## women's

health

## $a u s t r a l i a$

the australian longitudinal studyon women's health


## Data book for the seventh survey of the 1946-1951 cohort (aged 62-67 years)

This work is copyright. Permission to use or reproduce material in this book for the purpose of free distribution is not required, provided that proper acknowledgement of the source is given. For other uses, apart from any permitted use under the Copyright Act 1968, no part may be reproduced by any process without written permission from the Director, Australian Longitudinal Study on Women's Health, University of Queensland.

## Acknowledgements

This study is funded by the Australian Government Department of Health. This document was prepared by Carl Holder and David Fitzgerald, with help from the data management group of the Australian Longitudinal Study on Women's Health (ALSWH) at the Universities of Queensland and Newcastle. The research team would like to thank all participants who contributed to the project.

## Notes

During 2013, 9,151 valid surveys were returned by members of the ALSWH 1946-51 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (http://www.alwsh.org.au/). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:
Australian Longitudinal Study on Women's Health
www.alswh.org.au

The University of Newcastle
Research Centre for Gender, Health \& Ageing
University Drive
Callaghan NSW 2308
Phone: 0240420686
Fax: 0240420044
Email: info@alswh.org.au

The University of Queensland
School of Public Health Herston Road
Herston QLD 4006
Phone: 0733464723
Fax: 0733655540
Email: sph-wha@sph.uq.edu.au

| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q1 In general, would you say your health is: |  |  |  |  |
|  | Excellent | 1 | 875 | 9.7 |
|  | Very good | 2 | 3471 | 38.4 |
|  | Good | 3 | 3504 | 38.8 |
|  | Fair | 4 | 1038 | 11.5 |
|  | Poor | 5 | 153 | 1.7 |
|  | N Missing |  | 20 |  |
| Q2 Compared to one year ago, how would you rate your health in general now | Much better | 1 | 516 | 5.7 |
|  | Somewhat better | 2 | 1151 | 12.7 |
|  | About the same | 3 | 6051 | 66.9 |
|  | Somewhat worse | 4 | 1192 | 13.2 |
|  | Much worse | 5 | 134 | 1.5 |
|  | N Missing |  | 20 |  |
| Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports | Limited a lot | 1 | 3473 | 38.6 |
|  | Limited a little | 2 | 4252 | 47.3 |
|  | Not limited | 3 | 1263 | 14.0 |
|  | N Missing |  | 81 |  |
| Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf | Limited a lot | 1 | 654 | 7.2 |
|  | Limited a little | 2 | 2530 | 28.0 |
|  | Not limited | 3 | 5848 | 64.7 |
|  | N Missing |  | 32 |  |
| Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries | Limited a lot | 1 | 425 | 4.7 |
|  | Limited a little | 2 | 2191 | 24.2 |
|  | Not limited | 3 | 6425 | 71.1 |
|  | N Missing |  | 24 |  |
| Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs | Limited a lot | 1 | 1253 | 13.9 |
|  | Limited a little | 2 | 3483 | 38.6 |
|  | Not limited | 3 | 4287 | 47.5 |
|  | N Missing |  | 41 |  |


| Item Description | Categories | Values |
| :--- | :--- | :--- |
| Q3e The following questions are about activities you might do <br> during a typical day. Does your health now limit you in these <br> activities? If so, how much? Climbing one flight of stairs | Limited a lot |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q4c During the past four weeks, have you had any of the following <br> problems with your work (including your work outside the home <br> and housework) or other regular daily activities as a result of your <br> physical health? Were limited in the kind of work or other activities | Yo |  |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | ---: |
| Q8 During the past four weeks, how much did pain interfere with <br> your normal work (including both work outside the home and <br> housework)? | Not at all |  |  |
|  | A little bit | 1 | 4319 |
|  | Moderately | 47.7 |  |
|  | Quite a bit | 2653 | 29.3 |
|  | Extremely | 3 | 1194 |

Q9a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?

Q9b For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person

Q9c For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up

| All the time | 1 | 456 | 5.1 |
| :--- | :--- | ---: | ---: |
| Most of the time | 2 | 3668 | 40.7 |
| A good bit of the time | 3 | 1926 | 21.4 |
| Some of the time | 4 | 1675 | 18.6 |
| Little of the time | 5 | 893 | 9.9 |
| None of the time | 6 | 398 | 4.4 |
| N Missing |  | 46 |  |


| All the time | 1 | 103 | 1.1 |
| :--- | :--- | ---: | ---: |
| Most of the time | 2 | 179 | 2.0 |
| A good bit of the time | 3 | 350 | 3.9 |
| Some of the time | 4 | 1135 | 12.6 |
| Little of the time | 5 | 2669 | 29.6 |
| None of the time | 6 | 4583 | 50.8 |
| N Missing |  | 46 |  |


| All the time | 1 | 47 | 0.5 |
| :--- | ---: | ---: | ---: |
| Most of the time | 2 | 111 | 1.2 |
| A good bit of the time | 3 | 234 | 2.6 |
| Some of the time | 4 | 710 | 7.9 |
| Little of the time | 5 | 1511 | 16.7 |
| None of the time | 6 | 6417 | 71.1 |
| N Missing |  | 39 |  |


| Item Description |  | Calegories | Number |
| :--- | :--- | ---: | :--- |
| Q9d For each question, please give the one answer that comes <br> closest to the way you have been feeling. How much of the time <br> during the past four weeks. Have you felt calm and peaceful | All the time |  |  |


| Item Description |
| :--- |
| Q9h For each question, please give the one answer that comes |
| closest to the way you have been feeling. How much of the time |
| during the past four weeks. Have you been a happy person |

Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel tired

| All the time | 1 | 1064 | 11.8 |
| :--- | :--- | ---: | :--- |
| Most of the time | 2 | 4748 | 52.7 |
| A good bit of the time | 3 | 1400 | 15.5 |
| Some of the time | 4 | 1190 | 13.2 |
| Little of the time | 5 | 433 | 4.8 |
| None of the time | 6 | 173 | 1.9 |
| N Missing |  | 54 |  |


| All the time | 1 | 282 | 3.1 |
| :--- | :--- | ---: | ---: |
| Most of the time | 2 | 575 | 6.4 |
| A good bit of the time | 3 | 1176 | 13.0 |
| Some of the time | 4 | 2879 | 31.9 |
| Little of the time | 5 | 3497 | 38.7 |
| None of the time | 6 | 621 | 6.9 |
| N Missing |  | 41 |  |

Q10 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?

| All the time | 1 | 165 | 1.8 |
| :--- | ---: | ---: | ---: |
| Most of the time | 2 | 405 | 4.5 |
| Some of the time | 3 | 1298 | 14.4 |
| Little of the time | 4 | 1641 | 18.2 |
| None of the time | 5 | 5517 | 61.1 |
| N Missing |  | 36 |  |
|  |  |  |  |
| Definitely true | 1 | 129 | 1.5 |
| Mostly true | 2 | 362 | 4.1 |
| Don't know | 3 | 700 | 7.9 |
| Mostly false | 4 | 1904 | 21.5 |
| Definitely false | 5 | 5760 | 65.0 |
| N Missing |  | 217 |  |
|  |  |  |  |
| Definitely true | 1 | 2841 | 31.9 |
| Mostly true | 2 | 3784 | 42.5 |
| Don't know | 3 | 1097 | 12.3 |
| Mostly false | 4 | 723 | 8.1 |
| Definitely false | 5 | 452 | 5.1 |
| N Missing |  | 186 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q11c How true or false is each of the following statements for  <br> you? I expect my health to get worse  |  |  |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q12c How many times have you consulted the following people <br> for your own health in the last twelve months? A specialist doctor | None |  |  |
|  | Once or twice | 3897 | 43.1 |
|  | 3 or 4 times | 1 | 3330 |


| Item Description |  | Categories | Nalues |
| :--- | :--- | ---: | :--- |
| Q13h Have you consulted the following people for your own health <br> in the last 12 months? A dentist | Yes | 1 | 6443 |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q14b How often have you used the following therapies for your  <br> own health in the last 12 months? Yoga or Meditation  | Never | 1 | 6437 |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | ---: |
| Q15b When you go to a General Practitioner: Do you usually see <br> the same doctor |  |  |  |
|  | Always | 1 | 4652 |
|  | Most of time | 51.4 |  |
|  | Sometimes | 2 | 3681 |

Q17 Have you been admitted to hospital in the last 12 months?

| No | 1 | 6737 | 74.8 |
| :--- | :--- | ---: | :--- |
| Yes, day only | 2 | 1152 | 12.8 |
| Yes, spent at least one night | 3 | 1124 | 12.5 |
| N Missing |  | 46 |  |

Q18 Do you have a Health Care Card ? This is a card that entitles you to discounts and assistance with medical expenses. This is not the same as a Medicare card.

| Yes | 1 | 4133 | 45.8 |
| :--- | ---: | ---: | ---: |
| No | 2 | 4883 | 54.2 |
| N Missing |  | 53 |  |

Q19a Do you have private health insurance for hospital cover?

| Yes | 1 | 6468 | 71.7 |
| :--- | :--- | ---: | ---: |
| No, Vet affairs | 2 | 55 | 0.6 |
| No, cannot afford it | 3 | 1531 | 17.0 |
| No, not good value | 4 | 406 | 4.5 |
| No, don't need it | 5 | 203 | 2.2 |
| No, other reason | 6 | 359 | 4.0 |
| N Missing |  | 38 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | ---: |
| Q19b Do you have private health insurance for ancillary services? <br> (eg. dental, physiotherapy) |  |  |  |
|  | Yes | 1 | 5972 |
|  | No, Vet affairs | 66.2 |  |
|  | No, cannot afford it | 54 | 0.6 |
|  | No, not good value | 3 | 1597 |
|  | No, don't need it | 4.7 |  |
|  | No, services not available | 712 | 7.9 |
|  | No, other reason | 5 | 237 |

