

women's
health
a u s t r a l i a

the australian longitudinal
study on women's health

data book

*for the third survey of the 1946-51 cohort
2001 (when they were aged 50-55 years)*

march 2004

Data book for the third survey of the 1946-1951 cohort (aged 50-55 years)

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Notes

During 2001 and 2002, 11,226 valid surveys were returned by members of the ALSWH 1946-51 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (<http://www.alwsh.org.au/>). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

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ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q1 In general, would you say your health is:	Excellent	1	1225	11.2
	Very good	2	4033	36.7
	Good	3	4212	38.3
	Fair	4	1345	12.2
	Poor	5	168	1.5
	N Missing		74	
Q2 Compared to one year ago, how would you rate your health in general now	Much better	1	733	6.7
	Somewhat better	2	1550	14.1
	About the same	3	7236	65.9
	Somewhat worse	4	1345	12.3
	Much worse	5	117	1.1
	N Missing		84	
Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports	Limited a lot	1	3478	32.1
	Limited a little	2	5163	47.6
	Not limited	3	2199	20.3
	N Missing		224	
Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf	Limited a lot	1	631	5.8
	Limited a little	2	2387	21.8
	Not limited	3	7932	72.4
	N Missing		102	
Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries	Limited a lot	1	467	4.3
	Limited a little	2	2129	19.5
	Not limited	3	8311	76.2
	N Missing		151	
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs	Limited a lot	1	1083	10.0
	Limited a little	2	3832	35.2
	Not limited	3	5957	54.8
	N Missing		197	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q3e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	1	331	3.0
	Limited a little	2	1306	12.0
	Not limited	3	9246	85.0
	N Missing		184	
Q3f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	1	904	8.3
	Limited a little	2	3698	33.9
	Not limited	3	6292	57.8
	N Missing		170	
Q3g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	1	745	6.8
	Limited a little	2	1970	18.1
	Not limited	3	8189	75.1
	N Missing		146	
Q3h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre	Limited a lot	1	424	3.9
	Limited a little	2	851	7.8
	Not limited	3	9627	88.3
	N Missing		151	
Q3i The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres	Limited a lot	1	216	2.0
	Limited a little	2	528	4.8
	Not limited	3	10162	93.2
	N Missing		146	
Q3j The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	1	179	1.6
	Limited a little	2	408	3.7
	Not limited	3	10351	94.6
	N Missing		118	
Q4a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities	Yes	1	1907	17.3
	No	2	9103	82.7
	N Missing		59	
Q4b During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like	Yes	1	3345	30.5
	No	2	7619	69.5
	N Missing		104	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities	Yes	1	2388	21.8
	No	2	8572	78.2
	N Missing		110	
Q4d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	Yes	1	2793	25.5
	No	2	8174	74.5
	N Missing		107	
Q5a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities	Yes	1	1659	15.1
	No	2	9340	84.9
	N Missing		66	
Q5b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like	Yes	1	2765	25.2
	No	2	8209	74.8
	N Missing		90	
Q5c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual	Yes	1	1922	17.5
	No	2	9040	82.5
	N Missing		98	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	1	6547	59.4
	Slightly	2	2416	21.9
	Moderately	3	1069	9.7
	Quite a bit	4	780	7.1
	Extremely	5	203	1.8
	N Missing		47	
Q7 How much bodily pain have you had during the past four weeks?	No bodily pain	1	2238	20.3
	Very mild	2	3491	31.7
	Mild	3	2262	20.5
	Moderate	4	2125	19.3
	Severe	5	784	7.1
	Very severe	6	113	1.0
	N Missing		50	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q8 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	Not at all	1	5622	51.1
	A little bit	2	3133	28.5
	Moderately	3	1359	12.3
	Quite a bit	4	766	7.0
	Extremely	5	129	1.2
	N Missing			52
Q9a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	336	3.1
	Most of the time	2	3838	35.0
	Bit of the time	3	2338	21.4
	Some of time	4	2422	22.1
	Little of time	5	1331	12.2
	None of time	6	686	6.3
	N Missing			115
Q9b For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person	All the time	1	167	1.5
	Most of the time	2	285	2.6
	Bit of the time	3	486	4.4
	Some of time	4	1482	13.5
	Little of time	5	3432	31.3
	None of time	6	5117	46.6
	N Missing			103
Q9c For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up	All the time	1	85	0.8
	Most of the time	2	185	1.7
	Bit of the time	3	389	3.6
	Some of time	4	1046	9.6
	Little of time	5	2364	21.6
	None of time	6	6877	62.8
	N Missing			121

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt calm and peaceful	All the time	1	409	3.7
	Most of the time	2	3775	34.6
	Bit of the time	3	2108	19.3
	Some of time	4	2474	22.7
	Little of time	5	1473	13.5
	None of time	6	676	6.2
	N Missing			161
Q9e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you have a lot of energy	All the time	1	280	2.6
	Most of the time	2	3036	27.9
	Bit of the time	3	2487	22.8
	Some of time	4	2630	24.1
	Little of time	5	1569	14.4
	None of time	6	897	8.2
	N Missing			175
Q9f For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt down	All the time	1	122	1.1
	Most of the time	2	358	3.3
	Bit of the time	3	673	6.2
	Some of time	4	2146	19.6
	Little of time	5	4710	43.1
	None of time	6	2913	26.7
	N Missing			150
Q9g For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel worn out	All the time	1	288	2.6
	Most of the time	2	730	6.7
	Bit of the time	3	1352	12.4
	Some of time	4	2920	26.8
	Little of time	5	4158	38.1
	None of time	6	1456	13.4
	N Missing			157

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a happy person	All the time	1	978	8.9
	Most of the time	2	5366	49.0
	Bit of the time	3	1744	15.9
	Some of time	4	1890	17.3
	Little of time	5	780	7.1
	None of time	6	196	1.8
	N Missing			115
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel tired	All the time	1	575	5.2
	Most of the time	2	1131	10.3
	Bit of the time	3	1835	16.7
	Some of time	4	3646	33.2
	Little of time	5	3439	31.3
	None of time	6	355	3.2
	N Missing			89
Q10 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?	All the time	1	187	1.7
	Most of the time	2	513	4.7
	Some of the time	3	1668	15.2
	Little of time	4	2220	20.2
	None of time	5	6422	58.3
	N Missing			60
Q11a How true or false is each of the following statements for you? I seem to get sick a little easier than other people	Definitely true	1	173	1.6
	Mostly true	2	559	5.2
	Don't know	3	779	7.2
	Mostly false	4	2107	19.6
	Definitely false	5	7146	66.4
	N Missing			313
Q11b How true or false is each of the following statements for you? I am as healthy as anybody I know	Definitely true	1	3432	31.8
	Mostly true	2	4717	43.7
	Don't know	3	1194	11.1
	Mostly false	4	880	8.1
	Definitely false	5	575	5.3
	N Missing			255

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q11c How true or false is each of the following statements for you? I expect my health to get worse	Definitely true	1	452	4.2
	Mostly true	2	1364	12.7
	Don't know	3	3609	33.6
	Mostly false	4	1995	18.6
	Definitely false	5	3318	30.9
	N Missing			339
Q11d How true or false is each of the following statements for you? My health is excellent	Definitely true	1	2037	18.8
	Mostly true	2	5866	54.1
	Don't know	3	636	5.9
	Mostly false	4	1196	11.0
	Definitely false	5	1100	10.1
	N Missing			268
Q12a How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitioner (GP)	None	0	740	6.7
	Once or twice	1	3808	34.6
	3 or 4 times	2	3137	28.5
	5 or 6 times	3	1688	15.3
	7 to 12 times	4	1063	9.6
	13 to 24 times	5	425	3.9
	25 or more times	6	161	1.5
	N Missing			30
Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty)	None	0	9326	84.8
	Once or twice	1	1304	11.8
	3 or 4 times	2	204	1.9
	5 or 6 times	3	75	0.7
	7 to 12 times	4	53	0.5
	13 to 24 times	5	26	0.2
	25 or more times	6	16	0.1
	N Missing			48

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q12c How many times have you consulted the following people for your own health in the last twelve months? A specialist doctor	None	0	5879	53.4
	Once or twice	1	3372	30.6
	3 or 4 times	2	1013	9.2
	5 or 6 times	3	415	3.8
	7 to 12 times	4	214	1.9
	13 to 24 times	5	72	0.7
	25 or more times	6	48	0.4
	N Missing		44	
Q13a Have you consulted the following people for your own health in the last 12 months? A dentist	No	0	4230	38.4
	Yes	1	6775	61.6
	N Missing		53	
Q13b Have you consulted the following people for your own health in the last 12 months? A physiotherapist	No	0	8976	81.6
	Yes	1	2029	18.4
	N Missing		53	
Q13c Have you consulted the following people for your own health in the last twelve months? Counsellor/ Psychologist/ Social Worker	No	0	10171	92.4
	Yes	1	834	7.6
	N Missing		53	
Q13d Have you consulted the following people for your own health in the last twelve months? Pharmacist	No	0	4852	44.1
	Yes	1	6153	55.9
	N Missing		53	
Q13e Have you consulted the following people for your own health in the last 12 months? An optician	No	0	5929	53.9
	Yes	1	5076	46.1
	N Missing		53	
Q13f Have you consulted the following people for your own health in the last twelve months? Dietitian	No	0	10574	96.1
	Yes	1	431	3.9
	N Missing		53	
Q13g Have you consulted the following people for your own health in the last twelve months? Naturopath/ Herbalist	No	0	9838	89.4
	Yes	1	1167	10.6
	N Missing		53	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13h Have you consulted the following people for your own health in the last twelve months? Acupuncturist	No	0	10505	95.5
	Yes	1	500	4.5
	N Missing		53	
Q13i Have you consulted the following people for your own health in the last twelve months? Podiatrist	No	0	9791	89.0
	Yes	1	1214	11.0
	N Missing		53	
Q13j Have you consulted the following people for your own health in the last twelve months? Chiropractor/ Osteopath	No	0	9242	84.0
	Yes	1	1763	16.0
	N Missing		53	
Q13k Have you consulted the following people for your own health in the last twelve months? Other allied or alternative health practitioner	No	0	9995	90.8
	Yes	1	1010	9.2
	N Missing		53	
Q13l Have you consulted the following people for your own health in the last 12 months? None of these people	No	0	10128	92.0
	Yes	1	877	8.0
	N Missing		53	
Q14a When you go to a General Practitioner: Do you go to the same place	Always	1	7944	72.5
	Most of time	2	2684	24.5
	Sometimes	3	255	2.3
	Rarely/never	4	79	0.7
	N Missing		103	
Q14b When you go to a General Practitioner: Do you usually see the same doctor	Always	1	5118	47.1
	Most of time	2	4815	44.3
	Sometimes	3	724	6.7
	Rarely/never	4	207	1.9
	N Missing		171	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q15 How would you rate the cost to you of your LAST visit to a General Practitioner?	No cost	0	4212	38.4
	Good	1	2224	20.3
	Fair	2	3551	32.4
	Poor	3	709	6.5
	Don't know	4	260	2.4
	N Missing			93
Q17 Do you have a Health Care Card ? This is a card that entitles you to discounts and assistance with medical expenses. This is not the same as a Medicare card.	Yes	1	1966	17.9
	No	2	8995	82.1
	N Missing			88
Q18 Do you have Veterans' Affairs coverage for health services?	Yes	1	68	0.6
	No	2	10917	99.4
	N Missing			70
Q19a This question is about health care Do you have private hospital insurance?	Yes	1	7798	70.8
	No	2	3215	29.2
	N Missing			45
Q19b This question is about health care Do you have private health insurance for ancillary services (eg dental, physiotherapy etc)?	Yes	1	6432	58.7
	No	2	4520	41.3
	N Missing			124
Q20a Thinking about your own health care, how would you rate the following: Access to medical specialists if you need them	Excellent	1	3139	28.6
	Very good	2	3694	33.6
	Good	3	2310	21.0
	Fair	4	892	8.1
	Poor	5	426	3.9
	Don't know	6	525	4.8
	N Missing			63

