

women's
health
a u s t r a l i a

the australian longitudinal
study on women's health

data book

*for the baseline survey of the 1973-78 cohort
1996 (when they were aged 18-23 years)*

september 1997 (2nd edition)

Data book for the baseline survey of the 1973-1978 cohort (aged 18-23 years)

This work is copyright. Permission to use or reproduce material in this book for the purpose of free distribution is not required, provided that proper acknowledgement of the source is given. For other uses, apart from any permitted use under the Copyright Act 1968, no part may be reproduced by any process without written permission from the Director, Australian Longitudinal Study on Women's Health, University of Queensland.

Acknowledgements

This study is funded by the Australian Government Department of Health. This document was prepared by Carl Holder and David Fitzgerald, with help from the data management group of the Australian Longitudinal Study on Women's Health (ALSWH) at the Universities of Queensland and Newcastle. The research team would like to thank all participants who contributed to the project.

Notes

During 1996, 14,427 valid surveys were returned by members of the ALSWH 1973-78 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (<http://www.alwsh.org.au/>). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

Australian Longitudinal Study on Women's Health

www.alswh.org.au

The University of Newcastle
Research Centre for Gender, Health & Ageing
University Drive
Callaghan NSW 2308
Phone: 02 4042 0686
Fax: 02 4042 0044
Email: info@alswh.org.au

The University of Queensland
School of Public Health
Herston Road
Herston QLD 4006
Phone: 07 3346 4723
Fax: 07 3365 5540
Email: sph-wha@sph.uq.edu.au

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q1 In general, would you say your health is:				
	Excellent	1	1805	12.7
	Very good	2	5530	39.1
	Good	3	5133	36.3
	Fair	4	1510	10.7
	Poor	5	180	1.3
	N Missing		81	
Q2 Compared to one year ago, how would you rate your health in general now				
	Much better	1	1265	8.9
	Somewhat better	2	2682	18.9
	About the same	3	8375	59.1
	Somewhat worse	4	1710	12.1
	Much worse	5	133	0.9
	N Missing		76	
Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports				
	Limited a lot	1	1503	10.7
	Limited a little	2	6208	44.1
	Not limited	3	6357	45.2
	N Missing		188	
Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf				
	Limited a lot	1	324	2.3
	Limited a little	2	1188	8.4
	Not limited	3	12588	89.3
	N Missing		148	
Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries				
	Limited a lot	1	265	1.9
	Limited a little	2	1052	7.5
	Not limited	3	12753	90.6
	N Missing		178	
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs				
	Limited a lot	1	537	3.8
	Limited a little	2	3577	25.4
	Not limited	3	9951	70.8
	N Missing		196	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q3e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	1	234	1.7
	Limited a little	2	686	4.9
	Not limited	3	13154	93.5
	N Missing		180	
Q3f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	1	471	3.3
	Limited a little	2	1537	10.9
	Not limited	3	12079	85.7
	N Missing		165	
Q3g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	1	470	3.3
	Limited a little	2	2098	14.9
	Not limited	3	11513	81.8
	N Missing		166	
Q3h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre	Limited a lot	1	328	2.3
	Limited a little	2	785	5.6
	Not limited	3	12976	92.1
	N Missing		160	
Q3i The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres	Limited a lot	1	319	2.3
	Limited a little	2	332	2.4
	Not limited	3	13438	95.4
	N Missing		158	
Q3j The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	1	381	2.7
	Limited a little	2	185	1.3
	Not limited	3	13532	96.0
	N Missing		154	
Q4a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities	Yes	1	2106	14.8
	No	2	12090	85.2
	N Missing		55	
Q4b During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like	Yes	1	3382	23.8
	No	2	10800	76.2
	N Missing		65	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities	Yes	1	1966	13.9
	No	2	12211	86.1
	N Missing		72	
Q4d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	Yes	1	2260	15.9
	No	2	11910	84.1
	N Missing		82	
Q5a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities	Yes	1	3394	23.9
	No	2	10798	76.1
	N Missing		58	
Q5b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like	Yes	1	5232	36.9
	No	2	8952	63.1
	N Missing		64	
Q5c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual	Yes	1	4156	29.3
	No	2	10025	70.7
	N Missing		68	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	1	5479	38.6
	Slightly	2	5177	36.4
	Moderately	3	1948	13.7
	Quite a bit	4	1271	8.9
	Extremely	5	337	2.4
	N Missing		37	
Q7 How much bodily pain have you had during the past four weeks?	No bodily pain	1	3582	25.2
	Very mild	2	5167	36.3
	Mild	3	2760	19.4
	Moderate	4	2031	14.3
	Severe	5	593	4.2
	Very severe	6	87	0.6
	N Missing		24	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q8 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	Not at all	1	7709	54.2
	A little bit	2	4630	32.6
	Moderately	3	1154	8.1
	Quite a bit	4	588	4.1
	Extremely	5	132	0.9
	N Missing		28	
	Q9a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	418
Most of the time		2	5163	36.4
Bit of the time		3	3582	25.3
Some of time		4	3175	22.4
Little of time		5	1503	10.6
None of time		6	332	2.3
N Missing			69	
Q9b For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person	All the time	1	243	1.7
	Most of the time	2	662	4.7
	Bit of the time	3	1043	7.4
	Some of time	4	2299	16.2
	Little of time	5	5143	36.3
	None of time	6	4780	33.7
	N Missing		74	
Q9c For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up	All the time	1	161	1.1
	Most of the time	2	560	3.9
	Bit of the time	3	1106	7.8
	Some of time	4	2145	15.1
	Little of time	5	4240	29.9
	None of time	6	5982	42.1
	N Missing		48	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt calm and peaceful	All the time	1	466	3.3
	Most of the time	2	3840	27.1
	Bit of the time	3	3121	22.1
	Some of time	4	3792	26.8
	Little of time	5	2337	16.5
	None of time	6	597	4.2
	N Missing			85
Q9e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you have a lot of energy	All the time	1	489	3.5
	Most of the time	2	3915	27.7
	Bit of the time	3	3478	24.6
	Some of time	4	3827	27.0
	Little of time	5	1948	13.8
	None of time	6	501	3.5
	N Missing			87
Q9f For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt down	All the time	1	207	1.5
	Most of the time	2	952	6.7
	Bit of the time	3	1716	12.1
	Some of time	4	3699	26.1
	Little of time	5	5974	42.1
	None of time	6	1632	11.5
	N Missing			59
Q9g For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel worn out	All the time	1	403	2.8
	Most of the time	2	1418	10.0
	Bit of the time	3	2235	15.8
	Some of time	4	4100	29.0
	Little of time	5	4740	33.5
	None of time	6	1264	8.9
	N Missing			78

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a happy person	All the time	1	1155	8.1
	Most of the time	2	6379	45.0
	Bit of the time	3	2866	20.2
	Some of time	4	2600	18.3
	Little of time	5	1028	7.2
	None of time	6	153	1.1
	N Missing		63	
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel tired	All the time	1	863	6.1
	Most of the time	2	2064	14.5
	Bit of the time	3	2772	19.5
	Some of time	4	4428	31.2
	Little of time	5	3642	25.7
	None of time	6	417	2.9
	N Missing		61	
Q10 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?	All the time	1	195	1.4
	Most of the time	2	856	6.0
	Some of the time	3	2613	18.4
	Little of time	4	4454	31.3
	None of time	5	6097	42.9
	N Missing		28	
Q11a How true or false is each of the following statements for you? I seem to get sick a little easier than other people	Definitely true	1	808	5.7
	Mostly true	2	2122	15.0
	Don't know	3	2027	14.3
	Mostly false	4	4275	30.1
	Definitely false	5	4958	34.9
	N Missing		54	
Q11b How true or false is each of the following statements for you? I am as healthy as anybody I know	Definitely true	1	3200	22.6
	Mostly true	2	5927	41.8
	Don't know	3	2712	19.1
	Mostly false	4	1720	12.1
	Definitely false	5	612	4.3
	N Missing		74	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q11c How true or false is each of the following statements for you? I expect my health to get worse	Definitely true	1	201	1.4
	Mostly true	2	738	5.2
	Don't know	3	3924	27.7
	Mostly false	4	3047	21.5
	Definitely false	5	6256	44.2
	N Missing			80
Q11d How true or false is each of the following statements for you? My health is excellent	Definitely true	1	1967	13.9
	Mostly true	2	6972	49.2
	Don't know	3	2036	14.4
	Mostly false	4	1899	13.4
	Definitely false	5	1301	9.2
	N Missing			70
Q12a How many times have you consulted the following people for your own health in the last 12 months? Family doctor or another general practitioner	None	0	805	5.7
	Once or twice	1	4479	31.6
	Three to four times	2	3992	28.2
	Five to six times	3	2552	18.0
	Seven or more	4	2350	16.6
	N Missing			61
Q12b How many times have you consulted the following people for your own health in the last 12 months? A hospital doctor (e.g. in outpatients or casualty)	None	0	10700	75.8
	Once or twice	1	2642	18.7
	Three to four times	2	462	3.3
	Five to six times	3	155	1.1
	Seven or more	4	162	1.1
	N Missing			126
Q12c How many times have you consulted the following people for your own health in the last 12 months? A specialist doctor	None	0	9769	69.4
	Once or twice	1	2879	20.5
	Three to four times	2	832	5.9
	Five to six times	3	296	2.1
	Seven or more	4	292	2.1
	N Missing			181

