

the australian longitudinal study on women's health

data book for the seventh survey of the 1946-51 cohort

2013 (when they were aged 62-67 years)

december 2014

Data book for the seventh survey of the 1946-1951 cohort (aged 62-67 years)

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Notes

During 2013, 9,151 valid surveys were returned by members of the ALSWH 1946-51 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (http://www.alwsh.org.au/). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

Australian Longitudinal Study on Women's Health www.alswh.org.au

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Item Description	Categories	Values	Number	%
Q1 In general, would you say your health is:				
	Excellent	1	875	9.7
	Very good	2	3471	38.4
	Good	3	3504	38.8
	Fair	4	1038	11.5
	Poor	5	153	1.7
	N Missing		20	
Q2 Compared to one year ago, how would you rate your health in				
general now	Much better	1	516	5.
	Somewhat better	2	1151	12.
	About the same	3	6051	66.
	Somewhat worse	4	1192	13.
	Much worse	5	134	1.
	N Missing		20	
Q3a The following questions are about activities you might do	0			
ing a typical day. Does your health now limit you in these ivities? If so, how much? Vigorous activities such as running, ng heavy objects, participating in strenuous sports	Limited a lot	1	3473	38.
	Limited a little	2	4252	
	Not limited	3	1263	
	N Missing	-	81	
Q3b The following questions are about activities you might do			•••	
during a typical day. Does your health now limit you in these	Limited a lot	1	654	7.
activities? If so, how much? Moderate activities, such as moving a able, pushing a vacuum cleaner, bowling or playing golf	Limited a little	2	2530	
	Not limited	3	5848	
	N Missing	0	32	04.
Q3c The following questions are about activities you might do	N Missing		52	
during a typical day. Does your health now limit you in these	Limited a lot	1	425	4.
activities? If so, how much? Lifting or carrying groceries	Limited a little	2		
	Not limited	3	6425	
		5	24	
22d The following suppliance are chaut activities you might de	N Missing		24	
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs	Limited a lot	1	1253	13.
	Limited a little	2	3483	38.
	Not limited	3	4287	47.
	N Missing		41	

Item Description	Categories	Values	Number	%
Q3e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	1	436	4.8
	Limited a little	2	1583	17.6
	Not limited	3	6999	77.6
	N Missing		48	
Q3f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	1	1142	12.6
	Limited a little	2	3848	42.6
	Not limited	3	4037	44.7
	N Missing		37	
Q3g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	1	988	10.9
	Limited a little	2	1950	21.6
	Not limited	3	6094	67.5
	N Missing		33	
Q3h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre	Limited a lot	1 5	546	6.1
	Limited a little	2	1095	12.1
	Not limited	3	7387	81.8
	N Missing		41	
Q3i The following questions are about activities you might do during a typical day. Does your health now limit you in these	Limited a lot	1	205	2.3
activities? If so, how much? Walking 100 metres	Limited a little	2	715	7.9
			-	-
	Not limited	3	8101	89.8
O2i The following questions are shout estivities you might de	N Missing		47	
Q3j The following questions are about activities you might do during a typical day. Does your health now limit you in these	Limited a lot	1	117	1.3
activities? If so, how much? Bathing or dressing yourself	Limited a little	2	444	4.9
	Not limited	3	8480	-
	N Missing	0	21	00.0
Q4a During the past four weeks, have you had any of the	Ninissing		21	
following problems with your work (including your work outside the home and housework) or other regular daily activities as a result	Yes	1	1821	20.2
of your physical health? Cut down on the amount of time you	No	2	7216	79.8
spent on work or other activities	N Missing		35	
Q4b During the past four weeks, have you had any of the following problems with your work (including your work outside the	Yes	1	2851	31.6
home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like	No	2	6169	
	N Missing	2	52	50.1
	3		02	

Item Description	Categories	Values	Number	%
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home				
and housework) or other regular daily activities as a result of your	Yes	1	2360	26.2
physical health? Were limited in the kind of work or other activities	No	2	6660	73.8
	N Missing		59	
Q4d During the past four weeks, have you had any of the				
following problems with your work (including your work outside the home and housework) or other regular daily activities as a result	Yes	1	2419	26.8
of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	No	2	6598	73.2
	N Missing		60	
25a During the past four weeks, have you had any of the				
following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed	Yes	1	1191	13.2
or anxious)? Cut down on the amount of time you spent on work	No	2	7842	86.8
or other activities	N Missing		34	
Q5b During the past four weeks, have you had any of the				
following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed	Yes	1	1868	20.7
or anxious)? Accomplished less than you would like	No	2	7152	79.3
	N Missing		50	
05c During the past four weeks, have you had any of the following	5			
roblems with your work or other regular daily activities as a result f any emotional problems (such as feeling depressed or nxious)? Didn't do work or other activities as carefully as usual	Yes	1	1203	13.3
	No	2	7808	
	N Missing	_	59	00.1
Q6 During the past four weeks, to what extent has your physical	TT WICOING		00	
nealth or emotional problems interfered with your normal social	Not at all	1	5631	62.3
activities with family, friends, neighbours or groups?				
	Slightly	2		
	Moderately	3	831	9.2
	Quite a bit	4	601	6.6
	Extremely	5	171	1.9
	N Missing		21	
Q7 How much bodily pain have you had during the past four weeks?				
	No bodily pain	1	1361	
	Very mild	2	2790	30.9
	Mild	3	1997	22.1
	Moderate	4	2127	23.5
	Severe	5	646	7.1
	Very severe	6	121	1.3
	N Missing		20	

Item Description	Categories	Values	Number	%
Q8 During the past four weeks, how much did pain interfere with				
your normal work (including both work outside the home and housework)?	Not at all	1	4319	47.7
	A little bit	2	2653	29.3
	Moderately	3	1194	13.2
	Quite a bit	4	727	8.0
	Extremely	5	154	1.7
	N Missing		17	
Q9a For each question, please give the one answer that comes				
closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	456	5.1
	Most of the time	2	3668	40.7
	A good bit of the time	3	1926	21.4
	Some of the time	4	1675	18.6
	Little of the time	5	893	9.9
	None of the time	6	398	4.4
	N Missing		46	
Q9b For each question, please give the one answer that comes				
closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very nervous	All the time	1	103	1.1
person	Most of the time	2	179	2.0
	A good bit of the time	3	350	3.9
	Some of the time	4	1135	12.6
	Little of the time	5	2669	29.6
	None of the time	6	4583	50.8
	N Missing		46	
Q9c For each question, please give the one answer that comes				
closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps	All the time	1	47	0.5
that nothing could cheer you up	Most of the time	2	111	1.2
	A good bit of the time	3	234	2.6
	Some of the time	4	710	7.9
	Little of the time	5	1511	16.7
	None of the time	6	6417	71.1
	N Missing		39	

Item Description	Categories	Values	Number	%
29d For each question, please give the one answer that comes				
closest to the way you have been feeling. How much of the time luring the past four weeks. Have you felt calm and peaceful	All the time	1	550	6.
	Most of the time	2	3925	43
	A good bit of the time	3	1728	19
	Some of the time	4	1570	17
	Little of the time	5	902	10
	None of the time	6	336	3
	N Missing		63	
9e For each question, please give the one answer that comes				
losest to the way you have been feeling. How much of the time uring the past four weeks. Did you have a lot of energy	All the time	1	317	3
	Most of the time	2	2914	32
	A good bit of the time	3	2111	2
	Some of the time	4	1941	2
	Little of the time	5	1085	1
	None of the time	6	608	
	N Missing		104	
9f For each question, please give the one answer that comes				
9f For each question, please give the one answer that comes osest to the way you have been feeling. How much of the time uring the past four weeks. Have you felt down	All the time	1	53	
	Most of the time	2	174	
	A good bit of the time	3	391	
	Some of the time	4	1457	1
	Little of the time	5	3496	3
	None of the time	6	3430	3
	N Missing		78	
9g For each question, please give the one answer that comes				
osest to the way you have been feeling. How much of the time uring the past four weeks. Did you feel worn out	All the time	1	118	
anng the past four weeks. Did you feel worn out	Most of the time	2	380	
	A good bit of the time	3	728	
	Some of the time	4	2140	2
	Little of the time	5	3599	4
	None of the time	6	2002	2
	N Missing		109	

Item Description	Categories	Values	Number	%
Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time luring the past four weeks. Have you been a happy person	All the time	1	1064	11.8
	Most of the time	2	4748	52.
	A good bit of the time	3	1400	15.
	Some of the time	4	1190	13.
	Little of the time	5	433	4.
	None of the time	6	173	1.
	N Missing		54	
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time	All the time	1	282	3.
luring the past four weeks. Did you feel tired	Most of the time	2	575	6.
	A good bit of the time	3	1176	13.
	Some of the time	4	2879	31.
	Little of the time	5	3497	38
	None of the time	6	621	6
	N Missing		41	
210 During the past four weeks, how much of the time have your hysical health or emotional problems interfered with your social ctivities (like visiting with friends, relatives, etc)?	All the time	1	165	1
	Most of the time	2	405	4
	Some of the time	3	1298	14
	Little of the time	4	1641	18
	None of the time	5	5517	61
	N Missing		36	
Q11a How true or false is each of the following statements for				
rou? I seem to get sick a little easier than other people	Definitely true	1	129	1
	Mostly true	2	362	4
	Don't know	3	700	7
	Mostly false	4	1904	21
	Definitely false	5	5760	65
	N Missing		217	
211b How true or false is each of the following statements for				
ou? I am as healthy as anybody I know	Definitely true	1	2841	31
	Mostly true	2	3784	42
	Don't know	3	1097	12
	Mostly false	4	723	8
	Definitely false	5	452	5
	N Missing		186	

Item Description	Categories	Values	Number	%
Q11c How true or false is each of the following statements for				
you? I expect my health to get worse	Definitely true	1	373	4.2
	Mostly true	2	1377	15.5
	Don't know	3	3183	35.9
	Mostly false	4	1647	18.6
	Definitely false	5	2284	25.8
	N Missing		216	
Q11d How true or false is each of the following statements for				
vou? My health is excellent	Definitely true	1	1567	17.6
	Mostly true	2	4952	55.7
	Don't know	3	527	5.9
	Mostly false	4	1025	11.5
	Definitely false	5	820	9.2
	N Missing		188	
2a How many times have you consulted the following people your own health in the last twelve months? A family doctor or other general practitioner (GP)				
another general practitioner (GP)	None	0	321	3.5
	Once or twice	1	2676	
	3 or 4 times	2	2917	
	5 or 6 times	3	1709	18.9
	7 to 12 times	4	953	10.5
	13 to 24 times	5	335	3.7
	25 or more times	6	136	1.5
	N Missing		14	
Q12b How many times have you consulted the following people or your own health in the last twelve months? A hospital doctor				
eg in outpatients or casualty)	None	0	7029	77.9
	Once or twice	1	1512	16.8
	3 or 4 times	2	281	3.1
	5 or 6 times	3	114	1.3
	7 to 12 times	4	44	0.5
	13 to 24 times	5	36	0.4
	25 or more times	6	9	0.1
	N Missing		33	

Item Description	Categories	Values	Number	%
Q12c How many times have you consulted the following people				
for your own health in the last twelve months? A specialist doctor	None	0	3897	43.1
	Once or twice	1	3330	36.8
	3 or 4 times	2	1134	12.5
	5 or 6 times	3	380	4.2
	7 to 12 times	4	209	2.3
	13 to 24 times	5	72	0.8
	25 or more times	6	18	0.2
	N Missing		20	
Q13a Have you consulted the following services for your own				
health in the last twelve months? A physiotherapist	Yes	1	2343	26.0
	No	2	6678	74.0
	N Missing		46	
Q13b Have you consulted the following people for your own health				
in the last twelve months? Counsellor / Psychologist / Social worker	Yes	1	669	7.4
	No	2	8341	92.6
	N Missing		55	
Q13c Have you consulted the following people for your own health				
Bc Have you consulted the following people for your own health ne last twelve months? A community nurse, practice nurse, or se practitioner	Yes	1	1341	14.9
	No	2	7646	85.1
	N Missing		85	
Q13d Have you consulted the following people for your own health				
in the last twelve months? Optician / Optometrist	Yes	1	6025	66.8
	No	2	2999	33.2
	N Missing		40	
Q13e Have you consulted the following people for your own health				
in the last twelve months? Hearing Specialist	Yes	1	1057	11.7
	No	2	7948	88.3
	N Missing		61	
Q13f Have you consulted the following people for your own health				
in the last twelve months? Dietitian	Yes	1	631	7.0
	No	2	8375	93.0
	N Missing		57	
Q13g Have you consulted the following people for your own health				
in the last twelve months? Podiatrist	Yes	1	2109	23.4
	No	2	6906	76.6
	N Missing		50	

Item Description	Categories	Values	Number	%
Q13h Have you consulted the following people for your own health				
in the last 12 months? A dentist	Yes	1	6443	71.3
	No	2	2592	28.7
	N Missing		29	
Q13i Have you consulted the following services for your own				
health in the last twelve months? Massage therapist	Yes	1	2192	24.3
	No	2	6832	75.7
	N Missing		41	
Q13j Have you consulted the following services for your own				
health in the last twelve months? Naturopath/ Herbalist	Yes	1	651	7.2
	No	2	8363	92.8
	N Missing		60	
Q13k Have you consulted the following people for your own health				
in the last twelve months? A Chiropractor	Yes	1	1160	12.9
	No	2	7855	87.1
	N Missing		51	
Q13I Have you consulted the following people for your own health				
in the last twelve months? Osteopath	Yes	1	433	4.8
	No	2	8565	95.2
	N Missing		76	
Q13m Have you consulted the following services for your own	Ū			
health in the last twelve months? Acupuncturist	Yes	1	602	6.7
	No	2	8407	
	N Missing		57	
Q13n Have you consulted the following services for your own	Ū			
health in the last twelve months? Other alternative health	Yes	1	434	4.9
practitioner (eg aromatherapist, homeopath, reflexologist, iridologist)	No	2	8502	
	N Missing		134	
Q14a How often have you used the following therapies for your				
own health in the last 12 months? Vitamins / Minerals	Never	1	1538	17.0
	Rarely	2	760	8.4
	Sometimes	- 3	1699	
	Often	4	5034	
	N Missing		38	2011
			00	

Item Description	Categories	Values	Number	%
Q14b How often have you used the following therapies for your				
own health in the last 12 months? Yoga or Meditation	Never	1	6437	71.4
	Rarely	2	850	9.4
	Sometimes	3	923	10.2
	Often	4	811	9.0
	N Missing		48	
Q14c How often have you used the following therapies for your				
own health in the last 12 months? Herbal medicines	Never	1	5843	64.8
	Rarely	2	940	10.4
	Sometimes	3	1310	14.5
	Often	4	924	10.2
	N Missing		56	
Q14d How often have you used the following therapies for your				
own health in the last 12 months? Aromatherapy oils	Never	1	6939	76.9
	Rarely	2	884	9.8
	Sometimes	3	890	9.9
	Often	4	310	3.4
	N Missing		42	
Q14e How often have you used the following therapies for your	-			
own health in the last 12 months? Chinese medicines	Never	1	8238	91.2
	Rarely	2	416	4.6
	Sometimes	3	253	2.8
	Often	4	127	1.4
	N Missing		34	
Q14f How often have you used the following therapies for your	C C			
own health in the last 12 months? Other alternative therapies	Never	1	7585	84.3
	Rarely	2	580	6.4
	Sometimes	3	534	5.9
	Often	4	301	3.3
	N Missing		72	0.0
Q15a When you go to a General Practitioner: Do you go to the	-			
same place	Always	1	7392	81 7
	Most of time	2	1482	
	Sometimes	3	105	1.2
	Rarely/never	4	64	0.7
	N Missing	4	23	0.1

Item Description	Categories	Values	Number	%
215b When you go to a General Practitioner: Do you usually see				
he same doctor	Always	1	4652	51.4
	Most of time	2	3681	40.7
	Sometimes	3	473	5.2
	Rarely/never	4	237	2.6
	N Missing		23	
216 How would you rate the cost of your last visit to a general				
practitioner?	No cost	1	4769	52.8
	Good	2	1314	14.5
	Fair	3	2312	25.6
	Poor	4	510	5.6
	Don't know	5	126	1.4
	N Missing		38	
Q17 Have you been admitted to hospital in the last 12 months?				
	No	1	6737	74.8
	Yes, day only	2	1152	12.8
	Yes, spent at least one night	3	1124	12.5
	N Missing		46	
218 Do you have a Health Care Card? This is a card that entitle	S			
you to discounts and assistance with medical expenses. This is not the same as a Medicare card.	Yes	1	4133	45.8
	No	2	4883	54.2
	N Missing		53	
Q19a Do you have private health insurance for hospital cover?				
	Yes	1	6468	71.7
	No, Vet affairs	2	55	0.6
	No, cannot afford it	3	1531	17.0
	No, not good value	4	406	4.5
	No, don't need it	5	203	2.2
	No, other reason	6	359	4.0
	N Missing		38	

Item Description	Categories	Values	Number	%
Q19b Do you have private health insurance for ancillary services	?			
(eg. dental, physiotherapy)	Yes	1	5972	66.2
	No, Vet affairs	2	54	0.6
	No, cannot afford it	3	1597	17.7
	No, not good value	4	712	7.9
	No, don't need it	5	237	2.6
	No, services not available	6	8	0.1
	No, other reason	7	445	4.9
	N Missing		37	
Q20a When did you last have: A pap test				
	In last 2 years	1	5136	57.2
	2 to 5 years ago	2	1046	11.7
	More than 5 years ago	3	2151	24.0
	Never	4	241	2.7
	Don't know	5	402	4.5
	N Missing		102	
220b When did you last have: A mammogram				
	In last 2 years	1	7487	83.2
	2 to 5 years ago	2	745	8.3
	More than 5 years ago	3	461	5.1
	Never	4	247	2.7
	Don't know	5	60	0.7
	N Missing		68	
21a In the PAST THREE YEARS have you had an abnormal				
esult from: A Pap test?	Yes	1	210	2.4
	No	2	8177	92.4
	Don't know	3	463	5.2
	N Missing		217	
21b In the PAST THREE YEARS have you had an abnormal				
esult from: A mammogram?	Yes	1	589	6.6
	No	2	8139	90.7
	Don't know	3	249	2.8
	N Missing		81	
Q22a In the past three years, have you: Had your blood pressure	-			
checked? Doctor	No	0	522	5.8
	Yes	1	8518	
	N Missing		22	
	J			

