

women's
health
a u s t r a l i a

the australian longitudinal
study on women's health

data book

*for the fourth survey of the 1946-51 cohort
2004 (when they were aged 53-58 years)*

december 2005

Data book for the fourth survey of the 1946-1951 cohort (aged 53-58 years)

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Notes

During 2004 and 2005, 10,905 valid surveys were returned by members of the ALSWH 1946-51 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (<http://www.alwsh.org.au/>). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

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ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q1 In general, would you say your health is:				
	Excellent	1	1227	11.5
	Very good	2	3870	36.4
	Good	3	4091	38.5
	Fair	4	1294	12.2
	Poor	5	154	1.5
	N Missing		73	
Q2 Compared to one year ago, how would you rate your health in general now				
	Much better	1	784	7.4
	Somewhat better	2	1487	14.0
	About the same	3	6991	65.7
	Somewhat worse	4	1282	12.1
	Much worse	5	94	0.9
	N Missing		72	
Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports				
	Limited a lot	1	3680	35.1
	Limited a little	2	4945	47.2
	Not limited	3	1848	17.6
	N Missing		242	
Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf				
	Limited a lot	1	632	6.0
	Limited a little	2	2596	24.5
	Not limited	3	7357	69.5
	N Missing		119	
Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries				
	Limited a lot	1	479	4.5
	Limited a little	2	2299	21.8
	Not limited	3	7759	73.6
	N Missing		184	
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs				
	Limited a lot	1	1175	11.2
	Limited a little	2	3746	35.7
	Not limited	3	5574	53.1
	N Missing		217	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q3e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	1	324	3.1
	Limited a little	2	1466	13.9
	Not limited	3	8727	83.0
	N Missing		192	
Q3f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	1	992	9.4
	Limited a little	2	3994	38.0
	Not limited	3	5528	52.6
	N Missing		201	
Q3g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	1	807	7.7
	Limited a little	2	1948	18.5
	Not limited	3	7792	73.9
	N Missing		172	
Q3h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre	Limited a lot	1	424	4.0
	Limited a little	2	975	9.2
	Not limited	3	9155	86.7
	N Missing		159	
Q3i The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres	Limited a lot	1	199	1.9
	Limited a little	2	573	5.4
	Not limited	3	9775	92.7
	N Missing		155	
Q3j The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	1	153	1.4
	Limited a little	2	417	3.9
	Not limited	3	10004	94.6
	N Missing		138	
Q4a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities	Yes	1	1805	16.9
	No	2	8869	83.1
	N Missing		51	
Q4b During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like	Yes	1	3280	30.9
	No	2	7332	69.1
	N Missing		108	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities	Yes	1	2438	23.0
	No	2	8172	77.0
	N Missing		114	
Q4d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	Yes	1	2745	25.8
	No	2	7899	74.2
	N Missing		84	
Q5a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities	Yes	1	1594	15.0
	No	2	9066	85.0
	N Missing		69	
Q5b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like	Yes	1	2622	24.7
	No	2	7996	75.3
	N Missing		103	
Q5c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual	Yes	1	1828	17.2
	No	2	8796	82.8
	N Missing		105	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	1	6372	59.6
	Slightly	2	2378	22.2
	Moderately	3	1043	9.8
	Quite a bit	4	742	6.9
	Extremely	5	160	1.5
	N Missing		29	
Q7 How much bodily pain have you had during the past four weeks?	No bodily pain	1	1917	17.9
	Very mild	2	3463	32.4
	Mild	3	2083	19.5
	Moderate	4	2361	22.1
	Severe	5	753	7.0
	Very severe	6	111	1.0
	N Missing		34	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q8 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	Not at all	1	5444	50.9
	A little bit	2	3088	28.9
	Moderately	3	1267	11.9
	Quite a bit	4	744	7.0
	Extremely	5	150	1.4
	N Missing		25	
	Q9a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	439
Most of the time		2	3821	36.0
Bit of the time		3	2375	22.4
Some of the time		4	2203	20.8
Little of the time		5	1134	10.7
None of the time		6	640	6.0
N Missing			94	
Q9b For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person	All the time	1	128	1.2
	Most of the time	2	244	2.3
	Bit of the time	3	430	4.1
	Some of the time	4	1475	13.9
	Little of the time	5	3196	30.2
	None of the time	6	5102	48.2
	N Missing		149	
Q9c For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up	All the time	1	81	0.8
	Most of the time	2	171	1.6
	Bit of the time	3	309	2.9
	Some of the time	4	1042	9.8
	Little of the time	5	2133	20.1
	None of the time	6	6896	64.9
	N Missing		84	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt calm and peaceful	All the time	1	479	4.5
	Most of the time	2	3896	36.8
	Bit of the time	3	2002	18.9
	Some of the time	4	2313	21.9
	Little of the time	5	1370	12.9
	None of the time	6	524	4.9
	N Missing		140	
Q9e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you have a lot of energy	All the time	1	311	3.0
	Most of the time	2	3147	29.9
	Bit of the time	3	2387	22.7
	Some of the time	4	2488	23.7
	Little of the time	5	1364	13.0
	None of the time	6	820	7.8
	N Missing		213	
Q9f For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt down	All the time	1	108	1.0
	Most of the time	2	301	2.8
	Bit of the time	3	543	5.1
	Some of the time	4	2077	19.6
	Little of the time	5	4400	41.5
	None of the time	6	3175	29.9
	N Missing		126	
Q9g For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel worn out	All the time	1	262	2.5
	Most of the time	2	614	5.8
	Bit of the time	3	1266	11.9
	Some of the time	4	2785	26.3
	Little of the time	5	4186	39.5
	None of the time	6	1492	14.1
	N Missing		120	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a happy person	All the time	1	1028	9.7
	Most of the time	2	5352	50.3
	Bit of the time	3	1766	16.6
	Some of the time	4	1653	15.5
	Little of the time	5	654	6.2
	None of the time	6	177	1.7
	N Missing		95	
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel tired	All the time	1	525	4.9
	Most of the time	2	1026	9.6
	Bit of the time	3	1714	16.1
	Some of the time	4	3546	33.3
	Little of the time	5	3482	32.7
	None of the time	6	362	3.4
	N Missing		68	
Q10 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?	All the time	1	167	1.6
	Most of the time	2	493	4.6
	Some of the time	3	1566	14.7
	Little of the time	4	2150	20.1
	None of the time	5	6308	59.0
	N Missing		30	
Q11a How true or false is each of the following statements for you? I seem to get sick a little easier than other people	Definitely true	1	174	1.7
	Mostly true	2	508	4.9
	Don't know	3	879	8.4
	Mostly false	4	2013	19.2
	Definitely false	5	6883	65.8
	N Missing		260	
Q11b How true or false is each of the following statements for you? I am as healthy as anybody I know	Definitely true	1	3393	32.3
	Mostly true	2	4501	42.9
	Don't know	3	1184	11.3
	Mostly false	4	891	8.5
	Definitely false	5	530	5.0
	N Missing		222	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q11c How true or false is each of the following statements for you? I expect my health to get worse	Definitely true	1	429	4.1
	Mostly true	2	1428	13.7
	Don't know	3	3679	35.2
	Mostly false	4	1915	18.3
	Definitely false	5	2990	28.6
	N Missing			276
Q11d How true or false is each of the following statements for you? My health is excellent	Definitely true	1	1980	18.8
	Mostly true	2	5697	54.2
	Don't know	3	580	5.5
	Mostly false	4	1224	11.6
	Definitely false	5	1026	9.8
	N Missing			224
Q12a How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitioner (GP)	None	0	721	6.8
	Once or twice	1	3492	32.8
	3 or 4 times	2	3221	30.2
	5 or 6 times	3	1699	15.9
	7 to 12 times	4	976	9.2
	13 to 24 times	5	402	3.8
	25 or more times	6	142	1.3
	N Missing			61
Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty)	None	0	8883	85.2
	Once or twice	1	1184	11.4
	3 or 4 times	2	217	2.1
	5 or 6 times	3	77	0.7
	7 to 12 times	4	48	0.5
	13 to 24 times	5	9	0.1
	25 or more times	6	7	0.1
	N Missing			299

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q12c How many times have you consulted the following people for your own health in the last twelve months? A specialist doctor	None	0	5542	52.1
	Once or twice	1	3276	30.8
	3 or 4 times	2	1113	10.5
	5 or 6 times	3	406	3.8
	7 to 12 times	4	208	2.0
	13 to 24 times	5	55	0.5
	25 or more times	6	38	0.4
	N Missing			86
Q13a Have you consulted the following people for your own health in the last 12 months? A dentist	No	0	3865	36.2
	Yes	1	6810	63.8
	N Missing			51
Q13b Have you consulted the following people for your own health in the last 12 months? A physiotherapist	No	0	8576	80.3
	Yes	1	2098	19.7
	N Missing			51
Q13c Have you consulted the following people for your own health in the last twelve months? Counsellor/ Psychologist/ Social Worker	No	0	9913	92.9
	Yes	1	762	7.1
	N Missing			51
Q13d Have you consulted the following people for your own health in the last twelve months? Pharmacist	No	0	4799	45.0
	Yes	1	5875	55.0
	N Missing			51
Q13e Have you consulted the following people for your own health in the last 12 months? An optician	No	0	5502	51.5
	Yes	1	5172	48.5
	N Missing			51
Q13f Have you consulted the following people for your own health in the last twelve months? Dietitian	No	0	10168	95.3
	Yes	1	506	4.7
	N Missing			51
Q13g Have you consulted the following people for your own health in the last twelve months? Naturopath/ Herbalist	No	0	9576	89.7
	Yes	1	1099	10.3
	N Missing			51

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13h Have you consulted the following people for your own health in the last twelve months? Acupuncturist	No	0	10168	95.3
	Yes	1	507	4.7
	N Missing		51	
Q13i Have you consulted the following people for your own health in the last twelve months? Podiatrist	No	0	9258	86.7
	Yes	1	1416	13.3
	N Missing		51	
Q13j Have you consulted the following people for your own health in the last twelve months? Chiropractor	No	0	9181	86.0
	Yes	1	1493	14.0
	N Missing		51	
Q13k Have you consulted the following people for your own health in the last twelve months? Osteopath	No	0	10329	96.8
	Yes	1	345	3.2
	N Missing		51	
Q13l Have you consulted the following people for your own health in the last twelve months? Massage therapist	No	0	8552	80.1
	Yes	1	2122	19.9
	N Missing		51	
Q13m Have you consulted the following people for your own health in the last twelve months? Other alternative health practitioner	No	0	10134	94.9
	Yes	1	540	5.1
	N Missing		51	
Q13n Have you consulted the following people for your own health in the last 12 months? None of these people	At least one of these	0	9974	93.4
	None of these	1	700	6.6
	N Missing		51	
Q14a When you go to a General Practitioner: Do you go to the same place	Always	1	7942	74.7
	Most of time	2	2372	22.3
	Sometimes	3	234	2.2
	Rarely/never	4	82	0.8
	N Missing		97	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q14b When you go to a General Practitioner: Do you usually see the same doctor	Always	1	5053	49.2
	Most of time	2	4376	42.6
	Sometimes	3	666	6.5
	Rarely/never	4	168	1.6
	N Missing		461	
Q15 How would you rate the cost of your last visit to a GP?	No cost	1	3005	28.2
	Good	2	2052	19.2
	Fair	3	4345	40.7
	Poor	4	1036	9.7
	Don't know	5	226	2.1
	N Missing		61	
Q16 In the previous 12 months, has your GP talked to you about making lifestyle changes that might improve your health, such as diet, weight management, exercise, alcohol, smoking, etc?	Have not visited GP for 12mths	1	554	5.2
	Yes	2	4426	41.6
	No	3	5574	52.4
	Don't know	4	84	0.8
	N Missing		97	
Q18 Do you have a Health Care Card ? This is a card that entitles you to discounts and assistance with medical expenses. This is not the same as a Medicare card.	Yes	1	2347	22.0
	No	2	8334	78.0
	N Missing		38	
Q19a Do you have private health insurance for hospital cover?	Yes	1	7380	69.3
	No, Vet affairs	2	32	0.3
	No, cannot afford it	3	1909	17.9
	No, not good value	4	789	7.4
	No, don't need it	5	237	2.2
	No, other reason	6	307	2.9
	N Missing		74	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q19b Do you have private health insurance for ancillary services? (eg. dental, physiotherapy)	Yes	1	6399	60.1
	No, Vet affairs	2	37	0.3
	No, cannot afford it	3	2132	20.0
	No, not good value	4	1233	11.6
	No, don't need it	5	381	3.6
	No, services not available	6	10	0.1
	No, other reason	7	463	4.3
	N Missing		67	
Q20a When did you last have: A pap test	In last 2 years	1	6720	63.6
	2 to 5 years	2	1547	14.6
	More than 5 yrs	3	1886	17.8
	Never	4	154	1.5
	Don't know	5	263	2.5
	N Missing		159	
Q20b When did you last have: A mammogram	In last 2 years	1	8508	80.8
	2 to 5 years	2	1046	9.9
	More than 5 yrs	3	372	3.5
	Never	4	571	5.4
	Don't know	5	28	0.3
	N Missing		209	
Q21a Have you ever had an abnormal result from: A pap test (: Have you ever had an abnormal pap test?)	Yes	1	2455	23.5
	No	2	7872	75.3
	Don't know	3	131	1.2
	N Missing		247	
Q21b Have you ever had an abnormal result from: A mammogram	Yes	1	2237	22.0
	No	2	7717	76.0
	Don't know	3	200	2.0
	N Missing		586	
Q22a In the past three years, have you: Had your breasts examined by a doctor?	No	0	3597	33.6
	Yes	1	7109	66.4
	N Missing		13	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q22b In the past three years, have you: Carried out regular monthly breast self examination?	No	0	5653	52.8
	Yes	1	5053	47.2
	N Missing		13	
Q22c In the past three years, have you: Had your blood pressure checked by a doctor?	No	0	868	8.1
	Yes	1	9838	91.9
	N Missing		13	
Q22d In the past three years, have you: Had your cholesterol checked by a doctor?	No	0	3156	29.5
	Yes	1	7550	70.5
	N Missing		13	
Q22e In the past three years, have you: None of the above	At least one of these	0	10340	96.6
	None of these	1	366	3.4
	N Missing		13	
Q23a Are you currently taking: The oral contraceptive pill?	No	0	10635	99.2
	Yes	1	82	0.8
Q23b Are you currently taking: Hormone replacement therapy (HRT)?	No	0	8295	77.4
	Yes	1	2421	22.6
Q24a Have you: Had a hysterectomy	Yes	1	3017	30.6
	No	2	6831	69.4
	N Missing		843	
Q24b Have you had: A period or menstrual bleeding in the last 12 months	Yes	1	1669	15.8
	No	2	5877	55.7
	Had hysterectomy	8	3005	28.5
	N Missing		180	
Q24c Have you had: A period or menstrual bleeding in the last 3 months	Yes	1	996	9.5
	No	2	6453	61.7
	Had hysterectomy	8	3005	28.7
	N Missing		274	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q25 Compared with 12 months ago, are your periods: (Responses 5-8 not in mid3)	No period 12 months	0	5721	55.1
	Less frequent	1	899	8.7
	Same	2	486	4.7
	More frequent	3	33	0.3
	Changeable	4	241	2.3
	Had hysterectomy	8	3005	28.9
	N Missing		326	
Q26 If you have reached menopause, at what age did your periods completely stop?	Mean		30.29	
	Std Error		0.24	
	N		10344	
	N Missing		561	
Q27a Thinking about your own health care, how would you rate the following: Access to medical specialists if you need them	Excellent	1	3297	31.1
	Very good	2	3394	32.0
	Good	3	2324	21.9
	Fair	4	833	7.9
	Poor	5	384	3.6
	Don't know	6	383	3.6
	N Missing		98	
Q27b Thinking about your own health care, how would you rate the following: Access to a hospital if you need it	Excellent	1	3676	34.8
	Very good	2	3341	31.6
	Good	3	2268	21.5
	Fair	4	664	6.3
	Poor	5	211	2.0
	Don't know	6	409	3.9
	N Missing		140	
Q27c Thinking about your own health care, how would you rate the following: Access to medical care in an emergency	Excellent	1	2889	27.4
	Very good	2	3197	30.3
	Good	3	2350	22.3
	Fair	4	890	8.4
	Poor	5	360	3.4
	Don't know	6	849	8.1
	N Missing		162	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27d Thinking about your own health care, how would you rate the following: Access to after-hours medical care	Excellent	1	1501	14.3
	Very good	2	2185	20.8
	Good	3	2288	21.8
	Fair	4	1765	16.8
	Poor	5	1148	10.9
	Don't know	6	1608	15.3
	N Missing		211	
Q27e Thinking about your own health care, how would you rate the following: Access to a GP who bulk bills	Excellent	1	1827	17.3
	Very good	2	1314	12.4
	Good	3	1155	10.9
	Fair	4	921	8.7
	Poor	5	3287	31.1
	Don't know	6	2050	19.4
	N Missing		163	
Q27f Thinking about your own health care, how would you rate the following: Access to a female GP	Excellent	1	2823	26.7
	Very good	2	2321	22.0
	Good	3	2141	20.3
	Fair	4	1144	10.8
	Poor	5	952	9.0
	Don't know	6	1176	11.1
	N Missing		157	
Q27g Thinking about your own health care, how would you rate the following: Hours when a GP is available	Excellent	1	1236	11.6
	Very good	2	2733	25.7
	Good	3	3523	33.2
	Fair	4	2061	19.4
	Poor	5	705	6.6
	Don't know	6	367	3.5
	N Missing		97	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27h Thinking about your own health care, how would you rate the following: Number of GPs you have to choose from	Excellent	1	1779	16.9
	Very good	2	2812	26.7
	Good	3	3256	30.9
	Fair	4	1495	14.2
	Poor	5	729	6.9
	Don't know	6	476	4.5
	N Missing		160	
Q27i Thinking about your own health care, how would you rate the following: Ease of seeing the GP of your choice	Excellent	1	1856	17.5
	Very good	2	2815	26.6
	Good	3	3055	28.8
	Fair	4	1815	17.1
	Poor	5	885	8.3
	Don't know	6	177	1.7
	N Missing		114	
Q27j Thinking about your own health care, how would you rate the following: How long you wait to get a GP appointment	Excellent	1	1300	12.3
	Very good	2	2894	27.3
	Good	3	3192	30.1
	Fair	4	2174	20.5
	Poor	5	886	8.4
	Don't know	6	155	1.5
	N Missing		109	
Q27k Thinking about your own health care, how would you rate the following: The outcomes of your medical care (how much you are helped)	Excellent	1	2019	19.4
	Very good	2	3652	35.0
	Good	3	3311	31.8
	Fair	4	1050	10.1
	Poor	5	175	1.7
	Don't know	6	213	2.0
	N Missing		302	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27l Thinking about your own health care, how would you rate the following: Ease of obtaining a mammogram	Excellent	1	4211	39.8
	Very good	2	3356	31.7
	Good	3	1919	18.1
	Fair	4	419	4.0
	Poor	5	120	1.1
	Don't know	6	553	5.2
	N Missing			129
Q27m Thinking about your own health care, how would you rate the following: Ease of obtaining a Pap test	Excellent	1	3702	35.9
	Very good	2	3146	30.5
	Good	3	1900	18.4
	Fair	4	276	2.7
	Poor	5	70	0.7
	Don't know	6	1214	11.8
	N Missing			415
Q27n Thinking about your own health care, how would you rate the following: Availability of medical information or advice by phone	Excellent	1	1040	9.8
	Very good	2	1743	16.5
	Good	3	1902	18.0
	Fair	4	1256	11.9
	Poor	5	1065	10.1
	Don't know	6	3557	33.7
	N Missing			149
Q27o Thinking about your own health care, how would you rate the following: Services available for getting doctor's prescriptions filled	Excellent	1	4233	39.9
	Very good	2	3291	31.0
	Good	3	2048	19.3
	Fair	4	438	4.1
	Poor	5	165	1.6
	Don't know	6	448	4.2
	N Missing			82