Q20a When did you last have: A pap test

| In last 2 years | 1 | 5136 | 57.2 |
| :--- | :--- | ---: | ---: |
| 2 to 5 years ago | 2 | 1046 | 11.7 |
| More than 5 years ago | 3 | 2151 | 24.0 |
| Never | 4 | 241 | 2.7 |
| Don't know | 5 | 402 | 4.5 |
| N Missing |  | 102 |  |

Q20b When did you last have: A mammogram

| In last 2 years | 1 | 7487 | 83.2 |
| :--- | :--- | ---: | ---: |
| 2 to 5 years ago | 2 | 745 | 8.3 |
| More than 5 years ago | 3 | 461 | 5.1 |
| Never | 4 | 247 | 2.7 |
| Don't know | 5 | 60 | 0.7 |
| N Missing |  | 68 |  |

Q21a In the PAST THREE YEARS have you had an abnormal result from: A Pap test?

| Yes | 1 | 210 | 2.4 |
| :--- | :--- | ---: | ---: |
| No | 2 | 8177 | 92.4 |
| Don't know | 3 | 463 | 5.2 |
| N Missing |  | 217 |  |

Q21b In the PAST THREE YEARS have you had an abnormal result from: A mammogram?

| Yes | 1 | 589 | 6.6 |
| :--- | :--- | ---: | ---: |
| No | 2 | 8139 | 90.7 |
| Don't know | 3 | 249 | 2.8 |
| N Missing |  | 81 |  |

Q22a In the past three years, have you: Had your blood pressure checked? Doctor

| No | 0 | 522 | 5.8 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 8518 | 94.2 |
| N Missing |  | 22 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q22a In the past three years, have you: Had your blood pressure checked? Not checked | No | 0 | 8907 | 98.5 |
|  | Yes | 1 | 133 | 1.5 |
|  | N Missing |  | 22 |  |
| Q22a In the past three years, have you: Had your blood pressure checked? Nurse | No | 0 | 8052 | 89.1 |
|  |  |  |  |  |
|  | Yes | 1 | 988 | 10.9 |
|  | N Missing |  | 22 |  |
| Q22a In the past three years, have you: Had your blood pressure checked? Other | No | 0 | 8490 | 93.9 |
|  | Yes | 1 | 550 | 6.1 |
|  | N Missing |  | 22 |  |
| Q22b In the past three years, have you: Had your cholesterol checked? Doctor | No | 0 | 1223 | 13.6 |
|  | Yes | 1 | 7789 | 86.4 |
|  | N Missing |  | 50 |  |
| Q22b In the past three years, have you: Had your cholesterol checked? Not checked | No | 0 | 8116 | 90.1 |
|  | Yes | 1 | 896 | 9.9 |
|  | N Missing |  | 50 |  |
| Q22b In the past three years, have you: Had your cholesterol checked? Nurse | No | 0 | 8818 | 97.8 |
|  | Yes | 1 | 195 | 2.2 |
|  | N Missing |  | 50 |  |
| Q22b In the past three years, have you: Had your cholesterol checked? Other | No | 0 | 8798 | 97.6 |
|  | Yes | 1 | 215 | 2.4 |
|  | N Missing |  | 50 |  |
| Q22c In the past three years, have you: Had your blood sugar level checked? Doctor | No | 0 | 1741 | 19.3 |
|  | Yes | 1 | 7255 | 80.7 |
|  | N Missing |  | 69 |  |
| Q22c In the past three years, have you: Had your blood sugar level checked? Not checked | No | 0 | 7729 | 85.9 |
|  | Yes | 1 | 1267 | 14.1 |
|  | N Missing |  | 69 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q22c In the past three years, have you: Had your blood sugar level checked? Nurse |  |  |  |  |
|  | No | 0 | 8676 | 96.4 |
|  | Yes | 1 | 320 | 3.6 |
|  | N Missing |  | 69 |  |
| Q22c In the past three years, have you: Had your blood sugar level checked? Other | No | 0 | 8668 | 96.4 |
|  | Yes | 1 | 328 | 3.6 |
|  | N Missing |  | 69 |  |
| Q22d In the past three years, have you: Had your skin checked (eg spots, lesions, moles)? Doctor | No | 0 | 3367 | 37.4 |
|  | No | 0 | 3367 | 37.4 |
|  | Yes | 1 | 5639 | 62.6 |
|  | N Missing |  | 61 |  |
| Q22d In the past three years, have you: Had your skin checked (eg spots, lesions, moles)? Not checked | No | 0 | 5817 | 64.6 |
|  | Yes | 1 | 3189 | 35.4 |
|  | N Missing |  | 61 |  |
| Q22d In the past three years, have you: Had your skin checked (eg spots, lesions, moles)? Nurse | No | 0 | 8958 | 99.5 |
|  | Yes | 1 | 48 | 0.5 |
|  | N Missing |  | 61 |  |
| Q22d In the past three years, have you: Had your skin checked (eg spots, lesions, moles)? Other | No | 0 | 8839 | 98.1 |
|  | Yes | 1 | 167 | 1.9 |
|  | N Missing |  | 61 |  |
| Q23a In the past three years, have you: Had your breasts examined by a doctor or nurse? | Yes | 1 | 5276 | 58.5 |
|  | No | 2 | 3748 | 41.5 |
|  | N Missing |  | 36 |  |
| Q23b In the past three years, have you: Carried out regular monthly breast self examination? | Yes | 1 | 4867 | 54.1 |
|  | No | 2 | 4127 | 45.9 |
|  | N Missing |  | 58 |  |
| Q23c In the last three years, have you had: A Bone density test |  |  |  |  |
|  | Yes | 1 | 2616 | 29.0 |
|  | No | 2 | 6404 | 71.0 |
|  | N Missing |  | 41 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q23d In the past three years, have you: Had a test for bowel <br> cancer? |  |  |  |


| Item Description |  | Categories | Nalues |
| :--- | :--- | ---: | :--- |
| Q26e Next are some specific questions about your health and <br> how you have been feeling in the past month. Have you been <br> sleeping poorly? | Yes |  |  |


| Item Description |  | Calegories | Number |
| :--- | :--- | :--- | :--- |
| Q27c Thinking about your own health care, how would you rate <br> the following: Access to medical care in an emergency |  |  |  |


| Item Description |  | Calues | Number |
| :--- | :--- | :--- | :--- |
| Q27g Thinking about your own health care, how would you rate <br> the following: Hours when a GP is available |  |  |  |


| Item Description |  | Calues | Number |
| :--- | :--- | ---: | :--- |
| Q27k Thinking about your own health care, how would you rate <br> the following: The outcomes of your medical care (how much you <br> are helped) | Excellent |  |  |
|  | Very good | 2 | 2569 |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q28b In the last 12 months, have you: Had a fall to the ground  <br> (does not include stumbles/trips)?  | No | 0 | 6751 |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q31b Do you have any of these sleeping problems? Lying awake <br> for most of the night | No | 0 | 7579 |

Item Description
Q32e In the last 3 years have you been diagnosed with or treated
for: Rheumatoid arthritis
Q32f In the last 3 years have you been diagnosed with or treated
for: Other arthritis for: Other arthritis

| No | 0 | 8556 | 95.1 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 444 | 4.9 |
| N Missing |  | 64 |  |


| No | 0 | 7956 | 88.4 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 1044 | 11.6 |
| N Missing |  | 64 |  |
|  |  |  |  |
| No | 0 | 8121 | 90.2 |
| Yes | 1 | 879 | 9.8 |
| N Missing |  | 64 |  |


| No | 0 | 3895 | 43.3 |
| :--- | :--- | ---: | :--- |
| Yes | 1 | 5105 | 56.7 |
| N Missing |  | 64 |  |


| No | 0 | 8502 | 94.3 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 516 | 5.7 |
| N Missing |  | 40 |  |

Q32j In the past three years, have you been diagnosed or treated for: Thrombosis (a blood clot)
Q32i In the past three years, have you been diagnosed or treated for: Heart disease (including heart attack, angina)

| No | 0 | 8890 | 98.6 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 128 | 1.4 |
| N Missing |  | 40 |  |
| No | 0 | 6005 | 66.6 |
| Yes | 1 | 3013 | 33.4 |
| N Missing |  | 40 |  |
|  |  |  |  |
| No | 0 | 8927 | 99.0 |
| Yes | 1 | 91 | 1.0 |
| N Missing |  | 40 |  |
|  | 0 | 3345 | 37.1 |
| No | 1 | 5673 | 62.9 |
| Yes |  | 40 |  |


| Item Description |
| :--- |
| Q32n In the past three years, have you been diagnosed or treated |
| for: Parkinson's disease |
| Q32o In the past three years, have you been diagnosed or treated |
| for Mild Cognitive Impairment? | for Mild Cognitive Impairment?


| No | 0 | 8949 | 99.7 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 31 | 0.3 |
| N Missing |  | 73 |  |


| No | 0 | 8970 | 99.9 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 10 | 0.1 |
| N Missing |  | 73 |  |


| No | 0 | 8968 | 99.9 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 12 | 0.1 |
| N Missing |  | 73 |  |