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q12d How many times have you consulted the following people for your own health in the last 12 months? An allied health professional (e.g. optician, dentist, physiotherapist, podiatrist, dietitian, counsellor etc)	None	0	5509	38.9
	Once or twice	1	5720	40.4
	Three to four times	2	1679	11.9
	Five to six times	3	518	3.7
	Seven or more	4	736	5.2
	N Missing			76
Q12e How many times have you consulted the following people for your own health in the last 12 months? An "alternative" health practitioner (e.g. chiropractor, naturopath, acupuncturist, herbalist etc)	None	0	11526	81.4
	Once or twice	1	1279	9.0
	Three to four times	2	544	3.8
	Five to six times	3	302	2.1
	Seven or more	4	512	3.6
	N Missing			77
Q12f How many times have you consulted the following people for your own health in the last 12 months? Family Planning service	None	0	13070	92.2
	Once or twice	1	827	5.8
	Three to four times	2	190	1.3
	Five to six times	3	52	0.4
	Seven or more	4	41	0.3
	N Missing			60
Q12g How many times have you consulted the following people for your own health in the last 12 months? Sexual health service	None	0	13348	94.1
	Once or twice	1	631	4.5
	Three to four times	2	128	0.9
	Five to six times	3	36	0.3
	Seven or more	4	36	0.3
	N Missing			63
Q13a Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The convenience of the location of the surgery	Excellent	1	6314	44.8
	Very good	2	3999	28.4
	Good	3	2729	19.4
	Fair	4	851	6.0
	Poor	5	186	1.3
	N Missing			160

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13b Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The length of time you waited in the waiting room	Excellent	1	1709	12.1
	Very good	2	3005	21.3
	Good	3	3803	27.0
	Fair	4	3702	26.3
	Poor	5	1866	13.2
	N Missing			159
Q13c Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The personal manner (courtesy, respect, sensitivity, friendliness) of the doctor	Excellent	1	5606	39.8
	Very good	2	3940	27.9
	Good	3	2686	19.1
	Fair	4	1429	10.1
	Poor	5	438	3.1
	N Missing			142
Q13d Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The doctor's explanation of your problem and treatment	Excellent	1	4464	31.7
	Very good	2	3885	27.6
	Good	3	3007	21.3
	Fair	4	1912	13.6
	Poor	5	827	5.9
	N Missing			148
Q13e Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The doctor's interest in how you felt about having the tests, treatment or the advice given	Excellent	1	4041	28.7
	Very good	2	3637	25.8
	Good	3	3228	22.9
	Fair	4	2231	15.9
	Poor	5	939	6.7
	N Missing			166
Q13f Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? Your opportunity to ask all the questions you wanted to	Excellent	1	5025	35.7
	Very good	2	3654	25.9
	Good	3	2914	20.7
	Fair	4	1819	12.9
	Poor	5	676	4.8
	N Missing			154

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13g Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The amount of time you spent with the doctor	Excellent	1	3489	24.8
	Very good	2	3588	25.5
	Good	3	3936	28.0
	Fair	4	2285	16.2
	Poor	5	781	5.5
	N Missing			162
Q13h Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The cost of your visit	Excellent	1	4945	35.3
	Very good	2	2265	16.2
	Good	3	3335	23.8
	Fair	4	2765	19.8
	Poor	5	682	4.9
	N Missing			243
Q13i Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The visit overall	Excellent	1	3496	24.8
	Very good	2	4459	31.7
	Good	3	3979	28.3
	Fair	4	1768	12.6
	Poor	5	382	2.7
	N Missing			158
Q14 In general do you prefer to see a female doctor?	Always	1	2809	19.8
	Certain things	2	6292	44.4
	No	3	1059	7.5
	Don't care	4	4001	28.2
	N Missing			79
Q15a Have you ever been told by a doctor that you have: Diabetes (high blood sugar)	Yes	1	137	1.0
	No	2	14049	99.0
	N Missing			53
Q15b Have you ever been told by a doctor that you have: Heart disease	Yes	1	56	0.4
	No	2	14124	99.6
	N Missing			59

