

women's
health
a u s t r a l i a



the australian longitudinal
study on women's health

data book

*for the eighth survey of the 1946-51 cohort
2016 (when they were aged 65-70 years)*

November 2017

Data book for the eighth survey of the 1946-1951 cohort (aged 65-70 years)

This work is copyright. Permission to use or reproduce material in this book for the purpose of free distribution is not required, provided that proper acknowledgement of the source is given. For other uses, apart from any permitted use under the Copyright Act 1968, no part may be reproduced by any process without written permission from the Director, Australian Longitudinal Study on Women's Health, University of Queensland.

Acknowledgements

This study is funded by a grant from the Australian Government Department of Health. This document was prepared by David Fitzgerald and Hsiu-Wen Chan, with help from the data management group of the Australian Longitudinal Study on Women's Health (ALSWH) at the Universities of Queensland and Newcastle. The research team would like to thank all participants who contributed to the project.

Notes

During 2016 and 2017, 8622 valid surveys were returned from members of the ALSWH 1946-51 birth cohort. There were 5379 paper questionnaires returned and 3243 responded online.

This data book is ordered in the order of the questions on the paper questionnaire. The questionnaire number is given where appropriate. Some derived variables are given in place of the questionnaire item or immediately after it. The derived variables do not have any questionnaire numbering.

The frequencies in this data book were weighted according to the area classification to account for the deliberate over-sampling of women from rural and remote areas. The missing amounts were not weighted. Both the missing and not missing counts were not weighted for the non-categorical responses.

For information on the derived variables refer to the ALSWH website (<http://www.alwsh.org.au/>). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

Australian Longitudinal Study on Women's Health
www.alswh.org.au

The University of Newcastle
Research Centre for Gender, Health & Ageing
University Drive
Callaghan NSW 2308
Phone: 02 4042 0686
Fax: 02 4042 0044
Email: info@alswh.org.au

The University of Queensland
School of Population Health
Herston Road
Herston QLD 4006
Phone: 07 3346 4723
Fax: 07 3365 5540
Email: sph-wha@sph.uq.edu.au

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q1 In general, would you say your health is: (M8Q1)				
	Excellent	1	837	9.8
	Very good	2	3285	38.4
	Good	3	3294	38.5
	Fair	4	1010	11.8
	Poor	5	128	1.5
	N Missing		37	
Q2 Compared to one year ago, how would you rate your health in general now (M8Q2)				
	Much better	1	450	5.3
	Somewhat better	2	1099	12.8
	About the same	3	5706	66.7
	Somewhat worse	4	1179	13.8
	Much worse	5	124	1.4
	N Missing		35	
Q3A The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports (M8Q3A)				
	Limited a lot	1	3535	41.7
	Limited a little	2	3858	45.5
	Not limited	3	1084	12.8
	N Missing		118	
Q3B The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf (M8Q3B)				
	Limited a lot	1	698	8.2
	Limited a little	2	2535	29.7
	Not limited	3	5307	62.1
	N Missing		54	
Q3C The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries (M8Q3C)				
	Limited a lot	1	433	5.1
	Limited a little	2	2098	24.6
	Not limited	3	5986	70.3
	N Missing		69	
Q3D The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs (M8Q3D)				
	Limited a lot	1	1297	15.2
	Limited a little	2	3292	38.7
	Not limited	3	3926	46.1
	N Missing		79	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q3E The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs (M8Q3E)	Limited a lot	1	449	5.3
	Limited a little	2	1569	18.4
	Not limited	3	6492	76.3
	N Missing		86	
Q3F The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping (M8Q3F)	Limited a lot	1	1144	13.4
	Limited a little	2	3829	44.9
	Not limited	3	3550	41.7
	N Missing		67	
Q3G The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre (M8Q3G)	Limited a lot	1	968	11.4
	Limited a little	2	1959	23.0
	Not limited	3	5600	65.7
	N Missing		68	
Q3H The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre (M8Q3H)	Limited a lot	1	563	6.6
	Limited a little	2	1039	12.2
	Not limited	3	6921	81.2
	N Missing		81	
Q3I The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres (M8Q3I)	Limited a lot	1	204	2.4
	Limited a little	2	686	8.1
	Not limited	3	7621	89.5
	N Missing		84	
Q3J The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself (M8Q3J)	Limited a lot	1	136	1.6
	Limited a little	2	431	5.0
	Not limited	3	7987	93.4
	N Missing		37	
Q4A During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities (M8Q4A)	Yes	1	1795	21.0
	No	2	6754	79.0
	N Missing		42	
Q4B During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like (M8Q4B)	Yes	1	2832	33.2
	No	2	5696	66.8
	N Missing		60	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q4C During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities (M8Q4C)	Yes	1	2400	28.1
	No	2	6130	71.9
	N Missing		59	
Q4D During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort) (M8Q4D)	Yes	1	2508	29.4
	No	2	6029	70.6
	N Missing		53	
Q5A During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities (M8Q5A)	Yes	1	1278	15.0
	No	2	7245	85.0
	N Missing		69	
Q5B During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like (M8Q5B)	Yes	1	1867	21.9
	No	2	6637	78.1
	N Missing		93	
Q5C During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual (M8Q5C)	Yes	1	1234	14.5
	No	2	7272	85.5
	N Missing		91	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups? (M8Q6)	Not at all	1	5223	61.1
	Slightly	2	1806	21.1
	Moderately	3	846	9.9
	Quite a bit	4	543	6.3
	Extremely	5	131	1.5
	N Missing		45	
Q7 How much bodily pain have you had during the past four weeks? (M8Q7)	No bodily pain	1	1154	13.5
	Very mild	2	2610	30.5
	Mild	3	1906	22.3
	Moderate	4	2164	25.3
	Severe	5	613	7.2
	Very severe	6	98	1.1
	N Missing		52	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q8 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)? (M8Q8)	Not at all	1	3892	45.5
	A little bit	2	2593	30.3
	Moderately	3	1236	14.4
	Quite a bit	4	707	8.3
	Extremely	5	124	1.5
	N Missing			40
Q9A For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life? (M8Q9A)	All the time	1	444	5.2
	Most of the time	2	3448	40.4
	A good bit of the time	3	1848	21.7
	Some of the time	4	1653	19.4
	Little of the time	5	751	8.8
	None of the time	6	385	4.5
	N Missing			70
Q9B For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person (M8Q9B)	All the time	1	92	1.1
	Most of the time	2	160	1.9
	A good bit of the time	3	342	4.0
	Some of the time	4	1095	12.8
	Little of the time	5	2565	30.0
	None of the time	6	4288	50.2
	N Missing			54
Q9C For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up (M8Q9C)	All the time	1	58	0.7
	Most of the time	2	91	1.1
	A good bit of the time	3	229	2.7
	Some of the time	4	665	7.8
	Little of the time	5	1462	17.1
	None of the time	6	6034	70.7
	N Missing			57

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9D For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt calm and peaceful (M8Q9D)	All the time	1	532	6.2
	Most of the time	2	3691	43.3
	A good bit of the time	3	1597	18.7
	Some of the time	4	1592	18.7
	Little of the time	5	797	9.4
	None of the time	6	311	3.7
	N Missing			78
Q9E For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you have a lot of energy (M8Q9E)	All the time	1	274	3.2
	Most of the time	2	2618	30.8
	A good bit of the time	3	2022	23.8
	Some of the time	4	1892	22.3
	Little of the time	5	1116	13.1
	None of the time	6	579	6.8
	N Missing			100
Q9F For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt down (M8Q9F)	All the time	1	67	0.8
	Most of the time	2	154	1.8
	A good bit of the time	3	378	4.4
	Some of the time	4	1305	15.3
	Little of the time	5	3350	39.4
	None of the time	6	3255	38.3
	N Missing			88
Q9G For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel worn out (M8Q9G)	All the time	1	130	1.5
	Most of the time	2	330	3.9
	A good bit of the time	3	710	8.4
	Some of the time	4	2032	23.9
	Little of the time	5	3511	41.3
	None of the time	6	1781	21.0
	N Missing			96

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q9H For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a happy person (M8Q9H)	All the time	1	1057	12.4
	Most of the time	2	4470	52.4
	A good bit of the time	3	1328	15.6
	Some of the time	4	1089	12.8
	Little of the time	5	433	5.1
	None of the time	6	149	1.8
	N Missing			61
Q9I For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel tired (M8Q9I)	All the time	1	268	3.1
	Most of the time	2	608	7.1
	A good bit of the time	3	1157	13.5
	Some of the time	4	2759	32.3
	Little of the time	5	3296	38.6
	None of the time	6	453	5.3
	N Missing			49
Q10 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)? (M8Q10)	All the time	1	161	1.9
	Most of the time	2	353	4.1
	Some of the time	3	1248	14.6
	Little of the time	4	1552	18.2
	None of the time	5	5208	61.1
	N Missing			64
Q11A How true or false is each of the following statements for you? I seem to get sick a little easier than other people (M8Q11A)	Definitely true	1	104	1.2
	Mostly true	2	342	4.1
	Don't know	3	681	8.1
	Mostly false	4	1827	21.7
	Definitely false	5	5463	64.9
	N Missing			177
Q11B How true or false is each of the following statements for you? I am as healthy as anybody I know (M8Q11B)	Definitely true	1	2662	31.6
	Mostly true	2	3611	42.8
	Don't know	3	1062	12.6
	Mostly false	4	640	7.6
	Definitely false	5	458	5.4
	N Missing			184

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q11C How true or false is each of the following statements for you? I expect my health to get worse (M8Q11C)	Definitely true	1	356	4.2
	Mostly true	2	1251	14.9
	Don't know	3	3157	37.7
	Mostly false	4	1583	18.9
	Definitely false	5	2039	24.3
	N Missing			214
Q11D How true or false is each of the following statements for you? My health is excellent (M8Q11D)	Definitely true	1	1469	17.5
	Mostly true	2	4634	55.2
	Don't know	3	474	5.6
	Mostly false	4	1050	12.5
	Definitely false	5	771	9.2
	N Missing			193
Q12A How many times have you consulted the following people for your own health in the last twelve months? A family doctor or another general practitioner (GP) (M8Q12A)	None	0	278	3.3
	Once or twice	1	2398	28.1
	3 or 4 times	2	2752	32.2
	5 or 6 times	3	1695	19.8
	7 to 12 times	4	995	11.6
	13 to 24 times	5	310	3.6
	25 or more times	6	120	1.4
	N Missing			45
Q12B How many times have you consulted the following people for your own health in the last twelve months? A hospital doctor (e.g. in outpatients or casualty) (M8Q12B)	None	0	6599	77.4
	Once or twice	1	1405	16.5
	3 or 4 times	2	346	4.1
	5 or 6 times	3	95	1.1
	7 to 12 times	4	51	0.6
	13 to 24 times	5	16	0.2
	25 or more times	6	15	0.2
	N Missing			65

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q12C How many times have you consulted the following people for your own health in the last twelve months? A specialist doctor (M8Q12C)	None	0	3467	40.6
	Once or twice	1	3225	37.7
	3 or 4 times	2	1188	13.9
	5 or 6 times	3	382	4.5
	7 to 12 times	4	210	2.5
	13 to 24 times	5	48	0.6
	25 or more times	6	28	0.3
	N Missing			47
Q13A Have you consulted the following people for your own health in the last 12 months? Physiotherapist (M8Q13A)	Yes	1	2468	28.9
	No	2	6060	71.1
	N Missing			71
Q13B Have you consulted the following people for your own health in the last twelve months? Counsellor / Psychologist / Social worker (M8Q13B)	Yes	1	622	7.3
	No	2	7914	92.7
	N Missing			63
Q13C Have you consulted the following people for your own health in the last twelve months? A community nurse, practice nurse, or nurse practitioner (M8Q13C)	Yes	1	1501	17.7
	No	2	6986	82.3
	N Missing			97
Q13D Have you consulted the following people for your own health in the last twelve months? Optician / Optometrist (M8Q13D)	Yes	1	5945	69.6
	No	2	2592	30.4
	N Missing			60
Q13E Have you consulted the following people for your own health in the last twelve months? Hearing Specialist (M8Q13E)	Yes	1	1224	14.3
	No	2	7309	85.7
	N Missing			66
Q13F Have you consulted the following people for your own health in the last twelve months? Dietitian (M8Q13F)	Yes	1	588	6.9
	No	2	7936	93.1
	N Missing			76
Q13G Have you consulted the following people for your own health in the last twelve months? Podiatrist (M8Q13G)	Yes	1	2341	27.5
	No	2	6183	72.5
	N Missing			77

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13H Have you consulted the following people for your own health in the last 12 months? A dentist (M8Q13H)	Yes	1	6157	72.0
	No	2	2390	28.0
	N Missing		51	
Q13I Have you consulted the following people for your own health in the last 12 months? Massage therapist (M8Q13I)	Yes	1	2029	23.8
	No	2	6502	76.2
	N Missing		67	
Q13J Have you consulted the following people for your own health in the last 12 months? Naturopath / Herbalist (M8Q13J)	Yes	1	513	6.0
	No	2	8011	94.0
	N Missing		72	
Q13K Have you consulted the following people for your own health in the last 12 months? Chiropractor (M8Q13K)	Yes	1	1074	12.6
	No	2	7457	87.4
	N Missing		67	
Q13L Have you consulted the following people for your own health in the last 12 months? Osteopath (M8Q13L)	Yes	1	416	4.9
	No	2	8104	95.1
	N Missing		83	
Q13M Have you consulted the following people for your own health in the last 12 months? Acupuncturist (M8Q13M)	Yes	1	555	6.5
	No	2	7973	93.5
	N Missing		68	
Q13N Have you consulted the following people for your own health in the last 12 months? Other alternative health practitioner (e.g. aromatherapist, homeopath, reflexologist, iridologist) (M8Q13N)	Yes	1	358	4.2
	No	2	8155	95.8
	N Missing		78	
Q14A How often have you used the following therapies for your own health in the last 12 months? Vitamins / Minerals (M8Q14A)	Never	1	1774	20.7
	Rarely	2	815	9.5
	Sometimes	3	1626	19.0
	Often	4	4341	50.7
	N Missing		37	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q14B How often have you used the following therapies for your own health in the last 12 months? Yoga or Meditation (M8Q14B)	Never	1	5986	70.0
	Rarely	2	792	9.3
	Sometimes	3	934	10.9
	Often	4	840	9.8
	N Missing		50	
Q14C How often have you used the following therapies for your own health in the last 12 months? Herbal medicines (M8Q14C)	Never	1	5867	68.7
	Rarely	2	870	10.2
	Sometimes	3	1022	12.0
	Often	4	785	9.2
	N Missing		54	
Q14D How often have you used the following therapies for your own health in the last 12 months? Aromatherapy oils (M8Q14D)	Never	1	6722	78.6
	Rarely	2	750	8.8
	Sometimes	3	837	9.8
	Often	4	239	2.8
	N Missing		51	
Q14E How often have you used the following therapies for your own health in the last 12 months? Chinese medicines (M8Q14E)	Never	1	7900	92.3
	Rarely	2	388	4.5
	Sometimes	3	189	2.2
	Often	4	82	1.0
	N Missing		37	
Q14F How often have you used the following therapies for your own health in the last 12 months? Other alternative therapies (M8Q14F)	Never	1	7340	86.1
	Rarely	2	536	6.3
	Sometimes	3	441	5.2
	Often	4	209	2.4
	N Missing		73	
Q15A When you go to a General Practitioner: Do you go to the same place (M8Q15A)	Always	1	7046	82.2
	Most of time	2	1384	16.1
	Sometimes	3	95	1.1
	Rarely/never	4	50	0.6
	N Missing		21	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q15B When you go to a General Practitioner: Do you usually see the same doctor (M8Q15B)	Always	1	4495	52.4
	Most of time	2	3446	40.2
	Sometimes	3	419	4.9
	Rarely/never	4	215	2.5
	N Missing		22	
Q16 How would you rate the cost of your last visit to a general practitioner? (M8Q16)	No cost	1	5328	62.2
	Good	2	1055	12.3
	Fair	3	1709	20.0
	Poor	4	400	4.7
	Don't know	5	73	0.9
	N Missing		27	
Q17 Have you been admitted to hospital in the last 12 months? (M8Q17)	No	1	6159	71.9
	Yes, day only	2	1182	13.8
	Yes, spent at least one night	3	1224	14.3
	N Missing		33	
Q18 Do you have a Health Care Card? This is a card that entitles you to discounts and assistance with medical expenses. This is not the same as a Medicare card. (M8Q18)	Yes	1	5028	58.8
	No	2	3521	41.2
	N Missing		50	
Q19A Do you have private health insurance for hospital cover? (M8Q19A)	Yes	1	6085	71.1
	No, Vet affairs	2	60	0.7
	No, cannot afford it	3	1470	17.2
	No, not good value	4	459	5.4
	No, don't need it	5	203	2.4
	No, other reason	6	278	3.2
	N Missing		44	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q19B Do you have private health insurance for ancillary services? (e.g. dental, physiotherapy) (M8Q19B)	Yes	1	5609	65.6
	No, Vet affairs	2	61	0.7
	No, cannot afford it	3	1496	17.5
	No, not good value	4	759	8.9
	No, don't need it	5	249	2.9
	No, services not available	6	14	0.2
	No, other reason	7	361	4.2
	N Missing		47	
Q20A When did you last have: A Pap test? (M8Q20A)	In last 2 years	1	4290	50.5
	2 to less than 3 years ago	2	917	10.8
	3 to 5 years ago	3	533	6.3
	More than 5 years ago	4	2138	25.2
	Never	5	218	2.6
	Don't know	6	396	4.7
	N Missing		109	
Q20B When did you last have: a mammogram? (M8Q20B)	In last 2 years	1	6668	78.1
	2 to less than 3 years ago	2	883	10.3
	3 to 5 years ago	3	274	3.2
	More than 5 years ago	4	441	5.2
	Never	5	218	2.5
	Don't know	6	60	0.7
	N Missing		55	
Q20C When did you last have: Your blood pressure checked? (M8Q20C)	In last 2 years	1	8213	96.3
	2 to less than 3 years ago	2	182	2.1
	3 to 5 years ago	3	58	0.7
	More than 5 years ago	4	24	0.3
	Never	5	13	0.2
	Don't know	6	38	0.4
	N Missing		66	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q20D When did you last have: Your skin checked (e.g. spots, lesions, moles)? (M8Q20D)	In last 2 years	1	5272	61.9
	2 to less than 3 years ago	2	798	9.4
	3 to 5 years ago	3	536	6.3
	More than 5 years ago	4	456	5.4
	Never	5	1291	15.2
	Don't know	6	159	1.9
	N Missing			83
Q20E When did you last have: Your cholesterol checked? (M8Q20E)	In last 2 years	1	7265	84.9
	2 to less than 3 years ago	2	567	6.6
	3 to 5 years ago	3	273	3.2
	More than 5 years ago	4	171	2.0
	Never	5	141	1.6
	Don't know	6	140	1.6
	N Missing			37
Q20F When did you last have: Your blood sugar level checked (M8Q20F)	In last 2 years	1	7058	82.5
	2 to less than 3 years ago	2	552	6.5
	3 to 5 years ago	3	248	2.9
	More than 5 years ago	4	164	1.9
	Never	5	246	2.9
	Don't know	6	285	3.3
	N Missing			43
Q21A In the past three years, have you had an abnormal result from: A pap test (M8Q21A) (M8Q21A)	Yes	1	168	2.0
	No	2	7846	93.1
	Don't know	3	415	4.9
	N Missing			174
Q21B In the past three years, have you had an abnormal result from: A mammogram (M8Q21B) (M8Q21B)	Yes	1	470	5.5
	No	2	7808	91.7
	Don't know	3	236	2.8
	N Missing			84
Q22A In the past three years, have you: Had your breasts examined by a doctor or nurse? (M8Q22A)	Yes	1	4730	55.3
	No	2	3820	44.7
	N Missing			36

