## women's <br> health

$a u s t r a l i a$

the australian longitudinal studyon women's health


## Data book for the second survey of the 1921-1926 cohort (aged 73-78 years)

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## Acknowledgements

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## Notes

During 1999, 10,434 valid surveys were returned by members of the ALSWH 1921-26 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (http://www.alwsh.org.au/). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:
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| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q1a In the last 3 years have you been told by a doctor that you have: Arthritis (including osteoarthritis, rheumatoid arthritis) |  |  |  |  |
|  | yes | 1 | 4293 | 42.3 |
|  | N Missing |  | 226 |  |
| Q1b In the last 3 years have you been told by a doctor that you have: Diabetes (high blood sugar) |  |  |  |  |
|  | yes | 1 | 730 | 7.2 |
|  | N Missing |  | 226 |  |
| Q1c In the last 3 years have you been told by a doctor that you have: Heart Disease (including angina, heart attack) |  |  |  |  |
|  | yes | 1 | 1348 | 13.3 |
|  | N Missing |  | 226 |  |
| Q1d In the last 3 years have you been told by a doctor that you have: Hypertension (high blood pressure) |  |  |  |  |
|  | yes | 1 | 3420 | 33.7 |
|  | N Missing |  | 226 |  |
| Q1e In the last 3 years have you been told by a doctor that you have: Stroke |  |  |  |  |
|  | no | 0 | 9849 | 97.1 |
|  | yes | 1 | 291 | 2.9 |
|  | N Missing |  | 226 |  |
| Q1f In the last 3 years have you been told by a doctor that you have: Thrombosis |  |  |  |  |
|  | no | 0 | 9983 | 98.5 |
|  | yes | 1 | 157 | 1.5 |
|  | N Missing |  | 226 |  |
| Q1g In the last 3 years have you been told by a doctor that you have: Low iron level |  |  |  |  |
|  | no | 0 | 9656 | 95.2 |
|  | yes | 1 | 484 | 4.8 |
|  | N Missing |  | 226 |  |
| Q1h In the last 3 years have you been told by a doctor that you have: Asthma |  |  |  |  |
|  | no | 0 | 9329 | 92.0 |
|  | yes | 1 | 811 | 8.0 |
|  | N Missing |  | 226 |  |
| Q1i In the last 3 years have you been told by a doctor that you have: <br> Bronchitis/Emphysema |  |  |  |  |
|  | no | 0 | 9472 | 93.4 |
|  | yes | 1 | 668 | 6.6 |
|  | N Missing |  | 226 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q1j In the last 3 years have you been told by a doctor that you have: Osteoporosis |  |  |  |  |
|  | no | 0 | 8819 | 87.0 |
|  | yes | 1 | 1321 | 13.0 |
|  | N Missing |  | 226 |  |
| Q1k In the last 3 years have you been told by a doctor that you have: Breast cancer |  |  |  |  |
|  | no | 0 | 9978 | 98.4 |
|  | yes | 1 | 162 | 1.6 |
|  | N Missing |  | 226 |  |
| Q11 In the last 3 years have you been told by a doctor that you have: Bowel cancer |  |  |  |  |
|  | no | 0 | 10057 | 99.2 |
|  | yes | 1 | 83 | 0.8 |
|  | N Missing |  | 226 |  |
| Q1m In the last 3 years have you been told by a doctor that you have: Skin cancer |  |  |  |  |
|  | no | 0 | 8782 | 86.6 |
|  | yes | 1 | 1358 | 13.4 |
|  | N Missing |  | 226 |  |
| Q1n In the last 3 years have you been told by a doctor that you have: Other cancer |  |  |  |  |
|  | no | 0 | 9979 | 98.4 |
|  | yes | 1 | 161 | 1.6 |
|  | N Missing |  | 226 |  |
| Q10 In the last 3 years have you been told by a doctor that you have: Depression |  |  |  |  |
|  | no | 0 | 9419 | 92.9 |
|  | yes | 1 | 721 | 7.1 |
|  | N Missing |  | 226 |  |
| Q1p In the last 3 years have you been told by a doctor that you have: <br> Anxiety/Nervous disorder |  |  |  |  |
|  | no | 0 | 9532 | 94.0 |
|  | yes | 1 | 608 | 6.0 |
|  | N Missing |  | 226 |  |
| Q1q In the last 3 years have you been told by a doctor that you have: Alzheimer's <br> Disease or Dementia |  |  |  |  |
|  | no | 0 | 10077 | 99.4 |
|  | yes | 1 | 63 | 0.6 |
|  | N Missing |  | 226 |  |
| Q1r In the last 3 years have you been told by a doctor that you have: None of these conditions |  |  |  |  |
|  | yes | 1 | 2208 | 21.8 |
|  | N Missing |  | 226 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q2Aa Have you had any of the following operations or procedures? Yes, in the last 3 years Eye surgery | no | 0 | 7680 | 85.4 |
|  | yes | 1 | 1313 | 14.6 |
|  | N Missing |  | 1401 |  |
| Q2Ba Have you had any of the following operations or procedures? Yes, more than 3 years ago Eye surgery | no | 0 | 8187 | 91.0 |
|  | yes | 1 | 807 | 9.0 |
|  | N Missing |  | 1401 |  |
| Q2Ab Have you had any of the following operations or procedures? Yes, in the last 3 years Hip surgery | no | 0 | 8770 | 97.5 |
|  | yes | 1 | 223 | 2.5 |
|  | N Missing |  | 1401 |  |
| Q2Bb Have you had any of the following operations or procedures? Yes, more than 3 years ago Hip surgery | no | 0 | 8711 | 96.9 |
|  | yes | 1 | 282 | 3.1 |
|  | N Missing |  | 1401 |  |
| Q2Ac Have you had any of the following operations or procedures? Yes, in the last 3 years (o3, o4, o5 and 06 wording: In the last 3 years, have you had...) Knee surgery or arthroscopy | no | 0 | 8571 | 95.3 |
|  | yes | 1 | 423 | 4.7 |
|  | N Missing |  | 1401 |  |
| Q2Bc Have you had any of the following operations or procedures? Yes, more than 3 years ago Knee surgery or arthroscopy | no | 0 | 8595 | 95.6 |
|  | yes | 1 | 398 | 4.4 |
|  | N Missing |  | 1401 |  |
| Q2Ad Have you had any of the following operations or procedures? Yes, in the last 3 years Endoscopy (gastroscopy, colonoscopy, sigmoidoscopy) | no | 0 | 7584 | 84.3 |
|  | yes | 1 | 1409 | 15.7 |
|  | N Missing |  | 1401 |  |
| Q2Bd Have you had any of the following operations or procedures? Yes, more than 3 years ago Endoscopy (gastroscopy, colonoscopy, sigmoidoscopy) | no | 0 | 8151 | 90.6 |
|  | yes | 1 | 842 | 9.4 |
|  | N Missing |  | 1401 |  |
| Q2Ae Have you had any of the following operations or procedures? Yes, in the last 3 years Hysterectomy | no | 0 | 8873 | 98.7 |
|  | yes | 1 | 120 | 1.3 |
|  | N Missing |  | 1401 |  |


| Item Description | Categories | Values |
| :--- | :--- | :--- |
| Q2Be Have you had any of the following operations or procedures? Yes, more than <br> 3 years ago Hysterectomy | No |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q2Aj Have you had any of the following operations or procedures? Yes, in the last 3 |  |  |  |
| years Repair of prolapsed vagina, bladder or bowel | no | 0 | 8690 |
|  | 96.6 |  |  |
|  | Nes | 1 | 302 |

Q2Bj Have you had any of the following operations or procedures? Yes, more than 3 years ago Repair of prolapsed vagina, bladder or bowel

| no | 0 | 8114 | 90.2 |
| :--- | ---: | ---: | ---: |
| yes | 1 | 878 | 9.8 |
| N Missing |  | 1402 |  |

