

the australian longitudinal study on women's health

data book

for the fifth survey of the 1946-51 cohort 2007 (when they were aged 56-61 years)

december 2008

Data book for the fifth survey of the 1946-1951 cohort (aged 56-61 years)

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Notes

During 2007 and 2008, 10,638 valid surveys were returned by members of the ALSWH 1946-51 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (http://www.alwsh.org.au/). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

Australian Longitudinal Study on Women's Health www.alswh.org.au

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Item Description	Categories	Values	Number	%
Q1 In general, would you say your health is:				
	Excellent	1	1271	12.1
	Very good	2	3945	37.6
	Good	3	3904	37.2
	Fair	4	1201	11.4
	Poor	5	173	1.7
	N Missing		41	
Q2 Compared to one year ago, how would you rate your health in general no	W			
	Much better	1	738	7.0
	Somewhat better	2	1330	12.7
	About the same	3	7039	67.0
	Somewhat worse	4	1288	12.3
	Much worse	5	104	1.0
	N Missing		40	
Q3a The following questions are about activities you might do during a typica	I			
lay. Does your health now limit you in these activities? If so, how much? /igorous activities such as running, lifting heavy objects, participating in trenuous sports	Limited a lot	1	3688	35.7
	Limited a little	2	4836	46.8
	Not limited	3	1816	17.6
	N Missing		191	
Q3b The following questions are about activities you might do during a typica	I			
day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner,	Limited a lot	1	671	6.4
bowling or playing golf	Limited a little	2	2523	24.2
	Not limited	3	7245	69.4
	N Missing		93	
Q3c The following questions are about activities you might do during a typical	l			
day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries	Limited a lot	1	467	4.5
	Limited a little	2	2309	22.1
	Not limited	3	7659	73.4
	N Missing		101	
Q3d The following questions are about activities you might do during a typica	I			
day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs	Limited a lot	1	1274	12.2
	Limited a little	2	3595	34.6
	Not limited	3	5531	53.2
	N Missing		136	

Limited a lot Limited a little	1		
	1		
Limited a little	1	366	3.5
	2	1490	14.3
Not limited	3	8548	82.2
N Missing		140	
Limited a lot	1	1089	10.5
Limited a little	2	4012	38.5
Not limited	3	5316	51.0
N Missing		120	
Limited a lot	1	846	8.1
Limited a little	2	1930	18.5
Not limited	3	7636	73.3
N Missing		115	
Limited a lot	1	459	4.4
Limited a little	2	985	9.5
Not limited	3	8972	86.1
N Missing		121	
Limited a lot	1	211	2.0
Limited a little	2	602	5.8
Not limited	3	9614	92.2
N Missing		105	
Limited a lot	1	135	1.3
Limited a little	2	415	4.0
Not limited	3	9891	94.7
N Missing		92	
Yes	1	1937	18.5
No	2	8560	81.5
N Missing		42	
-			
Yes	1	3101	29.6
No	2	7373	70.4
	Limited a little Not limited N Missing Limited a lot Limited a little Not limited N Missing Limited a lot Limited a lot Limited a little Not limited N Missing Limited a lot Limited a little Not limited N Missing Limited a lot Limited a lot Limited a little Not limited N Missing Limited a lot Limited a little Not limited N Missing Yes No N Missing	Limited a little 2 Not limited 3 N Missing Limited a lot 1 Limited a little 2 Not limited 3 N Missing Limited a lot 1 Limited a lot 1 Limited a little 2 Not limited 3 N Missing Limited a lot 1 Limited a little 2 Not limited 3 N Missing Limited a lot 1 Limited a little 2 Not limited 3 N Missing Limited a lot 1 Limited a little 2 Not limited 3 N Missing Limited a lot 1 Limited a little 2 Not limited 3 N Missing Yes 1 No 2 N Missing Yes 1 No 2 N Missing 1	Limited a little24012Not limited35316N Missing120Limited a lot1846Limited a little21930Not limited37636N Missing115Limited a lot1459Limited a lot1459Limited a lot1211Limited a lot1211Limited a lot1211Limited a lot1211Limited a lot1211Limited a lot1211Limited a lot1135Limited a little28560N Missing42Yes13101No27373

Item Description	Categories	Values	Number	%
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the	Yes	1	2504	23.9
kind of work or other activities	No	2	7971	76.1
	N Missing		72	
Q4d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty	Yes	1	2668	25.5
performing the work or other activities (for example it took extra effort)	No	2	7800	74.5
	N Missing		75	
Q5a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional	Yes	1	1490	14.2
problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities	No	2	8991	85.8
	N Missing	-	58	0010
Q5b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional		4		01.0
problems (such as feeling depressed or anxious)? Accomplished less than you would like	Yes	1	2259	21.6
	No	2	8208	78.4
	N Missing		79	
Q5c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual	Yes	1	1560	14.9
	No	2	8908	85.1
	N Missing		80	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	1	6537	62.2
	Slightly	2	2093	19.9
	Moderately	3	1033	9.8
	Quite a bit	4	683	6.5
	Extremely	5	163	1.5
	N Missing		26	
Q7 How much bodily pain have you had during the past four weeks?				
	No bodily pain	1	1850	17.6
	Very mild	2	3291	31.3
	Mild	3	2148	20.5
	Moderate	4	2318	22.1
	Severe	5	747	7.1
	Very severe	6	147	1.4
	N Missing		35	

Item Description	Categories	Values	Number	%
Q8 During the past four weeks, how much did pain interfere with your normal				
work (including both work outside the home and housework)?	Not at all	1	5266	50.1
	A little bit	2	2952	28.1
	Moderately	3	1320	12.6
	Quite a bit	4	791	7.5
	Extremely	5	185	1.8
	N Missing		28	
Q9a For each question, please give the one answer that comes closest to the				
way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	502	4.8
	Most of the time	2	4013	38.4
	A good bit of the time	3	2273	21.7
	Some of the time	4	2134	20.4
	Little of the time	5	1032	9.9
	None of the time	6	509	4.9
	N Missing		83	
Q9b For each question, please give the one answer that comes closest to the				
way you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person	All the time	1	120	1.1
	Most of the time	2	275	2.6
	A good bit of the time	3	449	4.3
	Some of the time	4	1433	13.7
	Little of the time	5	3073	29.3
	None of the time	6	5126	48.9
	N Missing		65	
Q9c For each question, please give the one answer that comes closest to the				
way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up	All the time	1	50	0.5
	Most of the time	2	144	1.4
	A good bit of the time	3	324	3.1
	Some of the time	4	918	8.8
	Little of the time	5	1964	18.7
	None of the time	6	7078	67.6
	N Missing		72	

Item Description	Categories	Values	Number	%
Q9d For each question, please give the one answer that comes closest to the				
way you have been feeling. How much of the time during the past four weeks. Have you felt calm and peaceful	All the time	1	541	5.2
	Most of the time	2	4107	39.3
	A good bit of the time	3	2089	20.0
	Some of the time	4	2133	20.4
	Little of the time	5	1154	11.0
	None of the time	6	437	4.2
	N Missing		80	
Q9e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks.				
Did you have a lot of energy	All the time	1	323	3.1
	Most of the time	2	3306	31.7
	A good bit of the time	3	2429	23.3
	Some of the time	4	2365	22.7
	Little of the time	5	1300	12.5
	None of the time	6	707	6.8
	N Missing		112	
Q9f For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks.				
Have you felt down	All the time	1	84	0.8
	Most of the time	2	241	2.3
	A good bit of the time	3	506	4.8
	Some of the time	4	1979	18.9
	Little of the time	5	4303	41.2
	None of the time	6	3333	31.9
	N Missing		101	
Q9g For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks.				
Did you feel worn out	All the time	1	209	2.0
	Most of the time	2	541	5.2
	A good bit of the time	3	1160	11.1
	Some of the time	4	2795	26.8
	Little of the time	5	4080	39.0
	None of the time	6	1664	15.9
	N Missing		97	

Item Description	Categories	Values	Number	%
Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks.				
Have you been a happy person	All the time	1	1071	10.2
	Most of the time	2	5477	52.3
	A good bit of the time	3	1690	16.1
	Some of the time	4	1482	14.2
	Little of the time	5	599	5.7
	None of the time	6	148	1.4
	N Missing		77	
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks.				
Did you feel tired	All the time	1	395	3.8
	Most of the time	2	927	8.8
	A good bit of the time	3	1643	15.7
	Some of the time	4	3551	33.9
	Little of the time	5	3528	33.7
	None of the time	6	427	4.1
	N Missing		66	
Q10 During the past four weeks, how much of the time have your physical				
ealth or emotional problems interfered with your social activities (like visiting vith friends, relatives, etc)?	All the time	1	192	1.8
	Most of the time	2	465	4.4
	Some of the time	3	1600	15.2
	Little of the time	4	1906	18.1
	None of the time	5	6341	60.4
	N Missing		30	
Q11a How true or false is each of the following statements for you? I seem to				
get sick a little easier than other people	Definitely true	1	131	1.3
	Mostly true	2	487	4.7
	Don't know	3	883	8.6
	Mostly false	4	2083	20.3
	Definitely false	5	6700	65.1
	N Missing		242	
Q11b How true or false is each of the following statements for you? I am as				
nealthy as anybody I know	Definitely true	1	3483	33.7
	Mostly true	2	4385	42.4
	Don't know	3	1163	11.3
	Mostly false	4	842	8.2
	Definitely false	5	461	4.5
	N Missing		211	

my health to get worse Definitely true 1 441 4.3 Mostly true 2 1433 13.9 Don't know 3 3606 35.1 Mostly false 4 1902 18.5 Definitely false 5 2895 28.2 N Missing 254 254 Q11d How true or false is each of the following statements for you? My health is excellent 1 2005 19.4 Mostly true 2 5663 54.8 54.8 Don't know 3 558 5.4 Mostly true 2 5663 54.8 Don't know 3 558 5.4 Mostly false 4 1141 11.0 Definitely false 5 961 9.3 N Missing 200 200 200 Q12a How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitioner None 0 604 5.8 Once or twice 1 3459 30	Item Description	Categories	Values	Number	%
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Mostly false 4 19.0 18.5 Definitely false 5 289 28.2 N Missing -254 -254 Q11d How true or false is each of the following statements for you? My health is excellent. Definitely true 1 2005 19.4 Mostly false 4 1141 11.0 - - 56.6 5.48 Don't know 3 55.6 .44 1141 11.0 -		Mostly true	2	1433	13.9
Q11d How true or false is each of the following statements for you? My health is excellent Definitely true 1 2005 19.4 Missing 2 5663 54.8 Don't know 3 558 5.4 Mostly true 2 5663 54.8 Don't know 3 558 5.4 Mostly false 4 1141 11.0 Definitely false 5 9.60 3.558 Mostly false 5 9.60 5.3 Mostly false 0 6.04 5.8 Once or twice 1 3.459 3.29 Art times 3 4.3 3.01 So r 6 times 3 1.740 16.6 7 to 12 times 4 1063 10.1 13 to 24 times 5 3.29 3.01 13 to 24 times 5 3.24 3.10 13 to 24 times 6 1.47 1.4 1414 1.02 1.02 1.02 Casuality		Don't know	3	3606	35.1
Nissing 254 Q11d How true or false is each of the following statements for you? My health is excellent Definitely true 1 2005 19.4 Mostly true 2 5663 54.8 Don't know 3 558 54.4 Mostly true 2 5663 54.8 Don't know 3 558 54.4 Mostly false 4 1141 11.0 Definitely false 5 961 9.3 Nissing 200 200 200 Q12a How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practition (GP) None 0 604 5.8 Once or twice 1 3459 3.01 <		Mostly false	4	1902	18.5
Q11d How true or false is each of the following statements for you? My health is excellent Definitely true 1 2005 19.4 Mostly true 2 5663 54.8 Don't know 3 558 5.4 Mostly true 2 5663 54.8 Don't know 3 558 5.4 Mostly false 4 1141 11.0 Definitely false 5 961 9.3 N Missing 200 200 200 Q12a How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitioner (GP) None 0 604 5.8 Once or twice 1 3459 32.9 3 or 4 times 2 3165 30.1 5 or 6 times 3 1740 16.6 7 to 12 times 4 1063 10.1 13 to 24 times 5 324 3.1 25 or more times 6 147 1. Q12b How many times have you consulted the following people for your own heathth in the last twelve months? A hospital doctor (eg		Definitely false	5	2895	28.2
is excellent Definitely true 1 2005 19.4 Mostly true 2 5663 54.8 Don't know 3 558 5.4 Mostly false 4 1141 11.0 Definitely false 5 961 9.3 N Missing 200 200 Q12a How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitione (GP) None 0 604 5.8 Once or twice 1 3459 32.9 3 or 4 times 2 3165 30.1 5 or 6 times 3 1740 16.6 7 to 12 times 4 1063 10.1 13 to 24 times 5 32.9 3.04 1.4 1.4 N Missing 3 1740 16.6 1.4 1.4 Q12b How many times have you consulted the following people for your own heating in the last twelve months? A hospital doctor (eg in outpatients or causalty) None 0 8563 81.7 Q12b How many times have you consulted the following people for your own heating in the last twelve months? A hospital doctor (eg in outpatients or causalty) None		N Missing		254	
Q12b How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitioner (GP) None 0 604 5.8 Q12b How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitioner (GP) None 0 604 5.8 Q12b How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitioner (GP) None 0 604 5.8 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 604 5.8 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 Q12b How many times have you consulted the following people for your own hea	Q11d How true or false is each of the following statements for you? My health				
Don' know 3 558 5.4 Mostly false 4 1141 11.0 Definitely false 5 961 9.3 N Missing 200 200 Q12a How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practition (GP) None 0 604 5.8 Once or twice 1 3459 32.9 3 or 4 times 2 3165 30.1 5 or 6 times 3 1740 16.6 7 to 12 times 4 1063 10.1 13 to 24 times 5 324 3.1 14 14.4 14.2 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None <td>is excellent</td> <td>Definitely true</td> <td>1</td> <td>2005</td> <td>19.4</td>	is excellent	Definitely true	1	2005	19.4
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Q12a How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitioner (GP) None 0 604 5.8 None 0 604 5.8 3.0 3.		Don't know	3	558	5.4
Algo and a construct of the following people for your own health in the last twelve months? A family doctor or another general practition (GP) None 0 604 5.8 None 0 604 5.8 Once or twice 1 3459 32.9 3 or 4 times 2 3165 30.1 5 or 6 times 3 1740 16.6 7 to 12 times 4 1063 10.1 13 to 24 times 5 324 3.1 25 or more times 6 147 1.4 N Missing 36 147 1.4 None 0 8563 81.7 Once or twice 1 1484 14.2 3 or 4 times 2 261 2.5 so red times 3 85 0.8 3 or 4 times 2 261 2.5 5 or 6 times 3 85 0.5 6 times 3 85 0.5 13 to 24 times 5 0.5 13 to 24 times 2		Mostly false	4	1141	11.0
Q12a How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitioner (GP) None 0 604 5.8 Once or twice 1 3459 32.9 3 or 4 times 2 3165 30.1 5 or 6 times 3 1740 16.6 7 to 12 times 4 1063 10.1 13 to 24 times 5 324 3.1 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 Once or twice 1 1484 14.2 3 or 4 times 2 261 2.5 5 or 6 times 3 85 0.8 7 to 12 times 4 55 0.5 13 to 24 times 5 21 0.2 25 or more times 6 14 0.1		Definitely false	5	961	9.3
health in the last twelve months? A family doctor or another general practitioner (GP) None 0 604 5.8 Once or twice 1 3459 32.9 3 or 4 times 2 3165 30.1 5 or 6 times 3 1740 16.6 7 to 12 times 4 1063 10.1 13 to 24 times 5 324 3.1 25 or more times 6 147 1.4 N Missing 36 147 1.4 N Missing 36 81.7 30.1 1484 14.2 3 or 4 times 0 8563 81.7 30.1 1484 14.2 3 or 4 times 1 1484 14.2 1484 14.2 148 14.2 3 or 4 times 2 261 2.5 5.7 5.0 5.0 1.1 1.4 1.4 14.2 3 or 4 times 2 2.61 2.5 1.5 5.0 1.5 1.5 1.5 1.5 1.5 1.5 </td <td></td> <td>N Missing</td> <td></td> <td>200</td> <td></td>		N Missing		200	
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5 or 6 times 3 1740 16.6 7 to 12 times 4 1063 10.1 13 to 24 times 5 324 3.1 25 or more times 6 147 1.4 N Missing 36 36 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 Once or twice 1 1484 14.2 3 or 4 times 2 261 2.5 5 or 6 times 3 85 0.8 7 to 12 times 4 55 0.5 13 to 24 times 5 21 0.2 25 0.5 13 to 24 times 5 21 0.2 25 or more times 6 14 0.1 14 0.1		Once or twice	1	3459	32.9
7 to 12 times 4 1063 10.1 13 to 24 times 5 324 3.1 25 or more times 6 147 1.4 N Missing 36 36 36 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 Once or twice 1 1484 14.2 3 or 4 times 2 261 2.5 5 or 6 times 3 85 0.8 7 to 12 times 4 55 0.5 13 to 24 times 5 21 0.2 25 or more times 6 14 0.1		3 or 4 times	2	3165	30.1
13 to 24 times 5 324 3.1 25 or more times 6 147 1.4 N Missing 36 36 212b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 Once or twice 1 1484 14.2 3 or 4 times 2 261 2.5 5 or 6 times 3 85 0.8 7 to 12 times 4 55 0.5 13 to 24 times 5 21 0.2 25 or more times 6 14 0.1		5 or 6 times	3	1740	16.6
25 or more times 6 147 1.4 N Missing 36 Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 None 0 8563 21.4 1484 14.2 Once or twice 1 1484 14.2 3 or 4 times 2 261 2.5 5 or 6 times 3 85 0.8 7 to 12 times 4 55 0.5 13 to 24 times 5 21 0.2 25 or more times 6 14 0.1		7 to 12 times	4	1063	10.1
N Missing 36 Q12b How many times have you consulted the following people for your health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 None 0 8563 21.7 1484 14.2 3 or 4 times 2 261 2.5 5 or 6 times 3 85 0.8 7 to 12 times 4 55 0.5 13 to 24 times 5 21 0.2 25 or more times 6 14 0.1		13 to 24 times	5	324	3.1
Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty)None0856381.7None or twice1148414.23 or 4 times22612.55 or 6 times3850.87 to 12 times4550.513 to 24 times5210.225 or more times6140.1		25 or more times	6	147	1.4
health in the last twelve months? A hospital doctor (eg in outpatients or casualty) None 0 8563 81.7 Once or twice 1 1484 14.2 3 or 4 times 2 261 2.5 5 or 6 times 3 85 0.8 7 to 12 times 4 55 0.5 13 to 24 times 5 21 0.2 25 or more times 6 14 0.1		N Missing		36	
casualty) None 0 8563 81.7 Once or twice 1 1484 14.2 3 or 4 times 2 261 2.5 5 or 6 times 3 85 0.8 7 to 12 times 4 55 0.5 13 to 24 times 5 21 0.2 25 or more times 6 14 0.1	Q12b How many times have you consulted the following people for your own				
3 or 4 times 2 261 2.5 5 or 6 times 3 85 0.8 7 to 12 times 4 55 0.5 13 to 24 times 5 21 0.2 25 or more times 6 14 0.1	health in the last twelve months? A hospital doctor (eg in outpatients or casualty)	None	0	8563	81.7
5 or 6 times3850.87 to 12 times4550.513 to 24 times5210.225 or more times6140.1		Once or twice	1	1484	14.2
7 to 12 times 4 55 0.5 13 to 24 times 5 21 0.2 25 or more times 6 14 0.1		3 or 4 times	2	261	2.5
13 to 24 times 5 21 0.2 25 or more times 6 14 0.1		5 or 6 times	3	85	0.8
25 or more times 6 14 0.1		7 to 12 times	4	55	0.5
		13 to 24 times	5	21	0.2
N Missing 56		25 or more times	6	14	0.1
		N Missing		56	

Item Description	Categories	Values	Number	%
Q12c How many times have you consulted the following people for your own health in the last twelve months? A specialist doctor				
	None	0	5299	50.6
	Once or twice	1	3394	32.4
	3 or 4 times	2	1128	10.8
	5 or 6 times	3	366	3.5
	7 to 12 times	4	198	1.9
	13 to 24 times	5	66	0.6
	25 or more times	6	26	0.3
	N Missing		65	
Q13a Have you consulted the following services for your own health in the last	st			
twelve months? A physiotherapist	Yes	1	2335	22.3
	No	2	8145	77.7
	N Missing		57	
Q13b Have you consulted the following people for your own health in the last				
twelve months? Counsellor / Psychologist / Social worker	Yes	1	848	8.1
	No	2	9639	91.9
	N Missing		54	
Q13c Have you consulted the following people for your own health in the last				
twelve months? A community nurse, practice nurse, or nurse practitioner	Yes	1	782	7.5
	No	2	9629	92.5
	N Missing		125	
Q13d Have you consulted the following people for your own health in the last				
twelve months? Optician / Optometrist	Yes	1	6044	57.7
	No	2	4436	42.3
	N Missing		54	
Q13e Have you consulted the following people for your own health in the last				
twelve months? Dietitian	Yes	1	691	6.6
	No	2	9771	93.4
	N Missing		71	
Q13f Have you consulted the following people for your own health in the last				
twelve months? Podiatrist	Yes	1	1770	16.9
	No	2	8694	83.1
	N Missing		71	
Q13g Have you consulted the following services for your own health in the last	st			
twelve months? Massage therapist	Yes	1	2721	26.0
	No	2	7749	74.0
	N Missing		64	

Item Description	Categories	Values	Number	%
Q13h Have you consulted the following services for your own health in the last twelve months? Naturopath/ Herbalist				
	Yes	1	983	9.4
	No	2	9471	90.6
	N Missing		85	
Q13i Have you consulted the following people for your own health in the last				
twelve months? A Chiropractor	Yes	1	1526	14.6
	No	2	8933	85.4
	N Missing		72	
Q13j Have you consulted the following people for your own health in the last				
twelve months? Osteopath	Yes	1	455	4.4
	No	2	9978	95.6
	N Missing		96	
Q13k Have you consulted the following services for your own health in the last				
twelve months? Acupuncturist	Yes	1	651	6.2
	No	2	9806	93.8
	N Missing		80	
Q13I Have you consulted the following services for your own health in the last				
twelve months? Other alternative health practitioner (eg aromatherapist, homeopath, reflexogist, iridologist)	Yes	1	690	6.7
	No	2	9659	93.3
	N Missing		183	
Q14a How often have you used the following therapies for your own health in				
the last 12 months? Vitamins / Minerals	Never	1	2410	23.1
	Rarely	2	1033	9.9
	Sometimes	3	2176	20.9
	Often	4	4815	46.1
	N Missing		95	
Q14b How often have you used the following therapies for your own health in				
the last 12 months? Yoga or Meditation	Never	1	7472	73.1
	Rarely	2	886	8.7
	Sometimes	3	1069	10.5
	Often	4	800	7.8
	N Missing		314	
Q14c How often have you used the following therapies for your own health in	-			
the last 12 months? Herbal medicines	Never	1	6296	61.4
	Rarely	2	1037	10.1
	Sometimes	3	1746	17.0
	Often	4	1170	11.4
	N Missing		293	
10	-			

Item Description	Categories	Values	Number	%
Q14d How often have you used the following therapies for your own health in				
the last 12 months? Aromatherapy oils	Never	1	7102	69.4
	Rarely	2	1113	10.9
	Sometimes	3	1524	14.9
	Often	4	493	4.8
	N Missing		313	
Q14e How often have you used the following therapies for your own health in				
the last 12 months? Chinese medicines	Never	1	9250	90.7
	Rarely	2	424	4.2
	Sometimes	3	380	3.7
	Often	4	139	1.4
	N Missing		351	
Q14f How often have you used the following therapies for your own health in				
the last 12 months? Prayer or spiritual healing	Never	1	6840	66.6
	Rarely	2	657	6.4
	Sometimes	3	1276	12.4
	Often	4	1499	14.6
	N Missing		268	
Q14g How often have you used the following therapies for your own health in				
the last 12 months? Other alternative therapies	Never	1	8574	84.4
	Rarely	2	622	6.1
	Sometimes	3	636	6.3
	Often	4	327	3.2
	N Missing		387	
Q15a When you go to a General Practitioner: Do you go to the same place				
	Always	1	7979	76.3
	Most of time	2	2223	21.2
	Sometimes	3	198	1.9
	Rarely/never	4	63	0.6
	N Missing		69	
Q15b When you go to a General Practitioner: Do you usually see the same				
doctor	Always	1	5303	50.8
	Most of time	2	4282	41.0
	Sometimes	3	675	6.5
	Rarely/never	4	179	1.7
	N Missing		97	

Item Description	Categories	Values	Number	%
Q16 How would you rate the cost of your last visit to a general practitioner?				
	No cost	1	3846	36.6
	Good	2	1967	18.7
	Fair	3	3695	35.2
	Poor	4	802	7.6
	Don't know	5	190	1.8
	N Missing		38	
Q17 Do you have a Health Care Card ? This is a card that entitles you to discounts and assistance with medical expenses. This is not the same as a	Yes	1	2546	24.3
Medicare card.		1	2546	
	No	2	7950	75.7
	N Missing		37	
Q18a Do you have private health insurance for hospital cover?	Vaa	4	7070	60 F
	Yes	1	7270	69.5
	No, Vet affairs	2	41	0.4
	No, cannot afford it	3	1807 690	17.3
	No, not good value No, don't need it	4	890 264	6.6 2.5
	No, other reason	5 6	388	3.7
	N Missing	0	80	5.7
Q18b Do you have private health insurance for ancillary services? (eg. denta	-		00	
physiotherapy)	Yes	1	6436	61.4
	No, Vet affairs	2	36	0.3
	No, cannot afford it	3	2033	19.4
	No, not good value	4	1068	10.2
	No, don't need it	5	320	3.1
	No, services not available	6	11	0.1
	No, other reason	7	572	5.5
	N Missing		65	0.0
Q19 Have you been admitted to hospital in the last 12 months? (coding 0-2 i	-			
old 5 and old 6)	No	1	8233	78.4
	Yes, day only	2	1200	11.4
	Yes, spent at least one night	3	1070	10.2
	N Missing		38	

Item Description	Categories	Values	Number	%
Q20a When did you last have: A pap test				
	In last 2 years	1	6443	61.9
	2 to 5 years	2	1268	12.2
	More than 5 yrs	3	2209	21.2
	Never	4	198	1.9
	Don't know	5	287	2.8
	N Missing		138	
Q20b When did you last have: A mammogram				
	In last 2 years	1	8647	82.8
	2 to 5 years	2	910	8.7
	More than 5 yrs	3	411	3.9
	Never	4	441	4.2
	Don't know	5	35	0.3
	N Missing		101	
Q21a Have you ever had an abnormal result from: A pap test (: Have you ever	ver			
had an abnormal pap test?)	Yes	1	2356	22.7
	No	2	7856	75.7
	Don't know	3	160	1.5
	N Missing		168	
Q21b Have you ever had an abnormal result from: A mammogram				
	Yes	1	2369	23.0
	No	2	7790	75.5
	Don't know	3	161	1.6
	N Missing		223	
Q22a_doctor In the past three years, have you: Had your blood pressure				
checked? Doctor	No	0	704	6.7
	Yes	1	9817	93.3
	N Missing		14	
Q22a_nurse In the past three years, have you: Had your blood pressure				
checked? Nurse	No	0	9271	88.1
	Yes	1	1250	11.9
	N Missing		14	
Q22a_other In the past three years, have you: Had your blood pressure				
checked? Other	No	0	9888	94.0
	Yes	1	632	6.0
	N Missing		14	