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q22B In the past three years, have you: Carried out regular monthly breast self examination? (M8Q22B)	Yes	1	4579	53.6
	No	2	3964	46.4
	N Missing		53	
Q22C In the last three years, have you had: A Bone density test (M8Q22C)	Yes	1	2615	30.5
	No	2	5950	69.5
	N Missing		30	
Q22D In the past three years, have you: Had a test for bowel cancer? (M8Q22D)	Yes	1	5909	69.0
	No	2	2657	31.0
	N Missing		27	
Q22E In the past three years, have you: Been vaccinated for influenza (the 'flu)? (M8Q22E)	Yes	1	6346	74.0
	No	2	2232	26.0
	N Missing		18	
Q22F In the PAST THREE YEARS, have you: Had a pneumococcal vaccine (also called PPV, for pneumonia)? (M8Q22F)	Yes	1	2821	33.0
	No	2	5730	67.0
	N Missing		53	
Q23 Are you currently taking: Hormone replacement therapy (HRT)? (M8Q23)	Yes	1	786	9.2
	No	2	7785	90.8
	N Missing		23	
Q24 Do you regularly need help with daily tasks because of long-term illness, disability or frailty (e.g. personal care, getting around, preparing meals etc)? (M8Q24)	Yes	1	325	3.8
	No	2	8252	96.2
	N Missing		18	
Q25A Next are some specific questions about your health and how you have been feeling in the past month. Have you felt keyed up or on edge? (M8Q25A)	Yes	1	3458	40.6
	No	2	5062	59.4
	N Missing		81	
Q25B Next are some specific questions about your health and how you have been feeling in the past month. Have you been worrying a lot? (M8Q25B)	Yes	1	2857	33.5
	No	2	5664	66.5
	N Missing		72	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q25C Next are some specific questions about your health and how you have been feeling in the past month. Have you been irritable? (M8Q25C)	Yes	1	2842	33.4
	No	2	5674	66.6
	N Missing		87	
Q25D Next are some specific questions about your health and how you have been feeling in the past month. Have you had difficulty relaxing? (M8Q25D)	Yes	1	2853	33.5
	No	2	5652	66.5
	N Missing		94	
Q25E Next are some specific questions about your health and how you have been feeling in the past month. Have you been sleeping poorly? (M8Q25E)	Yes	1	4266	50.1
	No	2	4252	49.9
	N Missing		82	
Q25F Next are some specific questions about your health and how you have been feeling in the past month. Have you had headaches or neck aches? (M8Q25F)	Yes	1	3800	44.5
	No	2	4732	55.5
	N Missing		60	
Q25G Next are some specific questions about your health and how you have been feeling in the past month. Have you had any of the following: trembling, tingling, dizzy spells, sweating, diarrhoea or needing to pass urine more often than usual? (M8Q25G)	Yes	1	2431	28.6
	No	2	6075	71.4
	N Missing		82	
Q25H Next are some specific questions about your health and how you have been feeling in the past month. Have you been worried about your health? (M8Q25H)	Yes	1	2442	28.6
	No	2	6095	71.4
	N Missing		62	
Q25I Next are some specific questions about your health and how you have been feeling in the past month. Have you had difficulty falling asleep? (M8Q25I)	Yes	1	3487	40.9
	No	2	5048	59.1
	N Missing		66	
Q26A Thinking about your own health care, how would you rate the following: Access to medical specialists if you need them (M8Q26A)	Excellent	1	3540	41.5
	Very good	2	3002	35.2
	Good	3	1268	14.9
	Fair	4	382	4.5
	Poor	5	141	1.7
	Don't know	6	201	2.4
	N Missing		65	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q26B Thinking about your own health care, how would you rate the following: Access to a hospital if you need it (M8Q26B)	Excellent	1	3939	46.1
	Very good	2	2849	33.4
	Good	3	1227	14.4
	Fair	4	227	2.7
	Poor	5	55	0.6
	Don't know	6	240	2.8
	N Missing			60
Q26C Thinking about your own health care, how would you rate the following: Access to medical care in an emergency (M8Q26C)	Excellent	1	3546	41.7
	Very good	2	2841	33.4
	Good	3	1215	14.3
	Fair	4	290	3.4
	Poor	5	60	0.7
	Don't know	6	556	6.5
	N Missing			91
Q26D Thinking about your own health care, how would you rate the following: Access to after-hours medical care (M8Q26D)	Excellent	1	2252	26.5
	Very good	2	2360	27.8
	Good	3	1488	17.5
	Fair	4	648	7.6
	Poor	5	358	4.2
	Don't know	6	1380	16.3
	N Missing			108
Q26E Thinking about your own health care, how would you rate the following: Access to a GP who bulk bills (M8Q26E)	Excellent	1	3585	42.1
	Very good	2	1981	23.3
	Good	3	903	10.6
	Fair	4	435	5.1
	Poor	5	702	8.2
	Don't know	6	905	10.6
	N Missing			87

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q26F Thinking about your own health care, how would you rate the following: Access to a female GP (M8Q26F)	Excellent	1	3661	43.0
	Very good	2	2269	26.7
	Good	3	1106	13.0
	Fair	4	443	5.2
	Poor	5	248	2.9
	Don't know	6	779	9.2
	N Missing			101
Q26G Thinking about your own health care, how would you rate the following: Hours when a GP is available (M8Q26G)	Excellent	1	2069	24.4
	Very good	2	3097	36.5
	Good	3	2145	25.3
	Fair	4	723	8.5
	Poor	5	218	2.6
	Don't know	6	241	2.8
	N Missing			107
Q26H Thinking about your own health care, how would you rate the following: Number of GPs you have to choose from (M8Q26H)	Excellent	1	2558	30.1
	Very good	2	2857	33.6
	Good	3	1950	22.9
	Fair	4	601	7.1
	Poor	5	232	2.7
	Don't know	6	306	3.6
	N Missing			105
Q26I Thinking about your own health care, how would you rate the following: Ease of seeing the GP of your choice (M8Q26I)	Excellent	1	2572	30.2
	Very good	2	2816	33.1
	Good	3	1836	21.6
	Fair	4	869	10.2
	Poor	5	325	3.8
	Don't know	6	89	1.1
	N Missing			97

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q26J Thinking about your own health care, how would you rate the following: How long you wait to get a GP appointment (M8Q26J)	Excellent	1	1907	22.4
	Very good	2	2940	34.5
	Good	3	2237	26.3
	Fair	4	1033	12.1
	Poor	5	331	3.9
	Don't know	6	66	0.8
	N Missing			91
Q26K Thinking about your own health care, how would you rate the following: The outcomes of your medical care (how much you are helped) (M8Q26K)	Excellent	1	2601	30.5
	Very good	2	3411	40.1
	Good	3	1901	22.3
	Fair	4	404	4.7
	Poor	5	56	0.7
	Don't know	6	141	1.7
	N Missing			90
Q26L Thinking about your own health care, how would you rate the following: Ease of obtaining a mammogram (M8Q26L)	Excellent	1	4094	48.1
	Very good	2	2627	30.9
	Good	3	1100	12.9
	Fair	4	151	1.8
	Poor	5	37	0.4
	Don't know	6	495	5.8
	N Missing			89
Q26M Thinking about your own health care, how would you rate the following: Ease of obtaining a Pap test (M8Q26M)	Excellent	1	3276	38.9
	Very good	2	2241	26.6
	Good	3	1002	11.9
	Fair	4	122	1.4
	Poor	5	25	0.3
	Don't know	6	1762	20.9
	N Missing			170

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q26N Thinking about your own health care, how would you rate the following: Access to a counselling service if you need it (M8Q26N)	Excellent	1	1469	17.3
	Very good	2	1615	19.0
	Good	3	1111	13.1
	Fair	4	244	2.9
	Poor	5	77	0.9
	Don't know	6	3996	46.9
	N Missing			86
Q27A In the last 12 months, have you: Slipped, tripped, or stumbled (not including falls to the ground)? (M8Q27A)	No	0	5498	64.7
	Yes	1	2999	35.3
	N Missing			95
Q27B In the last 12 months, have you: Had a fall to the ground (does not include stumbles/trips)? (M8Q27B)	No	0	6455	76.0
	Yes	1	2042	24.0
	N Missing			95
Q27C In the last 12 months, have you: Been injured as a result of a fall? (M8Q27C)	No	0	7347	86.5
	Yes	1	1150	13.5
	N Missing			95
Q27D In the last 12 months, have you: Needed to seek medical attention (e.g. Doctor, hospital) for an injury from a fall? (M8Q27D)	No	0	7662	90.2
	Yes	1	834	9.8
	N Missing			95
Q27E In the last 12 months, have you: Had any other injury from an accident at your home? (e.g. burns, cuts, bruises) (M8Q27E)	No	0	8136	95.8
	Yes	1	361	4.2
	N Missing			95
Q27F In the last 12 months, have you: Broken or fractured any bone/s? (M8Q27F)	No	0	8090	95.2
	Yes	1	407	4.8
	N Missing			95
Q27G In the last 12 months, have you: None of these accidents (M8Q27G)	No	0	3421	40.3
	Yes	1	5076	59.7
	N Missing			95

