

the australian longitudinal study on women's health

# data book for the eighth survey of the 1946-51 cohort

2016 (when they were aged 65-70 years)

November 2017

#### Data book for the eighth survey of the 1946-1951 cohort (aged 65-70 years)

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#### Acknowledgements

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#### Notes

During 2016 and 2017, 8622 valid surveys were returned from members of the ALSWH 1946-51 birth cohort. There were 5379 paper questionnaires returned and 3243 responded online.

This data book is ordered in the order of the questions on the paper questionnaire. The questionnaire number is given where appropriate. Some derived variables are given in place of the questionnaire item or immediately after it. The derived variables do not have any questionnaire numbering.

The frequencies in this data book were weighted according to the area classification to account for the deliberate over-sampling of women from rural and remote areas. The missing amounts were not weighted. Both the missing and not missing counts were not weighted for the non-categorical responses.

For information on the derived variables refer to the ALSWH website (http://www.alwsh.org.au/). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at: Australian Longitudinal Study on Women's Health

www.alswh.org.au

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Item Description	Categories	Values	Number	%
Q1 In general, would you say your health is: (M8Q1)				
	Excellent	1	837	9.8
	Very good	2	3285	38.4
	Good	3	3294	38.5
	Fair	4	1010	11.8
	Poor	5	128	1.5
	N Missing		37	
22 Compared to one year ago, how would you rate your				
nealth in general now (M8Q2)	Much better	1	450	5.3
	Somewhat better	2	1099	12.8
	About the same	3	5706	66.7
	Somewhat worse	4	1179	13.8
	Much worse	5	124	1.4
	N Missing		35	
Q3A The following questions are about activities you might do				
ng a typical day. Does your health now limit you in these vities? If so, how much? Vigorous activities such as ning, lifting heavy objects, participating in strenuous sports	Limited a lot	1	3535	41.7
unning, lifting heavy objects, participating in strenuous sports	Limited a little	2	3858	45.5
M8Q3A)	Not limited	3	1084	12.8
	N Missing		118	
Q3B The following questions are about activities you might do	-			
luring a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as	Limited a lot	1	698	8.2
noving a table, pushing a vacuum cleaner, bowling or playing	Limited a little	2	2535	29.7
jolf (M8Q3B)	Not limited	3	5307	62.1
	N Missing		54	
Q3C The following questions are about activities you might do	·			
luring a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries	Limited a lot	1	433	5.1
M8Q3C)	Limited a little	2	2098	24.6
	Not limited	3	5986	70.3
	N Missing		69	
Q3D The following questions are about activities you might do	-			
luring a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs	Limited a lot	1	1297	15.2
M8Q3D)	Limited a little	2	3292	
	Not limited	3	3926	46.1

Item Description	Categories	Values	Number	%
Q3E The following questions are about activities you might do				
during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	1	449	5.3
(M8Q3E)	Limited a little	2	1569	18.4
	Not limited	3	6492	76.3
	N Missing		86	
Q3F The following questions are about activities you might do				
during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	1	1144	13.4
(M8Q3F)	Limited a little	2	3829	44.9
	Not limited	3	3550	41.7
	N Missing		67	
Q3G The following questions are about activities you might do				
during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	1	968	11.4
(M8Q3G)	Limited a little	2	1959	23.0
	Not limited	3	5600	65.7
	N Missing		68	
Q3H The following questions are about activities you might do				
uring a typical day. Does your health now limit you in these stivities? If so, how much? Walking half a kilometre (M8Q3H)	Limited a lot	1	563	6.6
	Limited a little	2	1039	12.2
	Not limited	3	6921	81.2
	N Missing		81	
Q3I The following questions are about activities you might do				
during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres (M8Q3I)	Limited a lot	1	204	2.4
	Limited a little	2	686	8.1
	Not limited	3	7621	89.5
	N Missing		84	
Q3J The following questions are about activities you might do				
during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	1	136	1.6
(M8Q3J)	Limited a little	2	431	5.0
	Not limited	3	7987	93.4
	N Missing		37	
Q4A During the past four weeks, have you had any of the				
following problems with your work (including your work outside the home and housework) or other regular daily activities as a	Yes	1	1795	21.0
result of your physical health? Cut down on the amount of time	No	2	6754	79.0
u spent on work or other activities (M8Q4A)	N Missing		42	
Q4B During the past four weeks, have you had any of the				
following problems with your work (including your work outside the home and housework) or other regular daily activities as a	Yes	1	2832	33.2
result of your physical health? Accomplished less than you	No	2	5696	66.8
would like (M8Q4B)	N Missing		60	
	2			

Item Description	Categories	Values	Number	%
Q4C During the past four weeks, have you had any of the following problems with your work (including your work outside				
the home and housework) or other regular daily activities as a	Yes	1	2400	28.1
result of your physical health? Were limited in the kind of work or other activities (M8Q4C)	No	2	6130	71.9
	N Missing		59	
Q4D During the past four weeks, have you had any of the following problems with your work (including your work outside				
the home and housework) or other regular daily activities as a	Yes	1	2508	29.4
result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	No	2	6029	70.6
(M8Q4D)	N Missing		53	
Q5A During the past four weeks, have you had any of the				
following problems with your work or other regular daily activities as a result of any emotional problems (such as	Yes	1	1278	15.0
feeling depressed or anxious)? Cut down on the amount of	No	2	7245	85.0
time you spent on work or other activities (M8Q5A)	N Missing		69	
Q5B During the past four weeks, have you had any of the				
following problems with your work or other regular daily activities as a result of any emotional problems (such as	Yes	1	1867	21.9
eling depressed or anxious)? Accomplished less than you ould like (M8Q5B)	No	2	6637	78.1
	N Missing		93	
5C During the past four weeks, have you had any of the llowing problems with your work or other regular daily				
following problems with your work or other regular daily activities as a result of any emotional problems (such as	Yes	1	1234	14.5
feeling depressed or anxious)? Didn't do work or other activities as carefully as usual (M8Q5C)	No	2	7272	85.5
activities as carefully as usual (MoQOC)	N Missing		91	
Q6 During the past four weeks, to what extent has your				
physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or	Not at all	1	5223	61.1
groups? (M8Q6)	Slightly	2	1806	21.1
	Moderately	3	846	9.9
	Quite a bit	4	543	6.3
	Extremely	5	131	1.5
	N Missing		45	
Q7 How much bodily pain have you had during the past four				
weeks? (M8Q7)	No bodily pain	1	1154	13.5
	Very mild	2	2610	30.5
	Mild	3	1906	22.3
	Moderate	4	2164	25.3
	Severe	5	613	7.2
	Very severe	6	98	1.1
	N Missing		52	

Item Description	Categories	Values	Number	%
Q8 During the past four weeks, how much did pain interfere				
with your normal work (including both work outside the home and housework)? (M8Q8)	Not at all	1	3892	45.5
	A little bit	2	2593	30.3
	Moderately	3	1236	14.4
	Quite a bit	4	707	8.3
	Extremely	5	124	1.5
	N Missing		40	
Q9A For each question, please give the one answer that				
comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	444	5.2
(M8Q9A)	Most of the time	2	3448	40.4
	A good bit of the time	3	1848	21.7
	Some of the time	4	1653	19.4
	Little of the time	5	751	8.8
	None of the time	6	385	4.5
	N Missing		70	
Q9B For each question, please give the one answer that				
comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very	All the time	1	92	1.1
nervous person (M8Q9B)	Most of the time	2	160	1.9
	A good bit of the time	3	342	4.0
	Some of the time	4	1095	12.8
	Little of the time	5	2565	30.0
	None of the time	6	4288	50.2
	N Missing		54	
Q9C For each question, please give the one answer that				
comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in	All the time	1	58	0.7
the dumps that nothing could cheer you up (M8Q9C)	Most of the time	2	91	1.1
	A good bit of the time	3	229	2.7
	Some of the time	4	665	7.8
	Little of the time	5	1462	17.1
	None of the time	6	6034	70.7

Item Description	Categories	Values	Number	%
Q9D For each question, please give the one answer that				
comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt calm and	All the time	1	532	6.2
peaceful (M8Q9D)	Most of the time	2	3691	43.3
	A good bit of the time	3	1597	18.7
	Some of the time	4	1592	18.7
	Little of the time	5	797	9.4
	None of the time	6	311	3.7
	N Missing		78	
Q9E For each question, please give the one answer that				
comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you have a lot of	All the time	1	274	3.2
energy (M8Q9E)	Most of the time	2	2618	30.8
	A good bit of the time	3	2022	23.8
	Some of the time	4	1892	22.3
	Little of the time	5	1116	13.1
	None of the time	6	579	6.8
	N Missing		100	
Q9F For each question, please give the one answer that				
comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt down	All the time	1	67	0.8
(M8Q9F)	Most of the time	2	154	1.8
	A good bit of the time	3	378	4.4
	Some of the time	4	1305	15.3
	Little of the time	5	3350	39.4
	None of the time	6	3255	38.3
	N Missing		88	
Q9G For each question, please give the one answer that				
comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel worn out	All the time	1	130	1.5
(M8Q9G)	Most of the time	2	330	3.9
	A good bit of the time	3	710	8.4
	Some of the time	4	2032	23.9
	Little of the time	5	3511	41.3
	None of the time	6	1781	21.0
	N Missing		96	

Item Description	Categories	Values	Number	%
Q9H For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a happy	All the time	1	1057	12.4
person (M8Q9H)	Most of the time	2	4470	52.4
	A good bit of the time	3	1328	15.6
	Some of the time	4	1089	12.8
	Little of the time	5	433	5.7
	None of the time	6	149	1.8
	N Missing		61	
Q9I For each question, please give the one answer that comes closest to the way you have been feeling. How much of the ime during the past four weeks. Did you feel tired (M8Q9I)	All the time	1	268	3.1
ine during the past four weeks. Did you reef thed (Moder)	Most of the time	2	608	7.1
	A good bit of the time	3	1157	13.5
	Some of the time	4	2759	32.3
	Little of the time	5	3296	38.6
	None of the time	6	453	5.3
	N Missing		49	
Q10 During the past four weeks, how much of the time have our physical health or emotional problems interfered with your ocial activities (like visiting with friends, relatives, etc)? M8Q10)	All the time	1	161	1.9
	Most of the time	2	353	4.
	Some of the time	3	1248	14.6
	Little of the time	4	1552	18.
	None of the time	5	5208	61.
	N Missing		64	
Q11A How true or false is each of the following statements for you? I seem to get sick a little easier than other people M8Q11A)	Definitely true	1	104	1.2
wood in ty	Mostly true	2	342	4.
	Don't know	3	681	8.
	Mostly false	4	1827	21.7
	Definitely false	5	5463	64.9
	N Missing		177	
11B How true or false is each of the following statements for				
ou? I am as healthy as anybody I know (M8Q11B)	Definitely true	1	2662	31.0
	Mostly true	2	3611	42.8
	Don't know	3	1062	12.0
	Mostly false	4	640	7.0
	Definitely false	5	458	5.4
	N Missing		184	

Item Description	Categories	Values	Number	%
Q11C How true or false is each of the following statements for				
you? I expect my health to get worse (M8Q11C)	Definitely true	1	356	4.2
	Mostly true	2	1251	14.9
	Don't know	3	3157	37.7
	Mostly false	4	1583	18.9
	Definitely false	5	2039	24.3
	N Missing		214	
11D How true or false is each of the following statements for				
ou? My health is excellent (M8Q11D)	Definitely true	1	1469	17.5
	Mostly true	2	4634	55.2
	Don't know	3	474	5.6
	Mostly false	4	1050	12.5
	Definitely false	5	771	9.2
	N Missing		193	
12A How many times have you consulted the following				
ople for your own health in the last twelve months? A family ctor or another general practitioner (GP) (M8Q12A)	None	0	278	3.3
	Once or twice	1	2398	28.1
	3 or 4 times	2	2752	32.2
	5 or 6 times	3	1695	19.8
	7 to 12 times	4	995	11.6
	13 to 24 times	5	310	3.6
	25 or more times	6	120	1.4
	N Missing		45	
12B How many times have you consulted the following				
eople for your own health in the last twelve months? A ospital doctor (e.g. in outpatients or casualty) (M8Q12B)	None	0	6599	77.4
	Once or twice	1	1405	16.5
	3 or 4 times	2	346	4.1
	5 or 6 times	3	95	1.1
	7 to 12 times	4	51	0.6
	13 to 24 times	5	16	0.2
	25 or more times	6	15	0.2
	N Missing		65	

Item Description	Categories	Values	Number	%
Q12C How many times have you consulted the following				
people for your own health in the last twelve months? A specialist doctor (M8Q12C)	None	0	3467	40.6
	Once or twice	1	3225	37.7
	3 or 4 times	2	1188	13.9
	5 or 6 times	3	382	4.5
	7 to 12 times	4	210	2.5
	13 to 24 times	5	48	0.6
	25 or more times	6	28	0.3
	N Missing		47	
Q13A Have you consulted the following people for your own				
health in the last 12 months? Physiotherapist (M8Q13A)	Yes	1	2468	28.9
	No	2	6060	71.1
	N Missing		71	
Q13B Have you consulted the following people for your own				
ealth in the last twelve months? Counsellor / Psychologist / ocial worker (M8Q13B)	Yes	1	622	7.3
	No	2	7914	92.7
	N Missing		63	
13C Have you consulted the following people for your own ealth in the last twelve months? A community nurse, practice				
nurse, or nurse practitioner (M8Q13C)	Yes	1	1501	17.7
	No	2	6986	82.3
	N Missing		97	
Q13D Have you consulted the following people for your own				
health in the last twelve months? Optician / Optometrist (M8Q13D)	Yes	1	5945	69.6
	No	2	2592	30.4
	N Missing		60	
Q13E Have you consulted the following people for your own				
health in the last twelve months? Hearing Specialist (M8Q13E)	Yes	1	1224	14.3
	No	2	7309	85.7
	N Missing		66	
Q13F Have you consulted the following people for your own				
health in the last twelve months? Dietitian (M8Q13F)	Yes	1	588	6.9
	No	2	7936	93.1
	N Missing		76	
Q13G Have you consulted the following people for your own				
health in the last twelve months? Podiatrist (M8Q13G)	Yes	1	2341	27.5
	No	2	6183	72.5
	N Missing		77	

Item Description	Categories	Values	Number	%
Q13H Have you consulted the following people for your own				
health in the last 12 months? A dentist (M8Q13H)	Yes	1	6157	72.0
	No	2	2390	28.0
	N Missing		51	
Q13I Have you consulted the following people for your own				
health in the last 12 months? Massage therapist (M8Q13I)	Yes	1	2029	23.8
	No	2	6502	76.2
	N Missing		67	
Q13J Have you consulted the following people for your own				
health in the last 12 months? Naturopath / Herbalist (M8Q13J)	Yes	1	513	6.0
	No	2	8011	94.0
	N Missing		72	
Q13K Have you consulted the following people for your own				
ealth in the last 12 months? Chiropractor (M8Q13K)	Yes	1	1074	12.6
	No	2	7457	87.4
	N Missing		67	
Q13L Have you consulted the following people for your own				
health in the last 12 months? Osteopath (M8Q13L)	Yes	1	416	4.9
	No	2	8104	95.1
	N Missing		83	
Q13M Have you consulted the following people for your own	-			
health in the last 12 months? Acupuncturist (M8Q13M)	Yes	1	555	6.5
	No	2	7973	93.5
	N Missing		68	
Q13N Have you consulted the following people for your own	·			
health in the last 12 months? Other alternative health practitioner (e.g. aromatherapist, homeopath, reflexologist,	Yes	1	358	4.2
ridologist) (M8Q13N)	No	2	8155	95.8
	N Missing		78	
Q14A How often have you used the following therapies for	<u> </u>			
your own health in the last 12 months? Vitamins / Minerals	Never	1	1774	20.7
(M8Q14A)	Rarely	2	815	
	Sometimes	- 3	1626	
	Often	4	4341	
	Olich			

Item Description	Categories	Values	Number	%
Q14B How often have you used the following therapies for your own health in the last 12 months? Yoga or Meditation				
(M8Q14B)	Never	1	5986	70.0
	Rarely	2	792	9.3
	Sometimes	3	934	10.9
	Often	4	840	9.8
	N Missing		50	
Q14C How often have you used the following therapies for				
your own health in the last 12 months? Herbal medicines (M8Q14C)	Never	1	5867	68.
,	Rarely	2	870	10.2
	Sometimes	3	1022	12.0
	Often	4	785	9.2
	N Missing		54	
Q14D How often have you used the following therapies for				
your own health in the last 12 months? Aromatherapy oils M8Q14D)	Never	1	6722	78.
	Rarely	2	750	8.
	Sometimes	3	837	9.
	Often	4	239	2.
	N Missing		51	
Q14E How often have you used the following therapies for				
your own health in the last 12 months? Chinese medicines [M8Q14E]	Never	1	7900	92.3
	Rarely	2	388	4.
	Sometimes	3	189	2.2
	Often	4	82	1.0
	N Missing		37	
Q14F How often have you used the following therapies for				
your own health in the last 12 months? Other alternative herapies (M8Q14F)	Never	1	7340	86.1
	Rarely	2	536	6.3
	Sometimes	3	441	5.2
	Often	4	209	2.4
	N Missing		73	
Q15A When you go to a General Practitioner: Do you go to the	-			
same place (M8Q15A)	Always	1	7046	82.2
	Most of time	2	1384	
	Sometimes	3	95	1.1
	Rarely/never	4	50	0.6
	-			

Item Description	Categories	Values	Number	%
Q15B When you go to a General Practitioner: Do you usually				
see the same doctor (M8Q15B)	Always	1	4495	52.4
	Most of time	2	3446	40.2
	Sometimes	3	419	4.9
	Rarely/never	4	215	2.5
	N Missing		22	
Q16 How would you rate the cost of your last visit to a general				
practitioner? (M8Q16)	No cost	1	5328	62.2
	Good	2	1055	12.3
	Fair	3	1709	20.0
	Poor	4	400	4.7
	Don't know	5	73	0.9
	N Missing		27	
Q17 Have you been admitted to hospital in the last 12				
months? (M8Q17)	No	1	6159	71.9
	Yes, day only	2	1182	13.8
	Yes, spent at least one night	3	1224	14.3
	N Missing		33	
Q18 Do you have a Health Care Card? This is a card that				
entitles you to discounts and assistance with medical expenses. This is not the same as a Medicare card. (M8Q18)	Yes	1	5028	58.8
	No	2	3521	41.2
	N Missing		50	
Q19A Do you have private health insurance for hospital cover?				
(M8Q19A)	Yes	1	6085	71.1
	No, Vet affairs	2	60	0.7
	No, cannot afford it	3	1470	17.2
	No, not good value	4	459	5.4
	No, don't need it	5	203	2.4
	No, other reason	6	278	3.2
	N Missing		44	

Item Description	Categories	Values	Number	%
Q19B Do you have private health insurance for ancillary				
services? (e.g. dental, physiotherapy) (M8Q19B)	Yes	1	5609	65.6
	No, Vet affairs	2	61	0.7
	No, cannot afford it	3	1496	17.5
	No, not good value	4	759	8.9
	No, don't need it	5	249	2.9
	No, services not available	6	14	0.2
	No, other reason	7	361	4.2
	N Missing		47	
Q20A When did you last have: A Pap test? (M8Q20A)				
	In last 2 years	1	4290	50.5
	2 to less than 3 years ago	2	917	10.8
	3 to 5 years ago	3	533	6.3
	More than 5 years ago	4	2138	25.2
	Never	5	218	2.6
	Don't know	6	396	4.7
	N Missing		109	
Q20B When did you last have: a mammogram? (M8Q20B)				
	In last 2 years	1	6668	78.1
	2 to less than 3 years ago	2	883	10.3
	3 to 5 years ago	3	274	3.2
	More than 5 years ago	4	441	5.2
	Never	5	218	2.5
	Don't know	6	60	0.7
	N Missing		55	
Q20C When did you last have: Your blood pressure checked?	?			
(M8Q20C)	In last 2 years	1	8213	96.3
	2 to less than 3 years ago	2	182	2.1
	3 to 5 years ago	3	58	0.7
	More than 5 years ago	4	24	0.3
	Never	5	13	0.2
	Don't know	6	38	0.4
	N Missing		66	

			%
S,			
In last 2 years	1	5272	61.9
2 to less than 3 years ago	2	798	9.4
3 to 5 years ago	3	536	6.3
More than 5 years ago	4	456	5.4
Never	5	1291	15.2
Don't know	6	159	1.9
N Missing		83	
In last 2 years	1	7265	84.9
2 to less than 3 years ago	2	567	6.6
3 to 5 years ago	3	273	3.2
More than 5 years ago	4	171	2.0
Never	5	141	1.6
Don't know	6	140	1.6
N Missing		37	
ed			
In last 2 years	1	7058	82.5
2 to less than 3 years ago	2	552	6.5
3 to 5 years ago	3	248	2.9
More than 5 years ago	4	164	1.9
Never	5	246	2.9
Don't know	6	285	3.3
N Missing		43	
5			
Yes	1	168	2.0
Νο			
			4.9
5			
Yes	1	470	5.5
			2.8
	0		2.0
		01	
Yes	1	4730	55.3
	2		- <b>-</b> /
-		50	
	In last 2 years 2 to less than 3 years ago 3 to 5 years ago More than 5 years ago Never Don't know N Missing In last 2 years 2 to less than 3 years ago 3 to 5 years ago More than 5 years ago Never Don't know N Missing ted In last 2 years 2 to less than 3 years ago 3 to 5 years ago More than 5 years ago More than 5 years ago Never Don't know Never Don't know Never Don't know Never Don't know Never Don't know Never Don't know	In last 2 years12 to less than 3 years ago3More than 5 years ago4Never5Don't know6N Missing12 to less than 3 years ago23 to 5 years ago3More than 5 years ago3More than 5 years ago3More than 5 years ago4Never5Don't know6N Missing6N Missing6In last 2 years12 to less than 3 years ago4Never5Don't know6N Missing23 to 5 years ago3More than 5 years ago3More than 5 years ago4Never5Don't know6N Missing7Yes1No2Don't know3N Missing7Yes1No2Don't know3N Missing1Yes1No2Don't know3N Missing1Yes1No2Don't know3N Missing1Yes1No2N Missing1Yes1No2N Missing1Yes1No2N Missing1Yes1No2N Missing1 <td>In last 2 years       1       5272         2 to less than 3 years ago       2       798         3 to 5 years ago       4       456         Never       5       1291         Don't know       6       159         N Missing       83         In last 2 years       1       7265         2 to less than 3 years ago       2       567         3 to 5 years ago       3       273         More than 5 years ago       3       273         More than 5 years ago       3       273         More than 5 years ago       4       171         Never       5       141         Don't know       6       140         N Missing       37         ed       1       7058         2 to less than 3 years ago       2       552         3 to 5 years ago       3       248         More than 5 years ago       4       164         Never       5       246         Don't know       6       285         N Missing       43       43         Yes       1       168         No       2       7808         Don't know       &lt;</td>	In last 2 years       1       5272         2 to less than 3 years ago       2       798         3 to 5 years ago       4       456         Never       5       1291         Don't know       6       159         N Missing       83         In last 2 years       1       7265         2 to less than 3 years ago       2       567         3 to 5 years ago       3       273         More than 5 years ago       3       273         More than 5 years ago       3       273         More than 5 years ago       4       171         Never       5       141         Don't know       6       140         N Missing       37         ed       1       7058         2 to less than 3 years ago       2       552         3 to 5 years ago       3       248         More than 5 years ago       4       164         Never       5       246         Don't know       6       285         N Missing       43       43         Yes       1       168         No       2       7808         Don't know       <

Item Description	Categories	Values	Number	%
Q22B In the past three years, have you: Carried out regular				
monthly breast self examination? (M8Q22B)	Yes	1	4579	53.6
	No	2	3964	46.4
	N Missing		53	
Q22C In the last three years, have you had: A Bone density				
test (M8Q22C)	Yes	1	2615	30.5
	No	2	5950	69.5
	N Missing		30	
Q22D In the past three years, have you: Had a test for bowel				
cancer? (M8Q22D)	Yes	1	5909	69.0
	No	2	2657	31.0
	N Missing		27	
Q22E In the past three years, have you: Been vaccinated for				
nfluenza (the 'flu)? (M8Q22E)	Yes	1	6346	74.0
	No	2	2232	26.0
	N Missing		18	
Q22F In the PAST THREE YEARS, have you: Had a				
2F In the PAST THREE YEARS, have you: Had a eumococcal vaccine (also called PPV, for pneumonia)? 8Q22F)	Yes	1	2821	33.0
	No	2	5730	67.0
	N Missing		53	
Q23 Are you currently taking: Hormone replacement therapy				
(HRT)? (M8Q23)	Yes	1	786	9.2
	No	2	7785	90.8
	N Missing		23	
Q24 Do you regularly need help with daily tasks because of	·			
long-term illness, disability or frailty (e.g. personal care, getting around, preparing meals etc)? (M8Q24)	Yes	1	325	3.8
	No	2	8252	96.2
	N Missing		18	
Q25A Next are some specific questions about your health and	Ū			
how you have been feeling in the past month. Have you felt	Yes	1	3458	40.6
keyed up or on edge? (M8Q25A)	No	2	5062	
	N Missing		81	
Q25B Next are some specific questions about your health and	v			
how you have been feeling in the past month. Have you been	Yes	1	2857	33.5
worrying a lot? (M8Q25B)	No	2	5664	
		-		

