

Data book

For the seventeenth and eighteenth six month
follow-up surveys of the 1921-26 cohort

Surveyed 2019-2021, when aged between 93-99
years

October 2021

Data book for waves 17 and 18 of the six-monthly survey of the 1921-1926 cohort (aged 93-99 years)

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Notes

This data book provides a summary of responses to the seventeenth and eighteenth six monthly follow-up surveys for the 1921-1926 ALSWH birth cohort. The surveys were returned between November 2019 and May 2021. There were 311 responses to the seventeenth survey and 203 to the eighteenth survey.

This data book is ordered by the order of the questions on the paper questionnaire. The questionnaire number is given where appropriate. The derived variables do not have any questionnaire numbering.

The frequencies in this data book were weighted according to the area classification to account for the deliberate over-sampling of women from rural and remote areas. The missing amounts were not weighted and nor were the number non-missing values given for the non-categorical responses.

For information on the derived variables refer to the ALSWH website (www.alswh.org.au). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

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Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q1 In general, would you say your health is:	Excellent	3	0.9	0	0.3
	Very good	33	11.0	30	15.9
	Good	120	40.8	70	37.7
	Fair	116	39.6	72	38.6
	Poor	22	7.6	14	7.6
	Missing	2		5	
Q2 Compared to one year ago, how would you rate your health in general now	Much better				0.9
	Somewhat better	5	1.8	4	2.0
	About the same	141	47.7	74	39.4
	Somewhat worse	131	44.2	94	49.7
	Much worse	19	6.3	15	8.1
	Missing				
Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports	Limited a lot	270	93.7	180	97.0
	Limited a little	11	3.9	3	1.5
	Not limited	7	2.4	3	1.6
	Missing	11		9	
Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf	Limited a lot	183	65.2	116	62.6
	Limited a little	76	27.2	62	33.7
	Not limited	21	7.6	7	3.7
	Missing	15		8	
Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries	Limited a lot	154	53.2	88	47.6
	Limited a little	104	36.1	74	40.2
	Not limited	31	10.7	22	12.1
	Missing	11		9	
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs	Limited a lot	212	74.3	132	72.5
	Limited a little	55	19.4	36	19.7
	Not limited	18	6.2	14	7.8
	Missing	14		13	
Q3e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	126	44.6	78	42.5
	Limited a little	112	39.6	70	38.1
	Not limited	45	15.8	35	19.3
	Missing	16		11	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q3f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	133	45.8	75	40.7
	Limited a little	130	44.9	88	48.0
	Not limited	27	9.3	21	11.3
	Missing	9		8	
Q3g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	222	77.4	136	75.1
	Limited a little	49	17.1	30	16.7
	Not limited	16	5.5	15	8.2
	Missing	13		10	
Q3h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre	Limited a lot	170	60.3	87	49.0
	Limited a little	70	24.8	62	35.0
	Not limited	42	15.0	28	16.0
	Missing	19		14	
Q3i The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres	Limited a lot	84	29.0	44	25.0
	Limited a little	113	38.8	58	33.1
	Not limited	93	32.2	74	41.9
	Missing	9		18	
Q3j The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	47	15.8	20	10.5
	Limited a little	93	31.7	63	33.6
	Not limited	155	52.5	106	55.9
	Missing	1		3	
Q4a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities	Yes	199	69.4	132	71.2
	No	88	30.6	54	28.8
	Missing	10		7	
Q4b During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like	Yes	221	77.3	151	82.0
	No	65	22.7	33	18.0
