

women's  
health  
*a u s t r a l i a*

the australian longitudinal  
study on women's health

data book

*for the second survey of the 1973-78 cohort  
2000 (when they were aged 22-27 years)*

january 2002



**Data book for the second survey of the 1973-1978 cohort (aged 22-27 years)**

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**Notes**

During 2000 and 2001, 9,688 valid surveys were returned by members of the ALSWH 1973-78 birth cohort.

This data book is ordered by the order the questions occurred in the questionnaire. Some derived variables are given in place of the questionnaire items or immediately after them.

The frequencies in this data book have been weighted.

For information on the derived variables refer to the ALSWH website (<http://www.alwsh.org.au/>). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

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**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q1a How many times have you consulted a family doctor or another general practitioner (GP) for your own health in the last 12 months for: Pap tests, contraception, routine pregnancy checks	None	0	2110	22.4
	Once	1	2946	31.3
	Twice	2	1893	20.1
	3 Times	3	1060	11.3
	4 Times	4	562	6.0
	5-6 Times	5	368	3.9
	7-9 Times	6	133	1.4
	10-12 Times	7	104	1.1
	More Than 12 Times	8	243	2.6
	N Missing			262
Q1b How many times have you consulted a family doctor or another general practitioner (GP) for your own health in the last 12 months for: All other reasons	None	0	988	10.7
	Once	1	1475	16.0
	Twice	2	1736	18.8
	3 Times	3	1495	16.2
	4 Times	4	1134	12.3
	5-6 Times	5	1299	14.1
	7-9 Times	6	466	5.0
	10-12 Times	7	279	3.0
	More Than 12 Times	8	368	4.0
	N Missing			500
Q2a How many times have you consulted a specialist doctor for your own health in the last 12 months ? Pap tests, contraception, routine pregnancy checks	None	0	7373	82.5
	Once	1	689	7.7
	Twice	2	337	3.8
	3 Times	3	170	1.9
	4 Times	4	102	1.1
	5-6 Times	5	79	0.9
	7-9 Times	6	70	0.8
	10-12 Times	7	45	0.5
	More Than 12 Times	8	75	0.8
	N Missing			717

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q2b How many times have you consulted a specialist doctor for your own health in the last 12 months ? All other reasons	None	0	6231	68.5
	Once	1	1281	14.1
	Twice	2	615	6.8
	3 Times	3	334	3.7
	4 Times	4	195	2.1
	5-6 Times	5	196	2.2
	7-9 Times	6	75	0.8
	10-12 Times	7	44	0.5
	More Than 12 Times	8	124	1.4
	N Missing			641
Q3a Have you consulted the following people for your own health in the last 12 months? A hospital doctor (eg. in outpatients or casualty)	No	0	7502	78.1
	Yes	1	2100	21.9
	N Missing			92
Q3b Have you consulted the following people for your own health in the last 12 months? An allied health professional (eg optician, dentist, physiotherapist, counsellor etc)	No	0	3964	41.3
	Yes	1	5638	58.7
	N Missing			92
Q3c Have you consulted the following services for your own health in the last 12 months? An 'alternative' health practitioner (eg herbalist, chiropractor, naturopath, acupuncturist etc)	No	0	8016	83.5
	Yes	1	1586	16.5
	N Missing			92
Q3d How many times have you consulted the following people for your own health in the last 12 months? Family Planning service	No	0	9114	94.9
	Yes	1	488	5.1
	N Missing			92
Q3e Have you consulted the following people for your own health in the last 12 months? A sexual health service	No	0	9352	97.4
	Yes	1	250	2.6
	N Missing			92
Q3f Have you consulted the following people for your own health in the last 12 months? None of these people	No	0	7096	73.9
	Yes	1	2506	26.1
	N Missing			92

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q4a Have you been admitted to hospital in the last 12 months for any of these reasons? Normal childbirth	No	0	8811	94.1
	Yes	1	551	5.9
	N Missing		316	
Q4b Have you been admitted to hospital in the last 12 months for any of these reasons? Problems during pregnancy	No	0	9093	97.1
	Yes	1	268	2.9
	N Missing		316	
Q4c Have you been admitted to hospital in the last 12 months for any of these reasons? All other reasons	No	0	8403	89.8
	Yes	1	958	10.2
	N Missing		316	
Q4d Have you been admitted to hospital in the last 12 months for any of these reasons? Not admitted	No	0	1639	17.5
	Yes	1	7723	82.5
	N Missing		316	
Q5a When you go to a General Practitioner: Do you go to the same place	Always	1	4225	44.4
	Most of the time	2	4168	43.8
	Sometimes	3	855	9.0
	Rarely or never	4	270	2.8
	N Missing		158	
Q5b When you go to a General Practitioner: Do you usually see the same doctor	Always	1	2647	27.9
	Most of the time	2	4468	47.1
	Sometimes	3	1613	17.0
	Rarely or never	4	754	8.0
	N Missing		199	
Q6a Here are some questions about your most recent visit to a general practitioner. In terms of your satisfaction, how would you rate each of the following? How long you waited to get an appointment	Excellent	1	2494	26.2
	Very good	2	2676	28.1
	Good	3	2496	26.2
	Fair	4	1398	14.7
	Poor	5	469	4.9
	N Missing		139	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q6b Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The length of time you waited in the waiting room	Excellent	1	900	9.4
	Very good	2	2027	21.2
	Good	3	2791	29.2
	Fair	4	2537	26.6
	Poor	5	1294	13.6
	N Missing			126
Q6c Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The amount of time you spent with the doctor	Excellent	1	1662	17.4
	Very good	2	2850	29.9
	Good	3	3220	33.8
	Fair	4	1445	15.2
	Poor	5	355	3.7
	N Missing			145
Q6d Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The doctor's explanation of your problem and treatment	Excellent	1	2273	23.9
	Very good	2	2914	30.7
	Good	3	2575	27.1
	Fair	4	1290	13.6
	Poor	5	447	4.7
	N Missing			181
Q6e Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The doctor's interest in how you felt about having the tests, treatment or the advice given	Excellent	1	2309	24.2
	Very good	2	2570	27.0
	Good	3	2547	26.7
	Fair	4	1462	15.3
	Poor	5	642	6.7
	N Missing			146
Q6f Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? Your opportunity to ask all the questions you wanted to	Excellent	1	2876	30.1
	Very good	2	2883	30.2
	Good	3	2313	24.2
	Fair	4	1118	11.7
	Poor	5	351	3.7
	N Missing			135

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>	
Q6g Here are some questions about your most recent visit to a general practitioner. In terms of your satisfaction, how would you rate each of the following? The technical skills (thoroughness, carefulness, competence) of the doctor	Excellent	1	2862	30.0	
	Very good	2	3007	31.5	
	Good	3	2332	24.4	
	Fair	4	1065	11.2	
	Poor	5	276	2.9	
	N Missing			134	
Q6h Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The personal manner (courtesy, respect, sensitivity, friendliness) of the doctor	Excellent	1	3545	37.2	
	Very good	2	2803	29.4	
	Good	3	2008	21.1	
	Fair	4	881	9.3	
	Poor	5	285	3.0	
	N Missing			155	
Q6i Here are some questions about your most recent visit to a general practitioner. In terms of your satisfaction, how would you rate each of the following? The cost to you of the visit	No cost to me	0	4506	47.3	
	Excellent	1	469	4.9	
	Very good	2	816	8.6	
	Good	3	1847	19.4	
	Fair	4	1506	15.8	
	Poor	5	385	4.0	
	N Missing			149	
Q6ino GP/no cost to you	0	0	4952	51.8	
	1	1	4605	48.2	
	N Missing			115	
Q6j Here are some questions about your most recent visit to a general practitioner. How would you rate each of the following? The visit overall	Excellent	1	1750	18.4	
	Very good	2	3356	35.2	
	Good	3	3068	32.2	
	Fair	4	1136	11.9	
	Poor	5	218	2.3	
	N Missing			152	



**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q7 In general do you prefer to see a female doctor?	Always	1	1728	18.2
	Certain things	2	4305	45.3
	No	3	1024	10.8
	Don't care	4	2447	25.7
	N Missing		177	
Q8a Thinking about your own health care, how would you rate the following: Access to medical specialists if you need them	Excellent	1	1418	14.9
	Very good	2	2536	26.6
	Good	3	2982	31.3
	Fair	4	1214	12.7
	Poor	5	458	4.8
	Don't know	6	935	9.8
	N Missing		136	
Q8b Thinking about your own health care, how would you rate the following: Access to a hospital if you need it	Excellent	1	2055	21.5
	Very good	2	2737	28.6
	Good	3	2811	29.4
	Fair	4	956	10.0
	Poor	5	261	2.7
	Don't know	6	736	7.7
	N Missing		122	
Q8c Thinking about your own health care, how would you rate the following: Access to after-hours medical care	Excellent	1	1002	10.5
	Very good	2	1741	18.3
	Good	3	2738	28.7
	Fair	4	2041	21.4
	Poor	5	1021	10.7
	Don't know	6	993	10.4
	N Missing		136	
Q8d Thinking about your own health care, how would you rate the following: Access to a GP who bulk bills	Excellent	1	2451	25.8
	Very good	2	2041	21.5
	Good	3	1964	20.6
	Fair	4	1112	11.7
	Poor	5	1240	13.0
	Don't know	6	707	7.4
	N Missing		156	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q8e Thinking about your own health care, how would you rate the following: Access to a female GP	Excellent	1	1864	19.6
	Very good	2	2225	23.3
	Good	3	2435	25.5
	Fair	4	1498	15.7
	Poor	5	821	8.6
	Don't know	6	691	7.2
	N Missing		140	
Q8f Thinking about your own health care, how would you rate the following: Hours when a GP is available	Excellent	1	884	9.3
	Very good	2	2202	23.1
	Good	3	3573	37.5
	Fair	4	2048	21.5
	Poor	5	520	5.5
	Don't know	6	293	3.1
	N Missing		153	
Q8g Thinking about your own health care, how would you rate the following: Number of GPs you have to choose from	Excellent	1	1496	15.7
	Very good	2	2514	26.4
	Good	3	3220	33.8
	Fair	4	1392	14.6
	Poor	5	596	6.3
	Don't know	6	305	3.2
	N Missing		147	
Q8h Thinking about your own health care, how would you rate the following: Ease of seeing the GP of your choice	Excellent	1	1257	13.2
	Very good	2	2082	21.8
	Good	3	2969	31.2
	Fair	4	2057	21.6
	Poor	5	848	8.9
	Don't know	6	315	3.3
	N Missing		146	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q8i Thinking about your own health care, how would you rate the following: Ease of obtaining a Pap test	Excellent	1	2655	27.9
	Very good	2	2640	27.7
	Good	3	2256	23.7
	Fair	4	532	5.6
	Poor	5	171	1.8
	Don't know	6	1267	13.3
	N Missing		160	
Q8j Thinking about your own health care, how would you rate the following: Access to a counselling service if you need it	Excellent	1	948	10.0
	Very good	2	1270	13.4
	Good	3	2043	21.5
	Fair	4	984	10.4
	Poor	5	409	4.3
	Don't know	6	3849	40.5
	N Missing		175	
Q8k Thinking about your own health care, how would you rate the following: Access to a Women's Health Centre or a Family Planning Centre	Excellent	1	937	9.8
	Very good	2	1230	12.9
	Good	3	1954	20.5
	Fair	4	924	9.7
	Poor	5	494	5.2
	Don't know	6	3999	41.9
	N Missing		141	
Q9 Do you have a Health Care Card ? This is a card that entitles you to discounts and assistance with medical expenses. This is not the same as a Medicare card.	Yes	1	1911	20.7
	No	2	7333	79.3
	N Missing		443	
Q10 Do you have private health insurance for hospital cover? If not, mark the main reason why.	Yes	1	3119	32.7
	Can't afford	2	2778	29.1
	No value	3	1445	15.2
	Don't need it	4	1236	13.0
	Other reason	5	955	10.0
	N Missing		160	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q11 Do you have private health insurance for ancillary services (eg dental, physiotherapy)? If not, mark the main reason why.	Yes	1	3289	34.5
	Can't afford	2	2763	29.0
	No value	3	1252	13.1
	Don't need it	4	1153	12.1
	No services	5	35	0.4
	Other reason	6	1038	10.9
	N Missing		155	
Q12Aa Have you ever been told by a doctor that you have: Gestational diabetes (during pregnancy) Yes, in the last 4 years	No	0	9523	99.4
	Yes	1	62	0.6
	N Missing		103	
Q12Ab Have you ever been told by a doctor that you have: Insulin dependent (Type I) diabetes Yes, in the last 4 years	No	0	9577	99.9
	Yes	1	9	0.1
	N Missing		103	
Q12Ac Have you ever been told by a doctor that you have: Non-insulin dependent (Type II) diabetes Yes, in the last 4 years	No	0	9565	99.8
	Yes	1	21	0.2
	N Missing		103	
Q12Ad Have you ever been told by a doctor that you have: Heart disease Yes, in the last 4 years	No	0	9575	99.9
	Yes	1	11	0.1
	N Missing		103	
Q12Ae Have you ever been told by a doctor that you have: Hypertension (high blood pressure) during pregnancy Yes, in the last 4 years	No	0	9296	97.0
	Yes	1	290	3.0
	N Missing		103	
Q12Af Have you ever been told by a doctor that you have: Hypertension (high blood pressure) other than during pregnancy Yes, in the last 4 years	No	0	9343	97.5
	Yes	1	243	2.5
	N Missing		103	
Q12Ag Have you ever been told by a doctor that you have: Low iron (iron deficiency or anaemia) Yes, in the last 4 years	No	0	7739	80.7
	Yes	1	1847	19.3
	N Missing		103	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q12Ah Have you ever been told by a doctor that you have: Asthma Yes, in the last 4 years	No	0	8518	88.9
	Yes	1	1067	11.1
	N Missing		103	
Q12Ai Have you ever been told by a doctor that you have: Postnatal depression Yes, in the last 4 years	No	0	9398	98.0
	Yes	1	188	2.0
	N Missing		103	
Q12Aj Have you ever been told by a doctor that you have: Depression (not postnatal) Yes, in the last 4 years	No	0	8434	88.0
	Yes	1	1152	12.0
	N Missing		103	
Q12Ak Have you ever been told by a doctor that you have: Anxiety disorder Yes, in the last 4 years	No	0	9097	94.9
	Yes	1	489	5.1
	N Missing		103	
Q12Al Have you ever been told by a doctor that you have: Endometriosis Yes, in the last 4 years	No	0	9296	97.0
	Yes	1	290	3.0
	N Missing		103	
Q12Am Have you ever been told by a doctor that you have: Urinary tract infection Yes, in the last 4 years	No	0	7368	76.9
	Yes	1	2218	23.1
	N Missing		103	
Q12An Have you ever been told by a doctor that you have: Chronic fatigue syndrome Yes, in the last 4 years	No	0	9434	98.4
	Yes	1	152	1.6
	N Missing		103	
Q12Ao Have you ever been told by a doctor that you have: Chlamydia Yes, in the last 4 years	No	0	9450	98.6
	Yes	1	136	1.4
	N Missing		103	
Q12Ap Have you ever been told by a doctor that you have: Genital herpes Yes, in the last 4 years	No	0	9414	98.2
	Yes	1	172	1.8
	N Missing		103	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q12Aq Have you ever been told by a doctor that you have: Genital warts (HPV) Yes, in the last 4 years	No	0	9241	96.4
	Yes	1	345	3.6
	N Missing		103	
Q12Ar Have you ever been told by a doctor that you have: HIV or AIDS Yes, in the last 4 years	No	0	9583	100.0
	Yes	1	2	0.0
	N Missing		103	
Q12As Have you ever been told by a doctor that you have: Hepatitis B or C Yes, in the last 4 years	No	0	9552	99.6
	Yes	1	34	0.4
	N Missing		103	
Q12At Have you ever been told by a doctor that you have: Cancer (Please specify on page 29) Yes, in the last 4 years	No	0	9507	99.2
	Yes	1	79	0.8
	N Missing		103	
Q12Au Have you ever been told by a doctor that you have: Other major illness (Please specify on page 29) Yes, in the last 4 years	No	0	9236	96.3
	Yes	1	350	3.7
	N Missing		103	
Q12Ba Have you ever been told by a doctor that you have: Gestational diabetes (during pregnancy) Yes, more than 4 years ago	No	0	9516	99.3
	Yes	1	70	0.7
	N Missing		103	
Q12Bb Have you ever been told by a doctor that you have: Insulin dependent (Type I) diabetes Yes, more than 4 years ago	No	0	9516	99.3
	Yes	1	70	0.7
	N Missing		103	
Q12Bc Have you ever been told by a doctor that you have: Non-insulin dependent (Type II) diabetes Yes, more than 4 years ago	No	0	9538	99.5
	Yes	1	48	0.5
	N Missing		103	
Q12Bd Have you ever been told by a doctor that you have: Heart disease Yes, more than 4 years ago	No	0	9535	99.5
	Yes	1	50	0.5
	N Missing		103	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q12Be Have you ever been told by a doctor that you have: Hypertension (high blood pressure) during pregnancy Yes, more than 4 years ago	No	0	9508	99.2
	Yes	1	78	0.8
	N Missing		103	
Q12Bf Have you ever been told by a doctor that you have: Hypertension (high blood pressure) other than during pregnancy Yes, more than 4 years ago	No	0	9498	99.1
	Yes	1	88	0.9
	N Missing		103	
Q12Bg Have you ever been told by a doctor that you have: Low iron (iron deficiency or anaemia) Yes, more than 4 years ago	No	0	8750	91.3
	Yes	1	836	8.7
	N Missing		103	
Q12Bh Have you ever been told by a doctor that you have: Asthma Yes, more than 4 years ago	No	0	8315	86.7
	Yes	1	1271	13.3
	N Missing		103	
Q12Bi Have you ever been told by a doctor that you have: Postnatal depression Yes, more than 4 years ago	No	0	9498	99.1
	Yes	1	87	0.9
	N Missing		103	
Q12Bj Have you ever been told by a doctor that you have: Depression (not postnatal) Yes, more than 4 years ago	No	0	9332	97.4
	Yes	1	254	2.6
	N Missing		103	
Q12Bk Have you ever been told by a doctor that you have: Anxiety disorder Yes, more than 4 years ago	No	0	9459	98.7
	Yes	1	127	1.3
	N Missing		103	
Q12Bl Have you ever been told by a doctor that you have: Endometriosis Yes, more than 4 years ago	No	0	9441	98.5
	Yes	1	144	1.5
	N Missing		103	
Q12Bm Have you ever been told by a doctor that you have: Urinary tract infection Yes, more than 4 years ago	No	0	8882	92.7
	Yes	1	703	7.3
	N Missing		103	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q12Bn Have you ever been told by a doctor that you have: Chronic fatigue syndrome Yes, more than 4 years ago	No	0	9426	98.3
	Yes	1	159	1.7
	N Missing		103	
Q12Bo Have you ever been told by a doctor that you have: Chlamydia Yes, more than 4 years ago	No	0	9441	98.5
	Yes	1	145	1.5
	N Missing		103	
Q12Bp Have you ever been told by a doctor that you have: Genital herpes Yes, more than 4 years ago	No	0	9480	98.9
	Yes	1	106	1.1
	N Missing		103	
Q12Bq Have you ever been told by a doctor that you have: Genital warts (HPV) Yes, more than 4 years ago	No	0	9401	98.1
	Yes	1	184	1.9
	N Missing		103	
Q12Br Have you ever been told by a doctor that you have: HIV or AIDS Yes, more than 4 years ago	No	0	9550	99.6
	Yes	1	35	0.4
	N Missing		103	
Q12Bs Have you ever been told by a doctor that you have: Hepatitis B or C Yes, more than 4 years ago	No	0	9539	99.5
	Yes	1	47	0.5
	N Missing		103	
Q12Bt Have you ever been told by a doctor that you have: Cancer (Please specify on page 29) Yes, more than 4 years ago	No	0	9506	99.2
	Yes	1	80	0.8
	N Missing		103	
Q12Bu Have you ever been told by a doctor that you have: Other major illness (Please specify on page 29) Yes, more than 4 years ago	No	0	9421	98.3
	Yes	1	164	1.7
	N Missing		103	
Q12v Have you ever been told by a doctor that you have: None of these conditions	No	0	6634	69.2
	Yes	1	2952	30.8
	N Missing		103	