Item Description	Categories	Values	Number	%
Q25C Next are some specific questions about your health and				
how you have been feeling in the past month. Have you been irritable? (M8Q25C)	Yes	1	2842	33.4
	No	2	5674	66.6
	N Missing		87	
Q25D Next are some specific questions about your health and				
how you have been feeling in the past month. Have you had difficulty relaxing? (M8Q25D)	Yes	1	2853	33.5
	No	2	5652	66.5
	N Missing		94	
Q25E Next are some specific questions about your health and				
how you have been feeling in the past month. Have you been sleeping poorly? (M8Q25E)	Yes	1	4266	50.1
	No	2	4252	49.9
	N Missing		82	
Q25F Next are some specific questions about your health and				
how you have been feeling in the past month. Have you had headaches or neck aches? (M8Q25F)	Yes	1	3800	44.5
	No	2	4732	55.5
	N Missing		60	
Q25G Next are some specific questions about your health and				
	Yes	1	2431	28.6
you have been feeling in the past month. Have you had of the following: trembling, tingling, dizzy spells, sweating, hoea or needing to pass urine more often than usual?	No	2	6075	71.4
(M8Q25G)	N Missing		82	
Q25H Next are some specific questions about your health and				
how you have been feeling in the past month. Have you been worried about your health? (M8Q25H)	Yes	1	2442	28.6
	No	2	6095	71.4
	N Missing		62	
Q25I Next are some specific questions about your health and				
how you have been feeling in the past month. Have you had difficulty falling asleep? (M8Q25I)	Yes	1	3487	40.9
	No	2	5048	59.1
	N Missing		66	
Q26A Thinking about your own health care, how would you				
rate the following: Access to medical specialists if you need them (M8Q26A)	Excellent	1	3540	41.5
	Very good	2	3002	35.2
	Good	3	1268	14.9
	Fair	4	382	
	Poor	5	141	1.7
		0	004	<b>0</b> 4
	Don't know	6	201	2.4

Item Description	Categories	Values	Number	%
26B Thinking about your own health care, how would you				
ate the following: Access to a hospital if you need it (M8Q26B)	Excellent	1	3939	46.
	Very good	2	2849	33.
	Good	3	1227	14.
	Fair	4	227	2.
	Poor	5	55	0.
	Don't know	6	240	2.
	N Missing		60	
26C Thinking about your own health care, how would you				
ate the following: Access to medical care in an emergency //8Q26C)	Excellent	1	3546	41
	Very good	2	2841	33
	Good	3	1215	14
	Fair	4	290	3
	Poor	5	60	0
	Don't know	6	556	6
	N Missing		91	
26D Thinking about your own health care, how would you				
te the following: Access to after-hours medical care 18Q26D)	Excellent	1	2252	26
	Very good	2	2360	27
	Good	3	1488	17
	Fair	4	648	7
	Poor	5	358	Z
	Don't know	6	1380	16
	N Missing		108	
26E Thinking about your own health care, how would you				
te the following: Access to a GP who bulk bills (M8Q26E)	Excellent	1	3585	42
	Very good	2	1981	23
	Good	3	903	10
	Fair	4	435	5
	Poor	5	702	ε
	Don't know	6	905	10
	N Missing		87	

ate the following: Access to a female GP (M8Q26F)       Excellent       1       3661       43.         Very good       2       2269       26.         Good       3       1106       13.         Fair       4       443.       5.         Poor       5       248.       2.         Don't know       6       779.       9.         Att the following: Hours when a GP is available (M8Q26G)       Excellent       1       2069.       24.5         Good       3       2145.       25.       Fair       4       72.3       8.         Qood       3       2145.       25.       Fair       4       72.3       8.         Good       3       2145.       25.       Fair       4       72.3       8.         Yory good       2       25.6       Fair       10.7       72.3       8.         Qood'Lowing: Number of GPs you have to choose from Medidyou at the following: Number of GPs you have to choose from Medidyou at the following: Number of GPs you have to choose from Medidyou at the following: Ease of seeing the GP of your choice (M8Q26H)       Yery good       2       25.5       3.         Qood       3       160.       7.       Poor       5       232.2       2.	Item Description	Categories	Values	Number	%
2266 Thinking about your own health care, how would you ate the following: Number of GPs you have to choose from M8Q26H)         1         300         4.3         110         3.5           2266 Thinking about your own health care, how would you ate the following: Hours when a GP is available (M8Q26G)         Excellent         1         2069         24.8         2.           2266 Thinking about your own health care, how would you ate the following: Hours when a GP is available (M8Q26G)         Excellent         1         2069         24.8         2.           2266 Thinking about your own health care, how would you ate the following: Number of GPs you have to choose from M8Q26H)         1         2069         24.8         2.           2266 Thinking about your own health care, how would you ate the following: Number of GPs you have to choose from M8Q26H)         1         72.3         8.           2261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)         1         25.5         30.0           2261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)         1         25.7         30.7           2261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)         1         25.7         30.6           2261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)	Q26F Thinking about your own health care, how would you				
Solution         3         1106         13.           Fair         4         443         5.           Poor         5         248         2.           Don't know         6         779         9.           N Missing         1         2069         20.0           2266 Thinking about your own health care, how would you         1         2069         20.07           24e the following: Hours when a GP is available (M8026G)         Excellent         1         20.09         3.           246 Thinking about your own health care, how would you         6         0.07         5         2.18         2.           Cood         3         1.07         2.         8.         2.         2.           Don't know         6         2.41         2.         2.         2.         2.           Don't know         6         2.245         3.	rate the following: Access to a female GP (M8Q26F)	Excellent	1	3661	43.0
Pair A 443 5. Poor 5 248 2. Poor 6 779 9. N Missing 2001 your own health care, how would you ate the following: Hours when a GP is available (M8Q266) Excellent 1 2009 2. Good 3 2145 2. Poor 2 2 309 3. Poor 2 2 309 3. Poor 3 2 214 7.23 8. Poor 2 2 200 3. Poor 3 2 200 3. Poor 4.000 4. Poor 5 2.020 4. Poor 6 3 2.020 4. Poor 6 3 2.020 4. Poor 6 3 2.020 4. Poor 7 2 2.020 4. Poor 7 2.020 4.		Very good	2	2269	26.7
Poor52482.Don't know67799.Nissing11011266 Thinking about your own health care, how would you630973.Good230973.3.Good321452.3.Poor52.02.3.Don't know60.02.2.0Don't know00.12.2.0Albert following: Number of GPs you have to choose from at the following: Number of GPs you have to choose from Albert following: Sumber of GPs you have to choose from Albert following: Sumber of GPs you have to choose from Albert following: Sumber of GPs you have to choose from Albert following: Sumber of GPs you have to choose from Albert following: Sumber of GPs you have to choose from Albert following: Sumber of GPs you have to choose from Albert following: Sumber of GPs you have to choose from Albert following: Sumber of GPs you have to choose from Albert following: Sumber of GPs you have to choose from Albert following: Sumber of GPs you have to choose from Albert following: Sumber of GPs you have to choose from Albert following: Sum following fol		Good	3	1106	13.0
Don't know         6         779         9.           Nissing         101           226G Thinking about your own health care, how would you         1         2009         2.           Alexand and a set he following: Hours when a GP is available (M8Q26G)         Fair         1         2009         3.           Good         3         2145         2.         6.         6.         2.4         7.2         8.           Poor         5         2.18         2.         1.         2.		Fair	4	443	5.2
A Missing bott your own health care, how would you ate the following: Hours when a GP is available (M8Q26G) 4.2 Very good 2 0.007 3.2 Very good 3 0.2 Very goo		Poor	5	248	2.9
226G Thinking about your own health care, how would you ate the following: Hours when a GP is available (M8Q26G)       Excellent       1       2069       24       3097       36.         Good       3       2145       25.       600       3       2145       25.         Fair       4       723       8.       900r       5       218       2.         Don't know       6       241       2.       107       2011		Don't know	6	779	9.2
ate the following: Hours when a GP is available (M8Q2ĜG)Excellent1206924.Very good230736.Good3214525.Fair47238.Poor52182.Don't know62412.N Missing00't107226H Thinking about your own health care, how would you2255830.Very good2255830.Q26H Thinking about your own health care, how would you2265733.Good3195022.22.Fair46017.Poor52322.Don't know63063.N Missing10522.Don't know630.226I Thinking about your own health care, how would you rate1257.Poor5232.2.Don't know630.3.N Missing107.257.30.Very good228.63.Good318.621.Excellent1257.230.Very good228.63.Good318.621.Fair460.91.Poor532.53.Good318.621.Fair460.91.Poor532.53.Good318.621. <trr>Poor5<td< td=""><td></td><td>N Missing</td><td></td><td>101</td><td></td></td<></trr>		N Missing		101	
Very good       2       3097       36.         Good       3       2145       25.         Fair       4       723       8.         Poor       5       214       2.5         Don't know       6       241       2.5         Don't know       6       241       2.5         Don't know       1       2558       30.         Very good       2       2857       33.         Good       3       1905       22.         Fair       4       600       7.         Poor       5       232       2.         Poor know       6       00       3       30.         Very good       3       1005       22.         Poor know       6       00       3.       30.         Very good       2       2857       30.         Very good       3       100.       3.       30.         Very good       3       100.       3.       30.         Very good       2       286.       3.       3.         Good       3       183.       3.       3.         Qood       2       286. <t< td=""><td>Q26G Thinking about your own health care, how would you rate the following: Hours when a GP is available (M8Q26G)</td><td>Excellent</td><td>1</td><td>2060</td><td>24.4</td></t<>	Q26G Thinking about your own health care, how would you rate the following: Hours when a GP is available (M8Q26G)	Excellent	1	2060	24.4
226H Thinking about your own health care, how would you ate the following: Number of GPs you have to choose from M8Q26H)         Fair         4         723         8.           226H Thinking about your own health care, how would you ate the following: Number of GPs you have to choose from M8Q26H)         1         2558         30.           226H Thinking about your own health care, how would you ate the following: Number of GPs you have to choose from M8Q26H)         1         2558         30.           226H Thinking about your own health care, how would you ate the following: Ease of seeing the GP of your choice (M8Q26H)         1         2558         30.           226H Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)         1         2558         30.           226H Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)         1         2572         30.           226H Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)         1         2572         30.           226H Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)         1         2572         30.           226H Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)         1         2572         30.           250 Thinking about your own heal					
Pair       4       723       8.         Poor       5       218       2.         Don't know       6       241       2.         Don't know       1       255       30.         Very good       2       2857       32.         Good       3       1950       22.         Fair       4       601       7.         Poor       5       232       2.         Don't know       6       306       3.         Very good       2       2857       32.         Don't know       6       306       3.         Very good       2       2857       32.         Don't know       6       306       3.         Very good       2       2816       33.         Query good       2       2816       33.         Query good       2       2816       33.         Query good       3       1836       21.         Fair       4       869					
Poor         5         218         2.1           Don't know         6         241         2.1           Don't know         6         241         2.1           Don't know         6         241         2.1           Don't know         1         255         30.1           Don't word         2         2857         32.1           Good         3         1950         22.2           Fair         4         601         7.           Poor         5         232         2.           Don't know         6         306         3.           Don't know         6         30.0         3.1           Poor         5         232         2.           Don't know         6         30.0         3.1           Yory good         2         2816         3.1           Que good         1         2572         30.1           Yory good         2         2816         3.1           Que good         3         1836         21.1           Good         3         1836         21.1           Poor         5         325         3.           Don't kno					
Don't know         6         241         2.           N Missing         101         101         101           226H Thinking about your own health care, how would you         1         256         3.           Excellent         1         256         3.           Very good         2         2857         3.           Good         3         1950         22.           Fair         4         601         7.           Poor         5         232         2.           Don't know         6         306         3.           N Missing         015         105         22.           Don't know         6         306         3.           N Missing         015         105         105           Excellent         1         2572         3.           N Missing         015         105         105           Excellent         1         2572         3.           Good         3         1836         21.           Yery good         2         2816         3.           Good         3         1836         10.           Yery good         3         325         3.					
226H Thinking about your own health care, how would you M8Q26H)					
Q26H Thinking about your own health care, how would you ate the following: Number of GPs you have to choose from M8Q26H)         Excellent         1         2558         30.           Very good         2         2857         33.           Good         3         1950         22.           Fair         4         601         7.           Poor         5         232         2.           Don't know         6         306         3.           N Missing         105         105         105           Q261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q261)         Excellent         1         2572         30.           Q261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q261)         Excellent         1         2572         30.           Q261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q261)         Excellent         1         2572         30.           Q261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q261)         Excellent         1         2572         30.           Q001         Good         3         1836         21.         23.         3.         23.			0		2.0
ate the following: Number of GPs you have to choose from M8Q26H)       Excellent       1       2558       30.         Very good       2       2857       33.         Good       3       1950       22.         Fair       4       601       7.         Poor       5       232       2.         Don't know       6       306       3.         N Missing       105       105       30.         Q261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)       N Missing       105         Excellent       1       2572       30.         Q261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)       Excellent       1       2572       30.         Q261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)       Excellent       1       2572       30.         Q260       3       1836       14.       1836       14.       14.       2572       30.         Q261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26H)       Fair       4       669       10.         Q260 Thinking about your own health care, how would you rate	026H Thinking about your own health care, how would you	TA WISSING		107	
Good         3         1950         22.           Fair         4         601         7.           Poor         5         232         2.           Don't know         6         306         3.           N Missing         105         105           2261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q261)         Excellent         1         2572         30.           Very good         2         2816         33.         Good         3         1836         21.           Fair         4         869         10.         Fair         4         869         10.           Poor         5         325         3.         Don't know         6         89         1.	(M8Q26H) (M8Q26H)	Excellent	1	2558	30.1
Fair         4         601         7.           Poor         5         2.32         2.           Don't know         6         3.06         3.           N Missing         105         105         105           Scellent         1         2572         30.           Very good         2         2816         33.           Good         3         1836         21.           Fair         4         869         10.           Poor         5         325         3.           Don't know         6         89         1.		Very good	2	2857	33.6
Poor         5         2.32         2.5           Don't know         6         3.06         3.06         3.06           Auge following: Ease of seeing the GP of your choice (M8Q261)         N Missing         105         105           Excellent         1         2572         30.06           Ood         3         1836         21.06           Good         3         1836         21.06           Fair         4         869         10.06           Poor         5         325         3.06           Don't know         6         89         1.06		Good	3	1950	22.9
Don't know       6       306       3.1         Don't know       105       105       105       105         Don't know       1       2572       30.1         Don't know       2       2816       33.1         Excellent       1       2572       30.1         Very good       2       2816       33.1         Good       3       1836       21.1         Fair       4       869       10.1         Poor       5       325       3.1         Don't know       6       89       1.1		Fair	4	601	7.1
A Missing 105 A Missing 105 Excellent 1 2572 30. Very good 2 2816 33. Good 3 1836 21. Fair 4 869 10. Poor 5 325 3. Don't know 6 89 1.		Poor	5	232	2.7
Q261 Thinking about your own health care, how would you rate he following: Ease of seeing the GP of your choice (M8Q26I)Excellent1257230.Very good2281633.Good3183621.Fair486910.Poor53253.Don't know6891.		Don't know	6	306	3.6
he following: Ease of seeing the GP of your choice (M8Q26I)       Excellent       1       2572       30.         Very good       2       2816       33.         Good       3       1836       21.         Fair       4       869       10.         Poor       5       325       3.         Don't know       6       89       1.		N Missing		105	
Very good       2       2816       33.         Good       3       1836       21.         Fair       4       869       10.         Poor       5       325       3.         Don't know       6       89       1.	Q26I Thinking about your own health care, how would you rate the following: Ease of seeing the GP of your choice (M8Q26I)		1	2572	30.2
Good       3       1836       21.         Fair       4       869       10.         Poor       5       325       3.         Don't know       6       89       1.					
Fair       4       869       10.         Poor       5       325       3.         Don't know       6       89       1.					
Poor         5         325         3.           Don't know         6         89         1.					
Don't know 6 89 1.					
		N Missing	0	89 97	1.

Item Description	Categories	Values	Number	%
226J Thinking about your own health care, how would you				
ate the following: How long you wait to get a GP appointment M8Q26J)	Excellent	1	1907	22.4
	Very good	2	2940	34.
	Good	3	2237	26.3
	Fair	4	1033	12.1
	Poor	5	331	3.9
	Don't know	6	66	0.8
	N Missing		91	
226K Thinking about your own health care, how would you				
ate the following: The outcomes of your medical care (how nuch you are helped) (M8Q26K)	Excellent	1	2601	30.5
	Very good	2	3411	40.1
	Good	3	1901	22.3
	Fair	4	404	4.7
	Poor	5	56	0.
	Don't know	6	141	1.
	N Missing		90	
Q26L Thinking about your own health care, how would you				
ate the following: Ease of obtaining a mammogram (M8Q26L)	Excellent	1	4094	48.7
	Very good	2	2627	30.9
	Good	3	1100	12.9
	Fair	4	151	1.8
	Poor	5	37	0.4
	Don't know	6	495	5.8
	N Missing		89	
Q26M Thinking about your own health care, how would you				
ate the following: Ease of obtaining a Pap test (M8Q26M)	Excellent	1	3276	38.9
	Very good	2	2241	26.6
	Good	3	1002	11.9
	Fair	4	122	1.4
	Poor	5	25	0.3
	Don't know	6	1762	20.9

Item Description	Categories	Values	Number	%
Q26N Thinking about your own health care, how would you				
rate the following: Access to a counselling service if you need it (M8Q26N)	Excellent	1	1469	17.3
	Very good	2	1615	19.0
	Good	3	1111	13.1
	Fair	4	244	2.9
	Poor	5	77	0.9
	Don't know	6	3996	46.9
	N Missing		86	
Q27A In the last 12 months, have you: Slipped, tripped, or stumbled (not including falls to the ground)? (M8Q27A)	Νο	0	5498	64 7
	Yes	1	2999	
	N Missing	·	95	00.0
Q27B In the last 12 months, have you: Had a fall to the ground	<b>C</b>		00	
(does not include stumbles/trips)? (M8Q27B)	No	0	6455	76.0
	Yes	1	2042	
	N Missing		95	
Q27C In the last 12 months, have you: Been injured as a resul	-			
C In the last 12 months, have you: Been injured as a res fall? (M8Q27C)	No	0	7347	86.5
	Yes	1	1150	13.5
	N Missing		95	
Q27D In the last 12 months, have you: Needed to seek				
medical attention (e.g. Doctor, hospital) for an injury from a fall? (M8Q27D)	No	0	7662	90.2
	Yes	1	834	9.8
	N Missing		95	
Q27E In the last 12 months, have you: Had any other injury				
from an accident at your home? (e.g. burns, cuts, bruises) (M8Q27E)	No	0	8136	95.8
	Yes	1	361	4.2
	N Missing		95	
Q27F In the last 12 months, have you: Broken or fractured any	,			
bone/s? (M8Q27F)	No	0	8090	95.2
	Yes	1	407	4.8
	N Missing		95	
Q27G In the last 12 months, have you: None of these				
accidents (M8Q27G)	No	0	3421	40.3
	Yes	1	5076	59.7
	N Missing		95	

Item Description	Categories	Values	Number	%
Q28 In the past week, have you been feeling that life isn't				
worth living? (M8Q28)	Yes	1	313	3.7
	No	2	8173	96.3
	N Missing		110	
Q29A Do you have any of these sleeping problems? Waking				
up in the early hours of the morning (M8Q29A)	No	0	3715	43.6
	Yes	1	4811	56.4
	N Missing		70	
Q29B Do you have any of these sleeping problems? Lying				
awake for most of the night (M8Q29B)	No	0	7105	83.3
	Yes	1	1421	16.7
	N Missing		70	
Q29C Do you have any of these sleeping problems? Taking a				
ong time to get to sleep (M8Q29C)	No	0	5634	66.1
	Yes	1	2892	33.9
	N Missing		70	
Q29D Do you have any of these sleeping problems? Worry				
keeping you awake at night (M8Q29D)	No	0	7087	83.1
	Yes	1	1439	16.9
	N Missing		70	
Q29E Do you have any of these sleeping problems? Sleeping				
badly at night (M8Q29E)	No	0	5483	64.3
	Yes	1	3044	35.7
	N Missing		70	
Q29F Do you have any of these sleeping problems? None of				
these problems (M8Q29F)	No	0	6150	72.1
	Yes	1	2376	27.9
	N Missing		70	
Q30A In the last 3 years have you been diagnosed with or				
reated for: Diabetes (high blood sugar) (M8Q30A)	No	0	7602	89.9
	Yes	1	850	10.1
	N Missing		149	
Q30B In the past three years, have you been diagnosed or				
treated for: Impaired glucose tolerance (M8Q30B)	No	0	8215	97.2
	Yes	1	238	2.8
	N Missing		149	

Item Description	Categories	Values	Number	%
Q30C In the PAST THREE YEARS, have you been diagnosed	1			
or treated for: None of these conditions, Sugar related (M8Q30C)	No	0	993	11.8
	Yes	1	7459	88.2
	N Missing		149	
Q30D In the last 3 years have you been diagnosed with or				
treated for: Osteoarthritis (M8Q30D)	No	0	6059	71.1
	Yes	1	2459	28.9
	N Missing		85	
Q30E In the last 3 years have you been diagnosed with or				
treated for: Rheumatoid arthritis (M8Q30E)	No	0	8077	94.8
	Yes	1	441	5.2
	N Missing		85	
Q30F In the last 3 years have you been diagnosed with or				
treated for: Other arthritis (M8Q30F)	No	0	7609	89.3
	Yes	1	909	10.7
	N Missing		85	
Q30G In the past three years, have you been diagnosed or				
treated for: Osteoporosis (M8Q30G)	No	0	7615	89.4
	Yes	1	903	10.6
	N Missing		85	
Q30H In the PAST THREE YEARS, have you been diagnosed	ł			
or treated for: None of these conditions Bone Conditions (M8Q30H)	No	0	3872	45.5
	Yes	1	4647	54.5
	N Missing		85	
Q30I In the past three years, have you been diagnosed or				
treated for: Heart disease (including heart attack, angina) (M8Q30I)	No	0	7996	93.7
	Yes	1	535	6.3
	N Missing		66	
Q30J In the past three years, have you been diagnosed or				
treated for: Thrombosis (a blood clot) (M8Q30J)	No	0	8366	98.1
	Yes	1	165	1.9
	N Missing		66	
Q30K In the past three years, have you been diagnosed or				
treated for: High blood pressure (hypertension) (M8Q30K)	No	0	5573	65.3
	Yes	1	2959	34.7
	N Missing		66	

Item Description	Categories	Values	Number	%
Q30L In the past three years, have you been diagnosed or				
treated for: Stroke (M8Q30L)	No	0	8427	98.8
	Yes	1	104	1.2
	N Missing		66	
Q30M In the PAST THREE YEARS, have you been diagnosed				
or treated for: None of these conditions Blood Conditions (M8Q30M)	No	0	3317	38.9
· · · ·	Yes	1	5214	61.1
	N Missing		66	
Q30N In the past three years, have you been diagnosed or				
treated for: Parkinson's disease (M8Q30N)	No	0	8504	99.4
	Yes	1	48	0.6
	N Missing		50	
Q30O In the past three years, have you been diagnosed or				
treated for Mild Cognitive Impairment? (M8Q30O)	No	0	8523	99.7
	Yes	1	29	0.3
	N Missing		50	
Q30P In the last 3 years have you been diagnosed with or				
reated for: Alzheimer's Disease or Dementia (M8Q30P)	No	0	8524	99.7
	Yes	1	28	0.3
	N Missing		50	
Q30Q In the PAST THREE YEARS, have you been diagnosed				
or treated for: None of these conditions Degenerative Conditions (M8Q30Q)	No	0	78	0.9
	Yes	1	8474	99.1
	N Missing		50	
Q30R In the past three years, have you been diagnosed or				
treated for: Low iron level (iron deficiency or anaemia) (M8Q30R)	No	0	7860	91.8
	Yes	1	702	8.2
	N Missing		35	
Q30S In the past three years, have you been diagnosed or				
treated for: Asthma (M8Q30S)	No	0	7611	88.9
	Yes	1	951	11.1
	N Missing		35	
Q30T In the past three years, have you been diagnosed or				
treated for: Bronchitis/emphysema (M8Q30T)	No	0	7828	91.4
	Yes	1	733	8.6
	N Missing		35	

Item Description	Categories	Values	Number	%
Q30U In the PAST THREE YEARS, have you been diagnosed	1			
or treated for: None of these conditions Lung Condition M8Q30U)	No	0	1949	22.8
,	Yes	1	6612	77.2
	N Missing		35	
Q30V In the past three years, have you been diagnosed or				
reated for: Breast cancer (M8Q30V)	No	0	8341	97.7
	Yes	1	199	2.3
	N Missing		55	
Q30W In the past three years, have you been diagnosed or				
reated for: Cervical cancer (M8Q30W)	No	0	8529	99.9
	Yes	1	11	0.1
	N Missing		55	
Q30X In the past three years, have you been diagnosed or				
reated for lung cancer? (M8Q30X)	No	0	8498	99.5
	Yes	1	43	0.5
	N Missing		55	
Q30Y In the past three years, have you been diagnosed or	-			
reated for: Bowel cancer (M8Q30Y)	No	0	8459	99.0
	Yes	1	81	1.0
	N Missing		55	
Q30Z In the last 3 years have you been diagnosed with or	C C			
reated for: Skin cancer (M8Q30Z)	No	0	7230	84.7
	Yes	1	1310	
	N Missing		55	
Q30AA In the past three years, have you been diagnosed or				
reated for: Other cancer (M8Q30AA)	No	0	8345	97.7
	Yes	1	195	2.3
	N Missing		55	
Q30BB In the PAST THREE YEARS, have you been				
liagnosed or treated for: None of these conditions Cancer	No	0	1741	20 4
conditions (M8Q30BB)	Yes	1	6799	
	N Missing	I	55	73.0
Q30CC In the past three years, have you been diagnosed or			55	
reated for: Depression (M8Q30CC)	No	0	7606	م مو
	Yes	1		11.1
		1	<b>U</b> /1 X	111