	Missing	11		9	
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities	Yes	220	77.3	147	80.4
	No	64	22.7	36	19.6
	Missing	13		10	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q4d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	Yes	222	77.9	149	81.4
	No	63	22.1	34	18.6
	Missing	11		10	
Q5a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities	Yes	100	34.5	59	32.1
	No	190	65.5	126	67.9
	Missing	8		8	
Q5b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like	Yes	140	48.1	89	48.1
	No	151	51.9	96	51.9
	Missing	7		9	
Q5c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual	Yes	114	39.2	71	39.0
	No	176	60.8	112	61.0
	Missing	8		10	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	108	36.8	77	41.3
	Slightly	49	16.7	28	15.1
	Moderately	61	20.9	28	15.0
	Quite a bit	53	18.0	42	22.7
	Extremely	22	7.6	11	5.8
	Missing	4		7	
Q7 How much bodily pain have you had during the past four weeks?	No bodily pain	42	14.2	33	17.5
	Very mild	58	19.6	34	18.1
	Mild	39	13.3	26	13.6
	Moderate	111	37.6	64	34.0
	Severe	40	13.5	27	14.5
	Very severe	5	1.8	4	2.4
	Missing	2		3	
Q8 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	Not at all	76	26.1	59	32.0
	A little bit	72	24.5	33	18.1
	Moderately	67	22.8	36	19.7
	Quite a bit	58	19.7	46	25.1
	Extremely	21	7.0	10	5.2
	Missing	6		7	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q9a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	1	0.5	3	1.5
	Most the time	50	17.3	30	16.7
	Good bit of time	43	15.1	29	16.3
	Some of time	65	22.6	38	21.5
	Little of time	76	26.6	46	26.1
	None of time	51	17.9	32	17.8
	Missing	8		15	
Q9b For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you been a very nervous person?	All the time	2	0.6		
	Most the time	2	0.8	4	2.2
	Good bit of time	10	3.4	8	4.5
	Some of time	37	12.8	23	12.6
	Little of time	72	24.9	34	18.5
	None of time	168	57.5	114	62.3
	Missing	6		8	
Q9c For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you felt so down in the dumps that nothing could cheer you up?	All the time	0	0.2	2	1.2
	Most the time	7	2.6	3	1.5
	Good bit of time	11	3.7	3	1.7
	Some of time	37	12.9	26	14.1
	Little of time	55	19.5	35	19.1
	None of time	173	61.1	115	62.4
	Missing	13		8	
Q9d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you felt calm and peaceful?	All the time	25	8.8	14	7.8
	Most the time	117	40.9	79	43.7
	Good bit of time	51	17.7	25	14.0
	Some of time	52	18.0	31	17.4
	Little of time	29	10.2	22	12.5
	None of time	13	4.4	8	4.7
	Missing	9		11	
Q9e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you have a lot of energy?	All the time				1.5
	Most the time	22	7.6	13	7.2
	Good bit of time	29	10.0	15	8.3
	Some of time	60	21.1	56	30.5
	Little of time	88	30.6	41	22.4
	None of time	88	30.7	56	30.2
	Missing	13		9	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q9f For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you felt down?	All the time	3	1.2	2	0.9
	Most the time	5	1.7	4	2.2
	Good bit of time	12	4.1	8	4.6
	Some of time	57	19.9	37	20.0
	Little of time	111	38.3	58	31.7
	None of time	100	34.7	74	40.6
	Missing	7		8	
Q9g For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel worn out?	All the time	17	5.8	7	3.7
	Most the time	24	8.2	10	5.3
	Good bit of time	36	12.4	21	11.4
	Some of time	74	25.7	54	30.0
	Little of time	93	32.2	51	28.3
	None of time	45	15.7	38	21.3
	Missing	8		10	
Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you been a happy person?	All the time	58	20.1	32	17.2
	Most the time	114	39.2	98	52.0
	Good bit of time	59	20.3	23	12.0
	Some of time	45	15.4	24	12.6
	Little of time	13	4.3	8	4.3
	None of time	2	0.7	4	2.0
	Missing	6		4	
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel tired?	All the time	21	7.3	10	5.1
