

the australian longitudinal study on women's health

data book

for the second survey of the 1921-26 cohort 1999 (when they were aged 73-78 years)

Data book for the second survey of the 1921-1926 cohort (aged 73-78 years)

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Notes

During 1999, 10,434 valid surveys were returned by members of the ALSWH 1921-26 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (http://www.alwsh.org.au/). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

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Item Description	Categories	Values	Number	%
Q1a In the last 3 years have you been told by a doctor that you have: Arthritis				
(including osteoarthritis, rheumatoid arthritis)	no	0	5846	57.7
	yes	1	4293	42.3
	N Missing		226	
Q1b In the last 3 years have you been told by a doctor that you have: Diabetes (high				
blood sugar)	no	0	9410	92.8
	yes	1	730	7.2
	N Missing		226	
Q1c In the last 3 years have you been told by a doctor that you have: Heart Disease				
(including angina, heart attack)	no	0	8791	86.7
	yes	1	1348	13.3
	N Missing		226	
Q1d In the last 3 years have you been told by a doctor that you have: Hypertension				
(high blood pressure)	no	0	6720	66.3
	yes	1	3420	33.7
	N Missing		226	
Q1e In the last 3 years have you been told by a doctor that you have: Stroke				
	no	0	9849	97.1
	yes	1	291	2.9
	N Missing		226	
Q1f In the last 3 years have you been told by a doctor that you have: Thrombosis				
	no	0	9983	98.5
	yes	1	157	1.5
	N Missing		226	
Q1g In the last 3 years have you been told by a doctor that you have: Low iron level				
	no	0	9656	95.2
	yes	1	484	4.8
	N Missing		226	
Q1h In the last 3 years have you been told by a doctor that you have: Asthma				
	no	0	9329	92.0
	yes	1	811	8.0
	N Missing		226	
Q1i In the last 3 years have you been told by a doctor that you have:				
Bronchitis/Emphysema	no	0	9472	93.4
	yes	1	668	6.6
	N Missing		226	
	-			

Item Description	Categories	Values	Number	%
Q1j In the last 3 years have you been told by a doctor that you have: Osteoporosis				
	no	0	8819	87.0
	yes	1	1321	13.0
	N Missing		226	
Q1k In the last 3 years have you been told by a doctor that you have: Breast cancer				
	no	0	9978	98.4
	yes	1	162	1.6
	N Missing		226	
Q1I In the last 3 years have you been told by a doctor that you have: Bowel cancer				
	no	0	10057	99.2
	yes	1	83	0.8
	N Missing		226	
Q1m In the last 3 years have you been told by a doctor that you have: Skin cancer				
	no	0	8782	86.6
	yes	1	1358	13.4
	N Missing		226	
Q1n In the last 3 years have you been told by a doctor that you have: Other cancer	-			
	no	0	9979	98.4
	yes	1	161	1.6
	N Missing		226	
Q1o In the last 3 years have you been told by a doctor that you have: Depression	-			
	no	0	9419	92.9
	yes	1	721	7.1
	N Missing		226	
Q1p In the last 3 years have you been told by a doctor that you have:	3			
Anxiety/Nervous disorder	no	0	9532	94.0
	yes	1	608	6.0
	N Missing		226	
Q1q In the last 3 years have you been told by a doctor that you have: Alzheimer's				
Disease or Dementia	no	0	10077	99.4
	yes	1	63	0.6
	N Missing	·	226	0.0
Q1r In the last 3 years have you been told by a doctor that you have: None of these			220	
conditions	no	0	7932	78.2
		1	2208	21.8
	yes N. Missing	'		۷۱.0
	N Missing		226	

Item Description	Categories	Values	Number	%
Q2Aa Have you had any of the following operations or procedures? Yes, in the la	ast 3			
years Eye surgery	no	0	7680	85.4
	yes	1	1313	14.6
	N Missing		1401	
Q2Ba Have you had any of the following operations or procedures? Yes, more th	an			
3 years ago Eye surgery	no	0	8187	91.0
	yes	1	807	9.0
	N Missing		1401	
Q2Ab Have you had any of the following operations or procedures? Yes, in the la	ast 3			
years Hip surgery	no	0	8770	97.5
	yes	1	223	2.5
	N Missing		1401	
Q2Bb Have you had any of the following operations or procedures? Yes, more th	an			
3 years ago Hip surgery	no	0	8711	96.9
	yes	1	282	3.1
	N Missing		1401	
Q2Ac Have you had any of the following operations or procedures? Yes, in the la	ast 3			
years (o3, o4, o5 and o6 wording: In the last 3 years, have you had) Knee surger or arthroscopy		0	8571	95.3
от антиосору	yes	1	423	4.7
	N Missing		1401	
Q2Bc Have you had any of the following operations or procedures? Yes, more the	_			
3 years ago Knee surgery or arthroscopy	no	0	8595	95.6
	yes	1	398	4.4
	N Missing		1401	
Q2Ad Have you had any of the following operations or procedures? Yes, in the la	_			
years Endoscopy (gastroscopy, colonoscopy, sigmoidoscopy)	no	0	7584	84.3
	yes	1	1409	15.7
	N Missing		1401	
Q2Bd Have you had any of the following operations or procedures? Yes, more th	_			
3 years ago Endoscopy (gastroscopy, colonoscopy, sigmoidoscopy)	no	0	8151	90.6
	yes	1	842	9.4
	N Missing		1401	
Q2Ae Have you had any of the following operations or procedures? Yes, in the la	_			
years Hysterectomy	no	0	8873	98.7
	yes	1	120	1.3
	,	•	3	

Q2Be Have you had any of the following operations or procedures? Yes, more than	· · · · · · · · · · · · · · · · · · ·			
3 years ago Hysterectomy	no	0	6965	77.5
	yes	1	2028	22.5
	N Missing		1401	
Q2Af Have you had any of the following operations or procedures? Yes, in the last 3				
years Both ovaries removed	no	0	8944	99.5
	yes	1	47	0.5
	N Missing		1402	
Q2Bf Have you had any of the following operations or procedures? Yes, more than 3				
years ago Both ovaries removed	no	0	8266	91.9
	yes	1	725	8.1
	N Missing		1402	
Q2Ag Have you had any of the following operations or procedures? Yes, in the last 3				
years Skin surgery (eg. cancer or sun spots removed)	no	0	6907	76.8
	yes	1	2086	23.2
	N Missing		1401	
Q2Bg Have you had any of the following operations or procedures? Yes, more than				
3 years ago Skin surgery (eg. cancer or sun spots removed)	no	0	8035	89.3
	yes	1	958	10.7
	N Missing		1401	
Q2Ah Have you had any of the following operations or procedures? Yes, in the last 3				
years Cholecystectomy (gall bladder removed)	no	0	8784	97.7
	yes	1	207	2.3
	N Missing		1402	
Q2Bh Have you had any of the following operations or procedures? Yes, more than				
3 years ago Cholecystectomy (gall bladder removed)	no	0	8081	89.9
	yes	1	910	10.1
	N Missing		1402	
Q2Ai Have you had any of the following operations or procedures? Yes, in the last 3				
years Heart surgery (heart bypass, angioplasty, angiography)	no	0	8712	96.9
	yes	1	279	3.1
	N Missing		1402	
Q2Bi Have you had any of the following operations or procedures? Yes, more than 3				
years ago Heart surgery (heart bypass, angioplasty, angiography)	no	0	8675	96.5
		_	0.17	2 5
	yes	1	317	3.5

Item Description	Categories	Values	Number	%
Q2Aj Have you had any of the following operations or procedures? Yes, in the last 3				
years Repair of prolapsed vagina, bladder or bowel	no	0	8690	96.6
	yes	1	302	3.4
	N Missing		1402	
Q2Bj Have you had any of the following operations or procedures? Yes, more than 3				
years ago Repair of prolapsed vagina, bladder or bowel	no	0	8114	90.2
	yes	1	878	9.8
	N Missing		1402	
Q2Ak Have you had any of the following operations or procedures? Yes, in the last 3				
years None of these operations or procedures	no	0	6866	76.3
	yes	1	2127	23.7
	N Missing		1401	
Q2Bk Have you had any of the following operations or procedures? Yes, more than				
3 years ago None of these operations or procedures	no	0	7689	85.5
	yes	1	1304	14.5
	N Missing		1401	
Q3 How many times have you consulted a family doctor or another general				
practitioner in the last 12 months?	None	0	186	1.8
	1 or 2 times	1	1193	11.7
	3 or 4 times	2	2701	26.4
	5-8 times	3	2841	27.8
	9-12 times	4	1751	17.1
	13-15 times	5	607	5.9
	16-19 times	6	304	3.0
	20 or more times	7	653	6.4
	N Missing		133	
Q4a Have you consulted the following people for your own health in the last 12	-			
months? A hospital doctor (eg. in outpatients or casualty)	no	0	7686	82.2
	yes	1	1669	17.8
	N Missing		1047	
Q4b Have you consulted the following people for your own health in the last 12	Ü			
months? A specialist doctor	no	0	4705	50.3
	yes	1	4649	49.7
	N Missing	·	1047	
Q4c Have you consulted the following people for your own health in the last 12	- 3 -			
months? A dentist	no	0	5797	62.0
	yes	1	3557	38.0
	N Missing	•	1047	55.0
			10-1	

Item Description	Categories	Values	Number	%
Q4d Have you consulted the following people for your own health in the last 12				
months? A physiotherapist	no	0	7928	84.8
	yes	1	1426	15.2
	N Missing		1047	
Q4e Have you consulted the following people for your own health in the last 12				
months? An optician	no	0	4934	52.7
	yes	1	4421	47.3
	N Missing		1047	
Q4f Have you consulted the following people for your own health in the last 12				
months? A podiatrist or chiropodist	no	0	6700	71.6
	yes	1	2654	28.4
	N Missing		1047	
Q4g Have you consulted the following people for your own health in the last 12				
months? A counsellor (or other mental health professional)	no	0	9232	98.7
	yes	1	123	1.3
	N Missing		1047	
Q4h Have you consulted the following services for your own health in the last 12	-			
months? An 'alternative' health practitioner (eg herbalist, chiropractor, naturopath, acupuncturist etc)	no	0	8300	88.7
acapanetarist ctc)	yes	1	1055	11.3
	N Missing		1047	
Q4i Have you consulted the following people for your own health in the last 12	-			
months? None of these people	no	0	8334	89.1
	yes	1	1020	10.9
	N Missing		1047	
Q5a Thinking about your own health care, how would you rate the following: Access	G			
to medical specialists if you need them	Excellent	1	2352	25.8
	Very good	2	3145	34.5
	Good	3	2385	26.2
	Fair	4	614	6.7
	Poor	5	156	1.7
	Don't know	6	461	5.1
	N Missing	•	1301	

Item Description	Categories	Values	Number	%
Q5b Thinking about your own health care, how would you rate the following: Access	ss			
to a hospital if you need it	Excellent	1	2292	25.5
	Very good	2	2950	32.8
	Good	3	2223	24.7
	Fair	4	607	6.8
	Poor	5	201	2.2
	Don't know	6	721	8.0
	N Missing		1373	
Q5c Thinking about your own health care, how would you rate the following: Access	SS			
to after-hours medical care	Excellent	1	1115	13.3
	Very good	2	1832	21.8
	Good	3	2043	24.3
	Fair	4	1041	12.4
	Poor	5	576	6.9
	Don't know	6	1789	21.3
	N Missing		1946	
Q5d Thinking about your own health care, how would you rate the following: Access	SS			
to a GP who bulk bills	Excellent	1	3476	39.7
	Very good	2	2411	27.5
	Good	3	1409	16.1
	Fair	4	229	2.6
	Poor	5	441	5.0
	Don't know	6	790	9.0
	N Missing		1723	
Q5e Thinking about your own health care, how would you rate the following:				
Hours when a GP is available	Excellent	1	1595	18.0
	Very good	2	3043	34.4
	Good	3	2919	33.0
	Fair	4	780	8.8
	Poor	5	168	1.9
	Don't know	6	352	4.0
	N Missing		1533	