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27p Thinking about your own health care, how would you rate the following: Access to a counselling service if you need it	Excellent	1	1096	10.4
	Very good	2	1492	14.2
	Good	3	1615	15.3
	Fair	4	645	6.1
	Poor	5	339	3.2
	Don't know	6	5351	50.8
	N Missing		169	
Q27q Thinking about your own health care, how would you rate the following: Access to a Women's Health Centre or a Family Planning Centre	Excellent	1	833	7.9
	Very good	2	1143	10.8
	Good	3	1383	13.1
	Fair	4	587	5.6
	Poor	5	440	4.2
	Don't know	6	6165	58.4
	N Missing		162	
Q27r Thinking about your own health care, how would you rate the following: Access to advice from health professionals about lifestyle changes	Excellent	1	987	9.3
	Very good	2	1564	14.8
	Good	3	1883	17.8
	Fair	4	764	7.2
	Poor	5	374	3.5
	Don't know	6	5008	47.3
	N Missing		123	
Q28na Never given birth	Given birth	0	9737	90.9
	Never given birth	1	979	9.1
Q29Aa During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For nerves/anxiety/worries	No	0	9611	91.1
	Yes	1	942	8.9
	N Missing		154	
Q29Ab During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For stress (difficulty coping)	No	0	9965	94.4
	Yes	1	588	5.6
	N Missing		154	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29Ac During the past four weeks have you taken any medications: Recommended or prescribed by a doctor To help you sleep	No	0	9509	90.1
	Yes	1	1044	9.9
	N Missing		154	
Q29Ad During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For tiredness/fatigue	No	0	10332	97.9
	Yes	1	221	2.1
	N Missing		154	
Q29Ae During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For depression	No	0	9611	91.1
	Yes	1	942	8.9
	N Missing		154	
Q29Af During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For menopausal symptoms	No	0	8881	84.2
	Yes	1	1672	15.8
	N Missing		154	
Q29Ag During the last 4 weeks, have you used any medications that were prescribed or recommended by a doctor : For high blood pressure (hypertension)	No	0	8339	79.0
	Yes	1	2214	21.0
	N Missing		154	
Q29Ah During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For high cholesterol	No	0	9243	87.6
	Yes	1	1310	12.4
	N Missing		154	
Q29Ai During the last 4 weeks, have you used any medications that were prescribed or recommended by a doctor : For heart problems	No	0	10211	96.8
	Yes	1	342	3.2
	N Missing		154	
Q29Aj During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For arthritis	No	0	9056	85.8
	Yes	1	1497	14.2
	N Missing		154	
Q29Ak During the past four weeks, have you taken any medications: Recommended or prescribed by a doctor For diabetes or blood sugar	No	0	10175	96.4
	Yes	1	378	3.6
	N Missing		154	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29AI During the past four weeks, have you taken any medications: Recommended or prescribed by a doctor For asthma	No	0	9703	91.9
	Yes	1	850	8.1
	N Missing		154	
Q29Am During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For digestive/bowel problems	No	0	9589	90.9
	Yes	1	964	9.1
	N Missing		154	
Q29An During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For skin problems (eg allergy or eczema)	No	0	9881	93.6
	Yes	1	672	6.4
	N Missing		154	
Q29Ao During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For headache	No	0	9095	86.2
	Yes	1	1458	13.8
	N Missing		154	
Q29Ap During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For backache	No	0	9438	89.4
	Yes	1	1115	10.6
	N Missing		154	
Q29Aq During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For other pain	No	0	9406	89.1
	Yes	1	1147	10.9
	N Missing		154	
Q29Ar During the past four weeks have you taken any medications: Recommended or prescribed by a doctor For any chronic (long-term) illness or condition (eg hypertension)	No	0	9201	87.2
	Yes	1	1352	12.8
	N Missing		154	
Q29As During the past four weeks, have you taken any medications: Recommended or prescribed by a doctor None of these	At least one of these	0	9215	87.3
	None of these	1	1338	12.7
	N Missing		154	
Q29Ba During the past four weeks have you taken any medications: Any other medication For nerves/anxiety/worries	No	0	10182	96.5
	Yes	1	371	3.5
	N Missing		154	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29Bb During the past four weeks have you taken any medications: Any other medication For stress (difficulty coping)	No	0	10256	97.2
	Yes	1	297	2.8
	N Missing		154	
Q29Bc During the past four weeks have you taken any medications: Any other medication To help you sleep	No	0	9776	92.6
	Yes	1	777	7.4
	N Missing		154	
Q29Bd During the past four weeks have you taken any medications: Any other medication For tiredness/fatigue	No	0	10125	95.9
	Yes	1	428	4.1
	N Missing		154	
Q29Be During the past four weeks have you taken any medications: Any other medication For depression	No	0	10437	98.9
	Yes	1	116	1.1
	N Missing		154	
Q29Bf During the past four weeks have you taken any medications: Any other medication For menopausal symptoms	No	0	9874	93.6
	Yes	1	679	6.4
	N Missing		154	
Q29Bg During the past four weeks, have you taken any medications: Any other medication For high blood pressure	No	0	10487	99.4
	Yes	1	65	0.6
	N Missing		154	
Q29Bh During the past four weeks have you taken any medications: Any other medication For high cholesterol	No	0	10442	99.0
	Yes	1	111	1.0
	N Missing		154	
Q29Bi During the past four weeks, have you taken any medications: Any other medication For heart problems	No	0	10486	99.4
	Yes	1	67	0.6
	N Missing		154	
Q29Bj During the past four weeks have you taken any medications: Any other medication For arthritis	No	0	9776	92.6
	Yes	1	777	7.4
	N Missing		154	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q29Bk During the past four weeks, have you taken any medications: Any other medication For diabetes or blood sugar	No	0	10475	99.3
	Yes	1	78	0.7
	N Missing		154	
Q29BI During the past four weeks, have you taken any medications: Any other medication For asthma	No	0	10466	99.2
	Yes	1	87	0.8
	N Missing		154	
Q29Bm During the past four weeks have you taken any medications: Any other medication For digestive/bowel problems)	No	0	9768	92.6
	Yes	1	784	7.4
	N Missing		154	
Q29Bn During the past four weeks have you taken any medications: Any other medication For skin problems (eg allergy or eczema)	No	0	10274	97.4
	Yes	1	278	2.6
	N Missing		154	
Q29Bo During the past four weeks have you taken any medications: Any other medication For headache	No	0	6879	65.2
	Yes	1	3674	34.8
	N Missing		154	
Q29Bp During the past four weeks have you taken any medications: Any other medication For backache	No	0	9411	89.2
	Yes	1	1142	10.8
	N Missing		154	
Q29Bq During the past four weeks have you taken any medications: Any other medication For other pain	No	0	9367	88.8
	Yes	1	1186	11.2
	N Missing		154	
Q29Br During the past four weeks have you taken any medications: Any other medication For any chronic (long-term) illness or condition (eg hypertension)	No	0	10376	98.3
	Yes	1	176	1.7
	N Missing		154	
Q29Bs During the past four weeks, have you taken any medications: Any other medication None of these	At least one of these	0	9737	92.3
	None of these	1	816	7.7
	N Missing		154	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30 During the past four weeks, how many different types of vitamin, mineral or herbal products or supplements have you taken?	None	0	4540	42.7
	One	1	2351	22.1
	Two or three	2	2443	23.0
	Four or more	3	1289	12.1
	N Missing		90	
Q31a In the last 12 months, have you: Slipped, tripped, or stumbled (not including falls to the ground)?	No	0	7227	69.1
	Yes	1	3230	30.9
	N Missing		264	
Q31b In the last 12 months, have you: Had a fall to the ground (does not include stumbles/trips)?	No	0	8498	81.3
	Yes	1	1960	18.7
	N Missing		264	
Q31c In the last 12 months, have you: Been injured as a result of a fall?	No	0	9375	89.6
	Yes	1	1082	10.4
	N Missing		264	
Q31d In the last 12 months, have you: Needed to seek medical attention (eg. Doctor, hospital) for an injury from a fall?	No	0	9719	92.9
	Yes	1	738	7.1
	N Missing		264	
Q31e In the last 12 months, have you: Had any other injury from an accident at your home? (eg. burns, cuts, bruises)	No	0	10001	95.6
	Yes	1	457	4.4
	N Missing		264	
Q31f In the last 12 months, have you: Broken or fractured any bone/s?	No	0	10113	96.7
	Yes	1	344	3.3
	N Missing		264	
Q31g In the last 12 months, have you: None of these accidents	At least one of these	0	3948	37.8
	None of these	1	6509	62.2
	N Missing		264	
Q32a In the past three years, have you been diagnosed or treated for: Arthritis/rheumatism	No	0	7735	74.1
	Yes	1	2698	25.9
	N Missing		287	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32b In the last 3 years have you been diagnosed with or treated for: Diabetes (high blood sugar)	No	0	9950	95.4
	Yes	1	483	4.6
	N Missing		287	
Q32c In the past three years, have you been diagnosed or treated for: Impaired glucose tolerance	No	0	10254	98.3
	Yes	1	179	1.7
	N Missing		287	
Q32d In the past three years, have you been diagnosed or treated for: Heart disease (including heart attack, angina)	No	0	10138	97.2
	Yes	1	295	2.8
	N Missing		287	
Q32e In the past three years, have you been diagnosed or treated for: High blood pressure (hypertension)	No	0	8368	80.2
	Yes	1	2065	19.8
	N Missing		287	
Q32f In the past three years, have you been diagnosed or treated for: Stroke	No	0	10378	99.5
	Yes	1	55	0.5
	N Missing		287	
Q32g In the past three years, have you been diagnosed or treated for: Thrombosis (a blood clot)	No	0	10294	98.7
	Yes	1	139	1.3
	N Missing		287	
Q32h In the past three years, have you been diagnosed or treated for: Low iron level (iron deficiency or anaemia)	No	0	9651	92.5
	Yes	1	782	7.5
	N Missing		287	
Q32i In the past three years, have you been diagnosed or treated for: Asthma	No	0	9404	90.1
	Yes	1	1029	9.9
	N Missing		287	
Q32j In the past three years, have you been diagnosed or treated for: Bronchitis/emphysema	No	0	9894	94.8
	Yes	1	539	5.2
	N Missing		287	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32k In the past three years, have you been diagnosed or treated for: Osteoporosis	No	0	9838	94.3
	Yes	1	595	5.7
	N Missing		287	
Q32l In the past three years, have you been diagnosed or treated for: Breast cancer	No	0	10216	97.9
	Yes	1	217	2.1
	N Missing		287	
Q32m In the past three years, have you been diagnosed or treated for: Cervical cancer	No	0	10397	99.7
	Yes	1	36	0.3
	N Missing		287	
Q32n In the past three years, have you been diagnosed or treated for: Bowel cancer	No	0	10403	99.7
	Yes	1	30	0.3
	N Missing		287	
Q32o In the last 3 years have you been diagnosed with or treated for: Skin cancer	No	0	9382	89.9
	Yes	1	1051	10.1
	N Missing		287	
Q32p In the past three years, have you been diagnosed or treated for: Other cancer	No	0	10339	99.1
	Yes	1	94	0.9
	N Missing		287	
Q32q In the past three years, have you been diagnosed or treated for: Depression	No	0	9073	87.0
	Yes	1	1360	13.0
	N Missing		287	
Q32r In the past three years, have you been diagnosed or treated for: Anxiety/nervous disorder	No	0	9600	92.0
	Yes	1	833	8.0
	N Missing		287	
Q32s In the past three years, have you been diagnosed or treated for: Other psychiatric disorder	No	0	10358	99.3
	Yes	1	75	0.7
	N Missing		287	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32t In the past three years, have you been diagnosed or treated for: Chronic Fatigue Syndrome	No	0	10299	98.7
	Yes	1	134	1.3
	N Missing		287	
Q32u In the past three years, have you been diagnosed or treated for: Sexually transmitted infection (eg genital herpes or warts, chlamydia)	No	0	10345	99.2
	Yes	1	88	0.8
	N Missing		287	
Q32v In the past three years, have you been diagnosed or treated for: Other major illness or disability (please specify on line)	No	0	9414	90.2
	Yes	1	1019	9.8
	N Missing		287	
Q32w In the past three years, have you been diagnosed or treated for: None of these conditions	At least one of these	0	7021	67.3
	None of these	1	3412	32.7
	N Missing		287	
Q33a Do you have any of these sleeping problems? Waking up in the early hours of the morning	No	0	5128	48.6
	Yes	1	5417	51.4
	N Missing		181	
Q33b Do you have any of these sleeping problems? Lying awake for most of the night	No	0	9149	86.8
	Yes	1	1396	13.2
	N Missing		181	
Q33c Do you have any of these sleeping problems? Taking a long time to get to sleep	No	0	7772	73.7
	Yes	1	2773	26.3
	N Missing		181	
Q33d Do you have any of these sleeping problems? Worry keeping you awake at night	No	0	8502	80.6
	Yes	1	2043	19.4
	N Missing		181	
Q33e Do you have any of these sleeping problems? Sleeping badly at night	No	0	6812	64.6
	Yes	1	3732	35.4
	N Missing		181	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q33f Do you have any of these sleeping problems? None of these problems	At least one of these	0	7651	72.6
	None of these	1	2894	27.4
	N Missing		181	
Q34 During the past month, how often have you had trouble staying awake whilst driving, eating meals or engaging in social activity?	Never	1	7953	74.8
	Not in past month	2	1203	11.3
	<1 week	3	929	8.7
	1 or 2 a week	4	415	3.9
	3+ a week	5	136	1.3
	N Missing		100	
Q35a Have you had any of the following operations or procedures? Yes, in the last 3 years Hysterectomy	No	0	10030	96.9
	Yes	1	326	3.1
	N Missing		379	
Q35b Have you had any of the following operations or procedures? Yes, in the last 3 years Both ovaries removed	No	0	10183	98.3
	Yes	1	173	1.7
	N Missing		379	
Q35c Have you had any of the following operations or procedures? Yes, in the last 3 years Repair of prolapsed vagina, bladder or bowel	No	0	10091	97.4
	Yes	1	265	2.6
	N Missing		379	
Q35d In the past three years, have you had any of the following operations? Endometrial ablation (removal of the lining of the uterus)	No	0	10215	98.6
	Yes	1	141	1.4
	N Missing		379	
Q35e In the past three years, have you had any of the following operations or procedures? Joint replacement (eg hip, knee)	No	0	10246	98.9
	Yes	1	110	1.1
	N Missing		379	
Q35f In the past three years, have you had any of the following operations? Mastectomy (removal of one or both breasts)	No	0	10306	99.5
	Yes	1	50	0.5
	N Missing		379	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q35g In the past three years, have you had any of the following operations? Lumpectomy (removal of lump from breast)	No	0	10174	98.2
	Yes	1	182	1.8
	N Missing		379	
Q35h In the past three years, have you had any of the following operations or procedures? Removal of skin cancer	No	0	8990	86.8
	Yes	1	1366	13.2
	N Missing		379	
Q35i In the past three years, have you had any of the following operations or procedures? Any cancer surgery (other than skin or breast)	No	0	10270	99.2
	Yes	1	86	0.8
	N Missing		379	
Q35j In the past three years, have you had any of the following operations or procedures? Chemotherapy or radiotherapy for any cancer	No	0	10198	98.5
	Yes	1	158	1.5
	N Missing		379	
Q35k In the past three years, have you had any of the following operations? Breast biopsy (taking sample of breast tissue)	No	0	9938	96.0
	Yes	1	418	4.0
	N Missing		379	
Q35l In the past three years, have you had any of the following operations or procedures? Hysteroscopy (investigative procedure to examine the uterus)	No	0	10052	97.1
	Yes	1	304	2.9
	N Missing		379	
Q35m Have you had any of the following operations or procedures? Yes, in the last 3 years Cholecystectomy (gall bladder removed)	No	0	10157	98.1
	Yes	1	199	1.9
	N Missing		379	
Q35n Have you had any of the following operations or procedures? Yes, in the last 3 years Endoscopy (gastroscopy, colonoscopy, sigmoidoscopy)	No	0	8888	85.8
	Yes	1	1468	14.2
	N Missing		379	
Q35o Have you had any of the following operations or procedures? Yes, in the last 3 years None of these operations or procedures	At least one of these	0	3754	36.3
	None of these	1	6602	63.7
	N Missing		379	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q36 Have you EVER had a Caesarean birth?	Yes	1	1320	12.4
	No	2	9319	87.6
	N Missing		83	
Q37a Compared with when you were in your twenties, how good are you at: Remembering the name of a person just introduced to you?	Much better	1	115	1.1
	Somewhat better	2	253	2.4
	About same	3	4865	45.5
	somewhat worse	4	4237	39.7
	much worse	5	1214	11.4
	N Missing		33	
Q37b Compared with when you were in your twenties, how good are you at: Recalling telephone numbers or other numbers that you use on a daily or weekly basis?	Much better	1	201	1.9
	Somewhat better	2	406	3.8
	About same	3	6651	62.3
	somewhat worse	4	2756	25.8
	much worse	5	665	6.2
	N Missing		41	
Q37c Compared with when you were in your twenties, how good are you at: Recalling where you put objects (such as keys) in your home?	Much better	1	104	1.0
	Somewhat better	2	238	2.2
	About same	3	5614	52.6
	somewhat worse	4	3934	36.9
	much worse	5	781	7.3
	N Missing		49	
Q37d Compared with when you were in your twenties, how good are you at: Remembering specific facts from a newspaper or magazine article you have just finished reading?	Much better	1	127	1.2
	Somewhat better	2	394	3.7
	About same	3	5910	55.4
	somewhat worse	4	3556	33.3
	much worse	5	683	6.4
	N Missing		45	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37e Compared with when you were in your twenties, how good are you at: Remembering the item(s) you intend to buy when you arrive at the shops?	Much better	1	105	1.0
	Somewhat better	2	297	2.8
	About same	3	5551	52.0
	somewhat worse	4	4067	38.1
	much worse	5	664	6.2
	N Missing		37	
Q37f Compared with when you were in your twenties, how good are you at: In general, how would you describe your memory compared to when you were in your twenties?	Much better	1	92	0.9
	Somewhat better	2	231	2.2
	About same	3	3781	35.4
	somewhat worse	4	5309	49.7
	much worse	5	1263	11.8
	N Missing		43	
Q38Aa In the last 12 months have you had any of the following: Allergies, hayfever, sinusitis	Never	1	4650	44.9
	Rarely	2	1513	14.6
	Sometimes	3	2866	27.7
	Often	4	1321	12.8
	N Missing		348	
Q38Ab In the last 12 months, have you had any of the following: Breathing difficulty	Never	1	7666	75.7
	Rarely	2	1043	10.3
	Sometimes	3	1142	11.3
	Often	4	278	2.7
	N Missing		591	
Q38Ac In the last 12 months, have you had any of the following: Indigestion/heartburn	Never	1	5505	53.8
	Rarely	2	1799	17.6
	Sometimes	3	2133	20.8
	Often	4	802	7.8
	N Missing		498	
Q38Ad In the last 12 months, have you had any of the following: Chest pain	Never	1	8030	80.5
	Rarely	2	1096	11.0
	Sometimes	3	749	7.5
	Often	4	95	0.9
	N Missing		764	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q38Ae In the last 12 months, have you had any of the following: Headaches/migraines	Never	1	3080	29.8
	Rarely	2	2673	25.8
	Sometimes	3	3629	35.1
	Often	4	967	9.3
	N Missing		369	
Q38Af In the last twelve months have you had any of the following? Severe tiredness	Never	1	4143	40.4
	Rarely	2	1981	19.3
	Sometimes	3	2851	27.8
	Often	4	1275	12.4
	N Missing		469	
Q38Ag In the last 12 months, have you had any of the following: Stiff or painful joints	Never	1	3001	29.0
	Rarely	2	1397	13.5
	Sometimes	3	3508	33.9
	Often	4	2437	23.6
	N Missing		367	
Q38Ah In the last 12 months, have you had any of the following: Back pain	Never	1	3345	32.3
	Rarely	2	1739	16.8
	Sometimes	3	3467	33.5
	Often	4	1793	17.3
	N Missing		375	
Q38Ai In the last 12 months, have you had any of the following: Urine that burns or stings	Never	1	8288	81.0
	Rarely	2	1245	12.2
	Sometimes	3	617	6.0
	Often	4	86	0.8
	N Missing		501	
Q38Aj In the last 12 months, have you had any of the following: Haemorrhoids (piles)	Never	1	7577	73.9
	Rarely	2	1240	12.1
	Sometimes	3	1098	10.7
	Often	4	338	3.3
	N Missing		491	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q38Ak In the last 12 months, have you had any of the following: Other bowel problems	Never	1	7323	71.9
	Rarely	2	1136	11.2
	Sometimes	3	1230	12.1
	Often	4	491	4.8
	N Missing		547	
Q38Al In the last 12 months, have you had any of the following: Vaginal discharge or irritation	Never	1	8063	79.0
	Rarely	2	1291	12.6
	Sometimes	3	697	6.8
	Often	4	158	1.5
	N Missing		528	
Q38Am In the last 12 months, have you had any of the following: Menstrual problems	Never	1	9143	90.6
	Rarely	2	421	4.2
	Sometimes	3	401	4.0
	Often	4	129	1.3
	N Missing		644	
Q38An In the last 12 months, have you had any of the following: Hot flushes	Never	1	3976	38.1
	Rarely	2	1388	13.3
	Sometimes	3	2834	27.2
	Often	4	2227	21.4
	N Missing		305	
Q38Ao In the last 12 months, have you had any of the following: Night sweats	Never	1	5178	50.2
	Rarely	2	1403	13.6
	Sometimes	3	2172	21.0
	Often	4	1571	15.2
	N Missing		403	
Q38Ap In the last 12 months, have you had any of the following: Eyesight problems	Never	1	4320	41.9
	Rarely	2	1581	15.3
	Sometimes	3	3163	30.7
	Often	4	1255	12.2
	N Missing		411	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q38Aq In the last 12 months, have you had any of the following: Hearing problems	Never	1	7281	71.0
	Rarely	2	1153	11.2
	Sometimes	3	1330	13.0
	Often	4	487	4.7
	N Missing		476	
Q38Ar In the last 12 months have you had any of the following? Depression	Never	1	6331	61.2
	Rarely	2	1592	15.4
	Sometimes	3	1729	16.7
	Often	4	685	6.6
	N Missing		393	
Q38As In the last 12 months have you had any of the following: Poor memory	Never	1	4514	43.5
	Rarely	2	2104	20.3
	Sometimes	3	2932	28.3
	Often	4	819	7.9
	N Missing		353	
Q38At In the last 12 months, have you had any of the following: Episodes of intense anxiety (eg panic attacks)	Never	1	7768	75.0
	Rarely	2	1351	13.0
	Sometimes	3	978	9.4
	Often	4	262	2.5
	N Missing		370	
Q38Au In the last 12 months, have you had any of the following: Palpitations (feeling that your heart is racing or fluttering in your chest)	Never	1	6308	60.7
	Rarely	2	1878	18.1
	Sometimes	3	1842	17.7
	Often	4	370	3.6
	N Missing		323	
Q38Ba For the problems you had, did you seek help? Allergies, hayfever, sinusitis	Not sought help	0	8927	83.3
	Sought help	1	1790	16.7
Q38Bb For the problems you had, did you seek help? Breathing difficulty	Not sought help	0	9873	92.1
	Sought help	1	844	7.9

