

women's
health
a u s t r a l i a

the australian longitudinal
study on women's health

data book

*for the second survey of the 1946-51 cohort
1998 (when they were aged 47-52 years)*

may 2002

Data book for the second survey of the 1946-1951 cohort (aged 47-52 years)

This work is copyright. Permission to use or reproduce material in this book for the purpose of free distribution is not required, provided that proper acknowledgement of the source is given. For other uses, apart from any permitted use under the Copyright Act 1968, no part may be reproduced by any process without written permission from the Director, Australian Longitudinal Study on Women's Health, University of Queensland.

Acknowledgements

This study is funded by the Australian Government Department of Health. This document was prepared by Carl Holder and David Fitzgerald, with help from the data management group of the Australian Longitudinal Study on Women's Health (ALSWH) at the Universities of Queensland and Newcastle. The research team would like to thank all participants who contributed to the project.

Notes

During 1998, 12,338 valid surveys were returned by members of the ALSWH 1946-51 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (<http://www.alwsh.org.au/>). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

Australian Longitudinal Study on Women's Health

www.alswh.org.au

The University of Newcastle
Research Centre for Gender, Health & Ageing
University Drive
Callaghan NSW 2308
Phone: 02 4042 0686
Fax: 02 4042 0044
Email: info@alswh.org.au

The University of Queensland
School of Public Health
Herston Road
Herston QLD 4006
Phone: 07 3346 4723
Fax: 07 3365 5540
Email: sph-wha@sph.uq.edu.au

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q1 In general, would you say your health is:				
	Excellent	1	1658	13.6
	Very good	2	4552	37.4
	Good	3	4469	36.7
	Fair	4	1303	10.7
	Poor	5	192	1.6
	N Missing		104	
Q2 Compared to one year ago, how would you rate your health in general now				
	Much better	1	895	7.4
	Somewhat better	2	1643	13.5
	About the same	3	8204	67.6
	Somewhat worse	4	1281	10.5
	Much worse	5	120	1.0
	N Missing		138	
Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports				
	Limited a lot	1	3223	26.8
	Limited a little	2	5675	47.1
	Not limited	3	3146	26.1
	N Missing		242	
Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf				
	Limited a lot	1	646	5.3
	Limited a little	2	2302	18.9
	Not limited	3	9224	75.8
	N Missing		101	
Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries				
	Limited a lot	1	576	4.8
	Limited a little	2	2182	18.1
	Not limited	3	9303	77.1
	N Missing		227	
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs				
	Limited a lot	1	1103	9.1
	Limited a little	2	3869	31.9
	Not limited	3	7158	59.0
	N Missing		150	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q3e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	1	283	2.3
	Limited a little	2	1264	10.4
	Not limited	3	10575	87.2
	N Missing		163	
Q3f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	1	808	6.6
	Limited a little	2	3577	29.4
	Not limited	3	7774	63.9
	N Missing		120	
Q3g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	1	779	6.4
	Limited a little	2	2016	16.6
	Not limited	3	9348	77.0
	N Missing		138	
Q3h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre	Limited a lot	1	401	3.3
	Limited a little	2	930	7.6
	Not limited	3	10836	89.1
	N Missing		117	
Q3i The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres	Limited a lot	1	209	1.7
	Limited a little	2	515	4.2
	Not limited	3	11421	94.0
	N Missing		132	
Q3j The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	1	188	1.5
	Limited a little	2	417	3.4
	Not limited	3	11575	95.0
	N Missing		95	
Q4a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities	Yes	1	1901	15.5
	No	2	10335	84.5
	N Missing		43	
Q4b During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like	Yes	1	3671	30.1
	No	2	8534	69.9
	N Missing		70	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities	Yes	1	2469	20.4
	No	2	9648	79.6
	N Missing		168	
Q4d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	Yes	1	2918	23.9
	No	2	9296	76.1
	N Missing		65	
Q5a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities	Yes	1	1989	16.3
	No	2	10238	83.7
	N Missing		52	
Q5b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like	Yes	1	3292	27.0
	No	2	8919	73.0
	N Missing		67	
Q5c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual	Yes	1	2357	19.3
	No	2	9850	80.7
	N Missing		71	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	1	7063	57.7
	Slightly	2	2757	22.5
	Moderately	3	1268	10.4
	Quite a bit	4	900	7.3
	Extremely	5	255	2.1
	N Missing		40	
Q7 How much bodily pain have you had during the past four weeks?	No bodily pain	1	3039	24.9
	Very mild	2	3530	28.9
	Mild	3	2272	18.6
	Moderate	4	2464	20.2
	Severe	5	737	6.0
	Very severe	6	184	1.5
	N Missing		49	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q8 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	Not at all	1	6797	55.5
	A little bit	2	3120	25.5
	Moderately	3	1371	11.2
	Quite a bit	4	745	6.1
	Extremely	5	204	1.7
	N Missing			39
Q9a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	453	3.7
	Most of the time	2	4648	38.2
	Bit of the time	3	2426	19.9
	Some of time	4	2650	21.8
	Little of time	5	1315	10.8
	None of time	6	685	5.6
	N Missing			98
Q9b For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person	All the time	1	207	1.7
	Most of the time	2	408	3.3
	Bit of the time	3	576	4.7
	Some of time	4	1780	14.6
	Little of time	5	3497	28.7
	None of time	6	5724	47.0
	N Missing			89
Q9c For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up	All the time	1	102	0.8
	Most of the time	2	263	2.2
	Bit of the time	3	466	3.8
	Some of time	4	1296	10.6
	Little of time	5	2637	21.6
	None of time	6	7437	61.0
	N Missing			86

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt calm and peaceful	All the time	1	581	4.8
	Most of the time	2	4436	36.4
	Bit of the time	3	2049	16.8
	Some of time	4	2856	23.4
	Little of time	5	1579	13.0
	None of time	6	690	5.7
	N Missing			92
Q9e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you have a lot of energy	All the time	1	408	3.4
	Most of the time	2	3739	30.8
	Bit of the time	3	2482	20.5
	Some of time	4	2956	24.4
	Little of time	5	1564	12.9
	None of time	6	974	8.0
	N Missing			142
Q9f For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt down	All the time	1	134	1.1
	Most of the time	2	466	3.8
	Bit of the time	3	823	6.8
	Some of time	4	2650	21.8
	Little of time	5	4951	40.7
	None of time	6	3141	25.8
	N Missing			107
Q9g For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel worn out	All the time	1	321	2.6
	Most of the time	2	1014	8.3
	Bit of the time	3	1507	12.4
	Some of time	4	3546	29.2
	Little of time	5	4250	35.0
	None of time	6	1512	12.4
	N Missing			118

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a happy person	All the time	1	1243	10.2
	Most of the time	2	6187	50.7
	Bit of the time	3	1736	14.2
	Some of time	4	2054	16.8
	Little of time	5	788	6.5
	None of time	6	206	1.7
	N Missing		67	
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel tired	All the time	1	675	5.5
	Most of the time	2	1433	11.7
	Bit of the time	3	1941	15.9
	Some of time	4	4207	34.4
	Little of time	5	3514	28.8
	None of time	6	443	3.6
	N Missing		68	
Q10 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?	All the time	1	178	1.5
	Most of the time	2	611	5.0
	Some of the time	3	1735	14.2
	Little of time	4	2593	21.2
	None of time	5	7088	58.1
	N Missing		77	
Q11a How true or false is each of the following statements for you? I seem to get sick a little easier than other people	Definitely true	1	231	1.9
	Mostly true	2	566	4.7
	Don't know	3	966	7.9
	Mostly false	4	2316	19.0
	Definitely false	5	8094	66.5
	N Missing		106	
Q11b How true or false is each of the following statements for you? I am as healthy as anybody I know	Definitely true	1	4178	34.3
	Mostly true	2	5099	41.9
	Don't know	3	1327	10.9
	Mostly false	4	918	7.5
	Definitely false	5	660	5.4
	N Missing		98	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q11c How true or false is each of the following statements for you? I expect my health to get worse	Definitely true	1	410	3.4
	Mostly true	2	1322	10.9
	Don't know	3	3875	31.9
	Mostly false	4	2116	17.4
	Definitely false	5	4411	36.4
	N Missing			150
Q11d How true or false is each of the following statements for you? My health is excellent	Definitely true	1	2601	21.4
	Mostly true	2	6584	54.1
	Don't know	3	671	5.5
	Mostly false	4	1261	10.4
	Definitely false	5	1062	8.7
	N Missing			103
Q12a How many times have you consulted the following people for your own health in the last 12 months? Family doctor or another general practitioner	None	0	1004	8.8
	Once or twice	1	4332	37.9
	Three to four times	2	2966	26.0
	Five to six times	3	1591	13.9
	Seven or more times	4	1538	13.5
	N Missing			780
Q12b How many times have you consulted the following people for your own health in the last 12 months? A hospital doctor (e.g. in outpatients or casualty)	None	0	9523	85.4
	Once or twice	1	1255	11.2
	Three to four times	2	219	2.0
	Five to six times	3	67	0.6
	Seven or more times	4	92	0.8
	N Missing			1048
Q12c How many times have you consulted the following people for your own health in the last 12 months? A specialist doctor	None	0	4499	39.9
	Once or twice	1	5392	47.8
	Three to four times	2	980	8.7
	Five to six times	3	278	2.5
	Seven or more times	4	138	1.2
	N Missing			913

