

women's  
health  
*a u s t r a l i a*

the australian longitudinal  
study on women's health

data book

*for the baseline survey of the 1921-26 cohort  
1996 (when they were aged 70-75 years)*

september 1997 (2nd edition)



**Data book for the first survey of the 1921-1926 cohort (aged 70-75 years)**

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**Notes**

During 1996, 12,432 valid surveys were returned by members of the ALSWH 1921-26 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (<http://www.alwsh.org.au/>). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

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**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q1 In general, would you say your health is:				
	Excellent	1	776	6.4
	Very good	2	3158	26.3
	Good	3	4737	39.4
	Fair	4	2837	23.6
	Poor	5	523	4.3
	N Missing		390	
Q2 Compared to one year ago, how would you rate your health in general now				
	Much better	1	707	5.9
	Somewhat better	2	1110	9.2
	About the same	3	8283	68.9
	Somewhat worse	4	1646	13.7
	Much worse	5	269	2.2
	N Missing		407	
Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports				
	Limited a lot	1	7409	66.3
	Limited a little	2	3134	28.0
	Not limited	3	637	5.7
	N Missing		1290	
Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf				
	Limited a lot	1	2160	18.5
	Limited a little	2	4590	39.4
	Not limited	3	4896	42.0
	N Missing		803	
Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries				
	Limited a lot	1	1896	16.3
	Limited a little	2	4647	40.0
	Not limited	3	5089	43.7
	N Missing		843	
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs				
	Limited a lot	1	3847	33.5
	Limited a little	2	4692	40.9
	Not limited	3	2943	25.6
	N Missing		991	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q3e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	1	1502	13.1
	Limited a little	2	3504	30.5
	Not limited	3	6478	56.4
	N Missing		979	
Q3f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	1	2639	22.6
	Limited a little	2	5098	43.7
	Not limited	3	3935	33.7
	N Missing		767	
Q3g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	1	3045	26.2
	Limited a little	2	3352	28.9
	Not limited	3	5208	44.9
	N Missing		840	
Q3h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre	Limited a lot	1	1630	14.1
	Limited a little	2	2353	20.4
	Not limited	3	7539	65.4
	N Missing		931	
Q3i The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres	Limited a lot	1	823	7.1
	Limited a little	2	1779	15.4
	Not limited	3	8930	77.4
	N Missing		917	
Q3j The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	1	413	3.5
	Limited a little	2	1080	9.2
	Not limited	3	10254	87.3
	N Missing		700	
Q4a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities	Yes	1	3863	32.6
	No	2	7987	67.4
	N Missing		590	
Q4b During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like	Yes	1	5759	49.0
	No	2	5998	51.0
	N Missing		690	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities	Yes	1	4902	42.0
	No	2	6766	58.0
	N Missing		778	
Q4d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	Yes	1	5136	43.7
	No	2	6604	56.3
	N Missing		712	
Q5a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities	Yes	1	2359	20.0
	No	2	9418	80.0
	N Missing		678	
Q5b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like	Yes	1	3571	30.6
	No	2	8090	69.4
	N Missing		800	
Q5c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual	Yes	1	2519	21.6
	No	2	9129	78.4
	N Missing		813	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	1	7381	61.5
	Slightly	2	2090	17.4
	Moderately	3	1225	10.2
	Quite a bit	4	988	8.2
	Extremely	5	321	2.7
	N Missing		434	
Q7 How much bodily pain have you had during the past four weeks?	No bodily pain	1	2729	22.6
	Very mild	2	2535	21.0
	Mild	3	2175	18.0
	Moderate	4	3163	26.2
	Severe	5	1199	9.9
	Very severe	6	249	2.1
	N Missing		379	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q8 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	Not at all	1	5501	45.8
	A little bit	2	2823	23.5
	Moderately	3	2017	16.8
	Quite a bit	4	1374	11.4
	Extremely	5	305	2.5
	N Missing		408	
Q9a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	709	6.0
	Most of the time	2	3739	31.7
	Bit of the time	3	2385	20.2
	Some of time	4	2832	24.0
	Little of time	5	1353	11.5
	None of time	6	774	6.6
	N Missing		681	
Q9b For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person	All the time	1	238	2.0
	Most of the time	2	405	3.5
	Bit of the time	3	591	5.1
	Some of time	4	2018	17.3
	Little of time	5	3027	26.0
	None of time	6	5370	46.1
	N Missing		837	
Q9c For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up	All the time	1	102	0.9
	Most of the time	2	197	1.7
	Bit of the time	3	331	2.8
	Some of time	4	1292	10.8
	Little of time	5	2150	18.0
	None of time	6	7866	65.9
	N Missing		535	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt calm and peaceful	All the time	1	1409	11.8
	Most of the time	2	4698	39.4
	Bit of the time	3	2024	17.0
	Some of time	4	2131	17.9
	Little of time	5	1005	8.4
	None of time	6	668	5.6
	N Missing		538	
Q9e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you have a lot of energy	All the time	1	649	5.4
	Most of the time	2	3187	26.5
	Bit of the time	3	2392	19.9
	Some of time	4	2899	24.1
	Little of time	5	1739	14.5
	None of time	6	1149	9.6
	N Missing		448	
Q9f For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt down	All the time	1	122	1.0
	Most of the time	2	251	2.1
	Bit of the time	3	518	4.3
	Some of time	4	2595	21.7
	Little of time	5	3905	32.7
	None of time	6	4565	38.2
	N Missing		518	
Q9g For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel worn out	All the time	1	285	2.4
	Most of the time	2	510	4.3
	Bit of the time	3	941	7.9
	Some of time	4	3307	27.6
	Little of time	5	3970	33.1
	None of time	6	2970	24.8
	N Missing		488	