**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13Aa In the last 12 months, have you had any of the following: Allergies, hayfever, sinusitis	Never	0	3906	40.4
	Rarely	1	1346	13.9
	Sometimes	2	2377	24.6
	Often	3	2045	21.1
	N Missing		17	
Q13Ab In the last 12 months, have you had any of the following: Headaches/migraines	Never	0	2127	22.0
	Rarely	1	1902	19.7
	Sometimes	2	3735	38.6
	Often	3	1909	19.7
	N Missing		17	
Q13Ac In the last 12 months, have you had any of the following: Severe tiredness	Never	0	4244	43.9
	Rarely	1	1238	12.8
	Sometimes	2	2632	27.2
	Often	3	1559	16.1
	N Missing		17	
Q13Ad In the last 12 months, have you had any of the following: Back pain	Never	0	4293	44.4
	Rarely	1	1461	15.1
	Sometimes	2	2618	27.1
	Often	3	1301	13.4
	N Missing		17	
Q13Ae In the last 12 months, have you had any of the following: Urine that burns or stings	Never	0	6897	71.3
	Rarely	1	1748	18.1
	Sometimes	2	857	8.9
	Often	3	171	1.8
	N Missing		17	
Q13Af In the last 12 months, have you had any of the following: Leaking urine	Never	0	8015	82.9
	Rarely	1	1042	10.8
	Sometimes	2	501	5.2
	Often	3	116	1.2
	N Missing		17	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13Ag In the last 12 months, have you had any of the following: Constipation	Never	0	6504	67.2
	Rarely	1	1482	15.3
	Sometimes	2	1250	12.9
	Often	3	437	4.5
	N Missing		17	
Q13Ah In the last 12 months, have you had any of the following: Haemorrhoids (piles)	Never	0	8270	85.5
	Rarely	1	929	9.6
	Sometimes	2	363	3.7
	Often	3	111	1.1
	N Missing		17	
Q13Ai In the last 12 months, have you had any of the following: Other bowel problems	Never	0	8107	83.8
	Rarely	1	798	8.3
	Sometimes	2	437	4.5
	Often	3	332	3.4
	N Missing		17	
Q13Aj In the last 12 months, have you had any of the following: Vaginal discharge or irritation	Never	0	6313	65.3
	Rarely	1	1442	14.9
	Sometimes	2	1480	15.3
	Often	3	438	4.5
	N Missing		17	
Q13Ak In the last 12 months, have you had any of the following: Premenstrual tension	Never	0	5448	56.3
	Rarely	1	866	9.0
	Sometimes	2	2032	21.0
	Often	3	1326	13.7
	N Missing		17	
Q13Al In the last 12 months, have you had any of the following: Irregular periods	Never	0	6932	71.7
	Rarely	1	846	8.7
	Sometimes	2	1038	10.7
	Often	3	857	8.9
	N Missing		17	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13Am In the last 12 months, have you had any of the following: Heavy periods	Never	0	7400	76.5
	Rarely	1	731	7.6
	Sometimes	2	925	9.6
	Often	3	617	6.4
	N Missing		17	
Q13An In the last 12 months, have you had any of the following: Severe period pain	Never	0	6178	63.9
	Rarely	1	1023	10.6
	Sometimes	2	1398	14.5
	Often	3	1073	11.1
	N Missing		17	
Q13Ao In the last 12 months, have you had any of the following: Skin problems	Never	0	6253	64.6
	Rarely	1	1002	10.4
	Sometimes	2	1363	14.1
	Often	3	1055	10.9
	N Missing		17	
Q13Ap In the last 12 months, have you had any of the following: Difficulty sleeping	Never	0	5864	60.6
	Rarely	1	1066	11.0
	Sometimes	2	1780	18.4
	Often	3	964	10.0
	N Missing		17	
Q13Aq In the last 12 months, have you had any of the following: Depression	Never	0	6638	68.6
	Rarely	1	1032	10.7
	Sometimes	2	1356	14.0
	Often	3	648	6.7
	N Missing		17	
Q13Ar In the last 12 months, have you had any of the following: Episodes of intense anxiety (eg panic attacks)	Never	0	7818	80.8
	Rarely	1	995	10.3
	Sometimes	2	623	6.4
	Often	3	236	2.4
	N Missing		17	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13As In the last 12 months, have you had any of the following: Palpitations (feeling that your heart is racing or fluttering in your chest)	Never	0	7437	76.9
	Rarely	1	1099	11.4
	Sometimes	2	899	9.3
	Often	3	239	2.5
	N Missing		17	
Q13Ba For the problems you had, did you seek help? Allergies, hayfever, sinusitis	No	0	7625	78.7
	Yes	1	2062	21.3
Q13Bb For the problems you had, did you seek help? Headaches/migraines	No	0	8090	83.5
	Yes	1	1598	16.5
Q13Bc For the problems you had, did you seek help? Severe tiredness	No	0	8647	89.3
	Yes	1	1041	10.7
Q13Bd For the problems you had, did you seek help? Back pain	No	0	8009	82.7
	Yes	1	1679	17.3
Q13Be For the problems you had, did you seek help? Urine that burns or stings	No	0	8577	88.5
	Yes	1	1111	11.5
Q13Bf For the problems you had, did you seek help? Leaking urine	No	0	9585	98.9
	Yes	1	103	1.1
Q13Bg For the problems you had, did you seek help? Constipation	No	0	9248	95.5
	Yes	1	439	4.5
Q13Bh For the problems you had, did you seek help? Haemorrhoids (piles)	No	0	9427	97.3
	Yes	1	261	2.7
Q13Bi For the problems you had, did you seek help? Other bowel problems	No	0	9190	94.9
	Yes	1	497	5.1
Q13Bj For the problems you had, did you seek help? Vaginal discharge or irritation	No	0	8510	87.8
	Yes	1	1178	12.2

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13Bk For the problems you had, did you seek help? Premenstrual tension	No	0	9360	96.6
	Yes	1	327	3.4
Q13Bl For the problems you had, did you seek help? Irregular periods	No	0	8809	90.9
	Yes	1	878	9.1
Q13Bm For the problems you had, did you seek help? Heavy periods	No	0	9321	96.2
	Yes	1	366	3.8
Q13Bn For the problems you had, did you seek help? Severe period pain	No	0	8990	92.8
	Yes	1	698	7.2
Q13Bo For the problems you had, did you seek help? Skin problems	No	0	8384	86.5
	Yes	1	1304	13.5
Q13Bp For the problems you had, did you seek help? Difficulty sleeping	No	0	9119	94.1
	Yes	1	569	5.9
Q13Bq For the problems you had, did you seek help? Depression	No	0	8720	90.0
	Yes	1	968	10.0
Q13Br For the problems you had, did you seek help? Episodes of intense anxiety (eg panic attacks)	No	0	9195	94.9
	Yes	1	493	5.1
Q13Bs For the problems you had, did you seek help? Palpitations (feeling that your heart is racing or fluttering in your chest)	No	0	9296	96.0
	Yes	1	392	4.0
Q13Ca If you did seek help, please mark if you were NOT satisfied with that help. Allergies, hayfever, sinusitis	Satisfied with help	0	9309	96.1
	Not satisfied with help	1	379	3.9
Q13Cb If you did seek help, please mark if you were NOT satisfied with that help. Headaches/migraines	Satisfied with help	0	9216	95.1
	Not satisfied with help	1	472	4.9
Q13Cc If you did seek help, please mark if you were NOT satisfied with that help. Severe tiredness	Satisfied with help	0	9325	96.3
	Not satisfied with help	1	362	3.7

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13Cd If you did seek help, please mark if you were NOT satisfied with that help. Back pain	Satisfied with help	0	9329	96.3
	Not satisfied with help	1	358	3.7
Q13Ce If you did seek help, please mark if you were NOT satisfied with that help. Urine that burns or stings	Satisfied with help	0	9555	98.6
	Not satisfied with help	1	133	1.4
Q13Cf If you did seek help, please mark if you were NOT satisfied with that help. Leaking urine	Satisfied with help	0	9644	99.6
	Not satisfied with help	1	43	0.4
Q13Cg If you did seek help, please mark if you were NOT satisfied with that help. Constipation	Satisfied with help	0	9558	98.7
	Not satisfied with help	1	129	1.3
Q13Ch If you did seek help, please mark if you were NOT satisfied with that help. Haemorrhoids (piles)	Satisfied with help	0	9637	99.5
	Not satisfied with help	1	50	0.5
Q13Ci If you did seek help, please mark if you were NOT satisfied with that help. Other bowel problems	Satisfied with help	0	9524	98.3
	Not satisfied with help	1	164	1.7
Q13Cj If you did seek help, please mark if you were NOT satisfied with that help. Vaginal discharge or irritation	Satisfied with help	0	9443	97.5
	Not satisfied with help	1	244	2.5
Q13Ck If you did seek help, please mark if you were NOT satisfied with that help. Premenstrual tension	Satisfied with help	0	9583	98.9
	Not satisfied with help	1	104	1.1
Q13Cl If you did seek help, please mark if you were NOT satisfied with that help. Irregular periods	Satisfied with help	0	9469	97.7
	Not satisfied with help	1	218	2.3
Q13Cm If you did seek help, please mark if you were NOT satisfied with that help. Heavy periods	Satisfied with help	0	9580	98.9
	Not satisfied with help	1	108	1.1
Q13Cn If you did seek help, please mark if you were NOT satisfied with that help. Severe period pain	Satisfied with help	0	9493	98.0
	Not satisfied with help	1	195	2.0
Q13Co If you did seek help, please mark if you were NOT satisfied with that help. Skin problems	Satisfied with help	0	9321	96.2
	Not satisfied with help	1	367	3.8

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q13Cp If you did seek help, please mark if you were NOT satisfied with that help. Difficulty sleeping	Satisfied with help	0	9521	98.3
	Not satisfied with help	1	167	1.7
Q13Cq If you did seek help, please mark if you were NOT satisfied with that help. Depression	Satisfied with help	0	9454	97.6
	Not satisfied with help	1	233	2.4
Q13Cr If you did seek help, please mark if you were NOT satisfied with that help. Episodes of intense anxiety (eg panic attacks)	Satisfied with help	0	9558	98.7
	Not satisfied with help	1	130	1.3
Q13Cs If you did seek help, please mark if you were NOT satisfied with that help. Palpitations (feeling that your heart is racing or fluttering in your chest)	Satisfied with help	0	9571	98.8
	Not satisfied with help	1	116	1.2
Q13t In the last 12 months, have you had any of the following: I have had none of these problems in the last 12 months	At least 1 symptom	0	9379	96.9
	None of these symptoms	1	299	3.1
	N Missing		12	
Q14 In general, would you say your health is:	Excellent	1	1268	13.1
	Very good	2	3798	39.3
	Good	3	3451	35.7
	Fair	4	1026	10.6
	Poor	5	125	1.3
	N Missing		22	
Q15 Compared to one year ago, how would you rate your health in general now	Much better	1	1010	10.4
	Somewhat better	2	2098	21.7
	About the same	3	5345	55.2
	Somewhat worse	4	1120	11.6
	Much worse	5	102	1.1
	N Missing		18	
Q16a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports	Limited a lot	1	1138	12.0
	Limited a little	2	3491	36.8
	Not limited	3	4859	51.2
	N Missing		214	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q16b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf	Limited a lot	1	232	2.4
	Limited a little	2	863	9.1
	Not limited	3	8435	88.5
	N Missing		169	
Q16c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries	Limited a lot	1	152	1.6
	Limited a little	2	771	8.1
	Not limited	3	8574	90.3
	N Missing		199	
Q16d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs	Limited a lot	1	332	3.5
	Limited a little	2	2104	22.2
	Not limited	3	7050	74.3
	N Missing		221	
Q16e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	1	131	1.4
	Limited a little	2	426	4.5
	Not limited	3	8929	94.1
	N Missing		218	
Q16f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	1	301	3.2
	Limited a little	2	1187	12.5
	Not limited	3	8024	84.4
	N Missing		184	
Q16g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	1	275	2.9
	Limited a little	2	1103	11.6
	Not limited	3	8102	85.5
	N Missing		212	
Q16h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre	Limited a lot	1	177	1.9
	Limited a little	2	464	4.9
	Not limited	3	8848	93.2
	N Missing		212	