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q28 In the past week, have you been feeling that life isn't worth living? (M8Q28)	Yes	1	313	3.7
	No	2	8173	96.3
	N Missing		110	
Q29A Do you have any of these sleeping problems? Waking up in the early hours of the morning (M8Q29A)	No	0	3715	43.6
	Yes	1	4811	56.4
	N Missing		70	
Q29B Do you have any of these sleeping problems? Lying awake for most of the night (M8Q29B)	No	0	7105	83.3
	Yes	1	1421	16.7
	N Missing		70	
Q29C Do you have any of these sleeping problems? Taking a long time to get to sleep (M8Q29C)	No	0	5634	66.1
	Yes	1	2892	33.9
	N Missing		70	
Q29D Do you have any of these sleeping problems? Worry keeping you awake at night (M8Q29D)	No	0	7087	83.1
	Yes	1	1439	16.9
	N Missing		70	
Q29E Do you have any of these sleeping problems? Sleeping badly at night (M8Q29E)	No	0	5483	64.3
	Yes	1	3044	35.7
	N Missing		70	
Q29F Do you have any of these sleeping problems? None of these problems (M8Q29F)	No	0	6150	72.1
	Yes	1	2376	27.9
	N Missing		70	
Q30A In the last 3 years have you been diagnosed with or treated for: Diabetes (high blood sugar) (M8Q30A)	No	0	7602	89.9
	Yes	1	850	10.1
	N Missing		149	
Q30B In the past three years, have you been diagnosed or treated for: Impaired glucose tolerance (M8Q30B)	No	0	8215	97.2
	Yes	1	238	2.8
	N Missing		149	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30C In the PAST THREE YEARS, have you been diagnosed or treated for: None of these conditions, Sugar related (M8Q30C)	No	0	993	11.8
	Yes	1	7459	88.2
	N Missing		149	
Q30D In the last 3 years have you been diagnosed with or treated for: Osteoarthritis (M8Q30D)	No	0	6059	71.1
	Yes	1	2459	28.9
	N Missing		85	
Q30E In the last 3 years have you been diagnosed with or treated for: Rheumatoid arthritis (M8Q30E)	No	0	8077	94.8
	Yes	1	441	5.2
	N Missing		85	
Q30F In the last 3 years have you been diagnosed with or treated for: Other arthritis (M8Q30F)	No	0	7609	89.3
	Yes	1	909	10.7
	N Missing		85	
Q30G In the past three years, have you been diagnosed or treated for: Osteoporosis (M8Q30G)	No	0	7615	89.4
	Yes	1	903	10.6
	N Missing		85	
Q30H In the PAST THREE YEARS, have you been diagnosed or treated for: None of these conditions Bone Conditions (M8Q30H)	No	0	3872	45.5
	Yes	1	4647	54.5
	N Missing		85	
Q30I In the past three years, have you been diagnosed or treated for: Heart disease (including heart attack, angina) (M8Q30I)	No	0	7996	93.7
	Yes	1	535	6.3
	N Missing		66	
Q30J In the past three years, have you been diagnosed or treated for: Thrombosis (a blood clot) (M8Q30J)	No	0	8366	98.1
	Yes	1	165	1.9
	N Missing		66	
Q30K In the past three years, have you been diagnosed or treated for: High blood pressure (hypertension) (M8Q30K)	No	0	5573	65.3
	Yes	1	2959	34.7
	N Missing		66	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30L In the past three years, have you been diagnosed or treated for: Stroke (M8Q30L)	No	0	8427	98.8
	Yes	1	104	1.2
	N Missing		66	
Q30M In the PAST THREE YEARS, have you been diagnosed or treated for: None of these conditions Blood Conditions (M8Q30M)	No	0	3317	38.9
	Yes	1	5214	61.1
	N Missing		66	
Q30N In the past three years, have you been diagnosed or treated for: Parkinson's disease (M8Q30N)	No	0	8504	99.4
	Yes	1	48	0.6
	N Missing		50	
Q30O In the past three years, have you been diagnosed or treated for Mild Cognitive Impairment? (M8Q30O)	No	0	8523	99.7
	Yes	1	29	0.3
	N Missing		50	
Q30P In the last 3 years have you been diagnosed with or treated for: Alzheimer's Disease or Dementia (M8Q30P)	No	0	8524	99.7
	Yes	1	28	0.3
	N Missing		50	
Q30Q In the PAST THREE YEARS, have you been diagnosed or treated for: None of these conditions Degenerative Conditions (M8Q30Q)	No	0	78	0.9
	Yes	1	8474	99.1
	N Missing		50	
Q30R In the past three years, have you been diagnosed or treated for: Low iron level (iron deficiency or anaemia) (M8Q30R)	No	0	7860	91.8
	Yes	1	702	8.2
	N Missing		35	
Q30S In the past three years, have you been diagnosed or treated for: Asthma (M8Q30S)	No	0	7611	88.9
	Yes	1	951	11.1
	N Missing		35	
Q30T In the past three years, have you been diagnosed or treated for: Bronchitis/emphysema (M8Q30T)	No	0	7828	91.4
	Yes	1	733	8.6
	N Missing		35	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30U In the PAST THREE YEARS, have you been diagnosed or treated for: None of these conditions Lung Condition (M8Q30U)	No	0	1949	22.8
	Yes	1	6612	77.2
	N Missing		35	
Q30V In the past three years, have you been diagnosed or treated for: Breast cancer (M8Q30V)	No	0	8341	97.7
	Yes	1	199	2.3
	N Missing		55	
Q30W In the past three years, have you been diagnosed or treated for: Cervical cancer (M8Q30W)	No	0	8529	99.9
	Yes	1	11	0.1
	N Missing		55	
Q30X In the past three years, have you been diagnosed or treated for lung cancer? (M8Q30X)	No	0	8498	99.5
	Yes	1	43	0.5
	N Missing		55	
Q30Y In the past three years, have you been diagnosed or treated for: Bowel cancer (M8Q30Y)	No	0	8459	99.0
	Yes	1	81	1.0
	N Missing		55	
Q30Z In the last 3 years have you been diagnosed with or treated for: Skin cancer (M8Q30Z)	No	0	7230	84.7
	Yes	1	1310	15.3
	N Missing		55	
Q30AA In the past three years, have you been diagnosed or treated for: Other cancer (M8Q30AA)	No	0	8345	97.7
	Yes	1	195	2.3
	N Missing		55	
Q30BB In the PAST THREE YEARS, have you been diagnosed or treated for: None of these conditions Cancer conditions (M8Q30BB)	No	0	1741	20.4
	Yes	1	6799	79.6
	N Missing		55	
Q30CC In the past three years, have you been diagnosed or treated for: Depression (M8Q30CC)	No	0	7606	88.9
	Yes	1	948	11.1
	N Missing		45	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30DD In the past three years, have you been diagnosed or treated for: Anxiety/nervous disorder (M8Q30DD)	No	0	7699	90.0
	Yes	1	855	10.0
	N Missing		45	
Q30EE In the past three years, have you been diagnosed or treated for: Other psychiatric disorder (M8Q30EE)	No	0	8513	99.5
	Yes	1	41	0.5
	N Missing		45	
Q30FF In the past three years, have you been diagnosed or treated for: Chronic Fatigue Syndrome (M8Q30FF)	No	0	8470	99.0
	Yes	1	84	1.0
	N Missing		45	
Q30GG In the PAST THREE YEARS, have you been diagnosed or treated for: None of these conditions Mental Conditions (M8Q30GG)	No	0	1492	17.4
	Yes	1	7062	82.6
	N Missing		45	
Q30HH In the last 3 years have you been diagnosed with or treated for: Macular Degeneration (M8Q30HH)	No	0	8328	97.4
	Yes	1	224	2.6
	N Missing		49	
Q30II In the past three years have you been diagnosed or treated for Cataracts? (M8Q30II)	No	0	7304	85.4
	Yes	1	1248	14.6
	N Missing		49	
Q30JJ In the last 3 years have you been diagnosed with or treated for: Glaucoma (M8Q30JJ)	No	0	8214	96.0
	Yes	1	339	4.0
	N Missing		49	
Q30KK In the PAST THREE YEARS, have you been diagnosed or treated for: None of these conditions Eye Conditions (M8Q30KK)	No	0	1646	19.2
	Yes	1	6907	80.8
	N Missing		49	
Q30LL In the past three years, have you been diagnosed or treated for: Sexually transmitted infection (e.g. genital herpes or warts, chlamydia) (M8Q30LL)	No	0	8265	99.0
	Yes	1	86	1.0
	N Missing		246	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30MM In the PAST THREE YEARS, have you been diagnosed or treated for: Shingles? (M8Q30MM)	No	0	8008	95.9
	Yes	1	343	4.1
	N Missing		246	
Q30NN In the past three years, have you been diagnosed or treated for: Other major illness or disability (please specify on line) (M8Q30NN)	No	0	7825	93.7
	Yes	1	527	6.3
	N Missing		246	
Q30OO In the PAST THREE YEARS, have you been diagnosed or treated for: None of these conditions STI conditions (M8Q30OO)	No	0	905	10.8
	Yes	1	7446	89.2
	N Missing		246	
Q31 Have you ever been diagnosed or treated for: Polycystic Ovary Syndrome (M8Q31)	Yes	1	151	1.8
	No	2	8274	98.2
	N Missing		168	
Q32A In the past three years, have you had any of the following operations? Both ovaries removed (M8Q32A)	No	0	8408	98.4
	Yes	1	136	1.6
	N Missing		59	
Q32B In the past three years, have you had any of the following operations or procedures? Hysteroscopy (investigative procedure to examine the uterus) (M8Q32B)	No	0	8388	98.2
	Yes	1	155	1.8
	N Missing		59	
Q32C In the past three years, have you had any of the following operations? Hysterectomy (M8Q32C)	No	0	8333	97.5
	Yes	1	210	2.5
	N Missing		59	
Q32D In the last 3 years, have you had any of the following operations? Repair of prolapsed vagina, bladder or bowel (M8Q32D)	No	0	8245	96.5
	Yes	1	299	3.5
	N Missing		59	
Q32E In the last three years, have you had any of the following operations or procedures? Hip surgery or hip replacement (M8Q32E)	No	0	8352	97.8
	Yes	1	191	2.2
	N Missing		59	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32F In the last three years, have you had any of the following operations or procedures? Knee replacement (M8Q32F)	No	0	8244	96.5
	Yes	1	299	3.5
	N Missing		59	
Q32G In the last three years, have you had any of the following operations or procedures? Other knee surgery/arthroscopy (M8Q32G)	No	0	8290	97.0
	Yes	1	254	3.0
	N Missing		59	
Q32H In the last three years, have you had any of the following operations or procedures? Shoulder surgery (M8Q32H)	No	0	8379	98.1
	Yes	1	165	1.9
	N Missing		59	
Q32I In the past three years, have you had any of the following operations? Breast biopsy (taking sample of breast tissue) (M8Q32I)	No	0	8268	96.8
	Yes	1	275	3.2
	N Missing		59	
Q32J In the past three years, have you had any of the following operations? Lumpectomy (removal of lump from breast) (M8Q32J)	No	0	8422	98.6
	Yes	1	122	1.4
	N Missing		59	
Q32K In the past three years, have you had any of the following operations? Mastectomy (removal of one or both breasts) (M8Q32K)	No	0	8500	99.5
	Yes	1	44	0.5
	N Missing		59	
Q32L In the past three years, have you had any of the following operations or procedures? Removal of skin cancer (M8Q32L)	No	0	6963	81.5
	Yes	1	1581	18.5
	N Missing		59	
Q32M In the past three years, have you had any of the following operations or procedures? Chemotherapy or radiotherapy for any cancer (M8Q32M)	No	0	8350	97.7
	Yes	1	194	2.3
	N Missing		59	
Q32N In the past three years, have you had any of the following operations or procedures? Any cancer surgery (other than skin or breast) (M8Q32N)	No	0	8402	98.3
	Yes	1	142	1.7
	N Missing		59	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32O In the past three years, have you had any of the following operations? Cholecystectomy (gall bladder removed) (M8Q32O)	No	0	8435	98.7
	Yes	1	108	1.3
	N Missing		59	
Q32P In the past three years, have you had any of the following operations? Gastroscopy/colonoscopy (M8Q32P)	No	0	6830	79.9
	Yes	1	1714	20.1
	N Missing		59	
Q32Q In the past three years, have you had any of the following operations? Gastric banding surgery (M8Q32Q)	No	0	8517	99.7
	Yes	1	27	0.3
	N Missing		59	
Q32R In the last 3 years, have you had any of the following operations or procedures? Eye surgery (including cataract surgery) (M8Q32R)	No	0	8019	93.9
	Yes	1	525	6.1
	N Missing		59	
Q32S In the past three years, have you had any of the following operations? None of these (M8Q32S)	No	0	4217	49.4
	Yes	1	4326	50.6
	N Missing		59	
Q33 If you have had a hysterectomy, how old were you? (M8Q33)	Mean		44.59	
	Std Error		0.21	
	N		2579	
	N Missing		6043	
Q34 How would you rate the overall condition of your teeth, dentures or gums? (M8Q34)	Excellent	1	656	7.6
	Very good	2	2425	28.3
	Good	3	3301	38.5
	Fair	4	1829	21.3
	Poor	5	362	4.2
	N Missing		24	
Q35A In the past four weeks, have you taken any: Medications prescribed by a doctor? (M8Q35A)	Yes	1	6712	78.4
	No	2	1845	21.6
	N Missing		39	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q35B In the past four weeks, have you taken any: Medications / vitamins / supplements or herbal therapies bought without a prescription at the chemist, supermarket, or health food shop? (M8Q35B)	Yes	1	6066	71.0
	No	2	2482	29.0
	N Missing		49	
Q35C In the PAST FOUR WEEKS, have you taken any: Medications to help you sleep? (M8Q35C)	Yes	1	1453	17.0
	No	2	7073	83.0
	N Missing		69	
Q36A In the past four weeks, have you taken any Aspirin (e.g. Aspro Clear) (M8Q36A)	Yes	1	1404	16.6
	No	2	7044	83.4
	N Missing		139	
Q36B In the past four weeks have you taken any Paracetamol? (M8Q36B)	Yes	1	5371	63.3
	No	2	3118	36.7
	N Missing		98	
Q36C In the past four weeks, have you taken any Ibuprofen (e.g. Nurofen TM) (M8Q36C)	Yes	1	1545	18.4
	No	2	6844	81.6
	N Missing		206	
Q36D In the past four weeks have you taken any Vitamin D? (M8Q36D)	Yes	1	3140	37.3
	No	2	5289	62.7
	N Missing		178	
Q36E In the past four weeks, have you taken any Vitamin C? (M8Q36E)	Yes	1	1521	18.2
	No	2	6847	81.8
	N Missing		223	
Q36F In the past four weeks, have you taken any Vitamin B or Vitamin B Complex? (M8Q36F)	Yes	1	1434	17.1
	No	2	6958	82.9
	N Missing		211	
Q36G In the past four weeks, have you taken any Multivitamins? (M8Q36G)	Yes	1	1519	18.1
	No	2	6862	81.9
	N Missing		216	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q36H In the past four weeks have you taken any Ventolin (salbutamol) (M8Q36H)	Yes	1	729	8.7
	No	2	7614	91.3
	N Missing		247	
Q36I In the past four weeks have you taken any Glucosamine? (M8Q36I)	Yes	1	1586	18.9
	No	2	6812	81.1
	N Missing		207	
Q36J In the past four weeks have you taken any Omega 3 (e.g. fish oil)? (M8Q36J)	Yes	1	2904	34.4
	No	2	5533	65.6
	N Missing		163	
Q36K In the past four weeks have you taken any Calcium tablets/Caltrate? (M8Q36K)	Yes	1	2287	27.2
	No	2	6131	72.8
	N Missing		186	
Q36L In the past four weeks, have you taken any Magnesium supplements? (M8Q36L)	Yes	1	2357	28.0
	No	2	6066	72.0
	N Missing		178	
Q36M In the past four weeks, have you taken any CoEnzyme Q10 (CoQ10)? (M8Q36M)	Yes	1	551	6.6
	No	2	7813	93.4
	N Missing		246	
Q36N In the past four weeks, have you taken any Zinc? (M8Q36N)	Yes	1	515	6.2
	No	2	7848	93.8
	N Missing		240	
Q36O In the past four weeks, have you taken any Lysine? (M8Q36O)	Yes	1	225	2.7
	No	2	8122	97.3
	N Missing		260	
Q36P In the past four weeks, have you taken any: Other vitamins, supplements or herbal therapies (M8Q36P)	Yes	1	1182	15.0
	No	2	6704	85.0
	N Missing		718	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37A Thinking about your current approach to life, please indicate how much you think each statement describes you: In uncertain times, I usually expect the best (M8Q37A)	Strongly disagree	1	123	1.5
	Disagree	2	836	10.0
	Neutral	3	2340	27.9
	Agree	4	4108	48.9
	Strongly agree	5	991	11.8
	N Missing			218
Q37B Thinking about your current approach to life, please indicate how much you think each statement describes you: If something can go wrong for me, it will (M8Q37B)	Strongly disagree	1	2287	27.4
	Disagree	2	3417	40.9
	Neutral	3	1705	20.4
	Agree	4	805	9.6
	Strongly agree	5	135	1.6
	N Missing			258
Q37C Thinking about your current approach to life, please indicate how much you think each statement describes you: I'm always optimistic about my future (M8Q37C)	Strongly disagree	1	93	1.1
	Disagree	2	639	7.6
	Neutral	3	1992	23.7
	Agree	4	4517	53.7
	Strongly agree	5	1166	13.9
	N Missing			211
Q37D Thinking about your current approach to life, please indicate how much you think each statement describes you: I hardly ever expect things to go my way (M8Q37D)	Strongly disagree	1	2319	27.6
	Disagree	2	3646	43.5
	Neutral	3	1635	19.5
	Agree	4	708	8.4
	Strongly agree	5	80	1.0
	N Missing			230
Q37E Thinking about your current approach to life, please indicate how much you think each statement describes you: I rarely count on good things happening to me (M8Q37E)	Strongly disagree	1	2368	28.3
	Disagree	2	3375	40.3
	Neutral	3	1650	19.7
	Agree	4	852	10.2
	Strongly agree	5	133	1.6
	N Missing			231

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q37F Thinking about your current approach to life, please indicate how much you think each statement describes you: Overall, I expect more good things to happen to me than bad (M8Q37F)	Strongly disagree	1	154	1.8
	Disagree	2	341	4.0
	Neutral	3	1358	16.0
	Agree	4	4688	55.3
	Strongly agree	5	1937	22.8
	N Missing			123
Q38A In general I consider myself: (M8Q38A)	not a very happy person - 1	1	41	0.5
	2	2	66	0.8
	3	3	215	2.5
	4	4	867	10.1
	5	5	2148	25.1
	6	6	3390	39.7
	A very happy person - 7	7	1821	21.3
	N Missing			46
Q38B Compared with most of my peers I consider myself: (M8Q38B)	Less happy - 1	1	60	0.7
	2	2	100	1.2
	3	3	316	3.7
	4	4	1306	15.3
	5	5	2445	28.6
	6	6	3103	36.3
	More happy- 7	7	1218	14.3
	N Missing			50
Q38C Some people are generally very happy. They enjoy life regardless of what is going on, getting the most out of everything. To what extent does this characterisation describe you? (M8Q38C)	Not at all - 1	1	119	1.4
	2	2	196	2.3
	3	3	484	5.7
	4	4	1299	15.2
	5	5	2323	27.2
	6	6	2616	30.7
	A great deal- 7	7	1499	17.6
	N Missing			61