**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a happy person	All the time	1	2485	20.6
	Most of the time	2	5996	49.6
	Bit of the time	3	1609	13.3
	Some of time	4	1237	10.2
	Little of time	5	411	3.4
	None of time	6	351	2.9
	N Missing		363	
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel tired	All the time	1	474	3.9
	Most of the time	2	863	7.1
	Bit of the time	3	1468	12.1
	Some of time	4	4742	39.2
	Little of time	5	3624	29.9
	None of time	6	931	7.7
	N Missing		351	
Q10 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?	All the time	1	395	3.2
	Most of the time	2	723	5.9
	Some of the time	3	1945	15.8
	Little of time	4	1932	15.7
	None of time	5	7300	59.4
	N Missing		136	
Q11a How true or false is each of the following statements for you? I seem to get sick a little easier than other people	Definitely true	1	339	2.9
	Mostly true	2	698	5.9
	Don't know	3	1525	13.0
	Mostly false	4	1851	15.8
	Definitely false	5	7330	62.4
	N Missing		719	
Q11b How true or false is each of the following statements for you? I am as healthy as anybody I know	Definitely true	1	3408	28.5
	Mostly true	2	4719	39.5
	Don't know	3	1753	14.7
	Mostly false	4	918	7.7
	Definitely false	5	1143	9.6
	N Missing		518	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q11c How true or false is each of the following statements for you? I expect my health to get worse	Definitely true	1	930	7.9
	Mostly true	2	1710	14.6
	Don't know	3	4751	40.5
	Mostly false	4	1276	10.9
	Definitely false	5	3079	26.2
	N Missing		712	
Q11d How true or false is each of the following statements for you? My health is excellent	Definitely true	1	1877	16.0
	Mostly true	2	5848	49.7
	Don't know	3	875	7.4
	Mostly false	4	1545	13.1
	Definitely false	5	1610	13.7
	N Missing		690	
Q12a This question is about health care Have you been admitted to hospital in the last 12 months?	Yes	1	2861	23.2
	No	2	9463	76.8
	N Missing		100	
Q12b This question is about health care Do you have private hospital insurance?	Yes	1	5744	46.9
	No	2	6514	53.1
	N Missing		180	
Q12c This question is about health care Do you have private health insurance for ancillary services (eg dental, physiotherapy etc)?	Yes	1	3778	30.9
	No	2	8452	69.1
	N Missing		206	
Q13 Are you on a hospital waiting list for surgery?	Yes	1	378	3.1
	No	2	11953	96.9
	N Missing		100	
Q14a Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The convenience of the location of the surgery	Excellent	1	4698	38.7
	Very good	2	3871	31.9
	Good	3	2509	20.6
	Fair	4	891	7.3
	Poor	5	184	1.5
	N Missing		278	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q14b Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The length of time you waited in the waiting room	Excellent	1	1927	16.0
	Very good	2	4117	34.1
	Good	3	3496	29.0
	Fair	4	2160	17.9
	Poor	5	376	3.1
	N Missing		335	
Q14c Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The personal manner (courtesy, respect, sensitivity, friendliness) of the doctor	Excellent	1	7420	60.7
	Very good	2	3290	26.9
	Good	3	1247	10.2
	Fair	4	234	1.9
	Poor	5	38	0.3
	N Missing		197	
Q14d Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The doctor's explanation of your problem and treatment	Excellent	1	5699	46.8
	Very good	2	4055	33.3
	Good	3	1776	14.6
	Fair	4	564	4.6
	Poor	5	95	0.8
	N Missing		240	
Q14e Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The doctor's interest in how you felt about having the tests or treatment	Excellent	1	5395	44.7
	Very good	2	4045	33.5
	Good	3	1975	16.4
	Fair	4	559	4.6
	Poor	5	101	0.8
	N Missing		366	
Q14f Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? Your opportunity to ask all the questions you wanted to	Excellent	1	5938	48.7
	Very good	2	3837	31.5
	Good	3	1752	14.4
	Fair	4	546	4.5
	Poor	5	111	0.9
	N Missing		253	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q14g Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The amount of time you spent with the doctor	Excellent	1	4240	35.2
	Very good	2	4461	37.0
	Good	3	2492	20.7
	Fair	4	753	6.3
	Poor	5	96	0.8
	N Missing		399	
Q14h Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The cost of your visit	Excellent	1	5245	49.1
	Very good	2	2643	24.8
	Good	3	1828	17.1
	Fair	4	861	8.1
	Poor	5	101	0.9
	N Missing		1754	
Q14i Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The visit overall	Excellent	1	5090	42.8
	Very good	2	4197	35.3
	Good	3	2079	17.5
	Fair	4	474	4.0
	Poor	5	46	0.4
	N Missing		540	
Q15a How many times have you consulted the following people for your own health in the last 12 months? (NOTE: Coded 1-5 in mid2) Family doctor or another general practitioner	None	0	440	3.6
	Once or twice	1	1851	15.2
	Three to four times	2	3188	26.2
	Five to six times	3	2858	23.5
	Seven or more	4	3850	31.6
	N Missing		249	
Q15b How many times have you consulted the following people for your own health in the last 12 months? (NOTE: Coded 1-5 in mid2) A hospital doctor (e.g. in outpatients or casualty)	None	0	9182	78.0
	Once or twice	1	1525	12.9
	Three to four times	2	521	4.4
	Five to six times	3	264	2.2
	Seven or more	4	282	2.4
	N Missing		668	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q15c How many times have you consulted the following people for your own health in the last 12 months? (NOTE: Coded 1-5 in mid2) A specialist doctor	None	0	5478	45.5
	Once or twice	1	3525	29.3
	Three to four times	2	1772	14.7
	Five to six times	3	680	5.6
	Seven or more	4	592	4.9
	N Missing		405	
	Q15d How many times have you consulted the following people for your own health in the last 12 months? (NOTE: Coded 1-5 in mid2) An allied health professional (e.g. optician, dentist, physiotherapist, podiatrist, dietitian, counsellor etc)	None	0	3795
Once or twice		1	4464	36.6
Three to four times		2	1901	15.6
Five to six times		3	962	7.9
Seven or more		4	1071	8.8
N Missing			242	
Q15e How many times have you consulted the following people for your own health in the last 12 months? (NOTE: Coded 1-5 in mid2) An "alternative" health practitioner (e.g. chiropractor, naturopath, acupuncturist, herbalist etc)		None	0	10495
	Once or twice	1	582	4.8
	Three to four times	2	437	3.6
	Five to six times	3	234	1.9
	Seven or more	4	415	3.4
	N Missing		262	
	Q16a Have you ever been told by a doctor that you have: Diabetes (high blood sugar)	Yes	1	1080
No		2	11195	91.2
N Missing			156	
Q16b Have you ever been told by a doctor that you have: Heart disease	Yes	1	2078	17.1
	No	2	10039	82.9
	N Missing		322	
Q16c Have you ever been told by a doctor that you have: Hypertension (high blood pressure)	Yes	1	5825	47.4
	No	2	6455	52.6
	N Missing		143	
Q16d Have you ever been told by a doctor that you have: Stroke	Yes	1	675	5.5
	No	2	11539	94.5
	N Missing		213	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q16e Have you ever been told by a doctor that you have: Thrombosis (a blood clot)	Yes	1	1035	8.5
	No	2	11206	91.5
	N Missing		185	
Q16f Have you ever been told by a doctor that you have: Low iron level	Yes	1	1822	14.9
	No	2	10369	85.1
	N Missing		231	
Q16g Have you ever been told by a doctor that you have: Asthma	Yes	1	1565	12.8
	No	2	10659	87.2
	N Missing		201	
Q16h Have you ever been told by a doctor that you have: Bronchitis/emphysema	Yes	1	2201	18.0
	No	2	9998	82.0
	N Missing		224	
Q16i Have you ever been told by a doctor that you have: Prolapse of vagina, bladder or bowel	Yes	1	2696	22.1
	No	2	9504	77.9
	N Missing		223	
Q16j Have you ever been told by a doctor that you have: Osteoporosis	Yes	1	2548	20.9
	No	2	9628	79.1
	N Missing		264	
Q16k Have you ever been told by a doctor that you have: Breast cancer	Yes	1	615	5.0
	No	2	11608	95.0
	N Missing		207	
Q16l Have you ever been told by a doctor that you have: Cervical cancer	Yes	1	203	1.7
	No	2	12004	98.3
	N Missing		224	
Q16m Have you ever been told by a doctor that you have: Lung cancer	Yes	1	65	0.5
	No	2	12148	99.5
	N Missing		219	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q16n Have you ever been told by a doctor that you have: Bowel cancer	Yes	1	244	2.0
	No	2	11955	98.0
	N Missing		231	
Q16o Have you ever been told by a doctor that you have: Skin cancer	Yes	1	3027	24.8
	No	2	9165	75.2
	N Missing		254	
Q16p Have you ever been told by a doctor that you have: Other major illness (Please specify on line)	Yes	1	3092	30.3
	No	2	7112	69.7
	N Missing		2283	
Q17 In general do you prefer to see a female doctor?	Always	1	1251	10.2
	Certain things	2	2622	21.4
	No	3	2335	19.1
	Don't care	4	6020	49.2
	N Missing		211	
Q18a Have you ever had any of the following operations? Hysterectomy	Yes	1	4152	33.9
	No	2	8094	66.1
	N Missing		178	
Q18b Have you ever had any of the following operations? Both ovaries removed	Yes	1	1999	16.6
	No	2	10079	83.4
	N Missing		362	
Q18c Have you ever had any of the following operations? Repair of prolapsed vagina, bladder or bowel	Yes	1	2303	19.0
	No	2	9829	81.0
	N Missing		290	
Q18d Have you ever had any of the following operations? Cholecystectomy (gall bladder removed)	Yes	1	2056	17.0
	No	2	10019	83.0
	N Missing		344	
Q18e Have you ever had any of the following operations? Other surgery or procedure (Please specify on line)	Yes	1	6173	58.0
	No	2	4463	42.0
	N Missing		1796	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q19a During the past four weeks, how many different types of medication (eg tablets/medicine) have you used which were: Prescribed by a doctor (NOTE: Coded 1-5 in mid2)	None	0	2118	17.2
	One	1	2309	18.7
	Two	2	2420	19.6
	Three	3	2012	16.3
	Four or more	4	3466	28.1
	N Missing			95
Q19b During the past four weeks, how many different types of medication (eg tablets/medicine) have you used which were: Bought without a prescription at the chemist, supermarket or health food shop (NOTE: Coded 1-5 in mid2)	None	0	7818	63.5
	One	1	2500	20.3
	Two	2	1087	8.8
	Three	3	413	3.4
	Four or more	4	489	4.0
	N Missing			112
Q20a During the past four weeks have you taken any medications: For your nerves (eg valium, serapax, ducene etc)	Yes	1	1475	12.0
	No	2	10774	88.0
	N Missing			198
Q20b During the past four weeks have you taken any medications: To help you sleep (eg normison, mogadon etc)	Yes	1	2194	17.9
	No	2	10043	82.1
	N Missing			219
Q20c During the past four weeks have you taken any medications: For any chronic (long-term) illness	Yes	1	4528	37.2
	No	2	7637	62.8
	N Missing			286
Q21 For how many years in total have you ever taken the oral contraceptive pill?	Never used	1	9182	75.0
	<than one year	2	772	6.3
	1 - 4 yrs	3	895	7.3
	5 - 10 yrs	4	869	7.1
	11 - 20 yrs	5	415	3.4
	>than 20 yrs	6	114	0.9
	N Missing			177
Q22 Are you currently on hormone replacement therapy (HRT)?	Yes	1	1449	11.8
	No	2	10824	88.2
	N Missing			160