Item Descriptio	n	Categories	Values	Number	%
Q22a In the past three years, have you:	Had your blood pressure				
checked? Not checked		No	0	8907	98.5
		Yes	1	133	1.5
		N Missing		22	
Q22a In the past three years, have you:	Had your blood pressure				
checked? Nurse		No	0	8052	89. <i>*</i>
		Yes	1	988	10.9
		N Missing		22	
Q22a In the past three years, have you:	Had your blood pressure				
checked? Other		No	0	8490	93.9
		Yes	1	550	6.1
		N Missing		22	
Q22b In the past three years, have you:	Had your cholesterol				
checked? Doctor		No	0	1223	13.6
		Yes	1	7789	86.4
		N Missing		50	
Q22b In the past three years, have you:	Had your cholesterol				
checked? Not checked	-	No	0	8116	90.1
		Yes	1	896	9.9
		N Missing		50	
Q22b In the past three years, have you:	Had your cholesterol	Ū			
checked? Nurse		No	0	8818	97.8
		Yes	1	195	2.2
		N Missing		50	
Q22b In the past three years, have you:	Had vour cholesterol	0			
checked? Other	,	No	0	8798	97.6
		Yes	1	215	2.4
		N Missing		50	
Q22c In the past three years, have you:	Had your blood sugar				
level checked? Doctor	ridd your blood ougar	No	0	1741	19 3
		Yes	1	7255	
		N Missing		69	00.1
Q22c In the past three years, have you:	Had your blood sugar			00	
level checked? Not checked	naa yoon biood bugui	No	0	7729	85.0
		Yes	1	1267	
			I		14.1
		N Missing		69	

Item Description	Categories	Values	Number	%
Q22c In the past three years, have you: Had your blood sugar				
evel checked? Nurse	No	0	8676	96.4
	Yes	1	320	3.0
	N Missing		69	
Q22c In the past three years, have you: Had your blood sugar				
evel checked? Other	No	0	8668	96.4
	Yes	1	328	3.0
	N Missing		69	
Q22d In the past three years, have you: Had your skin checked	d			
(eg spots, lesions, moles)? Doctor	No	0	3367	37.4
	Yes	1	5639	62.0
	N Missing		61	
Q22d In the past three years, have you: Had your skin checked	d			
(eg spots, lesions, moles)? Not checked	No	0	5817	64.6
	Yes	1	3189	35.4
	N Missing		61	
Q22d In the past three years, have you: Had your skin checked	b			
eg spots, lesions, moles)? Nurse	No	0	8958	99.
	Yes	1	48	0.5
	N Missing		61	
Q22d In the past three years, have you: Had your skin checked	b			
eg spots, lesions, moles)? Other	No	0	8839	98.
	Yes	1	167	1.9
	N Missing		61	
Q23a In the past three years, have you: Had your breasts				
examined by a doctor or nurse?	Yes	1	5276	58.
	No	2	3748	41.
	N Missing		36	
Q23b In the past three years, have you: Carried out regular				
nonthly breast self examination?	Yes	1	4867	54.1
	No	2	4127	45.9
	N Missing		58	
Q23c In the last three years, have you had: A Bone density tes	-			
	Yes	1	2616	29.0
	No	2	6404	71.0
	N Missing		41	

Item Description	Categories	Values	Number	%
Q23d In the past three years, have you: Had a test for bowel				
cancer?	Yes	1	4890	54.2
	No	2	4130	45.8
	N Missing		40	
Q23e In the past three years, have you: Been vaccinated for				
influenza(the 'flu)?	Yes	1	5977	66.2
	No	2	3054	33.8
	N Missing		28	
Q23f In the PAST THREE YEARS, have you: Had a				
pneumococcal vaccine (also called PPV, for pneumonia)?	Yes	1	1618	18.0
	No	2	7387	82.0
	N Missing		64	
Q24 Are you currently taking: Hormone replacement therapy				
(HRT)?	Yes	1	889	9.8
	No	2	8143	90.2
	N Missing		28	
Q25 Do you regularly need help with daily tasks because of long				
term illness, disability or frailty (eg personal care, getting around preparing meals etc)?	'Yes	1	331	3.7
	No	2	8698	96.3
	N Missing		34	
Q26a Next are some specific questions about your health and				
how you have been feeling in the past month. Have you felt keyed up or on edge?	Yes	1	3659	40.6
	No	2	5350	59.4
	N Missing		57	
Q26b Next are some specific questions about your health and				
how you have been feeling in the past month. Have you been worrying a lot?	Yes	1	3029	33.6
	No	2	5979	66.4
	N Missing		58	
Q26c Next are some specific questions about your health and he				
you have been feeling in the past month. Have you been irritabl	e? Yes	1	3158	35.1
	No	2	5844	64.9
	N Missing		60	
Q26d Next are some specific questions about your health and				
how you have been feeling in the past month. Have you had difficulty relaxing?	Yes	1	3086	34.3
	No	2	5911	65.7
	N Missing		63	

Item Description	Categories	Values	Number	%
Q26e Next are some specific questions about your health and how you have been feeling in the past month. Have you been sleeping poorly?	Yes	1	4238	47.1
	No	2	4764	52.9
	N Missing		59	
Q26f Next are some specific questions about your health and how	-			
you have been feeling in the past month. Have you had headaches or neckaches?	Yes	1	4202	46.6
	No	2	4815	53.4
	N Missing		50	
Q26g Next are some specific questions about your health and how you have been feeling in the past month. Have you had any	-			
of the following: trembling, tingling, dizzy spells, sweating,	Yes	1	2258	25.1
diarrhoea or needing to pass urine more often than usual?	No	2	6751	74.9
	N Missing		54	
Q26h Next are some specific questions about your health and how you have been feeling in the past month. Have you been	Yes	1	2511	27.8
worried about your health?	No	2	6509	
	N Missing	_	43	
Q26i Next are some specific questions about your health and how	11 millioning		10	
you have been feeling in the past month. Have you had difficulty falling asleep?	Yes	1	3493	38.7
	No	2	5524	61.3
	N Missing		43	
Q27a Thinking about your own health care, how would you rate				
the following: Access to medical specialists if you need them	Excellent	1	3477	38.6
	Very good	2	3130	34.7
	Good	3	1430	15.9
	Fair	4	467	5.2
	Poor	5	216	2.4
	Don't know	6	296	3.3
	N Missing		45	
Q27b Thinking about your own health care, how would you rate				
the following: Access to a hospital if you need it	Excellent	1	3711	41.3
	Very good	2	3047	33.9
	Good	3	1410	15.7
	Fair	4	350	3.9
	Poor	5	95	1.1
	Don't know	6	364	4.1
	N Missing		92	

he following: Access to medical care in an emergency Excellent 1 3249 36.4 Very good 2 26.6 32.1 36.4 46.0 36.4 46.0 36.4 46.0 36.4 46.0 56.0	Item Description	Categories	Values	Number	%
2276 Thinking about your own health care, how would you rate he following: Access to a GP who bulk bills 9	Q27c Thinking about your own health care, how would you rate				
Good 3 1456 16.3 Fair 4 470 5.3 Poor 5 126 1.4 Don't know 6 756 8.5 N Missing 135 128 1.4 Don't know 6 756 8.5 N Missing 1388 22.1 Very good 22.24 25.6 Good 3 1645 16.2 <td< td=""><td>the following: Access to medical care in an emergency</td><td>Excellent</td><td>1</td><td>3249</td><td>36.4</td></td<>	the following: Access to medical care in an emergency	Excellent	1	3249	36.4
Pair 4 470 5.3 Poor 5 1.26 1.4 Poor 6 7.56 8.5 N Missing 1.35 22.72 227d Thinking about your own health care, how would you rate Excellent 1 1.98 22.12 Poor 2 24.8 2.00		Very good	2	2868	32.1
Poor 5 1.2 1.4 Don't know 6 7.5 8.5 N Missing 1.3 1.3 2277 Thinking about your own health care, how would you rate he following: Access to after-hours medical care Excellent 1 1.98 2.74 Qay Good 3 1.68 1.62 1.62 Good 3 1.68 1.62 1.62 Poor 5 5.5 1.62 1.62 Poor 5 1.62 1.62 1.62 Poor 5 1.62 1.62 1.62 Poor 5 1.62 1.62 1.62 Poor 6 1.62 1.62 1.62 Poor 5 1.62 1.62 1.62 Poor 6 1.62 1.62 1.62 Poor 5 1.64 1.62 1.62 Poor 5 1.64 1.62 1.62 Poor 6 1.64 1.62 <t< td=""><td></td><td>Good</td><td>3</td><td>1456</td><td>16.3</td></t<>		Good	3	1456	16.3
Don't know 6 756 8.5 N Missing 135 135 D27d Thinking about your own health care, how would you rate Excellent 1 198 2.1 Very good 2 2.248 2.50 30 1.68 1.68 Good 3 168 1.68 <t< td=""><td></td><td>Fair</td><td>4</td><td>470</td><td>5.3</td></t<>		Fair	4	470	5.3
2277 Thinking about your own health care, how would you rate he following: Access to after-hours medical care Excellent 1 198 2.1 2000 2 2.24 2.0<		Poor	5	126	1.4
227d Thinking about your own health care, how would you rate Excellent 1 198 22.1 he following: Access to after-hours medical care Excellent 1 198 22.1 Very good 2 22.4 25.0 6 6 16.2 16.4 16.2 16.4 16.2		Don't know	6	756	8.5
he following: Access to after-hours medical care Excellent 1 198 22.1 Very good 2 24.0 25.0 Good 3 16.4 18.2 Fair 4 902 10.0 Poor 5 5.3 5.5 Don't know 6 1628 18.1 N Missing 0.01't know 6 1628 18.1 Don't know 6 1022 17.8 19.5 Q27e Thinking about your own health care, how would you rate Fair 1 3227 36.7 Poor 2 17.8 19.5 11.4 12.5 Good 3 1035 11.6 11.1 12.5 Poor 5 11.41 12.5 11.4 12.5 Q27f Thinking about your own health care, how would you rate the ollowing: Access to a female GP Kerellent 1 3424 38.3 Q27f Thinking about your own health care, how would you rate the ollowing: Access to a female GP Excellent 1 3424 36.2 Q27f Thinking about your own health care, how would you rate the ollowing: Access to a female GP		N Missing		135	
Excellent 1 1988 22.1 Very good 2 2248 25.0 Good 3 1684 18.8 Fair 4 902 10.0 Poor 5 5.31 5.5 Don't know 6 1628 18.1 N Missing 91 1 3272 227e Thinking about your own health care, how would you rate Excellent 1 3272 36.7 Poor 2 1778 19.5 Good 3 1035 11.6 Good 3 1035 11.6 1 3272 36.7 Q27e Thinking about your own health care, how would you rate Excellent 1 3272 36.7 Good 3 1035 11.6 1 3272 7.0 Poor 5 1141 12.6 1 12.6 1 12.6 Don't know 6 1073 12.0 1 1 12.6 1 1 12.6 1 1 1 1 12.6 1 1 1	Q27d Thinking about your own health care, how would you rate				
Good 3 1684 18.8 Fair 4 902 10.0 Poor 5 531 5.8 Don't know 6 1628 18.1 N Missing 91 1 1 2227 Thinking about your own health care, how would you rate Excellent 1 3272 36.7 2227 Thinking about your own health care, how would you rate Excellent 1 3272 36.7 Good 3 1035 11.4 12.2 10.0 10.3 11.4 Don't know 6 000 3 1035 11.4 12.2 Poor 5 11.41 12.2 12.4 12.4 12.2 Don't know 6 1073 12.4 12.4 12.4 12.4 Don't know 6 1073 12.4 12.4 12.4 12.4 Ollowing: Access to a female GP Excellent 1 3424 38.3 1360 15.2 Good 3	the following: Access to after-hours medical care	Excellent	1	1988	22.1
Pair 4 90 10.0 Poor 5 531 5.5 Don't know 6 1628 18.1 N Missing		Very good	2	2248	25.0
Poor 5 5.3 5.3 Dont know 6 1628 18.1 N Missing 91 327 36.7 C27e Thinking about your own health care, how would you rate he following: Access to a GP who bulk bills Excellent 1 3272 36.7 Very good 2 1778 10.9 30.0 11.6 30.0 31.6		Good	3	1684	18.8
Don't know 6 1628 18.1 N Missing 91 91 91 227e Thinking about your own health care, how would you rate Excellent 1 3272 36.7 Very good 2 1778 19.5 10000 1000 10000		Fair	4	902	10.0
N Missing 91 C227e Thinking about your own health care, how would you rate he following: Access to a GP who bulk bills Excellent 1 3272 36.7 Very good 2 1778 19.5 Good 3 1035 11.6 Fair 4 629 7.0 Poor 5 1141 12.6 Don't know 6 1073 12.0 N Missing 151 151 C27f Thinking about your own health care, how would you rate the ollowing: Access to a female GP Excellent 1 3424 38.3 Very good 2 2240 25.0 25.0 2000 2 2240 25.0 Good 3 1360 15.2 15.2 15.2 15.2 15.2 Cood 3 1360 15.2 15.2 15.2 15.2 15.2 Fair 4 568 6.4 15.2 15.2 15.2 15.2 15.2 15.2 15.2 15.2 15.2 15.2 15.2 15.2 15.2 15.2 15.2 15.2		Poor	5	531	5.9
Q27e Thinking about your own health care, how would you rate Excellent 1 3272 36.7 he following: Access to a GP who bulk bills Excellent 1 3272 36.7 Very good 2 1778 19.5 Good 3 1035 11.6 Fair 4 629 7.0 Poor 5 1141 12.6 Don't know 6 1073 12.0 N Missing 151 1001 1001 Q27f Thinking about your own health care, how would you rate the ollowing: Access to a female GP Excellent 1 3424 38.3 Q27f Thinking about your own health care, how would you rate the ollowing: Access to a female GP Excellent 1 3424 38.3 Q27f Thinking about your own health care, how would you rate the ollowing: Access to a female GP 1 3424 38.3 Q27f Thinking about your own health care, how would you rate the 		Don't know	6	1628	18.1
he following: Access to a GP who bulk bills Excellent 1 3272 36.7 Very good 2 1778 19.9 Good 3 1035 11.6 Fair 4 629 7.0 Poor 5 1141 12.6 Don't know 6 1073 12.0 N Missing 151 151 Excellent 1 3424 38.3 Very good 2 2240 25.0 Good 3 1360 15.2 Fair 4 568 6.4 Poor 5 3160 15.2 Excellent 1 3424 38.3 Very good 2 2240 25.0 Good 3 1360 15.2 Fair 4 568 6.4 Poor 5 367 4.1 Don't know 6 991 1.1		N Missing		91	
Excellent 1 32/2 36.7 Very good 2 1778 19.5 Good 3 1035 11.6 Fair 4 629 7.0 Poor 5 1141 12.6 Don't know 6 1073 12.0 N Missing 151 151 Don't know 2 2240 25.0 Good 3 1360 15.2 Good 3 1360 15.2 Don't know 6 0.7 2 Q27f Thinking about your own health care, how would you rate the ollowing: Access to a female GP 1 3424 38.3 Very good 2 2240 25.0 25.0 25.0 Good 3 1360 15.2 25.0 25.0 25.0 Good 3 1360 15.2 25.0	Q27e Thinking about your own health care, how would you rate				
Good 3 1035 11.6 Fair 4 629 7.0 Poor 5 1141 12.6 Don't know 6 1073 12.0 N Missing 151 151 D27f Thinking about your own health care, how would you rate the ollowing: Access to a female GP 1 3424 38.3 Very good 2 2240 25.0 Good 3 1360 15.2 Fair 4 568 6.4 Poor 5 367 4.1 Don't know 6 991 1.1	the following: Access to a GP who bulk bills	Excellent	1	3272	36.7
Fair 4 629 7.0 Poor 5 1141 12.8 Don't know 6 1073 12.0 N Missing 151 151 151 Second female GP 1 3424 38.3 Very good 2 2240 25.0 Good 3 1360 15.2 Fair 4 568 6.4 Poor 5 367 4.1 Don't know 6 991 1.1		Very good	2	1778	19.9
Poor 5 1141 12.6 Don't know 6 1073 12.0 N Missing 151 151 151 Oorvoorse stoa female GP 1 3424 38.3 Very good 2 2240 25.0 Good 3 1360 15.2 Fair 4 568 6.4 Poor 5 367 4.1 Don't know 6 991 11.1		Good	3	1035	11.6
Don't know 6 1073 12.0 N Missing 151 151 151 Don't know 6 1073 151 151 Don't know 1 3424 38.3 Very good 2 2240 25.0 Good 3 1360 15.2 Fair 4 568 6.4 Poor 5 367 4.1 Don't know 6 991 11.1		Fair	4	629	7.0
Q27f Thinking about your own health care, how would you rate the ollowing: Access to a female GP 1 3424 38.3 Excellent 1 3424 2240 25.0 Good 3 1360 15.2 Fair 4 568 6.4 Poor 5 367 4.1 Don't know 6 991 11.1		Poor	5	1141	12.8
Q27f Thinking about your own health care, how would you rate the ollowing: Access to a female GP1342438.3Very good2224025.0Good3136015.2Fair45686.4Poor53674.1Don't know699111.1		Don't know	6	1073	12.0
ollowing: Access to a female GP Excellent 1 3424 38.3 Very good 2 2240 25.0 Good 3 1360 15.2 Fair 4 568 6.4 Poor 5 367 4.1 Don't know 6 991 11.1		N Missing		151	
Excellent 1 3424 38.3 Very good 2 2240 25.0 Good 3 1360 15.2 Fair 4 568 6.4 Poor 5 367 4.1 Don't know 6 991 11.1	Q27f Thinking about your own health care, how would you rate th	e			
Good 3 1360 15.2 Fair 4 568 6.4 Poor 5 367 4.1 Don't know 6 991 11.1	following: Access to a female GP	Excellent	1	3424	38.3
Fair 4 568 6.4 Poor 5 367 4.1 Don't know 6 991 11.1		Very good	2	2240	25.0
Poor 5 367 4.1 Don't know 6 991 11.1		Good	3	1360	15.2
Don't know 6 991 11.1		Fair	4	568	6.4
		Poor	5	367	4.1
N Missing 119		Don't know	6	991	11.1
		N Missing		119	

Item Description	Categories	Values	Number	%
Q27g Thinking about your own health care, how would you rate				
the following: Hours when a GP is available	Excellent	1	1870	20.9
	Very good	2	2904	32.5
	Good	3	2422	27.1
	Fair	4	1130	12.6
	Poor	5	329	3.7
	Don't know	6	291	3.3
	N Missing		130	
Q27h Thinking about your own health care, how would you rate				
the following: Number of GPs you have to choose from	Excellent	1	2347	26.1
	Very good	2	2742	30.5
	Good	3	2271	25.3
	Fair	4	863	9.6
	Poor	5	401	4.5
	Don't know	6	355	4.0
	N Missing		92	
Q27i Thinking about your own health care, how would you rate the	9			
following: Ease of seeing the GP of your choice	Excellent	1	2396	26.7
	Very good	2	2657	29.6
	Good	3	2169	24.1
	Fair	4	1151	12.8
	Poor	5	504	5.6
	Don't know	6	111	1.2
	N Missing		84	
Q27j Thinking about your own health care, how would you rate the)			
following: How long you wait to get a GP appointment	Excellent	1	1655	18.4
	Very good	2	2830	31.5
	Good	3	2427	27.0
	Fair	4	1450	16.1
	Poor	5	537	6.0
	Don't know	6	88	1.0
	N Missing		81	

