

Data book

For the tenth survey of the 1946-51 cohort Surveyed 2022/2023, when aged between 71-77 years

November 2023

Data book for the tenth survey of the 1946-51 cohort (aged 71-77 years)

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This document was prepared by Paul McElwee, with help from the Data Management Committee of the Australian Longitudinal Study on Women's Health (ALSWH) at the Universities of Queensland and Newcastle.

Notes

From June 2022 to August 2023, 7,159 valid surveys were returned from members of the ALSWH 1946-51 birth cohort. There were 3,129 paper questionnaires returned, and 4030 online completions.

This data book is ordered in the order of the questions on the paper questionnaire. The questionnaire number is given where appropriate. Some derived variables are given in place of the questionnaire item or immediately after it. The derived variables do not have any questionnaire numbering.

The frequencies in this data book were weighted according to the area classification to account for the deliberate over-sampling of women from rural and remote areas at baseline. The missing amounts were not weighted. Both the missing and not missing counts were not weighted for the non-categorical responses.

For information on the derived variables refer to the ALSWH website (http://www.alwsh.org.au/). The ALSWH website has general information about the project; the investigators and staff; publications and presentations; information for participants; surveys; and information for potential data users. If you have any queries, please contact us at:

Australian Longitudinal Study on Women's Health

https://alswh.org.au

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Item Description	Variable Name	Categories	Values	Number	%
Paper or online	M10SOURCE				
		Paper	1	2961	41.3
		Online	2	4213	58.7
m10q3 Generally, would you say your health is?	M10Q3				
		Excellent	1	525	7.3
		Very good	2	2552	35.7
		Good	3	2851	39.9
		Fair	4	1067	14.9
		Poor	5	150	2.1
		N Missing		34	
m10q4 Compared to 1 year ago, rate health in general	M10Q4				
		Much better	1	249	3.5
		Somewhat better	2	728	10.2
		About the same	3	4745	66.5
		Somewhat worse	4	1288	18.0
		Much worse	5	130	1.8
		N Missing		35	
m10q5a Health limits you: Vigorous activities	M10Q5A				
		Limited a lot	1	3527	49.9
		Limited a little	2	2922	41.3
		Not limited	3	618	8.7
		N Missing		118	

Limited a lot 1 745 10.4 Limited a little 2 2465 34.4 Not limited 3 3922 55.0 Not limited 3 3922 55.0 Not limited 4 little 2 2465 34.4 Not limited 4 little 7 2 2118 31.1 Not limited 5 N Missing 7 2 2118 31.1 Not limited 6 lot 8 N Missing 8 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Item Description	Variable Name	Categories	Values	Number %
Limited a little 2 2 265 344 Not limited 3 3 3922 55.0 Not limited 3 3 3922 55.0 Not limited 3 3 3922 55.0 Not limited 4 lot 1 486 6.0 Limited a little 2 2218 31.0 Not limited 4 little 2 2218 31.0 Not limited 4 little 2 2218 31.0 Not limited 4 little 2 3218 31.0 Not limited 5 little 3 3 447 62.0 Not limited 6 little 3 3 447 62.0 Not limited 7 Not limited 8 little 2 3 313 42.0 Not limited 8 little 3 3 327 8 37.0 Not limited 8 little 3 3 327 8 37.0 Not limited 8 little 3 3 327 8 37.0 Not limited 8 little 3 3 327 8 37.0 Not limited 8 little 3 3 327 8 37.0 Not limited 8 little 3 3 327 8 37.0 Not limited 8 little 3 3 327 8 37.0 Not limited 8 little 3 3 327 8 37.0 Not limited 8 little 3 3 327 8 37.0 Not limited 8 little 3 3 327 8 37.0 Not limited 8 little 3 3 327 8 37.0 Not limited 8 little 3 3 327 8 32.0 Not limited 8 little 3 3 327 8 32.0 Not limited 8 little 3 3 327 8 32.0 Not limited 8 little 8 3 3 327 8 32.0 Not limited 8 little 8 3 3 327 8 32.0 Not limited 8 little 9 3 327 8 32.0 Not lim	m10q5b Health limits you: Moderate activities	M10Q5B			
Not limited 3 3 3922 55.1 National 3 3922 55.1 Nati			Limited a lot	1	745 10.
NMOQSC			Limited a little	2	2465 34.
M10Q5C Health limits you: Lifting or carrying groceries M10Q5C Limited a lot			Not limited	3	3922 55.
Limited a little 2 2218 31. Not limited a little 2 2218 31. Not limited 3 4427 62. N Missing . 49 10045d Health limits you: Climbing several flights of stairs M10Q5D Limited a lot 1 1410 19. Limited a little 2 3013 42. Not limited 3 2676 37. N Missing . 80 10045e Health limits you: Climbing one flight of stairs M10Q5E Limited a lot 1 533 7. Limited a little 2 1606 22. Not limited a little 2 1606 22. Not limited a little 3 4968 69. Not limited 3 4968 69. Not limited a little 3 1 1104 15.4 Limited a lot 1 1 1104 15.4 Not limited a little 2 3468 48.4 Not limited a little 2 3468 48.4 Not limited a little 3 3 2539 35.5			N Missing		54
Limited a little 2 2218 31. Not limited 3 4427 62. Not limited 3 4427 62. Not limited a lot 1 1410 19.3 Limited a little 2 3013 42. Not limited a little 3 3 2676 37. Limited a lot 1 533 7. Limited a little 2 1606 22. Not limited 3 4968 69. Not limited 3 4968 69. Limited a lot 1 1 104 15. Limited a lot 1 1 104 15. Not limited 3 105 110 110 15. Limited a lot 1 1 104 15. Not limited 3 3 353 35.	m10q5c Health limits you: Lifting or carrying groceries	M10Q5C			
Not limited 3 4427 62. N Missing . 49 Intoq5d Health limits you: Climbing several flights of stairs M10Q5D Limited a lot 1 1410 19.9. Limited a little 2 3013 42.7 Not limited 3 100, Missing 2 3013 42.7 Not limited 4 lot 1 1410 19.9. Not limited 5 10 10 10 10 10 10 10 10 10 10 10 10 10			Limited a lot	1	486 6.
N Missing . 49 Intoq56 Health limits you: Climbing several flights of stairs M10Q5D Limited a lot . 1 1410 19.5 Limited a little . 2 3013 42.6 Not limited . N Missing . 80 1005 Not limited . N Missing . 80 1005 Limited a little . 1 533 7.5 Limited a little . 2 1606 22.0 Not limited . N Missing . 80 1005 Limited a little . 2 1606 22.0 Not limited . N Missing . 80 1005 Not limited . N Missing . 80 1005 Not limited . 1 1005 Limited a little . 1 1005 Not limited . 1 1104 15.0 Limited a little . 2 3468 48.0 Not limited . 1 1104 15.0 Limited a little . 2 3468 48.0 Not limited . 3 2539 35.0			Limited a little	2	2218 31.
M10Q5D Limited a lot 1 1410 193 1420 1430			Not limited	3	4427 62.
Limited a lot 1 1410 193. Limited a little 2 3013 42.4 Not limited 3 1816 37.3 Not limited 4 little 2 3013 42.4 Not limited 5 1816 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			N Missing		49
Limited a little 2 3013 42.4 Not limited 3 2676 37.3 Not limited 3 2676 37.3 Not limited 3 2676 37.3 Not limited 4 little 4 2 1606 22.4 Not limited 5 2 1606 22.4 Not limited 5 2 1606 22.4 Not limited 6 2 2 1606 22.4 Not limited 7 2 1607 1607 1607 1607 1607 1607 1607 1607	m10q5d Health limits you: Climbing several flights of stairs	M10Q5D			
Not limited 3 2676 37.1 Not limited 3 2676 37.1 Not limited a lot 1 533 7.1 Limited a lot 1 533 7.1 Limited a little 2 1606 22.0 Not limited 3 4968 69.1 Not limited 3 lot 1 1005 69.1 Limited a little 2 1606 22.0 Not limited 3 1 4968 69.1 Limited a lot 1 1104 15.1 Limited a lot 1 1104 15.1 Limited a little 2 3468 48.1 Not limited 3 2539 35.1 Not limited 3 3 2539 35.1 Not limited 3 1 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3			Limited a lot	1	1410 19.
N Missing . 80 In 10q5e Health limits you: Climbing one flight of stairs M10Q5E Limited a lot . 1 533 7.8 Limited a little . 2 1606 22.4 Not limited . 3 4968 69.8 N Missing . 67 Limited a lot . 1 1104 15.8 In 10q5f Health limits you: Bending, kneeling or stooping . 110q5f Limited a little . 2 3468 48.8 Not limited a little . 2 3468 48.8 Not limited . 3 2539 35.8			Limited a little	2	3013 42.
100q5e Health limits you: Climbing one flight of stairs M10Q5E Limited a lot Limited a little 2 1606 22.0 Not limited 3 4968 69.9 N Missing . 67 100q5f Health limits you: Bending, kneeling or stooping M10Q5F Limited a lot Limited a lot Not limited 1 1104 15.0 Limited a little 2 3468 48.0 Not limited 3 2539 35.0			Not limited	3	2676 37.
Limited a lot 1 533 7.55 Limited a little 2 1606 22.05 Not limited 3 4968 69.55 N Missing . 67 In10q5f Health limits you: Bending, kneeling or stooping M10Q5F Limited a lot 1 1104 15.55 Limited a little 2 3468 48.65 Not limited 3 2539 35.55			N Missing		80
Limited a little 2 1606 22.0 Not limited 3 4968 69.5 Not limited 5 Not limited 5 Not limited 6 little 7 Not limited 7 Not limited 7 Not limited 8 little 7 Not limited 8 little 7 Not limited 8 little 8 little 7 Not limited 8 little 9 litt	m10q5e Health limits you: Climbing one flight of stairs	M10Q5E			
Not limited 3 4968 69.5 N Missing . 67 In 10q5f Health limits you: Bending, kneeling or stooping M10Q5F Limited a lot 1 1104 15.5 Limited a little 2 3468 48.6 Not limited 3 2539 35.7			Limited a lot	1	533 7.
N Missing . 67 n10q5f Health limits you: Bending, kneeling or stooping M10Q5F Limited a lot 1 1104 15.5 Limited a little 2 3468 48.6 Not limited 3 2539 35.7			Limited a little	2	1606 22.
M10Q5F Limited a lot 1 1104 15.5 Limited a little 2 3468 48.6 Not limited 3 2539 35.7			Not limited	3	4968 69.
Limited a lot 1 1104 15.5 Limited a little 2 3468 48.6 Not limited 3 2539 35.7			N Missing		67
Limited a little 2 3468 48.8 Not limited 3 2539 35.7	n10q5f Health limits you: Bending, kneeling or stooping	M10Q5F			
Not limited 3 2539 35.7			Limited a lot	1	1104 15.
			Limited a little	2	3468 48.
N Missing . 66			Not limited	3	2539 35.
			N Missing		66

Item Description	Variable Name	Categories	Values	Number %
m10q5g Health limits you: Walking more than one kilometre	M10Q5G			
		Limited a lot	1	1161 16.3
		Limited a little	2	1869 26.3
		Not limited	3	4083 57.4
		N Missing		67
m10q5h Health limits you: Walking half a kilometre	M10Q5H			
		Limited a lot	1	680 9.6
		Limited a little	2	1049 14.8
		Not limited	3	5375 75.7
		N Missing		71
m10q5i Health limits you: Walking 100 metres	M10Q5I			
		Limited a lot	1	265 3.7
		Limited a little	2	782 11.1
		Not limited	3	6022 85.2
		N Missing		95
m10q5j Health limits you: Bathing or dressing yourself	M10Q5J			
		Limited a lot	1	112 1.6
		Limited a little	2	493 6.9
		Not limited	3	6517 91.5
		N Missing	•	55
m10q6a Physical health limit work: cut down on time spent	M10Q6A			
		Yes	1	2016 28.3
		No	2	5105 71.7
		N Missing		62

Item Description	Variable Name	Categories	Values	Number %
m10q6b Physical health limit work: accomplished less	M10Q6B			
		Yes	1	2829 39.
		No	2	4274 60.
		N Missing		79
m10q6c Physical health limit work: were limited in kind of work	M10Q6C			
		Yes	1	2551 35.
		No	2	4550 64.
		N Missing		84
m10q6d Physical health limit work: had difficulty	M10Q6D			
		Yes	1	2643 37.
		No	2	4457 62.
		N Missing		85
m10q7a Emotional problems limit work: cut down on time spent	M10Q7A			
		Yes	1	1307 18.
		No	2	5814 81.
		N Missing		53
m10q7b Emotional problems limit work: accomplished less	M10Q7B			
		Yes	1	1839 25.
		No	2	5270 74.
		N Missing		74
m10q7c Emotional problems limit work: weren't as careful	M10Q7C			
		Yes	1	1239 17.
		No	2	5863 82.
		N Missing		76

Item Description	Variable Name	Categories	Values	Number	- %
m10q8 Past 4 weeks, physical health/emotional problems interfered with social	M10Q8				
activities?		Not at all	1	3891	54.6
		Slightly	2	1638	23.0
		Moderately	3	880	12.4
		Quite a bit	4	607	8.5
		Extremely	5	106	1.5
		N Missing		55)
m10q9 How much bodily pain during past 4 weeks?	M10Q9				
		No bodily pain	1	857	12.0
		Very mild	2	2077	29.1
		Mild	3	1563	21.9
		Moderate	4	1916	26.9
		Severe	5	631	8.8
		Very severe	6	91	1.3
		N Missing		48	
m10q10 During past 4 weeks, pain interfere with work?	M10Q10				
		Not at all	1	2853	39.9
		A little bit	2	2247	31.5
		Moderately	3	1173	16.4
		Quite a bit	4	739	10.3
		Extremely	5	132	1.8
		N Missing		35	J

Item Description	Variable Name	Categories	Values	Number %
m10q11a Past 4 weeks: Did you feel full of life?	M10Q11A			
		All the time	1	307 4.
		Most of the time	2	2594 36.
		A good bit of the time	3	1645 23.
		Some of the time	4	1543 21.
		Little of the time	5	702 9.
		None of the time	6	320 4.
		N Missing		56
m10q11b Past 4 weeks: Have you been a very nervous person?	M10Q11B			
		All the time	1	57 0.
		Most of the time	2	137 1.
		A good bit of the time	3	296 4.
		Some of the time	4	1039 14.
		Little of the time	5	2099 29.
		None of the time	6	3468 48.
		N Missing		75
m10q11c Past 4 weeks: Have you felt so down in the dumps that nothing could	M10Q11C			
cheer you up?		All the time	1	23 0.
		Most of the time	2	60 0.
		A good bit of the time	3	187 2.
		Some of the time	4	639 9.
		Little of the time	5	1274 17.
		None of the time	6	4943 69.
		N Missing		46

Item Description	Variable Name	Categories	Values	Number	%
m10q11d Past 4 weeks: Have you felt calm and peaceful?	M10Q11D				
		All the time	1	493	6.9
		Most of the time	2	3084	43.4
		A good bit of the time	3	1434	20.2
		Some of the time	4	1233	17.4
		Little of the time	5	661	9.3
		None of the time	6	199	2.8
		N Missing		64	
m10q11e Past 4 weeks: Did you have a lot of energy?	M10Q11E				
		All the time	1	192	2.7
		Most of the time	2	1990	28.0
		A good bit of the time	3	1761	24.8
		Some of the time	4	1701	23.9
		Little of the time	5	959	13.5
		None of the time	6	500	7.0
		N Missing		67	
m10q11f Past 4 weeks: Have you felt down?	M10Q11F				
		All the time	1	34	0.5
		Most of the time	2	121	1.7
		A good bit of the time	3	340	4.8
		Some of the time	4	1168	16.4
		Little of the time	5	2799	39.3
		None of the time	6	2657	37.3
		N Missing		55	

Item Description	Variable Name	Categories	Values	Number	%
m10q11g Past 4 weeks: Did you feel worn out?	M10Q11G				
		All the time	1	103	1.4
		Most of the time	2	253	3.6
		A good bit of the time	3	678	9.5
		Some of the time	4	1751	24.7
		Little of the time	5	2775	39.1
		None of the time	6	1543	21.7
		N Missing		65	
m10q11h Past 4 weeks: Have you been a happy person?	M10Q11H				
		All the time	1	895	12.6
		Most of the time	2	3626	51.1
		A good bit of the time	3	1112	15.7
		Some of the time	4	1002	14.1
		Little of the time	5	356	5.0
		None of the time	6	109	1.5
		N Missing		60	
m10q11i Past 4 weeks: Did you feel tired?	M10Q11I				
		All the time	1	224	3.2
		Most of the time	2	534	7.5
		A good bit of the time	3	980	13.8
		Some of the time	4	2375	33.4
		Little of the time	5	2542	35.7
		None of the time	6	463	6.5
		N Missing		51	

Item Description	Variable Name	Categories	Values	Number	%
m10q12 Past 4 weeks, how much time have physical health/emotional problems	M10Q12				
interfered with social activities?		All the time	1	137	1.9
		Most of the time	2	452	6.4
		Some of the time	3	1198	16.8
		Little of the time	4	1387	19.5
		None of the time	5	3942	55.4
		N Missing		47	
m10q13a True or false: I seem to get sick a little easier than other people	M10Q13A				
		Definitely true	1	63	0.9
		Mostly true	2	247	3.5
		Don't know	3	660	9.4
		Mostly false	4	1790	25.4
		Definitely false	5	4286	60.8
		N Missing		122	
m10q13b True or false: I am as healthy as anybody I know	M10Q13B				
		Definitely true	1	1946	27.6
		Mostly true	2	3157	44.7
		Don't know	3	980	13.9
		Mostly false	4	590	8.4
		Definitely false	5	389	5.5
		N Missing		110	

Item Description	Variable Name	Categories	Values	Number	%
m10q13c True or false: I expect my health to get worse	M10Q13C				
		Definitely true	1	362	5.1
		Mostly true	2	1296	18.4
		Don't know	3	2833	40.2
		Mostly false	4	1260	17.9
		Definitely false	5	1302	18.5
		N Missing		120	
m10q13d True or false: My health is excellent	M10Q13D				
		Definitely true	1	994	14.1
		Mostly true	2	3901	55.4
		Don't know	3	452	6.4
		Mostly false	4	1030	14.6
		Definitely false	5	669	9.5
		N Missing		123	
m10q14a Last 12 months, times consulted: A family doctor or another GP	M10Q14A				
		None	0	177	2.5
		Once or twice	1	1684	23.6
		3 or 4 times	2	2453	34.4
		5 or 6 times	3	1621	22.7
		7 to 12 times	4	861	12.1
		13 to 24 times	5	254	3.6
		25 or more times	6	80	1.1
		N Missing		42	

Item Description	Variable Name	Categories	Values	Number 9	%
m10q14b Last 12 months, times consulted: A hospital doctor	M10Q14B				
		None	0	5294 74	4.2
		Once or twice	1	1362 19	9.1
		3 or 4 times	2	287 4	4.0
		5 or 6 times	3	109 1	1.5
		7 to 12 times	4	41 (0.6
		13 to 24 times	5	21 (0.3
		25 or more times	6	17 (0.2
		N Missing		44	
m10q14c Last 12 months, times consulted: A specialist doctor	M10Q14C				
		None	0	2504 35	5.1
		Once or twice	1	2885 40	ე.5
		3 or 4 times	2	1095 15	5.4
		5 or 6 times	3	404 5	5.7
		7 to 12 times	4	190 2	2.7
		13 to 24 times	5	36 (0.5
		25 or more times	6	19 (0.3
		N Missing		42	
m10q15a Consulted in last 12 months: Community nurse, practice nurse, or nurse	M10Q15A				
practitioner		Yes	1	1938 27	7.3
		No	2	5167 72	2.7
		N Missing		69	
m10q15b Consulted in last 12 months: Counsellor/Psychologist/Social worker	M10Q15B				
		Yes	1	411 5	5.8
		No	2	6702 94	4.2
		N Missing		59	

Item Description	Variable Name	Categories	Values	Number %
m10q15c Consulted in last 12 months: Physiotherapist	M10Q15C			
		Yes	1	2250 31.7
		No	2	4859 68.3
		N Missing		67
m10q15d Consulted in last 12 months: Exercise physiologist	M10Q15D			
		Yes	1	887 12.5
		No	2	6197 87.5
		N Missing		87
m10q15e Consulted in last 12 months: Dietitian	M10Q15E			
		Yes	1	428 6.
		No	2	6626 93.9
		N Missing		112
m10q15f Consulted in last 12 months: Optician/Optometrist	M10Q15F			
		Yes	1	5570 78.3
		No	2	1547 21.7
		N Missing		56
m10q15g Consulted in last 12 months: Hearing Specialist	M10Q15G			
		Yes	1	1595 22.5
		No	2	5497 77.5
		N Missing		82
m10q15h Consulted in last 12 months: Podiatrist	M10Q15H			
		Yes	1	2608 36.8
		No	2	4483 63.2
		N Missing		83