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>	
Q38D Some people are generally not very happy. Although they are not depressed, they never seem as happy as they might be. To what extent does this characterisation describe you? (M8Q38D)	Not at all - 1	1	3106	36.4	
	2	2	2058	24.2	
	3	3	881	10.3	
	4	4	1071	12.6	
	5	5	823	9.7	
	6	6	435	5.1	
	A great deal- 7	7	147	1.7	
	N Missing			82	
Q41A In the last 12 months have you had any of the following: Allergies, hayfever, sinusitis (M8Q41A)	Never	1	3494	41.4	
	Rarely	2	1446	17.1	
	Sometimes	3	2438	28.9	
	Often	4	1055	12.5	
	N Missing			179	
	Q41B In the last 12 months, have you had any of the following: Breathing difficulty (M8Q41B)	Never	1	5502	65.7
Rarely		2	1421	17.0	
Sometimes		3	1119	13.4	
Often		4	330	3.9	
N Missing				249	
Q41C In the last 12 months, have you had any of the following: Wheezing (M8Q41C)		Never	1	6176	74.0
	Rarely	2	1033	12.4	
	Sometimes	3	869	10.4	
	Often	4	263	3.1	
	N Missing			272	
	Q41D In the last 12 months, have you had any of the following: Feeling of tightness in the chest (M8Q41D)	Never	1	5863	69.9
Rarely		2	1334	15.9	
Sometimes		3	997	11.9	
Often		4	188	2.2	
N Missing				234	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q41E In the last 12 months, have you had any of the following: Persistent cough (M8Q41E)	Never	1	4915	58.3
	Rarely	2	1554	18.4
	Sometimes	3	1466	17.4
	Often	4	497	5.9
	N Missing		176	
Q41F In the last 12 months, have you had any of the following: Indigestion/heartburn (M8Q41F)	Never	1	2930	34.7
	Rarely	2	2184	25.9
	Sometimes	3	2453	29.1
	Often	4	876	10.4
	N Missing		154	
Q41G In the last 12 months, have you had any of the following: Chest pain (M8Q41G)	Never	1	6183	74.0
	Rarely	2	1397	16.7
	Sometimes	3	701	8.4
	Often	4	74	0.9
	N Missing		257	
Q41H In the last 12 months, have you had any of the following: Headaches/migraines (M8Q41H)	Never	1	2340	27.8
	Rarely	2	3292	39.0
	Sometimes	3	2334	27.7
	Often	4	466	5.5
	N Missing		170	
Q41I In the last twelve months have you had any of the following? Severe tiredness (M8Q41I)	Never	1	2469	29.3
	Rarely	2	2648	31.4
	Sometimes	3	2513	29.8
	Often	4	800	9.5
	N Missing		164	
Q41J In the last 12 months, have you had any of the following: Back pain (M8Q41J)	Never	1	1590	18.7
	Rarely	2	2080	24.5
	Sometimes	3	3100	36.5
	Often	4	1734	20.4
	N Missing		101	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q41K In the last 12 months, have you had any of the following: Stiff or painful joints (M8Q41K)	Never	1	1036	12.2
	Rarely	2	1599	18.8
	Sometimes	3	3352	39.4
	Often	4	2513	29.6
	N Missing		97	
Q41L In the last 12 months, have you had any of the following: Problems with one or both shoulders (M8Q41L)	Never	1	3403	40.2
	Rarely	2	1683	19.9
	Sometimes	3	2163	25.6
	Often	4	1207	14.3
	N Missing		135	
Q41M In the last 12 months, have you had any of the following: Problems with one or both hips (M8Q41M)	Never	1	3981	47.0
	Rarely	2	1649	19.5
	Sometimes	3	1849	21.8
	Often	4	988	11.7
	N Missing		135	
Q41N In the last 12 months, have you had any of the following: Problems with one or both knees (M8Q41N)	Never	1	2896	34.1
	Rarely	2	1707	20.1
	Sometimes	3	2337	27.5
	Often	4	1549	18.2
	N Missing		114	
Q41O Have you had any of the following problems in the last 12 months? Problems with one or both feet (M8Q41O)	Never	1	3269	38.5
	Rarely	2	1648	19.4
	Sometimes	3	2124	25.0
	Often	4	1457	17.1
	N Missing		102	
Q41P In the last 12 months, have you had any of the following: Urine that burns or stings (M8Q41P)	Never	1	6476	76.1
	Rarely	2	1311	15.4
	Sometimes	3	644	7.6
	Often	4	84	1.0
	N Missing		82	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q41Q In the last 12 months, have you had any of the following: Haemorrhoids (piles) (M8Q41Q)	Never	1	5710	67.2
	Rarely	2	1338	15.7
	Sometimes	3	1168	13.7
	Often	4	287	3.4
	N Missing		99	
Q41R In the last 12 months, have you had any of the following: Other bowel problems (M8Q41R)	Never	1	5217	61.5
	Rarely	2	1441	17.0
	Sometimes	3	1344	15.8
	Often	4	482	5.7
	N Missing		114	
Q41S In the last 12 months, have you had any of the following: Vaginal discharge or irritation (M8Q41S)	Never	1	6737	79.4
	Rarely	2	1153	13.6
	Sometimes	3	495	5.8
	Often	4	104	1.2
	N Missing		120	
Q41T In the last 12 months, have you had any of the following: Hot flushes (M8Q41T)	Never	1	5069	59.7
	Rarely	2	1458	17.2
	Sometimes	3	1321	15.6
	Often	4	642	7.6
	N Missing		115	
Q41U In the last 12 months, have you had any of the following: Night sweats (M8Q41U)	Never	1	5443	64.1
	Rarely	2	1345	15.8
	Sometimes	3	1215	14.3
	Often	4	493	5.8
	N Missing		114	
Q41V In the last 12 months, have you had any of the following: Leaking urine (M8Q41V)	Never	1	3666	43.0
	Rarely	2	2157	25.3
	Sometimes	3	1918	22.5
	Often	4	774	9.1
	N Missing		81	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q41W In the last 12 months, have you had any of the following: Eyesight problems (M8Q41W)	Never	1	2848	33.5
	Rarely	2	2259	26.5
	Sometimes	3	2520	29.6
	Often	4	883	10.4
	N Missing		89	
	Q41X In the last 12 months have you had any of the following: Mouth, teeth or gum problems (M8Q41X)	Never	1	3525
Rarely		2	2628	30.9
Sometimes		3	2037	23.9
Often		4	325	3.8
N Missing			86	
Q41Y In the last 12 months have you had any of the following: Avoided eating some foods because of problems with your teeth, mouth or dentures (M8Q41Y)		Never	1	5652
	Rarely	2	1431	16.8
	Sometimes	3	1111	13.0
	Often	4	320	3.8
	N Missing		81	
	Q41Z In the last 12 months, have you had any of the following: Hearing problems (M8Q41Z)	Never	1	4696
Rarely		2	1619	19.0
Sometimes		3	1519	17.8
Often		4	693	8.1
N Missing			67	
Q41AA In the last 12 months have you had any of the following? Depression (M8Q41AA)		Never	1	5091
	Rarely	2	1687	19.8
	Sometimes	3	1342	15.8
	Often	4	383	4.5
	N Missing		90	
	Q41BB In the last 12 months have you had any of the following? Anxiety (M8Q41BB)	Never	1	3470
Rarely		2	2507	29.5
Sometimes		3	2105	24.7
Often		4	428	5.0
N Missing			87	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q41CC In the last 12 months, have you had any of the following: Episodes of intense anxiety (e.g. panic attacks) (M8Q41CC)	Never	1	6812	80.6
	Rarely	2	978	11.6
	Sometimes	3	556	6.6
	Often	4	106	1.2
	N Missing		142	
Q41DD In the last 12 months, have you had any of the following: Palpitations (feeling that your heart is racing or fluttering in your chest) (M8Q41DD)	Never	1	5241	61.7
	Rarely	2	1812	21.3
	Sometimes	3	1242	14.6
	Often	4	193	2.3
	N Missing		97	
Q41EE In the last 12 months have you had any of the following: Poor memory (M8Q41EE)	Never	1	1955	22.9
	Rarely	2	3114	36.5
	Sometimes	3	3030	35.5
	Often	4	436	5.1
	N Missing		60	
Q41FF In the last 12 months have you had any of the following: Dizziness, loss of balance (M8Q41FF)	Never	1	4648	54.5
	Rarely	2	2298	27.0
	Sometimes	3	1368	16.0
	Often	4	209	2.5
	N Missing		79	
Q41GG In the last 12 months have you had any of the following: Difficulty concentrating (M8Q41GG)	Never	1	3543	41.6
	Rarely	2	2973	34.9
	Sometimes	3	1776	20.8
	Often	4	233	2.7
	N Missing		73	
Q42A Managing time is often difficult. How often do you feel: That you are rushed, pressured, too busy? (M8Q42A)	Every day	1	285	3.4
	Few times week	2	1354	15.9
	Once a week	3	1587	18.7
	Once a month	4	2819	33.2
	Never	5	2456	28.9
	N Missing		89	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q42B Managing time is often difficult. How often do you feel: That you have time on your hands that you don't know what to do with? (M8Q42B)	Every day	1	117	1.4
	Few times week	2	551	6.5
	Once a week	3	829	9.7
	Once a month	4	1369	16.1
	Never	5	5662	66.4
	N Missing			63
Q42C Managing time is often difficult. How often do you feel: That people ask too much of your time? (M8Q42C)	Every day	1	221	2.6
	Few times week	2	733	8.6
	Once a week	3	910	10.7
	Once a month	4	2126	25.0
	Never	5	4511	53.1
	N Missing			94
Q42D Managing time is often difficult. How often do you feel: That you can spend your time the way you want to? (M8Q42D)	Every day	1	3541	42.0
	Few times week	2	2632	31.2
	Once a week	3	1020	12.1
	Once a month	4	717	8.5
	Never	5	531	6.3
	N Missing			160
Q42E Managing time is often difficult. How often do you feel: That you need more 'me time'? (M8Q42E)	Every day	1	492	5.8
	Few times week	2	1115	13.2
	Once a week	3	1296	15.3
	Once a month	4	1908	22.5
	Never	5	3651	43.1
	N Missing			124
Q42F Managing time is often difficult. How often do you feel: That you have no control over how your time is spent? (M8Q42F)	Every day	1	457	5.4
	Few times week	2	724	8.5
	Once a week	3	669	7.9
	Once a month	4	1355	15.9
	Never	5	5302	62.3
	N Missing			85

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q43A Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was bothered by things that don't usually bother me (M8Q43A)	Rarely/none of the time(< 1 day)	0	6512	76.6
	Some/little of the time(1-2 days)	1	1395	16.4
	Occasionally/moderate amount of time(3-4 days)	2	497	5.8
	Most/all of the time(5-7 days)	3	98	1.2
	N Missing		105	
Q43B Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I had trouble keeping my mind on what I was doing (M8Q43B)	Rarely/none of the time(< 1 day)	0	6059	71.3
	Some/little of the time(1-2 days)	1	1801	21.2
	Occasionally/moderate amount of time(3-4 days)	2	525	6.2
	Most/all of the time(5-7 days)	3	113	1.3
	N Missing		98	
Q43C Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt depressed (M8Q43C)	Rarely/none of the time(< 1 day)	0	6686	78.7
	Some/little of the time(1-2 days)	1	1178	13.9
	Occasionally/moderate amount of time(3-4 days)	2	476	5.6
	Most/all of the time(5-7 days)	3	154	1.8
	N Missing		95	
Q43D Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt that everything I did was an effort (M8Q43D)	Rarely/none of the time(< 1 day)	0	5657	66.9
	Some/little of the time(1-2 days)	1	1940	22.9
	Occasionally/moderate amount of time(3-4 days)	2	614	7.3
	Most/all of the time(5-7 days)	3	244	2.9
	N Missing		147	
Q43E Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt hopeful about the future (M8Q43E)	Rarely/none of the time(< 1 day)	0	1173	13.9
	Some/little of the time(1-2 days)	1	1120	13.3
	Occasionally/moderate amount of time(3-4 days)	2	1598	18.9
	Most/all of the time(5-7 days)	3	4544	53.9
	N Missing		177	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q43F Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt fearful (M8Q43F)	Rarely/none of the time(< 1 day)	0	6965	82.4
	Some/little of the time(1-2 days)	1	978	11.6
	Occasionally/moderate amount of time(3-4 days)	2	388	4.6
	Most/all of the time(5-7 days)	3	118	1.4
	N Missing		152	
Q43G Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? My sleep was restless (M8Q43G)	Rarely/none of the time(< 1 day)	0	3039	35.9
	Some/little of the time(1-2 days)	1	2521	29.8
	Occasionally/moderate amount of time(3-4 days)	2	1738	20.5
	Most/all of the time(5-7 days)	3	1174	13.9
	N Missing		134	
Q43H Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was happy (M8Q43H)	Rarely/none of the time(< 1 day)	0	388	4.6
	Some/little of the time(1-2 days)	1	860	10.1
	Occasionally/moderate amount of time(3-4 days)	2	1696	20.0
	Most/all of the time(5-7 days)	3	5532	65.3
	N Missing		129	
Q43I Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt lonely (M8Q43I)	Rarely/none of the time(< 1 day)	0	6344	74.6
	Some/little of the time(1-2 days)	1	1198	14.1
	Occasionally/moderate amount of time(3-4 days)	2	635	7.5
	Most/all of the time(5-7 days)	3	329	3.9
	N Missing		89	
Q43J Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I could not "get going" (M8Q43J)	Rarely/none of the time(< 1 day)	0	5029	59.2
	Some/little of the time(1-2 days)	1	2278	26.8
	Occasionally/moderate amount of time(3-4 days)	2	830	9.8
	Most/all of the time(5-7 days)	3	362	4.3
	N Missing		98	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q43K Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt terrific (M8Q43K)	Rarely/none of the time(< 1 day)	0	1441	16.9
	Some/little of the time(1-2 days)	1	1379	16.2
	Occasionally/moderate amount of time(3-4 days)	2	2452	28.8
	Most/all of the time(5-7 days)	3	3234	38.0
	N Missing		93	
Q44A Now think about all of the time you spend sitting during each day while at home, at work, while getting from place to place or during your spare time. How many hours in total do you typically spend sitting down while doing things like visiting friends, driving, reading, watching television, or working at a desk or computer? On a usual week day (M8Q44A)	Mean		5.74	
	Std Error		0.03	
	N		8221	
	N Missing		401	
Q44B Now think about all of the time you spend sitting during each day while at home, at work, while getting from place to place or during your spare time. How many hours in total do you typically spend sitting down while doing things like visiting friends, driving, reading, watching television, or working at a desk or computer? On a usual weekend day (M8Q44B)	Mean		5.83	
	Std Error		0.03	
	N		8161	
	N Missing		461	
Q45A How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Walking briskly (for recreation or exercise, or to get from place to place) (M8Q45A)	Mean		4.05	
	Std Error		0.05	
	N		8475	
	N Missing		147	
Q45B How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing) (M8Q45B)	Mean		1.30	
	Std Error		0.03	
	N		8486	
	N Missing		136	
Q45C How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Vigorous leisure activity (that makes you breathe harder or puff and pant) (M8Q45C)	Mean		0.80	
	Std Error		0.02	
	N		8478	
	N Missing		144	
Q45D How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Vigorous household or garden chores that make you breathe harder or puff and pant (M8Q45D)	Mean		2.64	
	Std Error		0.04	
	N		8483	
	N Missing		139	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46ATOTMIN If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Walking briskly (for recreation or exercise, or to get from place to place) (M8Q46ATOTMIN)	Mean		219.02	
	Std Error		3.49	
	N		8338	
	N Missing		284	
Q46BTOTMIN If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing) (M8Q46BTOTMIN)	Mean		88.39	
	Std Error		1.90	
	N		8407	
	N Missing		215	
Q46CTOTMIN If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming) (M8Q46CTOTMIN)	Mean		41.58	
	Std Error		1.37	
	N		8412	
	N Missing		210	
Q46DTOTMIN If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous household or garden chores that make you breathe harder or puff and pant (M8Q46DTOTMIN)	Mean		209.89	
	Std Error		3.63	
	N		8367	
	N Missing		255	
Q47A I tend to bounce back quickly after hard times (M8Q47A)	Strongly disagree	1	109	1.3
	Disagree	2	600	7.1
	Neutral	3	1471	17.3
	Agree	4	4709	55.4
	Strongly agree	5	1614	19.0
	N Missing		93	
Q47B I have a hard time making it through stressful events (M8Q47B)	Strongly disagree	1	1432	16.9
	Disagree	2	3681	43.3
	Neutral	3	1736	20.4
	Agree	4	1490	17.5
	Strongly agree	5	154	1.8
	N Missing		109	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q47C It does not take me long to recover from a stressful event (M8Q47C)	Strongly disagree	1	181	2.1
	Disagree	2	1102	13.0
	Neutral	3	1766	20.8
	Agree	4	4404	51.8
	Strongly agree	5	1050	12.3
	N Missing			97
Q47D It is hard for me to snap back when something bad happens (M8Q47D)	Strongly disagree	1	1497	17.6
	Disagree	2	3920	46.1
	Neutral	3	1614	19.0
	Agree	4	1317	15.5
	Strongly agree	5	155	1.8
	N Missing			98
Q47E I usually come through difficult times with little trouble (M8Q47E)	Strongly disagree	1	198	2.3
	Disagree	2	1081	12.7
	Neutral	3	2093	24.6
	Agree	4	4248	49.9
	Strongly agree	5	884	10.4
	N Missing			93
Q47F I tend to take a long time to get over setbacks in my life (M8Q47F)	Strongly disagree	1	1661	19.5
	Disagree	2	4069	47.8
	Neutral	3	1618	19.0
	Agree	4	997	11.7
	Strongly agree	5	168	2.0
	N Missing			85
Q48A Over the last 12 months, how stressed have you felt about the following areas of your life: Own health (M8Q48A)	Not stressed	2	3641	42.7
	Somewhat stressed	3	3000	35.1
	Moderately stressed	4	1454	17.0
	Very stressed	5	321	3.8
	Extremely stressed	6	121	1.4
	N Missing			58

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q48B Over the last 12 months, how stressed have you felt about the following areas of your life: Living arrangements (M8Q48B)	Not stressed	2	6283	73.7
	Somewhat stressed	3	1314	15.4
	Moderately stressed	4	572	6.7
	Very stressed	5	223	2.6
	Extremely stressed	6	135	1.6
	N Missing			72
Q48C Over the last 12 months, how stressed have you felt about the following areas of your life: Money (M8Q48C)	Not stressed	2	4922	57.6
	Somewhat stressed	3	2144	25.1
	Moderately stressed	4	876	10.3
	Very stressed	5	379	4.4
	Extremely stressed	6	216	2.5
	N Missing			64
Q48D Over the last 12 months, how stressed have you felt about the following areas of your life: Health of other family members (M8Q48D)	Not applicable	1	384	4.5
	Not stressed	2	2331	27.4
	Somewhat stressed	3	3093	36.4
	Moderately stressed	4	1391	16.3
	Very stressed	5	835	9.8
	Extremely stressed	6	473	5.6
	N Missing			87
Q48E Over the last 12 months, how stressed have you felt about the following areas of your life: Work/Employment (M8Q48E)	Not applicable	1	5759	67.8
	Not stressed	2	1486	17.5
	Somewhat stressed	3	793	9.3
	Moderately stressed	4	269	3.2
	Very stressed	5	137	1.6
	Extremely stressed	6	47	0.5
	N Missing			107
Q48F Over the last 12 months, how stressed have you felt about the following areas of your life: Study (M8Q48F)	Not applicable	1	7584	89.5
	Not stressed	2	721	8.5
	Somewhat stressed	3	109	1.3
	Moderately stressed	4	39	0.5
	Very stressed	5	18	0.2
	Extremely stressed	6	6	0.1
	N Missing			129

