Aust 1 9304 69.1 English, Other 2 2886 21.4 European 3 817 6.1 Asian 4 299 2.2 Other 5 151 1.1 N Missing 267 WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 18.5 <= BMI < 25 Overweight, 25 <= BMI < 25 Overweight, 25 <= BMI < 30 Obese, 30 <= BMI 4 2302 17.4		Europe	3	1151	8.5
N Missing 173		Asia	4	585	4.3
Short listed categorisation of language spoken at home English, Aust 1 9304 69.1 English, Other 2 2886 21.4 European 3 817 6.1 Asian 4 299 2.2 Other 5 151 1.1 N Missing 267 WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 25 <= BMI < 25 Overweight, 25 <= BMI < 30 Obese, 30 <= BMI 4 2302 17.4		Other	5	216	1.6
English, Aust 1 9304 69.1 English, Other 2 2886 21.4 European 3 817 6.1 Asian 4 299 2.2 Other 5 151 1.1 N Missing 267 WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 18.5 <= BMI < 25 Overweight, 25 <= BMI < 30 Obese, 30 <= BMI 4 2302 17.4		N Missing		173	
English, Other 2 2886 21.4 European 3 817 6.1 Asian 4 299 2.2 Other 5 151 1.1 N Missing 267 WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 18.5 <= BMI < 25 Overweight, 25 <= BMI < 30 Obese, 30 <= BMI 4 2302 17.4	Short listed categorisation of language spoken at home				
European 3 817 6.1 Asian 4 299 2.2 Other 5 151 1.1 N Missing 267 WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 18.5 <= BMI < 25 Overweight, 25 <= BMI < 30 Obese, 30 <= BMI 4 2302 17.4		English, Aust	1	9304	69.1
Asian 4 299 2.2 Other 5 151 1.1 N Missing 267 WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 18.5 <= BMI < 25 Overweight, 25 <= BMI < 30 Obese, 30 <= BMI 4 2302 17.4		English, Other	2	2886	21.4
Other 5 151 1.1 N Missing 267 WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 2 6936 52.4 18.5 <= BMI < 25 Overweight, 25 <= BMI < 30 Obese, 30 <= BMI 4 2302 17.4		European	3	817	6.1
WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 18.5 <= BMI < 25 Overweight, 25 <= 3 3725 28.1 BMI < 30 Obese, 30 <= BMI 4 2302 17.4		Asian	4	299	2.2
WHO BMI Groupings Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 2 6936 52.4 18.5 <= BMI < 25 Overweight, 25 <= 3 3725 28.1 BMI < 30 Obese, 30 <= BMI 4 2302 17.4		Other	5	151	1.1
Underweight, BMI < 1 270 2.0 18.5 Acceptable weight, 2 6936 52.4 18.5 <= BMI < 25 Overweight, 25 <= 3 3725 28.1 BMI < 30 Obese, 30 <= BMI 4 2302 17.4		N Missing		267	
18.5 Acceptable weight, 2 6936 52.4 18.5 <= BMI < 25 Overweight, 25 <= 3 3725 28.1 BMI < 30 Obese, 30 <= BMI 4 2302 17.4	WHO BMI Groupings				
18.5 <= BMI < 25 Overweight, 25 <= 3 3725 28.1 BMI < 30 Obese, 30 <= BMI 4 2302 17.4			1	270	2.0
BMI < 30 Obese, 30 <= BMI			2	6936	52.4
		Overweight, 25 <= BMI < 30	3	3725	28.1
N Missing 526		Obese, 30 <= BMI	4	2302	17.4
		N Missing		526	

Item Description	Categories	Values	Number	%
How much do you weigh without clothes or shoes?				
	Mean		68.02	
	Std Error		0.12	
	N		13278	
	N Missing		436	
Body Mass Index (BMI)				
	Mean		25.70	
	Std Error		0.04	
	N		13176	
	N Missing		538	
How tall are you without shoes?				
	Mean		162.68	
	Std Error		0.06	
	N		13598	
	N Missing		116	
Menopausal Status (New in 2008)				
	Hysterectomy only	1	2235	16.3
	Oopherectomy only	2	88	0.6
	Hysterectomy and oopherectomy	3	750	5.5
	HRT use	4	1262	9.2
	OCP use	5	791	5.8
	Pre-menopausal	6	4667	34.0
	Peri-menopausal	7	3080	22.
	Post-menopausal	8	807	5.9
	Unclassifiable	9	34	0.2
	N Missing		5	
Menopausal Status Grouped (New in 2008)				
	Surgical menopause	1	3073	22.
	HRT use	2	1262	9.2
	OCP use	3	791	5.8
	Pre-menopausal	4	4667	34.
	Peri-menopausal	5	3080	22.
	Post-menopausal	6	807	5.9
	N Missing		41	