Item Description	Categories	Values	Number	%
Q5f Thinking about your own health care, how would you rate the following:				
Number of GPs you have to choose from	Excellent	1	1687	19.5
	Very good	2	2860	33.0
	Good	3	2536	29.3
	Fair	4	634	7.3
	Poor	5	252	2.9
	Don't know	6	686	7.9
	N Missing		1721	
Q5g Thinking about your own health care, how would you rate the following: Ease of	of			
seeing the GP of your choice	Excellent	1	2811	30.7
	Very good	2	3195	34.9
	Good	3	2324	25.4
	Fair	4	550	6.0
	Poor	5	179	1.9
	Don't know	6	108	1.2
	N Missing		1228	
Q6 In general do you prefer to see a female doctor?				
	Yes always	1	1093	11.7
	For certain things	2	2054	22.0
	No	3	1806	19.3
	Don't care	4	4394	47.0
	N Missing		1055	
Q7 How would you rate the cost to you of your last visit to a general practitioner?				
	No cost to me	1	6857	74.3
	Excellent	2	236	2.6
	Very Good	3	512	5.6
	Good	4	953	10.3
	Fair	5	578	6.3
	Poor	6	91	1.0
	N Missing		1171	
Q8a In the last 12 months, have you: Slipped, tripped, or stumbled (not including				
falls to the ground)?	no	0	7076	70.8
	yes	1	2920	29.2
	N Missing		375	
Q8b In the last 12 months, have you: Had a fall to the ground (does not include				
stumbles/trips)?	no	0	8153	81.6
	yes	1	1844	18.4
	N Missing		375	
9				

Item Description	Categories	Values	Number	%
Q8c In the last 12 months, have you: Been injured as a result of a fall?				
	no	0	8682	86.8
	yes	1	1315	13.2
	N Missing		375	
Q8d In the last 12 months, have you: Needed to seek medical attention (eg. Docto	or,			
hospital) for an injury from a fall?	no	0	8857	88.6
	yes	1	1139	11.4
	N Missing		375	
Q8e In the last 12 months, have you: Had any other injury from an accident at you	r			
home? (eg. burns, cuts, bruises)	no	0	8847	88.5
	yes	1	1149	11.5
	N Missing		375	
Q8f In the last 12 months, have you: Broken or fractured any bone/s?				
	no	0	9425	94.3
	yes	1	571	5.7
	N Missing		375	
Q8g In the last 12 months, have you: None of these accidents				
	no	0	4373	43.7
	yes	1	5624	56.3
	N Missing		375	
Q9 Approximately how many days in total have you spent in hospital in the last 12				
months?	None	0	6733	72.4
	One day	1	654	7.0
	Two days	2	322	3.5
	Three days	3	193	2.1
	4-5 days	4	317	3.4
	6-7 days	5	278	3.0
	8-13 days	6	379	4.1
	14+ days	7	422	4.5
	N Missing		1095	
Q10a This question is about private health insurance. Do you have private health	-			
insurance for hospital cover?	Yes	1	4233	46.3
	Veteran Affairs	2	961	10.5
	No	3	3954	43.2
	N Missing		1255	

Item Description	Categories	Values	Number	%
Q10b This question is about private health insurance Do you have private health				
insurance for ancillary services? (eg. dental, physiotherapy)	Yes	1	2758	32.2
	Veteran Affairs	2	584	6.8
	No	3	5223	61.0
	N Missing		1845	
Q11 How satisfied are you with your physical ability to do what you want to do?				
	Completely satisfied	1	1592	17.0
	Very satisfied	2	3117	33.3
	Somewhat satisfied	3	2947	31.5
	Somewhat dissatisfied	4	1136	12.1
	Very dissatisfied	5	420	4.5
	Completely dissatisfied	6	145	1.6
	N Missing		1041	
Q12 Are you in bed or in a chair most or all of the day because of your health?				
	Every day	1	115	1.2
	Most days	2	124	1.3
	Some days	3	232	2.5
	Occasionally	4	1327	14.2
	Never	5	7575	80.8
	N Missing		1029	
Q13a How many different types of medication (eg. tablets or medicine) have you				
used during the past 4 weeks which were: Prescribed by a doctor	None	0	1180	11.8
	One	1	1670	16.6
	Two	2	1880	18.7
	Three	3	1651	16.4
	Four	4	1462	14.6
	more	5	2196	21.9
	N Missing		336	
Q13b How many different types of medication (eg. tablets or medicine) have you used during the past 4 weeks which were: Bought without a prescription at the	None	0	2690	22.1
chemist, supermarket or health food shop (eg. aspirin, vitamins, cough mixtures)			2680	32.1
	One	1	2866	34.4
	Two	2	1504	18.0
	Three	3	586	7.0
	Four	4	311	3.7
	more	5	389	4.7
	N Missing		2013	

Item Description	Categories	Values	Number	%
Q14a Have you taken any of these medications during the past 4 weeks: For your				
nerves (eg. Valium, serapax, ducene, murelex, etc.)	no	0	9270	91.7
	yes	1	834	8.3
	N Missing		273	
Q14b Have you taken any of these medications during the past 4 weeks: To help				
you sleep (eg. normison, mogadon, euphynos, temaze, etc.)	no	0	8484	84.0
	yes	1	1622	16.0
	N Missing		271	
Q14c Have you taken any of these medications during the past 4 weeks: For				
depression (eg. prozac, aropax, zoloft, aurorix, etc.)	no	0	9579	94.8
	yes	1	526	5.2
	N Missing		271	
Q14d Have you taken any of these medications during the past 4 weeks: Hormone	-			
replacement therapy (HRT)	no	0	8948	88.5
	yes	1	1157	11.5
	N Missing		271	
Q14e Have you taken any of these medications during the past 4 weeks: For any	Ü			
chronic (long-term) illness	no	0	7405	73.3
	yes	1	2701	26.7
	N Missing		271	
Q14f Have you taken any of these medications during the past 4 weeks: None of	Ü			
these medications	no	0	4986	49.3
	yes	1	5119	50.7
	N Missing		271	
Q15a In the last three years, have you experienced and of the following events?	3			
Major personal illness	no	0	8299	88.1
	yes	1	1124	11.9
	N Missing	·	977	
Q15b In the last three years, have you experienced any of the following events?	. v m.comg		0	
Major personal injury	no	0	9042	96.0
	yes	1	381	4.0
	N Missing	·	978	1.0
Q15c In the last three years, have you experienced any of the following events?	whoomig		373	
Old3 on: In our last survey, we asked about major events you had experienced. This	no	0	8088	85.8
question is about events you may have experienced in the LAST THREE YEARS. Major surgery (not including dental work)	yes	1	1336	14.2
, 5, ('		14.4
	N Missing		977	

				%
Q15d In the last three years, have you experienced any of the following events? Old3 on: In our last survey, we asked about major events you had experienced. This question is about events you may have experienced in the LAST THREE YEARS.	no	0	7878	83.6
Major dealing in health of anguage or partner	/es	1	1545	16.4
N	N Missing		978	
Q15e In the last three years, have you experienced any of the following events? Major decline in health of other close family member or family friend Old3 on: In our				
last survey, we asked about major events you had experienced. This question is	10	0	7815	83.0
•	/es	1	1606	17.0
N	N Missing		979	
Q15f In the last three years, have you experienced any of the following events? Starting a new, close personal relationship				
no new, close personal relationship	10	0	9308	98.8
y ₁	/es	1	114	1.2
N	N Missing		979	
Q15g In the last three years, have you experienced any of the following events? Break-up of a close personal relationship				
no	10	0	9329	99.0
ye	/es	1	93	1.0
N	N Missing		979	
Q15h In the last 3 years, have you experienced any of the following events? Major				
conflict with children	10	0	9194	97.6
y	/es	1	228	2.4
N	N Missing		979	
Q15i In the last 3 years, have you experienced any of the following events? Old3				
question is about events you may have experienced in the LAST THREE TEARS.	10	0	8678	92.1
Death of spouse or partner	/es	1	745	7.9
N	N Missing		977	
Q15j In the last 3 years, have you experienced any of the following events? Death of child Old3 on: In our last survey, we asked about major events you had				
experienced. This question is about events you may have experienced in the LAST no	10	0	9265	98.3
THREE YEARS. Death of your child	/es	1	159	1.7
N	N Missing		977	
Q15k In the last 3 years, have you experienced any of the following events? Death of other close family member				
of other close family member no	10	0	7607	80.7
y	/es	1	1817	19.3
N	N Missing		977	
Q15I In the last 3 years, have you experienced any of the following events? Death of				
close friend no	10	0	7424	78.8
		1	2000	21.2
ye	es/es	ı	2000	21.2

Item Description	Categories	Values	Number	%
Q15m In the last three years, have you experienced any of the following events?				
Major personal achievement	no	0	9195	97.6
	yes	1	229	2.4
	N Missing		977	
Q15n In the last 3 years, have you experienced any of the following events? Old3				
on: In our last survey, we asked about major events you had experienced. This question is about events you may have experienced in the LAST THREE YEARS.	no	0	8246	87.5
Decreased income	yes	1	1177	12.5
	N Missing		977	
Q15o In the last 3 years, have you experienced any of the following events? Old3				
on: In our last survey, we asked about major events you had experienced. This question is about events you may have experienced in the LAST THREE YEARS.	no	0	8491	90.1
Moving house	yes	1	932	9.9
	N Missing		977	
Q15p In the last 3 years, have you experienced any of the following events? Natural				
disaster (fire, flood, drought, earthquake etc) or house fire	no	0	9339	99.1
	yes	1	84	0.9
	N Missing		977	
Q15q In the last 3 years, have you experienced any of the following events? Major				
loss or damage to personal property	no	0	9315	98.8
	yes	1	109	1.2
	N Missing		977	
Q15r In the last 3 years, have you experienced any of the following events? Old3				
on: In our last survey, we asked about major events you had experienced. This question is about events you may have experienced in the LAST THREE YEARS.	no	0	8922	94.7
Being robbed	yes	1	501	5.3
	N Missing		977	
Q15s In the last 3 years, have you experienced any of the following events?				
Involvement in a serious accident	no	0	9335	99.1
	yes	1	88	0.9
	N Missing		977	
Q15t In the last three years, have you experienced any of the following events? A fall	I			
which caused serious injury	no	0	8965	95.1
	yes	1	458	4.9
	N Missing		977	
Q15u In the last 3 years, have you experienced any of the following events? Old4	Ç			
on: In our last survey, we asked about major events you had experienced. This question is about events you may have experienced in the LAST THREE YEARS.	no	0	9361	99.3
Being pushed, grabbed, shoved, kicked or hit	yes	1	62	0.7
	N Missing		977	
	5			

Item Description	Categories	Values	Number	%
Q15v In the last 3 years, have you experienced any of the following events? Bei	ng		_	
forced to take part in unwanted sexual activity	no	0	9419	99.9
	yes	1	5	0.1
	N Missing		977	
Q15w In the last 3 years, have you experienced any of the following events? Leg	gal			
troubles or involved in a court case	no	0	9317	98.9
	yes	1	106	1.1
	N Missing		977	
Q15x In the last 3 years, have you experienced any of the following events? Far	mily			
member/close friend being arrested/in gaol	no	0	9352	99.2
	yes	1	72	0.8
	N Missing		977	
Q15y In the last 3 years, have you experienced any of the following events? Mo	ving			
into institutionalised care	no	0	9383	99.6
	yes	1	41	0.4
	N Missing		977	
Q15z In the last 3 years, have you experienced any of the following events?				
Spouse/partner moving into institutionalised care	no	0	9291	98.6
	yes	1	131	1.4
	N Missing		978	
Q15aa In the last 3 years, have you experienced any of the following events? No	one			
of these events	no	0	6919	73.4
	yes	1	2502	26.6
	N Missing		979	
Q16Aa Have you had any of the following problems in the last 12 months? Aller	gies,			
hayfever, sinusitis	No	0	6255	66.2
	Rarely	1	592	6.3
	Sometimes	2	1799	19.0
	Often	3	803	8.5
	N Missing		946	
Q16Ba For the problems you had, did you seek help? Allergies, hayfever, sinusi	itis			
	no	0	8163	86.4
	yes	1	1287	13.6
	N Missing		945	

Item Description	Categories	Values	Number	%
Q16Ab Have you had any of the following problems in the last 12 months? Bre	athing			
difficulty	No	0	7681	81.3
	Rarely	1	308	3.3
	Sometimes	2	975	10.3
	Often	3	484	5.1
	N Missing		945	
Q16Bb For the problems you had, did you seek help? Breathing difficulty				
	no	0	8405	88.9
	yes	1	1047	11.1
	N Missing		943	
Q16Ac Have you had any of the following problems in the last 12 months?				
ndigestion/heartburn	No	0	6381	67.6
	Rarely	1	542	5.7
	Sometimes	2	1772	18.8
	Often	3	749	7.9
	N Missing		947	
Q16Bc For the problems you had, did you seek help? Indigestion/heartburn				
	no	0	8294	87.8
	yes	1	1154	12.2
	N Missing		945	
Q16Ad Have you had any of the following problems in the last 12 months? Che	est			
pain	No	0	8128	86.0
	Rarely	1	406	4.3
	Sometimes	2	776	8.2
	Often	3	141	1.5
	N Missing		944	
Q16Bd For the problems you had, did you seek help? Chest pain				
	no	0	8645	91.4
	yes	1	810	8.6
	N Missing		941	
Q16Ae Have you had any of the following problems in the last 12 months?				
Headaches/migraines	No	0	6962	73.7
	Rarely	1	767	8.1
	Sometimes	2	1365	14.4
	Often	3	353	3.7
	N Missing		948	