**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q23 For how many years in total have you ever used hormone replacement therapy?	Never used	1	9369	76.6
	<than one year	2	962	7.9
	1 - 4 yrs	3	921	7.5
	5 - 10 yrs	4	474	3.9
	>than 10 yrs	5	509	4.2
	N Missing		189	
Q24 When did you have your last Pap test?	Never had test	1	2383	19.4
	<than 2 yrs ago	2	3492	28.4
	2-5 yrs ago	3	2559	20.8
	>than 5 yrs ago	4	2712	22.1
	Not sure	5	1145	9.3
	N Missing		133	
Q25 When did you last have a mammogram?	Never had test	1	3859	31.3
	<than 2 yrs ago	2	6275	50.9
	2-5 yrs ago	3	1545	12.5
	>than 5 yrs ago	4	459	3.7
	Not sure	5	186	1.5
	N Missing		100	
Q26a How many times have you: Been pregnant	Never	0	1033	8.6
	Once	1	945	7.8
	Twice	2	2515	20.9
	Three times	3	2660	22.1
	Four or more	4	4903	40.7
	N Missing		380	
Q26b How many times have you: Given birth to a child	Never	0	1109	9.2
	Once	1	1188	9.9
	Twice	2	3047	25.3
	Three times	3	2851	23.7
	Four or more	4	3848	32.0
	N Missing		378	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27Aa In the last 12 months have you had any of the following: Allergies, hayfever, sinusitis	Never	1	6117	51.8
	Rarely	2	1663	14.1
	Sometimes	3	2787	23.6
	Often	4	1240	10.5
	N Missing		631	
Q27Ab In the last 12 months, have you had any of the following: Breathing difficulty	Never	1	7662	65.4
	Rarely	2	1533	13.1
	Sometimes	3	1722	14.7
	Often	4	799	6.8
	N Missing		765	
Q27Ac In the last 12 months, have you had any of the following: Indigestion/heartburn	Never	1	5076	42.9
	Rarely	2	2262	19.1
	Sometimes	3	3019	25.5
	Often	4	1488	12.6
	N Missing		620	
Q27Ad In the last 12 months, have you had any of the following: Chest pain	Never	1	8020	68.0
	Rarely	2	1760	14.9
	Sometimes	3	1656	14.0
	Often	4	362	3.1
	N Missing		657	
Q27Ae In the last 12 months, have you had any of the following: Headaches/migraines	Never	1	4669	39.2
	Rarely	2	3520	29.5
	Sometimes	3	2887	24.2
	Often	4	842	7.1
	N Missing		534	
Q27Af In the last 12 months, have you had any of the following: Constant tiredness	Never	1	4645	39.1
	Rarely	2	2517	21.2
	Sometimes	3	3205	27.0
	Often	4	1505	12.7
	N Missing		578	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27Ag In the last 12 months, have you had any of the following: Stiff or painful joints				
	Never	1	2484	20.7
	Rarely	2	1652	13.8
	Sometimes	3	4073	33.9
	Often	4	3794	31.6
	N Missing		456	
Q27Ah In the last 12 months, have you had any of the following: Back pain				
	Never	1	3431	28.6
	Rarely	2	2102	17.5
	Sometimes	3	3636	30.3
	Often	4	2838	23.6
	N Missing		447	
Q27Ai In the last 12 months, have you had any of the following: A broken bone (fracture)				
	Never	1	10318	87.4
	Rarely	2	1009	8.6
	Sometimes	3	345	2.9
	Often	4	127	1.1
	N Missing		654	
Q27Aj In the last 12 months, have you had any of the following: Urine that burns or stings				
	Never	1	8451	70.7
	Rarely	2	1795	15.0
	Sometimes	3	1401	11.7
	Often	4	313	2.6
	N Missing		485	
Q27Ak In the last 12 months, have you had any of the following: Leaking urine				
	Never	1	7942	66.3
	Rarely	2	1457	12.2
	Sometimes	3	1788	14.9
	Often	4	800	6.7
	N Missing		457	
Q27Al In the last 12 months, have you had any of the following: Constipation				
	Never	1	6403	53.3
	Rarely	2	2395	20.0
	Sometimes	3	2206	18.4
	Often	4	999	8.3
	N Missing		438	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27Am In the last 12 months, have you had any of the following: Haemorrhoids (piles)	Never	1	8210	68.7
	Rarely	2	1670	14.0
	Sometimes	3	1576	13.2
	Often	4	497	4.2
	N Missing		497	
Q27An In the last 12 months, have you had any of the following: Other bowel problems	Never	1	9162	77.4
	Rarely	2	1049	8.9
	Sometimes	3	1077	9.1
	Often	4	548	4.6
	N Missing		618	
Q27Ao In the last 12 months, have you had any of the following: Vaginal discharge or irritation	Never	1	9553	79.9
	Rarely	2	1340	11.2
	Sometimes	3	846	7.1
	Often	4	213	1.8
	N Missing		493	
Q27Ap In the last 12 months, have you had any of the following: Skin problems	Never	1	7068	59.2
	Rarely	2	1797	15.1
	Sometimes	3	2259	18.9
	Often	4	811	6.8
	N Missing		523	
Q27Aq In the last 12 months, have you had any of the following: Eyesight problems	Never	1	4072	34.4
	Rarely	2	2220	18.7
	Sometimes	3	3711	31.3
	Often	4	1850	15.6
	N Missing		603	
Q27Ar In the last 12 months, have you had any of the following: Hearing problems	Never	1	7546	63.2
	Rarely	2	1302	10.9
	Sometimes	3	1716	14.4
	Often	4	1370	11.5
	N Missing		521	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27As In the last 12 months, have you had any of the following: Difficulty sleeping				
	Never	1	4209	34.9
	Rarely	2	2023	16.8
	Sometimes	3	3880	32.2
	Often	4	1937	16.1
	N Missing		398	
Q27At In the last 12 months have you had any of the following: Poor memory				
	Never	1	4615	38.3
	Rarely	2	2618	21.7
	Sometimes	3	3982	33.1
	Often	4	823	6.8
	N Missing		412	
Q27Au In the last 12 months have you had any of the following: Clumsiness				
	Never	1	7241	60.5
	Rarely	2	2844	23.8
	Sometimes	3	1619	13.5
	Often	4	267	2.2
	N Missing		478	
Q27Av In the last 12 months have you had any of the following: Difficulty concentrating				
	Never	1	6023	50.1
	Rarely	2	2930	24.4
	Sometimes	3	2635	21.9
	Often	4	425	3.5
	N Missing		430	
Q27Aw In the last 12 months have you had any of the following: Dizziness, loss of balance				
	Never	1	6498	54.1
	Rarely	2	2565	21.3
	Sometimes	3	2367	19.7
	Often	4	586	4.9
	N Missing		421	
Q27Ba If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Allergies, hayfever, sinusitis				
	Yes	1	2844	25.2
	No	2	409	3.6
	Not applicable	3	8030	71.2
	N Missing		1170	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27Bb If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Breathing difficulty	Yes	1	2317	20.8
	No	2	335	3.0
	Not applicable	3	8500	76.2
	N Missing		1346	
Q27Bc If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Indigestion/heartburn	Yes	1	2766	25.6
	No	2	385	3.6
	Not applicable	3	7675	70.9
	N Missing		1715	
Q27Bd If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Chest pain	Yes	1	2158	19.3
	No	2	312	2.8
	Not applicable	3	8737	78.0
	N Missing		1274	
Q27Be If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Headaches/migraines	Yes	1	2233	20.9
	No	2	458	4.3
	Not applicable	3	7988	74.8
	N Missing		1846	
Q27Bf If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Constant tiredness	Yes	1	1863	17.8
	No	2	659	6.3
	Not applicable	3	7948	75.9
	N Missing		2018	
Q27Bg If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Stiff or painful joints	Yes	1	4648	44.0
	No	2	623	5.9
	Not applicable	3	5304	50.2
	N Missing		1949	
Q27Bh If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Back pain	Yes	1	3896	36.8
	No	2	582	5.5
	Not applicable	3	6105	57.7
	N Missing		1900	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27Bi If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. A broken bone (fracture)	Yes	1	1137	9.9
	No	2	229	2.0
	Not applicable	3	10126	88.1
	N Missing		975	
Q27Bj If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Urine that burns or stings	Yes	1	1942	17.3
	No	2	281	2.5
	Not applicable	3	9023	80.2
	N Missing		1252	
Q27Bk If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Leaking urine	Yes	1	1260	11.2
	No	2	414	3.7
	Not applicable	3	9563	85.1
	N Missing		1242	
Q27Bl If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Constipation	Yes	1	1599	14.6
	No	2	429	3.9
	Not applicable	3	8896	81.4
	N Missing		1569	
Q27Bm If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Haemorrhoids (piles)	Yes	1	1325	11.8
	No	2	330	2.9
	Not applicable	3	9549	85.2
	N Missing		1296	
Q27Bn If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Other bowel problems	Yes	1	1400	12.3
	No	2	301	2.7
	Not applicable	3	9645	85.0
	N Missing		1143	
Q27Bo If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Vaginal discharge or irritation	Yes	1	1136	9.9
	No	2	291	2.5
	Not applicable	3	10002	87.5
	N Missing		1056	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27Bp If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Skin problems	Yes	1	3082	27.6
	No	2	373	3.3
	Not applicable	3	7706	69.0
	N Missing		1338	
Q27Bq If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Eyesight problems	Yes	1	5589	51.9
	No	2	386	3.6
	Not applicable	3	4792	44.5
	N Missing		1719	
Q27Br If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Hearing problems	Yes	1	1846	16.5
	No	2	445	4.0
	Not applicable	3	8888	79.5
	N Missing		1303	
Q27Bs If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Difficulty sleeping	Yes	1	2604	24.4
	No	2	524	4.9
	Not applicable	3	7539	70.7
	N Missing		1818	
Q27Bt If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Poor memory	Yes	1	839	8.0
	No	2	578	5.5
	Not applicable	3	9125	86.6
	N Missing		1971	
Q27Bu If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Clumsiness	Yes	1	545	5.0
	No	2	450	4.1
	Not applicable	3	9991	90.9
	N Missing		1507	
Q27Bv If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Difficulty concentrating	Yes	1	647	6.0
	No	2	519	4.8
	Not applicable	3	9602	89.2
	N Missing		1748	