**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q16i The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres	Limited a lot	1	132	1.4
	Limited a little	2	198	2.1
	Not limited	3	9162	96.5
	N Missing		206	
Q16j The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	1	181	1.9
	Limited a little	2	98	1.0
	Not limited	3	9232	97.1
	N Missing		182	
Q17a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities	Yes	1	1521	15.8
	No	2	8115	84.2
	N Missing		57	
Q17b During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like	Yes	1	2681	27.8
	No	2	6947	72.2
	N Missing		64	
Q17c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities	Yes	1	1332	13.8
	No	2	8285	86.2
	N Missing		78	
Q17d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	Yes	1	1735	18.0
	No	2	7883	82.0
	N Missing		79	
Q18a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities	Yes	1	1951	20.2
	No	2	7692	79.8
	N Missing		55	
Q18b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like	Yes	1	3085	32.0
	No	2	6551	68.0
	N Missing		61	
Q18c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual	Yes	1	2455	25.5
	No	2	7179	74.5
	N Missing		66	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q19 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	1	4438	45.9
	Slightly	2	3053	31.6
	Moderately	3	1195	12.4
	Quite a bit	4	752	7.8
	Extremely	5	230	2.4
	N Missing			23
Q20 How much bodily pain have you had during the past four weeks?	No bodily pain	1	2448	25.3
	Very mild	2	3472	35.9
	Mild	3	1934	20.0
	Moderate	4	1346	13.9
	Severe	5	380	3.9
	Very severe	6	81	0.8
	N Missing			30
Q21 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	Not at all	1	5448	56.4
	A little bit	2	3018	31.2
	Moderately	3	760	7.9
	Quite a bit	4	356	3.7
	Extremely	5	86	0.9
	N Missing			24
Q22a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	186	1.9
	Most of the time	2	2890	30.0
	Good Bit of the time	3	2562	26.6
	Some of time	4	2431	25.2
	Little of time	5	1255	13.0
	None of time	6	317	3.3
N Missing			45	
Q22b For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a very nervous person	All the time	1	90	0.9
	Most of the time	2	361	3.7
	Good Bit of the time	3	623	6.5
	Some of time	4	1534	15.9
	Little of time	5	3365	34.9
	None of time	6	3667	38.0
N Missing			47	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q22c For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt so down in the dumps that nothing could cheer you up	All the time	1	56	0.6
	Most of the time	2	287	3.0
	Good Bit of the time	3	647	6.7
	Some of time	4	1327	13.8
	Little of time	5	2797	29.2
	None of time	6	4480	46.7
	N Missing		92	
Q22d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt calm and peaceful	All the time	1	158	1.6
	Most of the time	2	2109	21.9
	Good Bit of the time	3	2264	23.6
	Some of time	4	2825	29.4
	Little of time	5	1777	18.5
	None of time	6	477	5.0
	N Missing		77	
Q22e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you have a lot of energy	All the time	1	153	1.6
	Most of the time	2	2043	21.3
	Good Bit of the time	3	2361	24.6
	Some of time	4	2945	30.7
	Little of time	5	1617	16.9
	None of time	6	466	4.9
	N Missing		97	
Q22f For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you felt down	All the time	1	86	0.9
	Most of the time	2	552	5.8
	Good Bit of the time	3	1046	10.9
	Some of time	4	2550	26.5
	Little of time	5	4165	43.4
	None of time	6	1207	12.6
	N Missing		82	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q22g For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel worn out	All the time	1	275	2.9
	Most of the time	2	1084	11.3
	Good Bit of the time	3	1954	20.4
	Some of time	4	3035	31.7
	Little of time	5	2666	27.9
	None of time	6	547	5.7
	N Missing		132	
Q22h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Have you been a happy person	All the time	1	517	5.4
	Most of the time	2	4006	41.6
	Good Bit of the time	3	2352	24.4
	Some of time	4	1964	20.4
	Little of time	5	698	7.3
	None of time	6	84	0.9
	N Missing		68	
Q22i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks. Did you feel tired	All the time	1	577	6.0
	Most of the time	2	1572	16.3
	Good Bit of the time	3	2205	22.9
	Some of time	4	3166	32.8
	Little of time	5	1961	20.3
	None of time	6	159	1.7
	N Missing		46	
Q23 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?	All the time	1	104	1.1
	Most of the time	2	494	5.1
	Some of the time	3	1654	17.1
	Little of time	4	3068	31.8
	None of time	5	4333	44.9
	N Missing		38	
Q24a How true or false is each of the following statements for you? I seem to get sick a little easier than other people	Definitely true	1	412	4.3
	Mostly true	2	1162	12.1
	Don't know	3	1197	12.4
	Mostly false	4	3040	31.6
	Definitely false	5	3821	39.7
	N Missing		56	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q24b How true or false is each of the following statements for you? I am as healthy as anybody I know	Definitely true	1	2176	22.6
	Mostly true	2	4410	45.8
	Don't know	3	1568	16.3
	Mostly false	4	1101	11.4
	Definitely false	5	366	3.8
	N Missing			66
Q24c How true or false is each of the following statements for you? I expect my health to get worse	Definitely true	1	111	1.2
	Mostly true	2	548	5.7
	Don't know	3	2530	26.3
	Mostly false	4	2283	23.7
	Definitely false	5	4142	43.1
	N Missing			72
Q24d How true or false is each of the following statements for you? My health is excellent	Definitely true	1	1409	14.6
	Mostly true	2	5217	54.2
	Don't know	3	991	10.3
	Mostly false	4	1268	13.2
	Definitely false	5	735	7.6
	N Missing			70
Q26 Do you regularly need help with daily tasks because of a long-term illness or disability (eg help with personal care, getting around, preparing meals etc)?	Yes	1	98	1.0
	No	2	9443	99.0
	N Missing			136

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27a What age were you when you had: Your first menstrual period	not applicable	0	47	0.5
	8	8	14	0.1
	9	9	40	0.4
	10	10	196	2.0
	11	11	1043	10.8
	12	12	2611	27.1
	13	13	2936	30.5
	14	14	1588	16.5
	15	15	739	7.7
	16	16	320	3.3
	17	17	78	0.8
	18	18	16	0.2
	19	19	3	0.0
	20	20	1	0.0
	N Missing		55	
Q27ana What age were you when you had: Your first menstrual period: Not Applicable	0	0	9604	99.5
	1	1	47	0.5
	N Missing		31	
Q27b What age were you when you had: Your first sexual intercourse	Mean		15.81	
	Std Error		0.06	
	N		9599	
	N Missing		89	
Q27bna What age were you when you had: Your first sexual intercourse: Not Applicable	0	0	8676	89.9
	1	1	975	10.1
	N Missing		31	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q27c What age were you when you had: Your first baby	not applicable	0	7946	83.1
	14	14	3	0.0
	15	15	8	0.1
	16	16	22	0.2
	17	17	61	0.6
	18	18	108	1.1
	19	19	158	1.7
	20	20	176	1.8
	21	21	192	2.0
	22	22	240	2.5
	23	23	214	2.2
	24	24	176	1.8
	25	25	165	1.7
	26	26	72	0.8
	27	27	22	0.2
	N Missing		128	
Q27cna What age were you when you had: Your first baby: Not Applicable	0	0	1741	18.0
	1	1	7910	82.0
	N Missing		31	
Q28a How would you rate the help you had in the first 3 months, with your first baby, from the following: Partner	Never had baby	0	7864	83.2
	Excellent	1	595	6.3
	Very good	2	267	2.8
	Good	3	191	2.0
	Fair	4	133	1.4
	Poor	5	186	2.0
	Not available	6	127	1.3
	Not needed	7	88	0.9
	N Missing		245	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q28b How would you rate the help you had in the first 3 months, with your first baby, from the following: Family	Never had baby	0	7864	83.2
	Excellent	1	641	6.8
	Very good	2	385	4.1
	Good	3	243	2.6
	Fair	4	119	1.3
	Poor	5	66	0.7
	Not available	6	53	0.6
	Not needed	7	76	0.8
	N Missing			247
Q28c How would you rate the help you had in the first 3 months, with your first baby, from the following: Friends	Never had baby	0	7864	83.2
	Excellent	1	309	3.3
	Very good	2	329	3.5
	Good	3	387	4.1
	Fair	4	241	2.6
	Poor	5	129	1.4
	Not available	6	71	0.8
	Not needed	7	118	1.2
	N Missing			247
Q28d How would you rate the help you had in the first 3 months, with your first baby, from the following: Health Services	Never had baby	0	7864	83.3
	Excellent	1	299	3.2
	Very good	2	390	4.1
	Good	3	415	4.4
	Fair	4	227	2.4
	Poor	5	89	0.9
	Not available	6	21	0.2
	Not needed	7	139	1.5
	N Missing			253
Q29 In the past 3 months, about how many times have you had a menstrual period?	None	0	863	9.1
	One	1	485	5.1
	Two	2	955	10.0
	Three	3	6820	71.7
	Four	4	276	2.9
	Five or more	5	114	1.2
	N Missing			160



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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q30 Which of these most closely describes your sexual orientation?	Exclusively heterosexual	1	8476	89.0
	Mainly heterosexual	2	634	6.7
	Bisexual	3	77	0.8
	Mainly homosexual	4	32	0.3
	Exclusively homosexual	5	60	0.6
	Don't know	6	100	1.1
	Don't want to answer	7	146	1.5
	N Missing		152	
Q31a How many sexual partners have you had? Male sexual partners	Mean		5.07	
	Std Error		0.11	
	N		8470	
	N Missing		1218	
Q31ana Male sexual partners/Don't want to answer	No	0	8581	89.8
	Yes	1	976	10.2
	N Missing		115	
Q31b How many sexual partners have you had? Female sexual partners	Mean		0.20	
	Std Error		0.01	
	N		6712	
	N Missing		2976	
Q31bna Females sexual partners/Don't want to answer	No	0	9310	97.4
	Yes	1	247	2.6
	N Missing		115	
Q32a Which of the following apply to you now: I don't need to use any contraception (eg pregnant or no sex)	No	0	7430	77.9
	Yes	1	2107	22.1
	N Missing		145	
Q32b Which of the following apply to you now: I choose not to use any contraception (eg want to be pregnant)	No	0	8987	94.2
	Yes	1	550	5.8
	N Missing		145	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q32c Which of the following apply to you now: I use the oral contraceptive pill for contraception	No	0	4727	49.6
	Yes	1	4810	50.4
	N Missing		145	
Q32d Which of the following apply to you now: I use the oral contraceptive pill for other reasons	No	0	7733	81.1
	Yes	1	1804	18.9
	N Missing		145	
Q32e Which of the following apply to you now: I use condoms for contraception	No	0	7050	73.9
	Yes	1	2486	26.1
	N Missing		145	
Q32f Which of the following apply to you now: I use condoms (or other barrier methods) for prevention of infection	No	0	8398	88.1
	Yes	1	1139	11.9
	N Missing		145	
Q32g Which of the following apply to you now: I use another method of contraception	No	0	8863	92.9
	Yes	1	674	7.1
	N Missing		145	
Q33 For how many years in total have you ever taken the oral contraceptive pill?	Never	0	1351	14.0
	One year or less	1	1211	12.6
	Two years	2	891	9.2
	Three years	3	829	8.6
	Four years	4	939	9.7
	Five years	5	976	10.1
	Six years	6	937	9.7
	Seven years	7	891	9.2
	Eight years	8	702	7.3
	Nine years	9	451	4.7
	Ten or more years	10	470	4.9
	N Missing		39	
Q34 Are you currently pregnant?	Currently pregnant	1	419	4.4
	Not currently pregnant	2	9036	94.0
	Don't know	3	153	1.6
	N Missing		81	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q35a How many times have you had each of the following? Live birth (more than 36 weeks)	None	0	6120	80.8
	One	1	912	12.0
	Two	2	438	5.8
	Three	3	90	1.2
	Four	4	10	0.1
	Five or more	5	2	0.0
	N Missing			2131
Q35b How many times have you had each of the following? Live premature birth (36 weeks or less)	None	0	8197	98.3
	One	1	123	1.5
	Two	2	13	0.2
	Three	3	2	0.0
	N Missing			1361
Q35c How many times have you had each of the following? Stillbirth	None	0	8393	99.6
	One	1	33	0.4
	Two	2	1	0.0
	Four	4	1	0.0
	N Missing			1252
Q35d How many times have you had each of the following? Miscarriage	None	0	9064	93.8
	One	1	471	4.9
	Two	2	91	0.9
	Three	3	16	0.2
	Four	4	8	0.1
	Five or more	5	10	0.1
	N Missing			29
Q35e How many times have you had each of the following? Termination (abortion)	None	0	8558	88.6
	One	1	869	9.0
	Two	2	176	1.8
	Three	3	41	0.4
	Four	4	11	0.1
	Five or more	5	5	0.0
	N Missing			29