Q168e For the problems you had, did you seek help? Headaches/migraines no yes N Missing Q16Af Have you had any of the following problems in the last 12 months? Severe tiredness No Rarely Sometimes Often N Missing Q16Bf For the problems you had, did you seek help? Severe tiredness no yes N Missing Q16Ag Have you had any of the following problems in the last 12 months? Stiff or painful joints No Rarely Sometimes Often N Missing Q16Ag For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Bg For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain No Rarely Sometimes Often N Missing	∍s ſ	Number	%
Q16Af Have you had any of the following problems in the last 12 months? Severe tiredness No Rarely Sometimes Often N Missing Q16Bf For the problems you had, did you seek help? Severe tiredness no Q16Ag Have you had any of the following problems in the last 12 months? Stiff or painful joints No Q16Ag Have you had any of the following problems in the last 12 months? Stiff or painful joints No Q16Ag For the problems you had, did you seek help? Stiff or painful joints No Q16Ag For the problems you had, did you seek help? Stiff or painful joints no Q16Ag Have you had any of the following problems in the last 12 months? Back pain No Q16Ag For the problems you had, did you seek help? Stiff or painful joints No Q16Ag For the problems you had, did you seek help? Stiff or painful joints No Q16Ag For the problems you had, did you seek help? Stiff or painful joints No			
Q16Af Have you had any of the following problems in the last 12 months? Severe tiredness No Rarely Sometimes Often N Missing	0	8878	93.9
A 16Af Have you had any of the following problems in the last 12 months? Severe tiredness No	1	572	6.1
tiredness No Rarely Sometimes Often Often N Missing N Missing Q16Bf For the problems you had, did you seek help? Severe tiredness no yes N Missing Q16Ag Have you had any of the following problems in the last 12 months? Stiff or painful joints No Rarely Sometimes Often Nissing Q16Bg For the problems you had, did you seek help? Stiff or painful joints no Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Q16Bh For the problems you had, did you seek help? Back pain No Missing Q16Bh For the problems you had, did you seek help? Back pain To		945	
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Sometimes Often N Missing Q16Bf For the problems you had, did you seek help? Severe tiredness Q16Ag Have you had any of the following problems in the last 12 months? Stiff or painful joints Q16Ag For the problems you had, did you seek help? Stiff or painful joints Q16Ag For the problems you had, did you seek help? Stiff or painful joints Q16Ag For the problems you had, did you seek help? Stiff or painful joints Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Ah Have you had any of the following problems in the last 12 months? Back pain	0	6603	69.9
Offen N Missing Q16Bf For the problems you had, did you seek help? Severe tiredness 7016Bg For the problems you had any of the following problems in the last 12 months? Stiff or painful joints Rarely Sometimes Often N Missing Q16Bg For the problems you had, did you seek help? Stiff or painful joints Q16Bg For the problems you had, did you seek help? Stiff or painful joints Q16Bh Have you had any of the following problems in the last 12 months? Back pain Q16Bh For the problems you had, did you seek help? Back pain Q16Bh For the problems you had, did you seek help? Back pain Q16Bh For the problems you had, did you seek help? Back pain Q16Bh For the problems you had, did you seek help? Back pain	1	369	3.9
Q16Bf For the problems you had, did you seek help? Severe tiredness 70 pes 70 kmissing Q16Ag Have you had any of the following problems in the last 12 months? Stiff or painful joints No Rarely Sometimes Often N Missing Q16Bg For the problems you had, did you seek help? Stiff or painful joints Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Bh For the problems you had, did you seek help? Stiff or painful joints Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Bh For the problems you had, did you seek help? Back pain Q16Bh For the problems you had, did you seek help? Back pain Q16Bh For the problems you had, did you seek help? Back pain	2	1598	16.9
Q16Bf For the problems you had, did you seek help? Severe tiredness no yes N Missing Q16Ag Have you had any of the following problems in the last 12 months? Stiff or painful joints No Rarely Sometimes Often N Missing Q16Bg For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Ah Have you had any of the following problems in the last 12 months? Back pain Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain	3	879	9.3
Alter and the following problems in the last 12 months? Stiff or painful joints Q16Ag Have you had any of the following problems in the last 12 months? Stiff or painful joints No Rarely Sometimes Often N Missing Q16Bg For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain Q16Bh For the problems you had, did you seek help? Back pain		945	
Ves and Missing and Any of the following problems in the last 12 months? Stiff or painful joints arely and Any of the following problems in the last 12 months? Stiff or painful joints arely and Any of the problems you had, did you seek help? Stiff or painful joints and personant problems in the last 12 months? Back pain arely and Any of the following problems in the last 12 months? Back pain arely and Any of the following problems in the last 12 months? Back pain arely and Any of the following problems in the last 12 months? Back pain arely and Any of the problems you had, did you seek help? Back pain and Missing and Any of the problems you had, did you seek help? Back pain no no			
Q16Ag Have you had any of the following problems in the last 12 months? Stiff or painful joints No Rarely Sometimes Often N Missing Q16Bg For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often No Rarely Sometimes Often No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain Q16Bh For the problems you had, did you seek help? Back pain	0	8635	91.4
Q16Ag Have you had any of the following problems in the last 12 months? Stiff or painful joints No Rarely Sometimes Often N Missing Q16Bg For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain Q16Bh For the problems you had, did you seek help? Back pain	1	817	8.6
painful joints Rarely Sometimes Often N Missing Q16Bg For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain Rarely Sometimes Often No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain Q16Bh For the problems you had, did you seek help? Back pain		944	
Rarely Sometimes Often N Missing Q16Bg For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain Q16Bh For the problems you had, did you seek help? Back pain			
Sometimes Often N Missing Q16Bg For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no	0	4751	50.3
Often N Missing Q16Bg For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no	1	380	4.0
Q16Bg For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no	2	2246	23.8
Q16Bg For the problems you had, did you seek help? Stiff or painful joints no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no	3	2065	21.9
no yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no		956	
yes N Missing Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no			
Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no	0	7241	76.6
Q16Ah Have you had any of the following problems in the last 12 months? Back pain No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no	1	2209	23.4
No Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no		945	
Rarely Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no			
Sometimes Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no	0	4958	52.5
Often N Missing Q16Bh For the problems you had, did you seek help? Back pain no	1	490	5.2
N Missing Q16Bh For the problems you had, did you seek help? Back pain no	2	2235	23.7
Q16Bh For the problems you had, did you seek help? Back pain no	3	1757	18.6
no		956	
Voc	0	7376	78.0
yes	1	2075	22.0
N Missing		946	

Item Description	Categories	Values	Number	%
Q16Ai Have you had any of the following problems in the last 12 months? Pro	oblems			
with one or both feet	No	0	6605	69.9
	Rarely	1	312	3.3
	Sometimes	2	1326	14.0
	Often	3	1202	12.7
	N Missing		948	
Q16Bi For the problems you had, did you seek help? Problems with one or be	oth feet			
	no	0	8084	85.6
	yes	1	1365	14.4
	N Missing		944	
Q16Aj Have you had any of the following problems in the last 12 months? Uri	ine that			
ourns or stings	No	0	8371	88.6
	Rarely	1	375	4.0
	Sometimes	2	545	5.8
	Often	3	159	1.7
	N Missing		945	
216Bj For the problems you had, did you seek help? Urine that burns or sting	gs			
	no	0	8896	94.1
	yes	1	554	5.9
	N Missing		945	
Q16Ak Have you had any of the following problems in the last 12 months? Pa	assing			
urine more than twice during the night	No	0	6138	65.0
	Rarely	1	553	5.9
	Sometimes	2	1415	15.0
	Often	3	1342	14.2
	N Missing		947	
Q16Bk For the problems you had, did you seek help? Passing urine more that	an twice			
during the night	no	0	8860	93.8
	yes	1	589	6.2
	N Missing		945	
Q16Al Have you had any of the following problems in the last 12 months? Ne	eeding			
o rush to the toilet to pass urine	No	0	6722	71.2
	Rarely	1	456	4.8
	Sometimes	2	1374	14.5
	Often	3	896	9.5
	N Missing		947	

Item Description	Categories	Values	Number	%
Q16Bl For the problems you had, did you seek help? Needing to rush to the toile	t to			
pass urine	no	0	8962	94.9
	yes	1	487	5.1
	N Missing		946	
Q16Am Have you had any of the following problems in the last 12 months? Leak	ing			
urine	No	0	7619	80.6
	Rarely	1	498	5.3
	Sometimes	2	863	9.1
	Often	3	467	4.9
	N Missing		946	
Q16Bm For the problems you had, did you seek help? Leaking urine				
	no	0	9060	95.9
	yes	1	389	4.1
	N Missing		945	
Q16An Have you had any of the following problems in the last 12 months?				
Constipation	No	0	7180	76.0
	Rarely	1	524	5.5
	Sometimes	2	1127	11.9
	Often	3	620	6.6
	N Missing		944	
Q16Bn For the problems you had, did you seek help? Constipation				
	no	0	8932	94.5
	yes	1	520	5.5
	N Missing		943	
Q16Ao Have you had any of the following problems in the last 12 months?				
Haemorrhoids (piles)	No	0	8149	86.2
	Rarely	1	381	4.0
	Sometimes	2	679	7.2
	Often	3	241	2.5
	N Missing		945	
Q16Bo For the problems you had, did you seek help? Haemorrhoids (piles)				
	no	0	9190	97.3
	yes	1	259	2.7
	N Missing		945	

Item Description	Categories	Values	Number	%
Q16Ap Have you had any of the following problems in the last 12 months? Oth	er			
bowel problems	No	0	8489	89.9
	Rarely	1	213	2.3
	Sometimes	2	436	4.6
	Often	3	309	3.3
	N Missing		948	
Q16Bp For the problems you had, did you seek help? Other bowel problems				
	no	0	8960	94.8
	yes	1	488	5.2
	N Missing		947	
Q16Aq Have you had any of the following problems in the last 12 months? Vag	ginal			
discharge or irritation	No	0	8809	93.2
	Rarely	1	273	2.9
	Sometimes	2	273	2.9
	Often	3	96	1.0
	N Missing		945	
Q16Bq For the problems you had, did you seek help? Vaginal discharge or irrit	ation			
	no	0	9207	97.4
	yes	1	244	2.6
	N Missing		944	
Q16Ar Have you had any of the following problems in the last 12 months? Poo	r			
memory	No	0	6536	69.1
	Rarely	1	610	6.5
	Sometimes	2	1786	18.9
	Often	3	520	5.5
	N Missing		943	
Q16Br For the problems you had, did you seek help? Poor memory				
	no	0	9235	97.7
	yes	1	218	2.3
	N Missing		943	
Q16As Have you had any of the following problems in the last 12 months?				
Clumsiness	No	0	8375	88.6
	Rarely	1	348	3.7
	Sometimes	2	609	6.4
	Often	3	119	1.3
	N Missing		944	

Item Description	Categories	Values	Number	%
Q16Bs For the problems you had, did you seek help? Clumsiness				
	no	0	9382	99.3
	yes	1	69	0.7
	N Missing		944	
Q16At Have you had any of the following problems in the last 12 months? Dizziness, loss of balance				
loss of balance	No	0	7266	76.9
	Rarely	1	704	7.4
	Sometimes	2	1129	12.0
	Often	3	349	3.7
	N Missing		946	
Q16Bt For the problems you had, did you seek help? Dizziness, loss of balance				
	no	0	8506	90.0
	yes	1	943	10.0
	N Missing		946	
Q16Au Have you had any of the following problems in the last 12 months?				
Anxiety/panic attacks	No	0	8520	90.2
	Rarely	1	341	3.6
	Sometimes	2	449	4.8
	Often	3	139	1.5
	N Missing		945	
Q16Bu For the problems you had, did you seek help? Anxiety/panic attacks				
	no	0	9167	97.0
	yes	1	284	3.0
	N Missing		943	
Q16Av Have you had any of the following problems in the last 12 months? Skin				
problems	No	0	7576	80.2
	Rarely	1	476	5.0
	Sometimes	2	866	9.2
	Often	3	533	5.6
	N Missing		944	
Q16Bv For the problems you had, did you seek help? Skin problems				
	no	0	8303	87.8
	yes	1	1150	12.2
	N Missing		943	
Q16w None of these problems	-			
	no	0	8888	94.0
	yes	1	563	6.0
	N Missing		943	
21	- 3		- · -	