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q12d How many times have you consulted the following people for your own health in the last 12 months? A dentist	None	0	4499	39.9
	Once or twice	1	5392	47.8
	Three to four times	2	980	8.7
	Five to six times	3	278	2.5
	Seven or more times	4	138	1.2
	N Missing		913	
	Q12e How many times have you consulted the following people for your own health in the last 12 months? An allied health professional (e.g. optician, counsellor, physiotherapist, podiatrist, dietitian)	None	0	5528
Once or twice		1	4239	37.2
Three to four times		2	630	5.5
Five to six times		3	369	3.2
Seven or more times		4	634	5.6
N Missing			813	
Q12f How many times have you consulted the following people for your own health in the last 12 months? An "alternative" health practitioner (e.g. chiropractor, naturopath, acupuncturist, herbalist etc)		None	0	8336
	Once or twice	1	1290	11.3
	Three to four times	2	611	5.4
	Five to six times	3	392	3.4
	Seven or more times	4	776	6.8
	N Missing		787	
	Q12g How many times have you consulted the following people for your own health in the last twelve months? A family planning/sexual health or women's health service	None	1	10459
Once or twice		2	882	7.7
Three to four times		3	60	0.5
Five to six times		4	10	0.1
Seven or more times		5	18	0.2
N Missing			778	
Q13a When you go to a General Practitioner: Do you go to the same place		Always	1	8039
	Most of time	2	2964	26.1
	Sometimes	3	285	2.5
	Rarely/never	4	68	0.6
	N Missing		846	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13b When you go to a General Practitioner: Do you usually see the same doctor	Always	1	5355	47.2
	Most of time	2	5018	44.2
	Sometimes	3	783	6.9
	Rarely/never	4	191	1.7
	N Missing		836	
Q14 How would you rate the cost of your last visit to a general practitioner?	No cost	1	4712	41.2
	Good	2	2365	20.7
	Fair	3	3500	30.6
	Poor	4	620	5.4
	Don't know	5	233	2.0
	N Missing		779	
Q15 In general do you prefer to see a female doctor?	Always	1	1924	16.8
	Certain things	2	3150	27.5
	No	3	2311	20.2
	Don't care	4	4072	35.5
	N Missing		752	
Q16 Do you have any serious illness, condition or disability?	Yes	1	2730	24.4
	No	2	8437	75.6
	N Missing		1052	
Q17a Thinking about your own health care, how would you rate the following: Access to medical specialists if you need them	Excellent	1	3315	29.0
	Very good	2	3703	32.4
	Good	3	2474	21.7
	Fair	4	960	8.4
	Poor	5	389	3.4
	Don't know	6	580	5.1
	N Missing		775	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q17b Thinking about your own health care, how would you rate the following: Access to a hospital if you need it	Excellent	1	3695	32.4
	Very good	2	3525	30.9
	Good	3	2510	22.0
	Fair	4	747	6.5
	Poor	5	311	2.7
	Don't know	6	624	5.5
	N Missing		775	
Q17c Thinking about your own health care, how would you rate the following: Access to medical care in an emergency	Excellent	1	2924	25.8
	Very good	2	3375	29.7
	Good	3	2481	21.9
	Fair	4	998	8.8
	Poor	5	342	3.0
	Don't know	6	1230	10.8
	N Missing		847	
Q17d Thinking about your own health care, how would you rate the following: Access to after-hours medical care	Excellent	1	1776	15.6
	Very good	2	2674	23.5
	Good	3	2632	23.1
	Fair	4	1749	15.4
	Poor	5	993	8.7
	Don't know	6	1560	13.7
	N Missing		812	
Q17e Thinking about your own health care, how would you rate the following: Access to a GP who bulk bills	Excellent	1	3299	29.1
	Very good	2	2133	18.8
	Good	3	1621	14.3
	Fair	4	795	7.0
	Poor	5	1561	13.8
	Don't know	6	1926	17.0
	N Missing		876	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q17f Thinking about your own health care, how would you rate the following: Access to a female GP	Excellent	1	2685	23.6
	Very good	2	2559	22.5
	Good	3	2420	21.3
	Fair	4	1100	9.7
	Poor	5	782	6.9
	Don't know	6	1811	15.9
	N Missing		838	
Q17g Thinking about your own health care, how would you rate the following: Hours when a GP is available	Excellent	1	1619	14.3
	Very good	2	3450	30.5
	Good	3	3643	32.2
	Fair	4	1703	15.1
	Poor	5	471	4.2
	Don't know	6	421	3.7
	N Missing		901	
Q17h Thinking about your own health care, how would you rate the following: Number of GPs you have to choose from	Excellent	1	2442	21.5
	Very good	2	3506	30.9
	Good	3	3292	29.0
	Fair	4	1082	9.5
	Poor	5	495	4.4
	Don't know	6	539	4.7
	N Missing		837	
Q17i Thinking about your own health care, how would you rate the following: Ease of seeing the GP of your choice	Excellent	1	2336	20.6
	Very good	2	3520	31.0
	Good	3	3117	27.5
	Fair	4	1553	13.7
	Poor	5	577	5.1
	Don't know	6	240	2.1
	N Missing		841	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q17j Thinking about your own health care, how would you rate the following: The outcomes of your medical care (how much you are helped)	Excellent	1	2126	18.9
	Very good	2	4015	35.7
	Good	3	3435	30.5
	Fair	4	1229	10.9
	Poor	5	205	1.8
	Don't know	6	251	2.2
	N Missing		919	
Q17k Thinking about your own health care, how would you rate the following: Ease of obtaining a mammogram	Excellent	1	4236	37.3
	Very good	2	3027	26.7
	Good	3	1956	17.2
	Fair	4	489	4.3
	Poor	5	266	2.3
	Don't know	6	1369	12.1
	N Missing		866	
Q17l Thinking about your own health care, how would you rate the following: Ease of obtaining a Pap test	Excellent	1	4867	42.8
	Very good	2	3430	30.2
	Good	3	2010	17.7
	Fair	4	325	2.9
	Poor	5	75	0.7
	Don't know	6	660	5.8
	N Missing		824	
Q17m Thinking about your own health care, how would you rate the following: Availability of medical information or advice by phone	Excellent	1	1378	12.1
	Very good	2	2041	17.9
	Good	3	2051	18.0
	Fair	4	1258	11.0
	Poor	5	867	7.6
	Don't know	6	3799	33.3
	N Missing		798	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q17n Thinking about your own health care, how would you rate the following: Services available for getting doctor's prescriptions filled	Excellent	1	4332	38.0
	Very good	2	3745	32.8
	Good	3	2258	19.8
	Fair	4	435	3.8
	Poor	5	134	1.2
	Don't know	6	507	4.4
	N Missing			776
Q17o Thinking about your own health care, how would you rate the following: Access to a counselling service if you need it	Excellent	1	1170	10.3
	Very good	2	1633	14.3
	Good	3	1689	14.8
	Fair	4	729	6.4
	Poor	5	463	4.1
	Don't know	6	5702	50.1
	N Missing			798
Q17p Thinking about your own health care, how would you rate the following: Access to a Women's Health Centre or a Family Planning Centre	Excellent	1	1164	10.2
	Very good	2	1580	13.9
	Good	3	1671	14.6
	Fair	4	655	5.7
	Poor	5	432	3.8
	Don't know	6	5903	51.8
	N Missing			790
Q18 Do you have private health insurance for hospital cover?	Yes	1	5805	50.9
	Vet affairs	2	30	0.3
	Can't afford	3	3002	26.3
	No value	4	1688	14.8
	Don't need it	5	461	4.0
	Other reason	6	427	3.7
	N Missing			796

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q19 Do you have private health insurance for ancillary services? (eg. dental, physiotherapy)	Yes	1	5682	49.8
	Vet affairs	2	32	0.3
	Can't afford	3	2900	25.4
	No value	4	1798	15.7
	Don't need it	5	520	4.6
	No services	6	12	0.1
	Other reason	7	475	4.2
	N Missing			790
Q20a Have you ever been told by a doctor that you have? Insulin dependent (type 1) diabetes	Never	0	12192	99.3
	Last two years	1	33	0.3
	>two years ago	2	51	0.4
	Both	3	2	0.0
Q20b Have you ever been told by a doctor that you have? Non-insulin dependent (type 2) diabetes	Never	0	11950	97.3
	Last two years	1	140	1.1
	>two years ago	2	183	1.5
	Both	3	5	0.0
Q20c Have you ever been told by a doctor that you have? Heart disease	Never	0	11994	97.7
	Last two years	1	119	1.0
	>two years ago	2	162	1.3
	Both	3	3	0.0
Q20d Have you ever been told by a doctor that you have? Hypertension (high blood pressure)	Never	0	10006	81.5
	Last two years	1	1076	8.8
	>two years ago	2	1143	9.3
	Both	3	53	0.4
Q20e Have you ever been told by a doctor that you have? Stroke	Never	0	12166	99.1
	Last two years	1	40	0.3
	>two years ago	2	68	0.6
	Both	3	3	0.0

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q20f Have you ever been told by a doctor that you have? Thrombosis (a blood clot)	Never	0	11837	96.4
	Last two years	1	98	0.8
	>two years ago	2	340	2.8
	Both	3	3	0.0
Q20g Have you ever been told by a doctor that you have? Low iron level (iron deficiency or anaemia)	Never	0	9315	75.9
	Last two years	1	1021	8.3
	>two years ago	2	1892	15.4
	Both	3	49	0.4
Q20h Have you ever been told by a doctor that you have? Asthma	Never	0	10542	85.9
	Last two years	1	653	5.3
	>two years ago	2	1023	8.3
	Both	3	61	0.5
Q20i Have you ever been told by a doctor that you have? Bronchitis/emphysema	Never	0	10730	87.4
	Last two years	1	607	4.9
	>two years ago	2	915	7.4
	Both	3	25	0.2
Q20j Have you ever been told by a doctor that you have? Osteoporosis	Never	0	11800	96.1
	Last two years	1	263	2.1
	>two years ago	2	205	1.7
	Both	3	9	0.1
Q20k Have you ever been told by a doctor that you have? Breast cancer	Never	0	11985	97.6
	Last two years	1	82	0.7
	>two years ago	2	205	1.7
	Both	3	5	0.0
Q20l Have you ever been told by a doctor that you have? Cervical cancer	Never	0	11956	97.4
	Last two years	1	39	0.3
	>two years ago	2	280	2.3
	Both	3	2	0.0

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q20m Have you ever been told by a doctor that you have? Bowel cancer	Never	0	12240	99.7
	Last two years	1	12	0.1
	>two years ago	2	24	0.2
	Both	3	2	0.0
Q20n Have you ever been told by a doctor that you have? Skin cancer	Never	0	11155	90.9
	Last two years	1	574	4.7
	>two years ago	2	517	4.2
	Both	3	31	0.3
Q20o Have you ever been told by a doctor that you have? Other cancer	Never	0	12024	97.9
	Last two years	1	89	0.7
	>two years ago	2	162	1.3
	Both	3	3	0.0
Q20p Have you ever been told by a doctor that you have? Depression	Never	0	10072	82.0
	Last two years	1	1164	9.5
	>two years ago	2	985	8.0
	Both	3	56	0.5
Q20q Have you ever been told by a doctor that you have? Anxiety	Never	0	10489	85.4
	Last two years	1	950	7.7
	>two years ago	2	782	6.4
	Both	3	57	0.5
Q20r Have you ever been told by a doctor that you have? Other psychiatric disorder	Never	0	12090	98.5
	Last two years	1	80	0.7
	>two years ago	2	102	0.8
	Both	3	6	0.0
Q20s Have you ever been told by a doctor that you have? Other major illness	Never	0	11201	91.2
	Last two years	1	427	3.5
	>two years ago	2	625	5.1
	Both	3	24	0.2

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q21a Have you ever had any of the following operations? Hysterectomy	Never	0	9398	76.5
	Last two years	1	365	3.0
	>two years ago	2	2511	20.5
	Both	3	4	0.0
Q21b Have you ever had any of the following operations? Both ovaries removed	Never	0	11478	93.5
	Last two years	1	138	1.1
	>two years ago	2	662	5.4
	Both	3	0	0.0
Q21c Have you ever had any of the following operations? Repair of prolapsed vagina, bladder or bowel	Never	0	11272	91.8
	Last two years	1	179	1.5
	>two years ago	2	824	6.7
	Both	3	2	0.0
Q21d Have you ever had any of the following operations? Endometrial ablation (removal of the lining of the uterus)	Never	0	11627	94.7
	Last two years	1	103	0.8
	>two years ago	2	545	4.4
	Both	3	2	0.0
Q21e Have you ever had any of the following operations? Tubal ligation (tubes tied)	Never	0	7871	64.1
	Last two years	1	44	0.4
	>two years ago	2	4362	35.5
	Both	3	1	0.0
Q21f Have you ever had any of the following operations? Mastectomy (removal of one or both breasts)	Never	0	12104	98.6
	Last two years	1	44	0.4
	>two years ago	2	127	1.0
	Both	3	2	0.0
Q21g Have you ever had any of the following operations? Lumpectomy (removal of lump from breast)	Never	0	11120	90.6
	Last two years	1	147	1.2
	>two years ago	2	1001	8.2
	Both	3	9	0.1

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q21h Have you ever had any of the following operations? Breast biopsy (taking a sample of breast tissue)	Never	0	10982	89.5
	Last two years	1	321	2.6
	>two years ago	2	960	7.8
	Both	3	14	0.1
Q21i Have you ever had any of the following operations? Cholecystectomy (gall bladder removed)	Never	0	11276	91.8
	Last two years	1	140	1.1
	>two years ago	2	862	7.0
Q21j Have you ever had any of the following operations? Any cosmetic surgery (eg. face, breasts, fat removal etc)	Never	0	11487	93.6
	Last two years	1	134	1.1
	>two years ago	2	652	5.3
	Both	3	4	0.0
Q21k Have you ever had any of the following operations? Gastroscopy/colonoscopy	Never	0	9975	81.2
	Last two years	1	934	7.6
	>two years ago	2	1320	10.7
	Both	3	49	0.4
Q22a During the past four weeks, how many different types of medication (eg tablets/medicine) have you used which were: Prescribed by a doctor	None	1	5403	47.8
	One	2	2772	24.5
	Two	3	1570	13.9
	Three	4	763	6.8
	Four or more	5	789	7.0
	N Missing		902	
Q22b During the past four weeks, how many different types of medication (eg tablets/medicine) have you used which were: Bought without a prescription at the chemist, supermarket or health food shop	None	1	4629	41.1
	One	2	3470	30.8
	Two	3	1684	14.9
	Three	4	702	6.2
	Four or more	5	784	7.0
	N Missing		937	
Q23a During the past four weeks have you taken any medications: For your nerves (eg valium, serapax, ducene etc)	Yes	1	496	4.5
	No	2	10603	95.5
	N Missing		1124	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q23b During the past four weeks have you taken any medications: To help you sleep (eg normison, mogadon etc)	Yes	1	927	8.4
	No	2	10167	91.6
	N Missing		1134	
Q23c During the past four weeks, have you taken any medications: For depression (eg. Prozac, Aropax)	Yes	1	674	6.1
	No	2	10390	93.9
	N Missing		1172	
Q23d During that past four weeks, have you taken any medications: For any chronic (long-term) illness or condition	Yes	1	2761	25.0
	No	2	8290	75.0
	N Missing		1179	
Q24a In the last two years, have you: Had a Pap test	Yes	1	7928	69.5
	No	2	3473	30.5
	N Missing		804	
Q24b In the last two years, have you: Had a mammogram	Yes	1	7147	62.7
	No	2	4251	37.3
	N Missing		819	
Q24c In the last two years, have you: Had your breasts examined by a doctor	Yes	1	7320	64.4
	No	2	4041	35.6
	N Missing		853	
Q24d In the last two years, have you: Carried out regular monthly breast self examination	Yes	1	6165	54.0
	No	2	5243	46.0
	N Missing		803	
Q24e In the last two years, have you: Used a condom for STD/HIV prevention	Yes	1	363	3.2
	No	2	10938	96.8
	N Missing		896	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q25a At what age did your periods start?	Not applicable	0	112	1.0
	< 10 years	5	583	5.1
	11-19 years	11	10692	93.8
	20-29 years	20	10	0.1
	30-39 years	33	2	0.0
	40+ years	48	5	0.0
	N Missing			805
Q25b How old were you when you were first pregnant?	Not applicable	0	945	8.3
	11-19 years	11	2242	19.7
	20-29 years	20	7253	63.6
	30-39 years	30	922	8.1
	40+ years	40	46	0.4
	N Missing			786
Q25c How old were you when you gave birth to your eldest child?	Not applicable	0	1152	10.1
	< 10 years	2	3	0.0
	11-19 years	11	1493	13.1
	20-29 years	20	7389	64.8
	30-39 years	30	1310	11.5
	40+ years	40	59	0.5
	N Missing			792
Q25d How old were you when you gave birth to your youngest child? (Not applicable if only one child)	Not applicable	0	1799	16.1
	< 10 years	2	1	0.0
	11-19 years	14	100	0.9
	20-29 years	20	5120	45.8
	30-39 years	30	3929	35.1
	40+ years	40	240	2.1
	N Missing			1004