Item Description	Categories	Values	Number	%
Q30DD In the past three years, have you been diagnosed or				
treated for: Anxiety/nervous disorder (M8Q30DD)	No	0	7699	90.0
	Yes	1	855	10.0
	N Missing		45	
Q30EE In the past three years, have you been diagnosed or				
treated for: Other psychiatric disorder (M8Q30EE)	No	0	8513	99.5
	Yes	1	41	0.5
	N Missing		45	
Q30FF In the past three years, have you been diagnosed or				
treated for: Chronic Fatigue Syndrome (M8Q30FF)	No	0	8470	99.0
	Yes	1	84	1.0
	N Missing		45	
Q30GG In the PAST THREE YEARS, have you been				
diagnosed or treated for: None of these conditions Mental Conditions (M8Q30GG)	No	0	1492	17.4
	Yes	1	7062	82.6
	N Missing		45	
Q30HH In the last 3 years have you been diagnosed with or				
treated for: Macular Degeneration (M8Q30HH)	No	0	8328	97.4
	Yes	1	224	2.6
	N Missing		49	
Q30II In the past three years have you been diagnosed or				
treated for Cataracts? (M8Q30II)	No	0	7304	85.4
	Yes	1	1248	14.6
	N Missing		49	
Q30JJ In the last 3 years have you been diagnosed with or				
treated for: Glaucoma (M8Q30JJ)	No	0	8214	96.0
	Yes	1	339	4.0
	N Missing		49	
Q30KK In the PAST THREE YEARS, have you been				
diagnosed or treated for: None of these conditions Eye Conditions (M8Q30KK)	No	0	1646	19.2
	Yes	1	6907	80.8
	N Missing		49	
Q30LL In the past three years, have you been diagnosed or	-			
treated for: Sexually transmitted infection (e.g. genital herpes or warts, chlamydia) (M8Q30LL)	No	0	8265	99.0
or wards, chiamyula/ (WOQOULL)	Yes	1	86	1.0
	N Missing		246	
	č		-	

Item Description	Categories	Values	Number	%
Q30MM In the PAST THREE YEARS, have you been				
diagnosed or treated for: Shingles? (M8Q30MM)	No	0	8008	95.
	Yes	1	343	4.
	N Missing		246	
Q30NN In the past three years, have you been diagnosed or				
reated for: Other major illness or disability (please specify on ine) (M8Q30NN)	No	0	7825	93.
	Yes	1	527	6.
	N Missing		246	
Q30OO In the PAST THREE YEARS, have you been				
diagnosed or treated for: None of these conditions STI conditions (M8Q30OO)	No	0	905	10.
	Yes	1	7446	89.2
	N Missing		246	
Q31 Have you ever been diagnosed or treated for: Polycystic	-			
Ovary Syndrome (M8Q31)	Yes	1	151	1.8
	Νο	2	8274	98.
	N Missing		168	
Q32A In the past three years, have you had any of the				
ollowing operations? Both ovaries removed (M8Q32A)	No	0	8408	98.4
	Yes	1	136	1.0
	N Missing		59	
Q32B In the past three years, have you had any of the				
ollowing operations or procedures? Hysteroscopy	No	0	8388	98.
investigative procedure to examine the uterus) (M8Q32B)	Yes	1	155	1.
	N Missing		59	
Q32C In the past three years, have you had any of the	N MISSING		00	
following operations? Hysterectomy (M8Q32C)	No	0	8333	97
	Yes	1	210	
	N Missing	·	59	2.0
Q32D In the last 3 years, have you had any of the following	N MISSING		00	
operations? Repair of prolapsed vagina, bladder or bowel	No	0	8245	96
(M8Q32D)	Yes	1	299	3.
		I	299 59	0.
Q32E In the last three years, have you had any of the following	N Missing		59	
operations or procedures? Hip surgery or hip replacement	-	0	8352	07
M8Q32E)	No	0	0302	
	Yes	1	191	2.2

Item Description	Categories	Values	Number	%
Q32F In the last three years, have you had any of the following				
operations or procedures? Knee replacement (M8Q32F)	No	0	8244	96.5
	Yes	1	299	3.5
	N Missing		59	
Q32G In the last three years, have you had any of the				
following operations or procedures? Other knee surgery/arthroscopy (M8Q32G)	No	0	8290	97.0
	Yes	1	254	3.0
	N Missing		59	
Q32H In the last three years, have you had any of the				
ollowing operations or procedures? Shoulder surgery (M8Q32H)	No	0	8379	98.1
	Yes	1	165	1.9
	N Missing		59	
232I In the past three years, have you had any of the following				
operations? Breast biopsy (taking sample of breast tissue) M8Q32I)	No	0	8268	96.8
	Yes	1	275	3.2
	N Missing		59	
Q32J In the past three years, have you had any of the				
following operations? Lumpectomy (removal of lump from breast) (M8Q32J)	No	0	8422	98.6
	Yes	1	122	1.4
	N Missing		59	
Q32K In the past three years, have you had any of the				
following operations? Mastectomy (removal of one or both breasts) (M8Q32K)	No	0	8500	99.5
	Yes	1	44	0.5
	N Missing		59	
Q32L In the past three years, have you had any of the				
following operations or procedures? Removal of skin cancer (M8Q32L)	No	0	6963	81.5
	Yes	1	1581	18.5
	N Missing		59	
Q32M In the past three years, have you had any of the				
following operations or procedures? Chemotherapy or radiotherapy for any cancer (M8Q32M)	No	0	8350	97.7
	Yes	1	194	2.3
	N Missing		59	
Q32N In the past three years, have you had any of the				
following operations or procedures? Any cancer surgery (other than skin or breast) (M8Q32N)	No	0	8402	98.3
· · · · ·	Yes	1	142	1.7
	N Missing		59	

Item Description	Categories	Values	Number	%
Q32O In the past three years, have you had any of the				
following operations? Cholecystectomy (gall bladder removed) (M8Q32O)	No	0	8435	98.7
	Yes	1	108	1.3
	N Missing		59	
Q32P In the past three years, have you had any of the following operations? Gastroscopy/colonoscopy (M8Q32P)				
	No	0	6830	79.9
	Yes	1	1714	20.1
	N Missing		59	
Q32Q In the past three years, have you had any of the following operations? Gastric banding surgery (M8Q32Q)	Νο	0	8517	99 7
	Yes	1	27	0.3
	N Missing	·	59	0.0
Q32R In the last 3 years, have you had any of the following	11 Wilconing		00	
operations or procedures? Eye surgery (including cataract surgery) (M8Q32R)	No	0	8019	93.9
<b>3 3 ( ( ( ( ( ( ( ( ( (</b>	Yes	1	525	6.1
	N Missing		59	
Q32S In the past three years, have you had any of the following operations? None of these (M8Q32S)			1017	
	No	0	4217	
	Yes	1	4326	50.6
	N Missing		59	
Q33 If you have had a hysterectomy, how old were you? (M8Q33)				
	Mean		44.59	
	Std Error		0.21	
	Ν		2579	
	N Missing		6043	
Q34 How would you rate the overall condition of your teeth, dentures or gums? (M8Q34)				
	Excellent	1	656	7.6
	Very good	2	2425	28.3
	Good	3	3301	38.5
	Fair	4	1829	21.3
	Poor	5	362	4.2
	N Missing		24	
Q35A In the past four weeks, have you taken any: Medications				
prescribed by a doctor? (M8Q35A)	Yes	1	6712	78.4
	No	2	1845	21.6
	N Missing		39	

Item Description	Categories	Values	Number	%
Q35B In the past four weeks, have you taken any: Medications				
/ vitamins / supplements or herbal therapies bought without a prescription at the chemist, supermarket, or health food shop?	Yes	1	6066	71.0
(M8Q35B)	No	2	2482	29.0
	N Missing		49	
Q35C In the PAST FOUR WEEKS, have you taken any: Medications to help you sleep? (M8Q35C)				
medications to help you sleep? (moQ35C)	Yes	1	1453	17.0
	No	2	7073	83.0
	N Missing		69	
Q36A In the past four weeks, have you taken any Aspirin (e.g.				
Aspro Clear) (M8Q36A)	Yes	1	1404	16.6
	No	2	7044	83.4
	N Missing		139	
Q36B In the past four weeks have you taken any				
Paracetamol? (M8Q36B)	Yes	1	5371	63.3
	No	2	3118	36.7
	N Missing		98	
Q36C In the past four weeks, have you taken any Ibuprofen				
(e.g. Nurofen TM) (M8Q36C)	Yes	1	1545	18.4
	No	2	6844	81.6
	N Missing		206	
Q36D In the past four weeks have you taken any Vitamin D?				
(M8Q36D)	Yes	1	3140	37.3
	No	2	5289	62.7
	N Missing		178	
Q36E In the past four weeks, have you taken any Vitamin C?				
(M8Q36E)	Yes	1	1521	18.2
	No	2	6847	81.8
	N Missing		223	
Q36F In the past four weeks, have you taken any Vitamin B or				
Vitamin B Complex? (M8Q36F)	Yes	1	1434	17.1
	No	2	6958	82.9
	N Missing		211	
Q36G In the past four weeks, have you taken any				
Multivitamins? (M8Q36G)	Yes	1	1519	18.1
	No	2	6862	81.9
	N Missing		216	

Item Description	Categories	Values	Number	%
Q36H In the past four weeks have you taken any Ventolin				
(salbutamol) (M8Q36H)	Yes	1	729	8.7
	No	2	7614	91.3
	N Missing		247	
Q36I In the past four weeks have you taken any Glucosamin	ne?			
(M8Q36I)	Yes	1	1586	18.9
	No	2	6812	81.1
	N Missing		207	
Q36J In the past four weeks have you taken any Omega 3				
e.g. fish oil)? (M8Q36J)	Yes	1	2904	34.4
	No	2	5533	65.6
	N Missing		163	
Q36K In the past four weeks have you taken any Calcium				
tablets/Caltrate? (M8Q36K)	Yes	1	2287	27.2
	No	2	6131	72.8
	N Missing		186	
Q36L In the past four weeks, have you taken any Magnesiur	m			
supplements? (M8Q36L)	Yes	1	2357	28.0
	No	2	6066	72.0
	N Missing		178	
Q36M In the past four weeks, have you taken any CoEnzym	e			
Q10 (CoQ10)? (M8Q36M)	Yes	1	551	6.6
	No	2	7813	93.4
	N Missing		246	
Q36N In the past four weeks, have you taken any Zinc?				
(M8Q36N)	Yes	1	515	6.2
	No	2	7848	93.8
	N Missing		240	
Q36O In the past four weeks, have you taken any Lysine?				
(M8Q36O)	Yes	1	225	2.7
	No	2	8122	97.3
	N Missing		260	
Q36P In the past four weeks, have you taken any: Other				
vitamins, supplements or herbal therapies (M8Q36P)	Yes	1	1182	15.0
	No	2	6704	85.0
	N Missing		718	

Item Description	Categories	Values	Number	%
Q37A Thinking about your current approach to life, please				
indicate how much you think each statement describes you: In uncertain times, I usually expect the best (M8Q37A)	Strongly disagree	1	123	1.5
	Disagree	2	836	10.0
	Neutral	3	2340	27.9
	Agree	4	4108	48.9
	Strongly agree	5	991	11.8
	N Missing		218	
Q37B Thinking about your current approach to life, please indicate how much you think each statement describes you: If something can go wrong for me, it will (M8Q37B)	Strongly disagree	1	2287	27.4
	Disagree	2	3417	40.9
	Neutral	3	1705	20.4
	Agree	4	805	9.6
	Strongly agree	5	135	1.6
	N Missing		258	
Q37C Thinking about your current approach to life, please	·			
indicate how much you think each statement describes you: I'm always optimistic about my future (M8Q37C)	Strongly disagree	1	93	1.1
	Disagree	2	639	7.6
	Neutral	3	1992	23.7
	Agree	4	4517	53.7
	Strongly agree	5	1166	13.9
	N Missing		211	
Q37D Thinking about your current approach to life, please				
indicate how much you think each statement describes you: I hardly ever expect things to go my way (M8Q37D)	Strongly disagree	1	2319	27.6
	Disagree	2	3646	43.5
	Neutral	3	1635	19.5
	Agree	4	708	8.4
	Strongly agree	5	80	1.0
	N Missing		230	
Q37E Thinking about your current approach to life, please indicate how much you think each statement describes you: I	Strongly disagree	1	2368	28.3
rarely count on good things happening to me (M8Q37E)	Disagree	2	3375	
	Neutral	- 3	1650	
	Agree	4		10.2
	Strongly agree	5	133	1.6
	N Missing	·	231	

Item Description	Categories	Values	Number	%
Q37F Thinking about your current approach to life, please				
indicate how much you think each statement describes you: Overall, I expect more good things to happen to me than bad	Strongly disagree	1	154	1.8
(M8Q37F)	Disagree	2	341	4.0
	Neutral	3	1358	16.0
	Agree	4	4688	55.3
	Strongly agree	5	1937	22.8
	N Missing		123	
Q38A In general I consider myself: (M8Q38A)				
	not a very happy person - 1	1	41	0.5
	2	2	66	0.8
	3	3	215	2.5
	4	4	867	10.1
	5	5	2148	25.1
	6	6	3390	39.7
	A very happy person - 7	7	1821	21.3
	N Missing		46	
Q38B Compared with most of my peers I consider myself:				
(M8Q38B)	Less happy - 1	1	60	0.7
	2	2	100	1.2
	3	3	316	3.7
	4	4	1306	15.3
	5	5	2445	28.6
	6	6	3103	36.3
	More happy- 7	7	1218	14.3
	N Missing		50	
Q38C Some people are generally very happy. They enjoy life				
regardless of what is going on, getting the most out of everything. To what extent does this characterisation describe	Not at all - 1	1	119	1.4
you? (M8Q38C)	2	2	196	2.3
	3	3	484	5.7
	4	4	1299	15.2
	5	5	2323	27.2
	6	6	2616	30.7
	A great deal- 7	7	1499	17.6
	N Missing		61	

Item Description	Categories	Values	Number	%
Q38D Some people are generally not very happy. Although				
they are not depressed, they never seem as happy as they might be. To what extent does this characterisation describe you? (M8Q38D)	Not at all - 1	1	3106	36.4
	2	2	2058	24.2
	3	3	881	10.3
	4	4	1071	12.6
	5	5	823	9.7
	6	6	435	5.1
	A great deal- 7	7	147	1.7
	N Missing		82	
Q41A In the last 12 months have you had any of the following:				
Illergies, hayfever, sinusitis (M8Q41A)	Never	1	3494	41.4
	Rarely	2	1446	17.1
	Sometimes	3	2438	28.9
	Often	4	1055	12.5
	N Missing		179	
Q41B In the last 12 months, have you had any of the following:				
Breathing difficulty (M8Q41B)	Never	1	5502	65.7
	Rarely	2	1421	17.0
	Sometimes	3	1119	13.4
	Often	4	330	3.9
	N Missing		249	
Q41C In the last 12 months, have you had any of the following:	:			
Wheezing (M8Q41C)	Never	1	6176	74.0
	Rarely	2	1033	12.4
	Sometimes	3	869	10.4
	Often	4	263	3.1
	N Missing		272	
Q41D In the last 12 months, have you had any of the following:				
Feeling of tightness in the chest (M8Q41D)	Never	1	5863	69.9
	Rarely	2	1334	15.9
	Sometimes	3	997	11.9
	Often	4	188	2.2
	N Missing		234	

Item Description	Categories	Values	Number	%
Q41E In the last 12 months, have you had any of the follow	<i>v</i> ing:			
Persistent cough (M8Q41E)	Never	1	4915	58.3
	Rarely	2	1554	18.4
	Sometimes	3	1466	17.4
	Often	4	497	5.9
	N Missing		176	
Q41F In the last 12 months, have you had any of the follow	/ing:			
Indigestion/heartburn (M8Q41F)	Never	1	2930	34.7
	Rarely	2	2184	25.9
	Sometimes	3	2453	29.1
	Often	4	876	10.4
	N Missing		154	
Q41G In the last 12 months, have you had any of the				
following: Chest pain (M8Q41G)	Never	1	6183	74.(
	Rarely	2	1397	16.7
	Sometimes	3	701	8.4
	Often	4	74	0.9
	N Missing		257	
Q41H In the last 12 months, have you had any of the follow	ving:			
Headaches/migraines (M8Q41H)	Never	1	2340	27.8
	Rarely	2	3292	39.0
	Sometimes	3	2334	27.7
	Often	4	466	5.5
	N Missing		170	
Q41I In the last twelve months have you had any of the				
following? Severe tiredness (M8Q41I)	Never	1	2469	29.3
	Rarely	2	2648	31.4
	Sometimes	3	2513	29.8
	Often	4	800	9.5
	N Missing		164	
Q41J In the last 12 months, have you had any of the follow	ing:			
Back pain (M8Q41J)	Never	1	1590	18.7
	Rarely	2	2080	24.5
	Sometimes	3	3100	36.5
	Often	4	1734	20.4
	N Missing		101	

Item Description	Categories	Values	Number	%
Q41K In the last 12 months, have you had any of the followin	ng:			
Stiff or painful joints (M8Q41K)	Never	1	1036	12.2
	Rarely	2	1599	18.8
	Sometimes	3	3352	39.4
	Often	4	2513	29.6
	N Missing		97	
Q41L In the last 12 months, have you had any of the followin	g:			
Problems with one or both shoulders (M8Q41L)	Never	1	3403	40.2
	Rarely	2	1683	19.9
	Sometimes	3	2163	25.6
	Often	4	1207	14.3
	N Missing		135	
Q41M In the last 12 months, have you had any of the				
following: Problems with one or both hips (M8Q41M)	Never	1	3981	47.0
	Rarely	2	1649	19.
	Sometimes	3	1849	21.
	Often	4	988	11.
	N Missing		135	
Q41N In the last 12 months, have you had any of the followin	ng:			
Problems with one or both knees (M8Q41N)	Never	1	2896	34.
	Rarely	2	1707	20.
	Sometimes	3	2337	27.
	Often	4	1549	18.2
	N Missing		114	
Q41O Have you had any of the following problems in the last	t			
12 months? Problems with one or both feet (M8Q41O)	Never	1	3269	38.
	Rarely	2	1648	19.4
	Sometimes	3	2124	25.
	Often	4	1457	17.
	N Missing		102	
Q41P In the last 12 months, have you had any of the followin	ıg:			
Urine that burns or stings (M8Q41P)	Never	1	6476	76.
	Rarely	2	1311	15.4
	Sometimes	3	644	7.0
	Often	4	84	1.0
	N Missing		82	

Item Description	Categories	Values	Number	%
Q41Q In the last 12 months, have you had any of the				
following: Haemorrhoids (piles) (M8Q41Q)	Never	1	5710	67.
	Rarely	2	1338	15.
	Sometimes	3	1168	13.
	Often	4	287	3.4
	N Missing		99	
Q41R In the last 12 months, have you had any of the follo	wing:			
Other bowel problems (M8Q41R)	Never	1	5217	61.
	Rarely	2	1441	17.
	Sometimes	3	1344	15.
	Often	4	482	5.
	N Missing		114	
Q41S In the last 12 months, have you had any of the follow	wing:			
Vaginal discharge or irritation (M8Q41S)	Never	1	6737	79.
	Rarely	2	1153	13.
	Sometimes	3	495	5.
	Often	4	104	1.
	N Missing		120	
Q41T In the last 12 months, have you had any of the follow	wing:			
Hot flushes (M8Q41T)	Never	1	5069	59.
	Rarely	2	1458	17.
	Sometimes	3	1321	15.
	Often	4	642	7.
	N Missing		115	
Q41U In the last 12 months, have you had any of the follo	wing:			
Night sweats (M8Q41U)	Never	1	5443	64.
	Rarely	2	1345	15.
	Sometimes	3	1215	14.
	Often	4	493	5.
	N Missing		114	
Q41V In the last 12 months, have you had any of the follow	wing:			
Leaking urine (M8Q41V)	Never	1	3666	43.
	Rarely	2	2157	25.
	Sometimes	3	1918	22.
	Often	4	774	9.
	N Missing		81	

Item Description	Categories	Values	Number	%
Q41W In the last 12 months, have you had any of the				_
following: Eyesight problems (M8Q41W)	Never	1	2848	33.5
	Rarely	2	2259	26.5
	Sometimes	3	2520	29.6
	Often	4	883	10.4
	N Missing		89	
Q41X In the last 12 months have you had any of the following:				
Mouth, teeth or gum problems (M8Q41X)	Never	1	3525	41.4
	Rarely	2	2628	30.9
	Sometimes	3	2037	23.9
	Often	4	325	3.8
	N Missing		86	
Q41Y In the last 12 months have you had any of the following:				
Avoided eating some foods because of problems with your teeth, mouth or dentures (M8Q41Y)	Never	1	5652	66.4
	Rarely	2	1431	16.8
	Sometimes	3	1111	13.0
	Often	4	320	3.8
	N Missing		81	
Q41Z In the last 12 months, have you had any of the following:				
Hearing problems (M8Q41Z)	Never	1	4696	55.1
	Rarely	2	1619	19.0
	Sometimes	3	1519	17.8
	Often	4	693	8.1
	N Missing		67	
Q41AA In the last 12 months have you had any of the				
following? Depression (M8Q41AA)	Never	1	5091	59.9
	Rarely	2	1687	19.8
	Sometimes	3	1342	15.8
	Often	4	383	4.5
	N Missing		90	
Q41BB In the last 12 months have you had any of the				
following? Anxiety (M8Q41BB)	Never	1	3470	40.8
	Rarely	2	2507	29.5
	Sometimes	3	2105	24.7
	Often	4	428	5.0

Item Description	Categories	Values	Number	%
Q41CC In the last 12 months, have you had any of the				
following: Episodes of intense anxiety (e.g. panic attacks) (M8Q41CC)	Never	1	6812	80.6
	Rarely	2	978	11.
	Sometimes	3	556	6.
	Often	4	106	1.
	N Missing		142	
Q41DD In the last 12 months, have you had any of the following: Palpitations (feeling that your heart is racing or				
luttering in your chest) (M8Q41DD)	Never	1	5241	61.
	Rarely	2	1812	21.
	Sometimes	3	1242	14.
	Often	4	193	2.
	N Missing		97	
Q41EE In the last 12 months have you had any of the following: Poor memory (M8Q41EE)				
	Never	1	1955	22.
	Rarely	2	3114	36.
	Sometimes	3	3030	35
	Often	4	436	5
	N Missing		60	
Q41FF In the last 12 months have you had any of the ollowing: Dizziness, loss of balance (M8Q41FF)				
	Never	1	4648	54.
	Rarely	2	2298	27
	Sometimes	3	1368	16
	Often	4	209	2
	N Missing		79	
Q41GG In the last 12 months have you had any of the following: Difficulty concentrating (M8Q41GG)				
	Never	1	3543	41.
	Rarely	2	2973	34
	Sometimes	3	1776	20
	Often	4	233	2
	N Missing		73	
Q42A Managing time is often difficult. How often do you feel:				
That you are rushed, pressured, too busy? (M8Q42A)	Every day	1	285	3
	Few times week	2	1354	15.
	Once a week	3	1587	18.
	Once a month	4	2819	33.
	Never	5	2456	28.
	N Missing		89	

Item Description	Categories	Values	Number	%
Q42B Managing time is often difficult. How often do you feel:				
That you have time on your hands that you don't know what to do with? (M8Q42B)	Every day	1	117	1.4
	Few times week	2	551	6.5
	Once a week	3	829	9.7
	Once a month	4	1369	16.1
	Never	5	5662	66.4
	N Missing		63	
Q42C Managing time is often difficult. How often do you feel:				
That people ask too much of your time? (M8Q42C)	Every day	1	221	2.6
	Few times week	2	733	8.6
	Once a week	3	910	10.7
	Once a month	4	2126	25.0
	Never	5	4511	53.1
	N Missing		94	
Q42D Managing time is often difficult. How often do you feel:				
That you can spend your time the way you want to? (M8Q42D)	Every day	1	3541	42.0
	Few times week	2	2632	31.2
	Once a week	3	1020	12.1
	Once a month	4	717	8.5
	Never	5	531	6.3
	N Missing		160	
Q42E Managing time is often difficult. How often do you feel:				
That you need more 'me time'? (M8Q42E)	Every day	1	492	5.8
	Few times week	2	1115	13.2
	Once a week	3	1296	
	Once a month	4	1908	
	Never	5	3651	
	N Missing		124	
Q42F Managing time is often difficult. How often do you feel:	Ū			
That you have no control over how your time is spent?	Every day	1	457	5.4
(M8Q42F)	Few times week	2	724	
	Once a week	3	669	7.9
	Once a month	4	1355	
	Never	5	5302	
	N Missing	Ũ	85	
			00	

Item Description	Categories	Values	Number	%
Q43A Below is a list of the ways you might have felt or				
behaved. Please indicate how often you have felt this way during the last week? I was bothered by things that don't	Rarely/none of the time(< 1 day)	0	6512	76.6
usually bother me (M8Q43A)	Some/little of the time(1-2 days)	1	1395	16.4
	Occasionally/moderate amount of time(3-4 days)	2	497	5.8
	Most/all of the time(5-7 days)	3	98	1.2
	N Missing		105	
Q43B Below is a list of the ways you might have felt or				
behaved. Please indicate how often you have felt this way during the last week? I had trouble keeping my mind on what I	Rarely/none of the time(< 1 day)	0	6059	71.3
was doing (M8Q43B)	Some/little of the time(1-2 days)	1	1801	21.2
	Occasionally/moderate amount of time(3-4 days)	2	525	6.2
	Most/all of the time(5-7 days)	3	113	1.3
	N Missing		98	
Q43C Below is a list of the ways you might have felt or				
haved. Please indicate how often you have felt this way ring the last week? I felt depressed (M8Q43C)	Rarely/none of the time(< 1 day)	0	6686	78.7
	Some/little of the time(1-2 days)	1	1178	13.9
	Occasionally/moderate amount of time(3-4 days)	2	476	5.6
	Most/all of the time(5-7 days)	3	154	1.8
	N Missing		95	
Q43D Below is a list of the ways you might have felt or				
behaved. Please indicate how often you have felt this way during the last week? I felt that everything I did was an effort	Rarely/none of the time(< 1 day)	0	5657	66.9
(M8Q43D)	Some/little of the time(1-2 days)	1	1940	22.9
	Occasionally/moderate amount of time(3-4 days)	2	614	7.3
	Most/all of the time(5-7 days)	3	244	2.9
	N Missing		147	
Q43E Below is a list of the ways you might have felt or				
behaved. Please indicate how often you have felt this way during the last week? I felt hopeful about the future (M8Q43E)	Rarely/none of the time(< 1 day)	0	1173	13.9
	Some/little of the time(1-2 days)	1	1120	13.3
	Occasionally/moderate amount of time(3-4 days)	2	1598	18.9
	Most/all of the time(5-7 days)	3	4544	53.9
	N Missing		177	