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q38Bc For the problems you had, did you seek help? Indigestion/heartburn	Not sought help	0	9709	90.6
	Sought help	1	1008	9.4
Q38Bd For the problems you had, did you seek help? Chest pain	Not sought help	0	10109	94.3
	Sought help	1	607	5.7
Q38Be For the problems you had, did you seek help? Headaches/migraines	Not sought help	0	9773	91.2
	Sought help	1	943	8.8
Q38Bf For the problems you had, did you seek help? Severe tiredness	Not sought help	0	9942	92.8
	Sought help	1	775	7.2
Q38Bg For the problems you had, did you seek help? Stiff or painful joints	Not sought help	0	8739	81.6
	Sought help	1	1977	18.4
Q38Bh For the problems you had, did you seek help? Back pain	Not sought help	0	8759	81.7
	Sought help	1	1957	18.3
Q38Bi For the problems you had, did you seek help? Urine that burns or stings	Not sought help	0	10139	94.6
	Sought help	1	577	5.4
Q38Bj For the problems you had, did you seek help? Haemorrhoids (piles)	Not sought help	0	10370	96.8
	Sought help	1	346	3.2
Q38Bk For the problems you had, did you seek help? Other bowel problems	Not sought help	0	10052	93.8
	Sought help	1	665	6.2
Q38Bl For the problems you had, did you seek help? Vaginal discharge or irritation	Not sought help	0	10237	95.5
	Sought help	1	479	4.5
Q38Bm For the problems you had, did you seek help? Menstrual problems	Not sought help	0	10392	97.0
	Sought help	1	325	3.0
Q38Bn For the problems you had, did you seek help? Hot flushes	Not sought help	0	9336	87.1
	Sought help	1	1380	12.9

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q38Bo For the problems you had, did you seek help? Night sweats	Not sought help	0	9753	91.0
	Sought help	1	963	9.0
Q38Bp For the problems you had, did you seek help? Eyesight problems	Not sought help	0	8631	80.5
	Sought help	1	2085	19.5
Q38Bq For the problems you had, did you seek help? Hearing problems	Not sought help	0	10356	96.6
	Sought help	1	361	3.4
Q38Br For the problems you had, did you seek help? Depression	Not sought help	0	9778	91.2
	Sought help	1	938	8.8
Q38Bs For the problems you had, did you seek help? Poor memory	Not sought help	0	10529	98.3
	Sought help	1	187	1.7
Q38Bt For the problems you had, did you seek help? Episodes of intense anxiety (eg panic attacks)	Not sought help	0	10269	95.8
	Sought help	1	448	4.2
Q38Bu For the problems you had, did you seek help? Palpitations (feeling that your heart is racing or fluttering in your chest)	Not sought help	0	9992	93.2
	Sought help	1	724	6.8
Q38Ca If you did seek help, please mark if you were NOT satisfied with that help. Allergies, hayfever, sinusitis	Satisfied with help	0	10483	97.8
	Unsatisfied with help	1	233	2.2
Q38Cb If you did seek help, please mark if you were NOT satisfied with that help. Breathing difficulty	Satisfied with help	0	10626	99.2
	Unsatisfied with help	1	90	0.8
Q38Cc If you did seek help, please mark if you were NOT satisfied with that help. Indigestion/heartburn	Satisfied with help	0	10622	99.1
	Unsatisfied with help	1	95	0.9
Q38Cd If you did seek help, please mark if you were NOT satisfied with that help. Chest pain	Satisfied with help	0	10642	99.3
	Unsatisfied with help	1	75	0.7
Q38Ce If you did seek help, please mark if you were NOT satisfied with that help. Headaches/migraines	Satisfied with help	0	10597	98.9
	Unsatisfied with help	1	120	1.1