Item Description	Categories	Values	Number	%
Q22a_not_check In the past three years, have you: Had your blood pressure				
checked? Not checked	No	0	10254	97.5
	Yes	1	266	2.5
	N Missing		14	
Q22b_doctor In the past three years, have you: Had your cholesterol checked?	?			
Doctor	No	0	2235	21.2
	Yes	1	8285	78.8
	N Missing		14	
Q22b_nurse In the past three years, have you: Had your cholesterol checked?				
Nurse	No	0	10299	97.9
	Yes	1	221	2.1
	N Missing		14	
Q22b_other In the past three years, have you: Had your cholesterol checked?				
Other	No	0	10229	97.2
	Yes	1	291	2.8
	N Missing		14	
Q22b_not_check In the past three years, have you: Had your cholesterol				
checked? Not checked	No	0	8690	82.6
	Yes	1	1830	17.4
	N Missing		14	
Q22c_doctor In the past three years, have you: Had your blood sugar level				
checked? Doctor	No	0	2969	28.2
	Yes	1	7551	71.8
	N Missing		14	
Q22c_nurse In the past three years, have you: Had your blood sugar level				
checked? Nurse	No	0	10120	96.2
	Yes	1	401	3.8
	N Missing		14	
Q22c_other In the past three years, have you: Had your blood sugar level				
checked? Other	No	0	10016	95.2
	Yes	1	504	4.8
	N Missing		14	
Q22c_not_check In the past three years, have you: Had your blood sugar leve	I			
checked? Not checked	No	0	8256	78.5
	Yes	1	2265	21.5
	N Missing		14	

Item Description	Categories	Values	Number	%
Q22d_doctor In the past three years, have you: Had your skin checked (eg				
spots, lesions, moles)? Doctor	No	0	4405	41.9
	Yes	1	6115	58.1
	N Missing		14	
Q22d_nurse In the past three years, have you: Had your skin checked (eg				
spots, lesions, moles)? Nurse	No	0	10480	99.6
	Yes	1	40	0.4
	N Missing		14	
Q22d_other In the past three years, have you: Had your skin checked (eg				
spots, lesions, moles)? Other	No	0	10262	97.5
	Yes	1	258	2.5
	N Missing		14	
Q22d_not_check In the past three years, have you: Had your skin checked (eg				
spots, lesions, moles)? Not checked	No	0	6373	60.6
	Yes	1	4147	39.4
	N Missing		14	
223a In the past three years, have you: Had your breasts examined by a				
doctor or nurse?	Yes	1	7195	68.6
	No	2	3290	31.4
	N Missing		52	
Q23b In the past three years, have you: Carried out regular monthly breast self				
examination?	Yes	1	5579	53.4
	No	2	4878	46.6
	N Missing		75	
Q23c In the last three years, have you had: A Bone density test				
	Yes	1	2999	28.6
	No	2	7485	71.4
	N Missing		51	
Q23d In the past three years, have you: Had a test for bowel cancer?				
	Yes	1	2557	24.4
	No	2	7922	75.6
	N Missing		55	
223e In the past three years, have you: Had a reminder from your general				
practice to have a screening test (eg blood pressure, cholesterol, blood sugar, skin)?	Yes	1	3354	32.3
	No	2	7043	67.7
	N Missing		137	

Item Description	Categories	Values	Number	%
Q24a In the past three years, have you received advice/information about				
lifestyle changes from any of these sources? A doctor	Yes	1	4313	41.2
	No	2	6164	58.8
	N Missing		69	
Q24b In the past three years, have you received advice/information about				
lifestyle changes from any of these sources? A nurse	Yes	1	476	4.6
	No	2	9873	95.4
	N Missing		192	
Q24c In the past three years, have you received advice/information about				
lifestyle changes from any of these sources? Other health professional (eg physiotherapist, naturopath)	Yes	1	1806	17.4
	No	2	8573	82.6
	N Missing		160	
Q24d In the past three years, have you received advice/information about				
lifestyle changes from any of these sources? Program or organisation (eg weight loss program, gym, self help group)	Yes	1	2597	25.0
	No	2	7779	75.0
	N Missing		175	
Q24e In the past three years, have you received advice/information about				
lifestyle changes from any of these sources? Books, magazines	Yes	1	5637	54.0
	No	2	4801	46.0
	N Missing		113	
Q24f In the past three years, have you received advice/information about				
lifestyle changes from any of these sources? The internet	Yes	1	2033	19.6
	No	2	8326	80.4
	N Missing		197	
Q24g In the past three years, have you received advice/information about				
lifestyle changes from any of these sources? Television	Yes	1	4674	44.8
	No	2	5757	55.2
	N Missing		118	
Q24h In the past three years, have you received advice/information about				
lifestyle changes from any of these sources? Radio	Yes	1	2954	28.5
	No	2	7419	71.5
	N Missing		182	
Q24i In the past three years, have you received advice/information about				
lifestyle changes from any of these sources? Family and friends	Yes	1	4295	41.3
	No	2	6113	58.7
	N Missing		140	

Item Description	Categories	Values	Number	%
Q24j In the past three years, have you received advice/information about				
lifestyle changes from any of these sources? Private health fund	Yes	1	1729	16.6
	No	2	8694	83.4
	N Missing		125	
Q25a Are you currently taking: The oral contraceptive pill				
	Yes	1	13	0.1
	No	2	10478	99.9
	N Missing		38	
Q25b Are you currently taking: Hormone replacement therapy (HRT)?				
	Yes	1	1804	17.2
	No	2	8661	82.8
	N Missing		63	
Q26a Have you: Had a hysterectomy				
	Yes	1	3172	30.5
	No	2	7212	69.5
	N Missing		131	
Q26b Have you had: A period or menstrual bleeding in the last 12 months				
	Yes	1	356	3.4
	No	2	6928	66.3
	Not Applicable	8	3160	30.3
	N Missing		88	
Q26c Have you had: A period or menstrual bleeding in the last 3 months				
	Yes	1	186	1.8
	No	2	7082	67.9
	Not Applicable	8	3160	30.3
	N Missing		105	
Q27 Compared with 12 months ago, are your periods:				
	No period 12 months	0	6728	64.7
	Less frequent	1	241	2.3
	Same	2	232	2.2
	More frequent	3	6	0.1
	Changeable	4	28	0.3
	Had hysterectomy	8	3160	30.4
	N Missing		151	

Item Description	Categories	Values	Number	%
Q28 If you have reached menopause, at what age did your periods completely				
stop?	Mean		50.81	
	Std Error		0.05	
	Ν		6841	
	N Missing		3797	
Q28na Menopause Non-Applicable				
	No	0	7215	68.5
	Yes	1	3319	31.5
Q29 Have you ever had Gestational Diabetes (diabetes during pregnancy)?				
	Yes	1	376	3.6
	No	2	10086	96.4
	N Missing		63	
Q30a Thinking about your own health care, how would you rate the following:				
Access to medical specialists if you need them	Excellent	1	3454	33.0
	Very good	2	3398	32.5
	Good	3	2089	20.0
	Fair	4	886	8.5
	Poor	5	322	3.1
	Don't know	6	321	3.1
	N Missing		63	
Q30b Thinking about your own health care, how would you rate the following:				
Access to a hospital if you need it	Excellent	1	3830	36.6
	Very good	2	3388	32.4
	Good	3	2127	20.3
	Fair	4	576	5.5
	Poor	5	195	1.9
	Don't know	6	355	3.4
	N Missing		63	
Q30c Thinking about your own health care, how would you rate the following:				
Access to medical care in an emergency	Excellent	1	3187	30.5
	Very good	2	3165	30.3
	Good	3	2171	20.8
	Fair	4	826	7.9
	Poor	5	291	2.8
	Don't know	6	794	7.6

Q30d Thinking about your own health care, how would you rate the following: Excellent Access to after-hours medical care Excellent Very good Good Gaod Fair Poor Don't know N Missing Cood C30e Thinking about your own health care, how would you rate the following: Excellent Access to a GP who bulk bills Excellent Very good Good Gaod Fair Poor Don't know N Missing Ood Q30f Thinking about your own health care, how would you rate the following: Access to a female GP Access to a female GP Excellent Very good Good Gaod Fair Poor Don't know N Missing Cacess to a female GP C30g Thinking about your own health care, how would you rate the following: Hours when a GP is available C30g Thinking about your own health care, how would you rate the following: Excellent Very good Good Fair Poor Don't know N Missing Q30g Thinking about your own health care, how would you rate the following: Excellen	egories Values	Number	%
Excellent Very good Good Fair Poor Don't know Nissing Q30e Thinking about your own health care, how would you rate the following Access to a GP who bulk bills Q30e Thinking about your own health care, how would you rate the following G30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following G30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinking about your own health care, how would you rate the following C30f Thinkin			
Good Fair Poor Don't know Access to a GP who bulk bills Access to a female GP Access to a female GP Acce	1	1792	17.2
Fair Poor Don't know Additional properties to a Generation of the following Access to a Generation of the following Access to a Generation of the following Good Bair Boor Bair Boor Boor <td>2</td> <td>2306</td> <td>22.1</td>	2	2306	22.1
Por Addition Add	3	2316	22.2
A30e Thinking about your own health care, how would you rate the following Access to a GP who bulk bills Access to a GP who bulk bills Access to a female GP ACCESS TO a female GP	4	1625	15.6
A Missing Access to a GP who bulk bills	5	954	9.2
A30e Thinking about your own health care, how would you rate the following: Access to a GP who bulk bills Excellent Very good Good Fair Poor Don't know N Missing 300f Thinking about your own health care, how would you rate the following: Access to a female GP Excellent Very good Good Fair Poor Don't know N Missing 300g Thinking about your own health care, how would you rate the following: Access to a female GP Excellent Very good Good Fair Poor Don't know N Missing Care Poor Don't know N Missing Care Poor Poor Don't know N Missing Care Poor Poor Poor Poor Poor Poor Poor Po	6	5 1423	13.7
Access to a GP who bulk bills Excellent Very good Good Fair Poor Don't know N Missing Q30f Thinking about your own health care, how would you rate the following: Access to a female GP Excellent Very good Good Fair Poor Don't know N Missing On't know N Missing C30g Thinking about your own health care, how would you rate the following: Access to a female GP Excellent Very good Good Fair Poor Don't know N Missing On't know N Missing C30g Thinking about your own health care, how would you rate the following: Access to a female GP		116	
Excellent Very good Good Fair Poor Don't know N Missing C30f Thinking about your own health care, how would you rate the followins: Access to a female GP Excellent Very good Good Fair Poor Don't know N Missing C30g Thinking about your own health care, how would you rate the followins: Hours when a GP is available Excellent Very good Good Fair Poor Don't know N Missing			
Good Fair Poor Don't know N Missing C30f Thinking about your own health care, how would you rate the following: Access to a female GP Excellent Very good Good Fair Poor Don't know N Missing O30g Thinking about your own health care, how would you rate the following: Hours when a GP is available Excellent Very good Good Fair	1	2491	23.9
Fair Por Don't know Nissing Scess to a female GP Excellent Vary good God Fair Non Strength God Fair Solog Fair Solog	2	1609	15.4
Poor Don't know Additional properties and the properties of	3	1373	13.2
Access to a female GP Access to a female GP 5 5 5 5 5 5 5 5 5 5 5 5 5	4	1017	9.8
A30f Thinking about your own health care, how would you rate the following Access to a female GP	5	5 2313	22.2
Q30f Thinking about your own health care, how would you rate the following: Excellent Access to a female GP Very good Good Good Fair Poor Don't know N Missing Q30g Thinking about your own health care, how would you rate the following: Excellent Hours when a GP is available Excellent Very good Good Fair Fair Poor Don't know N dissing Out Good Fair Fair Fair Fair Fair Fair Fair	6	6 1617	15.5
Access to a female GP Excellent Very good Good Fair Poor Don't know N Missing Vary good Song Thinking about your own health care, how would you rate the following: Hours when a GP is available Excellent Overy good Fair		112	
Excellent Very good Good Fair Poor Don't know N Missing Vary good Solo (1) Poor Don't know N Missing Case Hours when a GP is available Excellent Very good Good Fair			
Good Fair Poor Don't know N Missing C30g Thinking about your own health care, how would you rate the following: Hours when a GP is available Excellent Very good Good Fair	1	2945	28.2
Fair Poor Don't know N Missing Poor Poor <	2	2369	22.7
Poor Don't know Nissing Boor Now Nissing Excellent Very good Good Fair	3	1987	19.1
Don't knowQ30g Thinking about your own health care, how would you rate the following:Hours when a GP is availableExcellentVery goodGoodFair	4	1092	10.5
Q30g Thinking about your own health care, how would you rate the following: Hours when a GP is availableN MissingExcellent Very good Good Fair	5	889	8.5
Q30g Thinking about your own health care, how would you rate the following: Excellent Hours when a GP is available Excellent Very good Good Fair Fair	6	5 1143	11.0
Hours when a GP is available Excellent Very good Good Fair		111	
Excellent Very good Good Fair			
Good Fair	1	1399	13.4
Fair	2	2774	26.6
	3	3250	31.2
	4	1888	18.1
Poor	5	5 740	7.1
Don't know	6	366	3.5
N Missing		103	

Item Description	Categories	Values	Number	%
Q30h Thinking about your own health care, how would you rate the following:				
Number of GPs you have to choose from	Excellent	1	1874	18.0
	Very good	2	2627	25.2
	Good	3	3011	28.9
	Fair	4	1521	14.6
	Poor	5	861	8.3
	Don't know	6	513	4.9
	N Missing		124	
Q30i Thinking about your own health care, how would you rate the following:				
Ease of seeing the GP of your choice	Excellent	1	1917	18.4
	Very good	2	2576	24.8
	Good	3	2915	28.0
	Fair	4	1825	17.5
	Poor	5	1000	9.6
	Don't know	6	174	1.7
	N Missing		115	
Q30j Thinking about your own health care, how would you rate the following:				
How long you wait to get a GP appointment	Excellent	1	1351	13.0
	Very good	2	2639	25.3
	Good	3	3108	29.8
	Fair	4	2134	20.5
	Poor	5	1076	10.3
	Don't know	6	108	1.0
	N Missing		107	
Q30k Thinking about your own health care, how would you rate the following:				
The outcomes of your medical care (how much you are helped)	Excellent	1	2170	20.8
	Very good	2	3622	34.7
	Good	3	3211	30.7
	Fair	4	1055	10.1
	Poor	5	175	1.7
	Don't know	6	214	2.0
	N Missing		87	

Item Description	Categories	Values	Number	%
Q30I Thinking about your own health care, how would you rate the following:				
Ease of obtaining a mammogram	Excellent	1	4116	39.4
	Very good	2	3317	31.7
	Good	3	1976	18.9
	Fair	4	353	3.4
	Poor	5	167	1.6
	Don't know	6	522	5.0
	N Missing		77	
Q30m Thinking about your own health care, how would you rate the following:				
Ease of obtaining a Pap test	Excellent	1	3575	34.6
	Very good	2	2942	28.5
	Good	3	1850	17.9
	Fair	4	291	2.8
	Poor	5	80	0.8
	Don't know	6	1604	15.5
	N Missing		201	
Q30n Thinking about your own health care, how would you rate the following:				
Access to a counselling service if you need it	Excellent	1	1356	13.0
	Very good	2	1658	15.9
	Good	3	1656	15.8
	Fair	4	588	5.6
	Poor	5	293	2.8
	Don't know	6	4905	46.9
	N Missing		78	
Q31 In the past 12 months have you consulted a dentist?				
	No, I did not need to see a dentist	1	2526	24.2
	No, because no dentist available locally	2	34	0.3
	No, I could no get there, travel difficulties	3	22	0.2
	No, cost more than I could afford	4	610	5.8
	No, because of another reason	5	451	4.3
	Yes, I saw a dentist	6	6814	65.2
	N Missing		87	

Item Description	Categories	Values	Number	%
Q32 How would you rate the overall condition of your teeth, dentures	or gums?			
	Excellent	1	726	6.9
	Very good	2	2725	26.0
	Good	3	4149	39.5
	Fair	4	2289	21.8
	Poor	5	602	5.7
	N Missing		43	
Q33 There are 16 teeth, including wisdom teeth in the upper jaw. How	w many			
teeth do you have remaining in your upper jaw?	0	0	1571	15.4
	1	1	6	0.1
	2	2	24	0.2
	3	3	26	0.3
	4	4	41	0.4
	5	5	55	0.5
	6	6	129	1.3
	7	7	113	1.1
	8	8	261	2.6
	9	9	278	2.7
	10	10	524	5.2
	11	11	576	5.7
	12	12	1276	12.5
	13	13	1282	12.6
	14	14	2284	22.4
	15	15	709	7.0
	16	16	1023	10.1
	N Missing		436	

Item Description Categories Values Number % Q34 There are 16 teeth, including wisdom teeth in the lower jaw. How many teeth do you have remaining in your lower jaw? 0 0 623 6.1 1 1 10 0.1 2 2 25 0.2 3 3 19 0.2 4 4 34 0.3 5 5 62 0.6 6 6 174 1.7 7 7 146 1.4 8 382 8 3.7 9 9 366 3.6 731 10 10 7.1 11 11 699 6.8 12 12 1344 13.1 13 13 1394 13.6 14 14 2466 24.0 15 15 814 7.9 16 16 988 9.6 N Missing 310 Q35 Do you wear a denture or false teeth in your upper jaw? Yes 1 3529 33.6 2 No 6965 66.4 N Missing 41 Q36 Do you wear a denture or false teeth in your lower jaw? Yes 1 1580 15.1 No 2 8905 84.9 N Missing 46 Q37a In the last 12 months, have you: Slipped, tripped, or stumbled (not including falls to the ground)? 0 No 5719 54.9 Yes 4702 45.1 1 N Missing 113 Q37b In the last 12 months, have you: Had a fall to the ground (does not include stumbles/trips)? No 0 7419 71.2 Yes 3002 28.8 1 N Missing 113

Item Description	Categories	Values	Number	%
Q37c In the last 12 months, have you: Been injured as a result of a fall?				
	No	0	8880	85.2
	Yes	1	1541	14.8
	N Missing		113	
Q37d In the last 12 months, have you: Needed to seek medical attention (eg.				
Doctor, hospital) for an injury from a fall?	No	0	9487	91.0
	Yes	1	934	9.0
	N Missing		113	
Q37e In the last 12 months, have you: Had any other injury from an accident	at			
your home? (eg. burns, cuts, bruises)	No	0	9865	94.7
	Yes	1	556	5.3
	N Missing		113	
Q37f In the last 12 months, have you: Broken or fractured any bone/s?				
	No	0	9981	95.8
	Yes	1	440	4.2
	N Missing		113	
Q37g In the last 12 months, have you: None of these accidents				
	At least one of these	0	5262	50.5
	None of these	1	5159	49.5
	N Missing		113	
Q38a In the last 3 years have you been diagnosed with or treated for: Diabete	es			
(high blood sugar)	No	0	9708	93.2
	Yes	1	704	6.8
	N Missing		129	
Q38b In the past three years, have you been diagnosed or treated for: Impair	ed			
glucose tolerance	No	0	10133	97.3
	Yes	1	279	2.7
	N Missing		129	
Q38c In the last 3 years have you been diagnosed with or treated for:				
Osteoarthritis	No	0	8778	84.3
	Yes	1	1635	15.7
	N Missing		129	
Q38d In the last 3 years have you been diagnosed with or treated for:				
Rheumatoid arthritis	No	0	9930	95.4
	Yes	1	482	4.6
	N Missing		129	

Item Description	Categories	Values	Number	%
Q38e In the last 3 years have you been diagnosed with or treated for: Other				
arthritis	No	0	9029	86.7
	Yes	1	1383	13.3
	N Missing		129	
Q38f In the past three years, have you been diagnosed or treated for: Heart				
disease (including heart attack, angina)	No	0	10031	96.3
	Yes	1	381	3.7
	N Missing		129	
Q38g In the past three years, have you been diagnosed or treated for: High				
blood pressure (hypertension)	No	0	7615	73.1
	Yes	1	2797	26.9
	N Missing		129	
Q38h In the past three years, have you been diagnosed or treated for: Stroke				
	No	0	10340	99.3
	Yes	1	73	0.7
	N Missing		129	
Q38i In the past three years, have you been diagnosed or treated for: Low iron				
evel (iron deficiency or anaemia)	No	0	9729	93.4
	Yes	1	684	6.6
	N Missing		129	
Q38j In the past three years, have you been diagnosed or treated for: Asthma				
	No	0	9406	90.3
	Yes	1	1007	9.7
	N Missing		129	
Q38k In the past three years, have you been diagnosed or treated for:				
Bronchitis/emphysema	No	0	9770	93.8
	Yes	1	642	6.2
	N Missing		129	
Q38I In the past three years, have you been diagnosed or treated for:				
Osteoporosis	No	0	9746	93.6
	Yes	1	666	6.4
	N Missing		129	
Q38m In the past three years, have you been diagnosed or treated for: Breast				
cancer	No	0	10174	97.7
	Yes	1	239	2.3
	N Missing		129	

Item Description	Categories	Values	Number	%
Q38n In the past three years, have you been diagnosed or treated for: Cervical				
cancer	No	0	10369	99.6
	Yes	1	44	0.4
	N Missing		129	
Q380 In the last 3 years have you been diagnosed with or treated for: Skin				
cancer	No	0	9109	87.5
	Yes	1	1304	12.5
	N Missing		129	
Q38p In the past three years, have you been diagnosed or treated for: Other				
cancer	No	0	10251	98.5
	Yes	1	161	1.5
	N Missing		129	
Q38q In the past three years, have you been diagnosed or treated for:				
Depression	No	0	9080	87.2
	Yes	1	1333	12.8
	N Missing		129	
Q38r In the past three years, have you been diagnosed or treated for:				
Anxiety/nervous disorder	No	0	9406	90.3
	Yes	1	1007	9.7
	N Missing		129	
Q38s In the past three years, have you been diagnosed or treated for: Other				
psychiatric disorder	No	0	10312	99.0
	Yes	1	101	1.0
	N Missing		129	
Q38t In the past three years, have you been diagnosed or treated for: Chronic				
Fatigue Syndrome	No	0	10250	98.4
	Yes	1	163	1.6
	N Missing		129	
Q38u In the past three years, have you been diagnosed or treated for: Sexually				
transmitted infection (eg genital herpes or warts, chlamydia)	No	0	10291	98.8
	Yes	1	121	1.2
	N Missing		129	
Q38v In the past three years, have you been diagnosed or treated for: Other	-			
major illness or disability (please specify on line)	No	0	9702	93.2
	Yes	1	711	6.8
	N Missing		129	
	-			

Item Description	Categories	Values	Number	%
Q38w In the past three years, have you been diagnosed or treated for: None of	of			
these conditions	At least one of these	0	7302	70.1
	None of these	1	3111	29.9
	N Missing		129	
Q39a Compared with when you were in your twenties, how good are you at:				
Remembering the name of a person just introduced to you?	Much better	1	123	1.2
	Somewhat better	2	286	2.7
	About the same	3	4783	45.6
	Somewhat worse	4	4320	41.1
	Much worse	5	988	9.4
	N Missing		36	
Q39b Compared with when you were in your twenties, how good are you at: Recalling telephone numbers or other numbers that you use on a daily or	Mark hattan		000	
weekly basis?	Much better	1	229	2.2
	Somewhat better	2	452	4.3
	About the same	3	6467	61.6
	Somewhat worse	4	2769	26.4
	Much worse	5	574	5.5
	N Missing		41	
Q39c Compared with when you were in your twenties, how good are you at: Recalling where you put objects (such as keys) in your home?	Much better	1	121	1.2
	Somewhat better	2	293	2.8
	About the same	3	5475	52.2
	Somewhat worse	4	4011	38.2
	Much worse	5	591	5.6
	N Missing		50	
Q39d Compared with when you were in your twenties, how good are you at:				
Remembering specific facts from a newspaper or magazine article you have just finished reading?	Much better	1	123	1.2
	Somewhat better	2	451	4.3
	About the same	3	5613	53.6
	Somewhat worse	4	3722	35.5
	Much worse	5	569	5.4
	N Missing		54	

Item Description	Categories	Values	Number	%
Q39e Compared with when you were in your twenties, how good are you at: Remembering the item(s) you intend to buy when you arrive at the shops?				
	Much better	1	130	1.2
	Somewhat better	2	332	3.2
	About the same	3	5510	52.6
	Somewhat worse	4	3982	38.0
	Much worse	5	530	5.1
	N Missing		49	
Q39f Compared with when you were in your twenties, how good are you at: In general, how would you describe your memory compared to when you were in			40.4	
your twenties?	Much better	1	104	1.0
	Somewhat better	2	252	2.4
	About the same	3	3661	34.9
	Somewhat worse	4	5467	52.2
	Much worse	5	991	9.5
	N Missing		53	
Q40a Have you had any of the following operations or procedures? Yes, in the last 3 years Both ovaries removed				
last 5 years both ovalles removed	No	0	10151	98.1
	Yes	1	196	1.9
	N Missing		197	
Q40b Past 3 years, had repair of prolapsed vagina/bladder/bowel				
	No	0	10036	97.0
	Yes	1	311	3.0
	N Missing		197	
Q40c Have you had any of the following operations or procedures? Yes, in the				
last 3 years Repair of prolapsed vagina, bladder or bowel	No	0	10239	99.0
	Yes	1	108	1.0
	N Missing		197	
Q40d In the past three years, have you had any of the following operations or				
procedures? Joint replacement (eg hip, knee)	No	0	10135	97.9
	Yes	1	212	2.1
	N Missing		197	
Q40e In the past three years, have you had any of the following operations?				
Mastectomy (removal of one or both breasts)	No	0	10282	99.4
	Yes	1	65	0.6
	N Missing		197	
Q40f In the past three years, have you had any of the following operations?	č			
Lumpectomy (removal of lump from breast)	No	0	10173	98.3
	Yes	1	174	1.7
	N Missing		197	
			107	

