

Data book

For the twenty-first and twenty-second six-month follow-up surveys of the 1921-26 cohort

Surveyed 2021-2023, when aged between 95-102 years

November 2023

women's
health
AUSTRALIA

Australian Longitudinal Study
on Women's Health

Data book

For the twenty-first and twenty-second six-month
follow-up surveys of the 1921-26 cohort

Surveyed 2021-2023, when aged between
95-102 years

November 2023

Data book for waves 21 and 22 of the six-monthly survey of the 1921-1926 cohort (aged 95-102 years)

This work is copyright. Permission to use or reproduce material in this book for the purpose of free distribution is not required, provided that proper acknowledgement of the source is given. For other uses, apart from any permitted use under the Copyright Act 1968, no part may be reproduced by any process without written permission from the Director, Australian Longitudinal Study on Women's Health, The University of Queensland or The University of Newcastle.

Acknowledgements

The research on which this data book is based was conducted as part of the Australian Longitudinal Study on Women's Health by the University of Queensland and the University of Newcastle. We are grateful to the Australian Government Department of Health and Aged Care for funding and to the women who provided the survey data.

This document was prepared by Paul McElwee, with help from the data management group of the Australian Longitudinal Study on Women's Health (ALSWH) at the Universities of Queensland and Newcastle.

Notes

This data book provides a summary of responses to the twenty-first and twenty-second six-monthly follow-up surveys for the 1921-1926 ALSWH birth cohort. The surveys were returned between November 2021 and July 2023. There were 135 responses to the twenty-first survey and 98 to the twenty-second survey.

This data book is ordered by the order of the questions on the paper questionnaire. The questionnaire number is given where appropriate. The derived variables do not have any questionnaire numbering.

The frequencies in this data book were weighted according to the area classification at baseline, which was to account for the deliberate over-sampling of women from rural and remote areas. The missing amounts were not weighted and nor were the number of non-missing values given for the non-categorical responses.

For information on the derived variables refer to the ALSWH website (<https://alswh.org.au>). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

Australian Longitudinal Study on Women's Health

<https://alswh.org.au>

The University of Newcastle
Centre for Women's Health Research
HMRI Building Level 4 West Wing
Kookaburra Circuit
New Lambton Heights NSW 2305
Australia
Phone: 02 4042 0368
Email: info@alswh.org.au

The University of Queensland
Australian Women and Girls' Health Research Centre
School of Public Health
Public Health Building
266 Herston Road
Herston QLD 4006
Australia
Phone: 07 3346 4723
Email: ALSWH@uq.edu.au



Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q1 In general, would you say your health is:	Excellent	0	0.4	0	0.5
	Very good	12	8.8	13	13.3
	Good	58	43.6	35	36.5
	Fair	53	39.8	39	41.3
	Poor	10	7.4	8	8.4
	Missing	2		3	
Q2 Compared to one year ago, how would you rate your health in general now	Much better				1.8
	Somewhat better	2	1.7	5	5.5
	About the same	48	36.8	35	37.4
	Somewhat worse	73	55.3	48	50.5
	Much worse	8	6.2	4	4.7
	Missing	2		4	
Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports	Limited a lot	125	96.0	89	97.0
	Limited a little	2	1.5	3	3.0
	Not limited	3	2.5		
	Missing	4		7	
Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf	Limited a lot	83	67.2	64	68.3
	Limited a little	37	30.0	26	28.3
	Not limited	3	2.8	3	3.4
	Missing	9		3	
Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries	Limited a lot	67	52.5	49	54.2
	Limited a little	49	39.0	36	39.3
	Not limited	11	8.6	6	6.5
	Missing	6		6	
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs	Limited a lot	87	72.5	68	72.7
	Limited a little	29	23.8	23	24.4
	Not limited	4	3.7	3	2.9
	Missing	14		4	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q3e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	60	48.8	35	37.6
	Limited a little	37	30.1	41	43.5
	Not limited	26	21.1	18	18.9
	Missing	12		6	
Q3f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	60	47.6	33	36.4
	Limited a little	45	35.5	44	48.7
	Not limited	21	16.9	14	14.9
	Missing	8		7	
Q3g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	102	84.9	64	71.8
	Limited a little	14	11.5	18	19.8
	Not limited	4	3.7	7	8.4
	Missing	11		10	
Q3h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre	Limited a lot	73	59.7	47	54.2
	Limited a little	33	26.8	23	26.0
	Not limited	17	13.5	17	19.8
	Missing	10		10	
Q3i The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres	Limited a lot	39	32.2	27	29.8
	Limited a little	41	33.8	25	28.3
	Not limited	41	34.0	38	41.9
	Missing	10		8	
Q3j The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	17	13.4	10	11.0
	Limited a little	38	29.6	35	37.4
	Not limited	72	57.0	49	51.7
	Missing	6		3	
Q4a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities	Yes	87	69.3	67	70.8
	No	38	30.7	28	29.2
	Missing	10		3	
Q4b During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like	Yes	94	74.9	77	81.5
	No	31	25.1	18	18.5
	Missing	10		3	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities	Yes	94	75.1	79	82.9
	No	31	24.9	16	17.1
	Missing	10		2	
Q4d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	Yes	90	72.1	78	81.9
	No	35	27.9	17	18.1
	Missing	10		2	
Q5a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities			1.8		
	Yes	45	35.9	26	29.1
	No	81	64.1	64	70.9
Q5b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like	Yes	55	43.6	41	45.2
	No	71	56.4	50	54.8
	Missing	9		4	
Q5c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual	Yes	37	29.3	33	37.2
	No	89	70.7	55	62.8
	Missing	9		7	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	49	37.8	29	31.3
	Slightly	27	21.1	21	22.4
	Moderately	19	15.1	13	13.9
	Quite a bit	23	17.6	24	25.8
	Extremely	11	8.4	6	6.6
	Missing	7		2	
Q7 How much bodily pain have you had during the past four weeks?	No bodily pain	18	13.6	18	18.5
	Very mild	29	22.0	14	14.7
	Mild	17	12.9	8	8.5
	Moderate	43	33.1	40	42.1
	Severe	22	16.7	12	12.6
	Very severe	2	1.7	3	3.6
	Missing	4			