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q38Cf If you did seek help, please mark if you were NOT satisfied with that help. Severe tiredness	Satisfied with help	0	10526	98.2
	Unsatisfied with help	1	191	1.8
Q38Cg If you did seek help, please mark if you were NOT satisfied with that help. Stiff or painful joints	Satisfied with help	0	10380	96.9
	Unsatisfied with help	1	337	3.1
Q38Ch If you did seek help, please mark if you were NOT satisfied with that help. Back pain	Satisfied with help	0	10435	97.4
	Unsatisfied with help	1	281	2.6
Q38Ci If you did seek help, please mark if you were NOT satisfied with that help. Urine that burns or stings	Satisfied with help	0	10677	99.6
	Unsatisfied with help	1	39	0.4
Q38Cj If you did seek help, please mark if you were NOT satisfied with that help. Haemorrhoids (piles)	Satisfied with help	0	10672	99.6
	Unsatisfied with help	1	45	0.4
Q38Ck If you did seek help, please mark if you were NOT satisfied with that help. Other bowel problems	Satisfied with help	0	10603	98.9
	Unsatisfied with help	1	114	1.1
Q38Cl If you did seek help, please mark if you were NOT satisfied with that help. Vaginal discharge or irritation	Satisfied with help	0	10653	99.4
	Unsatisfied with help	1	63	0.6
Q38Cm If you did seek help, please mark if you were NOT satisfied with that help. Premenstrual tension	Satisfied with help	0	10675	99.6
	Unsatisfied with help	1	42	0.4
Q38Cn If you did seek help, please mark if you were NOT satisfied with that help. Hot flushes	Satisfied with help	0	10469	97.7
	Unsatisfied with help	1	248	2.3
Q38Co If you did seek help, please mark if you were NOT satisfied with that help. Night sweats	Satisfied with help	0	10537	98.3
	Unsatisfied with help	1	179	1.7
Q38Cp If you did seek help, please mark if you were NOT satisfied with that help. Eyesight problems	Satisfied with help	0	10531	98.3
	Unsatisfied with help	1	186	1.7
Q38Cq If you did seek help, please mark if you were NOT satisfied with that help. Hearing problems	Satisfied with help	0	10639	99.3
	Unsatisfied with help	1	77	0.7

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q38Cr If you did seek help, please mark if you were NOT satisfied with that help. Depression	Satisfied with help	0	10592	98.8
	Unsatisfied with help	1	124	1.2
Q38Cs If you did seek help, please mark if you were NOT satisfied with that help. Poor memory	Satisfied with help	0	10642	99.3
	Unsatisfied with help	1	75	0.7
Q38Ct If you did seek help, please mark if you were NOT satisfied with that help. Episodes of intense anxiety (eg panic attacks)	Satisfied with help	0	10635	99.2
	Unsatisfied with help	1	82	0.8
Q38Cu If you did seek help, please mark if you were NOT satisfied with that help. Palpitations (feeling that your heart is racing or fluttering in your chest)	Satisfied with help	0	10590	98.8
	Unsatisfied with help	1	126	1.2
Q39 In the past week, have you been feeling that life isn't worth living?	Yes	1	675	6.3
	No	2	9966	93.7
	N Missing		75	
Q40 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you?	Yes	1	46	0.4
	No	2	10599	99.6
	N Missing		75	
Q41na In the last month, have you accidentally wet yourself (leaked urine)?	Yes	1	4793	45.2
	No	2	5806	54.8
	N Missing		118	
Q41Aa How often did you wet yourself (leak urine) in the last month when you: Coughed, laughed or sneezed?	Never	1	6444	61.0
	Rarely	2	1286	12.2
	Sometimes	3	2260	21.4
	Often	4	578	5.5
	N Missing		148	
Q41Ab How often did you wet yourself (leak urine) in the last month when you: Stood from a sitting position?	Never	1	9640	91.7
	Rarely	2	443	4.2
	Sometimes	3	333	3.2
	Often	4	97	0.9
	N Missing		210	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q41Ac How often did you wet yourself (leak urine) in the last month when you: Bent down to pick something up?	Never	1	9677	91.9
	Rarely	2	449	4.3
	Sometimes	3	326	3.1
	Often	4	81	0.8
	N Missing		195	
Q41Ad How often did you wet yourself (leak urine) in the last month when you: Walked up or down stairs?	Never	1	10046	95.5
	Rarely	2	285	2.7
	Sometimes	3	145	1.4
	Often	4	39	0.4
	N Missing		208	
Q41Ae How often did you wet yourself (leak urine) in the last month when you: Lifted something heavy?	Never	1	9376	89.0
	Rarely	2	547	5.2
	Sometimes	3	477	4.5
	Often	4	133	1.3
	N Missing		188	
Q41Af How often did you wet yourself (leak urine) in the last month when you: Engaged in sexual intercourse?	Never	1	9974	95.2
	Rarely	2	285	2.7
	Sometimes	3	187	1.8
	Often	4	32	0.3
	N Missing		238	
Q41Ag How often did you wet yourself (leak urine) in the last month when you: Played sport or exercised?	Never	1	8902	85.0
	Rarely	2	572	5.5
	Sometimes	3	798	7.6
	Often	4	203	1.9
	N Missing		241	
Q41Ah How often did you wet yourself (leak urine) in the last month when you: Were on your way to the toilet?	Never	1	7292	69.0
	Rarely	2	1073	10.2
	Sometimes	3	1713	16.2
	Often	4	484	4.6
	N Missing		166	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q41Ai How often did you wet yourself (leak urine) in the last month when you: Put your key in the door?	Never	1	9181	87.2
	Rarely	2	516	4.9
	Sometimes	3	643	6.1
	Often	4	190	1.8
	N Missing		194	
Q41Aj How often did you wet yourself (leak urine) in the last month when you: Stepped into water or had your hands in water?	Never	1	9458	89.7
	Rarely	2	504	4.8
	Sometimes	3	459	4.3
	Often	4	128	1.2
	N Missing		177	
Q41Ak How often did you wet yourself (leak urine) in the last month when you: Had to wait to use the toilet?	Never	1	8471	80.4
	Rarely	2	869	8.2
	Sometimes	3	1003	9.5
	Often	4	199	1.9
	N Missing		179	
Q41Al How often did you wet yourself (leak urine) in the last month when you: Delayed going to the toilet immediately, when you first felt the need to urinate?	Never	1	7684	72.8
	Rarely	2	976	9.2
	Sometimes	3	1525	14.4
	Often	4	375	3.5
	N Missing		158	
Q41Am How often did you wet yourself (leak urine) in the last month when you: Sitting quietly in a chair?	Never	1	10108	95.9
	Rarely	2	267	2.5
	Sometimes	3	126	1.2
	Often	4	38	0.4
	N Missing		186	
Q41An How often did you wet yourself (leak urine) in the last month when you: Leaked urine without realising it at the time?	Never	1	9926	93.9
	Rarely	2	340	3.2
	Sometimes	3	242	2.3
	Often	4	58	0.5
	N Missing		151	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q41Ba If you leaked urine, how much did you leak? Coughed, laughed or sneezed?	never had problem	0	6436	64.7
	just a little	1	2731	27.5
	more than a little	2	775	7.8
	N Missing		784	
Q41Bb If you leaked urine, how much did you leak? Stood from a sitting position?	never had problem	0	9592	92.7
	just a little	1	584	5.6
	more than a little	2	167	1.6
	N Missing		394	
Q41Bc If you leaked urine, how much did you leak? Bent down to pick something up?	never had problem	0	9637	93.0
	just a little	1	604	5.8
	more than a little	2	118	1.1
	N Missing		378	
Q41Bd If you leaked urine, how much did you leak? Walked up or down stairs?	never had problem	0	9991	96.3
	just a little	1	336	3.2
	more than a little	2	49	0.5
	N Missing		352	
Q41Be If you leaked urine, how much did you leak? Lifted something heavy?	never had problem	0	9343	90.6
	just a little	1	734	7.1
	more than a little	2	233	2.3
	N Missing		431	
Q41Bf If you leaked urine, how much did you leak? Engaged in sexual intercourse?	never had problem	0	9938	96.2
	just a little	1	281	2.7
	more than a little	2	113	1.1
	N Missing		381	
Q41Bg If you leaked urine, how much did you leak? Played sport or exercised?	never had problem	0	8876	87.4
	just a little	1	914	9.0
	more than a little	2	362	3.6
	N Missing		573	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q41Bh If you leaked urine, how much did you leak? Were on your way to the toilet?	never had problem	0	7283	73.2
	just a little	1	1810	18.2
	more than a little	2	858	8.6
	N Missing		821	
Q41Bi If you leaked urine, how much did you leak? Put your key in the door?	never had problem	0	9155	89.1
	just a little	1	772	7.5
	more than a little	2	354	3.4
	N Missing		452	
Q41Bj If you leaked urine, how much did you leak? Stepped into water or had your hands in water?	never had problem	0	9415	91.4
	just a little	1	688	6.7
	more than a little	2	200	1.9
	N Missing		443	
Q41Bk If you leaked urine, how much did you leak? Had to wait to use the toilet?	never had problem	0	8450	83.7
	just a little	1	1152	11.4
	more than a little	2	490	4.9
	N Missing		664	
Q41Bl If you leaked urine, how much did you leak? Delayed going to the toilet immediately, when you first felt the need to urinate?	never had problem	0	7666	77.4
	just a little	1	1582	16.0
	more than a little	2	650	6.6
	N Missing		854	
Q41Bm If you leaked urine, how much did you leak? Sitting quietly in a chair?	never had problem	0	10063	96.6
	just a little	1	291	2.8
	more than a little	2	63	0.6
	N Missing		313	
Q41Bn If you leaked urine, how much did you leak? Leaked urine without realising it at the time?	never had problem	0	9880	94.8
	just a little	1	441	4.2
	more than a little	2	97	0.9
	N Missing		318	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q42 Do you regularly need help with daily tasks because of long-term illness, disability or frailty (eg personal care, getting around, preparing meals etc)?	Yes	1	326	3.1
	No	2	10318	96.9
	N Missing		78	
Q44a How stressed have you felt about the following areas of your life during the last 12 months: Own health	Not stressed	2	5081	49.4
	Somewhat stressed	3	3438	33.4
	Moderately stressed	4	1175	11.4
	Very stressed	5	449	4.4
	Extremely stressed	6	145	1.4
	N Missing		487	
Q44b Over the last 12 months, how stressed have you felt about the following areas of your life: Health of other family members	Not applicable	1	435	4.2
	Not stressed	2	3237	31.0
	Somewhat stressed	3	3671	35.2
	Moderately stressed	4	1591	15.2
	Very stressed	5	972	9.3
	Extremely stressed	6	531	5.1
	N Missing		310	
Q44c Over the last 12 months, how stressed have you felt about the following areas of your life: Work/Employment	Not applicable	1	2640	25.1
	Not stressed	2	2879	27.3
	Somewhat stressed	3	2756	26.2
	Moderately stressed	4	1233	11.7
	Very stressed	5	730	6.9
	Extremely stressed	6	301	2.9
	N Missing		179	
Q44d How stressed have you felt about the following areas of your life during the last 12 months: Living arrangements	Not stressed	2	7562	75.4
	Somewhat stressed	3	1532	15.3
	Moderately stressed	4	538	5.4
	Very stressed	5	294	2.9
	Extremely stressed	6	109	1.1
	N Missing		717	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>	
Q44e Over the last 12 months, how stressed have you felt about the following areas of your life: Study	Not applicable	1	7220	68.7	
	Not stressed	2	2646	25.2	
	Somewhat stressed	3	429	4.1	
	Moderately stressed	4	136	1.3	
	Very stressed	5	58	0.6	
	Extremely stressed	6	22	0.2	
	N Missing			208	
Q44f How stressed have you felt about the following areas of your life during the last 12 months: Money	Not stressed	2	4678	45.2	
	Somewhat stressed	3	3515	34.0	
	Moderately stressed	4	1237	12.0	
	Very stressed	5	575	5.6	
	Extremely stressed	6	342	3.3	
	N Missing			386	
	Q44g Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with parents	Not applicable	1	4385	41.4
Not stressed		2	4083	38.6	
Somewhat stressed		3	1330	12.6	
Moderately stressed		4	414	3.9	
Very stressed		5	237	2.2	
Extremely stressed		6	139	1.3	
N Missing				132	
Q44h Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with partner/spouse	Not applicable	1	1867	17.6	
	Not stressed	2	5193	49.0	
	Somewhat stressed	3	2264	21.4	
	Moderately stressed	4	612	5.8	
	Very stressed	5	385	3.6	
	Extremely stressed	6	267	2.5	
	N Missing			138	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q44i Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with children	Not applicable	1	1208	11.4
	Not stressed	2	5351	50.4
	Somewhat stressed	3	2947	27.7
	Moderately stressed	4	675	6.4
	Very stressed	5	299	2.8
	Extremely stressed	6	145	1.4
	N Missing			97
Q44j Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members	Not applicable	1	998	9.4
	Not stressed	2	6444	60.6
	Somewhat stressed	3	2247	21.1
	Moderately stressed	4	578	5.4
	Very stressed	5	252	2.4
	Extremely stressed	6	115	1.1
	N Missing			92
Q45a How much do you agree or disagree with each of the following statements? At home, I feel I have control over what happens in most situations	strongly disagree	1	111	1.0
	disagree	2	487	4.6
	slightly disagree	3	745	7.0
	slightly agree	4	1063	10.0
	agree	5	6046	56.8
	strongly agree	6	2196	20.6
	N Missing			69
Q45b How much do you agree or disagree with each of the following statements? I feel that what happens in my life is often determined by factors beyond my control	strongly disagree	1	890	8.4
	disagree	2	2855	26.9
	slightly disagree	3	1038	9.8
	slightly agree	4	2836	26.7
	agree	5	2490	23.5
	strongly agree	6	504	4.7
	N Missing			104