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q36 When did you have your last Pap test?	Never had Pap test	1	1894	19.7
	Less than 2 years	2	6411	66.8
	2-5 years	3	1205	12.6
	More than 5 years	4	49	0.5
	Not sure	5	41	0.4
	N Missing		82	
	Q37 Have you ever had an abnormal Pap test?	Never had Pap test	0	1894
Yes		1	1848	19.3
No		2	5844	61.0
N Missing			98	
Q38 Have you and your partner (current or previous) ever had problems with infertility (that is, tried unsuccessfully to get pregnant for 12 months or more)?		Never tried	1	7286
	No problem	2	1759	18.8
	Yes, but haven't sought help	3	133	1.4
	Have sought help	4	156	1.7
	N Missing		334	
	Q42 How much would you like to weigh now?	Happy as I am	1	1977
1-5kg more		2	326	3.4
Over 5kg more		3	56	0.6
1-5kg less		4	3652	38.2
6-10kg less		5	2004	21.0
Over 10kg less		6	1536	16.1
N Missing			134	
Q43 How often have you gone on a diet, (that is, limited how much you ate) in order to lose weight during the last year?		Never	1	4739
	1-4 times	2	3488	36.4
	5-10 times	3	428	4.5
	More than 10	4	238	2.5
	Always	5	677	7.1
	N Missing		108	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q44a Excluding pregnancy, in the last four years, how many times have you: Lost 5kg or more on purpose	Never	1	6064	62.8
	1-2 times	2	2895	30.0
	3-4 times	3	497	5.1
	5 or more times	4	198	2.0
	N Missing		33	
	Q44b Excluding pregnancy, in the last four years, how many times have you: Lost 5kg or more for any other reason	Never	1	6449
1-2 times		2	2847	29.5
3-4 times		3	236	2.4
5 or more times		4	109	1.1
N Missing			50	
Q44c Excluding pregnancy, in the last four years, how many times have you: Gained 5kg or more which was previously lost on purpose		Never	1	7127
	1-2 times	2	1996	20.9
	3-4 times	3	326	3.4
	5 or more times	4	122	1.3
	N Missing		119	
	Q45a In the past month, how dissatisfied have you felt about      Your weight	1 Not at all	1	1599
2		2	974	10.2
3 Slightly		3	2313	24.2
4		4	541	5.7
5 Moderately		5	1676	17.5
6		6	718	7.5
7 Markedly		7	1745	18.2
N Missing			116	
Q45b In the past month how dissatisfied have you felt about      Your shape		1 Not at all	1	1033
	2	2	988	10.3
	3 Slightly	3	2540	26.6
	4	4	769	8.0
	5 Moderately	5	1808	18.9
	6	6	812	8.5
	7 Markedly	7	1612	16.9
	N Missing		120	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q46 Have there been times when you felt that you have eaten what other people would regard as an unusually large amount of food given the circumstances?	Yes, in the past month	1	2783	29.3
	Yes, more than a month	2	1201	12.6
	No	3	5523	58.1
	N Missing		178	
Q47 During these times of overeating, did you have a sense of having lost control over your eating, that is, feeling that you couldn't stop once you had started?	Never eaten large amount	0	5448	57.5
	Yes	1	1777	18.7
	No	2	2257	23.8
	N Missing		198	
Q48 During the past month, how often would you have overeaten and experienced loss of control?	Never eaten large amount	0	5448	57.6
	Every day	1	135	1.4
	2-3 times a week	2	486	5.1
	Once a week	3	445	4.7
	Less than once a week	4	901	9.5
	Never lost control	7	2040	21.6
	N Missing		221	
Q49 How long have you been doing this?	Never eaten large amount	0	5448	58.2
	3 months or less	1	365	3.9
	4-6 months	2	169	1.8
	More than 6 months	3	1339	14.3
	Never lost control	7	2040	21.8
	N Missing		319	
Q50Aa In the last 12 months, have you used any of these methods to control your weight or shape? Vigorous exercise	No	0	4841	50.9
	Yes	1	4669	49.1
	N Missing		171	
Q50Ab In the last 12 months, have you used any of these methods to control your weight or shape? Vomited on purpose after eating	No	0	9022	94.9
	Yes	1	488	5.1
	N Missing		171	
Q50Ac In the last 12 months, have you used any of these methods to control your weight or shape? Used laxatives, diuretics or diet pills	No	0	8883	93.4
	Yes	1	627	6.6
	N Missing		171	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q50Ad In the last 12 months, have you used any of these methods to control your weight or shape? Attended commercial weight loss program (eg Weight Watchers, Jenny Craig)	No	0	8582	90.2
	Yes	1	928	9.8
	N Missing		171	
Q50Ae In the last 12 months, have you used any of these methods to control your weight or shape? Meal replacements or slimming products (eg Limmits, Herbalife)	No	0	8998	94.6
	Yes	1	512	5.4
	N Missing		171	
Q50Af In the last 12 months, have you used any of these methods to control your weight or shape? Cut down on size of meals or between meal snacks	No	0	4106	43.2
	Yes	1	5404	56.8
	N Missing		171	
Q50Ag In the last 12 months, have you used any of these methods to control your weight or shape? Cut down on fats and/or sugars	No	0	3773	39.7
	Yes	1	5737	60.3
	N Missing		171	
Q50Ah In the last 12 months, have you used any of these methods to control your weight or shape? Cut out meals (fasted)	No	0	8058	84.7
	Yes	1	1452	15.3
	N Missing		171	
Q50Ai In the last 12 months, have you used any of these methods to control your weight or shape? Smoking	No	0	8611	90.5
	Yes	1	899	9.5
	N Missing		171	
Q50Ba How often in the last month did you use each of these methods to control your weight or shape? Vigorous exercise	Did not do this for weight control	0	4361	46.7
	Every day	1	530	5.7
	2-3 times a week	2	2408	25.8
	Once a week	3	662	7.1
	Less than once a week	4	505	5.4
	Not at all	5	876	9.4
	N Missing		342	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q50Bb How often in the last month did you use each of these methods to control your weight or shape? Vomited on purpose after eating	Did not do this for weight control	0	7602	80.2
	Every day	1	28	0.3
	2-3 times a week	2	82	0.9
	Once a week	3	46	0.5
	Less than once a week	4	200	2.1
	Not at all	5	1515	16.0
	N Missing		209	
Q50Bc How often in the last month did you use each of these methods to control your weight or shape? Used laxatives, diuretics or diet pills	Did not do this for weight control	0	7535	79.7
	Every day	1	130	1.4
	2-3 times a week	2	104	1.1
	Once a week	3	71	0.7
	Less than once a week	4	138	1.5
	Not at all	5	1480	15.6
	N Missing		225	
Q50Bd How often in the last month did you use each of these methods to control your weight or shape? Attended commercial weight loss program (eg Weight Watchers, Jenny Craig)	Did not do this for weight control	0	7273	77.4
	Every day	1	169	1.8
	2-3 times a week	2	38	0.4
	Once a week	3	298	3.2
	Less than once a week	4	61	0.6
	Not at all	5	1558	16.6
	N Missing		298	
Q50Be How often in the last month did you use each of these methods to control your weight or shape? Meal replacements or slimming products (eg Limmits, Herbalife)	Did not do this for weight control	0	7690	81.3
	Every day	1	136	1.4
	2-3 times a week	2	76	0.8
	Once a week	3	46	0.5
	Less than once a week	4	76	0.8
	Not at all	5	1430	15.1
	N Missing		228	



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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q50Bf How often in the last month did you use each of these methods to control your weight or shape? Cut down on size of meals or between meal snacks	Did not do this for weight control	0	3808	41.1
	Every day	1	1861	20.1
	2-3 times a week	2	2052	22.1
	Once a week	3	468	5.0
	Less than once a week	4	490	5.3
	Not at all	5	587	6.3
	N Missing		445	
Q50Bg How often in the last month did you use each of these methods to control your weight or shape? Cut down on fats and/or sugars	Did not do this for weight control	0	3553	38.6
	Every day	1	2523	27.4
	2-3 times a week	2	1825	19.8
	Once a week	3	424	4.6
	Less than once a week	4	385	4.2
	Not at all	5	506	5.5
	N Missing		478	
Q50Bh How often in the last month did you use each of these methods to control your weight or shape? Cut out meals (fasted)	Did not do this for weight control	0	7013	74.4
	Every day	1	228	2.4
	2-3 times a week	2	467	5.0
	Once a week	3	269	2.9
	Less than once a week	4	311	3.3
	Not at all	5	1137	12.1
	N Missing		257	
Q50Bi How often in the last month did you use each of these methods to control your weight or shape? Smoking	Did not do this for weight control	0	7434	78.7
	Every day	1	595	6.3
	2-3 times a week	2	86	0.9
	Once a week	3	32	0.3
	Less than once a week	4	51	0.5
	Not at all	5	1245	13.2
	N Missing		237	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q50j In the last 12 months, have you used any of these methods to control your weight or shape? I have not used any of these methods	No	0	7556	79.5
	Yes	1	1954	20.5
	N Missing		171	
Q51Aa Do you exclude any of the following food groups from your diet? Red meat (beef, lamb, pork)	No	0	7928	87.1
	Yes	1	1179	12.9
	N Missing		575	
Q51Ab Do you exclude any of the following food groups from your diet? Fish	No	0	8370	91.9
	Yes	1	737	8.1
	N Missing		575	
Q51Ac Do you exclude any of the following food groups from your diet? Poultry	No	0	8571	94.1
	Yes	1	536	5.9
	N Missing		575	
Q51Ad Do you exclude any of the following food groups from your diet? Eggs, milk and milk products	No	0	8637	94.8
	Yes	1	470	5.2
	N Missing		575	
Q51Ba If yes, how long have you been excluding this food group? Red meat (beef, lamb, pork)	Did not exclude this food	0	7928	87.5
	Less than 1 year	1	224	2.5
	1-5 years	2	404	4.5
	More than 5 years	3	510	5.6
	N Missing		619	
Q51Bb If yes, how long have you been excluding this food group? Fish	Did not exclude this food	0	8370	92.2
	Less than 1 year	1	66	0.7
	1-5 years	2	110	1.2
	More than 5 years	3	530	5.8
	N Missing		607	
Q51Bc If yes, how long have you been excluding this food group? Poultry	Did not exclude this food	0	8571	94.4
	Less than 1 year	1	81	0.9
	1-5 years	2	177	1.9
	More than 5 years	3	254	2.8
	N Missing		602	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q51Bd If yes, how long have you been excluding this food group? Eggs, milk and milk products	Did not exclude this food	0	8637	95.1
	Less than 1 year	1	193	2.1
	1-5 years	2	137	1.5
	More than 5 years	3	115	1.3
	N Missing		599	
Q51e Do you exclude any of the following food groups from your diet? I do not exclude any of these food groups	No	0	1829	20.1
	Yes	1	7278	79.9
	N Missing		575	
Q52a During the past 4 weeks, how many different types of medication (eg tablets or medicine) have you used which were: Prescription medication for your nerves (eg Valium, Serapax, Ducene etc)	None	0	9245	98.2
	One	1	114	1.2
	Two	2	24	0.3
	Three	3	7	0.1
	Four or more	4	23	0.2
	N Missing		273	
Q52b During the past 4 weeks, how many different types of medication (eg tablets or medicine) have you used which were: Prescription medication to help you sleep (eg Normison, Mogadon etc)	None	0	9155	97.3
	One	1	179	1.9
	Two	2	39	0.4
	Three	3	13	0.1
	Four or more	4	26	0.3
	N Missing		273	
Q52c During the past 4 weeks, how many different types of medication (eg tablets or medicine) have you used which were: Prescription medication for depression (eg Prozac, Aropax etc)	None	0	8986	95.5
	One	1	355	3.8
	Two	2	30	0.3
	Three	3	3	0.0
	Four or more	4	39	0.4
	N Missing		273	
Q52d During the past 4 weeks, how many different types of medication (eg tablets or medicine) have you used which were: Other medication prescribed by a doctor (excluding the oral contraceptive pill)	None	0	7022	74.6
	One	1	1579	16.8
	Two	2	421	4.5
	Three	3	142	1.5
	Four or more	4	249	2.6
	N Missing		273	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q52e During the past 4 weeks, how many different types of medication (eg tablets or medicine) have you used which were: Other medication bought without a prescription at the chemist, supermarket or health food shop	None	0	4599	48.9
	One	1	2303	24.5
	Two	2	1316	14.0
	Three	3	539	5.7
	Four or more	4	656	7.0
	N Missing		273	
	Q52f During the past 4 weeks, how many different types of medication (eg tablets or medicine) have you used which were: None of these medications	No	0	5992
Yes		1	3421	36.3
N Missing			273	
Q53 How often do you currently smoke cigarettes or any tobacco products?	Daily	1	1789	18.5
	Weekly	2	321	3.3
	< weekly	3	609	6.3
	Not at all	4	6939	71.9
	N Missing		29	
Q54a If you smoke daily, on average how many cigarettes do you smoke each day?	Mean		12.79	
	Std Error		0.17	
	N		1871	
	N Missing		7817	
Q54b If you smoke, but not daily, on average how many cigarettes do you smoke per week?	Mean		11.68	
	Std Error		0.52	
	N		330	
	N Missing		9358	
Q55 In your lifetime, would you have smoked at least 100 cigarettes (or equivalent)?	Yes	1	2080	21.6
	No	2	5769	60.0
	Daily smoker	8	1769	18.4
	N Missing		70	
Q56 Have you ever smoked daily?	Yes	1	1609	16.8
	No	2	478	5.0
	Not smoked 100	4	5747	59.8
	Daily smoker	8	1769	18.4
	N Missing		82	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q57 At what age did you finally stop smoking daily?	Mean		21.60	
	Std Error		0.07	
	N		1586	
	N Missing		8102	
Q58 At what age did you start somking daily?	Mean		17.14	
	Std Error		0.05	
	N		3413	
	N Missing		6275	
Q59 How often do you usually drink alcohol?	Never	1	848	8.8
	< once month	2	2656	27.5
	< once week	3	2583	26.7
	1-2 days a week	4	2436	25.2
	3-4 days a week	5	829	8.6
	5-6 days a week	6	215	2.2
	Every day	7	90	0.9
	N Missing		30	
Q60 On a day when you drink alcohol, how many standard drinks do you usually have?	Never drink	0	836	8.7
	1-2 drinks	1	4110	43.0
	3-4 drinks	2	2816	29.4
	5-8 drinks	3	1462	15.3
	9+ drinks	4	340	3.6
	N Missing		129	
Q61 How often do you have five or more standard drinks of alcohol on one occasion?	Never drink	0	836	8.7
	Never	1	1897	19.8
	< once a month	2	3562	37.2
	Once a month	3	1907	19.9
	Once a week	4	1194	12.5
	> once a week	5	179	1.9
	N Missing		117	
Q62 The following question asks about the use of drugs for non-medicinal puposes. We want to know about general patterns of use. Please do not give details of specific instances of use. If you have never used any of these drugs, mark here and go to Q65	No	0	6206	65.3
	Yes	1	3303	34.7
	N Missing		170	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q63a Have you ever: Injected yourself with illegal drugs?	Yes	1	193	2.0
	No	2	9309	97.8
	Don't want to answer	3	15	0.2
	N Missing		166	
Q63b Have you ever: Shared a needle?	Yes	1	51	0.5
	No	2	9387	99.4
	Don't want to answer	3	7	0.1
	N Missing		243	
Q64a Have you ever used any of the drugs listed above in combination with: Alcohol	Yes	1	3398	36.1
	No	2	6011	63.8
	Don't want to answer	3	12	0.1
	N Missing		255	
Q64b Have you ever used any of the drugs listed above in combination with: Marijuana	Yes	1	1718	19.3
	No	2	7175	80.6
	Don't want to answer	3	13	0.1
	N Missing		765	
Q65a How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Walking briskly (for recreation or exercise, or to get from place to place)	Mean		3.94	
	Std Error		0.05	
	N		9565	
	N Missing		123	
Q65b How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing)	Mean		0.89	
	Std Error		0.02	
	N		9570	
	N Missing		118	
Q65c How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Vigorous leisure activity (that makes you breathe harder or puff and pant like aerobics, competitive sport, vigorous cycling, running, swimming)	Mean		1.18	
	Std Error		0.02	
	N		9565	
	N Missing		123	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q65d How many times did you do each type of activity last week? Only count the number of times when the activity lasted for 10 minutes or more. Vigorous household or garden chores that make you breathe harder or puff and pant	Mean		1.66	
	Std Error		0.03	
	N		9564	
	N Missing		124	
Q66Ah How much/brisk walking (hours)	Mean		2.14	
	Std Error		0.04	
	N		9490	
	N Missing		198	
Q66Am How much/brisk walking (mins)	Mean		11.91	
	Std Error		0.16	
	N		9490	
	N Missing		198	
Q66Bh How much/moderate leisure (hours)	Mean		0.82	
	Std Error		0.02	
	N		9523	
	N Missing		165	
Q66Bm How much/moderate leisure (mins)	Mean		4.24	
	Std Error		0.12	
	N		9523	
	N Missing		165	
Q66Ch How much/vigorous leisure (hours)	Mean		1.01	
	Std Error		0.03	
	N		9525	
	N Missing		163	
Q66Cm How much/vigorous leisure (mins)	Mean		5.81	
	Std Error		0.13	
	N		9525	
	N Missing		163	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q66Dh How much/vigorous household/garden (hrs)	Mean		1.84	
	Std Error		0.04	
	N		9503	
	N Missing		185	
Q66Dm How much/vigorous household/garden (mins)	Mean		5.42	
	Std Error		0.12	
	N		9503	
	N Missing		185	
Q67Ah How many hours sit/usual week day (hours)	Mean		6.65	
	Std Error		0.03	
	N		9227	
	N Missing		461	
Q67Am How many hours sit/usual week day (mins)	Mean		3.57	
	Std Error		0.10	
	N		9383	
	N Missing		305	
Q67Bh How many hours sit/usual weekend day (hrs)	Mean		5.53	
	Std Error		0.03	
	N		9144	
	N Missing		544	
Q67Bm How many hours sit/usual weekend day (mins)	Mean		1.84	
	Std Error		0.08	
	N		9313	
	N Missing		375	
Q68a Please indicate how often each of these statements apply to you: I can usually depend on others	Never	1	226	2.4
	Rarely	2	1082	11.3
	Sometimes	3	3842	40.2
	Often	4	4406	46.1
	N Missing		124	