Q2Ak Have you had any of the following operations or procedures? Yes, in the last 3 years None of these operations or procedures

| no | 0 | 6866 | 76.3 |
| :--- | :--- | :--- | :--- |
| yes | 1 | 2127 | 23.7 |
| N Missing |  | 1401 |  |


| no | 0 | 7689 | 85.5 |
| :--- | :--- | :--- | :--- |
| yes | 1 | 1304 | 14.5 |
| N Missing |  | 1401 |  |

Q3 How many times have you consulted a family doctor or another general practitioner in the last 12 months?
Q2Bk Have you had any of the following operations or procedures? Yes, more than 3 years ago None of these operations or procedures

|  | 0 | 186 | 1.8 |
| :---: | :---: | :---: | :---: |
| None | 1 | 1193 | 11.7 |
| 2 | 1 or 2 times | 2701 | 26.4 |

Q4a Have you consulted the following people for your own health in the last 12 months? A hospital doctor (eg. in outpatients or casualty)

| no | 0 | 7686 | 82.2 |
| :--- | :--- | :--- | :--- |
| yes | 1 | 1669 | 17.8 |
| N Missing |  | 1047 |  |
|  |  |  |  |
| no | 0 | 4705 | 50.3 |
| yes | 1 | 4649 | 49.7 |
| N Missing |  | 1047 |  |
|  |  |  |  |
| no | 0 | 5797 | 62.0 |
| yes | 1 | 3557 | 38.0 |
| N Missing |  | 1047 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q4d Have you consulted the following people for your own health in the last 12 <br> months? A physiotherapist |  |  |  |



| Ltem Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q5f Thinking about your own health care, how would you rate the following: |  |  |  |
| Number of GPs you have to choose from |  | 1 | 1687 |


| Item Description | Categories | Values | Number |
| :--- | :--- | :---: | :---: |
| Q8c In the last 12 months, have you: Been injured as a result of a fall? |  |  |  |

Q8g In the last 12 months, have you: None of these accidents

Q9 Approximately how many days in total have you spent in hospital in the last 12 months?

| None | 0 | 6733 | 72.4 |
| :--- | ---: | ---: | ---: |
| One day | 1 | 654 | 7.0 |
| Two days | 2 | 322 | 3.5 |
| Three days | 3 | 193 | 2.1 |
| 4-5 days | 4 | 317 | 3.4 |
| 6-7 days | 5 | 278 | 3.0 |
| 8-13 days | 6 | 379 | 4.1 |
| 14+ days | 7 | 422 | 4.5 |
| N Missing |  | 1095 |  |
|  | 1 | 4233 | 46.3 |
| Yes | 2 | 961 | 10.5 |
| Veteran Affairs | 3 | 3954 | 43.2 |
| No |  | 1255 |  |
| N Missing |  |  |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q10b This question is about private health insurance Do you have private health |  |  |  |
| insurance for ancillary services? (eg. dental, physiotherapy) | Yes | 1 | 2758 |

Q12 Are you in bed or in a chair most or all of the day because of your health?

Q13a How many different types of medication (eg. tablets or medicine) have you used during the past 4 weeks which were: Prescribed by a doctor

| Every day | 1 | 115 | 1.2 |
| :--- | ---: | ---: | ---: |
| Most days | 2 | 124 | 1.3 |
| Some days | 3 | 232 | 2.5 |
| Occasionally | 4 | 1327 | 14.2 |
| Never | 5 | 7575 | 80.8 |
| N Missing |  | 1029 |  |


| None | 0 | 1180 | 11.8 |
| :--- | :--- | ---: | :--- |
| One | 1 | 1670 | 16.6 |
| Two | 2 | 1880 | 18.7 |
| Three | 3 | 1651 | 16.4 |
| Four | 4 | 1462 | 14.6 |
| more | 5 | 2196 | 21.9 |
| N Missing |  | 336 |  |

Q13b How many different types of medication (eg. tablets or medicine) have you used during the past 4 weeks which were: Bought without a prescription at the chemist, supermarket or health food shop (eg. aspirin, vitamins, cough mixtures)

| None | 0 | 2680 | 32.1 |
| :--- | ---: | ---: | ---: |
| One | 1 | 2866 | 34.4 |
| Two | 2 | 1504 | 18.0 |
| Three | 3 | 586 | 7.0 |
| Four | 4 | 311 | 3.7 |
| more | 5 | 389 | 4.7 |
| N Missing |  | 2013 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q14a Have you taken any of these medications during the past 4 weeks: For your nerves (eg. Valium, serapax, ducene, murelex, etc.) | no | 0 | 9270 | 91.7 |
|  | yes | 1 | 834 | 8.3 |
|  | N Missing |  | 273 |  |
| Q14b Have you taken any of these medications during the past 4 weeks: To help you sleep (eg. normison, mogadon, euphynos, temaze, etc.) | no | 0 | 8484 | 84.0 |
|  | yes | 1 | 1622 | 16.0 |
|  | N Missing |  | 271 |  |
| Q14c Have you taken any of these medications during the past 4 weeks: For depression (eg. prozac, aropax, zoloft, aurorix, etc.) | no | 0 | 9579 | 94.8 |
|  | yes | 1 | 526 | 5.2 |
|  | N Missing |  | 271 |  |
| Q14d Have you taken any of these medications during the past 4 weeks: Hormone replacement therapy (HRT) | no | 0 | 8948 | 88.5 |
|  | yes | 1 | 1157 | 11.5 |
|  | N Missing |  | 271 |  |
| Q14e Have you taken any of these medications during the past 4 weeks: For any chronic (long-term) illness | no | 0 | 7405 | 73.3 |
|  | yes | 1 | 2701 | 26.7 |
|  | N Missing |  | 271 |  |
| Q14f Have you taken any of these medications during the past 4 weeks: None of these medications | no | 0 | 4986 | 49.3 |
|  | yes | 1 | 5119 | 50.7 |
|  | N Missing |  | 271 |  |
| Q15a In the last three years, have you experienced and of the following events? Major personal illness |  |  |  |  |
|  | no | 0 | 8299 | 88.1 |
|  | yes | 1 | 1124 | 11.9 |
|  | N Missing |  | 977 |  |
| Q15b In the last three years, have you experienced any of the following events? Major personal injury |  |  |  |  |
|  | no | 0 | 9042 | 96.0 |
|  | yes | 1 | 381 | 4.0 |
|  | N Missing |  | 978 |  |
| Q15c In the last three years, have you experienced any of the following events? Old3 on: In our last survey, we asked about major events you had experienced. This question is about events you may have experienced in the LAST THREE YEARS. Major surgery (not including dental work) |  |  |  |  |
|  | no | 0 | 8088 | 85.8 |
|  | yes | 1 | 1336 | 14.2 |
|  | N Missing |  | 977 |  |