Item Description	Variable Name	Categories	Values	Number %
m10q15i Consulted in last 12 months: Dentist	M10Q15I			
		Yes	1	5301 74
		No	2	1809 25
		N Missing		66
m10q15j Consulted in last 12 months: Chiropractor/Massage therapist/Osteopath	M10Q15J			
		Yes	1	1634 23
		No	2	5459 77
		N Missing	•	81
m10q15k Consulted in last 12 months: Occupational therapist	M10Q15K			
		Yes	1	264 3
		No	2	6777 96
		N Missing		131
m10q15l Consulted in last 12 months: Other alternative health practitioner	M10Q15L			
		Yes	1	500 7
		No	2	6492 92
		N Missing		186
m10q16a When you go to GP: Do you go to same place?	M10Q16A			
		Always	1	6027 84
		Most of time	2	1026 14
		Sometimes	3	51 0
		Rarely/never	4	25 0
		N Missing		46

Item Description	Variable Name	Categories	Values	Number	%
m10q16b When you go to GP: Do you usually see same doctor?	M10Q16B				
		Always	1	3620	50.8
		Most of time	2	2943	41.3
		Sometimes	3	361	5.1
		Rarely/never	4	205	2.9
		N Missing		47	
m10q17 How would you rate the cost of your last visit to a GP?	M10Q17				
		No cost	1	4604	64.7
		Good	2	830	11.7
		Fair	3	1336	18.8
		Poor	4	294	4.1
		Don't know	5	50	0.7
		N Missing		54	
m10q18 Private health insurance for: Hospital cover?	M10Q18				
		Yes	1	5038	70.8
		No, Vet affairs	2	87	1.2
		No, cannot afford it	3	1163	16.4
		No, not good value	4	376	5.3
		No, don't need it	5	194	2.7
		No, other reason	7	253	3.6
		N Missing		66	

Item Description	Variable Name	Categories	Values	Number	%
m10q19 Private health insurance for: Ancillary services?	M10Q19				
		Yes	1	4614 6	65.0
		No, Vet affairs	2	85	1.2
		No, cannot afford it	3	1157 1	16.3
		No, not good value	4	652	9.2
		No, don't need it	5	242	3.4
		No, services not available	6	9	0.1
		No, other reason	7	344	4.8
		N Missing		75	
m10q20a Coverage for health services: Department of Veterans Affairs Gold Card/White Card	M10Q20A				
		No	0	7013 9	98.8
		Yes	1	88	1.2
		N Missing		72	
m10q20b Coverage for health services: Commonwealth Seniors Health Card	M10Q20B				
		No	0	5253 7	74.0
		Yes	1	1848 2	26.0
		N Missing		72	
m10q20c Coverage for health services: Pensioner Concession Card	M10Q20C				
		No	0	2951 4	41.6
		Yes	1	4150 5	58.4
		N Missing		72	
m10q20d Coverage for health services: Do you have a Health Care Card	M10Q20D				
		No	0	6270 8	38.3
		Yes	1	831 1	11.7
		N Missing		72	

Item Description	Variable Name	Categories	Values	Number	%
m10q20e Coverage for health services: None of these	M10Q20E				
		No	0	5613	79.0
		Yes	1	1488	21.0
		N Missing		72	
m10q21a When did you last have a pap test?	M10Q21A				
		Last 12 months	1	566	8.0
		1 to less than 2 years ago	2	1069	15.1
		2 to less than 3 years ago	3	1302	18.4
		3 to 5 years ago	4	1176	16.6
		More than 5 years ago	5	2208	31.2
		Never	6	378	5.3
		Don't know	7	375	5.3
		N Missing		117	
n10q21b When did you last have a mammogram?	M10Q21B				
		Last 12 months	1	2676	37.
		1 to less than 2 years ago	2	2178	30.
		2 to less than 3 years ago	3	986	13.9
		3 to 5 years ago	4	484	6.8
		More than 5 years ago	5	518	7.3
		Never	6	183	2.6
		Don't know	7	70	1.0
		N Missing		80	

Item Description	Variable Name	Categories	Values	Number %
m10q21c When did you last have your blood pressure checked?	M10Q21C			
		Last 12 months	1	6520 91.8
		1 to less than 2 years ago	2	360 5.1
		2 to less than 3 years ago	3	94 1.3
		3 to 5 years ago	4	52 0.7
		More than 5 years ago	5	38 0.5
		Never	6	10 0.1
		Don't know	7	25 0.4
		N Missing		77
m10q21d When did you last have your skin checked?	M10Q21D			
		Last 12 months	1	3840 54.0
		1 to less than 2 years ago	2	803 11.3
		2 to less than 3 years ago	3	527 7.4
		3 to 5 years ago	4	382 5.4
		More than 5 years ago	5	434 6.1
		Never	6	994 14.0
		Don't know	7	129 1.8
		N Missing		73

Item Description	Variable Name	Categories	Values	Number	%
m10q21e When did you last have your cholesterol checked?	M10Q21E				
		Last 12 months	1	5745	80.6
		1 to less than 2 years ago	2	710	10.0
		2 to less than 3 years ago	3	246	3.5
		3 to 5 years ago	4	137	1.9
		More than 5 years ago	5	101	1.4
		Never	6	69	1.0
		Don't know	7	117	1.6
		N Missing		57	
m10q21f When did you last have your blood sugar level checked?	M10Q21F				
		Last 12 months	1	5531	77.7
		1 to less than 2 years ago	2	685	9.6
		2 to less than 3 years ago	3	229	3.2
		3 to 5 years ago	4	127	1.8
		More than 5 years ago	5	118	1.7
		Never	6	140	2.0
		Don't know	7	287	4.0
		N Missing		62	
m10q22a In the past three years have you had abnormal result from a pap test?	M10Q22A				
		Yes	1	175	2.5
		No abnormal result	2	4034	57.5
		No test in the past 3 years	3	2550	36.3
		Don't know	4	262	3.7
		N Missing		165	

Item Description	Variable Name	Categories	Values	Number %
m10q22b In the past three years have you had abnormal result from a	M10Q22B			
mammogram?		Yes	1	441 6
		No abnormal result	2	5575 79
		No test in the past 3 years	3	900 12
		Don't know	4	112 1
		N Missing		158
m10q23a Past 3 years: Had breasts examined by a doctor or nurse?	M10Q23A			
		Yes	1	3003 42
		No	2	4110 57
		N Missing		68
m10q23b Past 3 years: Carried out regular monthly breast self examination?	M10Q23B			
		Yes	1	3625 51
		No	2	3482 49
		N Missing		76
m10q23c Past 3 years: Had a bone density test?	M10Q23C			
		Yes	1	4126 58
		No	2	2994 42
		N Missing		63
m10q23d Past 3 years: Had a colonoscopy or sigmoidoscopy?	M10Q23D			
		Yes	1	2592 36
		No	2	4502 63
		N Missing		81
m10q23e Past 3 years: Had a faecal occult blood test (FOBT)?	M10Q23E			
		Yes	1	3112 44
		No	2	3946 55
		N Missing		136

Item Description	Variable Name	Categories	Values	Number	%
m10q23f Past 3 years: Been vaccinated for influenza (the 'flu')?	M10Q23F				
		Yes	1	6507	91.2
		No	2	625	8.8
		N Missing		53	
m10q23g Past 3 years: Had a pneumococcal vaccine (also called PPV, for	M10Q23G				
pneumonia)?		Yes	1	4306	60.9
		No	2	2764	39.1
		N Missing		110	
m10q23h Past 3 years: Had a vaccination for herpes zoster (chicken pox/shingles)?	M10Q23H				
		Yes	1	4040	56.8
		No	2	3067	43.2
		N Missing		70	
m10q24 Last 12 months, Have you been admitted to hospital?	M10Q24				
		No	1	4951	69.5
		Yes, day only	2	1081	15.2
		Yes, spent at least one night	3	1087	15.3
		N Missing		76	
m10q25a Past month: Have you felt keyed up or on edge?	M10Q25A				
		Yes	1	2674	37.6
		No	2	4434	62.4
		N Missing		74	
m10q25b Past month: Have you been worrying a lot?	M10Q25B				
		Yes	1	2314	32.6
		No	2	4791	67.4
		N Missing		74	

Item Description	Variable Name	Categories	Values	Number %
m10q25c Past month: Have you been irritable?	M10Q25C			
		Yes	1	2283 32.
		No	2	4824 67.9
		N Missing		77
m10q25d Past month: Have you had difficulty relaxing?	M10Q25D			
		Yes	1	2141 30.
		No	2	4962 69.9
		N Missing		83
m10q25e Past month: Have you been sleeping poorly?	M10Q25E			
		Yes	1	3403 47.9
		No	2	3696 52.
		N Missing		74
m10q25f Past month: Have you had headaches or neck aches?	M10Q25F			
		Yes	1	2922 41.2
		No	2	4176 58.8
		N Missing		75
m10q25g Past month: Have you had any of the following: trembling, tingling, dizzy	M10Q25G			
spells, sweating, diarrhoea or needing to pass urine more often than normal?		Yes	1	2064 29.0
		No	2	5045 71.0
		N Missing		72
m10q25h Past month: Have you been worried about your health?	M10Q25H			
		Yes	1	2333 32.8
		No	2	4776 67.2
		N Missing		67

Item Description	Variable Name	Categories	Values	Number	%
m10q25i Past month: Have you had difficulty falling asleep?	M10Q25I				
		Yes	1	2868	40.3
		No	2	4252	59.7
		N Missing	•	58	
m10q26 In the past week have you felt life isn't worth living?	M10Q26				
		Yes	1	289	4.1
		No	2	6825	95.9
		N Missing		65	
m10q27 Currently taking: Hormone replacement therapy?	M10Q27				
		Yes	1	459	6.6
		No	2	6520	93.4
		N Missing		212	
m10q28a Rate following: Access to medical specialists if needed	M10Q28A				
		Excellent	1	2432	34.2
		Very good	2	2446	34.4
		Good	3	1318	18.5
		Fair	4	521	7.3
		Poor	5	209	2.9
		Don't know	6	183	2.6
		N Missing		80	

Item Description	Variable Name	Categories	Values	Number
m10q28b Rate following: Access to a hospital if you need it	M10Q28B			
		Excellent	1	2553 3
		Very good	2	2378 3
		Good	3	1375 1
		Fair	4	395
		Poor	5	130
		Don't know	6	271
		N Missing		94
m10q28c Rate following: Access to medical care in an emergency	M10Q28C			
		Excellent	1	2239 3
		Very good	2	2231 3
		Good	3	1331 18
		Fair	4	472
		Poor	5	168
		Don't know	6	648
		N Missing		92
m10q28d Rate following: Access to after-hours medical care	M10Q28D			
		Excellent	1	1143 10
		Very good	2	1518 2
		Good	3	1346 19
		Fair	4	893 12
		Poor	5	575
		Don't know	6	1586 2
		N Missing		125

Item Description	Variable Name	Categories	Values	Number 9	%
m10q28e Rate following: Access to a GP who bulk bills	M10Q28E				
		Excellent	1	2793 39	39.4
		Very good	2	1397 19	9.7
		Good	3	904 12	2.8
		Fair	4	473 6	6.7
		Poor	5	876 12	2.4
		Don't know	6	640 9	9.0
		N Missing		109	
m10q28f Rate following: Access to a female GP	M10Q28F				
		Excellent	1	2755 38	18.9
		Very good	2	1791 25	25.3
		Good	3	1137 16	6.1
		Fair	4	447 6	6.3
		Poor	5	282 4	4.0
		Don't know	6	667	9.4
		N Missing		114	
m10q28g Rate following: Hours when a GP is available	M10Q28G				
		Excellent	1	1278 18	8.1
		Very good	2	2149 30	30.4
		Good	3	2054 29	29.1
		Fair	4	1065 15	5.1
		Poor	5	365 5	5.2
		Don't know	6	157 2	2.2
		N Missing		133	

Item Description	Variable Name	Categories	Values	Number	%
m10q28h Rate following: Number of GPs you have to choose from	M10Q28H				
		Excellent	1	1550	21.9
		Very good	2	2086	29.4
		Good	3	1965	27.
		Fair	4	826	11.7
		Poor	5	377	5.3
		Don't know	6	279	3.9
		N Missing		111	
n10q28i Rate following: Ease of seeing the GP of your choice	M10Q28I				
		Excellent	1	1630	23.0
		Very good	2	2080	29.
		Good	3	1738	24.
		Fair	4	1049	14.8
		Poor	5	527	7.4
		Don't know	6	63	0.9
		N Missing		101	
m10q28j Rate following: How long you wait for GP appointment	M10Q28J				
		Excellent	1	997	14.0
		Very good	2	1972	27.
		Good	3	1948	27.
		Fair	4	1454	20.
		Poor	5	682	9.0
		Don't know	6	44	0.0
		N Missing		93	ı

Item Description	Variable Name	Categories	Values	Number	%
m10q28k Rate following: The outcomes of your medical care	M10Q28K				
		Excellent	1	1875 2	26.5
		Very good	2	2677 3	37.8
		Good	3	1841 2	26.0
		Fair	4	500	7.1
		Poor	5	71	1.0
		Don't know	6	124	1.8
		N Missing		99	
m10q28l Rate following: Ease of obtaining a mammogram	M10Q28L				
		Excellent	1	2533 3	35.7
		Very good	2	2204 3	31.1
		Good	3	1293 1	18.2
		Fair	4	182	2.6
		Poor	5	75	1.1
		Don't know	6	801 1	11.3
		N Missing		106	
m10q28m Rate following: Ease of obtaining a Pap test	M10Q28M				
		Excellent	1	1577 2	22.5
		Very good	2	1576 2	22.4
		Good	3	1092 1	15.5
		Fair	4	226	3.2
		Poor	5	79	1.1
		Don't know	6	2471 3	35.2
		N Missing		162	

Item Description	Variable Name	Categories	Values	Number	%
m10q28n Rate following: Access to a counselling service if needed	M10Q28N				
		Excellent	1	802	11.3
		Very good	2	1157	16.3
		Good	3	940	13.3
		Fair	4	347	4.9
		Poor	5	164	2.3
		Don't know	6	3675	51.9
		N Missing		104	
m10q29 Ever tested positive for COVID-19?	M10Q29				
		Yes	1	1949	27.4
		No, I never tested positive	2	4406	62.0
		No, I have never been tested for COVID-19	3	699	9.8
		Don't know	4	48	0.7
		N Missing		82	
m10q30 Ever been vaccinated for COVID-19?	M10Q30				
		Yes	1	6942	98.0
		No	2	144	2.0
		N Missing		99	
m10q31 How many doses of COVID-19 vaccine have you received?	M10Q31				
		One dose	1	10	0.1
		Two doses	2	264	3.8
		Three doses	3	1644	23.7
		Four or more doses	4	5005	72.3
		N Missing		293	

Item Description	Variable Name	Categories	Values	Number %
m10q32a COVID-19 vaccine: Pfizer	M10Q32A			
		No	0	2088 29.1
		Yes	1	5086 70.9
n10q32b COVID-19 vaccine: AstraZeneca	M10Q32B			
		No	0	1065 14.8
		Yes	1	6109 85.2
n10q32c COVID-19 vaccine: Moderna	M10Q32C			
		No	0	5332 74.3
		Yes	1	1842 25.7
n10q32d COVID-19 vaccine: Novavax	M10Q32D			
		No	0	7082 98.7
		Yes	1	92 1.3
n10q32e COVID-19 vaccine: Other	M10Q32E			
		No	0	7169 99.9
		Yes	1	5 0.1
n10q32f COVID-19 vaccine: Don't know	M10Q32F			
		No	0	7025 97.9
		Yes	1	148 2.1
m10q34a Last 12 months, slipped, tripped or stumbled?	M10Q34A			
		No	0	4460 63.1
		Yes	1	2608 36.9
		N Missing		106
n10q34b Last 12 months, had a fall to the ground?	M10Q34B			
		No	0	5311 75.1
		Yes	1	1756 24.9
		N Missing		106

Item Description	Variable Name	Categories	Values	Number	%
m10q34c Last 12 months, injured as a result of a fall?	M10Q34C				
		No	0	6127	86.7
		Yes	1	941	13.3
		N Missing		106	
m10q34d Last 12 months, needed to seek medical attention for injury from fall?	M10Q34D				
		No	0	6377	90.2
		Yes	1	691	9.8
		N Missing		106	
n10q34e Last 12 months, other injury from accident at home?	M10Q34E				
		No	0	6821	96.5
		Yes	1	247	3.5
		N Missing		106	
m10q34f Last 12 months, broken or fractured any bone/s?	M10Q34F				
		No	0	6709	94.9
		Yes	1	358	5.1
		N Missing		106	
m10q34g Last 12 months, none of the above (fall/injury/fracture)	M10Q34G				
		No	0	3088	43.7
		Yes	1	3979	56.3
		N Missing	•	106	
n10q35 Last fall, when was it?	M10Q35				
		Mean		2020.38	
		Std Dev		3.36	
		N		3123	
		N Missing		4036	

Item Description	Variable Name	Categories	Values	Number %
m10q35_na Last fall, when was it: Not applicable	M10Q35_NA			
		No	0	3103 49.2
		Yes	1	3200 50.8
		N Missing		881
m10q36a Doing when fell: Walking/running	M10Q36A			
		No	0	5904 82.3
		Yes	1	1270 17.7
m10q36b Doing when fell: Up/down stairs/kerb/gutter	M10Q36B			
		No	0	6430 89.6
		Yes	1	744 10.4
n10q36c Doing when fell: Getting out of bed/chair	M10Q36C			
		No	0	7050 98.3
		Yes	1	124 1.7
m10q36d Doing when fell: Gardening/housework	M10Q36D			
		No	0	6527 91.0
		Yes	1	647 9.0
m10q36e Doing when fell: Carrying or bending	M10Q36E			
		No	0	6941 96.8
		Yes	1	232 3.2
m10q36f Doing when fell: Dressing/bathing	M10Q36F			
		No	0	7110 99.1
		Yes	1	64 0.9
m10q36g Doing when fell: Visiting the toilet	M10Q36G			
		No	0	7079 98.7
		Yes	1	95 1.3

Item Description	Variable Name	Categories	Values	Number %
m10q36h Doing when fell: Sport or other recreation	M10Q36H			
		No	0	7025 97.9
		Yes	1	149 2.1
m10q36i Doing when fell: Public transport	M10Q36I			
		No	0	7155 99.7
		Yes	1	19 0.3
m10q36j Doing when fell: Other	M10Q36J			
		No	0	6701 93.4
		Yes	1	473 6.6
n10q37a Past 3 years, diagnosed/treated for Type 1 diabetes	M10Q37A			
		No	0	6845 99.3
		Yes	1	49 0.7
		N Missing		270
m10q37b Past 3 years, diagnosed/treated for Type 2 diabetes	M10Q37B			
		No	0	6193 89.8
		Yes	1	700 10.2
		N Missing		270
m10q37c Past 3 years, diagnosed/treated for Impaired glucose tolerance	M10Q37C			
		No	0	6692 97.1
		Yes	1	202 2.9
		N Missing		270
m10q37d Past 3 years, diagnosed/treated for none of these conditions (diabetes)	M10Q37D			
		No	0	913 13.2
		Yes	1	5980 86.8
		N Missing		270

Item Description	Variable Name	Categories	Values	Number	%
m10q37e Past 3 years, diagnosed/treated for Osteoarthritis	M10Q37E				
		No	0	4672	67.3
		Yes	1	2268	32.7
		N Missing	•	228	
m10q37f Past 3 years, diagnosed/treated for Rheumatoid arthritis	M10Q37F				
		No	0	6559	94.5
		Yes	1	381	5.5
		N Missing		228	
m10q37g Past 3 years, diagnosed/treated for Other arthritis	M10Q37G				
		No	0	6242	90.0
		Yes	1	697	10.0
		N Missing		228	
m10q37h Past 3 years, diagnosed/treated for Osteoporosis	M10Q37H				
		No	0	5573	80.3
		Yes	1	1367	19.7
		N Missing		228	
m10q37i Past 3 years, diagnosed/treated for none of these conditions (arthritis)	M10Q37I				
		No	0	3804	54.8
		Yes	1	3136	45.2
		N Missing		228	
m10q37j Past 3 years, diagnosed/treated for Acute myocardial infarction/heart	M10Q37J				
attack/acute coronary syndrome		No	0	6936	98.1
		Yes	1	134	1.9
		N Missing		114	