	Most the time	44	14.9	26	14.0
	Good bit of time	63	21.5	39	20.4
	Some of time	95	32.5	72	38.2
	Little of time	60	20.3	39	20.4
	None of time	10	3.5	4	2.0
	Missing	2		3	
Q10 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?	All the time	32	11.0	27	14.8
	Most the time	48	16.6	28	15.2
	Some of time	54	18.5	29	16.2
	Little of time	48	16.6	25	13.8
	None of time	109	37.4	73	39.9
	Missing	9		8	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q11a How true or false is each of the following statements for you? I seem to get sick a little easier than other people	Definitely true	4	1.6	2	1.3
	Mostly true	2	0.8	6	3.5
	Don't know	50	18.0	25	14.4
	Mostly false	68	24.4	40	23.0
	Definitely false	154	55.2	102	57.8
	Missing	21		17	
Q11b How true or false is each of the following statements for you? I am as healthy as anybody I know	Definitely true	42	15.1	28	15.9
	Mostly true	108	39.3	77	43.9
	Don't know	70	25.5	36	20.4
	Mostly false	36	12.9	23	13.0
	Definitely false	20	7.2	12	6.7
	Missing	23		18	
Q11c How true or false is each of the following statements for you? I expect my health to get worse	Definitely true	44	15.7	39	21.5
	Mostly true	100	35.5	53	29.1
	Don't know	96	34.1	67	36.9
	Mostly false	23	8.1	10	5.4
	Definitely false	18	6.6	13	7.1
	Missing	17		11	
Q11d How true or false is each of the following statements for you? My health is excellent	Definitely true	19	7.0	7	4.0
	Mostly true	116	41.8	78	45.6
	Don't know	33	12.0	21	12.2
	Mostly false	68	24.5	35	20.4
	Definitely false	41	14.7	30	17.7
	Missing	21		23	
Q12a Do you have: Difficulty seeing newspaper print, even with glasses?	No	172	61.2	126	70.1
	Yes	109	38.8	54	29.9
	Missing	17		11	
Q12b Do you have: Difficulty recognising people across the road, even with glasses?	No	181	64.6	124	68.8
	Yes	99	35.4	56	31.2
	Missing	17		11	
Q12c Do you have: Difficulty in hearing a conversation, even with a hearing aid?	No	154	55.0	87	48.5
	Yes	126	45.0	93	51.5
	Missing	17		11	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q12d Do you have: Difficulty speaking?	No	269	95.8	172	95.4
	Yes	12	4.2	8	4.6
	Missing	17		11	
Q12e Do you have: None of the above	No	186	66.3	121	67.3
	Yes	95	33.7	59	32.7
	Missing	17		11	
Q13a In the last 12 months, have you had any of the following: Stiff or painful joints	Never	45	15.5	36	18.9
	Rarely	30	10.4	24	12.5
	Sometimes	105	36.0	58	30.5
	Often	111	38.1	72	38.0
	Missing	4		3	
Q13b Have you had any of the following problems in the last 12 months? Problems with one or both feet	Never	103	35.4	60	31.8
	Rarely	33	11.2	40	21.2
	Sometimes	91	31.2	52	27.3
	Often	65	22.2	37	19.7
	Missing	4		3	
Q13c In the last 12 months, have you had any of the following: Breathing difficulty	Never	131	44.5	77	40.6
	Rarely	68	23.2	51	27.0
	Sometimes	68	23.1	44	23.3
	Often	27	9.1	17	9.1
	Missing	2		2	
Q13d In the last 12 months, have you had any of the following: Leaking urine	Never	62	21.0	37	19.7
	Rarely	63	21.4	38	19.9
	Sometimes	96	32.6	56	29.4
	Often	73	25.0	59	31.0
	Missing	2		2	
Q14a In the last 12 months, have you: Slipped, tripped, or stumbled (not including falls to the ground)?	No	184	66.2	113	63.8
	Yes	94	33.8	64	36.2
	Missing	21		12	
Q14b In the last 12 months, have you: Had a fall to the ground (does not include stumbles/trips)?	No	207	74.5	136	77.0
	Yes	71	25.5	41	23.0
	Missing	21		12	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q14c In the last 12 months, have you: Been injured as a result of a fall?	No	230	83.1	140	79.2
	Yes	47	16.9	37	20.8
	Missing	21		12	
Q14d In the last 12 months, have you: Needed to seek medical attention (e.g. Doctor, hospital) for an injury from a fall?	No	231	83.3	145	82.0