Mean 0.80 Std Error 0.01 N 13593 N Missing 121 Highly accessible 1 11385 83.5 Accessible 1 11385 83.5 Accessible 1 11385 83.5 Accessible 2 1503 11.1 Moderately 3 468 3.4 accessible 2 1503 11.1 Moderately 3 468 3.4 accessible 4 173 1.3 Very Remote 5 65 0.5 N Missing 121 Urban Index of Relative Socio-Economic Advantage Mean 1023.00 Std Error 1.03 N 10553 N Missing 3161 Rural Index of Relative Socio-Economic Advantage Mean 1041.50 Std Error 1.84 N 3112 N Missing 10602 Index of Relative Socio-Economic Disadvantage Mean 1041.50 Std Error 1.84 N 3112 N Missing 10602 Index of Relative Socio-Economic Disadvantage Mean 1041.50 Std Error 1.84 N 3112 N Missing 10602 Index of Relative Socio-Economic Disadvantage Mean 1041.50 Std Error 0.80 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.80 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N Missing 49 Index of Economic Resources Near N Missing 49 Index of Economic Resources Near N Missing 49 Index of Economic Resources Near N Missing 49 Index of Economic Resources N Mean 1030.67 N Missing 49 Index of Economic Resources N Mean 1030.67 N Missing 49 Index of Economic Resources N Mean 1030.67 N Missing 49 Index of Economic Resources N Mean 1030.67 N Missing 49 Index of Economic Resources N Mean 1030.67 N Missing 49 Index of Economic Resources N Mean 1030.67 N Missing 49 Index of Economic Resources N Mean 1030.67 N Missing 49 Index of Economic Resources N Mean 1030.67 N Missing 49 Index of Economic Resources N Mean 1030.67 N Missing 49 Index of Economic Resources N Missing 10 Index Occupants N Missing 10 Index Occupants N Missing 10 Index	Item Description	Categories	Values	Number	%
Std Error 0.01 N	Accessibility/remoteness Index of Australia ARIA				
N 13593 N Missing 121		Mean		0.80	
Highly accessible		Std Error		0.01	
Highly accessible 1 11385 83.8 Accessible 2 1503 11.1 Moderately 3 468 3.4 accessible Remote 4 173 1.3 Very Remote 5 65 0.5 N Missing 121 Urban Index of Relative Socio-Economic Advantage Mean 1023.00 Std Error 1.03 N 10553 N Missing 3161 Rural Index of Relative Socio-Economic Advantage Mean 1041.50 Std Error 1.84 N 3112 N Missing 3161 N 3112 N Missing 10602 Index of Relative Socio-Economic Disadvantage Mean 1041.50 Std Error 1.84 N 3112 N Missing 10602 Index of Relative Socio-Economic Disadvantage Mean 1021.24 Std Error 0.80 N 13665 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1055.64 Std Error 0.85 N Missing 49 Index of Education and Occupation		N		13593	
Accessible 2 1503 11.1 Moderately 3 468 3.4 Remote 4 173 1.3 Very Remote 5 65 0.5 N Missing 121 Urban Index of Relative Socio-Economic Advantage Mean 1023.00 Std Error 1.03 N 10553 N Missing 3161 Rural Index of Relative Socio-Economic Advantage Mean 1041.50 Std Error 1.84 N 3112 N Missing 10602 Index of Relative Socio-Economic Disadvantage Mean 1041.50 Std Error 1.84 N 3112 N Missing 10602 Index of Relative Socio-Economic Disadvantage Mean 1021.24 Std Error 0.80 N 13665 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N Missing 49 Index of Education and Occupation		N Missing		121	
Moderately accessible Remote 4 173 1.3 1.3 Very Remote 5 6.5 0.5 N Missing 121 Virban Index of Relative Socio-Economic Advantage Mean 1023.00 Std Error 1.03 N Missing 3161 N Missing 3162 N Missing 3166		Highly accessible	1	11385	83.8
Remote		Accessible	2	1503	11.1
Very Remote 5 65 0.5 N Missing 121		Moderately accessible	3	468	3.4
N Missing 121		Remote	4	173	1.3
Urban Index of Relative Socio-Economic Advantage Mean 1023.00 Std Error 1.03 N 10553 N Missing 3161 Rural Index of Relative Socio-Economic Advantage Mean 1041.50 Std Error 1.84 N 3112 N Missing 10602 Index of Relative Socio-Economic Disadvantage Mean 1021.24 Std Error 0.80 N 13665 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N 13665 N 13		Very Remote	5	65	0.5
Mean 1023.00 Std Error 1.03 N 10553 N Missing 3161 Rural Index of Relative Socio-Economic Advantage Mean 1041.50 Std Error 1.84 N 3112 N Missing 10602 Index of Relative Socio-Economic Disadvantage Mean 1021.24 Std Error 0.80 N 13665 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N 13665		N Missing		121	
Std Error 1.03 N 10553 N Missing 3161 N 10553 N Missing 3161 N Missing 1041.50 Std Error 1.84 N 3112 N Missing 10602 N Missing 10602 N Missing 10602 N Missing N N 13665 N Missing N N N 13665 N Missing N N N N N N N N N	Urban Index of Relative Socio-Economic Advantage				
N 10553 N Missing 3161		Mean		1023.00	
Rural Index of Relative Socio-Economic Advantage Mean 1041.50 Std Error 1.84 N 3112 N Missing 10602 Index of Relative Socio-Economic Disadvantage Mean 1021.24 Std Error 0.80 N 13665 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N 13665 N N N N N N N N N		Std Error		1.03	
Rural Index of Relative Socio-Economic Advantage		N		10553	
Mean 1041.50 Std Error 1.84 N 3112 N Missing 10602 Index of Relative Socio-Economic Disadvantage Mean 1021.24 Std Error 0.80 N 13665 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation		N Missing		3161	
Std Error 1.84 N 3112 N Missing 10602 N Missing 10602 N Missing 1021.24 Std Error 0.80 N 13665 N Missing 49 N Missing N M	Rural Index of Relative Socio-Economic Advantage				
N 3112 N Missing 10602 N Missing 10602 N Missing 10602 N Missing 10602 N Missing 1021.24 Std Error 0.80 N 13665 N Missing 49 N Missing 49 N Missing N Miss		Mean		1041.50	
Index of Relative Socio-Economic Disadvantage Mean 1021.24 Std Error 0.80 N 13665 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N Missing 49		Std Error		1.84	
Index of Relative Socio-Economic Disadvantage Mean 1021.24 Std Error 0.80 N 13665 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N Missing 49		N		3112	
Mean 1021.24 Std Error 0.80 N 13665 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N Missing 49		N Missing		10602	
Std Error 0.80 N 13665 N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N Missing 1015.64 N Mean 1015.64 N Mean 1015.64 N Mean 1015.64	Index of Relative Socio-Economic Disadvantage				
N Missing 49 Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N Missing 1015.64 N Mean 1015.64 N Mean 1015.64 N Mean 1015.64		Mean		1021.24	
Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N 13665		Std Error		0.80	
Index of Economic Resources Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N 13665		N		13665	
Mean 1030.67 Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N 13665		N Missing		49	
Std Error 0.87 N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N 13665	Index of Economic Resources				
N 13665 N Missing 49 Index of Education and Occupation Mean 1015.64 Std Error 0.85 N 13665		Mean		1030.67	
Index of Education and Occupation Mean 1015.64 Std Error 0.85 N 13665		Std Error		0.87	
Index of Education and Occupation Mean 1015.64 Std Error 0.85 N 13665		N		13665	
Mean 1015.64 Std Error 0.85 N 13665		N Missing		49	
Std Error 0.85 N 13665	Index of Education and Occupation				
N 13665		Mean		1015.64	
		Std Error		0.85	
N Missing 49		N		13665	
		N Missing		49	