Item Description	Categories	Values	Number	%
Q17a Do you have: Difficulty seeing newspaper print, even with glasses?				
	no	0	7700	84.9
	yes	1	1365	15.1
	N Missing		1358	
Q17b Do you have: Difficulty recognising people across the road, even with gla	asses?			
	no	0	7976	88.0
	yes	1	1089	12.0
	N Missing		1358	
Q17c Do you have: Difficulty in hearing a conversation, even with a hearing aid	d?			
	no	0	8064	89.0
	yes	1	1001	11.0
	N Missing		1358	
Q17d Do you have: Difficulty speaking?				
	no	0	8936	98.6
	yes	1	128	1.4
	N Missing		1358	
Q17e Do you have: None of the above				
	no	0	2570	28.4
	yes	1	6495	71.6
	N Missing		1358	
Q18a Do you have any of these sleeping problems? Waking up in the early ho	ours of			
the morning	no	0	5820	57.3
	yes	1	4334	42.7
	N Missing		226	
Q18b Do you have any of these sleeping problems? Lying awake for most of t	he			
night	no	0	9043	89.1
	yes	1	1110	10.9
	N Missing		226	
Q18c Do you have any of these sleeping problems? Taking a long time to get	_			
sleep	no	0	7530	74.2
	yes	1	2623	25.8
	N Missing		226	
Q18d Do you have any of these sleeping problems? Worry keeping you awake	_			
night	no	0	8977	88.4
	yes	1	1176	11.6
	N Missing		226	

Item Description	Categories	Values	Number	%
Q18e Do you have any of these sleeping problems? Sleeping badly at night				
	no	0	7963	78.4
	yes	1	2191	21.6
	N Missing		226	
Q18f Do you have any of these sleeping problems? None of these problems				
	no	0	6622	65.2
	yes	1	3531	34.8
	N Missing		226	
Q19a Below is a list of the ways you might have felt or behaved. Please indicate				
now often you have felt this way during the last week? I was bothered by things that don't usually bother me	None of time	0	3985	73.2
	Rarely	1	892	16.4
	Sometimes	2	477	8.8
	Most of time	3	90	1.7
	N Missing		4991	
Q19b Below is a list of the ways you might have felt or behaved. Please indicate				
now often you have felt this way during the last week? I had trouble keeping my mind on what I was doing	None of time	0	3686	69.2
· ·	Rarely	1	853	16.0
	Sometimes	2	659	12.4
	Most of time	3	131	2.5
	N Missing		5081	
Q19c Below is a list of the ways you might have felt or behaved. Please indicate				
now often you have felt this way during the last week? I felt depressed	None of time	0	3615	65.0
	Rarely	1	1083	19.5
	Sometimes	2	706	12.7
	Most of time	3	154	2.8
	N Missing		4914	
Q19d Below is a list of the ways you might have felt or behaved. Please indicate				
now often you have felt this way during the last week? I felt that everything I did was an effort	None of time	0	3164	55.0
	Rarely	1	1165	20.2
	Sometimes	2	1015	17.7
	Most of time	3	408	7.1
	N Missing		4704	
Q19e Below is a list of the ways you might have felt or behaved. Please indicate				
now often you have felt this way during the last week? I felt hopeful about the future	None of time	0	1234	22.6
	Rarely	1	415	7.6
	Sometimes	2	955	17.5
	Most of time	3	2867	52.4

Item Description	Categories	Values	Number	%
Q19f Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt fearful	N			
often you have left this way during the last week! Their learning	None of time	0	3790	75.7
	Rarely	1	651	13.0
	Sometimes	2	462	9.2
	Most of time	3	104	2.1
	N Missing		5435	
Q19g Below is a list of the ways you might have felt or behaved. Please indicate				
how often you have felt this way during the last week? My sleep was restless	None of time	0	2383	39.8
	Rarely	1	1357	22.7
	Sometimes	2	1530	25.6
	Most of time	3	718	12.0
	N Missing		4470	
Q19h Below is a list of the ways you might have felt or behaved. Please indicate				
how often you have felt this way during the last week? I was happy	None of time	0	584	9.1
	Rarely	1	236	3.7
	Sometimes	2	849	13.3
	Most of time	3	4722	73.9
	N Missing		4011	
Q19i Below is a list of the ways you might have felt or behaved. Please indicate how	v			
often you have felt this way during the last week? I felt lonely	None of time	0	3369	60.6
	Rarely	1	1008	18.1
	Sometimes	2	923	16.6
	Most of time	3	262	4.7
	N Missing		4896	
Q19j Below is a list of the ways you might have felt or behaved. Please indicate how	v			
often you have felt this way during the last week? I could not "get going"	None of time	0	2883	50.1
	Rarely	1	1447	25.2
	Sometimes	2	1112	19.3
	Most of time	3	310	5.4
	N Missing		4676	
Q20a How many times did you do each type of activity last week? Only count the	-			
number of times when the activity lasted for 10 minutes or more. Walking briskly (for recreation or exercise, or to get from place to place)	Mean		3.05	
recreation or exercise, or to get nom place to place;	Std Error		0.05	
	N		9344	
	N Missing		1090	

Item Description	Categories	Values Number %
Q20b How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming,	Mean	0.80
dancing)	Std Error	0.02
	N	9330
	N Missing	1104
Q20c How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Vigorous leisure	Mean	0.27
activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming)	Std Error	0.02
	N	9314
	N Missing	1120
Q20d How many times did you do each type of activity last week? Only count the	g	0
number of times when the activity lasted for 10 minutes or more. Vigorous household or garden chores that make you breathe harder or puff and pant	Mean	2.28
	Std Error	0.05
	N	9321
	N Missing	1113
Q21ah If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Walking briskly (for recreation or exercise, or to get from place to place)	Mean	2.01
recreation or exercise, or to get from place to place)	Std Error	0.05
	N	9193
	N Missing	1241
Q21am If you add up all the times you spent in each activity last week, how much	· ·	
time did you spend altogether doing each type of activity? Walking briskly (for recreation or exercise, or to get from place to place)	Mean	7.66
	Std Error	0.15
	N	9193
	N Missing	1241
Q21bh If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Moderate leisure activity	Maan	4.05
(like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean	1.25
	Std Error	0.04
	N N. Mississ	9269
	N Missing	1165
Q21bm If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean	1.92
(222.2. talling)	Std Error	0.08
	N	9269
	N Missing	1165
	-	

Item Description	Categories	Values	Number	%
Q21ch If you add up all the times you spent in each activity last week, how much time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport,	Mean		0.18	
vigorous cycling, running, swimming)	Std Error		0.01	
	N		9283	
	N Missing		1151	
Q21cm If you add up all the times you spent in each activity last week, how much	-			
time did you spend altogether doing each type of activity? Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport,	Mean		0.84	
rigorous cycling, running, swimming)	Std Error		0.05	
	N		9283	
	N Missing		1151	
Q21dh If you add up all the times you spent in each activity last week, how much				
time did you spend altogether doing each type of activity? Vigorous household or	Mean		3.13	
rden chores that make you breathe harder or puff and pant	Std Error		0.08	
	N		9205	
	N Missing		1229	
Q21dm If you add up all the times you spent in each activity last week, how much				
me did you spend altogether doing each type of activity? Vigorous household or arden chores that make you breathe harder or puff and pant	Mean		3.56	
gardon onorgo that make you broathe harder or pain and paint	Std Error		0.11	
	N		9205	
	N Missing		1229	
25a Please circle one number on each line to show whether each of the following				
statements is true or false for you: I have an illness or condition that made me change the kind and/or amount of food I eat	True	1	2554	30.2
mange the fand and of amount of food Food	False	2	5891	69.8
	N Missing		1973	
Q25b Please circle one number on each line to show whether each of the following				
statements is true or false for you: I eat at least 3 meals a day	True	1	8665	93.0
	False	2	649	7.0
	N Missing		1082	
Q25c Please circle one number on each line to show whether each of the following				
statements is true or false for you: I eat fruit or vegetables most days	True	1	9152	97.9
	False	2	196	2.1
	N Missing		1041	
Q25d Please circle one number on each line to show whether each of the following				
statements is true or false for you: I eat dairy products most days	True	1	8067	86.9
	False	2	1215	13.1
	N Missing		1132	

Item Description	Categories	Values	Number	%
Q25e Please circle one number on each line to show whether each of the following				
statements is true or false for you: I have 3 or more glasses of beer, wine or spirits almost every day	True	1	698	7.7
	False	2	8419	92.3
	N Missing		1283	
Q25f Please circle one number on each line to show whether each of the following statements is true or false for you: I have 6 to 8 cups of fluids (eg. water, juice, tea or coffee) most days	True	1	8429	90.3
oonoo, moot dayo	False	2	908	9.7
	N Missing		1060	
Q25g Please circle one number on each line to show whether each of the following statements is true or false for you: I have teeth, mouth or swallowing problems which	True	1	602	6.7
make it hard for me to eat	False	2	8397	93.3
	N Missing		1423	
Q25h Please circle one number on each line to show whether each of the following statements is true or false for you: I always have enough money to buy food	·			07.0
	True	1	9118	97.6
	False	2	228	2.4
	N Missing		1048	
Q25i Please circle one number on each line to show whether each of the following statements is true or false for you: I eat alone most of the time	_			
·	True	1	4023	43.5
	False	2	5235	56.5
	N Missing		1143	
Q25j Please circle one number on each line to show whether each of the following statements is true or false for you: I take 3 or more different prescribed or over the counter medicines every day	True	1	4788	51.8
	False	2	4452	48.2
	N Missing		1159	
Q25k Are the following statements true or false for you? Without wanting to, I have				
lost or gained 5 kg in the last 6 months	True	1	1339	14.7
	False	2	7751	85.3
	N Missing		1316	
Q25I Please circle one number on each line to show whether each of the following statements is true or false for you: I am always able to shop, cook and/or feed myself	True	1	8897	94.9
	False	2	474	5.1
	N Missing		1026	
Q25m Please circle one number on each line to show whether each of the following	3		3	
statements is true or false for you: I currently follow a vegetarian diet	True	1	8094	90.1
	False	2	891	9.9
	N Missing		1428	
	S		•	

Item Description	Categories	Values	Number	%
Q26 How often do you usually drink alcohol?				
	Never drink	1	3136	34.5
	Drink rarely	2	2464	27.1
	<once a="" td="" week<=""><td>3</td><td>535</td><td>5.9</td></once>	3	535	5.9
	1-2 days a week	4	706	7.8
	3-4 days a week	5	580	6.4
	5-6 days a week	6	481	5.3
	Every day	7	1192	13.1
	N Missing		1294	
Q27 On a day when you drink alcohol, how many drinks do you usually have?				
	Never drink	0	3808	41.9
	1-2 drinks a day	1	4780	52.6
	3-4 drinks a day	2	477	5.2
	5-8 drinks a day	3	29	0.3
	N Missing		1312	
Q28 How often do you currently smoke cigarettes or any tobacco products? If you				
smoke daily, on average, how many cigarettes do you smoke each day?	Not at all	0	8833	94.7
	Less than weekly	1	15	0.2
	Weekly not daily	2	12	0.1
	Daily, <10	3	147	1.6
	Daily, 10-20	4	227	2.4
	Daily, >20	5	96	1.0
	N Missing		1072	
Q29a How stressed have you felt about the following areas of your life during the				
last 12 months: Own health	Not stressed	2	4516	52.2
	Somewhat stressed	3	2472	28.6
	Moderately stressed	4	1135	13.1
	Very stressed	5	394	4.6
	Extremely stressed	6	136	1.6
	N Missing		1779	
Q29b How stressed have you felt about the following areas of your life during the				
last 12 months: Living arrangements	Not stressed	2	7092	88.5
	Somewhat stressed	3	590	7.4
	Moderately stressed	4	195	2.4
	Very stressed	5	107	1.3
	Extremely stressed	6	34	0.4
	N Missing		2415	