**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q68b Please indicate how often each of these statements apply to you: I am a very organised person	Never	1	65	0.7
	Rarely	2	567	5.9
	Sometimes	3	3819	40.0
	Often	4	5107	53.4
	N Missing		121	
Q68c Please indicate how often each of these statements apply to you: Sometimes I wonder who I really am	Never	1	2049	21.5
	Rarely	2	2895	30.4
	Sometimes	3	3423	35.9
	Often	4	1156	12.1
	N Missing		160	
Q68d Please indicate how often each of these statements apply to you: I have experienced some very close friendships	Never	1	85	0.9
	Rarely	2	900	9.5
	Sometimes	3	3543	37.4
	Often	4	4939	52.2
	N Missing		217	
Q68e Please indicate how often each of these statements apply to you: My religious or spiritual beliefs are stronger now than they have ever been	Never	1	3876	40.8
	Rarely	2	2472	26.0
	Sometimes	3	1870	19.7
	Often	4	1274	13.4
	N Missing		185	
Q68f Please indicate how often each of these statements apply to you: When faced with a problem, I am very good at developing various solutions	Never	1	75	0.8
	Rarely	2	783	8.2
	Sometimes	3	5395	56.5
	Often	4	3291	34.5
	N Missing		141	
Q68g Please indicate how often each of these statements apply to you: When faced with a task, I like to apply myself fully	Never	1	20	0.2
	Rarely	2	271	2.8
	Sometimes	3	3845	40.3
	Often	4	5403	56.6
	N Missing		148	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q68h Please indicate how often each of these statements apply to you: I derive great pleasure in watching a child master a new skill	Never	1	606	6.4
	Rarely	2	1203	12.7
	Sometimes	3	2588	27.4
	Often	4	5060	53.5
	N Missing		232	
Q68i Please indicate how often each of these statements apply to you: Most conflicts between people can be resolved by discussion	Never	1	32	0.3
	Rarely	2	276	2.9
	Sometimes	3	4219	44.2
	Often	4	5019	52.6
	N Missing		136	
Q68j Please indicate how often each of these statements apply to you: I am quite self-sufficient	Never	1	42	0.4
	Rarely	2	300	3.1
	Sometimes	3	3290	34.5
	Often	4	5913	62.0
	N Missing		140	
Q68k Please indicate how often each of these statements apply to you: In general, I know what I want out of life	Never	1	165	1.7
	Rarely	2	1196	12.5
	Sometimes	3	4005	42.0
	Often	4	4180	43.8
	N Missing		142	
Q68l Please indicate how often each of these statements apply to you: I often feel lonely even when there are others around me	Never	1	1612	16.9
	Rarely	2	3282	34.4
	Sometimes	3	3527	37.0
	Often	4	1113	11.7
	N Missing		149	
Q68m Please indicate how often each of these statements apply to you: Life has been good to me	Never	1	85	0.9
	Rarely	2	649	6.8
	Sometimes	3	3722	39.1
	Often	4	5056	53.2
	N Missing		174	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q68n Please indicate how often each of these statements apply to you: I prefer a job that requires little initiative* *"job" and "work" may refer to paid or unpaid work, volunteer work, or any other task or chore which occupies your time.	Never	1	3212	33.8
	Rarely	2	2814	29.6
	Sometimes	3	1924	20.3
	Often	4	1546	16.3
	N Missing		191	
Q68o Please indicate how often each of these statements apply to you: I genuinely enjoy work* *"job" and "work" may refer to paid or unpaid work, volunteer work, or any other task or chore which occupies your time.	Never	1	96	1.0
	Rarely	2	611	6.4
	Sometimes	3	4294	45.1
	Often	4	4521	47.5
	N Missing		161	
Q68p Please indicate how often each of these statements apply to you: Planning for future generations is very important	Never	1	153	1.6
	Rarely	2	681	7.1
	Sometimes	3	2947	30.9
	Often	4	5744	60.3
	N Missing		165	
Q69a Thinking about your current approach to life, please indicate how much you think each statement describes you: In uncertain times, I usually expect the best	Strongly disagree	1	267	2.8
	Disagree	2	1680	17.6
	Neutral	3	3452	36.2
	Agree	4	3463	36.4
	Strongly agree	5	665	7.0
	N Missing		160	
Q69b Thinking about your current approach to life, please indicate how much you think each statement describes you: If something can go wrong for me, it will	Strongly disagree	1	941	9.9
	Disagree	2	3699	38.8
	Neutral	3	2675	28.0
	Agree	4	1907	20.0
	Strongly agree	5	317	3.3
	N Missing		147	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q69c Thinking about your current approach to life, please indicate how much you think each statement describes you: I'm always optimistic about my future	Strongly disagree	1	95	1.0
	Disagree	2	1165	12.2
	Neutral	3	2464	25.9
	Agree	4	4628	48.6
	Strongly agree	5	1168	12.3
	N Missing			173
Q69d Thinking about your current approach to life, please indicate how much you think each statement describes you: I hardly ever expect things to go my way	Strongly disagree	1	1221	12.8
	Disagree	2	4364	45.9
	Neutral	3	2379	25.0
	Agree	4	1392	14.6
	Strongly agree	5	157	1.6
	N Missing			174
Q69e Thinking about your current approach to life, please indicate how much you think each statement describes you: I rarely count on good things happening to me	Strongly disagree	1	1447	15.2
	Disagree	2	4046	42.6
	Neutral	3	2182	23.0
	Agree	4	1606	16.9
	Strongly agree	5	223	2.3
	N Missing			179
Q69f Thinking about your current approach to life, please indicate how much you think each statement describes you: Overall, I expect more good things to happen to me than bad	Strongly disagree	1	134	1.4
	Disagree	2	742	7.8
	Neutral	3	1895	19.9
	Agree	4	4898	51.4
	Strongly agree	5	1866	19.6
	N Missing			148
Q70Aa Which of the following events have you experienced? In the last 12 months Major personal illness	No	0	8889	92.9
	Yes	1	683	7.1
	N Missing			108
Q70Ab Which of the following events have you experienced? In the last 12 months Major personal injury	No	0	9200	96.1
	Yes	1	372	3.9
	N Missing			108

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70Ac Which of the following events have you experienced? In the last 12 months Major surgery (not including dental work)	No	0	9138	95.5
	Yes	1	435	4.5
	N Missing		108	
Q70Ad Have you experienced any of the following events? Yes, in the last 12 months Birth of your first child	No	0	9209	96.2
	Yes	1	364	3.8
	N Missing		108	
Q70Ae Have you experienced any of the following events? Yes, in the last 12 months Birth of second or later child	No	0	9339	97.6
	Yes	1	234	2.4
	N Missing		108	
Q70Af Have you experienced any of the following events? Yes, in the last 12 months Having a child with a disability or serious illness	No	0	9526	99.5
	Yes	1	47	0.5
	N Missing		108	
Q70Ag Which of the following events have you experienced? In the last 12 months Starting a new, close personal relationship	No	0	7454	77.9
	Yes	1	2118	22.1
	N Missing		108	
Q70Ah Have you experienced any of the following events? Yes, in the last 12 months Getting married (or starting to live with someone)	No	0	8034	83.9
	Yes	1	1539	16.1
	N Missing		108	
Q70Ai Have you experienced any of the following events? Yes, in the last 12 months Problem or break-up in a close personal relationship	No	0	7222	75.4
	Yes	1	2350	24.6
	N Missing		108	
Q70Aj Have you experienced any of the following events? Yes, in the last 12 months Divorce or separation	No	0	9332	97.5
	Yes	1	241	2.5
	N Missing		108	
Q70Ak Have you experienced any of the following events? Yes, in the last 12 months Becoming a sole parent	No	0	9432	98.5
	Yes	1	141	1.5
	N Missing		108	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70Al Have you experienced any of the following events? Yes, in the last 12 months Increased hassles with parents	No	0	8491	88.7
	Yes	1	1082	11.3
	N Missing		108	
Q70Am Have you experienced any of the following events? Yes, in the last 12 months Serious conflict between members of your family	No	0	8063	84.2
	Yes	1	1510	15.8
	N Missing		108	
Q70An Have you experienced any of the following events? Yes, in the last 12 months Parents getting divorced, separated or remarried	No	0	9325	97.4
	Yes	1	248	2.6
	N Missing		108	
Q70Ao Have you experienced any of the following events? Yes, in the last 12 months Death of partner or close family member	No	0	8677	90.6
	Yes	1	896	9.4
	N Missing		108	
Q70Ap Which of the following events have you experienced? In the last 12 months Death of child	No	0	9551	99.8
	Yes	1	22	0.2
	N Missing		108	
Q70Aq Have you experienced any of the following events? Yes, in the last 12 months Stillbirth of a child	No	0	9564	99.9
	Yes	1	9	0.1
	N Missing		108	
Q70Ar Have you experienced any of the following events? Yes, in the last 12 months Miscarriage	No	0	9397	98.2
	Yes	1	175	1.8
	N Missing		108	
Q70As Which of the following events have you experienced? In the last 12 months Death of close friend	No	0	9118	95.2
	Yes	1	455	4.8
	N Missing		108	
Q70At Have you experienced any of the following events? Yes, in the last 12 months Leaving home for the first time	No	0	8780	91.7
	Yes	1	792	8.3
	N Missing		108	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70Au Have you experienced any of the following events? Yes, in the last 12 months Difficulty finding a job	No	0	8193	85.6
	Yes	1	1379	14.4
	N Missing		108	
Q70Av Have you experienced any of the following events? Yes, in the last 12 months Return to study	No	0	8209	85.7
	Yes	1	1364	14.3
	N Missing		108	
Q70Aw Have you experienced any of the following events? Yes, in the last 12 months Beginning/resuming work outside the home	No	0	8511	88.9
	Yes	1	1062	11.1
	N Missing		108	
Q70Ax Which of the following events have you experienced? In the last 12 months Changing your type of work/hours/conditions/responsibilities at work	No	0	5032	52.6
	Yes	1	4541	47.4
	N Missing		108	
Q70Ay Have you experienced any of the following events? Yes, in the last 12 months Distressing harassment at work	No	0	8930	93.3
	Yes	1	643	6.7
	N Missing		108	
Q70Az Have you experienced any of the following events? Yes, in the last 12 months Loss of job	No	0	9094	95.0
	Yes	1	479	5.0
	N Missing		108	
Q70Aaa Have you experienced any of the following events? Yes, in the last 12 months Partner losing a job	No	0	9217	96.3
	Yes	1	356	3.7
	N Missing		108	
Q70Abb Have you experienced any of the following events? Yes, in the last 12 months Parent losing a job	No	0	9346	97.6
	Yes	1	227	2.4
	N Missing		108	
Q70Acc Which of the following events have you experienced? In the last 12 months Decreased income	No	0	7473	78.1
	Yes	1	2100	21.9
	N Missing		108	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70Add Which of the following events have you experienced? In the last 12 months Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	9442	98.6
	Yes	1	130	1.4
	N Missing		108	
Q70Aee Which of the following events have you experienced? In the last 12 months Major loss or damage to personal property	No	0	9265	96.8
	Yes	1	308	3.2
	N Missing		108	
Q70Aff Which of the following events have you experienced? In the last 12 months Being robbed	No	0	8928	93.3
	Yes	1	644	6.7
	N Missing		108	
Q70Agg Which of the following events have you experienced? In the last 12 months Involvement in a serious accident	No	0	9390	98.1
	Yes	1	183	1.9
	N Missing		108	
Q70Ahh Which of the following events have you experienced? In the last 12 months Being pushed, grabbed, shoved, kicked or hit	No	0	8895	92.9
	Yes	1	678	7.1
	N Missing		108	
Q70Aii Which of the following events have you experienced? In the last 12 months Being forced to take part in unwanted sexual activity	No	0	9421	98.4
	Yes	1	152	1.6
	N Missing		108	
Q70Ajj Which of the following events have you experienced? In the last 12 months Legal troubles or involved in a court case	No	0	9065	94.7
	Yes	1	508	5.3
	N Missing		108	
Q70Akk Which of the following events have you experienced? In the last 12 months Family member/close personal friend being arrested/in gaol	No	0	9276	96.9
	Yes	1	297	3.1
	N Missing		108	
Q70Ba Have you experienced any of the following events? Yes, more than 12 months ago Major personal illness	No	0	8352	87.3
	Yes	1	1211	12.7
	N Missing		119	