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q25e If you have reached menopause, at what age did your periods completely stop?	Not applicable	0	5902	53.6
	< 10 years	1	7	0.1
	20-29 years	24	9	0.1
	30-39 years	31	71	0.6
	40+ years	40	2148	19.5
	Had hysterectomy	88	2876	26.1
	N Missing		1217	
Q26a Are you currently taking: The oral contraceptive pill	Yes	1	506	4.4
	No	2	10928	95.6
	N Missing		774	
Q26b Are you currently on hormone replacement therapy (HRT)?	Yes	1	2631	23.2
	No	2	8719	76.8
	N Missing		855	
Q27a Have you had: A period or menstrual bleeding in the last 12 months	Yes	1	7508	63.1
	No	2	4385	36.9
	N Missing		388	
Q27b Have you had: A period or menstrual bleeding in the last 3 months	Yes	1	6515	55.8
	No	2	781	6.7
	No period 12mths	8	4385	37.5
	N Missing		580	
Q28 Compared with 12 months ago, are your periods: (Responses 5-8 not in mid3)	Less frequent	1	1722	14.8
	Same	2	3680	31.6
	More frequent	3	351	3.0
	Changeable	4	1592	13.7
	No period 12mths	8	4314	37.0
	N Missing		615	
Q29Aa In the last 12 months have you had any of the following: Allergies, hayfever, sinusitis	Never	1	4539	40.2
	Rarely	2	1891	16.8
	Sometimes	3	3159	28.0
	Often	4	1688	15.0
	N Missing		934	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29Ab In the last 12 months, have you had any of the following: Breathing difficulty				
	Never	1	7972	71.4
	Rarely	2	1514	13.6
	Sometimes	3	1335	12.0
	Often	4	337	3.0
	N Missing		1050	
Q29Ac In the last 12 months, have you had any of the following: Indigestion/heartburn				
	Never	1	5566	49.7
	Rarely	2	2463	22.0
	Sometimes	3	2301	20.6
	Often	4	862	7.7
	N Missing		1036	
Q29Ad In the last 12 months, have you had any of the following: Chest pain				
	Never	1	8472	76.1
	Rarely	2	1490	13.4
	Sometimes	3	1051	9.4
	Often	4	124	1.1
	N Missing		1084	
Q29Ae In the last 12 months, have you had any of the following: Headaches/migraines				
	Never	1	1584	14.0
	Rarely	2	3331	29.4
	Sometimes	3	4645	40.9
	Often	4	1784	15.7
	N Missing		863	
Q29Af In the last twelve months have you had any of the following? Severe tiredness				
	Never	1	2697	23.9
	Rarely	2	2925	25.9
	Sometimes	3	3733	33.1
	Often	4	1939	17.2
	N Missing		913	
Q29Ag In the last 12 months, have you had any of the following: Stiff or painful joints				
	Never	1	2891	25.6
	Rarely	2	2358	20.8
	Sometimes	3	3849	34.0
	Often	4	2214	19.6
	N Missing		891	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29Ah In the last 12 months, have you had any of the following: Back pain	Never	1	2743	24.2
	Rarely	2	2532	22.3
	Sometimes	3	3935	34.7
	Often	4	2129	18.8
	N Missing		860	
	Q29Ai In the last 12 months, have you had any of the following: A broken bone (fracture)	Never	1	10926
Rarely		2	237	2.1
Sometimes		3	67	0.6
Often		4	23	0.2
N Missing			957	
Q29Aj In the last 12 months, have you had any of the following: Urine that burns or stings		Never	1	8928
	Rarely	2	1533	13.5
	Sometimes	3	767	6.8
	Often	4	109	1.0
	N Missing		869	
	Q29Ak In the last 12 months, have you had any of the following: Leaking urine	Never	1	6598
Rarely		2	1927	17.0
Sometimes		3	2110	18.6
Often		4	704	6.2
N Missing			871	
Q29Al In the last 12 months, have you had any of the following: Constipation		Never	1	5385
	Rarely	2	2933	25.8
	Sometimes	3	2379	21.0
	Often	4	656	5.8
	N Missing		862	
	Q29Am In the last 12 months, have you had any of the following: Haemorrhoids (piles)	Never	1	7571
Rarely		2	1795	15.9
Sometimes		3	1503	13.3
Often		4	443	3.9
N Missing			890	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29An In the last 12 months, have you had any of the following: Other bowel problems	Never	1	9192	81.6
	Rarely	2	885	7.9
	Sometimes	3	832	7.4
	Often	4	348	3.1
	N Missing		948	
Q29Ao In the last 12 months, have you had any of the following: Vaginal discharge or irritation	Never	1	7416	65.5
	Rarely	2	2320	20.5
	Sometimes	3	1331	11.7
	Often	4	264	2.3
	N Missing		884	
Q29Ap In the last 12 months, have you had any of the following: Premenstrual tension	Never	1	5981	53.2
	Rarely	2	1682	15.0
	Sometimes	3	2566	22.8
	Often	4	1016	9.0
	N Missing		966	
Q29Aq In the last 12 months, have you had any of the following: Irregular monthly periods	Never	1	6884	61.9
	Rarely	2	1232	11.1
	Sometimes	3	1728	15.5
	Often	4	1287	11.6
	N Missing		1073	
Q29Ar In the last 12 months, have you had any of the following: Heavy periods	Never	1	6875	61.6
	Rarely	2	1414	12.7
	Sometimes	3	1811	16.2
	Often	4	1063	9.5
	N Missing		1048	
Q29As In the last 12 months, have you had any of the following: Severe period pain	Never	1	7570	67.9
	Rarely	2	1715	15.4
	Sometimes	3	1334	12.0
	Often	4	523	4.7
	N Missing		1075	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29At In the last 12 months, have you had any of the following: Hot flushes	Never	1	5050	44.4
	Rarely	2	1801	15.8
	Sometimes	3	2827	24.9
	Often	4	1685	14.8
	N Missing		853	
Q29Au In the last 12 months, have you had any of the following: Night sweats	Never	1	6234	55.0
	Rarely	2	1604	14.2
	Sometimes	3	2236	19.7
	Often	4	1258	11.1
	N Missing		889	
Q29Av In the last 12 months, have you had any of the following: Skin problems	Never	1	6868	60.9
	Rarely	2	1937	17.2
	Sometimes	3	1712	15.2
	Often	4	765	6.8
	N Missing		916	
Q29Aw In the last 12 months, have you had any of the following: Eyesight problems	Never	1	3959	35.2
	Rarely	2	2162	19.2
	Sometimes	3	3714	33.0
	Often	4	1419	12.6
	N Missing		942	
Q29Ax In the last 12 months, have you had any of the following: Hearing problems	Never	1	8401	74.4
	Rarely	2	1267	11.2
	Sometimes	3	1179	10.4
	Often	4	452	4.0
	N Missing		918	
Q29Ay In the last 12 months, have you had any of the following: Difficulty sleeping	Never	1	3359	29.6
	Rarely	2	2379	20.9
	Sometimes	3	3642	32.1
	Often	4	1981	17.4
	N Missing		844	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29Az In the last 12 months have you had any of the following? Depression	Never	1	5566	49.0
	Rarely	2	2570	22.6
	Sometimes	3	2431	21.4
	Often	4	794	7.0
	N Missing		852	
	Q29Aaa In the last 12 months have you had any of the following? Anxiety	Never	1	5074
Rarely		2	2790	24.6
Sometimes		3	2670	23.5
Often		4	815	7.2
N Missing			855	
Q29Ba For the problems you had, which of the following apply? Allergies, hayfever, sinusitis		Satisfied	1	2217
	Not satisfied	2	384	3.7
	Not seek help	3	3401	32.4
	Not have problem	4	4482	42.8
	N Missing		1721	
	Q29Bb For the problems you had, which of the following apply? Breathing difficulty	Satisfied	1	1219
Not satisfied		2	131	1.2
Not seek help		3	1461	13.6
Not have problem		4	7903	73.8
N Missing			1480	
Q29Bc For the problems you had, which of the following apply? Indigestion/heartburn		Satisfied	1	1184
	Not satisfied	2	152	1.5
	Not seek help	3	3375	33.0
	Not have problem	4	5508	53.9
	N Missing		2006	
	Q29Bd For the problems you had, which of the following apply? Chest pain	Satisfied	1	935
Not satisfied		2	134	1.3
Not seek help		3	1269	11.9
Not have problem		4	8348	78.1
N Missing			1540	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29Be For the problems you had, which of the following apply? Headaches/migraines	Satisfied	1	1933	20.1
	Not satisfied	2	326	3.4
	Not seek help	3	5808	60.3
	Not have problem	4	1563	16.2
	N Missing		2586	
Q29Bf For the problems you had, which of the following apply? Severe tiredness	Satisfied	1	1045	10.8
	Not satisfied	2	454	4.7
	Not seek help	3	5475	56.7
	Not have problem	4	2677	27.7
	N Missing		2564	
Q29Bg For the problems you had, which of the following apply? Stiff or painful joints	Satisfied	1	1983	20.2
	Not satisfied	2	567	5.8
	Not seek help	3	4369	44.6
	Not have problem	4	2883	29.4
	N Missing		2410	
Q29Bh For the problems you had, which of the following apply? Back pain	Satisfied	1	2518	25.7
	Not satisfied	2	504	5.1
	Not seek help	3	4065	41.4
	Not have problem	4	2729	27.8
	N Missing		2410	
Q29Bi For the problems you had, which of the following apply? Broken bone (fracture)	Satisfied	1	329	2.9
	Not satisfied	2	43	0.4
	Not seek help	3	34	0.3
	Not have problem	4	10805	96.4
	N Missing		997	
Q29Bj For the problems you had, which of the following apply? Urine that burns or stings	Satisfied	1	1120	10.3
	Not satisfied	2	58	0.5
	Not seek help	3	857	7.9
	Not have problem	4	8862	81.3
	N Missing		1303	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29Bk For the problems you had, which of the following apply? Leaking urine	Satisfied	1	591	5.6
	Not satisfied	2	178	1.7
	Not seek help	3	3199	30.4
	Not have problem	4	6548	62.3
	N Missing		1680	
Q29BI For the problems you had, which of the following apply? Constipation	Satisfied	1	756	7.4
	Not satisfied	2	95	0.9
	Not seek help	3	4037	39.4
	Not have problem	4	5355	52.3
	N Missing		1955	
Q29Bm For the problems you had, which of the following apply? Haemorrhoids (piles)	Satisfied	1	740	6.9
	Not satisfied	2	77	0.7
	Not seek help	3	2358	22.1
	Not have problem	4	7517	70.3
	N Missing		1506	
Q29Bn For the problems you had, which of the following apply? Other bowel problems	Satisfied	1	685	6.3
	Not satisfied	2	133	1.2
	Not seek help	3	970	8.9
	Not have problem	4	9117	83.6
	N Missing		1284	
Q29Bo For the problems you had, which of the following apply? Vaginal discharge or irritation	Satisfied	1	1232	11.7
	Not satisfied	2	129	1.2
	Not seek help	3	1844	17.5
	Not have problem	4	7343	69.6
	N Missing		1644	
Q29Bp For the problems you had, which of the following apply? Premenstrual tension	Satisfied	1	570	5.6
	Not satisfied	2	143	1.4
	Not seek help	3	3527	34.6
	Not have problem	4	5944	58.4
	N Missing		2021	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29Bq For the problems you had, which of the following apply? Irregular monthly periods	Satisfied	1	924	9.0
	Not satisfied	2	169	1.7
	Not seek help	3	2304	22.6
	Not have problem	4	6813	66.7
	N Missing		1977	
Q29Br For the problems you had, which of the following apply? Heavy periods	Satisfied	1	856	8.4
	Not satisfied	2	163	1.6
	Not seek help	3	2395	23.5
	Not have problem	4	6773	66.5
	N Missing		2029	
Q29Bs For the problems you had, which of the following apply? Severe period pain	Satisfied	1	595	5.8
	Not satisfied	2	116	1.1
	Not seek help	3	2122	20.6
	Not have problem	4	7471	72.5
	N Missing		1901	
Q29Bt For the problems you had, which of the following apply? Hot flushes	Satisfied	1	1766	17.3
	Not satisfied	2	335	3.3
	Not seek help	3	3079	30.2
	Not have problem	4	5004	49.1
	N Missing		2045	
Q29Bu For the problems you had, which of the following apply? Night sweats	Satisfied	1	1330	12.9
	Not satisfied	2	258	2.5
	Not seek help	3	2561	24.8
	Not have problem	4	6185	59.8
	N Missing		1903	
Q29Bv For the problems you had, which of the following apply? Skin problems	Satisfied	1	1253	12.0
	Not satisfied	2	332	3.2
	Not seek help	3	2034	19.5
	Not have problem	4	6792	65.2
	N Missing		1768	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29Bw For the problems you had, which of the following apply? Eyesight problems	Satisfied	1	3865	39.1
	Not satisfied	2	265	2.7
	Not seek help	3	1857	18.8
	Not have problem	4	3896	39.4
	N Missing		2323	
Q29Bx For the problems you had, which of the following apply? Hearing problems	Satisfied	1	553	5.2
	Not satisfied	2	128	1.2
	Not seek help	3	1732	16.2
	Not have problem	4	8268	77.4
	N Missing		1525	
Q29By For the problems you had, which of the following apply? Difficulty sleeping	Satisfied	1	1163	11.8
	Not satisfied	2	313	3.2
	Not seek help	3	5037	51.2
	Not have problem	4	3318	33.7
	N Missing		2439	
Q29Bz For the problems you had, which of the following apply? Depression	Satisfied	1	1264	12.3
	Not satisfied	2	273	2.7
	Not seek help	3	3248	31.7
	Not have problem	4	5474	53.4
	N Missing		1949	
Q29Baa For the problems you had, which of the following apply? Anxiety	Satisfied	1	1164	11.5
	Not satisfied	2	247	2.4
	Not seek help	3	3718	36.8
	Not have problem	4	4984	49.3
	N Missing		2086	
Q30a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health	Not applicable	1	579	5.2
	Not stressed	2	5253	47.0
	Somewhat stressed	3	3392	30.3
	Moderately stressed	4	1288	11.5
	Very stressed	5	471	4.2
	Extremely stressed	6	195	1.7
	N Missing		1031	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30b Over the last 12 months, how stressed have you felt about the following areas of your life: Health of other family members	Not applicable	1	556	4.9
	Not stressed	2	3857	34.1
	Somewhat stressed	3	3851	34.0
	Moderately stressed	4	1636	14.5
	Very stressed	5	911	8.0
	Extremely stressed	6	508	4.5
	N Missing		896	
Q30c Over the last 12 months, how stressed have you felt about the following areas of your life: Work/Employment	Not applicable	1	1963	17.4
	Not stressed	2	2959	26.2
	Somewhat stressed	3	3136	27.8
	Moderately stressed	4	1696	15.0
	Very stressed	5	1052	9.3
	Extremely stressed	6	477	4.2
	N Missing		928	
Q30d Over the last 12 months, how stressed have you felt about the following areas of your life: Living arrangements	Not applicable	1	1230	10.9
	Not stressed	2	7132	63.0
	Somewhat stressed	3	1763	15.6
	Moderately stressed	4	650	5.7
	Very stressed	5	363	3.2
	Extremely stressed	6	190	1.7
	N Missing		881	
Q30e Over the last 12 months, how stressed have you felt about the following areas of your life: Study	Not applicable	1	7580	67.6
	Not stressed	2	2723	24.3
	Somewhat stressed	3	598	5.3
	Moderately stressed	4	181	1.6
	Very stressed	5	100	0.9
	Extremely stressed	6	36	0.3
	N Missing		1006	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30f Over the last 12 months, how stressed have you felt about the following areas of your life: Money	Not applicable	1	578	5.1
	Not stressed	2	4086	36.1
	Somewhat stressed	3	4000	35.3
	Moderately stressed	4	1355	12.0
	Very stressed	5	818	7.2
	Extremely stressed	6	496	4.4
	N Missing		866	
Q30g Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with parents	Not applicable	1	3384	29.9
	Not stressed	2	5352	47.2
	Somewhat stressed	3	1619	14.3
	Moderately stressed	4	534	4.7
	Very stressed	5	268	2.4
	Extremely stressed	6	177	1.6
	N Missing		883	
Q30h Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with partner/spouse	Not applicable	1	1672	14.7
	Not stressed	2	5642	49.7
	Somewhat stressed	3	2473	21.8
	Moderately stressed	4	742	6.5
	Very stressed	5	461	4.1
	Extremely stressed	6	374	3.3
	N Missing		838	
Q30i Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with children	Not applicable	1	1288	11.3
	Not stressed	2	4967	43.5
	Somewhat stressed	3	3493	30.6
	Moderately stressed	4	1004	8.8
	Very stressed	5	425	3.7
	Extremely stressed	6	231	2.0
	N Missing		802	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30j Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members	Not applicable	1	1207	10.6
	Not stressed	2	6956	61.0
	Somewhat stressed	3	2311	20.3
	Moderately stressed	4	577	5.1
	Very stressed	5	237	2.1
	Extremely stressed	6	120	1.0
	N Missing		804	
Q31a Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was bothered by things that don't usually bother me	Rarely/none	0	7841	69.2
	Sometimes	1	2619	23.1
	Occasionally	2	615	5.4
	Most/all of time	3	254	2.2
	N Missing		872	
Q31b Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I had trouble keeping my mind on what I was doing	Rarely/none	0	6521	57.4
	Sometimes	1	3586	31.5
	Occasionally	2	884	7.8
	Most/all of time	3	378	3.3
	N Missing		838	
Q31c Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt depressed	Rarely/none	0	7294	64.8
	Sometimes	1	2667	23.7
	Occasionally	2	885	7.9
	Most/all of time	3	405	3.6
	N Missing		973	
Q31d Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt that everything I did was an effort	Rarely/none	0	6502	57.2
	Sometimes	1	3272	28.8
	Occasionally	2	1027	9.0
	Most/all of time	3	558	4.9
	N Missing		850	
Q31e Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt hopeful about the future	Rarely/none	0	1987	17.7
	Sometimes	1	2418	21.5
	Occasionally	2	2194	19.5
	Most/all of time	3	4659	41.4
	N Missing		956	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q31f Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt fearful	Rarely/none	0	8412	74.5
	Sometimes	1	1964	17.4
	Occasionally	2	634	5.6
	Most/all of time	3	284	2.5
	N Missing		908	
Q31g Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? My sleep was restless	Rarely/none	0	4188	36.9
	Sometimes	1	4136	36.5
	Occasionally	2	1817	16.0
	Most/all of time	3	1204	10.6
	N Missing		855	
Q31h Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was happy	Rarely/none	0	776	6.8
	Sometimes	1	1881	16.6
	Occasionally	2	2571	22.7
	Most/all of time	3	6112	53.9
	N Missing		869	
Q31i Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt lonely	Rarely/none	0	7729	68.0
	Sometimes	1	2319	20.4
	Occasionally	2	891	7.8
	Most/all of time	3	430	3.8
	N Missing		857	
Q31j Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I could not "get going"	Rarely/none	0	5533	48.6
	Sometimes	1	4077	35.8
	Occasionally	2	1167	10.3
	Most/all of time	3	599	5.3
	N Missing		833	
Q31k Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt terrific	Rarely/none	0	2818	24.8
	Sometimes	1	2536	22.3
	Occasionally	2	2695	23.7
	Most/all of time	3	3323	29.2
	N Missing		841	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32Aa Which of the following events have you experienced? In the last 12 months Major personal illness	No	0	10644	92.4
	Yes	1	873	7.6
	N Missing		690	
Q32Ab Which of the following events have you experienced? In the last 12 months Major personal injury	No	0	11183	97.1
	Yes	1	333	2.9
	N Missing		690	
Q32Ac Which of the following events have you experienced? In the last 12 months Major surgery (not including dental work)	No	0	10867	94.4
	Yes	1	649	5.6
	N Missing		690	
Q32Ad Which of the following events have you experienced? In the last 12 months Going through menopause	No	0	8409	73.0
	Yes	1	3107	27.0
	N Missing		690	
Q32Ae Which of the following events have you experienced? In the last 12 months Major decline in health of spouse or partner	No	0	10797	93.7
	Yes	1	720	6.3
	N Missing		690	
Q32Af Which of the following events have you experienced? In the last 12 months Major decline in health of other close family member or close friend	No	0	8429	73.2
	Yes	1	3087	26.8
	N Missing		690	
Q32Ag Which of the following events have you experienced? In the last 12 months Starting a new, close personal relationship	No	0	11125	96.6
	Yes	1	391	3.4
	N Missing		690	
Q32Ah Which of the following events have you experienced? In the last 12 months Infidelity of spouse or partner	No	0	11355	98.6
	Yes	1	162	1.4
	N Missing		690	
Q32Ai Which of the following events have you experienced? In the last 12 months Break-up of a close personal relationship	No	0	11021	95.7
	Yes	1	495	4.3
	N Missing		690	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32Aj Which of the following events have you experienced? In the last 12 months Divorce	No	0	11380	98.8
	Yes	1	136	1.2
	N Missing		690	
Q32Ak Which of the following events have you experienced? In the last 12 months Major conflict with teenage or older children	No	0	10001	86.8
	Yes	1	1515	13.2
	N Missing		690	
Q32Al Which of the following events have you experienced? In the last 12 months Child or family member leaving home (due to marriage, to attend university etc)	No	0	9596	83.3
	Yes	1	1920	16.7
	N Missing		690	
Q32Am Which of the following events have you experienced? In the last 12 months Death of spouse or partner	No	0	11469	99.6