Item Description	Categories	Values	Number	%
Q29c How stressed have you felt about the following areas of your life during the last				
12 months: Money	Not stressed	2	6522	78.1
	Somewhat stressed	3	1219	14.6
	Moderately stressed	4	454	5.4
	Very stressed	5	116	1.4
	Extremely stressed	6	41	0.5
	N Missing		2061	
Q29d Over the last 12 months, how stressed have you felt about the following areas				
of your life: Health of other family members	Not applicable	1	752	8.6
	Not stressed	2	4019	46.2
	Somewhat stressed	3	2412	27.7
	Moderately stressed	4	785	9.0
	Very stressed	5	484	5.6
	Extremely stressed	6	244	2.8
	N Missing		1709	
Q29e Over the last 12 months, how stressed have you felt about the following areas				
of your life: Relationship with partner/spouse	Not applicable	1	3643	43.6
	Not stressed	2	3732	44.7
	Somewhat stressed	3	623	7.5
	Moderately stressed	4	194	2.3
	Very stressed	5	90	1.1
	Extremely stressed	6	70	0.8
	N Missing		2072	
Q29f Over the last 12 months, how stressed have you felt about the following areas				
of your life: Relationship with children	Not applicable	1	1338	15.5
	Not stressed	2	6216	72.1
	Somewhat stressed	3	797	9.2
	Moderately stressed	4	178	2.1
	Very stressed	5	61	0.7
	Extremely stressed	6	36	0.4
	N Missing		1790	

Item Description	Categories	Values	Number	%
Q29g Over the last 12 months, how stressed have you felt about the following area	as			
of your life: Relationship with other family members	Not applicable	1	1150	13.4
	Not stressed	2	6567	76.2
	Somewhat stressed	3	682	7.9
	Moderately stressed	4	139	1.6
	Very stressed	5	50	0.6
	Extremely stressed	6	24	0.3
	N Missing		1800	
Q30 What is your present marital status?				
	Married	1	5153	49.9
	De facto	2	54	0.5
	Widowed	3	4246	41.1
	Separated	4	126	1.2
	Divorced	5	420	4.1
	Never Married	6	330	3.2
	N Missing		41	
Q31a Who lives with you? No one, I live alone				
	no	0	6049	58.7
	yes	1	4254	41.3
	N Missing		63	
Q31b Who lives with you? Spouse or partner (partner/spouse)				
	no	0	5215	50.6
	yes	1	5088	49.4
	N Missing		63	
Q31c Who lives with you? Own children				
	no	0	9501	92.2
	yes	1	802	7.8
	N Missing		63	
Q31d Who lives with you? Other family members				
	no	0	9882	95.9
	yes	1	421	4.1
	N Missing		63	
Q31e Who lives with you? Non-family members				
	no	0	10135	98.4
	yes	1	168	1.6
	N Missing		63	

Item Description	Categories	Values	Number	%
Q32a Do you have pets in your household? No pet				
	no	0	3306	35.3
	yes	1	6060	64.7
	N Missing		1041	
Q32b Do you have any pets in your household? Dog				
	no	0	7452	79.6
	yes	1	1914	20.4
	N Missing		1041	
Q32c Do you have any pets in your household? Cat				
	no	0	8063	86.1
	yes	1	1303	13.9
	N Missing		1041	
Q32d Do you have any pets in your household? Fish				
	no	0	9110	97.3
	yes	1	256	2.7
	N Missing		1041	
Q32e Do you have any pets in your household? Horse				
	no	0	9312	99.4
	yes	1	54	0.6
	N Missing		1041	
Q32f Do you have any pets in your household? Bird				
	no	0	8535	91.1
	yes	1	830	8.9
	N Missing		1041	
Q32g Do you have any pets in your household? Other				
	no	0	9258	98.9
	yes	1	108	1.1
	N Missing		1041	
Q33 Which of the following best describes your housing situation? Do you live in:				
	House	1	6791	71.9
	Flat/unit/apartment	2	1866	19.8
	Mobile/caravan	3	89	0.9
	Retirement Village	4	582	6.2
	Nursing Home	5	18	0.2
	Hostel	6	33	0.4
	Other	7	62	0.7
	N Missing		963	

Item Description	Categories	Values	Number	%
Q34 How long have you lived in your present home?				
	2 years or less	0	823	8.8
	3-9 years	3	1917	20.4
	10-19 years	10	2398	25.5
	20-29 years	20	1263	13.4
	30-39 years	30	1117	11.9
	40-59 years	40	1797	19.1
	60 years or more	60	80	0.8
	N Missing		1006	
Q36a What do you think about the neighbourhood that you live in? How much do				
you agree with the following statements? I would be really sorry if I had to move away from the people in my neighbourhood	Strongly disagree	1	353	3.9
	Disagree	2	403	4.4
	Neutral	3	2696	29.5
	Agree	4	3336	36.5
	Strongly agree	5	2350	25.7
	N Missing		1288	
Q36b What do you think about the neighbourhood that you live in? How much do				
ou agree with the following statements? I have a lot in common with people in my eighbourhood	Strongly disagree	1	266	2.9
	Disagree	2	623	6.9
	Neutral	3	3013	33.2
	Agree	4	3763	41.4
	Strongly agree	5	1423	15.7
	N Missing		1336	
Q36c What do you think about the neighbourhood that you live in? How much do				
you agree with the following statements? I generally trust my neighbours to look out for my property	Strongly disagree	1	243	2.7
	Disagree	2	286	3.1
	Neutral	3	1018	11.1
	Agree	4	5249	57.3
	Strongly agree	5	2367	25.8
	N Missing		1251	
Q36d What do you think about the neighbourhood that you live in? How much do				
ou agree with the following statements? People in my neighbourhood make it a	Strongly disagree	1	4227	48.2
	Disagree	2	3271	37.3
	Neutral	3	861	9.8
	Agree	4	237	2.7
	Strongly agree	5	174	2.0
	N Missing		1660	

Item Description	Categories	Values	Number	%
Q36e What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I am good friends with many people in this neighbourhood	Strongly disagree	1	200	2.2
	Disagree	2	329	3.6
	Neutral	3	1617	17.7
	Agree	4	5111	56.0
	Strongly agree	5	1866	20.5
	N Missing		1287	
Q36f What do you think about the neighbourhood that you live in? How much do				
you agree with the following statements? I like living where I live	Strongly disagree	1	150	1.6
	Disagree	2	135	1.5
	Neutral	3	634	6.8
	Agree	4	4761	51.3
	Strongly agree	5	3593	38.7
	N Missing		1140	
Q36g What do you think about the neighbourhood that you live in? How much do				
you agree with the following statements? I have little to do with people in this neighbourhood	Strongly disagree	1	1643	18.8
	Disagree	2	2963	33.9
	Neutral	3	2055	23.5
	Agree	4	1807	20.7
	Strongly agree	5	277	3.2
	N Missing		1665	
Q36h What do you think about the neighbourhood that you live in? How much do				
you agree with the following statements? My neighbours treat me with respect	Strongly disagree	1	123	1.3
	Disagree	2	53	0.6
	Neutral	3	723	7.8
	Agree	4	6034	65.4
	Strongly agree	5	2289	24.8
	N Missing		1180	
Q36i What do you think about the neighbourhood that you live in? How much do				
you agree with the following statements? Children are safe walking around the neighbourhood during the day	Strongly disagree	1	172	1.9
	Disagree	2	410	4.6
	Neutral	3	1220	13.6
	Agree	4	5682	63.3
	Strongly agree	5	1492	16.6
	N Missing		1423	

Item Description	Categories	Values	Number	%
Q36j What do you think about the neighbourhood that you live in? How much do you agree with the following statements? I get involved with most local issues				
you agree man are rememble greaternesses a german or our man moon recommended	Strongly disagree	1	525	6.0
	Disagree	2	1868	21.3
	Neutral	3	3714	42.3
	Agree	4	2195	25.0
	Strongly agree	5	486	5.5
	N Missing		1608	
Q36k What do you think about the neighbourhood that you live in? How much do				
you agree with the following statements? People in my neighbourhood are very willing to help each other out	Strongly disagree	1	155	1.7
	Disagree	2	340	3.7
	Neutral	3	1999	22.0
	Agree	4	5082	55.9
	Strongly agree	5	1511	16.6
	N Missing		1299	
Q36l What do you think about the neighbourhood that you live in? How much do				
you agree with the following statements? If I no longer lived here, hardly anyone around here would notice	Strongly disagree	1	1239	13.8
around note would notice	Disagree	2	3971	44.2
	Neutral	3	1940	21.6
	Agree	4	1461	16.3
	Strongly agree	5	374	4.2
	N Missing		1454	
Q36m What do you think about the neighbourhood that you live in? How much do				
you agree with the following statements? It is safe to walk around the neighbourhood at night	Strongly disagree	1	1206	13.2
at night	Disagree	2	2486	27.1
	Neutral	3	2360	25.7
	Agree	4	2534	27.6
	Strongly agree	5	586	6.4
	N Missing		1243	
Q37a Which of the following are sources of income for you and your spouse?	Ü			
Government pension or allowance	no	0	1748	18.7
	yes	1	7598	81.3
	N Missing		1044	
Q37b Which of the following are sources of income for you and your spouse?	3			
Superannuation or other private income	no	0	5979	64.0
	· -	9	55.5	
	yes	1	3363	36.0

Item Description	Categories	Values	Number	%
Q37c Which of the following are sources of income for you and your spouse? Own				
business/farm/partnership	no	0	8915	95.4
	yes	1	431	4.6
	N Missing		1044	
Q37d Which of the following are sources of income for you and your spouse? Wage				
or salary	no	0	9266	99.1
	yes	1	80	0.9
	N Missing		1044	
Q38 How do you manage on the income you have available?				
	Impossible	1	54	0.6
	Difficult always	2	466	5.0
	Difficult sometimes	3	1831	19.6
	Not too bad	4	4879	52.1
	Easy	5	2135	22.8
	N Missing		1035	
Q39a Thinking about your current approach to life, please indicate how much you				
think each statement describes you: In uncertain times, I usually expect the best	Strong disagree	0	205	2.3
	Disagree	1	1086	12.4
	Neutral	2	2565	29.3
	Agree	3	4359	49.8
	Strongly agree	4	546	6.2
	N Missing		1645	
Q39b Thinking about your current approach to life, please indicate how much you				
think each statement describes you: If something can go wrong for me, it will	Strong disagree	0	1159	13.2
	Disagree	1	3821	43.6
	Neutral	2	2146	24.5
	Agree	3	1461	16.7
	Strongly agree	4	178	2.0
	N Missing		1625	
Q39c Thinking about your current approach to life, please indicate how much you	-			
think each statement describes you: I'm always optimistic about my future	Strong disagree	0	100	1.1
	Disagree	1	608	6.8
	Neutral	2	1949	21.8
	Agree	3	5296	59.4
	Strongly agree	4	971	10.9
	N Missing		1484	

Item Description	Categories	Values	Number	%
Q39d Thinking about your current approach to life, please indicate how much you think each statement describes you: I hardly ever expect things to go my way				
think each statement describes you. That dry ever expect things to go my way	Strong disagree	0	1213	13.8
	Disagree	1	4069	46.2
	Neutral	2	2178	24.7
	Agree	3	1186	13.5
	Strongly agree	4	157	1.8
	N Missing		1617	
Q39e Thinking about your current approach to life, please indicate how much you				
think each statement describes you: I rarely count on good things happening to me	Strong disagree	0	1185	13.3
	Disagree	1	3523	39.7
	Neutral	2	2398	27.0
	Agree	3	1570	17.7
	Strongly agree	4	204	2.3
	N Missing		1539	
Q39f Thinking about your current approach to life, please indicate how much you				
think each statement describes you: Overall, I expect more good things to happen to me than bad	Strong disagree	0	115	1.2
	Disagree	1	303	3.3
	Neutral	2	1347	14.6
	Agree	3	6149	66.7
	Strongly agree	4	1302	14.1
	N Missing		1200	
Q40 In general, would you say your health is:				
	Excellent	1	517	5.0
	Very good	2	2805	27.2
	Good	3	4167	40.3
	Fair	4	2415	23.4
	Poor	5	428	4.1
	N Missing		39	
Q41 Compared to one year ago, how would you rate your health in general now				
	Much better	1	568	5.5
	Somewhat better	2	754	7.3
	About the same	3	6941	67.2
	Somewhat worse	4	1781	17.3
	Much worse	5	278	2.7
	N Missing		46	