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q20b Thinking about your own health care, how would you rate the following: Access to a hospital if you need it				
	Excellent	1	3644	33.2
	Very good	2	3536	32.2
	Good	3	2338	21.3
	Fair	4	687	6.3
	Poor	5	202	1.8
	Don't know	6	569	5.2
	N Missing		61	
Q20c Thinking about your own health care, how would you rate the following: Access to medical care in an emergency				
	Excellent	1	2885	26.4
	Very good	2	3295	30.1
	Good	3	2350	21.5
	Fair	4	1001	9.2
	Poor	5	337	3.1
	Don't know	6	1063	9.7
	N Missing		112	
Q20d Thinking about your own health care, how would you rate the following: Access to after-hours medical care				
	Excellent	1	1640	15.1
	Very good	2	2301	21.1
	Good	3	2488	22.9
	Fair	4	1850	17.0
	Poor	5	1023	9.4
	Don't know	6	1582	14.5
	N Missing		163	
Q20e Thinking about your own health care, how would you rate the following: Access to a GP who bulk bills				
	Excellent	1	2755	25.2
	Very good	2	1896	17.4
	Good	3	1519	13.9
	Fair	4	837	7.7
	Poor	5	2052	18.8
	Don't know	6	1853	17.0
	N Missing		145	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q20f Thinking about your own health care, how would you rate the following: Access to a female GP	Excellent	1	2942	26.9
	Very good	2	2440	22.3
	Good	3	2151	19.7
	Fair	4	1219	11.2
	Poor	5	910	8.3
	Don't know	6	1263	11.6
	N Missing		125	
Q20g Thinking about your own health care, how would you rate the following: Hours when a GP is available	Excellent	1	1321	12.1
	Very good	2	3080	28.1
	Good	3	3630	33.2
	Fair	4	1906	17.4
	Poor	5	632	5.8
	Don't know	6	379	3.5
	N Missing		113	
Q20h Thinking about your own health care, how would you rate the following: Number of GPs you have to choose from	Excellent	1	2159	19.8
	Very good	2	3100	28.4
	Good	3	3232	29.6
	Fair	4	1340	12.3
	Poor	5	613	5.6
	Don't know	6	473	4.3
	N Missing		132	
Q20i Thinking about your own health care, how would you rate the following: Ease of seeing the GP of your choice	Excellent	1	2147	19.7
	Very good	2	3032	27.8
	Good	3	3009	27.5
	Fair	4	1748	16.0
	Poor	5	795	7.3
	Don't know	6	195	1.8
	N Missing		127	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q20j Thinking about your own health care, how would you rate the following: How long you wait to get a GP appointment	Excellent	1	1582	14.4
	Very good	2	3136	28.6
	Good	3	3228	29.5
	Fair	4	2047	18.7
	Poor	5	806	7.4
	Don't know	6	151	1.4
	N Missing		103	
Q20k Thinking about your own health care, how would you rate the following: The outcomes of your medical care (how much you are helped)	Excellent	1	2095	19.2
	Very good	2	3738	34.2
	Good	3	3378	30.9
	Fair	4	1232	11.3
	Poor	5	261	2.4
	Don't know	6	237	2.2
	N Missing		116	
Q20l Thinking about your own health care, how would you rate the following: Ease of obtaining a mammogram	Excellent	1	4741	43.2
	Very good	2	3203	29.2
	Good	3	1862	17.0
	Fair	4	416	3.8
	Poor	5	169	1.5
	Don't know	6	576	5.3
	N Missing		89	
Q20m Thinking about your own health care, how would you rate the following: Ease of obtaining a Pap test	Excellent	1	4583	42.3
	Very good	2	3253	30.0
	Good	3	1885	17.4
	Fair	4	310	2.9
	Poor	5	79	0.7
	Don't know	6	724	6.7
	N Missing		201	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q20n Thinking about your own health care, how would you rate the following: Availability of medical information or advice by phone				
	Excellent	1	1297	11.8
	Very good	2	1906	17.4
	Good	3	1897	17.3
	Fair	4	1223	11.2
	Poor	5	975	8.9
	Don't know	6	3651	33.3
	N Missing		112	
Q20o Thinking about your own health care, how would you rate the following: Services available for getting doctor's prescriptions filled				
	Excellent	1	4235	38.6
	Very good	2	3350	30.5
	Good	3	2256	20.6
	Fair	4	470	4.3
	Poor	5	168	1.5
	Don't know	6	492	4.5
	N Missing		78	
Q20p Thinking about your own health care, how would you rate the following: Access to a counselling service if you need it				
	Excellent	1	1154	10.6
	Very good	2	1564	14.3
	Good	3	1649	15.1
	Fair	4	657	6.0
	Poor	5	393	3.6
	Don't know	6	5496	50.4
	N Missing		135	
Q20q Thinking about your own health care, how would you rate the following: Access to a Women's Health Centre or a Family Planning Centre				
	Excellent	1	1139	10.4
	Very good	2	1495	13.7
	Good	3	1658	15.2
	Fair	4	606	5.5
	Poor	5	466	4.3
	Don't know	6	5564	50.9
	N Missing		128	
Q21 In the past week, have you been feeling that life isn't worth living?				
	Yes	1	848	7.7
	No	2	10178	92.3
	N Missing		30	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q22 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you?	Yes	1	98	0.9
	No	2	10928	99.1
	N Missing		29	
Q23a When did you last have: A pap test	In last 2 years	1	7406	67.8
	2 to 5 years	2	1527	14.0
	More than 5 yrs	3	1555	14.2
	Never	4	159	1.5
	Don't know	5	276	2.5
	N Missing		149	
Q23b When did you last have: A mammogram	In last 2 years	1	8498	77.3
	2 to 5 years	2	1049	9.5
	More than 5 yrs	3	385	3.5
	Never	4	1017	9.2
	Don't know	5	44	0.4
	N Missing		59	
Q24a Have you ever had an abnormal result from: A pap test (Y4: Have you ever had an abnormal pap test?)	Yes	1	2622	24.2
	No	2	8061	74.4
	Don't know	3	152	1.4
	N Missing		226	
Q24b Have you ever had an abnormal result from: A mammogram	Yes	1	2003	18.8
	No	2	8216	77.1
	Don't know	3	433	4.1
	N Missing		403	
Q25a In the past three years, have you: Had your breasts examined by a doctor?	No	0	2963	26.9
	Yes	1	8057	73.1
	N Missing		33	
Q25b In the past three years, have you: Carried out regular monthly breast self examination?	No	0	5195	47.1
	Yes	1	5824	52.9
	N Missing		33	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q25c In the past three years, have you: Had your blood pressure checked by a doctor?	No	0	975	8.8
	Yes	1	10045	91.2
	N Missing		33	
Q25d In the past three years, have you: Had your cholesterol checked by a doctor?	No	0	4077	37.0
	Yes	1	6942	63.0
	N Missing		33	
Q25e In the past three years, have you: None of the above	No	0	10683	96.9
	Yes	1	337	3.1
	N Missing		33	
Q26a Are you currently taking: The oral contraceptive pill?	No	0	10760	97.4
	Yes	1	289	2.6
	N Missing		2	
Q26b Are you currently taking: Hormone replacement therapy (HRT)?	No	0	7411	67.1
	Yes	1	3638	32.9
	N Missing		2	
Q27a Have you: Had a hysterectomy	Yes	1	2958	27.7
	No	2	7736	72.3
	N Missing		384	
Q27b Have you had: A period or menstrual bleeding in the last 12 months	Yes	1	4322	39.9
	No	2	6522	60.1
	N Missing		203	
Q27c Have you had: A period or menstrual bleeding in the last 3 months	Yes	1	3349	31.2
	No	2	857	8.0
	No period for 12 months	8	6517	60.8
	N Missing		330	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q28 Compared with 12 months ago, are your periods: (Responses 5-8 not in mid3)	Less frequent	1	1770	16.5
	Same	2	1615	15.1
	More frequent	3	146	1.4
	Changeable	4	789	7.4
	No period for 12 months	8	6389	59.7
	N Missing		329	
Q29 If you have reached menopause, at what age did your periods completely stop?	Mean		20.02	
	Std Error		0.25	
	N		9294	
	N Missing		1932	
Q30a Some women have experienced difficulties in becoming pregnant. Have you ever had any of the following problems with fertility: You tried unsuccessfully to get pregnant? (for 12 months or more)	No	0	8863	86.5
	Yes	1	1377	13.5
	N Missing		809	
Q30b Some women have experienced difficulties in becoming pregnant. Have you ever had any of the following problems with fertility: You were diagnosed as infertile by a doctor?	No	0	9944	97.1
	Yes	1	297	2.9
	N Missing		809	
Q30c Some women have experienced difficulties in becoming pregnant. Have you ever had any of the following problems with fertility: Your partner was diagnosed as infertile by a doctor?	No	0	10080	98.4
	Yes	1	160	1.6
	N Missing		809	
Q30d Some women have experienced difficulties in becoming pregnant. Have you ever had any of the following problems with fertility: You had treatment for infertility?	No	0	9659	94.3
	Yes	1	582	5.7
	N Missing		809	
Q30e Some women have experienced difficulties in becoming pregnant. Have you ever had any of the following problems with fertility: Your partner had treatment for infertility?	No	0	10113	98.8
	Yes	1	127	1.2
	N Missing		809	
Q30f Some women have experienced difficulties in becoming pregnant. Have you ever had any of the following problems with fertility: None of these	No	0	1522	14.9
	Yes	1	8719	85.1
	N Missing		809	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q31 Which of these most closely describes your sexual orientation?	Exclusively heterosexual	1	10075	94.0
	Mainly heterosexual	2	123	1.1
	Bisexual	3	16	0.1
	Mainly lesbian	4	19	0.2
	Exclusively lesbian	5	107	1.0
	Don't know	6	59	0.6
	Don't want to answer	7	323	3.0
	N Missing		381	
Q33Aa During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For nerves/anxiety/worries	No	0	10114	92.3
	Yes	1	847	7.7
	N Missing		91	
Q33Ab During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For stress (difficulty coping)	No	0	10428	95.1
	Yes	1	534	4.9
	N Missing		91	
Q33Ac During the past four weeks have you taken any medications: Recommended or prescribed by a doctor To help you sleep	No	0	9967	90.9
	Yes	1	995	9.1
	N Missing		91	
Q33Ad During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For tiredness/fatigue	No	0	10755	98.1
	Yes	1	206	1.9
	N Missing		91	
Q33Ae During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For depression	No	0	10162	92.7
	Yes	1	800	7.3
	N Missing		91	
Q33Af During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For menopausal symptoms	No	0	8757	79.9
	Yes	1	2205	20.1
	N Missing		91	
Q33Ag During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For pain (headaches/backaches etc)	No	0	8552	78.0
	Yes	1	2410	22.0
	N Missing		91	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q33Ah During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For arthritis	No	0	9620	87.8
	Yes	1	1342	12.2
	N Missing		91	
Q33Ai During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For any chronic (long-term) illness or condition (eg hypertension)	No	0	9068	82.7
	Yes	1	1894	17.3
	N Missing		91	
Q33Aj During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For digestive/bowel problems	No	0	10154	92.6
	Yes	1	808	7.4
	N Missing		91	
Q33Ak During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For skin problems (eg allergy or eczema)	No	0	10300	94.0
	Yes	1	662	6.0
	N Missing		91	
Q33Ba During the past four weeks have you taken any medications: Any other medication For nerves/anxiety/worries	No	0	10536	96.1
	Yes	1	426	3.9
	N Missing		91	
Q33Bb During the past four weeks have you taken any medications: Any other medication For stress (difficulty coping)	No	0	10593	96.6
	Yes	1	369	3.4
	N Missing		91	
Q33Bc During the past four weeks have you taken any medications: Any other medication To help you sleep	No	0	10167	92.8
	Yes	1	794	7.2
	N Missing		91	
Q33Bd During the past four weeks have you taken any medications: Any other medication For tiredness/fatigue	No	0	10526	96.0
	Yes	1	436	4.0
	N Missing		91	
Q33Be During the past four weeks have you taken any medications: Any other medication For depression	No	0	10795	98.5
	Yes	1	167	1.5
	N Missing		91	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q33Bf During the past four weeks have you taken any medications: Any other medication For menopausal symptoms	No	0	10109	92.2
	Yes	1	853	7.8
	N Missing		91	
Q33Bg During the past four weeks have you taken any medications: Any other medication For pain (headaches/backaches etc)	No	0	6965	63.5
	Yes	1	3997	36.5
	N Missing		91	
Q33Bh During the past four weeks have you taken any medications: Any other medication For arthritis	No	0	10320	94.1
	Yes	1	642	5.9
	N Missing		91	
Q33Bi During the past four weeks have you taken any medications: Any other medication For any chronic (long-term) illness or condition (eg hypertension)	No	0	10835	98.8
	Yes	1	127	1.2
	N Missing		91	
Q33Bj During the past four weeks have you taken any medications: Any other medication For digestive/bowel problems)	No	0	10143	92.5
	Yes	1	819	7.5
	N Missing		91	
Q33Bk During the past four weeks have you taken any medications: Any other medication For skin problems (eg allergy or eczema)	No	0	10634	97.0
	Yes	1	328	3.0
	N Missing		91	
Q33l During the past four weeks have you taken any medications: None of these	No	0	8899	81.2
	Yes	1	2063	18.8
	N Missing		91	
Q34 During the past four weeks, how many different types of vitamin, mineral or herbal products or supplements have you taken?	None	0	4893	44.5
	One	1	2306	21.0
	Two or three	2	2447	22.3
	Four or more	3	1346	12.2
	N Missing		71	
Q35a In the past three years, have you been diagnosed or treated for: Arthritis/rheumatism	No	0	8480	77.6
	Yes	1	2446	22.4
	N Missing		123	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q35b In the past three years, have you been diagnosed or treated for: Insulin dependent (type 1) diabetes	No	0	10869	99.5
	Yes	1	58	0.5
	N Missing		123	
Q35c In the past three years, have you been diagnosed or treated for: Non-insulin dependent (type 2) diabetes	No	0	10621	97.2
	Yes	1	305	2.8
	N Missing		123	
Q35d In the past three years, have you been diagnosed or treated for: Impaired glucose tolerance	No	0	10854	99.3
	Yes	1	72	0.7
	N Missing		123	
Q35e In the past three years, have you been diagnosed or treated for: Heart disease (including heart attack, angina)	No	0	10715	98.1
	Yes	1	212	1.9
	N Missing		123	
Q35f In the past three years, have you been diagnosed or treated for: High blood pressure (hypertension)	No	0	9062	82.9
	Yes	1	1865	17.1
	N Missing		123	
Q35g In the past three years, have you been diagnosed or treated for: Stroke	No	0	10890	99.7
	Yes	1	36	0.3
	N Missing		123	
Q35h In the past three years, have you been diagnosed or treated for: Thrombosis (a blood clot)	No	0	10793	98.8
	Yes	1	134	1.2
	N Missing		123	
Q35i In the past three years, have you been diagnosed or treated for: Low iron level (iron deficiency or anaemia)	No	0	9896	90.6
	Yes	1	1030	9.4
	N Missing		123	
Q35j In the past three years, have you been diagnosed or treated for: Asthma	No	0	9845	90.1
	Yes	1	1081	9.9
	N Missing		123	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q35k In the past three years, have you been diagnosed or treated for: Bronchitis/emphysema	No	0	10397	95.2
	Yes	1	530	4.8
	N Missing		123	
Q35l In the past three years, have you been diagnosed or treated for: Osteoporosis	No	0	10514	96.2
	Yes	1	413	3.8
	N Missing		123	
Q35m In the past three years, have you been diagnosed or treated for: Breast cancer	No	0	10753	98.4
	Yes	1	173	1.6
	N Missing		123	
Q35n In the past three years, have you been diagnosed or treated for: Cervical cancer	No	0	10892	99.7
	Yes	1	34	0.3
	N Missing		123	
Q35o In the past three years, have you been diagnosed or treated for: Bowel cancer	No	0	10898	99.7
	Yes	1	28	0.3
	N Missing		123	
Q35p In the past three years, have you been diagnosed or treated for: Other cancer	No	0	10751	98.4
	Yes	1	176	1.6
	N Missing		123	
Q35q In the past three years, have you been diagnosed or treated for: Depression	No	0	9657	88.4
	Yes	1	1269	11.6
	N Missing		123	
Q35r In the past three years, have you been diagnosed or treated for: Anxiety/nervous disorder	No	0	10174	93.1
	Yes	1	752	6.9
	N Missing		123	
Q35s In the past three years, have you been diagnosed or treated for: Other psychiatric disorder	No	0	10859	99.4
	Yes	1	67	0.6
	N Missing		123	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q35t In the past three years, have you been diagnosed or treated for: Chronic Fatigue Syndrome	No	0	10792	98.8
	Yes	1	135	1.2
	N Missing		123	
Q35u In the past three years, have you been diagnosed or treated for: Sexually transmitted infection (eg genital herpes or warts, chlamydia)	No	0	10858	99.4
	Yes	1	68	0.6
	N Missing		123	
Q35v In the past three years, have you been diagnosed or treated for: HIV or AIDS	No	0	10926	100.0
	N Missing		123	
Q35w In the past three years, have you been diagnosed or treated for: Hepatitis B or C	No	0	10904	99.8
	Yes	1	22	0.2
	N Missing		123	
Q35x In the past three years, have you been diagnosed or treated for: Other major illness	No	0	10516	96.2
	Yes	1	411	3.8
	N Missing		123	
Q35y In the past three years, have you been diagnosed or treated for: None of these conditions	No	0	6323	57.9
	Yes	1	4603	42.1
	N Missing		123	
Q36a In the past three years, have you had any of the following operations? Hysterectomy	No	0	10112	95.7
	Yes	1	459	4.3
	N Missing		517	
Q36b In the past three years, have you had any of the following operations? Both ovaries removed	No	0	10368	98.1
	Yes	1	203	1.9
	N Missing		517	
Q36c In the last 3 years, have you had any of the following operations? Repair of prolapsed vagina, bladder or bowel	No	0	10310	97.5
	Yes	1	260	2.5
	N Missing		517	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q36d In the past three years, have you had any of the following operations? Endometrial ablation (removal of the lining of the uterus)	No	0	10407	98.5
	Yes	1	163	1.5
	N Missing		517	
Q36e In the past three years, have you had any of the following operations? Tubal ligation (tubes tied)	No	0	10534	99.7
	Yes	1	36	0.3
	N Missing		517	
Q36f In the past three years, have you had any of the following operations? Mastectomy (removal of one or both breasts)	No	0	10515	99.5
	Yes	1	55	0.5
	N Missing		517	
Q36g In the past three years, have you had any of the following operations? Lumpectomy (removal of lump from breast)	No	0	10374	98.1
	Yes	1	196	1.9
	N Missing		517	
Q36h In the past three years, have you had any of the following operations? Breast biopsy (taking sample of breast tissue)	No	0	10073	95.3
	Yes	1	497	4.7
	N Missing		517	
Q36i In the past three years, have you had any of the following operations? Cholecystectomy (gall bladder removed)	No	0	10366	98.1
	Yes	1	204	1.9
	N Missing		517	
Q36j In the past three years, have you had any of the following operations? Any cosmetic surgery (eg face, breasts, fat removal etc)	No	0	10404	98.4
	Yes	1	166	1.6
	N Missing		517	
Q36k In the past three years, have you had any of the following operations? Gastroscopy/colonoscopy	No	0	9228	87.3
	Yes	1	1342	12.7
	N Missing		517	
Q36l In the past three years, have you had any of the following operations? None of these	No	0	2640	25.0
	Yes	1	7930	75.0
	N Missing		517	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37Aa In the last 12 months have you had any of the following: Allergies, hayfever, sinusitis	Never	1	3235	35.3
	Rarely	2	1458	15.9
	Sometimes	3	2943	32.1
	Often	4	1530	16.7
	N Missing		1935	
Q37Ab In the last 12 months, have you had any of the following: Breathing difficulty	Never	1	5206	70.3
	Rarely	2	867	11.7
	Sometimes	3	1069	14.4
	Often	4	265	3.6
	N Missing		3789	
Q37Ac In the last 12 months, have you had any of the following: Indigestion/heartburn	Never	1	3626	46.2
	Rarely	2	1606	20.4
	Sometimes	3	1895	24.1
	Often	4	728	9.3
	N Missing		3338	
Q37Ad In the last 12 months, have you had any of the following: Chest pain	Never	1	5364	76.8
	Rarely	2	850	12.2
	Sometimes	3	691	9.9
	Often	4	80	1.1
	N Missing		4232	
Q37Ae In the last 12 months, have you had any of the following: Headaches/migraines	Never	1	1418	16.0
	Rarely	2	2456	27.7
	Sometimes	3	3791	42.8
	Often	4	1198	13.5
	N Missing		2304	
Q37Af In the last twelve months have you had any of the following? Severe tiredness	Never	1	2392	30.5
	Rarely	2	1717	21.9
	Sometimes	3	2520	32.1
	Often	4	1212	15.5
	N Missing		3341	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37Ag In the last 12 months, have you had any of the following: Stiff or painful joints	Never	1	1880	22.2
	Rarely	2	1537	18.2
	Sometimes	3	3161	37.4
	Often	4	1879	22.2
	N Missing		2668	
Q37Ah In the last 12 months, have you had any of the following: Back pain	Never	1	1827	21.2
	Rarely	2	1744	20.2
	Sometimes	3	3324	38.5
	Often	4	1731	20.1
	N Missing		2485	
Q37Ai In the last 12 months, have you had any of the following: Urine that burns or stings	Never	1	5469	77.1
	Rarely	2	996	14.1
	Sometimes	3	552	7.8
	Often	4	72	1.0
	N Missing		4113	
Q37Aj In the last 12 months, have you had any of the following: Leaking urine	Never	1	3963	52.2
	Rarely	2	1447	19.1
	Sometimes	3	1593	21.0
	Often	4	583	7.7
	N Missing		3595	
Q37Ak In the last 12 months, have you had any of the following: Passing urine more than twice during the night	Never	1	3946	52.5
	Rarely	2	1557	20.7
	Sometimes	3	1290	17.2
	Often	4	717	9.6
	N Missing		3684	
Q37Al In the last 12 months, have you had any of the following: Haemorrhoids (piles)	Never	1	4792	65.2
	Rarely	2	1126	15.3
	Sometimes	3	1096	14.9
	Often	4	331	4.5
	N Missing		3879	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37Am In the last 12 months, have you had any of the following: Other bowel problems	Never	1	4887	67.7
	Rarely	2	935	13.0
	Sometimes	3	1004	13.9
	Often	4	388	5.4
	N Missing		4001	
Q37An In the last 12 months, have you had any of the following: Vaginal discharge or irritation	Never	1	4855	68.4
	Rarely	2	1321	18.6
	Sometimes	3	779	11.0
	Often	4	146	2.1
	N Missing		4105	
Q37Ao In the last 12 months, have you had any of the following: Premenstrual tension	Never	1	4938	70.8
	Rarely	2	752	10.8
	Sometimes	3	966	13.9
	Often	4	316	4.5
	N Missing		4196	
Q37Ap In the last 12 months, have you had any of the following: Irregular monthly periods	Never	1	4844	67.7
	Rarely	2	461	6.4
	Sometimes	3	985	13.8
	Often	4	866	12.1
	N Missing		4044	
Q37Aq In the last 12 months, have you had any of the following: Heavy periods	Never	1	5089	72.5
	Rarely	2	585	8.3
	Sometimes	3	889	12.7
	Often	4	458	6.5
	N Missing		4182	
Q37Ar In the last 12 months, have you had any of the following: Severe period pain	Never	1	5448	79.5
	Rarely	2	693	10.1
	Sometimes	3	521	7.6
	Often	4	191	2.8
	N Missing		4359	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37As In the last 12 months, have you had any of the following: Hot flushes	Never	1	2397	28.1
	Rarely	2	1343	15.8
	Sometimes	3	2804	32.9
	Often	4	1973	23.2
	N Missing		2566	
Q37At In the last 12 months, have you had any of the following: Night sweats	Never	1	3206	39.9
	Rarely	2	1264	15.7
	Sometimes	3	2213	27.5
	Often	4	1357	16.9
	N Missing		3142	
Q37Au In the last 12 months, have you had any of the following: Eyesight problems	Never	1	2220	28.0
	Rarely	2	1461	18.4
	Sometimes	3	3022	38.1
	Often	4	1230	15.5
	N Missing		3241	
Q37Av In the last 12 months, have you had any of the following: Hearing problems	Never	1	4868	67.5
	Rarely	2	941	13.0
	Sometimes	3	1025	14.2
	Often	4	380	5.3
	N Missing		4009	
Q37Aw In the last 12 months, have you had any of the following: Difficulty sleeping	Never	1	1873	22.4
	Rarely	2	1671	20.0
	Sometimes	3	3042	36.4
	Often	4	1782	21.3
	N Missing		2777	
Q37Ax In the last 12 months have you had any of the following? Depression	Never	1	3761	48.7
	Rarely	2	1566	20.3
	Sometimes	3	1739	22.5
	Often	4	661	8.6
	N Missing		3467	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37Ay In the last 12 months have you had any of the following: Poor memory	Never	1	2222	27.8
	Rarely	2	2052	25.7
	Sometimes	3	2859	35.8
	Often	4	857	10.7
	N Missing		3177	
Q37Az In the last 12 months, have you had any of the following: Episodes of intense anxiety (eg panic attacks)	Never	1	5095	68.3
	Rarely	2	1204	16.1
	Sometimes	3	892	12.0
	Often	4	265	3.6
	N Missing		3782	
Q37Aaa In the last 12 months, have you had any of the following: Palpitations (feeling that your heart is racing or fluttering in your chest)	Never	1	4023	51.9
	Rarely	2	1716	22.2
	Sometimes	3	1651	21.3
	Often	4	354	4.6
	N Missing		3424	
Q37Ba For the problems you had, did you seek help? Allergies, hayfever, sinusitis	Not sought help	0	8876	80.3
	Sought help	1	2177	19.7
Q37Bb For the problems you had, did you seek help? Breathing difficulty	Not sought help	0	10148	91.8
	Sought help	1	905	8.2
Q37Bc For the problems you had, did you seek help? Indigestion/heartburn	Not sought help	0	10131	91.7
	Sought help	1	922	8.3
Q37Bd For the problems you had, did you seek help? Chest pain	Not sought help	0	10464	94.7
	Sought help	1	589	5.3
Q37Be For the problems you had, did you seek help? Headaches/migraines	Not sought help	0	9798	88.6
	Sought help	1	1255	11.4
Q37Bf For the problems you had, did you seek help? Severe tiredness	Not sought help	0	10139	91.7
	Sought help	1	914	8.3