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q45c How much do you agree or disagree with each of the following statements? Over the next 5-10 years I expect to have more positive than negative experiences	strongly disagree	1	102	1.0
	disagree	2	472	4.4
	slightly disagree	3	662	6.2
	slightly agree	4	1656	15.6
	agree	5	5719	53.9
	strongly agree	6	2007	18.9
	N Missing		108	
Q45d How much do you agree or disagree with each of the following statements? I often have the feeling that I am being treated unfairly	strongly disagree	1	2133	20.1
	disagree	2	4581	43.1
	slightly disagree	3	848	8.0
	slightly agree	4	1964	18.5
	agree	5	892	8.4
	strongly agree	6	214	2.0
	N Missing		93	
Q45e How much do you agree or disagree with each of the following statements? In the past 10 years my life has been full of changes without my knowing what will happen next	strongly disagree	1	1138	10.7
	disagree	2	3361	31.6
	slightly disagree	3	872	8.2
	slightly agree	4	2358	22.2
	agree	5	2224	20.9
	strongly agree	6	675	6.4
	N Missing		100	
Q45f How much do you agree or disagree with each of the following statements? I gave up trying to make big improvements or changes in my life a long time ago	strongly disagree	1	2512	23.6
	disagree	2	4564	42.9
	slightly disagree	3	937	8.8
	slightly agree	4	1321	12.4
	agree	5	1112	10.5
	strongly agree	6	191	1.8
	N Missing		93	
Q46 How often do you currently smoke cigarettes or any tobacco products?	Daily	1	1230	11.5
	Weekly	2	98	0.9
	< weekly	3	116	1.1
	Not at all	4	9216	86.4
	N Missing		52	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q47 If you smoke daily, on average how many cigarettes do you smoke each day?	Mean		18.41	
	Std Error		0.27	
	N		1265	
	N Missing		9640	
Q48 If you smoke, but not daily, on average how many cigarettes do you smoke per week?	Mean		18.14	
	Std Error		1.57	
	N		109	
	N Missing		10796	
Q49 Have you ever smoked daily?	Yes	1	4257	40.2
	No	2	6332	59.8
	N Missing		128	
Q50 At what age did you finally stop smoking daily?	Mean		35.99	
	Std Error		0.18	
	N		3114	
	N Missing		7791	
Q51 At what age did you start smoking daily?	Mean		19.33	
	Std Error		0.09	
	N		4347	
	N Missing		6558	
Q52a Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was bothered by things that don't usually bother me	Rarely, none of time	0	7601	71.7
	Some of time	1	2189	20.7
	Moderate amount of time	2	626	5.9
	All/most of time	3	181	1.7
	N Missing		127	
Q52b Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I had trouble keeping my mind on what I was doing	Rarely, none of time	0	6673	63.0
	Some of time	1	2949	27.8
	Moderate amount of time	2	758	7.2
	All/most of time	3	214	2.0
	N Missing		119	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q52c Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt depressed	Rarely, none of time	0	7531	71.5
	Some of time	1	2007	19.1
	Moderate amount of time	2	672	6.4
	All/most of time	3	325	3.1
	N Missing		181	
Q52d Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt that everything I did was an effort	Rarely, none of time	0	6526	61.8
	Some of time	1	2828	26.8
	Moderate amount of time	2	779	7.4
	All/most of time	3	423	4.0
	N Missing		154	
Q52e Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt hopeful about the future	Rarely, none of time	0	1351	12.9
	Some of time	1	1898	18.1
	Moderate amount of time	2	1964	18.8
	All/most of time	3	5262	50.2
	N Missing		247	
Q52f Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt fearful	Rarely, none of time	0	8321	79.2
	Some of time	1	1507	14.3
	Moderate amount of time	2	501	4.8
	All/most of time	3	178	1.7
	N Missing		215	
Q52g Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? My sleep was restless	Rarely, none of time	0	3134	29.8
	Some of time	1	3751	35.6
	Moderate amount of time	2	2067	19.6
	All/most of time	3	1581	15.0
	N Missing		179	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q52h Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was happy	Rarely, none of time	0	582	5.5
	Some of time	1	1478	14.0
	Moderate amount of time	2	2245	21.3
	All/most of time	3	6253	59.2
	N Missing		163	
Q52i Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt lonely	Rarely, none of time	0	7640	72.4
	Some of time	1	1824	17.3
	Moderate amount of time	2	740	7.0
	All/most of time	3	354	3.4
	N Missing		161	
Q52j Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I could not "get going"	Rarely, none of time	0	5763	54.5
	Some of time	1	3372	31.9
	Moderate amount of time	2	1012	9.6
	All/most of time	3	433	4.1
	N Missing		138	
Q52k Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt terrific	Rarely, none of time	0	2302	21.7
	Some of time	1	2091	19.7
	Moderate amount of time	2	2671	25.2
	All/most of time	3	3529	33.3
	N Missing		140	
Q53Aa Which of the following events have you experienced? In the last 12 months Major personal illness	No	0	9919	92.9
	Yes	1	760	7.1
	N Missing		32	
Q53Ab Which of the following events have you experienced? In the last 12 months Major personal injury or involvement in a serious accident	No	0	10468	98.0
	Yes	1	211	2.0
	N Missing		32	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q53Ac Which of the following events have you experienced: in the last 12 months Major personal achievement	No	0	9273	86.8
	Yes	1	1406	13.2
	N Missing		32	
Q53Ad Which of the following events have you experienced? In the last 12 months Birth of a grandchild	No	0	8941	83.7
	Yes	1	1738	16.3
	N Missing		32	
Q53Ae Which of the following events have you experienced? In the last 12 months Major surgery (not including dental work)	No	0	10127	94.8
	Yes	1	552	5.2
	N Missing		32	
Q53Af Which of the following events have you experienced? In the last 12 months Going through menopause	No	0	8005	75.0
	Yes	1	2674	25.0
	N Missing		32	
Q53Ag Which of the following events have you experienced? In the last 12 months Major decline in health of spouse or partner	No	0	9761	91.4
	Yes	1	918	8.6
	N Missing		32	
Q53Ah Which of the following events have you experienced? In the last 12 months Major decline in health of other close family member or close friend	No	0	7459	69.9
	Yes	1	3220	30.1
	N Missing		32	
Q53Ai Which of the following events have you experienced? In the last 12 months Starting a new, close personal relationship	No	0	10416	97.5
	Yes	1	263	2.5
	N Missing		32	
Q53Aj Which of the following events have you experienced? In the last 12 months Infidelity of spouse or partner	No	0	10525	98.6
	Yes	1	154	1.4
	N Missing		32	
Q53Ak Which of the following events have you experienced? In the last 12 months Break-up of a close personal relationship	No	0	10341	96.8
	Yes	1	338	3.2
	N Missing		32	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q53AI Which of the following events have you experienced? In the last 12 months Divorce	No	0	10585	99.1
	Yes	1	94	0.9
	N Missing		32	
Q53Am Which of the following events have you experienced? In the last 12 months Major conflict with teenage or older children	No	0	9639	90.3
	Yes	1	1040	9.7
	N Missing		32	
Q53An Which of the following events have you experienced? In the last 12 months Child or family member leaving home (due to marriage, to attend university etc)	No	0	9426	88.3
	Yes	1	1254	11.7
	N Missing		32	
Q53Ao Which of the following events have you experienced? In the last 12 months Death of spouse or partner	No	0	10633	99.6
	Yes	1	46	0.4
	N Missing		32	
Q53Ap Which of the following events have you experienced? In the last 12 months Death of child	No	0	10638	99.6
	Yes	1	41	0.4
	N Missing		32	
Q53Aq Which of the following events have you experienced? In the last 12 months Death of other close family member	No	0	9320	87.3
	Yes	1	1359	12.7
	N Missing		32	
Q53Ar Which of the following events have you experienced? In the last 12 months Death of close friend	No	0	9646	90.3
	Yes	1	1033	9.7
	N Missing		32	
Q53As Which of the following events have you experienced? In the last 12 months Changing your type of work/hours/conditions/responsibilities at work	No	0	8317	77.9
	Yes	1	2362	22.1
	N Missing		32	
Q53At Which of the following events have you experienced: in the last 12 months Retirement	No	0	10236	95.8
	Yes	1	444	4.2
	N Missing		32	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q53Au Which of the following events have you experienced: in the last 12 months Your spouse or partner retiring from work	No	0	10174	95.3
	Yes	1	506	4.7
	N Missing		32	
Q53Av Which of the following events have you experienced: In the last 12 months Being made redundant	No	0	10460	98.0
	Yes	1	219	2.0
	N Missing		32	
Q53Aw Which of the following events have you experienced: In the last 12 months Your spouse/partner being made redundant	No	0	10463	98.0
	Yes	1	217	2.0
	N Missing		32	
Q53Ax Which of the following events have you experienced? In the last 12 months Decreased income	No	0	8668	81.2
	Yes	1	2011	18.8
	N Missing		32	
Q53Ay Which of the following events have you experienced? In the last 12 months Moving house	No	0	9642	90.3
	Yes	1	1037	9.7
	N Missing		32	
Q53Az Which of the following events have you experienced? In the last 12 months Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	10482	98.2
	Yes	1	197	1.8
	N Missing		32	
Q53Aaa Which of the following events have you experienced? In the last 12 months Major loss or damage to personal property	No	0	10508	98.4
	Yes	1	171	1.6
	N Missing		32	
Q53Abb Which of the following events have you experienced? In the last 12 months Being robbed	No	0	10335	96.8
	Yes	1	345	3.2
	N Missing		32	
Q53Acc Which of the following events have you experienced? In the last 12 months Being pushed, grabbed, shoved, kicked or hit	No	0	10506	98.4
	Yes	1	173	1.6
	N Missing		32	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q53Add Which of the following events have you experienced? In the last 12 months Being forced to take part in unwanted sexual activity	No	0	10635	99.6
	Yes	1	44	0.4
	N Missing		32	
Q53Aee Which of the following events have you experienced? In the last 12 months Legal troubles or involved in a court case	No	0	10180	95.3
	Yes	1	499	4.7
	N Missing		32	
Q53Aff Which of the following events have you experienced? In the last 12 months Family member/close personal friend being arrested/in gaol	No	0	10480	98.1
	Yes	1	200	1.9
	N Missing		32	
Q53Agg Which of the following events have you experienced: In the last 12 months You or a family member involved in problem gambling	No	0	10431	97.7
	Yes	1	248	2.3
	N Missing		32	
Q53Ba Have you experienced any of the following events? Yes, more than 12 months ago Major personal illness	No	0	8035	75.2
	Yes	1	2644	24.8
	N Missing		32	
Q53Bb Which of the following events have you experienced? More than 12 months ago Major personal injury or involvement in a serious accident	No	0	9687	90.7
	Yes	1	992	9.3
	N Missing		32	
Q53Bc Which of the following events have you experienced: more than 12 months ago Major personal achievement	No	0	8796	82.4
	Yes	1	1884	17.6
	N Missing		32	
Q53Bd Which of the following events have you experienced? More than 12 months ago Birth of a grandchild	No	0	7821	73.2
	Yes	1	2858	26.8
	N Missing		32	
Q53Be Have you experienced any of the following events? Yes, more than 12 months ago Major surgery (not including dental work)	No	0	7980	74.7
	Yes	1	2699	25.3
	N Missing		32	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q53Bf Which of the following events have you experienced: more than 12 months ago Going through menopause	No	0	5773	54.1
	Yes	1	4906	45.9
	N Missing		32	
Q53Bg Which of the following events have you experienced: more than 12 months ago Major decline in health of spouse or partner	No	0	9692	90.8
	Yes	1	987	9.2
	N Missing		32	
Q53Bh Which of the following events have you experienced: more than 12 months ago Major decline in health of other close family member or close friend	No	0	8375	78.4
	Yes	1	2304	21.6
	N Missing		32	
Q53Bi Have you experienced any of the following events? Yes, more than 12 months ago Starting a new, close personal relationship	No	0	9629	90.2
	Yes	1	1050	9.8
	N Missing		32	
Q53Bj Which of the following events have you experienced: more than 12 months ago Infidelity of spouse or partner	No	0	9621	90.1
	Yes	1	1058	9.9
	N Missing		32	
Q53Bk Which of the following events have you experienced: more than 12 months ago Break-up of a close personal relationship	No	0	9349	87.5
	Yes	1	1330	12.5
	N Missing		32	
Q53Bl Which of the following events have you experienced: more than 12 months ago Divorce	No	0	9362	87.7
	Yes	1	1317	12.3
	N Missing		32	
Q53Bm Which of the following events have you experienced: more than 12 months ago Major conflict with teenage or older children	No	0	9460	88.6
	Yes	1	1219	11.4
	N Missing		32	
Q53Bn Which of the following events have you experienced: more than 12 months ago Child or other family member leaving home (due to marriage, to attend university etc)	No	0	7924	74.2
	Yes	1	2755	25.8
	N Missing		32	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q53Bo Which of the following events have you experienced: more than 12 months ago Death of spouse or partner	No	0	10253	96.0
	Yes	1	426	4.0
	N Missing		32	
Q53Bp Have you experienced any of the following events? Yes, more than 12 months ago Death of a child	No	0	10275	96.2
	Yes	1	404	3.8
	N Missing		32	
Q53Bq Which of the following events have you experienced: more than 12 months ago Death of other close family member	No	0	7093	66.4
	Yes	1	3586	33.6
	N Missing		32	
Q53Br Have you experienced any of the following events? Yes, more than 12 months ago Death of a close friend	No	0	9035	84.6
	Yes	1	1644	15.4
	N Missing		32	
Q53Bs Have you experienced any of the following events? Yes, more than 12 months ago Change in your type of work/hours/conditions/responsibilities at work	No	0	8747	81.9
	Yes	1	1933	18.1
	N Missing		32	
Q53Bt Which of the following events have you experienced: more than 12 months ago Retirement	No	0	9761	91.4
	Yes	1	919	8.6
	N Missing		32	
Q53Bu Which of the following events have you experienced: more than 12 months ago Your spouse or partner retiring from work	No	0	9518	89.1
	Yes	1	1161	10.9
	N Missing		32	
Q53Bv Which of the following events have you experienced: More than 12 months ago Being made redundant	No	0	10080	94.4
	Yes	1	600	5.6
	N Missing		32	
Q53Bw Which of the following events have you experienced: More than 12 months ago Your spouse/partner being made redundant	No	0	9959	93.3
	Yes	1	720	6.7
	N Missing		32	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q53Bx Have you experienced any of the following events? Yes, more than 12 months ago Decreased income	No	0	8534	79.9
	Yes	1	2145	20.1
	N Missing		32	
Q53By Which of the following events have you experienced: more than 12 months ago Moving house	No	0	8143	76.2
	Yes	1	2537	23.8
	N Missing		32	
Q53Bz Have you experienced any of the following events? Yes, more than 12 months ago Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	10228	95.8
	Yes	1	451	4.2
	N Missing		32	
Q53Baa Have you experienced any of the following events? Yes, more than 12 months ago Major loss or damage to personal property	No	0	10271	96.2
	Yes	1	408	3.8
	N Missing		32	
Q53Bbb Have you experienced any of the following events? Yes, more than 12 months ago Being robbed	No	0	9376	87.8
	Yes	1	1303	12.2
	N Missing		32	
Q53Bcc Have you experienced any of the following events? Yes, more than 12 months ago Being pushed, grabbed, shoved, kicked or hit	No	0	10108	94.6
	Yes	1	572	5.4
	N Missing		32	
Q53Bdd Have you experienced any of the following events? Yes, more than 12 months ago Being forced to take part in unwanted sexual activity	No	0	10249	96.0
	Yes	1	430	4.0
	N Missing		32	
Q53Bee Have you experienced any of the following events? Yes, more than 12 months ago Legal troubles or involvement in a court case	No	0	9773	91.5
	Yes	1	906	8.5
	N Missing		32	
Q53Bff Have you experienced any of the following events? Yes, more than 12 months ago Family member/close friend being arrested/in gaol	No	0	10248	96.0
	Yes	1	431	4.0
	N Missing		32	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q53Bgg Which of the following events have you experienced: More than 12 months ago You or a family member involved in problem gambling	No	0	10368	97.1
	Yes	1	311	2.9
	N Missing		32	
Q53hh Have you experienced any of the following events? None of these events	At least one of these	0	10422	97.6
	None of these	1	257	2.4
	N Missing		32	
Q54a Thinking about your current approach to life, please indicate how much you think each statement describes you: In uncertain times, I usually expect the best	strongly disagree	1	218	2.1
	disagree	2	1479	14.1
	neutral	3	3216	30.7
	agree	4	4655	44.5
	strongly agree	5	893	8.5
	N Missing		278	
Q54b Thinking about your current approach to life, please indicate how much you think each statement describes you: If something can go wrong for me, it will	strongly disagree	1	1926	18.4
	disagree	2	4365	41.8
	neutral	3	2266	21.7
	agree	4	1636	15.7
	strongly agree	5	255	2.4
	N Missing		284	
Q54c Thinking about your current approach to life, please indicate how much you think each statement describes you: I'm always optimistic about my future	strongly disagree	1	112	1.1
	disagree	2	1097	10.5
	neutral	3	2371	22.7
	agree	4	5608	53.6
	strongly agree	5	1273	12.2
	N Missing		270	
Q54d Thinking about your current approach to life, please indicate how much you think each statement describes you: I hardly ever expect things to go my way	strongly disagree	1	1871	17.9
	disagree	2	4873	46.6
	neutral	3	2191	20.9
	agree	4	1389	13.3
	strongly agree	5	141	1.4
	N Missing		273	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q54e Thinking about your current approach to life, please indicate how much you think each statement describes you: I rarely count on good things happening to me	strongly disagree	1	1941	18.5
	disagree	2	4625	44.0
	neutral	3	2101	20.0
	agree	4	1652	15.7
	strongly agree	5	186	1.8
	N Missing		239	
Q54f Thinking about your current approach to life, please indicate how much you think each statement describes you: Overall, I expect more good things to happen to me than bad	strongly disagree	1	150	1.4
	disagree	2	597	5.7
	neutral	3	1631	15.4
	agree	4	6026	57.1
	strongly agree	5	2155	20.4
	N Missing		170	
Q55a Next are some specific questions about your health and how you have been feeling in the past month. Have you felt keyed up or on edge?	Yes	1	6486	61.2
	No	2	4118	38.8
	N Missing		106	
Q55b Next are some specific questions about your health and how you have been feeling in the past month. Have you been worrying a lot?	Yes	1	4718	44.4
	No	2	5901	55.6
	N Missing		105	
Q55c Next are some specific questions about your health and how you have been feeling in the past month. Have you been irritable?	Yes	1	5292	50.1
	No	2	5263	49.9
	N Missing		170	
Q55d Next are some specific questions about your health and how you have been feeling in the past month. Have you had difficulty relaxing?	Yes	1	4812	45.6
	No	2	5751	54.4
	N Missing		153	
Q55e Next are some specific questions about your health and how you have been feeling in the past month. Have you been sleeping poorly?	Yes	1	5999	56.7
	No	2	4578	43.3
	N Missing		141	
Q55f Next are some specific questions about your health and how you have been feeling in the past month. Have you had headaches or neckaches?	Yes	1	6565	62.1
	No	2	4013	37.9
	N Missing		136	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q55g Next are some specific questions about your health and how you have been feeling in the past month. Have you had any of the following: trembling, tingling, dizzy spells, sweating, diarrhoea or needing to pass urine more often than usual?	Yes	1	3733	35.3
	No	2	6857	64.7
	N Missing		128	
Q55h Next are some specific questions about your health and how you have been feeling in the past month. Have you been worried about your health?	Yes	1	3679	34.7
	No	2	6929	65.3
	N Missing		100	
Q55i Next are some specific questions about your health and how you have been feeling in the past month. Have you had difficulty falling asleep?	Yes	1	4326	40.7
	No	2	6301	59.3
	N Missing		90	
Q56a Are your parents still living? Mother	Still living	1	5390	50.5
	Deceased	2	5246	49.2
	Don't know	3	30	0.3
	N Missing		60	
Q56b Are your parents still living? Father	Still living	1	2417	22.9
	Deceased	2	8041	76.1
	Don't know	3	111	1.1
	N Missing		156	
Q58a In the last three years, have you: lost 5kg or more on purpose	Yes	1	3289	31.7
	No	2	7079	68.3
	N Missing		363	
Q58b In the last three years, have you: lost 5kg or more for any other reason	Yes	1	977	9.6
	No	2	9236	90.4
	N Missing		520	
Q58c In the last three years, have you: Gained 5kg or more?	Yes	1	4197	41.3
	No	2	5974	58.7
	N Missing		551	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q59 How often do you usually drink alcohol?	Never	1	1513	14.3
	Rarely	2	2480	23.4
	< once week	3	1331	12.6
	1-2 days a week	4	1728	16.3
	3-4 days a week	5	1374	13.0
	5-6 days a week	6	1096	10.4
	Every day	7	1056	10.0
	N Missing			140
Q60 On a day when you drink alcohol, how many drinks do you usually have?	Never drink	0	1470	14.2
	1-2 drinks	1	7252	69.9
	3-4 drinks	2	1442	13.9
	5-8 drinks	3	191	1.8
	9+ drinks	4	15	0.1
	N Missing			360
Q61 How often do you have five or more drinks of alcohol on one occasion?	Never	1	7663	72.7
	< once a month	2	1523	14.4
	Once a month	3	760	7.2
	Once a week	4	423	4.0
	> once a week	5	175	1.7
	N Missing			196
Q62 How many serves of vegetables do you usually eat each day? A serve = half a cup of cooked vegetables or a cup of salad vegetables (coding 0-4 in o4)	None	0	72	0.7
	1 serve	1	1602	15.0
	2-3 serves	2	5744	53.8
	4 serves	3	2297	21.5
	5 or more serves	4	954	8.9
	N Missing			51
Q63 How many serves of fruit do you usually eat each day? A serve = one medium piece or two small pieces of fruit or one cup of diced pieces (coding 0-4 in o4)	None	0	523	4.9
	1 serve	1	3760	35.2
	2-3 serves	2	5370	50.3
	4 serves	3	792	7.4
	5 or more serves	4	236	2.2
	N Missing			37