	Yes	46	16.7	32	18.0
	Missing	21		12	
Q14e In the last 12 months, have you: Had any other injury from an accident at your home? (e.g. burns, cuts, bruises)	No	228	82.3	140	78.8
	Yes	49	17.7	38	21.2
	Missing	21		12	
Q14f In the last 12 months, have you: None of these accidents	No	150	54.1	96	54.1
	Yes	127	45.9	81	45.9
	Missing	21		12	
Q15a Do you regularly provide care or assistance (e.g. personal care, transport) to any other person because of their long-term illness, disability or frailty? Yes, for someone who lives with me	No	274	96.0	180	97.1
	Yes	11	4.0	5	2.9
	Missing	11		6	
Q15b Do you regularly provide care or assistance (e.g. personal care, transport) to any other person because of their long-term illness, disability or frailty? Yes, for someone who lives elsewhere	No	284	99.7	182	98.3
	Yes	1	0.3	3	1.7
	Missing	11		6	
Q15c Do you regularly provide care or assistance (e.g. personal care, transport) to any other person because of their long-term illness, disability or frailty? No, I do not provide care	No	12	4.3	9	4.7
	Yes	273	95.7	176	95.3
	Missing	11		6	
Q16a How many times did you do each type of activity last week? Walking briskly (for recreation or exercise, or to get from place to place)	Mean	1.07		1.49	
	Std Error	0.17		0.29	
	N	287		181	
	N Missing	24		22	
Q16b How many times did you do each type of activity last week? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing) or more vigorous leisure activity (that makes you breathe harder or puff or pant)	Mean	0.21		0.16	
	Std Error	0.06		0.07	
	N	287		181	
	N Missing	24		22	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q16c How many times did you do each type of activity last week? Vigorous work in the house or garden (like vacuuming, mopping, cleaning windows, digging, mowing etc)	Mean	0.60		0.55	
	Std Error	0.20		0.11	
	N	289		182	
	N Missing	22		21	
Q17 What is your main (or most common) means of transport?	Car (you drive)	60	21.0	33	17.9
	Other	227	79.0	151	82.1
	Missing	13		7	
Q18 How do you manage on the income you have available?	Impossible	2	0.8		
	Difficult always	4	1.5	5	2.9
	Difficult sometimes	19	6.6	9	4.6
	Not too bad	139	47.1	80	42.3
	Easy	130	44.1	95	50.2
	Missing	3		2	
Q19a Who lives with you? No-one, I live alone	No	82	30.2	59	33.6
	Yes	190	69.8	117	66.4
	Missing	23		14	
Q19b Who lives with you? Spouse or partner	No	258	94.4	162	92.0
	Yes	15	5.6	14	8.0
	Missing	23		14	
Q19c Who lives with you? Own children	No	246	90.2	155	87.8
	Yes	27	9.8	21	12.2
	Missing	23		14	
Q19d Who lives with you? Other family members	No	261	95.8	169	96.2
	Yes	12	4.2	7	3.8
	Missing	23		14	
Q19e Who lives with you? Non-family members	No	239	87.5	156	88.5
	Yes	34	12.5	20	11.5
	Missing	23		14	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q20 What is your present marital status?	Married	19	6.4	15	7.9
	Widowed	252	85.9	163	86.0
	Divorced	11	3.8	6	3.3
	Never Married	12	4.0	5	2.9
	Missing	4		1	
Q21 Do you regularly need help with daily tasks because of long-term illness, disability or frailty (e.g. personal care, getting around, preparing meals etc)?	Yes	133	46.1	85	44.8
	No	155	53.9	105	55.2
	Missing	9		2	
Q22a In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Grooming (e.g. brushing hair, applying make-up)	No difficulty	233	80.0	151	80.6
	Some difficulty	50	17.3	35	18.4
	Unable to do	8	2.7	2	1.0
	Missing	6		3	
Q22b In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Eating (e.g. cutting meat, lifting glass or cup, opening milk carton)	No difficulty	225	77.8	143	75.3
	Some difficulty	60	20.7	45	23.5
	Unable to do	4	1.5	2	1.2
	Missing	9		2	
Q22c In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Bathing or taking a shower	No difficulty	192	65.9	134	70.8
