

the australian longitudinal study on women's health

# data book

for the fourth survey of the 1989-95 cohort 2016 (when they were aged 21-26 years)

November 2017

#### Data book for the fourth survey of the 1989-1995 cohort (aged 21-26 years)

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#### Acknowledgements

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#### Notes

During 2016 and 2017, 9,007 valid surveys were returned by members of the ALSWH 1989-95 birth cohort. These were all done online.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have not been weighted.

For information on the derived variables refer to the ALSWH website (http://www.alwsh.org.au/). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

Australian Longitudinal Study on Women's Health www.alswh.org.au

The University of Newcastle Research Centre for Gender, Health & Ageing University Drive Callaghan NSW 2308 Phone: 02 4042 0686 Fax: 02 4042 0044 Email: info@alswh.org.au The University of Queensland School of Public Health Herston Road Herston QLD 4006 Phone: 07 3346 4723 Fax: 07 3365 5540 Email: sph-wha@sph.uq.edu.au

Item Description	Variable Name	Categories	Values	Number	%
Which of the following prompted you to do this survey?	INFO001				
		Email invitation / reminder	0	5636	63.1
		SMS / text message	1	1389	15.6
		Newsletter	2	12	0.1
		Mailed invitation / reminder	3	625	7.0
		Facebook	4	48	0.5
		Phone call	5	1188	13.3
		Other social media (Please specify)	6	1	0.0
		Other (Please specify)	7	30	0.3
		Missing		78	
In general, would you say your health is:	SF36001				
		Excellent	1	761	8.4
		Very good	2	3401	37.8
		Good	3	3513	39.0
		Fair	4	1081	12.0
		Poor	5	251	2.8
Compared to one year ago, how would you rate your health	SF36002				
in general now		Much better	1	994	11.1
		Somewhat better	2	2628	29.4
		About the same	3	3704	41.5
		Somewhat worse	4	1468	16.4
		Much worse	5	136	1.5
		Missing		77	
The following questions are about activities you might do	SF36003				
during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as		Limited a lot	1	969	10.9
running, lifting heavy objects, participating in strenuous sports		Limited a little	2	3355	37.6
sports		Not limited	3	4602	51.6
		Missing		81	
The following questions are about activities you might do	SF36004				
during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as		Limited a lot	1	240	2.7
moving a table, pushing a vacuum cleaner, bowling or playing golf		Limited a little	2	1038	11.6
praying you		Not limited	3	7646	85.7
		Missing		83	

Item Description	Variable Name	Categories	Values	Number	%
The following questions are about activities you might do	SF36005				
during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries		Limited a lot	1	187	2.1
		Limited a little	2	813	9.1
		Not limited	3	7922	88.8
		Missing		85	
The following questions are about activities you might do	SF36006				
luring a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs		Limited a lot	1	431	4.8
<i>,</i>		Limited a little	2	1995	22.4
		Not limited	3	6495	72.8
		Missing		86	
he following questions are about activities you might do	SF36007				
rring a typical day. Does your health now limit you in these ctivities? If so, how much? Climbing one flight of stairs		Limited a lot	1	197	2.2
		Limited a little	2	549	6.2
		Not limited	3	8172	91.6
		Missing		89	
he following questions are about activities you might do	SF36008				
uring a typical day. Does your health now limit you in these ctivities? If so, how much? Bending, kneeling or stooping		Limited a lot	1	323	3.6
ctivities? If so, how much? Bending, kneeling or stooping		Limited a little	2	1282	14.4
		Not limited	3	7309	82.0
		Missing		93	
he following questions are about activities you might do	SF36009				
uring a typical day. Does your health now limit you in these ctivities? If so, how much? Walking more than one kilometre		Limited a lot	1	319	3.6
		Limited a little	2	898	10.1
		Not limited	3	7701	86.4
		Missing		89	
he following questions are about activities you might do	SF36010				
uring a typical day. Does your health now limit you in these ctivities? If so, how much? Walking half a kilometre		Limited a lot	1	261	2.9
		Limited a little	2	387	4.3
		Not limited	3	8271	92.7
		Missing		88	
he following questions are about activities you might do	SF36011				
uring a typical day. Does your health now limit you in these ctivities? If so, how much? Walking 100 metres		Limited a lot	1	281	3.1
Savides : in so, now making rou metres		Limited a little	2	185	2.1
		Not limited	3	8455	94.8
		Missing		86	

during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourselfLimited a little13113.5Limited a little21882.1Not limited3842294.4Missing.86During the past four weeks, have you had any of the sativities as a result of your physical health? Cult down on the amount of time you spent on work or other regular daily activities as a result of your physical health? Cult down on the anount of time you spent on work or other regular daily activities as a result of your physical health? Cult down on the anound films problems with your work (including your work culside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would likeSF36014 No226.5During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would likeNo274.5During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in NoNo274.6During the past four weeks, have you had any of the startifiesSF36015119During the past four weeks, have you had any of the startifiesSF360161114During the past four weeks, have you had any of the regular daily activities as a result of your physical	Item Description	Variable Name	Categories	Values	Number	%
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following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activitiesYes1274630.9During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would likeSF36018No2614469.1During the past four weeks, have you had any of the feeling depressed or anxious)? Accomplished less than you would likeYes1422947.6During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would likeSF360191422947.6During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other feeling depressed or anxious)? Didn't do work or other activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or otherNo2600967.6	extra effort)		Missing		114	
activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activitiesYes1274630.9No2614469.1Missing117During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would likeYes1422947.6During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would likeNo2465852.4During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usualSF3601972600967.6	During the past four weeks, have you had any of the	SF36017				
feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activitiesNo2614469.1Missing			Yes	1	2746	30.9
Missing.117During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would likeYes1422947.6During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other feeling depressed or anxious)? Didn't do work or otherSF36019Yes1287732.4During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or otherYes1287732.4feeling depressed or anxious)? Didn't do work or other activities as carefully as usualNo2600967.6	feeling depressed or anxious)? Cut down on the amount of		No	2	6144	69.1
following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would likeYes1422947.6No2465852.4Missing.120During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or otherSF36019Yes1287732.4feeling depressed or anxious)? Didn't do work or other activities as carefully as usualNo2600967.6	time you spent on work or other activities		Missing		117	
activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would likeYes1422947.6No2465852.4Missing.120During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usualYes1287732.4No2600967.6	During the past four weeks, have you had any of the	SF36018				
feeling depressed or anxious)? Accomplished less than youNo2465852.4would likeMissing.120During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usualYes1287732.4No2600967.6			Yes	1	4229	47.6
Missing       .       120         During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other       SF36019       1       2877       32.4         feeling depressed or anxious)? Didn't do work or other activities as carefully as usual       No       2       6009       67.6	feeling depressed or anxious)? Accomplished less than you		No	2	4658	52.4
following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or otherYes1287732.4feeling depressed or anxious)? Didn't do work or otherNo2600967.6activities as carefully as usual600967.6	would like		Missing		120	
activities as a result of any emotional problems (such asYes1287732.4feeling depressed or anxious)? Didn't do work or otherNo2600967.6activities as carefully as usual	During the past four weeks, have you had any of the	SF36019				
feeling depressed or anxious)? Didn't do work or other No 2 6009 67.6 activities as carefully as usual			Yes	1	2877	32.4
Activities as carefully as usual Missing . 121	feeling depressed or anxious)? Didn't do work or other		No	2	6009	67.6
	acuvities as carefully as usual		Missing		121	