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q8 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	Not at all	36	28.2	28	30.4
	A little bit	37	29.2	16	17.2
	Moderately	30	23.2	24	25.9
	Quite a bit	17	13.3	14	14.5
	Extremely	8	6.0	11	11.9
	Missing	7		3	
	Q9a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	3	2.7	0
Most the time		21	16.6	18	19.5
Good bit of time		17	13.6	10	11.5
Some of time		37	29.2	23	25.2
Little of time		27	21.6	20	22.1
None of time		20	16.3	19	21.1
Missing		9		7	
Q9b For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you been a very nervous person?	All the time	0	0.4	2	2.0
	Most the time	2	1.4		
	Good bit of time	2	1.4	3	3.9
	Some of time	16	12.5	12	13.6
	Little of time	30	24.3	17	19.2
	None of time	75	60.1	55	61.4
	Missing	10		7	
Q9c For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you felt so down in the dumps that nothing could cheer you up?	All the time	1	0.8		
	Most the time	4	3.2	5	5.7
	Good bit of time	3	2.2	0	0.5
	Some of time	10	7.7	15	16.0
	Little of time	35	27.8	18	20.3
	None of time	72	58.3	52	57.4
	Missing	9		5	
Q9d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you felt calm and peaceful?	All the time	17	13.7	4	4.1
	Most the time	47	38.8	32	35.6
	Good bit of time	20	16.4	22	24.4
	Some of time	21	17.2	23	25.8
	Little of time	13	10.9	6	6.3
	None of time	4	3.1	3	3.9
	Missing	14		7	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q9e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you have a lot of energy?	All the time	0	0.4		
	Most the time	11	8.6	6	6.5
	Good bit of time	18	14.3	11	12.6
	Some of time	25	20.3	21	23.7
	Little of time	36	29.5	23	25.9
	None of time	33	26.9	28	31.4
	Missing	14		6	
Q9f For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you felt down?	All the time	1	0.8	2	1.9
	Most the time	4	3.2	2	2.5
	Good bit of time	4	3.6	3	3.0
	Some of time	24	19.1	16	18.1
	Little of time	47	37.7	36	39.9
	None of time	44	35.7	31	34.5
	Missing	11		7	
Q9g For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel worn out?	All the time	5	3.9	7	7.6
	Most the time	12	9.8	5	5.6
	Good bit of time	9	7.9	9	10.6
	Some of time	39	32.5	23	26.0
	Little of time	37	31.0	31	34.7
	None of time	18	14.8	14	15.4
	Missing	13		6	
Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you been a happy person?	All the time	26	20.0	14	15.1
	Most the time	63	48.9	44	48.3
	Good bit of time	16	12.7	18	19.4
	Some of time	16	12.3	7	7.5
	Little of time	6	4.4	5	5.9
	None of time	2	1.7	3	3.8
	Missing	8		4	
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel tired?	All the time	10	8.0	5	5.8
	Most the time	26	19.8	18	19.5
	Good bit of time	26	20.1	16	16.8
	Some of time	51	39.0	35	37.1
	Little of time	7	5.7	17	18.4
	None of time	10	7.4	2	2.4
	Missing	5		2	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q10 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?	All the time	18	14.3	12	13.1
	Most the time	20	15.6	18	19.4
	Some of time	19	15.0	26	27.7
	Little of time	23	17.7	5	4.9
	None of time	48	37.4	33	34.8
	Missing	6		1	
Q11a How true or false is each of the following statements for you? I seem to get sick a little easier than other people	Definitely true	0	0.4		
	Mostly true	4	3.3	2	1.9
	Don't know	18	14.8	12	13.0
	Mostly false	28	22.9	22	24.9
	Definitely false	71	58.6	54	60.1
	Missing	14		9	
Q11b How true or false is each of the following statements for you? I am as healthy as anybody I know	Definitely true	16	13.1	9	10.5
	Mostly true	52	41.8	39	44.2
	Don't know	37	29.5	24	27.4
	Mostly false	13	10.2	8	8.8
	Definitely false	7	5.4	8	9.1
	Missing	12		8	
Q11c How true or false is each of the following statements for you? I expect my health to get worse	Definitely true	24	19.6	19	21.5
	Mostly true	47	38.0	31	35.9
	Don't know	41	33.0	29	33.5
	Mostly false	5	4.3	2	2.3
	Definitely false	6	5.1	6	6.9
	Missing	10		10	
Q11d How true or false is each of the following statements for you? My health is excellent	Definitely true	7	5.8	1	1.2
	Mostly true	47	38.6	34	40.5
	Don't know	16	12.7	13	15.2
	Mostly false	32	26.3	21	24.5
	Definitely false	20	16.6	16	18.7
	Missing	13		13	
Q12a Do you have: Difficulty seeing newspaper print, even with glasses?	No	81	60.7	61	65.3
	Yes	52	39.3	33	34.7
	Missing	1		2	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q12b Do you have: Difficulty recognising people across the road, even with glasses?	No	84	62.9	70	74.5
	Yes	49	37.1	24	25.5
	Missing	1		2	
Q12c Do you have: Difficulty in hearing a conversation, even with a hearing aid?	No	60	45.1	47	48.9
	Yes	73	54.9	47	50.2
	Missing	1		2	
Q12d Do you have: Difficulty speaking?	No	124	92.9	87	92.9
	Yes	9	7.1	7	7.1
	Missing	1		2	
Q12e Do you have: None of the above	No	89	66.6	61	64.7
	Yes	44	33.4	33	35.3
	Missing	1		2	
Q13a In the last 12 months, have you had any of the following: Stiff or painful joints	Never	26	20.0	14	14.5
	Rarely	18	13.6	15	16.3
	Sometimes	35	26.0	30	32.4
	Often	54	40.4	35	36.8
	Missing	2		2	
Q13b Have you had any of the following problems in the last 12 months? Problems with one or both feet	Never	43	32.7	34	36.2
	Rarely	25	18.9	19	20.2
	Sometimes	32	23.9	20	22.0
	Often	33	24.5	20	21.6
	Missing	1		4	
Q13c In the last 12 months, have you had any of the following: Breathing difficulty	Never	55	41.4	40	42.2
	Rarely	28	21.1	29	31.2
	Sometimes	36	27.3	15	16.2
	Often	14	10.2	10	10.5
	Missing	1		1	
Q13d In the last 12 months, have you had any of the following: Leaking urine	Never	22	16.6	10	10.8
	Rarely	19	14.1	19	20.1
	Sometimes	55	41.1	32	34.3
	Often	37	28.2	33	34.8
	Missing	2		1	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q14a In the last 12 months, have you: Slipped, tripped, or stumbled (not including falls to the ground)?	No	76	60.1	58	60.4
	Yes	51	39.9	38	39.6
	Missing	6		1	
Q14b In the last 12 months, have you: Had a fall to the ground (does not include stumbles/trips)?	No	83	65.1	70	73.6
	Yes	44	34.9	25	26.4
	Missing	6		1	
Q14c In the last 12 months, have you: Been injured as a result of a fall?	No	97	76.2	68	71.6
	Yes	30	23.8	27	28.4
	Missing	6		1	
Q14d In the last 12 months, have you: Needed to seek medical attention (e.g. Doctor, hospital) for an injury from a fall?	No	100	79.0	69	72.1
	Yes	27	21.0	27	27.9
	Missing	6		1	
Q14e In the last 12 months, have you: Had any other injury from an accident at your home? (e.g. burns, cuts, bruises)	No	92	72.8	78	81.4
	Yes	35	27.2	18	18.6
	Missing	6		1	
Q14f In the last 12 months, have you: None of these accidents	No	76	59.5	58	60.8
	Yes	51	40.5	37	39.2
	Missing	6		1	
Q15a Do you regularly provide care or assistance (e.g. personal care, transport) to any other person because of their long-term illness, disability or frailty? Yes, for someone who lives with me	No	124	96.2	93	99.0
	Yes	5	3.8	1	1.0
	Missing	5		1	
Q15b Do you regularly provide care or assistance (e.g. personal care, transport) to any other person because of their long-term illness, disability or frailty? Yes, for someone who lives elsewhere	No	126	98.3	92	97.6
	Yes	2	1.7	2	2.4
	Missing	5		1	
Q15c Do you regularly provide care or assistance (e.g. personal care, transport) to any other person because of their long-term illness, disability or frailty? No, I do not provide care	No	7	5.2	3	2.9
	Yes	122	94.8	92	97.1
	Missing	5		1	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q16a How many times did you do each type of activity last week? Walking briskly (for recreation or exercise, or to get from place to place)	Mean	1.18		1.09	
	Std Error	2.96		2.80	
	N	127		85	
	N Missing	8		7	
Q16b How many times did you do each type of activity last week? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing) or more vigorous leisure activity (that makes you breathe harder or puff or pant)	Mean	0.22		0.39	
	Std Error	1.65		1.88	
	N	126		84	
	N Missing	9		8	
Q16c How many times did you do each type of activity last week? Vigorous work in the house or garden (like vacuuming, mopping, cleaning windows, digging, mowing etc)	Mean	0.65		0.39	
	Std Error	2.65		1.29	
	N	123		84	
	N Missing	12		8	
Q17 What is your main (or most common) means of transport?	Car (you drive)	24	18.5	16	17.0
	Other	108	81.5	78	83.0
	Missing	3		1	
Q18 How do you manage on the income you have available?	Impossible	0	0.4	0	0.5
	Difficult always	1	0.7	1	1.0
	Difficult sometimes	6	4.4	4	4.1
	Not too bad	56	42.1	47	48.8
	Easy	70	52.4	44	45.6
	Missing	1			
Q19a Who lives with you? No-one, I live alone	No	48	37.3	24	26.8
	Yes	80	62.7	67	73.2
	Missing	7		5	
Q19b Who lives with you? Spouse or partner	No	121	95.2	89	97.6
	Yes	6	4.8	2	2.4
	Missing	7		5	
Q19c Who lives with you? Own children	No	109	85.7	79	86.2
	Yes	18	14.3	13	13.8
	Missing	7		5	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q19d Who lives with you? Other family members	No	121	95.0	90	98.4
	Yes	6	5.0	1	1.6
	Missing	7		5	
Q19e Who lives with you? Non-family members	No	109	85.1	82	90.0
	Yes	19	14.9	9	10.0
	Missing	7		5	
Q20 What is your present marital status?	Married	7	5.1	4	4.9
	Widowed	113	86.2	80	87.0
	Divorced	6	4.3	4	4.3
	Never Married	6	4.3	3	3.8
	Missing	2		4	
Q21 Do you regularly need help with daily tasks because of long-term illness, disability or frailty (e.g. personal care, getting around, preparing meals etc)?	Yes	78	58.3	48	53.0
	No	56	41.7	42	47.0
	Missing	1		5	
Q22a In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Grooming (e.g. brushing hair, applying make-up)	No difficulty	103	77.4	74	80.4
	Some difficulty	25	19.1	14	15.3
	Unable to do	5	3.5	4	4.3
	Missing	1		3	
Q22b In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Eating (e.g. cutting meat, lifting glass or cup, opening milk carton)	No difficulty	94	69.9	71	77.1
	Some difficulty	37	27.7	21	22.9
	Unable to do	3	2.4		
	Missing	2		4	
Q22c In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Bathing or taking a shower	No difficulty	85	63.2	55	59.0
	Some difficulty	41	30.6	32	33.7
	Unable to do	8	6.2	7	7.3
	Missing				
Q22d In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Dressing your upper body	No difficulty	100	73.8	74	78.4
	Some difficulty	30	22.0	15	16.3
	Unable to do	6	4.2	5	5.3
	Missing				