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q64 How many glasses/cups of non-alcoholic drinks do you usually have each day (eg juice, tea coffee, water, milk, etc)?	0-2 glasses	1	343	3.2
	3-5 glasses	2	3887	36.4
	6-8 glasses	3	4864	45.6
	9 or more glasses	4	1575	14.8
	N Missing			45
Q65a Now think about all of the time you spend sitting during each day while at home, at work, while getting from place to place or during your spare time. How many hours in total do you typically spend sitting down while doing things like visiting friends, driving, reading, watching television, or working at a desk or computer? On	0	0	3	0.0
	1	1	124	1.2
	2	2	793	7.8
	3	3	1202	11.9
	4	4	1636	16.2
	5	5	1366	13.5
	6	6	1376	13.6
	7	7	447	4.4
	8	8	1049	10.4
	9	9	355	3.5
	10	10	962	9.5
	11	11	142	1.4
	12	12	412	4.1
	13	13	66	0.6
	14	14	101	1.0
	15	15	53	0.5
	16	16	36	0.4
N Missing			649	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q65b Now think about all of the time you spend sitting during each day while at home, at work, while getting from place to place or during your spare time. How many hours in total do you typically spend sitting down while doing things like visiting friends, driving, reading, watching television, or working at a desk or computer? On	0	0	16	0.2
	1	1	127	1.3
	2	2	719	7.4
	3	3	1272	13.0
	4	4	1928	19.7
	5	5	1451	14.9
	6	6	1765	18.1
	7	7	448	4.6
	8	8	890	9.1
	9	9	164	1.7
	10	10	593	6.1
	11	11	27	0.3
	12	12	231	2.4
	13	13	27	0.3
	14	14	46	0.5
	15	15	38	0.4
	16	16	29	0.3
	N Missing		994	
Q66a How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Walking briskly (for recreation or exercise, or to get from place to place)	Mean		4.30	
	Std Error		0.05	
	N		10628	
	N Missing		277	
Q66b How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean		0.94	
	Std Error		0.02	
	N		10644	
	N Missing		261	
Q66c How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Old2-Old3: Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming) Old4 on: More vigorous lei	Mean		0.64	
	Std Error		0.02	
	N		10625	
	N Missing		280	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q66d How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Vigorous household or garden chores that make you breathe harder or puff and pant	Mean		2.41	
	Std Error		0.04	
	N		10629	
	N Missing		276	
Q67ah If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Walking briskly (for recreation or exercise, or to get from place to place)	Mean		3.39	
	Std Error		0.06	
	N		10329	
	N Missing		576	
Q67am If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Walking briskly (for recreation or exercise, or to get from place to place)	Mean		8.55	
	Std Error		0.14	
	N		10329	
	N Missing		576	
Q67bh If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean		0.99	
	Std Error		0.02	
	N		10494	
	N Missing		411	
Q67bm If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean		2.71	
	Std Error		0.09	
	N		10494	
	N Missing		411	
Q67ch If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming)	Mean		0.53	
	Std Error		0.02	
	N		10495	
	N Missing		410	
Q67cm If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming)	Mean		2.27	
	Std Error		0.08	
	N		10495	
	N Missing		410	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q67dh Hours spent last week - vigorous household/garden	Mean		3.40	
	Std Error		0.06	
	N		10356	
	N Missing		549	
Q67dm If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous household or garden chores that make you breathe harder or puff and pant	Mean		3.51	
	Std Error		0.10	
	N		10356	
	N Missing		549	
Q68a In a usual week, how much time in total do you spend doing the following things? Paid Work (Fulltime, Part-time, casual)	Don't do this activity	1	3866	36.6
	1-15 hours	2	1111	10.5
	16-24 hours	3	1016	9.6
	25-34 hours	4	1298	12.3
	35-40 hours	5	1900	18.0
	41-48 hours	6	863	8.2
	49 hours or more	7	512	4.8
	N Missing		170	
Q68b In a usual week, how much time in total do you spend doing the following things? Home duties (own / family home)	Don't do this activity	1	230	2.2
	1-15 hours	2	5795	56.1
	16-24 hours	3	1948	18.9
	25-34 hours	4	1165	11.3
	35-40 hours	5	549	5.3
	41-48 hours	6	185	1.8
	49 hours or more	7	461	4.5
	N Missing		402	
Q68c In the last week, how much time in total did you spend doing the following things? Work without pay (eg family business) (PREVIOUSLY TIME-036)	Don't do this activity	1	7798	77.6
	1-15 hours	2	1613	16.1
	16-24 hours	3	221	2.2
	25-34 hours	4	136	1.4
	35-40 hours	5	100	1.0
	41-48 hours	6	42	0.4
	49 hours or more	7	134	1.3
	N Missing		690	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q68d In a usual week, how much time in total do you spend doing the following things? Looking for work	Don't do this activity	1	9907	96.9
	1-15 hours	2	298	2.9
	16-24 hours	3	14	0.1
	25-34 hours	4	5	0.0
	35-40 hours	5	1	0.0
	49 hours or more	7	0	0.0
	N Missing		519	
	Q68e Last week, time spent doing unpaid voluntary work	Don't do this activity	1	7888
1-15 hours		2	2223	21.6
16-24 hours		3	108	1.1
25-34 hours		4	54	0.5
35-40 hours		5	12	0.1
41-48 hours		6	5	0.1
49 hours or more		7	13	0.1
N Missing			423	
Q68f In a usual week, how much time in total do you spend doing the following things? Active leisure (eg walking, exercise, sport)	Don't do this activity	1	2057	19.7
	1-15 hours	2	7898	75.7
	16-24 hours	3	370	3.5
	25-34 hours	4	75	0.7
	35-40 hours	5	12	0.1
	41-48 hours	6	7	0.1
	49 hours or more	7	11	0.1
	N Missing		298	
Q68g In the last week, how much time in total did you spend doing the following things? Passive leisure (eg TV, music, reading, relaxing)	Don't do this activity	1	267	2.5
	1-15 hours	2	6888	65.3
	16-24 hours	3	2051	19.4
	25-34 hours	4	793	7.5
	35-40 hours	5	259	2.5
	41-48 hours	6	135	1.3
	49 hours or more	7	151	1.4
	N Missing		181	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q68h In the last week, how much time in total did you spend doing the following things? Studying	Don't do this activity	1	8667	84.8
	1-15 hours	2	1372	13.4
	16-24 hours	3	93	0.9
	25-34 hours	4	49	0.5
	35-40 hours	5	17	0.2
	41-48 hours	6	9	0.1
	49 hours or more	7	8	0.1
	N Missing			565
Q69a Managing time is often difficult. How often do you feel: That you are rushed, pressured, too busy?	Every day	1	1801	17.1
	Few times week	2	3979	37.7
	Once a week	3	1971	18.7
	Once a month	4	1659	15.7
	Never	5	1141	10.8
	N Missing			168
Q69b Managing time is often difficult. How often do you feel: That you have time on your hands that you don't know what to do with?	Every day	1	203	1.9
	Few times week	2	850	8.2
	Once a week	3	1005	9.6
	Once a month	4	1390	13.3
	Never	5	6976	66.9
	N Missing			291
Q70 Do you regularly provide (unpaid) care for grandchildren or other people's children?	Daily	1	393	3.7
	Weekly	2	1364	12.8
	Occasionally	3	3069	28.9
	Never	4	5809	54.6
	N Missing			81
Q71a Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives with you	Yes	1	869	8.1
	No	2	9800	91.9
	N Missing			48
Q71b Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives elsewhere	Yes	1	2405	22.6
	No	2	8258	77.4
	N Missing			51

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q72 How many people with a long term illness, disability or frailty do you regularly provide care for?	No care given	0	7444	70.0
	One person	1	2324	21.9
	Two people	2	622	5.8
	>Two people	3	238	2.2
	N Missing		101	
Q73 How often do you provide this care or assistance?	No care given	0	7444	70.0
	Every day	1	865	8.1
	Several times a week	2	918	8.6
	Once a week	3	790	7.4
	Every few weeks	4	466	4.4
	Less often	5	152	1.4
	N Missing		83	
Q74 How much time do you usually spend providing such care or assistance on each occasion?	No care given	0	7444	70.2
	All day/night	1	264	2.5
	All day	2	207	1.9
	All night	3	18	0.2
	Several hours	4	1857	17.5
	About an hour	5	819	7.7
	N Missing		121	
Q75a Are you happy with your share of the following tasks and activities? Domestic work (shopping, cooking, cleaning etc)	Happy way it is	1	7250	68.2
	Like others to do more	2	2935	27.6
	Like other arrangement	3	378	3.6
	Not applicable	4	66	0.6
	N Missing		101	
Q75b Are you happy with your share of the following tasks and activities? Child care	Happy way it is	1	2697	26.8
	Like others to do more	2	124	1.2
	Like other arrangement	3	66	0.7
	Not applicable	4	7168	71.3
	N Missing		727	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q75c Are you happy with your share of the following tasks and activities? Caring for another adult (who is elderly/disabled/sick)	Happy way it is	1	2531	25.1
	Like others to do more	2	374	3.7
	Like other arrangement	3	263	2.6
	Not applicable	4	6932	68.6
	N Missing		662	
Q75d Are you happy with your share of the following tasks and activities? Other household work (gardening, home/car maintenance)	Happy way it is	1	6831	64.6
	Like others to do more	2	2575	24.4
	Like other arrangement	3	556	5.3
	Not applicable	4	606	5.7
	N Missing		161	
Q76a What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I would be really sorry if I had to move away from the people in my neighbourhood	strongly disagree	1	395	3.7
	disagree	2	1042	9.8
	neutral	3	3972	37.4
	agree	4	3396	31.9
	strongly agree	5	1825	17.2
	N Missing		107	
Q76b What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I have a lot in common with people in my neighbourhood	strongly disagree	1	377	3.5
	disagree	2	1488	14.0
	neutral	3	5037	47.5
	agree	4	2980	28.1
	strongly agree	5	734	6.9
	N Missing		122	
Q76c What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I generally trust my neighbours to look out for my property	strongly disagree	1	198	1.9
	disagree	2	535	5.0
	neutral	3	1735	16.4
	agree	4	6078	57.3
	strongly agree	5	2066	19.5
	N Missing		115	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q76d What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I am good friends with many people in this neighbourhood	strongly disagree	1	319	3.0
	disagree	2	1579	14.9
	neutral	3	3326	31.4
	agree	4	4272	40.4
	strongly agree	5	1090	10.3
	N Missing			140
Q76e What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I like living where I live	strongly disagree	1	136	1.3
	disagree	2	328	3.1
	neutral	3	1059	10.0
	agree	4	5649	53.3
	strongly agree	5	3426	32.3
	N Missing			121
Q76f What do you think about the neighbourhood that you live in? How much do you agree with the following statements? My neighbours treat me with respect	strongly disagree	1	95	0.9
	disagree	2	171	1.6
	neutral	3	1855	17.5
	agree	4	6566	61.9
	strongly agree	5	1926	18.1
	N Missing			121
Q76g What do you think about the neighbourhood that you live in? How much do you agree with the following statements? Children are safe walking around the neighbourhood during the day	strongly disagree	1	94	0.9
	disagree	2	453	4.3
	neutral	3	1808	17.1
	agree	4	6477	61.1
	strongly agree	5	1766	16.7
	N Missing			146
Q76h What do you think about the neighbourhood that you live in? How much do you agree with the following statements? People in my neighbourhood are very willing to help each other out	strongly disagree	1	146	1.4
	disagree	2	569	5.4
	neutral	3	3703	34.9
	agree	4	4928	46.4
	strongly agree	5	1267	11.9
	N Missing			126