Item Description	Variable Name	Categories	Values	Number	%
During the past four weeks, to what extent has your physical	SF36020				
health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?		Not at all	1	2996	33.7
		Slightly	2	3331	37.5
		Moderately	3	1407	15.8
		Quite a bit	4	848	9.5
		Extremely	5	306	3.4
		Missing	•	119	
How much bodily pain have you had during the past four	SF36021				
weeks?		No bodily pain	1	1563	17.6
		Very mild	2	3302	37.2
		Mild	3	2107	23.7
		Moderate	4	1478	16.6
		Severe	5	380	4.3
		Very severe	6	51	0.6
		Missing		126	
During the past four weeks, how much did pain interfere with	SF36022				
our normal work (including both work outside the home and ousework)?		Not at all	1	4797	54.0
		A little bit	2	2948	33.2
		Moderately	3	727	8.2
		Quite a bit	4	329	3.7
		Extremely	5	80	0.9
		Missing		126	
For each question, please give the one answer that comes	SF36023				
closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?		All the time	1	337	3.8
		Most of the time	2	2833	32.1
		A good bit of the time	3	2170	24.6
		Some of the time	4	1881	21.3
		Little of the time	5	1283	14.5
		None of the time	6	321	3.6
		Missing		182	
For each question, please give the one answer that comes	SF36024				
closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very		All the time	1	259	2.9
nervous person		Most of the time	2	1008	
		A good bit of the time	3	1395	15.8
		Some of the time	4	2071	23.5
		Little of the time	5	2841	
		None of the time	6	1251	
		Missing		182	
		5			

Item Description	Variable Name	Categories	Values	Number	%
For each question, please give the one answer that comes	SF36025				
closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the		All the time	1	107	1.2
dumps that nothing could cheer you up		Most of the time	2	417	4.7
		A good bit of the time	3	888	10.1
		Some of the time	4	1310	14.8
		Little of the time	5	2645	30.0
		None of the time	6	3458	39.2
		Missing		182	
For each question, please give the one answer that comes	SF36026				
closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt calm and		All the time	1	161	1.8
peaceful		Most of the time	2	1991	22.6
		A good bit of the time	3	2338	26.5
		Some of the time	4	2308	26.2
		Little of the time	5	1642	18.6
		None of the time	6	386	4.4
		Missing		181	
For each question, please give the one answer that comes	SF36027				
closest to the way you have been feeling. How much of the time during the past four weeks. Did you have a lot of energy		All the time	1	146	1.7
		Most of the time	2	1678	19.0
		A good bit of the time	3	2400	27.2
		Some of the time	4	2384	27.0
		Little of the time	5	1680	19.0
		None of the time	6	538	6.1
		Missing		181	
For each question, please give the one answer that comes	SF36028				
closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt down		All the time	1	226	2.6
		Most of the time	2	815	9.2
		A good bit of the time	3	1321	15.0
		Some of the time	4	2255	25.6
		Little of the time	5	3305	37.5
		None of the time	6	902	10.2
		Missing		183	

Item Description	Variable Name	Categories	Values	Number	%
For each question, please give the one answer that comes	SF36029				
closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel worn out		All the time	1	682	7.7
		Most of the time	2	1615	18.3
		A good bit of the time	3	2089	23.7
		Some of the time	4	2269	25.7
		Little of the time	5	1877	21.3
		None of the time	6	290	3.3
		Missing		185	
For each question, please give the one answer that comes	SF36030				
closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a happy		All the time	1	581	6.6
person		Most of the time	2	3435	38.9
		A good bit of the time	3	2251	25.5
		Some of the time	4	1728	19.6
		Little of the time	5	728	8.3
		None of the time	6	101	1.1
		Missing		183	
For each question, please give the one answer that comes	SF36031				
losest to the way you have been feeling. How much of the me during the past four weeks. Did you feel tired		All the time	1	1197	13.6
		Most of the time	2	2154	24.4
		A good bit of the time	3	2246	25.5
		Some of the time	4	2041	23.1
		Little of the time	5	1112	12.6
		None of the time	6	74	0.8
		Missing		183	
During the past four weeks, how much of the time have your	SF36032				
physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?		All the time	1	183	2.1
		Most of the time	2	759	8.6
		Some of the time	3	2001	22.7
		Little of the time	4	2910	33.0
		None of the time	5	2969	33.7
		Missing		185	
How true or false is each of the following statements for you?	SF36033				
I seem to get sick a little easier than other people		Definitely true	1	755	8.6
		Mostly true	2	1605	18.2
		Don't know	3	910	10.3
		Mostly false	4	3046	34.5
		Definitely false	5	2505	28.4
		Missing		186	

Item Description	Variable Name	Categories	Values	Number	%
How true or false is each of the following statements for you?	SF36034				
I am as healthy as anybody I know		Definitely true	1	1433	16.2
		Mostly true	2	3588	40.7
		Don't know	3	1538	17.4
		Mostly false	4	1588	18.0
		Definitely false	5	672	7.6
		Missing		188	
How true or false is each of the following statements for you?	SF36035				
I expect my health to get worse		Definitely true	1	241	2.7
		Mostly true	2	997	11.3
		Don't know	3	2304	26.1
		Mostly false	4	2621	29.7
		Definitely false	5	2656	30.1
		Missing		188	
How true or false is each of the following statements for you?	SF36036				
y health is excellent		Definitely true	1	918	10.4
		Mostly true	2	4072	46.2
		Don't know	3	1160	13.2
		Mostly false	4	1716	19.5
		Definitely false	5	953	10.8
		Missing		188	
Have you ever been sexually active?	REPH286				
		Yes	1	8200	93.0
		No	2	616	7.0
		Missing		191	
Have you ever had vaginal sex?	REPH272				
		Yes	1	8062	98.3
		No	2	109	1.3
		I prefer not to answer	3	29	0.4
		Missing		807	
,	HSRV079				
you to discounts and assistance with medical expenses. This is not the same as a Medicare card.		Yes	1	2081	23.6
		No	2	6735	76.4