| Item Description | Categories | Values |
| :--- | :--- | :--- |
| Q15d In the last three years, have you experienced any of the following events? <br> Old3 on: In our last survey, we asked about major event you had experienced. This <br> question is about events you may have experienced in the LAST THREE YEARS. <br> Major decline in health of spouse or partner | no | 0 |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q15m In the last three years, have you experienced any of the following events? |  |  |  |  |
| Major personal achievement | no | 0 | 9195 | 97.6 |
|  | yes | 1 | 229 | 2.4 |
|  | N Missing |  | 977 |  |
| Q15n In the last 3 years, have you experienced any of the following events? Old3 on: In our last survey, we asked about major events you had experienced. This question is about events you may have experienced in the LAST THREE YEARS. Decreased income | no | 0 | 8246 | 87.5 |
|  | yes | 1 | 1177 | 12.5 |
|  | N Missing |  | 977 |  |
| Q15o In the last 3 years, have you experienced any of the following events? Old3 on: In our last survey, we asked about major events you had experienced. This question is about events you may have experienced in the LAST THREE YEARS. Moving house | no | 0 | 8491 | 90.1 |
|  | yes | 1 | 932 | 9.9 |
|  | N Missing |  | 977 |  |
| Q15p In the last 3 years, have you experienced any of the following events? Natural disaster (fire, flood, drought, earthquake etc) or house fire | no | 0 | 9339 | 99.1 |
|  | yes | 1 | 84 | 0.9 |
|  | N Missing |  | 977 |  |
| Q15q In the last 3 years, have you experienced any of the following events? Major loss or damage to personal property | no | 0 | 9315 | 98.8 |
|  | yes | 1 | 109 | 1.2 |
|  | N Missing |  | 977 |  |
| Q15r In the last 3 years, have you experienced any of the following events? Old3 on: In our last survey, we asked about major events you had experienced. This question is about events you may have experienced in the LAST THREE YEARS. Being robbed | no | 0 | 8922 | 94.7 |
|  | yes | 1 | 501 | 5.3 |
|  | N Missing |  | 977 |  |
| Q15s In the last 3 years, have you experienced any of the following events? Involvement in a serious accident |  |  |  |  |
|  | no | 0 | 9335 | 99.1 |
|  | yes | 1 | 88 | 0.9 |
|  | N Missing |  | 977 |  |
| Q15t In the last three years, have you experienced any of the following events? A fal which caused serious injury | no | 0 | 8965 | 95.1 |
|  | yes | 1 | 458 | 4.9 |
|  | N Missing |  | 977 |  |
| Q15u In the last 3 years, have you experienced any of the following events? Old4 on: In our last survey, we asked about major events you had experienced. This question is about events you may have experienced in the LAST THREE YEARS. Being pushed, grabbed, shoved, kicked or hit | no | 0 | 9361 | 99.3 |
|  | yes | 1 | 62 | 0.7 |
|  | N Missing |  | 977 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q15v In the last 3 years, have you experienced any of the following events? Being <br> forced to take part in unwanted sexual activity |  |  |  |



| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q16Be For the problems you had, did you seek help? Headaches/migraines |  |  |  |  |
|  | no | 0 | 8878 | 93.9 |
|  | yes | 1 | 572 | 6.1 |
|  | N Missing |  | 945 |  |
| Q16Af Have you had any of the following problems in the last 12 months? Severe tiredness |  |  |  |  |
|  |  |  |  |  |
|  | Rarely | 1 | 369 | 3.9 |
|  | Sometimes | 2 | 1598 | 16.9 |
|  | Often | 3 | 879 | 9.3 |
|  | N Missing |  | 945 |  |
| Q16Bf For the problems you had, did you seek help? Severe tiredness |  |  |  |  |
|  | no | 0 | 8635 | 91.4 |
|  | yes | 1 | 817 | 8.6 |
|  | N Missing |  | 944 |  |
| Q16Ag Have you had any of the following problems in the last 12 months? Stiff or painful joints |  |  |  |  |
|  | Rarely | 1 | 380 | 4.0 |
|  | Sometimes | 2 | 2246 | 23.8 |
|  | Often | 3 | 2065 | 21.9 |
|  | N Missing |  | 956 |  |
| Q16Bg For the problems you had, did you seek help? Stiff or painful joints |  |  |  |  |
|  | no | 0 | 7241 | 76.6 |
|  | yes | 1 | 2209 | 23.4 |
|  | N Missing |  | 945 |  |
| Q16Ah Have you had any of the following problems in the last 12 months? Back pain |  |  |  |  |
|  | No | 0 | 4958 | 52.5 |
|  | Rarely | 1 | 490 | 5.2 |
|  | Sometimes | 2 | 2235 | 23.7 |
|  | Often | 3 | 1757 | 18.6 |
|  | N Missing |  | 956 |  |
| Q16Bh For the problems you had, did you seek help? Back pain |  |  |  |  |
|  | no | 0 | 7376 | 78.0 |
|  | yes | 1 | 2075 | 22.0 |
|  | N Missing |  | 946 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q16Ai Have you had any of the following problems in the last 12 months? Problems <br> with one or both feet |  |  |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q16BI For the problems you had, did you seek help? Needing to rush to the toilet to <br> pass urine |  |  |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q16Ap Have you had any of the following problems in the last 12 months? Other bowel problems |  |  |  |  |
|  | Rarely | 1 | 213 | 2.3 |
|  | Sometimes | 2 | 436 | 4.6 |
|  | Often | 3 | 309 | 3.3 |
|  | N Missing |  | 948 |  |
| Q16Bp For the problems you had, did you seek help? Other bowel problems |  |  |  |  |
|  | no | 0 | 8960 | 94.8 |
|  | yes | 1 | 488 | 5.2 |
|  | N Missing |  | 947 |  |
| Q16Aq Have you had any of the following problems in the last 12 months? Vaginal discharge or irritation |  |  |  |  |
|  | Rarely | 1 | 273 | 2.9 |
|  | Sometimes | 2 | 273 | 2.9 |
|  | Often | 3 | 96 | 1.0 |
|  | N Missing |  | 945 |  |
| Q16Bq For the problems you had, did you seek help? Vaginal discharge or irritation |  |  |  |  |
|  | no | 0 | 9207 | 97.4 |
|  | yes | 1 | 244 | 2.6 |
|  | N Missing |  | 944 |  |
| Q16Ar Have you had any of the following problems in the last 12 months? Poor memory |  |  |  |  |
|  | Rarely | 1 | 610 | 6.5 |
|  | Sometimes | 2 | 1786 | 18.9 |
|  | Often | 3 | 520 | 5.5 |
|  | N Missing |  | 943 |  |
| Q16Br For the problems you had, did you seek help? Poor memory |  |  |  |  |
|  | no | 0 | 9235 | 97.7 |
|  | yes | 1 | 218 | 2.3 |
|  | N Missing |  | 943 |  |
| Q16As Have you had any of the following problems in the last 12 months? |  |  |  |  |
|  | No | 0 | 8375 | 88.6 |
|  | Rarely | 1 | 348 | 3.7 |
|  | Sometimes | 2 | 609 | 6.4 |
|  | Often | 3 | 119 | 1.3 |
|  | N Missing |  | 944 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q16Bs For the problems you had, did you seek help? Clumsiness |  |  |  |  |
|  | no | 0 | 9382 | 99.3 |
|  | yes | 1 | 69 | 0.7 |
|  | N Missing |  | 944 |  |
| Q16At Have you had any of the following problems in the last 12 months? Dizziness, loss of balance |  |  |  |  |
|  | Rarely | 1 | 704 | 7.4 |
|  | Sometimes | 2 | 1129 | 12.0 |
|  | Often | 3 | 349 | 3.7 |
|  | N Missing |  | 946 |  |
| Q16Bt For the problems you had, did you seek help? Dizziness, loss of balance |  |  |  |  |
|  | no | 0 | 8506 | 90.0 |
|  | yes | 1 | 943 | 10.0 |
|  | N Missing |  | 946 |  |
| Q16Au Have you had any of the following problems in the last 12 months? <br> Anxiety/panic attacks |  |  |  |  |
|  |  |  |  |  |
|  | Rarely | 1 | 341 | 3.6 |
|  | Sometimes | 2 | 449 | 4.8 |
|  | Often | 3 | 139 | 1.5 |
|  | N Missing |  | 945 |  |
| Q16Bu For the problems you had, did you seek help? Anxiety/panic attacks |  |  |  |  |
|  | no | 0 | 9167 | 97.0 |
|  | yes | 1 | 284 | 3.0 |
|  | N Missing |  | 943 |  |
| Q16Av Have you had any of the following problems in the last 12 months? Skin problems |  |  |  |  |
|  | No | 0 | 7576 | 80.2 |
|  | Rarely | 1 | 476 | 5.0 |
|  | Sometimes | 2 | 866 | 9.2 |
|  | Often | 3 | 533 | 5.6 |
|  | N Missing |  | 944 |  |
| Q16Bv For the problems you had, did you seek help? Skin problems |  |  |  |  |
|  | no | 0 | 8303 | 87.8 |
|  | yes | 1 | 1150 | 12.2 |
|  | N Missing |  | 943 |  |
| Q16w None of these problems |  |  |  |  |
|  | no | 0 | 8888 | 94.0 |
|  | yes | 1 | 563 | 6.0 |
|  | N Missing |  | 943 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q17a Do you have: Difficulty seeing newspaper print, even with glasses? |  |  |  |
|  | no | 7700 | 84.9 |
|  | yes | 1 | 1365 |
| 15.1 |  |  |  |
|  | N Missing | 1358 |  |