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q22e In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Dressing your lower body	No difficulty	93	69.1	66	70.3
	Some difficulty	35	26.3	23	25.0
	Unable to do	6	4.6	4	4.7
	Missing	1		2	
Q22f In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Getting up from a chair	No difficulty	62	46.0	48	51.1
	Some difficulty	67	50.0	45	47.9
	Unable to do	5	4.0	1	1.0
	Missing	1		3	
Q22g In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Walking inside the house	No difficulty	87	65.7	58	63.4
	Some difficulty	38	28.9	29	31.3
	Unable to do	7	5.4	5	5.4
	Missing	2		4	
Q22h In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Using the toilet	No difficulty	102	78.2	79	84.1
	Some difficulty	25	19.3	14	15.3
	Unable to do	3	2.5	0	0.5
	Missing	4		3	
Q22i In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Shopping for personal items or groceries	No difficulty	29	21.7	14	15.4
	Some difficulty	43	32.3	31	33.0
	Unable to do	60	46.0	48	51.6
	Missing	4		4	
Q22j In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Doing light housework (e.g. cleaning, washing-up)	No difficulty	63	49.5	47	52.2
	Some difficulty	42	32.5	25	27.6
	Unable to do	23	17.9	18	20.1
	Missing	7		6	
Q22k In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Doing heavy housework (e.g. vacuuming, yard work)	No difficulty	5	4.3	2	2.4
	Some difficulty	22	17.8	18	20.1
	Unable to do	98	77.9	71	77.5
	Missing	7		5	
Q22l In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Managing money (e.g. writing cheques or keeping accounts)	No difficulty	93	70.1	59	62.7
	Some difficulty	27	20.6	16	16.9
	Unable to do	12	9.3	19	20.4
	Missing	3		3	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q22m In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Preparing meals	No difficulty	60	46.6	43	47.2
	Some difficulty	34	26.2	27	30.0
	Unable to do	36	27.4	21	22.9
	Missing	6		6	
Q22n In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Taking medications	No difficulty	118	87.5	80	86.0
	Some difficulty	10	7.1	6	6.9
	Unable to do	7	5.3	7	7.1
	Missing	1		3	
Q22o In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Using the telephone	No difficulty	94	69.4	65	69.7
	Some difficulty	37	27.5	22	23.7
	Unable to do	4	3.1	6	6.7
	Missing				
Q22p In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Doing leisure activities or hobbies	No difficulty	63	48.1	38	40.4
	Some difficulty	49	37.7	35	37.3
	Unable to do	18	14.1	21	22.3
	Missing	3		3	
Q23a In the last month have you needed help from another person to carry out any of these activities? Grooming (e.g. brushing hair, applying make-up)	Yes	15	11.1	15	15.8
	No	116	88.9	78	84.2
	Missing	3		3	
Q23b In the last month have you needed help from another person to carry out any of these activities? Eating (e.g. cutting meat, lifting glass or cup, opening milk carton)	Yes	27	21.5	8	8.9
	No	98	78.5	83	91.1
	Missing	7		4	
Q23c In the last month have you needed help from another person to carry out any of these activities? Bathing or taking a shower	Yes	30	23.6	27	29.2
	No	98	76.4	65	70.8
	Missing	5		3	
Q23d In the last month have you needed help from another person to carry out any of these activities? Dressing your upper body	Yes	20	15.5	18	20.0
	No	109	84.5	71	80.0
	Missing	5		7	
Q23e In the last month have you needed help from another person to carry out any of these activities? Dressing your lower body	Yes	20	15.3	21	22.8
	No	109	84.7	71	77.2
	Missing	5		3	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q23f In the last month have you needed help from another person to carry out any of these activities? Getting up from a chair	Yes	30	22.7	21	23.3
	No	101	77.3	70	76.7
	Missing	4		5	
Q23g In the last month have you needed help from another person to carry out any of these activities? Walking inside the house	Yes	16	12.1	10	11.5
	No	112	87.5	80	88.5
	Missing	6		5	
Q23h In the last month have you needed help from another person to carry out any of these activities? Using the toilet	Yes	11	8.1	7	7.8
	No	119	91.5	85	92.2
	Missing	5		3	
Q23i In the last month have you needed help from another person to carry out any of these activities? Shopping for personal items or groceries	Yes	96	75.9	68	75.8
	No	30	24.1	22	24.2
	Missing	8		4	
Q23j In the last month have you needed help from another person to carry out any of these activities? Doing light housework (e.g. cleaning, washing-up)	Yes	38	30.9	34	38.7
	No	84	69.1	54	61.3
	Missing	11		5	
Q23k In the last month have you needed help from another person to carry out any of these activities? Doing heavy housework (e.g. vacuuming, yard work)	Yes	119	93.2	82	93.3
	No	9	6.8	6	6.7
	Missing	7		6	
Q23l In the last month have you needed help from another person to carry out any of these activities? Managing money (e.g. writing cheques or keeping accounts)	Yes	33	26.5	31	34.0
	No	90	73.5	60	66.0
	Missing	9		4	
Q23m In the last month have you needed help from another person to carry out any of these activities? Preparing meals	Yes	57	45.0	45	49.4
	No	70	55.0	47	50.6
	Missing	8		3	
Q23n In the last month have you needed help from another person to carry out any of these activities? Taking medications	Yes	17	13.1	12	13.4
	No	111	86.9	79	86.6
	Missing	7		4	
Q23o In the last month have you needed help from another person to carry out any of these activities? Using the telephone	Yes	29	22.7	24	26.7
	No	99	77.3	67	73.3
	Missing	6		4	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q23p In the last month have you needed help from another person to carry out any of these activities? Doing leisure activities or hobbies	Yes	49	37.8	32	34.8
	No	80	62.2	60	65.2
	Missing	6		4	
Height (in cms)	Mean	155.32		156.04	
	Std Error	8.48		8.50	
	N	120		75	
	N Missing	15		17	
Weight (in kgs)	Mean	56.91		26.25	
	Std Error	11.08		10.01	
	N	114		81	
	N Missing	21		11	
BMI (Body Mass Index)	Mean	23.80		23.18	
	Std Error	4.90		4.09	
	N	107		70	
	N Missing	28		22	
BMI classification	Underweight, BMI < 18.5	12	11.0	8	10.3
	Healthy weight, 18.5 <= BMI < 25	59	54.1	48	62.6
	Overweight, 25 <= BMI < 30	27	24.5	17	22.2
	Obese, 30 <= BMI	11	10.3	4	4.8
	Missing	28		22	
Q26 Which of the following best describes your housing situation? Do you live in:	House	71	53.9	49	51.5
	Flat/unit/apartment	23	17.2	17	18.1
	Retirement Village	18	13.8	14	15.0
	Nursing Home	15	11.3	11	12.0
	Hostel	4	3.0	2	2.4
	Other	1	0.7	1	1.0
	Missing	3		1	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q28 Did someone help you fill in this survey?	No	95	74.9	74	78.8
	Yes, but I told them the answers	19	15.2	13	14.1
	Yes, but the helper answered using judgement	13	9.9	7	7.1
	Missing	6		3	
Age	Mean	97.72		98.09	
	Std Error	1.31		1.41	
	N	135		92	
	N Missing	0		0	
ARIA+ Grouped	Major cities of Australia	82	67.9	68	75.4
	Inner regional Australia	27	21.8	13	14.3
	Outer regional Australia	13	10.3	9	10.3
	Missing	12		6	
Modified Monash Model	Metropolitan areas	81	67.1	68	75.4
	Regional centres	7	5.4	2	2.7
	Large rural towns	11	9.1	7	7.3
	Medium rural towns	8	6.9	5	5.7
	Small rural towns	14	11.5	8	8.9
	Missing	12		6	
State of residence	NSW	41	33.1	32	34.2
	Vic	31	24.7	24	25.2
	Qld	19	15.0	12	12.4
	SA	11	8.5	6	6.6
	WA	13	10.1	11	11.3
	Tas	1	0.8	0	0.5
	ACT	10	7.7	9	9.8
	Missing	8		2	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
SF36 PAIN INDEX					
	Mean	57.02		55.06	
	Std Error	26.17		30.37	
	N	131		92	
	N Missing	4		0	
SF36 GENERAL HEALTH PERCEPTIONS					
	Mean	54.32		53.96	
	Std Error	18.15		18.15	
	N	124		83	
	N Missing	11		9	
SF36 MENTAL HEALTH INDEX					
	Mean	78.25		75.56	
	Std Error	17.26		19.74	
	N	127		88	
	N Missing	8		4	
SF36 PHYSICAL FUNCTIONING					
	Mean	29.96		31.46	
	Std Error	23.01		24.12	
	N	130		89	
	N Missing	5		3	
SF36 ROLE-EMOTIONAL					
	Mean	63.69		62.76	
	Std Error	42.87		41.57	
	N	126		87	
	N Missing	9		5	
SF36 ROLE-PHYSICAL					
	Mean	27.16		20.95	
	Std Error	37.08		31.53	
	N	125		90	
	N Missing	10		2	
SF36 SOCIAL FUNCTIONING					
	Mean	63.53		59.29	
	Std Error	33.63		33.30	
	N	130		92	
	N Missing	5		0	
SF36 VITALITY					
	Mean	45.12		44.70	
	Std Error	20.91		21.68	
	N	129		89	
	N Missing	6		3	