Item Description	Variable Name	Categories	Values	Number	%
How often do you currently smoke cigarettes or any tobacco	SMOK007				
products?		Daily	1	658	7.5
		At least weekly(but not daily)	2	216	2.5
		Less often than weekly	3	509	5.8
		Not at all	4	7433	84.3
		Missing		191	
If you smoke daily, on average how many cigarettes do you	SMOK016				
smoke each day?		Mean		8.77	
		Std Error		0.22	
		Ν		658	
		N Missing		8349	
In your lifetime, would you have smoked at least 100	SMOK018				
igarettes (or equivalent)?		Yes	1	1751	20.4
		No	2	6848	79.6
		Missing		408	
ow often do you usually drink alcohol?	ALCS009				
		I never drink alcohol	1	789	9.0
		Less than once a month	2	2686	30.5
		Less than once a week	3	2609	29.6
		On 1 or 2 days a week	4	1929	21.9
		On 3 or 4 days a week	5	632	7.2
		On 5 or 6 days a week	6	135	1.5
		Every day	7	34	0.4
		Missing		193	
On a day when you drink alcohol, how many standard drinks	ALCS010				
do you usually have?		Never drink	0	789	9.0
		1 or 2 drinks per day	1	3894	44.2
		3 or four drinks per day	2	2572	29.2
		5 to 8 drinks per day	3	1299	14.7
		9 or more drinks per day	4	257	2.9
		Missing		196	

Item Description	Variable Name	Categories	Values	Number	%
How often do you have five or more standard drinks of	ALCS011				
alcohol on one occasion?		Never	1	2156	24.5
		Less than once a month	2	4176	47.4
		About once a month	3	1650	18.7
		About once a week	4	748	8.5
		More than once a week	5	81	0.9
		Missing		196	
How many times would you have had five or more standard	ALCS034				
drinks of alcohol on one occasion in the last 12 months?		0	0	2282	36.0
		1	1	465	7.3
		2	2	751	11.9
		3	3	680	10.7
		4	4	503	7.9
		5	5	495	7.8
		6	6	376	5.9
		7	7	142	2.2
		8	8	157	2.5
		9	9	54	0.9
		10	10	218	3.4
		11	11	41	0.6
		12 or more	12	167	2.6
		Missing		2676	
Have you ever had reason to believe that you may have had	ALCS040				
your drink spiked in the past?		Yes	1	1798	20.4
		No	2	6520	74.0
		Unsure	3	492	5.6
		Missing		197	

Item Description	Variable Name	Categories	Values	Number	%
How many pieces of fresh fruit do you usually eat per day?	FFQV001				
(Count 1/2 cup of diced fruit, berries or grapes as one piece)		I don't eat fruit	1	304	3.5
		Less than 1 piece of fruit per day	2	2383	27.1
		1 piece of fruit per day	3	2805	31.9
		2 pieces of fruit per day	4	2440	27.7
		3 pieces of fruit per day	5	683	7.8
		4 or more pieces of fruit per day	6	191	2.2
		Missing		201	
How many serves of vegetables do you usually eat each	EATS063				
ay? (A serve = half a cup of cooked vegetables or a cup of alad vegetables)		None	1	37	0.4
		Less than one serve	2	505	5.7
		1 serve	3	1227	13.9
		2 serves	4	2454	27.9
		3 serves	5	2449	27.8
		4 serves	6	1251	14.2
		5 serves or more	7	883	10.0
		Missing		201	
Over the last 12 months, on average, how often did you drink	EATS041				
he following? Cola drinks/not diet (e.g. Coke)		Never	1	3050	34.7
		Less than once per month	2	2739	31.2
		1 - 3 times per month	3	1356	15.4
		1 time per week	4	570	6.5
		2 times per week	5	377	4.3
		3 - 4 times per week	6	328	3.7
		5 - 6 times per week	7	102	1.2
		1 time per day	8	140	1.6
		2 times per day	9	74	0.8
		3 times or more per day	10	49	0.6
		Missing		222	

Item Description	Variable Name	Categories	Values	Number	%
Over the last 12 months, on average, how often did you drink	EATS042				
the following? Diet cola drinks (e.g. Diet coke)		Never	1	5038	57.4
		Less than once per month	2	1484	16.9
		1 - 3 times per month	3	856	9.7
		1 time per week	4	357	4.1
		2 times per week	5	290	3.3
		3 - 4 times per week	6	315	3.6
		5 - 6 times per week	7	110	1.3
		1 time per day	8	167	1.9
		2 times per day	9	105	1.2
		3 times or more per day	10	62	0.7
		Missing		223	
ver the last 12 months, on average, how often did you drink	EATS043				
the following? Other carbonated (e.g. fizzy/soft drinks)		Never	1	2299	26.1
		Less than once per month	2	3176	36.1
		1 - 3 times per month	3	1871	21.3
		1 time per week	4	664	7.6
		2 times per week	5	341	3.9
		3 - 4 times per week	6	229	2.6
		5 - 6 times per week	7	64	0.7
		1 time per day	8	95	1.1
		2 times per day	9	31	0.4
		3 times or more per day	10	22	0.3
		Missing		215	

Item Description	Variable Name	Categories	Values	Number	%
Over the last 12 months, on average, how often did you drink	EATS056				
he following? Other diet carbonated drinks (e.g. diet emonade)		Never	1	5930	67.5
		Less than once per month	2	1757	20.0
		1 - 3 times per month	3	608	6.9
		1 time per week	4	175	2.0
		2 times per week	5	111	1.3
		3 - 4 times per week	6	93	1.1
		5 - 6 times per week	7	36	0.4
		1 time per day	8	47	0.5
		2 times per day	9	13	0.1
		3 times or more per day	10	14	0.2
		Missing		223	
Over the last 12 months, on average, how often did you drink	EATS057				
the following? Non-carbonated diet cordials, fruit or sport drinks		Never	1	6289	71.7
		Less than once per month	2	1535	17.5
		1 - 3 times per month	3	479	5.5
		1 time per week	4	171	1.9
		2 times per week	5	105	1.2
		3 - 4 times per week	6	88	1.0
		5 - 6 times per week	7	32	0.4
		1 time per day	8	41	0.5
		2 times per day	9	12	0.1
		3 times or more per day	10	19	0.2
		Missing		236	