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q48G Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with parents (M8Q48G)	Not applicable	1	6651	78.2
	Not stressed	2	1118	13.1
	Somewhat stressed	3	421	5.0
	Moderately stressed	4	157	1.8
	Very stressed	5	107	1.3
	Extremely stressed	6	50	0.6
	N Missing			99
Q48H Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with partner/spouse (M8Q48H)	Not applicable	1	2228	26.2
	Not stressed	2	3912	45.9
	Somewhat stressed	3	1627	19.1
	Moderately stressed	4	437	5.1
	Very stressed	5	179	2.1
	Extremely stressed	6	136	1.6
	N Missing			77
Q48I Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with children (M8Q48I)	Not applicable	1	985	11.5
	Not stressed	2	4526	53.0
	Somewhat stressed	3	2160	25.3
	Moderately stressed	4	485	5.7
	Very stressed	5	252	2.9
	Extremely stressed	6	125	1.5
	N Missing			71
Q48J Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members (M8Q48J)	Not applicable	1	822	9.6
	Not stressed	2	5140	60.2
	Somewhat stressed	3	1842	21.6
	Moderately stressed	4	454	5.3
	Very stressed	5	177	2.1
	Extremely stressed	6	99	1.2
	N Missing			66

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q49A How much do you agree or disagree with each of the following statements? At home, I feel I have control over what happens in most situations (M8Q49A)	Strongly disagree	1	74	0.9
	Disagree	2	277	3.3
	Slightly disagree	3	395	4.6
	Slightly agree	4	807	9.5
	Agree	5	4614	54.3
	Strongly agree	6	2335	27.5
	N Missing			87
Q49B How much do you agree or disagree with each of the following statements? I feel that what happens in my life is often determined by factors beyond my control (M8Q49B)	Strongly disagree	1	947	11.2
	Disagree	2	2411	28.4
	Slightly disagree	3	784	9.2
	Slightly agree	4	1963	23.1
	Agree	5	2033	23.9
	Strongly agree	6	352	4.1
	N Missing			101
Q49C How much do you agree or disagree with each of the following statements? Over the next 5-10 years I expect to have more positive than negative experiences (M8Q49C)	Strongly disagree	1	87	1.0
	Disagree	2	369	4.3
	Slightly disagree	3	701	8.3
	Slightly agree	4	1507	17.8
	Agree	5	4303	50.7
	Strongly agree	6	1519	17.9
	N Missing			107
Q49D How much do you agree or disagree with each of the following statements? I often have the feeling that I am being treated unfairly (M8Q49D)	Strongly disagree	1	2626	30.9
	Disagree	2	3519	41.4
	Slightly disagree	3	737	8.7
	Slightly agree	4	1073	12.6
	Agree	5	440	5.2
	Strongly agree	6	97	1.1
	N Missing			98

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q49E How much do you agree or disagree with each of the following statements? In the past 10 years my life has been full of changes without my knowing what will happen next (M8Q49E)	Strongly disagree	1	1421	16.8
	Disagree	2	2837	33.4
	Slightly disagree	3	690	8.1
	Slightly agree	4	1626	19.2
	Agree	5	1449	17.1
	Strongly agree	6	462	5.4
	N Missing		105	
Q49F How much do you agree or disagree with each of the following statements? I gave up trying to make big improvements or changes in my life a long time ago (M8Q49F)	Strongly disagree	1	2406	28.3
	Disagree	2	3400	40.1
	Slightly disagree	3	740	8.7
	Slightly agree	4	1027	12.1
	Agree	5	781	9.2
	Strongly agree	6	136	1.6
	N Missing		102	
Q50ALAST12 I was ignored or not taken seriously because of my age, in the last 12 months (M8Q50ALAST12)	No	0	7017	82.9
	Yes	1	1451	17.1
	N Missing		126	
Q50AMORE12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50AMORE12)	No	0	8070	95.3
	Yes	1	398	4.7
	N Missing		126	
Q50ANO I have never been ignored or not taken seriously because of my age (M8Q50ANO)	No	0	1784	21.1
	Yes	1	6684	78.9
	N Missing		126	
Q50BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)	No	0	6952	82.2
	Yes	1	1504	17.8
	N Missing		139	
Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)	No	0	8047	95.2
	Yes	1	410	4.8
	N Missing		139	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q50BNO I have never been patronized or 'talked down' because of my age (M8Q50BNO)	No	0	1858	22.0
	Yes	1	6598	78.0
	N Missing		139	
Q50CLAST12 I was denied medical treatment because of my age, in the last 12 months (M8Q50CLAST12)	No	0	8433	99.6
	Yes	1	33	0.4
	N Missing		131	
Q50CMORE12 I was denied medical treatment because of my age, over 12 months ago (M8Q50CMORE12)	No	0	8439	99.7
	Yes	1	27	0.3
	N Missing		131	
Q50CNO I have never been denied medical treatment because of my age (M8Q50CNO)	No	0	59	0.7
	Yes	1	8406	99.3
	N Missing		131	
Q50DLAST12 I was denied employment because of my age, in the last 12 months (M8Q50DLAST12)	No	0	8193	98.5
	Yes	1	122	1.5
	N Missing		273	
Q50DMORE12 I was denied employment because of my age, over 12 months ago (M8Q50DMORE12)	No	0	8059	96.9
	Yes	1	256	3.1
	N Missing		273	
Q50DNO I have never been denied employment because of my age (M8Q50DNO)	No	0	371	4.5
	Yes	1	7944	95.5
	N Missing		273	
Q51 How often do you usually drink alcohol? (M8Q51)	Never	0	583	6.9
	Never, but have in the past	1	774	9.2
	Rarely	2	1823	21.6
	< once week	3	970	11.5
	1-2 days a week	4	1204	14.3
	3-4 days a week	5	1184	14.0
	5-6 days a week	6	1048	12.4
	Every day	7	845	10.0
	N Missing		162	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q52 On a day when you drink alcohol, how many standard drinks do you usually have? (M8Q52)	Never drink	0	1351	16.2
	1-2 drinks	1	6008	72.1
	3-4 drinks	2	896	10.8
	5-8 drinks	3	76	0.9
	9+ drinks	4	1	0.0
	N Missing		275	
	Q53 How often do you have five or more standard drinks of alcohol on one occasion? (M8Q53)	Never drink	0	1310
Never		1	5627	66.7
< once a month		2	877	10.4
Once a month		3	327	3.9
Once a week		4	191	2.3
> once a week		5	106	1.3
N Missing			156	
Q54 How many glasses/cups of non-alcoholic drinks do you usually have each day (e.g. juice, tea coffee, water, milk, etc)? (M8Q54)	0-2 glasses	1	391	4.6
	3-5 glasses	2	3131	36.8
	6-8 glasses	3	3964	46.6
	9 or more glasses	4	1023	12.0
	N Missing		79	
	Q55 How many pieces of fresh fruit do you usually eat per day? (Count 1/2 cup of diced fruit, berries or grapes as one piece) (M8Q55)	None	1	139
< 1 piece per day		2	952	11.2
1 piece per day		3	1913	22.4
2 pieces per day		4	3160	37.0
3 pieces per day		5	1773	20.8
4 or more pieces per day		6	596	7.0
N Missing			58	
Q56 How many serves of vegetables do you usually eat each day? (A serve = half a cup of cooked vegetables or a cup of salad vegetables) (M8Q56)	None	1	19	0.2
	< 1 serve	2	142	1.7
	1 serve	3	648	7.6
	2 serves	4	1577	18.5
	3 serves	5	2931	34.4
	4 serves	6	2021	23.7
	5 serves	7	1192	14.0
	N Missing		60	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q57A Over the last 12 months, on average, how often did you drink the following? Cola drinks/not diet (e.g. Coke) (M8Q57A)	Never	1	6523	76.9
	Less than once per month	2	1336	15.8
	1 - 3 times per month	3	261	3.1
	1 time per week	4	117	1.4
	2 times per week	5	86	1.0
	3 - 4 times per week	6	54	0.6
	5 -6 times per week	7	18	0.2
	1 times per day	8	44	0.5
	2 times per day	9	29	0.3
	3 or more times per day	10	14	0.2
	N Missing			111
Q57B Over the last 12 months, on average, how often did you drink the following? Diet cola drinks (e.g. Diet coke) (M8Q57B)	Never	1	6171	72.7
	Less than once per month	2	1049	12.4
	1 - 3 times per month	3	381	4.5
	1 time per week	4	148	1.7
	2 times per week	5	178	2.1
	3 - 4 times per week	6	185	2.2
	5 -6 times per week	7	78	0.9
	1 times per day	8	141	1.7
	2 times per day	9	97	1.1
	3 or more times per day	10	63	0.7
	N Missing			96
Q57C Over the last 12 months, on average, how often did you drink the following? Other carbonated (e.g. fizzy/soft drinks) (M8Q57C)	Never	1	4765	56.3
	Less than once per month	2	2295	27.1
	1 - 3 times per month	3	713	8.4
	1 time per week	4	241	2.8
	2 times per week	5	171	2.0
	3 - 4 times per week	6	135	1.6
	5 -6 times per week	7	53	0.6
	1 times per day	8	62	0.7
	2 times per day	9	23	0.3
	3 or more times per day	10	6	0.1
	N Missing			124

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q57D Over the last 12 months, on average, how often did you drink the following? Other diet carbonated drinks (e.g. diet lemonade) (M8Q57D)	Never	1	6263	73.7
	Less than once per month	2	1229	14.5
	1 - 3 times per month	3	362	4.3
	1 time per week	4	165	1.9
	2 times per week	5	160	1.9
	3 - 4 times per week	6	154	1.8
	5 -6 times per week	7	43	0.5
	1 times per day	8	70	0.8
	2 times per day	9	30	0.4
	3 or more times per day	10	18	0.2
	N Missing			90
Q57E Over the last 12 months, on average, how often did you drink the following? Cordials, fruit or sport drinks (M8Q57E)	Never	1	6090	71.8
	Less than once per month	2	1183	13.9
	1 - 3 times per month	3	451	5.3
	1 time per week	4	174	2.1
	2 times per week	5	194	2.3
	3 - 4 times per week	6	178	2.1
	5 -6 times per week	7	51	0.6
	1 times per day	8	107	1.3
	2 times per day	9	26	0.3
	3 or more times per day	10	32	0.4
	N Missing			97
Q57F Over the last 12 months, on average, how often did you drink the following? Non-carbonated diet cordials, fruit or sport drinks (M8Q57F)	Never	1	7193	84.7
	Less than once per month	2	684	8.1
	1 - 3 times per month	3	189	2.2
	1 time per week	4	80	0.9
	2 times per week	5	88	1.0
	3 - 4 times per week	6	95	1.1
	5 -6 times per week	7	41	0.5
	1 times per day	8	63	0.7
	2 times per day	9	39	0.5
	3 or more times per day	10	24	0.3
	N Missing			101

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q57G Over the last 12 months, on average, how often did you drink the following? Milk or Soya Milk (including flavoured varieties) (M8Q57G)	Never	1	2387	28.4
	Less than once per month	2	925	11.0
	1 - 3 times per month	3	556	6.6
	1 time per week	4	327	3.9
	2 times per week	5	378	4.5
	3 - 4 times per week	6	573	6.8
	5 -6 times per week	7	464	5.5
	1 times per day	8	1319	15.7
	2 times per day	9	854	10.2
	3 or more times per day	10	627	7.5
	N Missing			190
Q57H Over the last 12 months, on average, how often did you drink the following? Fruit or vegetable juices (M8Q57H)	Never	1	3033	36.4
	Less than once per month	2	1674	20.1
	1 - 3 times per month	3	817	9.8
	1 time per week	4	427	5.1
	2 times per week	5	443	5.3
	3 - 4 times per week	6	478	5.7
	5 -6 times per week	7	246	3.0
	1 times per day	8	1019	12.2
	2 times per day	9	138	1.7
	3 or more times per day	10	50	0.6
	N Missing			275
Q57I Over the last 12 months, on average, how often did you drink the following? Tea (M8Q57I)	Never	1	1198	14.3
	Less than once per month	2	356	4.3
	1 - 3 times per month	3	286	3.4
	1 time per week	4	139	1.7
	2 times per week	5	238	2.8
	3 - 4 times per week	6	298	3.6
	5 -6 times per week	7	365	4.4
	1 times per day	8	1106	13.2
	2 times per day	9	1834	21.9
	3 or more times per day	10	2538	30.4
	N Missing			257

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q57J Over the last 12 months, on average, how often did you drink the following? Herbal tea (M8Q57J)	Never	1	3739	46.0
	Less than once per month	2	883	10.9
	1 - 3 times per month	3	516	6.3
	1 time per week	4	284	3.5
	2 times per week	5	357	4.4
	3 - 4 times per week	6	320	3.9
	5 -6 times per week	7	186	2.3
	1 times per day	8	932	11.5
	2 times per day	9	538	6.6
	3 or more times per day	10	378	4.7
	N Missing			491
Q57K Over the last 12 months, on average, how often did you drink the following? Coffee (M8Q57K)	Never	1	1135	13.5
	Less than once per month	2	220	2.6
	1 - 3 times per month	3	254	3.0
	1 time per week	4	168	2.0
	2 times per week	5	284	3.4
	3 - 4 times per week	6	384	4.6
	5 -6 times per week	7	349	4.1
	1 times per day	8	1974	23.4
	2 times per day	9	2240	26.6
	3 or more times per day	10	1426	16.9
	N Missing			164
Q57L Over the last 12 months, on average, how often did you drink the following? Water (including soda or plain mineral water) (M8Q57L)	Never	1	166	1.9
	Less than once per month	2	79	0.9
	1 - 3 times per month	3	81	1.0
	1 time per week	4	70	0.8
	2 times per week	5	102	1.2
	3 - 4 times per week	6	223	2.6
	5 -6 times per week	7	263	3.1
	1 times per day	8	590	6.9
	2 times per day	9	1393	16.4
	3 or more times per day	10	5550	65.2
	N Missing			81