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<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27Bw If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Dizziness, loss of balance	Yes	1	2294	20.6
	No	2	458	4.1
	Not applicable	3	8384	75.3
	N Missing		1354	
Q28a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health	Not applicable	1	1197	10.0
	Not stressed	2	5077	42.5
	Somewhat stressed	3	3291	27.5
	Moderately stressed	4	1620	13.6
	Very stressed	5	540	4.5
	Extremely stressed	6	231	1.9
	N Missing		487	
Q28b Over the last 12 months, how stressed have you felt about the following areas of your life: Health of other family members	Not applicable	1	1628	13.7
	Not stressed	2	3752	31.6
	Somewhat stressed	3	3317	28.0
	Moderately stressed	4	1650	13.9
	Very stressed	5	979	8.3
	Extremely stressed	6	532	4.5
Q28c Over the last 12 months, how stressed have you felt about the following areas of your life: Living arrangements	Not applicable	1	3177	26.6
	Not stressed	2	7457	62.4
	Somewhat stressed	3	829	6.9
	Moderately stressed	4	291	2.4
	Very stressed	5	112	0.9
	Extremely stressed	6	85	0.7
Q28d Over the last 12 months, how stressed have you felt about the following areas of your life: Money	Not applicable	1	2510	20.9
	Not stressed	2	6486	53.9
	Somewhat stressed	3	1889	15.7
	Moderately stressed	4	772	6.4
	Very stressed	5	221	1.8
	Extremely stressed	6	152	1.3
	N Missing		432	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q28e Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with partner/spouse	Not applicable	1	5495	46.6
	Not stressed	2	4794	40.7
	Somewhat stressed	3	928	7.9
	Moderately stressed	4	298	2.5
	Very stressed	5	154	1.3
	Extremely stressed	6	120	1.0
	N Missing		670	
Q28f Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with children	Not applicable	1	2872	23.9
	Not stressed	2	7322	60.9
	Somewhat stressed	3	1297	10.8
	Moderately stressed	4	312	2.6
	Very stressed	5	140	1.2
	Extremely stressed	6	72	0.6
	N Missing		434	
Q28g Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members	Not applicable	1	2730	22.8
	Not stressed	2	7709	64.2
	Somewhat stressed	3	1103	9.2
	Moderately stressed	4	314	2.6
	Very stressed	5	105	0.9
	Extremely stressed	6	40	0.3
	N Missing		448	
Q28h Over the last 12 months, how stressed have you felt about the following areas of your life: Anything else (Please specify on line)	Not applicable	1	3441	60.1
	Not stressed	2	1487	26.0
	Somewhat stressed	3	211	3.7
	Moderately stressed	4	330	5.8
	Very stressed	5	149	2.6
	Extremely stressed	6	107	1.9
	N Missing		6783	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29a When you feel stressed, do you use any of the following methods to reduce stress? Walking, exercise or working out	None of the time	1	4469	39.8
	Little of time	2	2619	23.3
	Some of the time	3	2633	23.5
	Most of the time	4	1021	9.1
	All of the time	5	481	4.3
	N Missing		1289	
Q29b When you feel stressed, do you use any of the following methods to reduce stress? Music, reading, sleeping, meditation	None of the time	1	2991	26.5
	Little of time	2	2318	20.5
	Some of the time	3	3423	30.3
	Most of the time	4	1825	16.2
	All of the time	5	739	6.5
	N Missing		1214	
Q29c When you feel stressed, do you use any of the following methods to reduce stress? Talking to a good friend	None of the time	1	3342	29.2
	Little of time	2	3122	27.3
	Some of the time	3	3476	30.4
	Most of the time	4	1109	9.7
	All of the time	5	401	3.5
	N Missing		1081	
Q29d When you feel stressed, do you use any of the following methods to reduce stress? Writing, drawing or creative activity	None of the time	1	6432	57.1
	Little of time	2	1755	15.6
	Some of the time	3	1927	17.1
	Most of the time	4	830	7.4
	All of the time	5	329	2.9
	N Missing		1241	
Q29e When you feel stressed, do you use any of the following methods to reduce stress? Wanting to be alone, watching TV	None of the time	1	4850	42.5
	Little of time	2	3101	27.2
	Some of the time	3	2653	23.2
	Most of the time	4	614	5.4
	All of the time	5	195	1.7
	N Missing		1088	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29f When you feel stressed, do you use any of the following methods to reduce stress? (y1: Letting off steam, e.g.) Throwing things, slamming doors	None of the time	1	10717	93.9
	Little of the time	2	509	4.5
	Some of the time	3	162	1.4
	Most of the time	4	16	0.1
	All of the time	5	13	0.1
	N Missing		1100	
Q29g When you feel stressed, do you use any of the following methods to reduce stress? Smoking, using drugs or alcohol	None of the time	1	10274	89.8
	Little of the time	2	599	5.2
	Some of the time	3	341	3.0
	Most of the time	4	125	1.1
	All of the time	5	98	0.9
	N Missing		1076	
Q29h When you feel stressed, do you use any of the following methods to reduce stress? Eating more or less	None of the time	1	6977	60.8
	Little of the time	2	2611	22.8
	Some of the time	3	1499	13.1
	Most of the time	4	302	2.6
	All of the time	5	82	0.7
	N Missing		1045	
Q30a In the last 12 months, have you experienced any of the following events? Major personal illness	Yes	1	1768	14.6
	No	2	10336	85.4
	N Missing		333	
Q30b In the last 12 months, have you experienced any of the following events? Major personal injury	Yes	1	469	3.9
	No	2	11645	96.1
	N Missing		327	
Q30c In the last 12 months, have you experienced any of the following events? Major surgery (not including dental work)	Yes	1	1192	9.9
	No	2	10885	90.1
	N Missing		347	
Q30d In the last 12 months, have you experienced any of the following events? Major decline in health of spouse or partner	Yes	1	2209	18.9
	No	2	9491	81.1
	N Missing		733	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30e In the last 12 months, have you experienced any of the following events? Major decline in health of other close family member or close friend	Yes	1	3515	28.9
	No	2	8639	71.1
	N Missing		279	
Q30f In the last 12 months, have you experienced any of the following events? Starting a new, close personal relationship	Yes	1	246	2.0
	No	2	11934	98.0
	N Missing		252	
Q30g In the last 12 months, have you experienced any of the following events? Break-up of a close personal relationship	Yes	1	304	2.5
	No	2	11880	97.5
	N Missing		247	
Q30h In the last 12 months, have you experienced any of the following events? Major conflict with children	Yes	1	568	4.7
	No	2	11625	95.3
	N Missing		240	
Q30i In the last 12 months, have you experienced any of the following events? Death of spouse or partner	Yes	1	522	4.3
	No	2	11648	95.7
	N Missing		268	
Q30j In the last 12 months, have you experienced any of the following events? Death of child	Yes	1	215	1.8
	No	2	11971	98.2
	N Missing		256	
Q30k In the last 12 months, have you experienced any of the following events? Death of other close family member	Yes	1	1763	14.5
	No	2	10434	85.5
	N Missing		244	
Q30l In the last 12 months, have you experienced any of the following events? Death of close friend	Yes	1	2617	21.5
	No	2	9572	78.5
	N Missing		254	
Q30m In the last 12 months, have you experienced any of the following events? Major personal achievement	Yes	1	1080	8.9
	No	2	11027	91.1
	N Missing		342	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30n In the last 12 months, have you experienced any of the following events? Decreased income	Yes	1	2193	18.0
	No	2	9988	82.0
	N Missing		259	
Q30o In the last 12 months, have you experienced any of the following events? Moving house	Yes	1	784	6.4
	No	2	11430	93.6
	N Missing		235	
Q30p In the last 12 months, have you experienced any of the following events? Natural disaster (fire, flood, drought, earthquake etc) or house fire	Yes	1	231	1.9
	No	2	11980	98.1
	N Missing		231	
Q30q In the last 12 months, have you experienced any of the following events? Major loss or damage to personal property	Yes	1	305	2.5
	No	2	11903	97.5
	N Missing		227	
Q30r In the last 12 months, have you experienced any of the following events? Being robbed	Yes	1	514	4.2
	No	2	11712	95.8
	N Missing		213	
Q30s In the last 12 months, have you experienced any of the following events? Involvement in a serious accident	Yes	1	184	1.5
	No	2	12049	98.5
	N Missing		209	
Q30t In the last 12 months, have you experienced any of the following events? A fall which caused serious injury	Yes	1	633	5.2
	No	2	11593	94.8
	N Missing		215	
Q30u In the last 12 months, have you experienced any of the following events? Being pushed, grabbed, shoved, kicked or hit	Yes	1	144	1.2
	No	2	12092	98.8
	N Missing		205	
Q30v In the last 12 months, have you experienced any of the following events? Being forced to take part in unwanted sexual activity	Yes	1	64	0.5
	No	2	12161	99.5
	N Missing		210	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30w In the last 12 months, have you experienced any of the following events? Legal troubles or involved in a court case	Yes	1	267	2.2
	No	2	11973	97.8
	N Missing		204	
Q30x In the last 12 months, have you experienced any of the following events? Family member/close friend being arrested/in gaol	Yes	1	157	1.3
	No	2	12065	98.7
	N Missing		219	
Q31 How often do you usually drink alcohol?	Non drinker	1	4046	33.8
	Rarely drink	2	3462	28.9
	<than once week	3	886	7.4
	1-2 days	4	969	8.1
	3-4 days	5	730	6.1
	5-6 days	6	527	4.4
	Every day	7	1346	11.3
	N Missing		496	
Q32 On a day when you drink alcohol, how many drinks do you usually have?	Non drinker	0	4046	35.2
	1-2 drinks	1	6675	58.1
	3-4 drinks	2	703	6.1
	5-8 drinks	3	60	0.5
	9+ drinks	4	7	0.1
	N Missing		1007	
Q33 How often do you have five or more drinks of alcohol on one occasion?	Never	1	6702	56.5
	<than once month	2	624	5.3
	About once month	3	284	2.4
	About once week	4	134	1.1
	>than once week	5	70	0.6
	Non drinker	6	4046	34.1
	N Missing		616	
Q34 Which of the following best describes your smoking status now?	Never smoked	1	7213	61.9
	Used to smoke	2	3528	30.3
	Occasionally	3	254	2.2
	Regularly	4	657	5.6
	N Missing		819	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q35 If you used to smoke, how long ago did you give up smoking?				
	1-5 yrs ago	1	408	11.8
	6-10 yrs ago	6	543	15.7
	11-20 yrs ago	11	1144	33.1
	>20 yrs ago	21	1230	35.6
	Last 6 months	77	51	1.5
	6-12 months	88	78	2.2
	N Missing		9048	
Q36 If you used to smoke, how many cigarettes did you usually smoke in a day?				
	Mean		14.70	
	Std Error		0.20	
	N		3283	
	N Missing		9149	
Q37 If you now smoke, how many cigarettes do you usually smoke in a day?				
	Mean		15.79	
	Std Error		0.33	
	N		880	
	N Missing		11552	
Q38 At what age did you start smoking?				
	Mean		22.11	
	Std Error		0.12	
	N		4214	
	N Missing		8218	
Q39 Have you ever smoked daily for six months or more?				
	Yes	1	3642	31.3
	No	2	766	6.6
	Never smoked	3	7213	62.1
	N Missing		851	
Q42 How much would you like to weigh?				
	Happy as I am	1	5525	45.5
	1 - 5 kg more	2	447	3.7
	Over 5 kg more	3	124	1.0
	1 - 5kg less	4	3710	30.6
	6 - 10kg less	5	1545	12.7
	Over 10kg less	6	788	6.5
	N Missing		284	