Item Description	Categories	Values	Number	%
27k Thinking about your own health care, how would you rate				
ne following: The outcomes of your medical care (how much you re helped)	Excellent	1	2569	28.
	Very good	2	3436	38
	Good	3	2182	24
	Fair	4	540	6
	Poor	5	81	0
	Don't know	6	194	2
	N Missing		67	
27I Thinking about your own health care, how would you rate the				
ollowing: Ease of obtaining a mammogram	Excellent	1	4216	47
	Very good	2	2751	30
	Good	3	1270	14
	Fair	4	202	2
	Poor	5	47	(
	Don't know	6	475	ę
	N Missing		103	
27m Thinking about your own health care, how would you rate				
e following: Ease of obtaining a Pap test	Excellent	1	3429	3
	Very good	2	2406	2
	Good	3	1138	1
	Fair	4	151	
	Poor	5	47	
	Don't know	6	1726	1
	N Missing		184	
27n Thinking about your own health care, how would you rate	-			
e following: Access to a counselling service if you need it	Excellent	1	1420	1
	Very good	2	1579	1
	Good	3		
	Fair	4	313	
	Poor	5	115	
	Don't know	6	4365	
	N Missing		71	
28a In the last 12 months, have you: Slipped, tripped, or	ŭ			
umbled (not including falls to the ground)?	No	0	5784	6
	Yes	1	3161	
	N Missing		112	

Q28b In the last 12 months, have you: Been injured as a result of No Q28c In the last 12 months, have you: Been injured as a result of No Q28c In the last 12 months, have you: Been injured as a result of No Q28d In the last 12 months, have you: Needed to seek medical No Q28d In the last 12 months, have you: Needed to seek medical No Q28d In the last 12 months, have you: Needed to seek medical No Q28d In the last 12 months, have you: Had any other injury from a fall? No Q28d In the last 12 months, have you: Had any other injury from a nacident at your home? (eg. burns, cuts, bruises) No Q28d In the last 12 months, have you: Broken or fractured any bone/s? No Q28d In the last 12 months, have you: None of these accidents No Q28d In the last 12 months, have you: None of these accidents No Q28d In the last 12 months, have you: None of these accidents No Q28d In the last 12 months, have you: None of these accidents No Q28d In the last 12 months, have you ever deliberately hurt yourself Yes Q28d In the last 12 months, have you ever deliberately hurt yourself No Q28d In the last 12 months, have you ever deliberately hurt yourself Yes Q29 In the past week, have you ever deliberately hurt yourself Yes	lues N	Nu	ımber	%
No Yes No a fail? Q28c In the last 12 months, have you: Been injured as a result of a fail? Q28d In the last 12 months, have you: Needed to seek medical attention (eg. Doctor, hospital) for an injury from a fail? Q28d In the last 12 months, have you: Wedded to seek medical attention (eg. Doctor, hospital) for an injury from a fail? Q28d In the last 12 months, have you: Had any other injury from an accident at your home? (eg. burns, cuts, bruises) Q28d In the last 12 months, have you: Broken or fractured any bone/s? Q28d In the last 12 months, have you: Broken or fractured any bone/s? Q28d In the last 12 months, have you: None of these accidents Q28d In the last 12 months, have you: None of these accidents Q28d In the last 12 months, have you: None of these accidents Q28d In the past week, have you ever deliberately hurt yours of Q30 In the past 6 months have you ever deliberately hurt yours q30 In the past 6 months have you ever deliberately hurt yours q30 In the past 6 months have you ever deliberately hurt yours q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No				
A28c In the last 12 months, have you: Been injured as a result of a lall? No Yes No Q28d In the last 12 months, have you: Needed to seek medical attention (eg. Doctor, hospital) for an injury from a fall? No Q28d In the last 12 months, have you: Had any other injury from a fall? No Q28d In the last 12 months, have you: Had any other injury from a fall? No Q28d In the last 12 months, have you: Broken or fractured any bones? No Q28d In the last 12 months, have you: Broken or fractured any version fractured any bones? No Q28d In the last 12 months, have you: Broken or fractured any version	0		6751	75.5
Q28c In the last 12 months, have you: Been injured as a result of a fall? No Yes N Missing Q28d In the last 12 months, have you: Needed to seek medical attention (eg. Doctor, hospital) for an injury from a fall? No Q28d In the last 12 months, have you: Had any other injury from a fall? No Q28d In the last 12 months, have you: Had any other injury from a fall? No Q28d In the last 12 months, have you: Broken or fractured any bone/s? No Q28d In the last 12 months, have you: Broken or fractured any bone/s? No Q28d In the last 12 months, have you: Broken or fractured any bone/s? No Q28d In the last 12 months, have you: Broken or fractured any bone/s? No Q28d In the last 12 months, have you: None of these accidents No Q29 In the last 12 months, have you been feeling that life isn't worth living? Yes Q29 In the past week, have you been feeling that life isn't worth living? Yes Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Yes Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Yes Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Yes	1	:	2193	24.5
a fail? No Yes N Missing Q28d In the last 12 months, have you: Needed to seek medical attention (eg. Doctor, hospital) for an injury from a fail? No Yes RQ28e In the last 12 months, have you: Had any other injury from an accident at your home? (eg. burns, cuts, bruises) RQ28f In the last 12 months, have you: Broken or fractured any bone/s? No Q28g In the last 12 months, have you: Broken or fractured any bone/s? No Q28g In the last 12 months, have you: None of these accidents RO Q28g In the last 12 months, have you: None of these accidents Q29 In the past week, have you been feeling that life isn't worth living? Q29 In the past week, have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Q31 Do you have any of these sleeping problems? Waking up in the early hours of the morning No			112	
No Yes Namissing 2284 In the last 12 months, have you: Needed to seek medical attention (eg. Doctor, hospital) for an injury from a fail? Q284 In the last 12 months, have you: Had any other injury from an accident at your home? (eg. burns, cuts, bruises) Q284 In the last 12 months, have you: Broken or fractured any bone/s? Q285 In the last 12 months, have you: Broken or fractured any bone/s? Q285 In the last 12 months, have you: Broken or fractured any bone/s? Q285 In the last 12 months, have you: None of these accidents Q285 In the last 12 months, have you: None of these accidents Q285 In the last 12 months, have you: None of these accidents Q285 In the last 12 months, have you: None of these accidents Q295 In the past week, have you been feeling that life isn't work living? Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Q31 a Do you have any of these sleeping problems? Waking up in the end the moming Q31 a Do you have any of these sleeping problems? Waking up in the deliberately hours of the moming No				
A28d In the last 12 months, have you: Needed to seek medical No Yes No Base of the last 12 months, have you: Had any other injury from an accident at your home? (eg. burns, cuts, bruises) No Yes No Base of the last 12 months, have you: Had any other injury from an accident at your home? (eg. burns, cuts, bruises) No Yes No Base of the last 12 months, have you: Broken or fractured any bone/s? No Q28f In the last 12 months, have you: None of these accidents No Q28g In the last 12 months, have you: None of these accidents No Yes No Missing Q28g In the last 12 months, have you: None of these accidents No Yes No Q28g In the last 12 months, have you ever deliberately hurt yours of these accidents No Yes No Q29 In the past week, have you been feeling that life isn't worth living? Yes Yes No Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killing Yes No No No Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or event killing No	0		7794	87.1
Q28d In the last 12 months, have you: Needed to seek medical attention (eg. Doctor, hospital) for an injury from a fall? No Yes Q28e In the last 12 months, have you: Had any other injury from an accident at your home? (eg. burns, cuts, bruises) No Yes Q28f In the last 12 months, have you: Broken or fractured any bone/s? No Yes Q28g In the last 12 months, have you: Broken or fractured any bone/s? No Yes Q28g In the last 12 months, have you: None of these accidents No Yes Q28g In the last 12 months, have you: None of these accidents No Yes Q29 In the past week, have you been feeling that life isn't worth living? Yes No Ne Yes Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Yes No Ne Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No Ne	1		1150	12.9
attention (eg. Doctor, hospital) for an injury from a fall? No Yes No Q28e In the last 12 months, have you: Had any other injury from an accident at your home? (eg. burns, cuts, bruises) Q28f In the last 12 months, have you: Broken or fractured any bone/s? No Q28g In the last 12 months, have you: Broken or fractured any bone/s? No Q28g In the last 12 months, have you: None of these accidents Q28g In the last 12 months, have you: None of these accidents Q29 In the past week, have you been feeling that life isn't worth living? Q30 In the past 6 months have you ever deliberately hurt yoursoff or done anything that you knew might have harmed or even killed or done anything that you knew might have harmed or even killed Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No			112	
No Yes N Missing Q28e In the last 12 months, have you: Had any other injury from an accident at your home? (eg. burns, cuts, bruises) No Yes No Q28f In the last 12 months, have you: Broken or fractured any bone/s? No Q28g In the last 12 months, have you: None of these accidents Q28g In the last 12 months, have you: None of these accidents Q28g In the last 12 months, have you: None of these accidents Q28g In the past week, have you been feeling that life isn't worth living? Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No				
Age in the last 12 months, have you: Had any other injury form No Yes No Bond/Signed No Bond/Signed No Age in the last 12 months, have you: Broken or fractured any bond/Signed No Bond/Signed No Age in the last 12 months, have you: Broken or fractured any bond/Signed No Age in the last 12 months, have you: None of these accidents No Age in the last 12 months, have you: None of these accidents No Age in the last 12 months, have you: None of these accidents No Image in the last 12 months, have you: None of these accidents No Age in the last 12 months, have you: None of these accidents No Image in the past week, have you been feeling that life isn't worth living? Yes Age in the past week, have you been feeling that life isn't worth living? Yes Yes No Age in the past 6 months have you ever deliberately hurt yourset? Yes No No Yes No No No No No No No No Horison No No No No	0	1	8145	91.1
Q28e In the last 12 months, have you: Had any other injury from an accident at your home? (eg. burns, cuts, bruises) No Yes N Missing Q28f In the last 12 months, have you: Broken or fractured any bone/s? No Yes No Q28g In the last 12 months, have you: None of these accidents No Q28g In the last 12 months, have you: None of these accidents No Q29 In the past week, have you been feeling that life isn't worth living? Yes Q30 In the past week, have you ever deliberately hurt yourself or done anything that you knew might have harmed or even kille you? Yes Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No	1		800	8.9
an accident at your home? (eg. burns, cuts, bruises) No Yes No Missing Q28f In the last 12 months, have you: Broken or fractured any bone/s? No Q28g In the last 12 months, have you: None of these accidents Q28g In the last 12 months, have you: None of these accidents No Yes No Yes No Yes No Yes No No Sign Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? No All a Do you have any of these sleeping problems? Waking up in the early hours of the morning No			112	
No Yes N Missing Q28f In the last 12 months, have you: Broken or fractured any bone/s? Q28g In the last 12 months, have you: None of these accidents Q28g In the last 12 months, have you: None of these accidents Q28g In the past 12 months, have you: None of these accidents Q28g In the past week, have you been feeling that life isn't worth living? Q30 In the past week, have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No				
Addition of the last 12 months, have you: Broken or fractured any bone/s?No No Yes No MissingQ28g In the last 12 months, have you: None of these accidentsNo Yes No Yes No YesQ29 In the past week, have you been feeling that life isn't worth living?Yes No No Yes No No Yes No <b< td=""><td>0</td><td>;</td><td>8579</td><td>95.9</td></b<>	0	;	8579	95.9
Q28f In the last 12 months, have you: Broken or fractured any bone/s? No Yes N Missing Q28g In the last 12 months, have you: None of these accidents No Q28g In the last 12 months, have you: None of these accidents No Q29 In the past week, have you been feeling that life isn't worth living? No Q29 In the past week, have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Yes Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Yes Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No	1		366	4.1
Q28f In the last 12 months, have you: Broken or fractured any No bone/s? No Q28g In the last 12 months, have you: None of these accidents No Q28g In the last 12 months, have you: None of these accidents No Q28g In the last 12 months, have you: None of these accidents No Q29 In the past week, have you been feeling that life isn't worth Yes Iving? Yes Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Yes Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No			112	
bone/s? No Yes N Missing Q28g In the last 12 months, have you: None of these accidents No Q28g In the last 12 months, have you: None of these accidents No Yes N Missing Q29 In the past week, have you been feeling that life isn't worth living? Yes No Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Ves No Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No				
A28g In the last 12 months, have you: None of these accidents Q28g In the last 12 months, have you: None of these accidents Q29 In the past week, have you been feeling that life isn't worth living? Q29 In the past 6 months have you ever deliberately hurty ourself Q30 In the past 6 months have you ever deliberately hurty ourself Q30 In the past 6 months have you ever deliberately hurty ourself Q30 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have you ever deliberately hurty ourself Q31 In the past 6 months have harmed or even hav	0	1	8532	95.4
Q28g In the last 12 months, have you: None of these accidentsNo Yes N MissingQ29 In the past week, have you been feeling that life isn't worth living?Yes No No N MissingQ30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you?Yes No No No No No No No N MissingQ31a Do you have any of these sleeping problems? Waking up in the early hours of the morningNo No No No	1		412	4.6
Q28g In the last 12 months, have you: None of these accidentsNo Yes N MissingQ29 In the past week, have you been feeling that life isn't worth living?Yes No No N MissingQ30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you?Yes No No No No No No N MissingQ31a Do you have any of these sleeping problems? Waking up in the early hours of the morningNo No No No No			112	
A229 In the past week, have you been feeling that life isn't worth living? A229 In the past week, have you been feeling that life isn't worth living? A229 In the past week, have you been feeling that life isn't worth living? A230 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? A31a Do you have any of these sleeping problems? Waking up in the early hours of the morning A31a Do you have any of the morning A31a Do				
YesA299 In the past week, have you been feeling that life isn't worthYesIving?YesSala Do you have any of these sleeping problems? Waking up the early hours of the morningNo	0	:	3640	40.7
Q29 In the past week, have you been feeling that life isn't worth living?YesYesNoQ30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you?YesYesNoNoNoQ31a Do you have any of these sleeping problems? Waking up in the early hours of the morningNoNoNoNoNoNoNoNoNoNoNoState of the morningNo	1		5304	
Q29 In the past week, have you been feeling that life isn't worth living?YesYesNoQ30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you?YesYesNoNoNoNoNoNoNoQ31a Do you have any of these sleeping problems? Waking up in the early hours of the morningNo			112	
living? Ves No Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No				
NoQ30 In the past 6 months have you ever deliberately hurt yoursel or done anything that you knew might have harmed or even killed you?YesYesNoNoN MissingQ31a Do you have any of these sleeping problems? Waking up in the early hours of the morningNo	1		387	4.3
Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you?N MissingYesNoQ31a Do you have any of these sleeping problems? Waking up in the early hours of the morningNo	2		8605	
Q30 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you? Yes No Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No	-		66	00.1
or done anything that you knew might have harmed or even killed you? Yes No Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No			00	
you : No No N Missing Q31a Do you have any of these sleeping problems? Waking up in No the early hours of the morning No	1		25	0.3
N Missing Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No	2		8988	
Q31a Do you have any of these sleeping problems? Waking up in the early hours of the morning No	2		49	55.7
the early hours of the morning No			70	
	0		3941	127
100	1		5073	
N Missing	I	;	41	50.5

Item Description	Categories	Values	Number	%
Q31b Do you have any of these sleeping problems? Lying awake				
for most of the night	No	0	7579	84.
	Yes	1	1436	15.
	N Missing		41	
Q31c Do you have any of these sleeping problems? Taking a				
ong time to get to sleep	No	0	6023	66.
	Yes	1	2992	33.
	N Missing		41	
Q31d Do you have any of these sleeping problems? Worry				
keeping you awake at night	No	0	7374	81.
	Yes	1	1640	18.
	N Missing		41	
Q31e Do you have any of these sleeping problems? Sleeping	, , , , , , , , , , , , , , , , , , ,			
badly at night	No	0	5832	64
	Yes	1	3182	
	N Missing		41	
Q31f Do you have any of these sleeping problems? None of				
hese problems	No	0	6436	71
	Yes	1	2579	
	N Missing		41	_0.
Q32a In the last three years have you been diagnosed with or				
reated for: Diabetes (high blood sugar)	No	0	8184	91
	Yes	1	793	8
	N Missing		109	0
Q32b In the past three years, have you been diagnosed or treated	i i i i i i i i i i i i i i i i i i i		100	
or: Impaired glucose tolerance	No	0	8692	96
	Yes	1	285	3
	N Missing		109	0
Q32c In the PAST THREE YEARS, have you been diagnosed or	N MISSING		105	
reated for: None of these conditions, Sugar	No	0	959	10
	Yes		8018	
		1		09
	N Missing		109	
Q32d In the last 3 years have you been diagnosed with or treated or: Osteoarthritis	N.	-	00-55	
	No	0	6653	
	Yes	1	2347	26
	N Missing		64	

Item Description	Categories	Values	Number	%
Q32e In the last 3 years have you been diagnosed with or treated				
for: Rheumatoid arthritis	No	0	8556	95.1
	Yes	1	444	4.9
	N Missing		64	
Q32f In the last 3 years have you been diagnosed with or treated				
for: Other arthritis	No	0	7956	88.4
	Yes	1	1044	11.6
	N Missing		64	
Q32g In the last three years, have you been diagnosed with or				
treated for: Osteoporosis	No	0	8121	90.2
	Yes	1	879	9.8
	N Missing		64	
Q32h In the PAST THREE YEARS, have you been diagnosed or				
treated for: None of these conditions Bone Conditions	No	0	3895	43.3
	Yes	1	5105	56.7
	N Missing		64	
Q32i In the past three years, have you been diagnosed or treated				
for: Heart disease (including heart attack, angina)	No	0	8502	94.3
	Yes	1	516	5.7
	N Missing		40	
Q32j In the past three years, have you been diagnosed or treated	-			
for: Thrombosis (a blood clot)	No	0	8890	98.6
	Yes	1	128	1.4
	N Missing		40	
Q32k In the last three years, have you been diagnosed with or	-			
treated for: High blood pressure (hypertension)	No	0	6005	66.6
	Yes	1	3013	33.4
	N Missing		40	
Q32I In the past three years, have you been diagnosed with or	-			
treated for: Stroke	No	0	8927	99.0
	Yes	1	91	1.0
	N Missing		40	
Q32m In the PAST THREE YEARS, have you been diagnosed or	J. J		-	
treated for: None of these conditions Blood Conditions	No	0	3345	37.1
	Yes	1	5673	
	N Missing		40	0
			.0	