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q15c Have you ever been told by a doctor that you have: Hypertension (high blood pressure)	Yes	1	677	4.8
	No	2	13487	95.2
	N Missing		72	
Q15d Have you ever been told by a doctor that you have: Low iron level	Yes	1	3630	25.7
	No	2	10515	74.3
	N Missing		96	
Q15e Have you ever been told by a doctor that you have: Asthma	Yes	1	3516	24.8
	No	2	10652	75.2
	N Missing		73	
Q15f Have you ever been told by a doctor that you have: Cancer (Please specify type)	Yes	1	213	1.5
	No	2	13882	98.5
	N Missing		150	
Q15g Have you ever been told by a doctor that you have: Other major illness (Please specify on line)	Yes	1	1571	12.1
	No	2	11451	87.9
	N Missing		1261	
Q16a Have you ever been told by a doctor that you have any sexually transmissible disease (STD)? Chlamydia	Yes	1	238	1.7
	No	2	13825	97.6
	No answer	3	109	0.8
	N Missing		68	
Q16b Have you ever been told by a doctor that you have any sexually transmissible disease (STD)? Genital herpes	Yes	1	149	1.0
	No	2	13923	98.2
	No answer	3	103	0.7
	N Missing		65	
Q16c Have you ever been told by a doctor that you have any sexually transmissible disease (STD)? Genital warts (HPV)	Yes	1	428	3.0
	No	2	13641	96.2
	No answer	3	107	0.8
	N Missing		64	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q16d Have you ever been told by a doctor that you have any sexually transmissible disease (STD)? Other STD (Please specify on line)	Yes	1	295	2.1
	No	2	13691	97.1
	No answer	3	119	0.8
	N Missing		135	
Q17a This question is about health care Have you been admitted to hospital in the last 12 months?	Yes	1	2435	17.2
	No	2	11756	82.8
	N Missing		49	
Q17b This question is about health care Do you have private hospital insurance?	Yes	1	4688	33.3
	No	2	9369	66.7
	N Missing		177	
Q17c This question is about health care Do you have private health insurance for ancillary services (eg dental, physiotherapy etc)?	Yes	1	4775	34.1
	No	2	9221	65.9
	N Missing		235	
Q18a During the past four weeks, how many different types of medication (eg tablets/medicine) have you used which were: Prescribed by a doctor	None	0	6027	42.5
	One	1	4925	34.7
	Two	2	1975	13.9
	Three	3	706	5.0
	Four or more	4	562	4.0
	N Missing		44	
Q18b During the past four weeks, how many different types of medication (eg tablets/medicine) have you used which were: Bought without a prescription at the chemist, supermarket or health food shop	None	0	5453	38.4
	One	1	4853	34.2
	Two	2	2423	17.1
	Three	3	796	5.6
	Four or more	4	674	4.7
	N Missing		40	
Q18c During the past 4 weeks, how many different types of medication (eg tablets/medicine) have you used which were: For any chronic (long-term) illness	None	0	13043	92.1
	One	1	600	4.2
	Two	2	278	2.0
	Three	3	98	0.7
	Four or more	4	148	1.0
	N Missing		72	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q19 When did you have your last Pap test?	Never had test	1	6893	48.6
	<than 2 yrs ago	2	6484	45.7
	2-5 yrs ago	3	721	5.1
	>than 5 yrs ago	4	30	0.2
	Not sure	5	53	0.4
	N Missing		63	
Q20 Have you ever had an abnormal Pap test?	Yes	1	1317	9.3
	No	2	5957	42.0
	Never had test	3	6893	48.7
	N Missing		78	
Q21 Are you currently pregnant?	Yes	1	352	2.5
	No	2	13534	95.9
	Don't know	3	223	1.6
	N Missing		129	
Q22a How many times have you: Been pregnant	Never	0	11809	83.5
	Once	1	1438	10.2
	Twice	2	614	4.3
	Three times	3	149	1.1
	Four or more	4	65	0.5
	No answer	5	70	0.5
	N Missing		100	
Q22b How many times have you: Had a miscarriage	Never	0	13438	96.1
	Once	1	404	2.9
	Twice	2	69	0.5
	Three times	3	16	0.1
	Four or more	4	4	0.0
	No answer	5	55	0.4
	N Missing		274	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q22c How many times have you: Had a termination	Never	0	13033	92.6
	Once	1	846	6.0
	Twice	2	105	0.7
	Three times	3	19	0.1
	Four or more	4	3	0.0
	No answer	5	70	0.5
	N Missing		177	
Q22d How many times have you: Given birth to a child	Never	0	12833	91.5
	Once	1	888	6.3
	Twice	2	207	1.5
	Three times	3	41	0.3
	Four or more	4	9	0.1
	No answer	5	42	0.3
	N Missing		230	
Q23 What sort of contraception do you use now?	Don't need any	1	4268	30.3
	Choose not to	2	309	2.2
	Pill	3	6086	43.2
	Condoms	4	2900	20.6
	Other	5	533	3.8
	N Missing		145	
Q24 For how many years in total have you ever taken the oral contraceptive pill?	Never used	1	4248	30.0
	<than one year	2	2514	17.8
	1 - 4 yrs	3	5807	41.0
	>than 5 yrs	4	1591	11.2
	N Missing		81	
Q25a Are you currently using: condoms for STD/HIV prevention	Yes	1	3667	26.2
	No	2	10331	73.8
	N Missing		253	
Q25b Are you currently using: the oral contraceptive pill for reasons other than contraception	Yes	1	3247	23.2
	No	2	10770	76.8
	N Missing		223	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q26Aa In the last 12 months have you had any of the following: Allergies, hayfever, sinusitis	Never	1	5783	40.9
	Rarely	2	2714	19.2
	Sometimes	3	3368	23.8
	Often	4	2273	16.1
	N Missing		96	
	Q26Ab In the last 12 months have you had any of the following: Asthma	Never	1	10586
Rarely		2	1349	9.5
Sometimes		3	1374	9.7
Often		4	841	5.9
N Missing			86	
Q26Ac In the last 12 months, have you had any of the following: Headaches/migraines		Never	1	1481
	Rarely	2	4614	32.5
	Sometimes	3	5465	38.5
	Often	4	2625	18.5
	N Missing		57	
	Q26Ad In the last 12 months, have you had any of the following: Constant tiredness	Never	1	2985
Rarely		2	3975	28.0
Sometimes		3	4595	32.4
Often		4	2621	18.5
N Missing			66	
Q26Ae In the last 12 months, have you had any of the following: Back pain		Never	1	4776
	Rarely	2	4047	28.5
	Sometimes	3	3679	25.9
	Often	4	1683	11.9
	N Missing		53	
	Q26Af In the last 12 months, have you had any of the following: Urine that burns or stings	Never	1	10206
Rarely		2	2652	18.7
Sometimes		3	1091	7.7
Often		4	235	1.7
N Missing			57	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q26Ag In the last 12 months, have you had any of the following: Leaking urine	Never	1	12321	86.8
	Rarely	2	1221	8.6
	Sometimes	3	510	3.6
	Often	4	138	1.0
	N Missing		47	
	Q26Ah In the last 12 months, have you had any of the following: Constipation	Never	1	8584
Rarely		2	3577	25.2
Sometimes		3	1498	10.6
Often		4	519	3.7
N Missing			64	
Q26Ai In the last 12 months, have you had any of the following: Haemorrhoids (piles)		Never	1	13193
	Rarely	2	567	4.0
	Sometimes	3	308	2.2
	Often	4	111	0.8
	N Missing		58	
	Q26Aj In the last 12 months, have you had any of the following: Other bowel problems	Never	1	12328
Rarely		2	976	6.9
Sometimes		3	566	4.0
Often		4	305	2.1
N Missing			62	
Q26Ak In the last 12 months, have you had any of the following: Vaginal discharge or irritation		Never	1	7892
	Rarely	2	3595	25.4
	Sometimes	3	2092	14.8
	Often	4	596	4.2
	N Missing		59	
	Q26Al In the last 12 months, have you had any of the following: Premenstrual tension	Never	1	4506
Rarely		2	3180	22.5
Sometimes		3	4078	28.8
Often		4	2396	16.9
N Missing			77	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q26Am In the last 12 months, have you had any of the following: Irregular monthly periods	Never	1	8190	57.8
	Rarely	2	2475	17.5
	Sometimes	3	1866	13.2
	Often	4	1637	11.6
	N Missing		68	
Q26An In the last 12 months, have you had any of the following: Heavy periods	Never	1	6756	47.7
	Rarely	2	3526	24.9
	Sometimes	3	2574	18.2
	Often	4	1318	9.3
	N Missing		67	
Q26Ao In the last 12 months, have you had any of the following: Severe period pain	Never	1	4856	34.3
	Rarely	2	3664	25.9
	Sometimes	3	3298	23.3
	Often	4	2353	16.6
	N Missing		67	
Q26Ap In the last 12 months, have you had any of the following: Skin problems	Never	1	6242	44.0
	Rarely	2	3349	23.6
	Sometimes	3	2670	18.8
	Often	4	1920	13.5
	N Missing		55	
Q26Aq In the last 12 months, have you had any of the following: Difficulty sleeping	Never	1	5340	37.8
	Rarely	2	4029	28.5
	Sometimes	3	3363	23.8
	Often	4	1404	9.9
	N Missing		98	
Q26Ba If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Allergies, hayfever, sinusitis	Yes	1	3269	23.5
	No	2	810	5.8
	Not applicable	3	9858	70.7
	N Missing		302	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q26Bb If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Asthma	Yes	1	2204	15.7
	No	2	215	1.5
	Not applicable	3	11652	82.8
	N Missing		175	
Q26Bc If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Headaches/migraines	Yes	1	3242	23.7
	No	2	1054	7.7
	Not applicable	3	9368	68.6
	N Missing		592	
Q26Bd If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Constant tiredness	Yes	1	1315	9.7
	No	2	1479	10.9
	Not applicable	3	10823	79.5
	N Missing		636	
Q26Be If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Back pain	Yes	1	2115	15.4
	No	2	925	6.7
	Not applicable	3	10713	77.9
	N Missing		500	
Q26Bf If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Urine that burns or stings	Yes	1	1609	11.5
	No	2	320	2.3
	Not applicable	3	12075	86.2
	N Missing		241	
Q26Bg If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Leaking urine	Yes	1	209	1.5
	No	2	186	1.3
	Not applicable	3	13706	97.2
	N Missing		143	
Q26Bh If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Constipation	Yes	1	898	6.5
	No	2	351	2.5
	Not applicable	3	12653	91.0
	N Missing		335	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q26Bi If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Haemorrhoids (piles)	Yes	1	241	1.7
	No	2	114	0.8
	Not applicable	3	13773	97.5
	N Missing		115	
Q26Bj If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Other bowel problems	Yes	1	556	3.9
	No	2	300	2.1
	Not applicable	3	13223	93.9
	N Missing		153	
Q26Bk If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Vaginal discharge or irritation	Yes	1	2115	15.2
	No	2	565	4.1
	Not applicable	3	11244	80.8
	N Missing		322	
Q26Bl If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Premenstrual tension	Yes	1	1339	9.7
	No	2	850	6.2
	Not applicable	3	11548	84.1
	N Missing		507	
Q26Bm If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Irregular monthly periods	Yes	1	1275	9.2
	No	2	654	4.7
	Not applicable	3	11953	86.1
	N Missing		361	
Q26Bn If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Heavy periods	Yes	1	1104	8.0
	No	2	577	4.2
	Not applicable	3	12051	87.8
	N Missing		507	
Q26Bo If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Severe period pain	Yes	1	2171	15.9
	No	2	887	6.5
	Not applicable	3	10640	77.7
	N Missing		546	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q26Bp If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Skin problems	Yes	1	2201	16.0
	No	2	1096	8.0
	Not applicable	3	10487	76.1
	N Missing		454	
Q26Bq If you have had any of these problems, were you satisfied with the health services available to help you deal with this problem? If you did not seek help, circle 3. Difficulty sleeping	Yes	1	776	5.7
	No	2	883	6.5
	Not applicable	3	12019	87.9
	N Missing		569	
Q27a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health	Not applicable	1	337	2.4
	Not stressed	2	5864	41.5
	Somewhat stressed	3	5271	37.3
	Moderately stressed	4	1741	12.3
	Very stressed	5	680	4.8
	Extremely stressed	6	245	1.7
	N Missing		105	
Q27b Over the last 12 months, how stressed have you felt about the following areas of your life: Health of other family members	Not applicable	1	497	3.5
	Not stressed	2	4949	35.0
	Somewhat stressed	3	4949	35.0
	Moderately stressed	4	2280	16.1
	Very stressed	5	1022	7.2
	Extremely stressed	6	446	3.2
	N Missing		104	
Q27c Over the last 12 months, how stressed have you felt about the following areas of your life: Work/Employment	Not applicable	1	1231	8.7
	Not stressed	2	2847	20.1
	Somewhat stressed	3	4460	31.5
	Moderately stressed	4	2900	20.5
	Very stressed	5	1935	13.7
	Extremely stressed	6	769	5.4
	N Missing		103	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27d Over the last 12 months, how stressed have you felt about the following areas of your life: Living arrangements	Not applicable	1	480	3.4
	Not stressed	2	6023	42.5
	Somewhat stressed	3	3830	27.0
	Moderately stressed	4	2030	14.3
	Very stressed	5	1214	8.6
	Extremely stressed	6	585	4.1
	N Missing			86
Q27e Over the last 12 months, how stressed have you felt about the following areas of your life: Study	Not applicable	1	4012	28.3
	Not stressed	2	2468	17.4
	Somewhat stressed	3	2180	15.4
	Moderately stressed	4	2453	17.3
	Very stressed	5	2003	14.1
	Extremely stressed	6	1052	7.4
	N Missing			82
Q27f Over the last 12 months, how stressed have you felt about the following areas of your life: Money	Not applicable	1	164	1.2
	Not stressed	2	2552	18.0
	Somewhat stressed	3	4530	32.0
	Moderately stressed	4	3272	23.1
	Very stressed	5	2198	15.5
	Extremely stressed	6	1453	10.3
	N Missing			75
Q27g Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with parents	Not applicable	1	404	2.9
	Not stressed	2	7693	54.3
	Somewhat stressed	3	3350	23.7
	Moderately stressed	4	1378	9.7
	Very stressed	5	781	5.5
	Extremely stressed	6	556	3.9
	N Missing			82