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37Bg For the problems you had, did you seek help? Stiff or painful joints	Not sought help	0	9141	82.7
	Sought help	1	1912	17.3
Q37Bh For the problems you had, did you seek help? Back pain	Not sought help	0	8985	81.3
	Sought help	1	2068	18.7
Q37Bi For the problems you had, did you seek help? Urine that burns or stings	Not sought help	0	10489	94.9
	Sought help	1	564	5.1
Q37Bj For the problems you had, did you seek help? Leaking urine	Not sought help	0	10666	96.5
	Sought help	1	387	3.5
Q37Bk For the problems you had, did you seek help? Passing urine more than twice during the night	Not sought help	0	10862	98.3
	Sought help	1	190	1.7
Q37Bl For the problems you had, did you seek help? Haemorrhoids (piles)	Not sought help	0	10691	96.7
	Sought help	1	362	3.3
Q37Bm For the problems you had, did you seek help? Other bowel problems	Not sought help	0	10386	94.0
	Sought help	1	667	6.0
Q37Bn For the problems you had, did you seek help? Vaginal discharge or irritation	Not sought help	0	10571	95.6
	Sought help	1	482	4.4
Q37Bo For the problems you had, did you seek help? Premenstrual tension	Not sought help	0	10921	98.8
	Sought help	1	132	1.2
Q37Bp For the problems you had, did you seek help? Irregular periods	Not sought help	0	10609	96.0
	Sought help	1	444	4.0
Q37Bq For the problems you had, did you seek help? Heavy periods	Not sought help	0	10689	96.7
	Sought help	1	363	3.3
Q37Br For the problems you had, did you seek help? Severe period pain	Not sought help	0	10903	98.6
	Sought help	1	149	1.4