	Some difficulty	74	25.4	41	21.5
	Unable to do	25	8.7	15	7.7
	Missing	7		3	
Q22d In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Dressing your upper body	No difficulty	220	75.7	144	76.6
	Some difficulty	58	20.1	39	20.7
	Unable to do	12	4.2	5	2.7
	Missing	8		4	
Q22e In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Dressing your lower body	No difficulty	197	68.2	135	71.9
	Some difficulty	77	26.5	47	24.9
	Unable to do	15	5.3	6	3.3
	Missing	8		4	
Q22f In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Getting up from a chair	No difficulty	142	49.7	95	51.2
	Some difficulty	139	48.4	88	47.3
	Unable to do	5	1.9	3	1.5
	Missing	11		6	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q22g In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Walking inside the house	No difficulty	189	66.0	126	66.6
	Some difficulty	92	32.2	56	29.7
	Unable to do	5	1.8	7	3.8
	Missing	11		3	
Q22h In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Using the toilet	No difficulty	239	84.3	156	83.1
	Some difficulty	43	15.2	31	16.3
	Unable to do	1	0.5	1	0.5
	Missing	13		4	
Q22i In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Shopping for personal items or groceries	No difficulty	80	29.0	55	30.6
	Some difficulty	96	34.8	50	27.9
	Unable to do	100	36.3	75	41.5
	Missing	20		10	
Q22j In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Doing light housework (e.g. cleaning, washing-up)	No difficulty	141	52.5	101	56.0
	Some difficulty	66	24.6	45	25.1
	Unable to do	61	22.9	34	18.8
	Missing	24		10	
Q22k In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Doing heavy housework (e.g. vacuuming, yard work)	No difficulty	22	8.0	20	10.5
	Some difficulty	60	21.9	36	19.6
	Unable to do	192	70.1	129	69.9
	Missing	22		8	
Q22l In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Managing money (e.g. writing cheques or keeping accounts)	No difficulty	212	74.0	141	75.6
	Some difficulty	40	14.0	28	15.1
	Unable to do	34	12.0	17	9.3
	Missing	11		4	
Q22m In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Preparing meals	No difficulty	141	50.8	92	50.6
	Some difficulty	71	25.7	52	28.9
	Unable to do	66	23.6	37	20.6
	Missing	19		9	
Q22n In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Taking medications	No difficulty	240	84.7	159	85.5
	Some difficulty	23	8.2	18	9.4
	Unable to do	20	7.1	10	5.1
	Missing	14		3	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q22o In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Using the telephone	No difficulty	212	72.7	142	75.7
	Some difficulty	66	22.5	40	21.5
	Unable to do	14	4.7	5	2.8
	Missing	5		4	
Q22p In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Doing leisure activities or hobbies	No difficulty	151	52.2	92	49.3
	Some difficulty	98	33.9	71	38.0
	Unable to do	40	14.0	24	12.8
	Missing	9		4	
Q23a In the last month have you needed help from another person to carry out any of these activities? Grooming (e.g. brushing hair, applying make-up)	Yes	39	13.4	16	9.1
	No	255	86.6	166	90.9
	Missing	5		7	
Q23b In the last month have you needed help from another person to carry out any of these activities? Eating (e.g. cutting meat, lifting glass or cup, opening milk carton)	Yes	47	16.0	26	14.2
	No	246	84.0	157	85.8
	Missing	6		7	
Q23c In the last month have you needed help from another person to carry out any of these activities? Bathing or taking a shower	Yes	69	23.5	33	18.2
	No	224	76.5	149	81.8
	Missing	7		6	
Q23d In the last month have you needed help from another person to carry out any of these activities? Dressing your upper body	Yes	49	17.1	23	12.8
	No	238	82.9	160	87.2
	Missing	11		10	