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27h Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with partner/spouse	Not applicable	1	5674	40.2
	Not stressed	2	4141	29.3
	Somewhat stressed	3	2303	16.3
	Moderately stressed	4	958	6.8
	Very stressed	5	575	4.1
	Extremely stressed	6	474	3.4
	N Missing			125
Q27i Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members	Not applicable	1	574	4.1
	Not stressed	2	8225	58.2
	Somewhat stressed	3	3606	25.5
	Moderately stressed	4	1062	7.5
	Very stressed	5	401	2.8
	Extremely stressed	6	274	1.9
	N Missing			108
Q27j Over the last 12 months, how stressed have you felt about the following areas of your life: Relationships with boyfriends	Not applicable	1	3893	27.6
	Not stressed	2	4488	31.8
	Somewhat stressed	3	3124	22.1
	Moderately stressed	4	1250	8.9
	Very stressed	5	777	5.5
	Extremely stressed	6	581	4.1
	N Missing			131
Q27k Over the last 12 months, how stressed have you felt about the following areas of your life: Relationships with girlfriends	Not applicable	1	3589	25.5
	Not stressed	2	6585	46.9
	Somewhat stressed	3	2788	19.8
	Moderately stressed	4	767	5.5
	Very stressed	5	219	1.6
	Extremely stressed	6	105	0.7
	N Missing			197

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27I Over the last 12 months, how stressed have you felt about the following areas of your life: Anything else (Please specify on line)	Not applicable	1	5300	76.7
	Not stressed	2	541	7.8
	Somewhat stressed	3	93	1.3
	Moderately stressed	4	827	12.0
	Very stressed	5	72	1.0
	Extremely stressed	6	78	1.1
	N Missing		7284	
Q28a When you feel stressed, do you use any of the following methods to reduce stress? Walking, exercise or working out	None of the time	1	3783	26.8
	Little of time	2	4500	31.9
	Some of the time	3	3449	24.4
	Most of the time	4	1782	12.6
	All the time	5	609	4.3
	N Missing		123	
Q28b When you feel stressed, do you use any of the following methods to reduce stress? Music, reading, sleeping, meditation	None of the time	1	1347	9.5
	Little of time	2	2788	19.7
	Some of the time	3	4738	33.5
	Most of the time	4	4152	29.3
	All the time	5	1125	7.9
	N Missing		96	
Q28c When you feel stressed, do you use any of the following methods to reduce stress? Talking to a good friend	None of the time	1	1187	8.4
	Little of time	2	2912	20.6
	Some of the time	3	4248	30.0
	Most of the time	4	4465	31.5
	All the time	5	1345	9.5
	N Missing		90	
Q28d When you feel stressed, do you use any of the following methods to reduce stress? Writing, drawing or creative activity	None of the time	1	7397	52.3
	Little of time	2	3054	21.6
	Some of the time	3	2204	15.6
	Most of the time	4	1100	7.8
	All the time	5	384	2.7
	N Missing		106	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q28e When you feel stressed, do you use any of the following methods to reduce stress? Wanting to be alone, watching TV	None of the time	1	1657	11.7
	Little of time	2	3987	28.1
	Some of the time	3	4729	33.4
	Most of the time	4	3074	21.7
	All the time	5	718	5.1
	N Missing			81
Q28f When you feel stressed, do you use any of the following methods to reduce stress? (y1: Letting off steam, e.g.) Throwing things, slamming doors	None of the time	1	7836	55.3
	Little of time	2	3637	25.7
	Some of the time	3	1729	12.2
	Most of the time	4	678	4.8
	All the time	5	282	2.0
	N Missing			82
Q28g When you feel stressed, do you use any of the following methods to reduce stress? Smoking, using drugs or alcohol	None of the time	1	8192	57.8
	Little of time	2	2397	16.9
	Some of the time	3	1943	13.7
	Most of the time	4	1046	7.4
	All the time	5	586	4.1
	N Missing			81
Q28h When you feel stressed, do you use any of the following methods to reduce stress? Eating more or less	None of the time	1	3390	24.0
	Little of time	2	4077	28.8
	Some of the time	3	3887	27.5
	Most of the time	4	2033	14.4
	All the time	5	767	5.4
	N Missing			93
Q29a In the last 12 months, have you experienced any of the following events? Major personal illness	Yes	1	1361	9.6
	No	2	12797	90.4
	N Missing			87
Q29b In the last 12 months, have you experienced any of the following events? Major personal injury	Yes	1	718	5.1
	No	2	13472	94.9
	N Missing			53

