

women's
health
a u s t r a l i a

the australian longitudinal
study on women's health

data book

*for the sixth survey of the 1946-51 cohort
2010 (when they were aged 59-64 years)*

december 2011

Data book for the sixth survey of the 1946-1951 cohort (aged 59-64 years)

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Notes

During 2010 and 2011, 10,011 surveys were returned by members of the ALSWH 1946-51 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (<http://www.alwsh.org.au/>). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

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ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q1 In general, would you say your health is:				
	Excellent	1	1082	10.9
	Very good	2	3646	36.9
	Good	3	3850	38.9
	Fair	4	1166	11.8
	Poor	5	149	1.5
	N Missing		38	
Q2 Compared to one year ago, how would you rate your health in general now				
	Much better	1	620	6.3
	Somewhat better	2	1128	11.4
	About the same	3	6783	68.6
	Somewhat worse	4	1240	12.5
	Much worse	5	123	1.2
	N Missing		35	
Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports				
	Limited a lot	1	3763	38.6
	Limited a little	2	4513	46.3
	Not limited	3	1461	15.0
	N Missing		186	
Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf				
	Limited a lot	1	690	7.0
	Limited a little	2	2571	26.2
	Not limited	3	6561	66.8
	N Missing		94	
Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries				
	Limited a lot	1	476	4.8
	Limited a little	2	2283	23.3
	Not limited	3	7059	71.9
	N Missing		107	
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs				
	Limited a lot	1	1264	12.9
	Limited a little	2	3568	36.4
	Not limited	3	4973	50.7
	N Missing		130	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q3e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	1	384	3.9
	Limited a little	2	1489	15.2
	Not limited	3	7897	80.8
	N Missing		170	
Q3f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	1	1121	11.4
	Limited a little	2	3976	40.5
	Not limited	3	4715	48.1
	N Missing		115	
Q3g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	1	894	9.1
	Limited a little	2	1914	19.5
	Not limited	3	7014	71.4
	N Missing		110	
Q3h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre	Limited a lot	1	488	5.0
	Limited a little	2	1010	10.3
	Not limited	3	8295	84.7
	N Missing		132	
Q3i The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres	Limited a lot	1	205	2.1
	Limited a little	2	635	6.5
	Not limited	3	8945	91.4
	N Missing		133	
Q3j The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	1	106	1.1
	Limited a little	2	469	4.8
	Not limited	3	9264	94.2
	N Missing		87	
Q4a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities	Yes	1	1975	20.0
	No	2	7904	80.0
	N Missing		46	
Q4b During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like	Yes	1	3152	32.0
	No	2	6703	68.0
	N Missing		69	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities	Yes	1	2455	25.0
	No	2	7385	75.0
	N Missing		84	
Q4d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	Yes	1	2661	27.0
	No	2	7183	73.0
	N Missing		81	
Q5a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities	Yes	1	1370	13.9
	No	2	8508	86.1
	N Missing		50	
Q5b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like	Yes	1	2113	21.4
	No	2	7745	78.6
	N Missing		70	
Q5c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual	Yes	1	1442	14.6
	No	2	8417	85.4
	N Missing		73	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	1	6159	62.2
	Slightly	2	1956	19.8
	Moderately	3	949	9.6
	Quite a bit	4	660	6.7
	Extremely	5	171	1.7
	N Missing		30	
Q7 How much bodily pain have you had during the past four weeks?	No bodily pain	1	1541	15.6
	Very mild	2	3160	31.9
	Mild	3	2124	21.5
	Moderate	4	2208	22.3
	Severe	5	721	7.3
	Very severe	6	141	1.4
	N Missing		37	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q8 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	Not at all	1	4788	48.4
	A little bit	2	2783	28.1
	Moderately	3	1395	14.1
	Quite a bit	4	777	7.9
	Extremely	5	156	1.6
	N Missing			31
Q9a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	484	4.9
	Most of the time	2	3713	37.6
	A good bit of the time	3	2218	22.5
	Some of the time	4	1933	19.6
	Little of the time	5	989	10.0
	None of the time	6	542	5.5
	N Missing			54
Q9b For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person	All the time	1	108	1.1
	Most of the time	2	268	2.7
	A good bit of the time	3	371	3.7
	Some of the time	4	1290	13.0
	Little of the time	5	2973	30.0
	None of the time	6	4888	49.4
	N Missing			35
Q9c For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up	All the time	1	60	0.6
	Most of the time	2	162	1.6
	A good bit of the time	3	247	2.5
	Some of the time	4	834	8.4
	Little of the time	5	1701	17.2
	None of the time	6	6889	69.6
	N Missing			34

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt calm and peaceful	All the time	1	510	5.2
	Most of the time	2	4064	41.1
	A good bit of the time	3	1955	19.8
	Some of the time	4	1929	19.5
	Little of the time	5	1021	10.3
	None of the time	6	407	4.1
	N Missing			46
Q9e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you have a lot of energy	All the time	1	319	3.2
	Most of the time	2	3041	30.8
	A good bit of the time	3	2367	24.0
	Some of the time	4	2209	22.4
	Little of the time	5	1201	12.2
	None of the time	6	722	7.3
	N Missing			78
Q9f For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt down	All the time	1	76	0.8
	Most of the time	2	265	2.7
	A good bit of the time	3	421	4.3
	Some of the time	4	1711	17.3
	Little of the time	5	3831	38.8
	None of the time	6	3565	36.1
	N Missing			67
Q9g For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel worn out	All the time	1	175	1.8
	Most of the time	2	475	4.8
	A good bit of the time	3	1042	10.6
	Some of the time	4	2530	25.7
	Little of the time	5	3862	39.2
	None of the time	6	1775	18.0
	N Missing			80

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a happy person	All the time	1	1103	11.2
	Most of the time	2	5136	51.9
	A good bit of the time	3	1582	16.0
	Some of the time	4	1353	13.7
	Little of the time	5	544	5.5
	None of the time	6	169	1.7
	N Missing			53
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel tired	All the time	1	377	3.8
	Most of the time	2	812	8.2
	A good bit of the time	3	1424	14.4
	Some of the time	4	3385	34.2
	Little of the time	5	3422	34.6
	None of the time	6	464	4.7
	N Missing			44
Q10 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?	All the time	1	172	1.7
	Most of the time	2	472	4.8
	Some of the time	3	1402	14.2
	Little of the time	4	1828	18.5
	None of the time	5	6017	60.8
	N Missing			38
Q11a How true or false is each of the following statements for you? I seem to get sick a little easier than other people	Definitely true	1	157	1.6
	Mostly true	2	407	4.1
	Don't know	3	835	8.4
	Mostly false	4	2027	20.5
	Definitely false	5	6480	65.4
	N Missing			23
Q11b How true or false is each of the following statements for you? I am as healthy as anybody I know	Definitely true	1	3154	31.9
	Mostly true	2	4214	42.7
	Don't know	3	1131	11.5
	Mostly false	4	815	8.3
	Definitely false	5	561	5.7
	N Missing			50

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q11c How true or false is each of the following statements for you? I expect my health to get worse	Definitely true	1	412	4.2
	Mostly true	2	1480	15.0
	Don't know	3	3439	34.8
	Mostly false	4	1856	18.8
	Definitely false	5	2697	27.3
	N Missing			43
Q11d How true or false is each of the following statements for you? My health is excellent	Definitely true	1	1775	17.9
	Mostly true	2	5358	54.2
	Don't know	3	532	5.4
	Mostly false	4	1193	12.1
	Definitely false	5	1032	10.4
	N Missing			37
Q12a How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitioner (GP)	None	0	455	4.6
	Once or twice	1	3051	30.8
	3 or 4 times	2	3096	31.3
	5 or 6 times	3	1760	17.8
	7 to 12 times	4	1065	10.8
	13 to 24 times	5	367	3.7
	25 or more times	6	112	1.1
	N Missing			30
Q12b How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (eg in outpatients or casualty)	None	0	7957	80.5
	Once or twice	1	1475	14.9
	3 or 4 times	2	245	2.5
	5 or 6 times	3	108	1.1
	7 to 12 times	4	59	0.6
	13 to 24 times	5	21	0.2
	25 or more times	6	15	0.1
	N Missing			58

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q12c How many times have you consulted the following people for your own health in the last twelve months? A specialist doctor	None	0	4687	47.5
	Once or twice	1	3301	33.4
	3 or 4 times	2	1140	11.6
	5 or 6 times	3	404	4.1
	7 to 12 times	4	235	2.4
	13 to 24 times	5	63	0.6
	25 or more times	6	41	0.4
	N Missing			68
Q13a Have you consulted the following services for your own health in the last twelve months? A physiotherapist	Yes	1	2277	23.1
	No	2	7594	76.9
	N Missing			62
Q13b Have you consulted the following people for your own health in the last twelve months? Counsellor / Psychologist / Social worker	Yes	1	787	8.0
	No	2	9094	92.0
	N Missing			54
Q13c Have you consulted the following people for your own health in the last twelve months? A community nurse, practice nurse, or nurse practitioner	Yes	1	1144	11.6
	No	2	8681	88.4
	N Missing			122
Q13d Have you consulted the following people for your own health in the last twelve months? Optician / Optometrist	Yes	1	6112	61.9
	No	2	3757	38.1
	N Missing			64
Q13e Have you consulted the following people for your own health in the last twelve months? Hearing Specialist	Yes	1	951	9.6
	No	2	8920	90.4
	N Missing			62
Q13f Have you consulted the following people for your own health in the last twelve months? Dietitian	Yes	1	669	6.8
	No	2	9212	93.2
	N Missing			59
Q13g Have you consulted the following people for your own health in the last twelve months? Podiatrist	Yes	1	1918	19.4
	No	2	7970	80.6
	N Missing			52