Item Description	Variable Name	Categories	Values	Number %
m10q37k Past 3 years, diagnosed/treated for Congestive heart failure	M10Q37K			
		No	0	6985 98
		Yes	1	85 1
		N Missing	•	114
m10q37l Past 3 years, diagnosed/treated for Rate or rhythm disorder (atrial	M10Q37L			
fibrillation, bundle branch block, tachycardia)		No	0	6361 90
		Yes	1	709 10
		N Missing		114
m10q37m Past 3 years, diagnosed/treated for Unstable angina	M10Q37M			
		No	0	7005 99
		Yes	1	65 0
		N Missing		114
m10q37n Past 3 years, diagnosed/treated for Valvular disease or murmur	M10Q37N			
		No	0	6909 97
		Yes	1	161 2
		N Missing		114
m10q37o Past 3 years, diagnosed/treated for Thrombosis	M10Q37O			
		No	0	6940 98
		Yes	1	130 1
		N Missing		114
m10q37p Past 3 years, diagnosed/treated for Hypertension	M10Q37P			
		No	0	4735 67
		Yes	1	2335 33
		N Missing		114

	Variable Name	Categories	Values	Number %
10q37q Past 3 years, diagnosed/treated for Stroke	M10Q37Q			
		No	0	6981 98.7
		Yes	1	89 1.3
		N Missing		114
10q37r Past 3 years, diagnosed/treated for Kidney disease	M10Q37R			
		No	0	6884 97.4
		Yes	1	186 2.6
		N Missing		114
m10q37s Past 3 years, diagnosed/treated for none of these conditions (cardiovascular)	M10Q37S			
		No	0	3036 42.9
		Yes	1	4034 57.1
		N Missing		114
10q37t Past 3 years, diagnosed/treated for Parkinson's disease	M10Q37T			
		No	0	7000 99.3
		Yes	1	52 0.7
		N Missing		127
10q37u Past 3 years, diagnosed/treated for Mild Cognitive Impairment (MCI)	M10Q37U			
		No	0	7020 99.5
		Yes	1	32 0.5
		N Missing		127
m10q37v Past 3 years, diagnosed/treated for Alzheimer's disease or dementia	M10Q37V			
		No	0	7019 99.5
		Yes	1	33 0.5
		N Missing		127

Item Description	Variable Name	Categories	Values	Number	%
m10q37w Past 3 years, diagnosed/treated for Peripheral neuropathy	M10Q37W				
		No	0	6845	97.1
		Yes	1	207	2.9
		N Missing		127	
m10q37x Past 3 years, diagnosed/treated for none of these conditions (neurologic	gical) M10Q37X				
		No	0	305	4.3
		Yes	1	6747	95.7
		N Missing		127	
m10q37y Past 3 years, diagnosed/treated for Breast cancer	M10Q37Y				
		No	0	6839	96.5
		Yes	1	248	3.5
		N Missing		91	
m10q37z Past 3 years, diagnosed/treated for Cervical cancer	M10Q37Z				
		No	0	7071	99.8
		Yes	1	16	0.2
		N Missing		91	
m10q37aa Past 3 years, diagnosed/treated for Ovarian cancer	M10Q37AA				
		No	0	7056	99.6
		Yes	1	31	0.4
		N Missing		91	
m10q37bb Past 3 years, diagnosed/treated for Lung cancer	M10Q37BB				
		No	0	7045	99.4
		Yes	1	41	0.6
		N Missing		91	

Item Description	Variable Name	Categories	Values	Number %
m10q37cc Past 3 years, diagnosed/treated for Bowel cancer	M10Q37CC			
		No	0	7036 99.
		Yes	1	50 0.
		N Missing		91
m10q37dd Past 3 years, diagnosed/treated for Skin cancer	M10Q37DD			
		No	0	5713 80.
		Yes	1	1374 19.
		N Missing		91
m10q37ee Past 3 years, diagnosed/treated for Other cancer	M10Q37EE			
		No	0	6937 97.
		Yes	1	149 2.
		N Missing		91
m10q37ff Past 3 years, diagnosed/treated for none of these conditions (cancer)	M10Q37FF			
		No	0	1768 24.
		Yes	1	5319 75.
		N Missing		91
m10q37gg Past 3 years, diagnosed/treated for Low iron level	M10Q37GG			
		No	0	6251 87.
		Yes	1	859 12.
		N Missing		65
m10q37hh Past 3 years, diagnosed/treated for Asthma	M10Q37HH			
		No	0	6318 88.9
		Yes	1	793 11.
		N Missing		65

Item Description	Variable Name	Categories	Values	Number	%
n10q37ii Past 3 years, diagnosed/treated for Bronchitis/emphysema	M10Q37II				
		No	0	6654 9	93.6
		Yes	1	456	6.4
		N Missing		65	
n10q37jj Past 3 years, diagnosed/treated for Shingles	M10Q37JJ				
		No	0	6740 9	94.8
		Yes	1	370	5.2
		N Missing		65	
m10q37kk Past 3 years, diagnosed/treated for none of these conditions (low iron/asthma/Lung conditions/singles)	M10Q37KK				
		No	0	1979 2	27.8
		Yes	1	5131 7	72.2
		N Missing		65	
n10q37ll Past 3 years, diagnosed/treated for Depression	M10Q37LL				
		No	0	6441 9	90.6
		Yes	1	669	9.4
		N Missing		66	
n10q37mm Past 3 years, diagnosed/treated for Anxiety/nervous disorder	M10Q37MM				
		No	0	6415 9	90.2
		Yes	1	695	9.8
		N Missing	•	66	
n10q37nn Past 3 years, diagnosed/treated for Other psychiatric disorder	M10Q37NN				
		No	0	7082 9	99.6
		Yes	1	27	0.4
		N Missing		66	

Item Description	Variable Name	Categories	Values	Number %
m10q37oo Past 3 years, diagnosed/treated for none of these conditions (psychiatric	c) M10Q37OO			
		No	0	1101 15.5
		Yes	1	6008 84.5
		N Missing		66
m10q37pp Past 3 years, diagnosed/treated for Macular degeneration	M10Q37PP			
		No	0	6801 95.7
		Yes	1	303 4.3
		N Missing		78
m10q37qq Past 3 years, diagnosed/treated for Cataracts	M10Q37QQ			
		No	0	5138 72.3
		Yes	1	1967 27.7
		N Missing		78
m10q37rr Past 3 years, diagnosed/treated for Glaucoma	M10Q37RR			
		No	0	6673 93.9
		Yes	1	431 6.1
		N Missing		78
m10q37ss Past 3 years, diagnosed/treated for none of these conditions (eye)	M10Q37SS			
		No	0	2407 33.9
		Yes	1	4697 66.1
		N Missing		78
m10q37tt Past 3 years, diagnosed/treated for Sexually transmitted infection	M10Q37TT			
		No	0	7044 99.2
		Yes	1	56 0.8
		N Missing		80

Item Description	Variable Name	Categories	Values	Number	%
m10q37uu Past 3 years, diagnosed/treated for Interstitial cystitis	M10Q37UU				
		No	0	6893	97.1
		Yes	1	208	2.9
		N Missing		80	
m10q37vv Past 3 years, diagnosed/treated for none of these conditions (STI,cystitis)	M10Q37VV				
		No	0	258	3.6
		Yes	1	6842	96.4
		N Missing		80	
n10q37ww Past 3 years, diagnosed/treated for Other major illness or disability	M10Q37WW				
		No	0	5551	83.3
		Yes	1	1115	16.7
		N Missing		517	
m10q37xx Past 3 years, diagnosed/treated for NO other major illness or disability	M10Q37XX				
		No	0	1115	16.7
		Yes	1	5551	83.3
		N Missing		517	
Height in cms	M10HTCM				
		Mean		161.71	
		Std Dev		7.34	
		N		6886	
		N Missing		273	
Weight in kgs	M10WTKG				
		Mean		72.44	
		Std Dev		16.05	
		N		6968	
		N Missing		191	

Item Description	Variable Name	Categories	Values	Number %
Body Mass Index	M10BMI			
		Mean		27.33
		Std Dev		5.89
		N		6966
		N Missing		193
WHO BMI Groupings	M10WHOBMIGROU	P		
		Mean		2.86
		Std Dev		0.84
		N		6966
		N Missing		193
m10q40a Past 3 years, had Both ovaries removed	M10Q40A			
		No	0	6971 98.0
		Yes	1	142 2.0
		N Missing		69
m10q40b Past 3 years, had Hysteroscopy	M10Q40B			
		No	0	7000 98.4
		Yes	1	113 1.6
		N Missing		69
m10q40c Past 3 years, had Hysterectomy	M10Q40C			
		No	0	6936 97.5
		Yes	1	177 2.5
		N Missing		69
m10q40d Past 3 years, had Repair of prolapsed vagina/bladder/bowel	M10Q40D			
		No	0	6894 96.9
		Yes	1	220 3.
		N Missing		69
		•		

Item Description	Variable Name	Categories	Values	Number %
m10q40e Past 3 years, had Hip surgery/replacement	M10Q40E			
		No	0	6863 96.
		Yes	1	250 3.5
		N Missing		69
m10q40f Past 3 years, had Knee replacement	M10Q40F			
		No	0	6768 95.
		Yes	1	345 4.9
		N Missing		69
m10q40g Past 3 years, had Other knee surgery/arthroscopy	M10Q40G			
		No	0	7016 98.0
		Yes	1	97 1.4
		N Missing		69
m10q40h Past 3 years, had Shoulder surgery	M10Q40H			
		No	0	7001 98.4
		Yes	1	113 1.0
		N Missing		69
m10q40i Past 3 years, had Breast biopsy	M10Q40I			
		No	0	6861 96.
		Yes	1	252 3.5
		N Missing		69
m10q40j Past 3 years, had Lumpectomy	M10Q40J			
		No	0	6977 98.
		Yes	1	136 1.9
		N Missing		69

Item Description	Variable Name	Categories	Values	Number %
m10q40k Past 3 years, had Mastectomy	M10Q40K			
		No	0	7067 99.4
		Yes	1	46 0.6
		N Missing		69
m10q40l Past 3 years, had Removal of skin cancer	M10Q40L			
		No	0	5500 77.3
		Yes	1	1613 22.7
		N Missing		69
m10q40m Past 3 years, had Chemotherapy/radiotherapy for cancer	M10Q40M			
		No	0	6891 96.9
		Yes	1	222 3.1
		N Missing		69
m10q40n Past 3 years, had Any other cancer surgery	M10Q40N			
		No	0	6992 98.3
		Yes	1	121 1.7
		N Missing		69
m10q40o Past 3 years, had Cholecystectomy	M10Q40O			
		No	0	7020 98.7
		Yes	1	93 1.3
		N Missing		69
m10q40p Past 3 years, had Gastroscopy/colonoscopy	M10Q40P			
		No	0	5544 77.9
		Yes	1	1569 22.1
		N Missing		69

Item Description	Variable Name	Categories	Values	Number	%
m10q40q Past 3 years, had Bariatric surgery (gastric banding surgery/sleeve	M10Q40Q				
gastrectomy/gastric bypass)		No	0	7091	99.7
		Yes	1	22	0.3
		N Missing		69	
10q40r Past 3 years, had Cataract surgery	M10Q40R				
		No	0	6029	84.8
		Yes	1	1084	15.2
		N Missing		69	
m10q40s Past 3 years, had Angioplasty/coronary artery bypass/stent	M10Q40S				
		No	0	7031	98.8
		Yes	1	82	1.2
		N Missing		69	
n10q40t Past 3 years, had Insertion of pacemaker	M10Q40T				
		No	0	7048	99.1
		Yes	1	65	0.9
		N Missing		69	
m10q40u Past 3 years, had none of these operations or procedures	M10Q40U				
		No	0	4103	57.7
		Yes	1	3010	42.3
		N Missing		69	
m10q41 If you had a hysterectomy, how old were you?	M10Q41				
		Mean		46.67	
		Std Dev		12.14	
		N		2376	
		N Missing		4783	

Item Description	Variable Name	Categories	Values	Number %
n10q42a Ever diagnosed/treated for Endometriosis? Yes, last 3 years	M10Q42A			
		0	0	7168 99.9
		Yes	1	6 0.1
n10q42b Ever diagnosed/treated for Endometriosis? Yes, more than 3 years ago	M10Q42B			
		0	0	6608 92.1
		Yes	1	566 7.9
m10q42c Ever diagnosed/treated for Endometriosis? Never	M10Q42C			
		0	0	811 11.3
		Yes	1	6363 88.7
Waist in cm	M10WAISTCM			
		Mean		92.54
		Std Dev		14.03
		N		6025
		N Missing		1134
m10q44a Past 4 weeks, taken Salbutamol (Ventolin)	M10Q44A			
		Yes	1	882 14.7
		No	2	5108 85.3
		N Missing		1208
m10q44b Past 4 weeks, taken Aspirin	M10Q44B			
		Yes	1	1137 19.3
		No	2	4753 80.7
		N Missing		1274
m10q44c Past 4 weeks, taken Paracetamol	M10Q44C			
		Yes	1	4878 71.6
		No	2	1935 28.4
		N Missing		380

Item Description	Variable Name	Categories	Values	Number %
m10q44d Past 4 weeks, taken Ibuprofen	M10Q44D			
		Yes	1	1522 25.8
		No	2	4381 74.2
		N Missing		1284
m10q44e Past 4 weeks, taken Medications to help you sleep	M10Q44E			
		Yes	1	1308 21.4
		No	2	4816 78.6
		N Missing		1069
m10q44f Past 4 weeks, taken Vitamin D	M10Q44F			
		Yes	1	3904 58.5
		No	2	2766 41.5
		N Missing		574
m10q44g Past 4 weeks, taken Vitamin C	M10Q44G			
		Yes	1	1710 28.7
		No	2	4258 71.3
		N Missing		1211
m10q44h Past 4 weeks, taken Vitamin B/complex	M10Q44H			
		Yes	1	1435 24.3
		No	2	4476 75.7
		N Missing		1278
m10q44i Past 4 weeks, taken Multivitamins	M10Q44I			
		Yes	1	1224 20.5
		No	2	4736 79.5
		N Missing		1219

Item Description	Variable Name	Categories	Values	Number %
m10q44j Past 4 weeks, taken Iron	M10Q44J			
		Yes	1	597 9.5
		No	2	5694 90.5
		N Missing		908
m10q44k Past 4 weeks, taken Glucosamine	M10Q44K			
		Yes	1	841 13.4
		No	2	5432 86.6
		N Missing		924
m10q44l Past 4 weeks, taken Omega 3	M10Q44L			
		Yes	1	1380 21.8
		No	2	4944 78.2
		N Missing		874
m10q44m Past 4 weeks, taken Calcium tablets	M10Q44M			
		Yes	1	2032 31.1
		No	2	4503 68.9
		N Missing		652
m10q44n Past 4 weeks, taken Magnesium supplements	M10Q44N			
		Yes	1	2513 38.0
		No	2	4104 62.0
		N Missing		551
m10q44o Past 4 weeks, taken CoEnzyme Q10 (C0Q10)	M10Q44O			
		Yes	1	428 6.9
		No	2	5755 93.1
		N Missing		1009

Item Description	Variable Name	Categories	Values	Number %
m10q44p Past 4 weeks, taken Zinc	M10Q44P			
		Yes	1	702 11.3
		No	2	5519 88.7
		N Missing		960
m10q44q Past 4 weeks, taken Other vitamins, supplements, herbal therapies	M10Q44Q			
		Yes	1	1704 24.3
		No	2	5316 75.7
		N Missing		163
m10q44q_a Past 4 weeks, taken Other: CBD	M10Q44Q_A			
		Yes	1	4 0.
		No	2	7017 99.9
		N Missing		163
m10q44q_b Past 4 weeks, taken Other: Cod Liver Oil	M10Q44Q_B			
		Yes	1	9 0.
		No	2	7012 99.9
		N Missing		163
m10q44q_c Past 4 weeks, taken Other: Cranberry tablets/juice	M10Q44Q_C			
		Yes	1	56 0.8
		No	2	6965 99.2
		N Missing		163
m10q44q_d Past 4 weeks, taken Other: Echinacea	M10Q44Q_D			
		Yes	1	23 0.3
		No	2	6998 99.7
		N Missing		163

Item Description	Variable Name	Categories	Values	Number %
m10q44q_e Past 4 weeks, taken Other: Evening Primrose Oil	M10Q44Q_E			
		Yes	1	11 0.2
		No	2	7009 99.8
		N Missing		163
m10q44q_f Past 4 weeks, taken Other: Garlic	M10Q44Q_F			
		Yes	1	64 0.9
		No	2	6956 99.1
		N Missing		163
m10q44q_g Past 4 weeks, taken Other: Gingko Biloba	M10Q44Q_G			
		Yes	1	31 0.4
		No	2	6989 99.6
		N Missing		163
m10q44q_h Past 4 weeks, taken Other: Milk Thistle	M10Q44Q_H			
		Yes	1	17 0.2
		No	2	7004 99.8
		N Missing		163
m10q44q_i Past 4 weeks, taken Other: Olive Leaf extract	M10Q44Q_I			
		Yes	1	19 0.3
		No	2	7002 99.7
		N Missing		163
m10q44q_j Past 4 weeks, taken Other: Pre/Probiotics	M10Q44Q_J			
		Yes	1	130 1.9
		No	2	6891 98.1
		N Missing		163

Item Description	Variable Name	Categories	Values	Number	%
m10q44q_k Past 4 weeks, taken Other: Tumeric/Curcumin	M10Q44Q_K				
		Yes	1	180	2.
		No	2	6841	97.
		N Missing		163	
m10q44q_I Past 4 weeks, taken Other: Vitamin E	M10Q44Q_L				
		Yes	1	46	0.
		No	2	6975	99.
		N Missing		163	
m10q45a Last 12 months, had allergies, hay fever, sinusitis	M10Q45A				
		Never	1	2939	41.6
		Rarely	2	1170	16.0
		Sometimes	3	1999	28.3
		Often	4	954	13.5
		N Missing		120	
m10q45b Last 12 months, had breathing difficulty	M10Q45B				
		Never	1	4644	65.9
		Rarely	2	1107	15.7
		Sometimes	3	923	13.1
		Often	4	368	5.2
		N Missing		137	
m10q45c Last 12 months, had wheezing	M10Q45C				
		Never	1	5210	74.′
		Rarely	2	855	12.2
		Sometimes	3	710	10.1
		Often	4	254	3.6
		N Missing		151	

Item Description	Variable Name	Categories	Values	Number	%
m10q45d Last 12 months, had tightness of chest	M10Q45D				
		Never	1	5125	72.
		Rarely	2	1044	14.
		Sometimes	3	689	9.
		Often	4	191	2.
		N Missing		138	
m10q45e Last 12 months, had persistent cough	M10Q45E				
		Never	1	4108	58.
		Rarely	2	1116	15.
		Sometimes	3	1284	18.
		Often	4	554	7.
		N Missing		114	
m10q45f Last 12 months, had indigestion/heartburn	M10Q45F				
		Never	1	2500	35.
		Rarely	2	1816	25.
		Sometimes	3	2023	28.
		Often	4	732	10.
		N Missing		98	
m10q45g Last 12 months, had chest pain	M10Q45G				
		Never	1	5443	77.
		Rarely	2	1033	14.
		Sometimes	3	507	7.
		Often	4	58	0.
		N Missing		128	

Item Description	Variable Name	Categories	Values	Number %
m10q45h Last 12 months, had headaches/migraines	M10Q45H			
		Never	1	2402 34
		Rarely	2	2505 35
		Sometimes	3	1818 25
		Often	4	324 4
		N Missing		123
m10q45i Last 12 months, had severe tiredness	M10Q45I			
		Never	1	2548 36
		Rarely	2	1969 28
		Sometimes	3	1895 26
		Often	4	628 8
		N Missing		132
m10q45j Last 12 months, had back pain	M10Q45J			
		Never	1	1546 21.
		Rarely	2	1590 22
		Sometimes	3	2432 34
		Often	4	1477 21.
		N Missing		129
m10q45k Last 12 months, had stiff or painful joints	M10Q45K			
		Never	1	972 13
		Rarely	2	1226 17
		Sometimes	3	2834 40
		Often	4	2043 28
		N Missing		109

Item Description	Variable Name	Categories	Values	Number %
m10q45l Last 12 months, had problems with one or both shoulders	M10Q45L			
		Never	1	2901 41.
		Rarely	2	1289 18.2
		Sometimes	3	1816 25.
		Often	4	1056 14.9
		N Missing		118
m10q45m Last 12 months, had problems with one or both hips	M10Q45M			
		Never	1	3287 46.
		Rarely	2	1342 19.0
		Sometimes	3	1537 21.8
		Often	4	898 12.
		N Missing		118
m10q45n Last 12 months, had problems with one or both knees	M10Q45N			
		Never	1	2467 34.9
		Rarely	2	1427 20.2
		Sometimes	3	1875 26.0
		Often	4	1292 18.3
		N Missing		125
m10q45o Last 12 months, had problems with one or both feet	M10Q45O			
		Never	1	2953 41.8
		Rarely	2	1386 19.0
		Sometimes	3	1618 22.9
		Often	4	1109 15.
		N Missing		111