Q17b Do you have: Difficulty recognising people across the road, even with glasses?

| no | 7976 | 88.0 |
| :--- | :--- | :--- |
| nes | 1089 | 12.0 |
| 1 | N Missing | 1358 |

Q17c Do you have: Difficulty in hearing a conversation, even with a hearing aid?

|  | no | 0064 | 89.0 |
| :--- | :--- | :--- | :--- |
| Q17d Do you have: Difficulty speaking? | yes | 1 | 1001 |
| 11.0 |  |  |  |
| 1358 |  |  |  |

Q17e Do you have: None of the above

Q18a Do you have any of these sleeping problems? Waking up in the early hours of
the morning
Q18b Do you have any of these sleeping problems? Lying awake for most of the
night night

Q18c Do you have any of these sleeping problems? Taking a long time to get to sleep

| no | 0 | 5820 | 57.3 |
| :--- | :--- | ---: | :--- |
| yes | 1 | 4334 | 42.7 |
| N Missing |  | 226 |  |
|  |  |  |  |
| no | 0 | 9043 | 89.1 |
| yes | 1 | 1110 | 10.9 |
| N Missing |  | 226 |  |

N Missing 226
Q18d Do you have any of these sleeping problems? Worry keeping you awake at night

| no | 0 | 8977 | 88.4 |
| :--- | ---: | ---: | ---: |
| yes | 1 | 1176 | 11.6 |
| N Missing |  | 226 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :---: | :---: |
| Q18e Do you have any of these sleeping problems? Sleeping badly at night |  |  |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q19f Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt fearful | None of time | 0 | 3790 | 75.7 |
|  | Rarely | 1 | 651 | 13.0 |
|  | Sometimes | 2 | 462 | 9.2 |
|  | Most of time | 3 | 104 | 2.1 |
|  | N Missing |  | 5435 |  |
| Q19g Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? My sleep was restless | None of time | 0 | 2383 | 39.8 |
|  | Rarely | 1 | 1357 | 22.7 |
|  | Sometimes | 2 | 1530 | 25.6 |
|  | Most of time | 3 | 718 | 12.0 |
|  | N Missing |  | 4470 |  |
| Q19h Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was happy | None of time | 0 | 584 | 1 |
|  | Rarely | 1 | 236 | 3.7 |
|  | Sometimes | 2 | 849 | 13.3 |
|  | Most of time | 3 | 4722 | 73.9 |
|  | N Missing |  | 4011 |  |
| Q19i Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt lonely | None of time | 0 | 3369 | 60.6 |
|  | Rarely | 1 | 1008 | 18.1 |
|  | Sometimes | 2 | 923 | 16.6 |
|  | Most of time | 3 | 262 | 4.7 |
|  | N Missing |  | 4896 |  |
| Q19j Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I could not "get going" | None of time | 0 | 2883 | 50.1 |
|  | Rarely | 1 | 1447 | 25.2 |
|  | Sometimes | 2 | 1112 | 19.3 |
|  | Most of time | 3 | 310 | 5.4 |
|  | N Missing |  | 4676 |  |
| Q20a How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Walking briskly (for recreation or exercise, or to get from place to place) | Mean |  | 3.05 |  |
|  | Std Error |  | 0.05 |  |
|  | N |  | 9344 |  |
|  | N Missing |  | 1090 |  |


| Item Description | Categories | Values |
| :--- | :--- | :--- |
| Q20b How many times did you do each type of activity last week? Only count the <br> number of times when the activity lasted for 10 minutes or more. Moderate leisure <br> activity (like social tennis, moderate exercise classes, recreational swimming, <br> dancing) | Mean |  |
|  | Std Error | 0.80 |


| Item Description | Categories | Values |
| :--- | :--- | :--- |
| Q21ch If you add up all the times you spent in each activity last week, how much <br> time did you spend altogether doing each type of activity? Vigorous leisure activity <br> (that makes you breathe harder or puff and pant like aerobics, competitive sport, <br> vigorous cycling, running, swimming) | Mean |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q25e Please circle one number on each line to show whether each of the following statements is true or false for you: I have 3 or more glasses of beer, wine or spirits almost every day | True | 1 | 698 | 7.7 |
|  | False | 2 | 8419 | 92.3 |
|  | N Missing |  | 1283 |  |
| Q25f Please circle one number on each line to show whether each of the following statements is true or false for you: I have 6 to 8 cups of fluids (eg. water, juice, tea or coffee) most days | True | 1 | 8429 | 90.3 |
|  | False | 2 | 908 | 9.7 |
|  | N Missing |  | 1060 |  |
| Q25g Please circle one number on each line to show whether each of the following statements is true or false for you: I have teeth, mouth or swallowing problems which make it hard for me to eat | True | 1 | 602 | 6.7 |
|  | False | 2 | 8397 | 93.3 |
|  | N Missing |  | 1423 |  |
| Q25h Please circle one number on each line to show whether each of the following statements is true or false for you: I always have enough money to buy food | True | 1 | 9118 | 97.6 |
|  | False | 2 | 228 | 2.4 |
|  | N Missing |  | 1048 |  |
| Q25i Please circle one number on each line to show whether each of the following statements is true or false for you: I eat alone most of the time | True | 1 | 4023 | 43.5 |
|  | False | 2 | 5235 | 56.5 |
|  | N Missing |  | 1143 |  |
| Q25j Please circle one number on each line to show whether each of the following statements is true or false for you: I take 3 or more different prescribed or over the counter medicines every day | True | 1 | 4788 | 51.8 |
|  | False | 2 | 4452 | 48.2 |
|  | N Missing |  | 1159 |  |
| Q25k Are the following statements true or false for you? Without wanting to, I have lost or gained 5 kg in the last 6 months | True | 1 | 1339 | 14.7 |
|  | False | 2 | 7751 | 85.3 |
|  | N Missing |  | 1316 |  |
| Q25I Please circle one number on each line to show whether each of the following statements is true or false for you: I am always able to shop, cook and/or feed myself | True | 1 | 8897 | 94.9 |
|  | False | 2 | 474 | 5.1 |
|  | N Missing |  | 1026 |  |
| Q25m Please circle one number on each line to show whether each of the following statements is true or false for you: I currently follow a vegetarian diet | True | 1 | 8094 | 90.1 |
|  | False | 2 | 891 | 9.9 |
|  | N Missing |  | 1428 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q26 How often do you usually drink alcohol? |  |  |  |

Q27 On a day when you drink alcohol, how many drinks do you usually have?