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37Bs For the problems you had, did you seek help? Hot flushes	Not sought help	0	9448	85.5
	Sought help	1	1605	14.5
Q37Bt For the problems you had, did you seek help? Night sweats	Not sought help	0	9904	89.6
	Sought help	1	1148	10.4
Q37Bu For the problems you had, did you seek help? Eyesight problems	Not sought help	0	8941	80.9
	Sought help	1	2112	19.1
Q37Bv For the problems you had, did you seek help? Hearing problems	Not sought help	0	10741	97.2
	Sought help	1	312	2.8
Q37Bw For the problems you had, did you seek help? Difficulty sleeping	Not sought help	0	10071	91.1
	Sought help	1	981	8.9
Q37Bx For the problems you had, did you seek help? Depression	Not sought help	0	10108	91.5
	Sought help	1	944	8.5
Q37By For the problems you had, did you seek help? Poor memory	Not sought help	0	10739	97.2
	Sought help	1	314	2.8
Q37Bz For the problems you had, did you seek help? Episodes of intense anxiety (eg panic attacks)	Not sought help	0	10552	95.5
	Sought help	1	501	4.5
Q37Baa For the problems you had, did you seek help? Palpitations (feeling that your heart is racing or fluttering in your chest)	Not sought help	0	10414	94.2
	Sought help	1	638	5.8
Q37Ca If you did seek help, please mark if you were NOT satisfied with that help. Allergies, hayfever, sinusitis	Satisfied with help	0	10766	97.4
	Unsatisfied with help	1	287	2.6
Q37Cb If you did seek help, please mark if you were NOT satisfied with that help. Breathing difficulty	Satisfied with help	0	10955	99.1
	Unsatisfied with help	1	97	0.9
Q37Cc If you did seek help, please mark if you were NOT satisfied with that help. Indigestion/heartburn	Satisfied with help	0	10929	98.9
	Unsatisfied with help	1	124	1.1

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37Cd If you did seek help, please mark if you were NOT satisfied with that help. Chest pain	Satisfied with help	0	10968	99.2
	Unsatisfied with help	1	85	0.8
Q37Ce If you did seek help, please mark if you were NOT satisfied with that help. Headaches/migraines	Satisfied with help	0	10834	98.0
	Unsatisfied with help	1	219	2.0
Q37Cf If you did seek help, please mark if you were NOT satisfied with that help. Severe tiredness	Satisfied with help	0	10803	97.7
	Unsatisfied with help	1	250	2.3
Q37Cg If you did seek help, please mark if you were NOT satisfied with that help. Stiff or painful joints	Satisfied with help	0	10748	97.2
	Unsatisfied with help	1	304	2.8
Q37Ch If you did seek help, please mark if you were NOT satisfied with that help. Back pain	Satisfied with help	0	10774	97.5
	Unsatisfied with help	1	279	2.5
Q37Ci If you did seek help, please mark if you were NOT satisfied with that help. Urine that burns or stings	Satisfied with help	0	11002	99.5
	Unsatisfied with help	1	51	0.5
Q37Cj If you did seek help, please mark if you were NOT satisfied with that help. Leaking urine	Satisfied with help	0	10936	98.9
	Unsatisfied with help	1	117	1.1
Q37Ck If you did seek help, please mark if you were NOT satisfied with that help. Passing urine more than twice during the night.	Satisfied with help	0	10997	99.5
	Unsatisfied with help	1	56	0.5
Q37Cl If you did seek help, please mark if you were NOT satisfied with that help. Haemorrhoids (piles)	Satisfied with help	0	11005	99.6
	Unsatisfied with help	1	48	0.4
Q37Cm If you did seek help, please mark if you were NOT satisfied with that help. Other bowel problems	Satisfied with help	0	10947	99.0
	Unsatisfied with help	1	105	1.0
Q37Cn If you did seek help, please mark if you were NOT satisfied with that help. Vaginal discharge or irritation	Satisfied with help	0	10959	99.2
	Unsatisfied with help	1	94	0.8
Q37Co If you did seek help, please mark if you were NOT satisfied with that help. Premenstrual tension	Satisfied with help	0	11022	99.7
	Unsatisfied with help	1	31	0.3

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37Cp If you did seek help, please mark if you were NOT satisfied with that help. Irregular periods	Satisfied with help	0	10996	99.5
	Unsatisfied with help	1	57	0.5
Q37Cq If you did seek help, please mark if you were NOT satisfied with that help. Heavy periods	Satisfied with help	0	10996	99.5
	Unsatisfied with help	1	56	0.5
Q37Cr If you did seek help, please mark if you were NOT satisfied with that help. Severe period pain	Satisfied with help	0	11011	99.6
	Unsatisfied with help	1	42	0.4
Q37Cs If you did seek help, please mark if you were NOT satisfied with that help. Hot flushes	Satisfied with help	0	10827	98.0
	Unsatisfied with help	1	226	2.0
Q37Ct If you did seek help, please mark if you were NOT satisfied with that help. Night sweats	Satisfied with help	0	10887	98.5
	Unsatisfied with help	1	166	1.5
Q37Cu If you did seek help, please mark if you were NOT satisfied with that help. Eyesight problems	Satisfied with help	0	10880	98.4
	Unsatisfied with help	1	173	1.6
Q37Cv If you did seek help, please mark if you were NOT satisfied with that help. Hearing problems	Satisfied with help	0	10985	99.4
	Unsatisfied with help	1	68	0.6
Q37Cw If you did seek help, please mark if you were NOT satisfied with that help. Difficulty sleeping	Satisfied with help	0	10875	98.4
	Unsatisfied with help	1	178	1.6
Q37Cx If you did seek help, please mark if you were NOT satisfied with that help. Depression	Satisfied with help	0	10922	98.8
	Unsatisfied with help	1	131	1.2
Q37Cy If you did seek help, please mark if you were NOT satisfied with that help. Poor memory	Satisfied with help	0	10954	99.1
	Unsatisfied with help	1	99	0.9
Q37Cz If you did seek help, please mark if you were NOT satisfied with that help. Episodes of intense anxiety (eg panic attacks)	Satisfied with help	0	10981	99.4
	Unsatisfied with help	1	72	0.6
Q37Caa If you did seek help, please mark if you were NOT satisfied with that help. Palpitations (feeling that your heart is racing or fluttering in your chest)	Satisfied with help	0	10967	99.2
	Unsatisfied with help	1	86	0.8

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q38a Are your parents still living? Mother	Still living	1	6370	58.2
	Deceased	2	4542	41.5
	Don't know	3	28	0.3
	N Missing		127	
Q38b Are your parents still living? Father	Still living	1	3211	29.6
	Deceased	2	7489	69.1
	Don't know	3	143	1.3
	N Missing		217	
Q39a How stressed have you felt about the following areas of your life during the last 12 months: Own health	Not stressed	2	5354	50.0
	Somewhat stressed	3	3520	32.9
	Moderately stressed	4	1231	11.5
	Very stressed	5	419	3.9
	Extremely stressed	6	177	1.7
	N Missing		368	
Q39b Over the last 12 months, how stressed have you felt about the following areas of your life: Health of other family members	Not applicable	1	457	4.2
	Not stressed	2	3483	31.9
	Somewhat stressed	3	3824	35.1
	Moderately stressed	4	1612	14.8
	Very stressed	5	1033	9.5
	Extremely stressed	6	494	4.5
	N Missing		167	
Q39c Over the last 12 months, how stressed have you felt about the following areas of your life: Work/Employment	Not applicable	1	2192	20.1
	Not stressed	2	2963	27.2
	Somewhat stressed	3	3091	28.4
	Moderately stressed	4	1358	12.5
	Very stressed	5	910	8.4
	Extremely stressed	6	379	3.5
	N Missing		170	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q39d How stressed have you felt about the following areas of your life during the last 12 months: Living arrangements	Not stressed	2	7779	75.1
	Somewhat stressed	3	1540	14.9
	Moderately stressed	4	569	5.5
	Very stressed	5	322	3.1
	Extremely stressed	6	153	1.5
	N Missing		733	
Q39e Over the last 12 months, how stressed have you felt about the following areas of your life: Study	Not applicable	1	7060	65.2
	Not stressed	2	3072	28.4
	Somewhat stressed	3	429	4.0
	Moderately stressed	4	169	1.6
	Very stressed	5	67	0.6
	Extremely stressed	6	25	0.2
	N Missing		239	
Q39f How stressed have you felt about the following areas of your life during the last 12 months: Money	Not stressed	2	4562	42.9
	Somewhat stressed	3	3779	35.6
	Moderately stressed	4	1195	11.2
	Very stressed	5	684	6.4
	Extremely stressed	6	405	3.8
	N Missing		427	
Q39g Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with parents	Not applicable	1	3751	34.4
	Not stressed	2	5019	46.0
	Somewhat stressed	3	1406	12.9
	Moderately stressed	4	408	3.7
	Very stressed	5	223	2.0
	Extremely stressed	6	110	1.0
	N Missing		140	
Q39h Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with partner/spouse	Not applicable	1	1678	15.3
	Not stressed	2	5591	51.1
	Somewhat stressed	3	2378	21.7
	Moderately stressed	4	622	5.7
	Very stressed	5	390	3.6
	Extremely stressed	6	283	2.6
N Missing		118		

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q39i Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with children	Not applicable	1	1206	11.0
	Not stressed	2	5410	49.3
	Somewhat stressed	3	2949	26.9
	Moderately stressed	4	835	7.6
	Very stressed	5	384	3.5
	Extremely stressed	6	189	1.7
	N Missing		91	
Q39j Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members	Not applicable	1	1028	9.4
	Not stressed	2	6846	62.4
	Somewhat stressed	3	2256	20.6
	Moderately stressed	4	480	4.4
	Very stressed	5	237	2.2
	Extremely stressed	6	120	1.1
	N Missing		102	
Q40a When you feel stressed, do you use any of the following methods to reduce stress? Walking, exercise or working out	None of the time	1	2857	26.5
	Little of the time	2	2549	23.7
	Some of the time	3	3227	30.0
	Most of the time	4	1473	13.7
	All of the time	5	665	6.2
	N Missing		286	
Q40b When you feel stressed, do you use any of the following methods to reduce stress? Music, reading, sleeping, meditation	None of the time	1	1312	12.1
	Little of the time	2	2220	20.5
	Some of the time	3	4518	41.7
	Most of the time	4	2252	20.8
	All of the time	5	529	4.9
	N Missing		232	
Q40c When you feel stressed, do you use any of the following methods to reduce stress? Talking to a good friend	None of the time	1	1971	18.3
	Little of the time	2	2750	25.5
	Some of the time	3	3886	36.1
	Most of the time	4	1710	15.9
	All of the time	5	445	4.1
	N Missing		308	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q40d When you feel stressed, do you use any of the following methods to reduce stress? Writing, drawing or creative activity	None of the time	1	6834	63.9
	Little of the time	2	1675	15.6
	Some of the time	3	1483	13.9
	Most of the time	4	542	5.1
	All of the time	5	169	1.6
	N Missing			396
Q40e When you feel stressed, do you use any of the following methods to reduce stress? Wanting to be alone, watching TV	None of the time	1	2551	23.6
	Little of the time	2	3756	34.7
	Some of the time	3	3113	28.7
	Most of the time	4	1100	10.2
	All of the time	5	308	2.8
	N Missing			242
Q40f When you feel stressed, do you use any of the following methods to reduce stress? (y1: Letting off steam, e.g.) Throwing things, slamming doors	None of the time	1	8693	80.4
	Little of the time	2	1549	14.3
	Some of the time	3	507	4.7
	Most of the time	4	49	0.4
	All of the time	5	18	0.2
	N Missing			252
Q40g When you feel stressed, do you use any of the following methods to reduce stress? Smoking, using drugs or alcohol	None of the time	1	7958	73.5
	Little of the time	2	1371	12.7
	Some of the time	3	900	8.3
	Most of the time	4	345	3.2
	All of the time	5	260	2.4
	N Missing			231
Q40h When you feel stressed, do you use any of the following methods to reduce stress? Eating more	None of the time	1	4693	43.4
	Little of the time	2	3062	28.3
	Some of the time	3	2168	20.0
	Most of the time	4	683	6.3
	All of the time	5	220	2.0
	N Missing			238

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q40i When you feel stressed, do you use any of the following methods to reduce stress? Eating less	None of the time	1	7837	74.0
	Little of the time	2	1746	16.5
	Some of the time	3	740	7.0
	Most of the time	4	198	1.9
	All of the time	5	75	0.7
	N Missing			463
Q40j When you feel stressed, do you use any of the following methods to reduce stress? Yoga, meditation etc	None of the time	1	8604	79.4
	Little of the time	2	1066	9.8
	Some of the time	3	764	7.1
	Most of the time	4	278	2.6
	All of the time	5	127	1.2
	N Missing			227
Q41 How often do you currently smoke cigarettes or any tobacco products?	Daily	1	1350	12.3
	Weekly	2	101	0.9
	< weekly	3	123	1.1
	Not at all	4	9427	85.7
	N Missing			46
Q42 On average how many cigarettes do you smoke each week?	Mean		59.14	
	Std Error		1.17	
	N		772	
	N Missing			10454
Q43na	0	0	4269	38.6
	1	1	6784	61.4
	N Missing			1
Q43 At what age did you finally stop smoking daily?	Mean		10.54	
	Std Error		0.17	
	N		9676	
	N Missing			1550