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13h Have you consulted the following services for your own health in the last twelve months? Massage therapist	Yes	1	2362	23.9
	No	2	7526	76.1
	N Missing		48	
Q13i Have you consulted the following services for your own health in the last twelve months? Naturopath/ Herbalist	Yes	1	813	8.2
	No	2	9049	91.8
	N Missing		74	
Q13j Have you consulted the following people for your own health in the last twelve months? A Chiropractor	Yes	1	1380	14.0
	No	2	8495	86.0
	N Missing		57	
Q13k Have you consulted the following people for your own health in the last twelve months? Osteopath	Yes	1	437	4.4
	No	2	9423	95.6
	N Missing		78	
Q13l Have you consulted the following services for your own health in the last twelve months? Acupuncturist	Yes	1	590	6.0
	No	2	9286	94.0
	N Missing		63	
Q13m Have you consulted the following services for your own health in the last twelve months? Other alternative health practitioner (eg aromatherapist, homeopath, reflexologist, iridologist)	Yes	1	574	5.9
	No	2	9153	94.1
	N Missing		207	
Q14a How often have you used the following therapies for your own health in the last 12 months? Vitamins / Minerals	Never	1	2091	21.2
	Rarely	2	867	8.8
	Sometimes	3	1877	19.0
	Often	4	5043	51.1
	N Missing		58	
Q14b How often have you used the following therapies for your own health in the last 12 months? Yoga or Meditation	Never	1	7224	73.3
	Rarely	2	845	8.6
	Sometimes	3	996	10.1
	Often	4	792	8.0
	N Missing		75	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q14c How often have you used the following therapies for your own health in the last 12 months? Herbal medicines	Never	1	6246	63.2
	Rarely	2	1040	10.5
	Sometimes	3	1494	15.1
	Often	4	1100	11.1
	N Missing		64	
Q14d How often have you used the following therapies for your own health in the last 12 months? Aromatherapy oils	Never	1	7425	75.1
	Rarely	2	1028	10.4
	Sometimes	3	1067	10.8
	Often	4	366	3.7
	N Missing		54	
Q14e How often have you used the following therapies for your own health in the last 12 months? Chinese medicines	Never	1	9093	92.0
	Rarely	2	391	4.0
	Sometimes	3	303	3.1
	Often	4	94	1.0
	N Missing		61	
Q14f How often have you used the following therapies for your own health in the last 12 months? Prayer or spiritual healing	Never	1	6767	68.4
	Rarely	2	595	6.0
	Sometimes	3	1182	11.9
	Often	4	1355	13.7
	N Missing		46	
Q14g How often have you used the following therapies for your own health in the last 12 months? Other alternative therapies	Never	1	8413	85.8
	Rarely	2	570	5.8
	Sometimes	3	567	5.8
	Often	4	252	2.6
	N Missing		126	
Q15a When you go to a General Practitioner: Do you go to the same place	Always	1	7724	78.2
	Most of time	2	1926	19.5
	Sometimes	3	164	1.7
	Rarely/never	4	65	0.7
	N Missing		49	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q15b When you go to a General Practitioner: Do you usually see the same doctor	Always	1	4967	50.5
	Most of time	2	4068	41.3
	Sometimes	3	630	6.4
	Rarely/never	4	177	1.8
	N Missing		79	
Q16 How would you rate the cost of your last visit to a general practitioner?	No cost	1	4128	41.7
	Good	2	1645	16.6
	Fair	3	3167	32.0
	Poor	4	820	8.3
	Don't know	5	129	1.3
	N Missing		43	
Q17 Do you have a Health Care Card ? This is a card that entitles you to discounts and assistance with medical expenses. This is not the same as a Medicare card.	Yes	1	2968	30.0
	No	2	6928	70.0
	N Missing		33	
Q18a Do you have private health insurance for hospital cover?	Yes	1	6978	70.6
	No, Vet affairs	2	54	0.5
	No, cannot afford it	3	1784	18.0
	No, not good value	4	515	5.2
	No, don't need it	5	215	2.2
	No, other reason	6	342	3.5
	N Missing		53	
Q18b Do you have private health insurance for ancillary services? (eg. dental, physiotherapy)	Yes	1	6346	64.3
	No, Vet affairs	2	47	0.5
	No, cannot afford it	3	1892	19.2
	No, not good value	4	835	8.5
	No, don't need it	5	277	2.8
	No, services not available	6	15	0.1
	No, other reason	7	465	4.7
	N Missing		56	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q19 Have you been admitted to hospital in the last 12 months? (coding 0-2 in old 5 and old 6)	No	1	7545	76.2
	Yes, day only	2	1161	11.7
	Yes, spent at least one night	3	1194	12.1
	N Missing		32	
Q20a When did you last have: A pap test	In last 2 years	1	5810	59.4
	2 to 5 years	2	1170	12.0
	More than 5 yrs	3	2263	23.1
	Never	4	217	2.2
	Don't know	5	328	3.4
	N Missing		145	
Q20b When did you last have: A mammogram	In last 2 years	1	8128	82.6
	2 to 5 years	2	862	8.8
	More than 5 yrs	3	457	4.6
	Never	4	344	3.5
	Don't know	5	48	0.5
	N Missing		99	
Q21a Have you ever had an abnormal result from: A pap test (: Have you ever had an abnormal pap test?)	Yes	1	2039	20.9
	No	2	7551	77.3
	Don't know	3	181	1.9
	N Missing		167	
Q21b Have you ever had an abnormal result from: A mammogram	Yes	1	2214	22.8
	No	2	7363	75.8
	Don't know	3	142	1.5
	N Missing		205	
Q22a_doctor In the past three years, have you: Had your blood pressure checked? Doctor	No	0	621	6.3
	Yes	1	9287	93.7
	N Missing		19	
Q22a_nurse In the past three years, have you: Had your blood pressure checked? Nurse	No	0	8690	87.7
	Yes	1	1218	12.3
	N Missing		19	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q22a_other In the past three years, have you: Had your blood pressure checked? Other	No	0	9250	93.4
	Yes	1	659	6.6
	N Missing		19	
Q22a_not_check In the past three years, have you: Had your blood pressure checked? Not checked	No	0	9714	98.0
	Yes	1	195	2.0
	N Missing		19	
Q22b_doctor In the past three years, have you: Had your cholesterol checked? Doctor	No	0	1546	15.6
	Yes	1	8342	84.4
	N Missing		43	
Q22b_nurse In the past three years, have you: Had your cholesterol checked? Nurse	No	0	9683	97.9
	Yes	1	204	2.1
	N Missing		43	
Q22b_other In the past three years, have you: Had your cholesterol checked? Other	No	0	9640	97.5
	Yes	1	248	2.5
	N Missing		43	
Q22b_not_check In the past three years, have you: Had your cholesterol checked? Not checked	No	0	8692	87.9
	Yes	1	1195	12.1
	N Missing		43	
Q22c_doctor In the past three years, have you: Had your blood sugar level checked? Doctor	No	0	2196	22.2
	Yes	1	7688	77.8
	N Missing		55	
Q22c_nurse In the past three years, have you: Had your blood sugar level checked? Nurse	No	0	9505	96.2
	Yes	1	379	3.8
	N Missing		55	
Q22c_other In the past three years, have you: Had your blood sugar level checked? Other	No	0	9494	96.1
	Yes	1	390	3.9
	N Missing		55	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q22c_not_check In the past three years, have you: Had your blood sugar level checked? Not checked	No	0	8247	83.4
	Yes	1	1636	16.6
	N Missing		55	
Q22d_doctor In the past three years, have you: Had your skin checked (eg spots, lesions, moles)? Doctor	No	0	3862	39.1
	Yes	1	6022	60.9
	N Missing		51	
Q22d_nurse In the past three years, have you: Had your skin checked (eg spots, lesions, moles)? Nurse	No	0	9834	99.5
	Yes	1	51	0.5
	N Missing		51	
Q22d_other In the past three years, have you: Had your skin checked (eg spots, lesions, moles)? Other	No	0	9638	97.5
	Yes	1	246	2.5
	N Missing		51	
Q22d_not_check In the past three years, have you: Had your skin checked (eg spots, lesions, moles)? Not checked	No	0	6272	63.5
	Yes	1	3612	36.5
	N Missing		51	
Q23a In the past three years, have you: Had your breasts examined by a doctor or nurse?	Yes	1	6259	63.2
	No	2	3645	36.8
	N Missing		31	
Q23b In the past three years, have you: Carried out regular monthly breast self examination?	Yes	1	5260	53.2
	No	2	4629	46.8
	N Missing		46	
Q23c In the last three years, have you had: A Bone density test	Yes	1	2815	28.4
	No	2	7082	71.6
	N Missing		41	
Q23d In the past three years, have you: Had a test for bowel cancer?	Yes	1	3286	33.2
	No	2	6618	66.8
	N Missing		30	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q23e In the past three years, have you: Had a reminder from your general practice to have a screening test (eg blood pressure, cholesterol, blood sugar, skin)?	Yes	1	3729	38.0
	No	2	6096	62.0
	N Missing		107	
Q24a In the past three years, have you received advice/information about lifestyle changes from any of these sources? A doctor	Yes	1	4381	44.4
	No	2	5480	55.6
	N Missing		71	
Q24b In the past three years, have you received advice/information about lifestyle changes from any of these sources? A nurse	Yes	1	585	6.0
	No	2	9154	94.0
	N Missing		204	
Q24c In the past three years, have you received advice/information about lifestyle changes from any of these sources? Other health professional (eg physiotherapist, naturopath)	Yes	1	1775	18.1
	No	2	8038	81.9
	N Missing		130	
Q24d In the past three years, have you received advice/information about lifestyle changes from any of these sources? Program or organisation (eg weight loss program, gym, self help group)	Yes	1	2172	22.2
	No	2	7612	77.8
	N Missing		160	
Q24e In the past three years, have you received advice/information about lifestyle changes from any of these sources? Books, magazines	Yes	1	4983	50.7
	No	2	4845	49.3
	N Missing		111	
Q24f In the past three years, have you received advice/information about lifestyle changes from any of these sources? The internet	Yes	1	2415	24.7
	No	2	7364	75.3
	N Missing		167	
Q24g In the past three years, have you received advice/information about lifestyle changes from any of these sources? Television	Yes	1	3880	39.5
	No	2	5952	60.5
	N Missing		106	
Q24h In the past three years, have you received advice/information about lifestyle changes from any of these sources? Radio	Yes	1	2519	25.7
	No	2	7268	74.3
	N Missing		150	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q24i In the past three years, have you received advice/information about lifestyle changes from any of these sources? Family and friends	Yes	1	3765	38.3
	No	2	6063	61.7
	N Missing		115	
Q24j In the past three years, have you received advice/information about lifestyle changes from any of these sources? Private health fund	Yes	1	1735	17.7
	No	2	8090	82.3
	N Missing		111	
Q25a Are you currently taking: The oral contraceptive pill	Yes	1	8	0.1
	No	2	9894	99.9
	N Missing		31	
Q25b Are you currently taking: Hormone replacement therapy (HRT)?	Yes	1	1208	12.2
	No	2	8674	87.8
	N Missing		55	
Q26a Have you: Had a hysterectomy	Yes	1	3094	31.6
	No	2	6708	68.4
	N Missing		111	
Q26b Have you had: A period or menstrual bleeding in the last 12 months	Yes	1	83	0.8
	No	2	6698	68.0
	Not Applicable	8	3075	31.2
	N Missing		77	
Q26c Have you had: A period or menstrual bleeding in the last 3 months	Yes	1	42	0.4
	No	2	6720	68.3
	Not Applicable	8	3075	31.3
	N Missing		92	
Q27 Compared with 12 months ago, are your periods:	No period 12 months	0	6531	66.4
	Less frequent	1	27	0.3
	Same	2	184	1.9
	More frequent	3	1	0.0
	Changeable	4	14	0.1
	Had hysterectomy	8	3075	31.3
	N Missing		100	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q28 If you have reached menopause, at what age did your periods completely stop?	Mean		51.06	
	Std Error		0.06	
	N		6448	
	N Missing		3563	
Q28na Not Applicable, age periods completely stopped?	No	0	6776	68.6
	Yes	1	3098	31.4
	N Missing		60	
Q29 Have you ever had Gestational Diabetes (diabetes during pregnancy)?	Yes	1	376	3.8
	No	2	9503	96.2
	N Missing		52	
Q30a Thinking about your own health care, how would you rate the following: Access to medical specialists if you need them	Excellent	1	3163	32.0
	Very good	2	3370	34.1
	Good	3	1997	20.2
	Fair	4	787	8.0
	Poor	5	295	3.0
	Don't know	6	274	2.8
	N Missing		48	
Q30b Thinking about your own health care, how would you rate the following: Access to a hospital if you need it	Excellent	1	3448	34.9
	Very good	2	3345	33.8
	Good	3	2017	20.4
	Fair	4	609	6.2
	Poor	5	169	1.7
	Don't know	6	304	3.1
	N Missing		42	
Q30c Thinking about your own health care, how would you rate the following: Access to medical care in an emergency	Excellent	1	2882	29.2
	Very good	2	3130	31.7
	Good	3	2036	20.6
	Fair	4	807	8.2
	Poor	5	263	2.7
	Don't know	6	748	7.6
	N Missing		66	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30d Thinking about your own health care, how would you rate the following: Access to after-hours medical care				
	Excellent	1	1646	16.7
	Very good	2	2243	22.8
	Good	3	2136	21.7
	Fair	4	1575	16.0
	Poor	5	863	8.8
	Don't know	6	1394	14.1
	N Missing		88	
Q30e Thinking about your own health care, how would you rate the following: Access to a GP who bulk bills				
	Excellent	1	2534	25.7
	Very good	2	1784	18.1
	Good	3	1345	13.6
	Fair	4	900	9.1
	Poor	5	1839	18.6
	Don't know	6	1461	14.8
	N Missing		75	
Q30f Thinking about your own health care, how would you rate the following: Access to a female GP				
	Excellent	1	2871	29.1
	Very good	2	2394	24.3
	Good	3	1826	18.5
	Fair	4	946	9.6
	Poor	5	718	7.3
	Don't know	6	1097	11.1
	N Missing		90	
Q30g Thinking about your own health care, how would you rate the following: Hours when a GP is available				
	Excellent	1	1396	14.2
	Very good	2	2693	27.3
	Good	3	3112	31.6
	Fair	4	1715	17.4
	Poor	5	596	6.0
	Don't know	6	340	3.5
	N Missing		96	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30h Thinking about your own health care, how would you rate the following: Number of GPs you have to choose from				
	Excellent	1	1788	18.2
	Very good	2	2539	25.8
	Good	3	2851	29.0
	Fair	4	1502	15.3
	Poor	5	687	7.0
	Don't know	6	456	4.6
	N Missing		123	
Q30i Thinking about your own health care, how would you rate the following: Ease of seeing the GP of your choice				
	Excellent	1	1848	18.8
	Very good	2	2492	25.4
	Good	3	2721	27.7
	Fair	4	1719	17.5
	Poor	5	925	9.4
	Don't know	6	124	1.3
	N Missing		105	
Q30j Thinking about your own health care, how would you rate the following: How long you wait to get a GP appointment				
	Excellent	1	1296	13.2
	Very good	2	2471	25.1
	Good	3	2861	29.1
	Fair	4	2036	20.7
	Poor	5	1065	10.8
	Don't know	6	114	1.2
	N Missing		92	
Q30k Thinking about your own health care, how would you rate the following: The outcomes of your medical care (how much you are helped)				
	Excellent	1	2089	21.2
	Very good	2	3541	35.9
	Good	3	2956	30.0
	Fair	4	905	9.2
	Poor	5	158	1.6
	Don't know	6	211	2.1
	N Missing		79	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30l Thinking about your own health care, how would you rate the following: Ease of obtaining a mammogram				
	Excellent	1	3748	38.0
	Very good	2	3270	33.2
	Good	3	1867	18.9
	Fair	4	303	3.1
	Poor	5	120	1.2
	Don't know	6	545	5.5
	N Missing		73	
Q30m Thinking about your own health care, how would you rate the following: Ease of obtaining a Pap test				
	Excellent	1	3107	32.0
	Very good	2	2793	28.7
	Good	3	1729	17.8
	Fair	4	249	2.6
	Poor	5	81	0.8
	Don't know	6	1761	18.1
	N Missing		200	
Q30n Thinking about your own health care, how would you rate the following: Access to a counselling service if you need it				
	Excellent	1	1261	12.8
	Very good	2	1737	17.6
	Good	3	1514	15.3
	Fair	4	479	4.9
	Poor	5	194	2.0
	Don't know	6	4681	47.4
	N Missing		68	
Q31 In the past 12 months have you consulted a dentist?				
	No, I did not need to see a dentist	1	2190	22.2
	No, because no dentist available locally	2	23	0.2
	No, I could not get there, travel difficulties	3	12	0.1
	No, cost more than I could afford	4	531	5.4
	No, because of another reason	5	379	3.8
	Yes, I saw a dentist	6	6739	68.3
	N Missing		70	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32 How would you rate the overall condition of your teeth, dentures or gums?	Excellent	1	709	7.2
	Very good	2	2548	25.8
	Good	3	3839	38.8
	Fair	4	2249	22.8
	Poor	5	538	5.4
	N Missing		47	
Q33 There are 16 teeth, including wisdom teeth in the upper jaw. How many teeth do you have remaining in your upper jaw?	Mean		10.50	
	Std Error		0.05	
	N		9674	
	N Missing		337	
Q34 There are 16 teeth, including wisdom teeth in the lower jaw. How many teeth do you have remaining in your lower jaw?	Mean		11.61	
	Std Error		0.04	
	N		9769	
	N Missing		242	
Q35 Do you wear a denture or false teeth in your upper jaw?	Yes	1	3418	34.5
	No	2	6474	65.5
	N Missing		33	
Q36 Do you wear a denture or false teeth in your lower jaw?	Yes	1	1627	16.5
	No	2	8251	83.5
	N Missing		44	
Q37a In the last 12 months, have you: Slipped, tripped, or stumbled (not including falls to the ground)?	No	0	5469	55.8
	Yes	1	4336	44.2
	N Missing		121	
Q37b In the last 12 months, have you: Had a fall to the ground (does not include stumbles/trips)?	No	0	7138	72.8
	Yes	1	2667	27.2
	N Missing		121	
Q37c In the last 12 months, have you: Been injured as a result of a fall?	No	0	8384	85.5
	Yes	1	1421	14.5
	N Missing		121	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37d In the last 12 months, have you: Needed to seek medical attention (eg. Doctor, hospital) for an injury from a fall?	No	0	8874	90.5
	Yes	1	931	9.5
	N Missing		121	
Q37e In the last 12 months, have you: Had any other injury from an accident at your home? (eg. burns, cuts, bruises)	No	0	9343	95.3
	Yes	1	463	4.7
	N Missing		121	
Q37f In the last 12 months, have you: Broken or fractured any bone/s?	No	0	9372	95.6
	Yes	1	433	4.4
	N Missing		121	
Q37g In the last 12 months, have you: None of these accidents	At least one of these	0	4835	49.3
	None of these	1	4970	50.7
	N Missing		121	
Q38a In the last 3 years have you been diagnosed with or treated for: Diabetes (high blood sugar)	No	0	9067	92.2
	Yes	1	762	7.8
	N Missing		109	
Q38b In the past three years, have you been diagnosed or treated for: Impaired glucose tolerance	No	0	9549	97.1
	Yes	1	281	2.9
	N Missing		109	
Q38c In the last 3 years have you been diagnosed with or treated for: Osteoarthritis	No	0	8069	82.1
	Yes	1	1761	17.9
	N Missing		109	
Q38d In the last 3 years have you been diagnosed with or treated for: Rheumatoid arthritis	No	0	9361	95.2
	Yes	1	468	4.8
	N Missing		109	
Q38e In the last 3 years have you been diagnosed with or treated for: Other arthritis	No	0	8503	86.5
	Yes	1	1326	13.5
	N Missing		109	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q38f In the past three years, have you been diagnosed or treated for: Heart disease (including heart attack, angina)	No	0	9411	95.7
	Yes	1	418	4.3
	N Missing		109	
Q38g In the past three years, have you been diagnosed or treated for: Thrombosis (a blood clot)	No	0	9677	98.4
	Yes	1	153	1.6
	N Missing		109	
Q38h In the past three years, have you been diagnosed or treated for: High blood pressure (hypertension)	No	0	6942	70.6
	Yes	1	2887	29.4
	N Missing		109	
Q38i In the past three years, have you been diagnosed or treated for: Stroke	No	0	9737	99.1
	Yes	1	92	0.9
	N Missing		109	
Q38j In the past three years, have you been diagnosed or treated for: Low iron level (iron deficiency or anaemia)	No	0	9115	92.7
	Yes	1	714	7.3
	N Missing		109	
Q38k In the past three years, have you been diagnosed or treated for: Asthma	No	0	8767	89.2
	Yes	1	1062	10.8
	N Missing		109	
Q38l In the past three years, have you been diagnosed or treated for: Bronchitis/emphysema	No	0	9160	93.2
	Yes	1	669	6.8
	N Missing		109	
Q38m In the past three years, have you been diagnosed or treated for: Osteoporosis	No	0	9077	92.3
	Yes	1	752	7.7
	N Missing		109	
Q38n In the past three years, have you been diagnosed or treated for: Breast cancer	No	0	9603	97.7
	Yes	1	227	2.3
	N Missing		109	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q38o In the past three years, have you been diagnosed or treated for: Cervical cancer	No	0	9788	99.6
	Yes	1	41	0.4
	N Missing		109	
Q38p In the last 3 years have you been diagnosed with or treated for: Skin cancer	No	0	8473	86.2
	Yes	1	1356	13.8
	N Missing		109	
Q38q In the past three years, have you been diagnosed or treated for: Other cancer	No	0	9654	98.2
	Yes	1	175	1.8
	N Missing		109	
Q38r In the past three years, have you been diagnosed or treated for: Depression	No	0	8583	87.3
	Yes	1	1246	12.7
	N Missing		109	
Q38s In the past three years, have you been diagnosed or treated for: Anxiety/nervous disorder	No	0	8768	89.2
	Yes	1	1061	10.8
	N Missing		109	
Q38t In the past three years, have you been diagnosed or treated for: Other psychiatric disorder	No	0	9728	99.0
	Yes	1	101	1.0
	N Missing		109	
Q38u In the past three years, have you been diagnosed or treated for: Chronic Fatigue Syndrome	No	0	9680	98.5
	Yes	1	150	1.5
	N Missing		109	
Q38v In the past three years, have you been diagnosed or treated for: Sexually transmitted infection (eg genital herpes or warts, chlamydia)	No	0	9721	98.9
	Yes	1	108	1.1
	N Missing		109	
Q38w In the past three years, have you been diagnosed or treated for: Other major illness or disability (please specify on line)	No	0	9185	93.5
	Yes	1	644	6.5
	N Missing		109	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q38x In the past three years, have you been diagnosed or treated for: None of these conditions	At least one of these	0	7127	72.5
	None of these	1	2702	27.5
	N Missing		109	
Q39a Compared with when you were in your twenties, how good are you at: Remembering the name of a person just introduced to you?	Much better	1	105	1.1
	Somewhat better	2	236	2.4
	About the same	3	4376	44.2
	Somewhat worse	4	4162	42.0
	Much worse	5	1024	10.3
	N Missing		21	
Q39b Compared with when you were in your twenties, how good are you at: Recalling telephone numbers or other numbers that you use on a daily or weekly basis?	Much better	1	199	2.0
	Somewhat better	2	379	3.8
	About the same	3	6030	60.9
	Somewhat worse	4	2674	27.0
	Much worse	5	615	6.2
	N Missing		26	
Q39c Compared with when you were in your twenties, how good are you at: Recalling where you put objects (such as keys) in your home?	Much better	1	97	1.0
	Somewhat better	2	206	2.1
	About the same	3	5187	52.4
	Somewhat worse	4	3784	38.3
	Much worse	5	618	6.2
	N Missing		30	
Q39d Compared with when you were in your twenties, how good are you at: Remembering specific facts from a newspaper or magazine article you have just finished reading?	Much better	1	108	1.1
	Somewhat better	2	347	3.5
	About the same	3	5290	53.4
	Somewhat worse	4	3551	35.9
	Much worse	5	604	6.1
	N Missing		24	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q39e Compared with when you were in your twenties, how good are you at: Remembering the item(s) you intend to buy when you arrive at the shops?	Much better	1	98	1.0
	Somewhat better	2	293	3.0
	About the same	3	5216	52.7
	Somewhat worse	4	3740	37.8
	Much worse	5	551	5.6
	N Missing		23	
Q39f Compared with when you were in your twenties, how good are you at: In general, how would you describe your memory compared to when you were in your twenties?	Much better	1	75	0.8
	Somewhat better	2	187	1.9
	About the same	3	3378	34.1
	Somewhat worse	4	5186	52.4
	Much worse	5	1076	10.9
	N Missing		21	
Q40a Have you had any of the following operations or procedures? Yes, in the last 3 years Both ovaries removed	No	0	9638	98.7
	Yes	1	129	1.3
	N Missing		173	
Q40b Have you had any of the following operations or procedures? Yes, in the last 3 years Repair of prolapsed vagina, bladder or bowel	No	0	9438	96.6
	Yes	1	329	3.4
	N Missing		173	
Q40c In the past three years, have you had any of the following operations? Endometrial ablation (removal of the lining of the uterus)	No	0	9709	99.4
	Yes	1	58	0.6
	N Missing		173	
Q40d In the past three years, have you had any of the following operations or procedures? Joint replacement (eg hip, knee)	No	0	9474	97.0
	Yes	1	293	3.0
	N Missing		173	
Q40e In the past three years, have you had any of the following operations? Mastectomy (removal of one or both breasts)	No	0	9689	99.2
	Yes	1	79	0.8
	N Missing		173	
Q40f In the past three years, have you had any of the following operations? Lumpectomy (removal of lump from breast)	No	0	9638	98.7
	Yes	1	130	1.3
	N Missing		173	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q40g In the past three years, have you had any of the following operations or procedures? Removal of skin cancer	No	0	8208	84.0
	Yes	1	1560	16.0
	N Missing		173	
Q40h In the past three years, have you had any of the following operations or procedures? Any cancer surgery (other than skin or breast)	No	0	9641	98.7
	Yes	1	127	1.3
	N Missing		173	
Q40i In the past three years, have you had any of the following operations or procedures? Chemotherapy or radiotherapy for any cancer	No	0	9564	97.9
	Yes	1	204	2.1
	N Missing		173	
Q40j In the past three years, have you had any of the following operations? Breast biopsy (taking sample of breast tissue)	No	0	9452	96.8
	Yes	1	315	3.2
	N Missing		173	
Q40k In the past three years, have you had any of the following operations or procedures? Hysteroscopy (investigative procedure to examine the uterus)	No	0	9585	98.1
	Yes	1	183	1.9
	N Missing		173	
Q40l Have you had any of the following operations or procedures? Yes, in the last 3 years Cholecystectomy (gall bladder removed)	No	0	9586	98.1
	Yes	1	182	1.9
	N Missing		173	
Q40m In the past three years, have you had any of the following operations? Gastroscopy/colonoscopy	No	0	7737	79.2
	Yes	1	2030	20.8
	N Missing		173	
Q40n Have you had any of the following operations or procedures? Yes, in the last 3 years None of these operations or procedures	At least one of these	0	4055	41.5
	None of these	1	5712	58.5
	N Missing		173	
Q41a Do you have any of these sleeping problems? Waking up in the early hours of the morning	No	0	4385	44.6
	Yes	1	5440	55.4
	N Missing		97	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q41b Do you have any of these sleeping problems? Lying awake for most of the night	No	0	8410	85.6
	Yes	1	1415	14.4
	N Missing		97	
Q41c Do you have any of these sleeping problems? Taking a long time to get to sleep	No	0	6732	68.5
	Yes	1	3093	31.5
	N Missing		97	
Q41d Do you have any of these sleeping problems? Worry keeping you awake at night	No	0	7786	79.2
	Yes	1	2040	20.8
	N Missing		97	
Q41e Do you have any of these sleeping problems? Sleeping badly at night	No	0	6230	63.4
	Yes	1	3595	36.6
	N Missing		97	
Q41f Do you have any of these sleeping problems? None of these problems	At least one of these	0	7425	75.6
	None of these	1	2400	24.4
	N Missing		97	
Q42a In the past four weeks, have you taken any: Medications prescribed by a doctor?	Yes	1	6999	71.0
	No	2	2852	29.0
	N Missing		76	
Q42b In the past four weeks, have you taken any: Medications / vitamins / supplements or herbal therapies bought without a prescription at the chemist, supermarket, or health food shop?	Yes	1	6559	68.6
	No	2	2996	31.4
	N Missing		401	
Q44 In the past week, have you been feeling that life isn't worth living?	Yes	1	590	6.0
	No	2	9278	94.0
	N Missing		62	
Q45 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you?	Yes	1	45	0.5
	No	2	9835	99.5
	N Missing		50	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46Aa In the last 12 months have you had any of the following: Allergies, hayfever, sinusitis	Never	1	3984	40.8
	Rarely	2	1720	17.6
	Sometimes	3	2869	29.3
	Often	4	1202	12.3
	N Missing		165	
Q46Ab In the last 12 months, have you had any of the following: Breathing difficulty	Never	1	6820	70.3
	Rarely	2	1379	14.2
	Sometimes	3	1230	12.7
	Often	4	269	2.8
	N Missing		261	
Q46Ac In the last 12 months, have you had any of the following: Indigestion/heartburn	Never	1	4256	43.7
	Rarely	2	2214	22.7
	Sometimes	3	2407	24.7
	Often	4	859	8.8
	N Missing		183	
Q46Ad In the last 12 months, have you had any of the following: Chest pain	Never	1	7447	77.7
	Rarely	2	1291	13.5
	Sometimes	3	777	8.1
	Often	4	68	0.7
	N Missing		344	
Q46Ae In the last 12 months, have you had any of the following: Headaches/migraines	Never	1	2510	25.6
	Rarely	2	3642	37.2
	Sometimes	3	2974	30.4
	Often	4	671	6.9
	N Missing		129	
Q46Af In the last twelve months have you had any of the following? Severe tiredness	Never	1	3114	32.0
	Rarely	2	2591	26.6
	Sometimes	3	2925	30.1
	Often	4	1100	11.3
	N Missing		197	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46Ag In the last 12 months, have you had any of the following: Stiff or painful joints	Never	1	1800	18.4
	Rarely	2	1730	17.7
	Sometimes	3	3731	38.1
	Often	4	2525	25.8
	N Missing		138	
Q46Ah In the last 12 months, have you had any of the following: Back pain	Never	1	2250	22.9
	Rarely	2	2235	22.8
	Sometimes	3	3473	35.4
	Often	4	1851	18.9
	N Missing		120	
Q46Ai In the last 12 months, have you had any of the following: Urine that burns or stings	Never	1	7624	78.2
	Rarely	2	1433	14.7
	Sometimes	3	594	6.1
	Often	4	102	1.0
	N Missing		164	
Q46Aj In the last 12 months, have you had any of the following: Haemorrhoids (piles)	Never	1	6891	70.6
	Rarely	2	1378	14.1
	Sometimes	3	1101	11.3
	Often	4	388	4.0
	N Missing		167	
Q46Ak In the last 12 months, have you had any of the following: Other bowel problems	Never	1	6652	68.3
	Rarely	2	1267	13.0
	Sometimes	3	1311	13.5
	Often	4	503	5.2
	N Missing		187	
Q46Al In the last 12 months, have you had any of the following: Vaginal discharge or irritation	Never	1	7905	81.0
	Rarely	2	1148	11.8
	Sometimes	3	593	6.1
	Often	4	109	1.1
	N Missing		169	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46Am In the last 12 months, have you had any of the following: Hot flushes	Never	1	4777	48.7
	Rarely	2	1679	17.1
	Sometimes	3	2121	21.6
	Often	4	1229	12.5
	N Missing		123	
Q46An In the last 12 months, have you had any of the following: Night sweats	Never	1	5622	57.6
	Rarely	2	1586	16.2
	Sometimes	3	1659	17.0
	Often	4	901	9.2
	N Missing		160	
Q46Ao In the last 12 months, have you had any of the following: Eyesight problems	Never	1	3770	38.8
	Rarely	2	1955	20.1
	Sometimes	3	2924	30.1
	Often	4	1071	11.0
	N Missing		220	
Q46Ap In the last 12 months, have you had any of the following: Leaking urine	Never	1	5294	54.0
	Rarely	2	1928	19.7
	Sometimes	3	1911	19.5
	Often	4	668	6.8
	N Missing		131	
Q46Aq In the last 12 months have you had any of the following: Mouth, teeth or gum problems	Never	1	4842	49.4
	Rarely	2	2438	24.9
	Sometimes	3	2089	21.3
	Often	4	425	4.3
	N Missing		129	
Q46Ar In the last 12 months have you had any of the following: Avoided eating some foods because of problems with your teeth, mouth or dentures	Never	1	7020	71.7
	Rarely	2	1280	13.1
	Sometimes	3	1134	11.6
	Often	4	361	3.7
	N Missing		133	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46As In the last 12 months have you had any of the following: Toothache	Never	1	6967	71.1
	Rarely	2	1877	19.2
	Sometimes	3	865	8.8
	Often	4	92	0.9
	N Missing		111	
Q46At In the last 12 months, have you had any of the following: Hearing problems	Never	1	6454	65.8
	Rarely	2	1349	13.8
	Sometimes	3	1417	14.5
	Often	4	581	5.9
	N Missing		123	
Q46Au In the last 12 months have you had any of the following? Depression	Never	1	6296	64.1
	Rarely	2	1495	15.2
	Sometimes	3	1491	15.2
	Often	4	545	5.5
	N Missing		100	
Q46Av In the last 12 months have you had any of the following? Anxiety	Never	1	5154	52.5
	Rarely	2	2182	22.2
	Sometimes	3	1969	20.1
	Often	4	508	5.2
	N Missing		115	
Q46Aw In the last 12 months, have you had any of the following: Episodes of intense anxiety (eg panic attacks)	Never	1	7921	81.0
	Rarely	2	1161	11.9
	Sometimes	3	550	5.6
	Often	4	142	1.5
	N Missing		164	
Q46Ax In the last 12 months, have you had any of the following: Palpitations (feeling that your heart is racing or fluttering in your chest)	Never	1	5999	61.2
	Rarely	2	2008	20.5
	Sometimes	3	1575	16.1
	Often	4	225	2.3
	N Missing		113	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46Ay In the last 12 months have you had any of the following: Poor memory	Never	1	3099	31.5
	Rarely	2	3003	30.5
	Sometimes	3	3174	32.2
	Often	4	570	5.8
	N Missing		78	
Q46Az In the last 12 months have you had any of the following? Dizziness, loss of balance	Never	1	5816	59.1
	Rarely	2	2279	23.1
	Sometimes	3	1530	15.5
	Often	4	223	2.3
	N Missing		83	
Q46Aaa In the last 12 months have you had any of the following? Difficulty concentrating	Never	1	4347	44.1
	Rarely	2	3010	30.6
	Sometimes	3	2160	21.9
	Often	4	331	3.4
	N Missing		79	
Q46Ba For the problems you had, did you seek help? Allergies, hayfever, sinusitis	No	0	4273	43.7
	Yes	1	1531	15.7
	Not Applicable	8	3977	40.7
	N Missing		156	
Q46Bb For the problems you had, did you seek help? Breathing difficulty	No	0	1997	20.6
	Yes	1	892	9.2
	Not Applicable	8	6815	70.2
	N Missing		254	
Q46Bc For the problems you had, did you seek help? Indigestion/heartburn	No	0	4335	44.5
	Yes	1	1160	11.9
	Not Applicable	8	4249	43.6
	N Missing		175	
Q46Bd For the problems you had, did you seek help? Chest pain	No	0	1574	16.4
	Yes	1	575	6.0
	Not Applicable	8	7438	77.6
	N Missing		339	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46Be For the problems you had, did you seek help? Headaches/migraines	No	0	6619	67.5
	Yes	1	675	6.9
	Not Applicable	8	2506	25.6
	N Missing		127	
Q46Bf For the problems you had, did you seek help? Severe tiredness	No	0	5882	60.4
	Yes	1	740	7.6
	Not Applicable	8	3112	32.0
	N Missing		193	
Q46Bg For the problems you had, did you seek help? Stiff or painful joints	No	0	5934	60.6
	Yes	1	2060	21.0
	Not Applicable	8	1796	18.3
	N Missing		131	
Q46Bh For the problems you had, did you seek help? Back pain	No	0	5651	57.6
	Yes	1	1920	19.6
	Not Applicable	8	2243	22.9
	N Missing		113	
Q46Bi For the problems you had, did you seek help? Urine that burns or stings	No	0	1579	16.2
	Yes	1	561	5.7
	Not Applicable	8	7619	78.1
	N Missing		160	
Q46Bj For the problems you had, did you seek help? Haemorrhoids (piles)	No	0	2579	26.4
	Yes	1	296	3.0
	Not Applicable	8	6889	70.6
	N Missing		163	
Q46Bk For the problems you had, did you seek help? Other bowel problems	No	0	2322	23.8
	Yes	1	763	7.8
	Not Applicable	8	6651	68.3
	N Missing		186	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46BI For the problems you had, did you seek help? Vaginal discharge or irritation	No	0	1491	15.3
	Yes	1	367	3.8
	Not Applicable	8	7901	81.0
	N Missing		167	
Q46Bm For the problems you had, did you seek help? Hot flushes	No	0	4523	46.1
	Yes	1	517	5.3
	Not Applicable	8	4769	48.6
	N Missing		119	
Q46Bn For the problems you had, did you seek help? Night sweats	No	0	3760	38.5
	Yes	1	391	4.0
	Not Applicable	8	5619	57.5
	N Missing		159	
Q46Bo For the problems you had, did you seek help? Eyesight problems	No	0	3866	39.7
	Yes	1	2119	21.7
	Not Applicable	8	3759	38.6
	N Missing		195	
Q46Bp For the problems you had, did you seek help? Leaking urine	No	0	4104	41.8
	Yes	1	411	4.2
	Not Applicable	8	5292	54.0
	N Missing		127	
Q46Bq For the problems you had, did you seek help? Mouth, teeth or gums	No	0	3120	31.8
	Yes	1	1849	18.9
	Not Applicable	8	4835	49.3
	N Missing		121	
Q46Br For the problems you had, did you seek help? Avoided eating some foods because of problems with your teeth, mouth or dentures	No	0	2515	25.7
	Yes	1	269	2.7
	Not Applicable	8	7017	71.6
	N Missing		130	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46Bs For the problems you had, did you seek help? Toothache	No	0	1864	19.0
	Yes	1	999	10.2
	Not Applicable	8	6942	70.8
	N Missing		108	
Q46Bt For the problems you had, did you seek help? Hearing problems	No	0	2832	28.9
	Yes	1	524	5.3
	Not Applicable	8	6450	65.8
	N Missing		119	
Q46Bu For the problems you had, did you seek help? Depression	No	0	2676	27.2
	Yes	1	862	8.8
	Not Applicable	8	6294	64.0
	N Missing		96	
Q46Bv For the problems you had, did you seek help? anxiety	No	0	3858	39.3
	Yes	1	812	8.3
	Not Applicable	8	5148	52.4
	N Missing		111	
Q46Bw For the problems you had, did you seek help? Episodes of intense anxiety (eg panic attacks)	No	0	1490	15.2
	Yes	1	370	3.8
	Not Applicable	8	7915	81.0
	N Missing		162	
Q46Bx For the problems you had, did you seek help? Palpitations (feeling that your heart is racing or fluttering in your chest)	No	0	3181	32.4
	Yes	1	632	6.4
	Not Applicable	8	5997	61.1
	N Missing		109	
Q46By For the problems you had, did you seek help? Poor memory	No	0	6603	67.0
	Yes	1	147	1.5
	Not Applicable	8	3099	31.5
	N Missing		77	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46Bz For the problems you had, did you seek help? Dizziness, loss of balance	No	0	3334	33.8
	Yes	1	708	7.2
	Not Applicable	8	5811	59.0
	N Missing		80	
Q46Baa For the problems you had, did you seek help? Difficulty concentrating	No	0	5342	54.2
	Yes	1	164	1.7
	Not Applicable	8	4347	44.1
	N Missing		77	
Q47a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health	Not stressed	2	4787	49.7
	Somewhat stressed	3	3248	33.7
	Moderately stressed	4	1127	11.7
	Very stressed	5	366	3.8
	Extremely stressed	6	101	1.0
	N Missing		301	
Q47b Over the last 12 months, how stressed have you felt about the following areas of your life: Health of other family members	Not applicable	1	322	3.3
	Not stressed	2	2893	29.6
	Somewhat stressed	3	3679	37.7
	Moderately stressed	4	1432	14.7
	Very stressed	5	958	9.8
	Extremely stressed	6	474	4.9
	N Missing		182	
Q47c Over the last 12 months, how stressed have you felt about the following areas of your life: Work/Employment	Not applicable	1	3835	39.2
	Not stressed	2	2674	27.3
	Somewhat stressed	3	1930	19.7
	Moderately stressed	4	747	7.6
	Very stressed	5	459	4.7
	Extremely stressed	6	138	1.4
	N Missing		147	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q47d Over the last 12 months, how stressed have you felt about the following areas of your life: Living arrangements	Not stressed	2	7285	78.0
	Somewhat stressed	3	1337	14.3
	Moderately stressed	4	406	4.3
	Very stressed	5	207	2.2
	Extremely stressed	6	101	1.1
	N Missing		608	
	Q47e Over the last 12 months, how stressed have you felt about the following areas of your life: Study	Not applicable	1	7462
Not stressed		2	2016	20.6
Somewhat stressed		3	206	2.1
Moderately stressed		4	58	0.6
Very stressed		5	20	0.2
Extremely stressed		6	8	0.1
N Missing			172	
Q47f Over the last 12 months, how stressed have you felt about the following areas of your life: Money		Not stressed	2	4779
	Somewhat stressed	3	3118	32.5
	Moderately stressed	4	986	10.3
	Very stressed	5	481	5.0
	Extremely stressed	6	216	2.3
	N Missing		341	
	Q47g Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with parents	Not applicable	1	5740
Not stressed		2	2698	27.4
Somewhat stressed		3	864	8.8
Moderately stressed		4	310	3.1
Very stressed		5	170	1.7
Extremely stressed		6	75	0.8
N Missing			83	
Q47h Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with partner/spouse		Not applicable	1	2078
	Not stressed	2	4967	50.5
	Somewhat stressed	3	1903	19.3
	Moderately stressed	4	498	5.1
	Very stressed	5	260	2.6
	Extremely stressed	6	137	1.4
	N Missing		105	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q47i Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with children	Not applicable	1	1036	10.5
	Not stressed	2	5447	55.2
	Somewhat stressed	3	2458	24.9
	Moderately stressed	4	567	5.7
	Very stressed	5	239	2.4
	Extremely stressed	6	121	1.2
	N Missing		71	
Q47j Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members	Not applicable	1	745	7.6
	Not stressed	2	6258	63.5
	Somewhat stressed	3	2105	21.4
	Moderately stressed	4	443	4.5
	Very stressed	5	208	2.1
	Extremely stressed	6	98	1.0
	N Missing		80	
Q48a How much do you agree or disagree with each of the following statements? At home, I feel I have control over what happens in most situations	Strongly disagree	1	109	1.1
	Disagree	2	407	4.1
	Slightly disagree	3	554	5.6
	Slightly agree	4	912	9.2
	Agree	5	5502	55.7
	Strongly agree	6	2390	24.2
	N Missing		60	
Q48b How much do you agree or disagree with each of the following statements? I feel that what happens in my life is often determined by factors beyond my control	Strongly disagree	1	909	9.2
	Disagree	2	2625	26.6
	Slightly disagree	3	869	8.8
	Slightly agree	4	2529	25.7
	Agree	5	2468	25.0
	Strongly agree	6	456	4.6
	N Missing		93	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q48c How much do you agree or disagree with each of the following statements? Over the next 5-10 years I expect to have more positive than negative experiences	Strongly disagree	1	110	1.1
	Disagree	2	481	4.9
	Slightly disagree	3	761	7.7
	Slightly agree	4	1642	16.7
	Agree	5	4947	50.3
	Strongly agree	6	1894	19.3
	N Missing			99
Q48d How much do you agree or disagree with each of the following statements? I often have the feeling that I am being treated unfairly	Strongly disagree	1	2488	25.2
	Disagree	2	4224	42.8
	Slightly disagree	3	856	8.7
	Slightly agree	4	1514	15.3
	Agree	5	608	6.2
	Strongly agree	6	178	1.8
	N Missing			72
Q48e How much do you agree or disagree with each of the following statements? In the past 10 years my life has been full of changes without my knowing what will happen next	Strongly disagree	1	1372	13.9
	Disagree	2	3321	33.7
	Slightly disagree	3	856	8.7
	Slightly agree	4	2062	20.9
	Agree	5	1677	17.0
	Strongly agree	6	569	5.8
	N Missing			75
Q48f How much do you agree or disagree with each of the following statements? I gave up trying to make big improvements or changes in my life a long time ago	Strongly disagree	1	2542	25.8
	Disagree	2	4042	41.0
	Slightly disagree	3	882	8.9
	Slightly agree	4	1283	13.0
	Agree	5	935	9.5
	Strongly agree	6	174	1.8
	N Missing			82