28 How often do you currently smoke cigarettes or any tobacco products? If you smoke daily, on average, how many cigarettes do you smoke each day?

| Not at all | 0 | 8833 | 94.7 |
| :--- | ---: | ---: | ---: |
| Less than weekly | 1 | 15 | 0.2 |
| Weekly not daily | 2 | 12 | 0.1 |
| Daily, <10 | 3 | 147 | 1.6 |
| Daily, 10-20 | 4 | 227 | 2.4 |
| Daily, >20 | 5 | 96 | 1.0 |
| N Missing |  | 1072 |  |
|  | 2 | 4516 | 52.2 |
| Not stressed | 3 | 2472 | 28.6 |
| Somewhat stressed | 4 | 1135 | 13.1 |
| Moderately stressed | 5 | 394 | 4.6 |
| Very stressed | 6 | 136 | 1.6 |
| Extremely stressed |  | 1779 |  |
| N Missing |  |  |  |
|  | 2 | 7092 | 88.5 |
| Not stressed | 3 | 590 | 7.4 |
| Somewhat stressed | 4 | 195 | 2.4 |
| Moderately stressed | 5 | 107 | 1.3 |
| Very stressed | 6 | 34 | 0.4 |
| Extremely stressed |  | 2415 |  |
| N Missing |  |  |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q29c How stressed have you felt about the following 12 months: Money |  |  |  |  |
|  | Not stressed | 2 | 6522 | 78.1 |
|  | Somewhat stressed | 3 | 1219 | 14.6 |
|  | Moderately stressed | 4 | 454 | 5.4 |
|  | Very stressed | 5 | 116 | 1.4 |
|  | Extremely stressed | 6 | 41 | 0.5 |
|  | N Missing |  | 2061 |  |
| Q29d Over the last 12 months, how stressed have of your life: Health of other family members | Not applicable | 1 | 752 | 8.6 |
|  | Not stressed | 2 | 4019 | 46.2 |
|  | Somewhat stressed | 3 | 2412 | 27.7 |
|  | Moderately stressed | 4 | 785 | 9.0 |
|  | Very stressed | 5 | 484 | 5.6 |
|  | Extremely stressed | 6 | 244 | 2.8 |
|  | N Missing |  | 1709 |  |

Q29e Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with partner/spouse

| Not applicable | 1 | 3643 | 43.6 |
| :--- | :--- | ---: | ---: |
| Not stressed | 2 | 3732 | 44.7 |
| Somewhat stressed | 3 | 623 | 7.5 |
| Moderately stressed | 4 | 194 | 2.3 |
| Very stressed | 5 | 90 | 1.1 |
| Extremely stressed | 6 | 70 | 0.8 |
| N Missing |  | 2072 |  |


| Not applicable | 1 | 1338 | 15.5 |
| :--- | :--- | ---: | ---: |
| Not stressed | 2 | 6216 | 72.1 |
| Somewhat stressed | 3 | 797 | 9.2 |
| Moderately stressed | 4 | 178 | 2.1 |
| Very stressed | 5 | 61 | 0.7 |
| Extremely stressed | 6 | 36 | 0.4 |
| N Missing |  | 1790 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q29g Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members |  |  |  |  |
|  | Not applicable | 1 | 1150 | 13.4 |
|  | Not stressed | 2 | 6567 | 76.2 |
|  | Somewhat stressed | 3 | 682 | 7.9 |
|  | Moderately stressed | 4 | 139 | 1.6 |
|  | Very stressed | 5 | 50 | 0.6 |
|  | Extremely stressed | 6 | 24 | 0.3 |
|  | N Missing |  | 1800 |  |
| Q30 What is your present marital status? |  |  |  |  |
|  | Married | 1 | 5153 | 49.9 |
|  | De facto | 2 | 54 | 0.5 |
|  | Widowed | 3 | 4246 | 41.1 |
|  | Separated | 4 | 126 | 1.2 |
|  | Divorced | 5 | 420 | 4.1 |
|  | Never Married | 6 | 330 | 3.2 |
|  | N Missing |  | 41 |  |
| Q31a Who lives with you? No one, I live alone |  |  |  |  |
|  | no | 0 | 6049 | 58.7 |
|  | yes | 1 | 4254 | 41.3 |
|  | N Missing |  | 63 |  |
| Q31b Who lives with you? Spouse or partner (partner/spouse) |  |  |  |  |
|  | no | 0 | 5215 | 50.6 |
|  | yes | 1 | 5088 | 49.4 |
|  | N Missing |  | 63 |  |
| Q31c Who lives with you? Own children |  |  |  |  |
|  | no | 0 | 9501 | 92.2 |
|  | yes | 1 | 802 | 7.8 |
|  | N Missing |  | 63 |  |
| Q31d Who lives with you? Other family members |  |  |  |  |
|  | no | 0 | 9882 | 95.9 |
|  | yes | 1 | 421 | 4.1 |
|  | N Missing |  | 63 |  |
| Q31e Who lives with you? Non-family members |  |  |  |  |
|  | no | 0 | 10135 | 98.4 |
|  | yes | 1 | 168 | 1.6 |
|  | N Missing |  | 63 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q32a Do you have pets in your household? No pet |  |  |  |  |
|  | no | 0 | 3306 | 35.3 |
|  | yes | 1 | 6060 | 64.7 |
|  | N Missing |  | 1041 |  |
| Q32b Do you have any pets in your household? Dog |  |  |  |  |
|  | no | 0 | 7452 | 79.6 |
|  | yes | 1 | 1914 | 20.4 |
|  | N Missing |  | 1041 |  |
| Q32c Do you have any pets in your household? Cat |  |  |  |  |
|  | no | 0 | 8063 | 86.1 |
|  | yes | 1 | 1303 | 13.9 |
|  | N Missing |  | 1041 |  |
| Q32d Do you have any pets in your household? Fish |  |  |  |  |
|  | no | 0 | 9110 | 97.3 |
|  | yes | 1 | 256 | 2.7 |
|  | N Missing |  | 1041 |  |
| Q32e Do you have any pets in your household? Horse |  |  |  |  |
|  | no | 0 | 9312 | 99.4 |
|  | yes | 1 | 54 | 0.6 |
|  | N Missing |  | 1041 |  |
| Q32f Do you have any pets in your household? Bird |  |  |  |  |
|  | no | 0 | 8535 | 91.1 |
|  | yes | 1 | 830 | 8.9 |
|  | N Missing |  | 1041 |  |
| Q32g Do you have any pets in your household? Other |  |  |  |  |
|  | no | 0 | 9258 | 98.9 |
|  | yes | 1 | 108 | 1.1 |
|  | N Missing |  | 1041 |  |
| Q33 Which of the following best describes your housing situation? Do you live in: |  |  |  |  |
|  | House | 1 | 6791 | 71.9 |
|  | Flat/unit/apartment | 2 | 1866 | 19.8 |
|  | Mobile/caravan | 3 | 89 | 0.9 |
|  | Retirement Village | 4 | 582 | 6.2 |
|  | Nursing Home | 5 | 18 | 0.2 |
|  | Hostel | 6 | 33 | 0.4 |
|  | Other | 7 | 62 | 0.7 |
|  | N Missing |  | 963 |  |


|  | Item Description | Categories | Values |
| :--- | :--- | ---: | :--- |
|  | Number | \% |  |
| Q34 How long have you lived in your present home? |  |  |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q36e What do you think about the neighbourhood that you live in? How much do <br> you agree with the following statements? I am good friends with many people in this <br> neighbourhood | Strongly disagree | 1 | 200 |


| Item Description |  | Categories | Values |
| :--- | :--- | :--- | :--- |


| Item Description |  | Categories | Values |
| :--- | :--- | ---: | :--- |
| Q37c Which of the following are sources of income for you and your spouse? Own  <br> business/farm/partnership  |  |  |  |