Item Description	Categories	Values	Number	%
Q32n In the past three years, have you been diagnosed or treated				
for: Parkinson's disease	No	0	8949	99.7
	Yes	1	31	0.3
	N Missing		73	
Q320 In the past three years, have you been diagnosed or treated				
for Mild Cognitive Impairment?	No	0	8970	99.9
	Yes	1	10	0.1
	N Missing		73	
Q32p In the last three years have you been diagnosed with or				
reated for: Alzheimer's Disease or Dementia	No	0	8968	99.9
	Yes	1	12	0.1
	N Missing		73	
Q32q In the PAST THREE YEARS, have you been diagnosed or				
treated for: None of these conditions Degenerative Conditions	No	0	46	0.5
	Yes	1	8935	99.5
	N Missing		73	
Q32r In the past three years, have you been diagnosed with or				
reated for: Low iron level (iron deficiency or anaemia)	No	0	8247	91.5
	Yes	1	769	8.5
	N Missing		44	
Q32s In the past three years, have you been diagnosed with or	-			
reated for: Asthma	No	0	7921	87.8
	Yes	1	1096	12.2
	N Missing		44	
Q32t In the past three years, have you been diagnosed with or				
treated for: Bronchitis/emphysema	No	0	8278	91.8
	Yes	1	738	8.2
	N Missing		44	
Q32u In the PAST THREE YEARS, have you been diagnosed or	·			
reated for: None of these conditions	No	0	2157	23.9
	Yes	1	6859	76.1
	N Missing		44	
Q32v In the past three years, have you been diagnosed or treated	~			
for: Breast cancer	No	0	8766	97.6
	Yes	1	217	2.4
	N Missing		78	
			.0	

Item Description	Categories	Values	Number	%
Q32w In the past three years, have you been diagnosed or treat	ed			
for: Cervical cancer	No	0	8970	99.9
	Yes	1	12	0.1
	N Missing		78	
Q32x In the past three years, have you been diagnosed or treate	ed			
for lung cancer?	No	0	8964	99.8
	Yes	1	19	0.2
	N Missing		78	
Q32y In the past three years, have you been diagnosed or treate	ed			
or: Bowel cancer	No	0	8920	99.3
	Yes	1	63	0.7
	N Missing		78	
Q32z In the last three years have you been diagnosed with or				
reated for: Skin cancer	No	0	7789	86.7
	Yes	1	1194	13.3
	N Missing		78	
Q32aa In the past three years, have you been diagnosed with or				
reated for: Other cancer	No	0	8831	98.3
	Yes	1	152	1.7
	N Missing		78	
Q32bb In the PAST THREE YEARS, have you been diagnosed	or			
reated for: None of these conditions Cancer conditions	No	0	1577	17.6
	Yes	1	7406	82.4
	N Missing		78	
Q32cc In the past three years, have you been diagnosed with or				
reated for: Depression	No	0	7913	87.7
	Yes	1	1108	12.3
	N Missing		45	
Q32dd In the past three years, have you been diagnosed with or				
reated for: Anxiety/nervous disorder	No	0	8087	89.7
	Yes	1	933	10.3
	N Missing		45	
Q32ee In the past three years, have you been diagnosed or				
treated for: Other psychiatric disorder	No	0	8959	99.3
	Yes	1	62	0.7

Item Description	Categories	Values	Number	%
Q32ff In the past three years, have you been diagnosed or treated				
or: Chronic Fatigue Syndrome	No	0	8915	98.8
	Yes	1	105	1.2
	N Missing		45	
Q32gg In the PAST THREE YEARS, have you been diagnosed or				
reated for: None of these conditions Mental Conditions	No	0	1683	18.7
	Yes	1	7338	81.3
	N Missing		45	
Q32hh In the last 3 years have you been diagnosed with or				
reated for: Macular Degeneration	No	0	8807	97.8
	Yes	1	201	2.2
	N Missing		57	
Q32ii In the past three years have you been diagnosed or treated	0			
for Cataracts?	No	0	8107	90.0
	Yes	1	901	10.0
	N Missing		57	
Q32jj In the last 3 years have you been diagnosed with or treated				
or: Glaucoma	No	0	8728	96.9
	Yes	1	280	3.1
	N Missing		57	0.
Q32kk In the PAST THREE YEARS, have you been diagnosed or	1 miconig		0.	
reated for: None of these conditions Eye Conditions	No	0	1258	14 (
	Yes	1	7750	
	N Missing		57	00.0
Q32II In the past three years, have you been diagnosed or treated	N MISSING		57	
or: Sexually transmitted infection (eg genital herpes or warts,	No	0	8705	00 0
chlamydia)	Yes			
		1	99	1.1
	N Missing		233	
Q32mm In the past three years, have you been diagnosed or reated for: Other major illness or disability (please specify on	N.	0	0050	00.0
ine)	No	0	8253	
	Yes	1	550	6.2
	N Missing		233	
Q32nn In the PAST THREE YEARS, have you been diagnosed or reated for: None of these conditions STI conditions			_	_
	No	0	639	7.3
	Yes	1	8164	92.7
	N Missing		233	

Item Description	Categories	Values	Number	%
Q33a In the past three years, have you had any of the following				
operations? Both ovaries removed	No	0	8856	98.5
	Yes	1	138	1.5
	N Missing		68	
Q33b In the past three years, have you had any of the following				
operations? Hysterectomy	No	0	8776	97.6
	Yes	1	218	2.4
	N Missing		68	
Q33c In the last 3 years, have you had any of the following				
operations? Repair of prolapsed vagina, bladder or bowel	No	0	8718	96.9
	Yes	1	275	3.1
	N Missing		68	
Q33d In the last three years, have you had any of the following				
operations or procedures? Hip surgery or hip replacement	No	0	8839	98.3
	Yes	1	155	1.7
	N Missing		68	
Q33e In the last three years, have you had any of the following				
operations or procedures? Knee replacement	No	0	8753	97.3
	Yes	1	240	2.7
	N Missing		68	
Q33f In the last three years, have you had any of the following				
operations or procedures? Other knee surgery/arthroscopy	No	0	8679	96.5
	Yes	1	314	3.5
	N Missing		68	
Q33g In the last three years, have you had any of the following				
operations or procedures? Shoulder surgery	No	0	8838	98.3
	Yes	1	155	1.7
	N Missing		68	
Q33h In the past three years, have you had any of the following				
operations? Mastectomy (removal of one or both breasts)	No	0	8931	99.3
	Yes	1	63	0.7
	N Missing		68	
Q33i In the past three years, have you had any of the following	-			
operations? Lumpectomy (removal of lump from breast)	No	0	8879	98.7
	Yes	1	114	1.3

Item Description	Categories	Values	Number	%
Q33j In the past three years, have you had any of the following				
operations or procedures? Removal of skin cancer	No	0	7570	84.2
	Yes	1	1423	15.8
	N Missing		68	
Q33k In the past three years, have you had any of the following				
operations or procedures? Any cancer surgery (other than skin or breast)	No	0	8858	98.5
,	Yes	1	135	1.5
	N Missing		68	
Q33I In the past three years, have you had any of the following				
operations or procedures? Chemotherapy or radiotherapy for any cancer	No	0	8806	97.9
	Yes	1	187	2.1
	N Missing		68	
Q33m In the past three years, have you had any of the following				
operations? Breast biopsy (taking sample of breast tissue)	No	0	8687	96.6
	Yes	1	306	3.4
	N Missing		68	
Q33n In the past three years, have you had any of the following	Ŭ			
operations or procedures? Hysteroscopy (investigative procedure	No	0	8843	98.3
to examine the uterus)	Yes	1	150	1.7
	N Missing		68	
Q33o In the past three years, have you had any of the following				
operations? Cholecystectomy (gall bladder removed)	No	0	8840	98.3
	Yes	1	153	1.7
	N Missing		68	
Q33p In the past three years, have you had any of the following	i wioonig		00	
operations? Gastroscopy/colonoscopy	No	0	7234	80.4
	Yes	1	1760	
	N Missing	I	68	13.0
Q33q In the past three years, have you had any of the following	N MISSING		00	
operations? Gastric banding surgery	No	0	8952	00.5
		1	41	
	Yes	I		0.5
O22r In the post three years, have you had any of the fellowing	N Missing		68	
Q33r In the past three years, have you had any of the following operations? None of these	Ne	^	0047	40.0
	No	0	3917	
	Yes	1	5076	56.4
	N Missing		68	

Item Description	Categories	Values	Number	%
Q34 If you have had a hysterectomy, how old were you?				
	Mean		43.71	
	Std Error		0.19	
	Ν		2515	
	N Missing		6636	
Q35 How would you rate the overall condition of your teeth,				
dentures or gums?	Excellent	1	648	7.2
	Very good	2	2392	26.5
	Good	3	3630	40.3
	Fair	4	1905	21.1
	Poor	5	443	4.9
	N Missing		48	
Q36a In the past four weeks, have you taken any: Medications				
prescribed by a doctor?	Yes	1	6850	76.1
	No	2	2146	23.9
	N Missing		66	
Q36b In the past four weeks, have you taken any: Medications /				
vitamins / supplements or herbal therapies bought without a prescription at the chemist, supermarket, or health food shop?	Yes	1	6724	74.7
	No	2	2279	25.3
	N Missing		64	
Q36c Medications to help you sleep				
	Yes	1	1607	17.9
	No	2	7395	82.1
	N Missing		66	
Q37a In the past four weeks have you taken any Glucosamine?				
	Yes	1	2225	24.9
	No	2	6725	75.1
	N Missing		124	
Q37b In the past four weeks have you taken any Paracetamol?				
	Yes	1	5880	65.5
	No	2	3092	34.5
	N Missing		100	
Q37c In the past four weeks have you taken any Omega 3(eg fish	-			
oil)?	Yes	1	4307	48.1
	No	2	4638	51.9

Item Description	Categories	Values	Number	%
Q37d In the past four weeks have you taken any Calcium				
ablets/Caltrate?	Yes	1	2897	32.5
	No	2	6011	67.5
	N Missing		160	
Q37e In the past four weeks have you taken any Vitamin D?				
	Yes	1	3476	38.9
	No	2	5466	61.1
	N Missing		142	
Q37f In the past four weeks, have you taken any Vitamin C?				
	Yes	1	1646	18.6
	No	2	7229	81.4
	N Missing		204	
Q37g In the past four weeks, have you taken any Vitamin B or				
Vitamin B Complex?	Yes	1	1453	16.4
	No	2	7411	83.6
	N Missing		222	
Q37h In the past four weeks, have you taken any Multivitamins	?			
	Yes	1	1956	22.0
	No	2	6928	78.0
	N Missing		195	
Q37i In the past four weeks, have you taken any Aspirin(eg Asp	oro			
Clear)	Yes	1	1597	18.0
	No	2	7288	82.0
	N Missing		201	
Q37j In the past four weeks, have you taken any Magnesium				
supplements?	Yes	1	1844	20.7
	No	2	7048	79.3
	N Missing		185	
Q37k In the past four weeks have you taken any				
Ventolin(salbutamol)	Yes	1	881	9.9
	No	2	8007	90.1
	N Missing		196	
Q37I In the past four weeks, have you taken any CoEnzyme Q	10			
(CoQ10)?	Yes	1	482	5.4
	No	2	8379	94.6

Item Description	Categories	Values	Number	%
37m In the past four weeks, have you taken any Zinc?				
	Yes	1	609	6.9
	No	2	8275	93.1
	N Missing		201	
37n In the past four weeks, have you taken any Lysine?				
	Yes	1	240	2.7
	No	2	8613	97.3
	N Missing		234	
38 If you were to consider your life in general these days, how				
appy or unhappy would you say you are on the whole?	Extremely happy	1	825	9.2
	Very happy	2	3368	37.4
	Pretty happy	3	3407	37.9
	Unhappy sometimes	4	1238	13.
	Unhappy usually	5	163	1.
	N Missing		66	
39a Thinking about your current approach to life, please indicate)			
now much you think each statement describes you: In uncertain imes, I usually expect the best	Strongly disagree	1	138	1.
	Disagree	2	970	10.9
	Slightly disagree	3	2571	28.9
	Slightly agree	4	4247	47.
	Agree	5	972	10.9
	N Missing		182	
039b Thinking about your current approach to life, please indicate	•			
ow much you think each statement describes you: If something an go wrong for me, it will	Strongly disagree	1	2458	27.
	Disagree	2	3728	41.8
	Slightly disagree	3	1614	18.
	Slightly agree	4	958	10.
	Agree	5	152	1.
	N Missing		163	
39c Thinking about your current approach to life, please indicate	-			
ow much you think each statement describes you: I'm always	Strongly disagree	1	111	1.:
ptimistic about my future	Disagree	2	692	7.8
	Slightly disagree	3		
	Slightly agree	4	4853	
	Agree	5	1232	
	C	-		

Item Description	Categories	Values	Number	%
Q39d Thinking about your current approach to life, please indicate				
how much you think each statement describes you: I hardly ever expect things to go my way	Strongly disagree	1	2451	27.5
	Disagree	2	3893	43.7
	Slightly disagree	3	1683	18.9
	Slightly agree	4	766	8.6
	Agree	5	118	1.3
	N Missing		164	
Q39e Thinking about your current approach to life, please indicate				
now much you think each statement describes you: I rarely count on good things happening to me	Strongly disagree	1	2399	26.9
	Disagree	2	3727	41.8
	Slightly disagree	3	1685	18.9
	Slightly agree	4	941	10.6
	Agree	5	162	1.8
	N Missing		165	
Q39f Thinking about your current approach to life, please indicate				
now much you think each statement describes you: Overall, I expect more good things to happen to me than bad	Strongly disagree	1	173	1.9
sapest more good things to happen to me than bad	Disagree	2	393	4.4
	Slightly disagree	3	1392	15.5
	Slightly agree	4	5020	56.0
	Agree	5	1987	22.2
	N Missing		104	
Q42a In the last 12 months have you had any of the following:				
Allergies, hayfever, sinusitis	Never	1	3659	41.3
	Rarely	2	1440	16.2
	Sometimes	3	2603	29.3
	Often	4	1167	13.2
	N Missing		189	
Q42b In the last 12 months, have you had any of the following:	·			
Breathing difficulty	Never	1	5519	63.0
	Rarely	2	1556	
	Sometimes	3	1332	
	Often	4	359	4.1
	N Missing		319	

Item Description	Categories	Values	Number	%
Q42c In the last 12 months, have you had any of the following:				
ndigestion/heartburn	Never	1	2927	33.4
	Rarely	2	2171	24.
	Sometimes	3	2694	30.
	Often	4	967	11.
	N Missing		306	
Q42d In the last 12 months, have you had any of the following:				
Chest pain	Never	1	6117	71.
	Rarely	2	1516	17.
	Sometimes	3	834	9.
	Often	4	100	1.
	N Missing		522	
Q42e In the last 12 months, have you had any of the following:				
leadaches/migraines	Never	1	1916	21.
	Rarely	2	3443	39
	Sometimes	3	2914	33
	Often	4	532	6
	N Missing		268	
042f In the last twelve months have you had any of the following	?			
evere tiredness	Never	1	2479	28.
	Rarely	2	2729	31
	Sometimes	3	2741	31
	Often	4	849	9
	N Missing		293	
042g In the last 12 months, have you had any of the following:				
ack pain	Never	1	1507	16
	Rarely	2	2132	23
	Sometimes	3	3430	38
	Often	4	1862	20
	N Missing		131	
242h In the last 12 months, have you had any of the following:				
tiff or painful joints	Never	1	1086	12.
	Rarely	2	1558	
	Sometimes	3	3726	
	Often	4	2601	
	N Missing		95	

Item Description	Categories	Values	Number	%
Q42i In the last 12 months, have you had any of the following:				
Problems with one or both shoulders	Never	1	3605	40.6
	Rarely	2	1617	18.2
	Sometimes	3	2342	26.4
	Often	4	1316	14.8
	N Missing		186	
Q42j In the last 12 months, have you had any of the following:				
Problems with one or both hips	Never	1	4202	47.5
	Rarely	2	1705	19.3
	Sometimes	3	1925	21.8
	Often	4	1009	11.4
	N Missing		192	
Q42k In the last 12 months, have you had any of the following:				
Problems with one or both knees	Never	1	3036	34.0
	Rarely	2	1809	20.3
	Sometimes	3	2480	27.8
	Often	4	1601	17.9
	N Missing		137	
Q42I In the last 12 months, have you had any of the following:				
Problems with one or both feet	Never	1	3516	39.4
	Rarely	2	1745	19.5
	Sometimes	3	2260	25.3
	Often	4	1411	15.8
	N Missing		127	
Q42m In the last 12 months, have you had any of the following:				
Urine that burns or stings	Never	1	6875	76.6
	Rarely	2	1304	14.5
	Sometimes	3	707	7.9
	Often	4	86	1.0
	N Missing		87	
Q42n In the last 12 months, have you had any of the following:				
Haemorrhoids (piles)	Never	1	5930	66.1
	Rarely	2	1487	16.6
	Sometimes	3	1218	13.6
	Often	4	334	
	N Missing		96	

Item Description	Categories	Values	Number	%
Q420 In the last 12 months, have you had any of the following:				
Other bowel problems	Never	1	5365	59.9
	Rarely	2	1593	17.8
	Sometimes	3	1512	16.9
	Often	4	481	5.
	N Missing		105	
Q42p In the last 12 months, have you had any of the following:				
Vaginal discharge or irritation	Never	1	6898	77.
	Rarely	2	1338	14.9
	Sometimes	3	608	6.
	Often	4	113	1.
	N Missing		107	
Q42q In the last 12 months, have you had any of the following:				
Hot flushes	Never	1	4988	55.
	Rarely	2	1726	19.
	Sometimes	3	1563	17.
	Often	4	700	7.
	N Missing		91	
Q42r In the last 12 months, have you had any of the following:				
Night sweats	Never	1	5661	63.
	Rarely	2	1489	16.
	Sometimes	3	1284	14.
	Often	4	529	5.
	N Missing		105	
Q42s In the last 12 months, have you had any of the following:				
Leaking urine	Never	1	3676	40.
	Rarely	2	2251	25.
	Sometimes	3	2275	25.
	Often	4	789	8.
	N Missing		72	
Q42t In the last 12 months, have you had any of the following:				
Eyesight problems	Never	1	3037	33.
	Rarely	2	2356	26.
	Sometimes	3	2804	31.
	Often	4	795	8.
	N Missing		72	