Item Description	Categories	Values	Number	%
Q40g In the past three years, have you had any of the following operations or				
procedures? Removal of skin cancer	No	0	8786	84.9
	Yes	1	1562	15.1
	N Missing		197	
Q40h In the past three years, have you had any of the following operations or				
procedures? Any cancer surgery (other than skin or breast)	No	0	10206	98.6
	Yes	1	141	1.4
	N Missing		197	
Q40i In the past three years, have you had any of the following operations or				
procedures? Chemotherapy or radiotherapy for any cancer	No	0	10152	98.1
	Yes	1	196	1.9
	N Missing		197	
Q40j In the past three years, have you had any of the following operations?				
Breast biopsy (taking sample of breast tissue)	No	0	9921	95.9
	Yes	1	427	4.1
	N Missing		197	
Q40k In the past three years, have you had any of the following operations or				
procedures? Hysteroscopy (investigative procedure to examine the uterus)	No	0	10058	97.2
	Yes	1	290	2.8
	N Missing		197	
Q40I Have you had any of the following operations or procedures? Yes, in the				
last 3 years Cholecystectomy (gall bladder removed)	No	0	10140	98.0
	Yes	1	208	2.0
	N Missing		197	
Q40m In the past three years, have you had any of the following operations?				
Gastroscopy/colonoscopy	No	0	8447	81.6
	Yes	1	1900	18.4
	N Missing		197	
Q40n Have you had any of the following operations or procedures? Yes, in the				
last 3 years None of these operations or procedures	At least one of these	0	4065	39.3
	None of these	1	6283	60.7
	N Missing		197	
Q41a Do you have any of these sleeping problems? Waking up in the early				
hours of the morning	No	0	4637	44.4
	Yes	1	5800	55.6
	N Missing		102	

Item Description	Categories	Values	Number	%
Q41b Do you have any of these sleeping problems? Lying awake for most of				
the night	No	0	8953	85.8
	Yes	1	1484	14.2
	N Missing		102	
Q41c Do you have any of these sleeping problems? Taking a long time to get				
to sleep	No	0	7236	69.3
	Yes	1	3200	30.7
	N Missing		102	
Q41d Do you have any of these sleeping problems? Worry keeping you awake				
at night	No	0	8168	78.3
	Yes	1	2269	21.7
	N Missing		102	
Q41e Do you have any of these sleeping problems? Sleeping badly at night				
	No	0	6531	62.6
	Yes	1	3906	37.4
	N Missing		102	
Q41f Do you have any of these sleeping problems? None of these problems				
	At least one of these	0	7864	75.3
	None of these	1	2573	24.7
	N Missing		102	
Q42a In the past four weeks, have you taken any: Medications prescribed by a	ì			
doctor?	Yes	1	6931	66.2
	No	2	3535	33.8
	N Missing		76	
Q42b In the past four weeks, have you taken any: Medications / vitamins /				
supplements or herbal therapies bought without a prescription at the chemist, supermarket, or health food shop?	Yes	1	6579	65.4
	No	2	3474	34.6
	N Missing		467	
Q44Aa In the last 12 months have you had any of the following: Allergies,	-			
hayfever, sinusitis	Never	1	4367	42.2
	Rarely	2		17.2
	Sometimes	3		28.3
	Often	4	1270	12.3
	N Missing		191	

Item Description	Categories	Values	Number	%
Q44Ab In the last 12 months, have you had any of the following: Breathing				
difficulty	Never	1	7339	71.7
	Rarely	2	1366	13.3
	Sometimes	3	1251	12.2
	Often	4	282	2.8
	N Missing		302	
Q44Ac In the last 12 months, have you had any of the following:				
Indigestion/heartburn	Never	1	4782	46.4
	Rarely	2	2285	22.2
	Sometimes	3	2400	23.3
	Often	4	833	8.1
	N Missing		241	
Q44Ad In the last 12 months, have you had any of the following: Chest pain				
	Never	1	7884	77.6
	Rarely	2	1324	13.0
	Sometimes	3	845	8.3
	Often	4	111	1.1
	N Missing		388	
Q44Ae In the last 12 months, have you had any of the following:				
Headaches/migraines	Never	1	2457	23.7
	Rarely	2	3615	34.9
	Sometimes	3	3502	33.8
	Often	4	781	7.5
	N Missing		181	
Q44Af In the last twelve months have you had any of the following? Severe				
tiredness	Never	1	3115	30.3
	Rarely	2	2634	25.6
	Sometimes	3	3318	32.3
	Often	4	1206	11.7
	N Missing		249	
Q44Ag In the last 12 months, have you had any of the following: Stiff or painful				
joints	Never	1	2038	19.7
	Rarely	2	1830	17.7
	Sometimes	3	3905	37.7
	Often	4	2593	25.0
	N Missing		168	

Item Description	Categories	Values	Number	%
Q44Ah In the last 12 months, have you had any of the following: Back	pain			
	Never	1	2475	23.8
	Rarely	2	2300	22.2
	Sometimes	3	3623	34.9
	Often	4	1985	19.1
	N Missing		146	
Q44Ai In the last 12 months, have you had any of the following: Urine t	hat			
burns or stings	Never	1	8111	78.4
	Rarely	2	1437	13.9
	Sometimes	3	699	6.8
	Often	4	102	1.0
	N Missing		187	
Q44Aj In the last 12 months, have you had any of the following: Haemo	orrhoids			
(piles)	Never	1	7323	70.9
	Rarely	2	1442	14.0
	Sometimes	3	1167	11.3
	Often	4	391	3.8
	N Missing		212	
Q44Ak In the last 12 months, have you had any of the following: Other	bowel			
problems	Never	1	7087	68.9
	Rarely	2	1369	13.3
	Sometimes	3	1374	13.4
	Often	4	458	4.4
	N Missing		251	
Q44AI In the last 12 months, have you had any of the following: Vagina	al			
discharge or irritation	Never	1	8172	79.4
	Rarely	2	1319	12.8
	Sometimes	3	677	6.6
	Often	4	127	1.2
	N Missing		232	
Q44Am In the last 12 months, have you had any of the following: Hot fl	lushes			
	Never	1	4054	39.0
	Rarely	2	1813	17.4
	Sometimes	3	2683	25.8
	Often	4	1855	17.8
	N Missing		136	

Item Description	Categories	Values	Number	%
Q44An In the last 12 months, have you had any of the following: Night sweats				
	Never	1	5189	50.2
	Rarely	2	1708	16.5
	Sometimes	3	2125	20.6
	Often	4	1308	12.7
	N Missing		203	
Q44Ao In the last 12 months, have you had any of the following: Eyesight				
problems	Never	1	3766	36.6
	Rarely	2	2077	20.2
	Sometimes	3	3264	31.7
	Often	4	1182	11.5
	N Missing		238	
Q44Ap In the last 12 months, have you had any of the following: Leaking urine				
	Never	1	5635	54.3
	Rarely	2	1885	18.2
	Sometimes	3	2209	21.3
	Often	4	645	6.2
	N Missing		166	
Q44Aq In the last 12 months have you had any of the following: Mouth, teeth of	r			
gum problems	Never	1	5038	48.5
	Rarely	2	2595	25.0
	Sometimes	3	2274	21.9
	Often	4	488	4.7
	N Missing		141	
Q44Ar In the last 12 months have you had any of the following: Avoided eating				
some foods because of problems with your teeth, mouth or dentures	Never	1	7525	72.5
	Rarely	2	1344	13.0
	Sometimes	3	1108	10.7
	Often	4	396	3.8
	N Missing		163	
Q44As In the last 12 months have you had any of the following: Toothache				
	Never	1	7154	68.9
	Rarely	2	2126	20.5
	Sometimes	3	1013	9.8
	Often	4	93	0.9
	N Missing		145	

Item Description	Categories	Values	Number	%
Q44At In the last 12 months, have you had any of the following: Hearing				
problems	Never	1	6932	66.8
	Rarely	2	1425	13.7
	Sometimes	3	1457	14.0
	Often	4	559	5.4
	N Missing		153	
Q44Au In the last 12 months have you had any of the following? Depress	sion			
	Never	1	6197	59.7
	Rarely	2	1793	17.3
	Sometimes	3	1784	17.2
	Often	4	613	5.9
	N Missing		140	
Q44Av In the last 12 months have you had any of the following? Anxiety				
	Never	1	5279	50.8
	Rarely	2	2333	22.5
	Sometimes	3	2193	21.1
	Often	4	579	5.6
	N Missing		150	
Q44Aw In the last 12 months, have you had any of the following: Episode	es of			
intense anxiety (eg panic attacks)	Never	1	8350	80.7
	Rarely	2	1144	11.1
	Sometimes	3	693	6.7
	Often	4	160	1.5
	N Missing		179	
Q44Ax In the last 12 months, have you had any of the following: Palpitation	ons			
(feeling that your heart is racing or fluttering in your chest)	Never	1	6155	59.2
	Rarely	2	2033	19.6
	Sometimes	3	1913	18.4
	Often	4	290	2.8
	N Missing		150	
Q44Ba For the problems you had, did you seek help? Allergies, hayfever	,			
sinusitis	No	0	4478	43.2
	Yes	1	1523	14.7
	Not Applicable	8	4363	42.1
	N Missing		177	

Item Description	Categories	Values	Number	%
Q44Bb For the problems you had, did you seek help? Breathing difficulty				
	No	0	2101	20.5
	Yes	1	811	7.9
	Not Applicable	8	7334	71.6
	N Missing		292	
Q44Bc For the problems you had, did you seek help? Indigestion/heartbu	rn			
	No	0	4495	43.6
	Yes	1	1040	10.1
	Not Applicable	8	4775	46.3
	N Missing		235	
Q44Bd For the problems you had, did you seek help? Chest pain				
	No	0	1678	16.5
	Yes	1	611	6.0
	Not Applicable	8	7880	77.5
	N Missing		382	
Q44Be For the problems you had, did you seek help? Headaches/migrair	nes			
	No	0	7171	69.2
	Yes	1	734	7.1
	Not Applicable	8	2456	23.7
	N Missing		172	
Q44Bf For the problems you had, did you seek help? Severe tiredness				
	No	0	6479	63.0
	Yes	1	685	6.7
	Not Applicable	8	3112	30.3
	N Missing		246	
Q44Bg For the problems you had, did you seek help? Stiff or painful joints	-			
	No	0	6389	61.6
	Yes	1	1954	18.8
	Not Applicable	8	2034	19.6
	N Missing		158	
Q44Bh For the problems you had, did you seek help? Back pain	5		-	
	No	0	6090	58.6
	Yes	1	1829	17.6
	Not Applicable	8	2471	23.8
	N Missing		141	

Item Description	Categories	Values	Number	%
Q44Bi For the problems you had, did you seek help? Urine that burns or	stings			
	No	0	1713	16.5
	Yes	1	533	5.2
	Not Applicable	8	8107	78.3
	N Missing		183	
Q44Bj For the problems you had, did you seek help? Haemorrhoids (pile	es)			
	No	0	2729	26.4
	Yes	1	278	2.7
	Not Applicable	8	7320	70.9
	N Missing		208	
Q44Bk For the problems you had, did you seek help? Other bowel proble	ems			
	No	0	2495	24.2
	Yes	1	720	7.0
	Not Applicable	8	7079	68.8
	N Missing		245	
Q44BI For the problems you had, did you seek help? Vaginal discharge	or			
rritation	No	0	1732	16.8
	Yes	1	396	3.8
	Not Applicable	8	8171	79.3
	N Missing		228	
Q44Bm For the problems you had, did you seek help? Hot flushes				
	No	0	5596	53.8
	Yes	1	761	7.3
	Not Applicable	8	4052	38.9
	N Missing		130	
Q44Bn For the problems you had, did you seek help? Night sweats				
	No	0	4588	44.4
	Yes	1	560	5.4
	Not Applicable	8	5187	50.2
	N Missing		196	
Q44Bo For the problems you had, did you seek help? Eyesight problems	-			
	No	0	4528	43.9
	Yes	1	2017	19.6
	Not Applicable	8	3759	36.5
	N Missing		225	

No 0 4383 44 Yes 1 361 33 Not Applicable 8 5632 54 Ndt Applicable 8 5027 48 Yes 1 1787 17 Not Applicable 8 5027 48 Ndt Applicable 8 5027 48 Ndt Applicable 8 723 72 Avising 1 245 2 Not Applicable 8 723 72 Not Applicable 8 723 72 Avising 1 245 2 V4Bs For the problems you had, did you seek help? Toothache No 0 2303 2 V4Bs For the problems you had, did you seek help? Hearing problems No 0 3023 2 Ves 1	Item Description	Categories	Values	Number	%
Yes 1 361 3 Not Applicable 8 5632 54 N Missing 163 163 Vers 1 1787 17 Not Applicable 8 5027 46 Yes 1 1787 137 Not Applicable 8 5027 46 Yes 1 1737 137 D44Br For the problems you had, did you seek help? Avoided eating some poole because of problems with your teeth, mouth or dentures Noi Applicable 8 5027 42 D44Br For the problems you had, did you seek help? Avoided eating some poole because of problems you had, did you seek help? Toothache 1 245 2 D44Bs For the problems you had, did you seek help? Toothache Noi Applicable 8 624 6 D44Bt For the problems you had, did you seek help? Hearing problems Noi Sing 1 429 4 D44Bt For the problems you had, did you seek help? Depression Noi Applicable 8 6224 6 Vers 1 50 15 15 15 15 <td>Q44Bp For the problems you had, did you seek help? Leaking urine</td> <td></td> <td></td> <td></td> <td></td>	Q44Bp For the problems you had, did you seek help? Leaking urine				
Not Applicable 8 5632 54 N Missing 163 163 Version 0 3586 34 Yes 1 1787 1787 Not Applicable 8 5632 54 Yes 1 1787 1787 ABP For the problems you had, did you seek help? Avoided eating some boods because of problems with your teeth, mouth or dentures No 0 2605 25 Yes 1 0 252 723 723 723 723 723 723 724 72		No	0	4383	42.2
A4Bq For the problems you had, did you seek help? Mouth, teeth or gumsNo0358634NoNo010178717Yes117871717Not Applicable8502748P44Br For the problems you had, did you seek help? Avoided eating some oods because of problems with your teeth, mouth or denturesNo0260525Yes124522161616161723172A4Bs For the problems you had, did you seek help? ToothacheNo0200922221816116216		Yes	1	361	3.5
244Bg For the problems you had, did you seek help? Mouth, teeth or gums No 0 3586 34 Yes 1 1787 17 Not Applicable 8 5027 48 Nu Missing 137 137 Q44Br For the problems you had, did you seek help? Avoided eating some boods because of problems with your teeth, mouth or dentures No 0 2605 25 Yes 1 245 22 Not Applicable 8 7523 72 A4Bs For the problems you had, did you seek help? Toothache No 0 2309 22 Yes 1 941 9 A4Bs For the problems you had, did you seek help? Toothache No 0 3023 22 Yes 1 941 9 At4Bt For the problems you had, did you seek help? Hearing problems No 0 3023 25 Yes 1 429 4 At4Bt For the problems you had, did you seek help? Depression No 0 3024 26 Not Applicable 8 6924 66 Ndissing 150 150 At4Bu For the problems you had, did you seek help? Depression Not		Not Applicable	8	5632	54.3
No 0 3586 34 Yes 1 1787 17 Not Applicable 8 5027 48 NMissing 137 17 Not Applicable 8 5027 48 NMissing 1 245 24 Not Applicable 8 5237 72 Not Applicable 8 723 72 Not Applicable 8 723 72 Not Applicable 8 712 72 Not Applicable 8 712 72 Not Applicable 8 712 72 Not Applicable 8 7142 68 Not Applicable 8 7142 68 Not Applicable 8 614 94 Ves 1 429 44 Not Applicable 8 624 66 NMissing 150 1 729 Not Applicable 8 6194 58 Not Applicable 8 6194 58 Not Applicable		N Missing		163	
Yes1178717871787178717871787180Not Applicable8502748137137137137137PA4Br For the problems with your teeth, mouth or denturesNo0205251626162516261815231721817218172181721817218172181721814181742181418111418111418111418111	244Bq For the problems you had, did you seek help? Mouth, teeth or gums				
Add Applicable 8 5027 44 N Missing 137 137 Add Br For the problems you had, did you seek help? Avoided eating some bods because of problems with your teeth, mouth or dentures No 0 2605 25 Yes 1 245 2 Not Applicable 8 7523 72 N Missing 1 245 2 Q44Bs For the problems you had, did you seek help? Toothache No 0 209 22 Q44Bs For the problems you had, did you seek help? Toothache Not Applicable 8 712 68 Q44Bt For the problems you had, did you seek help? Hearing problems Not Applicable 8 712 68 Q44Bt For the problems you had, did you seek help? Hearing problems No 0 3023 29 Q44Bt For the problems you had, did you seek help? Depression No 1 40 68 Q44Bt For the problems you had, did you seek help? Depression No 1 376 32 Q44Bt For the problems you had, did you seek help? anxiety No 0 3435 41		No	0	3586	34.5
AddBr For the problems you had, did you seek help? Avoided eating some bods because of problems with your teeth, mouth or dentures No No No No No Seek 12 22 Yes 1 248 70 the problems you had, did you seek help? Toothache No Applicable 8 712 2 Yes 1 491 2 Not Applicable 8 714 2 No Applicable 8 714 2 No Applicable 8 714 2 No Applicable 8 714 2 No Applicable 8 714 2 Yes 1 492 4 Not Applicable 8 714 49 Yes 1 494 4 Not Applicable 8 714 49 Yes 1 494 4 Yes 1 71 49 Yes 1 71 77 77 71		Yes	1	1787	17.2
244Br For the problems you had, did you seek help? Avoided eating some bods because of problems with your teeth, mouth or dentures No 0 2605 25 Yes 1 245 2 Not Applicable 8 7523 72 Not Applicable 8 7523 72 Not Applicable 8 723 72 Not Applicable 8 7162 2 Vers 1 941 9 Not Applicable 8 714 68 Not Applicable 8 7142 68 Not Applicable 8 7142 68 Not Applicable 8 7142 68 Not Applicable 8 6194 56 Q44Bt For the problems you had, did you seek help? Depression No 0 3324 32 Q44Bu For the problems you had, did you seek help? Depression No 0 3324 32 Q44Bu For the problems you had, did you seek help? anxiety No 0 3436 41 Yes 1 <		Not Applicable	8	5027	48.3
bodds because of problems with your feeth, mouth or dentures No 0 2605 255 Yes 1 245 2 Yes 1 245 2 Not Applicable 8 7523 72 N Missing 162 2 V44Bs For the problems you had, did you seek help? Toothache No 0 2309 22 Yes 1 941 5 3 3 V44Bs For the problems you had, did you seek help? Hearing problems No 0 2032 29 V44Bt For the problems you had, did you seek help? Hearing problems No 0 3023 29 V44Bt For the problems you had, did you seek help? Depression No 0 3024 29 V44Bu For the problems you had, did you seek help? Depression No 0 324 32 V44Bu For the problems you had, did you seek help? Depression No 0 324 32 V44Bu For the problems you had, did you seek help? anxiety No 0 334 32 V44Bv For the problems you had, did you seek help? an		N Missing		137	
No 0 2605 25 Yes 1 245 2 Not Applicable 8 7523 72 N Missing 162 162 Q44Bs For the problems you had, did you seek help? Toothache No 0 2309 22 Yes 1 941 9 9 14 9 Yes 1 941 9 9 14 9 Page 1 941 9 9 14 9 9 14 9 9 14 9 9 14 9 9 14 9 14 9 14 9 14 14 9 14 14 9 14 <td></td> <td></td> <td></td> <td></td> <td></td>					
Not Applicable 8 7523 723 V44Bs For the problems you had, did you seek help? Toothache No 0 2309 22 Yes 1 941 94	oods because of problems with your teeth, mouth or dentures	No	0	2605	25.1
N Missing162244Bs For the problems you had, did you seek help? ToothacheNo0230922Yes19419Not Applicable871468Not Applicable871468Nat Applicable1302329Yes14294Not Applicable14294Not Applicable8692466Not Applicable14294Not Applicable1586924Yes186692466Not Applicable1707Not Applicable1707Yes1707Not Applicable1707Not Applicable1707Not Applicable1707Not Applicable852450Yes1707Not Applicable852450Yes1707Not Applicable852450Yes1707Not Applicable852450Yes1707Not Applicable852450Yes1707Not Applicable852450Yes1707Not Applicable852450Yes1707Yes1707Ye		Yes	1	245	2.4
44Bs For the problems you had, did you seek help? Toothache No 0 2309 22 Yes 1 941 9 Not Applicable 8 7142 68 N Missing 139 139 144Bt For the problems you had, did you seek help? Hearing problems No 0 3023 29 Yes 1 429 4 4 44		Not Applicable	8	7523	72.5
No 0 2309 22 Yes 1 941 9 Not Applicable 8 7142 68 N Missing 139 139 139 Yes 1 429 4 No 0 3023 29 Yes 1 429 4 Not Applicable 8 6924 66 Yes 1 429 4 Not Applicable 8 6924 66 Not Applicable 8 6924 66 Yes 1 876 8 V44Bu For the problems you had, did you seek help? Depression 150 150 V44Bu For the problems you had, did you seek help? anxiety Not Applicable 8 6194 59 V44Bv For the problems you had, did you seek help? anxiety No 0 4345 41 Yes 1 70 7 7 7 7 7 Not Applicable 8 5274 50		N Missing		162	
Yes 1 941 9 Not Applicable 8 7142 68 N Missing 139 139 139 V44Bt For the problems you had, did you seek help? Hearing problems No 0 3023 29 Yes 1 429 4	44Bs For the problems you had, did you seek help? Toothache				
Not Applicable 8 7142 68 N Missing 139 144 149		No	0	2309	22.2
N Missing 139 139 139 130 130 131 130 131 130 131 130 131 130 131 130 131 130 131 130 131 130 131 130 131 130 131 130 131 130 131 140 131 140 131 140 131 140 131 140 131 140 144 140 144 140 144 140 144 140 144 140 144 140 144 140 144 140 144 140 144 140 144 140 144 140 144 140 144 140 144		Yes	1	941	9.1
444Bt For the problems you had, did you seek help? Hearing problems No 0 3023 29 Yes 1 429 4 Not Applicable 8 6924 66 N Missing 150 150 144Bu For the problems you had, did you seek help? Depression No 0 3324 32 144Bu For the problems you had, did you seek help? Depression No 0 3324 32 144Bu For the problems you had, did you seek help? Depression No 0 3324 32 144Bu For the problems you had, did you seek help? anxiety No 0 3324 32 144Bu For the problems you had, did you seek help? anxiety No 0 4345 41 144Bu For the problems you had, did you seek help? anxiety No 0 4345 41 144Bu For the problems you had, did you seek help? anxiety No 0 4345 41 144Bu For the problems you had, did you seek help? anxiety No 0 4345 41 144Bu For the problems you had, did you seek help? No 0 4345 41 144Bu For the problems you had, did you seek help? 1<		Not Applicable	8	7142	68.7
No 0 3023 29 Yes 1 429 4 Not Applicable 8 6924 66 N Missing 150 150 150 V4Bu For the problems you had, did you seek help? Depression No 0 3324 32 Ves 1 876 8 6194 59 Not Applicable 8 6194 59 135 50 V4Bv For the problems you had, did you seek help? anxiety No 0 4345 41 Yes 1 70 7 7 Not Applicable 8 5274 50		N Missing		139	
Yes 1 429 4 Not Applicable 8 6924 66 N Missing 150 150 150 No 0 3324 32 Yes 1 876 8 Not Applicable 1 876 8 Yes 1 876 8 Not Applicable 135 135 55 Net Applicable 135 135 55 Not Applicable 135 135 55 Not Applicable 1 770 7 Not Applicable 8 5274 50	44Bt For the problems you had, did you seek help? Hearing problems	-			
Not Applicable 8 6924 66 N Missing 150 150 150 V44Bu For the problems you had, did you seek help? Depression No 0 3324 32 Yes 1 876 8 6194 59 Not Applicable 1 876 8 V44Bv For the problems you had, did you seek help? anxiety Not Applicable 3 6194 59 No 0 4345 135 50 50 50 V44Bv For the problems you had, did you seek help? anxiety No 0 4345 41 Yes 1 770 7 7 Not Applicable 8 5274 50		No	0	3023	29.1
N Missing 150 044Bu For the problems you had, did you seek help? Depression No 0 3324 32 Yes 1 876 8 Not Applicable 8 6194 59 N Missing 135 135 V44Bv For the problems you had, did you seek help? anxiety No 0 4345 Yes 1 770 7 Not Applicable 8 5274 50		Yes	1	429	4.1
A44Bu For the problems you had, did you seek help? Depression No 0 3324 32 Yes 1 876 8 Not Applicable 8 6194 59 N Missing 135 244Bv For the problems you had, did you seek help? anxiety No 0 4345 41 Yes 1 770 7 Not Applicable 8 5274 50		Not Applicable	8	6924	66.7
A44Bu For the problems you had, did you seek help? Depression No 0 3324 32 Yes 1 876 8 Not Applicable 8 6194 59 N Missing 135 244Bv For the problems you had, did you seek help? anxiety No 0 4345 41 Yes 1 770 7 Not Applicable 8 5274 50		N Missing		150	
Yes 1 876 8 Not Applicable 8 6194 59 N Missing 135 135 V44Bv For the problems you had, did you seek help? anxiety No 0 4345 41 Yes 1 770 7 Not Applicable 8 5274 50	144Bu For the problems you had, did you seek help? Depression	-			
Not Applicable 8 6194 59 N Missing 135 145 135 145		No	0	3324	32.0
Not Applicable 8 6194 59 N Missing 135 145		Yes	1	876	8.4
N Missing 135 135 No 0 4345 41 Yes 1 770 7 Not Applicable 8 5274 50			8		59.6
A44Bv For the problems you had, did you seek help? anxiety No 0 4345 41 Yes 1 770 7 Not Applicable 8 5274 50					
No 0 4345 41 Yes 1 770 7 Not Applicable 8 5274 50	44Bv For the problems you had, did you seek help? anxiety				
Yes 1 770 7 Not Applicable 8 5274 50		No	0	4345	41.8
Not Applicable 8 5274 50					7.4
					50.8
		N Missing	0	145	20.0

Item Description	Categories	Values	Number	%
Q44Bw For the problems you had, did you seek help? Episodes of intense				
anxiety (eg panic attacks)	No	0	1616	15.6
	Yes	1	392	3.8
	Not Applicable	8	8345	80.6
	N Missing		176	
Q44Bx For the problems you had, did you seek help? Palpitations (feeling that				
your heart is racing or fluttering in your chest)	No	0	3493	33.6
	Yes	1	753	7.2
	Not Applicable	8	6152	59.2
	N Missing		144	
Q45 In the past week, have you been feeling that life isn't worth living?				
	Yes	1	642	6.1
	No	2	9821	93.9
	N Missing		76	
Q46 In the past 6 months have you ever deliberately hurt yourself or done				
anything that you knew might have harmed or even killed you?	Yes	1	56	0.5
	No	2	10432	99.5
	N Missing		48	
Q47a Over the last 12 months, how stressed have you felt about the following				
areas of your life: Own health	Not stressed	2	5304	51.6
	Somewhat stressed	3	3206	31.2
	Moderately stressed	4	1243	12.1
	Very stressed	5	392	3.8
	Extremely stressed	6	128	1.2
	N Missing		274	
Q47b Over the last 12 months, how stressed have you felt about the following				
areas of your life: Health of other family members	Not applicable	1	319	3.1
	Not stressed	2	3168	30.5
	Somewhat stressed	3	3815	36.7
	Moderately stressed	4	1614	15.5
	Very stressed	5	960	9.2
	Extremely stressed	6	517	5.0
	N Missing		158	