Q23e In the last month have you needed help from another person to carry out any of these activities? Dressing your lower body	Yes	57	19.7	27	14.7
	No	233	80.3	157	85.3
	Missing	11		5	
Q23f In the last month have you needed help from another person to carry out any of these activities? Getting up from a chair	Yes	70	24.2	35	18.9
	No	218	75.8	151	81.1
	Missing	12		3	
Q23g In the last month have you needed help from another person to carry out any of these activities? Walking inside the house	Yes	31	10.5	15	8.3
	No	261	89.5	165	91.7
	Missing	9		11	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Q23h In the last month have you needed help from another person to carry out any of these activities? Using the toilet	Yes	22	7.7	9	4.6
	No	265	92.3	176	95.4
	Missing	11		5	
Q23i In the last month have you needed help from another person to carry out any of these activities? Shopping for personal items or groceries	Yes	172	61.1	115	65.2
	No	110	38.9	62	34.8
	Missing	17		12	
Q23j In the last month have you needed help from another person to carry out any of these activities? Doing light housework (e.g. cleaning, washing-up)	Yes	102	36.8	62	34.8
	No	174	63.2	116	65.2
	Missing	19		13	
Q23k In the last month have you needed help from another person to carry out any of these activities? Doing heavy housework (e.g. vacuuming, yard work)	Yes	234	82.8	143	84.9
	No	48	17.2	25	15.1
	Missing	17		19	
Q23l In the last month have you needed help from another person to carry out any of these activities? Managing money (e.g. writing cheques or keeping accounts)	Yes	75	26.1	40	22.8
	No	213	73.9	135	77.2
	Missing	12		13	
Q23m In the last month have you needed help from another person to carry out any of these activities? Preparing meals	Yes	113	40.5	76	42.9
	No	167	59.5	101	57.1
	Missing	19		11	
Q23n In the last month have you needed help from another person to carry out any of these activities? Taking medications	Yes	51	17.5	30	16.4
	No	238	82.5	152	83.6
	Missing	9		8	
Q23o In the last month have you needed help from another person to carry out any of these activities? Using the telephone	Yes	57	19.9	28	15.5
	No	231	80.1	154	84.5
	Missing	9		6	
Q23p In the last month have you needed help from another person to carry out any of these activities? Doing leisure activities or hobbies	Yes	91	32.0	54	29.8
	No	195	68.0	127	70.2
	Missing	14		8	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
Height (in cms)	Mean	155.60		155.34	
	Std Error	0.47		0.70	
	N	249		156	
	N Missing	62		47	
Weight (in kgs)	Mean	58.92		59.05	
	Std Error	0.74		0.97	
	N	270		178	
	N Missing	41		25	
BMI (Body Mass Index)	Mean	24.43		24.67	
	Std Error	0.34		0.49	
	N	227		145	
	N Missing	84		58	
BMI classification	Underweight, BMI < 18.5	22	10.2	12	8.9
	Healthy weight, 18.5 <= BMI < 25	98	45.8	67	50.3
	Overweight, 25 <= BMI < 30	66	30.8	37	27.7
	Obese, 30 <= BMI	28	13.1	18	13.1
	Missing	84		58	
Q26 Which of the following best describes your housing situation? Do you live in:	House	151	51.4	100	53.0
	Flat/unit/apartment	54	18.5	35	18.4
	Mobile home/caravan				0.3
	Retirement Village	39	13.4	25	13.1
	Nursing Home	45	15.3	24	12.7
	Hostel	1	0.5	4	2.2
	Other	3	0.9	0	0.3
	Missing	4		2	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
ARIA+ Grouped					
	Major cities of Australia	167	68.2	76	69.2
	Inner regional Australia	54	22.0	21	18.8
	Outer regional Australia	22	9.1	12	11.2
	Remote Australia	1	0.3	1	0.7
	Very Remote Australia	1	0.3		
	Missing	53		90	
State of residence					
	NSW	99	34.7	66	35.5
	Vic	74	25.8	49	26.3
	Qld	36	12.8	22	11.6
	SA	35	12.3	17	8.9
	WA	21	7.4	18	9.7
	Tas	2	0.9	2	1.0
	ACT	17	6.0	13	7.0
	Missing	12		3	
Q28 Did someone help you fill in this survey?					