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q44a Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was bothered by things that don't usually bother me	Rarely/none	0	7766	72.4
	Sometimes	1	2221	20.7
	Occasionally	2	536	5.0
	Most/all of the time	3	199	1.9
	N Missing		339	
Q44b Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I had trouble keeping my mind on what I was doing	Rarely/none	0	6558	60.9
	Sometimes	1	3145	29.2
	Occasionally	2	802	7.4
	Most/all of the time	3	269	2.5
	N Missing		298	
Q44c Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt depressed	Rarely/none	0	7448	69.1
	Sometimes	1	2286	21.2
	Occasionally	2	686	6.4
	Most/all of the time	3	353	3.3
	N Missing		320	
Q44d Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt that everything I did was an effort	Rarely/none	0	6462	60.1
	Sometimes	1	2964	27.6
	Occasionally	2	841	7.8
	Most/all of the time	3	490	4.6
	N Missing		315	
Q44e Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt hopeful about the future	Rarely/none	0	1825	17.2
	Sometimes	1	2110	19.9
	Occasionally	2	2189	20.6
	Most/all of the time	3	4478	42.2
	N Missing		471	
Q44f Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt fearful	Rarely/none	0	8315	78.3
	Sometimes	1	1651	15.5
	Occasionally	2	471	4.4
	Most/all of the time	3	188	1.8
	N Missing		451	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q44g Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? My sleep was restless	Rarely/none	0	3750	34.9
	Sometimes	1	3996	37.2
	Occasionally	2	1858	17.3
	Most/all of the time	3	1152	10.7
	N Missing		301	
Q44h Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was happy	Rarely/none	0	691	6.4
	Sometimes	1	1839	17.1
	Occasionally	2	2504	23.3
	Most/all of the time	3	5716	53.2
	N Missing		335	
Q44i Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt lonely	Rarely/none	0	7659	71.4
	Sometimes	1	1978	18.4
	Occasionally	2	738	6.9
	Most/all of the time	3	356	3.3
	N Missing		345	
Q44j Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I could not "get going"	Rarely/none	0	5553	51.8
	Sometimes	1	3656	34.1
	Occasionally	2	1028	9.6
	Most/all of the time	3	488	4.6
	N Missing		342	
Q44k Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt terrific	Rarely/none	0	2684	25.0
	Sometimes	1	2401	22.4
	Occasionally	2	2684	25.0
	Most/all of the time	3	2965	27.6
	N Missing		341	
Q45Aa Which of the following events have you experienced? In the last 12 months Major personal illness	No	0	10142	92.4
	Yes	1	835	7.6
	N Missing		70	
Q45Ab Which of the following events have you experienced? In the last 12 months Major personal injury	No	0	10674	97.2
	Yes	1	303	2.8
	N Missing		70	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q45Ac Which of the following events have you experienced: in the last 12 months Major personal achievement	No	0	9257	84.3
	Yes	1	1720	15.7
	N Missing		70	
Q45Ad Which of the following events have you experienced? In the last 12 months Major surgery (not including dental work)	No	0	10382	94.6
	Yes	1	595	5.4
	N Missing		70	
Q45Ae Which of the following events have you experienced? In the last 12 months Going through menopause	No	0	7421	67.6
	Yes	1	3556	32.4
	N Missing		70	
Q45Af Which of the following events have you experienced? In the last 12 months Major decline in health of spouse or partner	No	0	10172	92.7
	Yes	1	806	7.3
	N Missing		70	
Q45Ag Which of the following events have you experienced? In the last 12 months Major decline in health of other close family member or close friend	No	0	7793	71.0
	Yes	1	3184	29.0
	N Missing		70	
Q45Ah Which of the following events have you experienced? In the last 12 months Starting a new, close personal relationship	No	0	10647	97.0
	Yes	1	331	3.0
	N Missing		70	
Q45Ai Which of the following events have you experienced? In the last 12 months Infidelity of spouse or partner	No	0	10811	98.5
	Yes	1	166	1.5
	N Missing		70	
Q45Aj Which of the following events have you experienced? In the last 12 months Break-up of a close personal relationship	No	0	10528	95.9
	Yes	1	449	4.1
	N Missing		70	
Q45Ak Which of the following events have you experienced? In the last 12 months Divorce	No	0	10850	98.8
	Yes	1	127	1.2
	N Missing		70	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q45Ai Which of the following events have you experienced? In the last 12 months Major conflict with teenage or older children	No	0	9587	87.3
	Yes	1	1390	12.7
	N Missing		70	
Q45Am Which of the following events have you experienced? In the last 12 months Child or family member leaving home (due to marriage, to attend university etc)	No	0	9367	85.3
	Yes	1	1610	14.7
	N Missing		70	
Q45An Which of the following events have you experienced? In the last 12 months Death of spouse or partner	No	0	10922	99.5
	Yes	1	55	0.5
	N Missing		70	
Q45Ao Which of the following events have you experienced? In the last 12 months Death of child	No	0	10937	99.6
	Yes	1	41	0.4
	N Missing		70	
Q45Ap Which of the following events have you experienced? In the last 12 months Death of other close family member	No	0	9569	87.2
	Yes	1	1408	12.8
	N Missing		70	
Q45Aq Which of the following events have you experienced? In the last 12 months Death of close friend	No	0	10016	91.2
	Yes	1	961	8.8
	N Missing		70	
Q45Ar Which of the following events have you experienced? In the last 12 months Changing your type of work/hours/conditions/responsibilities at work	No	0	8157	74.3
	Yes	1	2820	25.7
	N Missing		70	
Q45As Which of the following events have you experienced: in the last 12 months Retirement	No	0	10651	97.0
	Yes	1	327	3.0
	N Missing		70	
Q45At Which of the following events have you experienced: in the last 12 months Your spouse or partner retiring from work	No	0	10527	95.9
	Yes	1	450	4.1
	N Missing		70	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q45Au Which of the following events have you experienced: in the last 12 months You or your spouse/partner being made redundant	No	0	10493	95.6
	Yes	1	484	4.4
	N Missing		70	
Q45Av Which of the following events have you experienced? In the last 12 months Decreased income	No	0	8972	81.7
	Yes	1	2005	18.3
	N Missing		70	
Q45Aw Which of the following events have you experienced? In the last 12 months Moving house	No	0	9939	90.5
	Yes	1	1038	9.5
	N Missing		70	
Q45Ax Which of the following events have you experienced? In the last 12 months Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	10806	98.4
	Yes	1	171	1.6
	N Missing		70	
Q45Ay Which of the following events have you experienced? In the last 12 months Major loss or damage to personal property	No	0	10772	98.1
	Yes	1	206	1.9
	N Missing		70	
Q45Az Which of the following events have you experienced? In the last 12 months Being robbed	No	0	10499	95.6
	Yes	1	479	4.4
	N Missing		70	
Q45Aaa Which of the following events have you experienced? In the last 12 months Involvement in a serious accident	No	0	10900	99.3
	Yes	1	77	0.7
	N Missing		70	
Q45Abb Which of the following events have you experienced? In the last 12 months Being pushed, grabbed, shoved, kicked or hit	No	0	10757	98.0
	Yes	1	220	2.0
	N Missing		70	
Q45Acc Which of the following events have you experienced? In the last 12 months Being forced to take part in unwanted sexual activity	No	0	10924	99.5
	Yes	1	53	0.5
	N Missing		70	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q45Add Which of the following events have you experienced? In the last 12 months Legal troubles or involved in a court case	No	0	10438	95.1
	Yes	1	539	4.9
	N Missing		70	
Q45Aee Which of the following events have you experienced? In the last 12 months Family member/close personal friend being arrested/in gaol	No	0	10786	98.3
	Yes	1	191	1.7
	N Missing		70	
Q45Ba Have you experienced any of the following events? Yes, more than 12 months ago Major personal illness	No	0	8316	75.8
	Yes	1	2661	24.2
	N Missing		70	
Q45Bb Have you experienced any of the following events? Yes, more than 12 months ago Major personal injury	No	0	9763	88.9
	Yes	1	1214	11.1
	N Missing		70	
Q45Bc Which of the following events have you experienced: more than 12 months ago Major personal achievement	No	0	9125	83.1
	Yes	1	1852	16.9
	N Missing		70	
Q45Bd Have you experienced any of the following events? Yes, more than 12 months ago Major surgery (not including dental work)	No	0	7955	72.5
	Yes	1	3022	27.5
	N Missing		70	
Q45Be Which of the following events have you experienced: more than 12 months ago Going through menopause	No	0	7421	67.6
	Yes	1	3556	32.4
	N Missing		70	
Q45Bf Which of the following events have you experienced: more than 12 months ago Major decline in health of spouse or partner	No	0	10010	91.2
	Yes	1	967	8.8
	N Missing		70	
Q45Bg Which of the following events have you experienced: more than 12 months ago Major decline in health of other close family member or close friend	No	0	8873	80.8
	Yes	1	2104	19.2
	N Missing		70	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q45Bh Have you experienced any of the following events? Yes, more than 12 months ago Starting a new, close personal relationship	No	0	9866	89.9
	Yes	1	1111	10.1
	N Missing		70	
Q45Bi Which of the following events have you experienced: more than 12 months ago Infidelity of spouse or partner	No	0	10010	91.2
	Yes	1	967	8.8
	N Missing		70	
Q45Bj Which of the following events have you experienced: more than 12 months ago Break-up of a close personal relationship	No	0	9785	89.1
	Yes	1	1192	10.9
	N Missing		70	
Q45Bk Which of the following events have you experienced: more than 12 months ago Divorce	No	0	9732	88.7
	Yes	1	1245	11.3
	N Missing		70	
Q45Bl Which of the following events have you experienced: more than 12 months ago Major conflict with teenage or older children	No	0	9922	90.4
	Yes	1	1056	9.6
	N Missing		70	
Q45Bm Which of the following events have you experienced: more than 12 months ago Child or other family member leaving home (due to marriage, to attend university etc)	No	0	8604	78.4
	Yes	1	2373	21.6
	N Missing		70	
Q45Bn Which of the following events have you experienced: more than 12 months ago Death of spouse or partner	No	0	10632	96.9
	Yes	1	345	3.1
	N Missing		70	
Q45Bo Have you experienced any of the following events? Yes, more than 12 months ago Death of a child	No	0	10624	96.8
	Yes	1	354	3.2
	N Missing		70	
Q45Bp Which of the following events have you experienced: more than 12 months ago Death of other close family member	No	0	7945	72.4
	Yes	1	3032	27.6
	N Missing		70	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q45Bq Have you experienced any of the following events? Yes, more than 12 months ago Death of a close friend	No	0	9656	88.0
	Yes	1	1322	12.0
	N Missing		70	
Q45Br Have you experienced any of the following events? Yes, more than 12 months ago Change in your type of work/hours/conditions/responsibilities at work	No	0	9339	85.1
	Yes	1	1638	14.9
	N Missing		70	
Q45Bs Which of the following events have you experienced: more than 12 months ago Retirement	No	0	10493	95.6
	Yes	1	484	4.4
	N Missing		70	
Q45Bt Which of the following events have you experienced: more than 12 months ago Your spouse or partner retiring from work	No	0	10242	93.3
	Yes	1	736	6.7
	N Missing		70	
Q45Bu Which of the following events have you experienced: more than 12 months ago You or your spouse/partner being made redundant	No	0	10117	92.2
	Yes	1	860	7.8
	N Missing		70	
Q45Bv Have you experienced any of the following events? Yes, more than 12 months ago Decreased income	No	0	9279	84.5
	Yes	1	1698	15.5
	N Missing		70	
Q45Bw Which of the following events have you experienced: more than 12 months ago Moving house	No	0	8821	80.4
	Yes	1	2157	19.6
	N Missing		70	
Q45Bx Have you experienced any of the following events? Yes, more than 12 months ago Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	10627	96.8
	Yes	1	350	3.2
	N Missing		70	
Q45By Have you experienced any of the following events? Yes, more than 12 months ago Major loss or damage to personal property	No	0	10610	96.7
	Yes	1	368	3.3
	N Missing		70	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q45Bz Have you experienced any of the following events? Yes, more than 12 months ago Being robbed	No	0	9867	89.9
	Yes	1	1111	10.1
	N Missing		70	
Q45Baa Have you experienced any of the following events? Yes, more than 12 months ago Involvement in a serious accident	No	0	10534	96.0
	Yes	1	443	4.0
	N Missing		70	
Q45Bbb Have you experienced any of the following events? Yes, more than 12 months ago Being pushed, grabbed, shoved, kicked or hit	No	0	10434	95.0
	Yes	1	543	5.0
	N Missing		70	
Q45Bcc Have you experienced any of the following events? Yes, more than 12 months ago Being forced to take part in unwanted sexual activity	No	0	10577	96.4
	Yes	1	400	3.6
	N Missing		70	
Q45Bdd Have you experienced any of the following events? Yes, more than 12 months ago Legal troubles or involvement in a court case	No	0	10145	92.4
	Yes	1	832	7.6
	N Missing		70	
Q45Bee Have you experienced any of the following events? Yes, more than 12 months ago Family member/close friend being arrested/in gaol	No	0	10574	96.3
	Yes	1	403	3.7
	N Missing		70	
Q45ff Have you experienced any of the following events? None of these events	No	0	10570	96.3
	Yes	1	405	3.7
	N Missing		71	
Q47a In the last three years, how many times have you: lost 5kg or more on purpose	None	0	6905	64.7
	1-2 times	1	3154	29.6
	3-4 times	2	451	4.2
	5+ times	3	163	1.5
	N Missing		380	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>	
Q47b In the last three years, how many times have you: lost 5kg or more for any other reason	None	0	8960	85.3	
	1-2 times	1	1385	13.2	
	3-4 times	2	119	1.1	
	5+ times	3	46	0.4	
	N Missing		541		
	Q47c In the last three years, how many times have you: gained 5kg or more (which was previously lost on purpose)	None	0	7231	69.7
1-2 times		1	2552	24.6	
3-4 times		2	424	4.1	
5+ times		3	172	1.7	
N Missing			665		
Q49a Over the last 12 months, on average, how often did you drink the following? Cola drinks/not diet (eg Coke)		Never	1	4817	44.2
	< once a month	2	3366	30.9	
	1-3 times a month	3	1195	11.0	
	1 times a week	4	465	4.3	
	2 times a week	5	319	2.9	
	3-4 times a week	6	306	2.8	
	5-6 times a week	7	138	1.3	
	1 times a day	8	131	1.2	
	2 times a day	9	77	0.7	
	3+ times a day	10	83	0.8	
	N Missing		167		
	Q49b Over the last 12 months, on average, how often did you drink the following? Diet cola drinks (eg Diet coke)	Never	1	5842	53.7
		< once a month	2	1868	17.2
1-3 times a month		3	910	8.4	
1 times a week		4	376	3.5	
2 times a week		5	437	4.0	
3-4 times a week		6	457	4.2	
5-6 times a week		7	284	2.6	
1 times a day		8	292	2.7	
2 times a day		9	222	2.0	
3+ times a day		10	186	1.7	
N Missing			163		