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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70Bb Have you experienced any of the following events? Yes, more than 12 months ago Major personal injury	No	0	8606	90.0
	Yes	1	958	10.0
	N Missing		119	
Q70Bc Have you experienced any of the following events? Yes, more than 12 months ago Major surgery (not including dental work)	No	0	8448	88.3
	Yes	1	1116	11.7
	N Missing		119	
Q70Bd Have you experienced any of the following events? Yes, more than 12 months ago Birth of your first child	No	0	8604	90.0
	Yes	1	959	10.0
	N Missing		119	
Q70Be Have you experienced any of the following events? Yes, more than 12 months ago Birth of your second or later child	No	0	9252	96.7
	Yes	1	312	3.3
	N Missing		119	
Q70Bf Have you experienced any of the following events? Yes, more than 12 months ago Having a child with a disability or serious illness	No	0	9474	99.1
	Yes	1	90	0.9
	N Missing		119	
Q70Bg Have you experienced any of the following events? Yes, more than 12 months ago Starting a new, close personal relationship	No	0	5902	61.7
	Yes	1	3662	38.3
	N Missing		119	
Q70Bh Have you experienced any of the following events? Yes, more than 12 months ago Getting married (or starting to live with someone)	No	0	7197	75.3
	Yes	1	2366	24.7
	N Missing		119	
Q70Bi Have you experienced any of the following events? Yes, more than 12 months ago Problem or break-up in a close personal relationship	No	0	7598	79.4
	Yes	1	1966	20.6
	N Missing		119	
Q70Bj Have you experienced any of the following events? Yes, more than 12 months ago Divorce or separation	No	0	9332	97.6
	Yes	1	231	2.4
	N Missing		119	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70Bk Have you experienced any of the following events? Yes, more than 12 months ago Becoming a sole parent	No	0	9310	97.3
	Yes	1	254	2.7
	N Missing		119	
Q70Bl Have you experienced any of the following events? Yes, more than 12 months ago Increased hassles with parents	No	0	8702	91.0
	Yes	1	861	9.0
	N Missing		119	
Q70Bm Have you experienced any of the following events? Yes, more than 12 months ago Serious conflict between members of your family	No	0	8577	89.7
	Yes	1	987	10.3
	N Missing		119	
Q70Bn Have you experienced any of the following events? Yes, more than 12 months ago Parents getting divorced, separated or remarried	No	0	8576	89.7
	Yes	1	987	10.3
	N Missing		119	
Q70Bo Have you experienced any of the following events? Yes, more than 12 months ago Death of partner or close family member	No	0	8119	84.9
	Yes	1	1445	15.1
	N Missing		119	
Q70Bp Have you experienced any of the following events? Yes, more than 12 months ago Death of a child	No	0	9505	99.4
	Yes	1	59	0.6
	N Missing		119	
Q70Bq Have you experienced any of the following events? Yes, more than 12 months ago Stillbirth of a child	No	0	9528	99.6
	Yes	1	36	0.4
	N Missing		119	
Q70Br Have you experienced any of the following events? Yes, more than 12 months ago Miscarriage	No	0	9265	96.9
	Yes	1	298	3.1
	N Missing		119	
Q70Bs Have you experienced any of the following events? Yes, more than 12 months ago Death of a close friend	No	0	8785	91.9
	Yes	1	779	8.1
	N Missing		119	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70Bt Have you experienced any of the following events? Yes, more than 12 months ago Leaving home for the first time	No	0	6471	67.7
	Yes	1	3093	32.3
	N Missing		119	
Q70Bu Have you experienced any of the following events? Yes, more than 12 months ago Difficulty finding a job	No	0	8419	88.0
	Yes	1	1145	12.0
	N Missing		119	
Q70Bv Have you experienced any of the following events? Yes, more than 12 months ago Return to study	No	0	8414	88.0
	Yes	1	1150	12.0
	N Missing		119	
Q70Bw Have you experienced any of the following events? Yes, more than 12 months ago Beginning/resuming work outside the home	No	0	8357	87.4
	Yes	1	1207	12.6
	N Missing		119	
Q70Bx Have you experienced any of the following events? Yes, more than 12 months ago Change in your type of work/hours/conditions/responsibilities at work	No	0	8234	86.1
	Yes	1	1330	13.9
	N Missing		119	
Q70By Have you experienced any of the following events? Yes, more than 12 months ago Distressing harassment at work	No	0	9210	96.3
	Yes	1	353	3.7
	N Missing		119	
Q70Bz Have you experienced any of the following events? Yes, more than 12 months ago Loss of job	No	0	9131	95.5
	Yes	1	433	4.5
	N Missing		119	
Q70Baa Have you experienced any of the following events? Yes, more than 12 months ago Partner losing a job	No	0	9313	97.4
	Yes	1	250	2.6
	N Missing		119	
Q70Bbb Have you experienced any of the following events? Yes, more than 12 months ago Parent losing a job	No	0	9275	97.0
	Yes	1	288	3.0
	N Missing		119	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70Bcc Have you experienced any of the following events? Yes, more than 12 months ago Decreased income	No	0	8856	92.6
	Yes	1	708	7.4
	N Missing		119	
Q70Bdd Have you experienced any of the following events? Yes, more than 12 months ago Natural disaster (fire, flood, drought, earthquake etc) or house fire	No	0	9375	98.0
	Yes	1	189	2.0
	N Missing		119	
Q70Bee Have you experienced any of the following events? Yes, more than 12 months ago Major loss or damage to personal property	No	0	9304	97.3
	Yes	1	260	2.7
	N Missing		119	
Q70Bff Have you experienced any of the following events? Yes, more than 12 months ago Being robbed	No	0	8889	92.9
	Yes	1	675	7.1
	N Missing		119	
Q70Bgg Have you experienced any of the following events? Yes, more than 12 months ago Involvement in a serious accident	No	0	9125	95.4
	Yes	1	439	4.6
	N Missing		119	
Q70Bhh Have you experienced any of the following events? Yes, more than 12 months ago Being pushed, grabbed, shoved, kicked or hit	No	0	8808	92.1
	Yes	1	755	7.9
	N Missing		119	
Q70Bii Have you experienced any of the following events? Yes, more than 12 months ago Being forced to take part in unwanted sexual activity	No	0	8905	93.1
	Yes	1	659	6.9
	N Missing		119	
Q70Bjj Have you experienced any of the following events? Yes, more than 12 months ago Legal troubles or involvement in a court case	No	0	9090	95.1
	Yes	1	473	4.9
	N Missing		119	
Q70Bkk Have you experienced any of the following events? Yes, more than 12 months ago Family member/close friend being arrested/in gaol	No	0	9236	96.6
	Yes	1	327	3.4
	N Missing		119	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q70II Have you experienced any of the following events? None of these events	No	0	9327	97.4
	Yes	1	246	2.6
	N Missing		108	
Q71a Over the last 12 months, how stressed have you felt about the following areas of your life: Own health	Not at all	2	3654	38.0
	Somewhat	3	3701	38.5
	Moderately	4	1403	14.6
	Very	5	608	6.3
	Extremely	6	245	2.6
	N Missing		85	
Q71b Over the last 12 months, how stressed have you felt about the following areas of your life: Health of other family members	Not Applicable	1	213	2.2
	Not at all	2	2624	27.4
	Somewhat	3	3597	37.5
	Moderately	4	1845	19.2
	Very	5	882	9.2
	Extremely	6	429	4.5
	N Missing		107	
Q71c Over the last 12 months, how stressed have you felt about the following areas of your life: Work/Employment	Not Applicable	1	362	3.8
	Not at all	2	1528	15.9
	Somewhat	3	3175	33.1
	Moderately	4	2293	23.9
	Very	5	1582	16.5
	Extremely	6	647	6.7
	N Missing		115	
Q71d Over the last 12 months, how stressed have you felt about the following areas of your life: Living arrangements	Not Applicable	1	281	2.9
	Not at all	2	4100	42.9
	Somewhat	3	2570	26.9
	Moderately	4	1449	15.2
	Very	5	790	8.3
	Extremely	6	367	3.8
	N Missing		140	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q71e Over the last 12 months, how stressed have you felt about the following areas of your life: Study	Not Applicable	1	4312	45.9
	Not at all	2	1762	18.7
	Somewhat	3	1334	14.2
	Moderately	4	974	10.4
	Very	5	691	7.4
	Extremely	6	326	3.5
	N Missing		303	
Q71f Over the last 12 months, how stressed have you felt about the following areas of your life: Money	Not Applicable	1	58	0.6
	Not at all	2	1521	15.9
	Somewhat	3	3381	35.3
	Moderately	4	2224	23.2
	Very	5	1525	15.9
	Extremely	6	861	9.0
	N Missing		119	
Q71g Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with parents	Not Applicable	1	301	3.1
	Not at all	2	5860	61.3
	Somewhat	3	2060	21.5
	Moderately	4	768	8.0
	Very	5	375	3.9
	Extremely	6	198	2.1
	N Missing		131	
Q71h Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with partner/spouse	Not Applicable	1	1727	18.1
	Not at all	2	3433	36.0
	Somewhat	3	2354	24.7
	Moderately	4	932	9.8
	Very	5	591	6.2
	Extremely	6	499	5.2
	N Missing		161	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q71i Over the last 12 months, how stressed have you felt about the following areas of your life: Relationship with other family members	Not Applicable	1	342	3.6
	Not at all	2	5685	59.3
	Somewhat	3	2372	24.8
	Moderately	4	727	7.6
	Very	5	280	2.9
	Extremely	6	174	1.8
	N Missing		113	
Q71j Over the last 12 months, how stressed have you felt about the following areas of your life? Relationship with friends	Not Applicable	1	225	2.3
	Not at all	2	5591	58.2
	Somewhat	3	2713	28.2
	Moderately	4	705	7.3
	Very	5	262	2.7
	Extremely	6	118	1.2
	N Missing		76	
Q72a Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was bothered by things that don't usually bother me	Rarely/none	0	5735	60.7
	Sometimes	1	2706	28.6
	Occasionally	2	791	8.4
	Most/all of time	3	218	2.3
	N Missing		226	
	Q72b Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I had trouble keeping my mind on what I was doing	Rarely/none	0	4259
Sometimes		1	3581	37.8
Occasionally		2	1214	12.8
Most/all of time		3	414	4.4
N Missing			215	
Q72c Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt depressed		Rarely/none	0	5133
	Sometimes	1	2760	29.2
	Occasionally	2	1092	11.6
	Most/all of time	3	459	4.9
	N Missing		239	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q72d Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt that everything I did was an effort	Rarely/none	0	5179	55.1
	Sometimes	1	2899	30.8
	Occasionally	2	938	10.0
	Most/all of time	3	382	4.1
	N Missing		285	
Q72e Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt hopeful about the future	Rarely/none	0	1256	13.3
	Sometimes	1	2535	26.9
	Occasionally	2	3124	33.1
	Most/all of time	3	2517	26.7
	N Missing		252	
Q72f Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt fearful	Rarely/none	0	6646	71.2
	Sometimes	1	1875	20.1
	Occasionally	2	637	6.8
	Most/all of time	3	180	1.9
	N Missing		343	
Q72g Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? My sleep was restless	Rarely/none	0	3473	36.8
	Sometimes	1	3327	35.3
	Occasionally	2	1738	18.4
	Most/all of time	3	898	9.5
	N Missing		248	
Q72h Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I was happy	Rarely/none	0	426	4.5
	Sometimes	1	1818	19.2
	Occasionally	2	3426	36.2
	Most/all of time	3	3806	40.2
	N Missing		207	
Q72i Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt lonely	Rarely/none	0	5205	55.3
	Sometimes	1	2715	28.8
	Occasionally	2	1063	11.3
	Most/all of time	3	437	4.6
	N Missing		266	



**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q72j Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I could not "get going"	Rarely/none	0	3928	41.7
	Sometimes	1	3772	40.0
	Occasionally	2	1283	13.6
	Most/all of time	3	437	4.6
	N Missing		266	
Q72k Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way during the last week? I felt terrific	Rarely/none	0	2215	23.4
	Sometimes	1	2881	30.4
	Occasionally	2	3029	32.0
	Most/all of time	3	1346	14.2
	N Missing		216	
Q73 In the past week, have you been feeling that life isn't worth living?	Yes	1	697	7.3
	No	2	8870	92.7
	N Missing		113	
Q74 In the past 6 months have you ever deliberately hurt yourself or done anything that you knew might have harmed or even killed you?	Yes	1	355	3.7
	No	2	9218	96.3
	N Missing		109	
Q75a In the last week, how much time in total did you spend doing the following things? Full-time paid work	Don't do this activity	1	3880	40.6
	1-15 hours	2	118	1.2
	16-24 hours	3	88	0.9
	25-34 hours	4	293	3.1
	35-40 hours	5	2830	29.6
	41-48 hours	6	1670	17.5
	49 or more hours	7	672	7.0
	N Missing		136	
Q75b In the last week, how much time in total did you spend doing the following things? Permanent part-time paid work	Don't do this activity	1	8183	86.6
	1-15 hours	2	436	4.6
	16-24 hours	3	353	3.7
	25-34 hours	4	322	3.4
	35-40 hours	5	117	1.2
	41-48 hours	6	32	0.3
	49 or more hours	7	11	0.1
	N Missing		234	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q75c In the last week, how much time in total did you spend doing the following things? Casual paid work	Don't do this activity	1	7666	81.3
	1-15 hours	2	991	10.5
	16-24 hours	3	319	3.4
	25-34 hours	4	246	2.6
	35-40 hours	5	126	1.3
	41-48 hours	6	54	0.6
	49 or more hours	7	24	0.3
	N Missing			266
Q75d In the last week, how much time in total did you spend doing the following things? Home duties (own/family home)	Don't do this activity	1	574	6.0
	1-15 hours	2	6877	71.9
	16-24 hours	3	901	9.4
	25-34 hours	4	407	4.3
	35-40 hours	5	187	2.0
	41-48 hours	6	98	1.0
	49 or more hours	7	520	5.4
	N Missing			130
Q75e In the last week, how much time in total did you spend doing the following things? Work without pay (eg family business)	Don't do this activity	1	8110	86.1
	1-15 hours	2	1083	11.5
	16-24 hours	3	111	1.2
	25-34 hours	4	46	0.5
	35-40 hours	5	33	0.4
	41-48 hours	6	12	0.1
	49 or more hours	7	20	0.2
	N Missing			270
Q75f In the last week, how much time in total did you spend doing the following things? Studying	Don't do this activity	1	6719	70.2
	1-15 hours	2	1814	19.0
	16-24 hours	3	405	4.2
	25-34 hours	4	294	3.1
	35-40 hours	5	171	1.8
	41-48 hours	6	81	0.8
	49 or more hours	7	82	0.9
	N Missing			128

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q75g In the last week, how much time in total did you spend doing the following things? Unpaid voluntary work	Don't do this activity	1	8537	89.8
	1-15 hours	2	859	9.0
	16-24 hours	3	65	0.7
	25-34 hours	4	20	0.2
	35-40 hours	5	8	0.1
	41-48 hours	6	5	0.1
	49 or more hours	7	9	0.1
	N Missing			189
Q75h In the last week, how much time in total did you spend doing the following things? Active leisure (eg sport)	Don't do this activity	1	2624	27.4
	1-15 hours	2	6588	68.9
	16-24 hours	3	270	2.8
	25-34 hours	4	50	0.5
	35-40 hours	5	11	0.1
	41-48 hours	6	1	0.0
	49 or more hours	7	21	0.2
	N Missing			128
Q75i In the last week, how much time in total did you spend doing the following things? Passive leisure (eg TV, reading)	Don't do this activity	1	187	1.9
	1-15 hours	2	6805	70.7
	16-24 hours	3	1753	18.2
	25-34 hours	4	505	5.2
	35-40 hours	5	201	2.1
	41-48 hours	6	63	0.7
	49 or more hours	7	105	1.1
	N Missing			73
Q76a Do you normally do any of the following kinds of work? Paid shift work	No	0	8043	85.2
	Yes	1	1402	14.8
	N Missing			241
Q76b Do you normally do any of the following kinds of work? Paid work at night	No	0	8272	87.6
	Yes	1	1172	12.4
	N Missing			241

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q76c Do you normally do any of the following kinds of work? Paid work from home	No	0	9134	96.7
	Yes	1	310	3.3
	N Missing		241	
Q76d Do you normally do any of the following kinds of work? Run your own business	No	0	8978	95.1
	Yes	1	467	4.9
	N Missing		241	
Q76e Do you normally do any of the following kinds of work? None of the above	No	0	2634	27.9
	Yes	1	6810	72.1
	N Missing		241	
Q77 Are you happy with the number of hours of paid work you do? (Please mark one, even if you do not do any paid work)	Happy as is	1	5997	64.4
	Like more hours	2	1721	18.5
	Like less hours	3	1601	17.2
	N Missing		398	
Q78 What is the main reason you would like to do fewer hours of paid work?	Child care	1	134	1.5
	Other family reasons	2	63	0.7
	Health reasons	3	92	1.0
	Like more time	4	1577	17.0
	Happy with hours	7	5719	61.7
	Like to do more	8	1680	18.1
	N Missing		460	
Q79 What is the main reason you do not do more hours of paid work?	No suitable job	1	1291	14.3
	Child care	2	247	2.7
	Other family reasons	3	128	1.4
	Health reasons	4	162	1.8
	Spouse prefers	5	55	0.6
	Language difficulties	6	4	0.0
	Happy with hours	7	5719	63.2
	Like to do less	10	1441	15.9
	N Missing		671	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q80 Do you regularly provide care or assistance (eg personal care, transport) to any other person because of their long-term illness, disability or frailty?	Yes	1	473	5.0
	No	2	9032	95.0
	N Missing		183	
Q81a Managing time is often difficult. How often do you feel: That you are rushed, pressured, too busy?	Every day	1	1930	20.1
	Few times week	2	4389	45.6
	Once a week	3	1768	18.4
	Once a month	4	1130	11.7
	Never	5	398	4.1
	N Missing		85	
Q81b Managing time is often difficult. How often do you feel: That you have time on your hands that you don't know what to do with?	Every day	1	230	2.4
	Few times week	2	1181	12.5
	Once a week	3	1802	19.1
	Once a month	4	2650	28.0
	Never	5	3595	38.0
	N Missing		235	
Q82 Most parents need someone to care for their children when they cannot. How satisfied are you with your child care arrangements?	No children	0	7632	78.8
	Very satisfied	1	600	6.2
	Satisfied	2	488	5.0
	Dissatisfied	3	102	1.1
	Very dissatisfied	4	31	0.3
	Not applicable	5	830	8.6
	N Missing		8	
Q83A How often used formal child care	No children	0	7632	84.9
	Under 5 hours	1	128	1.4
	5-10 hours	2	130	1.4
	11-20 hours	3	135	1.5
	21-30 hours	4	71	0.8
	More than 30 hours	5	75	0.8
	Care not needed	8	818	9.1
	N Missing		812	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q83B How often used informal child care	No children	0	7632	81.6
	Under 5 hours	1	493	5.3
	5-10 hours	2	166	1.8
	11-20 hours	3	103	1.1
	21-30 hours	4	70	0.7
	More than 30 hours	5	66	0.7
	Care not needed	8	818	8.8
	N Missing		398	
Q84a Who lives with you? No one, I live alone	No	0	8896	93.9
	Yes	1	575	6.1
	N Missing		205	
Q84b Who lives with you? Spouse or partner (partner/spouse)	No	0	4939	52.1
	Yes	1	4532	47.9
	N Missing		205	
Q84c Who lives with you? Own children	No	0	7994	84.4
	Yes	1	1477	15.6
	N Missing		205	
Q84d Who lives with you? Someone else's children	No	0	9310	98.3
	Yes	1	161	1.7
	N Missing		205	
Q84e Who lives with you? Mother	No	0	6879	72.6
	Yes	1	2592	27.4
	N Missing		205	
Q84f Who lives with you? Father	No	0	7289	77.0
	Yes	1	2182	23.0
	N Missing		205	
Q84g Who lives with you? Step-mother/step-father	No	0	9363	98.9
	Yes	1	108	1.1
	N Missing		205	