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29c In the last 12 months, have you experienced any of the following events? Major surgery (not including dental work)	Yes	1	676	4.8
	No	2	13514	95.2
	N Missing		54	
Q29d In the last 12 months, have you experienced any of the following events? Pregnancy	Yes	1	1234	8.7
	No	2	12959	91.3
	N Missing		48	
Q29e In the last 12 months, have you experienced any of the following events? Birth of your first child	Yes	1	508	3.6
	No	2	13696	96.4
	N Missing		39	
Q29f In the last 12 months, have you experienced any of the following events? Starting a new, close personal relationship	Yes	1	4854	34.2
	No	2	9338	65.8
	N Missing		49	
Q29g In the last 12 months, have you experienced any of the following events? Problem in a close personal relationship	Yes	1	6149	43.3
	No	2	8044	56.7
	N Missing		51	
Q29h In the last 12 months, have you experienced any of the following events? Break-up of a close personal relationship	Yes	1	4302	30.3
	No	2	9894	69.7
	N Missing		47	
Q29i In the last 12 months, have you experienced any of the following events? Getting married (or starting to live with someone)	Yes	1	1984	14.0
	No	2	12213	86.0
	N Missing		43	
Q29j In the last 12 months, have you experienced any of the following events? Infidelity of spouse or partner	Yes	1	721	5.1
	No	2	13419	94.9
	N Missing		107	
Q29k In the last 12 months, have you experienced any of the following events? Becoming a sole parent	Yes	1	376	2.7
	No	2	13820	97.3
	N Missing		43	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29l In the last 12 months, have you experienced any of the following events? Increased hassling with parents	Yes	1	3027	21.3
	No	2	11162	78.7
	N Missing		49	
Q29m In the last 12 months, have you experienced any of the following events? Serious conflict between members of your family	Yes	1	3278	23.1
	No	2	10922	76.9
	N Missing		42	
Q29n In the last 12 months, have you experienced any of the following events? Parents getting divorced, separated or remarried	Yes	1	803	5.7
	No	2	13397	94.3
	N Missing		42	
Q29o In the last 12 months, have you experienced any of the following events? Partner/close family member/close friend having trouble with alcohol	Yes	1	1941	13.7
	No	2	12262	86.3
	N Missing		39	
Q29p In the last 12 months, have you experienced any of the following events? Death of partner or close family member	Yes	1	2071	14.6
	No	2	12129	85.4
	N Missing		43	
Q29q In the last 12 months, have you experienced any of the following events? Death of close friend	Yes	1	1326	9.3
	No	2	12875	90.7
	N Missing		41	
Q29r In the last 12 months, have you experienced any of the following events? Leaving home for the first time	Yes	1	2468	17.4
	No	2	11731	82.6
	N Missing		43	
Q29s In the last 12 months, have you experienced any of the following events? Beginning university, college or training program	Yes	1	3692	26.0
	No	2	10502	74.0
	N Missing		47	
Q29t In the last 12 months, have you experienced any of the following events? Exam stress	Yes	1	6755	47.6
	No	2	7448	52.4
	N Missing		39	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29u In the last 12 months, have you experienced any of the following events? Difficulty finding a job	Yes	1	4758	33.5
	No	2	9438	66.5
	N Missing		43	
Q29v In the last 12 months, have you experienced any of the following events? Beginning/resuming work outside the home	Yes	1	3472	24.5
	No	2	10713	75.5
	N Missing		58	
Q29w In the last 12 months, have you experienced any of the following events? Changing your type of work/hours/conditions/responsibilities at work	Yes	1	7064	49.8
	No	2	7132	50.2
	N Missing		45	
Q29x In the last 12 months, have you experienced any of the following events? Distressing harassment at work	Yes	1	1522	10.7
	No	2	12673	89.3
	N Missing		44	
Q29y In the last 12 months, have you experienced any of the following events? Loss of job	Yes	1	1467	10.3
	No	2	12736	89.7
	N Missing		38	
Q29z In the last 12 months, have you experienced any of the following events? Parent losing a job	Yes	1	928	6.5
	No	2	13272	93.5
	N Missing		40	
Q29aa In the last 12 months, have you experienced any of the following events? Decreased income	Yes	1	4112	29.0
	No	2	10088	71.0
	N Missing		41	
Q29bb In the last 12 months, have you experienced any of the following events? Natural disaster (fire, flood, drought, earthquake etc) or house fire	Yes	1	431	3.0
	No	2	13768	97.0
	N Missing		42	
Q29cc In the last 12 months, have you experienced any of the following events? Major loss or damage to personal property	Yes	1	762	5.4
	No	2	13433	94.6
	N Missing		47	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29dd In the last 12 months, have you experienced any of the following events? Being robbed	Yes	1	1014	7.1
	No	2	13187	92.9
	N Missing		40	
Q29ee In the last 12 months, have you experienced any of the following events? Involvement in a serious accident	Yes	1	585	4.1
	No	2	13610	95.9
	N Missing		43	
Q29ff In the last 12 months, have you experienced any of the following events? Being pushed, grabbed, shoved, kicked or hit	Yes	1	2258	15.9
	No	2	11938	84.1
	N Missing		45	
Q29gg In the last 12 months, have you experienced any of the following events? Being forced to take part in unwanted sexual activity	Yes	1	515	3.6
	No	2	13673	96.4
	N Missing		54	
Q29hh In the last 12 months, have you experienced any of the following events? Legal troubles or involved in a court case	Yes	1	1008	7.1
	No	2	13196	92.9
	N Missing		38	
Q29ii In the last 12 months, have you experienced any of the following events? Family member/close friend being arrested/in gaol	Yes	1	738	5.2
	No	2	13453	94.8
	N Missing		51	
Q30 Which of the following best describes your smoking status now?	Never smoked	1	7280	53.4
	Used to smoke	2	1992	14.6
	Occasionally	3	1633	12.0
	Regularly	4	2718	20.0
	N Missing		618	
Q31 If you used to smoke, how long ago did you give up smoking?	1-5 yrs ago	1	754	41.3
	6-10 yrs ago	6	184	10.1
	>11 yrs ago	11	3	0.2
	Last 6 months	77	485	26.6
	6-12 months	88	399	21.9
	N Missing		12333	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32a If you now smoke, how many cigarettes do you usually smoke in a day?	Mean		11.70	
	Std Error		0.16	
	N		3144	
	N Missing		11103	
Q32b If you used to smoke, how many cigarettes did you usually smoke in a day?	Mean		10.34	
	Std Error		0.28	
	N		1357	
	N Missing		12890	
Q33 At what age did you start smoking?	Mean		15.52	
	Std Error		0.03	
	N		6229	
	N Missing		8018	
Q34 Have you ever smoked daily for six months or more?	Yes	1	4067	29.9
	No	2	2276	16.7
	Never smoked	3	7280	53.4
	N Missing		625	
Q35 How often do you usually drink alcohol?	Non drinker	1	1312	9.3
	Rarely drink	2	4726	33.5
	<than once week	3	3948	28.0
	1-2 days	4	3406	24.1
	3-4 days	5	582	4.1
	5-6 days	6	99	0.7
	Every day	7	34	0.2
	N Missing		132	
Q36 On a day when you drink alcohol, how many drinks do you usually have?	Non drinker	0	1312	9.4
	1-2 drinks	1	4348	31.1
	3-4 drinks	2	4125	29.5
	5-8 drinks	3	3180	22.7
	9+ drinks	4	1015	7.3
	N Missing		263	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37 How often do you have five or more drinks of alcohol on one occasion?	Never	1	2780	19.8
	< once month	2	4508	32.2
	About once month	3	2987	21.3
	About once week	4	2083	14.9
	> once week	5	347	2.5
	Non-drinker	6	1312	9.4
	N Missing		224	
Q40 How would you describe yourself now?	Very underweight	1	61	0.4
	Underweight	2	290	2.0
	Slightly underweight	3	956	6.7
	Average	4	5635	39.8
	Slightly Overweight	5	4283	30.2
	Overweight	6	2249	15.9
	Very overweight	7	595	4.2
	Don't know	8	104	0.7
	N Missing		71	
Q41 When you were a child (say age 10) how would you describe your weight?	Very underweight	1	233	1.6
	Underweight	2	1095	7.7
	Slightly underweight	3	2233	15.7
	Average	4	7426	52.3
	Slightly Overweight	5	1794	12.6
	Overweight	6	1050	7.4
	Very overweight	7	221	1.6
	Don't know	8	150	1.1
	N Missing		41	
Q42 How much would you like to weigh?	Over 5 kg more	1	224	1.6
	1 - 5kg more	2	569	4.0
	Happy as I am	3	2960	20.9
	1 - 5kg less	4	5586	39.5
	6 - 10kg less	5	3021	21.4
	Over 10kg less	6	1774	12.5
	N Missing		122	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q43 Have you ever dieted to lose weight?	Yes	1	8036	56.8
	No	2	6123	43.2
	N Missing		81	
Q44 How often have you gone on a diet, (that is, limited how much you ate) in order to lose weight during the last year?	Never	1	1260	8.9
	1 - 4 times	2	5024	35.5
	5 - 10 times	3	676	4.8
	More 10 times	4	348	2.5
	Always on diet	5	721	5.1
	Never dieted	6	6123	43.3
	N Missing		91	
Q45 How old were you when you first dieted to lose weight? If you are not sure, what is your best guess?	6-10 yrs	9	186	1.3
	11-15 yrs	11	3805	27.1
	16-20 yrs	16	3763	26.8
	>than 20 yrs	21	168	1.2
	Never dieted	98	6123	43.6
	N Missing		200	
Q46a Have you ever Lost 5kg or more on purpose	Yes	1	5756	41.0
	No	2	8289	59.0
	N Missing		199	
Q46b Have you ever Lost 5kg or more without wanting to	Yes	1	4991	35.7
	No	2	8990	64.3
	N Missing		254	
Q47 Have you regained that lost weight?	Yes	1	6783	49.6
	No	2	2183	16.0
	Never lost 5 kgs	3	4701	34.4
	N Missing		580	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q48a In the past month, how dissatisfied have you felt about	Your weight			
	Not at all	1	2138	15.2
	2	2	1262	9.0
	Slightly	3	2547	18.1
	4	4	1381	9.8
	Moderately	5	2452	17.5
	6	6	1826	13.0
	Markedly	7	2447	17.4
	N Missing		187	
Q48b In the past month how dissatisfied have you felt about	Your shape			
	Not at all	1	1310	9.4
	2	2	1156	8.3
	Slightly	3	2369	17.0
	4	4	1723	12.3
	Moderately	5	2682	19.2
	6	6	2157	15.4
	Markedly	7	2575	18.4
	N Missing		267	
Q49 Have there been times when you felt that you have eaten what other people would regard as an unusually large amount of food given the circumstances?				
	In past month	1	4698	33.5
	>1 month ago	2	1899	13.6
	No	3	7415	52.9
	N Missing		230	
Q50 During these times of overeating, did you have a sense of having lost control over your eating, that is, feeling that you couldn't stop once you had started?				
	Yes	1	2954	21.2
	No	2	3599	25.8
	Never over-eaten	3	7415	53.1
	N Missing		276	
Q51 Can you say how old you were when you first started overeating like this? If you are not sure, what is your best guess?				
	6-10 yrs	9	150	1.1
	11-15 yrs	11	988	7.2
	>than 16 yrs	16	1593	11.6
	No lost control	97	3599	26.2
	Never over-eaten	98	7415	53.9
	N Missing		503	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q52a Have you used any of the following to control your weight or shape? Vomited on purpose after eating	In past month	1	517	3.7
	>1 month ago	2	1448	10.2
	Never	3	12191	86.1
	N Missing		86	
Q52b Have you used any of the following to control your weight or shape? Laxatives	In past month	1	268	1.9
	>1 month ago	2	1041	7.4
	Never	3	12837	90.7
	N Missing		96	
Q52c Have you used any of the following to control your weight or shape? Diuretics	In past month	1	116	0.8
	>1 month ago	2	388	2.7
	Never	3	13611	96.4
	N Missing		124	
Q52d Have you used any of the following to control your weight or shape? Fasting (not eating food for at least a day)	In past month	1	940	6.6
	>1 month ago	2	2454	17.3
	Never	3	10768	76.0
	N Missing		83	
Q53 In a normal week, how many times do you engage in vigorous exercise lasting for 20 minutes or more? (exercise which makes you breathe harder or puff and pant, such as netball, squash, jogging, aerobics, vigorous swimming, etc.)	Never	1	4391	31.0
	Once a week	2	3998	28.2
	2,3 times week	3	3857	27.2
	4,5,6 times week	4	1410	9.9
	Once every day	5	374	2.6
	>than once a day	6	148	1.0
	N Missing		62	
Q54 In a normal week, how many times do you engage in less vigorous exercise which lasts for 20 minutes or more? (exercise which does not make you breathe harder or puff and pant, like walking, gardening, swimming and lawn bowls)	Never	1	1497	10.6
	Once a week	2	3210	22.6
	2,3 times week	3	4676	33.0
	4,5,6 times week	4	2185	15.4
	Once every day	5	1566	11.0
	>than once a day	6	1046	7.4
	N Missing		62	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q55 In the course of your work (paid or unpaid) how many times in a normal week would your work involve exertion for more than 20 minutes without stopping, that is, exertion which makes you breather harder and puff or pant?	Never	1	8044	56.9
	Once a week	2	2561	18.1
	2,3 times week	3	1853	13.1
	4,5,6 times week	4	697	4.9
	Once every day	5	483	3.4
	>than once a day	6	503	3.6
	N Missing			107
Q56 How often do you eat takeaway food?	Never	1	245	1.7
	<than once month	2	1427	10.1
	Once a month	3	2808	19.8
	Once a week	4	6543	46.1
	>than once week	5	2660	18.7
	Almost everyday	6	508	3.6
	N Missing			46
Q57 Which of the following best describes you main current employment status? If you are studying and working, circle the number corresponding to your main activity.	Full-time paid	1	4460	31.8
	Part-time/casual	2	2717	19.4
	Without pay	3	49	0.4
	Home duties	4	761	5.4
	Studying	5	4764	34.0
	Unemployed	6	910	6.5
	Voluntary work	7	59	0.4
	Sick/injured	8	75	0.5
	Other	9	208	1.5
	N Missing			233
Q58 How many hours do you normally spend in all your paid jobs each week?	1 - 15 hrs	1	904	6.4
	16 - 24 hrs	2	873	6.2
	25 - 34 hrs	3	858	6.1
	35 - 40 hrs	4	2957	21.0
	41 - 48 hrs	5	1297	9.2
	49 hrs or more	6	384	2.7
	Not in paid work	7	6784	48.3
	N Missing			188