Q32q In the PAST THREE YEARS, have you been diagnosed or treated for: None of these conditions Degenerative Conditions

| No | 0 | 46 | 0.5 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 8935 | 99.5 |
| N Missing |  | 73 |  |


| No | 0 | 8247 | 91.5 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 769 | 8.5 |
| N Missing |  | 44 |  |


| No | 0 | 7921 | 87.8 |
| :--- | :--- | ---: | :--- |
| Yes | 1 | 1096 | 12.2 |
| N Missing |  | 44 |  |

Q32r In the past three years, have you been diagnosed with or treated for: Low iron level (iron deficiency or anaemia)

Q32s In the past three years, have you been diagnosed with or treated for: Asthma

Q32t In the past three years, have you been diagnosed with or treated for: Bronchitis/emphysema

N Missing

| No | 0 | 8278 | 91.8 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 738 | 8.2 |
| N Missing |  | 44 |  |

No

Yes
N Missing
$0 \quad 2157 \quad 23.9$
16859
44
Q32v In the past three years, have you been diagnosed or treated for: Breast cancer

| No | 0 | 8766 | 97.6 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 217 | 2.4 |
| N Missing |  | 78 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q32w In the past three years, have you been diagnosed or treated <br> for: Cervical cancer | No | 0 | 8970 |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q32ff In the past three years, have you been diagnosed or treated  <br> for: Chronic Fatigue Syndrome  | No | 0 | 8915 |


| Item Description |
| :--- |
| Q33a In the past three years, have you had any of the following |
| operations? Both ovaries removed |

Q33b In the past three years, have you had any of the following operations? Hysterectomy

| No | 0 | 8776 | 97.6 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 218 | 2.4 |
| N Missing |  | 68 |  |
|  |  |  |  |
| No | 0 | 8718 | 96.9 |
| Yes | 1 | 275 | 3.1 |
| N Missing |  | 68 |  |


| No | 0 | 8839 | 98.3 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 155 | 1.7 |
| N Missing |  | 68 |  |


| No | 0 | 8753 | 97.3 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 240 | 2.7 |
| N Missing |  | 68 |  |


| No | 0 | 8679 | 96.5 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 314 | 3.5 |
| N Missing |  | 68 |  |


| No | 0 | 8838 | 98.3 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 155 | 1.7 |
| N Missing |  | 68 |  |
|  |  |  |  |
| No | 0 | 8931 | 99.3 |
| Yes | 1 | 63 | 0.7 |
| N Missing |  | 68 |  |


| No | 0 | 8879 | 98.7 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 114 | 1.3 |
| N Missing |  | 68 |  |


| Item Description |
| :--- |
| Q33j In the past three years, have you had any of the following |
| operations or procedures? Removal of skin cancer | operations or procedures? Any cancer surgery (other than skin or breast)


| No | 0 | 8858 | 98.5 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 135 | 1.5 |
| N Missing |  | 68 |  |


| No | 0 | 8806 | 97.9 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 187 | 2.1 |
| N Missing |  | 68 |  |


| No | 0 | 8687 | 96.6 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 306 | 3.4 |
| N Missing |  | 68 |  |

Q33n In the past three years, have you had any of the following
operations or procedures? Hysteroscopy (investigative procedure
to examine the uterus)
Q33n In the past three years, have you had any of the following
operations or procedures? Hysteroscopy (investigative procedure
to examine the uterus)
Q33n In the past three years, have you had any of the following
operations or procedures? Hysteroscopy (investigative procedure
to examine the uterus)

| No | 0 | 8843 | 98.3 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 150 | 1.7 |
| N Missing |  | 68 |  |

Q33o In the past three years, have you had any of the following operations? Cholecystectomy (gall bladder removed)
Q33m In the past three years, have you had any of the following operations? Breast biopsy (taking sample of breast tissue)
Q33I In the past three years, have you had any of the following operations or procedures? Chemotherapy or radiotherapy for any cancer

N Missing

N Missing

| No | 0 | 8840 | 98.3 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 153 | 1.7 |
| N Missing |  | 68 |  |

Q33p In the past three years, have you had any of the following operations? Gastroscopy/colonoscopy

| No | 0 | 7234 | 80.4 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 1760 | 19.6 |
| N Missing |  | 68 |  |
|  |  |  |  |
| No | 0 | 8952 | 99.5 |
| Yes | 1 | 41 | 0.5 |
| N Missing |  | 68 |  |
|  |  |  |  |
| No | 0 | 3917 | 43.6 |
| Yes | 1 | 5076 | 56.4 |
| N Missing |  | 68 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q34 If you have had a hysterectomy, how old were you? |  |  |  |  |
|  | Mean |  | 43.71 |  |
|  | Std Error |  | 0.19 |  |
|  | N |  | 2515 |  |
|  | N Missing |  | 6636 |  |
| Q35 How would you rate the overall condition of your teeth, dentures or gums? | Excellent | 1 | 648 | 7.2 |
|  | Very good | 2 | 2392 | 26.5 |
|  | Good | 3 | 3630 | 40.3 |
|  | Fair | 4 | 1905 | 21.1 |
|  | Poor | 5 | 443 | 4.9 |
|  | N Missing |  | 48 |  |
| Q36a In the past four weeks, have you taken any: Medications prescribed by a doctor? | Yes | 1 | 6850 | 76.1 |
|  | No | 2 | 2146 | 23.9 |
|  | N Missing |  | 66 |  |
| Q36b In the past four weeks, have you taken any: Medications / vitamins / supplements or herbal therapies bought without a prescription at the chemist, supermarket, or health food shop? | Yes | 1 | 6724 | 74.7 |
|  | No | 2 | 2279 | 25.3 |
|  | N Missing |  | 64 |  |
| Q36c Medications to help you sleep |  |  |  |  |
|  | Yes | 1 | 1607 | 17.9 |
|  | No | 2 | 7395 | 82.1 |
|  | N Missing |  | 66 |  |
| Q37a In the past four weeks have you taken any Glucosamine? |  |  |  |  |
|  | Yes | 1 | 2225 | 24.9 |
|  | No | 2 | 6725 | 75.1 |
|  | N Missing |  | 124 |  |
| Q37b In the past four weeks have you taken any Paracetamol? |  |  |  |  |
|  | Yes | 1 | 5880 | 65.5 |
|  | No | 2 | 3092 | 34.5 |
|  | N Missing |  | 100 |  |
| Q37c In the past four weeks have you taken any Omega 3(eg fis oil)? | Yes | 1 | 4307 | 48.1 |
|  | No | 2 | 4638 | 51.9 |
|  | N Missing |  | 128 |  |



| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q37m In the past four weeks, have you taken any Zinc? |  |  |  |
|  |  |  |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q39d Thinking about your current approach to life, please indicate <br> how much you think each statement describes you: I hardly ever <br> expect things to go my way | Strongly disagree |  |  |
|  | Disagree | 2451 | 27.5 |
|  | Slightly disagree | 2 | 3893 |



| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q42i In the last 12 months, have you had any of the following:  <br> Problems with one or both shoulders  | Never | 1 | 3605 |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q42o In the last 12 months, have you had any of the following: Other bowel problems |  |  |  |  |
|  | Never | 1 | 5365 | 59.9 |
|  | Rarely | 2 | 1593 | 17.8 |
|  | Sometimes | 3 | 1512 | 16.9 |
|  | Often | 4 | 481 | 5.4 |
|  | N Missing |  | 105 |  |
| Q42p In the last 12 months, have you had any of the following: Vaginal discharge or irritation |  |  |  |  |
|  | Never | 1 | 6898 | 77.0 |
|  | Rarely | 2 | 1338 | 14.9 |
|  | Sometimes | 3 | 608 | 6.8 |
|  | Often | 4 | 113 | 1.3 |
|  | N Missing |  | 107 |  |
| Q42q In the last 12 months, have you had any of the following: Hot flushes |  |  |  |  |
|  | Never | 1 | 4988 | 55.6 |
|  | Rarely | 2 | 1726 | 19.2 |
|  | Sometimes | 3 | 1563 | 17.4 |
|  | Often | 4 | 700 | 7.8 |
|  | N Missing |  | 91 |  |
| Q42r In the last 12 months, have you had any of the following: Night sweats |  |  |  |  |
|  | Never | 1 | 5661 | 63.2 |
|  | Rarely | 2 | 1489 | 16.6 |
|  | Sometimes | 3 | 1284 | 14.3 |
|  | Often | 4 | 529 | 5.9 |
|  | N Missing |  | 105 |  |
| Q42s In the last 12 months, have you had any of the following: Leaking urine |  |  |  |  |
|  | Never | 1 | 3676 | 40.9 |
|  | Rarely | 2 | 2251 | 25.0 |
|  | Sometimes | 3 | 2275 | 25.3 |
|  | Often | 4 | 789 | 8.8 |
|  | N Missing |  | 72 |  |
| Q42t In the last 12 months, have you had any of the following: Eyesight problems |  |  |  |  |
|  | Never | 1 | 3037 | 33.8 |
|  | Rarely | 2 | 2356 | 26.2 |
|  | Sometimes | 3 | 2804 | 31.2 |
|  | Often | 4 | 795 | 8.8 |
|  | N Missing |  | 72 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | ---: |
| Q42u In the last 12 months have you had any of the following: |  |  |  |
| Mouth, teeth or gum problems | Never | 1 | 3550 |
|  | Rarely | 29.4 |  |
|  | Sometimes | 2799 | 31.1 |
|  | Often | 3 | 2261 |

Q42v In the last 12 months have you had any of the following: Avoided eating some foods because of problems with your teeth, mouth or dentures

| Never | 1 | 5864 | 65.2 |
| :--- | :--- | ---: | ---: |
| Rarely | 2 | 1533 | 17.0 |
| Sometimes | 3 | 1265 | 14.1 |
| Often | 4 | 336 | 3.7 |
| N Missing |  | 62 |  |