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q84h Who lives with you? Brothers/sisters	No	0	7439	78.5
	Yes	1	2032	21.5
	N Missing		205	
Q84i Who lives with you? Other adult relatives	No	0	9164	96.8
	Yes	1	307	3.2
	N Missing		205	
Q84j Who lives with you? Other adults who are not family members	No	0	7776	82.1
	Yes	1	1695	17.9
	N Missing		205	
Q84k Who lives with you? I live in group accomodation (eg hall of residence, hostel etc)	No	0	9378	99.0
	Yes	1	93	1.0
	N Missing		205	
Q85a If you have children living with you (your own or your partner's), how many are: Under 12 months	None	0	1439	14.9
	One	1	557	5.7
	Two	2	11	0.1
	No children	8	7675	79.3
	N Missing		7	
Q85b If you have children living with you (your own or your partner's), how many are: 12 months - 5 years	None	0	883	9.1
	One	1	827	8.5
	Two	2	264	2.7
	Three	3	24	0.2
	Four or more	4	2	0.0
	No children	8	7675	79.3
	N Missing		14	
Q85c If you have children living with you (your own or your partner's), how many are: 6 - 12 years	None	0	1630	16.9
	One	1	286	3.0
	Two	2	54	0.6
	Three	3	9	0.1
	Four or more	4	1	0.0
	No children	8	7675	79.5
	N Missing		38	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q85d If you have children living with you (your own or your partner's), how many are: 13 - 16 years	None	0	1893	19.6
	One	1	57	0.6
	Two	2	17	0.2
	Three	3	1	0.0
	No children	8	7675	79.6
	N Missing		53	
	Q86a These questions are about getting on with other people: Has anyone close to you tried to hurt you or harm you recently?	No	0	8903
Yes		1	522	5.5
N Missing			258	
Q86b These questions are about getting on with other people: Are you sad or lonely often?	No	0	7341	77.9
	Yes	1	2084	22.1
	N Missing		258	
Q86c These questions are about getting on with other people: Do you feel that nobody wants you around?	No	0	8670	92.0
	Yes	1	755	8.0
	N Missing		258	
Q86d These questions are about getting on with other people. Does anyone in your family drink a lot of alcohol?	No	0	7971	84.6
	Yes	1	1453	15.4
	N Missing		258	
Q86e These questions are about getting on with other people: Are you afraid of anyone in your family?	No	0	9073	96.3
	Yes	1	352	3.7
	N Missing		258	
Q86f These questions are about getting on with other people: Do you have enough privacy at home?	No	0	5231	55.5
	Yes	1	4194	44.5
	N Missing		258	
Q86g These questions are about getting on with other people. Have you ever been in a violent relationship with a partner/spouse?	No	0	8482	90.0
	Yes	1	943	10.0
	N Missing		258	



**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q86h These questions are about getting on with other people: Has anyone close to you called you names or put you down or made you feel bad recently?	No	0	7278	77.2
	Yes	1	2146	22.8
	N Missing		258	
Q86i These questions are about getting on with other people: None of the above	No	0	6668	70.8
	Yes	1	2756	29.2
	N Missing		258	
Q87 This question is about your relationship status based on your current living arrangements. Are you:	Registered married	1	2239	23.6
	De facto relationship	2	1919	20.2
	Not married	3	5335	56.2
	N Missing		199	
Q88 What is your formal registered marital status?	Never married	1	7223	75.1
	Married	2	2200	22.9
	Separated	3	123	1.3
	Divorced	4	65	0.7
	Widowed	5	4	0.0
	N Missing		76	
Q89a People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to help you if you are confined to bed	None of time	1	772	8.2
	Little of time	2	995	10.6
	Some of time	3	1287	13.7
	Most of time	4	2886	30.7
	All of time	5	3471	36.9
	N Missing		282	
Q89b People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to take you to the doctor if you need it	None of time	1	425	4.5
	Little of time	2	826	8.7
	Some of time	3	1018	10.7
	Most of time	4	2926	30.8
	All of time	5	4294	45.3
	N Missing		195	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q89c People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to share your most private worries and fears with	None of time	1	343	3.6
	Little of time	2	871	9.1
	Some of time	3	1163	12.2
	Most of time	4	2587	27.2
	All of time	5	4560	47.9
	N Missing			159
Q89d People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to turn to for suggestions about how to deal with a personal problem	None of time	1	226	2.4
	Little of time	2	779	8.2
	Some of time	3	1218	12.8
	Most of time	4	2651	27.8
	All of time	5	4655	48.9
	N Missing			153
Q89e People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to do something enjoyable with	None of time	1	100	1.0
	Little of time	2	513	5.4
	Some of time	3	1345	14.1
	Most of time	4	3263	34.2
	All of time	5	4316	45.3
	N Missing			144
Q89f People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to love and make you feel wanted	None of time	1	354	3.7
	Little of time	2	706	7.4
	Some of time	3	1042	10.9
	Most of time	4	2075	21.8
	All of time	5	5346	56.1
	N Missing			156
Q90 Have you ever experienced any form of physical, mental, emotional or sexual abuse or violence, either as a child, in an adult relationship, or at any other time?	Yes	1	3713	38.9
	No	2	5595	58.7
	Don't want to answer	3	226	2.4
	N Missing			147
Q91a If yes, was the violence/abuse you experienced: Physical abuse (eg pushed, grabbed, kicked, hit, shoved, slapped, shaken, restrained)	No	0	7692	80.2
	Yes	1	1902	19.8
	N Missing			84

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q91b If yes, was the violence/abuse you experienced: Severe physical violence (eg beaten up, thrown, choked, burnt, threatened or attacked with a fist, knife or gun)	No	0	9065	94.5
	Yes	1	529	5.5
	N Missing		84	
Q91c If yes, was the violence/abuse you experienced: Emotional abuse (eg called names, threats to harm or kill, humiliated, bullied, criticised, locked up/isolated, refused access to work, medical care or money, told that your children or pets would be harmed)	No	0	6984	72.8
	Yes	1	2610	27.2
	N Missing		84	
Q91d If yes, was the violence/abuse you experienced: Sexual abuse (eg rape or attempted rape, sexual assault, fear of sexual assault, forced to engage in unwanted sexual practices)	No	0	7780	81.1
	Yes	1	1814	18.9
	N Missing		84	
Q91e If yes, was the violence/abuse you experienced: Harassment (eg stalking, loitering, interfering with property, offensive mail or telephone calls)	No	0	8532	88.9
	Yes	1	1061	11.1
	N Missing		84	
Q92 How often have you moved your place of residence in the past 3 years?	Never	0	2514	26.3
	Once	1	2460	25.8
	Twice	2	1931	20.2
	Three times or more	3	2641	27.7
	N Missing		130	
Q94 What is the highest qualification you have completed?	No formal	1	113	1.2
	Year 10 or equivalent	2	761	8.1
	Year 12 or equivalent	3	2120	22.6
	Trade/apprenticeship	4	249	2.7
	Certificate/diploma	5	1926	20.6
	University degree	6	3564	38.0
	Higher university degree	7	637	6.8
	N Missing		350	

*ALSWH Data book for the second survey of 1973-78 cohort*

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q95A Main occupation now	Manager/administrator	1	479	5.2
	Professional	2	3587	39.2
	Associate professional	3	618	6.8
	Tradesperson or related worker	4	277	3.0
	Advanced clerical/service worker	5	1202	13.2
	Intermediate clerical/sales/service worker	6	1339	14.6
	Intermediate production/transport worker	7	46	0.5
	Elementary clerical/sales/service worker	8	497	5.4
	Labourer or related worker	9	276	3.0
	No paid job	10	819	9.0
	N Missing			597
Q95B Mother/main occupation/growing up	Manager/administrator	1	577	6.4
	Professional	2	1842	20.5
	Associate professional	3	288	3.2
	Tradesperson or related worker	4	231	2.6
	Advanced clerical/service worker	5	1061	11.8
	Intermediate clerical/sales/service worker	6	1271	14.1
	Intermediate production/transport worker	7	170	1.9
	Elementary clerical/sales/service worker	8	716	8.0
	Labourer or related worker	9	841	9.4
	No paid job	10	1738	19.3
	Don't know/not applicable	11	253	2.8
N Missing			747	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q95C Father/main occupation/growing up	Manager/administrator	1	2074	23.2
	Professional	2	1540	17.2
	Associate professional	3	1013	11.3
	Tradesperson or related worker	4	1557	17.4
	Advanced clerical/service worker	5	177	2.0
	Intermediate clerical/sales/service worker	6	222	2.5
	Intermediate production/transport worker	7	597	6.7
	Elementary clerical/sales/service worker	8	154	1.7
	Labourer or related worker	9	998	11.2
	No paid job	10	198	2.2
	Don't know/not applicable	11	412	4.6
	N Missing		782	
Q96a We are interested in the highest educational qualification of your parents (or other main caregivers while you were growing up). Mother or step-mother	Don't know/not applicable	1	1133	12.1
	Up to Year 10 or equivalent	2	3660	39.0
	Up to Year 12 or equivalent	3	1395	14.9
	Trade	4	338	3.6
	Certificate/Diploma	5	1341	14.3
	Degree	6	1128	12.0
	Higher degree	7	388	4.1
		N Missing		307

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q96b We are interested in the highest educational qualification of your parents (or other main caregivers while you were growing up). Father or step-father	Don't know/not applicable	1	1412	15.2
	Up to Year 10 or equivalent	2	2541	27.4
	Up to Year 12 or equivalent	3	907	9.8
	Trade	4	1730	18.6
	Certificate/Diploma	5	806	8.7
	Degree	6	1196	12.9
	Higher degree	7	690	7.4
	N Missing		415	
Q97 Have you ever been unemployed and actively seeking work?	Never	1	4076	42.7
	Total of less than 6 months	2	3742	39.2
	Total of 6 to 12 months	3	1024	10.7
	More than 12 months	4	705	7.4
	N Missing		132	
Q98A Own average gross income	No income	1	336	3.6
	\$1-\$119 pw	2	607	6.5
	\$120-\$299 pw	3	1363	14.5
	\$300-\$499 pw	4	1920	20.5
	\$500-\$699 pw	5	2818	30.1
	\$700-\$999 pw	6	1534	16.4
	\$1000-\$1499 pw	7	302	3.2
	\$1500+ pw	8	33	0.4
	Don't know	9	144	1.5
	Don't want to answer	10	313	3.3
N Missing		322		

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q98B Household average gross income	No income	1	38	0.4
	\$1-\$119 pw	2	47	0.5
	\$120-\$299 pw	3	200	2.3
	\$300-\$499 pw	4	516	5.8
	\$500-\$699 pw	5	895	10.1
	\$700-\$999 pw	6	1339	15.1
	\$1000-\$1499 pw	7	1847	20.8
	\$1500+ pw	8	1885	21.2
	Don't know	9	1240	14.0
	Don't want to answer	10	383	4.3
	Live alone	11	486	5.5
	N Missing		860	
Q98aln I live alone (household income is the same as mine)	No	0	8971	93.5
	Yes	1	623	6.5
	N Missing		84	
Q99 How many people are dependent on this household income? (Including yourself)	0	0	292	3.2
	1	1	1741	19.4
	2	2	3601	40.1
	3	3	1630	18.2
	4	4	1130	12.6
	5	5	388	4.3
	6	6	140	1.6
	7	7	27	0.3
	8	8	17	0.2
	9	9	1	0.0
	10	10	1	0.0
	11	11	1	0.0
	12	12	1	0.0
	61	61	1	0.0
	N Missing		721	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q101 When you are 35, would you like to be in:	Full-time paid employment	1	4355	46.3
	Part-time paid employment	2	2661	28.3
	Full-time unpaid work in home	3	475	5.0
	Self-employed/own business	4	1923	20.4
	N Missing		280	
Q103 When you are 35, would you like to be:	Married	1	8284	87.5
	Stable relationship but not married	2	1107	11.7
	Single	3	72	0.8
	N Missing		229	
Q104 When you are 35, would you like to have:	None	0	735	7.8
	One	1	1169	12.4
	Two	2	5384	57.0
	Three or more	3	2166	22.9
	N Missing		230	
Q105 When you are 35, would you like to have more educational qualifications than you have now?	More	1	5844	61.3
	Same	2	1302	13.7
	Not sure	3	2391	25.1
	N Missing		145	
Q106a In general, are you satisfied with what you have achieved in your life so far in the areas of: Work	Very satisfied	1	2565	27.0
	Satisfied	2	5191	54.6
	Dissatisfied	3	1466	15.4
	Very dissatisfied	4	287	3.0
	N Missing		183	
Q106b In general, are you satisfied with what you have achieved in your life so far in the areas of: Career	Very satisfied	1	2147	22.7
	Satisfied	2	4625	49.0
	Dissatisfied	3	2230	23.6
	Very dissatisfied	4	440	4.7
	N Missing		253	



**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q106c In general, are you satisfied with what you have achieved in your life so far in the areas of: Study	Very satisfied	1	2025	21.6
	Satisfied	2	4979	53.1
	Dissatisfied	3	2098	22.4
	Very dissatisfied	4	269	2.9
	N Missing		335	
Q106d In general, are you satisfied with what you have achieved in your life so far in the areas of: Family relationships	Very satisfied	1	4179	44.0
	Satisfied	2	4481	47.2
	Dissatisfied	3	724	7.6
	Very dissatisfied	4	106	1.1
	N Missing		199	
Q106e In general, are you satisfied with what you have achieved in your life so far in the areas of: Partner/closest personal relationship	Very satisfied	1	4301	45.6
	Satisfied	2	2930	31.0
	Dissatisfied	3	1681	17.8
	Very dissatisfied	4	526	5.6
	N Missing		243	
Q106f In general, are you satisfied with what you have achieved in your life so far in the areas of: Friendships	Very satisfied	1	3387	35.6
	Satisfied	2	4979	52.3
	Dissatisfied	3	1062	11.2
	Very dissatisfied	4	89	0.9
	N Missing		165	
Q106g In general, are you satisfied with what you have achieved in your life so far in the areas of: Social activities	Very satisfied	1	2079	21.9
	Satisfied	2	5605	59.0
	Dissatisfied	3	1660	17.5
	Very dissatisfied	4	156	1.6
	N Missing		183	
Q106h In general, how satisfied are you with what you have achieved in each of the following areas of your life? Motherhood/children	Not applicable	0	7664	81.9
	Very satisfied	1	1139	12.2
	Satisfied	2	437	4.7
	Dissatisfied	3	80	0.9
	Very dissatisfied	4	36	0.4
	N Missing		334	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Q67atotmin	Mean		402.56	
	Std Error		2.03	
	N		9227	
	N Missing		461	
Q67btotmin	Mean		333.62	
	Std Error		1.78	
	N		9144	
	N Missing		544	
Age at time survey returned	Mean		24.59	
	Std Error		0.01	
	N		9688	
	N Missing		0	
PF - Physical Functioning Subscale	Mean		91.15	
	Std Error		0.15	
	N		9508	
	N Missing		180	
RP - Role Physical Scale	Mean		81.12	
	Std Error		0.32	
	N		9635	
	N Missing		53	
BP - Bodily Pain Subscale	Mean		74.61	
	Std Error		0.22	
	N		9670	
	N Missing		18	
GH - General Health Subscale	Mean		70.08	
	Std Error		0.20	
	N		9631	
	N Missing		57	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
VT - Vitality Index Scale	Mean		52.80	
	Std Error		0.20	
	N		9658	
	N Missing		30	
SF - Social Functioning Scale	Mean		78.15	
	Std Error		0.24	
	N		9686	
	N Missing		2	
RE - Role Emotional Scale	Mean		74.09	
	Std Error		0.38	
	N		9630	
	N Missing		58	
MH - Mental Health Subscale	Mean		68.18	
	Std Error		0.18	
	N		9656	
	N Missing		32	
PCSWHA - Physical health summary score - standardised to the WHA population	Mean		50.01	
	Std Error		0.10	
	N		9415	
	N Missing		273	
MCSWHA - Mental health summary score - standardised to the WHA population	Mean		50.26	
	Std Error		0.10	
	N		9415	
	N Missing		273	
Age group at time of selection - 1st April 1996	Young	1	9688	100.0