	Yes	1	47	0.4
	N Missing		690	
Q32An Which of the following events have you experienced? In the last 12 months Death of child	No	0	11476	99.6
	Yes	1	41	0.4
	N Missing		690	
Q32Ao Which of the following events have you experienced? In the last 12 months Death of other close family member	No	0	10149	88.1
	Yes	1	1367	11.9
	N Missing		690	
Q32Ap Which of the following events have you experienced? In the last 12 months Death of close friend	No	0	10558	91.7
	Yes	1	958	8.3
	N Missing		690	
Q32Aq Which of the following events have you experienced? In the last 12 months Changing your type of work/hours/conditions/responsibilities at work	No	0	8483	73.7
	Yes	1	3033	26.3
	N Missing		690	
Q32Ar Which of the following events have you experienced? In the last 12 months Your spouse or partner ceasing work outside the home	No	0	10872	94.4
	Yes	1	645	5.6
	N Missing		690	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32As Which of the following events have you experienced? In the last 12 months Decreased income	No	0	9303	80.8
	Yes	1	2213	19.2
	N Missing		690	
Q32At Which of the following events have you experienced? In the last 12 months Moving house	No	0	10498	91.2
	Yes	1	1018	8.8
	N Missing		690	
Q32Au Which of the following events have you experienced? In the last 12 months Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	11335	98.4
	Yes	1	181	1.6
	N Missing		690	
Q32Av Which of the following events have you experienced? In the last 12 months Major loss or damage to personal property	No	0	11271	97.9
	Yes	1	246	2.1
	N Missing		690	
Q32Aw Which of the following events have you experienced? In the last 12 months Being robbed	No	0	10968	95.2
	Yes	1	548	4.8
	N Missing		690	
Q32Ax Which of the following events have you experienced? In the last 12 months Involvement in a serious accident	No	0	11408	99.1
	Yes	1	109	0.9
	N Missing		690	
Q32Ay Which of the following events have you experienced? In the last 12 months Being pushed, grabbed, shoved, kicked or hit	No	0	11245	97.6
	Yes	1	272	2.4
	N Missing		690	
Q32Az Which of the following events have you experienced? In the last 12 months Being forced to take part in unwanted sexual activity	No	0	11418	99.1
	Yes	1	98	0.9
	N Missing		690	
Q32Aaa Which of the following events have you experienced? In the last 12 months Legal troubles or involved in a court case	No	0	10798	93.8
	Yes	1	718	6.2
	N Missing		690	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32Abb Which of the following events have you experienced? In the last 12 months Family member/close personal friend being arrested/in gaol	No	0	11253	97.7
	Yes	1	263	2.3
	N Missing		690	
Q32Ba Which of the following have you experienced? 1-2 years ago Major personal illness	No	0	11070	96.1
	Yes	1	446	3.9
	N Missing		690	
Q32Bb Which of the following have you experienced? 1-2 years ago Major personal injury	No	0	11360	98.6
	Yes	1	156	1.4
	N Missing		690	
Q32Bc Which of the following have you experienced? 1-2 years ago Major surgery (not including dental work)	No	0	11066	96.1
	Yes	1	451	3.9
	N Missing		690	
Q32Bd Which of the following have you experienced? 1-2 years ago Going through menopause	No	0	10567	91.8
	Yes	1	949	8.2
	N Missing		690	
Q32Be Which of the following have you experienced? 1-2 years ago Major decline in health of spouse or partner	No	0	11192	97.2
	Yes	1	324	2.8
	N Missing		690	
Q32Bf Which of the following have you experienced? 1-2 years ago Major decline in health of other close family member or close friend	No	0	10565	91.7
	Yes	1	951	8.3
	N Missing		690	
Q32Bg Which of the following have you experienced? 1-2 years ago Starting a new, close personal relationship	No	0	11306	98.2
	Yes	1	210	1.8
	N Missing		690	
Q32Bh Which of the following have you experienced? 1-2 years ago Infidelity of spouse or partner	No	0	11412	99.1
	Yes	1	104	0.9
	N Missing		690	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32Bi Which of the following have you experienced? 1-2 years ago Break-up of close personal relationship	No	0	11302	98.1
	Yes	1	214	1.9
	N Missing		690	
Q32Bj Which of the following have you experienced? 1-2 years ago Divorce	No	0	11448	99.4
	Yes	1	68	0.6
	N Missing		690	
Q32Bk Which of the following have you experienced? 1-2 years ago Major conflict with teenage or older children	No	0	11039	95.9
	Yes	1	478	4.1
	N Missing		690	
Q32Bl Which of the following have you experienced? 1-2 years ago Child or family member leaving home (due to marriage, to attend university etc)	No	0	10581	91.9
	Yes	1	936	8.1
	N Missing		690	
Q32Bm Which of the following have you experienced? 1- 2 years ago Death of spouse or partner	No	0	11487	99.7
	Yes	1	29	0.3
	N Missing		690	
Q32Bn Which of the following have you experienced? 1- 2 years ago Death of child	No	0	11486	99.7
	Yes	1	30	0.3
	N Missing		690	
Q32Bo Which of the following have you experienced? 1-2 years ago Death of other close family member	No	0	10797	93.8
	Yes	1	719	6.2
	N Missing		690	
Q32Bp Which of the following have you experienced? 1-2 years ago Death of close friend	No	0	11096	96.3
	Yes	1	420	3.7
	N Missing		690	
Q32Bq Which of the following have you experienced? 1-2 years ago Changing your type of work/hours/conditions/responsibilities at work	No	0	10577	91.8
	Yes	1	939	8.2
	N Missing		690	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32Br Which of the following have you experienced? 1-2 years ago Your spouse or partner ceasing work outside the home	No	0	11255	97.7
	Yes	1	261	2.3
	N Missing		690	
Q32Bs Which of the following have you experienced? 1-2 years ago Decreased income	No	0	10839	94.1
	Yes	1	678	5.9
	N Missing		690	
Q32Bt Which of the following have you experienced? 1-2 years ago Moving house	No	0	11031	95.8
	Yes	1	485	4.2
	N Missing		690	
Q32Bu Which of the following have you experienced? 1-2 years ago Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	11440	99.3
	Yes	1	77	0.7
	N Missing		690	
Q32Bv Which of the following have you experienced? 1-2 years ago Major loss or damage to personal property	No	0	11413	99.1
	Yes	1	103	0.9
	N Missing		690	
Q32Bw Which of the following have you experienced? 1-2 years ago Being robbed	No	0	11277	97.9
	Yes	1	239	2.1
	N Missing		690	
Q32Bx Which of the following have you experienced? 1-2 years ago Involvement in a serious accident	No	0	11449	99.4
	Yes	1	67	0.6
	N Missing		690	
Q32By Which of the following have you experienced? 1- 2 years ago Being pushed, grabbed, shoved, kicked or hit	No	0	11396	99.0
	Yes	1	120	1.0
	N Missing		690	
Q32Bz Which of the following have you experienced? 1- 2 years ago Being forced to take part in unwanted sexual activity	No	0	11489	99.8
	Yes	1	28	0.2
	N Missing		690	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32Baa Which of the following have you experienced? 1-2 years ago Legal troubles or involved in a court case	No	0	11247	97.7
	Yes	1	269	2.3
	N Missing		690	
Q32Bbb Which of the following have you experienced? 1-2 years ago Family member/close friend being arrested/in gaol	No	0	11407	99.1
	Yes	1	109	0.9
	N Missing		690	
Q32Ca Which of the following have you experienced? More than 2 years ago Major personal illness	No	0	9060	78.7
	Yes	1	2457	21.3
	N Missing		690	
Q32Cb Which of the following have you experienced? More than 2 years ago Major personal injury	No	0	10364	90.0
	Yes	1	1152	10.0
	N Missing		690	
Q32Cc Which of the following have you experienced? More than 2 years ago Major surgery (not including dental work)	No	0	8411	73.0
	Yes	1	3105	27.0
	N Missing		690	
Q32Cd Which of the following have you experienced? More than 2 years ago Going through menopause	No	0	9986	86.7
	Yes	1	1530	13.3
	N Missing		690	
Q32Ce Which of the following have you experienced? More than 2 years ago Major decline in health of spouse or partner	No	0	10872	94.4
	Yes	1	644	5.6
	N Missing		690	
Q32Cf Which of the following have you experienced? More than 2 years ago Major decline in health of other close family member or close friend	No	0	10076	87.5
	Yes	1	1440	12.5
	N Missing		690	
Q32Cg Which of the following have you experienced? More than 2 years ago Starting a new, close personal relationship	No	0	10597	92.0
	Yes	1	919	8.0
	N Missing		690	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32Ch Which of the following have you experienced? More than 2 years ago Infidelity of spouse or partner	No	0	10657	92.5
	Yes	1	859	7.5
	N Missing		690	
Q32Ci Which of the following have you experienced? More than 2 years ago Break- up of close personal relationship	No	0	10459	90.8
	Yes	1	1057	9.2
	N Missing		690	
Q32Cj Which of the following have you experienced? More than 2 years ago Divorce	No	0	10331	89.7
	Yes	1	1186	10.3
	N Missing		690	
Q32Ck Which of the following have you experienced? More than 2 years ago Major conflict with teenage or older children	No	0	10706	93.0
	Yes	1	810	7.0
	N Missing		690	
Q32Cl Which of the following have you experienced? More than 2 years ago Child or family member leaving home (due to marriage, to attend university etc)	No	0	9693	84.2
	Yes	1	1823	15.8
	N Missing		690	
Q32Cm Which of the following have you experienced? More than 2 years ago Death of spouse or partner	No	0	11238	97.6
	Yes	1	278	2.4
	N Missing		690	
Q32Cn Which of the following have you experienced? More than 2 years ago Death of child	No	0	11152	96.8
	Yes	1	364	3.2
	N Missing		690	
Q32Co Which of the following have you experienced? More than 2 years ago Death of other close family member	No	0	9006	78.2
	Yes	1	2511	21.8
	N Missing		690	
Q32Cp Which of the following have you experienced? More than 2 years ago Death of close friend	No	0	10593	92.0
	Yes	1	923	8.0
	N Missing		690	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32Cq Which of the following have you experienced? More than 2 years ago Changing your type of work/hours/conditions/responsibilities at work	No	0	10324	89.7
	Yes	1	1192	10.3
	N Missing		690	
Q32Cr Which of the following have you experienced? More than 2 years ago Your spouse or partner ceasing work outside the home	No	0	10838	94.1
	Yes	1	678	5.9
	N Missing		690	
Q32Cs Which of the following have you experienced? More than 2 years ago Decreased income	No	0	10244	89.0
	Yes	1	1273	11.0
	N Missing		690	
Q32Ct Which of the following have you experienced? More than 2 years ago Moving house	No	0	9724	84.4
	Yes	1	1792	15.6
	N Missing		690	
Q32Cu Which of the following have you experienced? More than 2 years ago Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	11119	96.5
	Yes	1	398	3.5
	N Missing		690	
Q32Cv Which of the following have you experienced? More than 2 years ago Major loss or damage to personal property	No	0	11142	96.7
	Yes	1	375	3.3
	N Missing		690	
Q32Cw Which of the following have you experienced? More than 2 years ago Being robbed	No	0	10603	92.1
	Yes	1	913	7.9
	N Missing		690	
Q32Cx Which of the following have you experienced? More than 2 years ago Involvement in a serious accident	No	0	11048	95.9
	Yes	1	468	4.1
	N Missing		690	
Q32Cy Which of the following have you experienced? More than 2 years ago Being pushed, grabbed, shoved, kicked or hit	No	0	11008	95.6
	Yes	1	509	4.4
	N Missing		690	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32Cz Which of the following have you experienced? More than 2 years ago Being forced to take part in unwanted sexual activity	No	0	11134	96.7
	Yes	1	382	3.3
	N Missing		690	
Q32Caa Which of the following have you experienced? More than 2 years ago Legal troubles or involved in a court case	No	0	10732	93.2
	Yes	1	785	6.8
	N Missing		690	
Q32Cbb Which of the following have you experienced? More than 2 years ago Family member/close friend being arrested/in gaol	No	0	11165	97.0
	Yes	1	351	3.0
	N Missing		690	
Q33 How often do you currently smoke cigarettes or any tobacco products?	Daily	1	1654	14.5
	Weekly	2	100	0.9
	< weekly	3	169	1.5
	Not at all	4	9505	83.2
	N Missing		776	
Q34a If you smoke daily, on average how many cigarettes do you smoke each day?	Mean		3.01	
	Std Error		0.08	
	N		11286	
	N Missing		1052	
Q34b If you smoke, but not daily, on average how many cigarettes do you smoke per week?	Mean		0.48	
	Std Error		0.05	
	N		9769	
	N Missing		2569	
Q35 In your lifetime, would you have smoked at least 100 cigarettes (or equivalent)?	Yes	1	3866	33.9
	No	2	6490	56.9
	Daily smoker	8	1058	9.3
	N Missing		796	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q36 Have you ever smoked daily?	Yes	1	3425	30.2
	No	2	846	7.5
	Not smoked 100	7	5930	52.2
	Daily smoker	8	1151	10.1
	N Missing		857	
Q37 At what age did you finally stop smoking daily?	Mean		34.29	
	Std Error		0.17	
	N		2975	
	N Missing		9363	
Q38 At what age did you start smoking daily?	Mean		19.12	
	Std Error		0.08	
	N		4612	
	N Missing		7726	
Q39 How often do you usually drink alcohol?	Never	1	1454	12.7
	Rarely	2	3185	27.8
	< once week	3	1642	14.3
	1-2 days a week	4	1863	16.3
	3-4 days a week	5	1384	12.1
	5-6 days a week	6	978	8.5
	Every day	7	942	8.2
	N Missing		759	
Q40 On a day when you drink alcohol, how many drinks do you usually have?	Never drink	0	1454	13.1
	1-2 drinks	1	7659	69.0
	3-4 drinks	2	1684	15.2
	5-8 drinks	3	266	2.4
	9+ drinks	4	34	0.3
	N Missing		1118	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q41 How often do you have five or more drinks of alcohol on one occasion?	Never drink	0	1454	12.8
	Never	1	6221	54.6
	< once a month	2	2018	17.7
	Once a month	3	992	8.7
	Once a week	4	542	4.8
	> once a week	5	171	1.5
	N Missing		803	
Q44 How much would you like to weigh?	Happy as I am	1	2151	19.1
	1-5kg more	2	181	1.6
	Over 5kg more	3	61	0.5
	1-5kg less	4	4028	35.7
	6-10kg less	5	2482	22.0
	Over 10kg less	6	2379	21.1
	N Missing		944	
Q45a In the past month, how dissatisfied have you felt about Your weight	1 Not at all	1	2430	21.3
	2	2	311	2.7
	3 Slightly	3	3377	29.7
	4	4	163	1.4
	5 Moderately	5	2630	23.1
	6	6	287	2.5
	7 Markedly	7	2191	19.2
	N Missing		823	
Q45b In the past month how dissatisfied have you felt about Your shape	1 Not at all	1	2150	19.2
	2	2	432	3.9
	3 Slightly	3	3504	31.3
	4	4	234	2.1
	5 Moderately	5	2629	23.5
	6	6	314	2.8
	7 Markedly	7	1941	17.3
	N Missing		1006	
Q46a Have you ever dieted (limited how much you ate) to lose weight?	Yes	1	7979	69.9
	No	2	3443	30.1
	N Missing		791	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46b At what age did you first start to diet?	Mean		46.70	
	Std Error		0.27	
	N		11232	
	N Missing		1106	
Q47 How often have you gone on a diet to lose weight during the last year?	Never	1	3097	27.1
	1-2 times	2	3540	31.0
	3-4 times	3	558	4.9
	5+ times	4	343	3.0
	Always	5	937	8.2
	Never dieted	8	2937	25.7
	N Missing		810	
Q48 Last time you went on a diet, how long did it last?	A Day	1	332	2.9
	A Week	2	1314	11.6
	A Few weeks	3	1874	16.6
	Month or more	4	3845	34.0
	Not applicable	5	896	7.9
	Never dieted	8	3044	26.9
	N Missing		900	
Q49a Excluding pregnancy, how many times have you: In the last two years Lost 5kg or more on purpose	Never	1	7645	68.0
	1-2 times	2	3142	28.0
	3-4 times	3	312	2.8
	5+ times	4	141	1.3
	N Missing		981	
Q49b Excluding pregnancy, how many times have you: In the last two years Lost 5kg or more for any other reason	Never	1	9282	84.1
	1-2 times	2	1587	14.4
	3-4 times	3	113	1.0
	5+ times	4	49	0.4
	N Missing		1185	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q49c Excluding pregnancy, how many times have you: In the last two years Gained 5kg or more which was previously lost on purpose	Never	1	8081	74.2
	1-2 times	2	2389	21.9
	3-4 times	3	300	2.7
	5+ times	4	128	1.2
	N Missing		1350	
Q49d Excluding pregnancy, how many times have you: Ever (in your adult life) Lost 5kg or more on purpose	Never	1	5160	47.4
	1-2 times	2	3429	31.5
	3-4 times	3	1293	11.9
	5+ times	4	993	9.1
	N Missing		1335	
Q49e Excluding pregnancy, how many times have you: Ever (in your adult life) Lost 5kg or more for any other reason	Never	1	7058	65.9
	1-2 times	2	3006	28.1
	3-4 times	3	419	3.9
	5+ times	4	225	2.1
	N Missing		1546	
Q49f Excluding pregnancy, how many times have you: Ever (in your adult life) Gained 5kg or more which was previously lost on purpose	Never	1	6424	59.5
	1-2 times	2	2566	23.8
	3-4 times	3	959	8.9
	5+ times	4	845	7.8
	N Missing		1432	
Q50a Have you used any of these methods to lose weight or to control your weight or shape? Commercial weight loss programs (eg. Weight Watchers, Diet Factory, Jenny Craig)	Last 12 months	1	992	8.7
	>1 year ago	2	2525	22.2
	Never	3	7839	69.0
	N Missing		850	
Q50b Have you used any of these methods to lose weight or to control your weight or shape? Meal replacements or slimming products (eg. Limmits, Herbalife)	Last 12 months	1	321	2.9
	>1 year ago	2	1905	17.1
	Never	3	8896	80.0
	N Missing		1084	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q50c Have you used any of these methods to lose weight or to control your weight or shape? Exercise	Last 12 months	1	5509	53.4
	>1 year ago	2	2890	28.0
	Never	3	1910	18.5
	N Missing		1922	
Q50d Have you used any of these methods to lose weight or to control your weight or shape? Cut down on size of meals or between meal snacks	Last 12 months	1	6706	59.7
	>1 year ago	2	2473	22.0
	Never	3	2048	18.2
	N Missing		976	
Q50e Have you used any of these methods to lose weight or to control your weight or shape? Cut down on fats and/or sugars (general healthy eating)	Last 12 months	1	7295	64.9
	>1 year ago	2	2415	21.5
	Never	3	1526	13.6
	N Missing		978	
Q50f Have you used any of these methods to lose weight or to control your weight or shape? Laxatives, diuretics or diet pills	Last 12 months	1	405	3.6
	>1 year ago	2	1074	9.5
	Never	3	9827	86.9
	N Missing		902	
Q50g Have you used any of these methods to lose weight or to control your weight or shape? Fasting	Last 12 months	1	333	2.9
	>1 year ago	2	788	7.0
	Never	3	10170	90.1
	N Missing		914	
Q50h Have you used any of these methods to lose weight or to control your weight or shape? Vegetarian diet	Last 12 months	1	834	7.4
	>1 year ago	2	624	5.5
	Never	3	9856	87.1
	N Missing		897	
Q50i Have you used any of these methods to lose weight or to control your weight or shape? Smoking	Last 12 months	1	325	2.9
	>1 year ago	2	478	4.2
	Never	3	10438	92.9
	N Missing		960	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q51a How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Walking briskly (for recreation or exercise, or to get from place to place)	Mean		2.74	
	Std Error		0.03	
	N		11298	
	N Missing		1040	
Q51b How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean		1.73	
	Std Error		0.03	
	N		11273	
	N Missing		1065	
Q51c How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming)	Mean		0.50	
	Std Error		0.02	
	N		11324	
	N Missing		1014	
Q54mn Which of the following best describes your main and secondary occupation status? (eg. if you work part-time and do home duties, the one which takes the most time would be main and the other would be secondary). Main	No secondary occ	0	79	0.7
	Full time	1	5047	41.7
	Part time/casual	2	2429	20.1
	Work without pay	3	430	3.6
	Home duties	4	3662	30.3
	Studying	5	70	0.6
	Unemployed-looking	6	68	0.6
	Unpaid voluntary	7	47	0.4
	Retired	8	77	0.6
	Unable to work	9	193	1.6
N Missing		193		