Item Description	Categories	Values	Number	%
Q47c Over the last 12 months, how stressed have you felt about the following areas of your life: Work/Employment				
	Not applicable	1	3153	30.3
	Not stressed	2	2997	28.8
	Somewhat stressed	3	2447	23.5
	Moderately stressed	4	1007	9.7
	Very stressed	5	575	5.5
	Extremely stressed	6	235	2.3
	N Missing		134	
Q47d Over the last 12 months, how stressed have you felt about the following				
areas of your life: Living arrangements	Not stressed	2	7887	78.0
	Somewhat stressed	3	1447	14.3
	Moderately stressed	4	468	4.6
	Very stressed	5	211	2.1
	Extremely stressed	6	103	1.0
	N Missing		466	
Q47e Over the last 12 months, how stressed have you felt about the following				
areas of your life: Study	Not applicable	1	7476	71.9
	Not stressed	2	2479	23.9
	Somewhat stressed	3	299	2.9
	Moderately stressed	4	63	0.6
	Very stressed	5	48	0.5
	Extremely stressed	6	28	0.3
	N Missing		159	
Q47f Over the last 12 months, how stressed have you felt about the following				
areas of your life: Money	Not stressed	2	5207	50.6
	Somewhat stressed	3	3254	31.6
	Moderately stressed	4	1054	10.2
	Very stressed	5	500	4.9
	Extremely stressed	6	268	2.6
	N Missing		263	
Q47g Over the last 12 months, how stressed have you felt about the following	, and the second s			
areas of your life: Relationship with parents	Not applicable	1	5053	48.3
	Not stressed	2		34.0
	Somewhat stressed	3	1160	11.1
	Moderately stressed	4		3.4
	Very stressed	5	237	2.3
	Extremely stressed	6	106	1.0
	N Missing	Ū	79	
20				

Item Description	Categories	Values	Number	%
Q47h Over the last 12 months, how stressed have you felt about the following				
areas of your life: Relationship with partner/spouse	Not applicable	1	1927	18.4
	Not stressed	2	5356	51.2
	Somewhat stressed	3	2173	20.8
	Moderately stressed	4	558	5.3
	Very stressed	5	253	2.4
	Extremely stressed	6	200	1.9
	N Missing		79	
Q47i Over the last 12 months, how stressed have you felt about the following				
areas of your life: Relationship with children	Not applicable	1	1089	10.4
	Not stressed	2	5647	53.8
	Somewhat stressed	3	2728	26.0
	Moderately stressed	4	620	5.9
	Very stressed	5	273	2.6
	Extremely stressed	6	130	1.2
	N Missing		66	
Q47j Over the last 12 months, how stressed have you felt about the following				
areas of your life: Relationship with other family members	Not applicable	1	735	7.0
	Not stressed	2	6655	63.5
	Somewhat stressed	3	2252	21.5
	Moderately stressed	4	510	4.9
	Very stressed	5	204	1.9
	Extremely stressed	6	122	1.2
	N Missing		67	
Q48a How much do you agree or disagree with each of the following				
statements? At home, I feel I have control over what happens in most situations	Strongly disagree	1	119	1.1
	Disagree	2	449	4.3
	Slightly disagree	3	642	6.1
	Slightly agree	4	1079	10.3
	Agree	5	5750	54.9
	Strongly agree	6	2430	23.2

Item Description	Categories	Values	Number	%
Q48b How much do you agree or disagree with each of the following				
statements? I feel that what happens in my life is often determined by factors beyond my control	Strongly disagree	1	935	9.0
	Disagree	2	2972	28.5
	Slightly disagree	3	981	9.4
	Slightly agree	4	2618	25.1
	Agree	5	2408	23.1
	Strongly agree	6	527	5.0
	N Missing		102	
Q48c How much do you agree or disagree with each of the following				
statements? Over the next 5-10 years I expect to have more positive than negative experiences	Strongly disagree	1	132	1.3
	Disagree	2	452	4.3
	Slightly disagree	3	648	6.2
	Slightly agree	4	1577	15.1
	Agree	5	5553	53.2
	Strongly agree	6	2081	19.9
	N Missing		108	
Q48d How much do you agree or disagree with each of the following				
statements? I often have the feeling that I am being treated unfairly	Strongly disagree	1	2364	22.6
	Disagree	2	4465	42.6
	Slightly disagree	3	969	9.3
	Slightly agree	4	1784	17.0
	Agree	5	685	6.5
	Strongly agree	6	203	1.9
	N Missing		78	
Q48e How much do you agree or disagree with each of the following				
statements? In the past 10 years my life has been full of changes without my knowing what will happen next	Strongly disagree	1	1268	12.1
	Disagree	2	3438	32.9
	Slightly disagree	3	901	8.6
	Slightly agree	4	2240	21.4
	Agree	5	1917	18.3
	Strongly agree	6	691	6.6
	N Missing		85	

Item Description	Categories	Values	Number	%
Q48f How much do you agree or disagree with each of the following statements? I gave up trying to make big improvements or changes in my life a				
long time ago	Strongly disagree	1	2567	24.6
	Disagree	2	4490	42.9
	Slightly disagree	3	968	9.3
	Slightly agree	4	1245	11.9
	Agree	5	985	9.4
	Strongly agree	6	200	1.9
	N Missing		92	
Q49a Thinking about your current approach to life, please indicate how much you think each statement describes you: In uncertain times, I usually expect the	Strongly disagree	1	158	1.5
pest	Disagree	2	1394	13.4
	Neutral	3	3341	32.2
	Agree	4	4611	44.5
	Strongly agree	5	867	8.4
	N Missing	5	178	0.4
240h Thinking about your ourrant approach to life, please indicate how much	Nimissing		170	
Q49b Thinking about your current approach to life, please indicate how much you think each statement describes you: If something can go wrong for me, it	Strongly disagree	1	1977	19.0
vill	Disagree	2	4802	46.3
	Neutral	3	2038	19.6
	Agree	4	1385	13.3
	Strongly agree	5	176	1.7
	N Missing		167	
Q49c Thinking about your current approach to life, please indicate how much	5 0			
you think each statement describes you: I'm always optimistic about my future	Strongly disagree	1	98	0.9
	Disagree	2	1054	10.2
	Neutral	3	2255	21.7
	Agree	4	5730	55.2
	Strongly agree	5	1236	11.9
	N Missing		173	
Q49d Thinking about your current approach to life, please indicate how much	J. J			
you think each statement describes you: I hardly ever expect things to go my	Strongly disagree	1	1926	18.5
way	Disagree	2	5215	50.2
	Neutral	3	1988	19.1
	Agree	4	1160	11.2
	Strongly agree	5	106	1.0
	N Missing	5	157	

Item Description	Categories	Values	Number	%
Q49e Thinking about your current approach to life, please indicate how much you think each statement describes you: I rarely count on good things				
happening to me	Strongly disagree	1	2157	20.7
	Disagree	2	4940	47.5
	Neutral	3	1842	17.7
	Agree	4	1305	12.6
	Strongly agree	5	153	1.5
	N Missing		149	
Q49f Thinking about your current approach to life, please indicate how much you think each statement describes you: Overall, I expect more good things to				
happen to me than bad	Strongly disagree	1	126	1.2
	Disagree	2	575	5.5
	Neutral	3	1490	14.3
	Agree	4	6202	59.4
	Strongly agree	5	2050	19.6
	N Missing		106	
Q51Aa Which of the following events have you experienced? In the last 12				
months Major personal illness	No	0	9692	92.2
	Yes	1	815	7.8
	N Missing		34	
Q51Ab Which of the following events have you experienced? In the last 12				
months Major personal injury or invovlement in a serious accident	No	0	10274	97.8
	Yes	1	233	2.2
	N Missing		34	
Q51Ac Which of the following events have you experienced: in the last 12				
months Major personal achievement	No	0	9348	89.0
	Yes	1	1159	11.0
	N Missing		34	
Q51Ad Which of the following events have you experienced? In the last 12				
months Birth of a grandchild	No	0	8367	79.6
	Yes	1	2139	20.4
	N Missing		34	
Q51Ae Which of the following events have you experienced? In the last 12	Ū.			
months Major surgery (not including dental work)	No	0	9870	93.9
	Yes	1	637	6.1
	N Missing		34	·
Q51Af Which of the following events have you experienced? In the last 12	0			
months Going through menopause	No	0	9190	87.5
	Yes	1	1316	12.5
	N Missing	·	34	. 2.0
	i i i i i i i i i i i i i i i i i i i		04	

No 0 9595 91. Yes 1 912 8. OS1Ah Which of the following events have you experienced? In the last 12 No 0 7383 70. Yes 1 3124 28. Nissing 3124 28. QS1Ah Which of the following events have you experienced? In the last 12 No 0 10318 88. Yes 1 188 1. 188. 1. 188. 1. 188. 1. 188. 1. 188. 1. 188. 1. 188. 1. 188. 1. 1. 188. 1. 1. 188. 1.	Item Description	Categories	Values	Number	%
No 0 9 spectral 912 8. Yes 1 912 8. NMissing - 34 C51Ah Which of the following events have you experienced? In the last 12 No 0 7383 70. Yes 1 3124 29. N Missing 34 D51Ai Which of the following events have you experienced? In the last 12 No 0 10318 98. Yes 1 188 1. NMissing 34 34 D51Ai Which of the following events have you experienced? In the last 12 No 0 10389 98. Yes 1 118 1. NMissing 34 D51Ai Which of the following events have you experienced? In the last 12 No 0 10389 98. Yes 1 319 3. NMissing 34 34 D51Ai Which of the following events have you experienced? In the last 12 No 0 10416 99. Yes 1 No 1 144 34	Q51Ag Which of the following events have you experienced? In the last 12				
251Ah Which of the following events have you experienced? In the last 12 months Major decline in health of other close family member or close friend Yes 1 3124 29. No 0 0 7383 70. Yes 1 3184 31. No 0 0 10318 98. Yes 1 188 1. No 10 10318 98. Yes 1 188 1. No 10 10319 98. Yes 1 10319 98.	nonths major decline in health of spouse of partner	No	0	9595	91.3
251Ah Which of the following events have you experienced? In the last 12 months Major decline in health of other close family member or close friend No 0 7383 70. Yes 251Ai Which of the following events have you experienced? In the last 12 months Starting a new, close personal relationship No 0 10318 98. Yes 251Aj Which of the following events have you experienced? In the last 12 months Infidelity of spouse or partner No 0 10389 98. Yes 251Aj Which of the following events have you experienced? In the last 12 months Infidelity of spouse or partner No 0 10389 98. Yes 251Ak Which of the following events have you experienced? In the last 12 months Divorce No 0 10389 98. Yes 251Ak Which of the following events have you experienced? In the last 12 months Divorce No 0 10389 98. Yes 251Ai Which of the following events have you experienced? In the last 12 months Divorce No 0 104167 97. Yes 251Am Which of the following events have you experienced? In the last 12 months Major conflict with teenage or older children No 0 9703 92. Yes 251Am Which of the following events have you experienced? In the last 12 months Major conflict with teenage or older children No <t< td=""><td></td><td>Yes</td><td>1</td><td>912</td><td>8.7</td></t<>		Yes	1	912	8.7
No 0 7383 70. Yes 1 3124 29. N Missing 34 29. 251Ai Which of the following events have you experienced? In the last 12 nonths Starting a new, close personal relationship No 0 10318 98. Yes 1 188 1. 188 1. No 0 10318 98. Yes 1 188 1. No 0 10389 98. Yes 1 118 1. 251Aj Which of the following events have you experienced? In the last 12 No 0 10389 98. 251Ak Which of the following events have you experienced? In the last 12 No 0 10187 97. 251Ak Which of the following events have you experienced? In the last 12 No 0 10187 97. 251Al Which of the following events have you experienced? In the last 12 No 0 10416 99. 251Al Which of the following events have you experienced? In the last 12 No 0 97.33 92. 251Am Which of the foll		N Missing		34	
No 0 783 70. Yes 1 3124 29. N Missing 34 34 251Ai Which of the following events have you experienced? In the last 12 nonths Starting a new, close personal relationship No 0 10318 98. Yes 1 188 1. Nilssing 34 251Ai Which of the following events have you experienced? In the last 12 nonths Infidelity of spouse or partner No 0 10389 98. Yes 1 118 1. Nilssing 34 251Ai Which of the following events have you experienced? In the last 12 nonths Infidelity of spouse or partner No 0 10389 98. Yes 1 318 1. Nilssing 34 34 251Ak Which of the following events have you experienced? In the last 12 nonths Divorce No 0 10416 99. 251Ai Which of the following events have you experienced? In the last 12 nonths Divorce No 0 10416 99. 251Am Which of the following events have you experienced? In the last 12 nonths Divorce No 0 9773					
$\begin{array}{llllllllllllllllllllllllllllllllllll$	nonths Major decline in health of other close family member or close friend	No	0	7383	70.3
251Ai Which of the following events have you experienced? In the last 12 nonths Starting a new, close personal relationship No 0 10318 98. Yes 1 188 1. No 0 10389 98. 251Aj Which of the following events have you experienced? In the last 12 nonths Infidelity of spouse or partner No 0 10389 98. 251Ak Which of the following events have you experienced? In the last 12 nonths Break-up of a close personal relationship No 0 10187 97. 251Ak Which of the following events have you experienced? In the last 12 nonths Break-up of a close personal relationship No 0 10187 97. 251Ak Which of the following events have you experienced? In the last 12 nonths Divorce No 0 10187 97. 251Al Which of the following events have you experienced? In the last 12 nonths Bigior conflict with teenage or older children No 0 10147 99. 251An Which of the following events have you experienced? In the last 12 nonths Major conflict with teenage or older children No 0 9703 92. 251An Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend niversity etc) No 0 9		Yes	1	3124	29.7
No01031898.Yes11881.N Missing		N Missing		34	
No 0 10318 98. Yes 1 188 1. N Missing 34 1. D51Aj Which of the following events have you experienced? In the last 12 No 0 10389 98. Yes 1 118 1. N Nissing 34 D51Ak Which of the following events have you experienced? In the last 12 No 0 10187 97. Yes 1 319 3. N Missing 34 D51Ak Which of the following events have you experienced? In the last 12 No 0 10187 97. Yes 1 319 3. N Missing 34 D51Al Which of the following events have you experienced? In the last 12 No 0 10416 99. Yes 1 90 0. N N No 0 9703 92. Yes 1 90 0. N N No 0 9703 92. Yes 1 788 . N N No 0 9748 92.					
A Missing 34 34 34 34 34 34 34 34 34 34 34 34 34	nonths Starting a new, close personal relationship	No	0	10318	98.2
251Aj Which of the following events have you experienced? In the last 12 nonths Infidelity of spouse or partner No 0 10389 98. Yes 251Ai Which of the following events have you experienced? In the last 12 nonths Break-up of a close personal relationship No 0 10187 97. Yes 251Ak Which of the following events have you experienced? In the last 12 nonths Divorce No 0 10187 97. Yes 1 319 3. 251Al Which of the following events have you experienced? In the last 12 nonths Divorce No 0 10416 99. Yes 1 90. N 251Am Which of the following events have you experienced? In the last 12 nonths Major conflict with teenage or older children No 0 10416 99. Yes 1 804 7. N Missing 34 251Am Which of the following events have you experienced? In the last 12 nonths Major conflict with teenage or older children No 0 97.03 92. Yes 1 804 7. N Missing 34 251Am Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend niversity etc) Yes 1 768 7. N Missing 34 7. 251Ao Which of the following events		Yes	1	188	1.8
nonthis Infidelity of spouse or partner No 0 10389 98. Yes 1 118 1. No 0 10187 3.4 251Ak Which of the following events have you experienced? In the last 12 No 0 10187 97. 251Ak Which of the following events have you experienced? In the last 12 No 0 10187 97. 251Al Which of the following events have you experienced? In the last 12 No 0 10416 99. 251An Which of the following events have you experienced? In the last 12 No 0 10416 99. 251Am Which of the following events have you experienced? In the last 12 No 0 9703 92. 251Am Which of the following events have you experienced? In the last 12 No 0 9703 92. 251An Which of the following events have you experienced? In the last 12 No 0 97.4 92. 251An Which of the following events have you experienced? In the last 12 No 0 97.4 92. 251An Which of the following events have you experienced? In the last 12 No 0 9		N Missing		34	
No 0 10389 98. Yes 1 118 1. No 0 10187 34 251Ak Which of the following events have you experienced? In the last 12 months Break-up of a close personal relationship No 0 10187 97. Yes 1 319 3. N Nissing 34 251Al Which of the following events have you experienced? In the last 12 months Divorce No 0 10416 99. 251Al Which of the following events have you experienced? In the last 12 months Divorce No 0 10416 99. 251Ar Which of the following events have you experienced? In the last 12 months Major conflict with teenage or older children No 0 9703 92. 251Am Which of the following events have you experienced? In the last 12 months Child or family member leaving home (due to marriage, to attend university etc) No 0 9748 92. 251Ao Which of the following events have you experienced? In the last 12 months Death of spouse or partner No 0 9748 92. 251Ao Which of the following events have you experienced? In the last 12 months Death of spouse or partner No 0					
N Missing 34 251Ak Which of the following events have you experienced? In the last 12 months Break-up of a close personal relationship No 0 10187 97. Yes 1 319 3. Naissing 3 Naissing 3 Na	nonths Infidelity of spouse or partner	No	0	10389	98.9
251Ak Which of the following events have you experienced? In the last 12 months Break-up of a close personal relationship No 0 10187 97. Yes 1 319 3. N Missing 251Al Which of the following events have you experienced? In the last 12 months Divorce No 0 10416 99. Yes 1 90 0. N Missing 34 251Am Which of the following events have you experienced? In the last 12 months Major conflict with teenage or older children No 0 9703 92. Yes 1 804 7. No 0 9773 92. Yes 1 804 7. N Missing 34 251An Which of the following events have you experienced? In the last 12 months Child or family member leaving home (due to marriage, to attend university etc) Yes 1 758 7. N Missing 34 251Ao Which of the following events have you experienced? In the last 12 months Child or family member leaving home (due to marriage, to attend nonths Child or family member leaving home (due to marriage, to attend nonths Child or family member leaving home (due to marriage, to attend nonths Child or family member leaving home (due to marriage, to attend nonths Child or family member leaving home (due to marriage, to attend No 0 9748 92. Yes 1 758 7. No Missing 34		Yes	1	118	1.1
No 0 10187 97. Yes 1 319 3. D51Al Which of the following events have you experienced? In the last 12 nonths Divorce No 0 10416 99. D51Al Which of the following events have you experienced? In the last 12 nonths Divorce No 0 10416 99. D51Al Which of the following events have you experienced? In the last 12 nonths Major conflict with teenage or older children No 0 10416 99. D51Am Which of the following events have you experienced? In the last 12 nonths Major conflict with teenage or older children No 0 9703 92. D51An Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend iniversity etc) No 0 9748 92. D51An Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend iniversity etc) No 0 9748 92. D51Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partner No 0 10422 99. D51Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partner No		N Missing		34	
No 0 10187 97. Yes 1 319 3. N Missing 34 251Al Which of the following events have you experienced? In the last 12 nonths Divorce No 0 10416 99. Yes 1 90 0. N Missing 34 251Am Which of the following events have you experienced? In the last 12 nonths Major conflict with teenage or older children No 0 9703 92. Yes 1 804 7. N Missing 34 251An Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend university etc) Yes 1 758 7. No 0 9748 92. Yes 1 758 7. N Missing 34 251Ao Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend university etc) Yes 1 758 7. N Missing 34 251Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partner No 0 10422 99. Yes 1 85 0.	Q51Ak Which of the following events have you experienced? In the last 12	-			
N Missing 34 251Al Which of the following events have you experienced? In the last 12 nonths Divorce No 0 10416 99. Yes 1 90 0. Yes 1 90 0. N Missing 34 251Am Which of the following events have you experienced? In the last 12 nonths Major conflict with teenage or older children No 0 9703 92. Yes 1 800 7. No 90 9703 92. Yes 1 800 90 9703 92. Yes 1 90 90	nonths Break-up of a close personal relationship	No	0	10187	97.0
251Al Which of the following events have you experienced? In the last 12 nonths Divorce No 0 10416 99. Yes 1 90 0. N Missing 34 251Am Which of the following events have you experienced? In the last 12 nonths Major conflict with teenage or older children No 0 9703 92. Yes 1 804 7. N Missing 34 251An Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend iniversity etc) No 0 9748 92. Yes 1 758 7. N Missing 34 251Ao Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend iniversity etc) No 0 9748 92. Yes 1 758 7. N Missing 34		Yes	1	319	3.0
251Al Which of the following events have you experienced? In the last 12 No 0 10416 99. Yes 1 90 0. N Missing 34 251Am Which of the following events have you experienced? In the last 12 nonths Major conflict with teenage or older children No 0 9703 92. Yes 1 804 7. N Missing 34 251An Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend niversity etc) No 0 9748 92. Yes 1 758 7. N Missing 34 251Ao Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend niversity etc) No 0 9748 92. Yes 1 758 7. N Missing 34 251Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partner No 0 10422 99. Yes 1 85 0.		N Missing		34	
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A Missing 34 251Am Which of the following events have you experienced? In the last 12 months Major conflict with teenage or older children 0 No 0 9703 92. Yes 1 804 7. N Missing 34 251An Which of the following events have you experienced? In the last 12 months Child or family member leaving home (due to marriage, to attend university etc) 0 251Ao Which of the following events have you experienced? In the last 12 months Death of spouse or partner 0 No 0 10422 99. Yes 1 85 0.	nonths Divorce	No	0	10416	99.1
251Am Which of the following events have you experienced? In the last 12 nonths Major conflict with teenage or older children No 0 9703 92. Yes 1 804 7. N Missing 34 251An Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend iniversity etc) No 0 9748 92. Yes 1 758 7. N Missing 34 251Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partner No 0 10422 99. Yes 1 85 0.		Yes	1	90	0.9
Q51Am Which of the following events have you experienced? In the last 12 nonths Major conflict with teenage or older childrenNo0970392.Yes18047.Yes18047.No0974892.Q51An Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend university etc)No0974892.Yes17587.NNissing3492.Q51Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partnerNo01042299.Yes1850.		N Missing		34	
No0970392.Yes18047.Yes18047.N Missing3434Q51An Which of the following events have you experienced? In the last 12 months Child or family member leaving home (due to marriage, to attend university etc)No0974892.Yes17587.NNissing3492.Q51Ao Which of the following events have you experienced? In the last 12 months Death of spouse or partnerNo01042299.Yes1850.	Q51Am Which of the following events have you experienced? In the last 12	C C			
A Construction of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend university etc) No 0 9748 92. Yes 1 758 7. No 1 758 7. No 1 34 251 Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partner No 0 10422 99. Yes 1 85 0.		No	0	9703	92.3
Q51An Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend university etc)No0974892. YesYes17587. N Missing34Q51Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partnerNo01042299. YesYes1850.		Yes	1	804	7.7
Q51An Which of the following events have you experienced? In the last 12 nonths Child or family member leaving home (due to marriage, to attend university etc) No 0 9748 92. Yes 1 758 7. N Missing 34 Q51Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partner No 0 10422 99. Yes 1 85 0.					
nonths Child or family member leaving home (due to marriage, to attend university etc)No0974892.Yes17587.Ves3434Q51Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partnerNo01042299.Yes1850.	251An Which of the following events have you experienced? In the last 12	J		-	
Yes 1 758 7. N Missing 34 Q51Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partner No 0 10422 99. Yes 1 85 0.	nonths Child or family member leaving home (due to marriage, to attend	No	0	9748	92.8
Q51Ao Which of the following events have you experienced? In the last 12 nonths Death of spouse or partner No 0 10422 99. Yes 1 85 0.	iniversity etc)				7.2
Q51Ao Which of the following events have you experienced? In the last 12 months Death of spouse or partner No 0 10422 99. Yes 1 85 0.					
nonths Death of spouse or partner No 0 10422 99. Yes 1 85 0.	251Ao Which of the following events have you experienced? In the last 12			C ·	
Yes 1 85 0.		No	0	10422	99.2
			-		0.8
		N Missing		34	0.0

Item Description	Categories	Values	Number	%
Q51Ap Which of the following events have you experienced? In the last 12				
months Death of child	No	0	10455	99.5
	Yes	1	51	0.5
	N Missing		34	
Q51Aq Which of the following events have you experienced? In the last 12				
months Death of other close family member	No	0	9060	86.2
	Yes	1	1447	13.8
	N Missing		34	
Q51Ar Which of the following events have you experienced? In the last 12				
months Death of close friend	No	0	9500	90.4
	Yes	1	1006	9.6
	N Missing		34	
Q51As Which of the following events have you experienced? In the last 12				
months Changing your type of work/hours/conditions/responsibilities at work	No	0	8343	79.4
	Yes	1	2164	20.6
	N Missing		34	
Q51At Which of the following events have you experienced: in the last 12				
months Retirement	No	0	9889	94.1
	Yes	1	618	5.9
	N Missing		34	
Q51Au Which of the following events have you experienced: in the last 12				
months Your spouse or partner retiring from work	No	0	9891	94.1
	Yes	1	616	5.9
	N Missing		34	
Q51Av Which of the following events have you experienced: In the last 12				
months Being made redundant	No	0	10354	98.5
	Yes	1	152	1.5
	N Missing		34	
Q51Aw Which of the following events have you experienced: In the last 12				
months Your spouse/partner being made redundant	No	0	10367	98.7
	Yes	1	139	1.3
	N Missing		34	
Q51Ax Which of the following events have you experienced? In the last 12				
months Decreased income	No	0	8737	83.2
	Yes	1	1770	16.8
	N Missing		34	

Item Description	Categories	Values	Number	%
Q51Ay Which of the following events have you experienced? In the last 12				
nonths Moving house	No	0	9608	91.4
	Yes	1	899	8.6
	N Missing		34	
251Az Which of the following events have you experienced? In the last 12				
nonths Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	10227	97.3
	Yes	1	280	2.7
	N Missing		34	
251Aaa Which of the following events have you experienced? In the last 12				
nonths Major loss or damage to personal property	No	0	10386	98.9
	Yes	1	120	1.1
	N Missing		34	
251Abb Which of the following events have you experienced? In the last 12				
nonths Being robbed	No	0	10292	98.0
	Yes	1	215	2.0
	N Missing		34	
251Acc Which of the following events have you experienced? In the last 12				
nonths Being pushed, grabbed, shoved, kicked or hit	No	0	10374	98.7
	Yes	1	132	1.3
	N Missing		34	
51Add Which of the following events have you experienced? In the last 12				
nonths Being forced to take part in unwanted sexual activity	No	0	10463	99.6
	Yes	1	44	0.4
	N Missing		34	
051Aee Which of the following events have you experienced? In the last 12				
nonths Legal troubles or involved in a court case	No	0	10098	96.1
	Yes	1	409	3.9
	N Missing		34	
51Aff Which of the following events have you experienced? In the last 12	Ū			
nonths Family member/close personal friend being arrested/in gaol	No	0	10321	98.2
	Yes	1	186	1.8
	N Missing		34	
251Agg Which of the following events have you experienced: In the last 12	J			
nonths You or a family member invovled in problem gambling	No	0	10262	97.7
	Yes	1	245	2.3
		•	34	0