| Ltem Description |  | Categories | Values |
| :--- | :--- | :--- | :--- |
| Q39d Thinking about your current approach to life, please indicate how much you  <br> think each statement describes you: I hardly ever expect things to go my way  | Strong disagree | 0 | 1213 |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q42a The following questions are about activities you might do during a typical day. |  |  |  |  |
| Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports | Limited a lot | 1 | 6628 | 66.8 |
|  | Limited a little | 2 | 2563 | 25.9 |
|  | Not limited | 3 | 723 | 7.3 |
|  | N Missing |  | 488 |  |
| Q42b The following questions are about activities you might do during a typical day. |  |  |  |  |
| activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf | Limited a lot | 1 | 1979 | 19.5 |
|  | Limited a little | 2 | 3827 | 37.6 |
|  | Not limited | 3 | 4362 | 42.9 |
|  | N Missing |  | 202 |  |
| Q42c The following questions are about activities you might do during a typical day. |  |  |  |  |
| Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries | Limited a lot | 1 | 1642 | 16.1 |
|  | Limited a little | 2 | 4020 | 39.4 |
|  | Not limited | 3 | 4528 | 44.4 |
|  | N Missing |  | 187 |  |
| Q42d The following questions are about activities you might do during a typical day. |  |  |  |  |
| Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs | Limited a lot | 1 | 3324 | 33.1 |
|  | Limited a little | 2 | 4079 | 40.6 |
|  | Not limited | 3 | 2647 | 26.3 |
|  | N Missing |  | 331 |  |
| Q42e The following questions are about activities you might do during a typical day. |  |  |  |  |
| Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs | Limited a lot | 1 | 1279 | 12.7 |
|  | Limited a little | 2 | 3114 | 31.0 |
|  | Not limited | 3 | 5640 | 56.2 |
|  | N Missing |  | 353 |  |
| Q42f The following questions are about activities you might do during a typical day. |  |  |  |  |
| Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping | Limited a lot | 1 | 2490 | 24.5 |
|  | Limited a little | 2 | 4489 | 44.2 |
|  | Not limited | 3 | 3167 | 31.2 |
|  | N Missing |  | 228 |  |
| Q42g The following questions are about activities you might do during a typical day. |  |  |  |  |
| Does your health now limit you in these activities? If so, how much? Walking more than one kilometre | Limited a lot | 1 | 2833 | 28.1 |
|  | Limited a little | 2 | 2983 | 29.6 |
|  | Not limited | 3 | 4272 | 42.3 |
|  | N Missing |  | 294 |  |


| Item Description | Categories | Values |
| :--- | :--- | :--- |
| Number | \% |  |
| Q42h The following questions are about activities you might do during a typical day. <br> Does your health now limit you in these activities? If so, how much? Walking half a <br> kilometre | Limited a lot | 1 |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q44b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like | yes | 1 | 2780 | 27.9 |
|  | no | 2 | 7179 | 72.1 |
|  | N Missing |  | 421 |  |
| Q44c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual | yes | 1 | 1839 8090 | 18.5 81.5 |
|  | N Missing |  | 452 |  |
| Q45 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups? | Not at all | 1 | 6662 | 65.1 |
|  | Slightly | 2 | 1677 | 16.4 |
|  | Moderately | 3 | 897 | 8.8 |
|  | Quite a bit | 4 | 724 | 7.1 |
|  | Extremely | 5 | 279 | 2.7 |
|  | N Missing |  | 130 |  |
| Q46 How much bodily pain have you had during the past four weeks? |  |  |  |  |
|  | No bodily pain | 1 | 2465 | 23.9 |
|  | Very mild | 2 | 2173 | 21.1 |
|  | Mild | 3 | 1710 | 16.6 |
|  | Moderate | 4 | 2624 | 25.5 |
|  | Severe | 5 | 1100 | 10.7 |
|  | Very severe | 6 | 226 | 2.2 |
|  | N Missing |  | 77 |  |
| Q47 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)? | Not at all | 1 | 4826 | 47.0 |
|  | A little bit | 2 | 2401 | 23.4 |
|  | Moderately | 3 | 1570 | 15.3 |
|  | Quite a bit | 4 | 1188 | 11.6 |
|  | Extremely | 5 | 292 | 2.8 |
|  | N Missing |  | 101 |  |
| Q48a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life? | All the time | 1 | 516 | 5.1 |
|  | Most the time | 2 | 2942 | 29.0 |
|  | Good bit of time | 3 | 2174 | 21.5 |
|  | Some of time | 4 | 2477 | 24.5 |
|  | Little of time | 5 | 1240 | 12.2 |
|  | None of time | 6 | 781 | 7.7 |
|  | N Missing |  | 253 |  |


| Item Description | Categories | Values | Number | \% |
| :--- | :--- | :--- | :--- | :--- |
| Q48b For each question, please give the one answer that comes closest to the way <br> you have been feeling. How much of the time during the past four weeks. <br> you been a very nervous person | Have |  |  |  |

Q48d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt calm and peaceful

| All the time | 1 | 1082 | 10.7 |
| :--- | :--- | ---: | ---: |
| Most the time | 2 | 4406 | 43.5 |
| Good bit of time | 3 | 1707 | 16.9 |
| Some of time | 4 | 1750 | 17.3 |
| Little of time | 5 | 813 | 8.0 |
| None of time | 6 | 367 | 3.6 |
| N Missing |  | 247 |  |

Q48e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you have a lot of energy

| All the time | 1 | 407 | 4.0 |
| :--- | :--- | ---: | ---: |
| Most the time | 2 | 2347 | 23.2 |
| Good bit of time | 3 | 2016 | 20.0 |
| Some of time | 4 | 2508 | 24.8 |
| Little of time | 5 | 1599 | 15.8 |
| None of time | 6 | 1219 | 12.1 |
| N Missing |  | 285 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q48f For each question, please give the one answer that comes closest to the way |  |  |  |  |
| you have been feeling. How much of the time during the past four weeks. Have | All the time | 1 | 94 | 0.9 |
|  | Most the time | 2 | 214 | 2.2 |
|  | Good bit of time | 3 | 364 | 3.7 |
|  | Some of time | 4 | 1788 | 18.0 |
|  | Little of time | 5 | 3258 | 32.8 |
|  | None of time | 6 | 4227 | 42.5 |
|  | N Missing |  | 427 |  |
| Q48g For each question, please give the one answer that comes closest to the way |  |  |  |  |
| you have been feeling. How much of the time during the past four weeks. Did you | All the time | 1 | 178 | 1.8 |
|  | Most the time | 2 | 448 | 4.5 |
|  | Good bit of time | 3 | 652 | 6.6 |
|  | Some of time | 4 | 2576 | 25.9 |
|  | Little of time | 5 | 3530 | 35.5 |
|  | None of time | 6 | 2558 | 25.7 |
|  | N Missing |  | 418 |  |
| Q48h For each question, please give the one answer that comes closest to the way |  |  |  |  |
| you have been feeling. How much of the time during the past four weeks. Have you been a happy person | All the time | 1 | 1989 | 19.5 |
|  | Most the time | 2 | 5253 | 51.4 |
|  | Good bit of time | 3 | 1452 | 14.2 |
|  | Some of time | 4 | 991 | 9.7 |
|  | Little of time | 5 | 357 | 3.5 |
|  | None of time | 6 | 176 | 1.7 |
|  | N Missing |  | 154 |  |
| Q48i For each question, please give the one answer that comes closest to the way |  |  |  |  |
| you have been feeling. How much of the time during the past four weeks. Did you feel tired | All the time | 1 | 387 | 3.8 |
|  | Most the time | 2 | 815 | 8.0 |
|  | Good bit of time | 3 | 1207 | 11.8 |
|  | Some of time | 4 | 4191 | 41.1 |
|  | Little of time | 5 | 2817 | 27.6 |
|  | None of time | 6 | 792 | 7.8 |
|  | N Missing |  | 157 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q49 During the past four weeks, how much of the time have your physical health or <br> emotional problems interfered with your social activities (like visiting with friends, <br> relatives, etc)? | All the time |  |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q51 How many times during the past week did you spend time with someone who <br> does not live with you, that is, you went to see them or they came to visit you or you <br> went out together? | None |  |  |


| Ltem Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| Q55 Do you feel useful to your family and friends (people important to you)? |  |  |  |



| Item Description |  | Categories | Values |
| :--- | :--- | :--- | :--- |


| Item Description |  | Categories |
| :--- | :--- | :--- |
| Q67d These questions are about getting on with other people: Do you feel that  <br> nobody wants you around?  | Number | no |