Item Description	Variable Name	Categories	Values	Number	%
Over the last 12 months, on average, how often did you drink	EATS044				
the following? Cordials, fruit or sport drinks		Never	1	3276	37.3
		Less than once per month	2	2756	31.4
		1 - 3 times per month	3	1427	16.2
		1 time per week	4	513	5.8
		2 times per week	5	297	3.4
		3 - 4 times per week	6	264	3.0
		5 - 6 times per week	7	86	1.0
		1 time per day	8	90	1.0
		2 times per day	9	49	0.6
		3 times or more per day	10	25	0.3
		Missing		224	
Over the last 12 months, on average, how often did you drink	EATS045				
the following? Milk or Soya Milk (including flavoured varieties)		Never	1	663	7.5
		Less than once per month	2	660	7.5
		1 - 3 times per month	3	688	7.8
		1 time per week	4	569	6.5
		2 times per week	5	600	6.8
		3 - 4 times per week	6	1154	13.1
		5 - 6 times per week	7	694	7.9
		1 time per day	8	2150	24.5
		2 times per day	9	1250	14.2
		3 times or more per day	10	358	4.1
		Missing		221	

Item Description	Variable Name	Categories	Values	Number	%
Over the last 12 months, on average, how often did you drink	EATS046				
the following? Fruit or vegetable juices		Never	1	1140	13.0
		Less than once per month	2	2077	23.7
		1 - 3 times per month	3	2108	24.0
		1 time per week	4	1066	12.1
		2 times per week	5	834	9.5
		3 - 4 times per week	6	797	9.1
		5 - 6 times per week	7	258	2.9
		1 time per day	8	377	4.3
		2 times per day	9	93	1.1
		3 times or more per day	10	32	0.4
		Missing		225	
Over the last 12 months, on average, how often did you drink	EATS047				
the following? Tea		Never	1	1668	19.0
		Less than once per month	2	845	9.6
		1 - 3 times per month	3	900	10.2
		1 time per week	4	607	6.9
		2 times per week	5	633	7.2
		3 - 4 times per week	6	833	9.5
		5 - 6 times per week	7	448	5.1
		1 time per day	8	1247	14.2
		2 times per day	9	973	11.1
		3 times or more per day	10	632	7.2
		Missing		221	

Item Description	Variable Name	Categories	Values	Number	%
Over the last 12 months, on average, how often did you drink	EATS048				
he following? Herbal tea		Never	1	2694	30.
		Less than once per month	2	1080	12.3
		1 - 3 times per month	3	1016	11.
		1 time per week	4	637	7.
		2 times per week	5	666	7.
		3 - 4 times per week	6	756	8.
		5 - 6 times per week	7	322	3.
		1 time per day	8	861	9.
		2 times per day	9	481	5.
		3 times or more per day	10	267	3.
		Missing		227	
Over the last 12 months, on average, how often did you drink	EATS049				
ne following? Coffee		Never	1	2283	26.
		Less than once per month	2	498	5.
		1 - 3 times per month	3	471	5.
		1 time per week	4	368	4
		2 times per week	5	464	5
		3 - 4 times per week	6	806	9
		5 - 6 times per week	7	491	5
		1 time per day	8	1767	20
		2 times per day	9	1240	14
		3 times or more per day	10	397	4
		Missing		222	

Item Description	Variable Name	Categories	Values	Number	%
Over the last 12 months, on average, how often did you drink	EATS050				
the following? Water (including soda or plain mineral water)		Never	1	19	0.2
		Less than once per month	2	26	0.3
		1 - 3 times per month	3	29	0.3
		1 time per week	4	31	0.4
		2 times per week	5	50	0.6
		3 - 4 times per week	6	109	1.2
		5 - 6 times per week	7	118	1.3
		1 time per day	8	438	5.0
		2 times per day	9	874	9.9
		3 times or more per day	10	7098	80.7
		Missing		215	
How many times did you do each type of activity last week?	EXER004				
Nalking briskly		Mean		5.85	
		Std Error		0.07	
		Ν		8753	
		N Missing		254	
How many times did you do each type of activity last week?	EXER005				
Moderate leisure activity		Mean		1.37	
		Std Error		0.03	
		Ν		8752	
		N Missing		255	
How many times did you do each type of activity last week?	EXER006				
Vigorous leisure activity		Mean		1.64	
		Std Error		0.03	
		Ν		8753	
		N Missing		254	
How many times did you do each type of activity last week?	EXER011				
Vigorous household or garden chores		Mean		1.67	
		Std Error		0.04	
		Ν		8752	
		N Missing		255	

Item Description	Variable Name	Categories	Values	Number	%
In total minutes, how much time did you spend altogether	WALKBRISKTOTMIN				
walking briskly?		Mean		240.22	
		Std Error		4.78	
		Ν		8636	
		N Missing		371	
In total minutes, how much time did you spend altogether on	MODLEISTOTMIN				
moderate leisure activities?		Mean		76.75	
		Std Error		2.42	
		Ν		8637	
		N Missing		370	
In total minutes, how much time did you spend altogether on	VIGLEISTOTMIN				
vigorous leisure activities?		Mean		93.30	
		Std Error		2.92	
		Ν		8638	
		N Missing		369	
In total minutes, how much time did you spend altogether on	VIGCHORETOTMIN				
vigorous household or garden chores?		Mean		93.58	
		Std Error		2.68	
		Ν		8645	
		N Missing		362	
Metabolic minutes	metmin	-			
		Mean		1559.60	
		Std Error		18.45	
		N		8676	
		N Missing		331	
Exercise Status Grouped	exgrp	-			
		Inactive	1	477	5.5
		Low	2	1958	22.6
		Moderate	3	1846	
		High	4	4395	50.7
		Missing		331	
Have you ever had a partner or spouse?	FAMF209	-			
		Yes	1	7062	81.1
		No	2	1649	18.9

Item Description	Variable Name	Categories	Values	Number	%
This question asks about situations you may have	CASC136				
experienced with current or past partners. My Partner: Told ne that I was ugly, stupid or crazy, or that I wasn't good		Never	1	4867	69.0
enough or that no one would ever want me		Last 12 months only	2	553	7.8
		More than 12 months ago	3	1537	21.8
		Last 12 months and more than 12 months ago	4	92	1.3
		Missing		1958	
This question asks about situations you may have	CASC139				
experienced with current or past partners. My Partner: Followed me or harassed me around my neighbourhood /		Never	1	6060	86.0
vork.		Last 12 months only	2	129	1.8
		More than 12 months ago	3	832	11.8
		Last 12 months and more than 12 months ago	4	22	0.3
		Missing		1964	
This question asks about situations you may have	CASC128				
experienced with current or past partners. My Partner: Tried to turn my family, friends or children against me or tried to		Never	1	6050	86.0
convince them I was crazy		Last 12 months only	2	139	2.0
		More than 12 months ago	3	818	11.6
		Last 12 months and more than 12 months ago	4	26	0.4
		Missing		1974	
This question asks about situations you may have	CASC129				
experienced with current or past partners. My Partner: Kicked, bit, slapped or hit me with a fist or tried to hit me with		Never	1	6070	86.3
something		Last 12 months only	2	165	2.3
		More than 12 months ago	3	778	11.1
		Last 12 months and more than 12 months ago	4	23	0.3
		Missing		1971	