Item Description	Variable Name	Categories	Values	Number	%
m10q45p Last 12 months, had urine that burns or stings	M10Q45P				
		Never	1	5167 7	73.3
		Rarely	2	1177 1	16.7
		Sometimes	3	609	8.6
		Often	4	95	1.4
		N Missing		128	
m10q45q Last 12 months, had haemorrhoids	M10Q45Q				
		Never	1	4798 6	68.2
		Rarely	2	1081 1	15.3
		Sometimes	3	894 1	12.7
		Often	4	268	3.8
		N Missing		129	
m10q45r Last 12 months, had other bowel problems	M10Q45R				
		Never	1	4168 5	59.4
		Rarely	2	1153 1	16.4
		Sometimes	3	1196 1	17.0
		Often	4	498	7.1
		N Missing		156	
m10q45s Last 12 months, had vaginal discharge/irritation	M10Q45S				
		Never	1	5623 8	80.0
		Rarely	2	866 1	12.3
		Sometimes	3	442	6.3
		Often	4	96	1.4
		N Missing		145	

Item Description	Variable Name	Categories	Values	Number	- %
m10q45t Last 12 months, had hot flushes	M10Q45T				
		Never	1	5197	73.
		Rarely	2	897	12.
		Sometimes	3	707	10.
		Often	4	244	3.
		N Missing		132	•
m10q45u Last 12 months, had night sweats	M10Q45U				
		Never	1	5173	73.
		Rarely	2	952	13.0
		Sometimes	3	694	9.9
		Often	4	203	3 2.
		N Missing		152	
m10q45v Last 12 months, had leaking urine	M10Q45V				
		Never	1	2805	39.
		Rarely	2	1568	22.
		Sometimes	3	1836	26.
		Often	4	841	11.
		N Missing		134	,
m10q45w Last 12 months, had pelvic pain	M10Q45W				
		Never	1	5766	82.
		Rarely	2	700	10.
		Sometimes	3	447	6.
		Often	4	87	1.
		N Missing		175	j

Item Description	Variable Name	Categories	Values	Number	%
m10q45x Last 12 months, had eyesight problems	M10Q45X				
		Never	1	2225	31.5
		Rarely	2	1793	25.4
		Sometimes	3	2247	31.9
		Often	4	787	11.2
		N Missing		122	
m10q45y Last 12 months, had mouth, teeth or gum problems	M10Q45Y				
		Never	1	2859	40.5
		Rarely	2	2195	31.1
		Sometimes	3	1709	24.2
		Often	4	296	4.2
		N Missing		111	
m10q45z Last 12 months, avoided eating foods because problems with teeth, mouth	M10Q45Z				
or dentures		Never	1	4673	66.1
		Rarely	2	1130	16.0
		Sometimes	3	968	13.7
		Often	4	300	4.2
		N Missing		102	
m10q45aa Last 12 months, had hearing problems	M10Q45AA				
		Never	1	3510	49.7
		Rarely	2	1339	18.9
		Sometimes	3	1516	21.5
		Often	4	703	9.9
		N Missing		100	

Item Description	Variable Name	Categories	Values	Number 9	%
m10q45bb Last 12 months, had depression	M10Q45BB				
		Never	1	4127 58	8.4
		Rarely	2	1541 21	1.8
		Sometimes	3	1118 15	5.8
		Often	4	280 4	4.0
		N Missing		105	
m10q45cc Last 12 months, had anxiety	M10Q45CC				
		Never	1	2833 40	0.3
		Rarely	2	2081 29	29.6
		Sometimes	3	1773 25	:5.2
		Often	4	350 5	5.0
		N Missing		124	
m10q45dd Last 12 months, had episodes of intense anxiety	M10Q45DD				
		Never	1	5777 81	1.8
		Rarely	2	854 12	2.1
		Sometimes	3	349 4	4.9
		Often	4	84 1	1.2
		N Missing		113	
m10q45ee Last 12 months, had palpitations	M10Q45EE				
		Never	1	4555 64	i4.4
		Rarely	2	1423 20	20.1
		Sometimes	3	935 13	3.2
		Often	4	155 2	2.2
		N Missing		99	

Never 1 1608 22 2542 35 2542 35 35 35 2542 35 35 35 35 35 35 35 3	Item Description	Variable Name	Categories	Values	Number	%
Rarely 2 2542 35 35 35 35 35 35 35 3	m10q45ff Last 12 months, had poor memory	M10Q45FF				
Sometimes Some			Never	1	1608	22.
Often 4 406 100			Rarely	2	2542	35.9
Name			Sometimes	3	2522	35.6
10q45gg Last 12 months, had dizziness, loss of balance M10Q45GG Never 1 3660 51 52 5284 48 52 52 52 52 52 52 52 5			Often	4	406	5.
Never 1 3660 57 Rarely 2 1964 27 Sometimes 3 1246 17 Often 4 209 5 3 1246 17 Often 4 209 5 3 1246 17 Often 4 209 5 3 1246 17 Often 5 1 3128 14 12 months, had difficulty concentrating M10Q45HH Never 1 3128 44 Rarely 2 2278 32 32 32 32 32 32 32 32 32 32 32 32 32			N Missing		87	
Rarely 2 1964 27 Sometimes 3 1246 17 Often 4 209 5 Missing 2 2 278 32 1045hh Last 12 months, had difficulty concentrating M10Q45HH Never 1 3128 44 Rarely 2 2278 32 Sometimes 3 1427 20 Often 4 204 2 1046 How would you rate the overall condition of your teeth, dentures or gums? M10Q46 Excellent 1 552 7 Very good 2 2175 30 Good 3 2750 38 Fair Poor 5 284 48 48 48 48 48 48 48 48 48 48 48 48 4	m10q45gg Last 12 months, had dizziness, loss of balance	M10Q45GG				
Sometimes Some			Never	1	3660	51.7
Often 4 209 5 10q45hh Last 12 months, had difficulty concentrating M10Q45hh Never 1 3128 44 4204 25 2278 32 32 32 32 33 3427 20 33 3427 33 3427 33 3427 33 3427 33 3427 33 3427 33 3427 34 34 34 34 34 34 34 3			Rarely	2	1964	27.7
NMissing . 87 H10q45hh Last 12 months, had difficulty concentrating M10Q45HH Never 1 3128 44 Rarely 2 2278 32 Sometimes 3 1427 20 Often 4 204 2 NMissing . 116 H10q46 How would you rate the overall condition of your teeth, dentures or gums? M10Q46 Excellent 1 552 7 Very good 2 2175 30 Good 3 2750 38 Fair 4 1317 18 Poor 5 284 4 4 100 Poor 5 284			Sometimes	3	1246	17.6
10q45hh Last 12 months, had difficulty concentrating M10Q45HH Never 1 3128 44 Rarely 2 2278 32 Sometimes 3 1427 20 Often 4 204 2 N Missing . 116 10q46 How would you rate the overall condition of your teeth, dentures or gums? M10Q46 Excellent 1 552 7 Very good 2 2175 30 Good 3 2750 38 Fair 4 1317 18			Often	4	209	3.0
Never 1 3128 44 Rarely 2 2278 32 Sometimes 3 1427 20 Often 4 204 2 N Missing . 116 10q46 How would you rate the overall condition of your teeth, dentures or gums? M10Q46 Excellent 1 552 7 Very good 2 2175 30 Good 3 2750 38 Fair 4 1317 18			N Missing		87	
Rarely 2 2278 32 Sometimes 3 1427 20 Often 4 204 2 N Missing . 116 10046 How would you rate the overall condition of your teeth, dentures or gums? M10Q46 Excellent 1 552 7 Very good 2 2175 30 Good 3 2750 38 Fair 4 1317 18 Poor 5 284 4	m10q45hh Last 12 months, had difficulty concentrating	M10Q45HH				
Sometimes 3 1427 20 Often 4 204 2 100 N Missing . 116 N Missing .			Never	1	3128	44.5
Often 4 204 2 N Missing . 116 10q46 How would you rate the overall condition of your teeth, dentures or gums? M10Q46 Excellent 1 552 7 Very good 2 2175 30 Good 3 2750 38 Fair 4 1317 18 Poor 5 284 4			Rarely	2	2278	32.4
N Missing . 116 10q46 How would you rate the overall condition of your teeth, dentures or gums? M10Q46 Excellent . 1 552 7 Very good . 2 2175 30 Good . 3 2750 38 Fair . 4 1317 18 Poor . 5 284 4			Sometimes	3	1427	20.3
10q46 How would you rate the overall condition of your teeth, dentures or gums? M10Q46 Excellent 1 552 7 Very good 2 2175 30 Good 3 2750 38 Fair 4 1317 18 Poor 5 284 4			Often	4	204	2.9
Excellent 1 552 7 Very good 2 2175 30 Good 3 2750 38 Fair 4 1317 18 Poor 5 284 4			N Missing		116	
Very good 2 2175 30 Good 3 2750 38 Fair 4 1317 18 Poor 5 284 4	m10q46 How would you rate the overall condition of your teeth, dentures or gums?	M10Q46				
Good 3 2750 38 Fair 4 1317 18 Poor 5 284 4			Excellent	1	552	7.8
Fair 4 1317 18 Poor 5 284 4			Very good	2	2175	30.
Poor 5 284 4			Good	3	2750	38.9
			Fair	4	1317	18.6
N Missing . 86			Poor	5	284	4.0
			N Missing		86	

Item Description	Variable Name	Categories	Values	Number	%
m10q47a_last12 Exp. due to age: Ignored/not taken seriously: Yes, in last 12m	M10Q47A_LAST12				
		No	0	5967	84.8
		Yes	1	1073	15.2
		N Missing		127	
m10q47a_more12 Exp. due to age: Ignored/not taken seriously: Yes, more than 12m	M10Q47A_MORE12				
ago		No	0	6740	95.7
		Yes	1	299	4.3
		N Missing		127	
m10q47a_no Exp. due to age: Ignored/not taken seriously: No	M10Q47A_NO				
		No	0	1341	19.0
		Yes	1	5698	81.0
		N Missing		127	
m10q47b_last12 Exp. due to age: Patronised/talked down to: Yes, in last 12m	M10Q47B_LAST12				
		No	0	5924	84.5
		Yes	1	1090	15.5
		N Missing		145	
m10q47b_more12 Exp. due to age: Patronised/talked down to: Yes, more than 12m	M10Q47B_MORE12				
ago		No	0	6658	94.9
		Yes	1	356	5.1
		N Missing		145	
m10q47b_no Exp. due to age: Patronised/talked down to: No	M10Q47B_NO				
		No	0	1420	20.2
		Yes	1	5595	79.8
		N Missing		145	

Item Description	Variable Name	Categories	Values	Number %
m10q47c_last12 Exp. due to age: Denied medical treatment: Yes, in last 12m	M10Q47C_LAST12			
		No	0	6996 99.5
		Yes	1	33 0.5
		N Missing		140
m10q47c_more12 Exp. due to age: Denied medical treatment: Yes, more than 12m	M10Q47C_MORE12			
ago		No	0	6985 99.4
		Yes	1	44 0.6
		N Missing		140
m10q47c_no Exp. due to age: Denied medical treatment: No	M10Q47C_NO			
		No	0	77 1.1
		Yes	1	6952 98.9
		N Missing		140
m10q47d_last12 Exp. due to age: Denied employment: Yes, in last 12m	M10Q47D_LAST12			
		No	0	6867 99.5
		Yes	1	35 0.5
		N Missing		263
m10q47d_more12 Exp. due to age: Denied employment: Yes, more than 12m ago	M10Q47D_MORE12			
		No	0	6822 98.8
		Yes	1	81 1.2
		N Missing		263
m10q47d_no Exp. due to age: Denied employment: No	M10Q47D_NO			
		No	0	115 1.7
		Yes	1	6788 98.3
		N Missing		263

Item Description	Variable Name	Categories	Values	Number %
m10q48a Sleeping problem: Wake up in the early hours of the morning	M10Q48A			
		No	0	2924 41.4
		Yes	1	4146 58.6
		N Missing		93
m10q48b Sleeping problem: Lie awake for most of the night	M10Q48B			
		No	0	5923 83.8
		Yes	1	1146 16.2
		N Missing		93
m10q48c Sleeping problem: Take a long time to get to sleep	M10Q48C			
		No	0	4612 65.2
		Yes	1	2458 34.8
		N Missing		93
m10q48d Sleeping problem: Worry keep you awake at night	M10Q48D			
		No	0	5702 80.6
		Yes	1	1368 19.4
		N Missing		93
m10q48e Sleeping problem: Sleep badly at night	M10Q48E			
		No	0	4843 68.5
		Yes	1	2227 31.5
		N Missing		93
m10q48f Sleeping problem: None of these problems	M10Q48F			
		No	0	5356 75.8
		Yes	1	1714 24.2
		N Missing		93

Item Description	Variable Name	Categories	Values	Number	%
m10q49a Ever diagnosed/treated for Pelbic organ prolapse? Yes, last 3 years	M10Q49A				
		0	0	6731 9	93.8
		Yes	1	443	6.2
m10q49b Ever diagnosed/treated for Pelbic organ prolapse? Yes, more than 3 years	M10Q49B				
ago		0	0	5922 8	82.5
		Yes	1	1252 1	17.5
m10q49c Ever diagnosed/treated for Pelbic organ prolapse? Never	M10Q49C				
		0	0	1758 2	24.5
		Yes	1	5416 7	75.5
n10q50aa Pelvic symptoms exp: Pressure lower abdomen	M10Q50AA				
		Yes	1	715 1	10.4
		No	2	6153 8	89.6
		N Missing		311	
m10q50ab Pelvic symptoms bother: Pressure lower abdomen	M10Q50AB				
		Not at all	1	190 2	21.0
		Somewhat	2	383 4	42.3
		Moderately	3	206 2	22.8
		Quite a bit	4	125 1	13.9
		N Missing		6205	
m10q50ba Pelvic symptoms exp: Heaviness/dullness in pelvic area	M10Q50BA				
		Yes	1	483	7.0
		No	2	6369 9	93.0
		N Missing		337	

Not at all 1 200 30.0 Somewhat 2 274 41.1 Moderately 3 133 19.5 Moderately 3 133 19.5 Moderately 3 133 19.5 Moderately 3 133 19.5 Moderately 4 60 9.0 Moderately 4 60 9.0 Moderately 5 Moderately 5 Moderately 5 Moderately 5 Moderately 7 Moderately 8 Moderately 8 Moderately 9 Mode	Item Description	Variable Name	Categories	Values	Number	%
Moderately Mod	m10q50bb Pelvic symptoms bother: Heaviness/dullness in pelvic area	M10Q50BB				
Moderately 3 133 193 194 Quite a bit 4 6 6 9 7 N Missing 5 1			Not at all	1	200	30.0
Quite a bit 4 60 9.0 10 10 10 10 10 10 10			Somewhat	2	274	41.1
Nilssing 1005002 100			Moderately	3	133	19.9
100500a Pelvic symptoms exp: Bulge in vaginal area M10050CA Yes 1 517 7.5 No 2 6367 92.5 N Missing . 297 Not at all 1 296 41.5 Somewhat 2 210 29.0 Moderately 3 131 18.6 Quite a bit No insing . 6430 10050DA 1100500a Pelvic symptoms exp: Vaginal/rectal push for bowel movement M10050DA 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DA 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DA 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DA 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DA 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DA 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10050DB 1100500b Pelvic symptoms bother: Vaginal/rectal push for bowe			Quite a bit	4	60	9.0
Yes 1 517 7.5 No 2 6367 92.5 No N Missing . 297 No 1 296 41.6 Somewhat 2 210 29.6 Moderately 3 131 18.6 Quite a bit 4 71 10.0 N Missing . 6430			N Missing		6468	
No 2 6367 92.4 10.0 10.0 10.0 10.0 10.0 10.0 10.0 10	m10q50ca Pelvic symptoms exp: Bulge in vaginal area	M10Q50CA				
Not at all 1 296 41.6 2010 2010 2010 2010 2010 2010 2010 201			Yes	1	517	7.5
Not at all 1 296 41.8 296 41.8			No	2	6367	92.5
Not at all 1 296 41.8 Somewhat 2 210 29.4 Moderately 3 131 18.6 Quite a bit 4 71 10.0 N Missing 6430 10.0 N Missing 6430 10.0 N Missing 1 1283 18.7 No 2 5593 81.3 No 2 5593 81.3 N Missing 1 1283 18.7 No 10.0 N Missin			N Missing		297	
Somewhat 2 210 29.0	m10q50cb Pelvic symptoms bother: Bulge in vaginal area	M10Q50CB				
Moderately Quite a bit 4 71 10.0 Quite a bit 8 Missing 5 6430 10.0 Missing 5 6430 10.0 Missing 7 10.0 Missing 7 10.0 Missing 7 10.0 Missing 7 10.0 Missing 8 1.0 Missing 8			Not at all	1	296	41.8
Quite a bit 4 71 10.0 N Missing 5 6430 N Missing 5 6430 N Missing 5 6430 N Missing 5 6430 N Missing 7 100,500 N Missing 8 10,500 N Missing 8 10,500 N Missing 8 10,500 N Missing 8 10,500 N Missing 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			Somewhat	2	210	29.6
N Missing . 6430 100500da Pelvic symptoms exp: Vaginal/rectal push for bowel movement M10Q50DA Yes 1 1283 18.3 No 2 5593 81.3 N Missing . 302 N Missing . 302 N Missing . 302 N Missing . 302 Not at all . 1 485 33.0 Somewhat . 2 545 37.0 Moderately . 3 274 18.6 Quite a bit . 4 167 11.4			Moderately	3	131	18.6
No 2 5593 81.3 No No 3 2 5593 81.3 No No Supproms exp: Vaginal/rectal push for bowel movement M10Q50DB Not at all Supproms bother: Vaginal/rectal push for bowel movement Not at all Supproms Not at all Suppr			Quite a bit	4	71	10.0
Yes 1 1283 18.7 No 2 5593 81.3 N Missing . 302 m10q50db Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10Q50DB Not at all 1 485 33.0 Somewhat 2 545 37.0 Moderately 2 18.6 Quite a bit 4 167 11.4			N Missing		6430	
No 2 5593 81.3 N Missing . 302 n10q50db Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10Q50DB Not at all 1 485 33.0 Somewhat 2 545 37.0 Moderately 3 274 18.6 Quite a bit 4 167 11.4	m10q50da Pelvic symptoms exp: Vaginal/rectal push for bowel movement	M10Q50DA				
N Missing . 302 n10q50db Pelvic symptoms bother: Vaginal/rectal push for bowel movement M10Q50DB Not at all 1 485 33.0 Somewhat 2 545 37.0 Moderately Quite a bit 4 167 11.4			Yes	1	1283	18.7
Not at all 1 485 33.0 Somewhat 2 545 37.0 Moderately Quite a bit 4 167 11.4			No	2	5593	81.3
Not at all 1 485 33.0 Somewhat 2 545 37.0 Moderately 3 274 18.6 Quite a bit 4 167 11.4			N Missing		302	
Somewhat 2 545 37.0 Moderately 3 274 18.6 Quite a bit 4 167 11.4	m10q50db Pelvic symptoms bother: Vaginal/rectal push for bowel movement	M10Q50DB				
Moderately 3 274 18.6 Quite a bit 4 167 11.4			Not at all	1	485	33.0
Quite a bit 4 167 11.4			Somewhat	2	545	37.0
			Moderately	3	274	18.6
N Missing . 5669			Quite a bit	4	167	11.4
			N Missing		5669	

Item Description	Variable Name	Categories	Values	Number	%
m10q50ea Pelvic symptoms exp: Incomplete bladder emptying	M10Q50EA				
		Yes	1	1279 1	8.6
		No	2	5601 8	31.4
		N Missing		291	
m10q50eb Pelvic symptoms bother: Incomplete bladder emptying	M10Q50EB				
		Not at all	1	289 2	20.1
		Somewhat	2	639 4	14.3
		Moderately	3	333 2	23.1
		Quite a bit	4	181 1	2.5
		N Missing		5672	
m10q50fa Pelvic symptoms exp: Vaginal bulge push for urination	M10Q50FA				
		Yes	1	115	1.7
		No	2	6782 9	98.3
		N Missing		283	
m10q50fb Pelvic symptoms bother: Vaginal bulge push for urination	M10Q50FB				
		Not at all	1	201 6	64.6
		Somewhat	2	41 1	3.0
		Moderately	3	38 1	2.1
		Quite a bit	4	32 1	0.3
		N Missing		6841	
m10q51a Experience urine leakage related to the feeling of urgency	M10Q51A				
		Not at all	1	3063 4	13.2
		Slightly	2	2527 3	35.7
		Moderately	3	981 1	3.8
		Greatly	4	512	7.2
		N Missing		81	