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q58 How often do you currently smoke cigarettes or any tobacco products? (M8Q58)	Daily	1	404	4.8
	Weekly	2	18	0.2
	Less than weekly	3	40	0.5
	Not at all	4	8018	94.6
	N Missing		106	
Q59 If you smoke daily, on average how many cigarettes do you smoke each day? (M8Q59)	Mean		15.17	
	Std Error		0.43	
	N		413	
	N Missing		8209	
Q60 Have you ever smoked daily? (M8Q60)	Yes	1	3124	38.1
	No	2	5072	61.9
	N Missing		409	
Q61 At what age did you finally stop smoking daily? (M8Q61)	Mean		40.27	
	Std Error		0.25	
	N		2731	
	N Missing		5891	
Q62A These questions are about getting on with other people: Do you feel uncomfortable with anyone in your family? (M8Q62A)	Yes	1	1843	21.6
	No	2	6677	78.4
	N Missing		73	
Q62B These questions are about getting on with other people: Do you feel that nobody wants you around? (M8Q62B)	Yes	1	355	4.2
	No	2	8164	95.8
	N Missing		73	
Q62C These questions are about getting on with other people: Has anyone forced you to do things you didn't want to do? (M8Q62C)	Yes	1	626	7.3
	No	2	7886	92.7
	N Missing		79	
Q62D These questions are about getting on with other people: Has anyone taken things that belong to you without your OK? (M8Q62D)	Yes	1	744	8.7
	No	2	7770	91.3
	N Missing		75	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q62E These questions are about getting on with other people: Has anyone close to you tried to hurt you or harm you recently? (M8Q62E)	Yes	1	124	1.5
	No	2	8394	98.5
	N Missing		75	
Q62F These questions are about getting on with other people: Has anyone close to you called you names or put you down or made you feel bad recently? (M8Q62F)	Yes	1	1118	13.1
	No	2	7400	86.9
	N Missing		71	
Q62G These questions are about getting on with other people: Are you afraid of anyone in your family? (M8Q62G)	Yes	1	228	2.7
	No	2	8281	97.3
	N Missing		79	
Q62H These questions are about getting on with other people: Have you ever been in a violent relationship with a partner/spouse? (M8Q62H)	Yes	1	1123	13.2
	No	2	7380	86.8
	N Missing		89	
Q63A If you have ever lived with a violent partner or spouse, in which years did you experience the violence? I have never lived with a violent partner or spouse (M8Q63A)	No	0	1237	15.0
	Yes	1	6994	85.0
	N Missing		377	
Q63B If you have ever lived with a violent partner or spouse, in which years did you experience violence? Before 2007 (M8Q63B)	No	0	7074	85.9
	Yes	1	1157	14.1
	N Missing		377	
Q63C If you have ever lived with a violent partner or spouse, in which years did you experience violence? 2007-2010 (M8Q63C)	No	0	8128	98.7
	Yes	1	104	1.3
	N Missing		377	
Q63D If you have ever lived with a violent partner or spouse, in which years did you experience violence? 2011-2013 (M8Q63D)	No	0	8162	99.2
	Yes	1	69	0.8
	N Missing		377	
Q63E If you have ever lived with a violent partner or spouse, in which years did you experience violence? 2014 (M8Q63E)	No	0	8172	99.3
	Yes	1	59	0.7
	N Missing		377	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q63F If you have ever lived with a violent partner or spouse, in which years did you experience violence? 2015 (M8Q63F)	No	0	8188	99.5
	Yes	1	43	0.5
	N Missing		377	
Q63G If you have ever lived with a violent partner or spouse, in which years did you experience violence? 2016 (M8Q63G)	No	0	8202	99.6
	Yes	1	29	0.4
	N Missing		377	
Q64ALAST12 Been pushed/grabbed/shoved/kicked/hit in the last 12 months (M8Q64ALAST12)	No	0	8348	99.4
	Yes	1	54	0.6
	N Missing		193	
Q64AMORE12 Been pushed/grabbed/shoved/kicked/hit more than 12 months ago (M8Q64AMORE12)	No	0	7147	85.1
	Yes	1	1254	14.9
	N Missing		193	
Q64ANO Never been pushed/grabbed/shoved/kicked/hit. (M8Q64ANO)	No	0	1302	15.5
	Yes	1	7100	84.5
	N Missing		193	
Q64BLAST12 Been forced to take part in unwanted sexual activity in the last 12 months (M8Q64BLAST12)	No	0	8297	99.6
	Yes	1	33	0.4
	N Missing		279	
Q64BMORE12 Been forced to take part in unwanted sexual activity more than 12 months ago (M8Q64BMORE12)	No	0	7595	91.2
	Yes	1	735	8.8
	N Missing		279	
Q64BNO Never been forced to take part in unwanted sexual activity (M8Q64BNO)	No	0	763	9.2
	Yes	1	7567	90.8
	N Missing		279	
Q65A While growing up: Did a parent/adult in the household often: insult or put you down? (M8Q65A)	No	0	7090	86.1
	Yes	1	1144	13.9
	N Missing		360	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q65B While growing up: Did a parent/adult in the household often: make you afraid to be hurt? (M8Q65B)	No	0	7414	90.0
	Yes	1	820	10.0
	N Missing		360	
Q65C While growing up: Did a parent/adult in the household often: push, grab, shove or slap you? (M8Q65C)	No	0	7395	89.8
	Yes	1	839	10.2
	N Missing		360	
Q65D While growing up: Did a parent/adult in the household often: hit or injure you? (M8Q65D)	No	0	7682	93.3
	Yes	1	551	6.7
	N Missing		360	
Q65E While growing up: Did a person at least 5 years older: touch or fondle you sexually? (M8Q65E)	No	0	7167	87.0
	Yes	1	1067	13.0
	N Missing		360	
Q65F While growing up: Did a person at least 5 years older: have you touch them sexually? (M8Q65F)	No	0	7810	94.9
	Yes	1	424	5.1
	N Missing		360	
Q65G While growing up: Did a person at least 5 years older: attempt intercourse with you? (M8Q65G)	No	0	7917	96.1
	Yes	1	317	3.9
	N Missing		360	
Q65H While growing up: Did a person at least 5 years older: actually have intercourse with you? (M8Q65H)	No	0	8014	97.3
	Yes	1	219	2.7
	N Missing		360	
Q65I While growing up: Did you live with anyone who was a problem drinker or alcoholic? (M8Q65I)	No	0	6912	83.9
	Yes	1	1322	16.1
	N Missing		360	
Q65J While growing up: Did you live with anyone who used street drugs? (M8Q65J)	No	0	8119	98.6
	Yes	1	115	1.4
	N Missing		360	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q65K While growing up: Was your (step)mother pushed, grabbed, slapped or had something thrown at her? (M8Q65K)	No	0	7705	93.6
	Yes	1	529	6.4
	N Missing		360	
Q65L While growing up: Was your (step)mother kicked, bitten or hit? (M8Q65L)	No	0	7970	96.8
	Yes	1	263	3.2
	N Missing		360	
Q65M While growing up: Was your (step)mother ever repeatedly hit over at least a few minutes? (M8Q65M)	No	0	8028	97.5
	Yes	1	205	2.5
	N Missing		360	
Q65N While growing up: Was your (step)mother ever threatened with, or hurt by, a knife or gun? (M8Q65N)	No	0	8110	98.5
	Yes	1	124	1.5
	N Missing		360	
Q65o While growing up: Was your (step)father pushed, grabbed, slapped or had something thrown at him? (M8Q65O)	No	0	8076	98.1
	Yes	1	157	1.9
	N Missing		360	
Q65P While growing up: Was your (step)father kicked, bitten or hit? (M8Q65P)	No	0	8154	99.0
	Yes	1	80	1.0
	N Missing		360	
Q65Q While growing up: Was your (step)father ever repeatedly hit over at least a few minutes? (M8Q65Q)	No	0	8161	99.1
	Yes	1	73	0.9
	N Missing		360	
Q65R While growing up: Was your (step)father ever threatened with, or hurt by, a knife or gun? (M8Q65R)	No	0	8182	99.4
	Yes	1	52	0.6
	N Missing		360	
Q65S While growing up: Was a household member depressed or mentally ill? (M8Q65S)	No	0	7240	87.9
	Yes	1	994	12.1
	N Missing		360	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q65T While growing up: Did a household member attempt suicide? (M8Q65T)	No	0	7887	95.8
	Yes	1	346	4.2
	N Missing		360	
Q65U While growing up: Did a household member go to prison? (M8Q65U)	No	0	8087	98.2
	Yes	1	146	1.8
	N Missing		360	
Q65V While growing up: none of the above? (M8Q65V)	No	0	3043	37.0
	Yes	1	5191	63.0
	N Missing		360	
Q66A In a usual week, how much time in total do you spend doing the following things? Full-time (permanent) paid work (M8Q66A)	Don't do this activity	1	7718	93.0
	1-15 hours	2	31	0.4
	16-24 hours	3	27	0.3
	25-34 hours	4	88	1.1
	35-40 hours	5	243	2.9
	41-48 hours	6	104	1.3
	49 hours or more	7	87	1.1
	N Missing		334	
Q66B In a usual week, how much time in total do you spend doing the following things? Part-time permanent paid work (M8Q66B)	Don't do this activity	1	7422	89.5
	1-15 hours	2	370	4.5
	16-24 hours	3	267	3.2
	25-34 hours	4	188	2.3
	35-40 hours	5	34	0.4
	41-48 hours	6	9	0.1
	49 hours or more	7	5	0.1
	N Missing		328	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q66C In a usual week, how much time in total do you spend doing the following things? Casual paid work (no paid holiday or sick leave) (M8Q66C)	Don't do this activity	1	7612	92.7
	1-15 hours	2	511	6.2
	16-24 hours	3	53	0.6
	25-34 hours	4	31	0.4
	35-40 hours	5	5	0.1
	41-48 hours	6	1	0.0
	49 hours or more	7	1	0.0
	N Missing			410
Q66D In a usual week, how much time in total do you spend doing the following things? Home duties (own / family home) (M8Q66D)	Don't do this activity	1	137	1.6
	1-15 hours	2	4468	53.4
	16-24 hours	3	1814	21.7
	25-34 hours	4	918	11.0
	35-40 hours	5	407	4.9
	41-48 hours	6	165	2.0
	49 hours or more	7	455	5.4
	N Missing			266
Q66E In a usual week, how much time in total do you spend doing the following things? Work without pay (e.g. family business) (M8Q66E)	Don't do this activity	1	7314	88.7
	1-15 hours	2	658	8.0
	16-24 hours	3	110	1.3
	25-34 hours	4	58	0.7
	35-40 hours	5	40	0.5
	41-48 hours	6	11	0.1
	49 hours or more	7	52	0.6
	N Missing			368
Q66F In a usual week, how much time in total do you spend doing the following things? Looking for work (M8Q66F)	Don't do this activity	1	8220	99.3
	1-15 hours	2	56	0.7
	16-24 hours	3	4	0.0
	25-34 hours	4	0	0.0
	49 hours or more	7	0	0.0
	N Missing			331

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q66G In a usual week, how much time in total do you spend doing the following things? Unpaid voluntary work (M8Q66G)	Don't do this activity	1	5433	65.2
	1-15 hours	2	2582	31.0
	16-24 hours	3	198	2.4
	25-34 hours	4	61	0.7
	35-40 hours	5	33	0.4
	41-48 hours	6	9	0.1
	49 hours or more	7	14	0.2
	N Missing			287
	Q66H In a usual week, how much time in total do you spend doing the following things? Active leisure (e.g. walking, exercise, sport) (M8Q66H)	Don't do this activity	1	1291
1-15 hours		2	6416	76.7
16-24 hours		3	490	5.9
25-34 hours		4	110	1.3
35-40 hours		5	29	0.4
41-48 hours		6	12	0.1
49 hours or more		7	19	0.2
N Missing				244
Q66I In a usual week, how much time in total do you spend doing the following things? Passive leisure (e.g. TV, music, reading, relaxing) (M8Q66I)		Don't do this activity	1	170
	1-15 hours	2	4365	51.9
	16-24 hours	3	2048	24.3
	25-34 hours	4	990	11.8
	35-40 hours	5	447	5.3
	41-48 hours	6	164	1.9
	49 hours or more	7	227	2.7
	N Missing			208
	Q66J In a usual week, how much time in total do you spend doing the following things? Studying (M8Q66J)	Don't do this activity	1	7428
1-15 hours		2	726	8.8
16-24 hours		3	40	0.5
25-34 hours		4	17	0.2
35-40 hours		5	3	0.0
41-48 hours		6	2	0.0
49 hours or more		7	2	0.0
N Missing				384

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q66K In a usual week, how much time in total do you spend doing the following things? Socialising (M8Q66K)	Don't do this activity	1	416	5.0
	1-15 hours	2	6839	82.0
	16-24 hours	3	807	9.7
	25-34 hours	4	217	2.6
	35-40 hours	5	47	0.6
	41-48 hours	6	8	0.1
	49 hours or more	7	4	0.1
	N Missing			266
Q66L In a usual week, how much time in total do you spend doing the following things? Buying goods and / or services (e.g. paying bills, shopping) (M8Q66L)	Don't do this activity	1	125	1.5
	1-15 hours	2	7854	93.0
	16-24 hours	3	361	4.3
	25-34 hours	4	68	0.8
	35-40 hours	5	12	0.1
	41-48 hours	6	19	0.2
	49 hours or more	7	11	0.1
	N Missing			163
Q67 Do you regularly provide (unpaid) care for grandchildren or other people's children? (M8Q67)	Daily	1	420	4.9
	Weekly	2	1542	18.1
	Occasionally	3	3243	38.0
	Never	4	3325	39.0
	N Missing			72
Q68A Do you regularly provide care or assistance (e.g. personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives with you (M8Q68A)	Yes	1	755	9.0
	No	2	7598	91.0
	N Missing			247
Q68B Do you regularly provide care or assistance (e.g. personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives elsewhere (M8Q68B)	Yes	1	1302	15.6
	No	2	7054	84.4
	N Missing			247
Q69 How many people with a long-term illness, disability or frailty do you regularly provide care for? (M8Q69)	One person	1	1709	85.4
	More than one person	2	292	14.6
	N Missing			6573

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70 How often do you provide this care or assistance? (M8Q70)	Every day	1	733	35.8
	Several times a week	2	492	24.0
	Once a week	3	426	20.8
	Every few weeks	4	280	13.7
	Less often	5	119	5.8
	N Missing			6530
Q71 How much time do you usually spend providing such care or assistance on each occasion? (M8Q71)	All day/night	1	239	11.9
	All day	2	100	5.0
	All night	3	9	0.4
	Several hours	4	1123	55.7
	About an hour	5	546	27.1
	N Missing			6558
Q72A Does the person you care for have any of the following major medical conditions or disabilities? Alzheimer's disease / dementia (M8Q72A)	No	0	1569	84.0
	Yes	1	300	16.0
	N Missing			6700
Q72B Does the person you care for have any of the following major medical conditions or disabilities? Cancer (M8Q72B)	No	0	1653	88.5
	Yes	1	216	11.5
	N Missing			6700
Q72C Does the person you care for have any of the following major medical conditions or disabilities? Frailty in old age (M8Q72C)	No	0	901	48.2
	Yes	1	968	51.8
	N Missing			6700
Q72D Does the person you care for have any of the following major medical conditions or disabilities? Heart condition (M8Q72D)	No	0	1457	78.0
	Yes	1	412	22.0
	N Missing			6700
Q72E Does the person you care for have any of the following major medical conditions or disabilities? Mental health problem (e.g. depression, anxiety) (M8Q72E)	No	0	1481	79.3
	Yes	1	388	20.7
	N Missing			6700
Q72F Does the person you care for have any of the following major medical conditions or disabilities? Visual impairment (M8Q72F)	No	0	1599	85.5
	Yes	1	270	14.5
	N Missing			6700