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q59 Do you normally do paid shift work?	Yes	1	1922	13.7
	No	2	5353	38.1
	Not in paid work	3	6784	48.3
	N Missing		187	
Q60 Do you normally do paid work at night?	Yes	1	1902	13.5
	No	2	5369	38.2
	Not in paid work	3	6784	48.3
	N Missing		189	
Q61 Is your home your normal ("paid work") work-place?	Yes	1	221	1.6
	No	2	7042	50.1
	Not in paid work	3	6784	48.3
	N Missing		194	
Q62 How often do you feel rushed/pressured/too busy?	Everyday	1	2435	18.3
	Few times a week	2	5914	44.4
	Once a week	3	2825	21.2
	Once a month	4	1526	11.4
	Never	5	630	4.7
	N Missing		924	
Q63 How often do you feel you have time on your hands that you don't know what to do with?	Everyday	1	708	5.3
	Few times a week	2	2678	20.1
	Once a week	3	3203	24.1
	Once a month	4	3299	24.8
	Never	5	3425	25.7
	N Missing		937	
Q64a How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In paid work	Happy as it is	1	5460	38.6
	Like to do more	2	3666	25.9
	Like to do less	3	1967	13.9
	Not applicable	4	3036	21.5
	N Missing		116	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q64b How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In active leisure (eg sport, art, drama, music)	Happy as it is	1	2805	19.9
	Like to do more	2	10375	73.5
	Like to do less	3	63	0.4
	Not applicable	4	871	6.2
	N Missing		131	
Q64c How happy are you with the amount of time you spend in the following aspects of your life? Time spent: In passive leisure (eg reading, TV, writing letters)	Happy as it is	1	7017	49.6
	Like to do more	2	5984	42.3
	Like to do less	3	975	6.9
	Not applicable	4	182	1.3
	N Missing		78	
Q64d How happy are you with the amount of time you spend in the following aspects of your life? Time spent: Studying	Happy as it is	1	3007	21.2
	Like to do more	2	4596	32.4
	Like to do less	3	1439	10.1
	Not applicable	4	5137	36.2
	N Missing		65	
Q64e How happy are you with the amount of time you spend in the following aspects of your life? Time spent: Doing voluntary work	Happy as it is	1	2488	17.6
	Like to do more	2	2775	19.6
	Like to do less	3	179	1.3
	Not applicable	4	8730	61.6
	N Missing		71	
Q64f How happy are you with the amount of time you spend in the following aspects of your life? Time spent: Religious activities	Happy as it is	1	2670	18.9
	Like to do more	2	1877	13.3
	Like to do less	3	97	0.7
	Not applicable	4	9503	67.2
	N Missing		99	
Q64g How happy are you with the amount of time you spend in the following aspects of your life? Time spent: Sleeping	Happy as it is	1	6198	43.7
	Like to do more	2	6992	49.3
	Like to do less	3	920	6.5
	Not applicable	4	75	0.5
	N Missing		58	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q64h How happy are you with the amount of time you spend in the following aspects of your life? Time spent: Alone	Happy as it is	1	8867	62.6
	Like to do more	2	2575	18.2
	Like to do less	3	2217	15.6
	Not applicable	4	509	3.6
	N Missing		74	
Q65a Are you happy with your share of the following tasks and activities? Domestic work (shopping, cooking, cleaning etc)	Happy as it is	1	9847	69.4
	Others do more	2	2722	19.2
	Other arrangement	3	925	6.5
	Not applicable	4	696	4.9
	N Missing		50	
Q65b Are you happy with your share of the following tasks and activities? Child care	Happy as it is	1	1800	12.7
	Others do more	2	361	2.5
	Other arrangement	3	117	0.8
	Not applicable	4	11904	83.9
	N Missing		58	
Q65c Are you happy with your share of the following tasks and activities? Caring for another adult (who is elderly/disabled/sick)	Happy as it is	1	934	6.6
	Others do more	2	205	1.4
	Other arrangement	3	102	0.7
	Not applicable	4	12933	91.2
	N Missing		64	
Q65d Are you happy with your share of the following tasks and activities? Other household work (gardening, home/car maintenance)	Happy as it is	1	8417	59.4
	Others do more	2	1248	8.8
	Other arrangement	3	562	4.0
	Not applicable	4	3940	27.8
	N Missing		71	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q66 What is your main occupation? (If you are a student, circle the occupation you are studying for)	Manager	1	1111	7.9
	Professional	2	4878	34.9
	Paraprofessional	3	454	3.2
	Trade	4	572	4.1
	Clerk	5	2308	16.5
	Sales/service	6	2917	20.9
	Machine operator	7	83	0.6
	Manual worker	8	499	3.6
	Never paid work	9	343	2.5
	Other	10	817	5.8
	N Missing		296	
Q67a Who lives with you? No-one, I live alone	Yes	1	782	5.6
	No	2	13262	94.4
	N Missing		201	
Q67b Who lives with you? Partner/spouse	Yes	1	3000	22.9
	No	2	10091	77.1
	N Missing		1092	
Q67c Who lives with you? Own children	Yes	1	1045	8.1
	No	2	11889	91.9
	N Missing		1259	
Q67d Who lives with you? Someone else's children	Yes	1	315	2.5
	No	2	12553	97.5
	N Missing		1333	
Q67e Who lives with you? Parents	Yes	1	7035	52.1
	No	2	6479	47.9
	N Missing		742	
Q67f Who lives with you? Brothers/sisters	Yes	1	5768	43.3
	No	2	7543	56.7
	N Missing		938	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q67g Who lives with you? Other adult relatives	Yes	1	725	5.6
	No	2	12171	94.4
	N Missing		1315	
Q67h Who lives with you? Other adults who are not family members	Yes	1	3275	24.9
	No	2	9904	75.1
	N Missing		1033	
Q68 Most parents need someone to care for their children when they cannot. How satisfied are you with your child care arrangements?	Very satisfied	1	457	3.2
	Satisfied	2	414	2.9
	Dissatisfied	3	75	0.5
	Very Dissatisfied	4	47	0.3
	Not Applicable	5	218	1.5
	Live alone	6	782	5.5
	No children	7	12131	85.9
	N Missing		125	
Q69 Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty?	Yes	1	1069	7.6
	No	2	13004	92.4
	N Missing		164	
Q70 Do you regularly need help with daily tasks because of a long-term illness or disability (eg help with personal care, getting around, preparing meals etc)?	Yes	1	148	1.1
	No	2	13795	98.9
	N Missing		280	
Q71 How satisfied are you with the help you receive for your own personal care?	Very satisfied	1	63	0.5
	Satisfied	2	84	0.6
	Dissatisfied	3	11	0.1
	Very dissatisfied	4	7	0.0
	Do not need help	5	13795	98.8
	N Missing		264	
Q72a These questions are about getting on with other people: Has anyone close to you tried to hurt you or harm you recently?	Yes	1	1545	10.9
	No	2	12579	89.1
	N Missing		123	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q72b These questions are about getting on with other people: Are you sad or lonely often?	Yes	1	4237	29.9
	No	2	9928	70.1
	N Missing		84	
Q72c These questions are about getting on with other people: Do you feel that nobody wants you around?	Yes	1	1873	13.2
	No	2	12266	86.8
	N Missing		112	
Q72d These questions are about getting on with other people: Does anyone in your family drink a lot of alcohol?	Yes	1	2237	15.8
	No	2	11953	84.2
	N Missing		60	
Q72e These questions are about getting on with other people: Are you afraid of anyone in your family?	Yes	1	1076	7.6
	No	2	13091	92.4
	N Missing		82	
Q72f These questions are about getting on with other people: Do you have enough privacy at home?	Yes	1	10775	76.1
	No	2	3393	23.9
	N Missing		82	
Q72g These questions are about getting on with other people: Have you ever been in a violent relationship with a partner/spouse?	Yes	1	1592	11.2
	No	2	12585	88.8
	N Missing		76	
Q72h These questions are about getting on with other people: Has anyone close to you called you names or put you down or made you feel bad recently?	Yes	1	5045	35.6
	No	2	9123	64.4
	N Missing		78	
Q73a Does it seem that your family and friends (ie people who are important to you) understand you?	Hardly ever	1	992	7.0
	Some of the time	2	5792	40.8
	Most of the time	3	7407	52.2
	N Missing		52	
Q73b Can you talk about your deepest problems with at least some of your family and friends?	Hardly ever	1	1515	10.7
	Some of the time	2	3653	25.8
	Most of the time	3	8969	63.4
	N Missing		119	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q74 Other than members of your family how many persons in your local area do you feel you can depend on or feel very close to?	None	1	1862	13.1
	1-2 people	2	6280	44.3
	>than 2 people	3	6049	42.6
	N Missing		48	
Q76 How old were you when you left school?	Still at school	1	1735	12.2
	Never attended	2	5	0.0
	14 yrs or under	3	118	0.8
	15-16 yrs	4	2094	14.8
	17-18 yrs	5	9255	65.3
	19 yrs or older	6	968	6.8
	N Missing		61	
Q77 Are you currently attending an educational institution?	No	1	7115	50.2
	Part-time	2	1630	11.5
	Full-time	3	5441	38.4
	N Missing		55	
Q78 What is the highest qualification you have completed?	No formal	1	357	2.5
	School Certificate	2	1724	12.2
	Higher school Certificate	3	7853	55.4
	Trade/Apprentice	4	335	2.4
	Certificate/Diploma	5	2141	15.1
	University degree	6	1642	11.6
	Higher degree	7	116	0.8
	N Missing		81	
Q79 Are you of Aboriginal or Torres Strait Islander origin?	No	1	13948	98.4
	Aboriginal	2	191	1.3
	Torres Strait Is	3	38	0.3
	N Missing		63	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q81 If you were not born here, when did you first arrive in Australia with the intention of living here for one year or more?	1975 or earlier	1	108	0.8
	1976-1985	2	771	5.4
	1986-1990	3	397	2.8
	1991 or later	4	246	1.7
	Australian born	5	12648	89.3
	N Missing		77	
	Q83 How well do you speak English?	Very well	1	1212
Well		2	248	1.8
Not well		3	82	0.6
Not at all		4	7	0.0
English speaking		5	12574	89.0
N Missing			113	