Item Description	Variable Name	Categories	Values	Number	%
This question asks about situations you may have	CASC138				
experienced with current or past partners. My Partner: Forced me to take part in unwanted sexual activity.		Never	1	5595	79.6
		Last 12 months only	2	174	2.5
		More than 12 months ago	3	1220	17.4
		Last 12 months and more than 12 months ago	4	41	0.6
		Missing		1977	
This question asks about situations you may have	CASC121				
experienced with current or past partners. My partner: Tried to keep me from seeing or talking to my family, friends or		Never	1	5590	79.4
children, or didn't want me to socialise		Last 12 months only	2	253	3.6
		More than 12 months ago	3	1160	16.5
		Last 12 months and more than 12 months ago	4	41	0.6
		Missing		1963	
This question asks about situations you may have	CASC122				
experienced with current or past partners. My partner: Pushed, grabbed, shoved, shook or threw me		Never	1	5709	81.1
		Last 12 months only	2	265	3.8
		More than 12 months ago	3	1019	14.5
		Last 12 months and more than 12 months ago	4	43	0.6
		Missing		1971	
This question asks about situations you may have	CASC132				
experienced with current or past partners. My Partner: Blamed me for causing their violent behaviour		Never	1	5678	80.8
C C		Last 12 months only	2	309	4.4
		More than 12 months ago	3	978	13.9
		Last 12 months and more than 12 months ago	4	61	0.9
				1981	

Item Description	Variable Name	Categories	Values	Number	%
This question asks about situations you may have	CASC133				
experienced with current or past partners. My partner: larassed me over the telephone, email, Facebook or		Never	1	5408	77.0
nternet		Last 12 months only	2	294	4.2
		More than 12 months ago	3	1247	17.7
		Last 12 months and more than 12 months ago	4	78	1.1
		Missing		1980	
This question asks about situations you may have	CASC134				
experienced with current or past partners. My partner: Used a knife or gun or other weapon or beat me up		Never	1	6853	97.7
		Last 12 months only	2	11	0.2
		More than 12 months ago	3	149	2.1
		Last 12 months and more than 12 months ago	4	4	0.1
		Missing		1990	
This question asks about situations you may have experienced with current or past partners. My Partner: Became upset if dinner/ housework wasn't done when they	CASC137				
		Never	1	5643	80.1
hought it should be		Last 12 months only	2	640	9.1
		More than 12 months ago	3	692	9.8
		Last 12 months and more than 12 months ago	4	67	1.0
		Missing		1965	
his question asks about situations you may have	CASC135				
experienced with current or past partners. My partner: Refused to let me work outside the home or took my wallet		Never	1	6709	95.4
ind left me stranded.		Last 12 months only	2	37	0.5
		More than 12 months ago	3	269	3.8
		Last 12 months and more than 12 months ago	4	18	0.3
		Missing		1974	
lave you ever been in a violent relationship with a	FAMF023				
artner/spouse?		Yes	1	1116	15.8
		No	2	5932	84.2
		Missing		1959	

received medical treatment?	IEDH458 IEDH459	Yes No Missing Yes No NA	1 2 1 2 3	2394 6310 303 204	
Did any of the injuries that you received medical treatment ME for: Involve a car, bus, motorbike, pushbike, boat or other		No Missing Yes No	2 1 2	6310 303 204	72.5
for: Involve a car, bus, motorbike, pushbike, boat or other		Missing Yes No	1 2	303 204	
for: Involve a car, bus, motorbike, pushbike, boat or other		Yes No	2	204	2.3
for: Involve a car, bus, motorbike, pushbike, boat or other		No	2		2.3
		No	2		2.3
		NA	3	2188	25.1
			0	6310	72.5
		Missing		305	
	IEDH460				
for: Involve you getting burnt or scalded?		Yes	1	166	1.9
		No	2	2226	25.6
		NA	3	6310	72.5
		Missing		305	
, , ,	IEDH461				
for: Happen because you fell?		Yes	1	646	7.4
		No	2	1746	20.1
		NA	3	6310	72.5
		Missing		305	
	IEDH462				
for: Happen because someone meant to hurt you at the time?		Yes	1	61	0.7
		No	2	2330	26.8
		NA	3	6310	72.5
		Missing		306	
	IEDH463				
for: Happen while you were playing sport, a game or in the water?		Yes	1	911	10.5
		No	2	1480	17.0
		NA	3	6310	72.5
		Missing		306	
Have you been feeling that life isn't worth living? PV	WEL005				
		Never	1	3621	41.6
		Last 12 months only	2	2208	25.4
		More than 12 months ago	3	2467	28.4
		Last 12 months and more than 12 months ago	4	398	4.6
		Missing	•	313	

Item Description	Variable Name	Categories	Values	Number	%
Have you deliberately hurt yourself or done anything that you	PWEL006				
knew might have harmed or even killed you?		Never	1	5219	60.1
		Last 12 months only	2	785	9.0
		More than 12 months ago	3	2509	28.9
		Last 12 months and more than 12 months ago	4	177	2.0
		Missing	•	317	
In the past 4 weeks: About how often did you feel tired out for	KTEN001				
no good reason?		None of the time	1	1504	17.2
		A little of the time	2	2856	32.7
		Some of the time	3	2292	26.2
		Most of the time	4	1547	17.7
		All of the time	5	548	6.3
		Missing		260	
In the past 4 weeks: About how often did you feel nervous	KTEN002				
		None of the time	1	1023	11.7
		A little of the time	2	3508	40.1
		Some of the time	3	2677	30.6
		Most of the time	4	1307	15.0
		All of the time	5	226	2.6
		Missing		266	
In the past 4 weeks: About how often did you feel so nervous	KTEN003				
that nothing could calm you down?		None of the time	1	4674	53.5
		A little of the time	2	2604	29.8
		Some of the time	3	1196	13.7
		Most of the time	4	243	2.8
		All of the time	5	23	0.3
		Missing		267	
In the past 4 weeks:About how often did you feel hopeless?	KTEN004				
		None of the time	1	3734	42.9
		A little of the time	2	2776	31.9
		Some of the time	3	1405	16.1
		Most of the time	4	637	7.3
		All of the time	5	159	1.8
		Missing		296	