Item Description	Categories	Values	Number	%
Q42u In the last 12 months have you had any of the following:				
Mouth, teeth or gum problems	Never	1	3550	39.4
	Rarely	2	2799	31.1
	Sometimes	3	2261	25.1
	Often	4	392	4.4
	N Missing		59	
Q42v In the last 12 months have you had any of the following:				
Avoided eating some foods because of problems with your teeth, mouth or dentures	Never	1	5864	65.2
	Rarely	2	1533	17.0
	Sometimes	3	1265	14.1
	Often	4	336	3.7
	N Missing		62	
Q42w In the last 12 months, have you had any of the following:				
Hearing problems	Never	1	5160	57.2
	Rarely	2	1697	18.8
	Sometimes	3	1541	17.1
	Often	4	620	6.9
	N Missing		48	
Q42x In the last 12 months have you had any of the following?				
Depression	Never	1	5350	59.5
	Rarely	2	1668	18.6
	Sometimes	3	1548	17.2
	Often	4	422	4.7
	N Missing		75	
Q42y In the last 12 months have you had any of the following?				
Anxiety	Never	1	3636	40.4
	Rarely	2	2601	28.9
	Sometimes	3	2309	25.6
	Often	4	461	5.1
	N Missing		51	
Q42z In the last 12 months, have you had any of the following:	-			
Episodes of intense anxiety (eg panic attacks)	Never	1	7176	79.9
	Rarely	2	1120	12.5
	Sometimes	3	575	6.4
	Often	4	115	1.3
	N Missing		74	

Item Description	Categories	Values	Number	%
Q42aa In the last 12 months, have you had any of the following: Palpitations (feeling that your heart is racing or fluttering in your				
chest)	Never	1	5245	58.2
	Rarely	2	2078	23.1
	Sometimes	3	1468	16.3
	Often	4	215	2.4
	N Missing		57	
Q42bb In the last 12 months have you had any of the following:				
Poor memory	Never	1	2052	22.7
	Rarely	2	3178	35.2
	Sometimes	3	3309	36.7
	Often	4	482	5.3
	N Missing		43	
Q42cc In the last 12 months have you had any of the following:				
Dizziness, loss of balance	Never	1	5207	57.9
	Rarely	2	2258	25.1
	Sometimes	3	1360	15.1
	Often	4	175	1.9
	N Missing		66	
Q42dd In the last 12 months have you had any of the following:				
Difficulty concentrating	Never	1	3727	41.3
	Rarely	2	3067	34.0
	Sometimes	3	1985	22.0
	Often	4	237	2.6
	N Missing		51	
Q43a Managing time is often difficult. How often do you feel:				
That you are rushed, pressured, too busy?	Every day	1	435	4.8
	Few times week	2	1783	19.8
	Once a week	3	1815	20.2
	Once a month	4	2717	30.2
	Never	5	2246	25.0
	N Missing		63	
Q43b Managing time is often difficult. How often do you feel:	·			
That you have time on your hands that you don't know what to do with?	Every day	1	95	1.1
wiui:	Few times week	2	540	6.0
	Once a week	3	711	7.9
	Once a month	4	1399	
	Never	5	6267	
	N Missing	0	55	

Item Description	Categories	Values	Number	%
Q43c Managing time is often difficult. How often do you feel:				
That people ask too much of your time? ?	Every day	1	264	2.9
	Few times week	2	965	10.7
	Once a week	3	1091	12.1
	Once a month	4	2272	25.3
	Never	5	4405	49.0
	N Missing		73	
Q43d Managing time is often difficult. How often do you feel:				
That you can spend your time the way you want to?	Every day	1	3243	36.1
	Few times week	2	2881	32.0
	Once a week	3	1363	15.2
	Once a month	4	908	10.1
	Never	5	594	6.6
	N Missing		75	
Q43e Managing time is often difficult. How often do you feel:				
That you need more 'me time'?	Every day	1	605	6.7
	Few times week	2	1342	14.9
	Once a week	3	1482	16.5
	Once a month	4	2132	23.7
	Never	5	3439	38.2
	N Missing		69	
Q43f Managing time is often difficult. How often do you feel: 1	That			
you have no control over how your time is spent?	Every day	1	567	6.3
	Few times week	2	907	10.1
	Once a week	3	814	9.0
	Once a month	4	1359	15.1
	Never	5	5350	59.5
	N Missing		74	
Q44a Below is a list of the ways you might have felt or behave	-			
Please indicate how often you have felt this way during the las		0	6933	77.2
week? I was bothered by things that don't usually bother me	Some of time	1	1488	
	Moderate amount of time	2	449	5.0
	All/most of time	3	106	1.2
	N Missing	· ·	.00	

Item Description	Categories	Values	Number	%
Q44b Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I had trouble keeping my mind on what I was doing	Rarely, none of time	0	6329	70.4
	Some of time	1	2026	22.6
	Moderate amount of time	2	508	5.7
	All/most of time	3	122	1.4
	N Missing		87	
Q44c Below is a list of the ways you might have felt or behaved.				
Please indicate how often you have felt this way during the last week? I felt depressed	Rarely, none of time	0	7028	78.3
	Some of time	1	1306	14.5
	Moderate amount of time	2	451	5.0
	All/most of time	3	194	2.2
	N Missing		90	
Q44d Below is a list of the ways you might have felt or behaved.				
Please indicate how often you have felt this way during the last week? I felt that everything I did was an effort	Rarely, none of time	0	6013	67.0
	Some of time	1	2065	23.0
	Moderate amount of time	2	613	6.8
	All/most of time	3	278	3.1
	N Missing		99	
Q44e Below is a list of the ways you might have felt or behaved.				
44e Below is a list of the ways you might have felt or behaved. lease indicate how often you have felt this way during the last eek? I felt hopeful about the future	Rarely, none of time	0	1088	12.2
	Some of time	1	1226	13.7
	Moderate amount of time	2	1665	18.6
	All/most of time	3	4966	55.5
	N Missing		132	
Q44f Below is a list of the ways you might have felt or behaved.				
Please indicate how often you have felt this way during the last week? I felt fearful	Rarely, none of time	0	7464	83.2
	Some of time	1	1028	11.5
	Moderate amount of time	2	358	4.0
	All/most of time	3	124	1.4
	N Missing		102	
Q44g Below is a list of the ways you might have felt or behaved.				
Please indicate how often you have felt this way during the last week? My sleep was restless	Rarely, none of time	0	3363	37.5
	Some of time	1	2725	30.3
	Moderate amount of time	2	1727	19.2
	All/most of time	3	1165	13.0
	N Missing		90	

Item Description	Categories	Values	Number	%
Q44h Below is a list of the ways you might have felt or behaved.				
Please indicate how often you have felt this way during the last week? I was happy	Rarely, none of time	0	431	4.8
	Some of time	1	917	10.2
	Moderate amount of time	2	1782	19.8
	All/most of time	3	5856	65.2
	N Missing		81	
Q44i Below is a list of the ways you might have felt or behaved.				
Please indicate how often you have felt this way during the last week? I felt lonely	Rarely, none of time	0	6553	73.0
	Some of time	1	1403	15.0
	Moderate amount of time	2	662	7.4
	All/most of time	3	353	3.9
	N Missing		99	
Q44j Below is a list of the ways you might have felt or behaved.	-			
Please indicate how often you have felt this way during the last	Rarely, none of time	0	5278	58.
week? I could not "get going"	Some of time	1	2531	28.
	Moderate amount of time	2	843	9.
	All/most of time	3	335	3.
	N Missing		86	
Q44k Below is a list of the ways you might have felt or behaved.				
Please indicate how often you have felt this way during the last	Rarely, none of time	0	1563	17.
week? I felt terrific	Some of time	1	1537	
	Moderate amount of time	2	2524	
	All/most of time	- 3	3359	
	N Missing	Ŭ	85	07.
Q45a Now think about all of the time you spend sitting during each	-		00	
day while at home, at work, while getting from place to place or	Mean		5.82	
during your spare time. How many hours in total do you typically spend sitting down while doing things like visiting friends, driving,	Std Error		0.02	
eading, watching television, or working at a desk or computer?	N		8759	
Dn a usual week da	N Missing		392	
Q45b Now think about all of the time you spend sitting during each	C C		392	
day while at home, at work, while getting from place to place or			5.71	
during your spare time. How many hours in total do you typically spend sitting down while doing things like visiting friends, driving,	Mean Std Error		0.03	
reading, watching television, or working at a desk or computer?				
On a usual weekend	N		8705	
	N Missing		446	

Item Description	Categories	Values Number	%
Q46a How many times did you do each type of activity last week?			
Only count the number of times when the activity lasted for 10 minutes or more. Walking briskly (for recreation or exercise, or to	Mean	4.13	
get from place to place)	Std Error	0.05	
	Ν	8994	
	N Missing	157	
Q46b How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10	Mean	1.22	
	Std Error	0.02	
	N	9003	
	N Missing	148	
OASs How many times did you do each type of activity last week?	N MISSING	140	
Vigorous leisure activity (that makes you breathe harder or puff	Mean	0.72	
	Std Error	0.02	
	N	9002	
	N Missing	149	
O46d How many times did you do each type of activity last work?	N MISSING	149	
 By count the number of times when the activity lasted for 10 nutes or more. Moderate leisure activity (like social tennis, oderate exercise classes, recreational swimming, dancing) Bo How many times did you do each type of activity last week? gorous leisure activity (that makes you breathe harder or puff d pant like aerobics, competitive sport, vigorous cycling, nning, swimming) Bo How many times did you do each type of activity last week? In the number of times when the activity last week? In the number of times when the activity lasted for 10 nutes or more. Vigorous household or garden chores that make u breathe harder or puff and pant Fahrs If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of tivity? Walking briskly (for recreation or exercise, or to get from the times if you add up all the times you spent in each activity as the week, how much time did you spend altogether doing each type of tivity? Walking briskly (for recreation or exercise, or to get from the times if you add up all the times you spent in each activity as the week, how much time did you spend altogether doing each type of tivity? Walking briskly (for recreation or exercise, or to get from the times if you add up all the times you spent in each activity and the of activity? Walking briskly (for recreation or exercise, or to get from the of activity? Walking briskly (for recreation or exercise, or to get from the of activity? Walking briskly (for recreation or exercise, or to get from the of activity? Walking briskly (for recreation or exercise, or to get from the of activity? Walking briskly (for recreation or exercise, or to get from the of activity? Walking briskly (for recreation or exercise, or to get from the of activity? Walking briskly (for recreation or exercise, or to get from the of activity? Walking briskly (for recreation or exercise, or to get from the of activity? Walking briskly (for recreation or exercise, or to get f	Mean	2.51	
	Std Error	0.04	
	N	9003	
	N Missing	148	
047abrs If you add up all the times you spent in each activity last	i i inioonig		
week, how much time did you spend altogether doing each type of	Mean	3.51	
activity? Walking briskly (for recreation or exercise, or to get from place to place)	Std Error	0.06	
	N	8864	
	N Missing	287	
047amins If you add up all the times you spent in each activity	i i inioonig	201	
ast week, how much time did you spend altogether doing each	Mean	7.26	
type of activity? Walking briskly (for recreation or exercise, or to get from place to place)	Std Error	0.17	
	N	8864	
	N Missing	287	
Q47a Total minutes spent last week, walking briskly	i i iniconi g	201	
	Mean	217.65	
	Std Error	3.70	
	N	8864	
	N Missing	287	
	T MISSING	201	

Item Description	Categories	Values Number	%
Q47bhrs If you add up all the times you spent in each activity last			
A47bhrs If you add up all the times you spent in each activity last reek, how much time did you spend altogether doing each type o ctivity? Moderate leisure activity (like social tennis, moderate xercise classes, recreational swimming, dancing) A47bmins If you add up all the times you spent in each activity ast week, how much time did you spend altogether doing each /pe of activity? Moderate leisure activity (like social tennis, noderate exercise classes, recreational swimming, dancing) A47b Total minutes spent last week, moderate leisure activity A47b Total minutes spent last week, moderate leisure activity last reek, how much time did you spend altogether doing each type o ctivity? Vigorous leisure activity (that makes you breathe harder r puff and pant like aerobics, competitive sport, vigorous cycling, unning, swimming) A47cmins If you add up all the times you spent in each activity ast week, how much time did you spend altogether doing each /pe of activity? Vigorous leisure activity (that makes you breathe harder r puff and pant like aerobics, competitive sport, vigorous cycling, unning, swimming) A47cmins If you add up all the times you spent in each activity ast week, how much time did you spend altogether doing each /pe of activity? Vigorous leisure activity (that makes you breathe arder or puff and pant like aerobics, competitive sport, vigorous ycling, running, swimming)	Mean	1.38	
exercise classes, recreational swimming, dancing)	Std Error	0.04	
	Ν	8924	
	N Missing	227	
Q47bmins If you add up all the times you spent in each activity			
	Mean	2.50	
noderate exercise classes, recreational swimming, dancing)	Std Error	0.10	
	Ν	8924	
	N Missing	227	
Q47b Total minutes spent last week, moderate leisure activity	·		
	Mean	85.56	
 447bhrs If you add up all the times you spent in each activity last teek, how much time did you spend altogether doing each type o ctivity? Moderate leisure activity (like social tennis, moderate xercise classes, recreational swimming, dancing) 447bmins If you add up all the times you spent in each activity ist week, how much time did you spend altogether doing each pe of activity? Moderate leisure activity (like social tennis, noderate exercise classes, recreational swimming, dancing) 447b Total minutes spent last week, moderate leisure activity at the ek, how much time did you spend altogether doing each type o ctivity? Vigorous leisure activity (that makes you breathe harder puff and pant like aerobics, competitive sport, vigorous cycling, unning, swimming) 447c Total minutes spent last week, vigorous leisure activity (st week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder rouge of activity? Vigorous leisure activity (that makes you breathe harder rouge of activity? Vigorous leisure activity (that makes you breathe harder rouge of activity? Vigorous leisure activity (that makes you breathe harder rouge of activity? Vigorous leisure activity (that makes you breathe activity us week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe activity is week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe activity is week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe activity and a pant like aerobics, competitive sport, vigorous sycling, running, swimming) 447chrs If you add up all the times you spent in each activity last eek, how much time did you spend altogether doing each type o ctivity? Vigorous household or garden chores that make you 	Std Error	2.41	
	Ν	8924	
	N Missing	227	
Q47chrs If you add up all the times you spent in each activity last			
week, how much time did you spend altogether doing each type of ctivity? Vigorous leisure activity (that makes you breathe harder r puff and pant like aerobics, competitive sport, vigorous cycling, unning, swimming)	Mean	0.60	
	Std Error	0.02	
	N	8953	
	N Missing	198	
047cmins If you add up all the times you spent in each activity			
ast week, how much time did you spend altogether doing each	Mean	2.04	
arder or puff and pant like aerobics, competitive sport, vigorous	Std Error	0.09	
eek, how much time did you spend altogether doing each type ctivity? Vigorous leisure activity (that makes you breathe hard puff and pant like aerobics, competitive sport, vigorous cyclin nning, swimming) 47cmins If you add up all the times you spent in each activity st week, how much time did you spend altogether doing each pe of activity? Vigorous leisure activity (that makes you breat arder or puff and pant like aerobics, competitive sport, vigorou vcling, running, swimming)	N	8953	
	N Missing	198	
047c Total minutes spent last week, vigorous leisure	14 Wildoning	100	
	Mean	38.24	
	Std Error	1.36	
	N	8953	
	N Missing	198	
Addre If you add up all the times you apart is each activity last	N MISSING	190	
veek, how much time did you spend altogether doing each type of	Moon	2 4 4	
activity? Vigorous household or garden chores that make you preathe harder or puff and pant	Mean	3.44	
	Std Error	0.07	
	N	8880	
	N Missing	271	

Item Description	Categories	Values	Number	%
Q47dmins If you add up all the times you spent in each activity				
 47dmins If you add up all the times you spent in each activity st week, how much time did you spend altogether doing each pe of activity? Vigorous household or garden chores that make on breathe harder or puff and pant 47d Total minutes spent last week, vigorous household/garden 47d Total minutes spent last week, vigorous household/garden 48a Over the last 12 months, how stressed have you felt about e following areas of your life: Own health 48b Over the last 12 months, how stressed have you felt about e following areas of your life: Living arrangements 	Mean		3.18	
you breathe harder or puff and pant	Std Error		0.11	
	Ν		8880	
	N Missing		271	
Q47d Total minutes spent last week, vigorous household/garden				
	Mean		209.75	
	Std Error		3.99	
	Ν		8880	
	N Missing		271	
Q48a Over the last 12 months, how stressed have you felt about				
the following areas of your life: Own health	Not stressed	2	4106	45.6
	Somewhat stressed	3	3129	34.8
	Moderately stressed	4	1304	14.5
	Very stressed	5	352	3.9
	Extremely stressed	6	107	1.2
	N Missing		68	
Q48b Over the last 12 months, how stressed have you felt about				
the following areas of your life: Living arrangements	Not stressed	2	6599	73.5
	Somewhat stressed	3	1380	15.4
	Moderately stressed	4	594	6.6
	Very stressed	5	284	3.2
	Extremely stressed	6	121	1.4
	N Missing		87	
Q48c Over the last 12 months, how stressed have you felt about				
the following areas of your life: Money	Not stressed	2	4643	51.6
	Somewhat stressed	3	2544	28.3
	Moderately stressed	4	1124	12.5
	Very stressed	5	461	5.1
	Extremely stressed	6	222	2.5
	N Missing		69	

Item Description	Categories	Values	Number	%
Q48d Over the last 12 months, how stressed have you felt about				
the following areas of your life: Health of other family members	Not applicable	1	428	4.8
	Not stressed	2	2475	27.6
	Somewhat stressed	3	3338	37.2
	Moderately stressed	4	1341	14.9
	Very stressed	5	845	9.4
	Extremely stressed	6	545	6.1
	N Missing		96	
Q48e Over the last 12 months, how stressed have you felt about				
the following areas of your life: Work/Employment	Not applicable	1	4864	54.2
	Not stressed	2	1919	21.4
	Somewhat stressed	3	1335	14.9
	Moderately stressed	4	502	5.6
	Very stressed	5	236	2.6
	Extremely stressed	6	118	1.3
	N Missing		98	
Q48f Over the last 12 months, how stressed have you felt about				
the following areas of your life: Study	Not applicable	1	7798	87.2
	Not stressed	2	889	9.9
	Somewhat stressed	3	176	2.0
	Moderately stressed	4	57	0.6
	Very stressed	5	14	0.2
	Extremely stressed	6	11	0.1
	N Missing		124	
Q48g Over the last 12 months, how stressed have you felt about				
the following areas of your life: Relationship with parents	Not applicable	1	6290	70.2
	Not stressed	2	1548	17.3
	Somewhat stressed	3	651	7.3
	Moderately stressed	4	232	2.6
	Very stressed	5	147	1.6
	Extremely stressed	6	90	1.0
	N Missing		115	