Item Description	Categories	Values	Number	%
Q42a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports	Limited a lot	1	6628	66.8
services each as raining, many really especie, participating in energiate epochs	Limited a little	2	2563	25.9
	Not limited	3	723	7.3
	N Missing		488	
Q42b The following questions are about activities you might do during a typical day.				
Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf	Limited a lot	1	1979	19.5
services, each acting a table, pacining a racean cleaner, serving or playing gen	Limited a little	2	3827	37.6
	Not limited	3	4362	42.9
	N Missing		202	
Q42c The following questions are about activities you might do during a typical day.				
Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries	Limited a lot	1	1642	16.1
anying grocenes	Limited a little	2	4020	39.4
	Not limited	3	4528	44.4
	N Missing		187	
Q42d The following questions are about activities you might do during a typical day.				
Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs	Limited a lot	1	3324	33.1
neveral mights of stairs	Limited a little	2	4079	40.6
	Not limited	3	2647	26.3
	N Missing		331	
Q42e The following questions are about activities you might do during a typical day.	-			
Does your health now limit you in these activities? If so, how much? Climbing one light of stairs	Limited a lot	1	1279	12.7
ight of stalls	Limited a little	2	3114	31.0
	Not limited	3	5640	56.2
	N Missing		353	
Q42f The following questions are about activities you might do during a typical day.				
Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	1	2490	24.5
	Limited a little	2	4489	44.2
	Not limited	3	3167	31.2
	N Missing		228	
Q42g The following questions are about activities you might do during a typical day.	-			
Does your health now limit you in these activities? If so, how much? Walking more han one kilometre	Limited a lot	1	2833	28.1
	Limited a little	2	2983	29.6
	Not limited	3	4272	42.3
	Not limited	3	4212	72.0

Item Description	Categories	Values	Number	%
Q42h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a	Limited a lot	1	1577	15.7
kilometre	Limited a little	2	1995	19.9
	Not limited	3	6444	64.3
	N Missing	J	361	00
Q42i The following questions are about activities you might do during a typical day.				
Does your health now limit you in these activities? If so, how much? Walking 100	Limited a lot	1	725	7.2
metres	Limited a little	2	1594	15.9
	Not limited	3	7713	76.9
	N Missing		339	
Q42j The following questions are about activities you might do during a typical day.	3			
Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	1	230	2.2
diessing yoursell	Limited a little	2	784	7.7
	Not limited	3	9212	90.1
	N Missing		136	
Q43a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular	yes	1	3345	33.0
daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities	no	2	6800	67.0
	N Missing		234	
Q43b During the past four weeks, have you had any of the following problems with	3			
your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you	yes	1	5192	51.5
would like	no	2	4886	48.5
	N Missing		301	
Q43c During the past four weeks, have you had any of the following problems with				
our work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or	yes	1	4277	42.9
other activities	no	2	5695	57.1
	N Missing		401	
Q43d During the past four weeks, have you had any of the following problems with				
our work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work	yes	1	4553	45.2
or other activities (for example it took extra effort)	no	2	5509	54.8
	N Missing		313	
Q44a During the past four weeks, have you had any of the following problems with				
your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on	yes	1	1687	16.8
work or other activities	no	2	8329	83.2
	N Missing		359	

Item Description	Categories	Values	Number	%
Q44b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such	1			
as feeling depressed or anxious)? Accomplished less than you would like	yes	1	2780	27.9
	no	2	7179	72.1
	N Missing		421	
Q44c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as	yes	1	1839	18.5
isual	no	2	8090	81.5
	N Missing		452	
Q45 During the past four weeks, to what extent has your physical health or	3			
emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	1	6662	65.1
organical or groupe.	Slightly	2	1677	16.4
	Moderately	3	897	8.8
	Quite a bit	4	724	7.1
	Extremely	5	279	2.7
	N Missing		130	
Q46 How much bodily pain have you had during the past four weeks?				
	No bodily pain	1	2465	23.9
	Very mild	2	2173	21.1
	Mild	3	1710	16.6
	Moderate	4	2624	25.5
	Severe	5	1100	10.7
	Very severe	6	226	2.2
	N Missing		77	
Q47 During the past four weeks, how much did pain interfere with your normal work				
including both work outside the home and housework)?	Not at all	1	4826	47.0
	A little bit	2	2401	23.4
	Moderately	3	1570	15.3
	Quite a bit	4	1188	11.6
	Extremely	5	292	2.8
	N Missing		101	
Q48a For each question, please give the one answer that comes closest to the way				
ou have been feeling. How much of the time during the past four weeks: Did you eel full of life?	All the time	1	516	5.1
	Most the time	2	2942	29.0
	Good bit of time	3	2174	21.5
	Some of time	4	2477	24.5
	Little of time	5	1240	12.2
	None of time	6	781	7.7

Item Description	Categories	Values	Number	%
Q48b For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person	All the time	1	159	1.6
	Most the time	2	300	3.0
	Good bit of time	3	367	3.6
	Some of time	4	1340	13.2
	Little of time	5	2442	24.1
	None of time	6	5525	54.5
	N Missing		247	
Q48c For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up	All the time	1	77	8.0
	Most the time	2	137	1.4
	Good bit of time	3	214	2.1
	Some of time	4	788	7.8
	Little of time	5	1617	15.9
	None of time	6	7312	72.1
	N Missing		228	
Q48d For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks. Have you felt calm and peaceful	All the time	1	1082	10.7
7	Most the time	2	4406	43.5
	Good bit of time	3	1707	16.9
	Some of time	4	1750	17.3
	Little of time	5	813	8.0
	None of time	6	367	3.6
	N Missing		247	
Q48e For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks. Did you have a lot of energy	All the time	1	407	4.0
	Most the time	2	2347	23.2
	Good bit of time	3	2016	20.0
	Some of time	4	2508	24.8
	Little of time	5	1599	15.8
	None of time	6	1219	12.1
	N Missing		285	

Item Description	Categories	Values	Number	%
Q48f For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks. Have you felt down	All the time	1	94	0.9
	Most the time	2	214	2.2
	Good bit of time	3	364	3.7
	Some of time	4	1788	18.0
	Little of time	5	3258	32.8
	None of time	6	4227	42.5
	N Missing		427	
Q48g For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks. Did you feel worn out	All the time	1	178	1.8
	Most the time	2	448	4.5
	Good bit of time	3	652	6.6
	Some of time	4	2576	25.9
	Little of time	5	3530	35.5
	None of time	6	2558	25.7
	N Missing		418	
Q48h For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks. Have you been a happy person	All the time	1	1989	19.5
,	Most the time	2	5253	51.4
	Good bit of time	3	1452	14.2
	Some of time	4	991	9.7
	Little of time	5	357	3.5
	None of time	6	176	1.7
	N Missing		154	
Q48i For each question, please give the one answer that comes closest to the way				
you have been feeling. How much of the time during the past four weeks. Did you feel tired	All the time	1	387	3.8
	Most the time	2	815	8.0
	Good bit of time	3	1207	11.8
	Some of time	4	4191	41.1
	Little of time	5	2817	27.6
	None of time	6	792	7.8
	N Missing		157	

Item Description	Categories	Values	Number	%
Q49 During the past four weeks, how much of the time have your physical health of emotional problems interfered with your social activities (like visiting with friends,	or			
relatives, etc)?	All the time	1	393	3.8
	Most the time	2	526	5.1
	Some of time	3	1369	13.4
	Little of time	4	1540	15.1
	None of time	5	6382	62.5
	N Missing		172	
Q50a How true or false is each of the following statements for you? I seem to get				
sick a little easier than other people	Definitely true	1	158	1.6
	Mostly true	2	443	4.5
	Don't know	3	1050	10.6
	Mostly false	4	1898	19.2
	Definitely false	5	6326	64.1
	N Missing		508	
Q50b How true or false is each of the following statements for you? I am as health	hy			
as anybody I know	Definitely true	1	2815	28.1
	Mostly true	2	4349	43.4
	Don't know	3	1366	13.6
	Mostly false	4	812	8.1
	Definitely false	5	681	6.8
	N Missing		358	
Q50c How true or false is each of the following statements for you? I expect my				
health to get worse	Definitely true	1	519	5.3
	Mostly true	2	1429	14.5
	Don't know	3	3938	39.9
	Mostly false	4	1459	14.8
	Definitely false	5	2528	25.6
	N Missing		507	
Q50d How true or false is each of the following statements for you? My health is	-			
excellent	Definitely true	1	1528	15.5
	Mostly true	2	5014	50.7
	Don't know	3	647	6.5
	Mostly false	4	1393	14.1
	Definitely false	5	1301	13.2
	N Missing		487	

ALSWH Data book for the second survey of 1921-26 cohort

Item Description	Categories	Values	Number	%
Q51 How many times during the past week did you spend time with someone who does not live with you, that is, you went to see them or they came to visit you or you				
went out together?	None	0	645	6.9
	Once	1	943	10.1
	Twice	2	1539	16.5
	3 times	3	1874	20.1
	4 times	4	1491	16.0
	5 times	5	1001	10.7
	6 times	6	602	6.4
	7+ times	7	1249	13.4
	N Missing		1054	
Q52 How many times did you talk to someone, friends, relatives or others on the telephone in the past week (either they called you, or you called them)?				
teleprione in the past week (either they called you, or you called them)?	None	0	136	1.4
	Once	1	195	2.1
	Twice	2	485	5.2
	3 times	3	1029	11.0
	4 times	4	1357	14.5
	5 times	5	1363	14.5
	6 times	6	1096	11.7
	7+ times	7	3716	39.6
	N Missing		1014	
Q53 About how often did you go to meetings of clubs, religious meetings, or other				
groups that you belong to in the past week?	None	0	3139	33.6
	Once	1	2002	21.4
	Twice	2	1850	19.8
	3 times	3	1226	13.1
	4 times	4	604	6.5
	5 times	5	250	2.7
	6 times	6	93	1.0
	7+ times	7	179	1.9
	N Missing		1051	
Q54 Does it seem that your family and friends (ie people who are important to you)				
understand you?	Hardly ever	1	144	1.5
	Some of time	2	1449	15.5
	Most of time	3	7753	83.0
	N Missing		1054	

Item Description	Categories	Values	Number	%
Q55 Do you feel useful to your family and friends (people important to you)?				
	Hardly ever	1	312	3.3
	Some of time	2	1958	20.9
	Most of time	3	7077	75.7
	N Missing		1047	
Q56 Do you know what is going on with your family and friends?				
	Hardly ever	1	204	2.2
	Some of time	2	2193	23.5
	Most of time	3	6942	74.3
	N Missing		1053	
Q57 When you are talking with your family and friends do you feel you are being]			
listened to?	Hardly ever	1	167	1.8
	Some of time	2	1830	19.5
	Most of time	3	7367	78.7
	N Missing		1029	
Q58 Do you feel you have a definite role (place) in your family and among your				
friends?	Hardly ever	1	254	2.7
	Some of time	2	1454	15.6
	Most of time	3	7628	81.7
	N Missing		1055	
Q59 Can you talk about your deepest problems with at least some of your family	and and			
friends?	Hardly ever	1	689	7.4
	Some of time	2	2233	23.9
	Most of time	3	6436	68.8
	N Missing		1037	
Q60 Other than members of your family how many persons in your local area do	you			
feel you can depend on or feel very close to?	None	1	885	9.4
	1-2 people	2	3874	41.3
	>2 people	3	4631	49.3
	N Missing		997	
Q61 How satisfied are you with the kinds of relationships you have with your fam	nily			
and friends?	Very dissatisfied	1	1339	14.3
	Somewhat dissatisfied	2	579	6.2
	Satisfied	3	7465	79.6
	N Missing		1011	

Item Description	Categories	Values	Number	%
Q62 Do you regularly need help with daily tasks because of long-term illness,				
disability or frailty (eg personal care, getting around, preparing meals etc)?	yes	1	1040	10.3
	no	2	9054	89.7
	N Missing		288	
Q63 When you travel around your town, does someone assist you because of you	ur			
health?	All the time	1	391	4.2
	Most of time	2	204	2.2
	Some of time	3	332	3.5
	Little of time	4	766	8.2
	None of time	5	7686	81.9
	N Missing		1009	
Q64 Are you able to use public transport?				
	No, health	1	653	7.0
	No, other	2	282	3.0
	Yes	3	6546	69.8
	Not applicable	4	1893	20.2
	N Missing		1038	
Q65 Is public transport available when you need it?				
	All of time	1	3851	41.1
	Most of time	2	2175	23.2
	Some of time	3	768	8.2
	Little of time	4	540	5.8
	None of time	5	503	5.4
	Not applicable	6	1529	16.3
	N Missing		1042	
Q66a The following question is about assistance you receive from others: Do peo	pple			
help you to do odd jobs?	Yes	1	5017	54.6
	No	2	1569	17.1
	Don't need help	3	2607	28.4
	N Missing		1199	
Q66b The following question is about assistance you receive from others: Do peo	-			
lend you small things (eg. Sugar, screwdriver, etc.)?	Yes	1	1440	15.7
	No	2	3655	39.8
	Don't need help	3	4090	44.5
	N Missing		1210	