Item Description	Categories	Values	Number	%
Q51Ba Have you experienced any of the following events? Yes, more than 12				
months ago Major personal illness	No	0	7779	74.0
	Yes	1	2727	26.0
	N Missing		34	
Q51Bb Which of the following events have you experienced? More than 12				
months ago Major personal injury or invovlement in a serious accident	No	0	9448	89.9
	Yes	1	1058	10.1
	N Missing		34	
Q51Bc Which of the following events have you experienced: more than 12				
months ago Major personal achievement	No	0	8603	81.9
	Yes	1	1904	18.1
	N Missing		34	
Q51Bd Which of the following events have you experienced? More than 12				
months ago Birth of a grandchild	No	0	6990	66.5
	Yes	1	3516	33.5
	N Missing		34	
Q51Be Have you experienced any of the following events? Yes, more than 12				
months ago Major surgery (not including dental work)	No	0	7786	74.1
	Yes	1	2721	25.9
	N Missing		34	
Q51Bf Which of the following events have you experienced: more than 12				
months ago Going through menopause	No	0	4714	44.9
	Yes	1	5793	55.1
	N Missing		34	
Q51Bg Which of the following events have you experienced: more than 12	-			
months ago Major decline in health of spouse or partner	No	0	9365	89.1
	Yes	1	1142	10.9
	N Missing		34	
Q51Bh Which of the following events have you experienced: more than 12	0			
months ago Major decline in health of other close family member or close friend	No	0	7982	76.0
	Yes	1	2525	24.0
	N Missing		34	-
Q51Bi Have you experienced any of the following events? Yes, more than 12				
months ago Starting a new, close personal relationship	No	0	9465	90.1
	Yes	1	1041	9.9
	N Missing	·	34	5.5
			07	

Item Description	Categories	Values	Number	%
Q51Bj Which of the following events have you experienced: more than 12				
months ago Infidelity of spouse or partner	No	0	9470	90.1
	Yes	1	1037	9.9
	N Missing		34	
Q51Bk Which of the following events have you experienced: more than 12				
months ago Break-up of a close personal relationship	No	0	9258	88.1
	Yes	1	1249	11.9
	N Missing		34	
Q51BI Which of the following events have you experienced: more than 12				
months ago Divorce	No	0	9152	87.1
	Yes	1	1354	12.9
	N Missing		34	
Q51Bm Which of the following events have you experienced: more than 12				
months ago Major conflict with teenage or older children	No	0	9418	89.6
	Yes	1	1088	10.4
	N Missing		34	
Q51Bn Which of the following events have you experienced: more than 12				
months ago Child or other family member leaving home (due to marriage, to attend university etc)	No	0	7891	75.1
	Yes	1	2616	24.9
	N Missing		34	
Q51Bo Which of the following events have you experienced: more than 12				
months ago Death of spouse or partner	No	0	10016	95.3
	Yes	1	491	4.7
	N Missing		34	
Q51Bp Have you experienced any of the following events? Yes, more than 12	-			
months ago Death of a child	No	0	10108	96.2
	Yes	1	398	3.8
	N Missing		34	
Q51Bq Which of the following events have you experienced: more than 12	-			
months ago Death of other close family member	No	0	6810	64.8
	Yes	1	3697	35.2
	N Missing		34	
Q51Br Have you experienced any of the following events? Yes, more than 12	-			
months ago Death of a close friend	No	0	8703	82.8
				17.2
	Yes	1	1804	17.2

Item Description	Categories	Values	Number	%
Q51Bs Have you experienced any of the following events? Yes, more than 12 months ago Change in your type of work/hours/conditions/responsibilities at				
work	No	0	8482	80.7
	Yes	1	2025	19.3
	N Missing		34	
Q51Bt Which of the following events have you experienced: more than 12				
months ago Retirement	No	0	8928	85.0
	Yes	1	1579	15.0
	N Missing		34	
Q51Bu Which of the following events have you experienced: more than 12				
months ago Your spouse or partner retiring from work	No	0	8919	84.9
	Yes	1	1587	15.1
	N Missing		34	
Q51Bv Which of the following events have you experienced: More than 12				
months ago Being made redundant	No	0	9924	94.5
	Yes	1	582	5.5
	N Missing		34	
Q51Bw Which of the following events have you experienced: More than 12				
months ago Your spouse/partner being made redundant	No	0	9860	93.8
	Yes	1	646	6.2
	N Missing		34	
Q51Bx Have you experienced any of the following events? Yes, more than 12				
months ago Decreased income	No	0	8197	78.0
	Yes	1	2310	22.0
	N Missing		34	
Q51By Which of the following events have you experienced: more than 12				
months ago Moving house	No	0	7839	74.6
	Yes	1	2668	25.4
	N Missing		34	
Q51Bz Have you experienced any of the following events? Yes, more than 12				
months ago Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	10090	96.0
	Yes	1	417	4.0
	N Missing		34	
Q51Baa Have you experienced any of the following events? Yes, more than 12				
months ago Major loss or damage to personal property	No	0	10107	96.2
			400	2.0
	Yes	1	400	3.8

Item Description	Categories	Values	Number	%
Q51Bbb Have you experienced any of the following events? Yes, more than 12				
months ago Being robbed	No	0	9249	88.0
	Yes	1	1258	12.0
	N Missing		34	
Q51Bcc Have you experienced any of the following events? Yes, more than 12				
months ago Being pushed, grabbed, shoved, kicked or hit	No	0	9936	94.6
	Yes	1	570	5.4
	N Missing		34	
Q51Bdd Have you experienced any of the following events? Yes, more than 12				
months ago Being forced to take part in unwanted sexual activity	No	0	10133	96.4
	Yes	1	374	3.6
	N Missing		34	
Q51Bee Have you experienced any of the following events? Yes, more than 12				
months ago Legal troubles or involvement in a court case	No	0	9707	92.4
	Yes	1	800	7.6
	N Missing		34	
Q51Bff Have you experienced any of the following events? Yes, more than 12	-			
months ago Family member/close friend being arrested/in gaol	No	0	10069	95.8
	Yes	1	437	4.2
	N Missing		34	
Q51Bgg Which of the following events have you experienced: More than 12	-			
months ago You or a family member invovled in problem gambling	No	0	10171	96.8
	Yes	1	336	3.2
	N Missing		34	
Q51hh Have you experienced any of the following events? None of these	C C			
events	At least one of these	0	10238	97.4
	None of these	1	269	2.6
	N Missing		34	
Q52a Below is a list of the ways you might have felt or behaved. Please				
indicate how often you have felt this way during the last week? I was bothered	Rarely, none of time	0	7679	74.8
by things that don't usually bother me	Some of time	1	1811	17.6
	Moderate amount of time	2	583	5.7
	All/most of time	3	195	1.9
	-	-		-

Item Description	Categories	Values	Number	%
Q52b Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I had trouble				
keeping my mind on what I was doing	Rarely, none of time	0	6564	64.1
	Some of time	1	2674	26.1
	Moderate amount of time	2	754	7.4
	All/most of time	3	248	2.4
	N Missing		311	
Q52c Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt depressed				
	Rarely, none of time	0	7687	74.9
	Some of time	1	1690	16.5
	Moderate amount of time	2	604	5.9
	All/most of time	3	287	2.8
	N Missing		293	
Q52d Below is a list of the ways you might have felt or behaved. Please				
indicate how often you have felt this way during the last week? I felt that everything I did was an effort	Rarely, none of time	0	6466	63.3
	Some of time	1	2561	25.1
	Moderate amount of time	2	752	7.4
	All/most of time	3	442	4.3
	N Missing		319	
Q52e Below is a list of the ways you might have felt or behaved. Please				
indicate how often you have felt this way during the last week? I felt hopeful about the future	Rarely, none of time	0	1391	13.6
	Some of time	1	1439	14.1
	Moderate amount of time	2	2004	19.7
	All/most of time	3	5355	52.6
	N Missing		374	
Q52f Below is a list of the ways you might have felt or behaved. Please				
indicate how often you have felt this way during the last week? I felt fearful	Rarely, none of time	0	8398	83.0
	Some of time	1	1171	11.6
	Moderate amount of time	2	375	3.7
	All/most of time	3	171	1.7
	N Missing		448	
Q52g Below is a list of the ways you might have felt or behaved. Please				
indicate how often you have felt this way during the last week? My sleep was restless	Rarely, none of time	0	2965	28.7
	Some of time	1	3482	33.7
	Moderate amount of time	2	2216	21.4
	All/most of time	3	1670	16.2
	N Missing		217	

Item Description	Categories	Values	Number	%
Q52h Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was happy				
indicate now often you have left this way during the last week? I was happy	Rarely, none of time	0	683	6.6
	Some of time	1	1213	11.8
	Moderate amount of time	2	2123	20.6
	All/most of time	3	6279	61.0
	N Missing		244	
Q52i Below is a list of the ways you might have felt or behaved. Please				
indicate how often you have felt this way during the last week? I felt lonely	Rarely, none of time	0	7321	71.6
	Some of time	1	1747	17.1
	Moderate amount of time	2	755	7.4
	All/most of time	3	397	3.9
	N Missing		327	
Q52j Below is a list of the ways you might have felt or behaved. Please				
indicate how often you have felt this way during the last week? I could not "get going"	Rarely, none of time	0	5679	55.4
33	Some of time	1	3109	30.3
	Moderate amount of time	2	1031	10.1
	All/most of time	3	434	4.2
	N Missing		294	
Q52k Below is a list of the ways you might have felt or behaved. Please				
indicate how often you have felt this way during the last week? I felt terrific	Rarely, none of time	0	2267	22.1
	Some of time	1	1842	17.9
	Moderate amount of time	2	2722	26.5
	All/most of time	3	3444	33.5
	N Missing		276	
Q53a Next are some specific questions about your health and how you have	-			
been feeling in the past month. Have you felt keyed up or on edge?	Yes	1	5314	51.0
	No	2	5109	49.0
	N Missing		109	
Q53b Next are some specific questions about your health and how you have	0			
been feeling in the past month. Have you been worrying a lot?	Yes	1	4027	38.6
	No	2		61.4
	N Missing	_	106	
Q53c Next are some specific questions about your health and how you have				
been feeling in the past month. Have you been irritable?	Yes	1	4141	39.8
	No	2		60.2
	N Missing	_	127	

Item Description	Categories	Values	Number	%
Q53d Next are some specific questions about your health and how you have been feeling in the past month. Have you had difficulty relaxing?				
been reeling in the past month. Have you had difficulty relaxing?	Yes	1	4277	41.2
	No	2	6116	58.8
	N Missing		140	
Q53e Next are some specific questions about your health and how you have				
been feeling in the past month. Have you been sleeping poorly?	Yes	1	5855	56.2
	No	2	4566	43.8
	N Missing		116	
Q53f Next are some specific questions about your health and how you have been feeling in the past month. Have you had headaches or neckaches?	Yes	1	5378	51.6
	No	2	5053	48.4
	N Missing		108	
Q53g Next are some specific questions about your health and how you have been feeling in the past month. Have you had any of the following: trembling, tingling, dizzy spells, sweating, diarrhoea or needing to pass urine more often	Yes	1	3122	29.9
than usual?	No	2	7307	70.1
	N Missing		118	
Q53h Next are some specific questions about your health and how you have been feeling in the past month. Have you been worried about your health?	Yes	1	3145	30.1
	No	2	7294	69.9
	N Missing	2	103	00.0
Q53i Next are some specific questions about your health and how you have	N WISSING		100	
been feeling in the past month. Have you had difficulty falling asleep?	Yes	1	4336	41.5
	No	2	6110	58.5
	N Missing		94	
Q54 Do you regularly need help with daily tasks because of long-term illness, disability or frailty (eg personal care, getting around, preparing meals etc)?	Yes	1	366	3.5
	No	2	10103	96.5
	N Missing	2	71	90.5
Q57a In the last three years, have you: lost 5kg or more on purpose	N MISSING		71	
Q37 a in the last three years, have you. lost sky of more on purpose	Yes	1	3503	33.7
	No		6882	66.3
	N Missing	2	166	00.3
OF7h In the last three years, have your last Ekg or more for any other reason	N MISSING		100	
Q57b In the last three years, have you: lost 5kg or more for any other reason	Voc	A	1001	10.2
	Yes	1	1061	10.3
	No	2	9223	89.7
	N Missing		257	

Item Description	Categories	Values	Number	%
Q57c In the last three years, have you: Gained 5kg or more?				
	Yes	1	3809	37.1
	No	2	6449	62.9
	N Missing		295	
Q58a Have you used any of these methods to lose weight or to control your				
weight or shape in the last 12 months? Commercial weight loss program (eg Weight Watchers, Lite n' Easy, Sureslim, Jenny Craig)	Yes	1	1152	11.3
	No	2	9064	88.7
	N Missing		329	
Q58b Have you used any of these methods to lose weight or to control your				
weight or shape in the last 12 months? Meal replacements or slimming products (eg OPTIFAST, Herbalife)	Yes	1	954	9.4
	No	2	9241	90.6
	N Missing		350	
Q58c Have you used any of these methods to lose weight or to control your				
weight or shape in the last 12 months? Exercise	Yes	1	7433	73.6
	No	2	2671	26.4
	N Missing		462	
Q58d Have you used any of these methods to lose weight or to control your				
weight or shape in the last 12 months? Cut down on the size of meals or between meal snacks	Yes	1	7415	72.1
	No	2	2869	27.9
	N Missing		267	
Q58e Have you used any of these methods to lose weight or to control your				
weight or shape in the last 12 months? Cut down on fats (low fat) and / or sugars	Yes	1	7837	76.2
Sugaro	No	2	2442	23.8
	N Missing		255	
Q58f Have you used any of these methods to lose weight or to control your				
weight or shape in the last 12 months? Low glycaemic index (GI) diet	Yes	1	2413	24.2
	No	2	7543	75.8
	N Missing		602	
Q58g Have you used any of these methods to lose weight or to control your	-			
weight or shape in the last 12 months? Diet book diets (eg Atkins, Zone, CSIRO diet, Liver cleansing diet)	Yes	1	1210	12.1
	No	2	8772	87.9
	N Missing		571	
Q58h Have you used any of these methods to lose weight or to control your	-			
weight or shape in the last 12 months? Laxatives, diuretics or diet pills (eg Xenical, Reductil)	Yes	1	342	3.4
	No	2	9638	96.6
	N Missing		573	

Item Description	Categories	Values	Number	%
Q58i Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Fasting				
weight of shape in the last 12 months? Fasting	Yes	1	177	1.8
	No	2	9795	98.2
	N Missing		579	
Q58j Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Smoking				
weight of shape in the last 12 months? Smoking	Yes	1	455	4.6
	No	2	9498	95.4
	N Missing		599	
Q58k Have you used any of these methods to lose weight or to control your				
weight or shape in the last 12 months? Other	Yes	1	243	6.3
	No	2	3598	93.7
	N Missing		6799	
Q59 How often do you usually drink alcohol?				
	Never	0	658	6.3
	Never, but have in the past	1	699	6.7
	Rarely	2	2377	22.9
	< once week	3	1318	12.7
	1-2 days a week	4	1641	15.8
	3-4 days a week	5	1459	14.0
	5-6 days a week	6	1205	11.6
	Every day	7	1031	9.9
	N Missing		151	
Q60 On a day when you drink alcohol, how many drinks do you usually have?				
	Never drink	0	1363	13.3
	1-2 drinks	1	7464	72.9
	3-4 drinks	2	1251	12.2
	5-8 drinks	3	152	1.5
	9+ drinks	4	11	0.1
	N Missing		295	
Q61 How often do you have five or more drinks of alcohol on one occasion?				
	Never drink	0	1263	12.1
	Never	1	6617	63.4
	< once a month	2	1464	14.0
	Once a month	3	575	5.5
	Once a week	4	364	3.5
	> once a week	5	151	1.4
	N Missing		94	

Item Description	Categories	Values	Number	%
Q62a The next question is about your alcohol consumption during different stages of your life. On average, how many drinks did you usually drink per				
week in your: Late teens	No alcohol	0	5995	58.3
	1-7 drinks	1	3872	37.6
	8-14 drinks	2	327	3.2
	15+ drinks	3	95	0.9
	N Missing		260	
Q62b The next question is about your alcohol consumption during different stages of your life. On average, how many drinks did you usually drink per				
week in your: 20s	No alcohol	0	2893	28.2
	1-7 drinks	1	6387	62.2
	8-14 drinks	2	773	7.5
	15+ drinks	3	209	2.0
	N Missing		270	
Q62c The next question is about your alcohol consumption during different stages of your life. On average, how many drinks did you usually drink per		0	0000	04.0
week in your: 30s	No alcohol	0	2222	21.6
	1-7 drinks	1	6738	65.7
	8-14 drinks	2	1024	10.0
	15+ drinks	3	279	2.7
	N Missing		262	
Q62d The next question is about your alcohol consumption during different stages of your life. On average, how many drinks did you usually drink per week in your: 40s	No alcohol	0	2054	20.0
week in your. 40S	1-7 drinks	1	6452	62.8
	8-14 drinks	2	1397	13.6
	15+ drinks	3	366	3.6
	N Missing		257	
Q62e The next question is about your alcohol consumption during different				
stages of your life. On average, how many drinks did you usually drink per week in your: 50s	No alcohol	0	1934	18.8
	1-7 drinks	1	6553	63.7
	8-14 drinks	2	1256	12.2
	15+ drinks	3	550	5.3
	N Missing		241	
Q63 How many glasses/cups of non-alcoholic drinks do you usually have each				
day (eg juice, tea coffee, water, milk, etc)?	0-2 glasses	1	377	3.6
	3-5 glasses	2	3104	29.7
	6-8 glasses	3	5050	48.3
	9 or more glasses	4	1922	18.4
	N Missing		77	

Item Description	Categories	Values	Number	%
Q64 How many pieces of fresh fruit do you usually eat per day? (Count 1/2 cup of diced fuit, berries or grapes as one piece)				
cup of diced fuil, beffes of grapes as one pieces	None	0	14	0.1
	< 1 piece per day	1	1435	13.7
	1 piece per day	2	2143	20.4
	2 pieces per day	3	3593	34.3
	3 pieces per day	4	2293	21.9
	4 pieces per day	5	720	6.9
	5+ pieces per day	6	286	2.7
	N Missing		55	
Q65 How many different vegetables do you usually eat per day? (Count all				
types, fresh, frozen or tinned.)	< 1 vegetable per day	0	136	1.3
	1 vegetable per day	1	235	2.3
	2 vegetables per day	2	1083	10.4
	3 vegetables per day	3	3417	32.7
	4 vegetables per day	4	2939	28.1
	5 vegetables per day	5	1844	17.6
	6+ vegetables per day	6	804	7.7
	N Missing		73	
Q66 How many serves of vegetables do you usually eat each day? A serve =				
half a cup of cooked vegetables or a cup of salad vegetables	None	0	68	0.6
	1 serve	1	2067	19.7
	2-3 serves	2	5391	51.5
	4 serves	3	1965	18.8
	5 or more serves	4	979	9.4
	N Missing		66	
Q67a What type of milk do you usually use? None				
	No	0	9843	93.9
	Yes	1	644	6.1
	N Missing		48	
Q67b What type of milk do you usually use? Full cream milk				
	No	0	8369	79.8
	Yes	1	2118	20.2
	N Missing		48	
Q67c What type of milk do you usually use? Reduced fat milk				
	No	0	6122	58.4
	Yes	1	4365	41.6
	N Missing		48	