**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q43 How often have you gone on a diet to lose weight during the last year?	Never	1	9739	79.3
	1 - 4 times	2	1749	14.2
	5 - 10 times	3	91	0.7
	>than 10 times	4	60	0.5
	Always on diet	5	647	5.3
	N Missing		138	
Q44 Are you trying to lose weight now?	Yes	1	3319	27.0
	No	2	8970	73.0
	N Missing		157	
Q45 In the last six months, have you:	Lost purposely	1	972	8.6
	Unintentional	2	683	6.0
	Not lost 5kg	3	9674	85.4
	N Missing		1168	
Q46 In the last six months, have you:	Gained purposely	1	347	3.1
	Unintentional	2	1154	10.2
	Not gained 5kg	3	9854	86.8
	N Missing		1127	
Q47 In a normal week, how many times do you engage in vigorous exercise lasting for 20 minutes or more? (exercise which makes you breathe harder or puff and pant, such as netball, squash, jogging, aerobics, vigorous swimming, etc.)	Never	1	9656	79.7
	Once a week	2	996	8.2
	2,3 times week	3	860	7.1
	4,5,6 times week	4	232	1.9
	Once every day	5	297	2.5
	>than once a day	6	68	0.6
	N Missing		337	
Q48 In a normal week, how many times do you engage in less vigorous exercise which lasts for 20 minutes or more? (exercise which does not make you breathe harder or puff and pant, like walking, gardening, swimming and lawn bowls)	Never	1	2448	20.1
	Once a week	2	1666	13.7
	2,3 times week	3	3744	30.7
	4,5,6 times week	4	1904	15.6
	Once every day	5	1826	15.0
	>than once a day	6	589	4.8
	N Missing		270	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q49a Please circle one number on each line to show whether each of the following statements is true or false for you: I have an illness or condition that made me change the kind and/or amount of food I eat	Yes	1	3233	27.2
	No	2	8648	72.8
	N Missing		564	
Q49b Please circle one number on each line to show whether each of the following statements is true or false for you: I eat at least 3 meals a day	Yes	1	11234	92.1
	No	2	961	7.9
	N Missing		220	
Q49c Please circle one number on each line to show whether each of the following statements is true or false for you: I eat fruit or vegetables most days	Yes	1	11968	97.4
	No	2	324	2.6
	N Missing		141	
Q49d Please circle one number on each line to show whether each of the following statements is true or false for you: I eat dairy products most days	Yes	1	10649	87.1
	No	2	1583	12.9
	N Missing		205	
Q49e Please circle one number on each line to show whether each of the following statements is true or false for you: I have 3 or more glasses of beer, wine or spirits almost every day	Yes	1	785	6.4
	No	2	11398	93.6
	N Missing		256	
Q49f Please circle one number on each line to show whether each of the following statements is true or false for you: I have 6 to 8 cups of fluids (eg. water, juice, tea or coffee) most days	Yes	1	10995	89.4
	No	2	1299	10.6
	N Missing		133	
Q49g Please circle one number on each line to show whether each of the following statements is true or false for you: I have teeth, mouth or swallowing problems which make it hard for me to eat	Yes	1	914	7.5
	No	2	11263	92.5
	N Missing		277	
Q49h Please circle one number on each line to show whether each of the following statements is true or false for you: I always have enough money to buy food	Yes	1	11779	96.0
	No	2	497	4.0
	N Missing		154	
Q49i Please circle one number on each line to show whether each of the following statements is true or false for you: I eat alone most of the time	Yes	1	4772	39.0
	No	2	7471	61.0
	N Missing		198	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q49j Please circle one number on each line to show whether each of the following statements is true or false for you: I am always able to shop, cook and/or feed myself	Yes	1	11629	94.6
	No	2	667	5.4
	N Missing		135	
Q49k Please circle one number on each line to show whether each of the following statements is true or false for you: I eat take-away food more than once a week	Yes	1	475	3.9
	No	2	11765	96.1
	N Missing		197	
Q50a How often do you feel rushed/pressured/too busy?	Everyday	1	482	3.9
	Few times week	2	2354	19.3
	Once a week	3	2427	19.8
	Once a month	4	2307	18.9
	Never	5	4658	38.1
	N Missing		200	
Q50b How often do you feel you have time on your hands that you don't know what to do with?	Everyday	1	382	3.1
	Few times week	2	1308	10.7
	Once a week	3	1045	8.5
	Once a month	4	991	8.1
	Never	5	8543	69.6
	N Missing		153	
Q51 Compared to five years ago, do you now feel:	More rushed	1	1143	9.3
	About the same	2	6125	49.9
	Less rushed	3	5002	40.8
	N Missing		160	
Q52a How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In paid work	Happy as it is	1	512	4.6
	Like to do more	2	127	1.1
	Like to do less	3	41	0.4
	Not applicable	4	10537	93.9
	N Missing		1229	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q52b How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In active leisure (eg sport, art, drama, music)	Happy as it is	1	4787	41.5
	Like to do more	2	1813	15.7
	Like to do less	3	19	0.2
	Not applicable	4	4915	42.6
	N Missing		923	
Q52c How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In passive leisure (eg reading, TV, writing letters)	Happy as it is	1	9628	80.6
	Like to do more	2	1829	15.3
	Like to do less	3	103	0.9
	Not applicable	4	390	3.3
	N Missing		501	
Q52d How happy are you with the amount of time you spend in the following aspects of your life? Time spent: Studying	Happy as it is	1	1324	11.7
	Like to do more	2	778	6.9
	Like to do less	3	10	0.1
	Not applicable	4	9201	81.3
	N Missing		1155	
Q52e How happy are you with the amount of time you spend in the following aspects of your life? Time spent: Doing voluntary work	Happy as it is	1	4533	39.1
	Like to do more	2	908	7.8
	Like to do less	3	142	1.2
	Not applicable	4	5995	51.8
	N Missing		838	
Q52f How happy are you with the amount of time you spend in the following aspects of your life? Time spent: Religious activities	Happy as it is	1	5155	44.5
	Like to do more	2	805	7.0
	Like to do less	3	23	0.2
	Not applicable	4	5589	48.3
	N Missing		849	
Q52g How happy are you with the amount of time you spend in the following aspects of your life? Time spent: Sleeping	Happy as it is	1	8931	75.0
	Like to do more	2	2457	20.6
	Like to do less	3	175	1.5
	Not applicable	4	340	2.9
	N Missing		544	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q52h How happy are you with the amount of time you spend in the following aspects of your life? Time spent: Alone				
	Happy as it is	1	8310	70.7
	Like to do more	2	517	4.4
	Like to do less	3	924	7.9
	Not applicable	4	2000	17.0
	N Missing		699	
Q53a Are you happy with your share of the following tasks and activities? Domestic work (shopping, cooking, cleaning etc)				
	Happy as it is	1	10678	87.6
	Others do more	2	704	5.8
	Other arrangement	3	369	3.0
	Not applicable	4	432	3.5
	N Missing		250	
Q53b Are you happy with your share of the following tasks and activities? Caring for another adult (who is elderly/disabled/sick)				
	Happy as it is	1	2449	21.2
	Others do more	2	248	2.1
	Other arrangement	3	118	1.0
	Not applicable	4	8756	75.7
	N Missing		903	
Q53c Are you happy with your share of the following tasks and activities? Other household work (gardening, home/car maintenance)				
	Happy as it is	1	8448	70.7
	Others do more	2	874	7.3
	Other arrangement	3	584	4.9
	Not applicable	4	2049	17.1
	N Missing		478	
Q54a What is/was your main occupation and your partner/spouse's main occupation? Self				
	Manager	1	573	5.3
	Professional	2	850	7.9
	Paraprofessional	3	712	6.6
	Trade	4	466	4.3
	Admin.Assist	5	2788	25.8
	Sales/service	6	1325	12.2
	Machine operator	7	783	7.2
	Manual worker	8	872	8.1
	Never paid work	9	1064	9.8
	Other	10	1385	12.8
	N Missing		1692	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q54b What is/was your main occupation and your partner/spouse's main occupation? Partner/Spouse	No partner	0	1563	16.6
	Manager	1	2235	23.7
	Professional	2	910	9.6
	Paraprofessional	3	456	4.8
	Trade	4	1143	12.1
	Admin.Assist	5	186	2.0
	Sales/service	6	264	2.8
	Machine operator	7	529	5.6
	Manual worker	8	871	9.2
	Never paid work	9	90	1.0
	Other	10	1184	12.6
	N Missing		3075	
Q55a Who lives with you? No-one, I live alone	Yes	1	4133	35.3
	No	2	7562	64.7
	N Missing		742	
Q55b Who lives with you? Partner/spouse	Yes	1	6347	55.6
	No	2	5059	44.4
	N Missing		1012	
Q55c Who lives with you? Own children	Yes	1	1188	10.4
	No	2	10285	89.6
	N Missing		967	
Q55d Who lives with you? Someone else's children	Yes	1	103	0.9
	No	2	11207	99.1
	N Missing		1115	
Q55e Who lives with you? Brothers/sisters	Yes	1	147	1.3
	No	2	11189	98.7
	N Missing		1093	
Q55f Who lives with you? Other relatives	Yes	1	227	2.0
	No	2	11126	98.0
	N Missing		1077	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q55g Who lives with you? Non family members	Yes	1	193	1.7
	No	2	11142	98.3
	N Missing		1095	
Q56 Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty?	Yes	1	2096	17.4
	No	2	9985	82.6
	N Missing		348	
Q57 Do you regularly need help with daily tasks because of long-term illness, disability or frailty (eg personal care, getting around, preparing meals etc)?	Yes	1	1004	8.7
	No	2	10548	91.3
	N Missing		916	
Q58 How satisfied are you with the help you receive for your own personal care?	Very satisfied	1	555	4.8
	Satisfied	2	478	4.1
	Dissatisfied	3	61	0.5
	Very dissatisfied	4	22	0.2
	Do not need help	5	10548	90.4
	N Missing		798	
Q59 Who makes decision about your life (eg like how you should live or where you should live)?	Self	1	11246	95.2
	Someone else	2	563	4.8
	N Missing		626	
Q60a These questions are about getting on with other people: Do you have anyone who spends time with you, taking you shopping or to the doctor?	Yes	1	5668	46.5
	No	2	6525	53.5
	N Missing		243	
Q60b These questions are about getting on with other people: Are you helping to support someone?	Yes	1	1227	10.1
	No	2	10887	89.9
	N Missing		318	
Q60c These questions are about getting on with other people: Are you sad or lonely often?	Yes	1	1776	14.6
	No	2	10382	85.4
	N Missing		270	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q60d These questions are about getting on with other people: Do you feel uncomfortable with anyone in your family?	Yes	1	1069	8.8
	No	2	11113	91.2
	N Missing		244	
Q60e These questions are about getting on with other people: Can you take your own medication and get around by yourself?	Yes	1	11219	91.3
	No	2	1069	8.7
	N Missing		139	
Q60f These questions are about getting on with other people: Do you feel that nobody wants you around?	Yes	1	429	3.5
	No	2	11770	96.5
	N Missing		226	
Q60g These questions are about getting on with other people: Does anyone in your family drink a lot of alcohol?	Yes	1	1214	9.9
	No	2	11012	90.1
	N Missing		218	
Q60h These questions are about getting on with other people: Does someone in your family make you stay in bed or tell you you're sick when you know you're not?	Yes	1	82	0.7
	No	2	12186	99.3
	N Missing		161	
Q60i These questions are about getting on with other people: Has anyone forced you to do things you didn't want to do?	Yes	1	314	2.6
	No	2	11929	97.4
	N Missing		174	
Q60j These questions are about getting on with other people: Has anyone taken things that belong to you without your OK?	Yes	1	523	4.3
	No	2	11702	95.7
	N Missing		209	
Q60k These questions are about getting on with other people: Do you trust most people in your family?	Yes	1	11230	91.4
	No	2	1054	8.6
	N Missing		142	
Q60l These questions are about getting on with other people: Does anyone tell you that you give them too much trouble?	Yes	1	261	2.1
	No	2	11975	97.9
	N Missing		192	