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q54sc Which of the following best describes your main and secondary occupation status? (eg. if you work part-time and do home duties, the one which takes the most time would be main and the other would be secondary). Secondary	No secondary occ	0	1254	12.0
	Full time	1	123	1.2
	Part time/casual	2	1564	15.0
	Work without pay	3	645	6.2
	Home duties	4	5752	55.2
	Studying	5	256	2.5
	Unemployed-looking	6	134	1.3
	Unpaid voluntary	7	404	3.9
	Retired	8	99	1.0
	Unable to work	9	181	1.7
	N Missing			1837
Q55 How many hours do you normally spend in your paid work each week?	None	1	2559	22.9
	1-15 hours	2	1154	10.3
	16-24 hours	3	1314	11.8
	25-34 hours	4	1522	13.6
	35-40 hours	5	2561	23.0
	41-48 hours	6	1285	11.5
	49+ hours	7	763	6.8
	N Missing			1094
Q56a Does your paid work involve: Working shifts	Yes	1	1669	15.3
	No	2	6965	63.8
	No paid work	8	2288	20.9
	N Missing			1307
Q56b Does your paid work involve: Working at night	Yes	1	1564	14.4
	No	2	7009	64.5
	No paid work	8	2293	21.1
	N Missing			1368
Q56c Does your paid work involve: Working at home (as your usual workplace)	Yes	1	1192	11.0
	No	2	7331	67.7
	No paid work	8	2299	21.2
	N Missing			1403