| Item Description | Categories | Values | Number |
| :--- | :--- | :--- | :--- |
| Q68i Which of the following groups have you sought advice or help from in the last <br> six months? None of these groups |  |  |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q73 How much time do you usually spend providing such care or assistance on each occasion? |  |  |  |  |
|  | No care given | 0 | 7408 | 82.2 |
|  | All day and night | 1 | 275 | 3.1 |
|  | All night | 2 | 3 | 0.0 |
|  | All day | 3 | 134 | 1.5 |
|  | Several hours | 4 | 693 | 7.7 |
|  | About an hour | 5 | 497 | 5.5 |
|  | N Missing |  | 1436 |  |
| Q74 Do you do any volunteer work for any community or social organisations? (eg. fundraising, community welfare, church activities, organising groups or classes, etc.) | Not at all | 1 | 4823 | 54.7 |
|  | Every day | 2 | 94 | 1.1 |
|  | Every week | 3 | 1718 | 19.5 |
|  | Every month | 4 | 1445 | 16.4 |
|  | >once a month | 5 | 733 | 8.3 |
|  | N Missing |  | 1574 |  |
| Q75a How often do you feel rushed/pressured/too busy? |  |  |  |  |
|  | Every day | 1 | 241 | 2.6 |
|  | Few times week | 2 | 1251 | 13.7 |
|  | About once week | 3 | 1401 | 15.4 |
|  | About once month | 4 | 1787 | 19.6 |
|  | Never | 5 | 4425 | 48.6 |
|  | N Missing |  | 1300 |  |
| Q75b How often do you feel you have time on your hands that you don't know what to do with? |  |  |  |  |
|  | Every day | 1 | 183 | 2.0 |
|  | Few times week | 2 | 646 | 7.0 |
|  | About once week | 3 | 597 | 6.5 |
|  | About once month | 4 | 681 | 7.4 |
|  | Never | 5 | 7072 | 77.0 |
|  | N Missing |  | 1226 |  |
| Q76a Thinking about your childhood, would you say it was traumatic? |  |  |  |  |
|  | Not at all | 1 | 6842 | 74.1 |
|  | Somewhat | 2 | 1130 | 12.2 |
|  | Moderately | 3 | 764 | 8.3 |
|  | Very | 4 | 325 | 3.5 |
|  | Extremely | 5 | 174 | 1.9 |
|  | N Missing |  | 1167 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q76b Would you be willing to take part in further surveys relating to childhood trauma? |  |  |  |  |
|  | No trauma | 0 | 6842 | 74.5 |
|  | Yes | 1 | 719 | 7.8 |
|  | No | 2 | 1619 | 17.6 |
|  | N Missing |  | 1225 |  |
| Q77a Please indicate how much you agree with each statement. I can avoid illness if I take care of myself | Strongly disagree | 1 | 240 | 2.6 |
|  | Disagree | 2 | 773 | 8.4 |
|  | Slightly disagree | 3 | 528 | 5.7 |
|  | Slightly agree | 4 | 1797 | 19.4 |
|  | Agree | 5 | 4654 | 50.3 |
|  | Strongly agree | 6 | 1251 | 13.5 |
|  | N Missing |  | 1162 |  |
| Q77b Please indicate how much you agree with each statement. Luck plays a big part in determining how soon I will recover from an illness. | Strongly disagree | 1 | 1720 | 19.2 |
|  | Disagree | 2 | 3882 | 43.3 |
|  | Slightly disagree | 3 | 648 | 7.2 |
|  | Slightly agree | 4 | 1170 | 13.1 |
|  | Agree | 5 | 1237 | 13.8 |
|  | Strongly agree | 6 | 307 | 3.4 |
|  | N Missing |  | 1452 |  |

Q77c Please indicate how much you agree with each statement. I am in control of my health

| Strongly disagree | 1 | 209 | 2.3 |
| :--- | :--- | ---: | ---: |
| Disagree | 2 | 802 | 8.7 |
| Slightly disagree | 3 | 668 | 7.3 |
| Slightly agree | 4 | 2169 | 23.6 |
| Agree | 5 | 4391 | 47.8 |
| Strongly agree | 6 | 950 | 10.3 |
| N Missing |  | 1235 |  |

Q77d Please indicate how much you agree with each statement. My good health is largely a matter of good fortune

| Strongly disagree | 1 | 1022 | 11.4 |
| :--- | :--- | ---: | ---: |
| Disagree | 2 | 2584 | 29.0 |
| Slightly disagree | 3 | 765 | 8.6 |
| Slightly agree | 4 | 1569 | 17.6 |
| Agree | 5 | 2572 | 28.8 |
| Strongly agree | 6 | 413 | 4.6 |
| N Missing |  | 1510 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q77e Please indicate how much you agree with each statement. No matter what I do, I am likely to get sick | Strongly disagree | 1 | 3014 | 33.5 |
|  | Disagree | 2 | 3863 | 42.9 |
|  | Slightly disagree | 3 | 589 | 6.5 |
|  | Slightly agree | 4 | 586 | 6.5 |
|  | Agree | 5 | 720 | 8.0 |
|  | Strongly agree | 6 | 223 | 2.5 |
|  | N Missing |  | 1424 |  |
| Q77f Please indicate how much you agree with each statement. The main thing which affects my health is what I do myself | Strongly disagree | 1 | 502 | 5.6 |
|  | Disagree | 2 | 1648 | 18.5 |
|  | Slightly disagree | 3 | 614 | 6.9 |
|  | Slightly agree | 4 | 1607 | 18.0 |
|  | Agree | 5 | 3828 | 42.9 |
|  | Strongly agree | 6 | 727 | 8.1 |
|  | N Missing |  | 1492 |  |
| Q77g Please indicate how much you agree with each statement. Setting goals for health is realistic | Strongly disagree | 1 | 179 | 2.1 |
|  | Disagree | 2 | 830 | 9.5 |
|  | Slightly disagree | 3 | 462 | 5.3 |
|  | Slightly agree | 4 | 1507 | 17.3 |
|  | Agree | 5 | 4981 | 57.2 |
|  | Strongly agree | 6 | 756 | 8.7 |
|  | N Missing |  | 1719 |  |
| Q77h Please indicate how much you agree with each statement. Most things that affect my health happen to me by accident | Strongly disagree | 1 | 1016 | 11.5 |
|  | Disagree | 2 | 3486 | 39.5 |
|  | Slightly disagree | 3 | 854 | 9.7 |
|  | Slightly agree | 4 | 1143 | 13.0 |
|  | Agree | 5 | 1961 | 22.2 |
|  | Strongly agree | 6 | 357 | 4.0 |
|  | N Missing |  | 1621 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q77i Please indicate how much you agree with each statement. If I get sick, it is my own behaviour that determines how soon I will get well |  |  |  |  |
|  | Strongly disagree | 1 | 383 | 4.3 |
|  | Disagree | 2 | 1162 | 13.0 |
|  | Slightly disagree | 3 | 534 | 6.0 |
|  | Slightly agree | 4 | 1998 | 22.3 |
|  | Agree | 5 | 4119 | 46.1 |
|  | Strongly agree | 6 | 746 | 8.3 |
|  | N Missing |  | 1478 |  |
| Q77j Please indicate how much you agree with each statement. I will stay healthy if it's meant to be | Strongly disagree | 1 | 487 | 5.5 |
|  | Disagree | 2 | 1443 | 16.2 |
|  | Slightly disagree | 3 | 547 | 6.1 |
|  | Slightly agree | 4 | 1297 | 14.6 |
|  | Agree | 5 | 4349 | 48.8 |
|  | Strongly agree | 6 | 780 | 8.8 |
|  | N Missing |  | 1509 |  |
| Q77k Please indicate how much you agree with each statement. No matter what I do, if I am going to get sick, I will get sick | rongly disagree | 1 | 1254 | 14.1 |
|  | - |  |  |  |
|  | Disagree | 2 | 2505 | 28.3 |
|  | Slightly disagree | 3 | 865 | 9.8 |
|  | Slightly agree | 4 | 1240 | 14.0 |
|  | Agree | 5 | 2608 | 29.4 |
|  | Strongly agree | 6 | 389 | 4.4 |
|  | N Missing |  | 1572 |  |
| Q77I Please indicate how much you agree with each statement. If I take the right actions, I can stay healthy | Strongly disagree | 1 | 141 | 1.6 |
|  | Disagree | 2 | 648 | 7.2 |
|  | Slightly disagree | 3 | 602 | 6.7 |
|  | Slightly agree | 4 | 2333 | 26.0 |
|  | Agree | 5 | 4476 | 49.8 |
|  | Strongly agree | 6 | 781 | 8.7 |
|  | N Missing |  | 1428 |  |