Q84 What is your present marital status?		Married	1	1163
	De Facto	2	1679	11.8
	De Facto-same sex	3	31	0.2
	Separated	4	111	0.8
	Divorced	5	5	0.0
	Widowed	6	6	0.0
	Never married	7	11180	78.9
	N Missing		70	
Q85 How do you manage on the income you have available?	Impossible	1	500	3.5
	Difficult always	2	2066	14.6
	Difficult sometimes	3	4634	32.6
	Not too bad	4	5128	36.1
	It is easy	5	1867	13.2
	N Missing		52	
	Q86 Which of the following best describes your housing situation? Do you live in:	House	1	10580
Flat/unit/apartment		2	2862	20.2
Caravan/tent		3	100	0.7
Other		4	659	4.6
N Missing			42	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q87 In whose name is the ownership/ purchasing agreement/ tenancy agreement?	Self	1	1229	8.7
	Partner/spouse	2	646	4.6
	Partner and self	3	1372	9.7
	Parents, family	4	7491	52.8
	Self and others	5	1553	11.0
	Not applicable	6	965	6.8
	Other	7	918	6.5
	N Missing		73	
Q89 When you are 35, would you like to be:	Full-time paid	1	8330	59.7
	Part-time paid	2	4386	31.4
	Unpaid in home	3	558	4.0
	Other	4	673	4.8
	N Missing		277	
Q91 When you are 35, would you like to be:	Married	1	11865	85.1
	Relationship	2	1471	10.6
	No relationship	3	149	1.1
	Other	4	454	3.3
	N Missing		285	
Q92 When you are 35, would you like to have:	No children	1	973	8.1
	1 or 2 children	2	7705	64.5
	>than 2 children	3	3267	27.3
	N Missing		2299	
Q93 When you are 35, would you like to have more educational qualifications than you have now?	Yes	1	8983	74.7
	No	2	817	6.8
	Not sure	3	2228	18.5
	N Missing		2219	
Q94a In general, are you satisfied with what you have achieved in your life so far in the areas of: Work/career/study	Very satisfied	1	4010	28.7
	Satisfied	2	6803	48.7
	Dissatisfied	3	2589	18.5
	Very dissatisfied	4	575	4.1
	N Missing		256	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q94b In general, are you satisfied with what you have achieved in your life so far in the areas of: Family relationships	Very satisfied	1	5432	38.9
	Satisfied	2	7008	50.1
	Dissatisfied	3	1325	9.5
	Very dissatisfied	4	214	1.5
	N Missing		250	
Q94c In general, are you satisfied with what you have achieved in your life so far in the areas of: Partner/closest personal relationship	Very satisfied	1	4834	34.8
	Satisfied	2	5195	37.4
	Dissatisfied	3	2999	21.6
	Very dissatisfied	4	877	6.3
	N Missing		319	
Q94d In general, are you satisfied with what you have achieved in your life so far in the areas of: Friendships	Very satisfied	1	4921	35.2
	Satisfied	2	7294	52.2
	Dissatisfied	3	1556	11.1
	Very dissatisfied	4	207	1.5
	N Missing		253	
Q94e In general, are you satisfied with what you have achieved in your life so far in the areas of: Social activities	Very satisfied	1	3233	23.1
	Satisfied	2	7973	57.1
	Dissatisfied	3	2431	17.4
	Very dissatisfied	4	333	2.4
	N Missing		259	
PCS_ABS - Physical health summary score - standardised against the entire Australian adult population	Mean		53.01	
	Std Error		0.06	
	N		13957	
	N Missing		290	
MCS_ABS - Mental health summary score - standardised against the entire Australian adult population	Mean		43.33	
	Std Error		0.10	
	N		13957	
	N Missing		290	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
PCS_US - Physical health summary score - standardised against the entire US adult population	Mean		52.10	
	Std Error		0.06	
	N		13957	
	N Missing		290	
MCS_US - Mental health summary score - standardised against the entire US adult population	Mean		44.71	
	Std Error		0.10	
	N		13957	
	N Missing		290	
What is your year of birth?	Mean		1975.30	
	Std Error		0.01	
	N		14247	
	N Missing		0	
What is your date of birth? Rounded to the 15th of the month.	Mean		5768.26	
	Std Error		4.44	
	N		14247	
	N Missing		0	
Age at time of survey returned in years	Mean		20.31	
	Std Error		0.01	
	N		14247	
	N Missing		0	
Proportion of Life events 0 to 1	Mean		0.17	
	Std Error		0.00	
	N		14213	
	N Missing		34	
Life satisfaction score	Mean		3.10	
	Std Error		0.00	
	N		14003	
	N Missing		244	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Mean of Multi-item summed score for perceived stress. From 0 to 4. Higher values means more stressed.	Mean		0.91	
	Std Error		0.00	
	N		14187	
	N Missing		60	
Accessibility/remoteness Index of Australia ARIA	Mean		0.79	
	Std Error		0.01	
	N		14234	
	N Missing		13	
Short listed categorisation of country of birth	Australian born	1	12649	89.6
	Other English Speaking Background	2	605	4.3
	Europe	3	189	1.3
	Asia	4	505	3.6
	Other	5	167	1.2
	N Missing		115	
Short listed categorisation of language spoken at home	English, Aust	1	11749	83.7
	English, Other	2	821	5.8
	European	3	839	6.0
	Asian	4	414	2.9
	Other	5	209	1.5
	N Missing		198	
How much do you weigh without clothes or shoes?	Mean		62.08	
	Std Error		0.11	
	N		12819	
	N Missing		1428	
Body Mass Index (BMI)	Mean		22.65	
	Std Error		0.04	
	N		12415	
	N Missing		1832	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
How tall are you without shoes?	Mean		165.53	
	Std Error		0.06	
	N		13602	
	N Missing		645	
BMI classification	Underweight, BMI < 18.5	1	1297	10.3
	Acceptable weight, 18.5 <= BMI < 25	2	8674	68.9
	Overweight, 25 <= BMI < 30	3	1871	14.9
	Obese, 30 <= BMI	4	746	5.9
	N Missing		1832	
Number of Terminations	0	0	13097	93.1
	1	1	846	6.0
	2	2	105	0.7
	3	3	19	0.1
	4	4	3	0.0
	N Missing		185	
Number of Miscarriages	0	0	13584	96.5
	1	1	404	2.9
	2	2	69	0.5
	3	3	16	0.1
	4	4	4	0.0
	N Missing		179	
Number of Births	0	0	12991	91.9
	1	1	897	6.3
	2	2	211	1.5
	3	3	33	0.2
	4	4	5	0.0
	N Missing		106	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Urban Index of Relative Socio-Economic Advantage	Mean		1014.59	
	Std Error		0.95	
	N		11972	
	N Missing		2275	
Rural Index of Relative Socio-Economic Advantage	Mean		1026.88	
	Std Error		2.11	
	N		2232	
	N Missing		12015	
Index of Relative Socio-Economic Disadvantage	Mean		1015.55	
	Std Error		0.80	
	N		14204	
	N Missing		43	
Index of Economic Resources	Mean		1018.34	
	Std Error		0.84	
	N		14204	
	N Missing		43	
Index of Education and Occupation	Mean		1017.19	
	Std Error		0.86	
	N		14204	
	N Missing		43	
Type of survey completed (full or short phone). Note: useful variable indicating response when merging data sets across waves.	1		1	14242 100.0
Age at time survey returned	Mean		20.76	
	Std Error		0.01	
	N		14247	
	N Missing		0	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
ARIA+ Grouped into categories				
	Major cities of Australia	1	9849	69.2
	Inner regional Australia	2	2699	19.0
	Outer regional Australia	3	1348	9.5
	Remote Australia	4	247	1.7
	Very Remote Australia	5	86	0.6
	Overseas	6	5	0.0
	N Missing		5	
Aria grouped				
	Highly accessible	1	11999	84.4
	Accessible	2	1426	10.0
	Moderately accessible	3	504	3.5
	Remote	4	205	1.4
	Very Remote	5	91	0.6
	N Missing		13	
Smoking status - smokst				
	Non-smoker	1	7280	53.4
	Ex-smoker	2	1992	14.6
	smoker <10 c/d	3	1307	9.6
	smoker 10-19 c/d	4	1034	7.6
	smoker >=20 c/d	5	726	5.3
	Smoker, unknown cig. per day	6	1283	9.4
	N Missing		618	
Are you currently pregnant? (m1preg..)				
	Never been pregnant	0	11694	83.0
	Has been pregnant	1	2396	17.0
	N Missing		159	
GP satisfaction score (gpstfy)				
	Mean		3.67	
	Std Error		0.01	
	N		14105	
	N Missing		142	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Alcohol status- NHMRC (AlcNHMRC)	Low risk drinker	1	7326	52.0
	Non-drinker	2	1312	9.3
	Rarely drinks	3	4726	33.6
	Risky drinker	4	636	4.5
	High risk drinker	5	82	0.6
	N Missing			159
Alcohol pattern (AlcPAtt)	Low risk drinker, >=5 drinks <weekly	1	9975	71.4
	Non-drinker	2	1312	9.4
	Low risk drinker, >=5 drinks weekly	3	1970	14.1
	Risky/high risk drinker	4	718	5.1
	N Missing			270
BP - Bodily Pain Subscale	Mean		74.24	
	Std Error		0.18	
	N		14234	
	N Missing		13	
GH - General Health Subscale	Mean		68.41	
	Std Error		0.17	
	N		14184	
	N Missing		63	
MH - Mental Health Subscale	Mean		67.96	
	Std Error		0.15	
	N		14216	
	N Missing		31	
PF - Physical Functioning Subscale	Mean		90.29	
	Std Error		0.13	
	N		14096	
	N Missing		151	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
RE - Role Emotional Scale	Mean		69.95	
	Std Error		0.31	
	N		14184	
	N Missing		63	
RP - Role Physical Scale	Mean		82.86	
	Std Error		0.25	
	N		14189	
	N Missing		58	
SF - Social Functioning Scale	Mean		76.02	
	Std Error		0.19	
	N		14240	
	N Missing		7	
VT - Vitality Index Scale	Mean		56.63	
	Std Error		0.17	
	N		14215	
	N Missing		32	
MCSWHA - Mental health summary score - standardised to the WHA population	Mean		50.01	
	Std Error		0.08	
	N		13957	
	N Missing		290	
PCSWHA - Physical health summary score - standardised to the WHA population	Mean		50.10	
	Std Error		0.08	
	N		13957	
	N Missing		290	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
State participant resides in at the completion of each survey	NSW	1	4161	29.2
	Vic	2	3757	26.4
	Qld	3	2809	19.7
	SA	4	1224	8.6
	WA	5	1412	9.9
	Tas	6	395	2.8
	NT	7	109	0.8
	ACT	8	374	2.6
Exercise status used in Survey 1 only. Continuous	Mean		18.75	
	Std Error		0.12	
	N		14153	
	N Missing		94	
Contraceptive use at survey	No need - pregnant	1	352	2.5
	No need - other	2	3499	24.8
	Choose not to use ccep	3	288	2.0
	OCP only	4	5028	35.6
	OCP and other types	5	1881	13.3
	Condom maybe other - NO OCP	6	2655	18.8
	Other ccep - NO OCP/Condoms	7	409	2.9
N Missing		128		