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q57 Are you happy with the number of hours of paid work you do? (Please mark one, even if you do not do any paid work)	Happy as is	1	6687	61.8
	Like more hours	2	1516	14.0
	Like less hours	3	2625	24.2
	N Missing		1424	
Q58 What is the main reason you would like to do fewer hours of paid work?	Family reasons	1	442	4.1
	Health reasons	2	393	3.6
	Like more time	3	2616	24.2
	Happy with hours	7	5955	55.1
	Like to do more	8	1408	13.0
	N Missing		1437	
Q59 What is the main reason you do not do more hours of paid work?	No suitable job	1	1172	10.7
	Family reasons	2	738	6.7
	Health reasons	3	663	6.0
	Spouse prefers	4	347	3.2
	Language	5	10	0.1
	Like to do less	6	1893	17.2
	Happy with hours	7	6152	56.1
	N Missing		1285	
Q60 How often do you feel rushed/pressured/too busy?	Every day	1	2361	21.0
	Few times week	2	4417	39.3
	Once a week	3	2150	19.1
	Once a month	4	1448	12.9
	Never	5	875	7.8
	N Missing		938	
Q61 How often do you feel you have time on your hands that you don't know what to do with?	Every day	1	272	2.4
	Few times week	2	978	8.6
	Once a week	3	1225	10.8
	Once a month	4	1728	15.2
	Never	5	7176	63.1
	N Missing		823	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q62 Do you have any paid help with domestic work (eg. with housework, ironing)?	Yes	1	1745	15.3
	No	2	9674	84.7
	N Missing		788	
Q65 What form of transport do you use most often?	Vehicle-driver	1	9355	83.0
	Vehicle-passenger	2	915	8.1
	Bus/tram/train	3	633	5.6
	Walk/bicycle	4	339	3.0
	Other	5	22	0.2
	N Missing		949	
Q66a Do you have access to a vehicle whenever you require it?	Yes	1	10480	92.9
	No	2	802	7.1
	N Missing		911	
Q66b Do you have a driver's licence?	Yes	1	10714	94.7
	No	2	598	5.3
	N Missing		881	
Q67a Which of the following do you use regularly? Microwave oven	No	0	3385	29.4
	Yes	1	8131	70.6
	N Missing		690	
Q67b Which of the following do you use regularly? Mobile phone	No	0	10167	88.3
	Yes	1	1349	11.7
	N Missing		690	
Q67c Which of the following do you use regularly? Personal computer	No	0	8351	72.5
	Yes	1	3165	27.5
	N Missing		690	
Q67d Which of the following do you use regularly? The Internet	No	0	11080	96.2
	Yes	1	436	3.8
	N Missing		690	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q68 Have you ever suffered any work-related accident or illness?	Yes	1	2467	21.7
	No	2	8915	78.3
	N Missing		820	
Q69a Which of the following are sources of income for you and your spouse? Wage or salary	No	0	2947	25.6
	Yes	1	8570	74.4
	N Missing		690	
Q69b Which of the following are sources of income for you and your spouse? Own business/farm/partnership	No	0	8349	72.5
	Yes	1	3168	27.5
	N Missing		690	
Q69c Which of the following are sources of income for you and your spouse? Superannuation or other private income	No	0	10651	92.5
	Yes	1	865	7.5
	N Missing		690	
Q69d Which of the following are sources of income for you and your spouse? Government pension or allowance	No	0	9969	86.6
	Yes	1	1547	13.4
	N Missing		690	
Q70slf Average gross income self	No income	1	775	7.2
	\$120-\$299 pw	2	2795	26.0
	\$300-\$499 pw	3	2317	21.5
	\$500-\$699 pw	4	1709	15.9
	\$700-\$999 pw	5	1441	13.4
	\$1000-\$1499 pw	6	504	4.7
	\$1500+ pw	7	146	1.4
	Don't know	8	200	1.9
	No answer	9	879	8.2
	N Missing		1465	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>	
Q70ptn Average gross income partner	No income	1	243	2.7	
	\$120-\$299 pw	2	1125	12.3	
	\$300-\$499 pw	3	1352	14.8	
	\$500-\$699 pw	4	1705	18.6	
	\$700-\$999 pw	5	1641	17.9	
	\$1000-\$1499 pw	6	1059	11.6	
	\$1500+ pw	7	650	7.1	
	Don't know	8	370	4.0	
	No answer	9	1012	11.1	
	N Missing			2918	
Q71 How many people are dependent on this household income? (Including yourself)	0	0	135	1.2	
	1	1	1337	11.9	
	2	2	4744	42.2	
	3	3	2296	20.4	
	4	4	1826	16.2	
	5	5	665	5.9	
	6	6	178	1.6	
	7	7	38	0.3	
	8	8	19	0.2	
	9	9	6	0.1	
	10	10	0	0.0	
	12	12	0	0.0	
	21	21	0	0.0	
	N Missing			963	
	Q72 How do you manage on the income you have available?	Impossible	1	222	1.9
Difficult always		2	1384	12.2	
Difficult sometimes		3	3159	27.8	
Not too bad		4	4724	41.5	
Easy		5	1890	16.6	
N Missing				839	
Q73a Have you ever experienced any form of physical, mental, emotional or sexual abuse or violence, either as a child, in an adult relationship, or at any other time?	No, never	1	7194	63.4	
	Yes	2	4159	36.6	
	N Missing			865	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q73b If "Yes", would you be willing to answer questions about your experience(s) in a future survey (which would be strictly confidential and anonymous)?	No	1	1134	10.1
	Yes	2	3030	26.9
	No abuse	8	7083	63.0
	N Missing		986	
Q73c Would you prefer to do this by written survey or by telephone interview?	Written survey	1	2994	26.9
	Phone interview	2	382	3.4
	Won't do survey	7	970	8.7
	No abuse	8	6801	61.0
	N Missing		1089	
Q74a How many people live with you now? Partner or spouse	None	1	2303	20.2
	One	2	8889	77.8
	Two	3	131	1.1
	Three or more	4	102	0.9
	N Missing		781	
Q74b How many people live with you now? Children under 16 years	None	1	8577	77.5
	One	2	1756	15.9
	Two	3	601	5.4
	Three or more	4	128	1.2
	N Missing		1093	
Q74c How many people live with you now? Children 16 - 18 years	None	1	8864	81.1
	One	2	1813	16.6
	Two	3	220	2.0
	Three or more	4	30	0.3
	N Missing		1231	
Q74d How many people live with you now? Children over 18 years	None	1	6463	58.1
	One	2	3088	27.7
	Two	3	1344	12.1
	Three or more	4	237	2.1
	N Missing		1060	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q74e How many people live with you now? Your parents or in-laws	None	1	10582	96.1
	One	2	368	3.3
	Two	3	55	0.5
	Three or more	4	10	0.1
	N Missing		1164	
Q74f How many people live with you now? Other adult relatives	None	1	10717	97.1
	One	2	232	2.1
	Two	3	64	0.6
	Three or more	4	19	0.2
	N Missing		1149	
Q74g How many people live with you now? Other adults (not family members)	None	1	10620	96.4
	One	2	328	3.0
	Two	3	45	0.4
	Three or more	4	20	0.2
	N Missing		1164	
Q75 Most parents need someone to care for their children when they cannot. How satisfied are you with your child care arrangements?	Not applicable	1	9450	86.5
	Very satisfied	2	509	4.7
	Satisfied	3	706	6.5
	Dissatisfied	4	158	1.4
	Very dissatisfied	5	97	0.9
	N Missing		1319	
Q76 Do you regularly provide (unpaid) care for grandchildren or other people's children?	Daily	1	238	2.1
	Weekly	2	599	5.3
	Occasionally	3	3503	31.2
	Never	4	6887	61.3
	N Missing		984	
Q77 Do you regularly need help with daily tasks because of long-term illness, disability or frailty (eg personal care, getting around, preparing meals etc)?	Yes	1	319	2.8
	No	2	11012	97.2
	N Missing		858	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q78a Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives with you	Yes	1	703	6.8
	No	2	9664	93.2
	N Missing		1876	
Q78b Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives elsewhere	Yes	1	2025	21.7
	No	2	7309	78.3
	N Missing		2835	
Q79 How many people with a long term illness, disability or frailty do you regularly provide care for?	No care given	0	6254	64.3
	One person	1	1857	19.1
	Two people	2	836	8.6
	>2 people	3	787	8.1
	N Missing		2467	
Q80 How often do you provide this care or assistance?	No care given	0	6615	68.4
	Every day	1	712	7.4
	Several times wk	2	713	7.4
	Once a week	3	850	8.8
	Every few weeks	4	582	6.0
	Less often	5	198	2.0
	N Missing		2526	
Q81 How much time do you usually spend providing such care or assistance on each occasion?	No care given	0	6651	69.1
	All day/night	1	408	4.2
	All day	2	214	2.2
	Several hours	3	1577	16.4
	About an hour	4	776	8.1
	N Missing		2567	
Q82a People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help you if you are confined to bed	None of time	1	1318	11.8
	Little of time	2	1427	12.7
	Some of time	3	1849	16.5
	Most of time	4	3245	29.0
	All of time	5	3368	30.1
	N Missing		994	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q82b People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone you can count on to listen to you when you need to talk	None of time	1	435	3.8
	Little of time	2	1165	10.3
	Some of time	3	1759	15.5
	Most of time	4	3696	32.6
	All of time	5	4275	37.7
	N Missing			873
Q82c People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to give you advice about a crisis	None of time	1	767	6.8
	Little of time	2	1148	10.2
	Some of time	3	2056	18.3
	Most of time	4	3719	33.2
	All of time	5	3524	31.4
	N Missing			984
Q82d People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to take you to the doctor if you need it	None of time	1	609	5.4
	Little of time	2	877	7.8
	Some of time	3	1172	10.4
	Most of time	4	3531	31.3
	All of time	5	5103	45.2
	N Missing			914
Q82e People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who shows you love and affection	None of time	1	312	2.8
	Little of time	2	741	6.6
	Some of time	3	1168	10.3
	Most of time	4	2766	24.5
	All of time	5	6298	55.8
	N Missing			918
Q82f People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to have a good time with	None of time	1	366	3.2
	Little of time	2	950	8.4
	Some of time	3	1776	15.7
	Most of time	4	3402	30.1
	All of time	5	4825	42.6
	N Missing			894