Item Description	Categories	Values	Number	%
Q48h Over the last 12 months, how stressed have you felt about				
the following areas of your life: Relationship with partner/spouse	Not applicable	1	2175	24.2
	Not stressed	2	4190	46.7
	Somewhat stressed	3	1783	19.9
	Moderately stressed	4	443	4.9
	Very stressed	5	243	2.7
	Extremely stressed	6	143	1.6
	N Missing		88	
Q48i Over the last 12 months, how stressed have you felt about				
the following areas of your life: Relationship with children	Not applicable	1	1063	11.8
	Not stressed	2	4842	53.8
	Somewhat stressed	3	2244	24.9
	Moderately stressed	4	499	5.5
	Very stressed	5	241	2.7
	Extremely stressed	6	113	1.3
	N Missing		66	
Q48j Over the last 12 months, how stressed have you felt about				
48j Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members	Not applicable	1	887	9.9
	Not stressed	2	5445	60.6
	Somewhat stressed	3	1890	21.0
	Moderately stressed	4	481	5.4
	Very stressed	5	176	2.0
	Extremely stressed	6	106	1.2
	N Missing		75	
Q49a How much do you agree or disagree with each of the				
following statements? At home, I feel I have control over what happens in most situations	Strongly disagree	1	120	1.3
	Disagree	2	361	4.0
	Slightly disagree	3	454	5.0
	Slightly agree	4	768	8.5
	Agree	5	4705	52.2
	Strongly agree	6	2599	28.9
	N Missing		69	

Item Description	Categories	Values	Number	%
Q49b How much do you agree or disagree with each of the				
ollowing statements? I feel that what happens in my life is often determined by factors beyond my control	Strongly disagree	1	1076	12.
	Disagree	2	2547	28.
	Slightly disagree	3	873	9.
	Slightly agree	4	2071	23.
	Agree	5	2040	22.
	Strongly agree	6	381	4.
	N Missing		87	
Q49c How much do you agree or disagree with each of the				
ollowing statements? Over the next 5-10 years I expect to have nore positive than negative experiences	Strongly disagree	1	100	1.
	Disagree	2	393	4.
	Slightly disagree	3	667	7.
	Slightly agree	4	1556	17.
	Agree	5	4490	50
	Strongly agree	6	1774	19
	N Missing		93	
Q49d How much do you agree or disagree with each of the				
49d How much do you agree or disagree with each of the Ilowing statements? I often have the feeling that I am being eated unfairly	Strongly disagree	1	2851	31
	Disagree	2	3595	40
	Slightly disagree	3	754	8
	Slightly agree	4	1220	13
	Agree	5	436	4
	Strongly agree	6	139	1
	N Missing		76	
249e How much do you agree or disagree with each of the				
bllowing statements? In the past 10 years my life has been full of hanges without my knowing what will happen next	Strongly disagree	1	1481	16
hangee white a my knowing what will happen next	Disagree	2	2830	31
	Slightly disagree	3	734	8
	Slightly agree	4	1818	20
	Agree	5	1628	18
	Strongly agree	6	508	5
	N Missing		82	

Item Description	Categories	Values	Number	%
Q49f How much do you agree or disagree with each of the				
following statements? I gave up trying to make big improvements or changes in my life a long time ago	Strongly disagree	1	2538	28.2
	Disagree	2	3527	39.2
	Slightly disagree	3	779	8.
	Slightly agree	4	1112	12.4
	Agree	5	855	9.9
	Strongly agree	6	181	2.
	N Missing		82	
Q50a I was ignored or not taken seriously because of my age, in				
the last 12 months	No	0	7544	83.5
	Yes	1	1492	16.
	N Missing		30	
Q50a I was ignored or not taken seriously because of my age,				
over 12 months ago	No	0	8663	95.
	Yes	1	374	4.
	N Missing		30	
250a I have never been ignored or not taken seriously because				
of my age	No	0	1856	20.
	Yes	1	7180	79.
	N Missing		30	
Q50b I was patronized or 'talked down' because of my age, in the	-			
ast 12 months	No	0	7510	83.
	Yes	1	1526	16.9
	N Missing		30	
Q50b I was patronized or 'talked down' because of my age, over	0			
12 months ago	No	0	8688	96.
	Yes	1	349	3.
	N Missing		30	0.
250b I have never been patronized or 'talked down' because of				
ny age	No	0	1883	20
	Yes	1	7154	
	N Missing		30	10.
Q50c I was denied medical treatment because of my age, in the			00	
ast 12 months	No	0	9012	qa
	Yes	1	24	99. 0.
		I		0.
	N Missing		30	

Item Description	Categories	Values	Number	%
Q50c I was denied medical treatment because of my age, over	12			
months ago	No	0	9013	99.7
	Yes	1	24	0.3
	N Missing		30	
Q50cno I have never been denied medical treatment because o	f			
ny age	No	0	117	1.3
	Yes	1	8920	98.7
	N Missing		30	
Q50d I was denied employment because of my age, in the last	12			
nonths	No	0	8838	97.8
	Yes	1	198	2.2
	N Missing		30	
Q50d I was denied employment because of my age, over 12				
months ago	No	0	8748	96.8
	Yes	1	288	3.2
	N Missing		30	
Q50d I have never been denied employment because of my ag	e			
	No	0	633	7.0
	Yes	1	8403	93.0
	N Missing		30	
Q51 How often do you usually drink alcohol?				
	Never	0	574	6.5
	Never, but have in the past	1	762	8.6
	Rarely	2	2042	23.0
	< once week	3	1051	11.8
	1-2 days a week	4	1303	14.7
	3-4 days a week	5	1259	14.2
	5-6 days a week	6	1069	12.0
	Every day	7	828	9.3
	N Missing		181	
252 On a day when you drink alcohol, how many standard drink	s			
do you usually have?	Never drink	0	1328	15.1
	1-2 drinks	1	6423	73.2
	3-4 drinks	2	938	10.7
	5-8 drinks	3	86	1.0
	9+ drinks	4	4	0.0
	N Missing		314	

Item Description	Categories	Values	Number	%
Q53 How often do you have five or more standard drinks of				
alcohol on one occasion?	Never drink	0	1284	14.3
	Never	1	6019	67.2
	< once a month	2	966	10.8
	Once a month	3	370	4.1
	Once a week	4	227	2.5
	> once a week	5	85	1.0
	N Missing		128	
254 How many glasses/cups of non-alcoholic drinks do you				
usually have each day (eg juice, tea coffee, water, milk, etc)?	? 0-2 glasses	1	345	3.8
	3-5 glasses	2	3414	38.0
	6-8 glasses	3	4237	47.2
	9 or more glasses	4	987	11.0
	N Missing		82	
Q73 How often do you currently smoke cigarettes or any tob	ассо			
products?	Daily	1	530	5.8
	Weekly	2	151	1.7
	Less than weekly	3	51	0.6
	Not at all	4	8329	91.9
Q74 If you smoke daily, on average how many cigarettes do	you			
smoke each day?	Mean		15.56	
	Std Error		0.39	
	Ν		540	
	N Missing		8611	
Q75 Have you ever smoked daily?				
	Yes	1	3330	37.2
	No	2	5620	62.8
	N Missing		110	
Q76 At what age did you finally stop smoking daily?				
	Mean		39.65	
	Std Error		0.24	
	Ν		2825	
	N Missing		6326	

Item Description	Categories	Values	Number	%
277a Over the last 12 months, on average, how often did you rink the following? Cola drinks/not diet (eg Coke)	Neve	4	0074	74
	Never	1	6374	
	Less than once per month	2	1728	
	1 - 3 times per month	3	391	4.
	1 time per week	4	169	1.
	2 times per week	5	90	1.
	3 - 4 times per week	6	86	1.
	5 - 6 times per week	7	30	0
	1 time per day	8	39	0
	2 times per day	9	17	0
	3 or more times per day	10	17	0
	N Missing		123	
077b Over the last 12 months, on average, how often did you rink the following? Diet cola drinks (eg Diet coke)				
	Never	1	5874	65
	Less than once per month	2	1374	15
	1 - 3 times per month	3	579	6
	1 time per week	4	278	3
	2 times per week	5	218	2
	3 - 4 times per week	6	230	2
	5 - 6 times per week	7	112	1
	1 time per day	8	152	1
	2 times per day	9	102	1
	3 or more times per day	10	49	(
	N Missing		97	
77c Over the last 12 months, on average, how often did you				
rink the following? Other carbonated (eg fizzy/soft drinks)	Never	1	4704	52
	Less than once per month	2	2637	29
	1 - 3 times per month	3	837	ç
	1 time per week	4	314	3
	2 times per week	5	202	2
	3 - 4 times per week	6	137	1
	5 - 6 times per week	7	40	C
	1 time per day	8	47	C
	2 times per day	9	13	C
	3 or more times per day	10	13	0
	N Missing	-	132	-

Item Description	Categories	Values	Number	%
77d Over the last 12 months, on average, how often did you rink the following? Other diet carbonated drinks (eg diet emonade)	Never	1	6153	68.
	Less than once per month	2	1563	17.
	1 - 3 times per month	3	549	6.
	1 time per week	4	200	2.
	2 times per week	5	187	2.
	3 - 4 times per week	6	152	1.
	5 - 6 times per week	7	51	0
	1 time per day	8	47	0
	2 times per day	9	26	0
	3 or more times per day	10	11	0
	N Missing		118	
77e Over the last 12 months, on average, how often did you				
ink the following? Cordials, fruit or sport drinks	Never	1	6059	67
	Less than once per month	2	1552	17
	1 - 3 times per month	3	600	6
	1 time per week	4	207	2
	2 times per week	5	181	2
	3 - 4 times per week	6	162	1
	5 - 6 times per week	7	67	(
	1 time per day	8	86	1
	2 times per day	9	22	(
	3 or more times per day	10	9	C
	N Missing		116	
77f Over the last 12 months, on average, how often did you ink the following? (Mark one on each line) Non-carbonated diet	Never	1	7263	Q 1
rdials, fruit or sport drinks	Less than once per month	2	930	
	1 - 3 times per month	3	291	3
	1 time per week	4	109	1
	2 times per week	5	97	1
	3 - 4 times per week	6	85	1
	5 - 6 times per week	7	46	
	1 time per day	8	40 58	
	2 times per day	8	28	
		9 10	28 27	0
	3 or more times per day			

Item Description	Categories	Values	Number	%
Q77g Over the last 12 months, on average, how often did you drink the following? Milk or Soya Milk (including flavoured varieties)	Never	1	2742	30.7
	Less than once per month	2	1363	15.3
	1 - 3 times per month	3	770	8.6
	1 time per week	4	416	4.7
	2 times per week	5	442	5.0
	3 - 4 times per week	6	623	7.0
	5 - 6 times per week	7	486	5.4
	1 time per day	8	1139	12.8
	2 times per day	9	506	5.
	3 or more times per day	10	440	4.9
	N Missing		137	
Q77h Over the last 12 months, on average, how often did you				
drink the following? Fruit or vegetable juices	Never	1	2765	31.
	Less than once per month	2	1890	21.
	1 - 3 times per month	3	1140	12.
	1 time per week	4	556	6.
	2 times per week	5	594	6.
	3 - 4 times per week	6	613	6.
	5 - 6 times per week	7	339	3.
	1 time per day	8	900	10.
	2 times per day	9	88	1.
	3 or more times per day	10	35	0.
	N Missing		150	
Q77i Over the last 12 months, on average, how often did you drin	k			
he following? Tea	Never	1	1133	12.
	Less than once per month	2	399	4.
	1 - 3 times per month	3	312	3.
	1 time per week	4	232	2.
	2 times per week	5	254	2.
	3 - 4 times per week	6	396	4.
	5 - 6 times per week	7	480	5.
	1 time per day	8	1153	12.
	2 times per day	9	1806	20.
	3 or more times per day	10	2769	31.
	N Missing		144	

Item Description	Categories	Values	Number	%
77j Over the last 12 months, on average, how often did you drink				
ne following? Herbal tea	Never	1	3610	41
	Less than once per month	2	1049	11
	1 - 3 times per month	3	614	7
	1 time per week	4	337	3
	2 times per week	5	369	4
	3 - 4 times per week	6	393	2
	5 - 6 times per week	7	284	:
	1 time per day	8	1093	1:
	2 times per day	9	604	(
	3 or more times per day	10	431	
	N Missing		300	
77k Over the last 12 months, on average, how often did you				
ink the following? Coffee	Never	1	1209	1
	Less than once per month	2	301	
	1 - 3 times per month	3	257	
	1 time per week	4	264	
	2 times per week	5	322	
	3 - 4 times per week	6	489	
	5 - 6 times per week	7	472	
	1 time per day	8	1978	2
	2 times per day	9	2115	2
	3 or more times per day	10	1569	1
	N Missing		104	
77I Over the last 12 months, on average, how often did you drink				
e following? Water (including soda or plain mineral water)	Never	1	211	
	Less than once per month	2	113	
	1 - 3 times per month	3	110	
	1 time per week	4	130	
	2 times per week	5	170	
	3 - 4 times per week	6	337	
	5 - 6 times per week	7	333	
	1 time per day	8	702	
	2 times per day	9	1425	1
	3 or more times per day	10	5438	6
	N Missing		94	

Item Description	Categories	Values	Number	%
Q78a These questions are about getting on with other people: Do				
you feel uncomfortable with anyone in your family?	Yes	1	1923	21.
	No	2	7068	78.
	N Missing		75	
Q78b These questions are about getting on with other people: Do				
you feel that nobody wants you around?	Yes	1	341	3.
	No	2	8639	96.
	N Missing		91	
Q78c These questions are about getting on with other people:				
Has anyone forced you to do things you didn't want to do?	Yes	1	684	7
	No	2	8295	92.
	N Missing		86	
Q78d These questions are about getting on with other people:	-			
las anyone taken things that belong to you without your OK?	Yes	1	765	8
	No	2	8213	91
	N Missing		89	
Q78e These questions are about getting on with other people:	Ŭ			
las anyone close to you tried to hurt you or harm you recently?	Yes	1	140	1
	No	2	8831	
	N Missing		97	
Q78f These questions are about getting on with other people:	Ŭ			
Has anyone close to you called you names or put you down or	Yes	1	1142	12
nade you feel bad recently?	No	2	7840	
	N Missing	_	85	•••
Q78g These questions are about getting on with other people:				
Are you afraid of anyone in your family?	Yes	1	224	2
	No	2	8755	
	N Missing	E	86	01
Q78h These questions are about getting on with other people:	i i iniconi ig		00	
Have you ever been in a violent relationship with a	Yes	1	1096	12
partner/spouse?	No	2	7863	
	N Missing	2	101	07
79a If you have ever lived with a violant partner or analysis	N WISSING		101	
Q79a If you have ever lived with a violent partner or spouse, in which years did you experience the violence? I have never lived	No	0	1776	10
with a violent partner or spouse	No	-	1776	
	Yes	1	7250	80.
	N Missing		36	

Item Description	Categories	Values	Number	%
Q79b If you have ever lived with a violent partner or spouse, in				
which years did you experience violence? Before 2007	No	0	7879	87.3
	Yes	1	1147	12.7
	N Missing		36	
Q79c If you have ever lived with a violent partner or spouse, in				
which years did you experience violence? 2007	No	0	8982	99.5
	Yes	1	44	0.5
	N Missing		36	
Q79d If you have ever lived with a violent partner or spouse, in				
which years did you experience violence? 2008	No	0	8983	99.5
	Yes	1	43	0.5
	N Missing		36	
Q79e If you have ever lived with a violent partner or spouse, in				
which years did you experience violence? 2009	No	0	8980	99.5
	Yes	1	46	0.5
	N Missing		36	
Q79f If you have ever lived with a violent partner or spouse, in	J. J			
which years did you experience violence? 2010	No	0	8985	99.5
	Yes	1	41	0.5
	N Missing		36	
Q79g If you have ever lived with a violent partner or spouse, in	5			
which years did you experience violence? 2011	No	0	8998	99.7
	Yes	1	28	0.3
	N Missing		36	
Q79h If you have ever lived with a violent partner or spouse, in				
which years did you experience violence? 2012	No	0	8987	99.6
	Yes	1	39	0.4
	N Missing	•	36	0.4
Q79i If you have ever lived with a violent partner or spouse, in	N Wissing		00	
which years did you experience violence? 2013	No	0	8992	00 G
	Yes	1	34	0.4
	N Missing	·	36	0.4
290a Which of the following events have you experienced? In th	-		50	
Q80a Which of the following events have you experienced? In that ast 12 months Being pushed, grabbed, shoved, kicked or hit		0	0020	00.0
	No	0	8939	
	Yes	1	87	1.0
	N Missing		36	

Item Description	Categories	Values	Number	%
Q80a Have you experienced any of the following events? Yes, more than 12 months ago Being pushed, grabbed, shoved, kicked or bit	No	0	7625	84.5
kicked or hit	Yes	1	1401	
	N Missing		36	
Q80a Never been pushed/grabbed/shoved/kicked/hit.	-			
	No	0	1694	18.8
	Yes	1	7332	81.2
	N Missing		36	
Q80b Which of the following events have you experienced? In the				
last 12 months Being forced to take part in unwanted sexual activity	No	0	8995	99.7
	Yes	1	31	0.3
	N Missing		36	
Q80b Have you experienced any of the following events? Yes,				
more than 12 months ago Being forced to take part in unwanted sexual activity	No	0	8205	90.9
	Yes	1	821	9.1
	N Missing		36	
Q80b Never been forced to take part in unwanted sexual activity				
	No	0	1188	13.2
	Yes	1	7838	86.8
	N Missing		36	
Q81 As a child did you experience sexual abuse (eg forced to				
engage in unwanted sexual practices such as unwanted touching, exposure or penetration)?	Yes	1	1107	12.4
	No	2	7393	82.7
	I prefer not to answer	3	439	4.9
	N Missing		118	
Q82a Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Commercial				
weight loss program (eg Weight Watchers, Lite n' Easy, Sureslim,	Yes	1	900	10.0
Jenny Craig)	No	2	8085	90.0
	N Missing		80	
Q82b Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Online weight				
loss programs (eg Biggest Loser ClubTM, 31 Day Fat Loss Cure	Yes	1	102	1.1
ProgramTM)	No	2	8873	98.9
	N Missing		86	
Q82c Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Meal				
replacements or slimming products (eg OPTIFAST, Herbalife)	Yes	1	1026	
	No	2	7958	88.6
	N Missing		80	