Item Description	Variable Name	Categories	Values	Number %
m10q51b Experience urine leakage related to physical activity, coughing of	or sneezing M10Q51B			
		Not at all	1	2856 40.
		Slightly	2	2810 39.
		Moderately	3	991 14.
		Greatly	4	418 5.
		N Missing		86
m10q51c Experience small amounts of urine leakage (drops)	M10Q51C			
		Not at all	1	3179 45.
		Slightly	2	2697 38.
		Moderately	3	805 11.
		Greatly	4	388 5.
		N Missing		98
m10q52 How often do you experience urine leakage	M10Q52			
		Never	1	1905 26.
		Less than once a month	2	1630 23.
		A few times a month	3	1388 19.
		A few times a week	4	1270 17.
		Every day and/or night	5	907 12.
		N Missing		72
m10q53 How much urine do you lose each time	M10Q53			
		None	1	1784 25.
		Drops	2	3532 50.
		Small splashes	3	1345 19.
		More	4	374 5.
		N Missing		137

Item Description	Variable Name	Categories	Values	Number	%
m10q54a During last week bothered by things that don't usually bother me	M10Q54A				
		Rarely/none of the time (< 1 day)	1	5579	79.1
		Some/little of the time (1-2 days)	2	1074	15.2
		Occasionally/moderate amount of time (3-4 days)	3	323	4.6
		Most/all of the time (5-7 days)	4	75	1.1
		N Missing	-	122	
m10q54b During last week I had trouble keeping my mind on what I was doing	M10Q54B				
		Rarely/none of the time (< 1 day)	1	5128	72.8
		Some/little of the time (1-2 days)	2	1453	20.6
		Occasionally/moderate amount of time (3-4 days)	3	386	5.5
		Most/all of the time (5-7 days)	4	75	1.1
		N Missing		133	
m10q54c During last week I felt depressed	M10Q54C				
		Rarely/none of the time (< 1 day)	1	5511	78.4
		Some/little of the time (1-2 days)	2	1055	15.0
		Occasionally/moderate amount of time (3-4 days)	3	329	4.7
		Most/all of the time (5-7 days)	4	134	1.9
		N Missing		143	
m10q54d During last week I felt that everything I did was an effort	M10Q54D				
		Rarely/none of the time (< 1 day)	1	4770	67.9
		Some/little of the time (1-2 days)	2	1575	22.4
		Occasionally/moderate amount of time (3-4 days)	3	455	6.5
		Most/all of the time (5-7 days)	4	230	3.3
		N Missing		142	

Item Description	Variable Name	Categories	Values	Number	%
m10q54e During last week I felt hopeful about the future	M10Q54E				
		Rarely/none of the time (< 1 day)	1	1274	18.2
		Some/little of the time (1-2 days)	2	1009	14.4
		Occasionally/moderate amount of time (3-4 days)	3	1329	19.0
		Most/all of the time (5-7 days)	4	3382	48.4
		N Missing		185	
m10q54f During last week I felt fearful	M10Q54F				
		Rarely/none of the time (< 1 day)	1	5736	81.8
		Some/little of the time (1-2 days)	2	893	12.7
		Occasionally/moderate amount of time (3-4 days)	3	301	4.3
		Most/all of the time (5-7 days)	4	82	1.2
		N Missing		163	
m10q54g During last week my sleep was restless	M10Q54G				
		Rarely/none of the time (< 1 day)	1	2809	40.0
		Some/little of the time (1-2 days)	2	2338	33.2
		Occasionally/moderate amount of time (3-4 days)	3	1193	17.0
		Most/all of the time (5-7 days)	4	692	9.8
		N Missing		150	
m10q54h During last week I was happy	M10Q54H				
		Rarely/none of the time (< 1 day)	1	514	7.3
		Some/little of the time (1-2 days)	2	759	10.8
		Occasionally/moderate amount of time (3-4 days)	3	1327	18.9
		Most/all of the time (5-7 days)	4	4436	63.0
		N Missing		146	

Item Description	Variable Name	Categories	Values	Number	%
m10q54i During last week I felt lonely	M10Q54I				
		Rarely/none of the time (< 1 day)	1	5056	71.7
		Some/little of the time (1-2 days)	2	1214	17.2
		Occasionally/moderate amount of time (3-4 days)	3	539	7.6
		Most/all of the time (5-7 days)	4	247	3.5
		N Missing		119	
m10q54j During last week I could not 'get going'	M10Q54J				
		Rarely/none of the time (< 1 day)	1	4117	58.5
		Some/little of the time (1-2 days)	2	1971	28.0
		Occasionally/moderate amount of time (3-4 days)	3	678	9.6
		Most/all of the time (5-7 days)	4	273	3.9
		N Missing		129	
m10q55a Times last week - walk briskly	M10Q55A				
		Mean		3.92	
		Std Dev		4.72	
		N		7042	
		N Missing		117	
m10q55b Times last week - moderate leisure activity	M10Q55B				
		Mean		1.20	
		Std Dev		2.49	
		N		7033	
		N Missing		126	

Item Description	Variable Name	Categories	Values Number %
m10q55c Times last week - vigorous leisure activity	M10Q55C		
		Mean	0.67
		Std Dev	2.13
		N	7029
		N Missing	130
m10q55d Times last week - vigorous household/garden chores	M10Q55D		
		Mean	2.32
		Std Dev	3.78
		N	7042
		N Missing	117
m10q56atotmin Total time last week - walk briskly total (mins)	M10Q56ATOTMIN		
		Mean	188.73
		Std Dev	286.27
		N	6912
		N Missing	247
m10q56btotmin Total time last week - moderate leisure activity total (mins)	M10Q56BTOTMIN		
		Mean	74.84
		Std Dev	177.88
		N	6954
		N Missing	205
m10q56ctotmin Total time last week - vigorous leisure activity total (mins)	M10Q56CTOTMIN		
		Mean	31.87
		Std Dev	108.51
		N	6955
		N Missing	204

Item Description	Variable Name	Categories	Values	Number	%
m10q56dtotmin Total time last week - vigorous household/garden chores total (mins)	M10Q56DTOTMIN				
		Mean		167.75	
		Std Dev		299.91	
		N		6922	
		N Missing		237	
m10q57 Last week did you do any strength or toning activities?	M10Q57				
		Yes	1	2292	33.0
		No	2	4654	67.0
		N Missing		230	
m10q58_times Times last week - strength or toning activities	M10Q58_TIMES				
		Mean		3.49	
		Std Dev		11.42	
		N		2483	
		N Missing		4676	
m10q58totmins Total time last week - strength or toning activities total (mins)	M10Q58TOTMINS				
		Mean		111.24	
		Std Dev		179.65	
		N		2452	
		N Missing		4707	
m10q59a Week day: How many hours/day sitting down	M10Q59A				
		Mean		5.71	
		Std Dev		2.63	
		N		6770	
		N Missing		389	

Item Description	Variable Name	Categories	Values	Number	%
m10q59b Weekend day: How many hours/day sitting down	M10Q59B				
		Mean		5.86	
		Std Dev		2.74	
		N		6691	
		N Missing		468	
m10q60a Last 12 months how stressed: own health	M10Q60A				
		Not stressed	2	3259	46.
		Somewhat stressed	3	2527	36.
		Moderately stressed	4	820	11.7
		Very stressed	5	309	4.4
		Extremely stressed	6	89	1.3
		N Missing		182	
m10q60b Last 12 months how stressed: living arrangements	M10Q60B				
		Not stressed	2	5677	81.2
		Somewhat stressed	3	831	11.9
		Moderately stressed	4	291	4.2
		Very stressed	5	146	2.1
		Extremely stressed	6	44	0.6
		N Missing	•	210	
m10q60c Last 12 months how stressed: money	M10Q60C				
		Not stressed	2	4790	68.6
		Somewhat stressed	3	1465	21.0
		Moderately stressed	4	485	6.9
		Very stressed	5	168	2.4
		Extremely stressed	6	70	1.0
		N Missing		204	

Item Description	Variable Name	Categories	Values	Number	%
m10q60d Last 12 months how stressed: health of family members	M10Q60D				
		Not applicable	1	303	4.3
		Not stressed	2	2415	34.4
		Somewhat stressed	3	2707	38.5
		Moderately stressed	4	861	12.2
		Very stressed	5	501	7.1
		Extremely stressed	6	242	3.4
		N Missing		159	
m10q60e Last 12 months how stressed: work/employment	M10Q60E				
		Not applicable	1	5599	79.8
		Not stressed	2	1159	16.5
		Somewhat stressed	3	200	2.8
		Moderately stressed	4	33	0.5
		Very stressed	5	16	0.2
		Extremely stressed	6	10	0.1
		N Missing		172	
m10q60f Last 12 months how stressed: study	M10Q60F				
		Not applicable	1	6125	87.2
		Not stressed	2	838	11.9
		Somewhat stressed	3	48	0.7
		Moderately stressed	4	8	0.1
		Very stressed	5	7	0.1
		Extremely stressed	6	0	0.0
		N Missing		158	

Item Description	Variable Name	Categories	Values	Number	%
m10q60g Last 12 months how stressed: relationship with parents	M10Q60G				
		Not applicable	1	6142	87.5
		Not stressed	2	695	9.9
		Somewhat stressed	3	107	1.5
		Moderately stressed	4	29	0.4
		Very stressed	5	33	0.5
		Extremely stressed	6	13	0.2
		N Missing		160	
n10q60h Last 12 months how stressed: relationship with partner/spouse	M10Q60H				
		Not applicable	1	2157	30.6
		Not stressed	2	3399 4	48.2
		Somewhat stressed	3	1071	15.2
		Moderately stressed	4	232	3.3
		Very stressed	5	128	1.8
		Extremely stressed	6	63	0.9
		N Missing		136	
m10q60i Last 12 months how stressed: relationship with children	M10Q60I				
		Not applicable	1	830	11.8
		Not stressed	2	4262	60.4
		Somewhat stressed	3	1521	21.6
		Moderately stressed	4	284	4.0
		Very stressed	5	111	1.6
		Extremely stressed	6	50	0.7
		N Missing		124	

Item Description	Variable Name	Categories	Values	Number	%
m10q60j Last 12 months how stressed: relationship with other family members	M10Q60J				
		Not applicable	1	747	10.6
		Not stressed	2	4714	66.8
		Somewhat stressed	3	1275	18.1
		Moderately stressed	4	222	3.1
		Very stressed	5	71	1.0
		Extremely stressed	6	28	0.4
		N Missing		121	
10q61a I tend to bounce back quickly after hard times	M10Q61A				
		Strongly disagree	1	94	1.3
		Disagree	2	427	6.0
		Neutral	3	1386	19.7
		Agree	4	3751	53.2
		Strongly agree	5	1396	19.8
		N Missing		127	
m10q61b I have a hard time making it through stressful events	M10Q61B				
		Strongly disagree	1	1197	17.0
		Disagree	2	3057	43.4
		Neutral	3	1616	23.0
		Agree	4	1061	15.1
		Strongly agree	5	105	1.5
		N Missing		158	

Item Description	Variable Name	Categories	Values	Number	%
n10q61c It does not take me long to recover from a stressful event	M10Q61C				
		Strongly disagree	1	171	2.4
		Disagree	2	911	12.9
		Neutral	3	1496	21.2
		Agree	4	3560	50.5
		Strongly agree	5	916	13.0
		N Missing		128	
n10q61d It is hard for me to snap back when something bad happens	M10Q61D				
		Strongly disagree	1	1220	17.3
		Disagree	2	3119	44.2
		Neutral	3	1550	22.0
		Agree	4	1037	14.7
		Strongly agree	5	127	1.8
		N Missing		135	
n10q61e I usually come through difficult times with little trouble	M10Q61E				
		Strongly disagree	1	149	2.1
		Disagree	2	889	12.6
		Neutral	3	1761	25.0
		Agree	4	3444	48.8
		Strongly agree	5	808	11.5
		N Missing		139	

Item Description	Variable Name	Categories	Values	Number	%
m10q61f I tend to take a long time to get over setbacks in my life	M10Q61F				
		Strongly disagree	1	1375	19.
		Disagree	2	3319	47.
		Neutral	3	1446	20.5
		Agree	4	759	10.8
		Strongly agree	5	146	2.
		N Missing		140	
n10q62a Agree or disagree: at home, have control over what happens in most ituations	M10Q62A				
		Strongly disagree	1	58	0.8
		Disagree	2	163	2.3
		Slightly disagree	3	284	4.0
		Slightly agree	4	606	8.6
		Agree	5	3907	55.
		Strongly agree	6	2066	29.2
		N Missing		97	
m10q62b Agree or disagree: what happens in life is determined by factors beyond	M10Q62B				
my control		Strongly disagree	1	718	10.2
		Disagree	2	1860	26.3
		Slightly disagree	3	612	8.7
		Slightly agree	4	1655	23.4
		Agree	5	1870	26.
		Strongly agree	6	346	4.9
		N Missing		122	

Item Description	Variable Name	Categories	Values	Number	%
m10q62c Agree or disagree: next 5-10 yrs, I expect more positive than negative	M10Q62C				
experiences		Strongly disagree	1	89	1.3
		Disagree	2	437	6.2
		Slightly disagree	3	862	12.2
		Slightly agree	4	1474	20.9
		Agree	5	3137	44.5
		Strongly agree	6	1050	14.9
		N Missing		128	
m10q62d Agree or disagree: I often have feeling that I am being treated unfairly	M10Q62D				
		Strongly disagree	1	2402	34.0
		Disagree	2	3083	43.6
		Slightly disagree	3	503	7.1
		Slightly agree	4	747	10.6
		Agree	5	272	3.8
		Strongly agree	6	63	0.9
		N Missing	•	110	
m10q62e Agree or disagree: past 10 years, life full of changes without knowing wha	t M10Q62E				
next		Strongly disagree	1	1304	18.5
		Disagree	2	2374	33.6
		Slightly disagree	3	578	8.2
		Slightly agree	4	1422	20.1
		Agree	5	1130	16.0
		Strongly agree	6	254	3.6
		N Missing		121	

Item Description	Variable Name	Categories	Values	Number	%
m10q62f Agree or disagree: I gave up trying to make improvements/changes in life	M10Q62F				
long ago		Strongly disagree	1	1962	27.8
		Disagree	2	2799	39.6
		Slightly disagree	3	681	9.6
		Slightly agree	4	853	12.1
		Agree	5	664	9.4
		Strongly agree	6	107	1.5
		N Missing		115	
m10q63 How often do you usually drink alcohol?	M10Q63				
		Never	0	509	7.2
		Never, but have in the past	1	838	11.9
		Rarely	2	1627	23.1
		< once week	3	660	9.4
		1-2 days a week	4	866	12.3
		3 days a week	5	458	6.5
		4 days a week	6	413	5.9
		5 days a week	7	511	7.3
		6 days a week	8	320	4.5
		Every day	9	835	11.9
		N Missing		141	

Item Description	Variable Name	Categories	Values	Number	- %
m10q64 When you drink alcohol, how many drinks do you usually have?	M10Q64				
		Never drink	0	1342	19.4
		1 drink	1	3097	44.7
		2 drinks	2	1781	25.7
		3 drinks	3	522	7.5
		4 drinks	4	153	2.2
		5-8 drinks	5	28	0.4
		9+ drinks	6	4	0.1
		N Missing	•	256	į
m10q65 How often do you have 5+ drinks of alcohol?	M10Q65				
		Never drink	0	1311	18.6
		Never	1	4693	66.6
		< once a month	2	659	9.4
		Once a month	3	219	3.1
		Once a week	4	120	1.7
		> once a week	5	49	0.7
		N Missing		133	į
m10q66 How many pieces of fresh fruit usually per day?	M10Q66				
		None	1	147	2.1
		< 1 piece per day	2	621	8.8
		1 piece per day	3	1686	23.8
		2 pieces per day	4	2670	37.7
		3 pieces per day	5	1485	21.0
		4 or more pieces per day	6	472	6.7
		N Missing		94	

Item Description	Variable Name	Categories	Values	Number	%
m10q67 How many serves of vegies usually per day?	M10Q67				
		None	1	13	0.2
		< 1 serve	2	181	2.6
		1 serve	3	679	9.6
		2 serves	4	1538	21.7
		3 serves	5	2327	32.8
		4 serves	6	1527	21.5
		5 serves	7	821	11.6
		N Missing		82	
n10q68 How often currently smoke cigarettes or any tobacco products?	M10Q68				
		Daily	1	217	3.1
		Weekly	2	13	0.2
		Less than weekly	3	19	0.3
		Not at all	4	6818	96.5
		N Missing		99	
m10q69 If you smoke daily, on average how many cigarettes smoke/day?	M10Q69				
		Mean		10.74	
		Std Dev		8.29	
		N		246	
		N Missing		6913	
m10q70 Have you ever smoked daily?	M10Q70				
		Yes	1	2264	33.8
		No	2	4435	66.2
		N Missing		496	

		Categories	values	Number	%
n10q71 At what age did you finally stop smoking daily?	M10Q71				
		Mean		41.10	
		Std Dev		30.82	
		N		2202	
		N Missing		4957	
n10q72a Do you feel uncomfortable with anyone in family?	M10Q72A				
		Yes	1	1379	19.5
		No	2	5704	80.5
		N Missing		91	
n10q72b Do you feel that nobody wants you around?	M10Q72B				
		Yes	1	280	4.0
		No	2	6803	96.0
		N Missing		93	
n10q72c Has anyone forced you to do things you didn't want to do?	M10Q72C				
		Yes	1	453	6.4
		No	2	6630	93.6
		N Missing		97	
n10q72d Anyone taken things that belong to you without your OK?	M10Q72D				
		Yes	1	521	7.4
		No	2	6560	92.6
		N Missing		87	
n10q72e Has anyone close tried to hurt or harm you recently?	M10Q72E				
		Yes	1	110	1.6
		No	2	6969	98.4
		N Missing		93	

Item Description	Variable Name	Categories	Values	Number	%
m10q72f Has anyone close called you names/put you down/made you feel bad	M10Q72F				
		Yes	1	688	9.7
		No	2	6404	90.3
		N Missing		85	
m10q72g Are you afraid of anyone in your family?	M10Q72G				
		Yes	1	142	2.0
		No	2	6946	98.0
		N Missing		89	
m10q72h Have you ever been in violent relationship with a partner/spouse?	M10Q72H				
		Yes	1	829	11.7
		No	2	6239	88.3
		N Missing		100	
m10q72i Are you sad or lonely often?	M10Q72I				
		Yes	1	803	11.4
		No	2	6260	88.6
		N Missing		108	
m10q72j Can you take your own medication and get around by yourself?	M10Q72J				
		Yes	1	6219	88.1
		No	2	839	11.9
		N Missing		111	
m10q72k Does someone in your family make you stay in bed or tell you you're sick	M10Q72K				
when you know you are not?		Yes	1	59	0.8
		No	2	7023	99.2
		N Missing		93	

Item Description	Variable Name	Categories	Values	Number %
n10q72l Do you trust most of the people in your family?	M10Q72L			
		Yes	1	6417 90.6
		No	2	668 9.4
		N Missing		92
m10q72m Do you have enough privacy at home?	M10Q72M			
		Yes	1	6550 92.8
		No	2	510 7.2
		N Missing		108
m10q72n Does anyone in your family drink a lot of alcohol?	M10Q72N			
		Yes	1	880 12.4
		No	2	6191 87.6
		N Missing		97
m10q73a_last12 Experienced last 12 months: Being pushed, grabbed, shoved, kicked or hit	M10Q73A_LAST12			
kicked of fill		No	0	7033 99.5
		Yes	1	37 0.5
		N Missing		104
m10q73a_more12 Experienced more than 12 months ago: Being pushed, grabbed, shoved, kicked or hit	M10Q73A_MORE12			
Shoved, kicked of fill		No	0	6121 86.6
		Yes	1	949 13.4
		N Missing		104
m10q73a_no Never experienced: Being pushed, grabbed, shoved, kicked or hit	M10Q73A_NO			
		No	0	985 13.9
		Yes	1	6085 86.1
		N Missing		104

Item Description	Variable Name	Categories	Values	Number 9	%
m10q73b_last12 Experienced last 12 months: Being forced to take part in unwanted	M10Q73B_LAST12				
sexual activity		No	0	7029 99	9.9
		Yes	1	9 (0.1
		N Missing		131	
m10q73b_more12 Experienced more than 12 months ago: Being forced to take part	M10Q73B_MORE12				
in unwanted sexual activity		No	0	6384 90	0.7
		Yes	1	654	9.3
		N Missing		131	
m10q73b_no Never experienced: Being forced to take part in unwanted sexual	M10Q73B_NO				
activity		No	0	663 9	9.4
		Yes	1	6375 90	0.6
		N Missing		131	
m10q73c_last12 Experienced last 12 months: Major decline in health of spouse or	M10Q73C_LAST12				
partner		No	0	6069 87	7.2
		Yes	1	888 12	2.8
		N Missing		220	
m10q73c_more12 Experienced more than 12 months ago: Major decline in health of	M10Q73C_MORE12				
spouse or partner		No	0	5332 76	6.6
		Yes	1	1625 23	3.4
		N Missing		220	
m10q73c_no Never experienced: Major decline in health of spouse or partner	M10Q73C_NO				
		No	0	2485 35	5.7
		Yes	1	4472 64	4.3
		N Missing		220	