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q72G Does the person you care for have any of the following major medical conditions or disabilities? Respiratory condition (e.g. asthma, emphysema) (M8Q72G)	No	0	1656	88.6
	Yes	1	213	11.4
	N Missing		6700	
Q72H Does the person you care for have any of the following major medical conditions or disabilities? Stroke (M8Q72H)	No	0	1752	93.8
	Yes	1	117	6.2
	N Missing		6700	
Q72I Does the person you care for have any of the following major medical conditions or disabilities? Other reason (M8Q72I)	No	0	1667	89.2
	Yes	1	202	10.8
	N Missing		6700	
Q73 What is your relationship to the person you care for? (M8Q73)	Spouse/partner	1	536	26.8
	Child	2	224	11.2
	Parent/parent-in-law	3	614	30.6
	Grandchild	4	39	2.0
	Sibling/sibling-in-law	5	112	5.6
	Friend	6	286	14.3
	Neighbour	7	94	4.7
	Other	8	98	4.9
	N Missing		6573	
Q74 If you DO NOT provide care or assistance to any person with a long term illness, disability or frailty, is it because you: (M8Q74)	Used to care for someone in the last 3 years, but they passed away, moved into a nursing home, residential care facility	1	1067	15.2
	Used to care for someone in the last 3 years, but stopped caring for them for another reason	2	126	1.8
	Have never provided care or assistance	3	3358	47.9
	Other reason (please specify)	4	607	8.7
	Is a carer	5	1848	26.4
	N Missing		1684	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q75 We would like to know your main occupation now: (M8Q75)	Manager/administrator	1	211	2.5
	Professional	2	682	8.2
	Associate professional	3	208	2.5
	Tradesperson or related worker	4	67	0.8
	Advanced clerical/service worker	5	155	1.9
	Intermediate clerical/sales/service	6	320	3.9
	Intermediate production/transport	7	19	0.2
	Elementary clerical/sales/service	8	138	1.7
	Labourer or related	9	111	1.3
	No paid job	10	6375	76.9
	N Missing		301	
Q76A Please indicate the following description that best fits your life now. (M8Q76A)	Not retired	1	889	10.9
	Partially retired	2	1127	13.8
	Retired from paid work	3	5588	68.3
	Gave up work over 20 years ago	4	409	5.0
	Never had paid work	5	49	0.6
	Other	6	122	1.5
	N Missing		422	
Q76B Please indicate the following description that best fits your partner's life now. (M8Q76B)	Not retired	1	807	10.1
	Partially retired	2	921	11.5
	Retired from paid work	3	3968	49.7
	Gave up work over 20 years ago	4	166	2.1
	Never had paid work	5	2	0.0
	Other	6	98	1.2
	No partner	7	2019	25.3
	N Missing		592	
Q77_PARTNER When did your partner retire/ give up work completely? (M8Q77_PARTNER)	Mean		2007.09	
	Std Error		0.13	
	N		2613	
	N Missing		6009	
Q77_PARTNER_NA When did your partner retire/ give up work completely? Not applicable (M8Q77_PARTNER_NA)	No	0	3249	63.1
	Yes	1	1901	36.9
	N Missing		3243	
			66	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q77_YOU When did you retire or give up work completely? (M8Q77_YOU)	Mean		2005.78	
	Std Error		0.12	
	N		4964	
	N Missing		3658	
Q77_YOU_NA When did you retire or give up work completely? Not applicable (M8Q77_YOU_NA)	No	0	5013	69.9
	Yes	1	2157	30.1
	N Missing		1439	
Q78AGE At what age do you expect to retire (completely) from the paid workforce? (M8Q78AGE)	Mean		69.79	
	Std Error		0.12	
	N		685	
	N Missing		7937	
Q78B At what age do you expect to retire (completely) from the paid workforce? (M8Q78B)	Do not expect to retire	1	197	2.3
	Retired	2	6153	72.6
	Don't know	3	1244	14.7
	Expect to retire	4	878	10.4
	N Missing		134	
Q79 How do you manage on the income you have available? (M8Q79)	Impossible	1	138	1.6
	Difficult always	2	619	7.3
	Difficult sometimes	3	1627	19.2
	Not too bad	4	4113	48.5
	Easy	5	1984	23.4
	N Missing		108	
Q80A What are your current sources of income? Age pension / Service Pension / Widow's pension / War widow's pension (M8Q80A)	No	0	3558	42.0
	Yes	1	4906	58.0
	N Missing		127	
Q80B What are your current sources of income? Other government pension or allowance (M8Q80B)	No	0	7823	92.4
	Yes	1	642	7.6
	N Missing		127	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q80C What are your current sources of income? Lump sum superannuation payout (M8Q80C)	No	0	8063	95.3
	Yes	1	401	4.7
	N Missing		127	
Q80D What are your current sources of income? A pension or annuity purchased with superannuation or some other funds (M8Q80D)	No	0	5539	65.4
	Yes	1	2925	34.6
	N Missing		127	
Q80E What are your current sources of income? Income from savings and investments (such as shares and property) (M8Q80E)	No	0	6147	72.6
	Yes	1	2317	27.4
	N Missing		127	
Q80F What are your current sources of income? Income from a business (M8Q80F)	No	0	7888	93.2
	Yes	1	576	6.8
	N Missing		127	
Q80G What are your current sources of income? Income or pension from your spouse / partner (M8Q80G)	No	0	7140	84.4
	Yes	1	1325	15.6
	N Missing		127	
Q80H What are your current sources of income? Financial support from family (M8Q80H)	No	0	8410	99.4
	Yes	1	54	0.6
	N Missing		127	
Q80I What are your current sources of income? Spouse / Partner's superannuation (M8Q80I)	No	0	6984	82.5
	Yes	1	1480	17.5
	N Missing		127	
Q80J What are your current sources of income? Wage or salary (M8Q80J)	No	0	6941	82.0
	Yes	1	1523	18.0
	N Missing		127	
Q80K What are your current sources of income? Other sources (M8Q80K)	No	0	8426	99.6
	Yes	1	38	0.4
	N Missing		127	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q81A Which of these things (if any) have you had to do in the last 3 years, to help manage financially? Sell your house or move to lower cost accommodation (M8Q81A)	No	0	7995	94.4
	Yes	1	478	5.6
	N Missing		126	
Q81B Which of these things (if any) have you had to do in the last 3 years, to help manage financially? Sell something else you own, like a holiday house, or car or jewellery (M8Q81B)	No	0	8144	96.1
	Yes	1	329	3.9
	N Missing		126	
Q81C Which of these things (if any) have you had to do in the last 3 years, to help manage financially? Share housing with relatives or friends (M8Q81C)	No	0	8252	97.4
	Yes	1	220	2.6
	N Missing		126	
Q81D Which of these things (if any) have you had to do in the last 3 years, to help manage financially? Cut back on your normal weekly spending (M8Q81D)	No	0	6012	71.0
	Yes	1	2461	29.0
	N Missing		126	
Q81E Which of these things (if any) have you had to do in the last 3 years, to help manage financially? Cut back on less frequent expenditures such as holidays, new cars & large household goods (M8Q81E)	No	0	6102	72.0
	Yes	1	2370	28.0
	N Missing		126	
Q81F Which of these things (if any) have you had to do in the last 3 years, to help manage financially? Take on paid work (M8Q81F)	No	0	8220	97.0
	Yes	1	252	3.0
	N Missing		126	
Q81G Which of these things (if any) have you had to do in the last 3 years, to help manage financially? Rely on your spouse / partner going out to work or increasing their working hours (M8Q81G)	No	0	8187	96.6
	Yes	1	286	3.4
	N Missing		126	
Q81H Which of these things (if any) have you had to do in the last 3 years, to help manage financially? None of the above (M8Q81H)	No	0	3758	44.4
	Yes	1	4714	55.6
	N Missing		126	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q82 Which of the following best describes your current housing situation? Do you live in a: (M8Q82)	House in city / town	1	5741	67.6
	House on acreage / farm	2	1061	12.5
	Flat / unit / apartment / villa / townhouse	3	1258	14.8
	Caravan / mobile home / cabin / houseboat	4	95	1.1
	Retirement village / self care unit	5	199	2.3
	Nursing home / residential aged care	6	1	0.0
	Hostel / boarding house	7	1	0.0
	Other	8	135	1.6
	N Missing			99
Q83 How many bedrooms are in your current home? Count all bedrooms even if they are not currently used as a bedroom (e.g. study, sewing room, etc). Only count those bedrooms belonging to your current household members; do not count those belonging to any other household in the same building. If you live in a studio, a bed sit, single room caravan or similar, please mark your answer as zero (0). (M8Q83)	Mean		3.31	
	Std Error		0.02	
	N		8540	
	N Missing		82	
Q84 How many storeys does your current home have? (M8Q84)	1 storey (single level, very few stairs)	1	6336	74.7
	2 storeys (1 flight of stairs)	2	1844	21.7
	3 storeys (2 flights of stairs)	3	220	2.6
	4 storeys (at least 3 flights of stairs)	4	78	0.9
	N Missing		112	
Q85 How many years have you lived in your current home? Please enter complete years (e.g. if it has been 37½ years, please write 37). If less than 1 year, please write zero (0). (M8Q85)	Mean		18.02	
	Std Error		0.15	
	N		8532	
	N Missing		90	
Q86 For your current home, do you: (M8Q86)	Own it outright (including joint ownership with other family members)	1	6615	77.9
	Own it with a mortgage (including joint ownership with other family members)	2	839	9.9
	Rent (private)	3	442	5.2
	Rent (public)	4	194	2.3
	Pay board / lodging	5	51	0.6
	Live rent-free or with life-tenure (ie neither own nor rent)	6	159	1.9
	Other	7	194	2.3
	N Missing		100	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q87 Where do you think you will be living in 10 years time? (M8Q87)	In current home	1	4551	53.6
	Downsized to smaller home	2	1508	17.8
	Upsized to larger home	3	87	1.0
	Caravan / mobile home / boat	4	39	0.5
	Retirement village / self care unit	5	505	5.9
	Nursing home / residential aged care	6	47	0.6
	Hostel / boarding house	7	2	0.0
	Have no idea	8	1749	20.6
	N Missing		103	
Q88AA Who currently completes the following domestic chores in your home? Housecleaning - Myself (M8Q88AA)	No	0	755	8.9
	Yes	1	7751	91.1
	N Missing		82	
Q88AB Who currently completes the following domestic chores in your home? Housecleaning - Spouse/partner (M8Q88AB)	No	0	6698	78.8
	Yes	1	1807	21.2
	N Missing		82	
Q88AC Who currently completes the following domestic chores in your home? Housecleaning -Other family/friends (M8Q88AC)	No	0	8318	97.8
	Yes	1	188	2.2
	N Missing		82	
Q88AD Who currently completes the following domestic chores in your home? Housecleaning - Community service provider (M8Q88AD)	No	0	8334	98.0
	Yes	1	172	2.0
	N Missing		82	
Q88AE Who currently completes the following domestic chores in your home? Housecleaning - Private service provider (M8Q88AE)	No	0	8078	95.0
	Yes	1	428	5.0
	N Missing		82	
Q88AF Who currently completes the following domestic chores in your home? Housecleaning - Not applicable (M8Q88AF)	No	0	8497	99.9
	Yes	1	9	0.1
	N Missing		82	
Q88BA Who currently completes the following domestic chores in your home? Laundry / ironing - Myself (M8Q88BA)	No	0	311	3.7
	Yes	1	8180	96.3
	N Missing		98	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q88BB Who currently completes the following domestic chores in your home? Laundry / ironing - Spouse/partner (M8Q88BB)	No	0	7370	86.8
	Yes	1	1121	13.2
	N Missing		98	
Q88BC Who currently completes the following domestic chores in your home? Laundry / ironing - Other family/friends (M8Q88BC)	No	0	8372	98.6
	Yes	1	119	1.4
	N Missing		98	
Q88BD Who currently completes the following domestic chores in your home? Laundry / ironing - Community service provider (M8Q88BD)	No	0	8469	99.7
	Yes	1	22	0.3
	N Missing		98	
Q88BE Who currently completes the following domestic chores in your home? Laundry / ironing - Private service provider (M8Q88BE)	No	0	8446	99.5
	Yes	1	45	0.5
	N Missing		98	
Q88BF Who currently completes the following domestic chores in your home? Laundry / ironing - Not applicable (M8Q88BF)	No	0	8477	99.8
	Yes	1	14	0.2
	N Missing		98	
Q88CA Who currently completes the following domestic chores in your home? Meal preparation - Myself (M8Q88CA)	No	0	532	6.3
	Yes	1	7963	93.7
	N Missing		95	
Q88CB Who currently completes the following domestic chores in your home? Meal preparation - Spouse/partner (M8Q88CB)	No	0	6577	77.4
	Yes	1	1918	22.6
	N Missing		95	
Q88CC Who currently completes the following domestic chores in your home? Meal preparation - Other family/friends (M8Q88CC)	No	0	8293	97.6
	Yes	1	202	2.4
	N Missing		95	
Q88CD Who currently completes the following domestic chores in your home? Meal preparation - Community service provider (M8Q88CD)	No	0	8482	99.8
	Yes	1	13	0.2
	N Missing		95	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q88CE Who currently completes the following domestic chores in your home? Meal preparation - Private service provider (M8Q88CE)	No	0	8485	99.9
	Yes	1	10	0.1
	N Missing		95	
Q88CF Who currently completes the following domestic chores in your home? Meal preparation - Not applicable (M8Q88CF)	No	0	8487	99.9
	Yes	1	9	0.1
	N Missing		95	
Q88DA Who currently completes the following domestic chores in your home? Lawn / yard maintenance - Myself (M8Q88DA)	No	0	4927	58.1
	Yes	1	3558	41.9
	N Missing		105	
Q88DB Who currently completes the following domestic chores in your home? Lawn / yard maintenance - Spouse/partner (M8Q88DB)	No	0	3847	45.3
	Yes	1	4638	54.7
	N Missing		105	
Q88DC Who currently completes the following domestic chores in your home? Lawn / yard maintenance - Other family/friends (M8Q88DC)	No	0	7934	93.5
	Yes	1	551	6.5
	N Missing		105	
Q88DD Who currently completes the following domestic chores in your home? Lawn / yard maintenance - Community service provider (M8Q88DD)	No	0	8382	98.8
	Yes	1	103	1.2
	N Missing		105	
Q88DE Who currently completes the following domestic chores in your home? Lawn / yard maintenance - Private service provider (M8Q88DE)	No	0	7439	87.7
	Yes	1	1045	12.3
	N Missing		105	
Q88DF Who currently completes the following domestic chores in your home? Lawn / yard maintenance - Not applicable (M8Q88DF)	No	0	8068	95.1
	Yes	1	417	4.9
	N Missing		105	
Q88EA Who currently completes the following domestic chores in your home? General maintenance - Myself (M8Q88EA)	No	0	5860	69.0
	Yes	1	2629	31.0
	N Missing		109	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q88EB Who currently completes the following domestic chores in your home? General maintenance - Spouse/partner (M8Q88EB)	No	0	3605	42.5
	Yes	1	4884	57.5
	N Missing		109	
Q88EC Who currently completes the following domestic chores in your home? General maintenance - Other family/friends (M8Q88EC)	No	0	7694	90.6
	Yes	1	795	9.4
	N Missing		109	
Q88ED Who currently completes the following domestic chores in your home? General maintenance - Community service provider (M8Q88ED)	No	0	8341	98.3
	Yes	1	148	1.7
	N Missing		109	
Q88EE Who currently completes the following domestic chores in your home? General maintenance - Private service provider (M8Q88EE)	No	0	7062	83.2
	Yes	1	1427	16.8
	N Missing		109	
Q88EF Who currently completes the following domestic chores in your home? General maintenance - Not applicable (M8Q88EF)	No	0	8237	97.0
	Yes	1	252	3.0
	N Missing		109	
Q89A_AGE We would like to know the age of your biological parents - Mother - age when participant was born (M8Q89A_AGE)	Mean		28.23	
	Std Error		0.12	
	N		2941	
	N Missing		5681	
Q89A_DK We would like to know the age of your biological parents - Mother - don't know (M8Q89A_DK)	No	0	7521	91.7
	Yes	1	678	8.3
	N Missing		440	
Q89A_YR We would like to know the age of your biological parents - Mother - Year of birth (M8Q89A_YR)	Mean		1920.19	
	Std Error		0.07	
	N		6863	
	N Missing		1759	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q89B_AGE We would like to know the age of your biological parents - Father - age when participant was born (M8Q89B_AGE)	Mean		31.63	
	Std Error		0.14	
	N		2729	
	N Missing		5893	
Q89B_DK We would like to know the age of your biological parents - Father - Don't know (M8Q89B_DK)	No	0	7231	88.7
	Yes	1	922	11.3
	N Missing		484	
Q89B_YR We would like to know the age of your biological parents - Father - Year of birth (M8Q89B_YR)	Mean		1916.84	
	Std Error		0.08	
	N		6628	
	N Missing		1994	
Q90A Are your parents still living? Mother (M8Q90A)	Still living	1	1394	16.5
	Deceased	2	7036	83.1
	Don't know	3	36	0.4
	N Missing		130	
Q90B Are your parents still living? Father (M8Q90B)	Still living	1	335	4.0
	Deceased	2	8011	94.9
	Don't know	3	94	1.1
	N Missing		158	
Q91A_AGE If one (or both) of your biological parents is deceased, in what year did they die? Mother - Age at death (M8Q91A_AGE)	Mean		79.07	
	Std Error		0.25	
	N		2944	
	N Missing		5678	
Q91A_DK If one (or both) of your biological parents is deceased, in what year did they die? Mother - Don't know (M8Q91A_DK)	No	0	6540	95.3
	Yes	1	321	4.7
	N Missing		1747	
Q91A_YR If one (or both) of your biological parents is deceased, in what year did they die? Mother - Year of death (M8Q91A_YR)	Mean		1998.82	
	Std Error		0.18	
	N		5561	
	N Missing		3061	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q91B_AGE If one (or both) of your biological parents is deceased, in what year did they die? Father - age at death (M8Q91B_AGE)	Mean		74.15	
	Std Error		0.24	
	N		3211	
	N Missing		5411	
Q91B_DK If one (or both) of your biological parents is deceased, in what year did they die? Father - Don't know (M8Q91B_DK)	No	0	7310	92.8
	Yes	1	570	7.2
	N Missing		706	
Q91B_YR If one (or both) of your biological parents is deceased, in what year did they die? Father - Year of death (M8Q91B_YR)	Mean		1991.29	
	Std Error		0.19	
	N		6236	
	N Missing		2386	
Q92A If one (or both) of your biological parents is deceased, what was the main cause of death? - Mother (M8Q92A)	Heart disease (eg heart attack, heart failure)	1	1741	26.5
	Stroke	2	714	10.8
	Dementia / Alzheimer's	3	872	13.3
	Respiratory causes (eg COPD, emphysema)	4	327	5.0
	Breast cancer	5	211	3.2
	Lung cancer	6	201	3.1
	Prostate cancer	7	0	0.0
	Other cancer	8	1108	16.8
	Other (please specify on page 30)	9	885	13.4
	Don't know	10	523	7.9
	N Missing		2047	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q92B If one (or both) of your biological parents is deceased, what was the main cause of death? - Father (M8Q92B)	Heart disease (eg heart attack, heart failure)	1	2532	33.7
	Stroke	2	666	8.9
	Dementia / Alzheimer's	3	410	5.5
	Respiratory causes (eg COPD, emphysema)	4	599	8.0
	Breast cancer	5	0	0.0
	Lung cancer	6	415	5.5
	Prostate cancer	7	283	3.8
	Other cancer	8	1161	15.5
	Other (please specify on page 30)	9	790	10.5
	Don't know	10	647	8.6
	N Missing			1098
Q93A People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help you if you are confined to bed (M8Q93A)	None of time	1	898	10.6
	Little of time	2	774	9.1
	Some of time	3	922	10.9
	Most of time	4	2079	24.5
	All of time	5	3798	44.8
	N Missing			131
Q93B People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone you can count on to listen to you when you need to talk (M8Q93B)	None of time	1	218	2.6
	Little of time	2	697	8.2
	Some of time	3	1201	14.2
	Most of time	4	2789	32.9
	All of time	5	3572	42.1
	N Missing			124
Q93C People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to give you advice about a crisis (M8Q93C)	None of time	1	368	4.3
	Little of time	2	627	7.4
	Some of time	3	1312	15.5
	Most of time	4	2964	35.0
	All of time	5	3190	37.7
	N Missing			136

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q93D People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to take you to the doctor if you need it (M8Q93D)	None of time	1	401	4.7
	Little of time	2	542	6.4
	Some of time	3	728	8.6
	Most of time	4	2216	26.2
	All of time	5	4574	54.1
	N Missing			142
Q93E People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who shows you love and affection (M8Q93E)	None of time	1	289	3.4
	Little of time	2	508	6.0
	Some of time	3	847	10.0
	Most of time	4	2115	25.0
	All of time	5	4689	55.5
	N Missing			152
Q93F People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to have a good time with (M8Q93F)	None of time	1	215	2.5
	Little of time	2	558	6.6
	Some of time	3	1329	15.7
	Most of time	4	2619	31.0
	All of time	5	3724	44.1
	N Missing			149
Q93G People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to give you information to help you understand a situation (M8Q93G)	None of time	1	250	3.0
	Little of time	2	580	6.8
	Some of time	3	1264	14.9
	Most of time	4	3034	35.8
	All of time	5	3340	39.4
	N Missing			131
Q93H People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to confide in or talk to about yourself or your problems (M8Q93H)	None of time	1	295	3.5
	Little of time	2	761	9.0
	Some of time	3	1281	15.1
	Most of time	4	2750	32.5
	All of time	5	3384	39.9
	N Missing			131