Item Description	Categories	Values	Number	%
Q43F Below is a list of the ways you might have felt or				
behaved. Please indicate how often you have felt this way during the last week? I felt fearful (M8Q43F)	Rarely/none of the time(< 1 day)	0	6965	82.4
J A A A A A A A A A A A A A A A A A A A	Some/little of the time(1-2 days)	1	978	11.6
	Occasionally/moderate amount of time(3-4 days)	2	388	4.6
	Most/all of the time(5-7 days)	3	118	1.4
	N Missing		152	
Q43G Below is a list of the ways you might have felt or				
behaved. Please indicate how often you have felt this way during the last week? My sleep was restless (M8Q43G)	Rarely/none of the time(< 1 day)	0	3039	35.9
	Some/little of the time(1-2 days)	1	2521	29.8
	Occasionally/moderate amount of time(3-4 days)	2	1738	20.5
	Most/all of the time(5-7 days)	3	1174	13.9
	N Missing		134	
Q43H Below is a list of the ways you might have felt or				
behaved. Please indicate how often you have felt this way during the last week? I was happy (M8Q43H)	Rarely/none of the time(< 1 day)	0	388	4.6
<b>3</b>	Some/little of the time(1-2 days)	1	860	10.1
	Occasionally/moderate amount of time(3-4 days)	2	1696	20.0
	Most/all of the time(5-7 days)	3	5532	65.3
	N Missing		129	
Q43I Below is a list of the ways you might have felt or				
behaved. Please indicate how often you have felt this way during the last week? I felt lonely (M8Q43I)	Rarely/none of the time(< 1 day)	0	6344	74.6
5	Some/little of the time(1-2 days)	1	1198	14.1
	Occasionally/moderate amount of time(3-4 days)	2	635	7.5
	Most/all of the time(5-7 days)	3	329	3.9
	N Missing		89	
Q43J Below is a list of the ways you might have felt or				
behaved. Please indicate how often you have felt this way during the last week? I could not "get going" (M8Q43J)	Rarely/none of the time(< 1 day)	0	5029	59.2
	Some/little of the time(1-2 days)	1	2278	26.8
	Occasionally/moderate amount of time(3-4 days)	2	830	9.8
	Most/all of the time(5-7 days)	3	362	4.3
	N Missing		98	

Item Description	Categories	Values	Number	%
Q43K Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way	Rarely/none of the time(< 1 day)	0	1441	16.9
Juring the last week? I felt terrific (M8Q43K)	Some/little of the time(1-2 days)	1	1379	
	Occasionally/moderate amount of time(3-4 days)	2	2452	
	Most/all of the time(5-7 days)	3	3234	38.0
	N Missing		93	
Q44A Now think about all of the time you spend sitting during	-			
each day while at home, at work, while getting from place to	Mean		5.74	
you typically spend sitting down while doing things like visiting	Std Error		0.03	
	Ν		8221	
	N Missing		401	
Q44B Now think about all of the time you spend sitting during				
	Mean		5.83	
you typically spend sitting down while doing things like visiting	Std Error		0.03	
lesk or computer? On a usual weekend day (M8Q44B)	Ν		8161	
454 How many times did you do each type of activity last	N Missing		461	
Q45A How many times did you do each type of activity last				
eek? Only count the number of times when the activity lasted r 10 minutes or more. Walking briskly (for recreation or	Mean		4.05	
	Std Error		0.05	
	Ν		8475	
	N Missing		147	
Q45B How many times did you do each type of activity last				
eek? Only count the number of times when the activity laste r 10 minutes or more. Walking briskly (for recreation or kercise, or to get from place to place) (M8Q45A) 45B How many times did you do each type of activity last eek? Only count the number of times when the activity laste r 10 minutes or more. Moderate leisure activity (like social	Mean		1.30	
	Std Error		0.03	
<ul> <li>244A Now think about all of the time you spend sitting during ach day while at home, at work, while getting from place to lace or during your spare time. How many hours in total do ou typically spend sitting down while doing things like visitin tends, driving, reading, watching television, or working at a esk or computer? On a usual week day (M8Q44A)</li> <li>244B Now think about all of the time you spend sitting during ach day while at home, at work, while getting from place to lace or during your spare time. How many hours in total do ou typically spend sitting down while doing things like visitin iends, driving, reading, watching television, or working at a esk or computer? On a usual weekend day (M8Q44B)</li> <li>244B Now think about all of the time you spend sitting during ach day while at home, at work, while getting from place to lace or during your spare time. How many hours in total do ou typically spend sitting down while doing things like visitin iends, driving, reading, watching television, or working at a esk or computer? On a usual weekend day (M8Q44B)</li> <li>245A How many times did you do each type of activity last reek? Only count the number of times when the activity last prof 10 minutes or more. Moderate leisure activity (like social ennis, moderate exercise classes, recreational swimming, ancing) (M8Q45B)</li> <li>245C How many times did you do each type of activity last reek? Only count the number of times when the activity last prof 10 minutes or more. Vigorous leisure activity (that makes ou breathe harder or puff and pant) (M8Q45C)</li> <li>245D How many times did you do each type of activity last reek? Only count the number of times when the activity last prof 10 minutes or more. Vigorous leisure activity (that makes ou breathe harder or puff and pant) (M8Q45C)</li> </ul>	Ν		8486	
	N Missing		136	
or 10 minutes or more. Vigorous leisure activity (that makes	Mean		0.80	
ou breathe harder or putt and pant) (M8Q45C)	Std Error		0.02	
	Ν		8478	
	N Missing		144	
Q45D How many times did you do each type of activity last veek? Only count the number of times when the activity lasted	Maria		0.04	
or 10 minutes or more. Vigorous household or garden chores	Mean		2.64	
	Std Error		0.04	
	N		8483	
	N Missing		139	

Item Description	Categories	Values Number	%
Q46ATOTMIN If you add up all the times you spent in each			
activity last week, how much time did you spend altogether doing each type of activity? Walking briskly (for recreation or	Mean	219.02	
exercise, or to get from place to place) (M8Q46ATOTMIN)	Std Error	3.49	
	Ν	8338	
	N Missing	284	
Q46BTOTMIN If you add up all the times you spent in each activity last week, how much time did you spend altogether			
doing each type of activity? Moderate leisure activity (like	Mean	88.39	
social tennis, moderate exercise classes, recreational swimming, dancing) (M8Q46BTOTMIN)	Std Error	1.90	
	Ν	8407	
	N Missing	215	
Q46CTOTMIN If you add up all the times you spent in each activity last week, how much time did you spend altogether			
doing each type of activity? Vigorous leisure activity (that	Mean	41.58	
makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming)	Std Error	1.37	
(M8Q46CTOTMIN)	Ν	8412	
	N Missing	210	
Q46DTOTMIN If you add up all the times you spent in each			
activity last week, how much time did you spend altogether doing each type of activity? Vigorous household or garden	Mean	209.89	
chores that make you breathe harder or puff and pant (M8Q46DTOTMIN)	Std Error	3.63	
	Ν	8367	
	N Missing	255	
Q47A I tend to bounce back quickly after hard times (M8Q47A	)		
	Strongly disagree	1 109	1.3
	Disagree	2 600	7.1
	Neutral	3 1471	17.3
	Agree	4 4709	55.4
	Strongly agree	5 1614	19.0
	N Missing	93	
Q47B I have a hard time making it through stressful events			
(M8Q47B)	Strongly disagree	1 1432	16.9
	Disagree	2 3681	43.3
	Neutral	3 1736	20.4
	Agree		17.5
	Strongly agree	5 154	
	N Missing	109	
		100	

Item Description	Categories	Values	Number	%
Q47C It does not take me long to recover from a stressful				
event (M8Q47C)	Strongly disagree	1	181	2.1
	Disagree	2	1102	13.0
	Neutral	3	1766	20.8
	Agree	4	4404	51.8
	Strongly agree	5	1050	12.3
	N Missing		97	
Q47D It is hard for me to snap back when something bad				
nappens (M8Q47D)	Strongly disagree	1	1497	17.6
	Disagree	2	3920	46.7
	Neutral	3	1614	19.0
	Agree	4	1317	15.5
	Strongly agree	5	155	1.8
	N Missing		98	
Q47E I usually come through difficult times with little trouble	-			
M8Q47E)	Strongly disagree	1	198	2.3
	Disagree	2	1081	12.
	Neutral	3	2093	24.0
	Agree	4	4248	49.9
	Strongly agree	5	884	10.4
	N Missing		93	
Q47F I tend to take a long time to get over setbacks in my life	5			
M8Q47F)	Strongly disagree	1	1661	19.
	Disagree	2	4069	
	Neutral	3	1618	
	Agree	4	997	
	Strongly agree	5	168	2.0
	N Missing	-	85	
Q48A Over the last 12 months, how stressed have you felt				
about the following areas of your life: Own health (M8Q48A)	Not stressed	2	3641	42
	Somewhat stressed	- 3	3000	
	Moderately stressed	4	1454	
	Very stressed	5	321	3.8
	Extremely stressed	6	121	1.4
	N Missing	0	58	1.4
			50	

Item Description	Categories	Values	Number	%
Q48B Over the last 12 months, how stressed have you felt about the following areas of your life: Living arrangements (M8Q48B)	Not stressed	2	6283	73.7
	Somewhat stressed	3	1314	15.4
	Moderately stressed	4	572	6.7
	Very stressed	5	223	2.6
	Extremely stressed	6	135	1.6
	N Missing		72	
Q48C Over the last 12 months, how stressed have you felt about the following areas of your life: Money (M8Q48C)				
	Not stressed	2	4922	
	Somewhat stressed	3	2144	25.1
	Moderately stressed	4	876	10.3
	Very stressed	5	379	4.4
	Extremely stressed	6	216	2.5
	N Missing		64	
Q48D Over the last 12 months, how stressed have you felt				
bout the following areas of your life: Health of other family nembers (M8Q48D)	Not applicable	1	384	4.5
	Not stressed	2	2331	27.4
	Somewhat stressed	3	3093	36.4
	Moderately stressed	4	1391	16.3
	Very stressed	5	835	9.8
	Extremely stressed	6	473	5.6
	N Missing		87	
Q48E Over the last 12 months, how stressed have you felt				
about the following areas of your life: Work/Employment (M8Q48E)	Not applicable	1	5759	67.8
	Not stressed	2	1486	17.5
	Somewhat stressed	3	793	9.3
	Moderately stressed	4	269	3.2
	Very stressed	5	137	1.6
	Extremely stressed	6	47	0.5
	N Missing		107	
Q48F Over the last 12 months, how stressed have you felt				
about the following areas of your life: Study (M8Q48F)	Not applicable	1	7584	89.5
	Not stressed	2	721	8.5
	Somewhat stressed	3	109	1.3
	Moderately stressed	4	39	0.5
	Very stressed	5	18	0.2
	Extremely stressed	6	6	0.1
	N Missing		129	
	45			

Item Description	Categories	Values	Number	%
Q48G Over the last 12 months, how stressed have you felt				
about the following areas of your life: Relationship with parents (M8Q48G)	Not applicable	1	6651	78.2
	Not stressed	2	1118	13.1
	Somewhat stressed	3	421	5.0
	Moderately stressed	4	157	1.8
	Very stressed	5	107	1.3
	Extremely stressed	6	50	0.6
	N Missing		99	
Q48H Over the last 12 months, how stressed have you felt				
about the following areas of your life: Relationship with partner/spouse (M8Q48H)	Not applicable	1	2228	26.2
	Not stressed	2	3912	45.9
	Somewhat stressed	3	1627	19.1
	Moderately stressed	4	437	5.1
	Very stressed	5	179	2.1
	Extremely stressed	6	136	1.6
	N Missing		77	
Q48I Over the last 12 months, how stressed have you felt				
about the following areas of your life: Relationship with children (M8Q48I)	Not applicable	1	985	11.5
	Not stressed	2	4526	53.0
	Somewhat stressed	3	2160	25.3
	Moderately stressed	4	485	5.7
	Very stressed	5	252	2.9
	Extremely stressed	6	125	1.5
	N Missing		71	
Q48J Over the last 12 months, how stressed have you felt				
about the following areas of your life: Relationship with other family members (M8Q48J)	Not applicable	1	822	9.6
	Not stressed	2	5140	60.2
	Somewhat stressed	3	1842	21.6
	Moderately stressed	4	454	5.3
	Very stressed	5	177	2.1
	Extremely stressed	6	99	1.2
	N Missing		66	

Item Description	Categories	Values	Number	%
Q49A How much do you agree or disagree with each of the				
following statements? At home, I feel I have control over what happens in most situations (M8Q49A)	Strongly disagree	1	74	0.9
	Disagree	2	277	3.3
	Slightly disagree	3	395	4.
	Slightly agree	4	807	9.
	Agree	5	4614	54.
	Strongly agree	6	2335	27.
	N Missing		87	
Q49B How much do you agree or disagree with each of the				
following statements? I feel that what happens in my life is often determined by factors beyond my control (M8Q49B)	Strongly disagree	1	947	11.
	Disagree	2	2411	28.4
	Slightly disagree	3	784	9.:
	Slightly agree	4	1963	23.
	Agree	5	2033	23.
	Strongly agree	6	352	4.
	N Missing		101	
Q49C How much do you agree or disagree with each of the				
ollowing statements? Over the next 5-10 years I expect to nave more positive than negative experiences (M8Q49C)	Strongly disagree	1	87	1.
	Disagree	2	369	4.
	Slightly disagree	3	701	8.
	Slightly agree	4	1507	17.
	Agree	5	4303	50.
	Strongly agree	6	1519	17.
	N Missing		107	
Q49D How much do you agree or disagree with each of the				
ollowing statements? I often have the feeling that I am being reated unfairly (M8Q49D)	Strongly disagree	1	2626	30.
	Disagree	2	3519	41.
	Slightly disagree	3	737	8.
	Slightly agree	4	1073	12.
	Agree	5	440	5.
	Strongly agree	6	97	1.
	N Missing		98	

ellowing statements? In the past 10 years my life has been full         Strongly disagree         1         1421         160           MBC49E)         Disagree         2         2837         33           MBC49E)         Silghtly disagree         3         600         8           Silghtly agree         6         1421         1626         19           Agree         5         1449         1626         19           Disagree         6         420         6         420         6           Qaree         5         1449         1027         12         2407         2507         2507	Item Description	Categories	Values	Number	%
of changes without my knowing what will happen next         Strongly disagree         1 <th1< th="">         1         1         1</th1<>	Q49E How much do you agree or disagree with each of the				
250ALAST12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50ALAST12)         Strongly agree         1         240F           250ALAST12 I was patronized or taken seriously because of my age, in the last 12 months (M8Q50BLAST12)         No         0         7017         82           250BLAST12 I was patronized or takken seriously because of my age, in the last 12 months (M8Q50BLAST12)         No         0         7017         82           250ALAST12 I was patronized or takken seriously because of my age, in the last 12 months (M8Q50BLAST12)         No         0         7017         82           250ALAST12 I was patronized or not taken seriously because of my age, over 12 months ago (M8Q50ALAST12)         No         0         7017         82           250ALAST12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50ALAST12)         No         0         7017         82           250ALAST12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50ALAST12)         No         0         8070         9           250ALAST12 I was patronized or not taken seriously because of my age (M8Q50ALORE12)         No         0         8070         9           250BLAST12 I was patronized or not taken seriously because of my age (M8Q50ALAST12)         No         0         6652         2           250BLAST12 I was patronized or takken seriously         Pes         1	following statements? In the past 10 years my life has been full of changes without my knowing what will happen next	Strongly disagree	1	1421	16.8
Slightly agree         4         1626         19           Agree         5         1449         17           Strongly agree         6         462         5           N Missing         105         105           Disagree         1         249F How much do you agree or disagree with each of the oliowing statements? I gave up trying to make big mprovements or changes in my life a long time ago (M8Q49F)         Strongly disagree         1         2406         28           Disagree         2         3400         40         50         781         9           Strongly agree         6         136         1         1027         12           Agree         5         781         9         500ALAST12 I was ignored or not taken seriously because of my age, in the last 12 months (M8Q50ALAST12)         No         7017         82           DS0AMORE12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50AMORE12)         No         708         726           DS0ALAST12 I was patronized or taken seriously because of my age (M8Q50AMOR         No         788         1         398         4           Yes         1         6684         78         78         1         6684         78           DS0ALAST12 I was patronized or 'taiked down' because of my age (M8Q50BLAS	(M8Q49E)	Disagree	2	2837	33.4
Agree 5 1449 17 Strongly agree 6 462 5 N Missing 105 249F How much do you agree or disagree with each of the olidowing statements? I gave up trying to make big mprovements or changes in my life a long time ago (M8Q49F) Strongly disagree 1 2 4046 28 Disagree 2 3 4040 40 Slightly disagree 3 7781 9 Strongly agree 6 136 1 N Missing 102 250ALAST12 I was ignored or not taken seriously because of my age, in the last 12 months (M8Q50ALAST12) No 0 0 7017 82 Yes 1 1451 17 N Missing 126 Stongly agree 1 1988 4 N Missing 126 Yes 1 1988 4 N Missing 126 No 0 1788 4 N Missing 126 Stongly agree 1 1988 4 N Missing 126 No 0 1788 4 N Missing 126 Stongly agree 1 1988 4 N Missing 126 Stongly agree 1 1988 4 N Missing 126 No 1988 4 N Missing 126 No 1988 4 N Missing 126 N Missing 126 No 1988 4 N 19		Slightly disagree	3	690	8.
AdF How much do you agree or disagree with each of the ollowing statements? I gave up trying to make big mprovements or changes in my life a long time ago (M8Q49F) Strongly disagree 2 3400 40 Slightly disagree 3 740 8 Slightly disagree 3 740 8 Slightly disagree 3 740 8 Slightly disagree 3 740 8 Slightly disagree 4 1027 12 Agree 5 781 9 Strongly agree 6 133 1 N Missing 102 102 250ALAST12 I was ignored or not taken seriously because of my age, in the last 12 months (M8Q50ALAST12) No 0 0 7017 82 Yes 1 1451 17 N Missing 126 128 Yes 1 398 4 N Missing 127 128 Yes 1 398 4 N Missing 128 128 No 0 0 1784 21 Yes 1 398 4 N Missing 128 128 No 0 0 1784 21 Yes 1 6684 78 N Missing 128 128 No 0 0 1784 21 Yes 1 6684 78 N Missing 128 128 No 0 0 1784 21 Yes 1 6684 78 N Missing 128 128 No 1 168		Slightly agree	4	1626	19.
NMissing         105           D49F How much do you agree or disagree with each of the ollowing statements? I gave up trying to make big mprovements or changes in my life a long time ago (M8Q49F)         Strongly disagree         1         2406         28           Disagree         2         3400         40		Agree	5	1449	17.
249F How much do you agree or disagree with each of the       Strongly disagree       1       2406       28         provements or changes in my life a long time ago (M8Q49F)       Strongly disagree       2       3400       40         Slightly disagree       2       3400       40       81         Slightly disagree       3       740       82         Slightly disagree       3       740       82         Slightly disagree       4       1027       12         Agree       5       781       9         Strongly agree       6       136       1         N Missing       102       126       1451         Strongly agree       1       1451       17         Nage, in the last 12 months (MBQ50ALAST12)       No       0       8070       95         Yes       1       398       4       1398       4         Ndissing       126       1       398       4         Q50ANOT I have never been ignored or not taken seriously because of my age (M8Q50ANO)       No       0       1784       21         Q50BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)       No       0       6952       22         Yes <td< td=""><td></td><td>Strongly agree</td><td>6</td><td>462</td><td>5.4</td></td<>		Strongly agree	6	462	5.4
bilowing statements? I gave up trying to make big mprovements or changes in my life a long time ago (M8Q49F) Disagree 2 3400 4 Slightly disagree 3 740 8 Slightly agree 4 1027 12 Agree 5 781 9 Strongly agree 6 136 136 1 N Missing 1 150 115 Yes 1 150 115 Strongly agree 1 1 150 115 No No 1 1 151 12 No Nissing 1 151 12 No Nissing 1 151 12 No Nissing 1 151 12 No Nissing 1 151 12 StoALAST12 I was ignored or not taken seriously because of my age, in the last 12 months (M8Q50ALAST12) No Nissing 1 151 12 StoALAST12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50ALAST12) No Nissing 1 151 12 StoALAST12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50ALAST12) No Nissing 1 151 12 StoALAST12 I was patronized or not taken seriously because of my age, over 12 months ago (M8Q50ALAST12) No Nissing 1 151 12 StoALAST12 I was patronized or taken seriously because of my age, in the last 12 months (M8Q50BLAST12) StoBLAST12 I was patronized or taken seriously age, in the last 12 months (M8Q50BLAST12) No Nissing 1 151 13 StoBLAST12 I was patronized or taken seriously age, in the last 12 months (M8Q50BLAST12) No Nissing 1 151 13 StoBLAST12 I was patronized or talked down' because of my age, over 12 months ago (M8Q50BLAST12) No Nissing 1 151 13 Nissing 1		N Missing		105	
mprovements or changes in my life a long time ago (M8Q4P)         Strongly disagree         1         2406         2406           Disagree         2         3400         40           Slightly disagree         3         740         8           Slightly disagree         3         740         8           Slightly agree         4         1027         12           Agree         5         781         9           Strongly agree         6         136         1           N Missing         102         2           250ALAST12 I was ignored or not taken seriously because of my age, over 12 months (M8Q50ALAST12)         No         0         7017         82           250AMORE12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50AMORE12)         No         0         8070         95           Yes         1         368         4         1398         4           NMissing         126         126         126         126           250ANO I have never been ignored or not taken seriously because of my age (M8Q50ANO)         1         1784         21           250BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)         No         0         6952         22	Q49F How much do you agree or disagree with each of the				
Disagree       2       3400       40         Slightly disagree       3       740       80         Slightly agree       4       1027       12         Agree       5       781       90         Strongly agree       6       136       1         N Missing       1027       12         250ALAST12 I was ignored or not taken seriously because of my age, in the last 12 months (M8Q50ALAST12)       No       0       7017       82         2050AMORE12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50AMORE12)       No       0       8070       95         Yes       1       1451       17         Ndissing       126       126       126         250ANORE12 I was ignored or not taken seriously because of my age, (M8Q50AMORE12)       No       0       8070       95         Yes       1       1398       4       126       126       126         250ANO I have never been ignored or not taken seriously because of my age (M8Q50ANO)       1       1784       1         Question of my age (M8Q50ANO)       No       1       16684       78         Question of my age (M8Q50ANO)       No       1       16684       78         Question of my age (in the la		Strongly disagree	1	2406	28.
Sighty agree         4         1027         12           Agree         5         781         9           Strongly agree         6         136         1           N Missing         1027         12           250ALAST12 I was ignored or not taken seriously because of my age, in the last 12 months (MBQ50ALAST12)         No         0         7017         82           250AMORE12 I was ignored or not taken seriously because of my age, over 12 months ago (MBQ50AMORE12)         No         0         8070         95           250ANO I have never been ignored or not taken seriously because of my age (MBQ50ANO)         No         0         8070         95           250ANO I have never been ignored or not taken seriously because of my age (MBQ50ANO)         No         0         1784         21           250ANO I have never been ignored or not taken seriously because of my age (MBQ50ANO)         1784         21         Yes         1         6684         78           250BLAST12 I was patronized or 'talked down' because of my age, over 12 months (MBQ50BLAST12)         No         0         6952         82           250BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (MBQ50BMORE12)         No         6952         82           250BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (MBQ50BMORE12)         No </td <td>······································</td> <td>Disagree</td> <td>2</td> <td>3400</td> <td>40.</td>	······································	Disagree	2	3400	40.
Agree 5 781 9 Strongly agree 6 136 1 N Missing 102 250ALAST12 I was ignored or not taken seriously because of my age, in the last 12 months (M8Q50ALAST12) No 0 7017 82 Yes 1 1451 17 N Missing 126 250AMORE12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50AMORE12) No 0 8070 95 Yes 1 398 4 N Missing 126 250ANO I have never been ignored or not taken seriously because of my age (M8Q50ANO) No 126 250ANO I have never been ignored or not taken seriously pecause of my age (M8Q50ANO) No 126 250BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12) No 0 6952 82 Yes 1 1504 17 N Missing 139 250BMORE12 I was patronized or 'talked down' because of my age, over 12 months (M8Q50BLAST12) No 0 6952 82 Yes 1 1504 17 N Missing 139 250BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12) No 0 6952 82 Yes 1 1504 17 N Missing 139		Slightly disagree	3	740	8.
x         6         136         1           x         N         Nissing         102         102           x         N         Nissing         102         102           x         No         0         7017         82           Yes         1         1451         17           N         Nissing         1         1451         17           x         No         0         8070         95           x         No         0         8070         95           x         No         0         8070         95           y         Yes         1         398         4           No         0         1784         21           x         Yes         1         6684         78           x         N         Nissing         1         104         104           x         Yes         1         1504         1           x         N		Slightly agree	4	1027	12.
N Missing         102           250ALAST12 I was ignored or not taken seriously because of my age, in the last 12 months (M8Q50ALAST12)         No         0         7017         82           Yes         1         1451         17           N Missing         250ALAST12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50AMORE12)         No         0         8070         95           Yes         1         398         4           N Missing         250AMORE 12 I was ignored or not taken seriously         Yes         1         398         4           Q50ANO I have never been ignored or not taken seriously         Yes         1         664         78           Q50BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)         No         0         6952         82           Q50BLAST12 I was patronized or 'talked down' because of my age, over 12 months (M8Q50BLAST12)         No         0         6952         82           Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)         No         0         6952         82           Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)         No         0         6952         82           Yes         1         10         4		Agree	5	781	9.
250ALAST12 I was ignored or not taken seriously because of my age, in the last 12 months (M8Q50ALAST12)       No       0       7017       82         Yes       1       1451       17         N Missing       126         Q50AMORE12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50AMORE12)       No       0       8070       95         Yes       1       398       4         N Missing       126       126         Q50ANO I have never been ignored or not taken seriously because of my age (M8Q50ANO)       No       0       1784       21         Q50BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)       No       0       6952       82         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BLAST12)       No       0       6952       82         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BLAST12)       No       0       6952       82         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BLAST12)       No       0       6952       82         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       8047       95         Yes		Strongly agree	6	136	1.
ny age, in the last 12 months (M8Q50ALAST12)         No         0         7017         82           Yes         1         1451         17           No         Nissing         126           250AMORE12 I was ignored or not taken seriously because of ny age, over 12 months ago (M8Q50AMORE12)         No         0         8070         95           Yes         1         398         4           N Missing         126         126           250ANO I have never been ignored or not taken seriously         Yes         1         398         4           No         0         1784         21         398         4           250ANO I have never been ignored or not taken seriously         Yes         1         6684         78           250BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)         No         0         6952         82           250BLORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)         No         0         8047         95           250BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)         No         0         8047         95           250BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)         No         0		N Missing		102	
No       0       7/017       82         Yes       1       1451       17         N Missing       126         Q50AMORE12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50AMORE12)       No       0       8070       95         Yes       1       398       4         N Missing       126         Q50ANO I have never been ignored or not taken seriously because of my age (M8Q50ANO)       No       0       1784       21         Yes       1       6684       78         N Missing       126       126         Q50BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)       No       0       6752       82         Yes       1       1504       17         N Missing       139       139       14         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       6952       82         Yes       1       1504       17         N Missing       139       14       17         No       0       6952       82         Yes       1       10       4	Q50ALAST12 I was ignored or not taken seriously because of				
250AMORE12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50AMORE12)       No       0       8070       95         Yes       1       398       4         Nolissing       126       126         250ANO I have never been ignored or not taken seriously because of my age (M8Q50ANO)       No       0       1784       21         250ANO I have never been ignored or not taken seriously because of my age (M8Q50ANO)       No       0       1784       21         2505BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)       No       0       6892       82         2505BMORE12 I was patronized or 'talked down' because of my age, over 12 months (M8Q50BLAST12)       No       0       6892       82         2505BMORE12 I was patronized or 'talked down' because of my age, over 12 months (M8Q50BLAST12)       No       0       6892       82         2505BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       6804       95         2505BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       8047       95         2505BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       Yes       1       40	ny age, in the last 12 months (M8Q50ALAST12)	No	0	7017	82.
250AMORE12 I was ignored or not taken seriously because of my age, over 12 months ago (M8Q50AMORE12) No 0 8070 95 Yes 1 398 4 N Missing 126 250ANO I have never been ignored or not taken seriously because of my age (M8Q50ANO) No 0 1784 21 Yes 1 6684 78 N Missing 126 2000 1 1784 21 Yes 1 6684 78 N Missing 126 2000 1 1784 21 Yes 1 1 6684 78 No 1 6695 82 Yes 1 1 1504 17 N Missing 139 2000 1 1504 17 N Missing 139 2000 1 1 1504 17 N Missing 139 2000 1 1 1504 17 N Missing 139 2000 1 1 1504 17 No 1 1504 1 1504 1 1504 17 No 1 1504		Yes	1	1451	17.
my age, over 12 months ago (M8Q50AMORE12)       No       0       8070       95         Yes       1       398       4         N Missing       126       126         Q50ANO I have never been ignored or not taken seriously       No       0       1784       21         Q50ANO I have never been ignored or not taken seriously       No       0       1784       21         Q50BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)       No       0       6952       82         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       6952       82         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       6952       82         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       6952       82         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       Yes       1       40       4		N Missing		126	
No       0       8070       95         Yes       1       398       4         N Missing       126         Q50ANO I have never been ignored or not taken seriously       1       6684       78         Q50ANO I have never been ignored or not taken seriously       No       0       1784       21         Ves       1       6684       78       1       6684       78         Q50BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)       No       0       6952       82         Yes       1       1504       17       1504       17         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       68070       95         Yes       1       1504       17       139       139       139         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       8047       95         Yes       1       410       4       4       4       4	Q50AMORE12 I was ignored or not taken seriously because of				
A Missing       126         A SobaNO I have never been ignored or not taken seriously       No       0       1784       21         A SobaNO I have never been ignored or not taken seriously       No       0       1784       21         A SobaNO I have never been ignored or not taken seriously       Yes       1       6684       78         A Missing       126       126       126       126       126       126         A Missing       126	my age, over 12 months ago (M8Q50AMORE12)	No	0	8070	95.3
250ANO I have never been ignored or not taken seriously because of my age (M8Q50ANO) 0 1784 21 Yes 1 6684 78 N Missing 126 250BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12) No 0 6952 82 Yes 1 1504 17 N Missing 139 250BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12) No 0 8047 95 Yes 1 410 4		Yes	1	398	4.
because of my age (M8Q50ANO)       No       0       1784       21         Yes       1       6684       78         N Missing       126       126         Q50BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)       No       0       6952       82         No       1       1504       17       1504       17         No       1       1504       139       139         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       8047       95         Yes       1       410       4       40       4       40       4		N Missing		126	
No       0       1784       21         Yes       1       6684       78         N Missing       126       126         Q50BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12)       No       0       6952       82         Yes       1       1504       17         No       0       6952       82         Yes       1       1504       17         N Missing       139       139         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       8047       95         Yes       1       410       4       40       4       4	Q50ANO I have never been ignored or not taken seriously				
Approximate operation ope	because of my age (M8Q50ANO)	No	0	1784	21.
Q50BLAST12 I was patronized or 'talked down' because of my age, in the last 12 months (M8Q50BLAST12) No 0 6952 82 Yes 1 1504 17 N Missing 139 Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12) No 0 8047 95 Yes 1 410 4		Yes	1	6684	78.
age, in the last 12 months (M8Q50BLAST12)       No       0       6952       82         Yes       1       1504       17         N Missing       139       139         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       8047       95         Yes       1       410       4		N Missing		126	
No       0       6952       82         Yes       1       1504       17         N Missing       139         Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)       No       0       8047       95         Yes       1       410       4	Q50BLAST12 I was patronized or 'talked down' because of my				
N Missing139Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12)No0804795Yes14104	age, in the last 12 months (M8Q50BLAST12)	No	0	6952	82.
Q50BMORE12 I was patronized or 'talked down' because of my age, over 12 months ago (M8Q50BMORE12) No 0 8047 95 Yes 1 410 4		Yes	1	1504	17.
ny age, over 12 months ago (M8Q50BMORE12) No 0 8047 95 Yes 1 410 4		N Missing		139	
No         0         8047         95           Yes         1         410         4	Q50BMORE12 I was patronized or 'talked down' because of				
	my age, over 12 months ago (M8Q50BMORE12)	No	0	8047	95.
N Missing 139		Yes	1	410	4.
		N Missing		139	