Data book for Six-Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
MENTAL COMPONENT SCALE-00 - AUST general					
	Mean	51.63		50.14	
	Std Error	11.33		12.91	
	N	113		78	
	N Missing	22		14	
MENTAL COMPONENT SCALE-00 - US General					
	Mean	52.93		51.48	
	Std Error	11.31		12.76	
	N	113		78	
	N Missing	22		14	
MENTAL COMPONENT SCALE-00 - WHA					
	Mean	50.93		49.52	
	Std Error	11.40		12.80	
	N	113		78	
	N Missing	22		14	
PHYSICAL COMPONENT SCALE-00 - AUST general					
	Mean	29.48		28.89	
	Std Error	9.19		9.55	
	N	113		78	
	N Missing	22		14	
PHYSICAL COMPONENT SCALE-00 - US General					
	Mean	29.93		29.27	
	Std Error	9.10		9.40	
	N	113		78	
	N Missing	22		14	
PHYSICAL COMPONENT SCALE-00 - WHA					
	Mean	40.03		39.53	
	Std Error	8.34		8.93	
	N	113		78	
	N Missing	22		14	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q1 In general, would you say your health is:					
	Excellent	0	0.4	0	0.5
	Very good	12	8.8	13	13.3
	Good	58	43.6	35	36.5
	Fair	53	39.8	39	41.3
	Poor	10	7.4	8	8.4
	Missing	2		3	
Q2 Compared to one year ago, how would you rate your health in general now					
	Much better				1.8
	Somewhat better	2	1.7	5	5.5
	About the same	48	36.8	35	37.4
	Somewhat worse	73	55.3	48	50.5
	Much worse	8	6.2	4	4.7
	Missing	2		4	
Q3a The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Vigorous activities such as running, lifting heavy objects, participating in strenuous sports					
	Limited a lot	125	96.0	89	97.0
	Limited a little	2	1.5	3	3.0
	Not limited	3	2.5		
	Missing	4		7	
Q3b The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf					
	Limited a lot	83	67.2	64	68.3
	Limited a little	37	30.0	26	28.3
	Not limited	3	2.8	3	3.4
	Missing	9		3	
Q3c The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Lifting or carrying groceries					
	Limited a lot	67	52.5	49	54.2
	Limited a little	49	39.0	36	39.3