Item Description	Categories	Values	Number	%
Q82d Have you used any of these methods to lose weight or to control your weight or shape in the last 12 months? Exercise				
United your weight of shape in the last 12 months? Exercise	Yes	1	6077	68.7
	No	2	2768	31.3
	N Missing		234	
Q82e Have you used any of these methods to lose weight or to				
control your weight or shape in the last 12 months? Cut down on he size of meals or between meal snacks	Yes	1	7008	78.0
	No	2	1977	22.0
	N Missing		82	
Q82f Have you used any of these methods to lose weight or to				
control your weight or shape in the last 12 months? Cut down on ats (low fat) and / or sugars	Yes	1	6809	75.8
	No	2	2174	24.2
	N Missing		78	
Q82g Have you used any of these methods to lose weight or to				
control your weight or shape in the last 12 months? Low lycaemic index (GI) diet	Yes	1	1873	20.
	No	2	7080	79.
	N Missing		119	
Q82h Have you used any of these methods to lose weight or to				
ntrol your weight or shape in the last 12 months? Diet book ets (eg Atkins, Zone, CSIRO diet, Liver cleansing diet)	Yes	1	875	9.
	No	2	8104	90.
	N Missing		89	
282i Have you used any of these methods to lose weight or to				
control your weight or shape in the last 12 months? Laxatives, liuretics or diet pills (eg Xenical, Reductil)	Yes	1	240	2.
	No	2	8746	97.
	N Missing		82	
Q82j Have you used any of these methods to lose weight or to				
control your weight or shape in the last 12 months? Smoking	Yes	1	214	2.
	No	2	8743	97.
	N Missing		116	
83a In a usual week, how much time in total do you spend doing				
he following things? Full-time (permanent) paid work	Don't do this activity	1	7555	85.
	1-15 hours	2	69	0.
	16-24 hours	3	51	0.
	25-34 hours	4	173	2.
	35-40 hours	5	594	6.
	41-48 hours	6	209	2.
	49 hours or more	7	165	1.9
	N Missing		254	

Item Description	Categories	Values	Number	%
Q83b In a usual week, how much time in total do you spend doing]			
the following things? Part-time permanent paid work	Don't do this activity	1	7356	83.4
	1-15 hours	2	495	5.6
	16-24 hours	3	500	5.7
	25-34 hours	4	369	4.2
	35-40 hours	5	67	0.8
	41-48 hours	6	21	0.2
	49 hours or more	7	12	0.1
	N Missing		256	
Q83c In a usual week, how much time in total do you spend doing]			
the following things? Casual paid work (no paid holiday or sick leave)	Don't do this activity	1	7931	90.6
	1-15 hours	2	592	6.8
	16-24 hours	3	133	1.5
	25-34 hours	4	65	0.7
	35-40 hours	5	23	0.3
	41-48 hours	6	9	0.1
	49 hours or more	7	2	0.0
	N Missing		313	
Q83d In a usual week, how much time in total do you spend doing	3			
the following things? Home duties (own / family home)	Don't do this activity	1	153	1.7
	1-15 hours	2	4529	51.7
	16-24 hours	3	1920	21.9
	25-34 hours	4	1073	12.3
	35-40 hours	5	442	5.0
	41-48 hours	6	159	1.8
	49 hours or more	7	483	5.5
	N Missing		327	
Q83e In a usual week, how much time in total do you spend doing	3			
the following things? Work without pay (eg family business)	Don't do this activity	1	7727	87.4
	1-15 hours	2	776	8.8
	16-24 hours	3	131	1.5
	25-34 hours	4	90	1.0
	35-40 hours	5	33	0.4
	41-48 hours	6	21	0.2
	49 hours or more	7	62	0.7
	N Missing		233	

Item Description	Categories	Values	Number	%
Q83f In a usual week, how much time in total do you spend doing				
the following things? Looking for work	Don't do this activity	1	8742	98.4
	1-15 hours	2	111	1.:
	16-24 hours	3	18	0.2
	25-34 hours	4	3	0.0
	35-40 hours	5	6	0.1
	41-48 hours	6	0	0.0
	49 hours or more	7	1	0.
	N Missing		204	
Q83g In a usual week, how much time in total do you spend doing				
he following things? Unpaid voluntary work	Don't do this activity	1	5956	67.0
	1-15 hours	2	2621	29.
	16-24 hours	3	197	2.2
	25-34 hours	4	59	0.
	35-40 hours	5	34	0.4
	41-48 hours	6	5	0.
	49 hours or more	7	17	0.2
	N Missing		182	
Q83h In a usual week, how much time in total do you spend doing				
he following things? Active leisure (eg walking, exercise, sport)	Don't do this activity	1	1521	17.0
	1-15 hours	2	6758	75.
	16-24 hours	3	480	5.
	25-34 hours	4	102	1.
	35-40 hours	5	33	0.4
	41-48 hours	6	4	0.0
	49 hours or more	7	26	0.3
	N Missing		158	
Q83i In a usual week, how much time in total do you spend doing				
he following things? Passive leisure (eg TV, music, reading, elaxing)	Don't do this activity	1	208	2.3
Sicking)	1-15 hours	2	5012	56.
	16-24 hours	3	2039	22.
	25-34 hours	4	957	10.
	35-40 hours	5	411	4.
	41-48 hours	6	127	1.4
	49 hours or more	7	174	1.9
	N Missing		144	

Item Description	Categories	Values	Number	%
Q83j In a usual week, how much time in total do you spend doing				
he following things? Studying	Don't do this activity	1	7905	89.
	1-15 hours	2	870	9.
	16-24 hours	3	40	0.
	25-34 hours	4	21	0.
	35-40 hours	5	10	0.
	41-48 hours	6	2	0
	49 hours or more	7	0	0
	N Missing		223	
283k In a usual week, how much time in total do you spend doing				
he following things? Socialising	Don't do this activity	1	517	5
	1-15 hours	2	7193	80
	16-24 hours	3	905	10
	25-34 hours	4	227	2
	35-40 hours	5	36	C
	41-48 hours	6	11	(
	49 hours or more	7	5	(
	N Missing		173	
1831 In a usual week, how much time in total do you spend doing				
ne following things? Buying goods and / or services (eg paying ills, shopping)	Don't do this activity	1	163	1
	1-15 hours	2	8286	92
	16-24 hours	3	399	4
	25-34 hours	4	70	C
	35-40 hours	5	21	(
	41-48 hours	6	4	(
	49 hours or more	7	8	C
	N Missing		115	
184 Do you regularly provide (unpaid) care for grandchildren or				
ther people's children?	Daily	1	429	4
	Weekly	2	1671	18
	Occasionally	3	3399	37
	Never	4	3490	38
	N Missing		73	
85a Do you regularly provide care or assistance (eg personal	-			
are, transport) to any other person because of their long-term Iness, disability or frailty? For someone who lives with you	Yes	1	826	ç
mess, disability of frainty: For someone who lives with you	No	2	8166	
	N Missing	_	66	

Item Description	Categories	Values	Number	%
Q85b Do you regularly provide care or assistance (eg personal				
care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives elsewhere	Yes	1	1642	18.3
	No	2	7349	81.7
	N Missing		69	
Q86 How many people with a long-term illness, disability or frailty				
do you regularly provide care for?	No care given	0	6577	73.3
	One person	1	1998	22.3
	More than one person	2	403	4.5
	N Missing		81	
Q87 How often do you provide this care or assistance?				
	No care given	0	6571	73.1
	Every day	1	841	9.4
	Several times a week	2	579	6.4
	Once a week	3	552	6.1
	Every few weeks	4	308	3.4
	Less often	5	134	1.5
	N Missing		76	
Q88 How much time do you usually spend providing such care or				
assistance on each occasion?	No care given	0	6574	73.2
	All day/night	1	290	3.2
	All day	2	141	1.6
	All night	3	15	0.2
	Several hours	4	1386	15.4
	About an hour	5	575	6.4
	N Missing		84	
Q89a Does the person you care for have any of the following				
major medical conditions or disabilities? Alzheimer's disease /	No	0	1962	21.8
Jemenua	Yes	1	435	4.8
	No care given	2	6622	73.4
	N Missing		39	
Q89b Does the person you care for have any of the following	~			
major medical conditions or disabilities? Autism spectrum disorder	No	0	2333	25.9
	Yes	1	54	0.6
		-		
	No care given	2	6633	73.5

Item Description	Categories	Values	Number	%
89c Does the person you care for have any of the following				
ajor medical conditions or disabilities? Autoimmune disorder	No	0	2337	25
	Yes	1	51	0
	No care given	2	6633	73
	N Missing		39	
89d Does the person you care for have any of the following				
ajor medical conditions or disabilities? Cancer	No	0	2126	23
	Yes	1	271	3
	No care given	2	6623	7
	N Missing		39	
89e Does the person you care for have any of the following				
ajor medical conditions or disabilities? Cerebral palsy	No	0	2357	2
	Yes	1	29	
	No care given	2	6634	7
	N Missing		39	
39f Does the person you care for have any of the following maj	-			
edical conditions or disabilities? Down Syndrome	No	0	2348	2
	Yes	1	37	
	No care given	2	6634	
	N Missing		39	
39g Does the person you care for have any of the following				
ajor medical conditions or disabilities? Frailty in old age	No	0	1075	1
	Yes	1	1326	
	No care given	2	6620	
	N Missing	E	39	'
39h Does the person you care for have any of the following	TY WISSING		00	
ajor medical conditions or disabilities? Head injury	No	0	2344	2
	Yes	1	42	
	No care given	2	6634	
	-	2		1
Roi Doos the norson you care for have any of the following mai	N Missing		39	
89i Does the person you care for have any of the following maj edical conditions or disabilities? Heart condition		0	4000	~
	No	0	1880	
	Yes	1	513	
	No care given	2	6627	7

Item Description	Categories	Values	Number	%
Q89j Does the person you care for have any of the following major				
medical conditions or disabilities? Infectious disease	No	0	2371	26.3
	Yes	1	14	0.2
	No care given	2	6635	73.6
	N Missing		39	
Q89k Does the person you care for have any of the following				
major medical conditions or disabilities? Mental health problem (eg depression, anxiety)	No	0	1959	21.7
	Yes	1	437	4.8
	No care given	2	6624	73.4
	N Missing		39	
Q89I Does the person you care for have any of the following major	•			
nedical conditions or disabilities? Musculoskeletal condition (eg preak / fracture)	No	0	2265	25.1
	Yes	1	123	1.4
	No care given	2	6632	73.5
	N Missing		39	
Q89m Does the person you care for have any of the following				
najor medical conditions or disabilities? Visual impairment	No	0	2028	22.5
	Yes	1	358	4.0
	No care given	2	6634	73.5
	N Missing		39	
Q89n Does the person you care for have any of the following				
major medical conditions or disabilities? Paralysis	No	0	2355	26.1
	Yes	1	30	0.3
	No care given	2	6635	73.6
	N Missing		39	
Q890 Does the person you care for have any of the following				
najor medical conditions or disabilities? Respiratory condition (eg asthma, emphysema)	No	0	2160	24.0
	Yes	1	229	2.5
	No care given	2	6631	73.5
	N Missing		39	
Q89p Does the person you care for have any of the following				
major medical conditions or disabilities? Spinal cord injury	No	0	2351	26.1
	Yes	1	36	0.4
	No care given	2	6632	73.5
	N Missing		39	

Item Description	Categories	Values	Number	%
Q89q Does the person you care for have any of the following				
najor medical conditions or disabilities? Stroke	No	0	2217	24.6
	Yes	1	171	1.9
	No care given	2	6632	73.5
	N Missing		39	
Q89r Does the person you care for have any of the following najor medical conditions or disabilities? Substance abuse /	Na	0	0000	05.0
addiction	No	0	2333	
	Yes	1	52	0.6
	No care given	2	6635	73.6
	N Missing		39	
Q89s Does the person you care for have any of the following najor medical conditions or disabilities? Other neurological	N	0	0007	05.0
disorder (eg multiple sclerosis, motor neurone disease)	No	0	2307	
	Yes	1	78	0.9
	No care given	2	6634	73.6
	N Missing		39	
89t Does the person you care for have any of the following ma edical conditions or disabilities? Other reason (please specify age 34)	No	0	2138	23.7
(190 0-)	Yes	1	255	2.8
	No care given	2	6627	73.5
	N Missing		39	
Q90 If you DO NOT provide care or assistance to any person with				
a long term illness, disability or frailty, is it because you:	Used to care for someone in the last 3 years, but they passed away, moved into a nursing home, residential care facility	1	1082	14.0
	Used to care for someone in the last 3 years, but stopped caring for them for another reason	2	117	1.5
	Have never provided care or assistance	3	3662	47.5
	Other reason (please specify)	4	622	8.1
	Is a carer	5	2220	28.8
	N Missing		1410	

Item Description	Categories	Values	Number	%
Q91a We would like to know your main occupation now:				
	Manager/administrator	1	333	3.9
	Professional	2	1157	13.6
	Associate professional	3	349	4.1
	Tradesperson or related worker	4	103	1.2
	Advanced clerical/service worker	5	271	3.2
	Intermediate clerical/sales/service	6	601	7.1
	Intermediate production/transport	7	23	0.3
	Elementary clerical/sales/service	8	229	2.7
	Labourer or related	9	172	2.0
	No paid job	10	5262	61.9
	N Missing		590	
291b We would like to know your and your partner's main				
occupation now: Partner	Manager/administrator	1	555	6.8
	Professional	2	530	6.
	Associate professional	3	284	3.
	Tradesperson or related worker	4	380	4.
	Advanced clerical/service worker	5	48	0.
	Intermediate clerical/sales/service	6	78	1.0
	Intermediate production/transport	7	241	2.9
	Elementary clerical/sales/service	8	71	0.9
	Labourer or related	9	160	2.
	No paid job	10	3904	47.
	Don't know/no partner	11	1957	23.
	N Missing		882	
Q92 Please indicate the following description that best fits your				
ife now. If you want to add more please write this on page 30.	Not retired	1	2007	22.
	Partially retired	2	1453	16.
	Retired from paid work	3	4720	53.
	Gave up work over 20 years ago	4	417	4.
	Never had paid work	5	71	0.
	Other	6	210	2.
	N Missing		198	
Q93na Non applicable: When did you retire?				
	No	0	5028	59.
	Yes	1	3400	40.
	N Missing		667	

Item Description	Categories	Values	Number	%
Q93yr When did you retire or give up work?				
	Mean		2004.33	
	Std Error		0.13	
	Ν		5066	
	N Missing		4085	
Q94 At what age do you expect to retire (completely) from the				
paid workforce?	Do not expect to retire	1	320	3.6
	Retired	2	5234	58.6
	Don't know	3	1938	21.7
	Expect to retire	4	1439	16.1
	N Missing		127	
Q94age What age do you expect to retire from paid workforce?				
	Mean		66.88	
	Std Error		0.08	
	Ν		1488	
	N Missing		7663	
Q95 How do you manage on the income you have available?				
	Impossible	1	149	1.7
	Difficult always	2	726	8.1
	Difficult sometimes	3	1858	20.8
	Not too bad	4	4307	48.2
	Easy	5	1887	21.1
	N Missing		125	
Q96a What are your current sources of income? Age pension /				
Service Pension / Widow's pension / War widow's pension	No	0	5992	66.4
	Yes	1	3028	33.6
	N Missing		39	
Q96b What are your current sources of income? Other				
government pension or allowance	No	0	7923	87.8
	Yes	1	1097	12.2
	N Missing		39	
Q96c What are your current sources of income? Lump sum				
superannuation payout		0	8606	95.4
	No	0	0000	50.4
	No Yes	1	414	4.6

Item Description	Categories	Values	Number	%
Q96d What are your current sources of income? A pension or				
annuity purchased with superannuation or some other funds	No	0	6825	75.7
	Yes	1	2195	24.3
	N Missing		39	
296e What are your current sources of income? Income from				
avings and investments (such as shares and property)	No	0	6787	75.2
	Yes	1	2233	24.8
	N Missing		39	
Q96f What are your current sources of income? Income from a				
business	No	0	8306	92.1
	Yes	1	714	7.9
	N Missing		39	
Q96g What are your current sources of income? Income or				
pension from your spouse / partner	No	0	7226	80.1
	Yes	1	1794	19.9
	N Missing		39	
Q96h What are your current sources of income? Financial				
support from family	No	0	8950	99.2
	Yes	1	70	0.8
	N Missing		39	
Q96i What are your current sources of income? Spouse /				
Partner's superannuation	No	0	7565	83.9
	Yes	1	1455	16.1
	N Missing		39	
Q96j What are your current sources of income? Wage or salary	Ũ			
	No	0	6313	70.0
	Yes	1	2707	
	N Missing		39	
Q96k What are your current sources of income? Other sources				
	No	0	8719	967
	Yes	1	301	3.3
	N Missing		39	010
Q97a Which of these things (if any) have you had to do in the las	-		00	
B years, to help manage financially? Sell your house or move to	No	0	8507	95 4
ower cost accommodation	Yes	1	414	4.6
	Yes			

Item Description	Categories	Values	Number	%
Q97b Which of these things (if any) have you had to do in the last 3 years, to help manage financially? Sell something else you own, like a holiday house, or car or jewellery	No	0	8615	96.6
ine a holiday house, of car of jewellery	Yes	1	307	3.4
	N Missing		137	-
Q97c Which of these things (if any) have you had to do in the last 3 years, to help manage financially? Share housing with relatives	-			
or friends	No	0	8672	97.2
	Yes	1	249	2.8
	N Missing		137	
Q97d Which of these things (if any) have you had to do in the last 3 years, to help manage financially? Cut back on your normal				
weekly spending	No	0	5953	66.7
	Yes	1	2969	33.3
	N Missing		137	
Q97e Which of these things (if any) have you had to do in the last 3 years, to help manage financially? Cut back on less frequent	No	0	6267	70.2
expenditures such as holidays, new cars & large household goods	Yes	1	2655	
	N Missing	I	137	23.0
2027 Which of those things (if any) have you had to do in the last	N MISSING		157	
97f Which of these things (if any) have you had to do in the last years, to help manage financially? Take on paid work	No	0	8537	95.7
	Yes	1	384	4.3
	N Missing		137	
Q97g Which of these things (if any) have you had to do in the last			-	
3 years, to help manage financially? Rely on your spouse / partner going out to work or increasing their working hours	No	0	8475	95.0
	Yes	1	446	5.0
	N Missing		137	
Q97h Which of these things (if any) have you had to do in the last 3 years, to help manage financially? None of the above	No	0	4335	48.6
	Yes	1	4587	
	N Missing		137	0
Q98a People sometimes look to others for companionship,	TT Miccinig			
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	1322	14.8
Someone to help you if you are confined to bed	Little of time	2	847	9.5
	Some of time	3	982	11.0
	Most of time	4	2077	23.2
	All of time	5	3726	41.6
	N Missing		106	