Item Description	Categories	Values	Number	%
Q50BNO I have never been patronized or 'talked down'				
because of my age (M8Q50BNO)	No	0	1858	22.0
	Yes	1	6598	78.0
	N Missing		139	
Q50CLAST12 I was denied medical treatment because of my				
age, in the last 12 months (M8Q50CLAST12)	No	0	8433	99.6
	Yes	1	33	0.4
	N Missing		131	
Q50CMORE12 I was denied medical treatment because of my				
age, over 12 months ago (M8Q50CMORE12)	No	0	8439	99.7
	Yes	1	27	0.3
	N Missing		131	
Q50CNO I have never been denied medical treatment				
because of my age (M8Q50CNO)	No	0	59	0.7
	Yes	1	8406	99.3
	N Missing		131	
Q50DLAST12 I was denied employment because of my age,				
in the last 12 months (M8Q50DLAST12)	No	0	8193	98.5
	Yes	1	122	1.5
	N Missing		273	
Q50DMORE12 I was denied employment because of my age,	-			
over 12 months ago (M8Q50DMORE12)	No	0	8059	96.9
	Yes	1	256	3.1
	N Missing		273	
Q50DNO I have never been denied employment because of	Ũ			
my age (M8Q50DNO)	No	0	371	4.5
	Yes	1	7944	95.5
	N Missing		273	
Q51 How often do you usually drink alcohol? (M8Q51)	Ū			
	Never	0	583	6.9
	Never, but have in the past	1	774	9.2
	Rarely	2	1823	
	< once week	3		11.5
	1-2 days a week	4	1204	
	3-4 days a week	5	1184	
	5-6 days a week	6	1048	
	Every day	7		10.0
	N Missing	1	162	10.0
			102	

drinks do you usually have? (MBQS2)         Never drink         0         1351         18.2           1-2 drinks         1         6008         7.1           3-4 drinks         2         986         10.8           3-6 drinks         3         76         0.0           9+ drinks         3         76         0.0           N Missing         -275         -         0.0           QS3 How often do you have five or more standard drinks of alcohol on one occasion? (M8QS3)         Never drink         0         1310         15.5           Never drink         0         1310         15.5         67.7         67.7           Conce a month         2         847         10.4         10.0         10.0           QS4 How many glasses/cups of non-alcoholic drinks do you usually eave each day (e.g. juice, tea coffee, water, milk, et?)?         0.2 glasses         1         391         4.6           QS4 How many pleces of fresh fruit do you usually eat per day?         0.2 glasses         3         964         640         10.02         10.02         10.02         10.02         10.02         10.02         10.02         10.02         10.02         10.02         10.02         10.02         10.02         10.02         10.02         10.02         10.	Item Description	Categories	Values	Number	%
Never drink         0         1         6000         72.1           1-2 drinks         2         866         10.8           2         4 drinks         2         866         10.8           2-4 drinks         3         76         0.9           9-4 drinks         4         1         0.0           9-4 drinks         4         1         0.0           263 How often do you have five or more standard drinks of         Never drink         0         1310         15.5           263 How often do you have five or more standard drinks of         Never         1         5627         667           264 How many glasses/cups of non-alcoholic drinks do you         - once a week         4         191         2.3           Q54 How many glasses/cups of non-alcoholic drinks do you         - once a week         1         391         4.6           9 or more glasses         2         3131         36.6         6-8 glasses         3         3964         466           9 or more glasses         2         3131         36.6         6-8 glasses         3         3964         466           9 or more glasses         3         3964         466         3         11         3191         3.5	Q52 On a day when you drink alcohol, how many standard				
3-4 drinks         2         896         10.8           5-8 drinks         3         76         0.9           9 drinks         4         1         0.0           9 drinks         4         131         15.5           0.00 on one occasion? (M8Q53)         14.5         14.5         14.5           Never drink         0         1310         15.5         14.5           Never drink         0         1310         15.5         14.5           Never drink         0         1.310         15.5         14.5           Never drink         0         1.310         15.5         14.3         3.327         3.9           Once a month         3         32.7         3.9         16.6         3.5         16.8         1.310         15.6         1.5           NMSing         -         0.2         213885         1.6         3.0         1.6         3.0         1.6         3.0         1.6	drinks do you usually have? (M8Q52)	Never drink	0	1351	16.2
S-8 drinks       3       76       0.9         9+ drinks       4       1       0.0         OS3 How often do you have five or more standard drinks of        1       56.0         OS3 How often do you have five or more standard drinks of        1.56.7       66.7         Salcohol on one occasion? (M8Q58)       Never drink       0       1.310       1.56.7       66.7         Salcohol on one occasion? (M8Q58)       Never drink       0.0       a month       3       32.7       3.9         Once a month       2       8.07       1.00       2.3       3.00       2.3       3.00       2.3       3.00       2.3       3.00       2.3       3.00       2.3       3.00       2.3       3.00 <t< td=""><td></td><td>1-2 drinks</td><td>1</td><td>6008</td><td>72.1</td></t<>		1-2 drinks	1	6008	72.1
Q53 How often do you have five or more standard drinks of alcohol on one occasion? (M8Q53)         N Missing         2         275           Never drink         0         130         15.5           Never drink         0         130         15.7           Once a month         2         877         10.4           Once a month         3         227         3.9           Once a month         3         0.72         3.9           Once a week         4         101         2.3           Vissing         -         0.000         1.000           Usually have each day (e.g. juice, tea coffee, water, milk, etc)         0.2 glasses         1         3.9         4.6           0.4 glasses/cups of non-alcoholic drinks do you         -         0.2 glasses         3         3.964         4.023         1.023		3-4 drinks	2	896	10.8
Ag3 How often do you have five or more standard drinks of alsobol on one occasion? (M8Q53) Never drink Mever drink Mever 1 5 667 667 667 667 667 667 667 667 667 6		5-8 drinks	3	76	0.9
Q53 How often do you have five or more standard drinks of alcohol on one occasion? (M8Q53)         Never drink         0         1310         15.5           Never         1         5627         66.7           < once a month		9+ drinks	4	1	0.0
alcohol on one occasion? (MBQD5)         Never drink         0         130         15.5           Never         1         56.27         67.7           Nonce a month         2         67.7         10.4           Once a month         3         32.7         3.9           Nonce a month         3         60.7         10.4           Nonce a week         5         10.6         13           > once a week         5         10.6         13           NMSing         -         3.5         3.96           Q54 How many glasses/cups of non-alcoholic drinks do you usually have each day (e.g. juice, tea coffee, water, milk, etc.)         0.2 glasses         1         3.9         4.6           3-5 glasses         2         3.13         15.8         -         1         3.9         4.6           Q55 How many pieces of fresh fruit do you usually et per day         0         1         1.9         1.5         1.1		N Missing		275	
Never drink         0         1310         15.3           Never         1         5627         66.7           < once a month	Q53 How often do you have five or more standard drinks of				
4 conce a month       2       8.77       10.4         Once a month       3       3.27       3.9         Once a week       4       1.91       2.3         > once a week       5       10.6       1.3         N Missing       -       1.6       1.3         0.254 How many glasses/cups of non-alcoholic drinks do you       -       0.2 glasses       1       3.91       4.6         3.5 glasses       2       3.13       3.68       6.6       3.964       46.6         9 or more glasses       3       3.964       4.66       3.96       4.66         9 or more glasses       3       3.964       4.66       4.66       3.96       4.66         9 or more glasses       3       3.964       4.66       4.66       3.96       4.66         9 or more glasses       3       3.964       4.66       4.66       3.96       4.66         9 or more glasses       3       1.964       1.00       1.90       2.91       1.20         Q55 How many pieces of fresh fruit do you usually est per       1       1.91       2.91       1.91       2.91       1.91       2.91       1.91       2.91       2.91       2.91       2.91       2.91	alcohol on one occasion? (M8Q53)	Never drink	0	1310	15.5
Once a month         3         3.27         3.9           Once a week         4         191         2.3           > once a week         5         106         1.3           N Missing         166         3.5         1.06         1.3           Q54 How many glasses/cups of non-alcoholic drinks do you         2         2         3.6         3.6         3.5         3.6         3.6         3.5         3.6         3.6         3.6         3.5         3.6         4.6         6.8         3.6         3.6         3.6         4.6         6.8         3.6         3.6         4.6         6.8         3.6         3.6         4.6         6.8         3.6         4.6         6.8         3.6         4.6         6.8         3.6         4.6         6.8         3.6         4.6         6.8         3.6         4.6         6.8         3.6         4.6         6.8         3.6         4.6         6.8         3.6         4.6         6.8         3.6         4.6         6.8         4.6         6.6         3.6         1.0         3.6         1.0         3.6         1.0         3.6         1.0         3.6         1.0         3.6         1.0         3.6         1.0		Never	1	5627	66.7
Once a week       4       191       2.3         > once a week       5       106       1.3         NMissing       156       156         0.2 glasses       1       301       4.6         3-5 glasses       2       313       368         6-8 glasses       3       3964       46.6         9 or more glasses       4       1023       12.0         QS5 How many pieces of fresh fruit do you usually eat per piece) (M8Q55)       7       7       7       7         QS5 How many pieces of fresh fruit do you usually eat per piece) (M8Q55)       None       1       139       1.6         < 1 piece per day		< once a month	2	877	10.4
> once a week         5         1.06         1.3           Q54 How many glasses/cups of non-alcoholic drinks do you usually have each day (e.g. juice, tea coffee, water, milk, etc) (M8Q54)         0-2 glasses         1         3.01         3.6           3-5 glasses         2         3.13         3.64         4.6           3-6 glasses         3         3.04         4.6           9 or more glasses         4         1.02         1.20           Q55 How many pieces of fresh fruit do you usually eat per day? (Court 1/2 cup of diced fruit, berries or grapes as one piece) (M8Q55)         None         1         1.9         1.6           < 1 piece per day		Once a month	3	327	3.9
A254 How many glasses/cups of non-alcoholic drinks do you usually have each day (e.g. juice, tea coffee, water, milk, ei (M8Q54) 0-2 glasses 3-5 glasses 6-8 glasses 9 or more glasses 9 or more glasses 9 or more glasses 9 or more glasses 0 more glasses 1 0-2 glasse 9 or more glasses 9 or more glasses 1 0-2 glasse 9 or more glasses 1 0-2 glasses 9 or more glasses 1 0-2 glasses 1		Once a week	4	191	2.3
Q54 How many glasses/cups of non-alcoholic drinks do you       0-2 glasses       1       391       4.6         (M8Q54)       3-5 glasses       2       3131       36.8         6-8 glasses       3       3964       46.6         9 or more glasses       4       1023       12.0         Q55 How many pieces of fresh fruit do you usually eat per day? (Count 1/2 cup of diced fruit, berries or grapes as one piece) (M8Q55)       None       1       139       1.6         < 1 piece per day		> once a week	5	106	1.3
usually have each day (e.g. juice, tea coffee, water, milk, etc)?         0.2 glasses         1         39         4.6           (M8Q54)         3.5 glasses         2         313         36.8           3.6 glasses         3         396.4         46.6           9 or more glasses         4         1023         12.0           N Missing         7         7         7           Q55 How many pieces of fresh fruit do you usually eat per day? (Count 1/2 cup of diced fruit, berries or grapes as one piece) (M8Q55)         1         100         1         109         1.1           1 piece per day         2         952         11.2         1         1         101         22.4           2 pieces per day         3         1913         22.4         2         1         20.8         37.0           3 pieces per day         3         1913         22.4         2         1         20.8         7.0           Q56 How many serves of vegetables do you usually eat each day? (A serve = half a cup of cooked vegetables or a cup of salad vegetables (M8Q56)         1         1		N Missing		156	
(M8Q54)       0-2 glasses       1       391       4.6         3-5 glasses       2       3131       36.8         6-8 glasses       3       3964       46.6         9 or more glasses       4       1023       12.0         N Missing       79       79         Count 1/2 cup of diced fruit, berries or grapes as one piece) (M8Q55)       None       1       139       1.6         < 1 piece per day	Q54 How many glasses/cups of non-alcoholic drinks do you				
3-5 glasses       2       3131       36.8         6-8 glasses       3       3964       46.6         9 or more glasses       4       1023       12.0         N Missing       79       79         Q55 How many pieces of fresh fruit do you usually eat per day? (Count 1/2 cup of diced fruit, berries or grapes as one piece) (M8Q55)       None       1       139       1.6         < 1 piece per day		0-2 glasses	1	391	4.6
9 or more glasses       4       1023       12.0         Q55 How many pieces of fresh fruit do you usually eat per day? (Count 1/2 cup of diced fruit, berries or grapes as one piece) (M8Q55)       None       1       139       1.6         < 1 piece per day		3-5 glasses	2	3131	36.8
Q55 How many pieces of fresh fruit do you usually eat per day? (Count 1/2 cup of diced fruit, berries or grapes as one piece) (M8Q55)       None       1       139       1.6         < 1 piece per day		6-8 glasses	3	3964	46.6
Ag55 How many pieces of freish fruit do you usually eat per day? (Count 1/2 cup of diced fruit, berries or grapes as one piece) (M8Q55) A 1 piece per day 1 piece per day 2 pieces per day 3 pieces per day 4 or more pieces per day 4 or more pieces per day 4 or more pieces per day 5 1773 2 0.8 4 or more pieces per day 6 596 7.0 None 1 19 0.2 5 1773 0.8 4 or more pieces per day 6 596 7.0 None 1 19 0.2 5 1773 1 19 0.2 5 serves 1 serve 3 648 7.6 2 serves 4 1577 1 serve 3 serves 5 2931 34.4 4 serves 6 2021 2 .7 5 serves 7 119 1 4.0		9 or more glasses	4	1023	12.0
day? (Count 1/2 cup of diced fruit, berries or grapes as one piece) (M8Q55)       None       1       139       1.6         < 1 piece per day		N Missing		79	
piece) (M8Q55)       1       139       1.6         < 1 piece per day	Q55 How many pieces of fresh fruit do you usually eat per				
< 1 piece per day		None	1	139	1.6
2 pieces per day       4       3160       37.0         3 pieces per day       5       1773       20.8         4 or more pieces per day       6       596       7.0         N Missing       58       58       58         Q56 How many serves of vegetables do you usually eat each day? (A serve = half a cup of cooked vegetables or a cup of salad vegetables) (M8Q56)       None       1       19       0.2         < 1 serve	p) ( 200)	< 1 piece per day	2	952	11.2
3 pieces per day       5       1773       20.8         4 or more pieces per day       6       596       7.0         N Missing       58       58         Q56 How many serves of vegetables do you usually eat each day? (A serve = half a cup of cooked vegetables or a cup of salad vegetables) (M8Q56)       None       1       19       0.2         None       1       19       0.2       142       1.7         1 serve       2       142       1.7         1 serve       3       648       7.6         2 serves       4       1577       18.5         3 serves       5       2931       34.4         4 serves       6       2021       23.7         5 serves       7       1192       14.0		1 piece per day	3	1913	22.4
4 or more pieces per day       6       596       7.0         N Missing       58       58       58         Q56 How many serves of vegetables do you usually eat each day? (A serve = half a cup of cooked vegetables or a cup of salad vegetables) (M8Q56)       None       1       19       0.2         < 1 serve		2 pieces per day	4	3160	37.0
N Missing 58 Q56 How many serves of vegetables do you usually eat each day? (A serve = half a cup of cooked vegetables or a cup of salad vegetables) (M8Q56) None 1 19 0.2 < 1 serve 2 142 1.7 1 serve 3 648 7.6 2 serves 4 1577 18.5 3 serves 5 2931 34.4 4 serves 6 2021 23.7 5 serves 7 1192 14.0		3 pieces per day	5	1773	20.8
Q56 How many serves of vegetables do you usually eat each day? (A serve = half a cup of cooked vegetables or a cup of salad vegetables) (M8Q56)None1190.2< 1 serve		4 or more pieces per day	6	596	7.0
day? (A serve = half a cup of cooked vegetables or a cup of salad vegetables) (M8Q56)       None       1       19       0.2         < 1 serve		N Missing		58	
salad vegetables) (M8Q56)       None       1       19       0.2         < 1 serve	Q56 How many serves of vegetables do you usually eat each				
< 1 serve		None	1	19	0.2
2 serves       4       1577       18.5         3 serves       5       2931       34.4         4 serves       6       2021       23.7         5 serves       7       1192       14.0		< 1 serve	2	142	1.7
3 serves       5       2931       34.4         4 serves       6       2021       23.7         5 serves       7       1192       14.0		1 serve	3	648	7.6
4 serves       6       2021       23.7         5 serves       7       1192       14.0		2 serves	4	1577	18.5
5 serves 7 1192 14.0		3 serves	5	2931	34.4
		4 serves	6	2021	23.7
N Missing 60		5 serves	7	1192	14.0
		N Missing		60	

Item Description	Categories	Values	Number	%
Q57A Over the last 12 months, on average, how often did you drink the following? Cola drinks/not diet (e.g. Coke) (M8Q57A)			0500	70.0
	Never	1	6523	
	Less than once per month	2	1336	
	1 - 3 times per month	3	261	3.1
	1 time per week	4	117	1.4
	2 times per week	5	86	1.0
	3 - 4 times per week	6	54	0.6
	5 -6 times per week	7	18	0.2
	1 times per day	8	44	0.5
	2 times per day	9	29	0.3
	3 or more times per day	10	14	0.2
	N Missing		111	
Q57B Over the last 12 months, on average, how often did you drink the following? Diet cola drinks (e.g. Diet coke) (M8Q57B)	Never	1	6171	72.7
	Less than once per month	2		
	1 - 3 times per month	3	381	4.5
	1 time per week	4	148	1.7
	2 times per week	5	178	2.1
	3 - 4 times per week	6	185	2.2
	5 -6 times per week	7	78	0.9
	1 times per day	8	141	1.7
	2 times per day	9	97	1.1
	3 or more times per day	10	63	0.7
	N Missing		96	•
Q57C Over the last 12 months, on average, how often did you	11 Wilconig		00	
drink the following? Other carbonated (e.g. fizzy/soft drinks) (M8Q57C)	Never	1	4765	56.3
	Less than once per month	2	2295	27.1
	1 - 3 times per month	3	713	8.4
	1 time per week	4	241	2.8
	2 times per week	5	171	2.0
	3 - 4 times per week	6	135	1.6
	5 -6 times per week	7	53	0.6
	1 times per day	8	62	
	2 times per day	9	23	0.3
	3 or more times per day	10	6	0.1
	N Missing		124	