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q49a Thinking about your current approach to life, please indicate how much you think each statement describes you: In uncertain times, I usually expect the best	Strongly disagree	1	140	1.4
	Disagree	2	1233	12.6
	Neutral	3	3037	31.0
	Agree	4	4481	45.7
	Strongly agree	5	905	9.2
	N Missing			143
Q49b Thinking about your current approach to life, please indicate how much you think each statement describes you: If something can go wrong for me, it will	Strongly disagree	1	1965	20.1
	Disagree	2	4536	46.3
	Neutral	3	1904	19.4
	Agree	4	1267	12.9
	Strongly agree	5	129	1.3
	N Missing			127
Q49c Thinking about your current approach to life, please indicate how much you think each statement describes you: I'm always optimistic about my future	Strongly disagree	1	93	0.9
	Disagree	2	853	8.7
	Neutral	3	2220	22.6
	Agree	4	5467	55.8
	Strongly agree	5	1170	11.9
	N Missing			133
Q49d Thinking about your current approach to life, please indicate how much you think each statement describes you: I hardly ever expect things to go my way	Strongly disagree	1	1973	20.1
	Disagree	2	4860	49.5
	Neutral	3	1847	18.8
	Agree	4	1036	10.6
	Strongly agree	5	98	1.0
	N Missing			120
Q49e Thinking about your current approach to life, please indicate how much you think each statement describes you: I rarely count on good things happening to me	Strongly disagree	1	2129	21.7
	Disagree	2	4619	47.0
	Neutral	3	1715	17.5
	Agree	4	1210	12.3
	Strongly agree	5	146	1.5
	N Missing			121