ALSWH Data book for the first survey of 1946-51 cohort

Item Description	Categories	Values	Number	%
GISCA - Rural, remote and metropolitan area - area classification, allocated by				
postcode (grrma)	0	0	2	0.0
	1	1	8714	63.5
	2	2	1098	8.0
	3	3	821	6.0
	4	4	879	6.4
	5	5	1850	13.5
	6	6	158	1.2
	7	7	192	1.4
	N Missing		3	
Type of survey completed (full or short phone). Note: useful variable indicating response when merging data sets across waves.	1	1	13719	100.0
Age at time survey returned				
	Mean		47.60	
	Std Error		0.01	
	N		13713	
	N Missing		1	
Accessibility/remoteness Index of Australia Grouped into 5 Categories ARIA+				
	Major cities of Australia	1	9290	67.7
	Inner regional Australia	2	2753	20.1
	Outer regional Australia	3	1390	10.1
	Remote Australia	4	220	1.6
	Very Remote Australia	5	62	0.4
	Overseas	6	4	0.0
	N Missing		1	
Smoking status - smokst				
	Never-smoker	1	7067	53.2
	Ex-smoker	2	3819	28.7
	Smoker <10 c/d	3	448	3.4
	Smoker 10-19 c/d	4	607	4.6
	Smoker $>$ = 20 c/d	5	1339	10.1
	Smoker indeterminate	6	13	0.1
	N Missing		446	