Q42w In the last 12 months, have you had any of the following: Hearing problems

Q42x In the last 12 months have you had any of the following? Depression

| Never | 1 | 5350 | 59.5 |
| :--- | :--- | ---: | ---: |
| Rarely | 2 | 1668 | 18.6 |
| Sometimes | 3 | 1548 | 17.2 |
| Often | 4 | 422 | 4.7 |
| N Missing |  | 75 |  |

Q42y In the last 12 months have you had any of the following? Anxiety

| Never | 1 | 3636 | 40.4 |
| :--- | :--- | ---: | ---: |
| Rarely | 2 | 2601 | 28.9 |
| Sometimes | 3 | 2309 | 25.6 |
| Often | 4 | 461 | 5.1 |
| N Missing |  | 51 |  |
|  |  |  |  |
| Never | 1 | 7176 | 79.9 |
| Rarely | 2 | 1120 | 12.5 |
| Sometimes | 3 | 575 | 6.4 |
| Often | 4 | 115 | 1.3 |
| N Missing |  | 74 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | ---: |
| Q42aa In the last 12 months, have you had any of the following: <br> Palpitations (feeling that your heart is racing or fluttering in your <br> chest) | Never |  |  |
|  | Rarely | 1 | 5245 |

Q42cc In the last 12 months have you had any of the following: Dizziness, loss of balance

Q42dd In the last 12 months have you had any of the following: Difficulty concentrating

Q43a Managing time is often difficult. How often do you feel: That you are rushed, pressured, too busy?

Q43b Managing time is often difficult. How often do you feel: That you have time on your hands that you don't know what to do with?

| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q43c Managing time is often difficult. How often do you feel: That people ask too much of your time? ? |  |  |  |  |
|  | Every day | 1 | 264 | 2.9 |
|  | Few times week | 2 | 965 | 10.7 |
|  | Once a week | 3 | 1091 | 12.1 |
|  | Once a month | 4 | 2272 | 25.3 |
|  | Never | 5 | 4405 | 49.0 |
|  | N Missing |  | 73 |  |
| Q43d Managing time is often difficult. How often do you feel: That you can spend your time the way you want to? |  |  |  |  |
|  | Every day | 1 | 3243 | 36.1 |
|  | Few times week | 2 | 2881 | 32.0 |
|  | Once a week | 3 | 1363 | 15.2 |
|  | Once a month | 4 | 908 | 10.1 |
|  | Never | 5 | 594 | 6.6 |
|  | N Missing |  | 75 |  |
| Q43e Managing time is often difficult. How often do you feel: That you need more 'me time'? |  |  |  |  |
|  | Every day | 1 | 605 | 6.7 |
|  | Few times week | 2 | 1342 | 14.9 |
|  | Once a week | 3 | 1482 | 16.5 |
|  | Once a month | 4 | 2132 | 23.7 |
|  | Never | 5 | 3439 | 38.2 |
|  | N Missing |  | 69 |  |
| Q43f Managing time is often difficult. How often do you feel: Tha you have no control over how your time is spent? | Every day | 1 | 567 | 6.3 |
|  | Few times week | 2 | 907 | 10.1 |
|  | Once a week | 3 | 814 | 9.0 |
|  | Once a month | 4 | 1359 | 15.1 |
|  | Never | 5 | 5350 | 59.5 |
|  | N Missing |  | 74 |  |
| Q44a Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was bothered by things that don't usually bother me | Rarely, none of time | 0 | 6933 | 77.2 |
|  | Some of time | 1 | 1488 | 16.6 |
|  | Moderate amount of time | 2 | 449 | 5.0 |
|  | All/most of time | 3 | 106 | 1.2 |
|  | N Missing |  | 97 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q44b Below is a list of the ways you might have felt or behaved. |  |  |  |
| Please indicate how often you have felt this way during the last <br> week? I had trouble keeping my mind on what I was doing | Rarely, none of time | 0 | 6329 |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q44h Below is a list of the ways you might have felt or behaved. |  |  |  |  |
| Please indicate how often you have felt this way during the last week? I was happy | Rarely, none of time | 0 | 431 | 4.8 |
|  | Some of time | 1 | 917 | 10.2 |
|  | Moderate amount of time | 2 | 1782 | 19.8 |
|  | All/most of time | 3 | 5856 | 65.2 |
|  | N Missing |  | 81 |  |
| Q44i Below is a list of the ways you might have felt or behaved. |  |  |  |  |
| Please indicate how often you have felt this way during the last week? I felt lonely | Rarely, none of time | 0 | 6553 | 73.0 |
|  | Some of time | 1 | 1403 | 15.6 |
|  | Moderate amount of time | 2 | 662 | 7.4 |
|  | All/most of time | 3 | 353 | 3.9 |
|  | N Missing |  | 99 |  |
| Q44j Below is a list of the ways you might have felt or behaved. |  |  |  |  |
| Please indicate how often you have felt this way during the last week? I could not "get going" | Rarely, none of time | 0 | 5278 | 58.7 |
|  | Some of time | 1 | 2531 | 28.2 |
|  | Moderate amount of time | 2 | 843 | 9.4 |
|  | All/most of time | 3 | 335 | 3.7 |
|  | N Missing |  | 86 |  |
| Q44k Below is a list of the ways you might have felt or behaved. |  |  |  |  |
| Please indicate how often you have felt this way during the last week? I felt terrific | Rarely, none of time | 0 | 1563 | 17.4 |
|  | Some of time | 1 | 1537 | 17.1 |
|  | Moderate amount of time | 2 | 2524 | 28.1 |
|  | All/most of time | 3 | 3359 | 37.4 |
|  | N Missing |  | 85 |  |
| Q45a Now think about all of the time you spend sitting during each day while at home, at work, while getting from place to place or during your spare time. How many hours in total do you typically | Mean |  | 5.82 |  |
| spend sitting down while doing things like visiting friends, driving, reading, watching television, or working at a desk or computer? | Std Error |  | 0.03 |  |
| On a usual week da | N |  | 8759 |  |
|  | N Missing |  | 392 |  |
| Q45b Now think about all of the time you spend sitting during each day while at home, at work, while getting from place to place or during your spare time. How many hours in total do you typically | Mean |  | 5.71 |  |
| spend sitting down while doing things like visiting friends, driving, reading, watching television, or working at a desk or computer? | Std Error |  | 0.03 |  |
| On a usual weekend | N |  | 8705 |  |
|  | N Missing |  | 446 |  |



| Item Description | Categories | Values Number | \% |
| :---: | :---: | :---: | :---: |
| Q47bhrs If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing) |  |  |  |
|  | Mean | 1.38 |  |
|  | Std Error | 0.04 |  |
|  | N | 8924 |  |
|  | N Missing | 227 |  |
| Q47bmins If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing) | Mean | 2.50 |  |
|  | Std Error | 0.10 |  |
|  | N | 8924 |  |
|  | N Missing | 227 |  |
| Q47b Total minutes spent last week, moderate leisure activity |  |  |  |
|  | Mean | 85.56 |  |
|  | Std Error | 2.41 |  |
|  | N | 8924 |  |
|  | N Missing | 227 |  |
| Q47chrs If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming) | Mean | 0.60 |  |
|  | Std Error | 0.02 |  |
|  | N | 8953 |  |
|  | N Missing | 198 |  |
| Q47cmins If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming) | Mean | 2.04 |  |
|  | Std Error | 0.09 |  |
|  | N | 8953 |  |
|  | N Missing | 198 |  |
| Q47c Total minutes spent last week, vigorous leisure |  |  |  |
|  | Mean | 38.24 |  |
|  | Std Error | 1.36 |  |
|  | N | 8953 |  |
|  | N Missing | 198 |  |
| Q47dhrs If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous household or garden chores that make you breathe harder or puff and pant | Mean | 3.44 |  |
|  | Std Error | 0.07 |  |
|  | N | 8880 |  |
|  | N Missing | 271 |  |


| Item Description | Categories | Values |
| :--- | :--- | :--- |
| Q47dmins If you add up all the times you spent in each activity <br> last week, how much time did you spend altogether doing each <br> type of activity? Vigorous household or garden chores that make <br> you breathe harder or puff and pant | Mean |  |
|  | Std Error |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | ---: |
| Q48d Over the last 12 months, how stressed have you felt about <br> the following areas of your life: Health of other family members | Not applicable |  |  |
|  | Not stressed | 1 | 428 |
|  | Somewhat stressed | 2.8 | 2475 |

Q48e Over the last 12 months, how stressed have you felt about the following areas of your life: Work/Employment

| Not applicable | 1 | 4864 | 54.2 |
| :--- | :--- | ---: | ---: |
| Not stressed | 2 | 1919 | 21.4 |
| Somewhat stressed | 3 | 1335 | 14.9 |
| Moderately stressed | 4 | 502 | 5.6 |
| Very stressed | 5 | 236 | 2.6 |
| Extremely stressed | 6 | 118 | 1.3 |
| N Missing |  | 98 |  |


| Not applicable | 1 | 7798 | 87.2 |
| :--- | :--- | ---: | ---: |
| Not stressed | 2 | 889 | 9.9 |
| Somewhat stressed | 3 | 176 | 2.0 |
| Moderately stressed | 4 | 57 | 0.6 |
| Very stressed | 5 | 14 | 0.2 |
| Extremely stressed | 6 | 11 | 0.1 |
| N Missing |  | 124 |  |