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q49f Thinking about your current approach to life, please indicate how much you think each statement describes you: Overall, I expect more good things to happen to me than bad	Strongly disagree	1	105	1.1
	Disagree	2	513	5.2
	Neutral	3	1469	14.9
	Agree	4	5833	59.3
	Strongly agree	5	1918	19.5
	N Missing		100	
Q51Aa Which of the following events have you experienced? In the last 12 months Major personal illness	No	0	9149	92.4
	Yes	1	756	7.6
	N Missing		24	
Q51Ab Which of the following events have you experienced? In the last 12 months Major personal injury or involvement in a serious accident	No	0	9689	97.8
	Yes	1	216	2.2
	N Missing		24	
Q51Ac Which of the following events have you experienced: in the last 12 months Major personal achievement	No	0	8986	90.7
	Yes	1	919	9.3
	N Missing		24	
Q51Ad Which of the following events have you experienced? In the last 12 months Birth of a grandchild	No	0	7862	79.4
	Yes	1	2043	20.6
	N Missing		24	
Q51Ae Which of the following events have you experienced? In the last 12 months Major surgery (not including dental work)	No	0	9212	93.0
	Yes	1	693	7.0
	N Missing		24	
Q51Af Which of the following events have you experienced? In the last 12 months Going through menopause	No	0	9384	94.7
	Yes	1	521	5.3
	N Missing		24	
Q51Ag Which of the following events have you experienced? In the last 12 months Major decline in health of spouse or partner	No	0	9049	91.4
	Yes	1	856	8.6
	N Missing		24	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q51Ah Which of the following events have you experienced? In the last 12 months Major decline in health of other close family member or close friend	No	0	7116	71.8
	Yes	1	2789	28.2
	N Missing		24	
Q51Ai Which of the following events have you experienced? In the last 12 months Starting a new, close personal relationship	No	0	9739	98.3
	Yes	1	166	1.7
	N Missing		24	
Q51Aj Which of the following events have you experienced? In the last 12 months Infidelity of spouse or partner	No	0	9813	99.1
	Yes	1	92	0.9
	N Missing		24	
Q51Ak Which of the following events have you experienced? In the last 12 months Break-up of a close personal relationship	No	0	9650	97.4
	Yes	1	255	2.6
	N Missing		24	
Q51Al Which of the following events have you experienced? In the last 12 months Divorce	No	0	9845	99.4
	Yes	1	60	0.6
	N Missing		24	
Q51Am Which of the following events have you experienced? In the last 12 months Major conflict with teenage or older children	No	0	9192	92.8
	Yes	1	713	7.2
	N Missing		24	
Q51An Which of the following events have you experienced? In the last 12 months Child or family member leaving home (due to marriage, to attend university etc)	No	0	9478	95.7
	Yes	1	427	4.3
	N Missing		24	
Q51Ao Which of the following events have you experienced? In the last 12 months Death of spouse or partner	No	0	9822	99.2
	Yes	1	83	0.8
	N Missing		24	
Q51Ap Which of the following events have you experienced? In the last 12 months Death of child	No	0	9856	99.5
	Yes	1	49	0.5
	N Missing		24	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q51Aq Which of the following events have you experienced? In the last 12 months Death of other close family member	No	0	8681	87.6
	Yes	1	1224	12.4
	N Missing		24	
Q51Ar Which of the following events have you experienced? In the last 12 months Death of close friend	No	0	8867	89.5
	Yes	1	1038	10.5
	N Missing		24	
Q51As Which of the following events have you experienced? In the last 12 months Changing your type of work/hours/conditions/responsibilities at work	No	0	8365	84.5
	Yes	1	1540	15.5
	N Missing		24	
Q51At Which of the following events have you experienced: in the last 12 months Retirement	No	0	9321	94.1
	Yes	1	584	5.9
	N Missing		24	
Q51Au Which of the following events have you experienced: in the last 12 months Your spouse or partner retiring from work	No	0	9330	94.2
	Yes	1	575	5.8
	N Missing		24	
Q51Av Which of the following events have you experienced: In the last 12 months Being made redundant	No	0	9747	98.4
	Yes	1	158	1.6
	N Missing		24	
Q51Aw Which of the following events have you experienced: In the last 12 months Your spouse/partner being made redundant	No	0	9771	98.7
	Yes	1	134	1.3
	N Missing		24	
Q51Ax Which of the following events have you experienced? In the last 12 months Decreased income	No	0	8001	80.8
	Yes	1	1904	19.2
	N Missing		24	
Q51Ay Which of the following events have you experienced? In the last 12 months Moving house	No	0	9136	92.2
	Yes	1	769	7.8
	N Missing		24	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q51Az Which of the following events have you experienced? In the last 12 months Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	9720	98.1
	Yes	1	185	1.9
	N Missing		24	
Q51Aaa Which of the following events have you experienced? In the last 12 months Major loss or damage to personal property	No	0	9766	98.6
	Yes	1	139	1.4
	N Missing		24	
Q51Abb Which of the following events have you experienced? In the last 12 months Being robbed	No	0	9723	98.2
	Yes	1	182	1.8
	N Missing		24	
Q51Acc Which of the following events have you experienced? In the last 12 months Being pushed, grabbed, shoved, kicked or hit	No	0	9822	99.2
	Yes	1	83	0.8
	N Missing		24	
Q51Add Which of the following events have you experienced? In the last 12 months Being forced to take part in unwanted sexual activity	No	0	9857	99.5
	Yes	1	48	0.5
	N Missing		24	
Q51Aee Which of the following events have you experienced? In the last 12 months Legal troubles or involved in a court case	No	0	9612	97.0
	Yes	1	293	3.0
	N Missing		24	
Q51Aff Which of the following events have you experienced? In the last 12 months Family member/close personal friend being arrested/in gaol	No	0	9746	98.4
	Yes	1	159	1.6
	N Missing		24	
Q51Agg Which of the following events have you experienced: In the last 12 months You or a family member involved in problem gambling	No	0	9715	98.1
	Yes	1	190	1.9
	N Missing		24	
Q51Ba Have you experienced any of the following events? Yes, more than 12 months ago Major personal illness	No	0	7246	73.2
	Yes	1	2659	26.8
	N Missing		24	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q51Bb Which of the following events have you experienced? More than 12 months ago Major personal injury or involvement in a serious accident	No	0	8994	90.8
	Yes	1	911	9.2
	N Missing		24	
Q51Bc Which of the following events have you experienced: more than 12 months ago Major personal achievement	No	0	8139	82.2
	Yes	1	1766	17.8
	N Missing		24	
Q51Bd Which of the following events have you experienced? More than 12 months ago Birth of a grandchild	No	0	6172	62.3
	Yes	1	3733	37.7
	N Missing		24	
Q51Be Have you experienced any of the following events? Yes, more than 12 months ago Major surgery (not including dental work)	No	0	7311	73.8
	Yes	1	2594	26.2
	N Missing		24	
Q51Bf Which of the following events have you experienced: more than 12 months ago Going through menopause	No	0	4762	48.1
	Yes	1	5143	51.9
	N Missing		24	
Q51Bg Which of the following events have you experienced: more than 12 months ago Major decline in health of spouse or partner	No	0	8689	87.7
	Yes	1	1216	12.3
	N Missing		24	
Q51Bh Which of the following events have you experienced: more than 12 months ago Major decline in health of other close family member or close friend	No	0	7580	76.5
	Yes	1	2325	23.5
	N Missing		24	
Q51Bi Have you experienced any of the following events? Yes, more than 12 months ago Starting a new, close personal relationship	No	0	8990	90.8
	Yes	1	915	9.2
	N Missing		24	
Q51Bj Which of the following events have you experienced: more than 12 months ago Infidelity of spouse or partner	No	0	8972	90.6
	Yes	1	933	9.4
	N Missing		24	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q51Bk Which of the following events have you experienced: more than 12 months ago Break-up of a close personal relationship	No	0	8768	88.5
	Yes	1	1137	11.5
	N Missing		24	
Q51BI Which of the following events have you experienced: more than 12 months ago Divorce	No	0	8611	86.9
	Yes	1	1294	13.1
	N Missing		24	
Q51Bm Which of the following events have you experienced: more than 12 months ago Major conflict with teenage or older children	No	0	8874	89.6
	Yes	1	1031	10.4
	N Missing		24	
Q51Bn Which of the following events have you experienced: more than 12 months ago Child or other family member leaving home (due to marriage, to attend university etc)	No	0	7530	76.0
	Yes	1	2375	24.0
	N Missing		24	
Q51Bo Which of the following events have you experienced: more than 12 months ago Death of spouse or partner	No	0	9345	94.3
	Yes	1	560	5.7
	N Missing		24	
Q51Bp Have you experienced any of the following events? Yes, more than 12 months ago Death of a child	No	0	9482	95.7
	Yes	1	423	4.3
	N Missing		24	
Q51Bq Which of the following events have you experienced: more than 12 months ago Death of other close family member	No	0	6401	64.6
	Yes	1	3504	35.4
	N Missing		24	
Q51Br Have you experienced any of the following events? Yes, more than 12 months ago Death of a close friend	No	0	8077	81.5
	Yes	1	1828	18.5
	N Missing		24	
Q51Bs Have you experienced any of the following events? Yes, more than 12 months ago Change in your type of work/hours/conditions/responsibilities at work	No	0	7962	80.4
	Yes	1	1943	19.6
	N Missing		24	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q51Bt Which of the following events have you experienced: more than 12 months ago Retirement	No	0	7670	77.4
	Yes	1	2235	22.6
	N Missing		24	
Q51Bu Which of the following events have you experienced: more than 12 months ago Your spouse or partner retiring from work	No	0	7814	78.9
	Yes	1	2091	21.1
	N Missing		24	
Q51Bv Which of the following events have you experienced: More than 12 months ago Being made redundant	No	0	9288	93.8
	Yes	1	617	6.2
	N Missing		24	
Q51Bw Which of the following events have you experienced: More than 12 months ago Your spouse/partner being made redundant	No	0	9307	94.0
	Yes	1	598	6.0
	N Missing		24	
Q51Bx Have you experienced any of the following events? Yes, more than 12 months ago Decreased income	No	0	7324	73.9
	Yes	1	2581	26.1
	N Missing		24	
Q51By Which of the following events have you experienced: more than 12 months ago Moving house	No	0	7304	73.7
	Yes	1	2601	26.3
	N Missing		24	
Q51Bz Have you experienced any of the following events? Yes, more than 12 months ago Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	9430	95.2
	Yes	1	475	4.8
	N Missing		24	
Q51Baa Have you experienced any of the following events? Yes, more than 12 months ago Major loss or damage to personal property	No	0	9538	96.3
	Yes	1	367	3.7
	N Missing		24	
Q51Bbb Have you experienced any of the following events? Yes, more than 12 months ago Being robbed	No	0	8700	87.8
	Yes	1	1205	12.2
	N Missing		24	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q51Bcc Have you experienced any of the following events? Yes, more than 12 months ago Being pushed, grabbed, shoved, kicked or hit	No	0	9385	94.8
	Yes	1	520	5.2
	N Missing		24	
Q51Bdd Have you experienced any of the following events? Yes, more than 12 months ago Being forced to take part in unwanted sexual activity	No	0	9548	96.4
	Yes	1	357	3.6
	N Missing		24	
Q51Bee Have you experienced any of the following events? Yes, more than 12 months ago Legal troubles or involvement in a court case	No	0	9156	92.4
	Yes	1	749	7.6
	N Missing		24	
Q51Bff Have you experienced any of the following events? Yes, more than 12 months ago Family member/close friend being arrested/in gaol	No	0	9447	95.4
	Yes	1	458	4.6
	N Missing		24	
Q51Bgg Which of the following events have you experienced: More than 12 months ago You or a family member involved in problem gambling	No	0	9628	97.2
	Yes	1	277	2.8
	N Missing		24	
Q51hh Have you experienced any of the following events? None of these events	At least one of these	0	9570	96.6
	None of these	1	335	3.4
	N Missing		24	
Q52a Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was bothered by things that don't usually bother me	Rarely, none of time	0	7325	74.9
	Some of time	1	1727	17.7
	Moderate amount of time	2	563	5.8
	All/most of time	3	167	1.7
	N Missing		156	
Q52b Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I had trouble keeping my mind on what I was doing	Rarely, none of time	0	6639	68.0
	Some of time	1	2311	23.7
	Moderate amount of time	2	615	6.3
	All/most of time	3	200	2.0
	N Missing		170	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q52c Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt depressed	Rarely, none of time	0	7414	75.9
	Some of time	1	1541	15.8
	Moderate amount of time	2	565	5.8
	All/most of time	3	246	2.5
	N Missing		177	
Q52d Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt that everything I did was an effort	Rarely, none of time	0	6341	64.9
	Some of time	1	2334	23.9
	Moderate amount of time	2	708	7.2
	All/most of time	3	380	3.9
	N Missing		185	
Q52e Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt hopeful about the future	Rarely, none of time	0	1430	14.7
	Some of time	1	1393	14.3
	Moderate amount of time	2	1809	18.6
	All/most of time	3	5087	52.3
	N Missing		235	
Q52f Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt fearful	Rarely, none of time	0	8175	84.1
	Some of time	1	1049	10.8
	Moderate amount of time	2	341	3.5
	All/most of time	3	150	1.5
	N Missing		234	
Q52g Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? My sleep was restless	Rarely, none of time	0	2918	29.8
	Some of time	1	3259	33.3
	Moderate amount of time	2	2089	21.3
	All/most of time	3	1530	15.6
	N Missing		149	
Q52h Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was happy	Rarely, none of time	0	644	6.6
	Some of time	1	1207	12.3
	Moderate amount of time	2	2003	20.4
	All/most of time	3	5954	60.7
	N Missing		129	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q52i Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt lonely	Rarely, none of time	0	7209	73.9
	Some of time	1	1557	16.0
	Moderate amount of time	2	677	6.9
	All/most of time	3	312	3.2
	N Missing		168	
Q52j Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I could not "get going"	Rarely, none of time	0	5652	57.8
	Some of time	1	2832	29.0
	Moderate amount of time	2	899	9.2
	All/most of time	3	391	4.0
	N Missing		166	
Q52k Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt terrific	Rarely, none of time	0	2108	21.5
	Some of time	1	1770	18.1
	Moderate amount of time	2	2585	26.4
	All/most of time	3	3328	34.0
	N Missing		144	
Q53a Next are some specific questions about your health and how you have been feeling in the past month. Have you felt keyed up or on edge?	Yes	1	4627	46.9
	No	2	5233	53.1
	N Missing		74	
Q53b Next are some specific questions about your health and how you have been feeling in the past month. Have you been worrying a lot?	Yes	1	3545	35.9
	No	2	6327	64.1
	N Missing		72	
Q53c Next are some specific questions about your health and how you have been feeling in the past month. Have you been irritable?	Yes	1	3638	36.9
	No	2	6214	63.1
	N Missing		89	
Q53d Next are some specific questions about your health and how you have been feeling in the past month. Have you had difficulty relaxing?	Yes	1	3683	37.4
	No	2	6155	62.6
	N Missing		100	
Q53e Next are some specific questions about your health and how you have been feeling in the past month. Have you been sleeping poorly?	Yes	1	5377	54.6
	No	2	4479	45.4
	N Missing		93	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q53f Next are some specific questions about your health and how you have been feeling in the past month. Have you had headaches or neckaches?	Yes	1	4846	49.1
	No	2	5015	50.9
	N Missing		79	
Q53g Next are some specific questions about your health and how you have been feeling in the past month. Have you had any of the following: trembling, tingling, dizzy spells, sweating, diarrhoea or needing to pass urine more often than usual?	Yes	1	2767	28.1
	No	2	7090	71.9
	N Missing		87	
Q53h Next are some specific questions about your health and how you have been feeling in the past month. Have you been worried about your health?	Yes	1	2977	30.2
	No	2	6890	69.8
	N Missing		66	
Q53i Next are some specific questions about your health and how you have been feeling in the past month. Have you had difficulty falling asleep?	Yes	1	4180	42.3
	No	2	5695	57.7
	N Missing		61	
Q54 Do you regularly need help with daily tasks because of long-term illness, disability or frailty (eg personal care, getting around, preparing meals etc)?	Yes	1	419	4.2
	No	2	9472	95.8
	N Missing		42	
Q57a In the last three years, have you: lost 5kg or more on purpose	Yes	1	3045	31.1
	No	2	6761	68.9
	N Missing		151	
Q57b In the last three years, have you: lost 5kg or more for any other reason	Yes	1	1014	10.4
	No	2	8715	89.6
	N Missing		228	
Q57c In the last three years, have you: Gained 5kg or more?	Yes	1	3424	35.3
	No	2	6288	64.7
	N Missing		243	
Q58a Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Commercial weight loss program (eg Weight Watchers, Lite n' Easy, Sureslim, Jenny Craig)	Yes	1	967	9.8
	No	2	8869	90.2
	N Missing		115	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q58b Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Meal replacements or slimming products (eg OPTIFAST, Herbalife)	Yes	1	1067	10.9
	No	2	8719	89.1
	N Missing		151	
Q58c Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Exercise	Yes	1	6872	70.4
	No	2	2886	29.6
	N Missing		177	
Q58d Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Cut down on the size of meals or between meal snacks	Yes	1	6979	71.0
	No	2	2849	29.0
	N Missing		112	
Q58e Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Cut down on fats (low fat) and / or sugars	Yes	1	7038	71.5
	No	2	2809	28.5
	N Missing		88	
Q58f Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Low glycaemic index (GI) diet	Yes	1	2010	20.7
	No	2	7721	79.3
	N Missing		214	
Q58g Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Diet book diets (eg Atkins, Zone, CSIRO diet, Liver cleansing diet)	Yes	1	672	6.9
	No	2	9131	93.1
	N Missing		140	
Q58h Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Laxatives, diuretics or diet pills (eg Xenical, Reductil)	Yes	1	196	2.0
	No	2	9632	98.0
	N Missing		122	
Q58i Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Fasting	Yes	1	164	1.7
	No	2	9658	98.3
	N Missing		122	
Q58j Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Smoking	Yes	1	324	3.3
	No	2	9478	96.7
	N Missing		139	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q59 Have you ever had gastric banding surgery? (Mark one only)				
	Yes, in last 3 years	1	49	0.5
	Yes, 3+ years ago	2	75	0.8
	Never	3	9574	98.7
	N Missing		238	
Q60 How often do you usually drink alcohol?				
	Never	0	606	6.2
	Never, but have in the past	1	733	7.5
	Rarely	2	2219	22.6
	< once week	3	1251	12.7
	1-2 days a week	4	1482	15.1
	3-4 days a week	5	1368	13.9
	5-6 days a week	6	1171	11.9
	Every day	7	988	10.1
	N Missing		103	
Q61 On a day when you drink alcohol, how many drinks do you usually have?				
	Never drink	0	1386	14.4
	1-2 drinks	1	6965	72.2
	3-4 drinks	2	1167	12.1
	5-8 drinks	3	120	1.2
	9+ drinks	4	5	0.1
	N Missing		289	
Q62 How often do you have five or more drinks of alcohol on one occasion?				
	Never drink	0	1267	12.9
	Never	1	6449	65.4
	< once a month	2	1270	12.9
	Once a month	3	435	4.4
	Once a week	4	309	3.1
	> once a week	5	126	1.3
	N Missing		67	
Q63 How many glasses/cups of non-alcoholic drinks do you usually have each day (eg juice, tea coffee, water, milk, etc)?				
	0-2 glasses	1	328	3.3
	3-5 glasses	2	3355	34.0
	6-8 glasses	3	4753	48.1
	9 or more glasses	4	1441	14.6
	N Missing		50	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>	
Q64 How many pieces of fresh fruit do you usually eat per day? (Count 1/2 cup of diced fruit, berries or grapes as one piece)	None	0	10	0.1	
	< 1 piece per day	1	1326	13.4	
	1 piece per day	2	2097	21.2	
	2 pieces per day	3	3677	37.1	
	3 pieces per day	4	1967	19.9	
	4 pieces per day	5	603	6.1	
	5+ pieces per day	6	218	2.2	
	N Missing			37	
Q65 How many different vegetables do you usually eat per day? (Count all types, fresh, frozen or tinned.)	< 1 vegetable per day	0	120	1.2	
	1 vegetable per day	1	157	1.6	
	2 vegetables per day	2	1036	10.5	
	3 vegetables per day	3	3126	31.7	
	4 vegetables per day	4	2816	28.5	
	5 vegetables per day	5	1852	18.8	
	6+ vegetables per day	6	764	7.7	
	N Missing			59	
Q66 How many serves of vegetables do you usually eat each day? A serve = half a cup of cooked vegetables or a cup of salad vegetables	None	0	57	0.6	
	1 serve	1	1572	15.9	
	2 serves	2	2826	28.6	
	3 serves	3	2799	28.4	
	4 serves	4	1697	17.2	
	5 or more serves	5	920	9.3	
	N Missing			57	
	Q67a What type of milk do you usually use? None	No	0	9298	94.1
Yes		1	579	5.9	
N Missing				50	
Q67b What type of milk do you usually use? Full cream milk	No	0	7804	79.0	
	Yes	1	2073	21.0	
	N Missing			50	
Q67c What type of milk do you usually use? Reduced fat milk	No	0	5803	58.8	
	Yes	1	4073	41.2	
	N Missing			50	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q67d What type of milk do you usually use? Skim milk	No	0	7150	72.4
	Yes	1	2726	27.6
	N Missing		50	
Q67e What type of milk do you usually use? Soya milk	No	0	9083	92.0
	Yes	1	794	8.0
	N Missing		50	
Q68 How much milk do you usually use per day? (Include flavoured milk and milk added to tea, coffee, cereal etc.)	None	0	573	5.8
	< 250 ml	1	5389	54.5
	250-500 ml	2	3313	33.5
	500-750 ml	3	495	5.0
	> 750 ml	4	110	1.1
	N Missing		47	
Q69a What type of bread do you usually eat? I don't eat bread	No	0	9452	95.8
	Yes	1	410	4.2
	N Missing		68	
Q69b What type of bread do you usually eat? High fibre white bread	No	0	9062	91.9
	Yes	1	800	8.1
	N Missing		68	
Q69c What type of bread do you usually eat? White bread	No	0	8532	86.5
	Yes	1	1331	13.5
	N Missing		68	
Q69d What type of bread do you usually eat? Wholemeal bread	No	0	7361	74.6
	Yes	1	2501	25.4
	N Missing		68	
Q69e What type of bread do you usually eat? Rye bread	No	0	8830	89.5
	Yes	1	1033	10.5
	N Missing		68	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q69f What type of bread do you usually eat? Multi-grain bread	No	0	4823	48.9
	Yes	1	5039	51.1
	N Missing		68	
Q70 How many slices of bread do you usually eat per day? (Include all types, fresh or toasted and count one bread roll as 2 slices.)	< 1 slice per day	1	1825	18.9
	1 slice per day	2	1402	14.5
	2 slices per day	3	3933	40.7
	3 slices per day	4	1455	15.0
	4 slices per day	5	956	9.9
	5-7 slices per day	6	100	1.0
	8+ slices per day	7	2	0.0
	N Missing		254	
Q71a Which spread do you usually put on bread? I don't usually use any fat spread	No	0	7730	80.5
	Yes	1	1875	19.5
	N Missing		326	
Q71b Which spread do you usually put on bread? Margarine of any kind	No	0	8712	90.7
	Yes	1	894	9.3
	N Missing		326	
Q71c Which spread do you usually put on bread? Polyunsaturated margarine	No	0	6739	70.2
	Yes	1	2867	29.8
	N Missing		326	
Q71d Which spread do you usually put on bread? Monounsaturated margarine	No	0	8795	91.6
	Yes	1	811	8.4
	N Missing		326	
Q71e Which spread do you usually put on bread? Butter and margarine blends	No	0	8027	83.6
	Yes	1	1578	16.4
	N Missing		326	
Q71f Which spread do you usually put on bread? Butter	No	0	7810	81.3
	Yes	1	1795	18.7
	N Missing		326	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q72 On average, how many eggs do you usually eat per week?	None	0	343	3.5
	< 1 egg a week	1	2292	23.1
	1-2 eggs a week	2	4782	48.3
	3-5 eggs per week	3	2177	22.0
	6+ eggs per week	4	309	3.1
	N Missing		28	
Q73a What types of cheese do you usually eat? I don't eat cheese	No	0	9606	97.2
	Yes	1	274	2.8
	N Missing		42	
Q73b What types of cheese do you usually eat? Hard cheeses, eg parmesan, romano	No	0	8207	83.1
	Yes	1	1673	16.9
	N Missing		42	
Q73c What types of cheese do you usually eat? Firm cheeses, eg cheddar, edam	No	0	3610	36.5
	Yes	1	6270	63.5
	N Missing		42	
Q73d What types of cheese do you usually eat? Soft cheeses, eg camembert, brie	No	0	7935	80.3
	Yes	1	1945	19.7
	N Missing		42	
Q73e What types of cheese do you usually eat? Ricotta or cottage cheese	No	0	8660	87.7
	Yes	1	1220	12.3
	N Missing		42	
Q73f What types of cheese do you usually eat? Cream cheese	No	0	9229	93.4
	Yes	1	651	6.6
	N Missing		42	
Q73g What types of cheese do you usually eat? Low fat cheese	No	0	7463	75.5
	Yes	1	2417	24.5
	N Missing		42	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q74aa Over the last 12 months, on average, how often did you eat the following foods? All Bran	Never	1	7222	77.4
	< Once a week	2	1042	11.2
	Once a week or more	3	1066	11.4
	N Missing		613	
Q74ab Over the last 12 months, on average, how often did you eat the following foods? Sultana Bran, Fibre plus, Branflakes	Never	1	6466	70.5
	< Once a week	2	1262	13.8
	Once a week or more	3	1440	15.7
	N Missing		796	
Q74ac Over the last 12 months, on average, how often did you eat the following foods? Weet Bix, Vita Brits, Weeties	Never	1	4907	52.9
	< Once a week	2	1701	18.3
	Once a week or more	3	2677	28.8
	N Missing		684	
Q74ad Over the last 12 months, on average, how often did you eat the following foods? Cornflakes, Nutrigrain, Special K.	Never	1	6139	68.1
	< Once a week	2	1616	17.9
	Once a week or more	3	1264	14.0
	N Missing		935	
Q74ae Over the last 12 months, on average, how often did you eat the following foods? Porridge	Never	1	3571	37.9
	< Once a week	2	2391	25.4
	Once a week or more	3	3450	36.7
	N Missing		527	
Q74af Over the last 12 months, on average, how often did you eat the following foods? Muesli	Never	1	4853	53.3
	< Once a week	2	1691	18.6
	Once a week or more	3	2556	28.1
	N Missing		854	
Q74ag Over the last 12 months, on average, how often did you eat the following foods? Rice	Never	1	689	7.2
	< Once a week	2	3956	41.1
	Once a week or more	3	4972	51.7
	N Missing		324	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q74ah Over the last 12 months, on average, how often did you eat the following foods? Pasta or noodles (includes lasagne)	Never	1	501	5.1
	< Once a week	2	4300	44.1
	Once a week or more	3	4941	50.7
	N Missing		188	
Q74ai Over the last 12 months, on average, how often did you eat the following foods? Nuts	Never	1	700	7.2
	< Once a week	2	3449	35.4
	Once a week or more	3	5583	57.4
	N Missing		219	
Q74aj Over the last 12 months, on average, how often did you eat the following foods? Peanut butter or peanut paste	Never	1	3965	41.0
	< Once a week	2	4010	41.4
	Once a week or more	3	1702	17.6
	N Missing		262	
Q74ak Over the last 12 months, on average, how often did you eat the following foods? Vegemite, Marmite, Promite	Never	1	2381	24.4
	< Once a week	2	3547	36.4
	Once a week or more	3	3816	39.2
	N Missing		185	
Q74al Over the last 12 months, on average, how often did you eat the following foods? Tinned or frozen fruit (any kind)	Never	1	2569	26.5
	< Once a week	2	4686	48.4
	Once a week or more	3	2435	25.1
	N Missing		224	
Q74am Over the last 12 months, on average, how often did you eat the following foods? Oranges or other citrus fruit	Never	1	1158	11.9
	< Once a week	2	4095	41.9
	Once a week or more	3	4519	46.2
	N Missing		186	
Q74an Over the last 12 months, on average, how often did you eat the following foods? Apples	Never	1	651	6.6
	< Once a week	2	2781	28.3
	Once a week or more	3	6413	65.1
	N Missing		98	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q74ao Over the last 12 months, on average, how often did you eat the following foods? Pears	Never	1	1335	13.7
	< Once a week	2	4171	42.9
	Once a week or more	3	4221	43.4
	N Missing		213	
Q74ap Over the last 12 months, on average, how often did you eat the following foods? Bananas	Never	1	616	6.2
	< Once a week	2	1912	19.4
	Once a week or more	3	7335	74.4
	N Missing		62	
Q74aq Over the last 12 months, on average, how often did you eat the following foods? Watermelon, rockmelon, honey dew etc.	Never	1	1160	11.8
	< Once a week	2	5246	53.4
	Once a week or more	3	3418	34.8
	N Missing		115	
Q74ar Over the last 12 months, on average, how often did you eat the following foods? Pineapple	Never	1	2103	21.6
	< Once a week	2	6173	63.3
	Once a week or more	3	1471	15.1
	N Missing		193	
Q74as Over the last 12 months, on average, how often did you eat the following foods? Strawberries	Never	1	856	8.7
	< Once a week	2	5706	58.1
	Once a week or more	3	3255	33.2
	N Missing		119	
Q74at Over the last 12 months, on average, how often did you eat the following foods? Apricots	Never	1	1854	19.0
	< Once a week	2	6332	64.9
	Once a week or more	3	1567	16.1
	N Missing		184	
Q74au Over the last 12 months, on average, how often did you eat the following foods? Peaches and nectarines	Never	1	959	9.8
	< Once a week	2	5443	55.7
	Once a week or more	3	3376	34.5
	N Missing		166	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q74av Over the last 12 months, on average, how often did you eat the following foods? Mango or paw paw	Never	1	2345	24.0
	< Once a week	2	5243	53.7
	Once a week or more	3	2169	22.2
	N Missing		175	
Q74aw Over the last 12 months, on average, how often did you eat the following foods? Avocado	Never	1	1538	15.7
	< Once a week	2	3874	39.4
	Once a week or more	3	4412	44.9
	N Missing		103	
Q74ax Over the last 12 months, on average, how often did you eat the following foods? Fruit or vegetable juice	Never	1	3037	31.1
	< Once a week	2	3353	34.3
	Once a week or more	3	3381	34.6
	N Missing		161	
Q74ay Over the last 12 months, on average, how often did you eat the following foods? Potatoes cooked without fat	Never	1	500	5.1
	< Once a week	2	2522	25.6
	Once a week or more	3	6832	69.3
	N Missing		71	
Q74az Over the last 12 months, on average, how often did you eat the following foods? Tomato sauce, tomato paste or dried tomatoes	Never	1	949	9.7
	< Once a week	2	4649	47.4
	Once a week or more	3	4215	43.0
	N Missing		123	
Q74aaa Over the last 12 months, on average, how often did you eat the following foods? Fresh or tinned tomatoes	Never	1	734	7.5
	< Once a week	2	3201	32.5
	Once a week or more	3	5900	60.0
	N Missing		93	
Q74abb Over the last 12 months, on average, how often did you eat the following foods? Peppers (capsicum)	Never	1	1372	14.0
	< Once a week	2	3598	36.7
	Once a week or more	3	4845	49.4
	N Missing		104	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q74acc Over the last 12 months, on average, how often did you eat the following foods? Lettuce, endive or other salad greens	Never	1	184	1.9
	< Once a week	2	1529	15.5
	Once a week or more	3	8161	82.6
	N Missing		52	
Q74add Over the last 12 months, on average, how often did you eat the following foods? Cucumber	Never	1	909	9.2
	< Once a week	2	2253	22.8
	Once a week or more	3	6704	68.0
	N Missing		70	
Q74aee Over the last 12 months, on average, how often did you eat the following foods? Celery	Never	1	1052	10.7
	< Once a week	2	4366	44.4
	Once a week or more	3	4423	44.9
	N Missing		91	
Q74aff Over the last 12 months, on average, how often did you eat the following foods? Beetroot	Never	1	1139	11.6
	< Once a week	2	4839	49.1
	Once a week or more	3	3877	39.3
	N Missing		77	
Q74agg Over the last 12 months, on average, how often did you eat the following foods? Carrots	Never	1	136	1.4
	< Once a week	2	1371	13.9
	Once a week or more	3	8381	84.8
	N Missing		41	
Q74ahh Over the last 12 months, on average, how often did you eat the following foods? Cabbage or brussels sprouts	Never	1	1050	10.7
	< Once a week	2	4891	49.7
	Once a week or more	3	3899	39.6
	N Missing		90	
Q74aai Over the last 12 months, on average, how often did you eat the following foods? Cauliflower	Never	1	639	6.5
	< Once a week	2	4591	46.5
	Once a week or more	3	4644	47.0
	N Missing		60	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q74ajj Over the last 12 months, on average, how often did you eat the following foods? Broccoli	Never	1	471	4.8
	< Once a week	2	2522	25.5
	Once a week or more	3	6880	69.7
	N Missing		54	
Q74akk Over the last 12 months, on average, how often did you eat the following foods? Silverbeet or spinach	Never	1	1497	15.3
	< Once a week	2	4549	46.4
	Once a week or more	3	3761	38.3
	N Missing		130	
Q74all Over the last 12 months, on average, how often did you eat the following foods? Peas	Never	1	478	4.8
	< Once a week	2	3535	35.8
	Once a week or more	3	5872	59.4
	N Missing		51	
Q74amm Over the last 12 months, on average, how often did you eat the following foods? Green beans	Never	1	334	3.4
	< Once a week	2	2942	29.7
	Once a week or more	3	6619	66.9
	N Missing		35	
Q74ann Over the last 12 months, on average, how often did you eat the following foods? Bean sprouts or alfalfa sprouts	Never	1	3969	40.3
	< Once a week	2	5123	52.0
	Once a week or more	3	763	7.7
	N Missing		74	
Q74aoo Over the last 12 months, on average, how often did you eat the following foods? Baked beans	Never	1	2544	25.7
	< Once a week	2	5338	54.0
	Once a week or more	3	1999	20.2
	N Missing		57	
Q74app Over the last 12 months, on average, how often did you eat the following foods? Soya beans, soy bean curd or tofu	Never	1	7332	74.6
	< Once a week	2	2016	20.5
	Once a week or more	3	482	4.9
	N Missing		105	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q74aqq Over the last 12 months, on average, how often did you eat the following foods? Other beans (include chick peas, lentils etc)	Never	1	3920	40.1
	< Once a week	2	4448	45.5
	Once a week or more	3	1403	14.4
	N Missing		169	
Q74arr Over the last 12 months, on average, how often did you eat the following foods? Pumpkin	Never	1	394	4.0
	< Once a week	2	3163	32.0
	Once a week or more	3	6326	64.0
	N Missing		44	
Q74ass Over the last 12 months, on average, how often did you eat the following foods? Onions or leeks	Never	1	400	4.0
	< Once a week	2	1996	20.2
	Once a week or more	3	7487	75.8
	N Missing		55	
Q74att Over the last 12 months, on average, how often did you eat the following foods? Garlic (not garlic tablets)	Never	1	1104	11.2
	< Once a week	2	2947	29.9
	Once a week or more	3	5807	58.9
	N Missing		78	
Q74auu Over the last 12 months, on average, how often did you eat the following foods? Mushrooms	Never	1	1217	12.3
	< Once a week	2	3728	37.7
	Once a week or more	3	4937	50.0
	N Missing		53	
Q74avv Over the last 12 months, on average, how often did you eat the following foods? Zucchini	Never	1	1016	10.3
	< Once a week	2	4155	42.1
	Once a week or more	3	4697	47.6
	N Missing		57	
Q74ba Over the last 12 months, on average, how often did you eat the following foods? Cheese	Never	1	302	3.1
	< Once a week	2	1066	10.8
	Once a week	3	1902	19.2
	2-4 a week	4	4988	50.5
	5+ a week	5	1628	16.5
	N Missing		39	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q74bb Over the last 12 months, on average, how often did you eat the following foods? Ice cream	Never	1	1251	12.7
	< Once a week	2	4814	48.7
	Once a week	3	1866	18.9
	2-4 a week	4	1601	16.2
	5+ a week	5	358	3.6
	N Missing			47
Q74bc Over the last 12 months, on average, how often did you eat the following foods? Yoghurt	Never	1	1117	11.3
	< Once a week	2	1763	17.8
	Once a week	3	1459	14.8
	2-4 a week	4	2948	29.8
	5+ a week	5	2593	26.2
	N Missing			51
Q74bd Over the last 12 months, on average, how often did you eat the following foods? Beef	Never	1	560	5.7
	< Once a week	2	1303	13.2
	Once a week	3	3119	31.5
	2-4 a week	4	4508	45.6
	5+ a week	5	399	4.0
	N Missing			47
Q74be Over the last 12 months, on average, how often did you eat the following foods? Veal	Never	1	4118	41.8
	< Once a week	2	3881	39.4
	Once a week	3	1399	14.2
	2-4 a week	4	410	4.2
	5+ a week	5	37	0.4
	N Missing			100
Q74bf Over the last 12 months, on average, how often did you eat the following foods? Chicken	Never	1	314	3.2
	< Once a week	2	733	7.4
	Once a week	3	2752	27.8
	2-4 a week	4	5660	57.2
	5+ a week	5	427	4.3
	N Missing			52