Item Description	Categories	Values	Number	%
Q98b People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	357	4.0
Someone you can count on to listen to you when you need to talk	Little of time	2	846	9.4
	Some of time	3	1299	14.5
	Most of time	4	2964	33.′
	All of time	5	3496	39.0
	N Missing		102	
Q98c People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	509	5.7
Someone to give you advice about a crisis	Little of time	2	859	9.6
	Some of time	3	1395	15.6
	Most of time	4	3051	34.1
	All of time	5	3145	35.1
	N Missing		108	
98d People sometimes look to others for companionship, sistance, or other types of support. How often is each of the llowing kinds of support available to you if you need it? omeone to take you to the doctor if you need it	None of time	1	610	6.9
	Little of time		1 619 2 673 3 747 4 2396 2 5 4524 9	7.5
	Some of time			8.3
	Most of time	-		
	All of time	3 747 4 2396 2		
	N Missing	Ũ		001
Q98e People sometimes look to others for companionship,	14 Wildon ig		100	
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	337	3.8
Someone who shows you love and affection	Little of time	2	589	6.6
	Some of time	3	940	10.5
	Most of time	4	2268	25.3
	All of time	5	4814	53.8
	N Missing		123	
Q98f People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	3129942964534961021509285931395430515314510816192673374742396545241081337258939404226854814123	3.0
Someone to have a good time with	Little of time	2	703	7.8
	Some of time	3	1432	16.0
	Most of time	4	2703	30.2
	All of time	5	3851	43.0
	N Missing		106	

Item Description	Categories	Values	Number	%
298g People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	328	3.7
Someone to give you information to help you understand a situation	Little of time	2	733	8.2
Situation	Some of time	3	1407	15.
	Most of time	4	3128	34.9
	All of time	5	3362	37.
	N Missing		106	
Q98h People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the ollowing kinds of support available to you if you need it?	None of time	1	388	4.3
Someone to confide in or talk to about yourself or your problems	Little of time	2	893	10.
	Some of time	3	1412	15.
	Most of time	4	2826	31.
	All of time	5	3439	38.
	N Missing		109	
298i People sometimes look to others for companionship,				
sistance, or other types of support. How often is each of the lowing kinds of support available to you if you need it?	None of time	1	427	4.
Someone who hugs you	Little of time	2	887	9.
	Some of time	3	1346	15.
	Most of time	4	2104	23.
	All of time	5	4191	46.
	N Missing		110	
298j People sometimes look to others for companionship,				
ssistance, or other types of support. How often is each of the blowing kinds of support available to you if you need it?	None of time	1	276	3.
Someone to get together with for relaxation	Little of time	2	836	9.
	Some of time	3	1648	18.
	Most of time	4	2877	32.
	All of time	5	3319	37.
	N Missing		108	
298k People sometimes look to others for companionship,				
Issistance, or other types of support. How often is each of the ollowing kinds of support available to you if you need it?	None of time	1	931	10.
Someone to prepare your meals if you are unable to do it for	Little of time	2	997	11.
ourself	Some of time	3	1114	12.
	Most of time	4	2100	23.
	All of time	5	3814	42.
	N Missing		108	

Item Description	Categories	Values	Number	%
Q98I People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	577	6.4
Someone whose advice you really want	Little of time	2	1003	11.2
	Some of time	3	1525	17.0
	Most of time	4	2876	32.1
	All of time	5	2970	33.2
	N Missing		114	
Q98m People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	518	5.8
Someone to do things with to help you get your mind off things	Little of time	2	1001	11.2
	Some of time	3	1716	19.2
	Most of time	4	2859	31.9
	All of time	5	2864	32.0
	N Missing		108	
Q98n People sometimes look to others for companionship,				
ssistance, or other types of support. How often is each of the ollowing kinds of support available to you if you need it? omeone to help with daily chores if you are sick	None of time	1	823	9.2
	Little of time	2	1075	12.0
	Some of time	3	1166	13.0
	Most of time	4	2271	25.4
	All of time	5	3621	40.4
	N Missing		109	
Q98o People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	782	8.7
Someone to share your most private worries and fears with	Little of time	2	1140	12.7
	Some of time	3	1246	13.9
	Most of time	4	2518	28.1
	All of time	5	3269	36.5
	N Missing		114	
Q98p People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	555	6.2
Someone to turn to for suggestions about how to deal with a	Little of time	2	1130	12.6
personal problem	Some of time	3	1409	15.7
	Most of time	4	2678	29.9
	All of time	5	3184	35.6
	N Missing		110	

Item Description	Categories	Values	Number	%
298q People sometimes look to others for companionship, sistance, or other types of support. How often is each of the				
ollowing kinds of support available to you if you need it?	None of time	1	203	2.
someone to do something enjoyable with	Little of time	2	804	9.
	Some of time	3	1500	16
	Most of time	4	2839	31
	All of time	5	3609	40
	N Missing		110	
298r People sometimes look to others for companionship, ssistance, or other types of support. How often is each of the ollowing kinds of support available to you if you need it?	None of time	1	436	4
Someone who understands your problems	Little of time	2	967	10
	Some of time	3	1483	16
	Most of time	4	2942	
	All of time	5	3123	34
	N Missing		113	
98s People sometimes look to others for companionship,	Ū			
ssistance, or other types of support. How often is each of the	None of time	1	503	Į
llowing kinds of support available to you if you need it? omeone to love and make you feel wanted	Little of time	2	732	
	Some of time	3	1031	1
	Most of time	4	2230	
	All of time	5	4456	
	N Missing		114	
99 What is your present marital status?	0			
	Married	1	6094	6
	De facto opposite sex	2	436	
	De facto same sex	3	45	
	Separated	4	310	
	Divorced	5	1096	
	Widowed	6	685	
	Never married	7	295	
	N Missing		90	
100na Not applicable: widowed	g			
	No	0	2560	2
	Yes	1	6458	
	N Missing	Ĩ	40	•
101a What are your living arrangements? I live alone			-10	
	No	0	7268	R
	Yes	1	1725	
		I		13
	N Missing 72		66	

s lissing ne e o ee or more lissing ne e o ee or more	0 1 0 1 2 3 0 1 2	2482 6511 66 8745 133 70 36 75 7871 834	72.4 97.3 1.5 0.8 0.4
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o ee or more		834	87.6
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		228	2.5
1: :	3	54	0.6
lissing		73	
ne	0	8831	98.3
e	1	142	1.6
0	2	7	0.1
ee or more	3	4	0.0
lissing		75	
ne	0	8490	94.5
9	1	376	4.2
0	2	76	0.8
ee or more	3	43	0.5
lissing		73	
ne	0	8744	97.3
9	1	188	2.1
)	2	30	0.3
ee or more	3	26	0.3
lissing		71	
	0	8974	99.5
5	1	41	0.5
		44	
	e or more flissing ne e or more flissing ne e or more flissing ne e or more flissing	e or more 3 lissing 0 he 0 he 0 he 0 he 1 b 2 he or more 3 lissing 1 he 0 he 3 lissing 2 he 0 he 3 lissing 1 he 0 he 3 lissing 1 he 0 he 3 lissing 1 he 0 he 3 lissing 1 he 3 lissing 1 lissing 1 l	a 1 142 b 2 7 ee or more 3 4 fissing 75 ne 0 8490 a 1 376 b 2 76 a 1 376 b 2 76 a 3 43 b 2 76 a 3 43 fissing 73 ne 0 8744 a 1 188 b 2 30 ae or more 3 26 fissing 71 71 a 0 8974 a 1 41

Item Description	Categories	Values	Number	%
Q103a In general, are you satisfied with what you have achieve	ed			
in your life so far in the areas of: Work	Very satisfied	1	2724	30.
	Satisfied	2	5471	61.
	Dissatisfied	3	546	6.
	Very dissatisfied	4	120	1.
	N Missing		208	
Q103b In general, are you satisfied with what you have achieve	ed			
n your life so far in the areas of: Career	Very satisfied	1	2282	26.
	Satisfied	2	5222	60.
	Dissatisfied	3	1015	11.
	Very dissatisfied	4	182	2.
	N Missing		395	
Q103c In general, are you satisfied with what you have achieve	ed			
n your life so far in the areas of: Study	Very satisfied	1	1632	19.
	Satisfied	2	5191	60.
	Dissatisfied	3	1525	17.
	Very dissatisfied	4	231	2.
	N Missing		547	
Q103d In general, are you satisfied with what you have achieve	ed			
in your life so far in the areas of: Family relationships	Very satisfied	1	3689	41.3
	Satisfied	2	4474	50.
	Dissatisfied	3	642	7.
	Very dissatisfied	4	127	1.
	N Missing		122	
Q103e In general, are you satisfied with what you have achieve	ed			
in your life so far in the areas of: Partner/closest personal relationship	Very satisfied	1	3932	44.
	Satisfied	2	3553	40.
	Dissatisfied	3	1040	11.
	Very dissatisfied	4	322	3.
	N Missing		221	
Q103f In general, are you satisfied with what you have achieve	d in			
your life so far in the areas of: Friendships	Very satisfied	1	3560	39.
	Satisfied	2	4841	54.
	Dissatisfied	3	433	4.
	Very dissatisfied	4	97	1.
	N Missing		130	

Item Description	Categories	Values	Number	%
Q103g In general, are you satisfied with what you have achieved a state of the second se	eved			
n your life so far in the areas of: Social activities	Very satisfied	1	2426	27
	Satisfied	2	5556	62
	Dissatisfied	3	815	9
	Very dissatisfied	4	130	1
	N Missing		138	
2105 Did someone help you fill in this survey?				
	No	1	8899	99
	Told me answers	2	86	1
	Used own judgement	3	7	0
	N Missing		66	
SEIFA Index Socio-economic Adv/Disadv				
	Mean		1012.76	
	Std Error		0.95	
	Ν		9055	
	N Missing		96	
EIFA Index Socio-economic Disadvantage				
	Mean		1015.51	
	Std Error		0.89	
	Ν		9055	
	N Missing		96	
EIFA index Economic resources				
	Mean		1013.67	
	Std Error		0.92	
	Ν		9057	
	N Missing		94	
EIFA index of Education and Occupation				
	Mean		1009.95	
	Std Error		1.02	
	Ν		9059	
	N Missing		92	
ge				
	Mean		64.79	
	Std Error		0.02	
	Ν		9151	
	N Missing		0	

Item Description	Categories	Values	Number	%
NHMRC alcohol classification				
	Low risk drinker	1	5031	56
	Non-drinker	2	1336	14
	Rarely drinks	3	2042	22
	Risky drinker	4	488	5
	High risk drinker	5	50	0
	N Missing		125	
Alcohol drinking pattern				
	Low long-term risk, drinks at short-term risk less than weekly	1	6853	77
	Non-drinker	2	1336	15
	Low long-term risk, drinks at short-term risk weekly or more	3	130	1
	Risky/high risk drinker	4	538	6
	N Missing		220	
ARIA+ Grouped into 5 categories				
	Major cities	1	5644	62
	Inner regional	2	2295	25
	Outer regional	3	978	10
	Remote	4	93	1
	Very remote	5	26	C
	Overseas	6	26	C
Body Mass Index				
	Mean		27.51	
	Std Error		0.06	
	Ν		8818	
	N Missing		333	
CES-D 10 score				
	Mean		5.14	
	Std Error		0.05	
	Ν		9032	
	N Missing		119	
Raw value of m7q40bcm				
	Mean		175.44	
	Std Error		7.30	
	Ν		3814	
	N Missing		5337	

Item Description	Categories	Values	Number	%
Exercise group				
	Nil/sedentary	1	1464	16.7
	Low	2	2190	25.0
	Moderate	3	1845	21.1
	High	4	3267	37.3
	N Missing		359	
Exercise status				
	Mean		1230.97	
	Std Error		15.96	
	Ν		8792	
	N Missing		359	
Raw value of m7q40bfeet				
	Mean		5.04	
	Std Error		0.03	
	Ν		5028	
	N Missing		4123	
Goldberg Anxiety, Not Depression, Scale				
	Mean		3.29	
	Std Error		0.03	
	Ν		9097	
	N Missing		54	
Q40b How tall are you without shoes?				
	Mean		162.93	
	Std Error		0.07	
	Ν		9136	
	N Missing		15	
Raw value of m7q40binch				
	Mean		7.89	
	Std Error		0.90	
	Ν		4968	
	N Missing		4183	
Raw value of m7q40akg				
	Mean		78.16	
	Std Error		5.58	
	Ν		8360	
	N Missing		791	

Item Description	Categories	Values	Number	%
Labour Force Participation				
	Not in labour force	0	4907	54.7
	Labour force employed	1	4005	44.6
	Labour force unemployed	2	60	0.7
	N Missing		89	
_ife satisfaction				
	Mean		3.19	
	Std Error		0.01	
	Ν		9006	
	N Missing		145	
Life orientation test -revised				
	Mean		16.72	
	Std Error		0.04	
	Ν		8993	
	N Missing		158	
MENTAL COMPONENT SCALE-00 - Australian (ABS)				
	Mean		51.46	
	Std Error		0.11	
	Ν		8849	
	N Missing		302	
MENTAL COMPONENT SCALE-00 - US General				
	Mean		52.60	
	Std Error		0.10	
	Ν		8849	
	N Missing		302	
MENTAL COMPONENT SCALE-00 - Australian				
	Mean		51.17	
	Std Error		0.12	
	Ν		8849	
	N Missing		302	
MENTAL COMPONENT SCALE-00 - WHA MID				
	Mean		54.12	
	Std Error		0.09	
	Ν		8849	
	N Missing		302	

Item Description	Categories	Values	Number	%
ALSWH metabolic minutes				
	Mean		1209.85	
	Std Error		15.44	
	Ν		8992	
	N Missing		159	
ALSWH metmin exercise groups				
	Nil/sedentary	1	1536	17.2
	Low	2	1865	20.9
	Moderate	3	1912	21.4
	High	4	3622	40.5
	N Missing		159	
Mean Stress				
	Mean		0.52	
	Std Error		0.00	
	Ν		9094	
	N Missing		57	
PHYSICAL COMPONENT SCALE-00 - Australian (ABS)				
	Mean		46.29	
	Std Error		0.11	
	Ν		8849	
	N Missing		302	
PHYSICAL COMPONENT SCALE-00 - US General				
	Mean		46.18	
	Std Error		0.11	
	Ν		8849	
	N Missing		302	
PHYSICAL COMPONENT SCALE-00 - Australian				
	Mean		45.45	
	Std Error		0.11	
	Ν		8849	
	N Missing		302	
PHYSICAL COMPONENT SCALE-00 - WHA MID				
	Mean		46.13	
	Std Error		0.12	
	Ν		8849	
	N Missing		302	

Mean Std Error N N Missing Mean		20.59 0.05 9082	
Std Error N N Missing		0.05	
N N Missing			
N Missing		9082	
Mean		69	
Mean			
Wear		7.20	
Std Error		0.77	
Ν		325	
N Missing		8826	
Never-smoker	1	5605	61.
Ex-smoker	2	2724	30.
Smoker <10 c/d	3	295	3.
Smoker 10-19 c/d	4	223	2
Smoker > = 20 c/d	5	205	2
N Missing		7	
NSW	1	2664	29.
Vic	2	2170	24.
Qld	3	1786	19.
SA	4	838	9.
WA	5	948	10
Tas	6	288	3
NT	7	67	0
ACT	8	186	2
Overseas	9	23	0
N Missing		83	
Mean		12.43	
Std Error		1.66	
Ν		514	
N Missing		8637	
Mean		90.72	
Std Error		0.15	
Ν		8158	
N Missing		993	
80			
	N Never-smoker Ex-smoker Smoker <10 c/d Smoker 10-19 c/d Smoker > = 20 c/d N Missing NSW Vic Qld SA WA Tas NT ACT Overseas NT ACT Overseas N Missing Mean Std Error N N Missing	Mean Std Error N N Missing Never-smoker 1 Ex-smoker 2 Smoker <10 c/d 3 Smoker 10-19 c/d 4 Smoker > = 20 c/d 5 N Missing NSW 1 Vic 2 Qld 3 SA 4 WA 5 Tas 6 NT 7 ACT 8 Overseas 9 N Missing Mean Std Error N N Missing Mean Std Error N N Missing	Mean 7.20 Std Error 0.77 N 325 N Missing 8826 Never-smoker 1 5605 Ex-smoker 2 2724 Smoker <10 c/d

Item Description	Categories	Values	Number	%
Body Mass Index, WHO groups	Underweight, BMI < 18.5	1	102	1.2
	Healthy weight, 18.5 <= BMI < 25	2	3191	36.6
	Overweight, 25 <= BMI < 30	3	2939	33.7
	Obese, 30 <= BMI	4	2493	28.6
	N Missing		333	
Q40a Weight in kgs				
	Mean		73.03	
	Std Error		0.16	
	Ν		8829	
	N Missing		322	
SF36 PAIN INDEX (0-100)				
	Mean		66.80	
	Std Error		0.25	
	Ν		9141	
	N Missing		10	
SF36 GENERAL HEALTH PERCEPTIONS (0-100)				
	Mean		70.69	
	Std Error		0.21	
	Ν		8936	
	N Missing		215	
SF36 MENTAL HEALTH INDEX (0-100)				
	Mean		77.30	
	Std Error		0.18	
	Ν		9130	
	N Missing		21	
SF36 PHYSICAL FUNCTIONING (0-100)				
	Mean		77.52	
	Std Error		0.23	
	Ν		9131	
	N Missing		20	
SF36 ROLE-EMOTIONAL (0-100)				
	Mean		84.24	
	Std Error		0.34	
	Ν		9099	
	N Missing		52	

Item Description	Categories	Values Number	%
SF36 ROLE-PHYSICAL (0-100)			
	Mean	73.81	
	Std Error	0.40	
	Ν	9103	
	N Missing	48	
SF36 SOCIAL FUNCTIONING (0-100)			
	Mean	83.29	
	Std Error	0.24	
	Ν	9145	
	N Missing	6	
SF36 VITALITY (0-100)			
	Mean	62.72	
	Std Error	0.21	
	Ν	9125	
	N Missing	26	
MOS affectionate/positive			
	Mean	4.02	
	Std Error	0.01	
	Ν	9043	
	N Missing	108	
MOS affectionate/positive grouped			
	All the time	1 4860	54.2
	Most of the time	2 2328	26.0
	Some of the time	3 1192	13.3
	None/little of the time	4 580	6.5
	N Missing	108	
MOS emotional/informational			
	Mean	3.83	
	Std Error	0.01	
	Ν	9046	
	N Missing	105	
MOS emotional/informational grouped			
	All the time	1 4113	45.9
	Most of the time	2 2694	30.1
	Some of the time	3 1330	14.8
	None/little of the time	4 823	9.2
	N Missing	105	

Item Description	Categories	Values Number	%
MOS 6 item score			
	Mean	3.88	
	Std Error	0.01	
	Ν	9038	
	N Missing	113	
MOS tangible			
	Mean	3.82	
	Std Error	0.01	
	Ν	9013	
	N Missing	138	
MOS tangible grouped			
	All the time	1 4372	49.0
	Most of the time	2 2202	24.7
	Some of the time	3 1131	12.7
	None/little of the time	4 1219	13.7
	N Missing	138	
MOS 6 item score grouped			
	All the time	1 4492	50.2
	Most of the time	2 2366	26.4
	Some of the time	3 1332	14.9
	None/little of the time	4 762	8.5
	N Missing	113	