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
	Not limited	11	8.6	6	6.5
	Missing	6		6	
Q3d The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing several flights of stairs	Limited a lot	87	72.5	68	72.7
	Limited a little	29	23.8	23	24.4
	Not limited	4	3.7	3	2.9
	Missing	14		4	
Q3e The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Climbing one flight of stairs	Limited a lot	60	48.8	35	37.6
	Limited a little	37	30.1	41	43.5
	Not limited	26	21.1	18	18.9
	Missing	12		6	
Q3f The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bending, kneeling or stooping	Limited a lot	60	47.6	33	36.4
	Limited a little	45	35.5	44	48.7
	Not limited	21	16.9	14	14.9
	Missing	8		7	
Q3g The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking more than one kilometre	Limited a lot	102	84.9	64	71.8
	Limited a little	14	11.5	18	19.8
	Not limited	4	3.7	7	8.4
	Missing	11		10	
Q3h The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking half a kilometre	Limited a lot	73	59.7	47	54.2
	Limited a little	33	26.8	23	26.0
	Not limited	17	13.5	17	19.8
	Missing	10		10	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>		<i>Survey 22</i>	
		<i>%</i>	<i>%</i>	<i>%</i>	<i>%</i>
Q3i The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Walking 100 metres	Limited a lot	39	32.2	27	29.8
	Limited a little	41	33.8	25	28.3
	Not limited	41	34.0	38	41.9
	Missing	10		8	
Q3j The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Bathing or dressing yourself	Limited a lot	17	13.4	10	11.0
	Limited a little	38	29.6	35	37.4
	Not limited	72	57.0	49	51.7
	Missing	6		3	
Q4a During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Cut down on the amount of time you spent on work or other activities	Yes	87	69.3	67	70.8
	No	38	30.7	28	29.2
	Missing	10		3	
Q4b During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Accomplished less than you would like	Yes	94	74.9	77	81.5
	No	31	25.1	18	18.5
	Missing	10		3	
Q4c During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Were limited in the kind of work or other activities	Yes	94	75.1	79	82.9
	No	31	24.9	16	17.1
	Missing	10		2	
Q4d During the past four weeks, have you had any of the following problems with your work (including your work outside the home and housework) or other regular daily activities as a result of your physical health? Had difficulty performing the work or other activities (for example it took extra effort)	Yes	90	72.1	78	81.9
	No	35	27.9	17	18.1
	Missing	10		2	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>		<i>Survey 22</i>	
		<i>%</i>	<i>%</i>	<i>%</i>	<i>%</i>
Q5a During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Cut down on the amount of time you spent on work or other activities	Yes	45	35.9	26	29.1
	No	81	64.1	64	70.9
	Missing	8		5	
Q5b During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like	Yes	55	43.6	41	45.2
	No	71	56.4	50	54.8
	Missing	9		4	
Q5c During the past four weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual	Yes	37	29.3	33	37.2
	No	89	70.7	55	62.8
	Missing	9		7	
Q6 During the past four weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbours or groups?	Not at all	49	37.8	29	31.3
	Slightly	27	21.1	21	22.4
	Moderately	19	15.1	13	13.9
	Quite a bit	23	17.6	24	25.8
	Extremely	11	8.4	6	6.6
	Missing	7		2	
Q7 How much bodily pain have you had during the past four weeks?	No bodily pain	18	13.6	18	18.5
	Very mild	29	22.0	14	14.7
	Mild	17	12.9	8	8.5
	Moderate	43	33.1	40	42.1
	Severe	22	16.7	12	12.6
	Very severe	2	1.7	3	3.6
	Missing	4			

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q8 During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	Not at all	36	28.2	28	30.4
	A little bit	37	29.2	16	17.2
	Moderately	30	23.2	24	25.9
	Quite a bit	17	13.3	14	14.5
	Extremely	8	6.0	11	11.9
	Missing	7		3	
Q9a For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel full of life?	All the time	3	2.7	0	0.5
	Most the time	21	16.6	18	19.5
	Good bit of time	17	13.6	10	11.5
	Some of time	37	29.2	23	25.2
	Little of time	27	21.6	20	22.1
	None of time	20	16.3	19	21.1
	Missing	9		7	
Q9b For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you been a very nervous person?	All the time	0	0.4	2	2.0
	Most the time	2	1.4		
	Good bit of time	2	1.4	3	3.9
	Some of time	16	12.5	12	13.6
	Little of time	30	24.3	17	19.2
	None of time	75	60.1	55	61.4
	Missing	10		7	
Q9c For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you felt so down in the dumps that nothing could cheer you up?	All the time	1	0.8		
	Most the time	4	3.2	5	5.7
	Good bit of time	3	2.2	0	0.5
	Some of time	10	7.7	15	16.0

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
	Little of time	35	27.8	18	20.3
	None of time	72	58.3	52	57.4
	Missing	9		5	
<hr/>					
Q9d For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you felt calm and peaceful?					
	All the time	17	13.7	4	4.1
	Most the time	47	38.8	32	35.6
	Good bit of time	20	16.4	22	24.4
	Some of time	21	17.2	23	25.8
	Little of time	13	10.9	6	6.3
	None of time	4	3.1	3	3.9
	Missing	14		7	
<hr/>					
Q9e For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you have a lot of energy?					
	All the time	0	0.4		
	Most the time	11	8.6	6	6.5
	Good bit of time	18	14.3	11	12.6
	Some of time	25	20.3	21	23.7
	Little of time	36	29.5	23	25.9
	None of time	33	26.9	28	31.4
	Missing	14		6	
<hr/>					
Q9f For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you felt down?					
	All the time	1	0.8	2	1.9
	Most the time	4	3.2	2	2.5
	Good bit of time	4	3.6	3	3.0
	Some of time	24	19.1	16	18.1
	Little of time	47	37.7	36	39.9
	None of time	44	35.7	31	34.5
	Missing	11		7	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q9g For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel worn out?	All the time	5	3.9	7	7.6
	Most the time	12	9.8	5	5.6
	Good bit of time	9	7.9	9	10.6
	Some of time	39	32.5	23	26.0
	Little of time	37	31.0	31	34.7
	None of time	18	14.8	14	15.4
	Missing	13		6	
	Q9h For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Have you been a happy person?	All the time	26	20.0	14
Most the time		63	48.9	44	48.3
Good bit of time		16	12.7	18	19.4
Some of time		16	12.3	7	7.5
Little of time		6	4.4	5	5.9
None of time		2	1.7	3	3.8
Missing		8		4	
Q9i For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past four weeks: Did you feel tired?		All the time	10	8.0	5
	Most the time	26	19.8	18	19.5
	Good bit of time	26	20.1	16	16.8
	Some of time	51	39.0	35	37.1
	Little of time	7	5.7	17	18.4
	None of time	10	7.4	2	2.4
	Missing	5		2	
	Q10 During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc)?	All the time	18	14.3	12
Most the time		20	15.6	18	19.4