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q76i What do you think about the neighbourhood that you live in? How much do you agree with the following statements? It is safe to walk around the neighbourhood at night	strongly disagree	1	413	3.9
	disagree	2	1875	17.7
	neutral	3	2826	26.7
	agree	4	4526	42.7
	strongly agree	5	952	9.0
	N Missing			145
Q77a Do you normally do any of the following kinds of work? Paid shift work	No	0	9891	92.3
	Yes	1	826	7.7
Q77b Do you normally do any of the following kinds of work? Paid work at night	No	0	10217	95.3
	Yes	1	499	4.7
Q77c Do you normally do any of the following kinds of work? Paid work from home	No	0	10226	95.4
	Yes	1	491	4.6
Q77d Do you normally do any of the following kinds of paid work? Self employment	No	0	9308	86.9
	Yes	1	1409	13.1
Q77e Do you normally do any of the following kinds of paid work? Paid work in more than one job	No	0	10124	94.5
	Yes	1	592	5.5
Q77f Do you normally do any of the following kinds of paid work? Casual paid work (work in a job which doesn't provide holiday pay or sick leave)	No	0	9009	84.1
	Yes	1	1707	15.9
Q77g Do you normally do any of the following kinds of work? Paid work involving none of the above	No	0	7576	70.7
	Yes	1	3140	29.3
Q77h Do you normally do any of the following kinds of work? I don't do any paid work	Do paid work	0	7401	69.1
	Do not do paid work	1	3316	30.9

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q78A What is your main occupation now	Manager/administrator	1	683	7.0
	Professional	2	2089	21.5
	Associate professional	3	796	8.2
	Tradesperson or related worker	4	249	2.6
	Advanced clerical/service worker	5	706	7.3
	Intermediate clerical/sales/service	6	1253	12.9
	Intermediate production/transport	7	64	0.7
	Elementary clerical/sales/service	8	487	5.0
	Labourer or related	9	512	5.3
	No paid job	10	2859	29.5
	N Missing			1070
Q78B What is your partner's main occupation now	Manager/administrator	1	1399	14.7
	Professional	2	1102	11.6
	Associate professional	3	875	9.2
	Tradesperson or related worker	4	1046	11.0
	Advanced clerical/service worker	5	136	1.4
	Intermediate clerical/sales/service	6	223	2.3
	Intermediate production/transport	7	642	6.7
	Elementary clerical/sales/service	8	122	1.3
	Labourer or related	9	432	4.5
	No paid job	10	2032	21.4
	Don't know/no partner	11	1504	15.8
N Missing			1193	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q79 How do you manage on the income you have available?	Impossible	1	184	1.7
	Difficult always	2	1077	10.1
	Difficult sometimes	3	2722	25.6
	Not too bad	4	4706	44.2
	Easy	5	1946	18.3
	N Missing		82	
Q80 Are there people who do NOT live with you who are dependent on your household income?	no	1	9404	89.1
	yes, one	2	867	8.2
	more than one	3	289	2.7
	N Missing		156	
Q81 Do you consider yourself to be completely retired from the paid workforce, partly retired, or not retired at all?	Not retired	1	5861	55.6
	Partially retired	2	1199	11.4
	Retired from paid work	3	2138	20.3
	Gave up work over 20 years ago	4	636	6.0
	Never had paid work	5	150	1.4
	Not/partially retired uncertain	6	552	5.2
	N Missing		209	
Q83 At what age do you expect to retire (completely) from the paid workforce?	Mean		61.38	
	Std Error		0.08	
	N		3724	
	Never had paid work	0	145	1.4
	Retired	102	2507	23.8
	Do not expect to retire	108	506	4.8
	Don't know	109	3605	34.3
	N Missing		231	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q84 You have said when you expect to retire, but if you had the choice, at what age would you like to retire (completely) from the paid workforce?	Mean		58.71	
	Std Error		0.07	
	N		4606	
	Never had paid work	0	144	1.4
	Retired	102	2514	24.2
	Do not want to retire	108	447	4.3
	Don't know	109	2699	26.0
	N Missing		362	
Q85a Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: Reaching the eligibility age for and old age (or service) pension	Never had paid work	0	137	1.4
	Not important	1	2722	27.0
	Limited importance	2	1490	14.8
	Important	3	1825	18.1
	Very important	4	1164	11.5
	Don't know	5	467	4.6
	Retired	102	2290	22.7
	N Missing		668	
Q85b Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: The ability to access other government pensions or benefits	Never had paid work	0	137	1.4
	Not important	1	2251	22.3
	Limited importance	2	1472	14.6
	Important	3	2069	20.5
	Very important	4	1321	13.1
	Don't know	5	538	5.3
	Retired	102	2290	22.7
	N Missing		712	
Q85c Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: The ability to access superannuation funds	Never had paid work	0	137	1.4
	Not important	1	1104	10.9
	Limited importance	2	921	9.1
	Important	3	2631	26.0
	Very important	4	2675	26.5
	Don't know	5	348	3.4
	Retired	102	2290	22.7
	N Missing		675	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q85d Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: Being retrenched or made redundant	Never had paid work	0	137	1.4
	Not important	1	2732	27.8
	Limited importance	2	827	8.4
	Important	3	1278	13.0
	Very important	4	1181	12.0
	Don't know	5	1386	14.1
	Retired	102	2290	23.3
	N Missing		961	
Q85e Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: The stresses and pressures of your job	Never had paid work	0	137	1.4
	Not important	1	1496	15.0
	Limited importance	2	1473	14.8
	Important	3	2547	25.6
	Very important	4	1542	15.5
	Don't know	5	476	4.8
	Retired	102	2290	23.0
	N Missing		816	
Q85f Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: A declining interest in work	Never had paid work	0	137	1.4
	Not important	1	1189	12.0
	Limited importance	2	1419	14.3
	Important	3	2968	29.9
	Very important	4	1424	14.4
	Don't know	5	483	4.9
	Retired	102	2290	23.1
	N Missing		881	
Q85g Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: Financial security	Never had paid work	0	137	1.4
	Not important	1	376	3.7
	Limited importance	2	384	3.8
	Important	3	2300	22.6
	Very important	4	4532	44.6
	Don't know	5	139	1.4
	Retired	102	2290	22.5
	N Missing		614	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q85h Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: The number of people for whom you need to provide financial support	Never had paid work	0	137	1.4
	Not important	1	2907	29.1
	Limited importance	2	1265	12.7
	Important	3	1634	16.4
	Very important	4	1277	12.8
	Don't know	5	473	4.7
	Retired	102	2290	22.9
	N Missing		797	
Q85i Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: When your partner retires	Never had paid work	0	137	1.4
	Not important	1	2293	23.6
	Limited importance	2	937	9.6
	Important	3	2039	21.0
	Very important	4	1446	14.9
	Don't know	5	573	5.9
	Retired	102	2290	23.6
	N Missing		1051	
Q85j Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: Your personal health or physical abilities	Never had paid work	0	137	1.4
	Not important	1	246	2.4
	Limited importance	2	432	4.3
	Important	3	3123	30.8
	Very important	4	3766	37.2
	Don't know	5	141	1.4
	Retired	102	2290	22.6
	N Missing		626	
Q85k Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: The need to care for your spouse or another family member	Never had paid work	0	137	1.4
	Not important	1	1330	13.3
	Limited importance	2	649	6.5
	Important	3	2503	25.1
	Very important	4	2414	24.2
	Don't know	5	645	6.5
	Retired	102	2290	23.0
	N Missing		793	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q85I Indicate how important each of the following might be in your decision about when to retire (completely) from the workforce: The desire for a different lifestyle	Never had paid work	0	137	1.4
	Not important	1	808	8.0
	Limited importance	2	1077	10.6
	Important	3	2978	29.4
	Very important	4	2458	24.3
	Don't know	5	383	3.8
	Retired	102	2290	22.6
	N Missing		630	
Q86a If you are retired, what are the sources of your retirement funding? OR If you are not retired, or have never been in paid work, what do you expect to be the sources for funding your retirement? Age pension/Service pension/Widow's pension/War Widow's pension	No	0	6008	62.2
	Yes	1	3649	37.8
	N Missing		1035	
Q86b If you are retired, what are the sources of your retirement funding? OR If you are not retired, or have never been in paid work, what do you expect to be the sources for funding your retirement? Other government pension or allowance	No	0	7911	81.9
	Yes	1	1745	18.1
	N Missing		1035	
Q86c If you are retired, what are the sources of your retirement funding? OR If you are not retired, or have never been in paid work, what do you expect to be the sources for funding your retirement? Lump sum superannuation payout	No	0	6426	66.5
	Yes	1	3231	33.5
	N Missing		1035	
Q86d If you are retired, what are the sources of your retirement funding? OR If you are not retired, or have never been in paid work, what do you expect to be the sources for funding your retirement? A pension or annuity purchased with superannuation or some other funds	No	0	7149	74.0
	Yes	1	2507	26.0
	N Missing		1035	
Q86e If you are retired, what are the sources of your retirement funding? OR If you are not retired, or have never been in paid work, what do you expect to be the sources for funding your retirement? Income from savings and investments (such as shares and property)	No	0	5923	61.3
	Yes	1	3733	38.7
	N Missing		1035	
Q86f If you are retired, what are the sources of your retirement funding? OR If you are not retired, or have never been in paid work, what do you expect to be the sources for funding your retirement? Income from a business	No	0	8853	91.7
	Yes	1	804	8.3
	N Missing		1035	
Q86g If you are retired, what are the sources of your retirement funding? OR If you are not retired, or have never been in paid work, what do you expect to be the sources for funding your retirement? Income or pension from your spouse/partner	No	0	7111	73.6
	Yes	1	2545	26.4
	N Missing		1035	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q86h If you are retired, what are the sources of your retirement funding? OR If you are not retired, or have never been in paid work, what do you expect to be the sources for funding your retirement? Financial support from family	No	0	9481	98.2
	Yes	1	176	1.8
	N Missing		1035	
Q86i If you are retired, what are the sources of your retirement funding? OR If you are not retired, or have never been in paid work, what do you expect to be the sources for funding your retirement? Other sources (please specify on page 26)- (comments page)	No	0	9469	98.1
	Yes	1	188	1.9
	N Missing		1035	
Q86j If you are retired, what are the sources of your retirement funding? OR If you are not retired, or have never been in paid work, what do you expect to be the sources for funding your retirement? Don't know	Do know source of retirement funding	0	9012	93.3
	Don't know source of retirement funding	1	645	6.7
	N Missing		1035	
Q87a These questions are about getting on with other people: Are you sad or lonely often?	Yes	1	1488	14.0
	No	2	9141	86.0
	N Missing		98	
Q87b These questions are about getting on with other people: Do you feel uncomfortable with anyone in your family?	Yes	1	2330	22.1
	No	2	8232	77.9
	N Missing		151	
Q87c These questions are about getting on with other people: Can you take your own medication and get around by yourself?	Yes	1	10051	95.3
	No	2	501	4.7
	N Missing		154	
Q87d These questions are about getting on with other people: Do you feel that nobody wants you around?	Yes	1	347	3.3
	No	2	10255	96.7
	N Missing		113	
Q87e These questions are about getting on with other people: Does someone in your family make you stay in bed or tell you you're sick when you know you're not?	Yes	1	105	1.0
	No	2	10544	99.0
	N Missing		62	
Q87f These questions are about getting on with other people: Has anyone forced you to do things you didn't want to do?	Yes	1	801	7.5
	No	2	9829	92.5
	N Missing		81	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q87g These questions are about getting on with other people: Has anyone taken things that belong to you without your OK?	Yes	1	1090	10.3
	No	2	9544	89.7
	N Missing		79	
Q87h These questions are about getting on with other people: Do you trust most people in your family?	Yes	1	9975	94.0
	No	2	634	6.0
	N Missing		107	
Q87i These questions are about getting on with other people: Do you have enough privacy at home?	Yes	1	9950	93.5
	No	2	695	6.5
	N Missing		69	
Q87j These questions are about getting on with other people: Has anyone close to you tried to hurt you or harm you recently?	Yes	1	288	2.7
	No	2	10349	97.3
	N Missing		83	
Q87k These questions are about getting on with other people: Has anyone close to you called you names or put you down or made you feel bad recently?	Yes	1	1564	14.7
	No	2	9074	85.3
	N Missing		73	
Q87l These questions are about getting on with other people: Are you afraid of anyone in your family?	Yes	1	333	3.1
	No	2	10292	96.9
	N Missing		93	
Q87m These questions are about getting on with other people: Does anyone in your family drink a lot of alcohol?	Yes	1	1669	15.7
	No	2	8965	84.3
	N Missing		80	
Q87n These questions are about getting on with other people: Have you ever been in a violent relationship with a partner/spouse?	Yes	1	1432	13.5
	No	2	9196	86.5
	N Missing		92	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q88 What is your present marital status?	Married	1	7718	73.1
	De facto opposite sex	2	560	5.3
	De facto same sex	3	67	0.6
	Separated	4	411	3.9
	Divorced	5	1093	10.4
	Widowed	6	385	3.6
	Never married	7	329	3.1
	N Missing		157	
Q89a How many people live with you now? No one, I live alone	Do not live alone	0	9395	88.0
	Live alone	1	1281	12.0
	N Missing		35	
Q89b How many people live with you now? Partner or spouse	none	0	2353	22.0
	one	1	8324	78.0
	N Missing		35	
Q89c How many people live with you now? Children under 16 years	none	0	10038	94.0
	one	1	478	4.5
	two	2	122	1.1
	three or more	3	38	0.4
	N Missing		35	
Q89d How many people live with you now? Children 16-18 years	none	0	10123	94.8
	one	1	507	4.8
	two	2	44	0.4
	three or more	3	1	0.0
	N Missing		35	
Q89e How many people live with you now? Children over 18 years	none	0	7696	72.1
	one	1	2084	19.5
	two	2	758	7.1
	three or more	3	137	1.3
	N Missing		35	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q89f How many people live with you now? Your parents or in-laws	none	0	10388	97.3
	one	1	256	2.4
	two	2	30	0.3
	three or more	3	3	0.0
	N Missing		35	
Q89g How many people live with you now? Other adult relatives	none	0	10278	96.3
	one	1	305	2.9
	two	2	76	0.7
	three or more	3	16	0.2
	N Missing		35	
Q89h How many people live with you now? Other adults (not family members)	none	0	10344	96.9
	one	1	270	2.5
	two	2	45	0.4
	three or more	3	18	0.2
	N Missing		35	
Q90a People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help you if you are confined to bed	None of time	1	797	7.5
	Little of time	2	1128	10.6
	Some of time	3	1591	15.0
	Most of time	4	3223	30.4
	All of time	5	3872	36.5
	N Missing		103	
Q90b People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone you can count on to listen to you when you need to talk	None of time	1	251	2.4
	Little of time	2	836	7.9
	Some of time	3	1506	14.2
	Most of time	4	3780	35.6
	All of time	5	4255	40.0
	N Missing		79	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q90c People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to give you advice about a crisis	None of time	1	444	4.2
	Little of time	2	850	8.0
	Some of time	3	1688	15.9
	Most of time	4	3950	37.2
	All of time	5	3688	34.7
	N Missing			94
Q90d People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to take you to the doctor if you need it	None of time	1	406	3.8
	Little of time	2	697	6.6
	Some of time	3	999	9.4
	Most of time	4	3319	31.3
	All of time	5	5200	49.0
	N Missing			91
Q90e People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who shows you love and affection	None of time	1	237	2.2
	Little of time	2	590	5.6
	Some of time	3	1109	10.5
	Most of time	4	2813	26.5
	All of time	5	5858	55.2
	N Missing			105
Q90f People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to have a good time with	None of time	1	251	2.4
	Little of time	2	699	6.6
	Some of time	3	1666	15.7
	Most of time	4	3441	32.4
	All of time	5	4574	43.0
	N Missing			87
Q90g People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to give you information to help you understand a situation	None of time	1	283	2.7
	Little of time	2	715	6.7
	Some of time	3	1741	16.4
	Most of time	4	4105	38.7
	All of time	5	3769	35.5
	N Missing			95