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q74bg Over the last 12 months, on average, how often did you eat the following foods? Lamb	Never	1	872	8.8
	< Once a week	2	2559	25.9
	Once a week	3	3976	40.2
	2-4 a week	4	2345	23.7
	5+ a week	5	138	1.4
	N Missing			45
Q74bh Over the last 12 months, on average, how often did you eat the following foods? Pork	Never	1	1811	18.3
	< Once a week	2	3796	38.4
	Once a week	3	3061	31.0
	2-4 a week	4	1108	11.2
	5+ a week	5	108	1.1
	N Missing			53
Q74bi Over the last 12 months, on average, how often did you eat the following foods? Fish, steamed, grilled or baked	Never	1	458	4.6
	< Once a week	2	2266	22.9
	Once a week	3	4058	41.1
	2-4 a week	4	2828	28.6
	5+ a week	5	274	2.8
	N Missing			49
Q74bj Over the last 12 months, on average, how often did you eat the following foods? Fish, tinned (salmon, tuna, sardines etc)	Never	1	824	8.3
	< Once a week	2	2604	26.4
	Once a week	3	3165	32.0
	2-4 a week	4	2809	28.4
	5+ a week	5	474	4.8
	N Missing			63
Q75 How often do you currently smoke cigarettes or any tobacco products?	Daily	1	791	8.0
	Weekly	2	50	0.5
	< weekly	3	50	0.5
	Not at all	4	9001	91.0
	N Missing			37