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>		<i>Survey 22</i>	
		<i>%</i>	<i>%</i>	<i>%</i>	<i>%</i>
	Some of time	19	15.0	26	27.7
	Little of time	23	17.7	5	4.9
	None of time	48	37.4	33	34.8
	Missing	6		1	
<hr/>					
Q11a How true or false is each of the following statements for you? I seem to get sick a little easier than other people					
	Definitely true	0	0.4		
	Mostly true	4	3.3	2	1.9
	Don't know	18	14.8	12	13.0
	Mostly false	28	22.9	22	24.9
	Definitely false	71	58.6	54	60.1
	Missing	14		9	
<hr/>					
Q11b How true or false is each of the following statements for you? I am as healthy as anybody I know					
	Definitely true	16	13.1	9	10.5
	Mostly true	52	41.8	39	44.2
	Don't know	37	29.5	24	27.4
	Mostly false	13	10.2	8	8.8
	Definitely false	7	5.4	8	9.1
	Missing	12		8	
<hr/>					
Q11c How true or false is each of the following statements for you? I expect my health to get worse					
	Definitely true	24	19.6	19	21.5
	Mostly true	47	38.0	31	35.9
	Don't know	41	33.0	29	33.5
	Mostly false	5	4.3	2	2.3
	Definitely false	6	5.1	6	6.9
	Missing	10		10	
<hr/>					
Q11d How true or false is each of the following statements for you? My health is excellent					
	Definitely true	7	5.8	1	1.2

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
	Mostly true	47	38.6	34	40.5
	Don't know	16	12.7	13	15.2
	Mostly false	32	26.3	21	24.5
	Definitely false	20	16.6	16	18.7
	Missing	13		13	
<hr/>					
Q12a Do you have: Difficulty seeing newspaper print, even with glasses?					
	No	81	60.7	61	65.3
	Yes	52	39.3	33	34.7
	Missing	1		2	
<hr/>					
Q12b Do you have: Difficulty recognising people across the road, even with glasses?					
	No	84	62.9	70	74.5
	Yes	49	37.1	24	25.5
	Missing	1		2	
<hr/>					
Q12c Do you have: Difficulty in hearing a conversation, even with a hearing aid?					
	No	60	45.1	47	49.8
	Yes	73	54.9	47	50.2
	Missing	1		2	
<hr/>					
Q12d Do you have: Difficulty speaking?					
	No	124	92.9	87	92.9
	Yes	9	7.1	7	7.1
	Missing	1		2	
<hr/>					
Q12e Do you have: None of the above					
	No	89	66.6	61	64.7
	Yes	44	33.4	33	35.3
	Missing	1		2	
<hr/>					
Q13a In the last 12 months, have you had any of the following: Stiff or painful joints					
	Never	26	20.0	14	14.5

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
	Rarely	18	13.6	15	16.3
	Sometimes	35	26.0	30	32.4
	Often	54	40.4	35	36.8
	Missing	2		2	
Q13b Have you had any of the following problems in the last 12 months? Problems with one or both feet					
	Never	43	32.7	34	36.2
	Rarely	25	18.9	19	20.2
	Sometimes	32	23.9	20	22.0
	Often	33	24.5	20	21.6
	Missing	1		4	
Q13c In the last 12 months, have you had any of the following: Breathing difficulty					
	Never	55	41.4	40	42.2
	Rarely	28	21.1	29	31.2
	Sometimes	36	27.3	15	16.2
	Often	14	10.2	10	10.5
	Missing	1		1	
Q13d In the last 12 months, have you had any of the following: Leaking urine					
	Never	22	16.6	10	10.8
	Rarely	19	14.1	19	20.1
	Sometimes	55	41.1	32	34.3
	Often	37	28.2	33	34.8
	Missing	2		1	
Q14a In the last 12 months, have you: Slipped, tripped, or stumbled (not including falls to the ground)?					
	No	76	60.1	58	60.4
	Yes	51	39.9	38	39.6
	Missing	6		1	
Q14b In the last 12 months, have you: Had a fall to the ground (does not include stumbles/trips)?					

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q14c In the last 12 months, have you: Been injured as a result of a fall?	No	83	65.1	70	73.6
	Yes	44	34.9	25	26.4
	Missing	6		1	
Q14d In the last 12 months, have you: Needed to seek medical attention (e.g. Doctor, hospital) for an injury from a fall?	No	97	76.2	68	71.6
	Yes	30	23.8	27	28.4
	Missing	6		1	
Q14e In the last 12 months, have you: Had any other injury from an accident at your home? (e.g. burns, cuts, bruises)	No	100	79.0	69	72.1
	Yes	27	21.0	27	27.9
	Missing	6		1	
Q14f In the last 12 months, have you: None of these accidents	No	76	59.5	58	60.8
	Yes	51	40.5	37	39.2
	Missing	6		1	
Q15a Do you regularly provide care or assistance (e.g. personal care, transport) to any other person because of their long-term illness, disability or frailty? Yes, for someone who lives with me	No	124	96.2	93	99.0
	Yes	5	3.8	1	1.0
	Missing	5		1	
Q15b Do you regularly provide care or assistance (e.g. personal care, transport) to any other person because of their long-term illness, disability or frailty? Yes, for someone who lives elsewhere	No	126	98.3	92	97.6
	Yes	2	1.7	2	2.4
	Missing	5		1	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Q15c Do you regularly provide care or assistance (e.g. personal care, transport) to any other person because of their long-term illness, disability or frailty? No, I do not provide care	No	7	5.2	3	2.9
	Yes	122	94.8	92	97.1
	Missing	5		1	
Q16a How many times did you do each type of activity last week? Walking briskly (for recreation or exercise, or to get from place to place)	Mean	1.18		1.09	
	Std Dev	2.96		2.80	
	N	127		85	
	N Missing	8		7	
Q16b How many times did you do each type of activity last week? Moderate leisure activity (like social tennis, moderate exercise classes, recreational swimming, dancing) or more vigorous leisure activity (that makes you breathe harder or puff or pant)	Mean	0.22		0.39	
	Std Dev	1.65		1.88	
	N	126		84	
	N Missing	9		8	
Q16c How many times did you do each type of activity last week? Vigorous work in the house or garden (like vacuuming, mopping, cleaning windows, digging, mowing etc)	Mean	0.65		0.39	
	Std Dev	2.65		1.29	
	N	123		84	
	N Missing	12		8	
Q17 What is your main (or most common) means of transport?	Car (you drive)	24	18.5	16	17.0
	Other	108	81.5	78	83.0
	Missing	3		1	
Q18 How do you manage on the income you have available?	Impossible	0	0.4	0	0.5
	Difficult always	1	0.7	1	1.0
	Difficult sometimes	6	4.4	4	4.1