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q90h People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to confide in or talk to about yourself or your problems	None of time	1	345	3.2
	Little of time	2	921	8.7
	Some of time	3	1567	14.7
	Most of time	4	3663	34.4
	All of time	5	4137	38.9
	N Missing			79
Q90i People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who hugs you	None of time	1	499	4.7
	Little of time	2	1043	9.8
	Some of time	3	1513	14.2
	Most of time	4	2694	25.4
	All of time	5	4874	45.9
	N Missing			91
Q90j People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to get together with for relaxation	None of time	1	297	2.8
	Little of time	2	874	8.2
	Some of time	3	1824	17.2
	Most of time	4	3476	32.7
	All of time	5	4157	39.1
	N Missing			84
Q90k People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to prepare your meals if you are unable to do it for yourself	None of time	1	751	7.1
	Little of time	2	1081	10.2
	Some of time	3	1521	14.3
	Most of time	4	2842	26.7
	All of time	5	4431	41.7
	N Missing			85
Q90l People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone whose advice you really want	None of time	1	593	5.6
	Little of time	2	1029	9.7
	Some of time	3	1882	17.7
	Most of time	4	3604	33.9
	All of time	5	3508	33.0
	N Missing			99

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q90m People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to do things with to help you get your mind off things	None of time	1	453	4.3
	Little of time	2	1047	9.8
	Some of time	3	2131	20.0
	Most of time	4	3697	34.8
	All of time	5	3303	31.1
	N Missing			86
Q90n People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help with daily chores if you are sick	None of time	1	742	7.0
	Little of time	2	1283	12.1
	Some of time	3	1699	16.0
	Most of time	4	2999	28.2
	All of time	5	3910	36.8
	N Missing			81
Q90o People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to share your most private worries and fears with	None of time	1	801	7.5
	Little of time	2	1153	10.8
	Some of time	3	1549	14.6
	Most of time	4	3062	28.8
	All of time	5	4065	38.2
	N Missing			87
Q90p People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to turn to for suggestions about how to deal with a personal problem	None of time	1	551	5.2
	Little of time	2	1155	10.9
	Some of time	3	1671	15.7
	Most of time	4	3479	32.7
	All of time	5	3775	35.5
	N Missing			89
Q90q People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to do something enjoyable with	None of time	1	247	2.3
	Little of time	2	787	7.4
	Some of time	3	1709	16.1
	Most of time	4	3648	34.3
	All of time	5	4236	39.9
	N Missing			92

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q90r People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who understands your problems	None of time	1	487	4.6
	Little of time	2	953	9.0
	Some of time	3	1929	18.2
	Most of time	4	3663	34.5
	All of time	5	3594	33.8
	N Missing			88
Q90s People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to love and make you feel wanted	None of time	1	486	4.6
	Little of time	2	831	7.8
	Some of time	3	1219	11.5
	Most of time	4	2767	26.0
	All of time	5	5326	50.1
	N Missing			82
Q91a In general, are you satisfied with what you have achieved in your life so far in the areas of: Work	Very satisfied	1	2739	26.5
	Satisfied	2	6322	61.1
	Dissatisfied	3	1083	10.5
	Very dissatisfied	4	198	1.9
	N Missing			391
Q91b In general, are you satisfied with what you have achieved in your life so far in the areas of: Career	Very satisfied	1	2085	21.4
	Satisfied	2	5557	56.9
	Dissatisfied	3	1828	18.7
	Very dissatisfied	4	293	3.0
	N Missing			1057
Q91c In general, are you satisfied with what you have achieved in your life so far in the areas of: Study	Very satisfied	1	1362	14.9
	Satisfied	2	5092	55.5
	Dissatisfied	3	2382	26.0
	Very dissatisfied	4	334	3.6
	N Missing			1674
Q91d In general, are you satisfied with what you have achieved in your life so far in the areas of: Family relationships	Very satisfied	1	4252	40.3
	Satisfied	2	5274	50.0
	Dissatisfied	3	856	8.1
	Very dissatisfied	4	159	1.5
	N Missing			190

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q91e In general, are you satisfied with what you have achieved in your life so far in the areas of: Partner/closest personal relationship	Very satisfied	1	4515	43.5
	Satisfied	2	3963	38.1
	Dissatisfied	3	1380	13.3
	Very dissatisfied	4	531	5.1
	N Missing		333	
Q91f In general, are you satisfied with what you have achieved in your life so far in the areas of: Friendships	Very satisfied	1	3797	35.9
	Satisfied	2	5901	55.8
	Dissatisfied	3	754	7.1
	Very dissatisfied	4	125	1.2
	N Missing		147	
Q91g In general, are you satisfied with what you have achieved in your life so far in the areas of: Social activities	Very satisfied	1	2251	21.4
	Satisfied	2	6568	62.4
	Dissatisfied	3	1483	14.1
	Very dissatisfied	4	217	2.1
	N Missing		215	
Q67atotmin	Mean		195.31	
	Std Error		4.32	
	N		3212	
	N Missing		7693	
Q67btotmin	Mean		67.24	
	Std Error		2.79	
	N		2403	
	N Missing		8502	
Q67ctotmin	Mean		44.26	
	Std Error		2.20	
	N		2240	
	N Missing		8665	
Q67dtotmin	Mean		200.14	
	Std Error		6.02	
	N		2568	
	N Missing		8337	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q68an	Mean		1.00	
	Std Error		0.00	
	N		6609	
	N Missing		4296	
SEIFA Index Socio-economic Disadvantage	Mean		1015.68	
	Std Error		0.84	
	N		10767	
	N Missing		138	
SEIFA Index Socio-economic Adv/Disadv	Mean		1012.47	
	Std Error		0.96	
	N		10767	
	N Missing		138	
SEIFA index Economic resources	Mean		1011.89	
	Std Error		0.97	
	N		10767	
	N Missing		138	
SEIFA index of Education and Occupation	Mean		1010.43	
	Std Error		0.94	
	N		10767	
	N Missing		138	
PF - Physical Functioning Subscale	Mean		80.64	
	Std Error		0.19	
	N		10781	
	N Missing		124	
RP - Role Physical Scale	Mean		75.88	
	Std Error		0.35	
	N		10840	
	N Missing		65	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
BP - Bodily Pain Subscale	Mean		68.81	
	Std Error		0.23	
	N		10893	
	N Missing		12	
GH - General Health Subscale	Mean		71.02	
	Std Error		0.20	
	N		10633	
	N Missing		272	
VT - Vitality Index Scale	Mean		58.65	
	Std Error		0.21	
	N		10857	
	N Missing		48	
SF - Social Functioning Scale	Mean		82.74	
	Std Error		0.22	
	N		10897	
	N Missing		8	
RE - Role Emotional Scale	Mean		81.03	
	Std Error		0.33	
	N		10812	
	N Missing		93	
MH - Mental Health Subscale	Mean		74.53	
	Std Error		0.17	
	N		10849	
	N Missing		56	
PCSWHA - Physical health summary score - standardised to the WHA population	Mean		47.80	
	Std Error		0.10	
	N		10435	
	N Missing		470	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
MCSWHA - Mental health summary score - standardised to the WHA population				
	Mean		52.04	
	Std Error		0.09	
	N		10435	
	N Missing		470	
State participant resides in at the completion of each survey				
	NSW	1	3182	29.7
	Vic	2	2594	24.2
	Qld	3	2123	19.8
	SA	4	1017	9.5
	WA	5	1147	10.7
	Tas	6	326	3.0
	NT	7	102	1.0
	ACT	8	215	2.0
	Overseas	9	4	0.0
	N Missing		9	
Alcohol status- NHMRC (AlcNHMRC)				
	Low risk drinker	1	5879	55.5
	Non-drinker	2	1513	14.3
	Rarely drinks	3	2480	23.4
	Risky drinker	4	617	5.8
	High risk drinker	5	101	0.9
	N Missing		125	
Alcohol pattern (AlcPAtt)				
	Low risk drinker, >=5 drinks <weekly	1	7992	76.4
	Non-drinker	2	1513	14.5
	Low risk drinker, >=5 drinks weekly	3	245	2.3
	Risky/high risk drinker	4	717	6.9
	N Missing		269	
Smoking status - smokst				
	Never-smoker	1	6322	59.2
	Ex-smoker	2	2897	27.1
	Smoker <10 c/d	3	387	3.6
	Smoker 10-19 c/d	4	431	4.0
	Smoker > = 20 c/d	5	639	6.0
	N Missing		38	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Exercise Status Grouped	Nil/sedentary	1	1554	15.5
	Low	2	2954	29.4
	Moderate	3	2347	23.4
	High	4	3196	31.8
	N Missing		742	
Life satisfaction score	Mean		3.11	
	Std Error		0.00	
	N		10715	
	N Missing		190	
CES-D10	Mean		5.91	
	Std Error		0.05	
	N		10650	
	N Missing		255	
o2nhsfty	Mean		7.24	
	Std Error		0.01	
	N		10724	
	N Missing		181	
o2nhstsf	Mean		25.66	
	Std Error		0.04	
	N		10799	
	N Missing		106	
Proportion of Life events 0 to 1	Mean		0.07	
	Std Error		0.00	
	N		10873	
	N Missing		32	
Mean of Multi-item summed score for perceived stress. From 0 to 4. Higher values means more stressed.	Mean		0.59	
	Std Error		0.00	
	N		10835	
	N Missing		70	
Age group at time of selection - 1st April 1996	Mid	2	10716	100.0

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Type of survey completed (full or short phone). Note: useful variable indicating response when merging data sets across waves.	Full survey	1	10716	100.0
What is your year of birth?	Mean		1948.27	
	Std Error		0.01	
	N		10905	
	N Missing		0	
Age at time survey returned	Mean		55.48	
	Std Error		0.01	
	N		10905	
	N Missing		0	
ALSWH metmin exercise groups	Mean		2.77	
	Std Error		0.01	
	N		10626	
	N Missing		279	
MACQ cognitive decline scale	Mean		24.61	
	Std Error		0.04	
	N		10850	
	N Missing		55	
GoldAnx - Goldberg Anxiety Scale Derived variable, sum of first 9 - anxiety only - units on the GADS (formerly known as GAS)	Mean		4.30	
	Std Error		0.03	
	N		10745	
	N Missing		160	
Life orientation test -revised	Mean		15.84	
	Std Error		0.04	
	N		10707	
	N Missing		198	
Labour Force Participation	not in labour force	0	2860	26.9
	labour force employed	1	7657	72.0
	labour force unemployed	2	124	1.2
	N Missing		84	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Payment for work	Employed, not paid	0	957	9.0
	Employed, paid	1	6700	63.0
	not in labour force/unemployed	2	2984	28.0
	N Missing		84	
Hours worked	1-15	1	1309	12.3
	16-24	2	1177	11.1
	25-34	3	1361	12.8
	35-40	4	1958	18.4
	41-48	5	1027	9.7
	49+	6	824	7.7
	not labf/unemp	7	2984	28.0
	N Missing		84	
Categories based on Hours worked (hrs)	Not in Lab Force/Unemployed	0	2984	28.0
	Part time	1	3848	36.2
	Full time	2	3809	35.8
	N Missing		84	
Life Control Scale	Mean		19.71	
	Std Error		0.05	
	N		10834	
	N Missing		71	
Mean value of MOS scale values for Emotional/Informational Support, 1 to 5	Mean		3.89	
	Std Error		0.01	
	N		10825	
	N Missing		80	
Mean value of MOS scale values for Affectionate Support, 1 to 5	Mean		4.07	
	Std Error		0.01	
	N		10820	
	N Missing		85	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Mean value of MOS scale values for Tangible Support, 1 to 5	Mean		3.89	
	Std Error		0.01	
	N		10767	
	N Missing		138	
Mean value of MOS scale values for Positive Social Interaction, 1 to 5	Mean		3.94	
	Std Error		0.01	
	N		10815	
	N Missing		90	
Grouped Mean value of MOS scale values for Emotional/Informational Support, 1 to 5. Higher scores for subscales and the index indicate more social support.	All the time	1	5003	47.0
	Most of the time	2	3459	32.5
	Some of the time	3	1475	13.9
	None/little of the time	4	699	6.6
	N Missing		80	
Grouped Mean value of MOS scale values for Affectionate Support/Positive Social Interaction, 1 to 5. Higher scores for subscales and the index indicate more social support.	All the time	1	5842	55.0
	Most of the time	2	2901	27.3
	Some of the time	3	1367	12.9
	None/little of the time	4	518	4.9
	N Missing		85	
Grouped Mean value of MOS scale values for Tangible Support, 1 to 5 Higher scores for subscales and the index indicate more social support.	All the time	1	5139	48.6
	Most of the time	2	3016	28.5
	Some of the time	3	1461	13.8
	None/little of the time	4	962	9.1
	N Missing		138	
Grouped Mean value of MOS scale values for Social Support, 1 to 5. Higher scores for subscales and the index indicate more social support.	All the time	1	5393	50.8
	Most of the time	2	3191	30.0
	Some of the time	3	1435	13.5
	None/little of the time	4	607	5.7
	N Missing		90	

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
PCS_ABS - Physical health summary score - standardised against the entire Australian adult population	Mean		48.10	
	Std Error		0.10	
	N		10435	
	N Missing		470	
MCS_ABS - Mental health summary score - standardised against the entire Australian adult population	Mean		49.19	
	Std Error		0.11	
	N		10435	
	N Missing		470	
PCS_US - Physical health summary score - standardised against the entire US adult population	Mean		47.74	
	Std Error		0.10	
	N		10435	
	N Missing		470	
MCS_US - Mental health summary score - standardised against the entire US adult population	Mean		50.44	
	Std Error		0.10	
	N		10435	
	N Missing		470	
Menopausal Status (New in 2008)	Hysterectomy only	1	2140	20.0
	Oophorectomy only	2	98	0.9
	Hysterectomy and oophorectomy	3	993	9.3
	HRT use	4	1107	10.3
	OCP use	5	48	0.5
	Pre-menopausal	6	206	1.9
	Peri-menopausal	7	1055	9.8
	Post-menopausal	8	5037	47.0
	Unclassifiable	9	33	0.3

ALSWH Data book for the fourth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Menopausal Status Grouped (New in 2008)	Surgical menopause	1	3230	30.2
	HRT use	2	1107	10.4
	OCP use	3	48	0.5
	Pre-menopausal	4	206	1.9
	Peri-menopausal	5	1055	9.9
	Post-menopausal	6	5037	47.1
	N Missing		39	
WHO BMI Groupings	Underweight, BMI < 18.5	1	116	1.1
	Healthy weight, 18.5 <= BMI < 25	2	4094	40.5
	Overweight, 25 <= BMI < 30	3	3410	33.8
	Obese, 30 <= BMI	4	2482	24.6
	N Missing		646	
How much do you weigh without clothes or shoes?	Mean		71.63	
	Std Error		0.15	
	N		10268	
	N Missing		637	
How tall are you without shoes?	Mean		162.82	
	Std Error		0.06	
	N		10880	
	N Missing		25	
Body Mass Index (BMI)	Mean		27.02	
	Std Error		0.05	
	N		10247	
	N Missing		658	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
ARIA+ Grouped into categories	Major cities of Australia	1	6925	64.7
	Inner regional Australia	2	2485	23.2
	Outer regional Australia	3	1117	10.4
	Remote Australia	4	144	1.3
	Very Remote Australia	5	35	0.3
	Overseas	6	4	0.0
	N Missing			7
Age at time of survey returned in years	Mean		55.03	
	Std Error		0.01	
	N		10905	
	N Missing		0	