		Categories		Number %
m10q73d_last12 Experienced last 12 months: Major decline in health of close family	ily M10Q73D_LAST12			
ember or family friend		No	0	5273 75.3
		Yes	1	1729 24.7
		N Missing		181
10q73d_more12 Experienced more than 12 months ago: Major decline in health	of M10Q73D_MORE12			
ose family member or family friend		No	0	4501 64.3
		Yes	1	2501 35.7
		N Missing		181
10q73d_no Never experienced: Major decline in health of close family member of	or M10Q73D_NO			
mily friend		No	0	4180 59.7
		Yes	1	2822 40.3
		N Missing		181
10q73e_last12 Experienced last 12 months: Death of spouse or partner	M10Q73E_LAST12			
		No	0	6854 97.7
		Yes	1	161 2.3
		N Missing	•	162
10q73e_more12 Experienced more than 12 months ago: Death of spouse or	M10Q73E_MORE12			
artner		No	0	5878 83.8
		Yes	1	1137 16.2
		N Missing	•	162
10q73e_no Never experienced: Death of spouse or partner	M10Q73E_NO			
		No	0	1298 18.5
		Yes	1	5717 81.5
		N Missing	•	162

Item Description	Variable Name	Categories	Values	Number %
m10q73f_last12 Experienced last 12 months: Death of child	M10Q73F_LAST12			
		No	0	6897 99.3
		Yes	1	51 0.7
		N Missing		226
n10q73f_more12 Experienced more than 12 months ago: Death of child	M10Q73F_MORE12			
		No	0	6430 92.5
		Yes	1	518 7.5
		N Missing		226
n10q73f_no Never experienced: Death of child	M10Q73F_NO			
		No	0	568 8.2
		Yes	1	6380 91.8
		N Missing		226
n10q73g_last12 Experienced last 12 months: Death of other close family member	M10Q73G_LAST12			
		No	0	6230 89.0
		Yes	1	774 11.0
		N Missing		165
110q73g_more12 Experienced more than 12 months ago: Death of other close	M10Q73G_MORE12			
amily member		No	0	3272 46.7
		Yes	1	3732 53.3
		N Missing		165
110q73g_no Never experienced: Death of other close family member	M10Q73G_NO			
		No	0	4472 63.9
		Yes	1	2532 36.1
		N Missing		165

Item Description	Variable Name	Categories	Values	Number	%
m10q73h_last12 Experienced last 12 months: Death of close family friend	M10Q73H_LAST12				
		No	0	5835 8	33.8
		Yes	1	1128 1	6.2
		N Missing		208	
m10q73h_more12 Experienced more than 12 months ago: Death of close family	M10Q73H_MORE12				
friend		No	0	3947 5	56.7
		Yes	1	3015 4	13.3
		N Missing		208	
m10q73h_no Never experienced: Death of close family friend	M10Q73H_NO				
		No	0	4101 5	58.9
		Yes	1	2861 4	41.1
		N Missing		208	
m10q74a Never lived with a violent partner or spouse	M10Q74A				
		No	0	1001 1	4.5
		Yes	1	5914 8	35.5
		N Missing		261	
m10q74b Experienced violence from a partner or spouse: before 2014	M10Q74B				
		No	0	5967 8	36.3
		Yes	1	949 1	13.7
		N Missing		261	
m10q74c Experienced violence from a partner or spouse: 2014 - 2016	M10Q74C				
		No	0	6874 9) 9.4
		Yes	1	42	0.6
		N Missing		261	

Item Description	Variable Name	Categories	Values	Number %
m10q74d Experienced violence from a partner or spouse: 2017 - 2019	M10Q74D			
		No	0	6881 99.5
		Yes	1	35 0.5
		N Missing		261
m10q74e Experienced violence from a partner or spouse: 2020	M10Q74E			
		No	0	6895 99.7
		Yes	1	21 0.3
		N Missing		261
m10q74f Experienced violence from a partner or spouse: 2021	M10Q74F			
		No	0	6898 99.7
		Yes	1	18 0.3
		N Missing		261
m10q74g Experienced violence from a partner or spouse: 2022	M10Q74G			
		No	0	6894 99.7
		Yes	1	21 0.3
		N Missing		261
m10q74h Experienced violence from a partner or spouse: 2023	M10Q74H			
		No	0	6910 99.9
		Yes	1	6 0.1
		N Missing		261
m10q75 Do you regularly need help with daily tasks because of long-term illness,	M10Q75			
disability or frailty?		Yes	1	407 5.8
		No	2	6605 94.2
		N Missing		157

Item Description	Variable Name	Categories	Values	Number %
m10q76a How much time in usual week: Full-time paid work	M10Q76A			
		Don't do this activity	1	6856 97.7
		1-15 hours	2	43 0.6
		16-24 hours	3	15 0.2
		25-34 hours	4	33 0.5
		35-40 hours	5	44 0.6
		41-48 hours	6	15 0.2
		49 hours or more	7	11 0.2
		N Missing		160
m10q76b How much time in usual week: Part-time paid work	M10Q76B			
		Don't do this activity	1	6657 95.6
		1-15 hours	2	187 2.7
		16-24 hours	3	67 1.0
		25-34 hours	4	40 0.6
		35-40 hours	5	12 0.2
		41-48 hours	6	1 0.0
		49 hours or more	7	3 0.0
		N Missing		217

Item Description	Variable Name	Categories	Values	Number %
m10q76c How much time in usual week: Casual paid work	M10Q76C			
		Don't do this activity	1	6687 96.0
		1-15 hours	2	240 3.
		16-24 hours	3	27 0.4
		25-34 hours	4	8 0.
		35-40 hours	5	1 0.0
		41-48 hours	6	0 0.0
		49 hours or more	7	3 0.0
		N Missing		212
m10q76d How much time in usual week: Home duties	M10Q76D			
		Don't do this activity	1	113 1.0
		1-15 hours	2	3870 55.8
		16-24 hours	3	1600 23.
		25-34 hours	4	748 10.8
		35-40 hours	5	313 4.
		41-48 hours	6	104 1.
		49 hours or more	7	193 2.8
		N Missing		226

Item Description	Variable Name	Categories	Values	Number %
m10q76e How much time in usual week: Work without pay	M10Q76E			
		Don't do this activity	1	6157 88
		1-15 hours	2	623 8
		16-24 hours	3	109 1
		25-34 hours	4	46 0
		35-40 hours	5	31 0
		41-48 hours	6	10 0
		49 hours or more	7	8 0
		N Missing		193
m10q76f How much time in usual week: Looking for work	M10Q76F			
		Don't do this activity	1	6961 99
		1-15 hours	2	34 0
		16-24 hours	3	2 0
		25-34 hours	4	2 0
		35-40 hours	5	0 0
		49 hours or more	7	0 0
		N Missing		165
m10q76g How much time in usual week: Active leisure	M10Q76G			
		Don't do this activity	1	1036 14
		1-15 hours	2	5296 75
		16-24 hours	3	499 7
		25-34 hours	4	112 1
		35-40 hours	5	25 0
		41-48 hours	6	9 0
		49 hours or more	7	22 0
		N Missing		190

Don't do this activity 1 68 1.0 1.15 hours 2 3309 47.1 1.15 hours 2 3309 47.1 1.15 hours 3 1866 2.6 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0	Item Description	Variable Name	Categories	Values	Number %
1-15 hours 2 3309 47.** 16-24 hours 3 1868 26.6* 25-34 hours 5 450 6.4* 35-40 hours or more 7 248 3.1* 10-24 hours or more 7 248 3.1* 10-25 hours 1 6.24 hours 1 6.24 hours 1 6 30 91.4* 10-24 hours 1 7 91.4* 10-24 hours 1 7 91.4* 10-24 hours 1 91.4*	m10q76h How much time in usual week: Passive leisure	M10Q76H			
16-24 hours 3 1866 26.6 25.34 hours 4 885 12.6 25.34 hours 5 450 6.4 41.48 hours 6 198 2.6 41.48 hours 6 198 2.6 41.48 hours 7 248 3.5 40 hours 7 248 2.6 41.48 hours 7 25.34 hours 10.076 11.00 hours 10.00 hours			Don't do this activity	1	68 1
25-34 hours			1-15 hours	2	3309 47
10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Socialising M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M10476j How much time in usual week: Studying M10476j M104			16-24 hours	3	1866 26
41-48 hours or more 7 248 3.5 N Missing . 150 N Missing . 1 6398 91.4 1-15 hours . 2 554 7.9 16-24 hours . 3 25 0.4 25-34 hours . 5 7 0.1 41-48 hours . 6 0 0.0 N Missing . 175			25-34 hours	4	885 12
49 hours or more 7 248 3.5 N Missing . 150 10076i How much time in usual week: Studying M10Q76i How much time in usual week: Studying Don't do this activity 1 6398 91.4 1-15 hours 2 554 7.9 16-24 hours 3 25 0.4 25-34 hours 5 7 0.1 41-48 hours 6 0 0.0 N Missing 10076j How much time in usual week: Socialising M10Q76j How much time in usual week: Socialising M10Q76j How much time in usual week: Socialising M10Q76j How much time in usual week: Socialising 1-15 hours 2 5723 81.5 1-16 hours 3 721 10.3 25-34 hours 3 721 10.3 25-34 hours 3 721 10.3 35-40 hours 5 44 0.6 41-48 hours 6 7 0.1 41-48 hours 7 0.1			35-40 hours	5	450 6
N Missing			41-48 hours	6	198 2
M10Q76I How much time in usual week: Studying M10Q76I Don't do this activity			49 hours or more	7	248 3
Don't do this activity 1 6398 91.4 1-15 hours 2 554 7.9 16-24 hours 3 25 0.4 25-34 hours 4 12 0.2 35-40 hours 5 7 0.1 41-48 hours 6 0 0 0.0 N Missing 10076J Don't do this activity 1 354 5.0 1-15 hours 2 5723 81.5 16-24 hours 3 721 10.3 25-34 hours 3 721 10.3 25-34 hours 3 721 10.3 25-34 hours 4 170 2.4 35-40 hours 5 44 0.6 41-48 hours 6 7 0.1 49 hours or more 7 4 0.1			N Missing		150
1-15 hours 2 554 7.9 16-24 hours 3 25 0.4 25-34 hours 5 7 0.1 25-34 hours 5 7 0.1 41-48 hours 6 0 0.0 N Missing 175 Don't do this activity 1 354 5.0 1-15 hours 2 5723 81.5 16-24 hours 3 721 10.3 25-34 hours 3 721 10.3 25-34 hours 7 0.1 41-48 hours 7 0 0.4 41-48 hours 7 0 0.1 41-48 hours 7 0 0.1 41-48 hours 7 0 0.1	m10q76i How much time in usual week: Studying	M10Q76I			
16-24 hours 3 25 0.4 25-34 hours 4 12 0.2 35-40 hours 5 7 0.1 41-48 hours 6 0 0.0 N Missing . 175 10076j How much time in usual week: Socialising M10Q76J Don't do this activity 1 354 5.0 1-15 hours 2 5723 81.5 16-24 hours 3 721 10.3 25-34 hours 4 170 2.4 35-40 hours 5 44 0.6 41-48 hours 6 7 0.1 49 hours or more 7 4 0.1			Don't do this activity	1	6398 91
25-34 hours 4 12 0.2 35-40 hours 5 7 0.1 41-48 hours 6 0 0.0 N Missing . 175 Don't do this activity 1 354 5.0 1-15 hours 2 5723 81.5 16-24 hours 3 721 10.3 25-34 hours 4 170 2.4 35-40 hours 5 44 0.6 41-48 hours 6 7 0.1 49 hours or more 7 4 0.1			1-15 hours	2	554 7
35-40 hours 5 7 0.1 41-48 hours 6 0 0.00 N Missing . 175 Don't do this activity 1 354 5.0 1-15 hours 2 5723 81.5 16-24 hours 3 721 10.3 25-34 hours 4 170 2.4 35-40 hours 5 44 0.6 41-48 hours 6 7 0.1 49 hours or more 7 4 0.1			16-24 hours	3	25 0
41-48 hours 6 0 0.00 N Missing . 175 hours in usual week: Socialising M10Q76J Don't do this activity 1 354 5.00 1-15 hours 2 5723 81.5 16-24 hours 3 721 10.3 25-34 hours 4 170 2.4 35-40 hours 5 44 0.6 41-48 hours 6 7 0.1 49 hours or more 7 4 0.1 49 hours or more 7 4 0.1 40 hours 6 7 4 0.1 49 hours or more 7 4 0.1 40 hours or more 9 1 40 hours or mor			25-34 hours	4	12 0
N Missing . 175 m10q76j How much time in usual week: Socialising M10Q76J Don't do this activity 1 354 5.0 1-15 hours 2 5723 81.5 16-24 hours 3 721 10.3 25-34 hours 4 170 2.4 35-40 hours 5 44 0.6 41-48 hours 7 4 0.1 49 hours or more 7 4 0.1			35-40 hours	5	7 0
M10Q76j How much time in usual week: Socialising M10Q76j Don't do this activity 1 354 5.0 1-15 hours 2 5723 81.5 16-24 hours 3 721 10.3 25-34 hours 4 170 2.4 35-40 hours 5 44 0.6 41-48 hours or more 7 4 0.1			41-48 hours	6	0 0
Don't do this activity 1 354 5.0 1-15 hours 2 5723 81.5 16-24 hours 3 721 10.3 25-34 hours 4 170 2.4 35-40 hours 5 44 0.6 41-48 hours 6 7 0.1 49 hours or more 7 4 0.1			N Missing		175
1-15 hours 2 5723 81.5 16-24 hours 3 721 10.3 25-34 hours 4 170 2.4 35-40 hours 5 44 0.6 41-48 hours or more 7 4 0.1	m10q76j How much time in usual week: Socialising	M10Q76J			
16-24 hours 3 721 10.3 25-34 hours 4 170 2.4 35-40 hours 5 44 0.6 41-48 hours 6 7 0.1 49 hours or more 7 4 0.1			Don't do this activity	1	354 5
25-34 hours 4 170 2.4 35-40 hours 5 44 0.6 41-48 hours 6 7 0.1 49 hours or more 7 4 0.1			1-15 hours	2	5723 81
35-40 hours 5 44 0.6 41-48 hours 6 7 0.1 49 hours or more 7 4 0.1			16-24 hours	3	721 10
41-48 hours 6 7 0.1 49 hours or more 7 4 0.1			25-34 hours	4	170 2
49 hours or more 7 4 0.1			35-40 hours	5	44 0
			41-48 hours	6	7 0
N Missing . 167			49 hours or more	7	4 0
			N Missing		167

Item Description	Variable Name	Categories	Values	Number	%
m10q76k How much time in usual week: Buying goods and/or services	M10Q76K				
		Don't do this activity	1	142	2.0
		1-15 hours	2	6466	91.6
		16-24 hours	3	363	5.1
		25-34 hours	4	69	1.0
		35-40 hours	5	12	0.2
		41-48 hours	6	3	0.0
		49 hours or more	7	7	0.1
		N Missing		122	
m10q77 Do you do any volunteer work for any community or social organisations?	M10Q77				
		Not at all	1	187	2.7
		Every day	2	1435	20.4
		Every week	3	703	10.0
		Every month	4	449	6.4
		>once a month	5	4262	60.6
		N Missing		141	
m10q78a Regularly provide care/assistance-someone lives with you	M10Q78A				
		Yes	1	827	12.2
		No	2	5945	87.8
		N Missing		420	
m10q78b Regularly provide care/assistance-someone lives elsewhere	M10Q78B				
		Yes	1	695	11.0
		No	2	5647	89.0
		N Missing		891	

Item Description	Variable Name	Categories	Values	Number	%
m10q79 How many people with long-term illness, disability, frailty you provide care	M10Q79				
for?		One person	1	1288	88.7
		More than one person	2	164	11.3
		N Missing		5655	
m10q80 How often in total do you provide this care or assistance?	M10Q80				
		Every day	1	738	49.6
		Several times a week	2	293	19.7
		Once a week	3	260	17.5
		Every few weeks	4	134	9.0
		Less often	5	62	4.2
		N Missing	•	5621	
m10q81 How much time spent providing care/assistance on each occasion?	M10Q81				
		All day/night	1	233	15.8
		All day	2	62	4.2
		All night	3	5	0.3
		Several hours	4	703	47.5
		About an hour	5	477	32.2
		N Missing		5636	
m10q82a Person you provide care/assistance for has Alzheimer's disease/dementia	M10Q82A				
		No	0	1191	82.3
		Yes	1	257	17.7
		N Missing		5662	
m10q82b Person you provide care/assistance for has Cancer	M10Q82B				
		No	0	1265	87.4
		Yes	1	183	12.6
		N Missing	•	5662	

Item Description	Variable Name	Categories	Values	Number %
m10q82c Person you provide care/assistance for has Frailty in old age	M10Q82C			
		No	0	884 61.1
		Yes	1	563 38.9
		N Missing		5662
m10q82d Person you provide care/assistance for has Heart condition	M10Q82D			
		No	0	1193 82.4
		Yes	1	254 17.6
		N Missing		5662
m10q82e Person you provide care/assistance for has Mental health problem	M10Q82E			
		No	0	1172 81.0
		Yes	1	275 19.0
		N Missing		5662
m10q82f Person you provide care/assistance for has Visual impairment	M10Q82F			
		No	0	1299 89.7
		Yes	1	148 10.3
		N Missing		5662
m10q82g Person you provide care/assistance for has Respiratory condition	M10Q82G			
		No	0	1304 90.1
		Yes	1	144 9.9
		N Missing		5662
m10q82h Person you provide care/assistance for has Stroke	M10Q82H			
		No	0	1352 93.4
		Yes	1	96 6.6
		N Missing		5662

Item Description	Variable Name	Categories	Values	Number	%
m10q82i Person you provide care/assistance for has Another condition or disabili	ty M10Q82I				
		No	0	1166	80.
		Yes	1	282	19.
		N Missing		5662	
m10q83 Relationship to person you provide care/assistance for	M10Q83				
		Spouse/partner	1	682	45.3
		Child	2	157	10.4
		Parent/parent-in-law	3	160	10.7
		Grandchild	4	38	2.5
		Sibling/sibling-in-law	5	87	5.8
		Friend	6	271	18.0
		Neighbour	7	51	3.4
		Other	8	60	4.0
		N Missing		5609	
m10q84 Your retirement status	M10Q84				
		Never been in paid work	0	105	1.5
		Not retired from paid work	1	239	3.4
		Partially retired from paid work	2	466	6.6
		Completely retired from paid work	3	6247	88.5
		N Missing		128	
m10q85a Expectation for retirement (completely) from paid workforce: Age	M10Q85A				
		Mean		76.49	
		Std Dev		70.22	
		N		357	
		N Missing		6802	

Item Description	Variable Name	Categories	Values	Number	%
m10q85b Expectation for retirement (completely) from paid workforce: Other	M10Q85B				
response		Do not expect to ever retire	1	83 2	20.7
		Don't know	3	317 7	79.3
		N Missing		6730	
m10q86 Year you retired or stopped paid work completely	M10Q86				
		Mean		2000.50	
		Std Dev		386.58	
		N		5537	
		N Missing		1622	
m10q87 How do you manage on your available income	M10Q87				
		Impossible	1	86	1.2
		Difficult always	2	372	5.3
		Difficult sometimes	3	1062 1	15.1
		Not too bad	4	3478 4	49.3
		Easy	5	2058 2	29.2
		N Missing		118	
m10q88 Could the obtained \$2000 within a week for something important?	M10Q88				
		Yes	1	6556	92.9
		No	2	502	7.1
		N Missing		115	
m10q89a Past year because a shortage of money: Could not pay electricity, gas or	M10Q89A				
telephone bills on time		No	0	6910	97.9
		Yes	1	151	2.1
		N Missing		111	

Item Description	Variable Name	Categories	Values	Number	%
m10q89b Past year because a shortage of money: Could not pay for car registration	M10Q89B				
or insurance on time		No	0	6965	98.7
		Yes	1	95	1.3
		N Missing		111	
m10q89c Past year because a shortage of money: Pawned or sold something	M10Q89C				
		No	0	6976	98.8
		Yes	1	84	1.2
		N Missing		111	
m10q89d Past year because a shortage of money: Went without meals	M10Q89D				
		No	0	7012	99.3
		Yes	1	48	0.7
		N Missing		111	
m10q89e Past year because a shortage of money: Unable to heat home	M10Q89E				
		No	0	6963	98.6
		Yes	1	97	1.4
		N Missing		111	
m10q89f Past year because a shortage of money: Sought assistance from	M10Q89F				
welfare/community organisations		No	0	7002	99.2
		Yes	1	58	8.0
		N Missing		111	
m10q89g Past year because a shortage of money: Sought financial help from friends	M10Q89G				
or family		No	0	6918	98.0
		Yes	1	143	2.0
		N Missing		111	