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q82g People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to give you information to help you understand a situation	None of time	1	522	4.6
	Little of time	2	1030	9.1
	Some of time	3	2158	19.1
	Most of time	4	4133	36.5
	All of time	5	3467	30.7
	N Missing			897
Q82h People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to confide in or talk to about yourself or your problems	None of time	1	600	5.3
	Little of time	2	1201	10.6
	Some of time	3	1773	15.6
	Most of time	4	3673	32.4
	All of time	5	4090	36.1
	N Missing			873
Q82i People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who hugs you	None of time	1	602	5.3
	Little of time	2	1096	9.7
	Some of time	3	1558	13.8
	Most of time	4	2655	23.6
	All of time	5	5354	47.5
	N Missing			944
Q82j People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to get together with for relaxation	None of time	1	440	3.9
	Little of time	2	1076	9.5
	Some of time	3	2049	18.1
	Most of time	4	3436	30.3
	All of time	5	4323	38.2
	N Missing			882
Q82k People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to prepare your meals if you are unable to do it for yourself	None of time	1	967	8.6
	Little of time	2	1431	12.7
	Some of time	3	1777	15.7
	Most of time	4	3029	26.8
	All of time	5	4102	36.3
	N Missing			901

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q82l People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone whose advice you really want	None of time	1	830	7.4
	Little of time	2	1354	12.0
	Some of time	3	2131	18.9
	Most of time	4	3548	31.5
	All of time	5	3401	30.2
	N Missing			937
Q82m People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to do things with to help you get your mind off things	None of time	1	642	5.7
	Little of time	2	1450	12.8
	Some of time	3	2464	21.8
	Most of time	4	3530	31.3
	All of time	5	3202	28.4
	N Missing			920
Q82n People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help with daily chores if you are sick	None of time	1	964	8.5
	Little of time	2	1671	14.8
	Some of time	3	1942	17.2
	Most of time	4	3145	27.8
	All of time	5	3587	31.7
	N Missing			894
Q82o People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to share your most private worries and fears with	None of time	1	1109	9.8
	Little of time	2	1438	12.7
	Some of time	3	1616	14.3
	Most of time	4	3103	27.4
	All of time	5	4046	35.8
	N Missing			887
Q82p People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to turn to for suggestions about how to deal with a personal problem	None of time	1	769	6.8
	Little of time	2	1502	13.3
	Some of time	3	1945	17.2
	Most of time	4	3444	30.4
	All of time	5	3664	32.4
	N Missing			892

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q82q People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to do something enjoyable with	None of time	1	312	2.8
	Little of time	2	1012	9.0
	Some of time	3	2014	17.8
	Most of time	4	3642	32.2
	All of time	5	4319	38.2
	N Missing			910
Q82r People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who understands your problems	None of time	1	644	5.7
	Little of time	2	1352	11.9
	Some of time	3	2131	18.8
	Most of time	4	3672	32.4
	All of time	5	3527	31.1
	N Missing			879
Q82s People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to love and make you feel wanted	None of time	1	652	5.7
	Little of time	2	919	8.1
	Some of time	3	1363	12.0
	Most of time	4	2789	24.6
	All of time	5	5618	49.5
	N Missing			866
Q83a Which of the following applies to your parents? Mother	Still living	1	7424	65.3
	Died I was <6	2	84	0.7
	Died I was 7-16	3	224	2.0
	Died I was 17-30	4	744	6.5
	Died I was >30	5	2859	25.1
	Don't know	6	35	0.3
	N Missing			832
Q83b Which of the following applies to your parents? Father	Still living	1	4189	36.8
	Died I was <6	2	184	1.6
	Died I was 7-16	3	475	4.2
	Died I was 17-30	4	1557	13.7
	Died I was >30	5	4845	42.5
	Don't know	6	148	1.3
	N Missing			816