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q76 If you smoke daily, on average how many cigarettes do you smoke each day?	Mean		16.89	
	Std Error		0.33	
	N		798	
	N Missing		9213	
Q77 If you smoke, but not daily, on average how many cigarettes do you smoke per week?	Mean		25.51	
	Std Error		5.07	
	N		64	
	N Missing		9947	
Q78 Have you ever smoked daily?	Yes	1	3853	39.0
	No	2	6015	61.0
	N Missing		63	
Q79 At what age did you finally stop smoking daily?	Mean		38.46	
	Std Error		0.22	
	N		3068	
	N Missing		6943	
Q80a Now think about all of the time you spend sitting during each day while at home, at work, while getting from place to place or during your spare time. How many hours in total do you typically spend sitting down while doing things like visiting friends, driving, reading, watching television, or working at a desk or computer? On	Mean		6.17	
	Std Error		0.03	
	N		9409	
	N Missing		602	
Q80b Now think about all of the time you spend sitting during each day while at home, at work, while getting from place to place or during your spare time. How many hours in total do you typically spend sitting down while doing things like visiting friends, driving, reading, watching television, or working at a desk or computer? On	Mean		5.82	
	Std Error		0.03	
	N		9219	
	N Missing		792	
Q81a How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Walking briskly (for recreation or exercise, or to get from place to place)	Mean		4.35	
	Std Error		0.05	
	N		9816	
	N Missing		195	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q81b How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean		1.04	
	Std Error		0.02	
	N		9817	
	N Missing		194	
Q81c How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming)	Mean		0.74	
	Std Error		0.02	
	N		9804	
	N Missing		207	
Q81d How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Vigorous household or garden chores that make you breathe harder or puff and pant	Mean		2.56	
	Std Error		0.04	
	N		9802	
	N Missing		209	
Q83 During the last three years, how often did you have sex? (Mark one only)	Did not have sex	0	3335	35.0
	Once a month or less	1	2501	26.2
	Two to three times a month	2	1832	19.2
	At least once a week	3	1868	19.6
	N Missing		432	
Q84a In a usual week, how much time in total do you spend doing the following things? Full-time (permanent) paid work	Don't do this activity	1	7371	76.9
	1-15 hours	2	61	0.6
	16-24 hours	3	94	1.0
	25-34 hours	4	274	2.9
	35-40 hours	5	1086	11.3
	41-48 hours	6	435	4.5
	49 hours or more	7	267	2.8
	N Missing		379	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q84b In a usual week, how much time in total do you spend doing the following things? Part-time permanent paid work	Don't do this activity	1	7525	79.0
	1-15 hours	2	606	6.4
	16-24 hours	3	655	6.9
	25-34 hours	4	597	6.3
	35-40 hours	5	107	1.1
	41-48 hours	6	19	0.2
	49 hours or more	7	17	0.2
	N Missing			425
Q84c In a usual week, how much time in total do you spend doing the following things? Casual paid work (no paid holiday or sick leave)	Don't do this activity	1	8333	88.8
	1-15 hours	2	716	7.6
	16-24 hours	3	170	1.8
	25-34 hours	4	102	1.1
	35-40 hours	5	35	0.4
	41-48 hours	6	11	0.1
	49 hours or more	7	15	0.2
	N Missing			549
Q84d In a usual week, how much time in total do you spend doing the following things? Home duties (own / family home)	Don't do this activity	1	244	2.5
	1-15 hours	2	5083	52.9
	16-24 hours	3	2057	21.4
	25-34 hours	4	1087	11.3
	35-40 hours	5	479	5.0
	41-48 hours	6	192	2.0
	49 hours or more	7	464	4.8
	N Missing			342
Q84e In a usual week, how much time in total do you spend doing the following things? Work without pay (eg family business)	Don't do this activity	1	7880	82.7
	1-15 hours	2	1180	12.4
	16-24 hours	3	189	2.0
	25-34 hours	4	101	1.1
	35-40 hours	5	56	0.6
	41-48 hours	6	41	0.4
	49 hours or more	7	79	0.8
	N Missing			424

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q84f In a usual week, how much time in total do you spend doing the following things? Looking for work	Don't do this activity	1	9416	97.8
	1-15 hours	2	188	1.9
	16-24 hours	3	10	0.1
	25-34 hours	4	12	0.1
	35-40 hours	5	5	0.1
	49 hours or more	7	1	0.0
	N Missing		334	
	Q84g In a usual week, how much time in total do you spend doing the following things? Unpaid voluntary work	Don't do this activity	1	6845
1-15 hours		2	2504	25.9
16-24 hours		3	240	2.5
25-34 hours		4	50	0.5
35-40 hours		5	20	0.2
41-48 hours		6	5	0.1
49 hours or more		7	16	0.2
N Missing			280	
Q84h In a usual week, how much time in total do you spend doing the following things? Active leisure (eg walking, exercise, sport)	Don't do this activity	1	1672	17.2
	1-15 hours	2	7533	77.4
	16-24 hours	3	383	3.9
	25-34 hours	4	114	1.2
	35-40 hours	5	19	0.2
	41-48 hours	6	3	0.0
	49 hours or more	7	9	0.1
	N Missing		230	
Q84i In a usual week, how much time in total do you spend doing the following things? Passive leisure (eg TV, music, reading, relaxing)	Don't do this activity	1	199	2.0
	1-15 hours	2	5727	58.7
	16-24 hours	3	2171	22.2
	25-34 hours	4	961	9.8
	35-40 hours	5	339	3.5
	41-48 hours	6	166	1.7
	49 hours or more	7	193	2.0
	N Missing		197	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q84j In a usual week, how much time in total do you spend doing the following things? Studying	Don't do this activity	1	8429	86.4
	1-15 hours	2	1253	12.9
	16-24 hours	3	50	0.5
	25-34 hours	4	10	0.1
	35-40 hours	5	4	0.0
	41-48 hours	6	4	0.0
	49 hours or more	7	1	0.0
	N Missing			207
Q85a Managing time is often difficult. How often do you feel: That you are rushed, pressured, too busy?	Every day	1	989	10.0
	Few times week	2	2912	29.5
	Once a week	3	2209	22.4
	Once a month	4	2127	21.6
	Never	5	1628	16.5
	N Missing			68
Q85b Managing time is often difficult. How often do you feel: That you have time on your hands that you don't know what to do with?	Every day	1	179	1.8
	Few times week	2	773	7.8
	Once a week	3	978	9.9
	Once a month	4	1532	15.5
	Never	5	6412	64.9
	N Missing			60
Q86a Are you happy with your share of the following tasks and activities? Domestic work (shopping, cooking, cleaning etc)	Happy way it is	1	7511	76.1
	Like others to do more	2	1923	19.5
	Like other arrangement	3	351	3.6
	Not applicable	4	82	0.8
	N Missing			65
Q86b Are you happy with your share of the following tasks and activities? Child care	Happy way it is	1	2232	22.8
	Like others to do more	2	84	0.9
	Like other arrangement	3	72	0.7
	Not applicable	4	7423	75.7
	N Missing			128