Item Description	Categories	Values	Number	%
Q66c The following question is about assistance you receive from others: Do people	Э			
lend you small amounts of money?	Yes	1	251	2.7
	No	2	4608	50.1
	Don't need help	3	4332	47.1
	N Missing		1212	
Q66d The following question is about assistance you receive from others: Do people	е			
give you information or advice?	Yes	1	5455	59.6
	No	2	1895	20.7
	Don't need help	3	1796	19.6
	N Missing		1267	
Q66e The following question is about assistance you receive from others: Do people	е			
help you if you call upon them to do so unexpectedly?	Yes	1	7740	83.4
	No	2	360	3.9
	Don't need help	3	1186	12.8
	N Missing		1103	
Q66f The following question is about assistance you receive from others: Do people	•			
lend you valuable things?	Yes	1	388	4.2
	No	2	4652	50.4
	Don't need help	3	4200	45.5
	N Missing		1154	
266g The following question is about assistance you receive from others: Do people	е			
nelp you, for example, when you are sick, when you have transport problems or when you need them to accompany you somewhere?	Yes	1	7606	81.1
	No	2	377	4.0
	Don't need help	3	1396	14.9
	N Missing		1011	
Q67a These questions are about getting on with other people: Are you sad or lonely	1			
often?	no	0	8434	89.6
	yes	1	979	10.4
	N Missing		981	
Q67b These questions are about getting on with other people: Do you feel				
uncomfortable with anyone in your family?	no	0	8623	91.6
	yes	1	790	8.4
	N Missing		981	
Q67c These questions are about getting on with other people: Can you take your				
own medication and get around by yourself?	no	0	1539	16.4
	yes	1	7874	83.6
	N Missing		981	

Item Description	Categories	Values	Number	%
Q67d These questions are about getting on with other people: Do you feel that				
nobody wants you around?	no	0	9225	98.0
	yes	1	188	2.0
	N Missing		981	
Q67e These questions are about getting on with other people: Does someone in				
your family make you stay in bed or tell you you're sick when you know you're not?	no	0	9360	99.4
	yes	1	54	0.6
	N Missing		981	
Q67f These questions are about getting on with other people: Has anyone forced				
you to do things you didn't want to do?	no	0	9269	98.5
	yes	1	144	1.5
	N Missing		981	
Q67g These questions are about getting on with other people: Has anyone taken				
things that belong to you without your OK?	no	0	9082	96.5
	yes	1	331	3.5
	N Missing		981	
Q67h These questions are about getting on with other people: Do you trust most o	f			
the people in your family?	no	0	1167	12.4
	yes	1	8246	87.6
	N Missing		981	
Q67i These questions are about getting on with other people:	- -			
Do you have enough privacy at home?	no	0	1161	12.3
	yes	1	8253	87.7
	N Missing		981	
Q67j These questions are about getting on with other people: Has anyone close to	-			
you tried to hurt you or harm you recently?	no	0	9302	98.8
	yes	1	111	1.2
	N Missing		981	
Q67k These questions are about getting on with other people:	3			
Has anyone close to you called you names or put you down or made you feel bad	no	0	9053	96.2
recently?	yes	1	360	3.8
	N Missing	·	981	0.0
Q67I These questions are about getting on with other people: Are you afraid of				
anyone in your family?	no	0	9313	98.9
	yes	1	100	1.1
	,	'	.00	

Item Description	Categories	Values	Number	%
Q67m These questions are about getting on with other people: None of the above				
	no	0	8908	94.6
	yes	1	505	5.4
	N Missing		981	
Q68a Which of the following groups have you sought advice or help from in the last				
six months? Food services (eg. Meals on Wheels)	no	0	8801	97.2
	yes	1	251	2.8
	N Missing		1343	
Q68b Which of the following groups have you sought advice or help from in the last				
six months? Nurses (community or district), Community health services (eg. Rehabilitative services, providing equipment, etc.) or Respite services (in home, day	no	0	8318	91.9
centre, or inpatient)	yes	1	734	8.1
	N Missing		1343	
Q68c Which of the following groups have you sought advice or help from in the last				
six months? Homemaking services (eg. home care service, heavy laundry service)	no	0	8239	91.0
	yes	1	812	9.0
	N Missing		1344	
Q68d Which of the following groups have you sought advice or help from in the last	ŭ			
six months? Home maintenance services (eg. odd jobs, gardening)	no	0	6956	76.8
	yes	1	2096	23.2
	N Missing		1343	
Q68e Which of the following groups have you sought advice or help from in the last	· ·			
six months? Counselling services	no	0	8960	99.0
	yes	1	92	1.0
	N Missing		1343	
Q68f Which of the following groups have you sought advice or help from in the last	Ü			
six months? Ambulance service	no	0	8517	94.1
	yes	1	535	5.9
	N Missing		1343	
Q68g Which of the following groups have you sought advice or help from in the last	9			
six months? Social groups (eg. CWA, Senior Citizen's Centre, friendship groups,	no	0	7840	86.6
craft or exercise groups, church groups)	yes	1	1212	13.4
	N Missing	·	1343	
Q68h Which of the following groups have you sought advice or help from in the last	· ····- 3····3		. 5 . 6	
six months? Support and advisory groups (eg. Arthritis Foundation, Pensioner	no	0	8762	96.8
Advisory service, Older Women's Network)	yes	1	290	3.2
	N Missing		1343	5.2
	in missing		1343	

Item Description	Categories	Values	Number	%
Q68i Which of the following groups have you sought advice or help from in the last				
six months? None of these groups	no	0	3617	40.0
	yes	1	5435	60.0
	N Missing		1343	
Q69 Do you regularly provide (unpaid) care for grandchildren or other people's				
children?	Yes daily	1	213	2.3
	Yes weekly	2	478	5.2
	Yes occasionally	3	3531	38.7
	Never	4	4900	53.7
	N Missing		1270	
Q70a Do you regularly provide care or assistance (eg personal care, transport) to				
any other person because of their long-term illness, disability or frailty? Yes, for someone who lives with me	no	0	8566	91.6
	yes	1	790	8.4
	N Missing		1078	
Q70b Do you regularly provide care or assistance (eg personal care, transport) to				
any other person because of their long-term illness, disability or frailty? Yes, for someone who lives elsewhere	no	0	8160	87.2
	yes	1	1196	12.8
	N Missing		1078	
Q70c Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty? No, I do not				
provide care	no	0	1920	20.5
	yes	1	7435	79.5
	N Missing		1078	
Q71 How many people with a long term illness, disability or frailty do you regularly provide care for?				
provide care for:	No care given	0	7408	82.5
	One person	1	1273	14.2
	Two people	2	196	2.2
	>two people	3	106	1.2
	N Missing		1475	
Q72 How often do you provide this care or assistance?				
	No care given	0	7408	81.8
	Every day	1	609	6.7
	Several times a week	2	280	3.1
	Once a week	3	397	4.4
	Once few weeks	4	262	2.9
	Less often	5	96	1.1
	N Missing		1393	

Item Description	Categories	Values	Number	%
Q73 How much time do you usually spend providing such care or assistance on each occasion?				
each occasion?	No care given	0	7408	82.2
	All day and night	1	275	3.1
	All night	2	3	0.0
	All day	3	134	1.5
	Several hours	4	693	7.7
	About an hour	5	497	5.5
	N Missing		1436	
Q74 Do you do any volunteer work for any community or social organisations? (eg. fundraising, community welfare, church activities, organising groups or classes, etc.)	Not at all	1	4823	54.7
	Every day	2	94	1.1
	Every week	3	1718	19.5
	Every month	4	1445	16.4
	>once a month	5	733	8.3
	N Missing		1574	
Q75a How often do you feel rushed/pressured/too busy?	· ·			
	Every day	1	241	2.6
	Few times week	2	1251	13.7
	About once week	3	1401	15.4
	About once month	4	1787	19.6
	Never	5	4425	48.6
	N Missing		1300	
Q75b How often do you feel you have time on your hands that you don't know what				
to do with?	Every day	1	183	2.0
	Few times week	2	646	7.0
	About once week	3	597	6.5
	About once month	4	681	7.4
	Never	5	7072	77.0
	N Missing		1226	
Q76a Thinking about your childhood, would you say it was traumatic?				
	Not at all	1	6842	74.1
	Somewhat	2	1130	12.2
	Moderately	3	764	8.3
	Very	4	325	3.5
	Extremely	5	174	1.9
	N Missing		1167	

Item Description	Categories	Values	Number	%
Q76b Would you be willing to take part in further surveys relating to childhood				
trauma?	No trauma	0	6842	74.5
	Yes	1	719	7.8
	No	2	1619	17.6
	N Missing		1225	
Q77a Please indicate how much you agree with each statement. I can avoid illne	ss if			
I take care of myself	Strongly disagree	1	240	2.6
	Disagree	2	773	8.4
	Slightly disagree	3	528	5.7
	Slightly agree	4	1797	19.4
	Agree	5	4654	50.3
	Strongly agree	6	1251	13.5
	N Missing		1162	
Q77b Please indicate how much you agree with each statement. Luck plays a big	9			
part in determining how soon I will recover from an illness.	Strongly disagree	1	1720	19.2
	Disagree	2	3882	43.3
	Slightly disagree	3	648	7.2
	Slightly agree	4	1170	13.1
	Agree	5	1237	13.8
	Strongly agree	6	307	3.4
	N Missing		1452	
Q77c Please indicate how much you agree with each statement. I am in control of	of			
my health	Strongly disagree	1	209	2.3
	Disagree	2	802	8.7
	Slightly disagree	3	668	7.3
	Slightly agree	4	2169	23.6
	Agree	5	4391	47.8
	Strongly agree	6	950	10.3
	N Missing		1235	
Q77d Please indicate how much you agree with each statement. My good health	is			
largely a matter of good fortune	Strongly disagree	1	1022	11.4
	Disagree	2	2584	29.0
	Slightly disagree	3	765	8.6
	Slightly agree	4	1569	17.6
	Agree	5	2572	28.8
	Strongly agree	6	413	4.6
	N Missing		1510	

ALSWH Data book for the second survey of 1921-26 cohort

Item Description	Categories	Values	Number	%
Q77e Please indicate how much you agree with each statement. No matter what I				
do, I am likely to get sick	Strongly disagree	1	3014	33.5
	Disagree	2	3863	42.9
	Slightly disagree	3	589	6.5
	Slightly agree	4	586	6.5
	Agree	5	720	8.0
	Strongly agree	6	223	2.5
	N Missing		1424	
Q77f Please indicate how much you agree with each statement. The main thing				
which affects my health is what I do myself	Strongly disagree	1	502	5.6
	Disagree	2	1648	18.5
	Slightly disagree	3	614	6.9
	Slightly agree	4	1607	18.0
	Agree	5	3828	42.9
	Strongly agree	6	727	8.1
	N Missing		1492	
Q77g Please indicate how much you agree with each statement. Setting goals for				
health is realistic	Strongly disagree	1	179	2.1
	Disagree	2	830	9.5
	Slightly disagree	3	462	5.3
	Slightly agree	4	1507	17.3
	Agree	5	4981	57.2
	Strongly agree	6	756	8.7
	N Missing		1719	
Q77h Please indicate how much you agree with each statement. Most things that				
affect my health happen to me by accident	Strongly disagree	1	1016	11.5
	Disagree	2	3486	39.5
	Slightly disagree	3	854	9.7
	Slightly agree	4	1143	13.0
	Agree	5	1961	22.2
	Strongly agree	6	357	4.0
	N Missing		1621	

Item Description	Categories	Values	Number	%
Q77i Please indicate how much you agree with each statement. If I get sick, it is my				
own behaviour that determines how soon I will get well	Strongly disagree	1	383	4.3
	Disagree	2	1162	13.0
	Slightly disagree	3	534	6.0
	Slightly agree	4	1998	22.3
	Agree	5	4119	46.1
	Strongly agree	6	746	8.3
	N Missing		1478	
Q77j Please indicate how much you agree with each statement. I will stay healthy if				
it's meant to be	Strongly disagree	1	487	5.5
	Disagree	2	1443	16.2
	Slightly disagree	3	547	6.1
	Slightly agree	4	1297	14.6
	Agree	5	4349	48.8
	Strongly agree	6	780	8.8
	N Missing		1509	
Q77k Please indicate how much you agree with each statement. No matter what I				
do, if I am going to get sick, I will get sick	Strongly disagree	1	1254	14.1
	Disagree	2	2505	28.3
	Slightly disagree	3	865	9.8
	Slightly agree	4	1240	14.0
	Agree	5	2608	29.4
	Strongly agree	6	389	4.4
	N Missing		1572	
Q77I Please indicate how much you agree with each statement. If I take the right				
actions, I can stay healthy	Strongly disagree	1	141	1.6
	Disagree	2	648	7.2
	Slightly disagree	3	602	6.7
	Slightly agree	4	2333	26.0
	Agree	5	4476	49.8
	Strongly agree	6	781	8.7
	N Missing		1428	