No 0 7596 72. Yes 1 2800 27.1 NMissing 48 27.1 267e What type of milk do you usually use? Soya milk No 0 9557 91. Yes 1 930 8.1 730 8.1 268 How much milk do you usually use per day? (Include flavoured milk and milk and milk added to tea, coffee, cereal etc.) None 0 633 6.1 268 How much milk do you usually use per day? (Include flavoured milk and milk and milk added to tea, coffee, cereal etc.) None 0 633 6.0 250-500 mil 2 3602 34 500 52.2 250-500 mil 2 3602 34 269a What type of bread do you usually eat? I don't eat bread No 0 10091 96. 269a What type of bread do you usually eat? High fibre white bread Yes 1 373 3. 269b What type of bread do you usually eat? White bread Yes 1 707 70 269c What type of bread do you usually eat? Wholemeal bread Yes 1 708 70 <th>Item Description</th> <th>Categories</th> <th>Values</th> <th>Number</th> <th>%</th>	Item Description	Categories	Values	Number	%
Yes1289027.4N Missing48267e What type of milk do you usually use? Soya milkNamissing9Yes1095.591.Yes1100095.5268 How much milk do you usually use per day? (Include flavoured milk and milk added to tea, coffee, cereal etc.)None06.336.0268 How much milk do you usually use per day? (Include flavoured milk and milk added to tea, coffee, cereal etc.)None06.336.0269 Mone02360036.036.036.036.0269 Mhat type of bread do you usually eat? I don't eat breadNoissing010.99.033269b What type of bread do you usually eat? High fibre white breadNoissing09.09.033269b What type of bread do you usually eat? White breadNoissing7070707070269b What type of bread do you usually eat? White breadNoissing7070707070269b What type of bread do you usually eat? White breadNoissing7070707070269b What type of bread do you usually eat? Wholemeal breadNoissing70707070269b What type of bread do you usually eat? Wholemeal breadNoissing70707070269b What type of bread do you usually eat? Wholemeal breadNoissing70707070269b What type of bread do yo	Q67d What type of milk do you usually use? Skim milk				
267e What type of milk do you usually use? Soya milk 268 How much milk do you usually use per day? (Include flavoured milk added to tea, coffee, cereal etc.) 268 How much milk do you usually use per day? (Include flavoured milk added to tea, coffee, cereal etc.) 269 Son M 2 3602 34 260 Son M 2 3602 34 360 50 M 3 360 4 260 M 3 500 3 500 3 269 What type of bread do you usually eat? I don't eat bread 269 What type of bread do you usually eat? High fibre white bread 269 What type of bread do you usually eat? High fibre white bread 269 What type of bread do you usually eat? High fibre white bread 269 What type of bread do you usually eat? High fibre white bread 269 What type of bread do you usually eat? High fibre white bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 269 What type of bread do you usually eat? Wholemeal bread 260 What type of bread do you usually eat? Wholemeal bread 260 What type of bread do you usually eat? Wholemeal bread 260 What type of bread do you usually eat? Wholemeal bread 260 What type of bread do you usually eat? Wholemeal bread 260 What type of bread do you usually eat? Wholemeal brea		No	0	7596	72.4
267e What type of milk do you usually use? Soya milk No 0 9557 91. Yes 1 930 8. N Missing 48 268 How much milk do you usually use per day? (Include flavoured milk and milk and milk and flavoured milk and milk and flavoured milk and fla		Yes	1	2890	27.6
No 0 9557 91. Yes 1 930 8. N Missing -48 -48 268 How much milk do you usually use per day? (Include flavoured milk and milk added to tea, coffee, cereal etc.) None 0 633 6.0 250 ml 1 5535 52.2 250-500 ml 2 306 5.4 250-500 ml 2 500-750 ml 3 564 5.1 269 What type of bread do you usually eat? I don't eat bread No 0 10091 96. 269a What type of bread do you usually eat? I don't eat bread No 0 10091 96. 269a What type of bread do you usually eat? High fibre white bread Ves 1 373 7. 269b What type of bread do you usually eat? White bread No 0 9666 92.4 269c What type of bread do you usually eat? White bread No 0 8846 84.5 269c What type of bread do you usually eat? White bread Yes 1 1618 15.5 269d What type of bread do you usually eat? Whole meal bread No		N Missing		48	
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A Missing - 48 268 How much milk do you usually use per day? (Include flavoured milk and milk addied to tea, coffee, cereal etc.) None 0 6.33 6.0 250 ml 1 55.55 5.23 5.23 5.23 5.24 250-500 ml 2 360-50 3.0 5.64 5.0 </td <td></td> <td>No</td> <td>0</td> <td>9557</td> <td>91.1</td>		No	0	9557	91.1
2268 How much milk do you usually use per day? (Include flavoured milk and None 0 633 6.0 <250 ml		Yes	1	930	8.9
None 0 633 6.1 < 250 ml		N Missing		48	
None 0 6.3 6.1 7.3 5.2 250-500 ml 1 5535 52.1 500-750 ml 2 3602 34.1 500-750 ml 3 584 5.1 269a What type of bread do you usually eat? I don't eat bread No 0 10091 96. 269a What type of bread do you usually eat? High fibre white bread Yes 1 37.3 3.1 269b What type of bread do you usually eat? High fibre white bread No 0 10091 96. 269b What type of bread do you usually eat? High fibre white bread No 0 9686 92.1 269c What type of bread do you usually eat? White bread No 0 9686 92.1 269c What type of bread do you usually eat? White bread No 0 8846 84.1 269c What type of bread do you usually eat? Wholemeal bread No 0 8846 84.1 269d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.1 269d What type of bread do you usually eat? Rye bread No 0	Q68 How much milk do you usually use per day? (Include flavoured milk and				
250-500 ml 2 3602 34. 500-750 ml 3 584 5. > 750 ml 4 106 1. NMissing 65 5. 269a What type of bread do you usually eat? I don't eat bread No 0 10091 96. Yes 1 373 3. Nissing 3. 269b What type of bread do you usually eat? High fibre white bread No 0 9686 92. 269b What type of bread do you usually eat? High fibre white bread No 0 9686 92. 269b What type of bread do you usually eat? White bread Yes 1 77.8 7. 269c What type of bread do you usually eat? White bread No 0 884.6 84.3 269c What type of bread do you usually eat? White bread Yes 1 1618 15.3 269d What type of bread do you usually eat? Wholemeal bread No 0 70 70 269d What type of bread do you usually eat? Wholemeal bread Yes 1 1618 15.3 269d What type of bread do you usually eat? Rye bread Yes 70 70 70	milk added to tea, coffee, cereal etc.)	None	0	633	6.0
500-750 ml 3 584 5.5 269a What type of bread do you usually eat? I don't eat bread No 0 10091 96. 269a What type of bread do you usually eat? I don't eat bread No 0 10091 96. 269a What type of bread do you usually eat? High fibre white bread No 0 10091 96. 269b What type of bread do you usually eat? High fibre white bread No 0 9686 92. 269b What type of bread do you usually eat? White bread No 0 9686 92. 269b What type of bread do you usually eat? White bread Yes 1 77.8 7. 269c What type of bread do you usually eat? White bread No 0 8846 84.3 269c What type of bread do you usually eat? Wholemeal bread Yes 1 1618 15.3 269d What type of bread do you usually eat? Wholemeal bread No 0 7.0 Yes 269d What type of bread do you usually eat? Rye bread Yes 1 1618 15.3 269e What type of bread do you usually eat? Rye bread Yes 1 2850		< 250 ml	1	5535	52.9
> 750 ml 4 106 1. N Missing .65 .65 269a What type of bread do you usually eat? I don't eat bread No 0 10091 96. Yes 1 373 3.3 269b What type of bread do you usually eat? High fibre white bread No 0 9686 92.1 269b What type of bread do you usually eat? High fibre white bread No 0 9686 92.1 269b What type of bread do you usually eat? White bread No 0 9686 92.1 269c What type of bread do you usually eat? White bread No 0 9686 92.1 269c What type of bread do you usually eat? White bread No 0 8846 84.3 269c What type of bread do you usually eat? Wholemeal bread No 0 8846 84.3 269d What type of bread do you usually eat? Wholemeal bread No 0 76.4 72.3 269d What type of bread do you usually eat? Wholemeal bread No 0 76.4 72.3 269d What type of bread do you usually eat? Wholemeal bread No 0 76.4 72.3 269e What type of bread do you usually eat? Rye		250-500 ml	2	3602	34.4
N Missing 65 269a What type of bread do you usually eat? I don't eat bread No 0 1091 96. Yes 1 373 3.1 Yes 1 373 3.1 Q69b What type of bread do you usually eat? High fibre white bread No 0 9696 92.1 Q69b What type of bread do you usually eat? High fibre white bread No 0 9696 92.1 Q69b What type of bread do you usually eat? White bread Yes 1 7.7 7.7 Q69c What type of bread do you usually eat? White bread Yes 1 1618 15.3 Q69c What type of bread do you usually eat? White bread Yes 1 1618 15.3 Q69d What type of bread do you usually eat? Wholemeal bread Yes 7 7 Q69d What type of bread do you usually eat? Wholemeal bread Yes 1 26.5 7 Q69d What type of bread do you usually eat? Wholemeal bread Yes 1 26.5 7 Q69d What type of bread do you usually eat? Rye bread Yes 1 26.5 7		500-750 ml	3	584	5.6
269a What type of bread do you usually eat? I don't eat bread No 0 1091 96. Yes 1 373 3.1 N Missing 70 70 269b What type of bread do you usually eat? High fibre white bread No 0 9686 92.1 269b What type of bread do you usually eat? High fibre white bread No 0 9686 92.1 269b What type of bread do you usually eat? White bread Yes 1 778 7.2 269c What type of bread do you usually eat? White bread No 0 8846 84.3 269c What type of bread do you usually eat? Wholemeal bread Yes 1 1618 15.3 269d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.3 269d What type of bread do you usually eat? Wholemeal bread Yes 70 70 70 269e What type of bread do you usually eat? Rye bread No 0 7614 72.3 269e What type of bread do you usually eat? Rye bread Yes 1 1064 10.3		> 750 ml	4	106	1.0
No 0 10091 96. Yes 1 373 3.1 N Missing - 70 - Q69b What type of bread do you usually eat? High fibre white bread No 0 9686 92.1 Yes 1 778 7.2 N Missing 70 - Q69b What type of bread do you usually eat? White bread No 0 8846 84.3 Q69c What type of bread do you usually eat? White bread Yes 1 1618 15.3 Q69d What type of bread do you usually eat? Wholemeal bread No 0 70 - Q69d What type of bread do you usually eat? Wholemeal bread Yes 1 1618 15.3 Q69d What type of bread do you usually eat? Wholemeal bread No 0 70 - Q69d What type of bread do you usually eat? Rye bread No 0 70 - Q69e What type of bread do you usually eat? Rye bread - 70 - - Q69e What type of bread do you usually eat? Rye bread - 70 - -		N Missing		65	
Yes 1 373 3.1 N Missing 70 70 70 Q69b What type of bread do you usually eat? High fibre white bread No 0 9686 92.0 Yes 1 778 7.7 7.0 70	Q69a What type of bread do you usually eat? I don't eat bread				
N Missing 70 Q69b What type of bread do you usually eat? High fibre white bread No 0 9686 92.4 Yes 1 7.78 7.7 N Missing 70 70 70 Q69c What type of bread do you usually eat? White bread No 0 8846 84.5 Q69c What type of bread do you usually eat? White bread Yes 1 1618 15.4 Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.4 Q69d What type of bread do you usually eat? Wholemeal bread Yes 1 2850 27.4 Q69e What type of bread do you usually eat? Rye bread Yes 1 2850 27.4 Q69e What type of bread do you usually eat? Rye bread Yes 1 36.4 36.4 Q69e What type of bread do you usually eat? Rye bread Yes 1 36.4 36.4		No	0	10091	96.4
Q69b What type of bread do you usually eat? High fibre white bread No 0 9686 92.0 Yes 1 778 7.7 N Missing 70 70 Q69c What type of bread do you usually eat? White bread No 0 8846 84.3 Yes 1 1618 15.3 Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.3 Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.3 Q69d What type of bread do you usually eat? Rye bread No 0 7614 72.3 Q69d What type of bread do you usually eat? Rye bread No 0 9400 89.3 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.3 Q69e What type of bread do you usually eat? Rye bread Yes 1 1064 10.3		Yes	1	373	3.6
No 0 9686 92.1 Yes 1 778 7.1 N Missing 70 70 70 Q69c What type of bread do you usually eat? White bread No 0 8846 84.3 Yes 1 1618 15.3 Yes 1 1618 15.3 Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.3 Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.3 Q69d What type of bread do you usually eat? Rye bread Yes 1 2850 27.3 Q69e What type of bread do you usually eat? Rye bread 70 70 70 70 Q69e What type of bread do you usually eat? Rye bread 70 70 70 70 Q69e What type of bread do you usually eat? Rye bread 70 70 70 70 Q69e What type of bread do you usually eat? Rye bread 70 70 70 70 Q69e What type of bread do you usually eat? Rye bread 1 1064 10.3		N Missing		70	
Yes 1 778 7.4 N Missing 70 70 Q69c What type of bread do you usually eat? White bread No 0 8846 84.3 Yes 1 1618 15.3 15.3 15.3 15.3 15.3 15.3 16.3 16.3 16.3 16.3 16.3 16.3 16.3 16.3 16.3 17.3 17.3 17.3 17.3 17.3 17.3 17.3 17.3 17.3 17.3 17.3 17.3 17.3 17.3 17.3 17.3 17.3 18.3	Q69b What type of bread do you usually eat? High fibre white bread				
N Missing 70 Q69c What type of bread do you usually eat? White bread No 0 8846 84.3 Yes 1 1618 15.3 N Missing 70 70 70 Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.3 Q69d What type of bread do you usually eat? Wholemeal bread Yes 1 2850 27.3 Q69e What type of bread do you usually eat? Rye bread No 0 704 72.3 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.3 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.3 Q69e What type of bread do you usually eat? Rye bread Yes 1 106.4 10.3		No	0	9686	92.6
Q69c What type of bread do you usually eat? White bread No 0 8846 84.9 Yes 1 1618 15.9 Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.9 Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.9 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.9 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.9 Q69e What type of bread do you usually eat? Rye bread Yes 1 1064 10.9		Yes	1	778	7.4
No 0 8846 84.3 Yes 1 1618 15.3 N Missing 70 70 70 Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.3 Ves 1 2850 27.3 Yes 1 2850 27.3 N Missing 70 70 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.3 Yes 1 1064 10.3		N Missing		70	
Yes 1 1618 15.4 N Missing 70 70 Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.4 Yes 1 2850 27.4 N Missing 70 70 70 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.4 Q69e What type of bread do you usually eat? Rye bread Yes 1 1064 10.4	Q69c What type of bread do you usually eat? White bread				
N Missing 70 Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.4 Yes 1 2850 27.1 N Missing 70 70 70 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.4 Q69e What type of bread do you usually eat? Rye bread Yes 1 1064 10.1		No	0	8846	84.5
Q69d What type of bread do you usually eat? Wholemeal bread No 0 7614 72.3 Yes 1 2850 27.3 N Missing 70 70 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.3 Yes 1 1064 10.3		Yes	1	1618	15.5
No 0 7614 72.3 Yes 1 2850 27.3 N Missing 70 70 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.3 Yes 1 1064 10.3		N Missing		70	
Yes 1 2850 27.2 N Missing 70 70 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.3 Yes 1 1064 10.3	Q69d What type of bread do you usually eat? Wholemeal bread				
N Missing 70 Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.4 Yes 1 1064 10.4		No	0	7614	72.8
Q69e What type of bread do you usually eat? Rye bread No 0 9400 89.4 Yes 1 1064 10.2		Yes	1	2850	27.2
No0940089.4Yes1106410.2		N Missing		70	
Yes 1 1064 10.2	Q69e What type of bread do you usually eat? Rye bread				
		No	0	9400	89.8
N Missing 70		Yes	1	1064	10.2
		N Missing		70	

Item Description	Categories	Values	Number	%
Q69f What type of bread do you usually eat? Multi-grain bread				
	No	0	5209	49.8
	Yes	1	5256	50.2
	N Missing		70	
Q70 How many slices of bread do you usually eat per day? (Include all type	S,			
fresh or toasted and count one bread roll as 2 slices.)	< 1 slice per day	1	1800	17.4
	1 slice per day	2	1276	12.4
	2 slices per day	3	4183	40.5
	3 slices per day	4	1659	16.1
	4 slices per day	5	1280	12.4
	5-7 slices per day	6	119	1.1
	8+ slices per day	7	7	0.1
	N Missing		228	
Q71a Which spread do you usually put on bread? I don't usually use any fat				
spread	No	0	8018	78.1
	Yes	1	2248	21.9
	N Missing		277	
Q71b Which spread do you usually put on bread? Margarine of any kind				
	No	0	9396	91.5
	Yes	1	869	8.5
	N Missing		277	
Q71c Which spread do you usually put on bread? Polyunsaturated margarine	е			
	No	0	7341	71.5
	Yes	1	2924	28.5
	N Missing		277	
Q71d Which spread do you usually put on bread? Monounsaturated margari	ine			
	No	0	9299	90.6
	Yes	1	967	9.4
	N Missing		277	
Q71e Which spread do you usually put on bread? Butter and margarine blen	nds			
	No	0	8596	83.7
	Yes	1	1669	16.3
	N Missing		277	
Q71f Which spread do you usually put on bread? Butter				
	No	0	8457	82.4
	Yes	1	1809	17.6
	N Missing		277	

Item Description	Categories	Values	Number	%
Q72 On average, how many eggs do you usually eat per week?				
	None	0	419	4.0
	< 1 egg a week	1	2748	26.2
	1-2 eggs a week	2	4988	47.5
	3-5 eggs per week	3	2044	19.5
	6+ eggs per week	4	292	2.8
	N Missing		45	
Q73a What types of cheese do you usually eat? I don't eat cheese				
	No	0	10197	97.3
	Yes	1	282	2.7
	N Missing		47	
Q73b What types of cheese do you usually eat? Hard cheeses, eg parr	mesan,			
romano	No	0	8808	84.1
	Yes	1	1671	15.9
	N Missing		47	
Q73c What types of cheese do you usually eat? Firm cheeses, eg cheo	ddar,			
edam	No	0	4068	38.8
	Yes	1	6411	61.2
	N Missing		47	
Q73d What types of cheese do you usually eat? Soft cheeses, eg came	embert,			
brie	No	0	8383	80.0
	Yes	1	2096	20.0
	N Missing		47	
Q73e What types of cheese do you usually eat? Ricotta or cottage che	ese			
	No	0	9139	87.2
	Yes	1	1340	12.8
	N Missing		47	
Q73f What types of cheese do you usually eat? Cream cheese				
	No	0	9742	93.0
	Yes	1	738	7.0
	N Missing		47	
Q73g What types of cheese do you usually eat? Low fat cheese				
	No	0	7578	72.3
	Yes	1	2901	27.7
	N Missing		47	

Q74ab Over the last 12 months, on average, how often did you eat the following foods? Sultana Bran, Fibre plus, Branflakes Neve < Or Onco N Mi Q74ac Over the last 12 months, on average, how often did you eat the following foods? Weet Bix, Vita Brits, Weeties Neve < Or Onco N Mi Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Onco	nce a week e a week or more issing	1 2 3	7479 1182 1268 603	
 Neva Oncomposition Q74ab Over the last 12 months, on average, how often did you eat the following foods? Sultana Bran, Fibre plus, Branflakes Neva Oncomposition Oncomposition Neva Oncomposition Q74ac Over the last 12 months, on average, how often did you eat the following foods? Weet Bix, Vita Brits, Weeties Neva Oncomposition Oncomposition Q74ad Over the last 12 months, on average, how often did you eat the following foods? Complakes, Nutrigrain, Special K. 	nce a week e a week or more issing er	2	1182 1268	11.9
Q74ab Over the last 12 months, on average, how often did you eat the following foods? Sultana Bran, Fibre plus, Branflakes Neve < Or Onco N Mi Q74ac Over the last 12 months, on average, how often did you eat the following foods? Weet Bix, Vita Brits, Weeties Neve < Or Onco N Mi Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Onco	e a week or more issing er		1268	11.9 12.8
Q74ab Over the last 12 months, on average, how often did you eat the following foods? Sultana Bran, Fibre plus, Branflakes Neva < Or Once N Mi Q74ac Over the last 12 months, on average, how often did you eat the following foods? Weet Bix, Vita Brits, Weeties Neve < Or Once N Mi Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Once	issing er	3		12.8
Q74ab Over the last 12 months, on average, how often did you eat the following foods? Sultana Bran, Fibre plus, Branflakes Neve < Or Once Q74ac Over the last 12 months, on average, how often did you eat the following foods? Weet Bix, Vita Brits, Weeties Neve < Or Once N Mi Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Once	er		603	
following foods? Sultana Bran, Fibre plus, Branflakes < Or Once N Mi Q74ac Over the last 12 months, on average, how often did you eat the following foods? Weet Bix, Vita Brits, Weeties Neve < Or Once N Mi Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Once	-			
 A Construction of the last 12 months, on average, how often did you eat the following foods? Weet Bix, Vita Brits, Weeties A Construction of the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. 	-			
Q74ac Over the last 12 months, on average, how often did you eat the following foods? Weet Bix, Vita Brits, Weeties Neve < Or Once N Mi Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Once Once N Mi	nce a week	1	6760	69.4
Q74ac Over the last 12 months, on average, how often did you eat the following foods? Weet Bix, Vita Brits, Weeties Neve < Or Once N Mi Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Once		2	1378	14.2
Q74ac Over the last 12 months, on average, how often did you eat the following foods? Weet Bix, Vita Brits, Weeties Neve < Or Once N Mi Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Once	e a week or more	3	1597	16.4
following foods? Weet Bix, Vita Brits, Weeties Neve < Or Once N Mi Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Once	issing		818	
 Neve < Or Once Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve Once 				
Once N Mi Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Once	er	1	5177	52.4
N Mi Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Once	nce a week	2	1766	17.9
Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K. < Or Once	e a week or more	3	2945	29.8
following foods? Cornflakes, Nutrigrain, Special K. Neve < Or Once	issing		674	
 Neve < Or Once 				
Once	er	1	6446	66.9
	nce a week	2	1778	18.4
N Mi	e a week or more	3	1414	14.7
	issing		939	
Q74ae Over the last 12 months, on average, how often did you eat the	-			
following foods? Porridge Neve	er	1	4295	43.3
< Or	nce a week	2	2652	26.7
Onc	e a week or more	3	2971	30.0
N M	issing		631	
Q74af Over the last 12 months, on average, how often did you eat the following				
foods? Muesli Neve	er	1	5219	53.7
< Or	nce a week	2	1715	17.7
Onc	e a week or more	3	2780	28.6
	issing		846	
Q74ag Over the last 12 months, on average, how often did you eat the	5			
following foods? Rice Neve	er	1	706	6.9
	nce a week	2	3883	38.0
	e a week or more	- 3	5639	55.1
N Mi	e a week or more	0	323	2011

Item Description	Categories	Values	Number	%
Q74ah Over the last 12 months, on average, how often did you eat the				
following foods? Pasta or noodles (includes lasagne)	Never	1	495	4.8
	< Once a week	2	4106	39.6
	Once a week or more	3	5760	55.6
	N Missing		190	
Q74ai Over the last 12 months, on average, how often did you eat the following				
oods? Nuts	Never	1	738	7.1
	< Once a week	2	3863	37.3
	Once a week or more	3	5752	55.6
	N Missing		194	
Q74aj Over the last 12 months, on average, how often did you eat the following				
oods? Peanut butter or peanut paste	Never	1	4264	41.5
	< Once a week	2	4257	41.5
	Once a week or more	3	1741	17.0
	N Missing		267	
Q74ak Over the last 12 months, on average, how often did you eat the				
ollowing foods? Vegemite, Marmite, Promite	Never	1	2498	24.1
	< Once a week	2	3660	35.3
	Once a week or more	3	4211	40.6
	N Missing		162	
Q74al Over the last 12 months, on average, how often did you eat the following	-			
oods? Tinned or frozen fruit (any kind)	Never	1	2661	25.8
	< Once a week	2	4838	47.0
	Once a week or more	3	2802	27.2
	N Missing		222	
Q74am Over the last 12 months, on average, how often did you eat the	C C			
ollowing foods? Oranges or other citrus fruit	Never	1	1159	11.2
	< Once a week	2	4388	42.4
	Once a week or more	3	4794	46.4
	N Missing	-	201	-
Q74an Over the last 12 months, on average, how often did you eat the	0			
following foods? Apples	Never	1	626	6.0
	< Once a week	2		27.7
	Once a week or more	3	6917	66.3
	N Missing	5	108	55.0
			100	

Item Description	Categories	Values	Number	%
Q74ao Over the last 12 months, on average, how often did you eat the				
following foods? Pears	Never	1	1417	13.8
	< Once a week	2	4465	43.3
	Once a week or more	3	4421	42.9
	N Missing		243	
Q74ap Over the last 12 months, on average, how often did you eat the				
following foods? Bananas	Never	1	687	6.6
	< Once a week	2	2281	21.8
	Once a week or more	3	7496	71.6
	N Missing		74	
Q74aq Over the last 12 months, on average, how often did you eat the				
following foods? Watermelon, rockmelon, honey dew etc.	Never	1	1067	10.3
	< Once a week	2	5059	48.7
	Once a week or more	3	4257	41.0
	N Missing		154	
Q74ar Over the last 12 months, on average, how often did you eat the follow	wing			
foods? Pineapple	Never	1	2050	19.8
	< Once a week	2	6479	62.5
	Once a week or more	3	1839	17.7
	N Missing		179	
Q74as Over the last 12 months, on average, how often did you eat the				
following foods? Strawberries	Never	1	819	7.9
	< Once a week	2	5923	56.9
	Once a week or more	3	3668	35.2
	N Missing		130	
Q74at Over the last 12 months, on average, how often did you eat the follow	wing			
foods? Apricots	Never	1	1791	17.3
	< Once a week	2	6570	63.4
	Once a week or more	3	2009	19.4
	N Missing		174	
Q74au Over the last 12 months, on average, how often did you eat the				
following foods? Peaches and nectarines	Never	1	845	8.1
	< Once a week	2	5459	52.5
	Once a week or more	3	4090	39.3
	N Missing		146	

Item Description	Categories	Values	Number	%
Q74av Over the last 12 months, on average, how often did you eat the				
following foods? Mango or paw paw	Never	1	2483	24.0
	< Once a week	2	5162	49.8
	Once a week or more	3	2711	26.2
	N Missing		198	
Q74aw Over the last 12 months, on average, how often did you eat the				
following foods? Avocado	Never	1	1819	17.5
	< Once a week	2	3862	37.1
	Once a week or more	3	4732	45.4
	N Missing		123	
Q74ax Over the last 12 months, on average, how often did you eat the				
following foods? Fruit or vegetable juice	Never	1	2496	24.1
	< Once a week	2	3475	33.5
	Once a week or more	3	4407	42.5
	N Missing		164	
Q74ay Over the last 12 months, on average, how often did you eat the				
following foods? Potatoes cooked without fat	Never	1	534	5.1
	< Once a week	2	2567	24.6
	Once a week or more	3	7335	70.3
	N Missing		93	
Q74az Over the last 12 months, on average, how often did you eat the				
following foods? Tomato sauce, tomato paste or dried tomatoes	Never	1	928	8.9
	< Once a week	2	4741	45.4
	Once a week or more	3	4764	45.7
	N Missing		106	
Q74aaa Over the last 12 months, on average, how often did you eat the				
following foods? Fresh or tinned tomatoes	Never	1	776	7.4
	< Once a week	2	3230	31.0
	Once a week or more	3	6426	61.6
	N Missing		112	
Q74abb Over the last 12 months, on average, how often did you eat the	-			
following foods? Peppers (capsicum)	Never	1	1383	13.3
	< Once a week	2	3500	33.6
	Once a week or more	3	5545	53.2
	N Missing		109	

Item Description	Categories	Values	Number	%
Q74acc Over the last 12 months, on average, how often did you eat the following foods? Lettuce, endive or other salad greens				
ionowing roods? Lettuce, endive of other salad greens	Never	1	157	1.5
	< Once a week	2	1415	13.5
	Once a week or more	3	8906	85.0
	N Missing		58	
Q74add Over the last 12 months, on average, how often did you eat the				
ollowing foods? Cucumber	Never	1	897	8.6
	< Once a week	2	2386	22.8
	Once a week or more	3	7187	68.6
	N Missing		70	
Q74aee Over the last 12 months, on average, how often did you eat the				
ollowing foods? Celery	Never	1	1147	11.0
	< Once a week	2	4522	43.3
	Once a week or more	3	4767	45.7
	N Missing		106	
Q74aff Over the last 12 months, on average, how often did you eat the				
ollowing foods? Beetroot	Never	1	1282	12.3
	< Once a week	2	4899	46.9
	Once a week or more	3	4262	40.8
	N Missing		98	
Q74agg Over the last 12 months, on average, how often did you eat the				
ollowing foods? Carrots	Never	1	133	1.3
	< Once a week	2	1519	14.5
	Once a week or more	3	8818	84.2
	N Missing		58	
Q74ahh Over the last 12 months, on average, how often did you eat the				
ollowing foods? Cabbage or brussels sprouts	Never	1	1097	10.5
	< Once a week	2	5063	48.6
	Once a week or more	3	4268	40.9
	N Missing		95	
Q74aii Over the last 12 months, on average, how often did you eat the				
following foods? Cauliflower	Never	1	661	6.3
	< Once a week	2	4822	46.2
	Once a week or more	3	4958	47.5
	N Missing		88	

Item Description	Categories	Values	Number	%
Q74ajj Over the last 12 months, on average, how often did you eat the				
following foods? Broccoli	Never	1	468	4.5
	< Once a week	2	2578	24.6
	Once a week or more	3	7422	70.9
	N Missing		69	
Q74akk Over the last 12 months, on average, how often did you eat the				
following foods? Silverbeet or spinach	Never	1	1749	16.8
	< Once a week	2	4847	46.6
	Once a week or more	3	3815	36.6
	N Missing		125	
Q74all Over the last 12 months, on average, how often did you eat the				
following foods? Peas	Never	1	491	4.7
	< Once a week	2	3763	36.0
	Once a week or more	3	6207	59.3
	N Missing		67	
Q74amm Over the last 12 months, on average, how often did you eat the				
following foods? Green beans	Never	1	382	3.6
	< Once a week	2	2999	28.6
	Once a week or more	3	7092	67.7
	N Missing		55	
Q74ann Over the last 12 months, on average, how often did you eat the				
following foods? Bean sprouts or alfalfa sprouts	Never	1	3753	35.9
	< Once a week	2	5619	53.8
	Once a week or more	3	1074	10.3
	N Missing		89	
Q74aoo Over the last 12 months, on average, how often did you eat the				
following foods? Baked beans	Never	1	2666	25.5
	< Once a week	2	5691	54.5
	Once a week or more	3	2094	20.0
	N Missing		78	
Q74app Over the last 12 months, on average, how often did you eat the				
following foods? Soya beans, soy bean curd or tofu	Never	1	7619	73.1
	< Once a week	2	2236	21.5
	Once a week or more	3	564	5.4

Item Description	Categories	Values	Number	%
Q74aqq Over the last 12 months, on average, how often did you eat the following foods? Other beans (include chick peas, lentils etc)				
following foods? Other beans (include chick peas, ientils etc)	Never	1	4418	42.7
	< Once a week	2	4543	43.9
	Once a week or more	3	1397	13.5
	N Missing		184	
Q74arr Over the last 12 months, on average, how often did you eat the				
following foods? Pumpkin	Never	1	432	4.1
	< Once a week	2	3428	32.7
	Once a week or more	3	6611	63.1
	N Missing		61	
Q74ass Over the last 12 months, on average, how often did you eat the				
following foods? Onions or leeks	Never	1	428	4.1
	< Once a week	2	2133	20.4
	Once a week or more	3	7899	75.5
	N Missing		73	
Q74att Over the last 12 months, on average, how often did you eat the				
following foods? Garlic (not garlic tablets)	Never	1	1275	12.2
	< Once a week	2	3204	30.7
	Once a week or more	3	5954	57.1
	N Missing		94	
Q74auu Over the last 12 months, on average, how often did you eat the				
following foods? Mushrooms	Never	1	1210	11.6
	< Once a week	2	3841	36.7
	Once a week or more	3	5409	51.7
	N Missing		71	
Q74avv Over the last 12 months, on average, how often did you eat the				
following foods? Zucchini	Never	1	1097	10.5
	< Once a week	2	4386	41.9
	Once a week or more	3	4972	47.6
	N Missing		73	
Q74ba Over the last 12 months, on average, how often did you eat the				
following foods? Cheese	Never	1	300	2.9
	< Once a week	2	1054	10.1
	Once a week	3	1934	18.5
	2-4 a week	4	5171	49.3
	5+ a week	5	2019	19.3
	N Missing		54	

Item Description	Categories	Values	Number	%
Q74bb Over the last 12 months, on average, how often did you eat the				
following foods? Ice cream	Never	1	1292	12.3
	< Once a week	2	5146	49.2
	Once a week	3	1907	18.2
	2-4 a week	4	1700	16.2
	5+ a week	5	424	4.1
	N Missing		68	
Q74bc Over the last 12 months, on average, how often did you eat the				
following foods? Yoghurt	Never	1	1186	11.3
	< Once a week	2	1933	18.5
	Once a week	3	1538	14.7
	2-4 a week	4	3096	29.6
	5+ a week	5	2719	26.0
	N Missing		67	
Q74bd Over the last 12 months, on average, how often did you eat the				
following foods? Beef	Never	1	567	5.4
	< Once a week	2	1239	11.8
	Once a week	3	3116	29.7
	2-4 a week	4	5072	48.4
	5+ a week	5	482	4.6
	N Missing		58	
Q74be Over the last 12 months, on average, how often did you eat the				
following foods? Veal	Never	1	4099	39.3
	< Once a week	2	4112	39.4
	Once a week	3	1664	16.0
	2-4 a week	4	505	4.8
	5+ a week	5	48	0.5
	N Missing		121	
Q74bf Over the last 12 months, on average, how often did you eat the follo	owing			
foods? Chicken	Never	1	321	3.1
	< Once a week	2	783	7.5
	Once a week	3	2829	27.0
	2-4 a week	4	6010	57.4
	5+ a week	5	533	5.1
	N Missing		58	