	No	224	77.3	150	79.7
	Yes, but I told them the answers	44	15.3	31	16.4
	Yes, but the helper answered using judgement	21	7.4	7	3.9
	Missing	8		1	
Age					
	Mean	95.74		96.11	
	Std Error	0.08		0.10	
	N	311		203	
	N Missing	0		0	
SF36 PAIN INDEX					
	Mean	55.10		56.47	
	Std Error	1.51		2.01	
	N	311		201	
	N Missing	0		2	
SF36 GENERAL HEALTH PERCEPTIONS					
	Mean	55.75		55.40	
	Std Error	1.07		1.42	
	N	291		186	
	N Missing	20		17	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
SF36 MENTAL HEALTH INDEX					
	Mean	76.85		77.44	
	Std Error	1.00		1.27	
	N	305		197	
	N Missing	6		6	
Modified Monash Model					
	Metropolitan areas	167	68.2	76	69.2
	Regional centres	12	4.9	4	3.4
	Large rural towns	23	9.5	10	9.2
	Medium rural towns	16	6.7	8	7.4
	Small rural towns	24	10.0	11	10.1
	Remote communities	1	0.3	1	0.7
	Very remote communities	1	0.3		
	Missing	53		90	
SF36 PHYSICAL FUNCTIONING					
	Mean	30.14		32.97	
	Std Error	1.36		1.64	
	N	304		197	
	N Missing	7		6	
SF36 ROLE-EMOTIONAL					
	Mean	59.38		60.23	
	Std Error	2.46		3.10	
	N	304		194	
	N Missing	7		9	
SF36 ROLE-PHYSICAL					
	Mean	24.66		22.01	
	Std Error	2.07		2.47	
	N	302		196	
	N Missing	9		7	
SF36 SOCIAL FUNCTIONING					
	Mean	63.78		64.32	
	Std Error	1.82		2.33	
	N	308		199	
	N Missing	3		4	
SF36 VITALITY					
	Mean	44.68		46.98	
	Std Error	1.21		1.49	
	N	308		199	
	N Missing	3		4	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 17 and 18, 2019 to 2021

<i>Item Description</i>	<i>Categories</i>	<i>Survey 17</i>	<i>%</i>	<i>Survey 18</i>	<i>%</i>
MENTAL COMPONENT SCALE-00 - AUST general					
	Mean	51.15		51.30	
	Std Error	0.66		0.85	
	N	273		172	
	N Missing	38		31	
MENTAL COMPONENT SCALE-00 - US General					
	Mean	52.35		52.50	
	Std Error	0.65		0.84	
	N	273		172	
	N Missing	38		31	
MENTAL COMPONENT SCALE-00 - WHA					
	Mean	50.35		50.41	
	Std Error	0.66		0.83	
	N	273		172	
	N Missing	38		31	
PHYSICAL COMPONENT SCALE-00 - AUST general					
	Mean	29.66		29.29	
	Std Error	0.59		0.71	
	N	273		172	
	N Missing	38		31	
PHYSICAL COMPONENT SCALE-00 - US General					
	Mean	30.18		29.82	
	Std Error	0.58		0.70	
	N	273		172	
	N Missing	38		31	
PHYSICAL COMPONENT SCALE-00 - WHA					
	Mean	40.26		40.08	
	Std Error	0.52		0.64	
	N	273		172	
	N Missing	38		31	