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q49c Over the last 12 months, on average, how often did you drink the following? Other carbonated (eg fizzy/soft drinks)				
	Never	1	2874	26.5
	< once a month	2	3592	33.2
	1-3 times a month	3	1913	17.7
	1 times a week	4	770	7.1
	2 times a week	5	607	5.6
	3-4 times a week	6	524	4.8
	5-6 times a week	7	192	1.8
	1 times a day	8	196	1.8
	2 times a day	9	98	0.9
	3+ times a day	10	63	0.6
	N Missing		209	
Q49d Over the last 12 months, on average, how often did you drink the following? Cordials, fruit or sport drinks				
	Never	1	3573	33.1
	< once a month	2	2346	21.7
	1-3 times a month	3	1377	12.8
	1 times a week	4	718	6.6
	2 times a week	5	678	6.3
	3-4 times a week	6	691	6.4
	5-6 times a week	7	401	3.7
	1 times a day	8	558	5.2
	2 times a day	9	275	2.5
	3+ times a day	10	181	1.7
	N Missing		242	
Q49e Over the last 12 months, on average, how often did you drink the following? Milk or Soya Milk (including flavoured varieties)				
	Never	1	2139	19.7
	< once a month	2	1224	11.3
	1-3 times a month	3	812	7.5
	1 times a week	4	570	5.3
	2 times a week	5	552	5.1
	3-4 times a week	6	769	7.1
	5-6 times a week	7	510	4.7
	1 times a day	8	2184	20.2
	2 times a day	9	1091	10.1
	3+ times a day	10	985	9.1
	N Missing		212	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q49f Over the last 12 months, on average, how often did you drink the following?				
Fruit or vegetable juices	Never	1	1633	15.1
	< once a month	2	1332	12.3
	1-3 times a month	3	1312	12.1
	1 times a week	4	890	8.2
	2 times a week	5	1103	10.2
	3-4 times a week	6	1137	10.5
	5-6 times a week	7	721	6.7
	1 times a day	8	2012	18.6
	2 times a day	9	481	4.4
	3+ times a day	10	215	2.0
	N Missing		233	
Q49g Over the last 12 months, on average, how often did you drink the following?				
Tea	Never	1	1671	15.5
	< once a month	2	519	4.8
	1-3 times a month	3	371	3.5
	1 times a week	4	225	2.1
	2 times a week	5	267	2.5
	3-4 times a week	6	366	3.4
	5-6 times a week	7	297	2.8
	1 times a day	8	1351	12.6
	2 times a day	9	2088	19.4
	3+ times a day	10	3598	33.5
	N Missing		330	
Q49h Over the last 12 months, on average, how often did you drink the following?				
Herbal tea	Never	1	5402	53.7
	< once a month	2	1074	10.7
	1-3 times a month	3	688	6.8
	1 times a week	4	338	3.4
	2 times a week	5	389	3.9
	3-4 times a week	6	338	3.4
	5-6 times a week	7	171	1.7
	1 times a day	8	779	7.7
	2 times a day	9	513	5.1
	3+ times a day	10	369	3.7
	N Missing		1045	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q49i Over the last 12 months, on average, how often did you drink the following? Coffee	Never	1	1630	15.0
	< once a month	2	504	4.6
	1-3 times a month	3	470	4.3
	1 times a week	4	317	2.9
	2 times a week	5	408	3.7
	3-4 times a week	6	448	4.1
	5-6 times a week	7	310	2.8
	1 times a day	8	1772	16.3
	2 times a day	9	2289	21.0
	3+ times a day	10	2748	25.2
	N Missing		186	
Q49j Over the last 12 months, on average, how often did you drink the following? Water (including soda or plain mineral water)	Never	1	198	1.8
	< once a month	2	131	1.2
	1-3 times a month	3	122	1.1
	1 times a week	4	143	1.3
	2 times a week	5	178	1.6
	3-4 times a week	6	318	2.9
	5-6 times a week	7	266	2.4
	1 times a day	8	929	8.5
	2 times a day	9	1612	14.7
	3+ times a day	10	7069	64.5
	N Missing		83	
Q68a How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Walking briskly (for recreation or exercise, or to get from place to place)	Mean		3.81	
	Std Error		0.04	
	N		11057	
	N Missing		169	
Q68b How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean		0.81	
	Std Error		0.02	
	N		11059	
	N Missing		167	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q68c How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Old2-Old3: Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming) Old4 on: More vigorous lei	Mean		0.61	
	Std Error		0.02	
	N		11047	
	N Missing		179	
Q68d How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Vigorous household or garden chores that make you breathe harder or puff and pant	Mean		2.26	
	Std Error		0.03	
	N		11054	
	N Missing		172	
Q69ah If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Walking briskly (for recreation or exercise, or to get from place to place)	Mean		2.55	
	Std Error		0.05	
	N		10831	
	N Missing		395	
Q69am If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Walking briskly (for recreation or exercise, or to get from place to place)	Mean		10.45	
	Std Error		0.15	
	N		10831	
	N Missing		395	
Q69bh If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean		0.77	
	Std Error		0.02	
	N		10956	
	N Missing		270	
Q69bm If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean		3.12	
	Std Error		0.09	
	N		10956	
	N Missing		270	
Q69ch If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming)	Mean		0.47	
	Std Error		0.02	
	N		10952	
	N Missing		274	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q69cm If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming)	Mean		2.57	
	Std Error		0.09	
	N		10952	
	N Missing		274	
Q69dh If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous household or garden chores that make you breathe harder or puff and pant	Mean		3.02	
	Std Error		0.06	
	N		10827	
	N Missing		399	
Q69dm If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous household or garden chores that make you breathe harder or puff and pant	Mean		4.78	
	Std Error		0.11	
	N		10827	
	N Missing		399	
Q70a Now think about all of the time you spend sitting during each day while at home, at work, while getting from place to place or during your spare time. How many hours in total do you typically spend sitting down while doing things like visiting friends, driving, reading, watching television, or working at a desk or computer? On	Mean		5.84	
	Std Error		0.03	
	N		10514	
	N Missing		712	
Q70b Now think about all of the time you spend sitting during each day while at home, at work, while getting from place to place or during your spare time. How many hours in total do you typically spend sitting down while doing things like visiting friends, driving, reading, watching television, or working at a desk or computer? On	Mean		5.19	
	Std Error		0.03	
	N		10493	
	N Missing		733	
Q71a In the last week, how much time in total did you spend doing the following things? Full-time paid work	Don't do this activity	1	6436	60.6
	1-15 hours	2	150	1.4
	16-24 hours	3	111	1.0
	25-34 hours	4	372	3.5
	35-40 hours	5	2050	19.3
	41-48 hours	6	942	8.9
	49 hours or more	7	567	5.3
	N Missing		473	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q71b In the last week, how much time in total did you spend doing the following things? Permanent part-time paid work	Don't do this activity	1	8114	77.3
	1-15 hours	2	582	5.5
	16-24 hours	3	770	7.3
	25-34 hours	4	747	7.1
	35-40 hours	5	218	2.1
	41-48 hours	6	34	0.3
	49 hours or more	7	26	0.3
	N Missing			592
Q71c In the last week, how much time in total did you spend doing the following things? Casual paid work	Don't do this activity	1	8973	86.4
	1-15 hours	2	790	7.6
	16-24 hours	3	331	3.2
	25-34 hours	4	185	1.8
	35-40 hours	5	80	0.8
	41-48 hours	6	13	0.1
	49 hours or more	7	13	0.1
	N Missing			705
Q71d In the last week, how much time in total did you spend doing the following things? Home duties (own/family home)	Don't do this activity	1	312	2.9
	1-15 hours	2	5166	48.4
	16-24 hours	3	2241	21.0
	25-34 hours	4	1302	12.2
	35-40 hours	5	652	6.1
	41-48 hours	6	246	2.3
	49 hours or more	7	747	7.0
	N Missing			422
Q71e In the last week, how much time in total did you spend doing the following things? Work without pay (eg family business)	Don't do this activity	1	8153	78.4
	1-15 hours	2	1538	14.8
	16-24 hours	3	232	2.2
	25-34 hours	4	139	1.3
	35-40 hours	5	84	0.8
	41-48 hours	6	81	0.8
	49 hours or more	7	178	1.7
	N Missing			686

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q71f In the last week, how much time in total did you spend doing the following things? Looking for work	Don't do this activity	1	10214	96.3
	1-15 hours	2	352	3.3
	16-24 hours	3	21	0.2
	25-34 hours	4	7	0.1
	35-40 hours	5	12	0.1
	49 hours or more	7	0	0.0
	N Missing		467	
	Q71g In the last week, how much time in total did you spend doing the following things? Unpaid voluntary work	Don't do this activity	1	8363
1-15 hours		2	2110	19.8
16-24 hours		3	134	1.3
25-34 hours		4	32	0.3
35-40 hours		5	17	0.2
41-48 hours		6	5	0.0
49 hours or more		7	12	0.1
N Missing			381	
Q71h In the last week, how much time in total did you spend doing the following things? Active leisure (eg sport)	Don't do this activity	1	2291	21.2
	1-15 hours	2	8146	75.2
	16-24 hours	3	291	2.7
	25-34 hours	4	61	0.6
	35-40 hours	5	17	0.2
	41-48 hours	6	6	0.1
	49 hours or more	7	14	0.1
	N Missing		240	
Q71i In the last week, how much time in total did you spend doing the following things? Passive leisure (eg TV, reading)	Don't do this activity	1	273	2.5
	1-15 hours	2	7336	67.6
	16-24 hours	3	2013	18.5
	25-34 hours	4	758	7.0
	35-40 hours	5	277	2.6
	41-48 hours	6	91	0.8
	49 hours or more	7	105	1.0
	N Missing		194	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q71j In the last week, how much time in total did you spend doing the following things? Studying	Don't do this activity	0	8952	83.6
	1-15 hours	1	1576	14.7
	16-24 hours	2	114	1.1
	25-34 hours	3	48	0.4
	35-40 hours	4	11	0.1
	41-48 hours	5	8	0.1
	49 hours or more	6	2	0.0
	N Missing			361
Q71k In the last week, how much time in total did you spend doing the following things? Socialising	Don't do this activity	0	1099	10.1
	1-15 hours	1	9068	83.3
	16-24 hours	2	553	5.1
	25-34 hours	3	108	1.0
	35-40 hours	4	30	0.3
	41-48 hours	5	11	0.1
	49 hours or more	6	16	0.1
	N Missing			180
Q71l In the last week, how much time in total did you spend doing the following things? Using a computer (for work, study or hobbies)	Don't do this activity	0	3871	35.4
	1-15 hours	1	4360	39.9
	16-24 hours	2	891	8.2
	25-34 hours	3	764	7.0
	35-40 hours	4	690	6.3
	41-48 hours	5	241	2.2
	49 hours or more	6	107	1.0
	N Missing			130
Q72a Do you normally do any of the following kinds of work? Paid shift work	No	0	9899	91.8
	Yes	1	881	8.2
	N Missing			286
Q72b Do you normally do any of the following kinds of work? Paid work at night	No	0	10138	94.0
	Yes	1	642	6.0
	N Missing			286