Item Description	Categories	Values	Number	%
Q74bg Over the last 12 months, on average, how often did you eat the				
following foods? Lamb	Never	1	974	9.3
	< Once a week	2	2627	25.1
	Once a week	3	4091	39.1
	2-4 a week	4	2594	24.8
	5+ a week	5	178	1.7
	N Missing		65	
Q74bh Over the last 12 months, on average, how often did you eat the				
following foods? Pork	Never	1	1908	18.2
	< Once a week	2	4082	39.0
	Once a week	3	3165	30.3
	2-4 a week	4	1205	11.5
	5+ a week	5	95	0.9
	N Missing		69	
Q74bi Over the last 12 months, on average, how often did you eat the follow	ving			
foods? Fish, steamed, grilled or baked	Never	1	481	4.6
	< Once a week	2	2548	24.3
	Once a week	3	4112	39.3
	2-4 a week	4	3011	28.7
	5+ a week	5	324	3.1
	N Missing		54	
Q74bj Over the last 12 months, on average, how often did you eat the follow	ving			
foods? Fish, tinned (salmon, tuna, sardines etc)	Never	1	845	8.1
	< Once a week	2	2648	25.3
	Once a week	3	3274	31.3
	2-4 a week	4	3167	30.3
	5+ a week	5	534	5.1
	N Missing		65	
Q75 How often do you currently smoke cigarettes or any tobacco products?				
	Daily	1	1022	9.7
	Weekly	2	66	0.6
	< weekly	3	64	0.6
	Not at all	4	9332	89.0
	N Missing		51	

Item Description	Categories	Values	Number	%
Q76 If you smoke daily, on average how many cigarettes do you smoke each				
day?	Mean		17.76	
	Std Error		0.30	
	Ν		1038	
	N Missing		9600	
Q77 If you smoke, but not daily, on average how many cigarettes do you				
smoke per week?	Mean		17.17	
	Std Error		1.75	
	Ν		86	
	N Missing		10552	
Q78 Have you ever smoked daily?				
	Yes	1	4153	39.7
	No	2	6302	60.3
	N Missing		80	
Q79 At what age did you finally stop smoking daily?				
	Mean		37.35	
	Std Error		0.20	
	Ν		3143	
	N Missing		7495	
Q80a Now think about all of the time you spend sitting during each day while at				
home, at work, while getting from place to place or during your spare time. How many hours in total do you typically spend sitting down while doing things like	0	0	6	0.1
visiting friends, driving, reading, watching television, or working at a desk or	1	1	104	1.1
computer? On	2	2	599	6.0
	3	3	974	9.8
	4	4	1626	16.4
	5	5	1360	13.7
	6	6	1521	15.4
	7	7	561	5.7
	8	8	1075	10.9
	9	9	331	3.3
	10	10	878	8.9
	11	11	128	1.3
	12	12	454	4.6
	13	13	62	0.6
	14	14	115	1.2
	15	15	64	0.7
	16	16	43	0.4
	N Missing		666	
70				

Item Description	Categories	Values	Number	%
Q80b Now think about all of the time you spend sitting during each day while at home, at work, while getting from place to place or during your spare time. How	0	0	24	0.1
many hours in total do you typically spend sitting down while doing things like visiting friends, driving, reading, watching television, or working at a desk or	0	0	21	0.2
computer?	1	1	127	1.:
	2	2	601	6.2
	3	3	1033	10.
	4	4	1750	18.
	5	5	1458	15. ⁻
	6	6	1772	18.3
	7	7	541	5.
	8	8	1028	10.0
	9	9	189	2.0
	10	10	665	6.9
	11	11	46	0.9
	12	12	238	2.
	13	13	19	0.
	14	14	75	0.8
	15	15	73	0.8
	16	16	39	0.4
	N Missing		876	
Q81a How many times did you do each type of activity last week? Only count				
he number of times when the activity lasted for 10 minutes or more. Walking priskly (for recreation or exercise, or to get from place to place)	Mean		4.49	
	Std Error		0.05	
	Ν		10467	
	N Missing		171	
Q81b How many times did you do each type of activity last week? Only count	-			
the number of times when the activity lasted for 10 minutes or more. Moderate essure activity (like social tennis, moderate exercise classes, recreational	Mean		1.06	
swimming, dancing)	Std Error		0.02	
	Ν		10477	
	N Missing		161	
Q81c How many times did you do each type of activity last week? Only count	5 0			
the number of times when the activity lasted for 10 minutes or more. Vigorous eisure activity (that makes you breathe harder or puff and pant like aerobics,	Mean		0.78	
competitive sport, vigorous cycling, running, swimming)	Std Error		0.02	
	N		10462	
	N Missing		176	

Item Description	Categories	Values	Number	%
Q81d How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Vigorous	Mean		2.49	
household or garden chores that make you breathe harder or puff and pant	Std Error		0.04	
	N		10455	
	N Missing		183	
Q83a The next question asks about physical activity in your main job (this could	N Wissing		100	
be paid work, unpaid work, caring etc - whatever you spend most of your working day' doing). During your usual working day, how often do you do each	All the time	1	357	3.5
of the following? Sitting	Most of the time	2	2751	27.2
	Some of the time	3	3540	35.0
	Little of the time	4	2304	22.8
	None of the time	5	1157	11.4
	N Missing		430	
Q83b The next question asks about physical activity in your main job (this could				
be paid work, unpaid work, caring etc - whatever you spend most of your working day' doing). During your usual working day, how often do you do each	All the time	1	680	6.7
of the following? Standing	Most of the time	2	2387	23.7
	Some of the time	3	4287	42.5
	Little of the time	4	1961	19.4
	None of the time	5	779	7.7
	N Missing		440	
Q83c The next question asks about physical activity in your main job (this could				
be paid work, unpaid work, caring etc - whatever you spend most of your working day' doing). During your usual working day, how often do you do each	All the time	1	489	4.8
of the following? Walking	Most of the time	2	2164	21.4
	Some of the time	3	4821	47.6
	Little of the time	4	2038	20.1
	None of the time	5	614	6.1
	N Missing		411	
Q83d The next question asks about physical activity in your main job (this could				
be paid work, unpaid work, caring etc - whatever you spend most of your working day' doing). During your usual working day, how often do you do each	All the time	1	203	2.0
of the following? Heavy labour or physically demanding work Heavy labour or	Most of the time	2	548	5.4
physically demanding	Some of the time	3	1402	13.8
	Little of the time	4	2311	22.8
	None of the time	5	5686	56.0

Item Description	Categories	Values	Number	%
Q85a In a usual week, how much time in total do you spend doing the following]			
things? Full-time (permanent) paid work	Don't do this activity	1	6961	68.6
	1-15 hours	2	140	1.4
	16-24 hours	3	152	1.5
	25-34 hours	4	402	4.0
	35-40 hours	5	1572	15.5
	41-48 hours	6	608	6.0
	49 hours or more	7	314	3.1
	N Missing		390	
Q85b In a usual week, how much time in total do you spend doing the following	9			
things? Part-time permanent paid work	Don't do this activity	1	7694	76.8
	1-15 hours	2	716	7.1
	16-24 hours	3	767	7.7
	25-34 hours	4	675	6.7
	35-40 hours	5	128	1.3
	41-48 hours	6	15	0.2
	49 hours or more	7	19	0.2
	N Missing		507	
Q85c In a usual week, how much time in total do you spend doing the following	9			
things? Casual paid work (no paid holiday or sick leave)	Don't do this activity	1	8670	87.8
	1-15 hours	2	693	7.0
	16-24 hours	3	263	2.7
	25-34 hours	4	162	1.6
	35-40 hours	5	66	0.7
	41-48 hours	6	10	0.1
	49 hours or more	7	8	0.1
	N Missing		657	
Q85d In a usual week, how much time in total do you spend doing the following	9			
things? Home duties (own / family home)	Don't do this activity	1	262	2.6
	1-15 hours	2	5109	50.0
	16-24 hours	3	2195	21.5
	25-34 hours	4	1140	11.2
	35-40 hours	5	617	6.0
	41-48 hours	6	255	2.5
	49 hours or more	7	629	6.2
	N Missing		336	

Item Description	Categories	Values	Number	%
Q85e In a usual week, how much time in total do you spend doing the following things? Work without pay (eg family business)				
things ? Work without pay (eg family business)	Don't do this activity	1	8064	80.7
	1-15 hours	2	1361	13.6
	16-24 hours	3	234	2.3
	25-34 hours	4	123	1.2
	35-40 hours	5	64	0.6
	41-48 hours	6	37	0.4
	49 hours or more	7	115	1.2
	N Missing		535	
Q85f In a usual week, how much time in total do you spend doing the following				
things? Looking for work	Don't do this activity	1	9923	97.6
	1-15 hours	2	224	2.2
	16-24 hours	3	10	0.1
	25-34 hours	4	3	0.0
	35-40 hours	5	2	0.0
	41-48 hours	6	0	0.0
	49 hours or more	7	1	0.0
	N Missing		381	
Q85g In a usual week, how much time in total do you spend doing the following				
things? Unpaid voluntary work	Don't do this activity	1	7443	72.9
	1-15 hours	2	2474	24.2
	16-24 hours	3	187	1.8
	25-34 hours	4	63	0.6
	35-40 hours	5	16	0.2
	41-48 hours	6	5	0.0
	49 hours or more	7	16	0.2
	N Missing		342	
Q85h In a usual week, how much time in total do you spend doing the following				
things? Active leisure (eg walking, exercise, sport)	Don't do this activity	1	1750	17.0
	1-15 hours	2	7974	77.4
	16-24 hours	3	456	4.4
	25-34 hours	4	66	0.6
	35-40 hours	5	26	0.3
	41-48 hours	6	5	0.0
	49 hours or more	7	22	0.2

Item Description	Categories	Values	Number	%
Q85i In a usual week, how much time in total do you spend doing the following				
things? Passive leisure (eg TV, music, reading, relaxing)	Don't do this activity	1	238	2.3
	1-15 hours	2	6469	62.3
	16-24 hours	3	2240	21.6
	25-34 hours	4	865	8.3
	35-40 hours	5	300	2.9
	41-48 hours	6	132	1.3
	49 hours or more	7	147	1.4
	N Missing		170	
Q85j In a usual week, how much time in total do you spend doing the following				
things? Studying	Don't do this activity	1	8815	85.1
	1-15 hours	2	1429	13.8
	16-24 hours	3	77	0.7
	25-34 hours	4	20	0.2
	35-40 hours	5	10	0.1
	41-48 hours	6	2	0.0
	49 hours or more	7	1	0.0
	N Missing		202	
Q86a Managing time is often difficult. How often do you feel: That you are				
rushed, pressured, too busy?	Every day	1	1319	12.6
	Few times week	2	3581	34.3
	Once a week	3	2133	20.5
	Once a month	4	1955	18.7
	Never	5	1441	13.8
	N Missing		110	
Q86b Managing time is often difficult. How often do you feel: That you have				
time on your hands that you don't know what to do with?	Every day	1	187	1.8
	Few times week	2	839	8.2
	Once a week	3	1007	9.8
	Once a month	4	1647	16.0
	Never	5	6602	64.2
	N Missing		259	
Q87a Are you happy with your share of the following tasks and activities?				
Domestic work (shopping, cooking, cleaning etc)	Happy way it is	1	7666	73.2
	Like others to do more	2	2356	22.5
	Like other arrangement	3	382	3.6
	Not applicable	4	76	0.7
	N Missing		61	
	č			

Item Description	Categories	Values	Number	%
Q87b Are you happy with your share of the following tasks and activities? Child				
care	Happy way it is	1	2126	21.1
	Like others to do more	2	99	1.0
	Like other arrangement	3	62	0.6
	Not applicable	4	7783	77.3
	N Missing		452	
Q87c Are you happy with your share of the following tasks and activities?				
Caring for another adult (who is elderly/disabled/sick)	Happy way it is	1	1896	18.5
	Like others to do more	2	425	4.1
	Like other arrangement	3	293	2.9
	Not applicable	4	7654	74.5
	N Missing		266	
Q87d Are you happy with your share of the following tasks and activities? Other	r			
household work (gardening, home/car maintenance)	Happy way it is	1	7153	68.5
	Like others to do more	2	1952	18.7
	Like other arrangement	3	601	5.8
	Not applicable	4	734	7.0
	N Missing		98	
Q88 Do you regularly provide (unpaid) care for grandchildren or other people's				
children?	Daily	1	451	4.3
	Weekly	2	1621	15.4
	Occasionally	3	3545	33.8
	Never	4	4878	46.5
	N Missing		42	
Q89a Do you regularly provide care or assistance (eg personal care, transport)				
to any other person because of their long-term illness, disability or frailty? For someone who lives with you	Yes	1	876	8.3
Someone who need with you	No	2	9625	91.7
	N Missing		38	
Q89b Do you regularly provide care or assistance (eg personal care, transport)	-			
to any other person because of their long-term illness, disability or frailty? For someone who lives elsewhere	Yes	1	2415	23.0
	No	2		77.0
	N Missing		42	
Q90 How many people with a long term illness, disability or frailty do you	0			
regularly provide care for?	No care given	0	7196	69.3
	One person	1	2419	23.3
	Two people	2	591	5.7
	>Two people	- 3	178	1.7
	N Missing	5	137	
	meenig		107	

Item Description	Categories	Values	Number	%
Q91 How often do you provide this care or assistance?				
	No care given	0	7196	69.3
	Every day	1	924	8.9
	Several times a week	2	833	8.0
	Once a week	3	758	7.3
	Every few weeks	4	532	5.1
	Less often	5	147	1.4
	N Missing		134	
Q92 How much time do you usually spend providing such care or assistance				
on each occasion?	No care given	0	7196	69.3
	All day/night	1	360	3.5
	All day	2	196	1.9
	All night	3	14	0.1
	Several hours	4	1901	18.3
	About an hour	5	711	6.8
	N Missing		163	
Q93a Do you normally do any of the following kinds of work? Paid shift work				
	No	0	9266	92.3
	Yes	1	772	7.7
	N Missing		447	
Q93b Do you normally do any of the following kinds of work? Paid work at night	t			
	No	0	9532	95.0
	Yes	1	505	5.0
	N Missing		447	
Q93c Do you normally do any of the following kinds of work? Paid work from				
home	No	0	9560	95.2
	Yes	1	478	4.8
	N Missing		447	
Q93d Do you normally do any of the following kinds of paid work? Self				
employment	No	0	8772	87.4
	Yes	1	1266	12.6
	N Missing		447	
Q93e Do you normally do any of the following kinds of paid work? Paid work in				
more than one job	No	0	9511	94.8
	Yes	1	526	5.2
	N Missing		447	
	-			

Item Description	Categories	Values	Number	%
Q93f Do you normally do any of the following kinds of paid work? Casual paid				
work (work in a job which doesn't provide holiday pay or sick leave)	No	0	8651	86.2
	Yes	1	1386	13.8
	N Missing		447	
Q93g Do you normally do any of the following kinds of work? Paid work				
involving none of the above	No	0	7287	72.6
	Yes	1	2751	27.4
	N Missing		447	
Q93h Do you normally do any of the following kinds of work? I don't do any				
paid work	No	0	6198	61.7
	Yes	1	3840	38.3
	N Missing		447	
Q94a We would like to know your and your partner's main occupation now: Se	elf			
	Manager/administrator	1	612	6.4
	Professional	2	1862	19.4
	Associate professional	3	683	7.1
	Tradesperson or related worker	4	220	2.3
	Advanced clerical/service worker	5	625	6.5
	Intermediate clerical/sales/service	6	1091	11.4
	Intermediate production/transport	7	41	0.4
	Elementary clerical/sales/service	8	444	4.6
	Labourer or related	9	443	4.6
	No paid job	10	3573	37.2
	N Missing		1004	

Item Description	Categories	Values	Number	%
Q94b We would like to know your and your partner's main occupation now:				
Partner	Manager/administrator	1	1199	13.0
	Professional	2	949	10.3
	Associate professional	3	655	7.′
	Tradesperson or related worker	4	887	9.6
	Advanced clerical/service worker	5	114	1.:
	Intermediate clerical/sales/service	6	191	2.
	Intermediate production/transport	7	544	5.9
	Elementary clerical/sales/service	8	121	1.:
	Labourer or related	9	358	3.9
	No paid job	10	2658	28.8
	Don't know/no partner	11	1559	16.
	N Missing		1294	
Q95 How do you manage on the income you have available?				
	Impossible	1	177	1.
	Difficult always	2	986	9.4
	Difficult sometimes	3	2378	22.
	Not too bad	4	4721	45.
	Easy	5	2211	21.
	N Missing		67	
Q96 Are there people who do NOT live with you who are dependent on your				
nousehold income?	No	1	9540	91.
	Yes, one	2	691	6.
	More than one	3	236	2.3
	N Missing		73	
Q97 Women's employment patterns have changed a lot over recent years. We				
are keen to learn how women see retirement in their own lives. Please indicate he following description that best fits your life now. If you want to add more	Not retired	1	5170	49.
please write this on page 30.	Partially retired	2	1573	15.0
	Retired from paid work	3	2881	27.
	Gave up work over 20 years ago	4	689	6.
	Never had paid work	5	143	1.4
	N Missing		82	

Item Description	Categories	Values	Number	%
Q98 When did you retire or give up work?Not Applicable				
	No	0	3998	38.0
	Yes	1	6536	62.0
Q99age At what age do you expect to retire (completely) from the paid				
workforce?	Mean		63.21	
	Std Error		0.06	
	Ν		3413	
	N Missing		7225	
Q99 At what age do you expect to retire (completely) from the paid workforce?				
	Do not expect to retire	1	569	5.5
	Retired	2	3452	33.6
	Don't know	3	3255	31.7
	Expect to retire	4	3002	29.2
	N Missing		277	
Q100age You have said when you expect to retire, but if you had the choice, at	t			
what age would you like to retire (completely) from the paid workforce?	Mean		61.92	
	Std Error		0.06	
	Ν		3607	
	N Missing		7031	
Q100 You have said when you expect to retire, but if you had the choice, at				
what age would you like to retire (completely) from the paid workforce?	Do not expect to retire	1	435	4.5
	Retired	2	3383	34.8
	Don't know	3	2698	27.7
	Expect to retire	4	3217	33.1
	N Missing		809	
Q101aa What are your current sources of income? Age pension / Service				
Pension / Widow's pension / War widow's pension	No	0	9844	94.3
	Yes	1	596	5.7
	N Missing		95	
Q101ab What are your current sources of income? Other government pension				
or allowance	No	0	8839	84.7
	Yes	1	1600	15.3
	N Missing		95	
Q101ac What are your current sources of income? Lump sum superannuation				
payout	No	0	10157	97.3
	Yes	1	283	2.7
	N Missing		95	

Item Description	Categories	Values	Number	%
Q101ad What are your current sources of income? A pension or annuity				
purchased with superannuation or some other funds	No	0	9584	91.8
	Yes	1	856	8.2
	N Missing		95	
Q101ae What are your current sources of income? Income from savings and				
investments (such as shares and property)	No	0	8310	79.6
	Yes	1	2130	20.4
	N Missing		95	
Q101af What are your current sources of income? Income from a business				
	No	0	9167	87.8
	Yes	1	1273	12.2
	N Missing		95	
Q101ag What are your current sources of income? Income or pension from				
your spouse / partner	No	0	8204	78.6
	Yes	1	2236	21.4
	N Missing		95	
Q101ah What are your current sources of income? Financial support from				
family	No	0	10362	99.3
	Yes	1	78	0.7
	N Missing		95	
Q101ai What are your current sources of income? Spouse / Partner's	0			
superannuation	No	0	9512	91.1
	Yes	1	928	8.9
	N Missing		95	
Q101aj What are your current sources of income? Wage or salary	g			
	No	0	4972	47.6
	Yes	1	5467	52.4
	N Missing	·	95	0
Q101ak What are your current sources of income? Other sources	g			
	No	0	10305	98.7
	Yes	1	135	1.3
	N Missing	·	95	1.0
Q101ba When you are over 65 what will be your sources of income? Age	A MISSING		30	
pension / Service Pension / Widow's pension / War widow's pension	No	0	5894	56.7
	Yes	1	4494	43.3
		1		
	N Missing		151	

Item Description	Categories	Values	Number	%
Q101bb When you are over 65 what will be your sources of income? Other				
government pension or allowance	No	0	9490	91.4
	Yes	1	898	8.6
	N Missing		151	
Q101bc When you are over 65 what will be your sources of income? Lump su	ım			
superannuation payout	No	0	8588	82.7
	Yes	1	1800	17.3
	N Missing		151	
Q101bd When you are over 65 what will be your sources of income? A pension	on			
or annuity purchased with superannuation or some other funds	No	0	7006	67.4
	Yes	1	3382	32.6
	N Missing		151	
Q101be When you are over 65 what will be your sources of income? Income				
from savings and investments (such as shares and property)	No	0	7341	70.7
	Yes	1	3047	29.3
	N Missing		151	
Q101bf When you are over 65 what will be your sources of income? Income				
from a business	No	0	9717	93.5
	Yes	1	671	6.5
	N Missing		151	
Q101bg When you are over 65 what will be your sources of income? Income	or			
pension from your spouse / partner	No	0	8778	84.5
	Yes	1	1610	15.5
	N Missing		151	
Q101bh When you are over 65 what will be your sources of income? Financia	al			
support from family	No	0	10317	99.3
	Yes	1	70	0.7
	N Missing		151	
Q101bi When you are over 65 what will be your sources of income? Spouse /	,			
partner's superannuation	No	0	7625	73.4
	Yes	1	2763	26.6
	N Missing		151	
Q101bj When you are over 65 what will be your sources of income? Wage or				
salary	No	0	9669	93.1
	Yes	1	719	6.9

Sources No 0 10323 99.4 Yes 1 65 0.6 Q102a Have you begun to think about your life in retirement? In particular, have you made any plans for the following aspects of your life? To be socially active with friends or family or the community Not at all 1 1338 13.2 Q102b Have you begun to think about your life in retirement? In particular, have you made any plans for the following aspects of your life? To be mentally active (eg join a group, do word or number puzzles) Not at all 1 1735 17.55 Q102b Have you begun to think about your life in retirement? In particular, have you made any plans for the following aspects of your life? To be mentally active (eg join a group, do word or number puzzles) Not at all 1 1735 17.55 Q102c Have you begun to think about your life in retirement? In particular, have you made any plans for the following aspects of your life? To be physically active (eg join a group, do word or number puzzles) Not at all 1 7.09 7.00 Q102c Have you begun to think about your life in retirement? In particular, have you made any plans for the following aspects of your life? To be physically active Not at all 1 7.09 7.00 Q102c Have you begun to think about your life in retirement? In particular, have you made any plans for the following aspects of your life? To be in some plans	Item Description	Categories	Values	Number	%
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A 302430.1A 302430.1N Missing511A 193219.3A 193319.3A 193419.3A 193519.3A 193519.3A 193519.3A 193519.3A 193519.3<		Thought about it	2	3191	31.8
Q102e Have you begun to think about your life in retirement? In particular, have you made any plans for the following aspects of your life? To be in some kind of paid, unpaid or voluntary workN Missing511Not at all1193219.3Thought about it2526352.5Some plans3154115.4Firm plans4128112.8		Some plans	3	3148	31.4
Q102e Have you begun to think about your life in retirement? In particular, have you made any plans for the following aspects of your life? To be in some kind of paid, unpaid or voluntary workNot at all1193219.3Thought about it2526352.5Some plans3154115.4Firm plans4128112.8		Firm plans	4	3024	30.1
have you made any plans for the following aspects of your life? To be in some kind of paid, unpaid or voluntary workNot at all1193219.3Thought about it2526352.5Some plans3154115.4Firm plans4128112.8		N Missing		511	
kind of paid, unpaid or voluntary work 1 1932 19.3 Thought about it 2 5263 52.5 Some plans 3 1541 15.4 Firm plans 4 1281 12.8	Q102e Have you begun to think about your life in retirement? In particular,				
Thought about it 2 5263 52.5 Some plans 3 1541 15.4 Firm plans 4 1281 12.8	have you made any plans for the following aspects of your life? To be in some kind of paid uppaid or voluntary work	Not at all	1	1932	19.3
Some plans 3 1541 15.4 Firm plans 4 1281 12.8	And of paid, unpaid of voluntary work	Thought about it	2	5263	52.5
Firm plans 4 1281 12.8		-	3	1541	15.4
		Firm plans	4	1281	12.8
				543	

Item Description	Categories	Values	Number	%
Q102f Have you begun to think about your life in retirement? In particular, have you made any plans for the following aspects of your life? To be in housing that meets your needs	Not at all	1	1379	13.8
	Thought about it	2	3830	38.3
	Some plans	3	1711	17.1
	Firm plans	4	3092	30.9
	N Missing		519	
Q103 When you are 65 how do you expect to manage on your available				
income?	Impossible	1	270	2.6
	Difficult always	2	1151	11.1
	Difficult sometimes	3	3295	31.7
	Not too bad	4	4559	43.9
	Easy	5	1105	10.6
	N Missing		144	
Q104a These questions are about getting on with other people: Are you sad or				
lonely often?	Yes	1	1367	13.1
	No	2	9065	86.9
	N Missing		98	
Q104b These questions are about getting on with other people: Do you feel				
uncomfortable with anyone in your family?	Yes	1	2221	21.3
	No	2	8213	78.7
	N Missing		96	
Q104c These questions are about getting on with other people: Can you take				
your own medication and get around by yourself?	Yes	1	9808	94.5
	No	2	567	5.5
	N Missing		143	
Q104d These questions are about getting on with other people: Do you feel				
that nobody wants you around?	Yes	1	355	3.4
	No	2	10091	96.6
	N Missing		92	
Q104e These questions are about getting on with other people: Does				
someone in your family make you stay in bed or tell you you're sick when you know you're not?	Yes	1	100	1.0
	No	2	10382	99.0
	N Missing		51	
Q104f These questions are about getting on with other people: Has anyone				
forced you to do things you didn't want to do?	Yes	1	599	5.7
	No	2	9872	94.3
	N Missing		68	

Item Description	Categories	Values	Number	%
Q104g These questions are about getting on with other people: Has anyone				
taken things that belong to you without your OK?	Yes	1	741	7.1
	No	2	9717	92.9
	N Missing		74	
Q104h These questions are about getting on with other people: Do you trust				
most people in your family?	Yes	1	9818	93.8
	No	2	647	6.2
	N Missing		72	
Q104i These questions are about getting on with other people: Do you have				
enough privacy at home?	Yes	1	9869	94.2
	No	2	611	5.8
	N Missing		52	
Q104j These questions are about getting on with other people: Has anyone				
close to you tried to hurt you or harm you recently?	Yes	1	310	3.0
	No	2	10162	97.0
	N Missing		65	
Q104k These questions are about getting on with other people: Has anyone				
close to you called you names or put you down or made you feel bad recently?	Yes	1	1466	14.0
	No	2	8999	86.0
	N Missing		65	
Q104I These questions are about getting on with other people: Are you afraid				
of anyone in your family?	Yes	1	355	3.4
	No	2	10116	96.6
	N Missing		60	
Q104m These questions are about getting on with other people: Does anyone				
in your family drink a lot of alcohol?	Yes	1	1633	15.6
	No	2	8813	84.4
	N Missing		84	
Q104n These questions are about getting on with other people: Have you ever				
been in a violent relationship with a partner/spouse?	Yes	1	1485	14.2
	No	2	8979	85.8
	N Missing		65	
Q105a If you have ever lived with a violent partner or spouse, in which years				
did you experience the violence? I have never lived with a violent partner or spouse	No	0	1615	16.5
	Yes	1	8192	83.5
	N Missing		746	