Q48g Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with parents
Q48f Over the last 12 months, how stressed have you felt about the following areas of your life: Study

| Not applicable | 1 | 6290 | 70.2 |
| :--- | :--- | ---: | ---: |
| Not stressed | 2 | 1548 | 17.3 |
| Somewhat stressed | 3 | 651 | 7.3 |
| Moderately stressed | 4 | 232 | 2.6 |
| Very stressed | 5 | 147 | 1.6 |
| Extremely stressed | 6 | 90 | 1.0 |
| N Missing |  | 115 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q48h Over the last 12 months, how stressed have you felt about <br> the following areas of your life: Relationship with partner/spouse | Not applicable |  |  |
|  | Not stressed | 1 | 2175 |
|  | Somewhat stressed | 24.2 |  |
|  | Moderately stressed | 4190 | 46.7 |
|  | Very stressed | 3 | 1783 |

Q48i Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with children

| Not applicable | 1 | 1063 | 11.8 |
| :--- | :--- | ---: | ---: |
| Not stressed | 2 | 4842 | 53.8 |
| Somewhat stressed | 3 | 2244 | 24.9 |
| Moderately stressed | 4 | 499 | 5.5 |
| Very stressed | 5 | 241 | 2.7 |
| Extremely stressed | 6 | 113 | 1.3 |
| N Missing |  | 66 |  |

Q48j Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members

| Not applicable | 1 | 887 | 9.9 |
| :--- | :--- | ---: | ---: |
| Not stressed | 2 | 5445 | 60.6 |
| Somewhat stressed | 3 | 1890 | 21.0 |
| Moderately stressed | 4 | 481 | 5.4 |
| Very stressed | 5 | 176 | 2.0 |
| Extremely stressed | 6 | 106 | 1.2 |
| N Missing |  | 75 |  |

Q49a How much do you agree or disagree with each of the following statements? At home, I feel I have control over what happens in most situations

| Strongly disagree | 1 | 120 | 1.3 |
| :--- | :--- | ---: | :--- |
| Disagree | 2 | 361 | 4.0 |
| Slightly disagree | 3 | 454 | 5.0 |
| Slightly agree | 4 | 768 | 8.5 |
| Agree | 5 | 4705 | 52.2 |
| Strongly agree | 6 | 2599 | 28.9 |
| N Missing |  | 69 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q49b How much do you agree or disagree with each of the <br> following statements? I feel that what happens in my life is often <br> determined by factors beyond my control | Strongly disagree |  |  |


| Item Description | Categories | Values Number $\%$ |
| :---: | :---: | :---: |

Q49f How much do you agree or disagree with each of the
following statements? I gave up trying to make big improvements
or changes in my life a long time ago

Q50a I was ignored or not taken seriously because of my age, in the last 12 months

| Strongly disagree | 1 | 2538 | 28.2 |
| :--- | :--- | ---: | ---: |
| Disagree | 2 | 3527 | 39.2 |
| Slightly disagree | 3 | 779 | 8.7 |
| Slightly agree | 4 | 1112 | 12.4 |
| Agree | 5 | 855 | 9.5 |
| Strongly agree | 6 | 181 | 2.0 |
| N Missing |  | 82 |  |


| No | 0 | 7544 | 83.5 |
| :--- | :--- | ---: | :--- |
| Yes | 1 | 1492 | 16.5 |
| N Missing |  | 30 |  |


| No | 0 | 8663 | 95.9 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 374 | 4.1 |
| N Missing |  | 30 |  |

Q50a I have never been ignored or not taken seriously because of my age
Q50a I was ignored or not taken seriously because of my age, over 12 months ago

Q50b I was patronized or 'talked down' because of my age, in the
last 12 months

| No | 0 | 1856 | 20.5 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 7180 | 79.5 |
| N Missing |  | 30 |  |


| No | 0 | 7510 | 83.1 |
| :--- | :--- | ---: | :--- |
| Yes | 1 | 1526 | 16.9 |
| N Missing |  | 30 |  |


| No | 0 | 8688 | 96.1 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 349 | 3.9 |
| N Missing |  | 30 |  |

Q50b I have never been patronized or 'talked down' because of my age
Q50b I was patronized or 'talked down' because of my age, over 12 months ago

| No | 0 | 1883 | 20.8 |
| :--- | :--- | ---: | :--- |
| Yes | 1 | 7154 | 79.2 |
| N Missing |  | 30 |  |

Q50c I was denied medical treatment because of my age, in the last 12 months

| No | 0 | 9012 | 99.7 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 24 | 0.3 |
| N Missing |  | 30 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q50c I was denied medical treatment because of my age, over 12 months ago | No | 0 | 9013 | 99.7 |
|  | Yes | 1 | 24 | 0.3 |
|  | N Missing |  | 30 |  |
| Q50cno I have never been denied medical treatment because of my age | No | 0 | 117 | 1.3 |
|  | Yes | 1 | 8920 | 98.7 |
|  | N Missing |  | 30 |  |
| Q50d I was denied employment because of my age, in the last 12 months | No | 0 | 8838 | 97.8 |
|  | Yes | 1 | 198 | 2.2 |
|  | N Missing |  | 30 |  |
| Q50d I was denied employment because of my age, over 12 months ago | No | 0 | 8748 | 96.8 |
|  | Yes | 1 | 288 | 3.2 |
|  | N Missing |  | 30 |  |
| Q50d I have never been denied employment because of my age |  |  |  |  |
|  | No | 0 | 633 | 7.0 |
|  | Yes | 1 | 8403 | 93.0 |
|  | N Missing |  | 30 |  |
| Q51 How often do you usually drink alcohol? |  |  |  |  |
|  | Never | 0 | 574 | 6.5 |
|  | Never, but have in the past | 1 | 762 | 8.6 |
|  | Rarely | 2 | 2042 | 23.0 |
|  | < once week | 3 | 1051 | 11.8 |
|  | 1-2 days a week | 4 | 1303 | 14.7 |
|  | 3-4 days a week | 5 | 1259 | 14.2 |
|  | 5-6 days a week | 6 | 1069 | 12.0 |
|  | Every day | 7 | 828 | 9.3 |
|  | N Missing |  | 181 |  |
| Q52 On a day when you drink alcohol, how many standard drinks do you usually have? | Never drink | 0 | 1328 | 15.1 |
|  | 1-2 drinks | 1 | 6423 | 73.2 |
|  | 3-4 drinks | 2 | 938 | 10.7 |
|  | 5-8 drinks | 3 | 86 | 1.0 |
|  | 9+ drinks | 4 | 4 | 0.0 |
|  | N Missing |  | 314 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q53 How often do you have five or more standard drinks of alcohol on one occasion? |  |  |  |  |
|  | Never drink | 0 | 1284 | 14.3 |
|  | Never | 1 | 6019 | 67.2 |
|  | < once a month | 2 | 966 | 10.8 |
|  | Once a month | 3 | 370 | 4.1 |
|  | Once a week | 4 | 227 | 2.5 |
|  | > once a week | 5 | 85 | 1.0 |
|  | N Missing |  | 128 |  |
| Q54 How many glasses/cups of non-alcoholic drinks do you usually have each day (eg juice, tea coffee, water, milk, etc)? | 0-2 glasses | 1 | 345 | 3.8 |
|  | 3-5 glasses | 2 | 3414 | 38.0 |
|  | 6-8 glasses | 3 | 4237 | 47.2 |
|  | 9 or more glasses | 4 | 987 | 11.0 |
|  | N Missing |  | 82 |  |
| Q73 How often do you currently smoke cigarettes or any tobacco products? | Daily | 1 | 530 | 5.8 |
|  | Weekly | 2 | 151 | 1.7 |
|  | Less than weekly | 3 | 51 | 0.6 |
|  | Not at all | 4 | 8329 | 91.9 |
| Q74 If you smoke daily, on average how many cigarettes do you smoke each day? | Mean |  | 15.56 |  |
|  | Std Error |  | 0.39 |  |
|  | N |  | 540 |  |
|  | N Missing |  | 8611 |  |
| Q75 Have you ever smoked daily? |  |  |  |  |
|  | Yes | 1 | 3330 | 37.2 |
|  | No | 2 | 5620 | 62.8 |
|  | N Missing |  | 110 |  |
| Q76 At what age did you finally stop smoking daily? |  |  |  |  |
|  | Mean |  | 39.65 |  |
|  | Std Error |  | 0.24 |  |
|  | N |  | 2825 |  |
|  | N Missing |  | 6326 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q77a Over the last 12 months, on average, how often did you <br> drink the following? Cola drinks/not diet (eg Coke) |  |  |  |
|  | Never | 1 | 6374 |

Q77c Over the last 12 months, on average, how often did you drink the following? Other carbonated (eg fizzy/soft drinks)

| Never | 1 | 4704 | 52.6 |
| :--- | ---: | ---: | ---: |
| Less than once per month | 2 | 2637 | 29.5 |
| 1-3 times per month | 3 | 837 | 9.4 |
| 1 time per week | 4 | 314 | 3.5 |
| 2 times per week | 5 | 202 | 2.3 |
| 3-4 times per week | 6 | 137 | 1.5 |
| 5 - 6 times per week | 7 | 40 | 0.4 |
| 1 time per day | 8 | 47 | 0.5 |
| 2 times per day | 9 | 13 | 0.2 |
| 3 or more times per day | 10 | 13 | 0.1 |
| N Missing |  | 132 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q77d Over the last 12 months, on average, how often did you drink the following? Other diet carbonated drinks (eg diet lemonade) |  |  |  |  |
|  | Never | 1 | 6153 | 68.8 |
|  | Less than once per month | 2 | 1563 | 17.5 |
|  | 1-3 times per month | 3 | 549 | 6.1 |
|  | 1 time per week | 4 | 200 | 2.2 |
|  | 2 times per week | 5 | 187 | 2.1 |
|  | 3-4 times per week | 6 | 152 | 1.7 |
|  | 5-6 times per week | 7 | 51 | 0.6 |
|  | 1 time per day | 8 | 47 | 0.5 |
|  | 2 times per day | 9 | 26 | 0.3 |
|  | 3 or more times per day | 10 | 11 | 0.1 |
|  | N Missing |  | 118 |  |