Item Description	Variable Name	Categories	Values	Number %
m10q89h Past year because a shortage of money: No/none	M10Q89H			
		No	0	414 5.
		Yes	1	6647 94.
		N Missing		111
m10q90a Current sources of income: Income from savings and investments	M10Q90A			
		No	0	4560 64.
		Yes	1	2512 35.
		N Missing		99
m10q90b Current sources of income: Income from a business	M10Q90B			
		No	0	6723 95.
		Yes	1	349 4.
		N Missing		99
m10q90c Current sources of income: Income or pension from spouse/partner	M10Q90C			
		No	0	5636 79.
		Yes	1	1436 20.
		N Missing		99
m10q90d Current sources of income: Financial support from family	M10Q90D			
		No	0	7022 99.
		Yes	1	50 0.
		N Missing		99
m10q90e Current sources of income: Wage or salary	M10Q90E			
		No	0	6679 94.
		Yes	1	393 5.
		N Missing		99

Item Description	Variable Name	Categories	Values	Number %
m10q90f Current sources of income: Government pension	M10Q90F			
		No	0	2923 41.3
		Yes	1	4149 58.
		N Missing		99
m10q90g Current sources of income: Own superannuation	M10Q90G			
		No	0	3427 48.
		Yes	1	3645 51.
		N Missing		99
m10q90h Current sources of income: Other sources	M10Q90H			
		No	0	7047 99.6
		Yes	1	25 0.4
		N Missing		99
m10q91a Sources for funding your future/current care: Provided by family	M10Q91A			
		No	0	6762 96.3
		Yes	1	262 3.7
		N Missing		154
m10q91b Sources for funding your future/current care: Fully paid for by the	M10Q91B			
government		No	0	5958 84.8
		Yes	1	1066 15.2
		N Missing		154
m10q91c Sources for funding your future/current care: Partially paid for by the	M10Q91C			
government		No	0	4819 68.6
		Yes	1	2205 31.4
		N Missing		154

Name	Item Description	Variable Name	Categories	Values	Number	%
Yes 1 361	m10q91d Sources for funding your future/current care: Personally funded	M10Q91D				
N Missing			No	0	3413	48.6
M10Q91E Sources for funding your future/current care: Other M10Q91E No			Yes	1	3611	51.4
No 0 696 Yes 1 5 N Missing . 15 No 0 579 No 0 579 Yes 1 123 No 0 579 Yes 1 123 N Missing . 15 No 0 579 Yes 1 123 N Missing . 15 No 0 579 Yes 1 123 N Missing . 15 Missing . 16 Missing . 17 Missing . 18			N Missing		154	
Yes 15 N Missing 15 N Missing 15 No 0 579 Yes 1 123 N Missing	m10q91e Sources for funding your future/current care: Other	M10Q91E				
N Missing			No	0	6966	99.2
M10Q91F No 0 579 Yes 1 123 N Missing			Yes	1	58	0.8
No 0 579 Yes 1 123 N Missing . 15 m10q92a To help manage financially in the last 3 years: Sold house/move to lower cost accommodation			N Missing		154	
Yes 1 123 N Missing	m10q91f Sources for funding your future/current care: Don't know	M10Q91F				
N Missing			No	0	5795	82.5
m10q92a To help manage financially in the last 3 years: Sold house/move to lower cost accommodation No No No No No No No No No			Yes	1	1230	17.5
No 0 681 Yes 1 24 N Missing . 12 m10q92b To help manage financially in the last 3 years: Sold other items M10Q92B No 0 687 Yes 1 18 N Missing . 12 m10q92c To help manage financially in the last 3 years: Shared house with friends/relatives M10Q92C No 0 691 Yes 1 14 14 14 14			N Missing		154	
No	m10q92a To help manage financially in the last 3 years: Sold house/move to lower	M10Q92A				
N Missing	cost accommodation		No	0	6811	96.5
M10Q92B No No No No No No No No No N			Yes	1	246	3.5
No 0 6870 Yes 1 188 N Missing . 12 m10q92c To help manage financially in the last 3 years: Shared house with friends/relatives No 0 6870 Yes 1 188 N Missing . 12 M10q92c To help manage financially in the last 3 years: Shared house with friends/relatives No 0 6910 Yes 1 1440			N Missing	•	127	
Yes 1 18 N Missing . 12 m10q92c To help manage financially in the last 3 years: Shared house with friends/relatives No 0 691 Yes 1 14	m10q92b To help manage financially in the last 3 years: Sold other items	M10Q92B				
m10q92c To help manage financially in the last 3 years: Shared house with friends/relatives N Missing N Missing N Mo No No No 12 Yes			No	0	6870	97.4
m10q92c To help manage financially in the last 3 years: Shared house with friends/relatives No Yes 1 14			Yes	1	186	2.6
friends/relatives No 0 691 Yes 1 14			N Missing	•	127	
No 0 691 Yes 1 14		M10Q92C				
	menus/relatives		No	0	6917	98.0
N Missing 42			Yes	1	140	2.0
ivivissing . 12			N Missing		127	

Item Description	Variable Name	Categories	Values	Number	- %
m10q92d To help manage financially in the last 3 years: Cut back on normal weekly	M10Q92D				
spending		No	0	5636	79.9
		Yes	1	1421	20.1
		N Missing		127	
m10q92e To help manage financially in the last 3 years: Cut back on less frequent	M10Q92E				
expenditures		No	0	5374	76.2
		Yes	1	1682	23.8
		N Missing		127	·
m10q92f To help manage financially in the last 3 years: Took on paid work	M10Q92F				
		No	0	6941	98.4
		Yes	1	116	1.6
		N Missing		127	
m10q92g To help manage financially in the last 3 years: Relied on spouse/partner to	M10Q92G				
increase work hours		No	0	6936	98.3
		Yes	1	121	1.7
		N Missing		127	
m10q92h To help manage financially in the last 3 years: Did none of the above	M10Q92H				
		No	0	2439	34.6
		Yes	1	4617	65.4
		N Missing		127	

House in city / town	Item Description	Variable Name	Categories	Values	Number	%
House on acreage / farm 2 714 10.1 16.3 16.3 16.4	m10q93 Current housing situation	M10Q93				
Flat / unit / apartment / villa / townhouse 3 1151 15.3 15.4 15.5			House in city / town	1	4607	65.4
Caravan / mobile home / cabin / houseboat 4 52 0.7 Retirement village / self care unit 5 377 5.3 377 5			House on acreage / farm	2	714	10.1
Retirement village / self care unit 5 377 5.3 6.3 6.4 6.4 6.4 6.4 6.4 6.4 6.4 6.4 6.4 6.4			Flat / unit / apartment / villa / townhouse	3	1151	16.3
Nursing home residential aged care 6 32 0.4 Hostel / boarding house 7 7 7 0.1 Other 8 108 1.5 N Missing 0 9 14.0 No 990 14.0 Yes 1 10994b Moved house last 5 years: Yes, for a lifestyle change M10Q94b Moved house last 5 years: Yes, for a lifestyle change M10Q94b M0ved house last 5 years: Yes, to be closer to services or family M10Q94C m10q94d Moved house last 5 years: Yes, to move to smaller dwelling M10Q94D M10Q94D M10Q94D M10Q94C M10Q94C No No 0 6809 96.4 Yes 1 254 3.6 N Missing 1 11 M10Q94C No No 0 6819 96.6 Yes N Missing 1 1 241 3.4 N Missing 1 1 11 M10Q94D Moved house last 5 years: Yes, to move to smaller dwelling M10Q94D M10Q94D M10Q94D M10Q94D M10Q94D No 0 6647 94.1 Yes 1 413 5.9			Caravan / mobile home / cabin / houseboat	4	52	0.7
Hostel / boarding house 7 7 7 0.1 Other 8 108 1.5 N Missing 1.5 No 0 990 14.0 Yes 1 6070 86.0 N Missing 1 6070 86.0 Yes 1 6070 86.0 N Missing 1 6070 86.0 Yes 1 6070 86.0 N Missing 1 6070 86.0 N Mi			Retirement village / self care unit	5	377	5.3
Other 8 108 1.5 N Missing . 123 1.5 N Missing . 124 1.5 No . 124 1.5 No . 124 1.5 N Missing . 124 1.5 N Mi			Nursing home / residential aged care	6	32	0.4
No 0 990 14.0 14.0 14.0 14.0 14.0 14.0 14.0 14.			Hostel / boarding house	7	7	0.1
M10Q94A Moved house last 5 years: No M10Q94A No Ves N Missing N Missing NO N Missing NO N Missing NO NO N Missing NO NO NO NO NO NO NO NO NO N			Other	8	108	1.5
No 0 990 14.0 Yes 1 6670 86.0 N Missing 1 6070 86.0 N Missing 1 1 6070 86.0 N Missing 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			N Missing		123	
Yes 1 6070 86.0 N Missing . 111 111 11094b Moved house last 5 years: Yes, for a lifestyle change M10Q94B M10Q94B No 0 6806 96.4 Yes 1 254 3.6 N Missing . 111 11 111 111 111 111 111 111 111 1	m10q94a Moved house last 5 years: No	M10Q94A				
N Missing			No	0	990	14.0
M10Q94b Moved house last 5 years: Yes, for a lifestyle change No 0 6806 96.4			Yes	1	6070	86.0
No 0 6806 96.4 Yes 1 254 3.6 N Missing . 111 m10q94c Moved house last 5 years: Yes, to be closer to services or family M10Q94C No 0 6819 96.6 Yes 1 241 3.4 N Missing . 111 m10q94d Moved house last 5 years: Yes, to move to smaller dwelling M10Q94D No 0 6647 94.1 Yes 1 413 5.9			N Missing		111	
Yes 1 254 3.6 N Missing . 111 254 3.4 N Missing . 111 241 3.4 N Missing . 111 255 N N N N N N N N N N N N N N N N N N	m10q94b Moved house last 5 years: Yes, for a lifestyle change	M10Q94B				
N Missing . 111 m10q94c Moved house last 5 years: Yes, to be closer to services or family M10Q94C No 0 6819 96.6 Yes 1 241 3.4 N Missing . 111 m10q94d Moved house last 5 years: Yes, to move to smaller dwelling M10Q94D No 0 6647 94.1 Yes 1 413 5.9			No	0	6806	96.4
M10Q94c Moved house last 5 years: Yes, to be closer to services or family No 0 6819 96.6 Yes 1 241 3.4 N Missing . 111 m10q94d Moved house last 5 years: Yes, to move to smaller dwelling No 0 6819 96.6 Yes 1 413 5.9			Yes	1	254	3.6
No 0 6819 96.6 Yes 1 241 3.4 N Missing . 111 m10q94d Moved house last 5 years: Yes, to move to smaller dwelling No 0 6647 94.1 Yes 1 413 5.9			N Missing		111	
Yes 1 241 3.4 N Missing . 111 m10q94d Moved house last 5 years: Yes, to move to smaller dwelling M10Q94D No 0 6647 94.1 Yes 1 413 5.9	m10q94c Moved house last 5 years: Yes, to be closer to services or family	M10Q94C				
N Missing . 111 m10q94d Moved house last 5 years: Yes, to move to smaller dwelling M10Q94D No 0 6647 94.1 Yes 1 413 5.9			No	0	6819	96.6
M10q94d Moved house last 5 years: Yes, to move to smaller dwelling No 0 6647 94.1 Yes 1 413 5.9			Yes	1	241	3.4
No 0 6647 94.1 Yes 1 413 5.9			N Missing		111	
Yes 1 413 5.9	m10q94d Moved house last 5 years: Yes, to move to smaller dwelling	M10Q94D				
			No	0	6647	94.1
N Missing . 111			Yes	1	413	5.9
			N Missing		111	

Item Description	Variable Name	Categories	Values	Number	%
m10q94e Moved house last 5 years: Yes, due to change in work or family	M10Q94E				
circumstances		No	0	6972	98.7
		Yes	1	89	1.3
		N Missing		111	
m10q94f Moved house last 5 years: Yes, for financial reasons	M10Q94F				
		No	0	6927	98.1
		Yes	1	133	1.9
		N Missing		111	
m10q94g Moved house last 5 years: Yes, for my health	M10Q94G				
		No	0	6970	98.7
		Yes	1	90	1.3
		N Missing		111	
n10q94h Moved house last 5 years: Yes, other reason	M10Q94H				
		No	0	6919	98.0
		Yes	1	141	2.0
		N Missing		111	
m10q95a Who made decision to move last 5 years: I did	M10Q95A				
		No	0	148	2.1
		Yes	1	844	11.9
		Not Applicable	88	6070	86.0
		N Missing		111	
n10q95b Who made decision to move last 5 years: My spouse/partner	M10Q95B				
		No	0	622	8.8
		Yes	1	370	5.2
		Not Applicable	88	6070	86.0
		N Missing		111	

Item Description	Variable Name	Categories	Values	Number	%
m10q95c Who made decision to move last 5 years: My family	M10Q95C				
		No	0	910	12.9
		Yes	1	82	1.2
		Not Applicable	88	6070	86.0
		N Missing		111	
m10q95d Who made decision to move last 5 years: Other circumstances	M10Q95D				
		No	0	941	13.3
		Yes	1	51	0.7
		Not Applicable	88	6070	86.0
		N Missing		111	
m10q96 Current home ownership	M10Q96				
		Own it outright (including joint ownership with other family members)	1	5808	82.7
		Own it with a mortgage (including joint ownership with other family members)	2	409	5.8
		Rent (private)	3	307	4.4
		Rent (public)	4	127	1.8
		Pay board / lodging	5	33	0.5
		Live rent-free or with life-tenure (ie neither own nor rent)	6	157	2.2
		Other	7	179	2.5
		N Missing		151	

Item Description	Variable Name	Categories	Values	Number	- %
m10q97 What is your main (or most common) means of transport?	M10Q97				
		Car (you drive)	1	6054	86.9
		Car (someone else drives)	2	619	8.9
		Taxi	3	20	0.3
		Bus, train and/or tram	4	234	3.4
		Other	5	39	0.6
		N Missing		196	į
m10q98 Were you adopted as a child?	M10Q98				
		Yes	1	105	1.5
		No	2	6925	98.1
		Don't know	3	3	0.0
		Prefer not to say	4	24	0.3
		N Missing		122	•
m10q99a Support available: Someone to help you if you are confined to bed	M10Q99A				
		None of time	1	1003	14.2
		Little of time	2	571	8.1
		Some of time	3	713	10.1
		Most of time	4	1500	21.2
		All of time	5	3287	46.5
		N Missing		112	

Item Description	Variable Name	Categories	Values	Number	%
m10q99b Support available: Someone you can count on to listen to you when you	M10Q99B				
need to talk		None of time	1	240	3.4
		Little of time	2	561	7.9
		Some of time	3	903	12.8
		Most of time	4	2251	31.8
		All of time	5	3115	44.1
		N Missing	•	114	
m10q99c Support available: Someone to give you good advice about a crisis	M10Q99C				
		None of time	1	309	4.4
		Little of time	2	537	7.6
		Some of time	3	1026	14.5
		Most of time	4	2301	32.6
		All of time	5	2895	41.0
		N Missing	•	115	
m10q99d Support available: Someone to take you to the doctor if you need it	M10Q99D				
		None of time	1	398	5.6
		Little of time	2	423	6.0
		Some of time	3	607	8.6
		Most of time	4	1699	24.0
		All of time	5	3941	55.8
		N Missing		118	

Item Description	Variable Name	Categories	Values	Number	%
m10q99e Support available: Someone who shows you love and affection	M10Q99E				
		None of time	1	247	3.5
		Little of time	2	391	5.5
		Some of time	3	722	10.2
		Most of time	4	1536	21.7
		All of time	5	4172	59.0
		N Missing		120	
m10q99f Support available: Someone to have a good time with	M10Q99F				
		None of time	1	186	2.6
		Little of time	2	504	7.1
		Some of time	3	1033	14.6
		Most of time	4	2050	29.0
		All of time	5	3295	46.6
		N Missing		117	
m10q99g Support available: Someone to give you information to help you	M10Q99G				
understand a situation		None of time	1	214	3.0
		Little of time	2	454	6.4
		Some of time	3	976	13.8
		Most of time	4	2259	32.0
		All of time	5	3158	44.7
		N Missing		119	

Little of time 2 591 8.4 Some of time 3 1002 14.2 Most of time 4 2128 30.1 All of time 5 3092 43.7 N Missing . 115 None of time 1 343 4.8 Little of time 2 675 9.5 Some of time 1 343 4.8 Little of time 2 675 9.5 Some of time 3 927 13.1 Most of time 4 1582 22.4 All of time 5 3545 50.1 N Missing 1 229 3.2	Item Description	Variable Name	Categories	Values	Number	%
None of time 1 25 3.6 Little of time 2 591 8.4 Some of time 3 1002 1.42 Most of time 5 3092 43.7 All of time 5 3092 43.7 N Missing . 115 None of time 1 343 4.8 Little of time 2 675 9.5 Some of time 1 343 4.8 Little of time 2 675 9.5 Some of time 1 343 4.8 Little of time 2 675 9.5 Some of time 3 927 13.1 Most of time 4 1582 22.4 All of time 5 345 50.1 N Missing 1 0 106 Little of time 5 345 50.1 None of time 1 25 3.2 Little of time 2 580 8.2 Some of time 1 229 3.2 Little of time 2 580 8.2 Some of time 3 1268 17.9 Most of time 4 2248 31.8 All of time 3 1268 17.9 Most of time 4 2248 31.8 All of time 5 580 8.2 Some of time 3 1268 17.9 Most of time 4 2248 31.8 All of time 5 5743 38.8 All of time 5 5744 38.8 A		ır M10Q99H				
Note of time 3 1002 14.24 1005 1	problems		None of time	1	257	3.6
Most of time 4 2128 30.1 All of time 5 3092 43.7 N Missing . 115 115 116 116 116 116 116 116 116 116			Little of time	2	591	8.4
All of time 5 3092 43.7 N Missing . 115 115 115 116999 Support available: Someone who hugs you M10Q991			Some of time	3	1002	14.2
N Missing . 115 https://doi.org/10.0000010.000010.000010.000010.000010.000010.000010.000010.000010.0000010.000010.000010.000010.000010.000010.000010.000010.000010.0000010.000010.000010.000010.000010.000010.000010.000000			Most of time	4	2128	30.1
None of time 1 343 4.8 Little of time 2 675 9.5 Some of time 3 927 13.1 Most of time 5 3545 50.1 None of time 1 229 3.2 Little of time 2 580 8.2 Some of time 3 1268 17.9 Most of time 4 2248 31.8 All of time 5 2743 38.8			All of time	5	3092	43.7
None of time 1 343 4.8 Little of time 2 675 9.5 Some of time 3 927 13.1 Most of time 4 1582 22.4 All of time 5 3545 50.1 N Missing 10099j Support available: Someone to get together with for relaxation M10Q99J None of time 1 229 3.2 Little of time 2 580 8.2 Some of time 1 229 3.2 All of time 2 580 8.2 All of time 5 3 348 31.8 All of time 5 2743 38.8			N Missing		115	
Little of time 2 675 9.5 Some of time 3 927 13.1 Most of time 4 1582 22.4 All of time 5 3545 50.1 N Missing . 10699j Support available: Someone to get together with for relaxation M10Q99J None of time 1 229 3.2 Little of time 2 580 8.2 Some of time 3 1268 17.9 Most of time 4 2248 31.8 All of time 5 2743 38.8	m10q99i Support available: Someone who hugs you	M10Q99I				
Some of time 3 927 13.1 Most of time 4 1582 22.4 All of time 5 3545 50.1 N Missing . 106 110q99j Support available: Someone to get together with for relaxation M10Q99J None of time 1 229 3.2 Little of time 2 580 8.2 Some of time 3 1268 17.9 Most of time 4 2248 31.8 All of time 5 2743 38.8			None of time	1	343	4.8
Most of time 4 1582 22.4 All of time 5 3545 50.1 N Missing . 106 None of time 1 229 3.2 Little of time 2 580 8.2 Some of time 3 1268 17.9 Most of time 4 2248 31.8 All of time 5 2743 38.8			Little of time	2	675	9.5
All of time 5 3545 50.1 N Missing . 106 107 107 107 107 107 107 107 107 107 107			Some of time	3	927	13.1
N Missing . 106 n10q99j Support available: Someone to get together with for relaxation M10Q99J None of time . 1 229 3.2 Little of time . 2 580 8.2 Some of time . 3 1268 17.9 Most of time . 4 2248 31.8 All of time . 5 2743 38.8			Most of time	4	1582	22.4
None of time 1 229 3.2 Little of time 2 580 8.2 Some of time 3 1268 17.9 Most of time 4 2248 31.8 All of time 5 2743 38.8			All of time	5	3545	50.1
None of time 1 229 3.2 Little of time 2 580 8.2 Some of time 3 1268 17.9 Most of time 4 2248 31.8 All of time 5 2743 38.8			N Missing		106	
Little of time 2 580 8.2 Some of time 3 1268 17.9 Most of time 4 2248 31.8 All of time 5 2743 38.8	m10q99j Support available: Someone to get together with for relaxation	M10Q99J				
Some of time 3 1268 17.9 Most of time 4 2248 31.8 All of time 5 2743 38.8			None of time	1	229	3.2
Most of time 4 2248 31.8 All of time 5 2743 38.8			Little of time	2	580	8.2
All of time 5 2743 38.8			Some of time	3	1268	17.9
			Most of time	4	2248	31.8
N Missing . 114			All of time	5	2743	38.8
			N Missing		114	