**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q60m These questions are about getting on with other people: Do you have enough privacy at home?	Yes	1	11581	94.3
	No	2	700	5.7
	N Missing		141	
Q60n These questions are about getting on with other people: Has anyone close to you tried to hurt you or harm you recently?	Yes	1	267	2.2
	No	2	11990	97.8
	N Missing		170	
Q60o These questions are about getting on with other people: Have you ever been in a violent relationship with a partner/spouse?	Yes	1	838	6.8
	No	2	11413	93.2
	N Missing		173	
Q60p These questions are about getting on with other people: Has anyone close to you called you names or put you down or made you feel bad recently?	Yes	1	708	5.8
	No	2	11539	94.2
	N Missing		178	
Q60q These questions are about getting on with other people: Are you afraid of anyone in your family?	Yes	1	174	1.4
	No	2	12090	98.6
	N Missing		163	
Q61 Other than members of your family how many persons in your local area do you feel you can depend on or feel very close to?	None	1	1405	11.5
	1-2 people	2	3981	32.5
	>than 2 people	3	6861	56.0
	N Missing		177	
Q62 How many times during the past week did you spend time with someone who does not live with you, that is, you went to see them or they came to visit you or you went out together?	None	0	995	8.1
	Once	1	1763	14.4
	Twice	2	2845	23.2
	Three times	3	2670	21.8
	Four times	4	1624	13.2
	Five times	5	900	7.3
	Six times	6	496	4.0
	Seven times	7	977	8.0
	N Missing		167	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q63 How many times did you talk to someone, friends, relatives or others on the telephone in the past week (either they called you, or you called them)?	None	0	210	1.7
	Once	1	350	2.8
	Twice	2	1007	8.2
	Three times	3	1662	13.5
	Four times	4	2036	16.5
	Five times	5	1651	13.4
	Six times	6	1243	10.1
	Seven times	7	4144	33.7
	N Missing		122	
Q64 About how often did you go to meetings of clubs, religious meetings, or other groups that you belong to in the past week?	None	0	4249	34.6
	Once	1	2687	21.9
	Twice	2	2490	20.3
	Three times	3	1615	13.2
	Four times	4	707	5.8
	Five times	5	264	2.2
	Six times	6	99	0.8
	Seven times	7	160	1.3
	N Missing		150	
Q65a Does it seem that your family and friends (ie people who are important to you) understand you?	Hardly ever	1	137	1.1
	Some of the time	2	1356	11.2
	Most of the time	3	10637	87.7
	N Missing		287	
Q65b Do you feel useful to your family and friends (people important to you)?	Hardly ever	1	282	2.3
	Some of the time	2	1818	15.0
	Most of the time	3	10010	82.7
	N Missing		306	
Q65c Do you know what is going on with your family and friends?	Hardly ever	1	236	1.9
	Some of the time	2	2670	22.0
	Most of the time	3	9215	76.0
	N Missing		301	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q65d When you are talking with your family and friends do you feel you are being listened to?	Hardly ever	1	241	2.0
	Some of the time	2	1871	15.5
	Most of the time	3	10000	82.6
	N Missing		292	
Q65e Do you feel you have a definite role (place) in your family and among your friends?	Hardly ever	1	241	2.0
	Some of the time	2	1501	12.4
	Most of the time	3	10357	85.6
	N Missing		313	
Q65f Can you talk about your deepest problems with at least some of your family and friends?	Hardly ever	1	685	5.6
	Some of the time	2	2270	18.7
	Most of the time	3	9183	75.7
	N Missing		276	
Q66 How satisfied are you with the kinds of relationships you have with your family and friends?	Very dissatisfied	1	1586	13.0
	Dissatisfied	2	619	5.1
	Satisfied	3	9957	81.9
	N Missing		255	
Q68 How old were you when you left school?	Never attended	1	80	0.7
	14 yrs or under	2	5023	41.9
	15-16 yrs	3	4847	40.4
	17-18 yrs	4	1683	14.0
	19 yrs or older	5	353	2.9
	N Missing		425	
Q69 What is the highest qualification you have completed?	No formal	1	3889	33.0
	School Certificate	2	4451	37.8
	Higher school Certificate	3	1569	13.3
	Trade/Apprentice	4	465	3.9
	Certificate/Diploma	5	917	7.8
	University degree	6	374	3.2
	Higher degree	7	126	1.1
N Missing		664		