*ALSWH Data book for the second survey of 1973-78 cohort*

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>	
Number of different illicit drugs used	0	0	3303	34.7	
	1	1	2439	25.7	
	2	2	1784	18.8	
	3	3	668	7.0	
	4	4	427	4.5	
	5	5	362	3.8	
	6	6	257	2.7	
	7	7	143	1.5	
	8	8	67	0.7	
	9	9	37	0.4	
	10	10	7	0.1	
	11	11	10	0.1	
	12	12	4	0.0	
	N Missing		170		
Number of different illicit drugs used in last 12 months	0	0	5373	56.5	
	1	1	2337	24.6	
	2	2	919	9.7	
	3	3	342	3.6	
	4	4	275	2.9	
	5	5	172	1.8	
	6	6	55	0.6	
	7	7	25	0.3	
	8	8	8	0.1	
	9	9	1	0.0	
	10	10	1	0.0	
		N Missing		170	

*ALSWH Data book for the second survey of 1973-78 cohort*

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Pattern of Drug Use	Never used illicit drugs	1	3303	34.7
	ONLY ever used Marijuana - not in last 12mths	2	1213	12.8
	ONLY ever used Marijuana - used in the last 12mths	3	509	5.3
	Used multiple/single drug other than Marijuana-not last12mths	4	858	9.0
	Used multiple/single drug other than Marijuana->=1 last 12mths	5	3626	38.1
	N Missing		170	
Ever used illicit drugs	Never used illicit drugs	0	3303	34.7
	Used illicit drugs	1	6206	65.3
	N Missing		170	
Ever used marijuana	Never used this drug	0	4114	43.3
	Used this drug	1	5395	56.7
	N Missing		170	
Ever used amphetamines	Never used this drug	0	7953	83.6
	Used this drug	1	1555	16.4
	N Missing		170	
Ever used LSD	Never used this drug	0	8173	86.0
	Used this drug	1	1335	14.0
	N Missing		170	
Ever used natural hallucinogens	Never used this drug	0	9035	95.0
	Used this drug	1	474	5.0
	N Missing		170	
Ever used tranquillisers	Never used this drug	0	9038	95.1
	Used this drug	1	470	4.9
	N Missing		170	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Ever used cocaine	Never used this drug	0	8940	94.0
	Used this drug	1	568	6.0
	N Missing		170	
Ever used ecstasy	Never used this drug	0	8127	85.5
	Used this drug	1	1382	14.5
	N Missing		170	
Ever used inhalants	Never used this drug	0	9336	98.2
	Used this drug	1	172	1.8
	N Missing		170	
Ever used heroin	Never used this drug	0	9393	98.8
	Used this drug	1	115	1.2
	N Missing		170	
Ever used barbiturates	N Missing		9688	
Have you used it in the last 12 months? Marijuana (cannabis, hash, grass, dope, pot, yandi)	Not used drug in past 12mths	0	7186	75.6
	Used drug in past 12mths	1	2323	24.4
	N Missing		170	
Have you used it in the last 12 months? Amphetamines (eg speed, uppers, methylamphetamine, MDA)	Not used drug in past 12mths	0	8701	91.5
	Used drug in past 12mths	1	807	8.5
	N Missing		170	
Have you used it in the last 12 months? LSD (acid, trips)	Not used drug in past 12mths	0	9215	96.9
	Used drug in past 12mths	1	293	3.1
	N Missing		170	
Have you used it in the last 12 months? Natural hallucinogens (eg magic mushrooms)	Not used drug in past 12mths	0	9429	99.2
	Used drug in past 12mths	1	79	0.8
	N Missing		170	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Have you used it in the last 12 months? Tranquilisers (eg tranks, sleepers, Mandrax, Serapax, Rohypnol)	Not used drug in past 12mths	0	9329	98.1
	Used drug in past 12mths	1	180	1.9
	N Missing		170	
Have you used it in the last 12 months? Cocaine (coke, crack, blow)	Not used drug in past 12mths	0	9243	97.2
	Used drug in past 12mths	1	266	2.8
	N Missing		170	
Have you used it in the last 12 months? Ecstasy/designer drugs (eg E, eccies, MDMA)	Not used drug in past 12mths	0	8630	90.8
	Used drug in past 12mths	1	879	9.2
	N Missing		170	
Have you used it in the last 12 months? Inhalants (eg glue, petrol, solvents)	Not used drug in past 12mths	0	9485	99.8
	Used drug in past 12mths	1	24	0.2
	N Missing		170	
Have you used it in the last 12 months? Heroin (smack, junk)	Not used drug in past 12mths	0	9472	99.6
	Used drug in past 12mths	1	36	0.4
	N Missing		170	
Have you used it in the last 12 months? Barbiturates (eg barbs, downers, purple hearts)	N Missing		9688	
At about what age did you first try this? Marijuana (cannabis, hash, grass, dope, pot, yandi)	Mean		17.18	
	Std Error		0.04	
	N		5236	
	N Missing		4452	
At about what age did you first try this? Amphetamines (eg speed, uppers, methylamphetamine, MDA)	Mean		19.62	
	Std Error		0.07	
	N		1366	
	N Missing		8322	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
At about what age did you first try this? LSD (acid, trips)	Mean		18.73	
	Std Error		0.07	
	N		1160	
	N Missing		8528	
At about what age did you first try this? Natural hallucinogens (eg magic mushrooms)	Mean		18.77	
	Std Error		0.13	
	N		431	
	N Missing		9257	
At about what age did you first try this? Tranquilisers (eg tranks, sleepers, Mandrax, Serapax, Rohypnol)	Mean		19.99	
	Std Error		0.14	
	N		412	
	N Missing		9276	
At about what age did you first try this? Cocaine (coke, crack, blow)	Mean		21.19	
	Std Error		0.11	
	N		462	
	N Missing		9226	
At about what age did you first try this? Ecstasy/designer drugs (eg E, eccies, MDMA)	Mean		20.77	
	Std Error		0.07	
	N		1157	
	N Missing		8531	
At about what age did you first try this? Inhalants (eg glue, petrol, solvents)	Mean		16.29	
	Std Error		0.24	
	N		150	
	N Missing		9538	
At about what age did you first try this? Heroin (smack, junk)	Mean		19.99	
	Std Error		0.25	
	N		100	
	N Missing		9588	



**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Alcohol status (NHMRC)	Low risk drinker	1	5770	59.9
	Non-drinker	2	848	8.8
	Rarely drinks	3	2656	27.6
	Risky drinker	4	325	3.4
	High risk drinker	5	26	0.3
	N Missing		65	
Alcohol pattern (AlcPAtt)	Low risk drinker, binge <weekly	1	7203	75.4
	Non-drinker	2	848	8.9
	Low risk drinker, binges weekly	3	1146	12.0
	Risky/high risk drinker	4	352	3.7
	N Missing		148	
Contraceptive use at survey	Don't need - currently pregnant	1	419	4.3
	Don't need - other	2	1350	13.9
	Choose not to use contraception	3	416	4.3
	OCP only	4	4019	41.5
	OCP and other types	5	1310	13.5
	Condom, maybe other types - NO OCP	6	1510	15.6
	Other contraceptives - NO OCP/Condoms	7	514	5.3
	N Missing		149	1.5
Exercise Status Grouped	Nil/sedentary	1	913	9.7
	Low	2	3298	34.9
	Moderate	3	2230	23.6
	High	4	3004	31.8
	N Missing		252	
GP satisfaction score (gpstfy)	Mean		3.61	
	Std Error		0.01	
	N		9575	
	N Missing		113	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>	
GP Use- Survey 2	None	0	339	3.5	
	Once	1	809	8.4	
	Twice	2	677	7.0	
	3 Times	3	2385	24.7	
	4 Times	4	2053	21.2	
	5-6 Times	5	2043	21.1	
	7-9 Times	6	698	7.2	
	10-12 Times	7	447	4.6	
	More Than 12 Times	8	219	2.3	
	N Missing			19	
Life satisfaction score	Mean		3.09		
	Std Error		0.00		
	N		9542		
	N Missing		146		
Current living arrangements grouped	Lives Alone	1	575	6.1	
	Partner only	2	2711	28.6	
	Partner and Children only	3	1109	11.7	
	Partner and any others	4	712	7.5	
	Children only	8	184	1.9	
	Children and/or Parents and/or Other family and/or Non-family	9	174	1.8	
	Parents only	11	861	9.1	
	Parents and Other family only	12	1451	15.3	
	Parents and/or Other family and/or Non- family	13	129	1.4	
	Other family only	14	282	3.0	
	Non-family only	16	1281	13.5	
	N Missing			205	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Current living arrangements				
	Lives Alone	1	575	6.1
	Partner only	2	2711	28.6
	Partner and Children only	3	1109	11.7
	Partner and any others	4	712	7.5
	Children only	5	184	1.9
	Children and/or Parents and/or Other family and/or Non-family	6	174	1.8
	Parents only	7	861	9.1
	Parents and Other family only	8	1451	15.3
	Parents and/or Other family and/or Non- family	9	129	1.4
	Other family only	10	282	3.0
	Non-family only	11	1281	13.5
	N Missing		205	
The 6-item sum is referred to as the Revised Life Orientation Test (LOT-R) score. Higher scores indicate a more optimistic outlook.	Mean		15.03	
	Std Error		0.04	
	N		9553	
	N Missing		135	
Pregnancy Status (y2pregstat)				
	Never pregnant	1	7707	82.3
	Current First Pregnancy	2	222	2.4
	First birth between Y1 and Y2, not pregnant	3	773	8.3
	First birth between Y1 and Y2, pregnant	4	117	1.2
	First birth before Y1, not pregnant	5	485	5.2
	First birth before Y1, pregnant	6	63	0.7
	N Missing		335	
Smoking status - smokst				
	Never smoked	1	5583	58.1
	Ex smoker	2	1346	14.0
	Smoke <10 day	3	1463	15.2
	Smoke 10-19 day	4	796	8.3
	Smoke >=20 day	5	421	4.4
	N Missing		80	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Mean of Multi-item summed score for perceived stress. From 0 to 4. Higher values means more stressed.	Mean		0.96	
	Std Error		0.01	
	N		9633	
	N Missing		55	
Type of survey completed (full or short phone). Note: useful variable indicating response when merging data sets across waves.	Full survey	1	9594	99.0
	Short survey	2	94	1.0
CES-D10	Mean		7.60	
	Std Error		0.06	
	N		9330	
	N Missing		358	
Age at time of survey returned in years	Mean		24.14	
	Std Error		0.01	
	N		9688	
	N Missing		0	
State participant resides in at the completion of each survey	NSW	1	2773	28.7
	Vic	2	2629	27.2
	Qld	3	1885	19.5
	SA	4	796	8.2
	WA	5	958	9.9
	Tas	6	278	2.9
	NT	7	85	0.9
	ACT	8	249	2.6
	Overseas	9	8	0.1
	N Missing		34	
Accessibility/remoteness Index of Australia ARIA	Mean		0.75	
	Std Error		0.02	
	N		9646	
	N Missing		42	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
ARIA+ Grouped into 6 categories				
	Major cities of Australia	1	6437	66.6
	Inner regional Australia	2	2004	20.7
	Outer regional Australia	3	995	10.3
	Remote Australia	4	164	1.7
	Very Remote Australia	5	54	0.6
	Overseas	6	8	0.1
	N Missing		34	
Payment for work				
	Employed, not paid	0	306	3.7
	Employed, paid	1	7976	96.3
	N Missing		1525	
Hours worked				
	1-15	1	917	11.1
	16-24	2	725	8.8
	25-34	3	832	10.0
	35-40	4	2746	33.2
	41-48	5	1880	22.7
	49+	6	1182	14.3
	N Missing		1525	
Have you ever tried this? Analgesics (eg Aspirin, Paracetamol, Mersyndol)				
	No	0	5871	61.7
	Yes	1	3638	38.3
	N Missing		170	
Have you ever tried this? Steroids				
	N Missing		9688	
At about what age did you first try this? Analgesics (eg Aspirin, Paracetamol, Mersyndol)				
	Mean		12.48	
	Std Error		0.08	
	N		2970	
	N Missing		6718	
At about what age did you first try this? Steroids				
	Mean			
	Std Error			
	N		0	
	N Missing		9688	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Have you used it in the last 12 months? Analgesics (eg Aspirin, Paracetamol, Mersyndol)	No	0	6639	69.8
	Yes	1	2869	30.2
	N Missing		170	
Have you used it in the last 12 months? Steroids	N Missing		9688	
Proportion of Life events 0 to 1	Mean		0.08	
	Std Error		0.00	
	N		9580	
	N Missing		108	
Mean value of MOS scale values for Positive Social Interaction, 1 to 5	Mean		4.06	
	Std Error		0.01	
	N		9482	
	N Missing		206	
Grouped Mean value of MOS scale values for Positive Social Interaction, 1 to 5. Higher scores for subscales and the index indicate more social support.	All the time	1	5376	56.7
	Most	2	2678	28.3
	Some	3	1095	11.6
	None/little	4	330	3.5
	N Missing		206	
PCS_ABS - Physical health summary score - standardised against the entire Australian adult population	Mean		53.00	
	Std Error		0.08	
	N		9415	
	N Missing		273	
MCS_ABS - Mental health summary score - standardised against the entire Australian adult population	Mean		43.57	
	Std Error		0.12	
	N		9415	
	N Missing		273	
PCS_US - Physical health summary score - standardised against the entire US adult population	Mean		52.01	
	Std Error		0.08	
	N		9415	
	N Missing		273	

**ALSWH Data book for the second survey of 1973-78 cohort**

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
MCS_US - Mental health summary score - standardised against the entire US adult population	Mean		45.07	
	Std Error		0.12	
	N		9415	
	N Missing		273	
How much do you weigh without clothes or shoes?	Mean		64.98	
	Std Error		0.15	
	N		9041	
	N Missing		647	
Body Mass Index (BMI)	Mean		23.70	
	Std Error		0.05	
	N		8847	
	N Missing		841	
How tall are you without shoes?	Mean		165.57	
	Std Error		0.07	
	N		9450	
	N Missing		238	
BMI classification	Underweight, BMI < 18.5	1	623	7.0
	Acceptable weight, 18.5 <= BMI < 25	2	5717	64.0
	Overweight, 25 <= BMI < 30	3	1703	19.1
	Obese, 30 <= BMI	4	895	10.0
	N Missing		841	
Number of Terminations	0	0	7204	86.3
	1	1	898	10.8
	2	2	185	2.2
	3	3	42	0.5
	4	4	12	0.1
	5	5	5	0.1
	N Missing		1337	

*ALSWH Data book for the second survey of 1973-78 cohort*

<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Number of Miscarriages	0	0	7493	92.0
	1	1	514	6.3
	2	2	97	1.2
	3	3	19	0.2
	4	4	8	0.1
	5	5	10	0.1
	N Missing			1555
Number of Births	0	0	8228	85.1
	1	1	906	9.4
	2	2	420	4.3
	3	3	98	1.0
	4	4	13	0.1
	5	5	3	0.0
	N Missing			21
Work Study Status	N Missing		9688	
Smoking classification (AIHW)	N Missing		9688	
Raw value of y2q39cm	Mean		165.58	
	Std Error		0.14	
	N		7311	
	N Missing		2377	
Raw value of y2q39ft	Mean		5.01	
	Std Error		0.01	
	N		2639	
	N Missing		7049	
Raw value of y2q39in	Mean		5.60	
	Std Error		0.10	
	N		2647	
	N Missing		7041	



*ALSWH Data book for the second survey of 1973-78 cohort*

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<i>Item Description</i>	<i>Categories</i>	<i>Values</i>	<i>Number</i>	<i>%</i>
Raw value of y2q40kg	Mean		65.51	
	Std Error		0.18	
	N		9110	
	N Missing		578	
Raw value of y2q40st	Mean		10.31	
	Std Error		0.27	
	N		476	
	N Missing		9212	
Raw value of y2q40lb	Mean		8.13	
	Std Error		1.88	
	N		491	
	N Missing		9197	

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