Item Description	Variable Name	Categories	Values	Number	%
m10q99k Support available: Someone to prepare your meals if you are unable to do	M10Q99K				
it yourself		None of time	1	798	11.3
		Little of time	2	740	10.5
		Some of time	3	876	12.4
		Most of time	4	1545	21.9
		All of time	5	3109	44.0
		N Missing		112	
m10q99l Support available: Someone whose advice you really want	M10Q99L				
		None of time	1	372	5.3
		Little of time	2	681	9.6
		Some of time	3	1176	16.6
		Most of time	4	2164	30.6
		All of time	5	2669	37.8
		N Missing		117	
m10q99m Support available: Someone to do things with to help you get your mind	M10Q99M				
off things		None of time	1	373	5.3
		Little of time	2	767	10.9
		Some of time	3	1302	18.4
		Most of time	4	2164	30.6
		All of time	5	2455	34.8
		N Missing		114	

Item Description	Variable Name	Categories	Values	Number	%
m10q99n Support available: Someone to help with daily chores if you are sick	M10Q99N				
		None of time	1	625	8.9
		Little of time	2	825	11.7
		Some of time	3	982	13.9
		Most of time	4	1645	23.3
		All of time	5	2987	42.3
		N Missing		113	
m10q99o Support available: Someone to share your most private worries and fears	M10Q99O				
with		None of time	1	612	8.7
		Little of time	2	818	11.6
		Some of time	3	1040	14.7
		Most of time	4	1799	25.5
		All of time	5	2795	39.6
		N Missing		112	
m10q99p Support available: Someone to turn to for suggestions about how to deal	M10Q99P				
with a personal problem		None of time	1	394	5.6
		Little of time	2	837	11.8
		Some of time	3	1074	15.2
		Most of time	4	2032	28.7
		All of time	5	2731	38.6
		N Missing	•	112	

Item Description	Variable Name	Categories	Values	Number	%
m10q99q Support available: Someone to do something enjoyable with	M10Q99Q				
		None of time	1	172	2.4
		Little of time	2	568	8.0
		Some of time	3	1131	16.0
		Most of time	4	2220	31.4
		All of time	5	2978	42.1
		N Missing		107	
m10q99r Support available: Someone who understands your problems	M10Q99R				
		None of time	1	322	4.6
		Little of time	2	677	9.6
		Some of time	3	1179	16.7
		Most of time	4	2249	31.8
		All of time	5	2638	37.3
		N Missing		120	
m10q99s Support available: Someone to love and make you feel wanted	M10Q99S				
		None of time	1	352	5.0
		Little of time	2	528	7.5
		Some of time	3	800	11.3
		Most of time	4	1658	23.5
		All of time	5	3731	52.8
		N Missing		106	

Item Description	Variable Name	Categories	Values	Number %
m10q100 Do you regularly provide (unpaid) care for grandchildren or other people's	M10Q100			
hildren?		Daily	1	262 3.7
		Weekly	2	1038 14.7
		Occasionally	3	2529 35.9
		Never	4	3225 45.7
		N Missing		116
m10q101a Past month activities: Taken care of houseplants or done any outdoor	M10Q101A			
gardening		Yes	1	6341 89.7
		No	2	726 10.3
		N Missing		107
m10q101b Past month activities: Worked on a hobby or handiwork like sewing,	M10Q101B			
knitting or woodworking		Yes	1	4020 57.0
		No	2	3037 43.0
		N Missing		128
m10q101c Past month activities: Painted pictures or played a musical instrument	M10Q101C			
		Yes	1	1040 14.9
		No	2	5953 85.
		N Missing		175
m10q101d Past month activities: Written any letters, poetry etc, read, did crosswords	M10Q101D			
etc		Yes	1	5876 83.2
		No	2	1186 16.8
		N Missing		117
m10q101e Past month activities: Done any paid work	M10Q101E			
		Yes	1	712 10.
		No	2	6329 89.9
		N Missing		142
		-		

Item Description	Variable Name	Categories	Values	Number	%
m10q102 What is your present marital status?	M10Q102				
		Married (opposite sex)	1	4260 6	30.3
		Married (same sex)	2	31	0.4
		Married (non-binary)	3	2	0.0
		De facto (opposite sex)	4	313	4.4
		De facto (same sex)	5	15	0.2
		De facto (non-binary)	6	5	0.1
		Separated	7	173	2.4
		Divorced	8	916 1	13.0
		Widowed	9	1126 1	15.9
		Never married	10	228	3.2
		N Missing		110	
m10q103_na Have not been widowed last 3 years	M10Q103_NA				
		Yes	1	345	5.1
		No	2	6479 9	94.9
		N Missing		351	
m10q104a People live with: I live alone	M10Q104A				
		No	0	5360 7	74.7
		Yes	1	1814 2	25.3
m10q104b People live with: Partner or spouse	M10Q104B				
		None	0	410	8.3
		One	1	4539 9	91.7
		N Missing		2179	

Item Description	Variable Name	Categories	Values	Number %
m10q104c People live with: Children under 18 years	M10Q104C			
		None	0	3082 94
		One	1	97 3
		Two	2	56 1.
		Three or more	3	26 0.
		N Missing		3989
m10q104d People live with: Children over 18 years	M10Q104D			
		None	0	2729 83
		One	1	461 14.
		Two	2	68 2.
		Three or more	3	10 0.
		N Missing		3977
m10q104e People live with: Your parents or in-laws	M10Q104E			
		None	0	3229 99
		One	1	24 0.
		Two	2	3 0.
		Three or more	3	4 0.
		N Missing		3986
m10q104f People live with: Other adult relatives	M10Q104F			
		None	0	3005 91.
		One	1	169 5
		Two	2	80 2.
		Three or more	3	17 0.
		N Missing		3976

Item Description	Variable Name	Categories	Values	Number	%
m10q104g People live with: Other adults (not family members)	M10Q104G				
		None	0	3137	96.
		One	1	107	3.
		Two	2	9	0.3
		Three or more	3	9	0.
		N Missing		3983	ı
m10q105a Satisfied with what achieved: Work	M10Q105A				
		Very satisfied	1	2796	40.
		Satisfied	2	3860	55.
		Dissatisfied	3	271	3.
		Very dissatisfied	4	56	0.
		N Missing		205	
m10q105b Satisfied with what achieved: Career	M10Q105B				
		Very satisfied	1	2423	35.
		Satisfied	2	3887	56.
		Dissatisfied	3	512	7.
		Very dissatisfied	4	75	1.
		N Missing		314	:
m10q105c Satisfied with what achieved: Family relationships	M10Q105C				
		Very satisfied	1	3240	46.
		Satisfied	2	3271	46.
		Dissatisfied	3	427	6.
		Very dissatisfied	4	77	1.
		N Missing		169	,

Item Description	Variable Name	Categories	Values	Number	%
m10q105d Satisfied with what achieved: Partner/closest relationship	M10Q105D				
		Very satisfied	1	3425	49.3
		Satisfied	2	2558	36.8
		Dissatisfied	3	731	10.5
		Very dissatisfied	4	238	3.4
		N Missing		238	
m10q105e Satisfied with what achieved: Friendships	M10Q105E				
		Very satisfied	1	3330	47.4
		Satisfied	2	3400	48.4
		Dissatisfied	3	247	3.5
		Very dissatisfied	4	45	0.6
		N Missing		152	
m10q105f Satisfied with what achieved: Social activities	M10Q105F				
		Very satisfied	1	2355	33.7
		Satisfied	2	4153	59.3
		Dissatisfied	3	424	6.1
		Very dissatisfied	4	67	1.0
		N Missing		180	
m10q106 Did someone help you fill out this survey?	M10Q106				
		No	1	7003	99.0
		Told me answers	2	60	0.9
		Used own judgement	3	11	0.1
		N Missing		98	

Item Description	Variable Name	Categories	Values Number 9	%
m10q2_os Mark here if living overseas	M10Q2_OS			
		No	0 6891 99	9.4
		Yes	1 40 0	0.6
		N Missing	. 238	
Year of birth	M10BIRTHYEAR			
		Mean	1948.32	
		Std Dev	1.48	
		N	7159	
		N Missing	0	
Age at survey	M10AGE			
		Mean	73.78	
		Std Dev	1.46	
		N	7159	
		N Missing	0	
Age in years	M10AGEYEAR			
		Mean	73.32	
		Std Dev	1.50	
		N	7159	
		N Missing	0	
SF36 PHYSICAL FUNCTIONING (0-100)	M10PF			
		Mean	71.90	
		Std Dev	23.68	
		N	7124	
		N Missing	35	

Item Description	Variable Name	Categories	Values Number %
SF36 ROLE-PHYSICAL (0-100)	M10RP		
		Mean	64.70
		Std Dev	42.27
		N	7092
		N Missing	67
SF36 PAIN INDEX (0-100)	M10BP		
		Mean	63.45
		Std Dev	23.88
		N	7131
		N Missing	28
SF36 GENERAL HEALTH PERCEPTIONS (0-100)	M10GH		
		Mean	67.99
		Std Dev	19.94
		N	7048
		N Missing	111
SF36 VITALITY (0-100)	M10VT		
		Mean	61.19
		Std Dev	20.45
		N	7127
		N Missing	32
SF36 SOCIAL FUNCTIONING (0-100)	M10SF		
		Mean	80.07
		Std Dev	24.67
		N	7145
		N Missing	14
		-	

Item Description	Variable Name	Categories	Values Number %
SF36 ROLE-EMOTIONAL (0-100)	M10RE		
		Mean	79.43
		Std Dev	35.85
		N	7096
		N Missing	63
SF36 MENTAL HEALTH INDEX (0-100)	M10MH		
		Mean	77.34
		Std Dev	16.63
		N	7126
		N Missing	33
RAW SF36 HEALTH TRANSITION ITEM	M10HT		
		Mean	3.05
		Std Dev	0.70
		N	7124
		N Missing	35
Physical health summary score - standardised to the Australian population for	M10PCSA		
relevant age cohort		Mean	42.51
		Std Dev	11.01
		N	6969
		N Missing	190
Mental health summary score - standardised to the Australian population for relevan	t M10MCSA		
age cohort		Mean	51.08
		Std Dev	11.02
		N	6969
		N Missing	190

Item Description	Variable Name	Categories	Values Number %
PHYSICAL COMPONENT SCALE-00 - WHA MID	M10PCSWHA		
		Mean	43.40
		Std Dev	11.53
		N	6969
		N Missing	190
MENTAL COMPONENT SCALE-00 - WHA MID	M10MCSWHA		
		Mean	54.06
		Std Dev	8.87
		N	6969
		N Missing	190
PHYSICAL COMPONENT SCALE-00 - Australian (ABS)	M10PCS_ABS		
		Mean	43.64
		Std Dev	10.65
		N	6969
		N Missing	190
MENTAL COMPONENT SCALE-00 - Australian (ABS)	M10MCS_ABS		
		Mean	51.33
		Std Dev	10.03
		N	6969
		N Missing	190
PHYSICAL COMPONENT SCALE-00 - US General	M10PCS_US		
		Mean	43.66
		Std Dev	10.61
		N	6969
		N Missing	190

Mean	Item Description	Variable Name	Categories	Values	Number	%
Std Dev 9.81 10 6969 10 10 10 10 10 10 10 1	MENTAL COMPONENT SCALE-00 - US General	M10MCS_US				
N Missing 190 HYSICAL COMPONENT SCALE-00 - Oblique M10PCS_OB Mean 46.62 Std Dev 10.73 N 6969 N Missing 190 IENTAL COMPONENT SCALE-00 - Oblique M10MCS_OB Mean 52.11 Std Dev 52.11 Std Dev 9.57 N 6969 N Missing 190 IENTAL COMPONENT SCALE-00 - Oblique M10MCS_OB Mean 52.11 Std Dev 9.57 N 6969 N Missing 190 IENTAL COMPONENT SCALE-00 - Oblique M10MCS_OB Mean 52.11 Std Dev 9.57 N 6969 N 10STATE MISSING 190 IENTAL COMPONENT SCALE-00 - Oblique M10MCS_OB Mean 52.11 Std Dev 9.57 N 6969 N 10STATE MISSING 190 IENTAL COMPONENT SCALE-00 - Oblique M10MCS_OB Mean 52.11 Std Dev 9.57 N 6969 N 6969 N MISSING 190 IENTAL COMPONENT SCALE-00 - Oblique M20 N MISSING 190 IENTAL COMPONENT SCALE-00 - Oblique M20 N MISSING 190 IENTAL COMPONENT SCALE-00 - Oblique M20 N MISSING 190 IENTAL COMPONENT SCALE-00 - Oblique M20 N MISSING 190 IENTAL COMPONENT SCALE-00 - Oblique M20 N MISSING 190 IENTAL COMPONENT SCALE-00 - Oblique M20 N MISSING 190 IENTAL COMPONENT SCALE-00 - Oblique M20 N MISSING 190 IENTAL COMPONENT SCALE-00 - Oblique M20 N MISSING 190 IENTAL COMPONENT SCALE-00 - Oblique M20 N MISSING 190 N MISSING			Mean		52.44	
N Missing 190 HYSICAL COMPONENT SCALE-00 - Oblique M10PCS_OB Mean 46.62 Std Dev 10.73 N 6969 N Missing 190 Mean 52.11 Std Dev 190 Mean 52.11 Std Dev 9.57 N Missing 190 Mean 6969 Missing 190 Missing 1			Std Dev		9.81	
HYSICAL COMPONENT SCALE-00 - Oblique M10PCS_OB Mean 46.62 Std Dev 10.73 N 6969 N Missing 190 Mean 52.11 Std Dev 9.57 N 6969 N Mean 52.11 Std Dev 9.57 N 6969 N Missing 190 Italian 190 Italia			N		6969	
Mean 46.62 Std Dev 10.73 No 10			N Missing		190	
Std Dev 10.73 10.74 10.75 10	PHYSICAL COMPONENT SCALE-00 - Oblique	M10PCS_OB				
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N Missing 190			Std Dev		10.73	
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Vic 2 1667 24 Qld 3 1415 20 SA 4 689 10 WA 5 730 10 Tas 6 218 3 NT 7 42 0 ACT 8 154 2	State	M10STATE				
Qld 3 1415 20 SA 4 689 10 WA 5 730 10 Tas 6 218 3 NT 7 42 0 ACT 8 154 2			NSW	1	1980	28.7
SA 4 689 10 WA 5 730 10 Tas 6 218 3 NT 7 42 0 ACT 8 154 2			Vic	2	1667	24.2
WA 5 730 10 Tas 6 218 3 NT 7 42 0 ACT 8 154 2			Qld	3	1415	20.5
Tas 6 218 3 NT 7 42 0 ACT 8 154 2			SA	4	689	10.0
NT 7 42 0 ACT 8 154 2			WA	5	730	10.6
ACT 8 154 2			Tas	6	218	3.2
			NT	7	42	0.6
N Missing . 269			ACT	8	154	2.2
			N Missing		269	

Item Description	Variable Name	Categories	Values	Number	%
Rural, remote and metropolitan area classification	M10RRMA				
		1	1	3751	54.9
		2	2	640	9.4
		3	3	500	7.3
		4	4	659	9.7
		5	5	1197	17.5
		6	6	37	0.5
		7	7	49	0.7
		N Missing		335	
NHMRC alcohol classification	M10ALCNHMRC				
		Low risk drinker	1	3480	51.3
		Non-drinker	2	1347	19.8
		Rarely drinks	3	1627	24.0
		Risky drinker	4	310	4.6
		High risk drinker	5	25	0.4
		N Missing		377	
Alcohol drinking pattern	M10ALCPATT				
		Low long-term risk, drinks at short-term risk less than weekly	1	4924	74.1
		Non-drinker	2	1347	20.3
		Low long-term risk, drinks at short-term risk weekly or more	3	42	0.6
		Risky/high risk drinker	4	335	5.0
		N Missing		530	
		-			

	Variable Name	Categories	values	Number %
moking status	M10SMOKST			
		Never-smoker	1	4653 65.7
		Ex-smoker	2	2176 30.7
		Smoker <10 c/d	3	99 1.4
		Smoker 10-19 c/d	4	102 1.4
		Smoker >= 20 c/d	5	47 0.7
		N Missing		94
arital Status	M10MARITAL			
		Married (opposite or same sex)	1	4292 60.7
		De facto (opposite or same sex)	2	334 4.7
		Separated	3	173 2.4
		Divorced	4	916 13.0
		Widowed	5	1126 15.9
		Never married	6	228 3.2
		N Missing		110
fe satisfaction	M10LFSTFY			
		Mean		3.33
		Std Dev		0.48
		N		6998
		N Missing		161
ES-D 10 score	M10CESD10			
		Mean		5.26
		Std Dev		4.91
		N		6982
		N Missing		177

Item Description	Variable Name	Categories	Value	s Number	%
Mean Stress	M10MNSTRS				
		Mean		0.54	
		Std Dev		0.51	
		N		6792	
		N Missing		367	
Exercise statistic Version 1 continuous	M10EXSTAT				
		Mean		1080.20	
		Std Dev		1406.66	
		N		6798	
		N Missing		361	
Exercise statistic Version 1 grouped	M10EXGRP				
		Nil/sedentary	1	1404	20.6
		Low	2	1814	26.6
		Moderate	3	1382	20.2
		High	4	2230	32.6
		N Missing		361	
ALSWH metabolic minutes	M10METMIN				
		Mean		1066.49	
		Std Dev		1350.63	
		N		6798	
		N Missing		361	

Item Description	Variable Name	Categories	Values	Number	%
ALSWH metmin exercise groups	M10METMINEXGRP				
		Nil/sedentary	1	1372	20.1
		Low	2	1581	23.1
		Moderate	3	1453	21.3
		High	4	2424	35.5
		N Missing	•	361	
Goldberg Anxiety, Not Depression, Scale	M10GOLDANX				
		Mean		3.23	
		Std Dev		2.66	
		N		7084	
		N Missing		75	
Hours worked	M10HRSWORK				
		1 to 15 hours	1	770	10.9
		16 to 24 hours	2	286	4.1
		25 to 34 hours	3	107	1.5
		35 to 40 hours	4	112	1.6
		40 to 48 hours	5	29	0.4
		49 + hours	6	42	0.6
		Not in Labour Force	7	5705	80.9
		N Missing	•	121	
Full time status	M10HRS				
		Not in Lab Force/Unemployed	0	5705	80.9
		Part time	1	1163	16.5
		Full time	2	183	2.6
		N Missing		121	

Item Description	Variable Name	Categories	Values	Number	%
Payment for work	M10PAID				
		Employed, not paid	0	674	9.6
		Employed, paid	1	672	9.5
		not in labour force/unemployed	2	5705	80.9
		N Missing		121	
Labour Force Participation	M10LABF				
		Not in labour force	0	5686	80.6
		Labour force employed	1	1346	19.1
		Labour force unemployed	2	20	0.3
		N Missing		121	
MOS emotional/informational	M10MNEMI				
		Mean		3.93	
		Std Dev		1.03	
		N		7040	
		N Missing		119	
MOS emotional/informational grouped	M10MNEMIGP				
		All the time	1	3583	50.7
		Most of the time	2	1990	28.2
		Some of the time	3	1032	14.6
		None/little of the time	4	456	6.5
		N Missing		119	
MOS affectionate/positive	M10MNAFFPOS				
		Mean		4.08	
		Std Dev		0.98	
		N		7041	
		N Missing		118	
		•			

Item Description	Variable Name	Categories	Values	Number	%
MOS affectionate/positive grouped	M10MNAFFPOSGP				
		All the time	1	4038	57.2
		Most of the time	2	1758	24.9
		Some of the time	3	891	12.6
		None/little of the time	4	376	5.3
		N Missing		118	
MOS tangible	M10MNTAN				
		Mean		3.89	
		Std Dev		1.18	
		N		7008	
		N Missing		151	
MOS tangible grouped	M10MNTANGP				
		All the time	1	3601	51.1
		Most of the time	2	1643	23.3
		Some of the time	3	983	14.0
		None/little of the time	4	814	11.6
		N Missing		151	
MOS 6 item score	M10MNSOCSUP6				
		Mean		3.95	
		Std Dev		1.03	
		N		7039	
		N Missing		120	

Item Description	Variable Name	Categories	Values	Number	%
MOS 6 item score grouped	M10SOCSUPGP6				
		All the time	1	3745	53.0
		Most of the time	2	1809	25.6
		Some of the time	3	1048	14.8
		None/little of the time	4	459	6.5
		N Missing	•	120	
Perceived (Life) Control	M10PERCON				
		Mean		20.62	
		Std Dev		4.90	
		N		7050	
		N Missing		109	