Item Description	Variable Name	Categories	Values	Number	%
n the past 4 weeks:About how often did you feel restless or	KTEN005				
dgety?		None of the time	1	1704	19.7
		A little of the time	2	3485	40.2
		Some of the time	3	2380	27.5
		Most of the time	4	907	10.5
		All of the time	5	189	2.2
		Missing		342	
n the past 4 weeks:About how often did you feel so restless	KTEN006				
ou could not sit still?		None of the time	1	4706	54.2
		A little of the time	2	2547	29.3
		Some of the time	3	1107	12.7
		Most of the time	4	288	3.3
		All of the time	5	41	0.5
		Missing		318	
n the past 4 weeks:About how often did you feel depressed?	KTEN007	-			
		None of the time	1	3220	37.2
		A little of the time	2	2813	32.5
		Some of the time	3	1644	19.0
		Most of the time	4	714	8.3
		All of the time	5	260	3.0
		Missing		356	
n the past 4 weeks:About how often did you feel that	KTEN008	0			
verything is an effort?		None of the time	1	2037	23.5
		A little of the time	2	3095	
		Some of the time	3	1852	
		Most of the time	4	1204	
		All of the time	5	495	
		Missing		324	•
n the past 4 weeks:About how often did you feel so sad that	KTEN009	meenig	•	021	
othing could cheer you up?		None of the time	1	4509	51 8
		A little of the time	2	2599	
		Some of the time	3	1218	
		Most of the time	4	331	3.8
			Ŧ	001	
		All of the time	5	54	0.6

Item Description	Variable Name	Categories	Values	Number	%
In the past 4 weeks:About how often did you feel worthless?	KTEN010				
		None of the time	1	4586	52.5
		A little of the time	2	2183	25.0
		Some of the time	3	1148	13.2
		Most of the time	4	527	6.0
		All of the time	5	284	3.3
		Missing		279	
Kessler Psychological Distress Scale (K10) Score	k10				
		Mean		20.86	
		Std Error		0.08	
		Ν		8735	
		N Missing		272	
Over the last 12 months, how stressed have you felt about	STRS001				
the following areas of your life: Own health		Not applicable	1	66	0.8
		Not at all stressed	2	2222	25.6
		Somewhat stressed	3	3637	41.9
		Moderately stressed	4	1584	18.2
		Very stressed	5	796	9.2
		Extremely stressed	6	375	4.3
		Missing		327	
Over the last 12 months, how stressed have you felt about	STRS002				
the following areas of your life: Health of other family members		Not applicable	1	133	1.5
		Not at all stressed	2	2405	27.7
		Somewhat stressed	3	3281	37.8
		Moderately stressed	4	1597	18.4
		Very stressed	5	793	9.1
		Extremely stressed	6	467	5.4
		Missing		331	
Over the last 12 months, how stressed have you felt about	STRS003				
the following areas of your life: Work/Employment		Not applicable	1	364	4.2
		Not at all stressed	2	859	9.9
		Somewhat stressed	3	2557	29.5
		Moderately stressed	4	2231	25.7
		Very stressed	5	1670	19.2
		Extremely stressed	6	999	11.5
		Missing		327	

Item Description	Variable Name	Categories	Values	Number	%
Over the last 12 months, how stressed have you felt about	STRS004				
he following areas of your life: Living arrangements		Not applicable	1	88	1.0
		Not at all stressed	2	3392	39.1
		Somewhat stressed	3	2551	29.4
		Moderately stressed	4	1403	16.2
		Very stressed	5	781	9.0
		Extremely stressed	6	463	5.3
		Missing		329	
Over the last 12 months, how stressed have you felt about	STRS005				
he following areas of your life: Study		Not applicable	1	3038	35.0
		Not at all stressed	2	820	9.5
		Somewhat stressed	3	1307	15.1
		Moderately stressed	4	1303	15.0
		Very stressed	5	1317	15.2
		Extremely stressed	6	891	10.3
		Missing		331	
Over the last 12 months, how stressed have you felt about	STRS006				
he following areas of your life: Money		Not applicable	1	19	0.2
		Not at all stressed	2	1305	15.0
		Somewhat stressed	3	2699	31.1
		Moderately stressed	4	1946	22.4
		Very stressed	5	1466	16.9
		Extremely stressed	6	1240	14.3
		Missing		332	
Over the last 12 months, how stressed have you felt about	STRS007				
he following areas of your life: Relationship with parents		Not applicable	1	120	1.4
		Not at all stressed	2	5091	58.7
		Somewhat stressed	3	2009	23.2
		Moderately stressed	4	753	8.7
		Very stressed	5	430	5.0
		Extremely stressed	6	274	3.2

Item Description	Variable Name	Categories	Values	Number	%
Over the last 12 months, how stressed have you felt about	STRS008				
the following areas of your life: Relationship with partner/spouse		Not applicable	1	1900	21.9
		Not at all stressed	2	2845	32.8
		Somewhat stressed	3	2218	25.6
		Moderately stressed	4	822	9.5
		Very stressed	5	499	5.8
		Extremely stressed	6	394	4.5
		Missing		329	
Over the last 12 months, how stressed have you felt about	STRS010				
the following areas of your life: Relationship with other family members		Not applicable	1	248	2.9
		Not at all stressed	2	5447	62.8
		Somewhat stressed	3	2067	23.8
		Moderately stressed	4	570	6.6
		Very stressed	5	225	2.6
		Extremely stressed	6	121	1.4
		Missing		329	
Over the last 12 months, how stressed have you felt about	STRS030				
he following areas of your life? Relationship with friends		Not applicable	1	118	1.4
		Not at all stressed	2	4283	49.4
		Somewhat stressed	3	3140	36.2
		Moderately stressed	4	760	8.8
		Very stressed	5	280	3.2
		Extremely stressed	6	97	1.1
		Missing		329	
Over the last 12 months, how stressed have you felt about	STRS031				
the following areas of your life: Motherhood/children		Not applicable	1	6948	80.1
		Not at all stressed	2	600	6.9
		Somewhat stressed	3	529	6.1
		Moderately stressed	4	277	3.2
		Very stressed	5	152	1.8
		Extremely stressed	6	169	1.9
		Missing		332	
Mean of Multi-item summed score for perceived stress. From	mnstrs				
0 to 4. Higher values means more stressed.		Mean		1.04	
		Std Error		0.01	
		Ν		8678	
		N Missing		329	