Item Description	Categories	Values	Number	%
Q77m Please indicate how much you agree with each statement. I can be as health as I want to be	ny			
as I want to be	Strongly disagree	1	442	5.0
	Disagree	2	1794	20.4
	Slightly disagree	3	1385	15.7
	Slightly agree	4	2174	24.7
	Agree	5	2503	28.5
	Strongly agree	6	499	5.7
	N Missing		1629	
Q77n Please indicate how much you agree with each statement. I have little				
influence over my health	Strongly disagree	1	838	9.4
	Disagree	2	2867	32.2
	Slightly disagree	3	1333	15.0
	Slightly agree	4	1497	16.8
	Agree	5	2022	22.7
	Strongly agree	6	338	3.8
	N Missing		1510	
Q77o Please indicate how much you agree with each statement. I feel I am				
independent enough to do the things I want to do	Strongly disagree	1	138	1.5
	Disagree	2	352	3.8
	Slightly disagree	3	302	3.3
	Slightly agree	4	919	10.0
	Agree	5	5667	61.4
	Strongly agree	6	1846	20.0
	N Missing		1187	
Q78a Please indicate how often each of these statements apply to you: I can usual	ly			
depend on others	Never	0	275	3.0
	Rarely	1	678	7.3
	Some times	2	2847	30.8
	Often	3	5428	58.8
	N Missing		1167	
Q78b Please indicate how often each of these statements apply to you: I am a very	,			
organised person	Never	0	109	1.2
	Rarely	1	358	3.9
	Some times	2	3239	34.9
	Often	3	5579	60.1
	N Missing		1124	

Item Description	Categories	Values	Number	%
Q78c Please indicate how often each of these statements apply to you: Sometime	es I			
wonder who I really am	Never	0	6380	71.7
	Rarely	1	1328	14.9
	Some times	2	919	10.3
	Often	3	274	3.1
	N Missing		1502	
Q78d Please indicate how often each of these statements apply to you: I have				
experienced some very close friendships	Never	0	229	2.5
	Rarely	1	593	6.4
	Some times	2	2906	31.6
	Often	3	5476	59.5
	N Missing		1192	
Q78e Please indicate how often each of these statements apply to you: My religio	ous			
or spiritual beliefs are stronger now than they have ever been	Never	0	1744	19.4
	Rarely	1	1330	14.8
	Some times	2	2478	27.5
	Often	3	3455	38.4
	N Missing		1370	
Q78f Please indicate how often each of these statements apply to you: When face	ed			
with a problem, I am very good at developing various solutions	Never	0	150	1.6
	Rarely	1	535	5.9
	Some times	2	4779	52.3
	Often	3	3668	40.2
	N Missing		1262	
Q78g Please indicate how often each of these statements apply to you: When fac	ed			
with a task, I like to apply myself fully	Never	0	61	0.7
	Rarely	1	148	1.6
	Some times	2	2229	24.2
	Often	3	6789	73.6
	N Missing		1171	
Q78h Please indicate how often each of these statements apply to you: I derive				
great pleasure in watching a child master a new skill	Never	0	168	1.8
	Rarely	1	445	4.9
	Some times	2	1656	18.2
	Often	3	6819	75.0
	N Missing		1307	

Item Description	Categories	Values	Number	%
Q78i Please indicate how often each of these statements apply to you: Most conflicts between people can be resolved by discussion				
between people can be resolved by discussion	Never	0	50	0.5
	Rarely	1	255	2.8
	Some times	2	4153	45.3
	Often	3	4714	51.4
	N Missing		1235	
Q78j Please indicate how often each of these statements apply to you: I am quite self-sufficient				
Sell-Sullicient	Never	0	88	0.9
	Rarely	1	189	2.0
	Some times	2	2430	26.2
	Often	3	6550	70.8
	N Missing		1141	
Q78k Please indicate how often each of these statements apply to you: In general, I know what I want out of life				
know what I want out of life	Never	0	36	0.4
	Rarely	1	197	2.2
	Some times	2	2241	24.5
	Often	3	6683	73.0
	N Missing		1248	
Q78I Please indicate how often each of these statements apply to you: I often feel				
lonely even when there are others around me	Never	0	3572	39.1
	Rarely	1	2723	29.8
	Some times	2	2218	24.3
	Often	3	620	6.8
	N Missing		1262	
Q78m Please indicate how often each of these statements apply to you: Life has				
been good to me	Never	0	71	8.0
	Rarely	1	187	2.0
	Some times	2	2334	25.1
	Often	3	6699	72.1
	N Missing		1104	
Q78n Please indicate how often each of these statements apply to you: I prefer a job that requires little initiative* *"job" and "work" may refer to paid or unpaid work,	Never	0	1834	21.4
volunteer work, or any other task or chore which occupies your time.	Rarely	1	1567	18.3
	Some times	2	3392	39.5
	Often	3	1790	20.9
		3	1865	20.9
	N Missing		000	

Item Description	Categories	Values	Number	%
Q780 Please indicate how often each of these statements apply to you: I genuinely enjoy work* *"job" and "work" may refer to paid or unpaid work, volunteer work, or				
any other task or chore which occupies your time.	Never	0	214	2.4
	Rarely	1	302	3.4
	Some times	2	2800	31.2
	Often	3	5655	63.0
	N Missing		1415	
Q78p Please indicate how often each of these statements apply to you: Planning for future generations is very important				
ratare generations to very important	Never	0	203	2.3
	Rarely	1	286	3.2
	Some times	2	1842	20.6
	Often	3	6605	73.9
	N Missing		1481	
Age at time survey returned				
	Mean		75.35	
	Std Error		0.01	
	N		10434	
	N Missing		0	
PF - Physical Functioning Subscale				
	Mean		62.82	
	Std Error		0.26	
	N		10298	
	N Missing		136	
RP - Role Physical Scale				
	Mean		56.88	
	Std Error		0.41	
	N		10165	
	N Missing		269	
BP - Bodily Pain Subscale				
	Mean		65.54	
	Std Error		0.27	
	N		10388	
	N Missing		46	
GH - General Health Subscale				
	Mean		66.59	
	Std Error		0.21	
	N		10010	
	N Missing		424	

Item Description	Categories	Values Number %
VT - Vitality Index Scale		
	Mean	58.68
	Std Error	0.21
	N	10301
	N Missing	133
SF - Social Functioning Scale		
	Mean	82.54
	Std Error	0.25
	N	10394
	N Missing	40
RE - Role Emotional Scale		
	Mean	78.82
	Std Error	0.35
	N	10020
	N Missing	414
MH - Mental Health Subscale		
	Mean	78.65
	Std Error	0.16
	N	10253
	N Missing	181
MCSA - Mental health summary score - standardised to the Australian popul	lation for	
relevant age cohort	Mean	52.08
	Std Error	0.09
	N	9560
	N Missing	874
PCSWHA - Physical health summary score - standardised to the WHA popul	ulation	
	Mean	49.58
	Std Error	0.10
	N	9560
	N Missing	874
MCSWHA - Mental health summary score - standardised to the WHA popula	ation	
	Mean	51.35
	Std Error	0.10
	N	9560
	N Missing	874

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Item Description	Categories	Values	Number	%
Smoking status - smokst				
	Never smoked	1	6122	63.6
	Ex smoker	2	3031	31.5
	Smoke <10 day	3	169	1.8
	Smoke 10-19 day	4	218	2.3
	Smoke >=20 day	5	91	0.9
	N Missing		781	
Alcohol status- NHMRC (AlcNHMRC)				
	Low risk drinker	1	3252	35.3
	Non-drinker	2	3136	34.0
	Rarely drinks	3	2464	26.7
	Risky drinker	4	337	3.7
	High risk drinker	5	25	0.3
	N Missing		1189	
CESD 10 score				
	Mean		5.63	
	Std Error		0.07	
	N		4635	
	N Missing		5799	
O2Hrdins1				
	Mean		29.51	
	Std Error		0.07	
	N		8961	
	N Missing		1473	
O2Hrdins2				
	Mean		27.11	
	Std Error		0.06	
	N		8920	
	N Missing		1514	
The 6-item sum is referred to as the Revised Life Orientation Test (LOT-R) score.	, and the second			
Higher scores indicate a more optimistic outlook.	Mean		15.56	
	Std Error		0.04	
	N		8885	
	N Missing		1549	
	- 3			

Item Description	Categories	Values Number %
Mean of Multi-item summed score for perceived stress. From 0 to 4. Higher value	es	
means more stressed.	Mean	0.35
	Std Error	0.00
	N	8637
	N Missing	1797
Proportion of Life events 0 to 1		
	Mean	0.06
	Std Error	0.00
	N	9457
	N Missing	977
ANSI summary score		
	Mean	4.49
	Std Error	0.03
	N	9157
	N Missing	1277
Duke Social Support Index score (10 items)		
	Mean	31.84
	Std Error	0.06
	N	9383
	N Missing	1051
Duke Social Support Index subscore - Social interaction (4 items)		
	Mean	8.96
	Std Error	0.02
	N	9233
	N Missing	1201
Duke Social Support Index subscore - Satisfaction with support (6 items)		
	Mean	19.12
	Std Error	0.02
	N	9114
	N Missing	1320
o2nhsfty		
	Mean	6.76
	Std Error	0.02
	N	8879
	N Missing	1555

Item Description	Categories	Values	Number	%
o2nhstsf				
	Mean		27.43	
	Std Error		0.05	
	N		9182	
	N Missing		1252	
Exercise Status Grouped				
	Nil/sedentary	1	2851	31.6
	Low	2	2746	30.4
	Moderate	3	1513	16.7
	High	4	1927	21.3
	N Missing		1384	
Age group at time of selection - 1st April 1996				
	Older	3	10375	100.0
Type of survey completed (full or short phone). Note: useful variable indicating				
response when merging data sets across waves.	Full survey	1	9480	91.4
	Short phone survey	2	894	8.6
Vhat is your year of birth?				
	Mean		1923.43	
	Std Error		0.01	
	N		10434	
	N Missing		0	
State participant resides in at the completion of each survey				
	NSW	1	3629	35.0
	Vic	2	2671	25.7
	Qld	3	1693	16.3
	SA	4	1066	10.3
	WA	5	889	8.6
	Tas	6	299	2.9
	NT	7	13	0.1
	ACT	8	115	1.1
	N Missing		1	
Accessibility/remoteness Index of Australia ARIA				
	Mean		0.68	
	Std Error		0.01	
	N		10414	
	N Missing		20	

Item Description	Categories	Values	Number	%
ARIA+ Grouped into 5 categories				
	Major cities of Australia	1	6807	65.8
	Inner regional Australia	2	2413	23.3
	Outer regional Australia	3	978	9.4
	Remote Australia	4	125	1.2
	Very Remote Australia	5	29	0.3
	N Missing		20	
PCS_ABS - Physical health summary score - standardised against the entir	re			
Australian adult population	Mean		41.01	
	Std Error		0.12	
	N		9560	
	N Missing		874	
MCS_ABS - Mental health summary score - standardised against the entire				
Australian adult population	Mean		52.82	
	Std Error		0.10	
	N		9560	
	N Missing		874	
PCS_US - Physical health summary score - standardised against the entire	US adult			
population	Mean		41.17	
	Std Error		0.12	
	N		9560	
	N Missing		874	
MCS_US - Mental health summary score - standardised against the entire U	JS adult			
population	Mean		53.96	
	Std Error		0.09	
	N		9560	
	N Missing		874	
BMI classification				
	Underweight, BMI < 18.5	1	330	3.6
	Acceptable weight, 18.5 <= BMI < 25	2	4638	50.2
	Overweight, 25 <= BMI < 30	3	3020	32.7
	Obese, 30 <= BMI	4	1241	13.5
	N Missing		1211	

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Item Description	Categories	Values Number	%
Body Mass Index (BMI)			
	Mean	25.24	
	Std Error	0.05	
	N	9223	
	N Missing	1211	
How much do you weigh without clothes or shoes?			
	Mean	64.99	
	Std Error	0.12	
	N	9719	
	N Missing	715	
How tall are you without shoes?			
	Mean	160.52	
	Std Error	0.07	
	N	9649	
	N Missing	785	
Age at time of survey returned in years			
	Mean	74.91	
	Std Error	0.01	
	N	10434	
	N Missing	0	