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q86c Are you happy with your share of the following tasks and activities? Caring for another adult (who is elderly/disabled/sick)	Happy way it is	1	1784	18.1
	Like others to do more	2	362	3.7
	Like other arrangement	3	266	2.7
	Not applicable	4	7452	75.6
	N Missing		70	
Q86d Are you happy with your share of the following tasks and activities? Other household work (gardening, home/car maintenance)	Happy way it is	1	6936	70.3
	Like others to do more	2	1619	16.4
	Like other arrangement	3	527	5.3
	Not applicable	4	790	8.0
	N Missing		67	
Q87 Do you regularly provide (unpaid) care for grandchildren or other people's children?	Daily	1	484	4.9
	Weekly	2	1773	17.9
	Occasionally	3	3467	35.0
	Never	4	4169	42.1
	N Missing		41	
Q88a Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives with you	Yes	1	887	9.0
	No	2	9013	91.0
	N Missing		29	
Q88b Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives elsewhere	Yes	1	2118	21.4
	No	2	7776	78.6
	N Missing		36	
Q89 How many people with a long term illness, disability or frailty do you regularly provide care for?	No care given	0	6881	70.2
	One person	1	2293	23.4
	Two people	2	478	4.9
	>Two people	3	150	1.5
	N Missing		130	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q90 How often do you provide this care or assistance?	No care given	0	6875	70.1
	Every day	1	929	9.5
	Several times a week	2	802	8.2
	Once a week	3	621	6.3
	Every few weeks	4	414	4.2
	Less often	5	162	1.7
	N Missing		129	
Q91 How much time do you usually spend providing such care or assistance on each occasion?	No care given	0	6884	70.3
	All day/night	1	318	3.2
	All day	2	192	2.0
	All night	3	11	0.1
	Several hours	4	1674	17.1
	About an hour	5	708	7.2
	N Missing		148	
Q92a Do you normally do any of the following kinds of work? Paid shift work	No	0	8970	94.0
	Yes	1	571	6.0
	N Missing		364	
Q92b Do you normally do any of the following kinds of work? Paid work at night	No	0	9168	96.1
	Yes	1	373	3.9
	N Missing		364	
Q92c Do you normally do any of the following kinds of work? Paid work from home	No	0	9165	96.1
	Yes	1	376	3.9
	N Missing		364	
Q92d Do you normally do any of the following kinds of paid work? Self employment	No	0	8519	89.3
	Yes	1	1022	10.7
	N Missing		364	
Q92e Do you normally do any of the following kinds of paid work? Paid work in more than one job	No	0	9121	95.6
	Yes	1	420	4.4
	N Missing		364	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q92f Do you normally do any of the following kinds of paid work? Casual paid work (work in a job which doesn't provide holiday pay or sick leave)	No	0	8397	88.0
	Yes	1	1144	12.0
	N Missing		364	
Q92g Do you normally do any of the following kinds of work? Paid work involving none of the above	No	0	7423	77.8
	Yes	1	2118	22.2
	N Missing		364	
Q92h Do you normally do any of the following kinds of work? I don't do any paid work	No	0	4977	52.2
	Yes	1	4564	47.8
	N Missing		364	
Q93 In a seven day week, on how many DAYS would you say you are AT WORK (paid or unpaid)?	Mean		3.41	
	Std Error		0.04	
	N		8434	
	N Missing		1577	
Q94_hours On average, on days when you are AT WORK (paid or unpaid), how many hours per day do you work?	Mean		6.96	
	Std Error		0.09	
	N		8265	
	N Missing		1746	
On average, on days when you are AT WORK (paid or unpaid), how many hours per day do you work(in minutes)?	Mean		16.30	
	Std Error		0.33	
	N		2235	
	N Missing		7776	
Q97w Was this a usual work day / non-work day? (Please mark Yes or No for work day and non-work day)	Yes	1	5795	88.3
	No	2	766	11.7
	N Missing		3480	
Q97nw Was this a usual work day / non-work day? (Please mark Yes or No for work day and non-work day)	Yes	1	6469	87.9
	No	2	890	12.1
	N Missing		2739	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q98a We would like to know your and your partner's main occupation now: Self				
	Manager/administrator	1	481	5.3
	Professional	2	1536	16.9
	Associate professional	3	546	6.0
	Tradesperson or related worker	4	147	1.6
	Advanced clerical/service worker	5	470	5.2
	Intermediate clerical/sales/service	6	936	10.3
	Intermediate production/transport	7	33	0.4
	Elementary clerical/sales/service	8	323	3.5
	Labourer or related	9	328	3.6
	No paid job	10	4308	47.3
	N Missing		889	
Q98b We would like to know your and your partner's main occupation now: Partner				
	Manager/administrator	1	873	10.0
	Professional	2	801	9.2
	Associate professional	3	479	5.5
	Tradesperson or related worker	4	654	7.5
	Advanced clerical/service worker	5	72	0.8
	Intermediate clerical/sales/service	6	133	1.5
	Intermediate production/transport	7	409	4.7
	Elementary clerical/sales/service	8	88	1.0
	Labourer or related	9	275	3.1
	No paid job	10	3167	36.2
	Don't know/no partner	11	1805	20.6
	N Missing		1208	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q99 How do you manage on the income you have available?	Impossible	1	217	2.2
	Difficult always	2	1031	10.5
	Difficult sometimes	3	2209	22.5
	Not too bad	4	4528	46.0
	Easy	5	1854	18.8
	N Missing		90	
Q100 Are there people who do NOT live with you who are dependent on your household income?	No	1	9052	92.1
	Yes, one	2	606	6.2
	More than one	3	173	1.8
	N Missing		102	
Q101 Women's employment patterns have changed a lot over recent years. We are keen to learn how women see retirement in their own lives. Please indicate the following description that best fits your life now. If you want to add more please write this on page 30.	Not retired	1	3861	39.2
	Partially retired	2	1516	15.4
	Retired from paid work	3	3745	38.0
	Gave up work over 20 years ago	4	614	6.2
	Never had paid work	5	111	1.1
	N Missing		88	
Q102year When did you retire or give up work?	Mean		2000.82	
	Std Error		0.15	
	N		4253	
	N Missing		5758	
Q102 When did you retire or give up work completely?	No	0	4234	45.2
	Yes	1	5136	54.8
	N Missing		618	
Q103age At what age do you expect to retire (completely) from the paid workforce?	Mean		64.71	
	Std Error		0.05	
	N		2923	
	N Missing		7088	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q103 At what age do you expect to retire (completely) from the paid workforce?	Do not expect to retire	1	431	4.4
	Retired	2	4317	44.2
	Don't know	3	2599	26.6
	Expect to retire	4	2413	24.7
	N Missing		199	
Q104age You have said when you expect to retire, but if you had the choice, at what age would you like to retire (completely) from the paid workforce?	Mean		63.64	
	Std Error		0.06	
	N		3192	
	N Missing		6819	
Q104 You have said when you expect to retire, but if you had the choice, at what age would you like to retire (completely) from the paid workforce?	Do not expect to retire	1	321	3.4
	Retired	2	4206	44.3
	Don't know	3	2142	22.5
	Expect to retire	4	2836	29.8
	N Missing		461	
Q105a What are your current sources of income? Age pension / Service Pension / Widow's pension / War widow's pension	No	0	8937	90.9
	Yes	1	889	9.1
	N Missing		101	
Q105b What are your current sources of income? Other government pension or allowance	No	0	8064	82.1
	Yes	1	1763	17.9
	N Missing		101	
Q105c What are your current sources of income? Lump sum superannuation payout	No	0	9476	96.4
	Yes	1	351	3.6
	N Missing		101	
Q105d What are your current sources of income? A pension or annuity purchased with superannuation or some other funds	No	0	8285	84.3
	Yes	1	1541	15.7
	N Missing		101	
Q105e What are your current sources of income? Income from savings and investments (such as shares and property)	No	0	7711	78.5
	Yes	1	2116	21.5
	N Missing		101	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q105f What are your current sources of income? Income from a business	No	0	8750	89.0
	Yes	1	1076	11.0
	N Missing		101	
Q105g What are your current sources of income? Income or pension from your spouse / partner	No	0	7732	78.7
	Yes	1	2094	21.3
	N Missing		101	
Q105h What are your current sources of income? Financial support from family	No	0	9771	99.4
	Yes	1	56	0.6
	N Missing		101	
Q105i What are your current sources of income? Spouse / Partner's superannuation	No	0	8564	87.1
	Yes	1	1263	12.9
	N Missing		101	
Q105j What are your current sources of income? Wage or salary	No	0	5488	55.8
	Yes	1	4339	44.2
	N Missing		101	
Q105k What are your current sources of income? Other sources	No	0	9720	98.9
	Yes	1	106	1.1
	N Missing		101	
Q106a When you are over 65 what will be your sources of income? Age pension / Service Pension / Widow's pension / War widow's pension	No	0	5213	53.3
	Yes	1	4567	46.7
	N Missing		157	
Q106b When you are over 65 what will be your sources of income? Other government pension or allowance	No	0	8876	90.8
	Yes	1	904	9.2
	N Missing		157	
Q106c When you are over 65 what will be your sources of income? Lump sum superannuation payout	No	0	8533	87.2
	Yes	1	1248	12.8
	N Missing		157	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q106d When you are over 65 what will be your sources of income? A pension or annuity purchased with superannuation or some other funds	No	0	6500	66.5
	Yes	1	3281	33.5
	N Missing		157	
Q106e When you are over 65 what will be your sources of income? Income from savings and investments (such as shares and property)	No	0	7197	73.6
	Yes	1	2584	26.4
	N Missing		157	
Q106f When you are over 65 what will be your sources of income? Income from a business	No	0	9101	93.1
	Yes	1	679	6.9
	N Missing		157	
Q106g When you are over 65 what will be your sources of income? Income or pension from your spouse / partner	No	0	8112	82.9
	Yes	1	1668	17.1
	N Missing		157	
Q106h When you are over 65 what will be your sources of income? Financial support from family	No	0	9738	99.6
	Yes	1	43	0.4
	N Missing		157	
Q106i When you are over 65 what will be your sources of income? Spouse / partner's superannuation	No	0	7651	78.2
	Yes	1	2129	21.8
	N Missing		157	
Q106j When you are over 65 what will be your sources of income? Wage or salary	No	0	8828	90.3
	Yes	1	953	9.7
	N Missing		157	
Q106k When you are over 65 what will be your sources of income? Other sources	No	0	9718	99.4
	Yes	1	62	0.6
	N Missing		157	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q107 When you are 65 how do you expect to manage on your available income?	Impossible	1	353	3.6
	Difficult always	2	1364	13.9
	Difficult sometimes	3	3275	33.4
	Not too bad	4	3978	40.6
	Easy	5	820	8.4
	N Missing		139	
Q108 What is the highest qualification you have completed?	No formal	1	1196	12.7
	School Cert.	2	2212	23.6
	Higher school ct	3	1821	19.4
	Trade/Apprentice	4	309	3.3
	Certificate/Diploma	5	1665	17.7
	University degree	6	1232	13.1
	Higher degree	7	948	10.1
	N Missing		538	
Q109a These questions are about getting on with other people: Are you sad or lonely often?	Yes	1	1243	12.7
	No	2	8581	87.3
	N Missing		108	
Q109b These questions are about getting on with other people: Do you feel uncomfortable with anyone in your family?	Yes	1	2007	20.4
	No	2	7819	79.6
	N Missing		103	
Q109c These questions are about getting on with other people: Can you take your own medication and get around by yourself?	Yes	1	9285	94.6
	No	2	526	5.4
	N Missing		109	
Q109d These questions are about getting on with other people: Do you feel that nobody wants you around?	Yes	1	301	3.1
	No	2	9542	96.9
	N Missing		92	
Q109e These questions are about getting on with other people: Does someone in your family make you stay in bed or tell you you're sick when you know you're not?	Yes	1	85	0.9
	No	2	9786	99.1
	N Missing		59	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q109f These questions are about getting on with other people: Has anyone forced you to do things you didn't want to do?	Yes	1	480	4.9
	No	2	9376	95.1
	N Missing		72	
Q109g These questions are about getting on with other people: Has anyone taken things that belong to you without your OK?	Yes	1	677	6.9
	No	2	9169	93.1
	N Missing		81	
Q109h These questions are about getting on with other people: Do you trust most people in your family?	Yes	1	9228	93.7
	No	2	620	6.3
	N Missing		83	
Q109i These questions are about getting on with other people: Do you have enough privacy at home?	Yes	1	9285	94.2
	No	2	572	5.8
	N Missing		71	
Q109j These questions are about getting on with other people: Has anyone close to you tried to hurt you or harm you recently?	Yes	1	225	2.3
	No	2	9618	97.7
	N Missing		81	
Q109k These questions are about getting on with other people: Has anyone close to you called you names or put you down or made you feel bad recently?	Yes	1	1197	12.1
	No	2	8657	87.9
	N Missing		74	
Q109l These questions are about getting on with other people: Are you afraid of anyone in your family?	Yes	1	316	3.2
	No	2	9530	96.8
	N Missing		82	
Q109m These questions are about getting on with other people: Does anyone in your family drink a lot of alcohol?	Yes	1	1505	15.3
	No	2	8347	84.7
	N Missing		75	
Q109n These questions are about getting on with other people: Have you ever been in a violent relationship with a partner/spouse?	Yes	1	1273	12.9
	No	2	8568	87.1
	N Missing		87	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q110 What is your present marital status?	Married	1	6890	70.0
	De facto opposite sex	2	480	4.9
	De facto same sex	3	49	0.5
	Separated	4	335	3.4
	Divorced	5	1203	12.2
	Widowed	6	586	5.9
	Never married	7	306	3.1
	N Missing		74	
Q111a How many people live with you now? No one, I live alone	Do not live alone	0	8165	82.6
	Live alone	1	1721	17.4
	N Missing		44	
Q111b How many people live with you now? Partner or spouse	None	0	2509	25.4
	One	1	7376	74.6
	N Missing		44	
Q111c How many people live with you now? Children under 16 years	None	0	9634	97.5
	One	1	163	1.6
	Two	2	59	0.6
	Three or more	3	30	0.3
	N Missing		44	
Q111d How many people live with you now? Children 16-18 years	None	0	9786	99.0
	One	1	90	0.9
	Two	2	7	0.1
	Three or more	3	2	0.0
	N Missing		44	
Q111e How many people live with you now? Children over 18 years	None	0	8339	84.4
	One	1	1197	12.1
	Two	2	285	2.9
	Three or more	3	64	0.6
	N Missing		44	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q111f How many people live with you now? Your parents or in-laws	None	0	9689	98.0
	One	1	183	1.8
	Two	2	9	0.1
	Three or more	3	4	0.0
	N Missing		44	
Q111g How many people live with you now? Other adult relatives	None	0	9387	95.0
	One	1	364	3.7
	Two	2	104	1.1
	Three or more	3	30	0.3
	N Missing		44	
Q111h How many people live with you now? Other adults (not family members)	None	0	9625	97.4
	One	1	210	2.1
	Two	2	31	0.3
	Three or more	3	19	0.2
	N Missing		44	
Q112a People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help you if you are confined to bed	None of time	1	810	8.2
	Little of time	2	936	9.5
	Some of time	3	1202	12.2
	Most of time	4	2694	27.3
	All of time	5	4210	42.7
	N Missing		92	
Q112b People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone you can count on to listen to you when you need to talk	None of time	1	241	2.4
	Little of time	2	691	7.0
	Some of time	3	1329	13.5
	Most of time	4	3402	34.5
	All of time	5	4196	42.6
	N Missing		82	

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q112c People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to give you advice about a crisis	None of time	1	344	3.5
	Little of time	2	765	7.8
	Some of time	3	1442	14.6
	Most of time	4	3546	36.0
	All of time	5	3750	38.1
	N Missing			92
Q112d People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to take you to the doctor if you need it	None of time	1	387	3.9
	Little of time	2	603	6.1
	Some of time	3	827	8.4
	Most of time	4	2705	27.5
	All of time	5	5325	54.1
	N Missing			92
Q112e People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who shows you love and affection	None of time	1	278	2.8
	Little of time	2	527	5.4
	Some of time	3	1050	10.7
	Most of time	4	2432	24.7
	All of time	5	5556	56.4
	N Missing			94
Q112f People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to have a good time with	None of time	1	275	2.8
	Little of time	2	668	6.8
	Some of time	3	1432	14.6
	Most of time	4	2957	30.0
	All of time	5	4511	45.8
	N Missing			98
Q112g People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to give you information to help you understand a situation	None of time	1	251	2.6
	Little of time	2	627	6.4
	Some of time	3	1368	13.9
	Most of time	4	3608	36.6
	All of time	5	3998	40.6
	N Missing			88

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q112h People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to confide in or talk to about yourself or your problems	None of time	1	354	3.6
	Little of time	2	794	8.1
	Some of time	3	1380	14.0
	Most of time	4	3172	32.2
	All of time	5	4157	42.2
	N Missing			83
Q112i People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who hugs you	None of time	1	425	4.3
	Little of time	2	922	9.4
	Some of time	3	1439	14.6
	Most of time	4	2353	23.9
	All of time	5	4712	47.8
	N Missing			86
Q112j People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to get together with for relaxation	None of time	1	286	2.9
	Little of time	2	734	7.4
	Some of time	3	1624	16.5
	Most of time	4	2985	30.3
	All of time	5	4223	42.9
	N Missing			89
Q112k People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to prepare your meals if you are unable to do it for yourself	None of time	1	784	8.0
	Little of time	2	955	9.7
	Some of time	3	1205	12.2
	Most of time	4	2464	25.0
	All of time	5	4445	45.1
	N Missing			88
Q112l People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone whose advice you really want	None of time	1	518	5.3
	Little of time	2	977	9.9
	Some of time	3	1596	16.2
	Most of time	4	3199	32.5
	All of time	5	3547	36.1
	N Missing			100

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q112m People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to do things with to help you get your mind off things	None of time	1	445	4.5
	Little of time	2	963	9.8
	Some of time	3	1794	18.2
	Most of time	4	3257	33.1
	All of time	5	3389	34.4
	N Missing			93
Q112n People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help with daily chores if you are sick	None of time	1	737	7.5
	Little of time	2	1020	10.4
	Some of time	3	1345	13.6
	Most of time	4	2646	26.8
	All of time	5	4107	41.7
	N Missing			86
Q112o People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to share your most private worries and fears with	None of time	1	760	7.7
	Little of time	2	1075	10.9
	Some of time	3	1389	14.1
	Most of time	4	2756	28.0
	All of time	5	3873	39.3
	N Missing			85
Q112p People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to turn to for suggestions about how to deal with a personal problem	None of time	1	529	5.4
	Little of time	2	1079	11.0
	Some of time	3	1497	15.2
	Most of time	4	2985	30.3
	All of time	5	3757	38.2
	N Missing			91
Q112q People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to do something enjoyable with	None of time	1	215	2.2
	Little of time	2	701	7.1
	Some of time	3	1576	16.0
	Most of time	4	3128	31.8
	All of time	5	4226	42.9
	N Missing			91

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q112r People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who understands your problems	None of time	1	435	4.4
	Little of time	2	914	9.3
	Some of time	3	1606	16.3
	Most of time	4	3218	32.7
	All of time	5	3676	37.3
	N Missing			93
Q112s People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to love and make you feel wanted	None of time	1	474	4.8
	Little of time	2	744	7.5
	Some of time	3	1090	11.1
	Most of time	4	2433	24.7
	All of time	5	5111	51.9
	N Missing			89
Q113a In general, are you satisfied with what you have achieved in your life so far in the areas of: Work	Very satisfied	1	2773	28.7
	Satisfied	2	5967	61.7
	Dissatisfied	3	749	7.8
	Very dissatisfied	4	176	1.8
	N Missing			286
Q113b In general, are you satisfied with what you have achieved in your life so far in the areas of: Career	Very satisfied	1	2259	24.5
	Satisfied	2	5352	57.9
	Dissatisfied	3	1354	14.7
	Very dissatisfied	4	272	2.9
	N Missing			779
Q113c In general, are you satisfied with what you have achieved in your life so far in the areas of: Study	Very satisfied	1	1470	16.4
	Satisfied	2	5178	57.9
	Dissatisfied	3	1982	22.1
	Very dissatisfied	4	321	3.6
	N Missing			1093
Q113d In general, are you satisfied with what you have achieved in your life so far in the areas of: Family relationships	Very satisfied	1	4032	41.2
	Satisfied	2	4860	49.7
	Dissatisfied	3	744	7.6
	Very dissatisfied	4	144	1.5
	N Missing			147