Item Description	Categories	Values	Number	%
Q105b If you have ever lived with a violent partner or spouse, in which years				
did you experience the violence? Before 1996	No	0	8414	85.8
	Yes	1	1392	14.2
	N Missing		746	
Q105c If you have ever lived with a violent partner or spouse, in which years				
did you experience the violence; 1996-1998	No	0	9561	97.5
	Yes	1	245	2.5
	N Missing		746	
Q105d If you have ever lived with a violent partner or spouse, in which years				
did you experience the violence; 1999-2001	No	0	9642	98.3
	Yes	1	164	1.7
	N Missing		746	
Q105e If you have ever lived with a violent partner or spouse, in which years				
did you experience the violence; 2002-2004	No	0	9698	98.9
	Yes	1	109	1.1
	N Missing		746	
Q105f If you have ever lived with a violent partner or spouse, in which years di	d			
you experience the violence; 2005-now	No	0	9738	99.3
	Yes	1	68	0.7
	N Missing		746	
Q106 What is your present marital status?				
	Married	1	7461	71.4
	De facto opposite sex	2	542	5.2
	De facto same sex	3	57	0.5
	Separated	4	372	3.6
	Divorced	5	1186	11.4
	Widowed	6	489	4.7
	Never married	7	340	3.3
	N Missing		90	
Q107a How many people live with you now? No one, I live alone				
	Do not live alone	0	8943	85.2
	Live alone	1	1555	14.8
	N Missing		36	
Q107b How many people live with you now? Partner or spouse				
	None	0	2485	23.7
	One	1	8013	76.3
	N Missing		36	

Item Description	Categories	Values	Number	%
Q107c How many people live with you now? Children under 16 years				
	None	0	10155	96.8
	One	1	243	2.3
	Two	2	69	0.7
	Three or more	3	29	0.3
	N Missing		37	
Q107d How many people live with you now? Children 16-18 years				
	None	0	10267	97.8
	One	1	212	2.0
	Two	2	17	0.2
	Three or more	3	0	0.0
	N Missing		37	
Q107e How many people live with you now? Children over 18 years				
	None	0	8377	79.8
	One	1	1642	15.6
	Two	2	403	3.8
	Three or more	3	76	0.7
	N Missing		36	
Q107f How many people live with you now? Your parents or in-laws				
	None	0	10254	97.7
	One	1	220	2.1
	Two	2	21	0.2
	Three or more	3	0	0.0
	N Missing		38	
Q107g How many people live with you now? Other adult relatives				
	None	0	10052	95.8
	One	1	327	3.1
	Two	2	93	0.9
	Three or more	3	25	0.2
	N Missing		37	
Q107h How many people live with you now? Other adults (not family member	ers)			
	None	0	10218	97.4
	One	1	221	2.1
	Two	2	35	0.3
	Three or more	3	23	0.2

Item Description	Categories	Values	Number	%
Q108a People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help you if you are confined to bed	None of time	1	844	8.1
	Little of time	2	1016	9.7
	Some of time	3	1402	13.4
	Most of time	4	2987	28.6
	All of time	5	4188	40.1
	N Missing		100	
Q108b People sometimes look to others for companionship, assistance, or				
other types of support. How often is each of the following kinds of support available to you if you need it? Someone you can count on to listen to you	None of time	1	277	2.6
when you need to talk	Little of time	2	788	7.5
	Some of time	3	1455	13.9
	Most of time	4	3575	34.2
	All of time	5	4365	41.7
	N Missing		84	
Q108c People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to give you advice about a crisis	None of time	1	394	3.8
	Little of time	2	785	7.5
	Some of time	3	1626	15.6
	Most of time	4	3731	35.7
	All of time	5	3905	37.4
	N Missing		98	
Q108d People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to take you to the doctor if you need it	None of time	1	411	3.9
	Little of time	2	633	6.1
	Some of time	3	934	8.9
	Most of time	4	3050	29.2
	All of time	5	5411	51.8
	N Missing		99	
Q108e People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support				
available to you if you need it? Someone who shows you love and affection	None of time	1	271	2.6
	Little of time	2	570	5.5
	Some of time	3	1102	10.6
	Most of time	4	2548	24.4
	All of time	5	5945	57.0
	N Missing		103	

Item Description	Categories	Values	Number	%
Q108f People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to have a good time with	None of time	1	242	2.3
	Little of time	2	669	6.4
	Some of time	3	1557	14.9
	Most of time	4	3151	30.2
	All of time	5	4830	46.2
	N Missing		97	
Q108g People sometimes look to others for companionship, assistance, or				
other types of support. How often is each of the following kinds of support available to you if you need it? Someone to give you information to help you	None of time	1	261	2.5
understand a situation	Little of time	2	670	6.4
	Some of time	3	1613	15.5
	Most of time	4	3824	36.6
	All of time	5	4072	39.0
	N Missing		97	
Q108h People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to confide in or talk to about yourself	None of time	1	342	3.3
or your problems	Little of time	2	844	8.1
	Some of time	3	1522	14.6
	Most of time	4	3384	32.4
	All of time	5	4356	41.7
	N Missing		93	
Q108i People sometimes look to others for companionship, assistance, or other	r			
types of support. How often is each of the following kinds of support available to you if you need it? Someone who hugs you	None of time	1	461	4.4
	Little of time	2	956	9.2
	Some of time	3	1509	14.5
	Most of time	4	2446	23.4
	All of time	5	5069	48.6
	N Missing		95	
Q108j People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available				
to you if you need it? Someone to get together with for relaxation	None of time	1	294	2.8
	Little of time	2		7.6
	Some of time	3		16.4
	Most of time	4		30.1
	All of time	5	4497	43.0
	N Missing		92	

Item Description	Categories	Values	Number	%
Q108k People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to prepare your meals if you are	None of time	1	786	7.5
unable to do it for yourself	Little of time	2	1013	9.7
	Some of time	3	1301	12.5
	Most of time	4	2758	26.4
	All of time	5	4591	43.9
	N Missing		89	
2108I People sometimes look to others for companionship, assistance, or othe	r			
ypes of support. How often is each of the following kinds of support available o you if you need it? Someone whose advice you really want	None of time	1	537	5.1
	Little of time	2	993	9.5
	Some of time	3	1760	16.9
	Most of time	4	3383	32.4
	All of time	5	3767	36.1
	N Missing		103	
Q108m People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to do things with to help you get your nind off things	None of time	1	437	4.2
	Little of time	2	1018	9.8
	Some of time	3	1949	18.7
	Most of time	4	3462	33.2
	All of time	5	3569	34.2
	N Missing		102	
Q108n People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help with daily chores if you are	None of time	1	716	6.8
sick	Little of time	2	1130	10.8
	Some of time	3	1534	14.7
	Most of time	4	2934	28.1
	All of time	5	4133	39.6
	N Missing		92	
Q108o People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support	None of time	1	796	7.6
available to you if you need it? Someone to share your most private worries and fears with	Little of time	2	1101	10.5
	Some of time	3	1424	13.6
	Most of time	4	3032	29.0
	All of time	5	4093	39.2
	N Missing	0	95	00.2

Item Description	Categories	Values	Number	%
2108p People sometimes look to others for companionship, assistance, or				
other types of support. How often is each of the following kinds of support available to you if you need it? Someone to turn to for suggestions about how	None of time	1	515	4.9
o deal with a personal problem	Little of time	2	1104	10.6
	Some of time	3	1607	15.4
	Most of time	4	3319	31.8
	All of time	5	3901	37.3
	N Missing		95	
108q People sometimes look to others for companionship, assistance, or ther types of support. How often is each of the following kinds of support vailable to you if you need it? Someone to do something enjoyable with	None of time	1	202	1.9
	Little of time	2	773	7.4
	Some of time	3	1672	16.0
	Most of time	4	3360	32.2
	All of time	5	4441	42.5
	N Missing		91	
2108r People sometimes look to others for companionship, assistance, or ther types of support. How often is each of the following kinds of support vailable to you if you need it? Someone who understands your problems	None of time	1	435	4.2
	Little of time	2	987	9.5
	Some of time	3	1734	9.5 16.6
	Most of time	4	3415	32.7
	All of time	5	3873	37.1
	N Missing	5	95	57.1
108s People sometimes look to others for companionship, assistance, or	N MISSING		55	
ther types of support. How often is each of the following kinds of support vailable to you if you need it? Someone to love and make you feel wanted	None of time	1	487	4.7
	Little of time	2	756	7.2
	Some of time	3	1238	11.8
	Most of time	4	2545	24.4
	All of time	5	5423	51.9
	N Missing		88	
109 Are you a twin?				
	Yes - identical	1	68	0.7
	Yes - not identical	2	137	1.3
	No	3	10202	98.0
	N Missing		129	

Item Description	Categories	Values	Number	%
Q110a In general, are you satisfied with what you have achieved in your life so				
far in the areas of: Work	Very satisfied	1	2806	27.3
	Satisfied	2	6315	61.3
	Dissatisfied	3	992	9.6
	Very dissatisfied	4	182	1.8
	N Missing		242	
Q110b In general, are you satisfied with what you have achieved in your life so				
far in the areas of: Career	Very satisfied	1	2283	22.9
	Satisfied	2	5733	57.5
	Dissatisfied	3	1695	17.0
	Very dissatisfied	4	266	2.7
	N Missing		621	
Q110c In general, are you satisfied with what you have achieved in your life so				
far in the areas of: Study	Very satisfied	1	1571	16.2
	Satisfied	2	5514	57.0
	Dissatisfied	3	2264	23.4
	Very dissatisfied	4	322	3.3
	N Missing		940	
Q110d In general, are you satisfied with what you have achieved in your life so				
far in the areas of: Family relationships	Very satisfied	1	4482	43.1
	Satisfied	2	4960	47.7
	Dissatisfied	3	795	7.6
	Very dissatisfied	4	169	1.6
	N Missing		141	
Q110e In general, are you satisfied with what you have achieved in your life so				
far in the areas of: Partner/closest personal relationship	Very satisfied	1	4638	45.2
	Satisfied	2	3783	36.8
	Dissatisfied	3	1375	13.4
	Very dissatisfied	4	476	4.6
	N Missing		263	
Q110f In general, are you satisfied with what you have achieved in your life so				
far in the areas of: Friendships	Very satisfied	1	4101	39.3
	Satisfied	2	5536	53.1
	Dissatisfied	3	680	6.5
	Very dissatisfied	4	115	1.1
	N Missing		118	

Item Description	Categories	Values	Number	%
Q110g In general, are you satisfied with what you have achieved in your life so far in the areas of: Social activities				
	Very satisfied	1	2598	25.0
	Satisfied	2	6430	61.7
	Dissatisfied	3	1238	11.9
	Very dissatisfied	4	147	1.4
	N Missing		139	
Q111 Your relationship to the participant:				
	Family member	1	211	74.7
	Professional health worker	2	27	9.7
	Other	3	44	15.6
	N Missing		10394	
Q112 When you filled in this survey for the participant, which of the following				
applied:	Told me answers	1	140	62.9
	Used own judgement	2	83	37.1
	N Missing		10452	
Q82atotmin Total Minutes spent last week - walking briskly				
	Mean		214.41	
	Std Error		3.29	
	Ν		10147	
	N Missing		491	
Q82btotmin Total Minutes spent last week - moderate leisure activity				
	Mean		67.68	
	Std Error		1.50	
	Ν		10333	
	N Missing		305	
Q82ctotmin Total Minutes spent last week - vigorous leisure				
	Mean		40.89	
	Std Error		1.16	
	Ν		10345	
	N Missing		293	
Q82dtotmin Total Minutes spent last week - vigorous household/garden				
	Mean		204.38	
	Std Error		3.59	
	Ν		10133	
	N Missing		505	

Item Description	Categories	Values Number	%
Q82ah If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Walking briskl	V		
(for recreation or exercise, or to get from place to place)	^y Mean	3.44	
	Std Error	0.06	
	Ν	10147	
	N Missing	491	
Q82am If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Walking briskl	M		
(for recreation or exercise, or to get from place to place)	^y Mean	7.99	
	Std Error	0.14	
	Ν	10147	
	N Missing	491	
Q82bh If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Moderate			
leisure activity (like social tennis, moderate exercise classes, recreational	Mean	1.08	
swimming, dancing)	Std Error	0.02	
	Ν	10333	
	N Missing	305	
Q82bm If you add up all the times you spent in each activity last week, how			
much time did you spend altogether doing each type of activity? Moderate leisure activity (like social tennis, moderate exercise classes, recreational	Mean	2.84	
swimming, dancing)	Std Error	0.09	
	Ν	10333	
	N Missing	305	
Q82ch			
	Mean	0.64	
	Std Error	0.02	
	Ν	10345	
	N Missing	293	
Q82cm If you add up all the times you spent in each activity last week, how			
much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics,	Mean	2.46	
competitive sport, vigorous cycling, running, swimming)	Std Error	0.09	
	Ν	10345	
	N Missing	293	
Q82dh			
	Mean	3.35	
	Std Error	0.06	
	Ν	10133	
	N Missing	505	

CB2cm II you add up all the times you spent in each achivaly list week, how much lime di you spend allongher doing achi type of achivaly Yolgrous household or garden chores that make you breathe harder or puff and pant in the state of type of achivaly Yolgrous household or garden chores that make you breathe harder or puff and pant in the state of puff and pant in the st	Item Description	Categories	Values Number	%
Newsehold or garden chores that make you breathe harder or puff and pant Mean 3.50 Sid Error 0.10 N N Missing 505 PF - Physical Functioning Subscale Mean 80.25 Sid Error 0.20 N N Missing 91 RP - Role Physical Scale Mean 75.63 RP - Role Physical Scale Mean 75.63 Sid Error 0.36 N 10584 A Missing 54 54 54 PF - Role Physical Scale Mean 75.63 54 BP - Bodily Pain Subscale Mean 68.10 54 BP - Bodily Pain Subscale Mean 68.10 54 GH - General Health Subscale Mean 71.44 54 VT - Vitality Index Scale Mean 71.44 54 Sid Error 0.20 N 10386 Sid Error 0.20 N 10386 VT - Vitality Index Scale Mean 60.19 54 Sid Error 0.20 <td>Q82dm If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous</td> <td></td> <td></td> <td></td>	Q82dm If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous			
N1013N Missing505N Missing505Sid Error0.20N Missing61N Missing61Sid Error0.36N Missing563Sid Error0.36N Missing563BP - Bodily Pain SubscaleNBP - Bodily Pain SubscaleNBU - General Health SubscaleNCH - General Health SubscaleNV1 - Vitality Index ScaleNV1 - Vitality Index ScaleNSr - Social Functioning ScaleNSF - Social Functioning ScaleNSF - Social Functioning ScaleNN10533Sr - Social Functioning ScaleNN10533N10533N10533N10533St Error0.23N10533St Error0.23N10533St Error0.23N10533St Error0.23N10533St Error0.23N10533St Error0.23N10533N10533N10533N10533N10533N10533N10533N10533N	household or garden chores that make you breathe harder or puff and pant			
PF - Physical Functioning SubscaleN505PF - Physical Functioning SubscaleNan60.25Nan105470.20N105470.20NNissing105RP - Role Physical ScaleMean7.5.3Std Error0.360N105840.36N105840.36P - Bodily Pain SubscaleMean68.10Std Error0.230P - Bodily Pain SubscaleNan10629P - Bodily Pain SubscaleNan10629CH - General Health SubscaleNan10326CH - General Health SubscaleNan10326CH - Coneral Health SubscaleNan <t< td=""><td></td><td></td><td></td><td></td></t<>				
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Labour force unemployed 2 99 1.0 N Missing 89 Payment for work	Item Description	Categories	Values	Number	%
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not in labour 2 3450 33.0 force/unemployed					
force/unemployed					
N Missing 89			£	0.400	00.0
		N Missing		89	

Item Description	Categories	Values	Number	%
Hours worked				
	1 to 15 hours	1	1258	12.0
	16 to 24 hours	2	1246	11.9
	25 to 34 hours	3	1201	11.5
	35 to 40 hours	4	1800	17.2
	40 to 48 hours	5	763	7.3
	49 + hours	6	738	7.1
	Not in Labour Force	7	3450	33.0
	N Missing		89	
Categories based on Hours worked (hrs)				
	Not in Lab Force/Unemployed	0	3450	33.0
	Part time	1	3705	35.4
	Full time	2	3301	31.6
	N Missing		89	
What is your year of birth?				
	1945	1945	10	0.1
	1946	1946	1585	15.0
	1947	1947	2042	19.4
	1948	1948	2112	20.0
	1949	1949	2088	19.8
	1950	1950	2208	21.0
	1951	1951	488	4.6
	1952	1952	3	0.0
	1953	1953	0	0.0
Age at time survey returned				
	Mean		58.50	
	Std Error		0.01	
	Ν		10638	
	N Missing		0	

Item Description	Categories	Values	Number	%
State participant resides in at the completion of each survey				
	NSW	1	3072	29.4
	Vic	2	2531	24.2
	Qld	3	2106	20.1
	SA	4	989	9.5
	WA	5	1117	10.7
	Tas	6	316	3.0
	NT	7	92	0.9
	ACT	8	224	2.1
	Overseas	9	19	0.2
	N Missing		87	
Alcohol status- NHMRC (AlcNHMRC)				
	Low risk drinker	1	6058	58.1
	Non-drinker	2	1357	13.0
	Rarely drinks	3	2377	22.8
	Risky drinker	4	551	5.3
	High risk drinker	5	90	0.9
	N Missing		110	
Alcohol pattern (AlcPAtt)				
	Low long-term risk, drinks at short-term risk less than weekly	1	8123	78.6
	Non-drinker	2	1357	13.1
	Low long-term risk, drinks at short-term risk weekly or more	3	213	2.1
	Risky/high risk drinker	4	641	6.2
	N Missing		203	
Smoking status - smokst				
	Never-smoker	1	6328	60.3
	Ex-smoker	2	3005	28.6
	Smoker <10 c/d	3	255	2.4
	Smoker 10-19 c/d	4	431	4.1
	Smoker > = 20 c/d	5	460	4.4
	Smoker indeterminate	6	9	0.1
	N Missing		46	

Item Description	Categories	Values	Number	%
Exercise Status Grouped				
	Nil/sedentary	1	1562	15.7
	Low	2	2560	25.7
	Moderate	3	2316	23.3
	High	4	3518	35.3
	N Missing		654	
Life satisfaction score				
	Mean		3.14	
	Std Error		0.00	
	Ν		10496	
	N Missing		142	
CES-D10				
	Mean		5.76	
	Std Error		0.05	
	Ν		10148	
	N Missing		490	
Mean Stress				
	Mean		0.54	
	Std Error		0.00	
	Ν		10588	
	N Missing		50	
Proportion of Life events 0 to 1				
	Mean		0.07	
	Std Error		0.00	
	Ν		10604	
	N Missing		34	
ALSWH metmin exercise groups				
	1	1	1791	17.3
	2	2	2163	20.8
	3	3	2465	23.8
	4	4	3959	38.1
	N Missing		176	
MACQ cognitive decline scale				
	Mean		24.44	
	Std Error		0.04	
	Ν		10578	
	N Missing		60	

Item Description	Categories	Values No	umber	%
GoldAnx - Goldberg Anxiety Scale Derived variable, sum of first 9 - anxiety only				
- units on the GADS (formerly known as GAS)	Mean		3.79	
	Std Error		0.03	
	Ν		10498	
	N Missing		140	
The 6-item sum is referred to as the Revised Life Orientation Test (LOT-R)				
score. Higher scores indicate a more optimistic outlook.	Mean		16.18	
	Std Error		0.04	
	Ν		10513	
	N Missing		125	
MOS emotional/informational				
	Mean		3.93	
	Std Error		0.01	
	Ν		10543	
	N Missing		95	
Mean value of MOS scale values for Affectionate Support, 1 to 5				
	Mean		4.10	
	Std Error		0.01	
	Ν		10541	
	N Missing		97	
Mean value of MOS scale values for Tangible Support, 1 to 5				
	Mean		3.94	
	Std Error		0.01	
	Ν		10505	
	N Missing		133	
Mean value of MOS scale values for Positive Social Interaction, 1 to 5				
	Mean		3.98	
	Std Error		0.01	
	Ν		10540	
	N Missing		98	
Grouped Mean value of MOS scale values for Emotional/Informational Support, 1 to 5. Higher scores for subscales and the index indicate more social support.		1	E470	40.6
	All the time	1	5178	49.6
	Most of the time	2	3169	30.3
	Some of the time	3	1415	13.5
	None/little of the time	4	684	6.5
	N Missing		95	

Social Interaction, 1 to 5. Higher scores for subscales and the index indicate more social support. All the time 1 594 57.3 Most of the time 2 2679 25.6 Sorne of the time 3 1251 12.0 Non-little of the time 4 531 5.1 Soroe of the time 1 5305 51.0 No store is subscales and the index indicate more social support. 1 5305 51.0 Most of the time 1 5305 51.0 Most of the time 2 2874 27.6 Soroe of the time 1 5305 51.0 Most of the time 1 5305 51.0 Grouped Mean value of MOS scale values for Social Support. 1 to 5. Higher 1 5571 53.4 Soroe for subscales and the index indicate more social support. 1 to 5. Higher 2 2897 27.8 Soroe of subscales and the index indicate more social support. 1 to 5.1 55.1 53.4 Life Control Scale Missing 98 1.3 Life Control Scale Mean	Item Description	Categories	Values	Number	%
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Anomaly along of MOS scale values for Tangible Support, 1 to 5 Higher All the time 1 50.0 51.0 Scores for subscales and the index indicate more social support. All the time 1 50.0 51.0 Score of the time 3 12.0		Some of the time	3	1251	12.0
Grouped Mean value of MOS scale values for Tangible Support, 1 to 5 Higher scores for subscales and the index indicate more social support. All the time 1 5305 51.0 Most of the time 2 2874 27.6 Some of the time 3 1266 12.2 Nonelittie of the time 3 1267 12.2 Nonelittie of the time 3 133 136 Grouped Mean value of MOS scale values for Social Support, 1 to 5. Higher 3 136 13.1 Some of the time 1 557.1 53.4 Most of the time 2 2897 27.8 Some of the time 3 1365 13.1 Nonelittie of the time		None/little of the time	4	531	5.1
scores for subscales and the index indicate more social support. All the time 1 5305 51.0 Most of the time 2 2874 27.6 Some of the time 3 1266 12.2 Non-Pittle of the time 4 953 9.2 Grouped Mean value of MOS scale values for Social Support. 1 to 5. Higher 3 136 scores for subscales and the index indicate more social support. All the time 1 5571 53.4 Most of the time 2 2897 27.8 5000 13.1 13.65 13.1 None-Nittle of the time 4 607 5.8 5.8 5.9 5.8 5.9 7.8 5.8 Life Control Scale Mean 20.05 5.8 5.8 5.10 5.10 5.8 PCS_ABS - Physical health summary score - standardised against the entire Mean 47.64 5.0 Nutsralian adult population Mean 50.11 5.01 5.01 MCS_ABS - Mental health summary score - standardised against the entire Nissing 4.11		N Missing		97	
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Life Control Scale Life Control Scale Life Control Scale Life Control Scale Name of the Scale Sc		Some of the time	3	1365	13.1
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Mean 50.11 Std Error 0.10 N Missing 411 PCS_US - Physical health summary score - standardised against the entire US adult population 47.37 Std Error 0.10 N 10227	MCS_ABS - Mental health summary score - standardised against the entire				
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PCS_US - Physical health summary score - standardised against the entire US adult population Mean 47.37 Std Error 0.10 N 10227		Std Error		0.10	
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PCS_US - Physical health summary score - standardised against the entire US adult population Mean 47.37 Std Error 0.10 N 10227		N Missing		411	
adult population Mean 47.37 Std Error 0.10 N 10227	PCS_US - Physical health summary score - standardised against the entire US				
N 10227	adult population	Mean		47.37	
		Std Error		0.10	
N Missing 411		Ν		10227	
		N Missing		411	

Item Description	Categories	Values	Number	%
MCS_US - Mental health summary score - standardised against the entire US				
adult population	Mean		51.32	
	Std Error		0.10	
	Ν		10227	
	N Missing		411	
ARIA+ Grouped into categories				
	Major cities	1	6681	63.5
	Inner regional	2	2503	23.8
	Outer regional	3	1142	10.8
	Remote	4	142	1.3
	Very remote	5	41	0.4
	Overseas	6	20	0.2
	N Missing		9	
What is your waist measurement? (If you are pregnant now, write in your waist				
measurement for the month prior to your pregnancy.)	Mean		89.31	
	Std Error		0.14	
	Ν		9459	
	N Missing		1179	
WHO BMI Groupings				
	Underweight, BMI < 18.5	1	129	1.3
	Healthy weight, 18.5 <= BMI < 25	2	4039	39.3
	Overweight, 25 <= BMI < 30	3	3444	33.5
	Obese, 30 <= BMI	4	2659	25.9
	N Missing		283	
How much do you weigh without clothes or shoes?				
	Mean		72.03	
	Std Error		0.15	
	Ν		10357	
	N Missing		281	
Body Mass Index (BMI)				
	Mean		27.20	
	Std Error		0.05	
	Ν		10342	
	N Missing		296	

Item Description	Categories	Values	Number	%
Menopausal Status (New in 2008)				
	Hysterectomy only	1	2160	20.5
	Oopherectomy only	2	113	1.1
	Hysterectomy and oopherectomy	3	1099	10.4
	HRT use	4	727	6.9
	OCP use	5	8	0.1
	Pre-menopausal	6	18	0.2
	Peri-menopausal	7	206	2.0
	Post-menopausal	8	6183	58.7
	Unclassifiable	9	17	0.2
	N Missing		2	
Menopausal Status Grouped (New in 2008)				
	Surgical menopause	1	3372	32.1
	HRT use	2	727	6.9
	OCP use	3	8	0.1
	Pre-menopausal	4	18	0.2
	Peri-menopausal	5	206	2.0
	Post-menopausal	6	6183	58.8
	N Missing		19	
How tall are you without shoes?				
	Mean		162.74	
	Std Error		0.06	
	Ν		10618	
	N Missing		20	
Age at time of survey returned in years				
	Mean		58.05	
	Std Error		0.01	
	Ν		10638	
	N Missing		0	
Raw value of m5q55a_kg				
	Mean		72.67	
	Std Error		0.18	
	Ν		9319	
	N Missing		1319	

Item Description	Categories	Values Number %
Raw value of m5q55a_st		
	Mean	10.43
	Std Error	0.10
	Ν	1178
	N Missing	9460
Raw value of m5q55a_lb		
	Mean	5.93
	Std Error	0.19
	Ν	740
	N Missing	9898
Raw value of m5q55b_cm		
	Mean	160.08
	Std Error	0.40
	Ν	4025
	N Missing	6613
Raw value of m5q55b_ft		
	Mean	5.45
	Std Error	0.06
	Ν	6607
	N Missing	4031
Raw value of m5q55b_in		
	Mean	4.71
	Std Error	0.05
	Ν	6298
	N Missing	4340