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
	Not too bad	56	42.1	47	48.8
	Easy	70	52.4	44	45.6
	Missing	1			
Q19a Who lives with you? No-one, I live alone					
	No	48	37.3	24	26.8
	Yes	80	62.7	67	73.2
	Missing	7		5	
Q19b Who lives with you? Spouse or partner					
	No	121	95.2	89	97.6
	Yes	6	4.8	2	2.4
	Missing	7		5	
Q19c Who lives with you? Own children					
	No	109	85.7	79	86.2
	Yes	18	14.3	13	13.8
	Missing	7		5	
Q19d Who lives with you? Other family members					
	No	121	95.0	90	98.4
	Yes	6	5.0	1	1.6
	Missing	7		5	
Q19e Who lives with you? Non-family members					
	No	109	85.1	82	90.0
	Yes	19	14.9	9	10.0
	Missing	7		5	
Q20 What is your present marital status?					
	Married	7	5.1	4	4.9
	Widowed	113	86.2	80	87.0
	Divorced	6	4.3	4	4.3

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
	Never Married	6	4.3	3	3.8
	Missing	2		4	
Q21 Do you regularly need help with daily tasks because of long-term illness, disability or frailty (e.g. personal care, getting around, preparing meals etc)?	Yes	78	58.3	48	53.0
	No	56	41.7	42	47.0
	Missing	1		5	
Q22a In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Grooming (e.g. brushing hair, applying make-up)	No difficulty	103	77.4	74	80.4
	Some difficulty	25	19.1	14	15.3
	Unable to do	5	3.5	4	4.3
	Missing	1		3	
Q22b In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Eating (e.g. cutting meat, lifting glass or cup, opening milk carton)	No difficulty	94	69.9	71	77.1
	Some difficulty	37	27.7	21	22.9
	Unable to do	3	2.4		
	Missing	2		4	
Q22c In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Bathing or taking a shower	No difficulty	85	63.2	55	59.0
	Some difficulty	41	30.6	32	33.7
	Unable to do	8	6.2	7	7.3
	Missing				
Q22d In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Dressing your upper body	No difficulty	100	73.8	74	78.4
	Some difficulty	30	22.0	15	16.3
	Unable to do	6	4.2	5	5.3
	Missing				

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>		<i>Survey 22</i>	
		<i>%</i>	<i>%</i>	<i>%</i>	<i>%</i>
Q22e In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Dressing your lower body	No difficulty	93	69.1	66	70.3
	Some difficulty	35	26.3	23	25.0
	Unable to do	6	4.6	4	4.7
	Missing	1		2	
Q22f In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Getting up from a chair	No difficulty	62	46.0	48	51.1
	Some difficulty	67	50.0	45	47.9
	Unable to do	5	4.0	1	1.0
	Missing	1		3	
Q22g In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Walking inside the house	No difficulty	87	65.7	58	63.4
	Some difficulty	38	28.9	29	31.3
	Unable to do	7	5.4	5	5.4
	Missing	2		4	
Q22h In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Using the toilet	No difficulty	102	78.2	79	84.1
	Some difficulty	25	19.3	14	15.3
	Unable to do	3	2.5	0	0.5
	Missing	4		3	
Q22i In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Shopping for personal items or groceries	No difficulty	29	21.7	14	15.4
	Some difficulty	43	32.3	31	33.0
	Unable to do	60	46.0	48	51.6
	Missing	4		4	
Q22j In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Doing light housework (e.g. cleaning, washing-up)	No difficulty	63	49.5	47	52.2
	Some difficulty	42	32.5	25	27.6

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
	Unable to do	23	17.9	18	20.1
	Missing	7		6	
Q22k In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Doing heavy housework (e.g. vacuuming, yard work)	No difficulty	5	4.3	2	2.4
	Some difficulty	22	17.8	18	20.1
	Unable to do	98	77.9	71	77.5
	Missing	7		5	
Q22l In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Managing money (e.g. writing cheques or keeping accounts)	No difficulty	93	70.1	59	62.7
	Some difficulty	27	20.6	16	16.9
	Unable to do	12	9.3	19	20.4
	Missing	3		3	
Q22m In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Preparing meals	No difficulty	60	46.4	43	47.2
	Some difficulty	34	26.2	27	30.0
	Unable to do	36	27.4	21	22.9
	Missing	6		6	
Q22n In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Taking medications	No difficulty	118	87.5	80	86.0
	Some difficulty	10	7.1	6	6.9
	Unable to do	7	5.3	7	7.1
	Missing	1		3	
Q22o In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Using the telephone	No difficulty	94	69.4	65	69.7
	Some difficulty	37	27.5	22	23.7
	Unable to do	4	3.1	6	6.7
	Missing				

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>		<i>Survey 22</i>	
		<i>%</i>	<i>%</i>	<i>%</i>	<i>%</i>
Q22p In the last month have you had any difficulty (for example, needing to take extra time, changing the activity or using a device to help you) in completing any of these activities? Doing leisure activities or hobbies	No difficulty	63	48.1	38	40.4
	Some difficulty	49	37.7	35	37.3
	Unable to do	18	14.1	21	22.3
	Missing	3		3	
Q23a In the last month have you needed help from another person to carry out any of these activities? Grooming (e.g. brushing hair, applying make-up)	Yes	15	11.1	15	15.8
	No	116	88.9	78	84.2
	Missing	3		3	
Q23b In the last month have you needed help from another person to carry out any of these activities? Eating (e.g. cutting meat, lifting glass or cup, opening milk carton)	Yes	27	21.5	8	8.9
	No	98	78.5	83	91.1
	Missing	7		4	
Q23c In the last month have you needed help from another person to carry out any of these activities? Bathing or taking a shower	Yes	30	23.6	27	29.2
	No	98	76.4	65	70.8
	Missing	5		3	
Q23d In the last month have you needed help from another person to carry out any of these activities? Dressing your upper body	Yes	20	15.5	18	20.0
	No	109	84.5	71	80.0
	Missing	5		7	
Q23e In the last month have you needed help from another person to carry out any of these activities? Dressing your lower body	Yes	20	15.3	21	22.8
	No	109	84.7	71	77.2
	Missing	5		3	
Q23f In the last month have you needed help from another person to carry out any of these activities? Getting up from a chair	Yes	30	22.7	21	23.3