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q72c Do you normally do any of the following kinds of work? Paid work from home	No	0	10212	94.7
	Yes	1	568	5.3
	N Missing		286	
Q72d Do you normally do any of the following kinds of work? Run your own business from home	No	0	9486	88.0
	Yes	1	1295	12.0
	N Missing		286	
Q72e Do you normally do any of the following kinds of work? Run your own business from elsewhere	No	0	10097	93.7
	Yes	1	684	6.3
	N Missing		286	
Q72f Do you normally do any of the following kinds of work? None of the above	No	0	3081	28.6
	Yes	1	7699	71.4
	N Missing		286	
Q73a Managing time is often difficult. How often do you feel: That you are rushed, pressured, too busy?	Every day	1	2083	19.2
	Few times week	2	4000	36.9
	Once a week	3	2116	19.5
	Once a month	4	1615	14.9
	Never	5	1037	9.6
	N Missing		223	
Q73b Managing time is often difficult. How often do you feel: That you have time on your hands that you don't know what to do with?	Every day	1	233	2.2
	Few times week	2	799	7.6
	Once a week	3	912	8.7
	Once a month	4	1717	16.4
	Never	5	6801	65.0
	N Missing		576	
Q74 Do you regularly provide (unpaid) care for grandchildren or other people's children?	Daily	1	372	3.4
	Weekly	2	1118	10.2
	Occasionally	3	2913	26.5
	Never	4	6574	59.9
	N Missing		70	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q75 Do you regularly need help with daily tasks because of long-term illness, disability or frailty (eg personal care, getting around, preparing meals etc)?	Yes	1	351	3.2
	No	2	10648	96.8
	N Missing		60	
Q76a Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives with you	Yes	1	728	6.6
	No	2	10295	93.4
	N Missing		32	
Q76b Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives elsewhere	Yes	1	2115	19.2
	No	2	8917	80.8
	N Missing		20	
Q77 How many people with a long term illness, disability or frailty do you regularly provide care for?	No care given	0	8219	74.6
	One person	1	1972	17.9
	Two people	2	567	5.1
	>Two people	3	257	2.3
	N Missing		43	
Q78 How often do you provide this care or assistance?	No care given	0	8219	74.6
	Every day	1	722	6.6
	Several times a week	2	817	7.4
	Once a week	3	729	6.6
	Every few weeks	4	433	3.9
	Less often	5	96	0.9
	N Missing		42	
Q79 How much time do you usually spend providing such care or assistance on each occasion?	No care given	0	8219	74.8
	All day/night	1	195	1.8
	All day	2	181	1.6
	All night	3	9	0.1
	Several hours	4	1668	15.2
	About an hour	5	715	6.5
	N Missing		73	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q80A Main occupation self	Manager/administrator	1	718	7.1
	Professional	2	2182	21.4
	Associate professional	3	796	7.8
	Tradesperson or related worker	4	259	2.5
	Advanced clerical/service worker	5	1167	11.5
	Intermediate clerical/sales/service	6	1338	13.1
	Intermediate production/transport	7	84	0.8
	Elementary clerical/sales/service	8	461	4.5
	Labourer or related	9	658	6.5
	No paid job	10	2517	24.7
	N Missing		951	
Q80B Main occupation partner	Manager/administrator	1	1627	16.3
	Professional	2	1351	13.5
	Associate professional	3	1163	11.7
	Tradesperson or related worker	4	1173	11.8
	Advanced clerical/service worker	5	184	1.8
	Intermediate clerical/sales/service	6	220	2.2
	Intermediate production/transport	7	573	5.7
	Elementary clerical/sales/service	8	129	1.3
	Labourer or related	9	598	6.0
	No paid job	10	1488	14.9
	Don't know/no partner	11	1473	14.8
N Missing		1105		

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q81a People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help you if you are confined to bed	None of the time	1	1458	13.4
	Little of the time	2	1531	14.1
	Some of the time	3	1817	16.8
	Most of the time	4	2847	26.3
	All of the time	5	3190	29.4
	N Missing			204
Q81b People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to take you to the doctor if you need it	None of the time	1	969	8.9
	Little of the time	2	1283	11.8
	Some of the time	3	1275	11.7
	Most of the time	4	3118	28.7
	All of the time	5	4229	38.9
	N Missing			173
Q81c People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to share your most private worries and fears with	None of the time	1	865	7.9
	Little of the time	2	1439	13.2
	Some of the time	3	1529	14.0
	Most of the time	4	2917	26.7
	All of the time	5	4170	38.2
	N Missing			133
Q81d People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to turn to for suggestions about how to deal with a personal problem	None of the time	1	700	6.4
	Little of the time	2	1539	14.1
	Some of the time	3	1580	14.5
	Most of the time	4	3059	28.0
	All of the time	5	4030	36.9
	N Missing			148
Q81e People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to do something enjoyable with	None of the time	1	281	2.6
	Little of the time	2	988	9.0
	Some of the time	3	1914	17.5
	Most of the time	4	3539	32.4
	All of the time	5	4214	38.5
	N Missing			123

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q81f People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to love and make you feel wanted	None of the time	1	621	5.7
	Little of the time	2	920	8.4
	Some of the time	3	1214	11.1
	Most of the time	4	2601	23.8
	All of the time	5	5575	51.0
	N Missing			116
Q82a What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I would be really sorry if I had to move away from the people in my neighbourhood	strongly disagree	1	528	4.8
	disagree	2	1093	10.0
	neutral	3	4608	42.2
	agree	4	2970	27.2
	strongly agree	5	1712	15.7
	N Missing			168
Q82b What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I have a lot in common with people in my neighbourhood	strongly disagree	1	506	4.6
	disagree	2	1753	16.1
	neutral	3	5056	46.4
	agree	4	2842	26.1
	strongly agree	5	743	6.8
	N Missing			179
Q82c What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I generally trust my neighbours to look out for my property	strongly disagree	1	245	2.2
	disagree	2	586	5.4
	neutral	3	1800	16.5
	agree	4	6021	55.1
	strongly agree	5	2275	20.8
	N Missing			148
Q82d What do you think about the neighbourhood that you live in? How much do you agree with the following statements? People in my neighbourhood make it a difficult place to live	strongly disagree	1	3790	34.9
	disagree	2	4990	45.9
	neutral	3	1538	14.2
	agree	4	386	3.6
	strongly agree	5	166	1.5
	N Missing			217

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q82e What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I am good friends with many people in this neighbourhood	strongly disagree	1	322	3.0
	disagree	2	1539	14.1
	neutral	3	3879	35.6
	agree	4	4098	37.6
	strongly agree	5	1049	9.6
	N Missing			192
Q82f What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I like living where I live	strongly disagree	1	136	1.2
	disagree	2	301	2.7
	neutral	3	1320	12.1
	agree	4	5548	50.7
	strongly agree	5	3630	33.2
	N Missing			143
Q82g What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I have little to do with people in this neighbourhood	strongly disagree	1	1030	9.5
	disagree	2	3169	29.1
	neutral	3	2362	21.7
	agree	4	3708	34.1
	strongly agree	5	612	5.6
	N Missing			196
Q82h What do you think about the neighbourhood that you live in? How much do you agree with the following statements? My neighbours treat me with respect	strongly disagree	1	60	0.5
	disagree	2	172	1.6
	neutral	3	2255	20.7
	agree	4	6980	64.1
	strongly agree	5	1427	13.1
	N Missing			187
Q82i What do you think about the neighbourhood that you live in? How much do you agree with the following statements? Children are safe walking around the neighbourhood during the day	strongly disagree	1	88	0.8
	disagree	2	439	4.0
	neutral	3	1530	14.1
	agree	4	7027	64.6
	strongly agree	5	1797	16.5
	N Missing			193

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q82j What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I get involved with most local issues	strongly disagree	1	741	6.8
	disagree	2	3070	28.3
	neutral	3	4855	44.7
	agree	4	1942	17.9
	strongly agree	5	243	2.2
	N Missing			224
Q82k What do you think about the neighbourhood that you live in? How much do you agree with the following statements? People in my neighbourhood are very willing to help each other out	strongly disagree	1	191	1.8
	disagree	2	806	7.4
	neutral	3	4253	39.0
	agree	4	4838	44.4
	strongly agree	5	813	7.5
	N Missing			175
Q82l What do you think about the neighbourhood that you live in? How much do you agree with the following statements? If I no longer lived here, hardly anyone around here would notice	strongly disagree	1	697	6.4
	disagree	2	4061	37.3
	neutral	3	2955	27.1
	agree	4	2667	24.5
	strongly agree	5	515	4.7
	N Missing			181
Q82m What do you think about the neighbourhood that you live in? How much do you agree with the following statements? It is safe to walk around the neighbourhood at night	strongly disagree	1	484	4.4
	disagree	2	1995	18.3
	neutral	3	2604	23.8
	agree	4	5033	46.1
	strongly agree	5	808	7.4
	N Missing			156
Q83a How much do you agree or disagree with each of the following statements? At home, I feel I have control over what happens in most situations	strongly disagree	1	120	1.1
	disagree	2	346	3.2
	slightly disagree	3	487	4.4
	slightly agree	4	1140	10.4
	agree	5	6585	60.1
	strongly agree	6	2286	20.8
	N Missing			83

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q83b How much do you agree or disagree with each of the following statements? I feel that what happens in my life is often determined by factors beyond my control	strongly disagree	1	696	6.4
	disagree	2	3130	28.7
	slightly disagree	3	1176	10.8
	slightly agree	4	2890	26.5
	agree	5	2583	23.7
	strongly agree	6	426	3.9
	N Missing			168
Q83c How much do you agree or disagree with each of the following statements? Over the next 5-10 years I expect to have more positive than negative experiences	strongly disagree	1	66	0.6
	disagree	2	349	3.2
	slightly disagree	3	442	4.1
	slightly agree	4	1729	15.9
	agree	5	6439	59.1
	strongly agree	6	1868	17.1
	N Missing			164
Q83d How much do you agree or disagree with each of the following statements? I often have the feeling that I am being treated unfairly	strongly disagree	1	1599	14.6
	disagree	2	4992	45.6
	slightly disagree	3	1192	10.9
	slightly agree	4	2087	19.1
	agree	5	847	7.7
	strongly agree	6	221	2.0
	N Missing			128
Q83e How much do you agree or disagree with each of the following statements? In the past 10 years my life has been full of changes without my knowing what will happen next	strongly disagree	1	732	6.7
	disagree	2	3148	28.8
	slightly disagree	3	1000	9.2
	slightly agree	4	2453	22.4
	agree	5	2712	24.8
	strongly agree	6	884	8.1
	N Missing			134

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q83f How much do you agree or disagree with each of the following statements? I gave up trying to make big improvements or changes in my life a long time ago	strongly disagree	1	2142	19.6
	disagree	2	4697	43.1
	slightly disagree	3	1109	10.2
	slightly agree	4	1490	13.7
	agree	5	1216	11.1
	strongly agree	6	256	2.3
	N Missing		148	
Q84a Thinking about your current approach to life, please indicate how much you think each statement describes you: In uncertain times, I usually expect the best	strongly disagree	1	173	1.6
	disagree	2	1723	15.9
	neutral	3	3275	30.2
	agree	4	4945	45.6
	strongly agree	5	726	6.7
	N Missing		236	
Q84b Thinking about your current approach to life, please indicate how much you think each statement describes you: If something can go wrong for me, it will	strongly disagree	1	1276	11.8
	disagree	2	5325	49.1
	neutral	3	2255	20.8
	agree	4	1787	16.5
	strongly agree	5	210	1.9
	N Missing		210	
Q84c Thinking about your current approach to life, please indicate how much you think each statement describes you: I'm always optimistic about my future	strongly disagree	1	114	1.0
	disagree	2	1054	9.7
	neutral	3	2434	22.4
	agree	4	6113	56.3
	strongly agree	5	1144	10.5
	N Missing		210	
Q84d Thinking about your current approach to life, please indicate how much you think each statement describes you: I hardly ever expect things to go my way	strongly disagree	1	1260	11.6
	disagree	2	5701	52.5
	neutral	3	2303	21.2
	agree	4	1449	13.4
	strongly agree	5	140	1.3
	N Missing		211	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q84e Thinking about your current approach to life, please indicate how much you think each statement describes you: I rarely count on good things happening to me	strongly disagree	1	1505	13.8
	disagree	2	5398	49.6
	neutral	3	2102	19.3
	agree	4	1696	15.6
	strongly agree	5	180	1.7
	N Missing			183
Q84f Thinking about your current approach to life, please indicate how much you think each statement describes you: Overall, I expect more good things to happen to me than bad	strongly disagree	1	95	0.9
	disagree	2	601	5.5
	neutral	3	1551	14.2
	agree	4	6816	62.4
	strongly agree	5	1855	17.0
	N Missing			143
Q85 This question is about your relationship status based on your current living arrangements. Are you:	Registered marriage	1	8271	76.3
	De facto relationship	2	685	6.3
	Not married	3	1886	17.4
	N Missing			224
Q86 What is your formal registered marital status?	Never married	1	517	4.7
	Married	2	8152	74.2
	Separated	3	429	3.9
	Divorced	4	1536	14.0
	Widowed	5	360	3.3
	N Missing			60
Q87A Average gross income each week/self	No income	1	567	6.5
	\$1-\$119 pw	2	433	5.0
	\$120-\$299 pw	3	1475	17.0
	\$300-\$499 pw	4	1596	18.4
	\$500-\$699 pw	5	1343	15.5
	\$700-\$999 pw	6	1211	13.9
	\$1000-\$1499 pw	7	784	9.0
	\$1500+ pw	8	190	2.2
	Don't know	9	170	2.0
	Don't want to answer	10	913	10.5
	N Missing			2513