Q77e Over the last 12 months, on average, how often did you drink the following? Cordials, fruit or sport drinks

| Never | 1 | 6059 | 67.7 |
| :--- | ---: | ---: | ---: |
| Less than once per month | 2 | 1552 | 17.4 |
| 1 - 3 times per month | 3 | 600 | 6.7 |
| 1 time per week | 4 | 207 | 2.3 |
| 2 times per week | 5 | 181 | 2.0 |
| 3 - 4 times per week | 6 | 162 | 1.8 |
| 5 - 6 times per week | 7 | 67 | 0.7 |
| 1 time per day | 8 | 86 | 1.0 |
| 2 times per day | 9 | 22 | 0.2 |
| 3 or more times per day | 10 | 9 | 0.1 |
| N Missing |  | 116 |  |

Q77f Over the last 12 months, on average, how often did you drink the following? (Mark one on each line) Non-carbonated diet cordials, fruit or sport drinks

| Never | 1 | 7263 | 81.3 |
| :--- | ---: | ---: | ---: |
| Less than once per month | 2 | 930 | 10.4 |
| 1 - 3 times per month | 3 | 291 | 3.3 |
| 1 time per week | 4 | 109 | 1.2 |
| 2 times per week | 5 | 97 | 1.1 |
| 3 - 4 times per week | 6 | 85 | 1.0 |
| 5 - 6 times per week | 7 | 46 | 0.5 |
| 1 time per day | 8 | 58 | 0.6 |
| 2 times per day | 9 | 28 | 0.3 |
| 3 or more times per day | 10 | 27 | 0.3 |
| N Missing |  | 134 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q77g Over the last 12 months, on average, how often did you |  |  |  |  |
| drink the following? Milk or Soya Milk (including flavoured | Never | 1 | 2742 | 30.7 |
|  | Less than once per month | 2 | 1363 | 15.3 |
|  | 1-3 times per month | 3 | 770 | 8.6 |
|  | 1 time per week | 4 | 416 | 4.7 |
|  | 2 times per week | 5 | 442 | 5.0 |
|  | 3-4 times per week | 6 | 623 | 7.0 |
|  | 5-6 times per week | 7 | 486 | 5.4 |
|  | 1 time per day | 8 | 1139 | 12.8 |
|  | 2 times per day | 9 | 506 | 5.7 |
|  | 3 or more times per day | 10 | 440 | 4.9 |
|  | N Missing |  | 137 |  |

Q77h Over the last 12 months, on average, how often did you drink the following? Fruit or vegetable juices

| Never | 1 | 2765 | 31.0 |
| :--- | ---: | ---: | ---: |
| Less than once per month | 2 | 1890 | 21.2 |
| 1 - 3 times per month | 3 | 1140 | 12.8 |
| 1 time per week | 4 | 556 | 6.2 |
| 2 times per week | 5 | 594 | 6.7 |
| 3 - 4 times per week | 6 | 613 | 6.9 |
| 5 - 6 times per week | 7 | 339 | 3.8 |
| 1 time per day | 8 | 900 | 10.1 |
| 2 times per day | 9 | 88 | 1.0 |
| 3 or more times per day | 10 | 35 | 0.4 |
| N Missing |  | 150 |  |

Q77i Over the last 12 months, on average, how often did you drink the following? Tea

| Never | 1 | 1133 | 12.7 |
| :--- | ---: | ---: | ---: |
| Less than once per month | 2 | 399 | 4.5 |
| 1 - 3 times per month | 3 | 312 | 3.5 |
| 1 time per week | 4 | 232 | 2.6 |
| 2 times per week | 5 | 254 | 2.8 |
| 3 - 4 times per week | 6 | 396 | 4.4 |
| 5 - 6 times per week | 7 | 480 | 5.4 |
| 1 time per day | 8 | 1153 | 12.9 |
| 2 times per day | 9 | 1806 | 20.2 |
| 3 or more times per day | 10 | 2769 | 31.0 |
| N Missing |  | 144 |  |



| Item Description | Categories | Values Number $\%$ |
| :---: | :--- | :---: |

Q78a These questions are about getting on with other people: Do you feel uncomfortable with anyone in your family?

| Yes | 1 | 1923 | 21.4 |
| :--- | ---: | ---: | ---: |
| No | 2 | 7068 | 78.6 |
| N Missing |  | 75 |  |

Q78b These questions are about getting on with other people: Do you feel that nobody wants you around?

| Yes | 1 | 341 | 3.8 |
| :--- | ---: | ---: | ---: |
| No | 2 | 8639 | 96.2 |
| N Missing |  | 91 |  |
|  |  |  |  |
| Yes | 1 | 684 | 7.6 |
| No | 2 | 8295 | 92.4 |
| N Missing |  | 86 |  |


| Yes | 1 | 765 | 8.5 |
| :--- | ---: | ---: | ---: |
| No | 2 | 8213 | 91.5 |
| N Missing |  | 89 |  |
|  |  |  |  |
| Yes | 1 | 140 | 1.6 |
| No | 2 | 8831 | 98.4 |
| N Missing |  | 97 |  |

Q78f These questions are about getting on with other people: Has anyone close to you called you names or put you down or made you feel bad recently?

| Yes | 1 | 1142 | 12.7 |
| :--- | ---: | ---: | ---: |
| No | 2 | 7840 | 87.3 |
| N Missing |  | 85 |  |


| Yes | 1 | 224 | 2.5 |
| :--- | ---: | ---: | ---: |
| No | 2 | 8755 | 97.5 |
| N Missing |  | 86 |  |
|  |  |  |  |
| Yes | 1 | 1096 | 12.2 |
| No | 2 | 7863 | 87.8 |
| N Missing |  | 101 |  |
|  |  |  |  |
| No | 0 | 1776 | 19.7 |
| Yes | 1 | 7250 | 80.3 |
| N Missing |  | 36 |  |


| Item Description |
| :--- |
| Q79b If you have ever lived with a violent partner or spouse, in |
| which years did you experience violence? Before 2007 | which years did you experience violence? Before 2007


| No | 0 | 7879 | 87.3 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 1147 | 12.7 |
| N Missing |  | 36 |  |
|  |  |  |  |
| No | 0 | 8982 | 99.5 |
| Yes | 1 | 44 | 0.5 |
| N Missing |  | 36 |  |
|  |  |  |  |
| No | 0 | 8983 | 99.5 |
| Yes | 1 | 43 | 0.5 |
| N Missing |  | 36 |  |

Q79e If you have ever lived with a violent partner or spouse, in which years did you experience violence? 2009

| No | 0 | 8980 | 99.5 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 46 | 0.5 |
| N Missing |  | 36 |  |


| No | 0 | 8985 | 99.5 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 41 | 0.5 |
| N Missing |  | 36 |  |


| No | 0 | 8998 | 99.7 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 28 | 0.3 |
| N Missing |  | 36 |  |


| No | 0 | 8987 | 99.6 |
| :--- | ---: | ---: | ---: |
| Yes | 1 | 39 | 0.4 |
| N Missing |  | 36 |  |
|  |  |  |  |
| No | 0 | 8992 | 99.6 |
| Yes | 1 | 34 | 0.4 |
| N Missing |  | 36 |  |

Q80a Which of the following events have you experienced? In the last 12 months Being pushed, grabbed, shoved, kicked or hit

| No | 0 | 8939 | 99.0 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 87 | 1.0 |
| N Missing |  | 36 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q80a Have you experienced any of the following events? Yes, <br> more than 12 months ago Being pushed, grabbed, shoved, <br> kicked or hit | No |  |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q82d Have you used any of these methods to lose weight or to <br> control your weight or shape in the last 12 months? Exercise | Yes |  |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q83b In a usual week, how much time in total do you spend doing <br> the following things? Part-time permanent paid work |  |  |  |
|  | Don't do this activity | 1 | 7356 |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q83f In a usual week, how much time in total do you spend doing <br> the following things? Looking for work |  |  |  |
|  | Don't do this activity | 1 | 8742 |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q83j In a usual week, how much time in total do you spend doing <br> the following things? Studying |  |  |  |
|  | Don't do this activity | 1 | 7905 |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q85b Do you regularly provide care or assistance (eg personal <br> care, transport) to any other person because of their long-term <br> illness, disability or frailty? For someone who lives elsewhere | Yes |  |  |
|  | No | 1 | 1642 |
|  | N Missing | 28.3 |  |
|  | 7349 | 81.7 |  |
|  | 69 |  |  |

Q86 How many people with a long-term illness, disability or frailty do you regularly provide care for?

| No care given | 0 | 6577 | 73.3 |
| :--- | :--- | ---: | ---: |
| One person | 1 | 1998 | 22.3 |
| More than one person | 2 | 403 | 4.5 |
| N Missing |  | 81 |  |

Q87 How often do you provide this care or assistance?

| No care given | 0 | 6571 | 73.1 |
| :--- | :--- | ---: | ---: |
| Every day | 1 | 841 | 9.4 |
| Several times a week | 2 | 579 | 6.4 |
| Once a week | 3 | 552 | 6.1 |
| Every few weeks | 4 | 308 | 3.4 |
| Less often | 5 | 134 | 1.5 |
| N Missing |  | 76 |  |

Q88 How much time do you usually spend providing such care or assistance on each occasion?