| Item Description | Categories | Values | Number | \% |
| :---: | :---: | :---: | :---: | :---: |
| Q77m Please indicate how much you agree with each statement. I can be as healthy as I want to be |  |  |  |  |
|  | Strongly disagree | 1 | 442 | 5.0 |
|  | Disagree | 2 | 1794 | 20.4 |
|  | Slightly disagree | 3 | 1385 | 15.7 |
|  | Slightly agree | 4 | 2174 | 24.7 |
|  | Agree | 5 | 2503 | 28.5 |
|  | Strongly agree | 6 | 499 | 5.7 |
|  | N Missing |  | 1629 |  |
| Q77n Please indicate how much you agree with each statement. I have little influence over my health | Strongly disagree | 1 | 838 | 9.4 |
|  | Disagree | 2 | 2867 | 32.2 |
|  | Slightly disagree | 3 | 1333 | 15.0 |
|  | Slightly agree | 4 | 1497 | 16.8 |
|  | Agree | 5 | 2022 | 22.7 |
|  | Strongly agree | 6 | 338 | 3.8 |
|  | N Missing |  | 1510 |  |
| Q77o Please indicate how much you agree with each statement. I feel I am independent enough to do the things I want to do | Strongly disagree | 1 | 138 | 1.5 |
|  | Disagree | 2 | 352 | 3.8 |
|  | Slightly disagree | 3 | 302 | 3.3 |
|  | Slightly agree | 4 | 919 | 10.0 |
|  | Agree | 5 | 5667 | 61.4 |
|  | Strongly agree | 6 | 1846 | 20.0 |
|  | N Missing |  | 1187 |  |
| Q78a Please indicate how often each of these statements apply to you: I can usually depend on others | Never | 0 | 275 | 3.0 |
|  | Rarely | 1 | 678 | 7.3 |
|  | Some times | 2 | 2847 | 30.8 |
|  | Often | 3 | 5428 | 58.8 |
|  | N Missing |  | 1167 |  |
| Q78b Please indicate how often each of these statements apply to you: I am a very organised person | Never | 0 | 109 | 1.2 |
|  | Rarely | 1 | 358 | 3.9 |
|  | Some times | 2 | 3239 | 34.9 |
|  | Often | 3 | 5579 | 60.1 |
|  | N Missing |  | 1124 |  |




| Item Description | Categories | Values |
| :--- | :--- | ---: |
| Q78o Please indicate how often each of these statements apply to you: I genuinely  <br> enjoy work* *"job" and "work" may refer to paid or unpaid work, volunteer work, or  <br> any other task or chore which occupies your time.  | Never | 0 |


| Item Description | Categories | Values Number | \% |
| :---: | :---: | :---: | :---: |
| VT - Vitality Index Scale |  |  |  |
|  | Mean | 58.68 |  |
|  | Std Error | 0.21 |  |
|  | N | 10301 |  |
|  | N Missing | 133 |  |
| SF - Social Functioning Scale |  |  |  |
|  | Mean | 82.54 |  |
|  | Std Error | 0.25 |  |
|  | N | 10394 |  |
|  | N Missing | 40 |  |
| RE - Role Emotional Scale |  |  |  |
|  | Mean | 78.82 |  |
|  | Std Error | 0.35 |  |
|  | N | 10020 |  |
|  | N Missing | 414 |  |
| MH - Mental Health Subscale |  |  |  |
|  | Mean | 78.65 |  |
|  | Std Error | 0.16 |  |
|  | N | 10253 |  |
|  | N Missing | 181 |  |
| MCSA - Mental health summary score - standardised to the Australian population for relevant age cohort |  |  |  |
|  |  |  |  |
|  | Std Error | 0.09 |  |
|  | $\mathrm{N}$ | 9560 |  |
|  | N Missing | 874 |  |
| PCSWHA - Physical health summary score - standardised to the WHA population |  |  |  |
|  | Mean | 49.58 |  |
|  | Std Error | 0.10 |  |
|  | N | 9560 |  |
|  | N Missing | 874 |  |
| MCSWHA - Mental health summary score - standardised to the WHA population |  |  |  |
|  | Mean | 51.35 |  |
|  | Std Error | 0.10 |  |
|  | N | 9560 |  |
|  | N Missing | 874 |  |


|  | Item Description | Categories | Values |
| :--- | :--- | ---: | :--- |
| Smoking status - smokst |  |  |  |


| Item Description | Categories | Values Number | \% |
| :---: | :---: | :---: | :---: |
| Mean of Multi-item summed score for perceived stress. From 0 to 4. Higher values means more stressed. |  |  |  |
|  | Mean | 0.35 |  |
|  | Std Error | 0.00 |  |
|  | N | 8637 |  |
|  | N Missing | 1797 |  |
| Proportion of Life events 0 to 1 |  |  |  |
|  | Mean | 0.06 |  |
|  | Std Error | 0.00 |  |
|  | N | 9457 |  |
|  | N Missing | 977 |  |
| ANSI summary score |  |  |  |
|  | Mean | 4.49 |  |
|  | Std Error | 0.03 |  |
|  | N | 9157 |  |
|  | N Missing | 1277 |  |
| Duke Social Support Index score (10 items) |  |  |  |
|  | Mean | 31.84 |  |
|  | Std Error | 0.06 |  |
|  | N | 9383 |  |
|  | N Missing | 1051 |  |
| Duke Social Support Index subscore - Social interaction (4 items) |  |  |  |
|  | Mean | 8.96 |  |
|  | Std Error | 0.02 |  |
|  | N | 9233 |  |
|  | N Missing | 1201 |  |
| Duke Social Support Index subscore - Satisfaction with support (6 items) |  |  |  |
|  | Mean | 19.12 |  |
|  | Std Error | 0.02 |  |
|  | N | 9114 |  |
|  | N Missing | 1320 |  |
| o2nhsfty |  |  |  |
|  | Mean | 6.76 |  |
|  | Std Error | 0.02 |  |
|  | N | 8879 |  |
|  | N Missing | 1555 |  |


| Item Description | Categories | Values | Number |
| :--- | :--- | ---: | :--- |
| o2nhstsf |  |  |  |



| Item Description | Categories | Values Number | \% |
| :---: | :---: | :---: | :---: |
| Body Mass Index (BMI) |  |  |  |
|  | Mean | 25.24 |  |
|  | Std Error | 0.05 |  |
|  | N | 9223 |  |
|  | N Missing | 1211 |  |
| How much do you weigh without clothes or shoes? |  |  |  |
|  | Mean | 64.99 |  |
|  | Std Error | 0.12 |  |
|  | N | 9719 |  |
|  | N Missing | 715 |  |
| How tall are you without shoes? |  |  |  |
|  | Mean | 160.52 |  |
|  | Std Error | 0.07 |  |
|  | N | 9649 |  |
|  | N Missing | 785 |  |
| Age at time of survey returned in years |  |  |  |
|  | Mean | 74.91 |  |
|  | Std Error | 0.01 |  |
|  | N | 10434 |  |
|  | N Missing | 0 |  |