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q87B Average gross income each week/household	No income	1	64	0.7
	\$1-\$119 pw	2	61	0.7
	\$120-\$299 pw	3	339	3.7
	\$300-\$499 pw	4	911	9.9
	\$500-\$699 pw	5	1135	12.3
	\$700-\$999 pw	6	1361	14.8
	\$1000-\$1499 pw	7	1700	18.5
	\$1500+ pw	8	1789	19.5
	Don't know	9	379	4.1
	Don't want to answer	10	822	8.9
	Income same as mine	11	636	6.9
	N Missing		1899	
Q88 How many people are dependent on this household income? (Including yourself)	0	0	53	0.5
	1	1	1479	13.6
	2	2	5787	53.2
	3	3	1896	17.4
	4	4	1223	11.2
	5	5	333	3.1
	6	6	72	0.7
	7	7	29	0.3
	8	8	2	0.0
	9	9	0	0.0
	12	12	2	0.0
	N Missing		153	
Q89 How do you manage on the income you have available?	Impossible	1	159	1.5
	Difficult always	2	1002	9.2
	Difficult sometimes	3	2811	25.7
	Not too bad	4	4817	44.1
	Easy	5	2129	19.5
	N Missing		136	
Q90a How many people live with you now? No one, I live alone	No	0	9942	90.5
	Yes	1	1046	9.5
	N Missing		70	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q90b How many people live with you now? Partner or spouse	No	0	2325	21.1
	Yes	1	8681	78.9
	N Missing		53	
Q90c How many people live with you now? Children under 16 years	none	0	9764	88.9
	one	1	913	8.3
	two	2	261	2.4
	three or more	3	50	0.5
	N Missing		70	
Q90d How many people live with you now? Children 16-18 years	none	0	9864	89.7
	one	1	1004	9.1
	two	2	113	1.0
	three or more	3	10	0.1
	N Missing		64	
Q90e How many people live with you now? Children over 18 years	none	0	7212	65.6
	one	1	2537	23.1
	two	2	1052	9.6
	three or more	3	193	1.8
	N Missing		63	
Q90f How many people live with you now? Your parents or in-laws	none	0	10640	96.8
	one	1	309	2.8
	two	2	39	0.4
	three or more	3	0	0.0
	N Missing		70	
Q90g How many people live with you now? Other adult relatives	none	0	10664	97.1
	one	1	245	2.2
	two	2	60	0.5
	three or more	3	19	0.2
	N Missing		70	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q90h How many people live with you now? Other adults (not family members)	none	0	10644	96.9
	one	1	286	2.6
	two	2	45	0.4
	three or more	3	13	0.1
	N Missing		70	
Q91 Are there people who do NOT live with you who are dependent on your household income?	no	1	9740	89.3
	yes, one	2	906	8.3
	more than one	3	257	2.4
	N Missing		170	
Q92 Throughout your life, have you ever used a mobile phone to make or receive 20 or more calls?	Yes	1	6571	59.7
	No	2	4278	38.9
	Don't know	3	159	1.4
	N Missing		47	
Q93a In general, are you satisfied with what you have achieved in your life so far in the areas of: Work	Very satisfied	1	2147	20.0
	Satisfied	2	6964	64.7
	Dissatisfied	3	1406	13.1
	Very dissatisfied	4	243	2.3
	N Missing		320	
Q93b In general, are you satisfied with what you have achieved in your life so far in the areas of: Career	Very satisfied	1	1615	15.7
	Satisfied	2	5999	58.3
	Dissatisfied	3	2314	22.5
	Very dissatisfied	4	364	3.5
	N Missing		821	
Q93c In general, are you satisfied with what you have achieved in your life so far in the areas of: Study	Very satisfied	1	1107	11.3
	Satisfied	2	5462	55.5
	Dissatisfied	3	2883	29.3
	Very dissatisfied	4	384	3.9
	N Missing		1305	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q93d In general, are you satisfied with what you have achieved in your life so far in the areas of: Family relationships	Very satisfied	1	4086	37.5
	Satisfied	2	5527	50.8
	Dissatisfied	3	1069	9.8
	Very dissatisfied	4	208	1.9
	N Missing		179	
Q93e In general, are you satisfied with what you have achieved in your life so far in the areas of: Partner/closest personal relationship	Very satisfied	1	4495	41.7
	Satisfied	2	4132	38.3
	Dissatisfied	3	1630	15.1
	Very dissatisfied	4	524	4.9
	N Missing		291	
Q93f In general, are you satisfied with what you have achieved in your life so far in the areas of: Friendships	Very satisfied	1	3444	31.6
	Satisfied	2	6490	59.5
	Dissatisfied	3	873	8.0
	Very dissatisfied	4	107	1.0
	N Missing		143	
Q93g In general, are you satisfied with what you have achieved in your life so far in the areas of: Social activities	Very satisfied	1	1956	18.0
	Satisfied	2	7002	64.6
	Dissatisfied	3	1687	15.6
	Very dissatisfied	4	200	1.8
	N Missing		222	
Q69atotmin	Mean		167.59	
	Std Error		3.43	
	N		3793	
	N Missing		7433	
Q69btotmin	Mean		61.26	
	Std Error		2.84	
	N		2861	
	N Missing		8365	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q69ctotmin	Mean		43.69	
	Std Error		2.92	
	N		2716	
	N Missing		8510	
Q69dtotmin	Mean		189.87	
	Std Error		5.78	
	N		3230	
	N Missing		7996	
Q70atotm	Mean			
	Std Error			
	N		0	
	N Missing		11226	
Q70am	Mean			
	Std Error			
	N		0	
	N Missing		11226	
Q70btotm	Mean			
	Std Error			
	N		0	
	N Missing		11226	
Q70bm	Mean			
	Std Error			
	N		0	
	N Missing		11226	
Q70atotmin	Mean			
	Std Error			
	N		0	
	N Missing		11226	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70btotmin	Mean			
	Std Error			
	N		0	
	N Missing		11226	
Age at time survey returned	Mean		52.53	
	Std Error		0.01	
	N		11221	
	N Missing		5	
PF - Physical Functioning Subscale	Mean		81.99	
	Std Error		0.19	
	N		11111	
	N Missing		115	
RP - Role Physical Scale	Mean		76.22	
	Std Error		0.34	
	N		11142	
	N Missing		84	
BP - Bodily Pain Subscale	Mean		69.73	
	Std Error		0.22	
	N		11202	
	N Missing		24	
GH - General Health Subscale	Mean		71.26	
	Std Error		0.20	
	N		10889	
	N Missing		337	
VT - Vitality Index Scale	Mean		57.36	
	Std Error		0.21	
	N		11148	
	N Missing		78	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
SF - Social Functioning Scale				
	Mean		82.34	
	Std Error		0.22	
	N		11205	
	N Missing		21	
RE - Role Emotional Scale				
	Mean		80.72	
	Std Error		0.32	
	N		11140	
	N Missing		86	
MH - Mental Health Subscale				
	Mean		73.31	
	Std Error		0.17	
	N		11148	
	N Missing		78	
PCSWHA - Physical health summary score - standardised to the WHA population				
	Mean		48.42	
	Std Error		0.10	
	N		10729	
	N Missing		497	
MCSWHA - Mental health summary score - standardised to the WHA population				
	Mean		51.25	
	Std Error		0.09	
	N		10729	
	N Missing		497	
Smoking status - smokst				
	Never-smoker	1	6738	61.2
	Ex-smoker	2	2689	24.4
	Smoker <10 c/d	3	512	4.7
	Smoker 10-19 c/d	4	469	4.3
	Smoker >= 20 c/d	5	574	5.2
	Smoker indeterminate	6	19	0.2
	N Missing		47	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Exercise Status Grouped	Nil/sedentary	1	1850	17.6
	Low	2	3926	37.2
	Moderate	3	2201	20.9
	High	4	2563	24.3
	N Missing		532	
Life satisfaction score	Mean		3.04	
	Std Error		0.00	
	N		11050	
	N Missing		176	
CES-D10	Mean		6.15	
	Std Error		0.05	
	N		10719	
	N Missing		507	
The 6-item sum is referred to as the Revised Life Orientation Test (LOT-R) score. Higher scores indicate a more optimistic outlook.	Mean		15.65	
	Std Error		0.04	
	N		11061	
	N Missing		165	
o2nhsfty	2	2	58	0.5
	3	3	118	1.1
	4	4	349	3.2
	5	5	658	6.1
	6	6	1961	18.1
	7	7	2017	18.6
	8	8	4100	37.8
	9	9	964	8.9
	10	10	626	5.8
	N Missing		226	
o2nhstsf	Mean		25.24	
	Std Error		0.04	
	N		11080	
	N Missing		146	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Proportion of Life events 0 to 1	Mean		0.08	
	Std Error		0.00	
	N		11156	
	N Missing		70	
Mean of Multi-item summed score for perceived stress. From 0 to 4. Higher values means more stressed.	Mean		0.61	
	Std Error		0.00	
	N		11167	
	N Missing		59	
Age group at time of selection - 1st April 1996	Mid	2	11053	100.0
Type of survey completed (full or short phone). Note: useful variable indicating response when merging data sets across waves.	Full survey	1	11045	99.9
	Short phone survey	2	7	0.1
State participant resides in at the completion of each survey	NSW	1	3278	29.7
	Vic	2	2725	24.7
	Qld	3	2131	19.3
	SA	4	1052	9.5
	WA	5	1158	10.5
	Tas	6	340	3.1
	NT	7	115	1.0
	ACT	8	252	2.3
	Overseas	9	1	0.0
Accessibility/remoteness Index of Australia ARIA	Mean		0.74	
	Std Error		0.01	
	N		11177	
	N Missing		49	
ALSWH metmin exercise groups	1	1	1961	18.0
	2	2	3557	32.7
	3	3	2374	21.8
	4	4	2989	27.5
	N Missing		175	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Labour Force Participation	not in labour force	0	2348	21.4
	labour force employed	1	8476	77.1
	labour force unemployed	2	163	1.5
	N Missing		72	
Payment for work	Employed, not paid	0	971	8.8
	Employed, paid	1	7505	68.3
	not in labour force/unemployed	2	2511	22.9
	N Missing		72	
Hours worked	Mean		4.29	
	Std Error		0.02	
	N		11154	
	N Missing		72	
Categories based on Hours worked (hrs)	Not in Lab Force/Unemployed	0	2511	22.9
	Part time	1	3863	35.2
	Full time	2	4612	42.0
	N Missing		72	
Life Control Scale	Mean		19.44	
	Std Error		0.05	
	N		11119	
	N Missing		107	
Mean value of MOS scale values for Positive Social Interaction, 1 to 5	Mean		3.79	
	Std Error		0.01	
	N		11044	
	N Missing		182	
Grouped Mean value of MOS scale values for Positive Social Interaction, 1 to 5. Higher scores for subscales and the index indicate more social support.	All the time	1	5056	46.5
	Most	2	2949	27.1
	Some	3	1851	17.0
	None/little	4	1008	9.3
	N Missing		182	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
PCS_ABS - Physical health summary score - standardised against the entire Australian adult population	Mean		48.77	
	Std Error		0.09	
	N		10729	
	N Missing		497	
MCS_ABS - Mental health summary score - standardised against the entire Australian adult population	Mean		48.32	
	Std Error		0.11	
	N		10729	
	N Missing		497	
PCS_US - Physical health summary score - standardised against the entire US adult population	Mean		48.30	
	Std Error		0.09	
	N		10729	
	N Missing		497	
MCS_US - Mental health summary score - standardised against the entire US adult population	Mean		49.63	
	Std Error		0.10	
	N		10729	
	N Missing		497	
ARIA+ Grouped into categories	Major cities of Australia	1	7029	63.8
	Inner regional Australia	2	2588	23.5
	Outer regional Australia	3	1185	10.8
	Remote Australia	4	163	1.5
	Very Remote Australia	5	42	0.4
	Overseas	6	2	0.0
	N Missing		69	
BMI classification	Underweight, BMI < 18.5	1	162	1.6
	Healthy weight, 18.5 <= BMI < 25	2	4551	44.0
	Overweight, 25 <= BMI < 30	3	3306	31.9
	Obese, 30 <= BMI	4	2330	22.5
	N Missing		742	

ALSWH Data book for the third survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
How much do you weigh without clothes or shoes?	Mean		70.65	
	Std Error		0.15	
	N		10503	
	N Missing		723	
How tall are you without shoes?	Mean		162.75	
	Std Error		0.06	
	N		11188	
	N Missing		38	
Body Mass Index (BMI)	Mean		26.66	
	Std Error		0.05	
	N		10477	
	N Missing		749	
Menopausal Status (New in 2008)	Hysterectomy only	1	2091	18.9
	Oophorectomy only	2	85	0.8
	Hysterectomy and oophorectomy	3	915	8.3
	HRT use	4	1905	17.2
	OCP use	5	234	2.1
	Pre-menopausal	6	1007	9.1
	Peri-menopausal	7	1985	18.0
	Post-menopausal	8	2741	24.8
	Unclassifiable	9	84	0.8
	N Missing		3	
Menopausal Status Grouped (New in 2008)	Surgical menopause	1	3091	28.2
	HRT use	2	1905	17.4
	OCP use	3	234	2.1
	Pre-menopausal	4	1007	9.2
	Peri-menopausal	5	1985	18.1
	Post-menopausal	6	2741	25.0
	N Missing		79	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Age at time of survey returned in years	Mean		52.08	
	Std Error		0.01	
	N		11221	
	N Missing		5	
Raw value of m3q46kg	Mean		71.25	
	Std Error		0.17	
	N		8333	
	N Missing		2893	
Raw value of m3q46st	Mean		10.49	
	Std Error		0.05	
	N		2391	
	N Missing		8835	
Raw value of m3q46lb	Mean		3.63	
	Std Error		0.09	
	N		2392	
	N Missing		8834	
Raw value of m3q46cm	Mean		162.43	
	Std Error		0.21	
	N		2876	
	N Missing		8350	
Raw value of m3q46ft	Mean		4.98	
	Std Error		0.00	
	N		7898	
	N Missing		3328	
Raw value of m3q46in	Mean		4.54	
	Std Error		0.05	
	N		7937	
	N Missing		3289	