Q89a Does the person you care for have any of the following major medical conditions or disabilities? Alzheimer's disease / dementia

Q89b Does the person you care for have any of the following major medical conditions or disabilities? Autism spectrum disorder

| No care given | 0 | 6574 | 73.2 |
| :--- | :--- | ---: | ---: |
| All day/night | 1 | 290 | 3.2 |
| All day | 2 | 141 | 1.6 |
| All night | 3 | 15 | 0.2 |
| Several hours | 4 | 1386 | 15.4 |
| About an hour | 5 | 575 | 6.4 |
| N Missing |  | 84 |  |
|  |  |  |  |
| No | 0 | 1962 | 21.8 |
| Yes | 1 | 435 | 4.8 |
| No care given | 2 | 6622 | 73.4 |
| N Missing |  | 39 |  |


| No | 0 | 2333 | 25.9 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 54 | 0.6 |
| No care given | 2 | 6633 | 73.5 |
| N Missing |  | 39 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q89c Does the person you care for have any of the following major medical conditions or disabilities? Autoimmune disorder | No | 0 | 2337 | 25.9 |
|  | Yes | 1 | 51 | 0.6 |
|  | No care given | 2 | 6633 | 73.5 |
|  | N Missing |  | 39 |  |
| Q89d Does the person you care for have any of the following major medical conditions or disabilities? Cancer | No | 0 | 2126 | 23.6 |
|  | Yes | 1 | 271 | 3.0 |
|  | No care given | 2 | 6623 | 73.4 |
|  | N Missing |  | 39 |  |
| Q89e Does the person you care for have any of the following major medical conditions or disabilities? Cerebral palsy | No | 0 | 2357 | 26.1 |
|  | Yes | 1 | 29 | 0.3 |
|  | No care given | 2 | 6634 | 73.6 |
|  | N Missing |  | 39 |  |
| Q89f Does the person you care for have any of the following major medical conditions or disabilities? Down Syndrome | No | 0 | 2348 | 26.0 |
|  | Yes | 1 | 37 | 0.4 |
|  | No care given | 2 | 6634 | 73.6 |
|  | N Missing |  | 39 |  |
| Q89g Does the person you care for have any of the following major medical conditions or disabilities? Frailty in old age | No | 0 | 1075 | 11.9 |
|  | Yes | 1 | 1326 | 14.7 |
|  | No care given | 2 | 6620 | 73.4 |
|  | N Missing |  | 39 |  |
| Q89h Does the person you care for have any of the following major medical conditions or disabilities? Head injury | No | 0 | 2344 | 26.0 |
|  | Yes | 1 | 42 | 0.5 |
|  | No care given | 2 | 6634 | 73.5 |
|  | N Missing |  | 39 |  |
| Q89i Does the person you care for have any of the following major medical conditions or disabilities? Heart condition | No | 0 | 1880 | 20.8 |
|  | Yes | 1 | 513 | 5.7 |
|  | No care given | 2 | 6627 | 73.5 |
|  | N Missing |  | 39 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q89j Does the person you care for have any of the following major medical conditions or disabilities? Infectious disease |  |  |  |  |
|  | No | 0 | 2371 | 26.3 |
|  | Yes | 1 | 14 | 0.2 |
|  | No care given | 2 | 6635 | 73.6 |
|  | N Missing |  | 39 |  |
| Q89k Does the person you care for have any of the following major medical conditions or disabilities? Mental health problem (eg depression, anxiety) | No | 0 | 1959 | 21.7 |
|  | Yes | 1 | 437 | 4.8 |
|  | No care given | 2 | 6624 | 73.4 |
|  | N Missing |  | 39 |  |
| Q891 Does the person you care for have any of the following major medical conditions or disabilities? Musculoskeletal condition (eg break / fracture) | No | 0 | 2265 | 25.1 |
|  | Yes | 1 | 123 | 1.4 |
|  | No care given | 2 | 6632 | 73.5 |
|  | N Missing |  | 39 |  |
| Q89m Does the person you care for have any of the following major medical conditions or disabilities? Visual impairment | No | 0 | 2028 | 22.5 |
|  | Yes | 1 | 358 | 4.0 |
|  | No care given | 2 | 6634 | 73.5 |
|  | N Missing |  | 39 |  |
| Q89n Does the person you care for have any of the following major medical conditions or disabilities? Paralysis | No | 0 | 2355 | 26.1 |
|  | Yes | 1 | 30 | 0.3 |
|  | No care given | 2 | 6635 | 73.6 |
|  | N Missing |  | 39 |  |
| Q89o Does the person you care for have any of the following major medical conditions or disabilities? Respiratory condition (eg asthma, emphysema) | No | 0 | 2160 | 24.0 |
|  | Yes | 1 | 229 | 2.5 |
|  | No care given | 2 | 6631 | 73.5 |
|  | N Missing |  | 39 |  |
| Q89p Does the person you care for have any of the following major medical conditions or disabilities? Spinal cord injury | No | 0 | 2351 | 26.1 |
|  | Yes | 1 | 36 | 0.4 |
|  | No care given | 2 | 6632 | 73.5 |
|  | N Missing |  | 39 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q89q Does the person you care for have any of the following major medical conditions or disabilities? Stroke |  |  |  |  |
|  | No | 0 | 2217 | 24.6 |
|  | Yes | 1 | 171 | 1.9 |
|  | No care given | 2 | 6632 | 73.5 |
|  | N Missing |  | 39 |  |
| Q89r Does the person you care for have any of the following major medical conditions or disabilities? Substance abuse / addiction | No | 0 | 2333 | 25.9 |
|  | Yes | 1 | 52 | 0.6 |
|  | No care given | 2 | 6635 | 73.6 |
|  | N Missing |  | 39 |  |
| Q89s Does the person you care for have any of the following major medical conditions or disabilities? Other neurological disorder (eg multiple sclerosis, motor neurone disease) | No | 0 | 2307 | 25.6 |
|  | Yes | 1 | 78 | 0.9 |
|  | No care given | 2 | 6634 | 73.6 |
|  | N Missing |  | 39 |  |
| Q89t Does the person you care for have any of the following major medical conditions or disabilities? Other reason (please specify on page 34) | No | 0 | 2138 | 23.7 |
|  | Yes | 1 | 255 | 2.8 |
|  | No care given | 2 | 6627 | 73.5 |
|  | N Missing |  | 39 |  |
| Q90 If you DO NOT provide care or assistance to any person with a long term illness, disability or frailty, is it because you: | Used to care for someone in the last 3 years, but they passed away, moved into a nursing home, residential care facility | 1 | 1082 | 14.0 |
|  | Used to care for someone in the last 3 years, but stopped caring for them for another reason | 2 | 117 | 1.5 |
|  | Have never provided care or assistance | 3 | 3662 | 47.5 |
|  | Other reason (please specify) | 4 | 622 | 8.1 |
|  | Is a carer | 5 | 2220 | 28.8 |
|  | N Missing |  | 1410 |  |


| Item Description |  | Categories |
| :--- | :--- | :--- |
| Q91a We would like to know your main occupation now: |  | Values |
|  |  | Number |



| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q96d What are your current sources of income? A pension or  <br> annuity purchased with superannuation or some other funds  | No | 0 | 6825 |


| Item Description | Categories | Values |
| :--- | :--- | :--- |
| Q97b Which of these things (if any) have you had to do in the last  <br> years, to help manage financially? Sell something else you own, <br> like a holiday house, or car or jewellery No | Yes | 0 |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q98b People sometimes look to others for companionship,  <br> assistance, or other types of support. How often is each of the <br> following kinds of support available to you if you need it? <br> Someone you can count on to listen to you when you need to talk None of time <br>  Little of time | Some of time | 1 | 357 |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q98g People sometimes look to others for companionship,  <br> assistance, or other types of support. How often is each of the <br> following kinds of support available to you if you need it? <br> Someone to give you information to help you understand a <br> situation None of time | Little of time | 1 | 328 |


| Item Description |  | Categories | Nalues |
| :--- | :--- | :--- | :--- |
| Q98l People sometimes look to others for companionship, <br> assistance, or other types of support. How often is each of the <br> following kinds of support available to you if you need it? <br> Someone whose advice you really want | None of time |  |  |
|  | Little of time | 1 | 577 |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q98q People sometimes look to others for companionship, <br> assistance, or other types of support. How often is each of the <br> following kinds of support available to you if you need it? <br> Someone to do something enjoyable with <br>  | None of time |  |  |

Q99 What is your present marital status?

|  | Married | 1 | 6094 |
| :--- | :--- | ---: | ---: |
|  | De facto opposite sex | 28.0 |  |
|  | De facto same sex | 436 | 4.9 |
|  | Separated | 3 | 45 |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q101b How many people live with you now? Partner or spouse |  |  |  |
|  | No | 0 | 2482 |

Q101f How many people live with you now? Other adult relatives

| None | 0 | 8490 | 94.5 |
| :--- | ---: | ---: | ---: |
| One | 1 | 376 | 4.2 |
| Two | 2 | 76 | 0.8 |
| Three or more | 3 | 43 | 0.5 |
| N Missing |  | 73 |  |
|  |  |  |  |
| None | 0 | 8744 | 97.3 |
| One | 1 | 188 | 2.1 |
| Two | 2 | 30 | 0.3 |
| Three or more | 3 | 26 | 0.3 |
| N Missing |  | 71 |  |