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q93I People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who hugs you (M8Q93I)	None of time	1	372	4.4
	Little of time	2	852	10.1
	Some of time	3	1222	14.4
	Most of time	4	1996	23.6
	All of time	5	4023	47.5
	N Missing			132
Q93J People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to get together with for relaxation (M8Q93J)	None of time	1	234	2.8
	Little of time	2	701	8.3
	Some of time	3	1426	16.9
	Most of time	4	2628	31.1
	All of time	5	3472	41.0
	N Missing			141
Q93K People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to prepare meals if you are unable to do it yourself (M8Q93K)	None of time	1	803	9.5
	Little of time	2	851	10.0
	Some of time	3	1015	12.0
	Most of time	4	2016	23.8
	All of time	5	3781	44.7
	N Missing			134
Q93L People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone whose advice you really want (M8Q93L)	None of time	1	427	5.1
	Little of time	2	843	10.0
	Some of time	3	1475	17.5
	Most of time	4	2842	33.6
	All of time	5	2864	33.9
	N Missing			146
Q93M People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to do things with to help you get your mind off things (M8Q93M)	None of time	1	397	4.7
	Little of time	2	846	10.0
	Some of time	3	1685	19.9
	Most of time	4	2721	32.2
	All of time	5	2811	33.2
	N Missing			139

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q93N People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help with daily chores if you are sick (M8Q93N)	None of time	1	742	8.8
	Little of time	2	922	10.9
	Some of time	3	1155	13.7
	Most of time	4	2060	24.3
	All of time	5	3584	42.3
	N Missing			133
Q93O People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to share your most private worries and fears with (M8Q93O)	None of time	1	673	8.0
	Little of time	2	984	11.6
	Some of time	3	1209	14.3
	Most of time	4	2402	28.4
	All of time	5	3197	37.8
	N Missing			135
Q93P People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to turn to for suggestions about how to deal with a personal problem (M8Q93P)	None of time	1	424	5.0
	Little of time	2	986	11.7
	Some of time	3	1303	15.4
	Most of time	4	2606	30.8
	All of time	5	3140	37.1
	N Missing			138
Q93Q People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to do something enjoyable with (M8Q93Q)	None of time	1	181	2.1
	Little of time	2	652	7.7
	Some of time	3	1388	16.4
	Most of time	4	2696	31.9
	All of time	5	3544	41.9
	N Missing			136
Q93R People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who understands your problems (M8Q93R)	None of time	1	344	4.1
	Little of time	2	828	9.8
	Some of time	3	1391	16.4
	Most of time	4	2817	33.3
	All of time	5	3079	36.4
	N Missing			143

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q93S People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to love and make you feel wanted (M8Q93S)	None of time	1	396	4.7
	Little of time	2	702	8.3
	Some of time	3	965	11.4
	Most of time	4	2070	24.4
	All of time	5	4336	51.2
	N Missing			130
Q94 What is your present marital status? (M8Q94)	Married	1	5556	65.3
	De facto opposite sex	2	397	4.7
	De facto same sex	3	39	0.5
	Separated	4	286	3.4
	Divorced	5	1105	13.0
	Widowed	6	841	9.9
	Never married	7	281	3.3
	N Missing			86
Q95_NA Not applicable: widowed (M8Q95_NA)	No	0	2640	30.9
	Yes	1	5916	69.1
	N Missing			40
Q96A How many people live with you now? No one, I live alone (M8Q96A)	No	0	6610	77.6
	Yes	1	1907	22.4
	N Missing			79
Q96B How many people live with you now? Partner or spouse (M8Q96B)	No	0	2571	30.2
	Yes	1	5945	69.8
	N Missing			79
Q96C How many people live with you now? Children up to 18 years (M8Q96C)	None	0	8282	97.3
	One	1	123	1.4
	Two	2	72	0.8
	Three or more	3	38	0.4
	N Missing			80

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q96D How many people live with you now? Children over 18 years (M8Q96D)	None	0	7619	89.5
	One	1	675	7.9
	Two	2	165	1.9
	Three or more	3	56	0.7
	N Missing		81	
Q96E How many people live with you now? Your parents or in-laws (M8Q96E)	None	0	8415	98.9
	One	1	85	1.0
	Two	2	8	0.1
	Three or more	3	4	0.1
	N Missing		83	
Q96F How many people live with you now? Other adult relatives (M8Q96F)	None	0	8096	95.1
	One	1	277	3.2
	Two	2	105	1.2
	Three or more	3	37	0.4
	N Missing		82	
Q96G How many people live with you now? Other adults (not family members) (M8Q96G)	None	0	8302	97.5
	One	1	170	2.0
	Two	2	20	0.2
	Three or more	3	23	0.3
	N Missing		82	
Q97A In general, are you satisfied with what you have achieved in your life so far in the areas of: Work (M8Q97A)	Very satisfied	1	2895	34.5
	Satisfied	2	4946	58.9
	Dissatisfied	3	469	5.6
	Very dissatisfied	4	86	1.0
	N Missing		209	
Q97B In general, are you satisfied with what you have achieved in your life so far in the areas of: Career (M8Q97B)	Very satisfied	1	2482	30.1
	Satisfied	2	4730	57.4
	Dissatisfied	3	913	11.1
	Very dissatisfied	4	112	1.4
	N Missing		405	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q97C In general, are you satisfied with what you have achieved in your life so far in the areas of: Study (M8Q97C)	Very satisfied	1	1764	21.8
	Satisfied	2	4753	58.7
	Dissatisfied	3	1397	17.2
	Very dissatisfied	4	186	2.3
	N Missing		556	
Q97D In general, are you satisfied with what you have achieved in your life so far in the areas of: Family relationships (M8Q97D)	Very satisfied	1	3518	41.6
	Satisfied	2	4146	49.0
	Dissatisfied	3	650	7.7
	Very dissatisfied	4	149	1.8
	N Missing		148	
Q97E In general, are you satisfied with what you have achieved in your life so far in the areas of: Partner/closest personal relationship (M8Q97E)	Very satisfied	1	3789	45.4
	Satisfied	2	3208	38.4
	Dissatisfied	3	1027	12.3
	Very dissatisfied	4	331	4.0
	N Missing		239	
Q97F In general, are you satisfied with what you have achieved in your life so far in the areas of: Friendships (M8Q97F)	Very satisfied	1	3580	42.3
	Satisfied	2	4419	52.2
	Dissatisfied	3	383	4.5
	Very dissatisfied	4	89	1.1
	N Missing		130	
Q97G In general, are you satisfied with what you have achieved in your life so far in the areas of: Social activities (M8Q97G)	Very satisfied	1	2589	30.6
	Satisfied	2	5051	59.6
	Dissatisfied	3	707	8.4
	Very dissatisfied	4	121	1.4
	N Missing		140	
Q98_OS What is your postcode? Mark here if living overseas (M8Q98_OS)	Yes	1	52	0.6
	No	2	8479	99.4
	N Missing		66	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q100 Did someone help you fill in this survey? (M8Q100)	No	1	8392	99.0
	Told me answers	2	80	0.9
	Used own judgement	3	8	0.1
	N Missing		120	
Age at time survey returned (M8AGE)	Mean		67.75	
	Std Error		0.02	
	N		8622	
	N Missing		0	
Alcohol status- NHMRC (AlcNHMRC) (M8ALCNHMRC)	Low risk drinker	1	4714	55.8
	Non-drinker	2	1358	16.1
	Rarely drinks	3	1823	21.6
	Risky drinker	4	492	5.8
	High risk drinker	5	57	0.7
	N Missing		151	
Alcohol pattern (AlcPAtt) (M8ALCPATT)	Low long-term risk, drinks at short-term risk less than weekly	1	6374	75.9
	Non-drinker	2	1358	16.2
	Low long-term risk, drinks at short-term risk weekly or more	3	117	1.4
	Risky/high risk drinker	4	548	6.5
	N Missing		200	
ARIA+ Grouped (M8ARIAPGP)	Major cities	1	5222	62.0
	Inner regional	2	2260	26.8
	Outer regional	3	850	10.1
	Remote	4	74	0.9
	Very remote	5	19	0.2
	N Missing		194	
Body Mass Index (BMI) (M8BMI)	Mean		27.52	
	Std Error		0.06	
	N		8176	
	N Missing		446	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
CES-D10 (M8CESD10)				
	Mean		5.23	
	Std Error		0.05	
	N		8439	
	N Missing		183	
Exercise statistic Grouped Version 1 (M8EXGRP)				
	Nil/sedentary	1	1338	16.2
	Low	2	1896	23.0
	Moderate	3	1735	21.0
	High	4	3283	39.8
	N Missing		371	
Exercise statistic Version 1 (M8EXSTAT)				
	Mean		1289.78	
	Std Error		16.59	
	N		8251	
	N Missing		371	
GoldAnx - Goldberg Anxiety Scale Derived variable, sum of first 9 - anxiety only - units on the GADS (formerly known as GAS) (M8GOLDANX)				
	Mean		3.34	
	Std Error		0.03	
	N		8533	
	N Missing		89	
Labour Force Participation (M8LABF)				
	Not in labour force	0	5902	69.4
	Labour force employed	1	2570	30.2
	Labour force unemployed	2	31	0.4
	N Missing		109	
Life satisfaction score (M8LFSTFY)				
	Mean		3.22	
	Std Error		0.01	
	N		8470	
	N Missing		152	
The 6-item sum is referred to as the Revised Life Orientation Test (LOT-R) score. Higher scores indicate a more optimistic outlook. (M8LOTR)				
	Mean		16.79	
	Std Error		0.05	
	N		8406	
	N Missing		216	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
MCSWHA - Mental health component score - standardised to the WHA population (M8MCSWHA)	Mean		54.17	
	Std Error		0.10	
	N		8336	
	N Missing		286	
MCS_ABS - Mental health component score - standardised against the entire Australian adult population (M8MCS_ABS)	Mean		51.51	
	Std Error		0.11	
	N		8336	
	N Missing		286	
MCS_OB - Mental health component score - Oblique (M8MCS_OB)	Mean		52.85	
	Std Error		0.10	
	N		8336	
	N Missing		286	
MCS_US - Mental health component score - standardised against the entire US adult population (M8MCS_US)	Mean		52.63	
	Std Error		0.11	
	N		8336	
	N Missing		286	
Exercise statistic Version 2 (M8METMIN)	Mean		1269.31	
	Std Error		16.05	
	N		8251	
	N Missing		371	
Exercise statistic Grouped Version 2 (M8METMINEXGRP)	Nil/sedentary	1	1322	16.0
	Low	2	1616	19.6
	Moderate	3	1748	21.2
	High	4	3566	43.2
	N Missing		371	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Modified Monash Model estimated (M8MMM_ESTIMATED)				
See the ALSWH Data Dictionary Supplement for a description	1	1	5315	62.9
	2	2	916	10.8
	3	3	732	8.7
	4	4	528	6.2
	5	5	859	10.2
	6	6	69	0.8
	7	7	28	0.3
	N Missing			165
Mean of Multi-item summed score for perceived stress. From 0 to 4. Higher values means more stressed. (M8MNSTRS)				
	Mean		0.50	
	Std Error		0.00	
	N		8568	
	N Missing		54	
PCSWHA - Physical health component score - standardised to the WHA population (M8PCSWHA)				
	Mean		45.58	
	Std Error		0.12	
	N		8336	
	N Missing		286	
PCS_ABS - Physical health component score - standardised against the entire Australian adult population (M8PCS_ABS)				
	Mean		45.75	
	Std Error		0.11	
	N		8336	
	N Missing		286	
PCS_OB - Physical health component score - Oblique (M8PCS_OB)				
	Mean		48.61	
	Std Error		0.11	
	N		8336	
	N Missing		286	
PCS_US - Physical health component score - standardised against the entire US adult population (M8PCS_US)				
	Mean		45.68	
	Std Error		0.11	
	N		8336	
	N Missing		286	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Life Control Scale (M8PERCON)				
	Mean		20.65	
	Std Error		0.05	
	N		8529	
	N Missing		93	
Smoking status - smokst (M8SMOKST)				
	Never-smoker	1	5370	63.2
	Ex-smoker	2	2674	31.4
	Smoker <10 c/d	3	138	1.6
	Smoker 10-19 c/d	4	183	2.2
	Smoker > = 20 c/d	5	138	1.6
	N Missing		89	
State participant resides in at the completion of each survey (M8STATE)				
	NSW	1	2537	30.0
	Vic	2	2033	24.0
	Qld	3	1714	20.2
	SA	4	780	9.2
	WA	5	903	10.7
	Tas	6	275	3.2
	NT	7	63	0.7
	ACT	8	165	1.9
	N Missing		131	
Q40 What is your waist measurement? (If you are pregnant now, write in your waist measurement for the month prior to your pregnancy.) (M8WAISTCM)				
	Mean		92.10	
	Std Error		0.16	
	N		7793	
	N Missing		829	
WHO BMI group category (M8WHOBMIGROUP)				
	Underweight, BMI < 18.5	1	127	1.6
	Healthy weight, 18.5 <= BMI < 25	2	2948	36.0
	Overweight, 25 <= BMI < 30	3	2773	33.8
	Obese, 30 <= BMI	4	2345	28.6
	N Missing		446	
Q39a How much do you weigh without clothes or shoes? (M8WTKG)				
	Mean		73.06	
	Std Error		0.17	
	N		8184	
	N Missing		438	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q39b Height in cms (M8HTCM)	Mean		162.94	
	Std Error		0.07	
	N		8612	
	N Missing		10	
BP - Bodily Pain Subscale (M8BP)	Mean		65.85	
	Std Error		0.25	
	N		8586	
	N Missing		36	
GH - General Health Subscale (M8GH)	Mean		70.53	
	Std Error		0.22	
	N		8425	
	N Missing		197	
MH - Mental Health Subscale (M8MH)	Mean		77.33	
	Std Error		0.18	
	N		8579	
	N Missing		43	
PF - Physical Functioning Subscale (M8PF)	Mean		76.42	
	Std Error		0.24	
	N		8583	
	N Missing		39	
RE - Role Emotional Scale (M8RE)	Mean		82.84	
	Std Error		0.36	
	N		8534	
	N Missing		88	
RP - Role Physical Scale (M8RP)	Mean		72.07	
	Std Error		0.42	
	N		8571	
	N Missing		51	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
SF - Social Functioning Scale (M8SF)				
	Mean		83.28	
	Std Error		0.25	
	N		8586	
	N Missing		36	
VT - Vitality Index Scale (M8VT)				
	Mean		62.16	
	Std Error		0.22	
	N		8581	
	N Missing		41	
Mean value of MOS scale values for Affectionate Support, 1 to 5 (M8MNAFFPOS)				
	Mean		4.07	
(See the ALSWH website's Data Dictionary Supplement for a description.)	Std Error		0.01	
	N		8480	
	N Missing		142	
Grouped Mean value of MOS scale values for Affectionate Support/Positive Social Interaction, 1 to 5. Higher scores for subscales and the index indicate more social support. (M8MNAFFPOSGP)				
	All the time	1	4677	55.3
	Most of the time	2	2221	26.3
	Some of the time	3	1118	13.2
	None/little of the time	4	442	5.2
	N Missing		142	
Mean value of MOS scale values for Emotional/Informational Support, 1 to 5 (M8MNEMI)				
	Mean		3.91	
	Std Error		0.01	
	N		8492	
	N Missing		130	
Grouped Mean value of MOS scale values for Emotional/Informational Support, 1 to 5. Higher scores for subscales and the index indicate more social support. (M8MNEMIGP)				
	All the time	1	4109	48.5
	Most of the time	2	2546	30.1
	Some of the time	3	1236	14.6
	None/little of the time	4	578	6.8
	N Missing		130	
Mean value of MOS scale values for Positive Social Interaction, 1 to 5 (M8MNSOCSUP6)				
	Mean		3.96	
	Std Error		0.01	
	N		8491	
	N Missing		131	

ALSWH Data book for eighth survey of 1946-51 cohort

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Mean value of MOS scale values for Tangible Support, 1 to 5 (M8MNTAN)	Mean		3.93	
	Std Error		0.01	
	N		8437	
	N Missing		185	
Grouped Mean value of MOS scale values for Tangible Support, 1 to 5 Higher scores for subscales and the index indicate more social support. (M8MNTANGP)	All the time	1	4337	51.5
	Most of the time	2	2141	25.4
	Some of the time	3	995	11.8
	None/little of the time	4	948	11.3
	N Missing		185	
Grouped Mean value of MOS scale values for Social Support, 1 to 5. Higher scores for subscales and the index indicate more social support. (M8SOCSUPGP6)	All the time	1	4460	52.7
	Most of the time	2	2259	26.7
	Some of the time	3	1182	14.0
	None/little of the time	4	565	6.7
	N Missing		131	