Item Description	Categories	Values	Number	%
Q57D Over the last 12 months, on average, how often did you				
drink the following? Other diet carbonated drinks (e.g. diet lemonade) (M8Q57D)	Never	1	6263	73.7
	Less than once per month	2	1229	14.5
	1 - 3 times per month	3	362	4.3
	1 time per week	4	165	1.9
	2 times per week	5	160	1.9
	3 - 4 times per week	6	154	1.8
	5 -6 times per week	7	43	0.5
	1 times per day	8	70	0.8
	2 times per day	9	30	0.4
	3 or more times per day	10	18	0.2
	N Missing		90	
Q57E Over the last 12 months, on average, how often did you				
drink the following? Cordials, fruit or sport drinks (M8Q57E)	Never	1	6090	71.8
	Less than once per month	2	1183	13.9
	1 - 3 times per month	3	451	5.3
	1 time per week	4	174	2.7
	2 times per week	5	194	2.3
	3 - 4 times per week	6	178	2.7
	5 -6 times per week	7	51	0.6
	1 times per day	8	107	1.3
	2 times per day	9	26	0.3
	3 or more times per day	10	32	0.4
	N Missing		97	
Q57F Over the last 12 months, on average, how often did you				
drink the following? Non-carbonated diet cordials, fruit or sport drinks (M8Q57F)	Never	1	7193	84.7
	Less than once per month	2	684	8.1
	1 - 3 times per month	3	189	2.2
	1 time per week	4	80	0.9
	2 times per week	5	88	1.(
	3 - 4 times per week	6	95	1.1
	5 -6 times per week	7	41	0.5
	1 times per day	8	63	0.7
	2 times per day	9	39	0.5
	3 or more times per day	10	24	0.3
	N Missing		101	

Item Description	Categories	Values	Number	%
Q57G Over the last 12 months, on average, how often did you drink the following? Milk or Soya Milk (including flavoured				
varieties) (M8Q57G)	Never	1	2387	28.4
	Less than once per month	2	925	11.(
	1 - 3 times per month	3	556	6.6
	1 time per week	4	327	3.9
	2 times per week	5	378	4.5
	3 - 4 times per week	6	573	6.8
	5 -6 times per week	7	464	5.5
	1 times per day	8	1319	15.7
	2 times per day	9	854	10.2
	3 or more times per day	10	627	7.
	N Missing		190	
Q57H Over the last 12 months, on average, how often did you				
drink the following? Fruit or vegetable juices (M8Q57H)	Never	1	3033	36.4
	Less than once per month	2	1674	20.
	1 - 3 times per month	3	817	9.
	1 time per week	4	427	5.
	2 times per week	5	443	5.
	3 - 4 times per week	6	478	5.
	5 -6 times per week	7	246	3.
	1 times per day	8	1019	12.
	2 times per day	9	138	1.
	3 or more times per day	10	50	0.
	N Missing		275	
Q57I Over the last 12 months, on average, how often did you				
drink the following? Tea (M8Q57I)	Never	1	1198	14.
	Less than once per month	2	356	4.
	1 - 3 times per month	3	286	3.
	1 time per week	4	139	1.
	2 times per week	5	238	2.
	3 - 4 times per week	6	298	3.
	5 -6 times per week	7	365	4.
	1 times per day	8	1106	13.
	2 times per day	9	1834	
	3 or more times per day	10	2538	
	N Missing		257	

Item Description	Categories	Values	Number	%
Q57J Over the last 12 months, on average, how often did you				
drink the following? Herbal tea (M8Q57J)	Never	1	3739	46.0
	Less than once per month	2	883	10.9
	1 - 3 times per month	3	516	6.3
	1 time per week	4	284	3.5
	2 times per week	5	357	4.4
	3 - 4 times per week	6	320	3.9
	5 -6 times per week	7	186	2.3
	1 times per day	8	932	11.5
	2 times per day	9	538	6.6
	3 or more times per day	10	378	4.7
	N Missing		491	
Q57K Over the last 12 months, on average, how often did you				
drink the following? Coffee (M8Q57K)	Never	1	1135	13.5
	Less than once per month	2	220	2.6
	1 - 3 times per month	3	254	3.0
	1 time per week	4	168	2.0
	2 times per week	5	284	3.4
	3 - 4 times per week	6	384	4.6
	5 -6 times per week	7	349	4.1
	1 times per day	8	1974	23.4
	2 times per day	9	2240	26.6
	3 or more times per day	10	1426	16.9
	N Missing		164	
Q57L Over the last 12 months, on average, how often did you				
drink the following? Water (including soda or plain mineral water) (M8Q57L)	Never	1	166	1.9
	Less than once per month	2	79	0.9
	1 - 3 times per month	3	81	1.0
	1 time per week	4	70	0.8
	2 times per week	5	102	1.2
	3 - 4 times per week	6	223	2.6
	5 -6 times per week	7	263	3.1
	1 times per day	8	590	6.9
	2 times per day	9	1393	16.4
	3 or more times per day	10	5550	65.2
	N Missing		81	

Item Description	Categories	Values	Number	%
Q58 How often do you currently smoke cigarettes or any				
tobacco products? (M8Q58)	Daily	1	404	4.8
	Weekly	2	18	0.2
	Less than weekly	3	40	0.5
	Not at all	4	8018	94.6
	N Missing		106	
Q59 If you smoke daily, on average how many cigarettes do				
you smoke each day? (M8Q59)	Mean		15.17	
	Std Error		0.43	
	Ν		413	
	N Missing		8209	
Q60 Have you ever smoked daily? (M8Q60)				
	Yes	1	3124	38.1
	No	2	5072	61.9
	N Missing		409	
Q61 At what age did you finally stop smoking daily? (M8Q61)				
	Mean		40.27	
	Std Error		0.25	
	Ν		2731	
	N Missing		5891	
Q62A These questions are about getting on with other people	2:			
Do you feel uncomfortable with anyone in your family? M8Q62A)	Yes	1	1843	21.6
	No	2	6677	78.4
	N Missing		73	
Q62B These questions are about getting on with other people	2:			
Do you feel that nobody wants you around? (M8Q62B)	Yes	1	355	4.2
	No	2	8164	95.8
	N Missing		73	
Q62C These questions are about getting on with other people	9:			
Has anyone forced you to do things you didn't want to do? M8Q62C)	Yes	1	626	7.3
	No	2	7886	92.7
	N Missing		79	
Q62D These questions are about getting on with other people	- 			
Has anyone taken things that belong to you without your OK? M8Q62D)		1	744	8.7
	No	2	7770	91.3
	N Missing		75	

Item Description	Categories	Values	Number	%
Q62E These questions are about getting on with other people:				
Has anyone close to you tried to hurt you or harm you recently? (M8Q62E)	Yes	1	124	1.5
	No	2	8394	98.5
	N Missing		75	
Q62F These questions are about getting on with other people: Has anyone close to you called you names or put you down or				
nade you feel bad recently? (M8Q62F)	Yes	1	1118	13.1
	No	2	7400	86.9
	N Missing		71	
Q62G These questions are about getting on with other people:				
Are you afraid of anyone in your family? (M8Q62G)	Yes	1	228	2.7
	No	2	8281	97.3
	N Missing		79	
Q62H These questions are about getting on with other people: Have you ever been in a violent relationship with a				
partner/spouse? (M8Q62H)	Yes	1	1123	13.2
	No	2	7380	86.8
	N Missing		89	
Q63A If you have ever lived with a violent partner or spouse, in which years did you experience the violence? I have never	No	0	1237	15 (
ived with a violent partner or spouse (M8Q63A)	Yes	1	6994	
	N Missing		377	00.0
Q63B If you have ever lived with a violent partner or spouse, ir	-		011	
which years did you experience violence? Before 2007	No	0	7074	85.9
M8Q63B)	Yes	1	1157	14.1
	N Missing		377	
Q63C If you have ever lived with a violent partner or spouse, ir	-			
which years did you experience violence? 2007-2010 M8Q63C)	No	0	8128	98.7
	Yes	1	104	1.3
	N Missing		377	
Q63D If you have ever lived with a violent partner or spouse, ir	-			
which years did you experience violence? 2011-2013 M8Q63D)	No	0	8162	99.2
	Yes	1	69	0.8
	N Missing		377	
Q63E If you have ever lived with a violent partner or spouse, ir	-			
which years did you experience violence? 2014 (M8Q63E)	No	0	8172	99.3
	Yes	1	59	0.7
	163			

Item Description	Categories	Values	Number	%
Q63F If you have ever lived with a violent partner or spouse, ir	1			
which years did you experience violence? 2015 (M8Q63F)	No	0	8188	99.5
	Yes	1	43	0.5
	N Missing		377	
Q63G If you have ever lived with a violent partner or spouse,				
in which years did you experience violence? 2016 (M8Q63G)	No	0	8202	99.6
	Yes	1	29	0.4
	N Missing		377	
Q64ALAST12 Been pushed/grabbed/shoved/kicked/hit in the				
ast 12 months (M8Q64ALAST12)	No	0	8348	99.4
	Yes	1	54	0.6
	N Missing		193	
Q64AMORE12 Been pushed/grabbed/shoved/kicked/hit more				
han 12 months ago (M8Q64AMORE12)	No	0	7147	85.1
	Yes	1	1254	14.9
	N Missing		193	
Q64ANO Never been pushed/grabbed/shoved/kicked/hit.				
M8Q64ANO)	No	0	1302	15.5
	Yes	1	7100	84.5
	N Missing		193	
Q64BLAST12 Been forced to take part in unwanted sexual				
activity in the last 12 months (M8Q64BLAST12)	No	0	8297	99.6
	Yes	1	33	0.4
	N Missing		279	
Q64BMORE12 Been forced to take part in unwanted sexual				
activity more than 12 months ago (M8Q64BMORE12)	No	0	7595	91.2
	Yes	1	735	8.8
	N Missing		279	
Q64BNO Never been forced to take part in unwanted sexual				
activity (M8Q64BNO)	No	0	763	9.2
	Yes	1	7567	90.8
	N Missing		279	
Q65A While growing up: Did a parent/adult in the household	-			
often: insult or put you down? (M8Q65A)	No	0	7090	86.1
	Yes	1	1144	13.9
	N Missing		360	

Item Description	Categories	Values	Number	%
Q65B While growing up: Did a parent/adult in the household				
often: make you afraid to be hurt? (M8Q65B)	No	0	7414	90.0
	Yes	1	820	10.0
	N Missing		360	
Q65C While growing up: Did a parent/adult in the household				
often: push, grab, shove or slap you? (M8Q65C)	No	0	7395	89.8
	Yes	1	839	10.2
	N Missing		360	
Q65D While growing up: Did a parent/adult in the household				
often: hit or injure you? (M8Q65D)	No	0	7682	93.3
	Yes	1	551	6.7
	N Missing		360	
Q65E While growing up: Did a person at least 5 years older:				
ouch or fondle you sexually? (M8Q65E)	No	0	7167	87.0
	Yes	1	1067	13.0
	N Missing		360	
Q65F While growing up: Did a person at least 5 years older:				
nave you touch them sexually? (M8Q65F)	No	0	7810	94.9
	Yes	1	424	5.1
	N Missing		360	
Q65G While growing up: Did a person at least 5 years older:				
attempt intercourse with you? (M8Q65G)	No	0	7917	96.1
	Yes	1	317	3.9
	N Missing		360	
Q65H While growing up: Did a person at least 5 years older:				
actually have intercourse with you? (M8Q65H)	No	0	8014	97.3
	Yes	1	219	2.7
	N Missing		360	
Q65I While growing up: Did you live with anyone who was a				
problem drinker or alcoholic? (M8Q65I)	No	0	6912	83.9
	Yes	1	1322	16.1
	N Missing		360	
Q65J While growing up: Did you live with anyone who used				
street drugs? (M8Q65J)	No	0	8119	98.6
	Yes	1	115	1.4
	N Missing		360	

Item Description	Categories	Values	Number	%
Q65K While growing up: Was your (step)mother pushed,				
prabbed, slapped or had something thrown at her? (M8Q65K)	No	0	7705	93.6
	Yes	1	529	6.4
	N Missing		360	
Q65L While growing up: Was your (step)mother kicked, bitten				
or hit? (M8Q65L)	No	0	7970	96.8
	Yes	1	263	3.
	N Missing		360	
Q65M While growing up: Was your (step)mother ever epeatedly hit over at least a few minutes? (M8Q65M)	Νο	0	8028	07 4
	Yes	1	205	2.
	N Missing	I	360	Ζ.
CEN While growing up; Wee your (step) methor ever	N MISSING		300	
Q65N While growing up: Was your (step)mother ever hreatened with, or hurt by, a knife or gun? (M8Q65N)	No	0	8110	98.5
	Yes	1	124	1.
	N Missing		360	
Q65o While growing up: Was your (step)father pushed, grabbed, slapped or had something thrown at him? (M8Q65O)	Νο	0	8076	98 -
	Yes	1	157	1.9
	N Missing		360	
265P While growing up: Was your (step)father kicked, bitten				
or hit? (M8Q65P)	No	0	8154	99
	Yes	1	80	1.0
	N Missing		360	
Q65Q While growing up: Was your (step)father ever	11 Wilconig		000	
epeatedly hit over at least a few minutes? (M8Q65Q)	No	0	8161	99. <sup>-</sup>
	Yes	1	73	0.
	N Missing		360	
065R While growing up: Was your (step)father ever				
hreatened with, or hurt by, a knife or gun? (M8Q65R)	No	0	8182	99.4
	Yes	1	52	0.
	N Missing		360	
Q65S While growing up: Was a household member depressed				
or mentally ill? (M8Q65S)	No	0	7240	87.
	Yes	1	994	12.
	N Missing		360	

Item Description	Categories	Values	Number	%
Q65T While growing up: Did a household member attempt				
suicide? (M8Q65T)	No	0	7887	95.8
	Yes	1	346	4.2
	N Missing		360	
Q65U While growing up: Did a household member go to				
prison? (M8Q65U)	No	0	8087	98.2
	Yes	1	146	1.8
	N Missing		360	
Q65V While growing up: none of the above? (M8Q65V)				
	No	0	3043	37.0
	Yes	1	5191	63.0
	N Missing		360	
Q66A In a usual week, how much time in total do you spend				
doing the following things? Full-time (permanent) paid work (M8Q66A)	Don't do this activity	1	7718	93.0
	1-15 hours	2	31	0.4
	16-24 hours	3	27	0.3
	25-34 hours	4	88	1.1
	35-40 hours	5	243	2.9
	41-48 hours	6	104	1.3
	49 hours or more	7	87	1.1
	N Missing		334	
Q66B In a usual week, how much time in total do you spend				
doing the following things? Part-time permanent paid work (M8Q66B)	Don't do this activity	1	7422	89.5
	1-15 hours	2	370	4.5
	16-24 hours	3	267	3.2
	25-34 hours	4	188	2.3
	35-40 hours	5	34	0.4
	41-48 hours	6	9	0.1
	49 hours or more	7	5	0.1
	N Missing		328	

Item Description	Categories	Values	Number	%
Q66C In a usual week, how much time in total do you spend doing the following things? Casual paid work (no paid holiday				
or sick leave) (M8Q66C)	Don't do this activity	1	7612	92.7
	1-15 hours	2	511	6.2
	16-24 hours	3	53	0.6
	25-34 hours	4	31	0.4
	35-40 hours	5	5	0.1
	41-48 hours	6	1	0.0
	49 hours or more	7	1	0.0
	N Missing		410	
Q66D In a usual week, how much time in total do you spend				
doing the following things? Home duties (own / family home) (M8Q66D)	Don't do this activity	1	137	1.6
	1-15 hours	2	4468	53.4
	16-24 hours	3	1814	21.7
	25-34 hours	4	918	11.0
	35-40 hours	5	407	4.9
	41-48 hours	6	165	2.0
	49 hours or more	7	455	5.4
	N Missing		266	
Q66E In a usual week, how much time in total do you spend				
doing the following things? Work without pay (e.g. family business) (M8Q66E)	Don't do this activity	1	7314	88.7
	1-15 hours	2	658	8.0
	16-24 hours	3	110	1.3
	25-34 hours	4	58	0.7
	35-40 hours	5	40	0.5
	41-48 hours	6	11	0.1
	49 hours or more	7	52	0.6
	N Missing		368	
Q66F In a usual week, how much time in total do you spend	5			
doing the following things? Looking for work (M8Q66F)	Don't do this activity	1	8220	99.3
	1-15 hours	2	56	0.7
	16-24 hours	- 3	4	
	25-34 hours	4	0	0.0
	49 hours or more	7	0	0.0
		'	0	0.0

Item Description	Categories	Values	Number	%
Q66G In a usual week, how much time in total do you spend				
doing the following things? Unpaid voluntary work (M8Q66G)	Don't do this activity	1	5433	65.2
	1-15 hours	2	2582	31.0
	16-24 hours	3	198	2.4
	25-34 hours	4	61	0.7
	35-40 hours	5	33	0.4
	41-48 hours	6	9	0.1
	49 hours or more	7	14	0.2
	N Missing		287	
Q66H In a usual week, how much time in total do you spend				
doing the following things? Active leisure (e.g. walking, exercise, sport) (M8Q66H)	Don't do this activity	1	1291	15.4
	1-15 hours	2	6416	76.7
	16-24 hours	3	490	5.9
	25-34 hours	4	110	1.3
	35-40 hours	5	29	0.4
	41-48 hours	6	12	0.1
	49 hours or more	7	19	0.2
	N Missing		244	
Q66I In a usual week, how much time in total do you spend				
66I In a usual week, how much time in total do you spend ing the following things? Passive leisure (e.g. TV, music, ading, relaxing) (M8Q66I)	Don't do this activity	1	170	2.0
	1-15 hours	2	4365	51.9
	16-24 hours	3	2048	24.3
	25-34 hours	4	990	11.8
	35-40 hours	5	447	5.3
	41-48 hours	6	164	1.9
	49 hours or more	7	227	2.7
	N Missing		208	
Q66J In a usual week, how much time in total do you spend				
doing the following things? Studying (M8Q66J)	Don't do this activity	1	7428	90.4
	1-15 hours	2	726	8.8
	16-24 hours	3	40	0.5
	25-34 hours	4	17	0.2
	35-40 hours	5	3	0.0
	41-48 hours	6	2	0.0
	49 hours or more	7	2	0.0
	N Missing		384	

Item Description	Categories	Values	Number	%
Q66K In a usual week, how much time in total do you spend				
doing the following things? Socialising (M8Q66K)	Don't do this activity	1	416	5.0
	1-15 hours	2	6839	82.0
	16-24 hours	3	807	9.7
	25-34 hours	4	217	2.6
	35-40 hours	5	47	0.6
	41-48 hours	6	8	0.1
	49 hours or more	7	4	0.1
	N Missing		266	
Q66L In a usual week, how much time in total do you spend				
doing the following things? Buying goods and / or services (e.g. paying bills, shopping) (M8Q66L)	Don't do this activity	1	125	1.5
	1-15 hours	2	7854	93.0
	16-24 hours	3	361	4.3
	25-34 hours	4	68	0.8
	35-40 hours	5	12	0.1
	41-48 hours	6	19	0.2
	49 hours or more	7	11	0.1
	N Missing		163	
Q67 Do you regularly provide (unpaid) care for grandchildren				
or other people's children? (M8Q67)	Daily	1	420	4.9
	Weekly	2	1542	18.1
	Occasionally	3	3243	38.0
	Never	4	3325	39.0
	N Missing		72	
Q68A Do you regularly provide care or assistance (e.g.				
personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives	Yes	1	755	9.0
with you (M8Q68A)	No	2	7598	91.0
	N Missing		247	
Q68B Do you regularly provide care or assistance (e.g.				
personal care, transport) to any other person because of their long-term illness, disability or frailty? For someone who lives	Yes	1	1302	15.6
elsewhere (M8Q68B)	No	2	7054	84.4
	N Missing		247	
Q69 How many people with a long-term illness, disability or				
frailty do you regularly provide care for? (M8Q69)	One person	1	1709	85.4
	More than one person	2	292	14.6
	N Missing		6573	

Item Description	Categories	Values	Number	%
Q70 How often do you provide this care or assistance?				
(M8Q70)	Every day	1	733	35.8
	Several times a week	2	492	24.0
	Once a week	3	426	20.8
	Every few weeks	4	280	13.7
	Less often	5	119	5.8
	N Missing		6530	
Q71 How much time do you usually spend providing such care				
or assistance on each occasion? (M8Q71)	All day/night	1	239	11.9
	All day	2	100	5.0
	All night	3	9	0.4
	Several hours	4	1123	55.7
	About an hour	5	546	27.1
	N Missing		6558	
Q72A Does the person you care for have any of the following				
major medical conditions or disabilities? Alzheimer's disease / dementia (M8Q72A)	No	0	1569	84.0
	Yes	1	300	16.0
	N Missing		6700	
Q72B Does the person you care for have any of the following				
major medical conditions or disabilities? Cancer (M8Q72B)	No	0	1653	88.5
	Yes	1	216	11.5
	N Missing		6700	
Q72C Does the person you care for have any of the following				
major medical conditions or disabilities? Frailty in old age (M8Q72C)	No	0	901	48.2
	Yes	1	968	51.8
	N Missing		6700	
Q72D Does the person you care for have any of the following				
major medical conditions or disabilities? Heart condition (M8Q72D)	No	0	1457	78.0
(	Yes	1	412	22.0
	N Missing		6700	
Q72E Does the person you care for have any of the following				
major medical conditions or disabilities? Mental health problem (e.g. depression, anxiety) (M8Q72E)	No	0	1481	79.3
	Yes	1	388	20.7
	N Missing		6700	
Q72F Does the person you care for have any of the following				
major medical conditions or disabilities? Visual impairment (M8Q72F)	No	0	1599	85.5
	Yes	1	270	14.5
	N Missing		6700	
	64			

Item Description	Categories	Values	Number	%
Q72G Does the person you care for have any of the following major medical conditions or disabilities? Respiratory condition	No	0	1656	88.6
(e.g. asthma, emphysema) (M8Q72G)	Yes	1	213	
	N Missing		6700	
Q72H Does the person you care for have any of the following major medical conditions or disabilities? Stroke (M8Q72H)			1750	
	No	0	1752	
	Yes	1	117	6.2
	N Missing		6700	
Q72I Does the person you care for have any of the following major medical conditions or disabilities? Other reason (M8Q72I)	No	0	1667	89.2
	Yes	1	202	10.8
	N Missing		6700	
Q73 What is your relationship to the person you care for?				
(M8Q73)	Spouse/partner	1	536	26.8
	Child	2	224	11.2
	Parent/parent-in-law	3	614	30.6
	Grandchild	4	39	2.0
	Sibling/sibling-in-law	5	112	5.6
	Friend	6	286	14.3
	Neighbour	7	94	4.7
	Other	8	98	4.9
	N Missing		6573	
Q74 If you DO NOT provide care or assistance to any person with a long term illness, disability or frailty, is it because you: (M8Q74)	Used to care for someone in the last 3 years, but they passed away, moved into a nursing home, residential care facility	1	1067	15.2
	Used to care for someone in the last 3 years, but stopped caring for them for another reason	2	126	1.8
	Have never provided care or assistance	3	3358	47.9
	Other reason (please specify)	4	607	8.7
	ls a carer	5	1848	26.4
	N Missing		1684	

Item Description	Categories	Values	Number	%
Q75 We would like to know your main occupation now:				
(M8Q75)	Manager/administrator	1	211	2.5
	Professional	2	682	8.2
	Associate professional	3	208	2.5
	Tradesperson or related worker	4	67	0.8
	Advanced clerical/service worker	5	155	1.9
	Intermediate clerical/sales/service	6	320	3.9
	Intermediate production/transport	7	19	0.2
	Elementary clerical/sales/service	8	138	1.7
	Labourer or related	9	111	1.3
	No paid job	10	6375	76.9
	N Missing		301	
Q76A Please indicate the following description that best fits				
your life now. (M8Q76A)	Not retired	1	889	10.9
	Partially retired	2	1127	13.8
	Retired from paid work	3	5588	68.3
	Gave up work over 20 years ago	4	409	5.0
	Never had paid work	5	49	0.0
	Other	6	122	1.
	N Missing		422	
Q76B Please indicate the following description that best fits				
your partner's life now. (M8Q76B)	Not retired	1	807	10.1
	Partially retired	2	921	11.5
	Retired from paid work	3	3968	49.7
	Gave up work over 20 years ago	4	166	2.7
	Never had paid work	5	2	0.0
	Other	6	98	1.2
	No partner	7	2019	25.3
	N Missing		592	
Q77_PARTNER When did your partner retire/ give up work				
completely? (M8Q77_PARTNER)	Mean		2007.09	
	Std Error		0.13	
	Ν		2613	
	N Missing		6009	
Q77_PARTNER_NA When did your partner retire/ give up				
work completely? Not applicable (M8Q77_PARTNER_NA)	No	0	3249	63.
	Yes	1	1901	36.9
	N Missing		3243	
	66			

Item Description	Categories	Values	Number	%
Q77_YOU When did you retire or give up work completely	/?			
(M8Q77_YOU)	Mean		2005.78	
	Std Error		0.12	
	Ν		4964	
	N Missing		3658	
Q77_YOU_NA When did you retire or give up work				
completely? Not applicable (M8Q77_YOU_NA)	No	0	5013	69.9
	Yes	1	2157	30.1
	N Missing		1439	
Q78AGE At what age do you expect to retire (completely)	from			
the paid workforce? (M8Q78AGE)	Mean		69.79	
	Std Error		0.12	
	Ν		685	
	N Missing		7937	
Q78B At what age do you expect to retire (completely) fro	-			
he paid workforce? (M8Q78B)	Do not expect to retire	1	197	2.3
	Retired	2	6153	72.6
	Don't know	3	1244	14.7
	Expect to retire	4	878	10.4
	N Missing		134	
Q79 How do you manage on the income you have availab	-			
(M8Q79)	Impossible	1	138	1.6
	Difficult always	2	619	7.3
	Difficult sometimes	3	1627	
	Not too bad	4	4113	
	Easy	5	1984	
	N Missing	-	108	-
Q80A What are your current sources of income? Age pen	-			
Service Pension / Widow's pension / War widow's pensior		0	3558	42.0
(M8Q80A)	Yes	1	4906	
	N Missing		127	00.0
Q80B What are your current sources of income? Other			121	
government pension or allowance (M8Q80B)	No	0	7823	92 4
	Yes	1	642	
	N Missing	I	127	7.0
	N WISSING		121	