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
	No	101	77.3	70	76.7
	Missing	4		5	
Q23g In the last month have you needed help from another person to carry out any of these activities? Walking inside the house					
	Yes	16	12.1	10	11.5
	No	112	87.5	80	88.5
	3	0	0.4		
	Missing	6		5	
Q23h In the last month have you needed help from another person to carry out any of these activities? Using the toilet					
	Yes	11	8.1	7	7.8
	No	119	91.5	85	92.2
	3	0	0.4		
	Missing	5		3	
Q23i In the last month have you needed help from another person to carry out any of these activities? Shopping for personal items or groceries					
	Yes	96	75.9	68	75.8
	No	30	24.1	22	24.2
	Missing	8		4	
Q23j In the last month have you needed help from another person to carry out any of these activities? Doing light housework (e.g. cleaning, washing-up)					
	Yes	38	30.9	34	38.7
	No	84	69.1	54	61.3
	Missing	11		5	
Q23k In the last month have you needed help from another person to carry out any of these activities? Doing heavy housework (e.g. vacuuming, yard work)					
	Yes	119	93.2	82	93.3
	No	9	6.8	6	6.7
	Missing	7		6	
Q23l In the last month have you needed help from another person to carry out any of these activities? Managing money (e.g. writing cheques or keeping accounts)					
	Yes	33	26.5	31	34.0
	No	90	73.5	60	66.0

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
	Missing	9		4	
Q23m In the last month have you needed help from another person to carry out any of these activities? Preparing meals	Yes	57	45.0	45	49.4
	No	70	55.0	47	50.6
	Missing	8		3	
Q23n In the last month have you needed help from another person to carry out any of these activities? Taking medications	Yes	17	13.1	12	13.4
	No	111	86.9	79	86.6
	Missing	7		4	
Q23o In the last month have you needed help from another person to carry out any of these activities? Using the telephone	Yes	29	22.7	24	26.7
	No	99	77.3	67	73.3
	Missing	6		4	
Q23p In the last month have you needed help from another person to carry out any of these activities? Doing leisure activities or hobbies	Yes	49	37.8	32	34.8
	No	80	62.2	60	65.2
	Missing	6		4	
Height (in cms)	Mean	155.32		156.04	
	Std Dev	8.48		8.50	
	N	120		75	
	N Missing	15		17	
Weight (in kgs)	Mean	56.91		56.25	
	Std Dev	11.08		10.01	
	N	114		81	
	N Missing	21		11	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
BMI (Body Mass Index)	Mean	23.80		23.18	
	Std Dev	4.90		4.09	
	N	107		70	
	N Missing	28		22	
BMI classification	Underweight, BMI < 18.5	12	11.0	8	10.3
	Healthy weight, 18.5 <= BMI < 25	59	54.1	48	62.6
	Overweight, 25 <= BMI < 30	27	24.5	17	22.2
	Obese, 30 <= BMI	11	10.3	4	4.8
	Missing	28		22	
Q26 Which of the following best describes your housing situation? Do you live in:	House	71	53.9	49	51.5
	Flat/unit/apartment	23	17.2	17	18.1
	Retirement Village	18	13.8	14	15.0
	Nursing Home	15	11.3	11	12.0
	Hostel	4	3.0	2	2.4
	Other	1	0.7	1	1.0
	Missing	3		1	
Q28 Did someone help you fill in this survey?	No	95	74.9	74	78.8
	Yes, but I told them the answers	19	15.2	13	14.1
	Yes, but the helper answered using judgement	13	9.9	7	7.1

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
Age	Missing	6		3	
	Mean	97.72		98.09	
	Std Dev	1.31		1.41	
	N	135		92	
	N Missing	0		0	
ARIA+ Grouped	Major cities of Australia	82	67.9	68	75.4
	Inner regional Australia	27	21.8	13	14.3
	Outer regional Australia	13	10.3	9	10.3
	Missing	12		6	
	Modified Monash Model	Metropolitan areas	81	67.1	68
Regional centres		7	5.4	2	2.7
Large rural towns		11	9.1	7	7.3
Medium rural towns		8	6.9	5	5.7
Small rural towns		14	11.5	8	8.9
Missing		12		6	
State of residence		NSW	41	33.1	32
	Vic	31	24.7	24	25.2
	Qld	19	15.0	12	12.4
	SA	11	8.5	6	6.6
	WA	13	10.1	11	11.3
	Tas	1	0.8	0	0.5
	ACT	10	7.7	9	9.8
	Missing	8		2	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
SF36 PAIN INDEX	Mean	57.02		55.06	
	Std Dev	26.17		30.37	
	N	131		92	
	N Missing	4		0	
SF36 GENERAL HEALTH PERCEPTIONS	Mean	54.32		53.94	
	Std Dev	18.15		18.15	
	N	124		83	
	N Missing	11		9	
SF36 MENTAL HEALTH INDEX	Mean	78.25		75.56	
	Std Dev	17.26		19.74	
	N	127		88	
	N Missing	8		4	
SF36 PHYSICAL FUNCTIONING	Mean	29.96		31.46	
	Std Dev	23.01		24.12	
	N	130		89	
	N Missing	5		3	
SF36 ROLE-EMOTIONAL	Mean	63.69		62.76	
	Std Dev	42.87		41.57	
	N	126		87	
	N Missing	9		5	
SF36 ROLE-PHYSICAL	Mean	27.16		20.95	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
	Std Dev	37.08		31.53	
	N	125		90	
	N Missing	10		2	
<hr/>					
SF36 SOCIAL FUNCTIONING					
	Mean	63.53		59.29	
	Std Dev	33.63		33.30	
	N	130		92	
	N Missing	5		0	
<hr/>					
SF36 VITALITY					
	Mean	45.12		44.70	
	Std Dev	20.91		21.68	
	N	129		89	
	N Missing	6		3	
<hr/>					
MENTAL COMPONENT SCALE-00 - AUST general					
	Mean	51.63		50.14	
	Std Dev	11.33		12.91	
	N	113		78	
	N Missing	22		14	
<hr/>					
MENTAL COMPONENT SCALE-00 - US General					
	Mean	52.93		51.48	
	Std Dev	11.31		12.76	
	N	113		78	
	N Missing	22		14	
<hr/>					
MENTAL COMPONENT SCALE-00 - WHA					
	Mean	50.93		49.52	
	Std Dev	11.40		12.80	
	N	113		78	

Data book for Six Month Follow Up survey, 1921-26 cohort, Surveys 21 and 22, 2021 to 2023

<i>Item Description</i>	<i>Categories</i>	<i>Survey 21</i>	<i>%</i>	<i>Survey 22</i>	<i>%</i>
	N Missing	22		14	
PHYSICAL COMPONENT SCALE-00 - AUST general	Mean	29.48		28.89	
	Std Dev	9.19		9.55	
	N	113		78	
	N Missing	22		14	
PHYSICAL COMPONENT SCALE-00 - US General	Mean	29.93		29.27	
	Std Dev	9.10		9.40	
	N	113		78	
	N Missing	22		14	
PHYSICAL COMPONENT SCALE-00 - WHA	Mean	40.03		39.53	
	Std Dev	8.34		8.93	
	N	113		78	
	N Missing	22		14	