Item Description	Variable Name	Categories	Values	Number	%
Are you currently pregnant?	REPH132				
		No	1	8382	96.6
		Less than 3 months	2	61	0.7
		3 to 6 months	3	54	0.6
		More than 6 months	4	71	0.8
		Don't know	5	112	1.3
		Missing		327	
How tall are you without shoes?	htcm				
		Mean		166.52	
		Std Error		0.08	
		Ν		8892	
		N Missing		115	
How much do you weigh without clothes or shoes?	wtkg				
		Mean		70.25	
		Std Error		0.19	
		Ν		8669	
		N Missing		338	
Body Mass Index	BMI				
		Mean		25.32	
		Std Error		0.07	
		Ν		8572	
		N Missing		435	
BMI group	BMIGROUP				
		Underweight, BMI < 18.5	1	381	4.4
		Healthy weight, 18.5 <= BMI < 25	2	4755	55.5
		Overweight, 25 <= BMI < 30	3	1895	22.1
		Obese, 30 <= BMI	4	1541	18.0
		Missing		435	

Item Description	Variable Name	Categories	Values	Number	%
What is the highest level of education you have completed?	DEMO154				
		Year 10 or below	1	123	1.4
		Year 11 or equivalent	2	127	1.5
		Year 12 or equivalent	3	1547	17.7
		Certificate I / II	4	246	2.8
		Certificate III / IV	5	1364	15.6
		Advanced Diploma / Diploma	6	738	8.4
		Bachelor degree	7	3614	41.3
		Graduate diploma / Graduate certificate	8	367	4.2
		Postgraduate degree	9	627	7.2
		Missing	•	254	
Are you currently unemployed and actively seeking work?	EMPL033				
		No	1	7716	88.9
		Yes, unemployed for less than 6 months	2	404	4.7
		Yes, unemployed for 6 months or more	3	556	6.4
		Missing		331	
Are you currently employed and actively seeking more work?	EMPL095				
		No	0	6398	73.7
		Yes	1	2278	26.3
		Missing		331	
In a usual week, how many hours do you spend doing paid	EMPL093				
work?		0	1	1294	14.8
		1 - 15	2	1524	17.4
		16 - 29	3	1440	16.5
		30 - 34	4	691	7.9
		35 - 40	5	2735	31.3
		41 - 49	6	809	9.2
		50 or more	7	257	2.9
		Missing		257	

Item Description	Variable Name	Categories	Values	Number	%
In a usual week, how many hours do you spend studying?	EMPL094				
		0	1	4244	48.9
		1 - 15	2	2338	27.0
		16 - 29	3	954	11.0
		30 - 34	4	425	4.9
		35 - 40	5	375	4.3
		41 - 49	6	177	2.0
		50 or more	7	161	1.9
		Missing	•	333	
In a usual week, how many hours do you spend doing work	EMPL092				
without pay?		0	1	4600	53.0
		1 - 15	2	3459	39.9
		16 - 29	3	346	4.0
		30 - 34	4	94	1.1
		35 - 40	5	73	0.8
		41 - 49	6	32	0.4
		50 or more	7	69	0.8
		Missing		334	
How do you manage on the income you have available?	DEMO013				
		It is impossible	1	205	2.4
		It is difficult all the time	2	1223	14.1
		It is difficult some of the time	3	2839	32.7
		It is not too bad	4	3049	35.1
		It is easy	5	1359	15.7
		Missing		332	
What is your current relationship status?	DEMO155				
		l am single	1	2733	31.5
		l am in a relationship (not living together)	2	2124	24.5
		l am living with a partner	3	2301	26.5
		I am engaged	4	591	6.8
		I am married	5	871	10.0
		I am divorced	6	7	0.1
		I am separated	7	46	0.5
		I am widowed	8	1	0.0
		Missing		333	

Item Description	Variable Name	Categories	Values	Number	%
What are your living arrangements? I live alone	DEMO156				
		No	0	8209	93.8
		Yes	1	542	6.2
		Missing		256	
What are your living arrangements?I live with one or both	DEMO157				
parents		No	0	6119	69.9
		Yes	1	2632	30.1
		Missing		256	
What are your living arrangements?I live with other adults	DEMO158				
		No	0	6192	70.8
		Yes	1	2559	29.2
		Missing		256	
What are your living arrangements?I live with my male	DEMO159				
partner		No	0	5236	59.8
		Yes	1	3515	40.2
		Missing		256	
What are your living arrangements?I live with my female	DEMO160				
partner		No	0	8667	99.0
		Yes	1	84	1.0
		Missing		256	
What are your living arrangements? Live with children	DEMO161				
		No	0	8049	92.0
		Yes	1	702	8.0
		Missing		256	
n a seven day week, on how many DAYS would you say you	TIME047				
are AT WORK (paid or unpaid)?		0	0	957	11.0
		1	1	334	3.9
		2	2	517	6.0
		3	3	873	10.1
		4	4	1054	12.2
		5	5	3839	44.3
		6	6	815	9.4
		7	7	279	3.2
		Missing		339	

Item Description	Variable Name	Categories	Values Number	%
On average, on days when you are AT WORK (paid or	TIME048			
unpaid), how many hours per day do you work?		Mean	6.85	
		Std Error	0.04	
		Ν	8668	
		N Missing	339	
Please estimate how much time you spent sitting in each of	SITWDTOTMIN1			
the following activities on your last working day and on your last non working day (weekend day or day off) For transport (	(	Mean	79.23	
eg in car, bus, train etc) WORK DAY	Υ.	Std Error	1.05	
		Ν	5640	
		N Missing	3367	
Please estimate how much time you spent SITTING in each	SITNWDTOTMIN1			
of the following activities on your last working day and on your last non working day (weekend day or day off) For		Mean	72.50	
transport ( eg in car, bus, train etc) NON WORK DAY		Std Error	1.19	
		Ν	5567	
		N Missing	3440	
Please estimate how much time you spent sitting in each of	SITWDTOTMIN2			
the following activities on your last working day and on your last non working day (weekend day or day off) At work (e.g.		Mean	256.41	
sitting at a desk or using a computer) WORK DAY		Std Error	2.22	
		Ν	7059	
		N Missing	1948	
Please estimate how much time you spent SITTING in each	SITNWDTOTMIN2			
of the following activities on your last working day and on your last non working day (weekend day or day off) At work		Mean	63.36	
(e.g. sitting at a desk or using a computer) NON WORK DAY		Std Error	1.62	
		Ν	5344	
		N Missing	3663	
Please estimate how much time you spent sitting in each of	SITWDTOTMIN3			
the following activities on your last working day and on your last non working day (weekend day or day off) Watching TV		Mean	104.40	
WORK DAY		Std Error	1.10	
		Ν	7036	
		N Missing	1971	
Please estimate how much time you spent SITTING in each	SITNWDTOTMIN3	-		
of the following activities on your last working day and on your last non working day (weekend day or day off) Watching	1	Mean	164.18	
TV NON WORK DAY	1	Std Error	1.40	
		Ν	7596	