Item Description	Categories	Values	Number	%
Q80C What are your current sources of income? Lump sum				
superannuation payout (M8Q80C)	No	0	8063	95.3
	Yes	1	401	4.7
	N Missing		127	
Q80D What are your current sources of income? A pension or				
annuity purchased with superannuation or some other funds (M8Q80D)	No	0	5539	65.4
	Yes	1	2925	34.6
	N Missing		127	
Q80E What are your current sources of income? Income from				
savings and investments (such as shares and property) (M8Q80E)	No	0	6147	72.6
	Yes	1	2317	27.4
	N Missing		127	
Q80F What are your current sources of income? Income from				
a business (M8Q80F)	No	0	7888	93.2
	Yes	1	576	6.8
	N Missing		127	
Q80G What are your current sources of income? Income or				
pension from your spouse / partner (M8Q80G)	No	0	7140	84.4
	Yes	1	1325	15.6
	N Missing		127	
Q80H What are your current sources of income? Financial				
support from family (M8Q80H)	No	0	8410	99.4
	Yes	1	54	0.6
	N Missing		127	
Q80I What are your current sources of income? Spouse /				
Partner's superannuation (M8Q80I)	No	0	6984	82.5
	Yes	1	1480	17.5
	N Missing		127	
Q80J What are your current sources of income? Wage or				
salary (M8Q80J)	No	0	6941	82.0
	Yes	1	1523	18.0
	N Missing		127	
Q80K What are your current sources of income? Other				
sources (M8Q80K)	No	0	8426	99.6
	Yes	1	38	0.4
	N Missing		127	

Item Description	Categories	Values	Number	%
Q81A Which of these things (if any) have you had to do in the				
last 3 years, to help manage financially? Sell your house or move to lower cost accommodation (M8Q81A)	No	0	7995	94.4
	Yes	1	478	5.6
	N Missing		126	
Q81B Which of these things (if any) have you had to do in the				
last 3 years, to help manage financially? Sell something else you own, like a holiday house, or car or jewellery (M8Q81B)	No	0	8144	96.1
	Yes	1	329	3.9
	N Missing		126	
Q81C Which of these things (if any) have you had to do in the				
last 3 years, to help manage financially? Share housing with relatives or friends (M8Q81C)	No	0	8252	97.4
	Yes	1	220	2.6
	N Missing		126	
Q81D Which of these things (if any) have you had to do in the				
last 3 years, to help manage financially? Cut back on your normal weekly spending (M8Q81D)	No	0	6012	71.0
	Yes	1	2461	29.0
	N Missing		126	
Q81E Which of these things (if any) have you had to do in the				
last 3 years, to help manage financially? Cut back on less frequent expenditures such as holidays, new cars & amp; large	No	0	6102	72.0
household goods (M8Q81E)	Yes	1	2370	28.0
	N Missing		126	
Q81F Which of these things (if any) have you had to do in the				
last 3 years, to help manage financially? Take on paid work (M8Q81F)	No	0	8220	97.0
	Yes	1	252	3.0
	N Missing		126	
Q81G Which of these things (if any) have you had to do in the				
last 3 years, to help manage financially? Rely on your spouse / partner going out to work or increasing their working hours	No	0	8187	96.6
(M8Q81G)	Yes	1	286	3.4
	N Missing		126	
Q81H Which of these things (if any) have you had to do in the				
last 3 years, to help manage financially? None of the above (M8Q81H)	No	0	3758	44.4
	Yes	1	4714	55.6
	N Missing		126	
	it moonly		120	

Item Description	Categories	Values	Number	%
Q82 Which of the following best describes your current				
nousing situation? Do you live in a: (M8Q82)	House in city / town	1	5741	67.6
	House on acreage / farm	2	1061	12.5
	Flat / unit / apartment / villa / townhouse	3	1258	14.8
	Caravan / mobile home / cabin / houseboat	4	95	1.1
	Retirement village / self care unit	5	199	2.3
	Nursing home / residential aged care	6	1	0.0
	Hostel / boarding house	7	1	0.0
	Other	8	135	1.6
	N Missing		99	
Q83 How many bedrooms are in your current home? Count all				
bedrooms even if they are not currently used as a bedroom e.g. study, sewing room, etc). Only count those bedrooms	Mean		3.31	
belonging to your current household members; do not count	Std Error		0.02	
hose belonging to any other household in the same building. If you live in a studio, a bed sit, single room caravan or similar,	Ν		8540	
blease mark your answer as zero (0). (M8Q83)	N Missing		82	
Q84 How many storeys does your current home have?				
M8Q84)	1 storey (single level, very few stairs)	1	6336	74.7
	2 storeys (1 flight of stairs)	2	1844	21.7
	3 storeys (2 flights of stairs)	3	220	2.6
	4 storeys (at least 3 flights of stairs)	4	78	0.9
	N Missing		112	
Q85 How many years have you lived in your current home?				
Please enter complete years (e.g. if it has been 37½ years, blease write 37). If less than 1 year, please write zero (0).	Mean		18.02	
(M8Q85)	Std Error		0.15	
	Ν		8532	
	N Missing		90	
Q86 For your current home, do you: (M8Q86)				
	Own it outright (including joint ownership with other family members)	1	6615	77.9
	Own it with a mortgage (including joint ownership with other family members)	2	839	9.9
	Rent (private)	3	442	5.2
	Rent (public)	4	194	2.3
	Pay board / lodging	5	51	0.6
	Live rent-free or with life-tenure (ie neither own nor rent)	6	159	1.9
	Other	7	194	2.3
	N Missing		100	

Item Description	Categories	Values	Number	%
Q87 Where do you think you will be living in 10 years time?				
(M8Q87)	In current home	1	4551	53.6
	Downsized to smaller home	2	1508	17.8
	Upsized to larger home	3	87	1.0
	Caravan / mobile home / boat	4	39	0.5
	Retirement village / self care unit	5	505	5.9
	Nursing home / residential aged care	6	47	0.6
	Hostel / boarding house	7	2	0.0
	Have no idea	8	1749	20.6
	N Missing		103	
Q88AA Who currently completes the following domestic chores in your home? Housecleaning - Myself (M8Q88AA)	No	0	755	8.9
	Yes	1	755	
		I	82	91.1
	N Missing		62	
Q88AB Who currently completes the following domestic chores in your home? Housecleaning - Spouse/partner (M8Q88AB)	No	0	6698	78.8
	Yes	1	1807	
	N Missing		82	21.2
Q88AC Who currently completes the following domestic	T Missing		02	
chores in your home? Housecleaning -Other family/friends (M8Q88AC)	No	0	8318	97.8
	Yes	1	188	2.2
	N Missing		82	
Q88AD Who currently completes the following domestic chores in your home? Housecleaning - Community service				
provider (M8Q88AD)	No	0	8334	98.0
	Yes	1	172	2.0
	N Missing		82	
Q88AE Who currently completes the following domestic chores in your home? Housecleaning - Private service				
provider (M8Q88AE)	No	0	8078	95.0
	Yes	1	428	5.0
	N Missing		82	
Q88AF Who currently completes the following domestic chores	3			
in your home? Housecleaning - Not applicable (M8Q88AF)	No	0	8497	99.9
	Yes	1	9	0.1
	N Missing		82	
Q88BA Who currently completes the following domestic chores in your home? Laundry / ironing - Myself (M8Q88BA)	No	0	311	3.7
	Yes	1	8180	
		I	98	90.3
	N Missing		90	
	71			

Item Description	Categories	Values	Number	%
Q88BB Who currently completes the following domestic				
chores in your home? Laundry / ironing - Spouse/partner (M8Q88BB)	No	0	7370	86.8
	Yes	1	1121	13.2
	N Missing		98	
Q88BC Who currently completes the following domestic				
chores in your home? Laundry / ironing - Other family/friends (M8Q88BC)	No	0	8372	98.6
	Yes	1	119	1.4
	N Missing		98	
Q88BD Who currently completes the following domestic				
chores in your home? Laundry / ironing - Community service provider (M8Q88BD)	No	0	8469	99.7
	Yes	1	22	0.3
	N Missing		98	
Q88BE Who currently completes the following domestic				
chores in your home? Laundry / ironing - Private service provider (M8Q88BE)	No	0	8446	99.5
	Yes	1	45	0.5
	N Missing		98	
Q88BF Who currently completes the following domestic chores				
n your home? Laundry / ironing - Not applicable (M8Q88BF)	No	0	8477	99.8
	Yes	1	14	0.2
	N Missing		98	
Q88CA Who currently completes the following domestic				
chores in your home? Meal preparation - Myself (M8Q88CA)	No	0	532	6.3
	Yes	1	7963	93.7
	N Missing		95	
Q88CB Who currently completes the following domestic				
chores in your home? Meal preparation - Spouse/partner (M8Q88CB)	No	0	6577	77.4
	Yes	1	1918	22.6
	N Missing		95	
Q88CC Who currently completes the following domestic				
chores in your home? Meal preparation - Other family/friends (M8Q88CC)	No	0	8293	97.6
	Yes	1	202	2.4
	N Missing		95	
Q88CD Who currently completes the following domestic				
chores in your home? Meal preparation - Community service provider (M8Q88CD)	No	0	8482	99.8
	Yes	1	13	0.2
	N Missing		95	

Item Description	Categories	Values	Number	%
Q88CE Who currently completes the following domestic				
chores in your home? Meal preparation - Private service provider (M8Q88CE)	No	0	8485	99.9
· · · · · · · · · · · · · · · · · · ·	Yes	1	10	0.1
	N Missing		95	
Q88CF Who currently completes the following domestic				
chores in your home? Meal preparation - Not applicable (M8Q88CF)	No	0	8487	99.9
	Yes	1	9	0.1
	N Missing		95	
Q88DA Who currently completes the following domestic				
chores in your home? Lawn / yard maintenance - Myself (M8Q88DA)	No	0	4927	58.1
	Yes	1	3558	41.9
	N Missing		105	
Q88DB Who currently completes the following domestic				
chores in your home? Lawn / yard maintenance - Spouse/partner (M8Q88DB)	No	0	3847	45.3
	Yes	1	4638	54.7
	N Missing		105	
Q88DC Who currently completes the following domestic	,			
chores in your home? Lawn / yard maintenance - Other family/friends (M8Q88DC)	No	0	7934	93.5
	Yes	1	551	6.5
	N Missing		105	
Q88DD Who currently completes the following domestic	,			
chores in your home? Lawn / yard maintenance - Community	No	0	8382	98.8
service provider (M8Q88DD)	Yes	1	103	1.2
	N Missing		105	
Q88DE Who currently completes the following domestic				
chores in your home? Lawn / yard maintenance - Private service provider (M8Q88DE)	No	0	7439	87.7
	Yes	1	1045	
	N Missing		105	
Q88DF Who currently completes the following domestic	3			
chores in your home? Lawn / yard maintenance - Not	No	0	8068	95.1
applicable (M8Q88DF)	Yes	1	417	4.9
	N Missing		105	
Q88EA Who currently completes the following domestic			100	
chores in your home? General maintenance - Myself	No	0	5860	69 (
M8Q88EA)	Yes	1	2629	
	N Missing	I	109	01.0
	it moonly		103	

	Item Description	Categories	Values	Number	%
	completes the following domestic				
(M8Q88EB)	General maintenance - Spouse/partner	No	0	3605	42.5
		Yes	1	4884	57.5
		N Missing		109	
	completes the following domestic				
family/friends (M8Q88	General maintenance - Other EC)	No	0	7694	90.6
· · · ·		Yes	1	795	9.4
		N Missing		109	
	completes the following domestic				
chores in your home? service provider (M8Q	General maintenance - Community 88ED)	No	0	8341	98.3
	Yes	1	148	1.7	
	N Missing		109		
	completes the following domestic				
chores in your home? General maintenance - Private service provider (M8Q88EE)	No	0	7062	83.2	
	Yes	1	1427	16.8	
	N Missing		109		
Q88EF Who currently	completes the following domestic chores	-			
in your home? Gener (M8Q88EF)	ral maintenance - Not applicable	No	0	8237	97.0
		Yes	1	252	3.0
		N Missing		109	
Q89A AGE We would	like to know the age of your biological	-			
parents - Mother - age	when participant was born	Mean		28.23	
(M8Q89A_AGE)		Std Error		0.12	
		Ν		2941	
		N Missing		5681	
Q89A DK We would li	ke to know the age of your biological	Ŭ			
	't know (M8Q89A_DK)	No	0	7521	91.7
		Yes	1	678	8.3
		N Missing		440	
Q89A YR We would li	ke to know the age of your biological				
	ar of birth (M8Q89A_YR)	Mean		1920.19	
		Std Error		0.07	
		N		6863	
		N Missing		1759	
				1759	

Item Description	Categories	Values	Number	%
Q89B_AGE We would like to know the age of your biological				
parents - Father - age when participant was born (M8Q89B_AGE)	Mean		31.63	
	Std Error		0.14	
	Ν		2729	
	N Missing		5893	
Q89B_DK We would like to know the age of your biological				
parents - Father - Don't know (M8Q89B_DK)	No	0	7231	88.7
	Yes	1	922	11.3
	N Missing		484	
Q89B_YR We would like to know the age of your biological				
parents - Father - Year of birth (M8Q89B_YR)	Mean		1916.84	
	Std Error		0.08	
	Ν		6628	
	N Missing		1994	
Q90A Are your parents still living? Mother (M8Q90A)				
	Still living	1	1394	16.5
	Deceased	2	7036	83.1
	Don't know	3	36	0.4
	N Missing		130	
Q90B Are your parents still living? Father (M8Q90B)				
	Still living	1	335	4.0
	Deceased	2	8011	94.9
	Don't know	3	94	1.1
	N Missing		158	
Q91A_AGE If one (or both) of your biological parents is				
deceased, in what year did they die? Mother - Age at death (M8Q91A_AGE)	Mean		79.07	
· _ /	Std Error		0.25	
	Ν		2944	
	N Missing		5678	
Q91A_DK If one (or both) of your biological parents is				
deceased, in what year did they die? Mother - Don't know (M8Q91A_DK)	No	0	6540	95.3
	Yes	1	321	4.7
	N Missing		1747	
Q91A_YR If one (or both) of your biological parents is				
deceased, in what year did they die? Mother - Year of death (M8Q91A_YR)	Mean		1998.82	
· _ /	Std Error		0.18	
	Ν		5561	
	N Missing		3061	
	75			

Item Description	Categories	Values	Number	%
Q91B_AGE If one (or both) of your biological parents is deceased, in what year did they die? Father - age at death	Mean		74.15	
(M8Q91B_AGE)	Std Error		0.24	
	N		3211	
	N Missing		5411	
Q91B DK If one (or both) of your biological parents is	N MISSING		5411	
deceased, in what year did they die? Father - Don't know /M8Q91B_DK)	No	0	7310	92.8
	Yes	1	570	7.2
	N Missing		706	
Q91B_YR If one (or both) of your biological parents is deceased, in what year did they die? Father - Year of death	Mean		1991.29	
(M8Q91B_YR)	Std Error		0.19	
	Ν		6236	
	N Missing		2386	
Q92A If one (or both) of your biological parents is deceased,	-			
vhat was the main cause of death? - Mother (M8Q92A)	Heart disease (eg heart attack, heart failure)	1	1741	26.
	Stroke	2	714	10.8
	Dementia / Alzheimer's	3	872	13.3
	Respiratory causes (eg COPD, emphysema)	4	327	5.0
	Breast cancer	5	211	3.2
	Lung cancer	6	201	3.1
	Prostate cancer	7	0	0.0
	Other cancer	8	1108	16.8
	Other (please specify on page 30)	9	885	13.4
	Don't know	10	523	7.9
	N Missing		2047	

Item Description	Categories	Values	Number	%
Q92B If one (or both) of your biological parents is deceased, what was the main cause of death? - Father (M8Q92B)	Heart disease (eg heart attack, heart	1	2532	33.7
	failure) Stroke	2	666	0 0
		2	666	8.9
	Dementia / Alzheimer's	3 4	410 599	5.5 8.0
	Respiratory causes (eg COPD, emphysema)	4	599	0.0
	Breast cancer	5	0	0.0
	Lung cancer	6	415	5.5
	Prostate cancer	7	283	3.8
	Other cancer	8	1161	15.5
	Other (please specify on page 30)	9	790	10.5
	Don't know	10	647	8.6
	N Missing		1098	
Q93A People sometimes look to others for companionship, assistance, or other types of support. How often is each of the				
following kinds of support available to you if you need it?	None of time	1	898	10.6
Someone to help you if you are confined to bed (M8Q93A)	Little of time	2	774	9.1
	Some of time	3	922	10.9
	Most of time	4	2079	24.5
	All of time	5	3798	44.8
	N Missing		131	
Q93B People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	218	2.6
Someone you can count on to listen to you when you need to	Little of time	2	697	8.2
talk (M8Q93B)	Some of time	3	1201	14.2
	Most of time	4	2789	32.9
	All of time	5	3572	42.1
	N Missing		124	
Q93C People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to give you advice about a crisis (M8Q93C)	None of time	1	368	4.3
	Little of time	2	627	7.4
	Some of time	3	1312	15.5
	Most of time	4	2964	35.0
	All of time	5	3190	37.7
	N Missing		136	

Item Description	Categories	Values	Number	%
Q93D People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	401	4.7
Someone to take you to the doctor if you need it (M8Q93D)	Little of time	2	542	6.4
	Some of time	3	728	8.6
	Most of time	4	2216	26.2
	All of time	5	4574	54.1
	N Missing		142	
Q93E People sometimes look to others for companionship, assistance, or other types of support. How often is each of the	None of time	1	289	3.4
following kinds of support available to you if you need it? Someone who shows you love and affection (M8Q93E)	Little of time	2	508	6.0
	Some of time	3	847	10.0
	Most of time	4	2115	25.0
	All of time	5	4689	
	N Missing	Ū	152	00.0
Q93F People sometimes look to others for companionship, assistance, or other types of support. How often is each of the	-			
following kinds of support available to you if you need it? Someone to have a good time with (M8Q93F)	None of time	1	215	2.5
Someone to have a good time with (MoQ95F)	Little of time	2	558	6.6
	Some of time	3	1329	15.7
	Most of time	4	2619	
	All of time	5	3724	44.1
002C Recels comparison lock to others for companionship	N Missing		149	
Q93G People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	250	3.0
Someone to give you information to help you understand a situation (M8Q93G)	Little of time	2	580	6.8
	Some of time	3	1264	14.9
	Most of time	4	3034	35.8
	All of time	5	3340	39.4
	N Missing		131	
Q93H People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to confide in or talk to about yourself or your problems (M8Q93H)	None of time	1	295	3.5
	Little of time	2	761	9.0
	Some of time	3	1281	15.1
	Most of time	4	2750	32.5
	All of time	5	3384	39.9
	N Missing		131	

assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who hugs you (M8Q93i) Someone who hugs you (M8Q93i) All of time assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to get together with for relaxation (M8Q93i) All of time assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to get together with for relaxation (M8Q93i) All of time assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to get together with for relaxation (M8Q93i) All of time assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? All of time (M8Q93K) All of time assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to prepare meals if you are unable to do it yourself (M8Q93K) All of time assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone times look to others for companionship. Someone whose advice you really want (M8Q93L) All of time assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone whose advice you really want (M8Q93L) All of time assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Some of time All of time assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Some of time All of time assistance, or other types of	Item Description	Categories	Values	Number	%
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And a set of time		Most of time	4	2606	30.8
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Q93R People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?None of time13444.4Someone who understands your problems (M8Q93R)Little of time28289.8Some of time3139116.4Most of time4281733.3All of time5307936.4		All of time	5	3544	41.9
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Someone who understands your problems (M8Q93R)       Little of time       2       828       9.6         Some of time       3       1391       16.4         Most of time       4       2817       33.3         All of time       5       3079       36.4	assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone who understands your problems (M8Q93R)	None of time	1	344	4.1
Most of time         4         2817         33.3           All of time         5         3079         36.4		Little of time	2	828	9.8
All of time 5 3079 36.4		Some of time	3	1391	16.4
		Most of time	4	2817	33.3
N Missing 143		All of time	5	3079	36.4
		N Missing		143	

Item Description	Categories	Values	Number	%
Q93S People sometimes look to others for companionship,				
assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?	None of time	1	396	4.7
Someone to love and make you feel wanted (M8Q93S)	Little of time	2	702	8.3
	Some of time	3	965	11.4
	Most of time	4	2070	24.4
	All of time	5	4336	51.2
	N Missing		130	
Q94 What is your present marital status? (M8Q94)				
	Married	1	5556	65.3
	De facto opposite sex	2	397	4.7
	De facto same sex	3	39	0.5
	Separated	4	286	3.4
	Divorced	5	1105	13.0
	Widowed	6	841	9.9
	Never married	7	281	3.3
	N Missing		86	
Q95_NA Not applicable: widowed (M8Q95_NA)				
	No	0	2640	30.9
	Yes	1	5916	69.1
	N Missing		40	
Q96A How many people live with you now? No one, I live				
alone (M8Q96A)	No	0	6610	77.6
	Yes	1	1907	22.4
	N Missing		79	
Q96B How many people live with you now? Partner or spouse	,			
(M8Q96B)	No	0	2571	30.2
	Yes	1	5945	69.8
	N Missing		79	
Q96C How many people live with you now? Children up to 18	0			
years (M8Q96C)	None	0	8282	97.3
	One	1	123	1.4
	Тwo	2	72	0.8
	Three or more	3	38	0.4
	N Missing	0	80	0.1
	it moonly		00	

Item Description	Categories	Values	Number	%
Q96D How many people live with you now? Children over 18				
years (M8Q96D)	None	0	7619	89.5
	One	1	675	7.9
	Тwo	2	165	1.9
	Three or more	3	56	0.
	N Missing		81	
Q96E How many people live with you now? Your parents or				
n-laws (M8Q96E)	None	0	8415	98.
	One	1	85	1.
	Тwo	2	8	0.
	Three or more	3	4	0.
	N Missing		83	
Q96F How many people live with you now? Other adult				
elatives (M8Q96F)	None	0	8096	95.
	One	1	277	3.
	Тwo	2	105	1.
	Three or more	3	37	0.
	N Missing		82	
296G How many people live with you now? Other adults (not				
amily members) (M8Q96G)	None	0	8302	97.
	One	1	170	2.
	Тwo	2	20	0.
	Three or more	3	23	0.
	N Missing		82	
Q97A In general, are you satisfied with what you have				
achieved in your life so far in the areas of: Work (M8Q97A)	Very satisfied	1	2895	34.
	Satisfied	2	4946	58.
	Dissatisfied	3	469	5.
	Very dissatisfied	4	86	1.
	N Missing		209	
297B In general, are you satisfied with what you have				
achieved in your life so far in the areas of: Career (M8Q97B)	Very satisfied	1	2482	30.
	Satisfied	2	4730	57.
	Dissatisfied	3	913	11.
	Very dissatisfied	4	112	1.
	N Missing		405	

Item Description	Categories	Values	Number	%
Q97C In general, are you satisfied with what you have				
achieved in your life so far in the areas of: Study (M8Q97C)	Very satisfied	1	1764	21.8
	Satisfied	2	4753	58.7
	Dissatisfied	3	1397	17.2
	Very dissatisfied	4	186	2.3
	N Missing		556	
Q97D In general, are you satisfied with what you have				
achieved in your life so far in the areas of: Family relationships (M8Q97D)	Very satisfied	1	3518	41.6
(	Satisfied	2	4146	49.0
	Dissatisfied	3	650	7.7
	Very dissatisfied	4	149	1.8
	N Missing		148	
Q97E In general, are you satisfied with what you have				
achieved in your life so far in the areas of: Partner/closest personal relationship (M8Q97E)	Very satisfied	1	3789	45.4
	Satisfied	2	3208	38.4
	Dissatisfied	3	1027	12.3
	Very dissatisfied	4	331	4.0
	N Missing		239	
Q97F In general, are you satisfied with what you have	·			
achieved in your life so far in the areas of: Friendships (M8Q97F)	Very satisfied	1	3580	42.3
	Satisfied	2	4419	
	Dissatisfied	3	383	4.5
	Very dissatisfied	4	89	1.1
	N Missing		130	
Q97G In general, are you satisfied with what you have	5			
achieved in your life so far in the areas of: Social activities	Very satisfied	1	2589	30.6
(M8Q97G)	Satisfied	2		59.6
	Dissatisfied	3	707	8.4
	Very dissatisfied	4	121	1.4
	N Missing		140	
Q98 OS What is your postcode? Mark here if living overseas				
(M8Q98_OS)	Yes	1	52	0.6
	No	2	8479	
	N Missing	2	66	00.4
	ra missing		00	

Item Description	Categories	Values	Number	%
Q100 Did someone help you fill in this survey? (M8Q100)				
	No	1	8392	99.0
	Told me answers	2	80	0.9
	Used own judgement	3	8	0.1
	N Missing		120	
Age at time survey returned (M8AGE)				
	Mean		67.75	
	Std Error		0.02	
	Ν		8622	
	N Missing		0	
Alcohol status- NHMRC (AlcNHMRC) (M8ALCNHMRC)				
	Low risk drinker	1	4714	55.
	Non-drinker	2	1358	16. <sup>-</sup>
	Rarely drinks	3	1823	21.
	Risky drinker	4	492	5.8
	High risk drinker	5	57	0.
	N Missing		151	
Alcohol pattern (AlcPAtt) (M8ALCPATT)				
	Low long-term risk, drinks at short-term risk less than weekly	1	6374	75.9
	Non-drinker	2	1358	16.2
	Low long-term risk, drinks at short-term risk weekly or more	3	117	1.4
	Risky/high risk drinker	4	548	6.5
	N Missing		200	
ARIA+ Grouped (M8ARIAPGP)				
	Major cities	1	5222	62.
	Inner regional	2	2260	26.8
	Outer regional	3	850	10.
	Remote	4	74	0.9
	Very remote	5	19	0.2
	N Missing		194	
Body Mass Index (BMI) (M8BMI)				
	Mean		27.52	
	Std Error		0.06	
	Ν		8176	
	N Missing		446	