Q102os What is your postcode? Mark here if living overseas

| No | 0 | 8974 | 99.5 |
| :--- | :--- | ---: | ---: |
| Yes | 1 | 41 | 0.5 |
| N Missing |  | 44 |  |
| 73 |  |  |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q103a In general, are you satisfied with what you have achieved in your life so far in the areas of: Work |  |  | 2724 | 30.7 |
|  | Very satisfied | 1 | 2724 | 30.7 |
|  | Satisfied | 2 | 5471 | 61.7 |
|  | Dissatisfied | 3 | 546 | 6.2 |
|  | Very dissatisfied | 4 | 120 | 1.4 |
|  | N Missing |  | 208 |  |
| Q103b In general, are you satisfied with what you have achieved in your life so far in the areas of: Career | Very satisfied | 1 | 2282 | 26.2 |
|  | Satisfied | 2 | 5222 | 60.0 |
|  | Dissatisfied | 3 | 1015 | 11.7 |
|  | Very dissatisfied | 4 | 182 | 2.1 |
|  | N Missing |  | 395 |  |
| Q103c In general, are you satisfied with what you have achieved in your life so far in the areas of: Study | Very satisfied | 1 | 1632 | 19.0 |
|  | Satisfied | 2 | 5191 | 60.5 |
|  | Dissatisfied | 3 | 1525 | 17.8 |
|  | Very dissatisfied | 4 | 231 | 2.7 |
|  | N Missing |  | 547 |  |
| Q103d In general, are you satisfied with what you have achieved in your life so far in the areas of: Family relationships | Very satisfied | 1 | 3689 | 41.3 |
|  | Satisfied | 2 | 4474 | 50.1 |
|  | Dissatisfied | 3 | 642 | 7.2 |
|  | Very dissatisfied | 4 | 127 | 1.4 |
|  | N Missing |  | 122 |  |
| Q103e In general, are you satisfied with what you have achieved in your life so far in the areas of: Partner/closest personal relationship | Very satisfied | 1 | 3932 | 44.4 |
|  | Satisfied | 2 | 3553 | 40.2 |
|  | Dissatisfied | 3 | 1040 | 11.8 |
|  | Very dissatisfied | 4 | 322 | 3.6 |
|  | N Missing |  | 221 |  |
| Q103f In general, are you satisfied with what you have achieved in your life so far in the areas of: Friendships | Very satisfied | 1 | 3560 | 39.9 |
|  | Satisfied | 2 | 4841 | 54.2 |
|  | Dissatisfied | 3 | 433 | 4.9 |
|  | Very dissatisfied | 4 | 97 | 1.1 |
|  | N Missing |  | 130 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q103g In general, are you satisfied with what you have achieved in your life so far in the areas of: Social activities |  |  |  |  |
|  | Very satisfied | 1 | 2426 | 27.2 |
|  | Satisfied | 2 | 5556 | 62.2 |
|  | Dissatisfied | 3 | 815 | 9.1 |
|  | Very dissatisfied | 4 | 130 | 1.5 |
|  | N Missing |  | 138 |  |
| Q105 Did someone help you fill in this survey? |  |  |  |  |
|  | No | 1 | 8899 | 99.0 |
|  | Told me answers | 2 | 86 | 1.0 |
|  | Used own judgement | 3 | 7 | 0.1 |
|  | N Missing |  | 66 |  |
| SEIFA Index Socio-economic Adv/Disadv |  |  |  |  |
|  | Mean |  | 1012.76 |  |
|  | Std Error |  | 0.95 |  |
|  | N |  | 9055 |  |
|  | N Missing |  | 96 |  |
| SEIFA Index Socio-economic Disadvantage |  |  |  |  |
|  | Mean |  | 1015.51 |  |
|  | Std Error |  | 0.89 |  |
|  | N |  | 9055 |  |
|  | N Missing |  | 96 |  |
| SEIFA index Economic resources |  |  |  |  |
|  | Mean |  | 1013.67 |  |
|  | Std Error |  | 0.92 |  |
|  | N |  | 9057 |  |
|  | N Missing |  | 94 |  |
| SEIFA index of Education and Occupation |  |  |  |  |
|  | Mean |  | 1009.95 |  |
|  | Std Error |  | 1.02 |  |
|  | N |  | 9059 |  |
|  | N Missing |  | 92 |  |
| Age |  |  |  |  |
|  | Mean |  | 64.79 |  |
|  | Std Error |  | 0.02 |  |
|  | N |  | 9151 |  |
|  | N Missing |  | 0 |  |


| Item Description | Categories | Values |
| :--- | :--- | :--- |
| NHMRC alcohol classification | Number | \% |
|  |  |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Exercise group |  | 1 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Labour Force Participation | \% |  |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| ALSWH metabolic minutes |  |  |  |  |
|  | Mean |  | 1209.85 |  |
|  | Std Error |  | 15.44 |  |
|  | N |  | 8992 |  |
|  | N Missing |  | 159 |  |
| ALSWH metmin exercise groups |  |  |  |  |
|  | Nil/sedentary | 1 | 1536 | 17.2 |
|  | Low | 2 | 1865 | 20.9 |
|  | Moderate | 3 | 1912 | 21.4 |
|  | High | 4 | 3622 | 40.5 |
|  | N Missing |  | 159 |  |
| Mean Stress |  |  |  |  |
|  | Mean |  | 0.52 |  |
|  | Std Error |  | 0.00 |  |
|  | N |  | 9094 |  |
|  | N Missing |  | 57 |  |
| PHYSICAL COMPONENT SCALE-00-Australian (ABS) |  |  |  |  |
|  | Mean |  | 46.29 |  |
|  | Std Error |  | 0.11 |  |
|  | N |  | 8849 |  |
|  | N Missing |  | 302 |  |
| PHYSICAL COMPONENT SCALE-00-US General |  |  |  |  |
|  | Mean |  | 46.18 |  |
|  | Std Error |  | 0.11 |  |
|  | N |  | 8849 |  |
|  | N Missing |  | 302 |  |
| PHYSICAL COMPONENT SCALE-00-Australian |  |  |  |  |
|  | Mean |  | 45.45 |  |
|  | Std Error |  | 0.11 |  |
|  | N |  | 8849 |  |
|  | N Missing |  | 302 |  |
| PHYSICAL COMPONENT SCALE-00 - WHA MID |  |  |  |  |
|  | Mean |  | 46.13 |  |
|  | Std Error |  | 0.12 |  |
|  | N |  | 8849 |  |
|  | N Missing |  | 302 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Perceived (Life) Control |  |  |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Body Mass Index, WHO groups | Underweight, BMI < 18.5 | 1 | 102 | 1.2 |
|  | Healthy weight, $18.5<=$ BMI < 25 | 2 | 3191 | 36.6 |
|  | Overweight, $25<=$ BMI < 30 | 3 | 2939 | 33.7 |
|  | Obese, 30 <= BMI | 4 | 2493 | 28.6 |
|  | N Missing |  | 333 |  |
| Q40a Weight in kgs |  |  |  |  |
|  | Mean |  | 73.03 |  |
|  | Std Error |  | 0.16 |  |
|  | N |  | 8829 |  |
|  | N Missing |  | 322 |  |
| SF36 PAIN INDEX (0-100) |  |  |  |  |
|  | Mean |  | 66.80 |  |
|  | Std Error |  | 0.25 |  |
|  | N |  | 9141 |  |
|  | N Missing |  | 10 |  |
| SF36 GENERAL HEALTH PERCEPTIONS (0-100) |  |  |  |  |
|  | Mean |  | 70.69 |  |
|  | Std Error |  | 0.21 |  |
|  | N |  | 8936 |  |
|  | N Missing |  | 215 |  |
| SF36 MENTAL HEALTH INDEX (0-100) |  |  |  |  |
|  | Mean |  | 77.30 |  |
|  | Std Error |  | 0.18 |  |
|  | N |  | 9130 |  |
|  | N Missing |  | 21 |  |
| SF36 PHYSICAL FUNCTIONING (0-100) |  |  |  |  |
|  | Mean |  | 77.52 |  |
|  | Std Error |  | 0.23 |  |
|  | N |  | 9131 |  |
|  | N Missing |  | 20 |  |
| SF36 ROLE-EMOTIONAL (0-100) |  |  |  |  |
|  | Mean |  | 84.24 |  |
|  | Std Error |  | 0.34 |  |
|  | N |  | 9099 |  |
|  | N Missing |  | 52 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| SF36 ROLE-PHYSICAL (0-100) | \% |  |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| MOS 6 item score |  |  |  |  |
|  | Mean |  | 3.88 |  |
|  | Std Error |  | 0.01 |  |
|  | N |  | 9038 |  |
|  | N Missing |  | 113 |  |
| MOS tangible |  |  |  |  |
|  | Mean |  | 3.82 |  |
|  | Std Error |  | 0.01 |  |
|  | N |  | 9013 |  |
|  | N Missing |  | 138 |  |
| MOS tangible grouped |  |  |  |  |
|  | All the time | 1 | 4372 | 49.0 |
|  | Most of the time | 2 | 2202 | 24.7 |
|  | Some of the time | 3 | 1131 | 12.7 |
|  | None/little of the time | 4 | 1219 | 13.7 |
|  | N Missing |  | 138 |  |
| MOS 6 item score grouped |  |  |  |  |
|  | All the time | 1 | 4492 | 50.2 |
|  | Most of the time | 2 | 2366 | 26.4 |
|  | Some of the time | 3 | 1332 | 14.9 |
|  | None/little of the time | 4 | 762 | 8.5 |
|  | N Missing |  | 113 |  |