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q86 Are you currently attending an educational institution?	No	1	10709	92.3
	Part time study	2	823	7.1
	Full time study	3	72	0.6
	N Missing		623	
Q87 What is your present marital status?	Married	1	9203	75.4
	De Facto	2	572	4.7
	De Facto-same sex	3	65	0.5
	Separated	4	530	4.3
	Divorced	5	1082	8.9
	Widowed	6	282	2.3
	Single	7	465	3.8
	N Missing		80	
Q88 At the place where you now live, are you:	Owner	1	7090	62.0
	Purchaser	2	2739	23.9
	Renter	3	1276	11.2
	Rent free	4	266	2.3
	Boarder	5	68	0.6
	N Missing		770	
Q89 Many people say they either belong to the upper class, the middle class, or the working class. If you had to make a choice, which would you call yourself?	Upper class	1	134	1.2
	Middle class	2	6085	53.8
	Working class	3	4523	40.0
	Don't know	4	576	5.1
	N Missing		899	
Q90a In general, are you satisfied with what you have achieved in your life so far in the areas of: Work	Very satisfied	1	2147	19.0
	Satisfied	2	7174	63.5
	Dissatisfied	3	1613	14.3
	Very dissatisfied	4	355	3.1
	N Missing		918	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q90b In general, are you satisfied with what you have achieved in your life so far in the areas of: Career	Very satisfied	1	1692	15.4
	Satisfied	2	6313	57.3
	Dissatisfied	3	2514	22.8
	Very dissatisfied	4	498	4.5
	N Missing		1227	
Q90c In general, are you satisfied with what you have achieved in your life so far in the areas of: Study	Very satisfied	1	1145	10.9
	Satisfied	2	5778	54.9
	Dissatisfied	3	3108	29.5
	Very dissatisfied	4	496	4.7
	N Missing		1746	
Q90d In general, are you satisfied with what you have achieved in your life so far in the areas of: Family relationships	Very satisfied	1	4249	37.5
	Satisfied	2	5652	49.9
	Dissatisfied	3	1172	10.3
	Very dissatisfied	4	262	2.3
	N Missing		879	
Q90e In general, are you satisfied with what you have achieved in your life so far in the areas of: Partner/closest personal relationship	Very satisfied	1	4889	43.6
	Satisfied	2	3960	35.3
	Dissatisfied	3	1579	14.1
	Very dissatisfied	4	792	7.1
	N Missing		987	
Q90f In general, are you satisfied with what you have achieved in your life so far in the areas of: Friendships	Very satisfied	1	3709	32.6
	Satisfied	2	6524	57.3
	Dissatisfied	3	975	8.6
	Very dissatisfied	4	169	1.5
	N Missing		840	
Q90g In general, are you satisfied with what you have achieved in your life so far in the areas of: Social activities	Very satisfied	1	2046	18.0
	Satisfied	2	7019	61.8
	Dissatisfied	3	1909	16.8
	Very dissatisfied	4	380	3.3
	N Missing		854	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q52atotmins If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Walking briskly (for recreation or exercise, or to get from place to place)	Mean		115.17	
	Std Error		1.96	
	N		11309	
	N Missing		1029	
Q52btotmins If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean		121.10	
	Std Error		2.36	
	N		11280	
	N Missing		1058	
Q52ctotmins If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming)	Mean		29.86	
	Std Error		1.11	
	N		11312	
	N Missing		1026	
Q53totmins During the last week, how much time did you spend altogether in your work (paid or unpaid) doing vigorous activity (that is, activity which made you puff or pant such as labouring, farm work, heavy gardening, heavy work around the yard, heavy housework etc)?	Mean		258.00	
	Std Error		5.62	
	N		11067	
	N Missing		1271	
PF - Physical Functioning Subscale	Mean		83.76	
	Std Error		0.17	
	N		12261	
	N Missing		77	
RP - Role Physical Scale	Mean		77.55	
	Std Error		0.32	
	N		12294	
	N Missing		44	
BP - Bodily Pain Subscale	Mean		71.20	
	Std Error		0.22	
	N		12316	
	N Missing		22	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
GH - General Health Subscale	Mean		72.89	
	Std Error		0.19	
	N		12242	
	N Missing		96	
VT - Vitality Index Scale	Mean		57.58	
	Std Error		0.20	
	N		12297	
	N Missing		41	
SF - Social Functioning Scale	Mean		81.99	
	Std Error		0.21	
	N		12317	
	N Missing		21	
RE - Role Emotional Scale	Mean		79.15	
	Std Error		0.32	
	N		12280	
	N Missing		58	
MH - Mental Health Subscale	Mean		73.16	
	Std Error		0.17	
	N		12299	
	N Missing		39	
PCSWHA - Physical health summary score - standardised to the WHA population	Mean		49.54	
	Std Error		0.09	
	N		12114	
	N Missing		224	
MCSWHA - Mental health summary score - standardised to the WHA population	Mean		50.66	
	Std Error		0.09	
	N		12114	
	N Missing		224	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Alcohol status- NHMRC (AlcNHMRC)	Low risk drinker	1	6117	53.6
	Non-drinker	2	1454	12.8
	Rarely drinks	3	3185	27.9
	Risky drinker	4	558	4.9
	High risk drinker	5	89	0.8
	N Missing			791
Alcohol pattern (AlcPAtt)	Low risk drinker, >=5 drinks <weekly	1	8912	78.4
	Non-drinker	2	1454	12.8
	Low risk drinker, >=5 drinks weekly	3	358	3.1
	Risky/high risk drinker	4	647	5.7
	N Missing			827
ASCO classification (self)	Mean		344.86	
	Std Error		3.48	
	N		7976	
	N Missing		4362	
ASCO classification (partner))	Mean		348.46	
	Std Error		4.19	
	N		7143	
	N Missing		5195	
CES-D10	Mean		6.56	
	Std Error		0.05	
	N		11404	
	N Missing		934	
Life satisfaction score	Mean		3.01	
	Std Error		0.00	
	N		11498	
	N Missing		840	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Mean of Multi-item summed score for perceived stress. From 0 to 4. Higher values means more stressed.	Mean		0.64	
	Std Error		0.00	
	N		11556	
	N Missing		782	
Smoking status - smokst	Never-smoker	1	6465	56.6
	Ex-smoker	2	3040	26.6
	Smoker <10 c/d	3	442	3.9
	Smoker 10-19 c/d	4	507	4.4
	Smoker > = 20 c/d	5	962	8.4
	Smoker indeterminate	6	16	0.1
	N Missing		772	
Smoking status (AIHW)	Never smoker	1	6465	56.6
	Ex-smoker	2	3028	26.5
	Irregular smoker	3	169	1.5
	Weekly smoker	4	100	0.9
	Daily smoker	5	1654	14.5
	N Missing		793	
Proportion of Life events 0 to 1	Mean		0.08	
	Std Error		0.00	
	N		11648	
	N Missing		690	
Exercise Status Grouped	Nil/sedentary	1	2009	18.1
	Low	2	3584	32.3
	Moderate	3	2494	22.5
	High	4	3008	27.1
	N Missing		1112	
Are you currently pregnant? (m1preg..)	Never been pregnant	0	1776	14.5
	Has been pregnant	1	10502	85.5

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
ALSWH metmin exercise groups	1	1	2088	18.6
	2	2	3334	29.7
	3	3	2591	23.1
	4	4	3207	28.6
	N Missing		981	
Exercise statistic	Mean		1055.91	
	Std Error		14.83	
	N		11226	
	N Missing		1112	
Age group at time of selection - 1st April 1996	Mid	2	12278	100.0
Type of survey completed (full or short phone). Note: useful variable indicating response when merging data sets across waves.	Full survey	1	11516	93.8
	Short phone survey	2	761	6.2
Age at time survey returned	Mean		49.55	
	Std Error		0.01	
	N		12338	
	N Missing		0	
Labour Force Participation	not in labour force	0	2320	19.2
	labour force employed	1	9582	79.3
	labour force unemployed	2	179	1.5
	N Missing		210	
Payment for work	Employed, not paid	0	684	5.7
	Employed, paid	1	8898	73.7
	not in labour force/unemployed	2	2499	20.7
	N Missing		210	
Hours worked	Mean		4.24	
	Std Error		0.02	
	N		10643	
	N Missing		1695	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Categories based on Hours worked (hrs)				
	Not in Lab Force/Unemployed	0	2348	21.9
	1-34, part time	1	3827	35.7
	35+, full time	2	4543	42.4
	N Missing		1695	
State participant resides in at the completion of each survey				
	NSW	1	3661	29.8
	Vic	2	3079	25.1
	Qld	3	2337	19.0
	SA	4	1123	9.2
	WA	5	1265	10.3
	Tas	6	365	3.0
	NT	7	146	1.2
	ACT	8	293	2.4
	Overseas	9	8	0.1
Accessibility/remoteness Index of Australia ARIA				
	Mean		0.74	
	Std Error		0.01	
	N		12274	
	N Missing		64	
ARIA+ Grouped into categories				
	Major cities of Australia	1	7983	65.2
	Inner regional Australia	2	2690	22.0
	Outer regional Australia	3	1309	10.7
	Remote Australia	4	202	1.7
	Very Remote Australia	5	55	0.4
	Overseas	6	6	0.0
	N Missing		58	
Mean value of MOS scale values for Emotional/Informational Support, 1 to 5				
	Mean		3.75	
	Std Error		0.01	
	N		11456	
	N Missing		882	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>	
Mean value of MOS scale values for Affectionate Support, 1 to 5	Mean		4.02		
	Std Error		0.01		
	N		11446		
	N Missing		892		
Mean value of MOS scale values for Tangible Support, 1 to 5	Mean		3.72		
	Std Error		0.01		
	N		11191		
	N Missing		1147		
Mean value of MOS scale values for Positive Social Interaction, 1 to 5	Mean		3.82		
	Std Error		0.01		
	N		11430		
	N Missing		908		
Grouped Mean value of MOS scale values for Emotional/Informational Support, 1 to 5. Higher scores for subscales and the index indicate more social support.	All the time	1	4900	43.3	
	Most	2	3499	30.9	
	Some	3	1848	16.3	
	None/little	4	1074	9.5	
	N Missing		882		
Grouped Mean value of MOS scale values for Positive Social Interaction, 1 to 5. Higher scores for subscales and the index indicate more social support.	All the time	1	6151	54.4	
	Most	2	2938	26.0	
	Some	3	1502	13.3	
	None/little	4	715	6.3	
	N Missing		892		
	All the time	1	5281	46.8	
	Most	2	3389	30.0	
	Some	3	1805	16.0	
	None/little	4	819	7.3	
	N Missing		908		

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Grouped Mean value of MOS scale values for Tangible Support, 1 to 5 Higher scores for subscales and the index indicate more social support.	All the time	1	4636	41.9
	Most	2	3404	30.8
	Some	3	1702	15.4
	None/little	4	1314	11.9
	N Missing		1147	
PCS_ABS - Physical health summary score - standardised against the entire Australian adult population	Mean		49.77	
	Std Error		0.09	
	N		12114	
	N Missing		224	
MCS_ABS - Mental health summary score - standardised against the entire Australian adult population	Mean		47.82	
	Std Error		0.10	
	N		12114	
	N Missing		224	
PCS_US - Physical health summary score - standardised against the entire US adult population	Mean		49.31	
	Std Error		0.09	
	N		12114	
	N Missing		224	
MCS_US - Mental health summary score - standardised against the entire US adult population	Mean		49.06	
	Std Error		0.10	
	N		12114	
	N Missing		224	
PCS_OB - Physical health summary score - Oblique	Mean		51.28	
	Std Error		0.09	
	N		12114	
	N Missing		224	
MCS_OB - Physical health summary score - Oblique	Mean		50.74	
	Std Error		0.09	
	N		12114	
	N Missing		224	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
BMI classification				
	Underweight, BMI < 18.5	1	173	1.6
	Healthy weight, 18.5 <= BMI < 25	2	5187	48.6
	Overweight, 25 <= BMI < 30	3	3296	30.9
	Obese, 30 <= BMI	4	2024	19.0
	N Missing		1518	
How much do you weigh without clothes or shoes?				
	Mean		69.14	
	Std Error		0.14	
	N		10852	
	N Missing		1486	
How tall are you without shoes?				
	Mean		162.71	
	Std Error		0.06	
	N		12268	
	N Missing		70	
Body Mass Index (BMI)				
	Mean		26.10	
	Std Error		0.05	
	N		10812	
	N Missing		1526	
Menopausal Status (New in 2008)				
	Hysterectomy only	1	2098	17.1
	Oophorectomy only	2	95	0.8
	Hysterectomy and oophorectomy	3	853	7.0
	HRT use	4	1372	11.2
	OCP use	5	466	3.8
	Pre-menopausal	6	2796	22.8
	Peri-menopausal	7	3058	24.9
	Post-menopausal	8	1477	12.0
	Unclassifiable	9	60	0.5
	N Missing		2	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Menopausal Status Grouped (New in 2008)	Surgical menopause	1	3046	24.9
	HRT use	2	1372	11.2
	OCP use	3	466	3.8
	Pre-menopausal	4	2796	22.9
	Peri-menopausal	5	3058	25.0
	Post-menopausal	6	1477	12.1
	N Missing			55
Age at time of survey returned in years	Mean		49.10	
	Std Error		0.01	
	N		12338	
	N Missing		0	
Raw value of m2q42kg	Mean		70.15	
	Std Error		0.17	
	N		7880	
	N Missing		4458	
Raw value of m2q42gm	Mean		0.69	
	Std Error		0.02	
	N		7937	
	N Missing		4401	
Raw value of m2q42st	Mean		10.24	
	Std Error		0.04	
	N		3187	
	N Missing		9151	
Raw value of m2q42lb	Mean		5.54	
	Std Error		0.28	
	N		3237	
	N Missing		9101	
Raw value of m2q43cm	Mean		163.19	
	Std Error		0.14	
	N		2583	
	N Missing		9755	

ALSWH Data book for the second survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Raw value of m2q43mm	Mean		0.37	
	Std Error		0.03	
	N		2664	
	N Missing		9674	
Raw value of m2q43ft	Mean		4.97	
	Std Error		0.00	
	N		8450	
	N Missing		3888	
Raw value of m2q43in	Mean		4.39	
	Std Error		0.03	
	N		8471	
	N Missing		3867	