ALSWH Data book for the sixth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q113e In general, are you satisfied with what you have achieved in your life so far in the areas of: Partner/closest personal relationship	Very satisfied	1	4215	43.8
	Satisfied	2	3699	38.4
	Dissatisfied	3	1281	13.3
	Very dissatisfied	4	437	4.5
	N Missing		284	
Q113f In general, are you satisfied with what you have achieved in your life so far in the areas of: Friendships	Very satisfied	1	3876	39.5
	Satisfied	2	5261	53.7
	Dissatisfied	3	572	5.8
	Very dissatisfied	4	95	1.0
	N Missing		127	
Q113g In general, are you satisfied with what you have achieved in your life so far in the areas of: Social activities	Very satisfied	1	2388	24.5
	Satisfied	2	6102	62.5
	Dissatisfied	3	1096	11.2
	Very dissatisfied	4	170	1.7
	N Missing		168	
Q115 Did someone help you fill in this survey?	No	1	9748	98.6
	Told me answers	2	118	1.2
	Used own judgement	3	17	0.2
	N Missing		43	
ARIA+ Grouped into categories	Major cities	1	6214	62.6
	Inner regional	2	2488	25.1
	Outer regional	3	1052	10.6
	Remote	4	122	1.2
	Very remote	5	36	0.4
	Overseas	6	16	0.2
	N Missing		5	
PF - Physical Functioning Subscale	Mean		78.93	
	Std Error		0.21	
	N		9929	
	N Missing		82	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
RP - Role Physical Scale	Mean		74.00	
	Std Error		0.38	
	N		9948	
	N Missing		63	
BP - Bodily Pain Subscale	Mean		67.18	
	Std Error		0.24	
	N		9993	
	N Missing		18	
GH - General Health Subscale	Mean		70.62	
	Std Error		0.21	
	N		9988	
	N Missing		23	
VT - Vitality Index Scale	Mean		60.56	
	Std Error		0.21	
	N		9987	
	N Missing		24	
SF - Social Functioning Scale	Mean		83.24	
	Std Error		0.24	
	N		9997	
	N Missing		14	
RE - Role Emotional Scale	Mean		83.34	
	Std Error		0.33	
	N		9943	
	N Missing		68	
MH - Mental Health Subscale	Mean		76.31	
	Std Error		0.18	
	N		9988	
	N Missing		23	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
PCSWHA - Physical health summary score - standardised to the WHA population	Mean		46.61	
	Std Error		0.11	
	N		9838	
	N Missing		173	
MCSWHA - Mental health summary score - standardised to the WHA population	Mean		53.32	
	Std Error		0.09	
	N		9838	
	N Missing		173	
Q95Aah Please estimate how much time you spent sitting in each of the following activities on your last working day and on your last non working day (weekend day or day off) For transport (eg in car, bus, train etc) WORK DAY	Mean		1.43	
	Std Error		0.03	
	N		3340	
	N Missing		6671	
Q95Aam Please estimate how much time you spent sitting in each of the following activities on your last working day and on your last non working day (weekend day or day off) For transport (eg in car, bus, train etc) WORK DAY	Mean		21.65	
	Std Error		0.22	
	N		4639	
	N Missing		5372	
Q95Bah Please estimate how much time you spent SITTING in each of the following activities on your last working day and on your last non working day (weekend day or day off) For transport (eg in car, bus, train etc) NON WORK DAY	Mean		1.63	
	Std Error		0.04	
	N		3866	
	N Missing		6145	
Q95Bam Please estimate how much time you spent SITTING in each of the following activities on your last working day and on your last non working day (weekend day or day off) For transport (eg in car, bus, train etc) NON WORK DAY	Mean		18.28	
	Std Error		0.23	
	N		4217	
	N Missing		5794	
Q95Abh Please estimate how much time you spent sitting in each of the following activities on your last working day and on your last non working day (weekend day or day off) At work (eg sitting at a desk or using a computer) WORK DAY	Mean		4.04	
	Std Error		0.06	
	N		4872	
	N Missing		5139	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q95Abm Please estimate how much time you spent sitting in each of the following activities on your last working day and on your last non working day (weekend day or day off) At work (eg sitting at a desk or using a computer) WORK DAY	Mean		11.41	
	Std Error		0.27	
	N		3065	
	N Missing		6946	
Q95Bbh Please estimate how much time you spent SITTING in each of the following activities on your last working day and on your last non working day (weekend day or day off) At work (eg sitting at a desk or using a computer) NON WORK DAY	Mean		1.47	
	Std Error		0.03	
	N		3493	
	N Missing		6518	
Q95Bbm Please estimate how much time you spent SITTING in each of the following activities on your last working day and on your last non working day (weekend day or day off) At work (eg sitting at a desk or using a computer) NON WORK DAY	Mean		8.69	
	Std Error		0.28	
	N		2624	
	N Missing		7387	
Q95Ach Please estimate how much time you spent sitting in each of the following activities on your last working day and on your last non working day (weekend day or day off) Watching TV WORK DAY	Mean		2.60	
	Std Error		0.03	
	N		5616	
	N Missing		4395	
Q95Acm Please estimate how much time you spent sitting in each of the following activities on your last working day and on your last non working day (weekend day or day off) Watching TV WORK DAY	Mean		9.18	
	Std Error		0.28	
	N		2739	
	N Missing		7272	
Q95Bch Please estimate how much time you spent SITTING in each of the following activities on your last working day and on your last non working day (weekend day or day off) Watching tv NON WORK DAY	Mean		3.54	
	Std Error		0.05	
	N		6840	
	N Missing		3171	
Q95Bcm Please estimate how much time you spent SITTING in each of the following activities on your last working day and on your last non working day (weekend day or day off) Watching tv NON WORK DAY	Mean		7.87	
	Std Error		0.25	
	N		3048	
	N Missing		6963	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q95Adh Please estimate how much time you spent sitting in each of the following activities on your last working day and on your last non working day (weekend day or day off) Using a computer at home (email, games, information, chatting) WORK DAY	Mean		1.19	
	Std Error		0.03	
	N		3609	
	N Missing		6402	
Q95Adm Please estimate how much time you spent sitting in each of the following activities on your last working day and on your last non working day (weekend day or day off) Using a computer at home (email, games, information, chatting) WORK DAY	Mean		12.66	
	Std Error		0.26	
	N		3144	
	N Missing		6867	
Q95Bdh Please estimate how much time you spent SITTING in each of the following activities on your last working day and on your last non working day (weekend day or day off) Using a computer at home (email, games, information, chatting) NON WORK DAY	Mean		1.61	
	Std Error		0.03	
	N		4809	
	N Missing		5202	
Q95Bdm Please estimate how much time you spent SITTING in each of the following activities on your last working day and on your last non working day (weekend day or day off) Using a computer at home (email, games, information, chatting) NON WORK DAY	Mean		12.97	
	Std Error		0.24	
	N		3713	
	N Missing		6298	
Q95Aeh Please estimate how much time you spent sitting in each of the following activities on your last working day and on your last non working day (weekend day or day off) Other leisure activities (socializing, movies, etc, but NOT including TV or computer use) WORK DAY	Mean		1.31	
	Std Error		0.03	
	N		3718	
	N Missing		6293	
Q95Aem Please estimate how much time you spent sitting in each of the following activities on your last working day and on your last non working day (weekend day or day off) Other leisure activities (socializing, movies, etc, but NOT including TV or computer use) WORK DAY	Mean		6.77	
	Std Error		0.26	
	N		2498	
	N Missing		7513	
Q95Beh Please estimate how much time you spent SITTING in each of the following activities on your last working day and on your last non working day (weekend day or day off) Other leisure activities (socializing, movies, etc but NOT including TV or computer use) NON WORK DAY	Mean		2.62	
	Std Error		0.03	
	N		5750	
	N Missing		4261	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q95Bem Please estimate how much time you spent SITTING in each of the following activities on your last working day and on your last non working day (weekend day or day off) Other leisure activities (socializing, movies, etc but NOT including TV or computer use) NON WORK DAY	Mean		5.86	
	Std Error		0.23	
	N		2863	
	N Missing		7148	
Q96Ah How much time did you spend SLEEPING on each of these days? WORK DAY	Mean		6.75	
	Std Error		0.04	
	N		6758	
	N Missing		3253	
Q96Am How much time did you spend SLEEPING on each of these days? WORK DAY	Mean		11.37	
	Std Error		0.27	
	N		2943	
	N Missing		7068	
Q96Bh How much time did you spend SLEEPING on each of these days? NON-WORK DAY	Mean		7.29	
	Std Error		0.04	
	N		7560	
	N Missing		2451	
Q96Bm How much time did you spend SLEEPING on each of these days? NON-WORK DAY	Mean		10.07	
	Std Error		0.25	
	N		3244	
	N Missing		6767	
Number of medications	Mean		4.06	
	Std Error		0.03	
	N		9738	
	N Missing		273	
Age at time survey returned	Mean		61.54	
	Std Error		0.01	
	N		10011	
	N Missing		0	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
What is your year of birth?	Mean		1948.26	
	Std Error		0.01	
	N		10011	
	N Missing		0	
State participant resides in at the completion of each survey	NSW	1	2934	29.8
	Vic	2	2368	24.1
	Qld	3	1954	19.9
	SA	4	928	9.4
	WA	5	1051	10.7
	Tas	6	307	3.1
	NT	7	89	0.9
	ACT	8	192	2.0
	Overseas	9	11	0.1
	N Missing		106	
Alcohol status- NHMRC (AlcNHMRC)	Low risk drinker	1	5579	56.8
	Non-drinker	2	1340	13.6
	Rarely drinks	3	2219	22.6
	Risky drinker	4	620	6.3
	High risk drinker	5	70	0.7
	N Missing		88	
Alcohol pattern (AlcPAtt)	Low long-term risk, drinks at short-term risk less than weekly	1	7572	77.5
	Non-drinker	2	1340	13.7
	Low long-term risk, drinks at short-term risk weekly or more	3	163	1.7
	Risky/high risk drinker	4	690	7.1
	N Missing		147	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Smoking status - smokst	Never-smoker	1	6048	61.1
	Ex-smoker	2	2954	29.9
	Smoker <10 c/d	3	230	2.3
	Smoker 10-19 c/d	4	327	3.3
	Smoker > = 20 c/d	5	334	3.4
	N Missing			35
Exercise Status Grouped	Nil/sedentary	1	1490	16.0
	Low	2	2465	26.4
	Moderate	3	2020	21.7
	High	4	3349	35.9
	N Missing			683
Exercise statistic	Mean		1193.35	
	Std Error		14.65	
	N		9328	
	N Missing		683	
Life satisfaction score	Mean		3.15	
	Std Error		0.00	
	N		9842	
	N Missing		169	
CES-D10	Mean		5.60	
	Std Error		0.05	
	N		9719	
	N Missing		292	
Mean Stress	Mean		0.51	
	Std Error		0.00	
	N		9962	
	N Missing		49	
Proportion of Life events 0 to 1	Mean		0.06	
	Std Error		0.00	
	N		9987	
	N Missing		24	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
MACQ cognitive decline scale				
	Mean		24.64	
	Std Error		0.04	
	N		9989	
	N Missing		22	
GoldAnx - Goldberg Anxiety Scale Derived variable, sum of first 9 - anxiety only - units on the GADS (formerly known as GAS)				
	Mean		3.61	
	Std Error		0.03	
	N		9914	
	N Missing		97	
The 6-item sum is referred to as the Revised Life Orientation Test (LOT-R) score. Higher scores indicate a more optimistic outlook.				
	Mean		16.32	
	Std Error		0.04	
	N		9913	
	N Missing		98	
Hours worked				
	1 to 15 hours	1	1347	13.7
	16 to 24 hours	2	1024	10.4
	25 to 34 hours	3	975	9.9
	35 to 40 hours	4	1258	12.8
	40 to 48 hours	5	590	6.0
	49 + hours	6	548	5.6
	Not in Labour Force	7	4107	41.7
	N Missing		83	
Categories based on Hours worked (hrs)				
	Not in Lab Force/Unemployed	0	4107	41.7
	Part time	1	3346	34.0
	Full time	2	2397	24.3
	N Missing		83	
Payment for work				
	Employed, not paid	0	835	8.5
	Employed, paid	1	4907	49.8
	not in labour force/unemployed	2	4107	41.7
	N Missing		83	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Labour Force Participation	Not in labour force	0	4048	41.1
	Labour force employed	1	5742	58.3
	Labour force unemployed	2	59	0.6
	N Missing		83	
Grouped Mean value of MOS scale values for Emotional/Informational Support, 1 to 5. Higher scores for subscales and the index indicate more social support.	All the time	1	4953	50.3
	Most of the time	2	2912	29.6
	Some of the time	3	1327	13.5
	None/little of the time	4	660	6.7
	N Missing		88	
Grouped Mean value of MOS scale values for Positive Social Interaction, 1 to 5. Higher scores for subscales and the index indicate more social support.	All the time	1	5563	56.5
	Most of the time	2	2568	26.1
	Some of the time	3	1202	12.2
	None/little of the time	4	517	5.2
	N Missing		90	
	All the time	1	5338	54.2
	Most of the time	2	2613	26.5
	Some of the time	3	1304	13.2
	None/little of the time	4	594	6.0
	N Missing		90	
Grouped Mean value of MOS scale values for Tangible Support, 1 to 5 Higher scores for subscales and the index indicate more social support.	All the time	1	5209	53.0
	Most of the time	2	2505	25.5
	Some of the time	3	1150	11.7
	None/little of the time	4	961	9.8
	N Missing		124	
MOS emotional/informational	Mean		3.94	
	Std Error		0.01	
	N		9923	
	N Missing		88	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Mean value of MOS scale values for Affectionate Support, 1 to 5	Mean		4.10	
	Std Error		0.01	
	N		9921	
	N Missing		90	
Mean value of MOS scale values for Tangible Support, 1 to 5	Mean		3.96	
	Std Error		0.01	
	N		9887	
	N Missing		124	
Mean value of MOS scale values for Positive Social Interaction, 1 to 5	Mean		3.99	
	Std Error		0.01	
	N		9921	
	N Missing		90	
Life Control Scale	Mean		20.15	
	Std Error		0.05	
	N		9949	
	N Missing		62	
Q82atotmin Total minutes spent last week, walking briskly	Mean		208.45	
	Std Error		3.07	
	N		9512	
	N Missing		499	
Q82btotmin Total minutes spent last week, moderate leisure activity	Mean		72.52	
	Std Error		1.74	
	N		9653	
	N Missing		358	
Q82ctotmin Total minutes spent last week, vigorous leisure	Mean		38.95	
	Std Error		1.12	
	N		9670	
	N Missing		341	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q82dtotmin Total minutes spent last week, vigorous household/garden	Mean		209.45	
	Std Error		3.77	
	N		9467	
	N Missing		544	
Q94totmin Total minutes at work on average working day	Mean		419.57	
	Std Error		5.26	
	N		8321	
	N Missing		1690	
Q95aWtotmin Total minutes sitting for transport/work day	Mean		64.32	
	Std Error		1.13	
	N		6326	
	N Missing		3685	
Q95bWtotmin Total minutes sitting at work/work day	Mean		213.67	
	Std Error		3.12	
	N		5770	
	N Missing		4241	
Q95cWtotmin Total minutes sitting watching TV/work day	Mean		148.97	
	Std Error		1.93	
	N		6061	
	N Missing		3950	
Q95dWtotmin Total minutes sitting using PC at home/work day	Mean		57.80	
	Std Error		1.25	
	N		5197	
	N Missing		4814	
Q95eWtotmin Total minutes sitting for other leisure/work day	Mean		67.34	
	Std Error		1.56	
	N		4656	
	N Missing		5355	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q96Wtotmin Total minutes sleeping on work day	Mean		405.28	
	Std Error		2.43	
	N		6857	
	N Missing		3154	
Q95aNWtotmin Total _minutes sitting for transport/non work day	Mean		75.35	
	Std Error		1.47	
	N		6266	
	N Missing		3745	
Q95bNWtotmin Total _minutes sitting at work/non work day	Mean		74.29	
	Std Error		1.60	
	N		4486	
	N Missing		5525	
Q95cNWtotmin Total _minutes sitting watching TV/non work day	Mean		209.06	
	Std Error		2.65	
	N		7091	
	N Missing		2920	
Q95dNWtotmin Total _minutes sitting using PC at home/non work day	Mean		81.08	
	Std Error		1.26	
	N		6378	
	N Missing		3633	
Q95eNWtotmin Total _minutes sitting for other leisure/non work day	Mean		148.44	
	Std Error		1.89	
	N		6224	
	N Missing		3787	
Q96NWtotmin Total _minutes sleeping on non work day	Mean		436.03	
	Std Error		2.48	
	N		7687	
	N Missing		2324	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
PCS_ABS - Physical health summary score - standardised against the entire Australian adult population	Mean		46.83	
	Std Error		0.10	
	N		9838	
	N Missing		173	
MCS_ABS - Mental health summary score - standardised against the entire Australian adult population	Mean		50.57	
	Std Error		0.11	
	N		9838	
	N Missing		173	
PCS_US - Physical health summary score - standardised against the entire US adult population	Mean		46.61	
	Std Error		0.10	
	N		9838	
	N Missing		173	
MCS_US - Mental health summary score - standardised against the entire US adult population	Mean		51.78	
	Std Error		0.10	
	N		9838	
	N Missing		173	
What is your waist measurement? (If you are pregnant now, write in your waist measurement for the month prior to your pregnancy.)	Mean		90.04	
	Std Error		0.14	
	N		8808	
	N Missing		1203	
WHO BMI Groupings	Underweight, BMI < 18.5	1	131	1.3
	Healthy weight, 18.5 <= BMI < 25	2	3616	37.2
	Overweight, 25 <= BMI < 30	3	3356	34.6
	Obese, 30 <= BMI	4	2608	26.9
	N Missing		253	
How much do you weigh without clothes or shoes?	Mean		72.57	
	Std Error		0.15	
	N		9762	
	N Missing		249	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Body Mass Index (BMI)	Mean		27.35	
	Std Error		0.06	
	N		9747	
	N Missing		264	
Menopausal Status (New in 2008)	Hysterectomy only	1	2067	21.3
	Oophorectomy only	2	120	1.2
	Hysterectomy and oophorectomy	3	1043	10.7
	HRT use	4	409	4.2
	Pre-menopausal	6	2	0.0
	Peri-menopausal	7	25	0.3
	Post-menopausal	8	6040	62.1
	Unclassifiable	9	13	0.1
	N Missing		209	
Menopausal Status Grouped (New in 2008)	Surgical menopause	1	3231	33.3
	HRT use	2	409	4.2
	Pre-menopausal	4	2	0.0
	Peri-menopausal	5	25	0.3
	Post-menopausal	6	6040	62.2
	N Missing		222	
How tall are you without shoes?	Mean		162.86	
	Std Error		0.07	
	N		9995	
	N Missing		16	
Age at time of survey returned in years	Mean		61.10	
	Std Error		0.01	
	N		10011	
	N Missing		0	
Raw value of m6Q55a_kg	Mean		73.51	
	Std Error		0.25	
	N		9071	
	N Missing		940	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Raw value of m6Q55a_st	Mean		10.58	
	Std Error		0.22	
	N		768	
	N Missing		9243	
Raw value of m6Q55a_lb	Mean		5.91	
	Std Error		0.29	
	N		501	
	N Missing		9510	
Raw value of m6Q56_cm	Mean		159.59	
	Std Error		0.42	
	N		4087	
	N Missing		5924	
Raw value of m6Q55b_ft	Mean		4.98	
	Std Error		0.00	
	N		5843	
	N Missing		4168	
Raw value of m6Q56_in	Mean		4.88	
	Std Error		0.07	
	N		5687	
	N Missing		4324	
Survey status	1		1	9931 100.0