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Current living arrangements grouped				
	Lives Alone	1	782	6.2
	Partner only	2	1506	11.9
	Partner and Children	3	555	4.4
	Partner, Children, Parents w/wo Other	4	42	0.3
	Partner, Children with Other	5	80	0.6
	Partner, Parents w/wo Other	6	185	1.5
	Partner, Other family/Non-family	7	400	3.2
	Children only	8	190	1.5
	Children, Parents w/wo Other	9	215	1.7
	Children, Other family and/or Non-family	10	130	1.0
	Parents only	11	1374	10.8
	Parents and Other family only	12	4339	34.2
	Parents w/wo Other	13	199	1.6
	Other family	14	461	3.6
	Other family/non-family	15	153	1.2
	Non-family	16	2068	16.3
	N Missing		1519	
Current living arrangements				
	Lives Alone	1	782	6.2
	Partner only	2	1506	11.9
	Partner and Children	3	555	4.4
	Partner and others	4	706	5.6
	Children only	5	190	1.5
	Children/Parents/Other family/Non-family	6	345	2.7
	Parents only	7	1374	10.8
	Parents/Other family	8	4339	34.2
	Parents/Other family/Non-family	9	352	2.8
	Other family	10	461	3.6
	Non-family	11	2068	16.3
	N Missing		1519	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Workstudy - work status	Study, no work	1	4929	35.3
	Work, no study	2	5256	37.7
	Work and study	3	1971	14.1
	Home	4	708	5.1
	No work or study	5	874	6.3
	Other	6	208	1.5
	N Missing		288	
Age group at time of selection - 1st April 1996	Young	1	14242	100.0
Type of population the participant resided in at the time of selection - 1st April 1996	Urban	1	8835	62.0
	Rural	2	4868	34.2
	Remote	3	537	3.8
	N Missing		1	
State the participant resided in at the time of selection - 1st April 1996	NSW	1	4297	30.2
	Vic	2	3782	26.6
	Qld	3	2755	19.3
	SA	4	1210	8.5
	WA	5	1383	9.7
	Tas	6	430	3.0
	NT	7	109	0.8
	ACT	8	275	1.9
	N Missing		1	
Raw value of y1q38ft	Mean		5.01	
	Std Error		0.00	
	N		3178	
	N Missing		11069	
Raw value of y1q38in	Mean		5.29	
	Std Error		0.07	
	N		3180	
	N Missing		11067	

ALSWH Data book for first survey of 1973-78 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Raw value of y1q39st	Mean		11.16	
	Std Error		0.27	
	N		1113	
	N Missing		13134	
Raw value of y1q39lb	Mean		2.37	
	Std Error		0.16	
	N		1116	
	N Missing		13131	
Raw value of y1q39kg	Mean		62.53	
	Std Error		0.17	
	N		12090	
	N Missing		2157	
Raw value of y1q38cm	Mean		165.61	
	Std Error		0.11	
	N		9867	
	N Missing		4380	