*ALSWH Data book for the first survey of 1921-26 cohort*

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70 Are you of Aboriginal or Torres Strait Islander origin?	No	1	11528	99.6
	Aboriginal	2	29	0.3
	Torres Strait Islander	3	15	0.1
	N Missing		892	
Q72 If you were not born here, when did you first arrive in Australia with the intention of living here for one year or more?	1935 or earlier	1	270	2.3
	1936-1945	2	96	0.8
	1946-1955	3	1126	9.7
	1956-1965	4	780	6.7
	1966-1985	5	581	5.0
	1986-1990	6	153	1.3
	1991 or later	7	71	0.6
	Australian born	8	8569	73.6
	N Missing		831	
Q74 How well do you speak English?	Very well	1	742	6.3
	Well	2	556	4.7
	Not well	3	270	2.3
	Not at all	4	95	0.8
	English speaking	5	10165	85.9
	N Missing		624	
Q75 What is your present marital status?	Married	1	6689	54.9
	De facto	2	89	0.7
	Separated	3	185	1.5
	Divorced	4	586	4.8
	Widowed	5	4244	34.8
	Never married	6	395	3.2
	N Missing		224	
Q76 How do you manage on the income you have available?	Impossible	1	164	1.3
	Difficult always	2	674	5.5
	Difficult sometimes	3	2374	19.5
	Not too bad	4	6226	51.2
	It is easy	5	2711	22.3
	N Missing		266	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q77 Which of the following best describes your housing situation? Do you live in:				
	House	1	8749	76.6
	Flat/unit/apartment	2	2229	19.5
	Caravan/tent	3	91	0.8
	Other	4	351	3.1
	N Missing		982	
Q78 In whose name is the ownership/ purchasing agreement/ tenancy agreement?				
	Self	1	4329	38.1
	Partner/spouse	2	2153	18.9
	Partner and self	3	3666	32.3
	Other family	4	541	4.8
	Self and others	5	143	1.3
	Not applicable	6	205	1.8
	Other	7	328	2.9
	N Missing		1046	
Q80a In general, are you satisfied with what you have achieved in your life so far in the areas of: Work/career/study				
	Very satisfied	1	3311	30.0
	Satisfied	2	6731	61.0
	Dissatisfied	3	845	7.7
	Very dissatisfied	4	143	1.3
	N Missing		1431	
Q80b In general, are you satisfied with what you have achieved in your life so far in the areas of: Family relationships				
	Very satisfied	1	7048	58.9
	Satisfied	2	4505	37.7
	Dissatisfied	3	257	2.1
	Very dissatisfied	4	152	1.3
	N Missing		455	
Q80c In general, are you satisfied with what you have achieved in your life so far in the areas of: Spouse/closest personal relationship				
	Very satisfied	1	6565	58.7
	Satisfied	2	3757	33.6
	Dissatisfied	3	541	4.8
	Very dissatisfied	4	330	2.9
	N Missing		1233	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q80d In general, are you satisfied with what you have achieved in your life so far in the areas of: Friendships	Very satisfied	1	6081	51.1
	Satisfied	2	5493	46.2
	Dissatisfied	3	213	1.8
	Very dissatisfied	4	113	0.9
	N Missing		532	
Q80e In general, are you satisfied with what you have achieved in your life so far in the areas of: Social activities	Very satisfied	1	4158	35.4
	Satisfied	2	6771	57.6
	Dissatisfied	3	664	5.6
	Very dissatisfied	4	165	1.4
	N Missing		673	
Age at time survey returned	Mean		72.56	
	Std Error		0.01	
	N		12432	
	N Missing		0	
ARIA+ Grouped into 5 categories	Major cities of Australia	1	8449	68.0
	Inner regional Australia	2	2648	21.3
	Outer regional Australia	3	1159	9.3
	Remote Australia	4	144	1.2
	Very Remote Australia	5	30	0.2
ARIA GP	Highly accessible	1	10501	84.5
	Accessible	2	1343	10.8
	Moderately accessible	3	454	3.6
	Remote	4	97	0.8
	Very Remote	5	32	0.3
	N Missing		6	