Item Description	Categories	Values	Number	%
Alcohol status- NHMRC (AlcNHMRC)				
	Low risk drinker	1	6722	49.5
	Non-drinker	2	2004	14.7
	Rarely drinks	3	4155	30.6
	Risky drinker	4	589	4.3
	High risk drinker	5	119	0.9
	N Missing		131	
Alcohol pattern (AlcPAtt)				
	Low risk drinker, >=5 drinks <weekly< td=""><td>1</td><td>10341</td><td>76.7</td></weekly<>	1	10341	76.7
	Non-drinker	2	2004	14.9
	Low risk drinker, >=5 drinks weekly	3	438	3.2
	Risky/high risk drinker	4	709	5.3
	N Missing		237	
Are you currently pregnant? (m1preg)				
	Never been pregnant	0	813	6.0
	Has been pregnant	1	12732	94.0
	N Missing		158	
BP - Bodily Pain Subscale				
	Mean		70.65	
	Std Error		0.21	
	N		13576	
	N Missing		138	
GH - General Health Subscale				
	Mean		71.92	
	Std Error		0.18	
	N		13208	
	N Missing		506	
MH - Mental Health Subscale				
	Mean		72.22	
	Std Error		0.15	
	N		13591	
	N Missing		123	

Item Description	Categories	Values Number	%
PF - Physical Functioning Subscale			
	Mean	85.12	
	Std Error	0.16	
	N	13432	
	N Missing	282	
RE - Role Emotional Scale			
	Mean	77.07	
	Std Error	0.31	
	N	13461	
	N Missing	253	
RP - Role Physical Scale			
	Mean	79.68	
	Std Error	0.30	
	N	13489	
	N Missing	225	
SF - Social Functioning Scale			
	Mean	81.52	
	Std Error	0.20	
	N	13709	
	N Missing	5	
VT - Vitality Index Scale			
	Mean	58.15	
	Std Error	0.18	
	N	13599	
	N Missing	115	
MCSWHA - Mental health summary score - standardised to the WHA popul	lation		
	Mean	50.15	
	Std Error	0.09	
	N	12862	
	N Missing	852	
PCSWHA - Physical health summary score - standardised to the WHA pop	pulation		
	Mean	50.04	
	Std Error	0.09	
	N	12862	
	N Missing	852	

ALSWH Data book for the first survey of 1946-51 cohort

Item Description	Categories	Values	Number	%
State participant resides in at the completion of each survey				
	NSW	1	4156	30.3
	Vic	2	3361	24.5
	Qld	3	2618	19.1
	SA	4	1233	9.0
	WA	5	1444	10.5
	Tas	6	401	2.9
	NT	7	168	1.2
	ACT	8	336	2.5
What is the least you have ever weighed (since you were 18 years old)?				
	Mean		53.66	
	Std Error		0.08	
	N		13249	
	N Missing		465	
What is the most you have ever weighed? Do not include during pregnancies	S.			
	Mean		72.79	
	Std Error		0.14	
	N		13134	
	N Missing		580	
Exercise status used in Survey 1 only. Continuous				
	Mean		13.12	
	Std Error		0.10	
	N		13607	
	N Missing		107	
GP satisfaction score (gpstfy)				
	Mean		4.00	
	Std Error		0.01	
	N		13577	
	N Missing		137	
Mean of Multi-item summed score for perceived stress. From 0 to 4. Higher	_			
means more stressed.	Mean		0.71	
	Std Error		0.00	
	N		13628	
	N Missing		86	

Item Description	Categories	Values	Number	%
Life satisfaction score				
	Mean		3.12	
	Std Error		0.00	
	N		13569	
	N Missing		145	
Type of population the participant resided in at the time of selection - 1st April 199	96			
	Urban	1	9613	70.7
	Rural	2	3568	26.2
	Remote	3	420	3.1
	N Missing		115	
State the participant resided in at the time of selection - 1st April 1996				
	NSW	1	4118	30.3
	Vic	2	3341	24.6
	Qld	3	2592	19.1
	SA	4	1228	9.0
	WA	5	1419	10.4
	Tas	6	405	3.0
	NT	7	179	1.3
	ACT	8	321	2.4
	N Missing		115	
Age group at time of selection - 1st April 1996				
	Mid	2	13719	100.0
Age at time of survey returned in years				
	Mean		47.15	
	Std Error		0.01	
	N		13713	
	N Missing		1	
Raw value of m1q46cm				
	Mean		163.08	
	Std Error		0.13	
	N		2898	
	N Missing		10816	
Raw value of m1q47st				
	Mean		10.23	
	Std Error		0.03	
	N		4817	
	N Missing		8897	

Item Description	Categories	Values Number	%
Raw value of m1q47lb			
	Mean	3.92	
	Std Error	0.06	
	N	4817	
	N Missing	8897	
Raw value of m1q47kg			
	Mean	68.79	
	Std Error	0.16	
	N	8470	
	N Missing	5244	
Raw value of m1q46in			
	Mean	4.44	
	Std Error	0.03	
	N	10414	
	N Missing	3300	
Raw value of m1q46ft			
	Mean	4.98	
	Std Error	0.00	
	N	10414	
	N Missing	3300	