Item Description	Categories	Values	Number	%
CES-D10 (M8CESD10)				
	Mean		5.23	
	Std Error		0.05	
	Ν		8439	
	N Missing		183	
Exercise statistic Grouped Version 1 (M8EXGRP)				
	Nil/sedentary	1	1338	16.2
	Low	2	1896	23.0
	Moderate	3	1735	21.0
	High	4	3283	39.8
	N Missing		371	
Exercise statistic Version 1 (M8EXSTAT)				
	Mean		1289.78	
	Std Error		16.59	
	Ν		8251	
	N Missing		371	
GoldAnx - Goldberg Anxiety Scale Derived variable, sum of irst 9 - anxiety only - units on the GADS (formerly known as	Mean		3.34	
GAS) (M8GOLDANX)	Std Error		0.03	
	N		8533	
	N Missing		89	
abour Force Participation (M8LABF)	i i inicenig		00	
	Not in labour force	0	5902	694
	Labour force employed	1	2570	
	Labour force unemployed	2	31	0.4
	N Missing	-	109	•••
ife satisfaction score (M8LFSTFY)	i i inissing		100	
	Mean		3.22	
	Std Error		0.01	
	Ν		8470	
	N Missing		152	
he 6-item sum is referred to as the Revised Life Orientation				
Test (LOT-R) score. Higher scores indicate a more optimistic putlook. (M8LOTR)	Mean		16.79	
	Std Error		0.05	
	Ν		8406	
	N Missing		216	

the WHA population (M8MCSWHA)Mean54.17Std Error0.00N8336Missing266MCS_ABS - Mental health component score - standardised against the entire Australian adult population (M8MCS_ABS)MeanStd Error0.11N8336MSING266MRMCS_OBMissingMean52.65Std Error0.10N8336Std Error0.10N8336Missing268MSING268MSING268Man52.65Std Error0.10N8336Missing268Std Error0.11N8336Std Error16.05N351Std Error16.05N8251N8351N8351Std Error16.05N8251N8351N8351N8351N8351 </th <th>Item Description</th> <th>Categories</th> <th>Values Number</th> <th>%</th>	Item Description	Categories	Values Number	%
Mean         54.17           Std Error         0.10           N         8336           N Missing         226           against the entire Australian adult population (M8MCS_ABS)         Mean         51.51           Std Error         0.11         N           N         Nissing         236           MCS_OB - Mental health component score - Oblique         Mean         52.85           Missing         236         Missing           MCS_OB - Mental health component score - Oblique         Mean         52.85           Missing         236         Missing           MCS_OB         Mean         52.85           Std Error         0.10         N           N         Missing         286           MCS_US - Mental health component score - standardised         Mean         52.63           Std Error         0.10         N         8336           N Missing         286         Std Error         0.11           N         8336         N         Missing         286           Exercise statistic Version 2 (M8METMIN)         8336         N         N         8336           N         Missing         286         N         Std Error	MCSWHA - Mental health component score - standardised to			
N Missing 226 MCS_ABS - Mental health component score - standardised against the entire Australian adult population (MBMCS_ABS) Mean 51.51 / N Missing 226 MCS_OB - Mental health component score - Oblique (MBMCS_OB) MCS_OB - Mental health component score - Oblique MCS_OB - Mental health component score - standardised against the entire US adult population (MBMCS_US) MCS_US - Mental health component score - standardised against the entire US adult population (MBMCS_US) Mean 52.63 Std Error 0.10 N Missing 286 Mean 52.63 Std Error 0.11 N Missing 286 Exercise statistic Version 2 (MBMETMINEXGRP) Exercise statistic Grouped Version 2 (MBMETMINEXGRP) Exercise statistic Grouped Version 2 (MBMETMINEXGRP) Mil/sedentary 1 1322 16.0 Moderate 3 1748 21.2 High 4 366 43.2	the WHA population (M8MCSWHA)	Mean	54.17	
Missing286ACS_ABS - Mental health component score - standardised against the entire Australian adult population (MBMCS_ABB)Mean51.51Mean51.51.0NNissing286MCS_OB - Mental health component score - Obligue (MBMCS_OB)Mean52.53MCS_OB - Mental health component score - standardised against the entire US adult population (MBMCS_US)Mean52.63MCS_US - Mental health component score - standardised against the entire US adult population (MBMCS_US)Mean52.63Mean52.63.0.0.0Nissing286.0.0.0Exercise statistic Version 2 (MBMETMINE Exercise statistic Grouped Version 2 (MBMETMINEXGRP)Mean1269.31.0Exercise statistic Grouped Version 2 (MBMETMINEXGRP)Missing.0.0.0Exercise statistic Grouped Version 2 (MBMETMINEXGRP)Nissing.0.0.0Exercise statistic Grouped Version 2 (MBMETMINEXGRP)Nissing.0.0.0Misedentary1.0.0.0.0Misedentary1.0.0.0.0.0Exercise statistic Grouped Version 2 (MBMETMINEXGRP)Nisedentary.0.0.0Misedentary1.0.0.0.0.0Misedentary1.0.0.0.0.0Mean.0.0.0.0.0.0.0Mean.0.0.0.0.0.0.0 </td <td></td> <td>Std Error</td> <td>0.10</td> <td></td>		Std Error	0.10	
MCS_ABS - Mental health component score - standardised against the entire Australian adult population (M8MCS_ABS)         Mean         51.51           Std Error         0.11         N         8336           MCS_OB - Mental health component score - Oblique (M8MCS_OB)         Mean         52.85         51           Mean         52.85         51         51         61		Ν	8336	
against the entire Australian adult population (MBMCS_ABS) Std Error 0.11 N Missing 288 MCS_OB - Mental health component score - Oblique (MBMCS_OB) Mean 52.85 Std Error 0.10 N Missing 286 MCS_US - Mental health component score - standardised against the entire US adult population (MBMCS_US) Mean 52.63 Std Error 0.11 N Masing 52.63 Std Error 0.11 N Missing 286 Exercise statistic Version 2 (MBMETMINEX Exercise statistic Grouped Version 2 (MBMETMINEXGRP) Exercise statistic Grouped Version 2 (MBMETMINEXGRP) Mil/sedentary 1 129.31 Std Error 16.05 N Missing 371 Std Error 16.05 N Missing 371 Exercise statistic Grouped Version 2 (MBMETMINEXGRP) Mil/sedentary 1 129.31 Mil/sedentary 1 132 Mil/sedentary 1 132 Mil/sedentar		N Missing	286	
Mean         51.51           Std Error         0.11           N         8336           MSing         286           MCS_OB - Mental health component score - Oblique (M8MCS_OB)         Mean         52.85           Mean         52.85         51           Std Error         0.10         0.10           N         Missing         286           MCS_US - Mental health component score - standardised against the entire US adult population (M8MCS_US)         Mean         52.63           Mean         52.63         Missing         286           MCS_US - Mental health component score - standardised against the entire US adult population (M8MCS_US)         Mean         52.63           Mean         52.63         Missing         286           Exercise statistic Version 2 (M8METMIN)         8336         Missing           Exercise statistic Version 2 (M8METMINEXGRP)         Mean         1269.31           Missing         371         1322         16.05           N Missing         371         14         1322         16.05           Nil/sedentary         1         1322         16.05         19.05           Exercise statistic Grouped Version 2 (M8METMINEXGRP)         1         1322         16.05         19.05	MCS_ABS - Mental health component score - standardised			
NMissing8336NMissing286Mean52.85Std Error0.10N8336Std Error0.10NMissing286Mean52.63Mean52.63Std Error0.11N8336Std Error0.11N8336Std Error0.11N8336Std Error0.11N8336Exercise statistic Version 2 (M8METMIN)286Exercise statistic Grouped Version 2 (M8METMINEXGREP)NExercise statistic Grouped Version 2 (M8METMINEXGREP)NilsedentaryExercise statistic Grouped Version 2 (M8METMINEXGREP)1Image: Statistic Grouped Version 2 (M8METMINEXGREP)NilsedentaryImage: Statistic Grouped Version 2 (M8METMINEXGREP)1Image: Statistic Grouped Version 2 (M	against the entire Australian adult population (M8MCS_ABS)	Mean	51.51	
N Missing         286           MSS_OB         Mean         52.85           Std Error         0.10         0           N Missing         286         0           Missing         1269.31         0           Missing         371         0           Missing <td></td> <td>Std Error</td> <td>0.11</td> <td></td>		Std Error	0.11	
McS_OB - Mental health component score - Oblique (M8MCS_OB)         Mean         52.85           Std Error         0.10         3336           N Missing         286         336           MCS_US - Mental health component score - standardised against the entire US adult population (M8MCS_US)         Mean         52.63           Mean         52.63         51         1           N         Missing         286           Exercise statistic Version 2 (M8METMIN)         N         8336           Exercise statistic Grouped Version 2 (M8METMINEXGRP)         Mean         1269.31           Ni/sedentary         1         1322         16.05           Ni/sedentary         1         1322         16.05           Low         2         1616         19.05           High         4         356         43.35		Ν	8336	
(M8MCS_OB)         Mean         52.85           Std Error         0.10           N         8336           N Missing         286           MCS_US - Mental health component score - standardised against the entire US adult population (M8MCS_US)         Mean         52.63           Mean         52.63         51         51           N         Missing         286         51           Exercise statistic Version 2 (M8METMIN)         Nissing         286         51           Exercise statistic Grouped Version 2 (M8METMINEXGRP)         Nilsedentary         16.05         51           Exercise statistic Grouped Version 2 (M8METMINEXGRP)         Nilsedentary         1         1322         16.0           Low         2         1616         19.6         51         51           High         4         356         43.3         51.3         51.3		N Missing	286	
Mean         52.83           Std Error         0.10           N         8336           N Missing         286           MCS_US - Mental health component score - standardised against the entire US adult population (M8MCS_US)         Mean         52.63           Mean         52.63         51           Std Error         0.11         1           N         8336         1           N         8336         1           N         8336         1           Std Error         0.11         1           N         8336         1           Exercise statistic Version 2 (M8METMIN)         8336         1           Exercise statistic Grouped Version 2 (M8METMINEXGRP)         1         1           Exercise statistic Grouped Version 2 (M8METMINEXGRP)         1         1         1           Moderate         3         1748         1         1           High         4         356         1         1	MCS_OB - Mental health component score - Oblique			
N         8336           N Missing         286           MCS_US - Mental health component score - standardised against the entire US adult population (MBMCS_US)         Mean         52.63           Mean         52.63         Std Error         0.11           N         8336         286           Std Error         0.11         8336           N         Missing         286           Exercise statistic Version 2 (M8METMIN)         16.05           N         Nissing         371           Std Error         16.05         16.05           N         Missing         371           Exercise statistic Grouped Version 2 (M8METMINEXGRP)         Nil/sedentary         1         1322         16.05           Low         2         1616         19.05         10.05         10.05           High         High         4         356.8         12.25         12.25	(M8MCS_OB)	Mean	52.85	
N Missing 286 MCS_US - Mental health component score - standardised against the entire US adult population (MBMCS_US) Mean 52.63 Std Error 0.11 N Missing 286 Exercise statistic Version 2 (M8METMIN) Exercise statistic Version 2 (M8METMINEXGRP) Exercise statistic Grouped Version 2 (M8METMINEXGRP) Exercise statistic Grouped Version 2 (M8METMINEXGRP) Exercise statistic Grouped Version 2 (M8METMINEXGRP) Mil/sedentary 1 1322 16.0 Low 2 1616 19.0 Moderate 3 1748 21.2 High 4 3566 43.3		Std Error	0.10	
MCS_US - Mental health component score - standardised       Mean       52.63         against the entire US adult population (M8MCS_US)       Mean       52.63         Std Error       0.11       1         N       8336       1         N       8336       286         N Missing       286       1         Exercise statistic Version 2 (M8METMIN)       Mean       1269.31         Exercise statistic Grouped Version 2 (M8METMINEXGRP)       Nissing       371         Exercise statistic Grouped Version 2 (M8METMINEXGRP)       Nissing       371         Exercise statistic Grouped Version 2 (M8METMINEXGRP)       Nissing       3174         High       4       366       3.27		Ν	8336	
against the entire US adult population (M8MCS_US) Mean 52.63 Std Error 0.11 N Missing 286 Exercise statistic Version 2 (M8METMIN) Exercise statistic Grouped Version 2 (M8METMINEXGRP) Exercise statistic Grouped Version 2 (M8METMINEXGRP) Exercise statistic Grouped Version 2 (M8METMINEXGRP) Mi/sedentary 1 1322 16.0 Low 2 1616 19.0 Moderate 3 1748 21.2 High 4 356 43.2		N Missing	286	
Mean       52.63         Std Error       0.11         N       8336         N Missing       286         Exercise statistic Version 2 (M8METMIN)       1269.31         Mean       1269.31         Std Error       16.05         N       8251         N Missing       371         Exercise statistic Grouped Version 2 (M8METMINEXGRP)       Nil/sedentary         Nil/sedentary       1       1322       16.05         Low       2       1616       19.65         Moderate       3       1748       21.2         High       4       3566       43.2	MCS_US - Mental health component score - standardised			
N       8336         N Missing       286         Exercise statistic Version 2 (M8METMIN)       Mean         Mean       1269.31         Std Error       16.05         N       8251         N Missing       371         Exercise statistic Grouped Version 2 (M8METMINEXGRP)       Ni/sedentary         Ni/sedentary       1       1322         High       4       356	against the entire US adult population (M8MCS_US)	Mean	52.63	
N Missing       286         Exercise statistic Version 2 (M8METMIN)       Mean       1269.31         Std Error       16.05       16.05         N       8251       16.05         N       Nilssing       371         Exercise statistic Grouped Version 2 (M8METMINEXGRP)       Nil/sedentary       1       1322       16.05         Low       2       1616       10.05       10.05       10.05       10.05       10.05         High       4       3566       31.748       21.25       10.05		Std Error	0.11	
Exercise statistic Version 2 (M8METMIN)       Mean       1269.31         Std Error       16.05         N       8251         N Missing       371         Exercise statistic Grouped Version 2 (M8METMINEXGRP)       Ni/sedentary         Ni/sedentary       1       1322       16.05         Low       2       1616       19.65         Moderate       3       1748       21.25         High       4       3566       43.25		Ν	8336	
Mean       1269.31         Std Error       16.05         N       8251         N Missing       371         Exercise statistic Grouped Version 2 (M8METMINEXGRP)       Ni/sedentary         Ni/sedentary       1       1322       16.05         Low       2       1616       19.05         High       4       3566       43.25		N Missing	286	
Std Error       16.05         N       8251         N Missing       371         Exercise statistic Grouped Version 2 (M8METMINEXGRP)       Ni/sedentary         Ni/sedentary       1       1322       16.05         Low       2       1616       19.05         Moderate       3       1748       21.25         High       4       3566       43.25	Exercise statistic Version 2 (M8METMIN)			
N       8251         N Missing       371         Exercise statistic Grouped Version 2 (M8METMINEXGRP)       Nil/sedentary       1       1322       16.0         Noderate       1       1322       1616       19.6         High       4       3566       43.2		Mean	1269.31	
N Missing       371         Exercise statistic Grouped Version 2 (M8METMINEXGRP)       Nil/sedentary       1       1322       16.0         Null Sedentary       1       1322       1610       19.0         Moderate       3       1748       21.2         High       4       3566       43.2		Std Error	16.05	
Exercise statistic Grouped Version 2 (M8METMINEXGRP)       1       1322       16.0         Nil/sedentary       1       1322       16.0         Low       2       1616       19.6         Moderate       3       1748       21.2         High       4       3566       43.2		Ν	8251	
Nil/sedentary       1       1322       16.0         Low       2       1616       19.6         Moderate       3       1748       21.2         High       4       3566       43.2		N Missing	371	
Low2161619.6Moderate3174821.2High4356643.2	Exercise statistic Grouped Version 2 (M8METMINEXGRP)			
Moderate3174821.2High4356643.2		Nil/sedentary	1 1322	16.0
High 4 3566 43.2		Low	2 1616	19.6
		Moderate	3 1748	21.2
N Missing 371		High	4 3566	43.2
		N Missing	371	

Item Description	Categories	Values	Number	%
Modified Monash Model estimated (M8MMM_ESTIMATED)				
See the ALSWH Data Dictionary Supplement for a description	1	1	5315	62.9
	2	2	916	10.8
	3	3	732	8.7
	4	4	528	6.2
	5	5	859	10.2
	6	6	69	0.8
	7	7	28	0.3
	N Missing		165	
Mean of Multi-item summed score for perceived stress. From 0 to 4. Higher values means more stressed. (M8MNSTRS)	Mean		0.50	
	Std Error		0.00	
	N		8568	
	N Missing		54	
PCSW/HA Develop hoalth company coore standardized to	J. J		54	
PCSWHA - Physical health component score - standardised to the WHA population (M8PCSWHA)	Mean		45.58	
	Std Error		45.56	
	N		8336	
	N Missing		286	
PCS_ABS - Physical health component score - standardised	N Wissing		200	
against the entire Australian adult population (M8PCS_ABS)	Mean		45.75	
	Std Error		0.11	
	Ν		8336	
	N Missing		286	
PCS_OB - Physical health component score - Oblique				
(M8PCS_OB)	Mean		48.61	
	Std Error		0.11	
	Ν		8336	
	N Missing		286	
PCS_US - Physical health component score - standardised				
against the entire US adult population (M8PCS_US)	Mean		45.68	
	Std Error		0.11	
	Ν		8336	
	N Missing		286	

Item Description	Categories	Values	Number	%
Life Control Scale (M8PERCON)				
	Mean		20.65	
	Std Error		0.05	
	Ν		8529	
	N Missing		93	
Smoking status - smokst (M8SMOKST)				
	Never-smoker	1	5370	63.2
	Ex-smoker	2	2674	31.4
	Smoker <10 c/d	3	138	1.6
	Smoker 10-19 c/d	4	183	2.2
	Smoker > = 20 c/d	5	138	1.6
	N Missing		89	
State participant resides in at the completion of each survey				
(M8STATE)	NSW	1	2537	30.0
	Vic	2	2033	24.0
	Qld	3	1714	20.2
	SA	4	780	9.2
	WA	5	903	10.7
	Tas	6	275	3.2
	NT	7	63	0.7
	ACT	8	165	1.9
	N Missing		131	
Q40 What is your waist measurement? (If you are pregnant				
now, write in your waist measurement for the month prior to your pregnancy. ) (M8WAISTCM)	Mean		92.10	
	Std Error		0.16	
	Ν		7793	
	N Missing		829	
WHO BMI group category (M8WHOBMIGROUP)				
	Underweight, BMI < 18.5	1	127	1.6
	Healthy weight, 18.5 <= BMI < 25	2	2948	36.0
	Overweight, 25 <= BMI < 30	3	2773	33.8
	Obese, 30 <= BMI	4	2345	28.6
	N Missing		446	
Q39a How much do you weigh without clothes or shoes?				
(M8WTKG)	Mean		73.06	
	Std Error		0.17	
	Ν		8184	
	N Missing		438	
	88			

Q39b Height in oms (M8HTCM)         Mean         162.94           Std Error         0.07           N         8612           NMissing         10           BP - Bodily Pain Subscale (M8BP)         Mean           Bean         65.85           Std Error         0.25           N         Missing           GH - General Health Subscale (M8GH)         Mean           Mean         70.53           Std Error         0.22           N         Missing           Mean         70.53           Std Error         0.22           N         Missing           MH - Mental Health Subscale (M8H)         Mean           Mean         77.33           Std Error         0.16           N         Missing           PF - Physical Functioning Subscale (M8PF)         Mean           Mean         76.42           Std Error         0.24           N         Missing           Basing         833           PF - Physical Functioning Subscale (M8PF)         Mean           Mean         82.84           Std Error         0.36           N         Missing           Basing <th>Item Description</th> <th>Categories</th> <th>Values Number 9</th>	Item Description	Categories	Values Number 9																																																																																								
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Role Physical Scale (M8RP)       72.07         Mean       72.07         Std Error       0.42         N       8571</td><td></td><td>N Missing</td><td>39</td></tr> <tr><td>Std Error       0.36         N       8534         N Missing       88         RP - Role Physical Scale (M8RP)       72.07         Mean       72.07         Std Error       0.42         N       8571</td><td>RE - Role Emotional Scale (M8RE)</td><td></td><td></td></tr> <tr><td>N8534N Missing88RP - Role Physical Scale (M8RP)72.07Mean72.07Std Error0.42N8571</td><td></td><td>Mean</td><td>82.84</td></tr> <tr><td>N Missing88RP - Role Physical Scale (M8RP)Mean72.07Mean72.07Std Error0.42N85718571</td><td></td><td>Std Error</td><td>0.36</td></tr> <tr><td>RP - Role Physical Scale (M8RP) Mean 72.07 Std Error 0.42 N 8571</td><td></td><td>Ν</td><td>8534</td></tr> <tr><td>RP - Role Physical Scale (M8RP) Mean 72.07 Std Error 0.42 N 8571</td><td></td><td>N Missing</td><td>88</td></tr> <tr><td>Mean         72.07           Std Error         0.42           N         8571</td><td>RP - 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Mean       76.42         Std Error       0.24         N       8583         N Missing       39         RE - Role Emotional Scale (M8RE)          Mean       82.84         Std Error       0.36         N       8534         N       8534         RP - Role Physical Scale (M8RP)          RP - Role Physical Scale (M8RP)          Mean       72.07         Std Error       0.42         N       351		N Missing	43																																																																																								
Std Error       0.24         N       8583         Missing       39         RE - Role Emotional Scale (M8RE)       10         Mean       82.84         Std Error       0.36         N       8534         Nolissing       83         RP - Role Physical Scale (M8RP)       10         Rean       72.07         Std Error       0.42         N       8571	PF - Physical Functioning Subscale (M8PF)																																																																																										
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RE - Role Emotional Scale (M8RE)       Mean       82.84         Std Error       0.36         N       8534         N Missing       88         RP - Role Physical Scale (M8RP)       Mean       72.07         Std Error       0.42         N       8571		Ν	8583																																																																																								
Mean       82.84         Std Error       0.36         N       8534         N Missing       88         RP - Role Physical Scale (M8RP)       72.07         Mean       72.07         Std Error       0.42         N       8571		N Missing	39																																																																																								
Std Error       0.36         N       8534         N Missing       88         RP - Role Physical Scale (M8RP)       72.07         Mean       72.07         Std Error       0.42         N       8571	RE - Role Emotional Scale (M8RE)																																																																																										
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RP - Role Physical Scale (M8RP) Mean 72.07 Std Error 0.42 N 8571		N Missing	88																																																																																								
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N 8571																																																																																											
		N Missing	51																																																																																								

Item Description	Categories	Values Numb	er %
SF - Social Functioning Scale (M8SF)			
	Mean	83.2	28
	Std Error	0.2	25
	Ν	858	36
	N Missing	:	86
VT - Vitality Index Scale (M8VT)			
	Mean	62.7	6
	Std Error	0.2	22
	Ν	858	31
	N Missing	2	1
Mean value of MOS scale values for Affectionate Support, 1 t	to		
5 (M8MNAFFPOS)	Mean	4.0	)7
(See the ALSWH website's Data Dictionary Supplement for a description.)	Std Error	0.0	)1
	Ν	848	30
	N Missing	14	12
Grouped Mean value of MOS scale values for Affectionate			
Support/Positive Social Interaction, 1 to 5. Higher scores for subscales and the index indicate more social support.	All the time	1 467	7 55.3
(M8MNAFFPOSGP)	Most of the time	2 222	21 26.3
	Some of the time	3 11 <sup>-</sup>	8 13.2
	None/little of the time	4 44	2 5.2
	N Missing	14	12
Mean value of MOS scale values for Emotional/Informational			
Support, 1 to 5 (M8MNEMI)	Mean	3.9	91
	Std Error	0.0	)1
	Ν	849	92
	N Missing	1:	30
Grouped Mean value of MOS scale values for			
Emotional/Informational Support, 1 to 5. Higher scores for subscales and the index indicate more social support.	All the time	1 410	9 48.5
(M8MNEMIGP)	Most of the time	2 254	6 30.1
	Some of the time	3 123	36 14.6
	None/little of the time	4 57	78 6.8
	N Missing	1:	30
Mean value of MOS scale values for Positive Social	5		
Interaction, 1 to 5 (M8MNSOCSUP6)	Mean	3.9	96
	Std Error	0.0	
	N	849	
	N Missing		31

Item Description	Categories	Values	Number	%
Mean value of MOS scale values for Tangible Support, 1 to 5				
(M8MNTAN)	Mean		3.93	
	Std Error		0.01	
	Ν		8437	
	N Missing		185	
Grouped Mean value of MOS scale values for Tangible				
Support, 1 to 5 Higher scores for subscales and the index indicate more social support. (M8MNTANGP)	All the time	1	4337	51.5
	Most of the time	2	2141	25.4
	Some of the time	3	995	11.8
	None/little of the time	4	948	11.3
	N Missing		185	
Grouped Mean value of MOS scale values for Social Support,				
1 to 5. Higher scores for subscales and the index indicate more social support. (M8SOCSUPGP6)	All the time	1	4460	52.7
	Most of the time	2	2259	26.7
	Some of the time	3	1182	14.0
	None/little of the time	4	565	6.7
	N Missing		131	