ALSWH Data book for the first survey of 1921-26 cohort

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Smoking status - smokst				
	Non-smoker	1	7213	62.1
	Ex-smoker	2	3528	30.4
	smoker <10 c/d	3	212	1.8
	smoker 10-19 c/d	4	324	2.8
	smoker >=20 c/d	5	342	2.9
	N Missing		858	
Alcohol status- NHMRC (AlcNHMRC)				
	Low risk drinker	1	4057	33.9
	Non-drinker	2	4046	33.8
	Rarely drinks	3	3462	28.9
	Risky drinker	4	373	3.1
	High risk drinker	5	41	0.3
	N Missing		484	
Alcohol pattern (AlcPAtt)				
	Low risk drinker, >=5 drinks <weekly	1	7136	61.0
	Non-drinker	2	4046	34.6
	Low risk drinker, >=5 drinks weekly	3	97	0.8
	Risky/high risk drinker	4	414	3.5
	N Missing		790	
Are you currently pregnant? (m1preg..)				
	Never been pregnant	0	966	7.9
	Has been pregnant	1	11303	92.1
	N Missing		164	
GP satisfaction score (gpstfy)				
	Mean		4.21	
	Std Error		0.01	
	N		12216	
	N Missing		216	
BP - Bodily Pain Subscale				
	Mean		65.11	
	Std Error		0.24	
	N		12070	
	N Missing		362	

*ALSWH Data book for the first survey of 1921-26 cohort*

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
GH - General Health Subscale	Mean		65.32	
	Std Error		0.20	
	N		11780	
	N Missing		652	
MH - Mental Health Subscale	Mean		76.55	
	Std Error		0.16	
	N		12062	
	N Missing		370	
PF - Physical Functioning Subscale	Mean		63.21	
	Std Error		0.24	
	N		11712	
	N Missing		720	
RE - Role Emotional Scale	Mean		75.81	
	Std Error		0.34	
	N		11644	
	N Missing		788	
RP - Role Physical Scale	Mean		58.10	
	Std Error		0.39	
	N		11762	
	N Missing		670	
SF - Social Functioning Scale	Mean		81.02	
	Std Error		0.23	
	N		12379	
	N Missing		53	
VT - Vitality Index Scale	Mean		59.95	
	Std Error		0.19	
	N		12125	
	N Missing		307	



**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
MCSA - Mental health summary score - standardised to the Australian population for relevant age cohort	Mean		51.25	
	Std Error		0.09	
	N		10851	
	N Missing		1581	
MCSWHA - Mental health summary score - standardised to the WHA population	Mean		50.22	
	Std Error		0.10	
	N		10851	
	N Missing		1581	
PCSWHA - Physical health summary score - standardised to the WHA population	Mean		50.00	
	Std Error		0.10	
	N		10851	
	N Missing		1581	
State participant resides in at the completion of each survey	NSW	1	4338	34.9
	Vic	2	3231	26.0
	Qld	3	2031	16.3
	SA	4	1269	10.2
	WA	5	1058	8.5
	Tas	6	345	2.8
	NT	7	20	0.2
	ACT	8	138	1.1
Exercise status used in Survey 1 only. Continuous	Mean		12.47	
	Std Error		0.11	
	N		11976	
	N Missing		456	
ANSI summary score	Mean		4.28	
	Std Error		0.03	
	N		12158	
	N Missing		274	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Duke Social Support Index score (10 items)	Mean		28.16	
	Std Error		0.03	
	N		12046	
	N Missing		386	
Duke Social Support Index subscore - Social interaction (4 items)	Mean		8.75	
	Std Error		0.01	
	N		12046	
	N Missing		386	
Duke Social Support Index subscore - Satisfaction with support (6 items)	Mean		19.41	
	Std Error		0.02	
	N		12046	
	N Missing		386	
Mean of Multi-item summed score for perceived stress. From 0 to 4. Higher values means more stressed.	Mean		0.42	
	Std Error		0.00	
	N		12058	
	N Missing		374	
Life satisfaction score	Mean		3.39	
	Std Error		0.00	
	N		11868	
	N Missing		564	
Age group at time of selection - 1st April 1996	Older	3	12430	100.0
Type of population the participant resided in at the time of selection - 1st April 1996	Urban	1	8664	69.7
	Rural	2	3542	28.5
	Remote	3	223	1.8
	N Missing		1	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
State the participant resided in at the time of selection - 1st April 1996				
	NSW	1	4341	34.9
	Vic	2	3224	25.9
	Qld	3	2021	16.3
	SA	4	1273	10.2
	WA	5	1059	8.5
	Tas	6	352	2.8
	NT	7	22	0.2
	ACT	8	137	1.1
	N Missing		1	
PCS_ABS - Physical health summary score - standardised against the entire Australian adult population				
	Mean		41.40	
	Std Error		0.11	
	N		10851	
	N Missing		1581	
MCS_ABS - Mental health summary score - standardised against the entire Australian adult population				
	Mean		51.85	
	Std Error		0.10	
	N		10851	
	N Missing		1581	
PCS_US - Physical health summary score - standardised against the entire US adult population				
	Mean		41.50	
	Std Error		0.11	
	N		10851	
	N Missing		1581	
MCS_US - Mental health summary score - standardised against the entire US adult population				
	Mean		52.98	
	Std Error		0.09	
	N		10851	
	N Missing		1581	
What is your year of birth?				
	Mean		1923.41	
	Std Error		0.01	
	N		12432	
	N Missing		0	

*ALSWH Data book for the first survey of 1921-26 cohort*

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Proportion of Life events 0 to 1	Mean		0.07	
	Std Error		0.00	
	N		12225	
	N Missing		207	
Accessibility/remoteness Index of Australia ARIA	Mean		0.74	
	Std Error		0.01	
	N		12426	
	N Missing		6	
Short listed categorisation of country of birth	Australian born	1	8573	73.5
	Other English Speaking Background	2	1584	13.6
	Europe	3	1174	10.1
	Asia	4	210	1.8
	Other	5	123	1.1
	N Missing		810	
Short listed categorisation of language spoken at home	English, Aust	1	8113	72.0
	English, Other	2	2053	18.2
	European	3	936	8.3
	Asian	4	110	1.0
	Other	5	57	0.5
	N Missing		1203	
BMI classification	Underweight, BMI < 18.5	1	365	3.2
	Acceptable weight, 18.5 <= BMI < 25	2	5749	50.2
	Overweight, 25 <= BMI < 30	3	3767	32.9
	Obese, 30 <= BMI	4	1561	13.6
	N Missing		1054	

*ALSWH Data book for the first survey of 1921-26 cohort*

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Body Mass Index (BMI)	Mean		25.34	
	Std Error		0.04	
	N		11378	
	N Missing		1054	
How much do you weigh without clothes or shoes?	Mean		65.75	
	Std Error		0.11	
	N		11939	
	N Missing		493	
How tall are you without shoes?	Mean		161.05	
	Std Error		0.06	
	N		11672	
	N Missing		760	
ARIAp01	Mean		0.70	
	Std Error		0.01	
	N		12432	
	N Missing		0	
Urban Index of Relative Socio-Economic Advantage	Mean		1007.16	
	Std Error		0.96	
	N		10497	
	N Missing		1935	
Rural Index of Relative Socio-Economic Advantage	Mean		1023.92	
	Std Error		2.06	
	N		1913	
	N Missing		10519	
Index of Relative Socio-Economic Disadvantage	Mean		1000.69	
	Std Error		0.85	
	N		12410	
	N Missing		22	

**ALSWH Data book for the first survey of 1921-26 cohort**

<i>Item Description</i>	<i>Values</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Index of Economic Resources	Mean		1003.16	
	Std Error		0.87	
	N		12410	
	N Missing		22	
Index of Education and Occupation	Mean		1005.57	
	Std Error		0.89	
	N		12410	
	N Missing		22	
GISCA - Rural, remote and metropolitan area - area classification, allocated by postcode (grma)	Mean		2.12	
	Std Error		0.01	
	N		12432	
	N Missing		0	
Type of survey completed (full or short phone). Note: useful variable indicating response when merging data sets across waves.	1	1	12430	100.0
Age at time of survey returned in years	Mean		72.11	
	Std Error		0.01	
	N		12431	
	N Missing		1	