Item Description	Variable Name	Categories	Values Number	%
Please estimate how much time you spent sitting in each of	SITWDTOTMIN4			
the following activities on your last working day and on your last non working day (weekend day or day off) Using a		Mean	124.86	
computer at home (email, games, information, chatting)		Std Error	1.50	
WORK DAT		Ν	6876	
		N Missing	2131	
Please estimate how much time you spent SITTING in each	SITNWDTOTMIN4			
of the following activities on your last working day and on your last non working day (weekend day or day off) Using a		Mean	167.14	
computer at home (email, games, information, chatting) NON		Std Error	1.64	
WORK DAY		Ν	7420	
		N Missing	1587	
Please estimate how much time you spent sitting in each of	SITWDTOTMIN5			
the following activities on your last working day and on your last non working day (weekend day or day off) Other leisure		Mean	79.34	
activities (socializing, movies, etc, but NOT including TV or		Std Error	1.09	
computer use) WORK DAY		Ν	6328	
		N Missing	2679	
Please estimate how much time you spent SITTING in each	SITNWDTOTMIN5			
of the following activities on your last working day and on your last non working day (weekend day or day off) Other		Mean	154.81	
leisure activities (socializing, movies, etc but NOT including		Std Error	1.41	
TV or computer use) NON WORK DAY		Ν	7422	
		N Missing	1585	

Item Description	Variable Name	Categories	Values	Number	%
We would like to know your main occupation now:	TIME040				
		Manager or administrator	1	471	5.4
		Professional	2	2626	30.3
		Associate professional	3	476	5.5
		Tradesperson or related worker	4	245	2.8
		Advanced clerical or service worker	5	704	8.1
		Intermediate clerical, sales or service worker	6	1712	19.8
		Intermediate production or transport worker	7	33	0.4
		Elementary clerical, sales or service worker	8	841	9.7
		Labourer or related worker	9	310	3.6
		No paid job	10	1249	14.4
		Missing		340	
Did someone help you fill in this survey?	FAMF206				
		No	1	8638	99.9
		Yes, but I told them the answers I wanted	2	2	0.0
		Yes, but the helper answered for me using his / her own judgement	3	3	0.0
		Missing		364	
Age at time survey returned	AGE				
		Mean		23.65	
		Std Error		0.02	
		Ν		9007	
		N Missing		0	

Item Description	Variable Name	Categories	Values	Number	%
State participant resides in at the completion of each survey	state				
		NSW	1	2661	30.7
		Vic	2	2129	24.6
		Qld	3	1847	21.3
		SA	4	647	7.5
		WA	5	935	10.8
		Tas	6	248	2.9
		NT	7	88	1.0
		ACT	8	103	1.2
		Missing		349	
What is your postcode? Mark here if living overseas	DEMO142				
		Yes	1	184	2.2
		No	2	8374	97.8
		Missing		449	
Smoking status - smokst	smokst				
		Never smoked	1	6646	75.4
		Ex-smoker	2	786	8.9
		Smoker <10 c/d	3	1086	12.3
		Smoker 10-19 c/d	4	249	2.8
		Smoker > = 20 c/d	5	48	0.5
		Missing		192	
Alcohol status- NHMRC (AlcNHMRC)	alcnhmrc				
		Low risk drinker	1	5116	58.1
		Non-drinker	2	789	9.0
		Rarely drinks	3	2686	30.5
		Risky drinker	4	185	2.1
		High risk drinker	5	36	0.4
		Missing		195	
Alcohol pattern (AlcPAtt)	alcpatt				
		Low long-term risk, drinks at short-term risk less than weekly	1	7079	80.3
		Non-drinker	2	789	9.0
		Low long-term risk, drinks at short-term risk weekly or more	3	722	8.2
		Risky/high risk drinker	4	221	2.5
		Missing		196	

Item Description	Variable Name	Categories	Values	Number	%
Marital status (marital)	marital				
		Married	1	871	10.0
		De Facto	2	2301	26.
		Separated	3	46	0.5
		Divorced	4	7	0.1
		Widowed	5	1	0.0
		Never married	6	5448	62.8
		Missing		333	
ARIA+ Grouped	ariapgp				
		Major cities	1	6468	75.2
		Inner regional	2	1484	17.3
		Outer regional	3	534	6.2
		Remote	4	89	1.(
		Very remote	5	27	0.3
		Missing		405	
Type of survey completed (full or short phone).	source				
		Full online survey	1	8930	99. <sup>-</sup>
		Short telephone survey	2	77	0.9
Modified Monash Model	MMM				
		Major cities	1	6553	76.0
		Large regional	2	884	10.3
		Medium Large regional	3	568	6.6
		Medium regional	4	229	2.7
		Small regional	5	267	3.7
		Remote	6	84	1.(
		Very remote	7	32	0.4
		Missing		390	
HT - Health Transition Subscale	ht				
		Mean		2.68	
		Std Error		0.01	
		Ν		8930	
		N Missing		77	

Item Description	Variable Name	Categories	Values Number	%
SF36 Physical Functioning	PF			
		Mean	90.06	
		Std Error	0.18	
		Ν	8922	
		N Missing	85	
SF36 Role Physical	RP			
		Mean	81.18	
		Std Error	0.35	
		Ν	8895	
		N Missing	112	
SF36 Pain Index	BP			
		Mean	72.07	
		Std Error	0.22	
		Ν	8881	
		N Missing	126	
SF36 General Health Perceptions	GH			
		Mean	63.15	
		Std Error	0.24	
		Ν	8819	
		N Missing	188	
SF36 Vitality	VT			
		Mean	48.05	
		Std Error	0.22	
		Ν	8825	
		N Missing	182	
SF36 Social Functioning	SF			
		Mean	71.99	
		Std Error	0.26	
		Ν	8888	
		N Missing	119	
SF36 Role Emotional	RE			
		Mean	63.06	
		Std Error	0.43	
		Ν	8889	
		N Missing	118	

Item Description	Variable Name	Categories	Values Number	%
SF36 Mental Health Index	MH			
		Mean	63.09	
		Std Error	0.21	
		Ν	8825	
		N Missing	182	